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## Research article

# Determination of pyrrolizidine alkaloids in dietary sources using a spectrophotometric method

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### Abstract

Pyrrolizidine alkaloids (PAs) are a class of toxic compounds found in the composition of more than 6000 plants. People can be exposed to PAs by consuming phytotherapeutic products, food from crops contaminated with seeds of some species with high content of PAs, and/ or contaminated animal products like bee products. For this reason we developed and validated a method for quantitative determination of PAs, from the most frequently contaminated food sources, honey and flour. Colorimetric Ehrlich reagent method was used with standard addition (1mg/kg senecionine). The extraction solvent was methanol 50% acidified with citric acid to pH 2-3, as this solvent can be used for alkaloids and N-oxides. We found that, in extracting the alkaloid only once from the dietary sources, the percent of recovery is low (52.5% for honey, and 45.75% for flour). Using successive extractions, three times with the same solvent, the senecionine retrieval percentage increased to 86.0% for honey and 76.0% for flour. The method was validated using the following parameters: selectivity, linearity (0,25- 20 mg/ mL senecionine), accuracy (average recovery 93.5 - 107.93%) and precision (RSD 3,26-4.55%). The calculated limit of quantification (0.174 mg/ mL) makes this method applicable for determining PAs occurring at toxic levels for consumers.

### Keywords

: pyrrolizidine alkaloids, spectrophotometry, contaminated food, Ehrlich reagent

### Highlights

- ✓ It is presented a simple and inexpensive method for the quantitative determination of PAs in honey and flour, with a quantification limit (0.174 µg/mL).
- ✓ This method is applicable for the determination of PAs from food sources at toxic levels for consumers.

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## Introduction

Pyrolizidine alkaloids (PAs) are a class of natural compounds found in the composition of more than 6000 plants. More than 350 PAs are known to date, half of which are toxic (1). Toxicity of PAs in animal studies is characterised by hepatotoxicity, carcinogenicity, and genotoxicity (2, 3).

PAs are found in plants mainly as highly polar N-oxides, soluble in water and insoluble in most non-polar solvents or as tertiary bases, soluble in non-polar organic solvents (dichloromethane, chloroform), but also in polar solvents (eg. methanol). At low pH values, PAs are protonated and become water soluble (4, 5). N-oxides are easily converted to the corresponding toxic alkaloid base by enzymatic reactions in plants or in the digestive tract of animals or humans (6).

Besides the use of phytotherapeutic products with PAs, contaminated food products such as milk, eggs, bee products (honey, pollen), cereals and derived products (flour), and packaged salads, represent important sources of exposure to PAs (6, 7). In the literature, the products reported to be the most commonly contaminated are bee products and flour (5).

Various methods for the determination of PAs from food sources are known. Most are HPTLC (8), GC-MS (9, 10) or LC-MS methods (11). The chromatographic methods have the advantage of having very low detection limits, but they are expensive.

The literature cites numerous examples of spectrophotometric methods used for dosing alkaloids in food (12), pharmaceutical products (13), or plant products (14). For PAs, the best known are those described by Birecka *et al.* (1981) and Mattocks (1967) (15, 16). The first is based on the formation of a chloroform-soluble complex between PAs and methylorange, which in acid media releases the indicator that can be measured at 525 nm (15, 17). This method, however, is not characteristic for PAs, and can also be used for dosing other types of alkaloids. The second, based on reaction with the Ehrlich reagent, has the advantage of being able to quantify very small concentrations of alkaloids. This method is specific for alkaloids having an unsaturated pyrrole heterocycle at the 1-2 position, a double bond characteristic of PAs. It is also possible to determine the N-oxide content by this method because the PAs react directly with the Ehrlich reagent (18, 19).

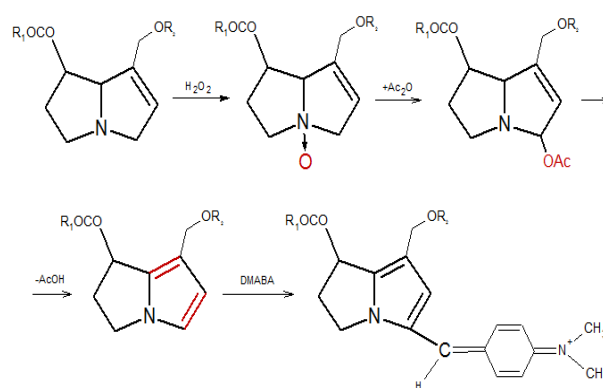
Taking into account all these aspects, the purpose of this study was to develop and validate a simple and inexpensive spectrophotometric method able to determine PA presence in the most commonly

contaminated food sources, honey and flour. We used the standard addition method (senecionine) at a concentration of 1mg/kg flour or honey.

## Materials and Methods

### Principle

PAs with a double bond in the 1,2-position of the heterocycle, in the presence of hydrogen peroxide, are converted to the corresponding N-oxides and acylated with acetic anhydride. By heating, acetic acid is removed and a pyrrole derivative is formed, which further reacts with 4-dimethylaminobenzaldehyde (Ehrlich's reagent) to form a violet-colored complex that can be spectrophotometrically measured. By omitting the first step (conversion of PAs to their N-oxides by hydrogen peroxide), only the N-oxides will be determined (Figure 1) (16, 20).



**Figure 1.** The coupling reaction of the double bond PAs with 4-dimethylaminobenzaldehyde (21)

### Materials

#### Standard solution

Standard solutions in methanol were prepared from a stock solution of senecionine (200 mg/mL, Carl Roth, Germany).

#### Samples

Two samples of 30 g of polyfloral honey (SC Proapris SRL, Calarasi, Romania) and white wheat flour (Goldmaya, Satu Mare, Romania) were mixed with 150 ml of methanol 50% (Merck, Germany), acidified with citric acid to pH 2-3. Standard solution of senecionine (100 µg/mL, 0.3 ml) was added to each sample, mixed, and filtered. For one honey and one flour sample, the residue was again mixed with 150 mL of acidified 50% methanol and filtered. The operation was repeated twice and the filtrates combined.

All solutions were reduced to about 30 mL each and purified by liquid-liquid extraction 2 times with 30 mL

chloroform and 2 times with 30 mL ethyl ether. The samples were filtered, alkalinized with 25% ammonia solution to pH 9-10, and extracted 3 times with 30 mL chloroform. The chloroform solutions were reduced to about 5 mL using a rotary evaporator (Buchi, Switzerland) and brought to dryness under nitrogen with TechneDry-Block DB-3D (BibbyScientific Inc., Great Britain). The residue is dissolved in 3 mL of methanol and passed through 0.2 µm adaptive syringe filters (Pall Life Science, USA). In parallel, two control samples (honey and flour) were processed in the same way, but no standard solution was added.

The samples were noted as H1 (honey extracted once), H2 (honey extracted 3 times) and HC (honey control), respectively, and F1 (flour extracted once), F2 (flour extracted 3 times) and FC (flour control).

– Reagents

Oxidation reagent: 20 mL methanol (Merck, Germany) was mixed with 0.20 mL hydrogen peroxide 30% (Merck, Germany) containing sodium pyrophosphate (Merck, Germany) 5 mg/mL as a stabilizer, 0.20 mL ethylene glycol (Merck, Germany) and 20 mg butylated hydroxytoluene (Sigma-Aldrich, USA)

Diglyme: Diethylene glycol dimethyl ether (Merck, Germany) containing 5 mg/mL butylated hydroxytoluene (Sigma-Aldrich, USA). Acetic anhydride (Sigma Aldrich, USA) was redistilled and the fraction boiling between 136–139 °C was collected.

Modified Ehrlich’s reagent: 4 mL boron trifluoride in methanol 14% (Acros Organics, Belgium) is diluted with 36 mL absolute ethanol (Scharlau Chemicals, Spain) and 0.8 g 4-dimethylaminobenzaldehyde (Sigma Aldrich, USA) are added.

Method

For the preparation of the calibration curve, volumes of the working standard solutions, corresponding to 2.5–20 µg senecionine, were evaporated under nitrogen jet; 0.5 mL oxidizing reagent was added and the test tubes were left in the boiling water bath WNB 10 (Mettler, Germany) for 20–30 min. 1 mL diglyme and 0.1 mL acetic anhydride were added, and the tubes were heated again in the water bath for 1 minute. After cooling the tubes at room temperature, 1 mL of modified Ehrlich reagent was added, and the tubes were heated in a water bath at 55–60 °C for 4–5 minutes. The samples were transferred in volumetric flasks and acetone (Chimopar, Romania) was added up to 10 mL.

For assessing the alkaloid content, 0.4 ml of each sample was evaporated under nitrogen stream and the same procedure was followed as described in the preparation of the calibration curve.

All measurements were performed on a Halo DB-20 (Dynamica, Great Britain) spectrophotometer, at 565 nm versus a blank (prepared in the same way but without standard addition). All assays were performed in triplicate and the results were expressed as mean±standard deviation (M±SD). Statistical analysis was performed using Microsoft Excel 2010 software (Microsoft Corp., USA) and GraphPad Prism v. 5.0. (GraphPad Software, USA).

Results

A six points linear calibration curve of senecionine in the 0.25 – 2 µg/mL range, with good linearity (R = 0.9996) was obtained (Figure 2)

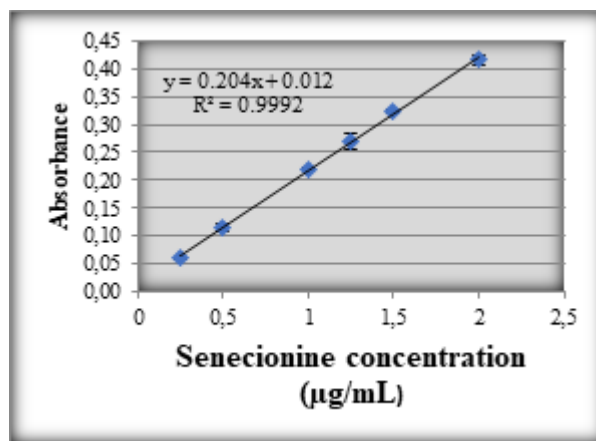


Figure 2. The standard calibration curve and equation for senecionine

Validation of the newly established method was performed according to analytical guidelines (22), with results summarized in Table I.

Table I. Characteristics of regression line, detection and quantification limit		
Validation criterion	Parameter	Results
Linearity	Slope	0.2045 ± 0.002839
	Y-intercept when X=0.0	0.01278 ± 0.003502
	Correlation coefficient	0.9996
Precision*		RDS=3.84%
Range		0.25 – 2 µg/mL.
Detection limit (LD)**		0.058 µg/mL
Quantification limit (LQ)**		0.174 µg/mL
* from 3 replicate for 3 different concentrations corresponding to 0.6 µg/mL; 0.8 µg/mL and 1 µg/mL senecionine; **based on the standard deviation of the response and slope		

The results of the quantitative determinations are presented in Table II. By twice washing the residue obtained after filtration with acidified methanol 50%, the recovery percentage of senecionine increased from 52.5% to 86.00% in honey and from 45.75% to 76.00% in flour.

Table II. Recovery of senecionine from food sources.			
Sample	Added senecionine (mg/kg)	Recovery (mg/kg)	Recovery (%)
H <sub>1</sub>	1.00	0.525	52.50 %
H <sub>2</sub>		0.860	86.00 %
F <sub>1</sub>		0.468	45.75 %
F <sub>2</sub>		0.760	76.00 %

## Discussions

Contamination of food with PAs is a serious health issue. Kakar et al. (2010) reported 67 cases of veno-ocular disease in Afghanistan due to the consumption of bakery products made from flour obtained from wheat crops contaminated with *Heliotropium* species. Flour samples were taken from households where these cases were recorded and an average concentration of 5.6 mg PAs/ kg flour was found (11). Azadbakh and Talavaki (2002) determined the PA concentration from 40 samples of flour obtained from wheat contaminated with *Senecio vulgaris* in the province of Mazandaran, Iran. The total PA concentration was between 40-100 mg/kg flour (22, 23).

Also, numerous cases of honey contaminated with PAs have been reported. Deinzer et al. (1977) detected a concentration of up to 3900 µg PAs/kg in honey from *Senecio jacobaea* (24, 25). Other reports found concentrations of PAs up to 1480 µg/kg or 2850 µg/kg in honey (26-28). If honey contains about 2500 µg PAs/kg, an adult who consumes a daily average portion of 40 g of honey would be exposed to 100 µg PAs per day, a quantity higher than the acceptable European doses (6).

Taking into account these premises, we developed a method for the quantitative determination of PAs from food sources (honey and flour). Acidified 50% methanol was used as the extraction solvent because both the alkaloid bases (which at this pH is converted to soluble salts) and N-oxides are soluble in this solvent. We have established that by using only one solvent extraction of

alkaloids from food sources, the recovery percentage of senecionine is low (52.5% for honey and 45.75% for flour). By successive extractions, three times, with the same solvent, the senecionine retrieval percentage increases to 63.81% in honey and 66.12% in flour.

The method was validated by the following parameters: selectivity, linearity (on the 0.25-20 µg/ mL range), accuracy (average recovery yield between 93.5 and 107.93%) and precision (RSD between 3.26 - 4.55%).

## Conclusions

Because of the health hazards raised by the consumption of food contaminated with PAs, we developed a simple and inexpensive method for the quantitative determination of PAs in honey and flour, with a quantification limit (0.174 µg/mL) that makes the method applicable for the determination of PAs from food sources at toxic levels for consumers.

## Acronyms and abbreviations

- GC-MS - gas chromatography coupled with mass spectrometry
- HPTLC - high performance thin layer chromatography
- LC-MS - liquid chromatography coupled with mass spectrometry
- PAs - pyrrolizidine alkaloids
- RDS – relative standard deviation

† In Memoriam: The authors would like to respectfully dedicate this article to Ms. Mihaela Ilie, who passed away on 1 January 2018.

## Conflict of interest disclosure

The authors declare that there are no conflicts of interest to be disclosed for this article.

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