

## **The roles of prayers in Islam for treatment (healing); potencies and problems**

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### **EDITORIAL**

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In the current time, it is an extremely normal upsetting condition in some areas and businesses. All individuals need to rush and progress toward being the pick up the pace to achieve some sorts of undertaking. The rivalry is high and getting to be weight in day-by-day life. Many individuals select a few ways to escape from distressing condition including liquor drinking, opiate manhandles, diversion, playing pastimes, prostitution, erotic entertainment, watching film or drama and in addition to supplication or otherworldly practices (ritual of prayer). World Health Organization (WHO) prescribed profound practices, for example, supplication and religious practice as another meditation to make wellbeing and healthy. Religion is the focal place of the most profound sense of being and demonstrating that insist faith in Allah SWT makes a basic commitment to our physical health.<sup>1</sup> Presently there is an expanding restorative enthusiasm for Muslim religious practices in advancing well-being for the most part petition and dhikr (chanting) as focal religious practice.<sup>2</sup> Individuals, for the most part, appeal to God for asking wellbeing and alleviation from illness in some religions.<sup>3</sup> Religious practices or religious custom tradition over the world give an expectation or strength in recuperating or treatments through prayers.<sup>4</sup> It's reasonable from the correlational reviews about the study of disease transmission that positive connections exist among religious and profound practice and wellbeing results on an assortment of various conditions.<sup>5</sup>

In Muslim society, they adjust themselves to the education of Islam's most real, uncovered, and definitive sources, specifically the Qur'an and Hadist. By legitimate sources, there are three sorts of the recuperating energy of mending i.e. recuperating from Quran, mending use dhikr, and mending by looking for helps with a petition from another devout individual (separation supplication). Mending from Quran comprises of three methodologies. The first is administrative impact by doing all charge of al-Quran including the health advantage of mandatory supplications, fasting, philanthropy, and journey (hijrah and khuruj). The second is health rules or wellbeing advancing things from Quran and the custom habits of the prophets. The third is the immediate mending impact of the Quran.<sup>1</sup>

The huge issue of supplication for a mediation of medicinal treatment is a methodological issue utilizing RCT whether length, recurrence, and nature of the petition of all subjects are not having an inclination to give misleading impact as it is. Another issue is another contention between petition

in particular religion and science with respect to prove evidence-based medication. Another issue is supplication among religion, which is one of the most intense and legitimate medications. Supplication as a major aspect of reflection could be comprehended as mainstream contemplations or the liberal idea of contemplation for all kind religions as opposed to the particular importance of the deep sense of being founded on single sort of religion. The petition has been a piece of all-encompassing social insurances tending to otherworldly needs of a patient. Petition likewise turns into a significant instrument to intensively recuperate yet in the zone of debate. In Islam, prayer is the most comprehensive part as all sorts of activity satisfied to Allah and a demonstration of tending to decree of Allah with worship, offering acclaim, giving a thank, avowing and affirming one's aggregate reliance on Allah, and asking His Grace, benevolence, and help by taking after the custom habit of Muhammad PBUH.<sup>1</sup> Health officers' feedbacks to the utilization of supplication is that it might prevent individuals from utilizing western prescription treatments, for example, drugs and surgical strategies and inoculation that in the end, it will build grimness and mortality. Thus, as indicated by some therapeutic experts that utilizing supplication amid, hopeless sickness is dangerous.<sup>6</sup> The objective and subjective perceptions of benefits towards prayers depend on the qualities of prayers done by someone called *khusyu'* or full concentration as well as the quantities of prayers have been done. In general, prayers will give catharsis effects but not removing the causative agent as if giving the placebo effects. In the long term, prayers will bring causative treatments for the certain diseases such as mental disorders including neurosis and immune disease (inflammation) as well as cancer but not for congenital disease. Prayers are very effective for palliative treatments in the terminal stages of cancer minimizing from bias i.e. spontaneous remission, the Hawthorne effect, nonspecific psychosocial support, and regression to the mean and the Rosenthal effect.<sup>5</sup> The aim of science is not to open a door to infinite wisdom but to set a limit to infinite error and present the proof based on statistic and materialism.<sup>7</sup>

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