

## Original Paper

# Targeting P-Glycoprotein: Nelfinavir Reverses Adriamycin Resistance in K562/ADR Cells

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## Key Words

Nelfinavir (NFV) • Adriamycin (ADR) • Multidrug resistance (MDR) • P-glycoprotein (P-gp) • Chronic myelocytic leukemia (CML)

## Abstract

**Background/Aims:** The emergence of multidrug resistance (MDR) caused by P-glycoprotein (P-gp) overexpression is a serious obstacle to the treatment of chronic myelocytic leukemia. In recent years, some clinical trials have shown that nelfinavir (NFV), a traditional anti-HIV drug, has anti-cancer effects. Some researchers have also shown NFV might be a potential P-gp inhibitor. This study is aimed at investigating whether nelfinavir can act as an MDR-reversal drug and to clarify its molecular mechanism as well. **Methods:** K562 and K562/ADR cell lines were applied in the study. Cytotoxicity was detected by CCK-8 reagents. Cell apoptosis was detected by flow cytometry and inverted fluorescence microscopy to detect the binding of apoptotic dyes to cells. Western blot was used to detect the expression of proteins. Drug-protein molecular docking simulation by using Sybyl-x 2.0 software. **Results:** Non-toxic concentrations of NFV (1.25–5 μM) could reverse Adriamycin (ADR), colchicine, paclitaxel, and imatinib resistance of K562/ADR cells, with reversal indexes of up to 10.8, 7.4, 57, and 9.3, respectively. NFV inhibited P-gp efflux function, as evidenced by the significant increase in the intracellular accumulation of ADR and Rho-123, without affecting P-gp protein and mRNA expression levels. Further ATP content detection and molecular docking simulations showed that NFV could decrease intracellular ATP content and has a high affinity with the active functional regions of P-gp, respectively. When co-administered with ADR, NFV increased intracellular reactive oxygen species as well as blocked the ERK/Akt signaling pathway, leading to cell

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apoptosis. **Conclusion:** NFV inhibited P-gp function, decreased intracellular ATP content, and promoted cell apoptosis in K562/ADR cells, thereby reversing MDR. These findings encourage further animal and clinical MDR studies with a combination therapy consisting of NFV and chemotherapeutic drugs.

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## Introduction

Chronic myelocytic leukemia (CML) is a hematological tumor caused by abnormal proliferation of bone marrow granulocytes and their accumulation in the blood, accounting for 15% of all new cases of leukemia in western countries [1]. Before the emergence of tyrosine protein kinase inhibitors (TKIs), there were no particularly effective drugs for CML treatment [2, 3]. However, the emergence of resistance is a serious obstacle to CML chemotherapy. To resolve drug resistance, three generations of TKIs have been developed. The resistance mechanisms are complicated and can be summarized as follows: (1) BCR-ABL fusion gene duplication; (2) BCR-ABL gene mutations; (3) transmembrane transporter overexpression; and (4) changes in survival-related signaling pathways [4]. Among them, the overexpression of transmembrane transporters is the main cause of cancer cell resistance.

ABC-transporters comprise the largest family of transmembrane transporters. To date, 48 human ABC transporter genes have been found, and these genes have been divided into seven subfamilies, ABC subfamilies A to G [5]. These proteins pump a variety of endogenous substrates (such as inorganic anions, amino acids, peptides, and hydrophobic metabolites) or exogenous substrates (drugs and their metabolites) out of the cell, resulting in detoxification. However, this process also leads to a decrease in the intracellular drug concentration and results in drug resistance [6-8]. The p-glycoprotein (MDR1, P-gp), which is encoded by ABC subfamily B member 1 (ABCB1), is the most important and well-studied member of the ABC transporter family [9, 10]. Since P-gp has a wide range of substrates, when it is overexpressed in cancer cells, the cancer cells may be resistant to multiple drugs simultaneously, leading to multidrug resistance (MDR). The expression level of these transporters in cancer cells may determine the ability to confer drug resistance [11]. Down-regulating the expression of P-gp or inhibiting its function to overcome resistance has accordingly been an active research topic.

Nelfinavir (NFV), a protease inhibitor, was approved by the US Food and Drug Administration (FDA) for the treatment of AIDS in 1997 [12]. One study on the relationship between P-gp expression and function in AIDS patients and intracellular accumulation of NFV showed that NFV has significant exposure in patients' peripheral blood cells [13]. The accumulation may be related to NFV's inhibition of P-gp function. A regression study in 1998 found that protease inhibitors may partially alleviate the symptoms of Kaposi's sarcoma [14]. These studies indicate that NFV can be used to reverse the drug resistance of P-gp-overexpressing cancer cells. If NFV can be used for the treatment of cancer, it will have many advantages. NFV has been used in the treatment of AIDS for more than 20 years, and its side effects, pharmacokinetic characteristics, and security are thoroughly understood. Indeed, NFV has only some common side effects, such as insulin resistance, hyperglycemia, and lipodystrophy, even at high doses [15].

In this study, we used NFV for the reversal of resistance in CML-resistant K562/ADR cells for the first time and explored its intrinsic molecular mechanism, which is expected to provide a new direction for CML resistance research.

## Materials and Methods

### *Chemicals and antibodies*

Nelfinavir mesylate (CAS:159989-65-8), Adriamycin (CAS:25316-40-9), colchicine (CAS:64-86-8), paclitaxel (CAS:33069-62-4), imatinib mesylate (CAS:220127-57-1), and cisplatin (CAS:15663-27-1)

were purchased from Dalian Meilun Biotech Co., Ltd. (Dalian, China). All of the chemicals were dissolved in dimethyl sulfoxide and diluted with RPMI medium 1640 (Thermo Fisher Scientific, Waltham, MA). Cell Counting Kit-8 (CCK-8) kits were obtained from Bimake (Houston, TX). Annexin V Apoptosis Detection Kit FITC and SYTOX™ Red Dead Cell Stain were purchased from Invitrogen, Ltd. (Carlsbad, CA). Antibodies against P-gp were purchased from Cell Signaling Technology (Danvers, MA). Antibodies against ERK1/2, p-ERK1/2, Akt, p-Akt caspase-3, and cleaved caspase-3 were also obtained from Cell Signaling Technology. Bcl-2 and bax were purchased from the Proteintech Group (Wuhan, China).

#### *Cell culture*

Human CML cells K562 and the related drug-resistant cell lines K562/ADR were purchased from Nanjing KeyGen Biotech Co., Ltd. (Nanjing, China), and they were cultured in RPMI medium 1640 with 10% fetal bovine serum (Thermo Fischer Scientific). Cells were incubated in 5% CO<sub>2</sub> and 95% humidity at 37°C. Cell passages and cell-resistance maintenance were carried out according to the manufacturer's instructions.

#### *Cytotoxicity assay*

Drug-induced cytotoxicity was detected with CCK-8 kits. Cells were seeded into 96-well plates at a density of  $5 \times 10^3$  cells/well. After 24 h, cells were treated with the indicated drugs for 48 h. Then, 10 µL of CCK-8 reagent was added to each well and assayed by a microplate reader (Bio-Rad Laboratories, Hercules, CA) at 450 nm. The IC<sub>50</sub> value was calculated using SPSS 22.0 (IBM Corp., Armonk, NY).

#### *Intracellular accumulation of ADR*

The cells were plated in 6-well plates at a density of 10<sup>6</sup> cells/well. After 24 h, cells were treated with the indicated drugs for 48 h. Then, 2 mL of 2 µM ADR was added to each well and incubated at 37°C for 45 min in the dark. After incubation, cells were immediately washed three times with ice-cold phosphate-buffered saline, and the cells were lysed with lysate and transferred to opaque 96-well plates for detection of fluorescent signals (495 nm excitation wavelength, 595 nm emission wavelength) using a multimode microplate reader (TriStar2, Berthold Technologies, Bad Wildbad, Germany).

#### *Western blots*

Sodium dodecyl sulfate-polyacrylamide gel electrophoresis was performed with 30-µg protein samples, which were loaded into gels. The final membranes were exposed to electrochemiluminescence and photographed using the ChemiDoc™ XRS& Imaging system (Bio-Rad Laboratories). The grayscale of the bands was analyzed using Image Lab 3.0 (Bio-Rad Laboratories). The western blot protocol was carried out as previously described in detail [16].

#### *Real-time quantitative PCR*

Gene expression was determined by real-time quantitative PCR (RT-qPCR) following a previously published method [17]. Cells were treated with the indicated reagents for 48 h. The RNAiso Plus® Reagent Kit (Takara Biotechnology, Dalian, China) was used to extract total RNA, and 1 µg of total RNA was used for cDNA reverse transcription. cDNA templates were amplified and detected using the SYBR® Premix Ex Taq™ Kit (Takara Biotechnology) in the ABI PRISM® 7500 Real-Time PCR System (Applied Biosystems, Foster City, CA). Primers used for RT-qPCR were as follows: MDR1 forward primer 5'-GGAGCCTACTTGGTGGCACATAA-3'; MDR1 reverse primer 5'-TGGCATAGTCAGGAGCAAATGAAC-3'; GAPDH forward primer 5'-ACAACTTTGGTATCGTGAAGG-3'; and GAPDH Reverse primer 5'-GCCATCACGCCACAGTTTC-3'.

#### *Flow cytometry assay*

Flow cytometry was used to detect the intracellular accumulation of RHO-123 (C2007, Beyotime Biotechnology, Shanghai, China), reactive oxygen species (ROS; S0033, Beyotime Biotechnology), Annexin V (BMS500FI, Invitrogen), and SYTOX™ Red (S34859, Invitrogen). The cells were plated in 6-well plates at a density of 10<sup>6</sup> cells/well. After 24 h, the cells were pretreated with the corresponding drugs for 48 h. Then, the cells were treated with different dyes according to the manufacturer's instructions and examined by flow cytometric analysis (FACScalibur, BD Biosciences, Franklin Lakes, NJ).

### *ATP content detection*

The cells were plated in a 6-well plate at a density of  $10^6$  cells/well. After 24 h, cells were treated with the various drugs for 48 h. The cells were collected, and 300–500  $\mu$ L of double distilled water was added. The cells were then homogenized and crushed in hot water. The resulting cell suspension was boiled in water for 10 min and vortexed for 1 min to extract intracellular ATP. An ATP content detection kit purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, China) was used to determine the level of ATP in the cells. Then, according to the instructions for the ATP content detection kit (Nanjing Jiancheng Bioengineering Institute), the intracellular ATP content was determined.

### *Molecular docking simulation*

Molecular modelling was performed using Sybyl-x 2.0 software from Tripos Inc. (St. Louis, MO). The P-gp structure used for docking was obtained from the Protein Data Bank (PDB, <http://www.rcsb.org>; PDB ID, 4M2T and 6COV). Verapamil, ADR, NFV, ATP, metformin, paclitaxel, colchicine, imatinib, cisplatin, tariquidar, laniquidar, and zosuquidar structures were obtained from zinc 15 (<http://zinc15.org>) [18]. The co-crystallized ligand and water molecules were removed from the structure, while H atoms were added and side chains were fixed during protein preparation. The Surflex-Dock (SFXC) docking mode was used, and the procedure was conducted as previously described [19]. Surflex-Dock was employed for the molecular docking study. Surflex-Dock scores (total scores) represent binding affinities.

### *Cell staining assay*

The stage of apoptosis was analyzed using Hoechst 33342 (Beyotime Biotechnology), a dye for live-cell fluorescent staining of DNA. Mitochondrial membrane potential was detected using a JC-10 (Beijing Solarbio Science & Technology Co., Ltd., Beijing, China). When the mitochondrial membrane potential is low, JC-10 cannot accumulate in the matrix of the mitochondria, and in the form of a monomer, emits green fluorescence. The procedure followed the manufacturer's protocol instructions. Cells were observed using an inverted fluorescence microscope (OIS IX81, Olympus, Tokyo, Japan) in random microscopic fields. The relative fluorescence intensity was analyzed using ImageJ 1.46r.

### *Caspase-3 activity detection*

The cells were plated in a 6-well plate at a density of  $10^6$  cells/well. After 24 h, cells were treated with the various drugs for 48 h. Caspase-3 activity was assayed using a Caspase 3 Colorimetric Assay Kit (KeyGen Biotech, Jiangsu, China) following the manufacturer's instructions.

### *Statistical analysis*

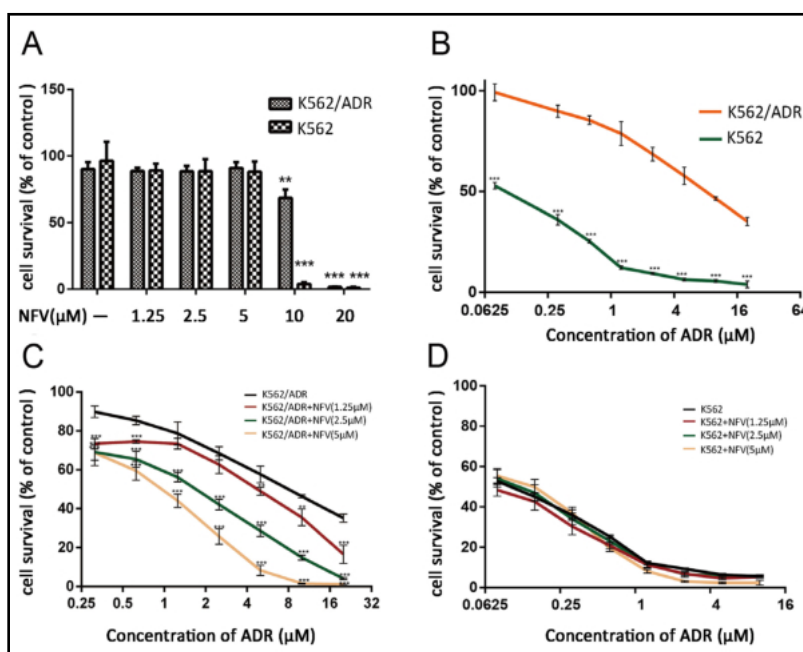
Data are generally expressed as the mean  $\pm$  SD. Significance was evaluated using two-tailed Student's *t*-tests or one-way analysis of variance using GraphPad Prism 5.01 (GraphPad Software Inc., La Jolla, CA) or SPSS 22.0, respectively. For all tests, a  $P < 0.05$  threshold was used to assess significance.

## Results

### *NFV increases the sensitivity of K562/ADR cells to ADR*

In order to detect the sensitizing effect of NFV on chemotherapeutic drugs in K562/ADR cells, a cytotoxicity assay was performed. K562/ADR cells were markedly resistant to ADR, with a resistance index of 63.6. Low concentrations of NFV ( $\leq 5 \mu$ M) had no influence on the growth of K562/ADR or K562 cell lines (Fig. 1A, B; Table 1). Therefore, non-toxic concentrations of 1.25, 2.5, and 5  $\mu$ M NFV were selected to determine the effect on the half maximal inhibitory concentration ( $IC_{50}$ ) of ADR. NFV was found to reduce the  $IC_{50}$  of ADR in a dose-dependent manner in K562/ADR cells, and its reversal index reached 10.8 (Fig. 1C, Table 1). However, NFV did not affect the sensitivity of the parental cell line to ADR (Fig. 1D). These data indicated that NFV could reverse the resistance of ADR by K562/ADR cells.

**Fig. 1.** Cytotoxicity of NFV and ADR in K562 and K562/ADR cells. Cells were treated with various concentrations of (A) NFV, (B) ADR, and (C, D) NFV combined with ADR for 48 h. The downward shift of the survival curves indicates that proliferation was inhibited. Columns are expressed as the mean  $\pm$  SD. \*\* $P < 0.01$ , \*\*\* $P < 0.001$  relative to estimates obtained for the control group (A) and K562/ADR group (B, C).



*NFV selectively increases the sensitivity of K562/ADR cells to drugs transported by P-gp*

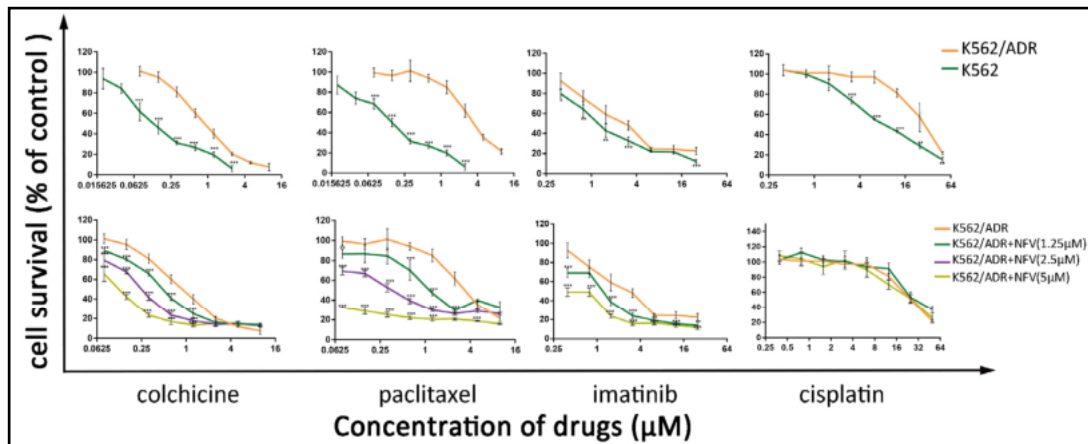
To further clarify the sensitization ability of NFV, four drugs (colchicine, paclitaxel, imatinib, and cisplatin) were used alone or co-administrated with NFV. Notably, NFV enhanced the sensitivity of K562/ADR cells to colchicine, paclitaxel, and imatinib in a dose-dependent manner with the highest reversal indexes of 7.4, 57, and 9.3, respectively, in the K562/ADR cell line. However, NFV did not have a significant influence on sensitization of cisplatin (Fig. 2, Table 2). These results indicated that NFV was selective for sensitizing chemotherapeutic drugs.

**Table 1.**  $IC_{50}$  values and reversal effect of NFV on ADR in K562 and K562/ADR cells.  $^aIC_{50}$  values represent the mean  $\pm$  SD of three independent experiments performed in triplicate.  $^b$ Resistance Index was calculated by dividing the  $IC_{50}$  values of K562/ADR cells in the presence or absence of NFV by the  $IC_{50}$  values of K562 cells without NFV.  $^c$ Reversal Index was calculated by dividing the values of the Resistance Index without NFV by the Resistance Index in the presence or absence of NFV. \*\* $P < 0.01$  relative to the no NFV group

Drugs	$IC_{50} \pm SD^a$ ( $\mu M$ )		Resistance Index <sup>b</sup>	Reversal Index <sup>c</sup>
	K562	K562/ADR		
ADR	0.13 $\pm$ 0.03	8.27 $\pm$ 0.59	63.6	1
ADR+NFV (1.25 $\mu M$ )	0.11 $\pm$ 0.06	4.51 $\pm$ 0.44**	41	1.6
ADR+NFV (2.5 $\mu M$ )	0.14 $\pm$ 0.02	1.32 $\pm$ 0.21**	9.4	6.8
ADR+NFV (5 $\mu M$ )	0.14 $\pm$ 0.01	0.82 $\pm$ 0.09**	5.9	10.8

*NFV inhibits the P-gp function rather than expression, thus increasing intracellular ADR accumulation*

To elucidate the mechanism of NFV reversal of ADR resistance, an ADR intracellular accumulation assay was performed. In K562/ADR cells, NFV increased the fluorescence signal of ADR in a dose-dependent manner. When the NFV concentration reached 5  $\mu M$ , the intracellular accumulation of ADR was even higher than that of the positive control-verapamil (VRP) group. The ADR fluorescence signal did not change significantly as NFV increased in the K562 cell line (Fig. 3A). The effect of NFV on P-gp expression, MDR1 level, and efflux function were then assessed using western blot, RT-qPCR, and Rho-123 intracellular accumulation assays, respectively. NFV did not alter the expression of P-gp or the level of MDR1 transcripts, which encode P-gp (Fig. 3B). NFV increased the intracellular accumulation of Rho-123 in a dose-dependent manner, which suggested the inhibition of the P-gp efflux function. However, in sensitive cell lines, NFV, and VRP did not alter the intracellular accumulation of



**Fig. 2.** Cytotoxicity of colchicine, paclitaxel, imatinib, and cisplatin in K562 and K562/ADR cells. Cells were treated with various concentrations of colchicine, paclitaxel, imatinib, and cisplatin individually or in combination with different concentrations of NFV for 48 h. Columns are expressed as the mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  relative to estimates obtained for the K562/ADR group.

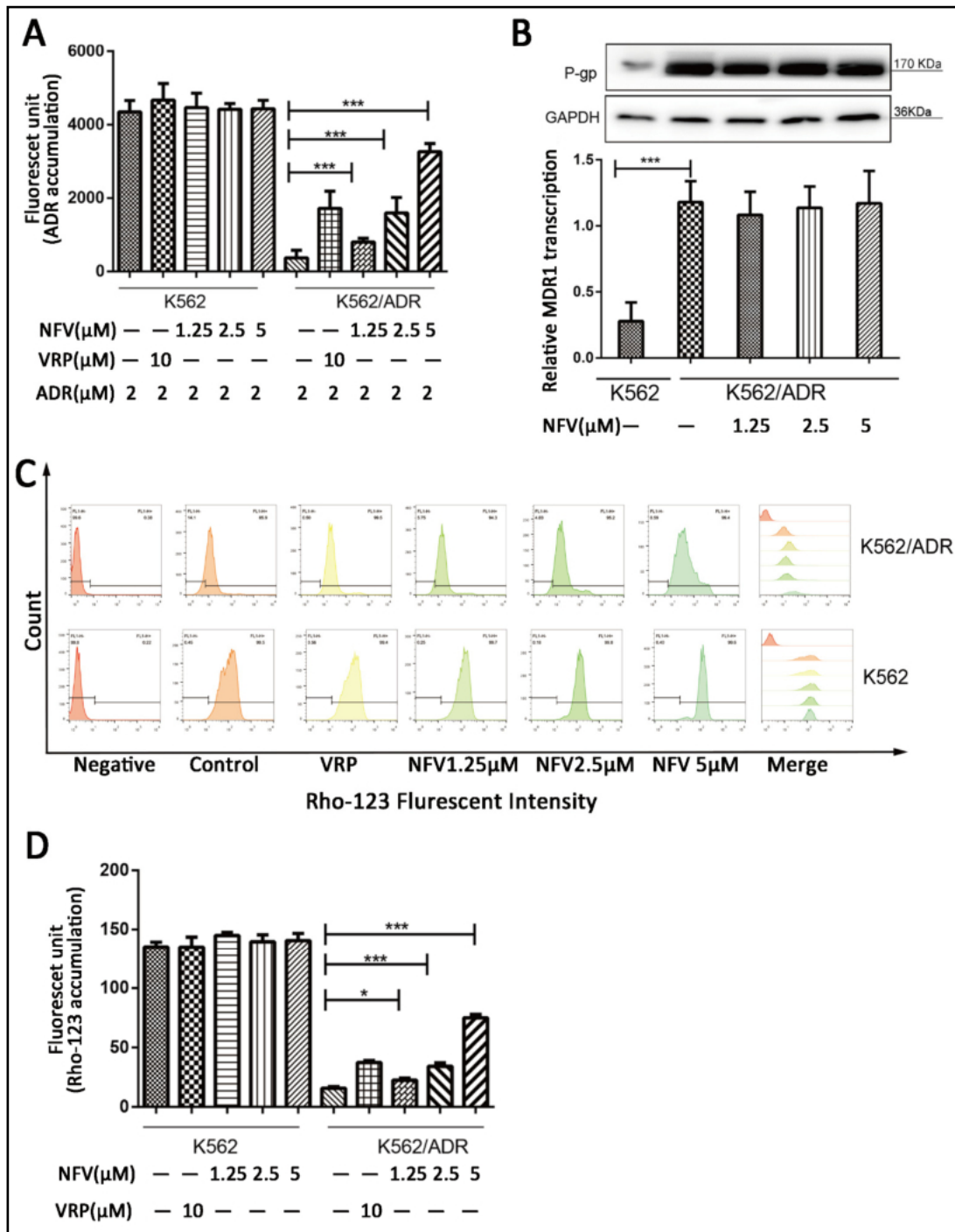
Rho-123 (Fig. 3C, D). Taken together, these results suggested that NFV reverses the drug resistance of ADR by inhibiting the efflux function of P-gp and leading to an increase of the intracellular ADR concentration.

*ATP is involved in the reversal of MDR by NFV*

To further examine the deep mechanism of the reversal effect, we first examined the effects of NFV on mitochondria. The mitochondrial membrane was depolarized by NFV according to the green fluorescence increase observed (Fig. 4D). The intracellular ATP content was significantly decreased after NFV administration in K562/ADR cells (Fig. 4A). In order to investigate the effect of ATP content on the reversal ability of NFV, we changed the intracellular ATP content through induction by 1.25, 2.5, and 4.5 g/L glucose (Fig. 4B). The higher the glucose concentration, the higher the  $IC_{50}$  value of the ADR, indicating that the NFV reversal ability was weaker (Fig. 4C). These data suggest that NFV-induced ATP reduction was associated with the ultimate reversal of ADR resistance observed.

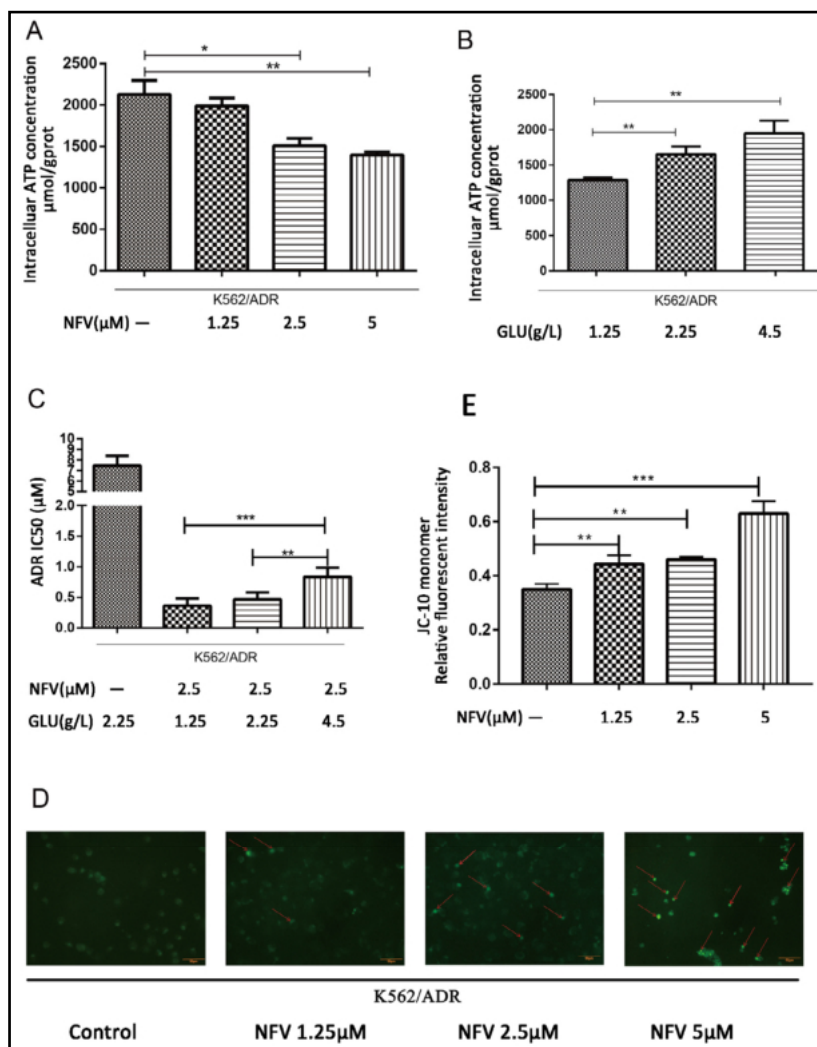
**Table 2.**  $IC_{50}$  values and reversal effect of NFV on chemotherapeutic drugs in K562 and K562/ADR cells. <sup>a</sup> $IC_{50}$  values represent the mean  $\pm$  SD of three independent experiments performed in triplicate. <sup>b</sup>Resistance Index was calculated by dividing the  $IC_{50}$  values of K562/ADR cells in the presence or absence of NFV by the  $IC_{50}$  values of K562 cells without NFV. <sup>c</sup>Reversal Index was calculated by dividing the values of Resistance Index without NFV by the Resistance Index in the presence or absence of NFV. \*\* $P < 0.01$  relative to the no NFV group

Drugs	$IC_{50} \pm SD^a$ ( $\mu M$ )		Resistance Index <sup>b</sup>	Reversal Index <sup>c</sup>
	K562	K562/ADR		
Colchicine	0.16 $\pm$ 0.02	0.95 $\pm$ 0.12	5.9	1
+NFV (1.25 $\mu M$ )		0.53 $\pm$ 0.08**	3.3	1.8
+NFV (2.5 $\mu M$ )		0.27 $\pm$ 0.05**	1.7	3.4
+NFV (5 $\mu M$ )		0.13 $\pm$ 0.03**	0.8	7.4
paclitaxel	0.1627 $\pm$ 0.02	3.9 $\pm$ 0.65	24.4	1
+NFV (1.25 $\mu M$ )		1.6 $\pm$ 0.35**	10	2.4
+NFV (2.5 $\mu M$ )		0.43 $\pm$ 0.11**	2.7	9
+NFV (5 $\mu M$ )		0.07 $\pm$ 0.02**	0.43	57
imatinib	1.48 $\pm$ 0.21	2.9 $\pm$ 0.64	1.96	1
+NFV (1.25 $\mu M$ )		1.2 $\pm$ 0.15**	0.67	2.9
+NFV (5 $\mu M$ )		0.56 $\pm$ 0.11**	0.21	9.3
cisplatin	9.5 $\pm$ 1.05	34.5 $\pm$ 8.3	3.6	1
+NFV (1.25 $\mu M$ )		41.2 $\pm$ 11	4.3	0.8
+NFV (5 $\mu M$ )		27.8 $\pm$ 7.2	2.9	1.2



**Fig. 3.** Intracellular accumulation of ADR and effect of NFV on expression and function of P-gp in K562 and K562/ADR cells. (A) Intracellular accumulation was detected by a multimode microplate reader. (B) P-gp and P-gp mRNA (MDR1) expression was detected by western blot and RT-qPCR, respectively. (C) Accumulation of Rho-123 was determined by flow cytometry. (D) Fluorescence intensity analysis of (C). Columns are expressed as the mean  $\pm$  SD. \* $P < 0.05$ , \*\*\* $P < 0.001$ .

**Fig. 4.** Measurement of intracellular ATP content and mitochondrial membrane potential. (A, B) The effect of NFV and glucose on intracellular ATP content. The final determined ATP content is corrected with the corresponding protein concentration. (C) The effect of NFV and glucose on ADR  $IC_{50}$  values. (D) Detection of mitochondrial membrane potential by JC-10 fluorescent probe and the analysis of relative fluorescence intensity of JC-10 monomers. JC-10 monomers are indicated by red arrows. Columns are expressed as the mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

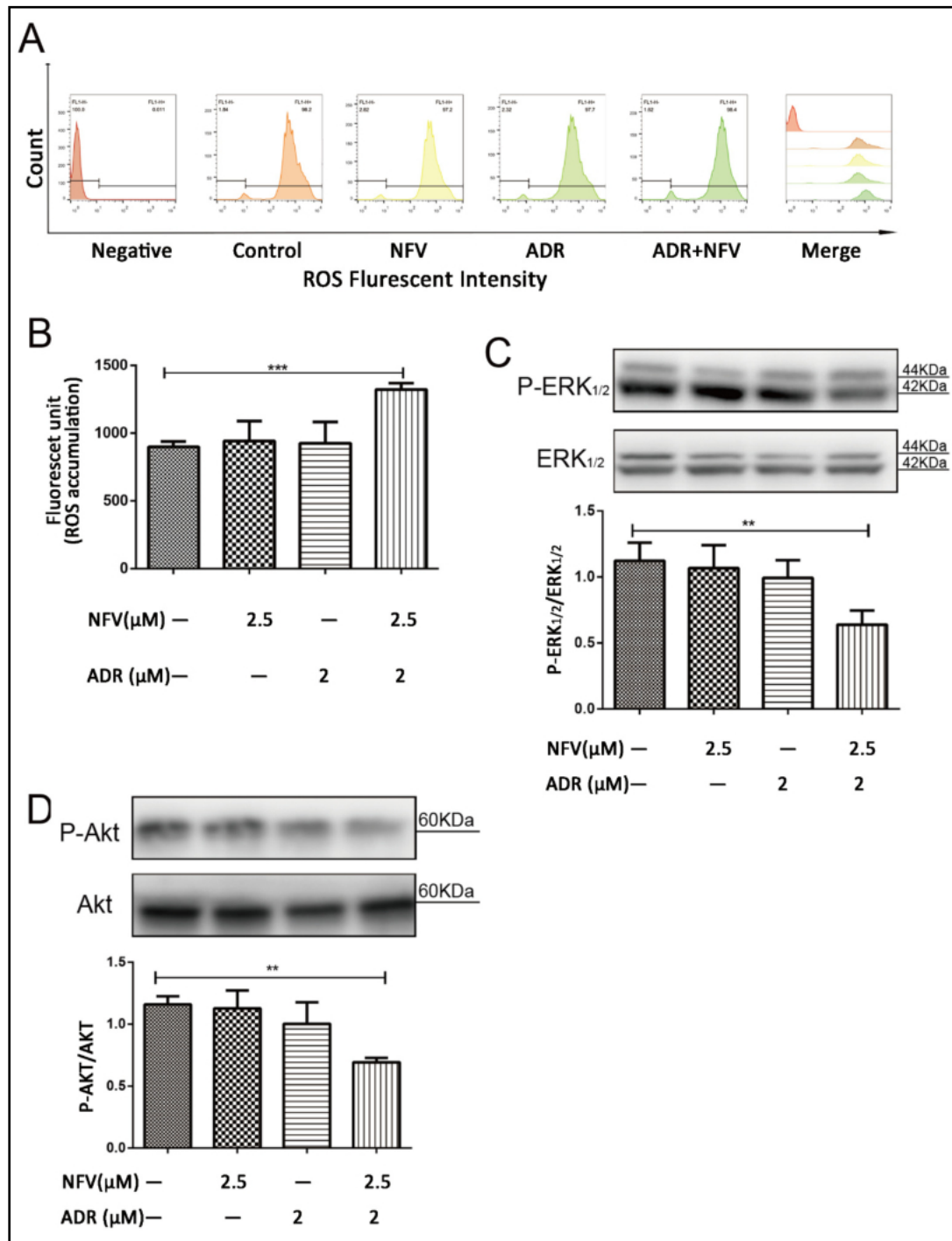


#### Molecular docking analysis of the binding of NFV with P-gp

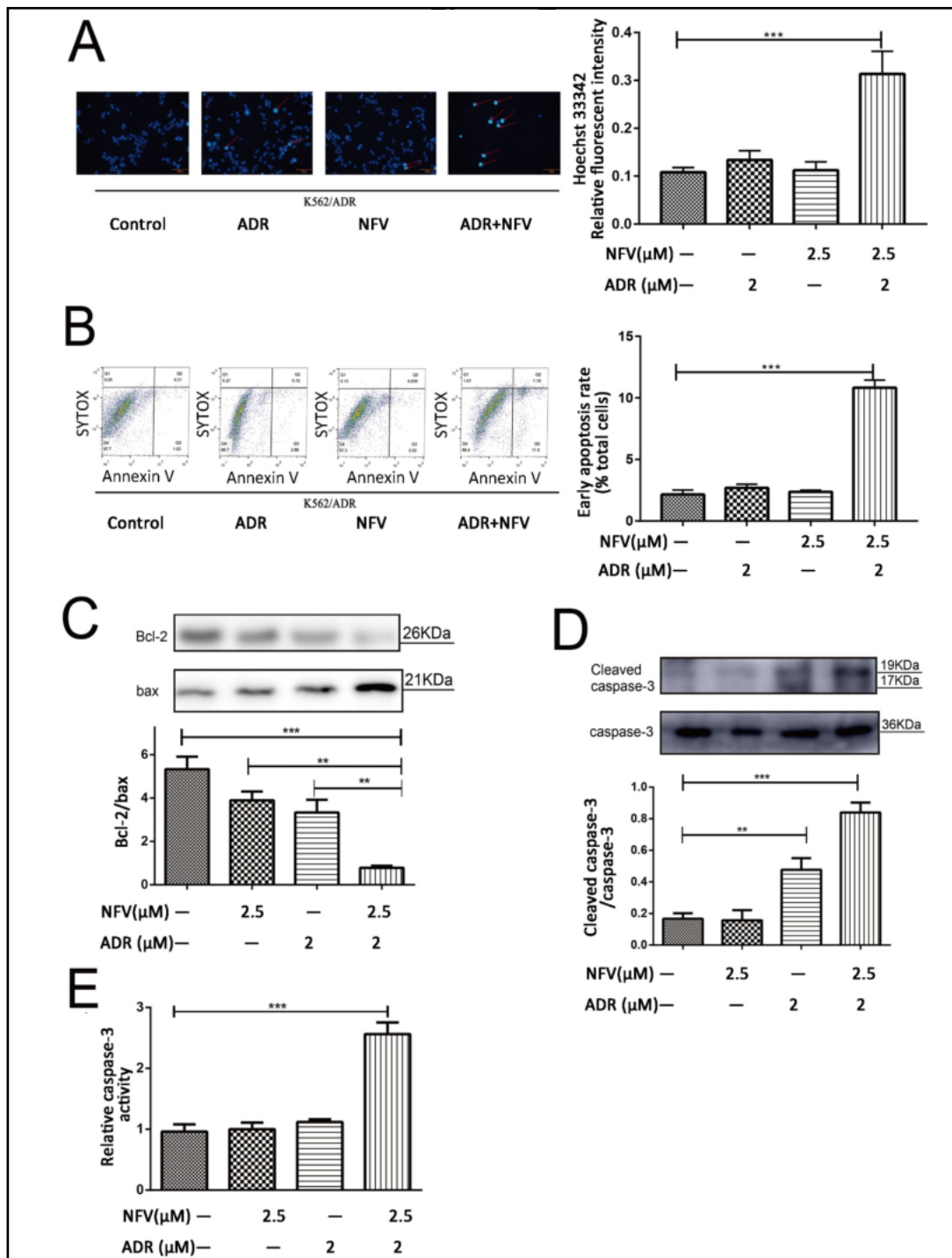
To elucidate the interaction between NFV and P-gp, P-gp's X-ray diffraction and electron microscopy structure (PDB ID: 4M2T and 6C0V, respectively) was assessed in a molecular docking simulation. NFV, VRR, ADR, paclitaxel, colchicine, and imatinib had strong affinities with 4M2T, with molecular docking simulation scores of 7.85, 6.91, 6.52, 6.31, 5.2, and 9.61, respectively. However, metformin and cisplatin, which are non-P-gp substrates, showed weak affinities with 4M2T, with binding ability scores of 2.31 and 4.08, respectively [20]. In addition, VRR and ADR had the same amino acid residue binding site for 4M2T, A/GLN986; NFV and ADR also had the same amino acid residue binding site for 4M2T, A/GLN721 (Fig. 5A, Table 3). ATP was inferred to form 13 intermolecular hydrogen bonds with 6C0V through 11 amino acid residues at a score of 10.28. NFV and tariquidar, a third-generation P-gp inhibitor, inhibited P-gp indirectly by blocking the activity of ATP synthase, and it had similar affinities with 6C0V, having scores of 9.52 and 9.88, respectively [21]. Moreover, NFV and ATP had the same amino acid residue binding site, A/ARG404; tariquidar and ATP also have the same amino acid residue binding site, A/SER434, which binds to 6C0V (Fig. 5B, Table 3). These shared binding sites may competitively inhibit the binding of ATP to P-gp NBD and indirectly inhibit the efflux function of P-gp.







**Fig. 6.** Intracellular accumulation of ROS and protein levels of P-ERK1/2, ERK1/2, Akt, and p-Akt in K562/ADR cells. (A) The intracellular accumulation of ROS in K562/ADR was detected by flow cytometry. (B) Fluorescence intensity analysis of (A). (C) P-ERK1/2 and ERK1/2 protein expression level. (D) Akt and P-Akt protein expression level. Relative expression of phosphorylated forms was calculated by division of the expression of the phosphorylated form by the total form expression level. Columns are expressed as the mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .



**Fig. 7.** A combination of NFV and ADR strengthened apoptosis induced by ADR in K562/ADR cells (A) K562/ADR cells were stained with Hoechst 33342 after pre-treatment and observed with an inverted fluorescence microscope. Nuclear fragmentation is indicated by red arrows. Relative fluorescence intensity of Hoechst 33342 was analyzed using ImageJ. (B) Annexin V/SYTOX-stained cells were examined by flow cytometry, and the Q3 quadrant indicates the ratio of cells in early apoptosis. (D) Protein expression and (E) activity of caspase-3 were determined by western blot assay and corresponding kits. (C) Protein expression bands of Bcl-2 and bax from western blots and the Bcl-2/bax ratio calculated by dividing the Bcl-2 expression level by the bax expression level. Columns and values were expressed as the mean  $\pm$  SD. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

### *Combination of NFV combined with ADR induces apoptosis in K562/ADR cells*

To reveal the ultimate mechanism of anti-proliferation induced by NFV combined with ADR, cell apoptosis and the expression and activity of related proteins were measured. First, Hoechst33342 staining indicated nucleus changes. These results showed that the degree of nuclear fragmentation in the drug combination groups was significantly increased, which indicated that cell apoptosis occurred at a higher rate in the drug combination groups relative to the single-drug groups (Fig. 7A). Second, we detected the proportions of cells exhibiting early cell apoptosis by flow cytometry. In order to avoid fluorescence interference produced by Adriamycin, we used the far-infrared luminescent dye SYTOX Red (635 nm excitation wavelength, 658 nm emission wavelength) and Annexin V for detection.

The result showed that early cell apoptosis was significantly increased in the drug combination groups (Fig. 7B). In addition, the expression of the Bcl apoptotic protein family and the apoptosis-executing protein caspase-3 were examined by western blot. Compared with the single-drug groups, the expression of cleaved-caspase 3 was significantly increased in the combined NFV and ADR group, and the ratio of anti-apoptotic protein Bcl-2 to pro-apoptotic protein bax was significantly decreased. The results of the caspase-3 activity assay also confirmed that the drug combination significantly activated caspase-3 to promote apoptosis (Fig. 7C, D, E). These results indicate that NFV can increase the sensitivity of K562/ADR to ADR and increase apoptosis of drug-resistant cells to reverse ADR resistance.

## Discussion

MDR has hindered the effectiveness chemotherapy of leukemia and other cancers. In contrast with the treatment of solid tumors, leukemia is mainly treated with chemotherapy combined with bone marrow transplantation. The emergence of molecularly targeted drugs is a milestone in CML therapy, which has led to a 10-year overall survival rate of 84% in patients with CML [22, 23]. However, the gradually developed drug resistance associated with CML treatment has attracted the attention of researchers, and one of the causes of drug resistance is P-gp overexpression [4, 24]. K562/ADR cells are a traditional model for studying drug resistance in CML cells. Targeting P-gp to reverse cancer cell resistance is a component of the most widely studied strategies. Four generations of studies on P-gp inhibitors have been performed. However, owing to side effects and low inhibitory ability, there is no drug that can be satisfactorily applied in clinical practice [25-28]. Our experimental results show that NFV can avoid these two points very well. First, at concentrations of 5  $\mu$ M and below, NFV did not have significant cytotoxicity, while the reversal index was up to 10.8 (Fig. 1A, Table 1), indicating that NFV is a potent reversal agent. Second, one early study showed that single doses (100–800 mg) or multiple doses (800–900 mg) of NFV per day were well tolerated. When NFV was administered orally with food to healthy human volunteers at a dose of 800 mg, the  $C_{max}$  value was  $5.69 \pm 1.05 \mu$ M [29]. Another phase I clinical trial of NFV-treated solid tumors showed that the drug concentration reached 21  $\mu$ M and was still well tolerated in subjects at the 2.5 times the FDA-approved dose [30]. Therefore, experimental *in vitro* data shows that NFV can significantly enhance the sensitivity of drug-resistant cells to ADR, and this concentration of NFV is physiologically easy to achieve. In addition, we also observed that when the concentration of NFV is greater than 5  $\mu$ M, it demonstrates obvious toxicity to k562 cells (Fig. 1A). Therefore, whether NFV, a traditional anti-AIDS drug, can be a new type of anti-tumor drug is worthy of further study.

Drug resistance to multiple chemotherapeutic drugs at the same time is one of the main causes of chemotherapy failure [31]. In addition to resistance to ADR, K562/ADR cells also showed different degrees of resistance to colchicine, paclitaxel, imatinib, and cisplatin, which is one of the most prominent features of MDR (Fig. 2, Table 2). It is well known that colchicine, paclitaxel, and imatinib are all substrates for P-gp, and cisplatin is neither an inhibitor nor a substrate of P-gp [32-35]. NFV can selectively reverse the resistance of drugs transported by P-gp; for the non-P-gp substrate drug cisplatin, NFV does not radically change

its drug resistance (Fig. 2, Table 2). Therefore, we speculate that NFV exerts a reversal effect by targeting P-gp. In addition, the results of cisplatin also suggested that the emergence of drug resistance in K562/ADR cells is a complex issue.

Intracellular accumulation of ADR showed that NFV increased the content of intracellular ADR in a dose-dependent manner (Fig. 3A). These experiments demonstrate that NFV reverses resistance by increasing the content of intracellular drugs. ADR is a substrate of P-gp, and P-gp is overexpressed in K562/ADR cells, so we speculate that NFV inhibits P-gp and leads to an increase in intracellular drugs [36]. Therefore, we examined the interaction between NFV and P-gp through both the function and expression of P-gp. First, we found that P-gp expression and its gene transcript levels were not down-regulated after K562/ADR cells were administered NFV for 48 h. Functionally, NFV inhibited the efflux of the P-gp-specific fluorogenic substrate Rho-123 in a dose-dependent manner, which indicates NFV inhibited P-gp efflux function (Fig. 3B, C, D).

P-gp transports one molecule of the substrate across the membrane, requiring two molecules of ATP to provide energy [37]. If the energy supply is insufficient, the function of P-gp is inhibited [38, 39]. The mitochondrion is the “powerhouse” of eukaryotic cells and the principal organelle involved in the production of ATP. Our study found that NFV can reduce mitochondrial membrane potential (Fig. 4D). This phenomenon is also called mitochondrial permeability transition (MPT), in which some low molecular weight solutes (<1.5 kDa) are infiltrated into the mitochondrial matrix, affecting its structure and leading to mitochondrial function collapse [40]. For the “powerhouse” of the cell, this will inevitably affect the intracellular ATP content, which is consistent with our experimental results (Fig. 4A). When the intracellular ATP content increases, the reversal ability of NFV is weakened, which also indirectly indicates that the decrease in ATP content caused by NFV is one of the reasons for the observed reversal of drug resistance (Fig. 4B, C).

The basic structure of P-gp contains four core active regions, namely two hydrophilic nucleotide-binding domains (NBD) located in the cytoplasm that are responsible for binding to ATP and two hydrophobic transmembrane domains (TMD) that are responsible for binding to the substrate for P-gp transport [37, 41]. For 4M2T, a corrected structure of mouse P-gp bound to QZ59-SSS, the corrected position of TMD4, which forms the frame of a portal for drug entry. The drug translocation pathway of Mouse P-gp is 96% identical to human P-gp and is enriched for aromatic residues that likely play a collective role in allowing a high degree of poly-specific substrate recognition [42]. Therefore, we chose 4M2T as a protein stereo structure model for binding drugs to TMD. For 6C0V, a new molecular structure of human P-gp was inferred to have an ATP-bound, outward-facing conformation. The researchers further found that the binding of ATP and NBD sites promoted drug release rather than hydrolysis [43]. Therefore, we chose 6C0V as a protein stereo structure model for binding drugs to NBD. Results of molecular docking simulation explain the interaction of NFV with P-gp active functional regions. NFV has a strong binding ability to TMD and NBD, and it has a common binding site with ADR and ATP in the corresponding functional regions. These common binding sites may result in inhibition of the binding of P-gp to drugs or ATP, resulting in the efflux function of P-gp being affected (Fig. 5). In addition, we also found that VRP and ADR have the same binding site. Similarly, Tariquidar and ATP also have the same binding site, but these binding sites differ from those of NFV. If these particular amino acid residues can be mutated, the binding of P-gp to the drug is blocked, and the normal physiological function of P-gp is not affected, which may eventually solve the drug resistance problem caused by P-gp.

ROS, as signaling molecules, participate in tumor cell proliferation inhibition, autophagy, apoptosis, and drug resistance. ROS inhibit cell proliferation mainly through mitogen-associated protein kinases (MAPKs)[44]. MAPKs comprise a highly conserved family of serine/threonine protein kinases that plays a role in many essential cellular processes. The MAPK family includes extracellular signal-regulated kinases 1 and 2 (ERK1/2), JNK, Erk5, and others [45]. Protein Kinase B, also known as Akt, regulates multiple biological processes, including cell survival, proliferation, growth, and glycogen metabolism [46].

The activation of the PI3K/Akt and MAPK/ERK pathway is related to the development of MDR in cancer cells [47-49]. Cancer cells are not sensitive to chemotherapeutic drugs, leading to a reduction in cell death caused by chemotherapeutic drugs, which leads to the emergence of drug resistance. After the development of drug resistance in cells, changes in the proteins that are related to the drug-induced survival signal pathway are not obvious. The results showed that 2  $\mu$ M ADR alone did not significantly change the expression of total or phosphorylated ERK/Akt and intracellular ROS generation. When ADR was combined with NFV, the survival pathway was blocked, and ADR-induced apoptosis was significantly increased. Hoechst33342 staining, AV/SYTOX double staining, caspase-3 activity detection, and Bcl-2/bax protein expression assays confirmed this trend (Fig. 6, Fig. 7).

## Conclusion

As an “off-the-shelf” drug, NFV is effective in reversing K562/ADR cell resistance below physiologically acceptable concentrations. NFV can inhibit the function of P-gp by inducing intracellular ATP content and competitive drugs with ATP and P-gp binding sites, thereby increasing intracellular accumulation of ADR and exerting a reversal effect. The combination of NFV and ADR leads to an increase of ROS, blocking the ERK/Akt signaling pathway to increase apoptosis.

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## Disclosure Statement

The authors have no conflicts of interest to declare.

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