

1 **Fast fluorescence lifetime imaging reveals the aggregation processes of**
2 **α -synuclein and polyglutamine in aging *Caenorhabditis elegans***

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27 **Abstract**

28 The nematode worm *Caenorhabditis elegans* has emerged as an important model organism to study the
29 molecular mechanisms of protein misfolding diseases associated with amyloid formation because of its
30 small size, ease of genetic manipulation and optical transparency. Obtaining a reliable and quantitative
31 read-out of protein aggregation in this system, however, remains a challenge. To address this problem,
32 we here present a fast time-gated fluorescence lifetime imaging (TG-FLIM) method and show that it
33 provides functional insights into the process of protein aggregation in living animals by enabling the
34 rapid characterisation of different types of aggregates. More specifically, in longitudinal studies of *C.*
35 *elegans* models of Parkinson's and Huntington's diseases, we observed marked differences in the
36 aggregation kinetics and the nature of the protein inclusions formed by α -synuclein and polyglutamine.
37 In particular, we found that α -synuclein inclusions do not display amyloid-like features until late in the
38 life of the worms, whereas polyglutamine forms amyloid characteristics rapidly in early adulthood.
39 Furthermore, we show that the TG-FLIM method is capable of imaging live and non-anaesthetised
40 worms moving in specially designed agarose micro-chambers. Taken together, our results show that the
41 TG-FLIM method enables high-throughput functional imaging of living *C. elegans* that can be used to
42 study *in vivo* mechanisms of aggregation and that has the potential to aid the search for therapeutic
43 modifiers of protein aggregation and toxicity.

44 A variety of human diseases, including neurodegenerative disorders such as Parkinson's and
45 Alzheimer's diseases, are characterised by the misfolding of protein species and their subsequent
46 aggregation into amyloid fibrils^{1,2}. The nematode *Caenorhabditis elegans* is a particularly useful model
47 organism through which to study these diseases³⁻⁸ and to screen for small molecule inhibitors of the
48 protein aggregation process^{9,10}. *C. elegans* has a simple body plan of 959 somatic cells, its genetics are
49 well-characterised, and at least 40% of its genes have known human homologs¹¹. Furthermore, it has a
50 relatively short lifespan of only 2-3 weeks and is optically transparent, making it a highly suitable
51 system for longitudinal imaging studies of protein aggregation. Despite these advantages, obtaining
52 quantitative read-outs for amyloidogenic protein aggregation *in vivo* remains challenging¹².
53 Fluorescence intensity measurements are prone to artefacts, and classifying aggregates by counting
54 protein inclusions relies on arbitrary choices for intensity and size cut-offs. Furthermore, reliable
55 discrimination between amyloid-like and amorphous aggregates is generally not possible. The use of
56 thioflavin T, a dye that becomes fluorescent on intercalation into the cross β -structure of amyloid
57 aggregates, and that is commonly used for the study of protein aggregation *in vitro*, is not compatible
58 with live worm imaging because it affects protein homeostasis in the nematodes¹³.

59 To address some of these issues, we have previously established a readout for the state of protein
60 aggregation based on fluorescence lifetime imaging microscopy (FLIM) of a fluorophore covalently
61 linked to the amyloidogenic protein of interest¹⁴. FLIM not only informs on the location but also on the
62 molecular environment of the fluorescent probes, providing fully quantitative read-outs¹⁵⁻¹⁷. We have
63 shown that a reduction in lifetime from the reporter fluorophore correlates with the degree of
64 aggregation of the protein to which it is attached, and that this provides a quantitative measure of the
65 degree of protein aggregation *in vitro*, in live cells and in *C. elegans*¹⁴. The decrease in lifetime is
66 thought to be associated with fluorescence energy transfer to intrinsic energy states associated with the
67 amyloid fibrils¹⁴. Conjugated organic fluorophores¹⁸⁻²⁰ and intrinsic protein fluorescence²¹ have also
68 been used successfully as FLIM sensors for protein aggregation, as has the amyloid-binding dye
69 heptamer-formyl thiophene acetic acid (hFTAA)²². Conventional FLIM measurements are slow,
70 however, as they are based on time-correlated single photon counting (TCSPC)^{23,24} which involves
71 acquisition times on the order of 2 min for a single field of view. This method therefore requires the use
72 of anaesthetised or fixed animals, greatly limiting the throughput of the technique and preventing
73 studies of freely moving, live animals.

74 In this work, we specifically set out to address these problems and to establish a method that improves
75 throughput and physiological relevance and permits studies of moving animals. The method makes use
76 of time-gated FLIM (TG-FLIM)²⁵, a fast and quantitative imaging modality which provides
77 unprecedented throughput for FLIM measurements of non-paralysed animals. Unlike TCSPC, which is
78 usually performed in conjunction with laser scanning confocal microscopy (LSCM), TG-FLIM is a
79 wide-field technique and thus heavily parallelises the FLIM measurements. The fluorescence decay is

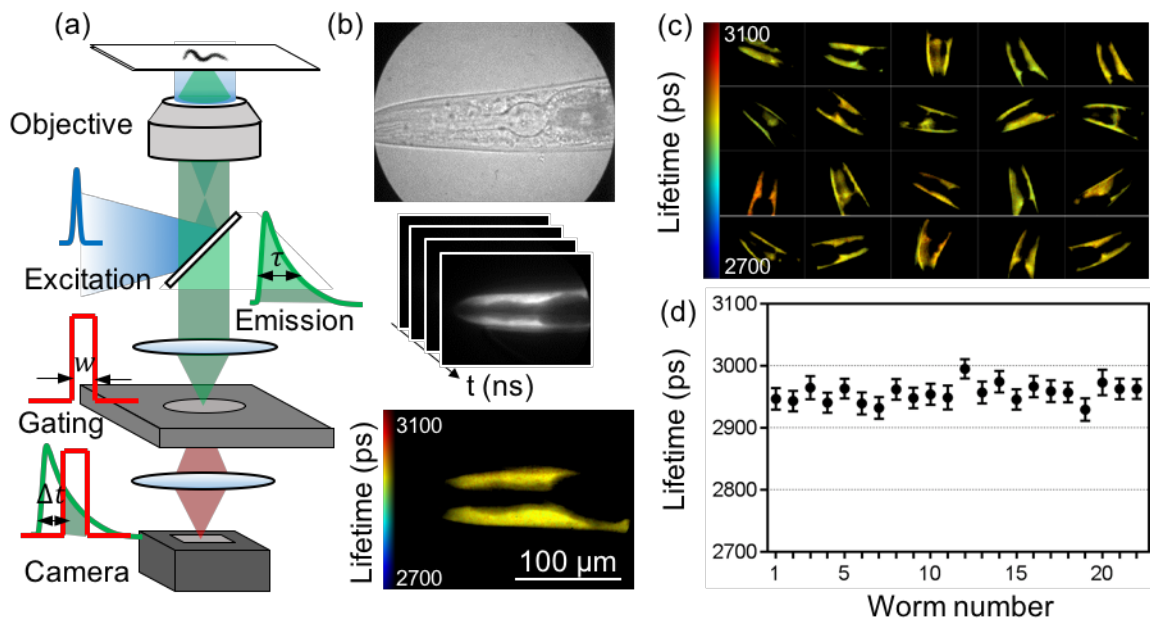
80 measured by collecting the fluorescence signal with nanosecond-wide temporal gates, which are
81 temporally shifted to enable the fluorescence decay to be sampled. Gating and time shifting are achieved
82 with a high-rate imager (HRI), and lifetime data are thus obtained in each pixel from a sequential set of
83 images gated at different time delays (**Figure 1a**, see **Supporting Information**). TG-FLIM has been
84 successfully used for high-throughput imaging of protein-protein interactions and biosensors in
85 cells^{26,27}, but not so far in the context of protein aggregation, or in worm models of disease. Here, we
86 describe a novel approach for aggregation studies in *C. elegans* models of protein misfolding diseases
87 based on TG-FLIM. We show that we can monitor intracellular aggregation in the worms over their
88 entire lifespan using TG-FLIM with excellent repeatability and precision in the measured lifetimes. Our
89 approach reveals differences in the kinetics of protein aggregation and the type of species appearing in
90 the worms for two disease models. Furthermore, we provide details of the quantification of TG-FLIM
91 data from live, moving animals and introduce motion correction algorithms for the TG-FLIM data
92 analysis.

93

94 **Results and discussion**

95 **Time-gated FLIM provides a robust lifetime readout from *C. elegans***

96 A schematic of the TG-FLIM microscope setup that we have developed is shown in **Figure 1a**, details
97 of which are found in the Methods section and in **Supplementary Figure 1**. To assess the precision
98 and repeatability of the method, we measured the fluorescence lifetimes of yellow fluorescent protein
99 (YFP) when expressed in *C. elegans*. **Figure 1c** shows the head region of worms expressing YFP in
100 body wall muscle cells. For the purpose of these experiments, the worms were anaesthetised. The
101 average standard deviation across pixels within a single field of view was 17 ps (as shown by the error
102 bars on **Figure 1d**). The variability between individual worms was estimated by comparing the mean
103 lifetimes obtained from the worms and found to be 16 ps (standard deviation). The system exhibited
104 excellent intra-frame and inter-frame repeatability of the value of the fluorescence lifetimes measured
105 in this way. The results presented in **Figure 1c,d** were obtained by acquiring 61 equally-spaced gates
106 with exposure times of 65 ms each. The gate width was set to 1 ns and the time gated images were
107 acquired every 250 ps, leading to a total acquisition time of 4.2 s per field of view. This corresponds to
108 a ~30-fold improvement in speed compared to typical TCSPC measurements of similar quality¹⁴, thus
109 allowing for a much higher throughput. The results, therefore, show that TG-FLIM is a robust and
110 quantitative readout for biosensors in *C. elegans*, featuring good spatial and temporal resolution
111 compatible with high-throughput or dynamic imaging.



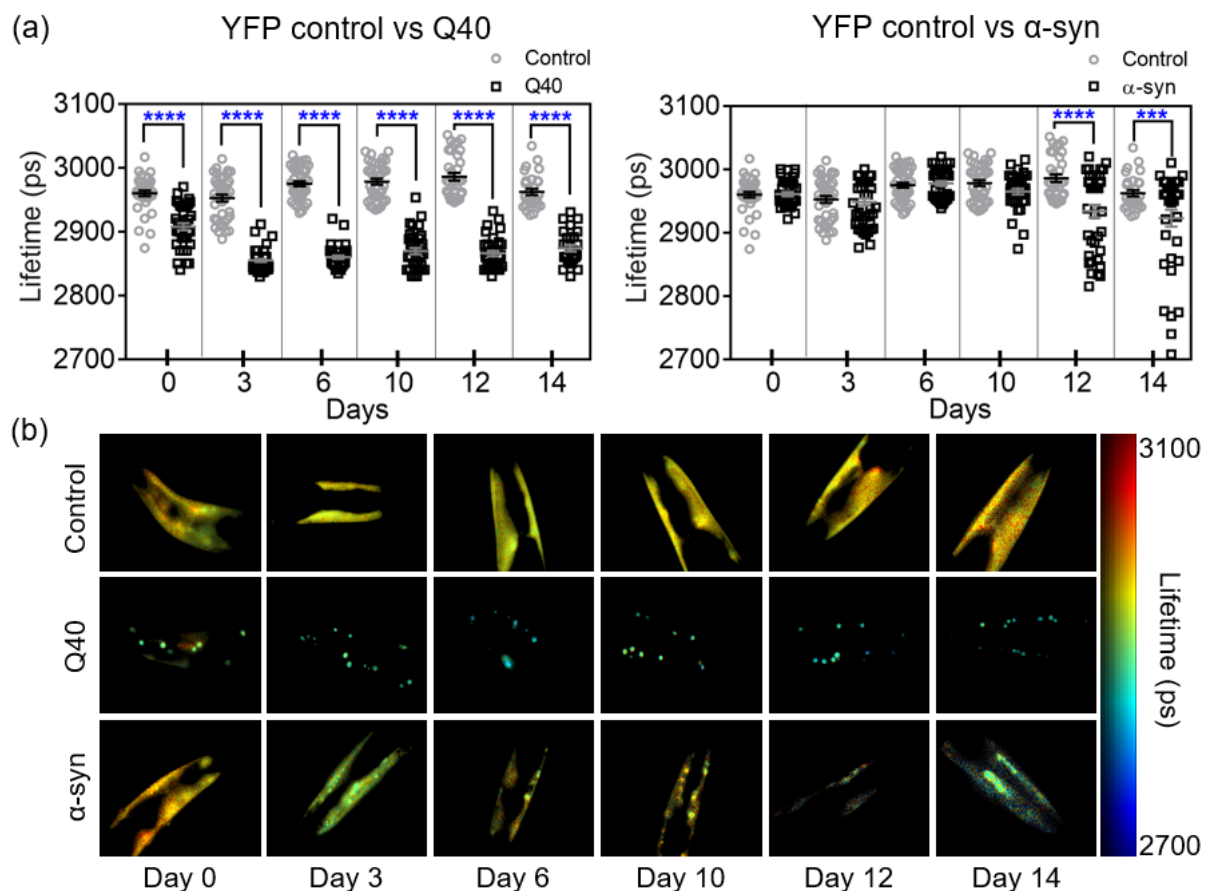
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113 **Figure 1.** TG-FLIM imaging of live *C. elegans* expressing YFP in the body wall muscle cells. **(a)**
 114 Schematic of the FLIM setup, showing the excitation pulse (blue curve), the fluorescence emission
 115 decay (green curve) and the gated detection (red curve) performed by the high-rate imager (HRI). The
 116 fluorescence lifetime (τ) is measured by gating the fluorescence decay with a gate width (w) and a set
 117 of gate positions (Δt). **(b)** Bright-field image acquired with the HRI camera (top), schematic FLIM
 118 stack consisting of images recorded at different time gates (middle), and the reconstructed fluorescence
 119 lifetime map obtained through such measurements from a single worm head region (bottom). **(c)**
 120 Fluorescence lifetime maps of 20 individual worms. Each field of view represents a 225 μm x 167 μm
 121 region in the sample plane. **(d)** Average lifetimes obtained from individual worms demonstrating the
 122 precision (error bars are standard deviation across pixels within the field of view) and the variability of
 123 lifetimes between individual worms in one experiment.

124 **Longitudinal FLIM studies of Parkinson's and Huntington's disease models**

125 We then explored if the method is capable of detecting age-associated protein aggregation in *C. elegans*
 126 models of protein misfolding diseases. To this end, we carried out a longitudinal study of the
 127 fluorescence lifetimes and the distribution of the aggregates that form in *C. elegans* models for
 128 Parkinson's disease and for polyglutamine expansion disorders such as Huntington's disease,
 129 expressing YFP-tagged $\alpha\text{-syn}^5$ and polyglutamine (40 glutamine residues, Q40)⁴, respectively, in the
 130 body wall muscle cells. We focused on imaging the head region of the worms and obtained sufficient
 131 resolution to be able to identify individual inclusions. Data were recorded across the whole lifespan of
 132 a population of nematodes, using the strain expressing only YFP as a control. We imaged a pool of ca.
 133 20 worms for each strain (ca. 60 worms in total) on days 0, 3, 6, 10, 12 and 14 of adulthood for two

134 independent biological replicates. The fluorescence lifetimes for each population and representative
135 TG-FLIM images are shown in **Figure 2**.



136

137 **Figure 2.** TG-FLIM imaging of protein aggregation in Q40 and α -syn strains across the lifespan of the
138 animals. (a) Fluorescence lifetimes at day 0, 3, 6, 10, 12, and 14 of adulthood for Q40 and α -syn
139 compared to YFP controls. Squares and circles represent the average lifetime of the fluorescence from
140 the head region of each imaged worm. Statistical analysis was performed using a one-way ANOVA,
141 *** p<0.005, **** p<0.0001. The data shown are pooled from two biological replicates totalling ca. 40
142 worms per strain and time point. **An F-test of YFP control lifetimes comparing data over the 15 days**
143 **showed no significant deviation from a zero-slope, indicating that our data are compatible with a**
144 **constant lifetime for the YFP control over the lifespan of the animal (p=0.90).** (b) Representative worm
145 FLIM images for each day and each strain.

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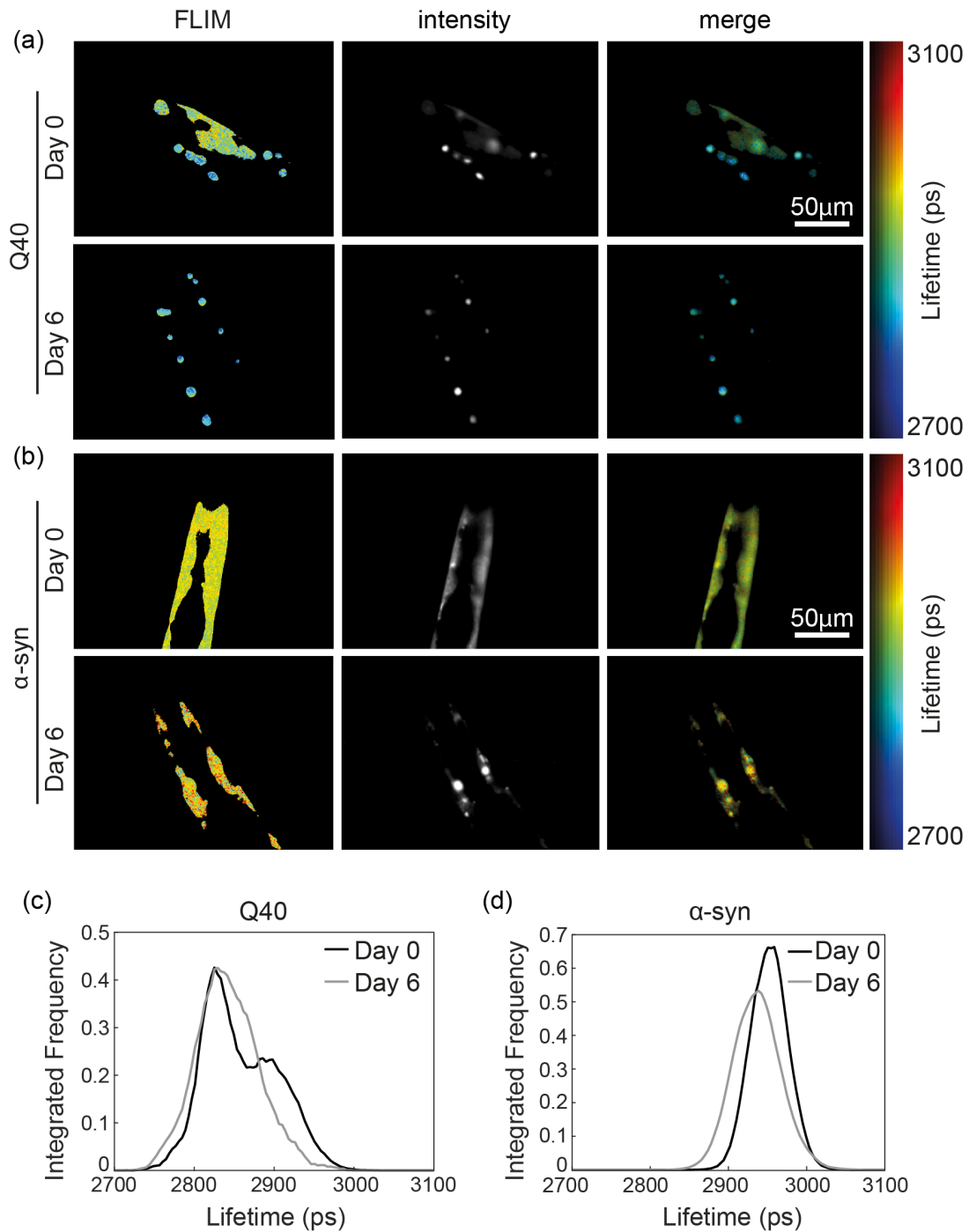
147 **While the YFP control remained constant over the lifespan of the animal (as examined by an F-test),**
148 we observed that the average fluorescence lifetime of Q40 dropped early in the life of the worms
149 (between day 0 and day 3) and remained constant throughout the rest of their lifespan (**Figure 2a**). At
150 day 0, the Q40 worms presented a combination of bright inclusions with lower fluorescence lifetimes
151 than the YFP control, indicative of protein molecules being in an amyloid state¹⁴, as well as diffuse

152 signal with lifetimes similar to that of the YFP control, therefore indicative of a non-amyloid state
153 (**Figure 2b** and **Figure 3a,c**). The fluorescence lifetime distribution of Q40 at day 0 exhibits two peaks,
154 in agreement with the presence of the soluble and aggregated forms. The diffuse signal was not observed
155 from day 3 onwards, and we infer that at this stage of the worm life all soluble protein had been
156 incorporated in amyloid-like inclusions in agreement with the significantly lower average lifetimes of
157 ca. 2850 ps compared to the YFP control of ca. 2950 ps (**Figure 2a**). These results are consistent with
158 previous fluorescence recovery after photobleaching (FRAP) studies, where the diffuse Q40 observed
159 in young animals was found to be relatively mobile, compared to the Q40 inclusions which were
160 immobile^{4,28}. In addition, these data are in agreement with the propensity of polyQ stretches in isolation,
161 as well as in the context of huntingtin exon 1, to form fibrils *in vitro*²⁹ and *in vivo*³⁰⁻³².

162 In contrast to the Q40 animals, the fluorescence lifetime of α -syn remained similar to that of the YFP
163 control worms until day 10, after which a reduction in lifetime was observed (**Figure 2a**). Detailed
164 analysis revealed that inclusions were present in α -syn worms from day 0 onwards, yet these did not
165 correspond to highly ordered aggregates as judged from the uniform fluorescence lifetimes observed
166 across the animals throughout most of their lifespan (**Figure 2b** and **Figure 3b,d**). Only late in the life
167 of the animal, after day 10, did we observe α -syn inclusions with fluorescence lifetimes indicative of
168 well-defined amyloid fibrils (**Figure 2b**). Analysis of the expression levels by Western blot revealed
169 that the α -syn concentration decreased during ageing (**Supplementary Figure 2**), which does not affect
170 the lifetime values but may only lead to a small reduction in the precision of the measurement. Again,
171 the FLIM results are consistent with FRAP data, in which immobile inclusions were observed only from
172 day 11 onwards⁵.

173 As an independent confirmation of the differences between the inclusions formed by Q40 and α -syn,
174 we lysed the worms in detergent-containing buffer at day 6 of adulthood, and observed that α -syn was
175 fully dispersed and localised to the soluble fractions, whereas Q40 inclusions persisted and were present
176 in the pellet fractions (**Supplementary Figure 3**).

177 The precise molecular nature of the earlier α -syn inclusions is unclear at present, but we speculate that
178 they could either be disordered oligomeric species as observed in the early stages of α -syn aggregation
179 in previous studies^{33,34}, accumulations of monomeric α -syn with lipids or other cellular components, or
180 perhaps droplets with liquid-like properties which have recently attracted attention as possible
181 precursors of amyloidogenic protein aggregation³⁵.



182

183 **Figure 3. Representative protein aggregation of Q40 (a,c) and α -syn (b,d) at day 0 and day 6 revealed**
 184 **by TG-FLIM images. (a) Representative images of Q40 worms at day 0 (top) and day 6 (bottom).**
 185 Shown are the false-colour FLIM maps (left), the signal intensity (middle) and the intensity-merged
 186 FLIM maps (right). The FLIM and intensity maps show that the protein is distributed between diffuse
 187 signal and foci, the latter having a shorter lifetime. **(b) Representative images of α -syn worms at day 0**
 188 **(top) and day 6 (bottom), presenting bright inclusions with comparable fluorescence lifetime as the**
 189 **diffuse signal. (c) Fluorescence lifetime histogram of Q40 protein, obtained from the animal shown in**

190 (a) at day 0 and day 6. **d)** Fluorescence lifetime histogram of α -syn protein, obtained from the animal
191 shown in (b).

192

193 Thus, this longitudinal TG-FLIM study reveals clear differences in the kinetics of the aggregation
194 process for strains expressing Q40 and α -syn, and informs on the nature of the protein inclusions *in vivo*
195 as the animals age.

196

197 **TG-FLIM imaging of live *C. elegans* crawling in agarose micro-chambers**

198 Imaging studies of *C. elegans* are typically performed on anaesthetised animals in order to circumvent
199 motion artefacts at the examined length- and time-scales. Although the animals remain alive during the
200 experiment, the use of anaesthetics is not compatible with the observation of behavior, nor does it allow
201 an individual animal to be monitored over long periods of time. Given the exceptional speed and
202 precision of TG-FLIM, we set out to examine its applicability for imaging live and crawling *C. elegans*.
203 To this end, we designed agarose micro-chambers that can hold individual worms (**Figure 4a**), inspired
204 by previous studies on both *C. elegans* larvae and adults^{36,37}. The dimensions of the micro-chambers
205 were chosen so that worms remained within the field of view and the depth of field of the microscope
206 and were able to crawl freely within the micro-chamber as shown in the supplementary video (see
207 **Supplementary Figure 4**).

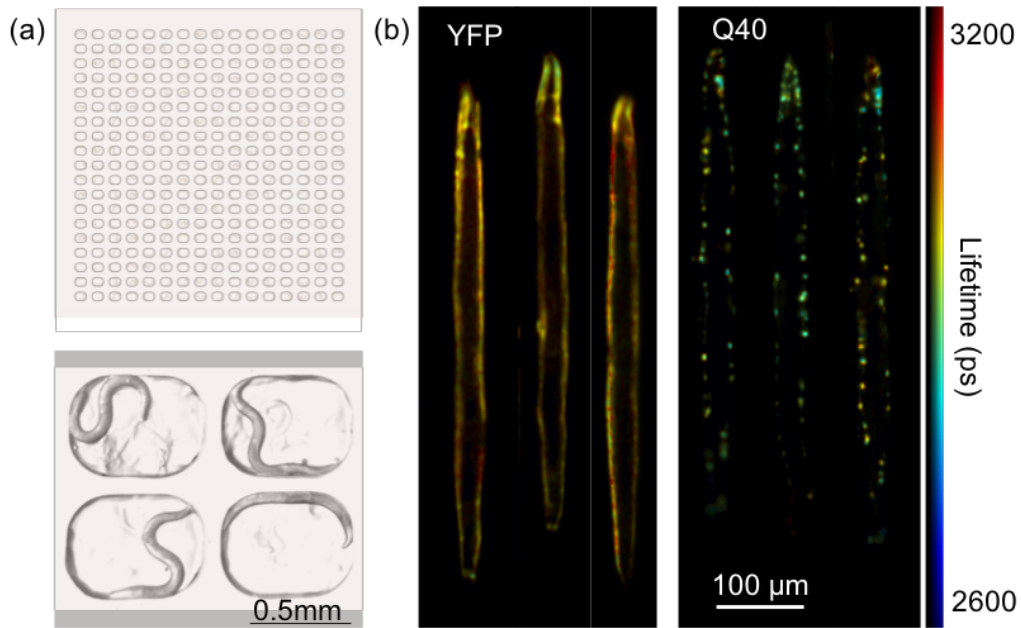
208 As a benchmark for this approach, we inserted *C. elegans* expressing YFP and Q40 at day 3 of adulthood
209 in the micro-chambers for TG-FLIM measurements (**Figure 4**). To increase acquisition speed, we used
210 only 7 time gates (gate width of 1 ns with time gates acquired every 2.175 ns) compared to the 61 used
211 for studies described in the preceding sections, thus shortening the total recording time to just 0.5 s per
212 FLIM acquisition and minimising movement artefacts across the TG-FLIM dataset, **while enabling**
213 **sufficient data quality**.

214 Although the worms did not move on the timescale of the individually recorded frames in our TG-FLIM
215 measurements, motion over the entire acquisition sequence (0.5 s) caused significant artefacts during
216 the FLIM reconstruction, as a consequence of the loss of spatial correspondence of image pixels
217 between the different time gates (**Supplementary Figure 5**). In order to correct for the worm movement
218 during the data acquisition, we developed an image registration procedure that re-aligns each dataset
219 before FLIM analysis, similar to that used previously to remove motion artefacts from intravital
220 imaging³⁸. The procedure uses a non-rigid transformation to register features in each individual frame
221 compared to the brightest frame of the given TG-FLIM dataset. We quantified the resulting standard
222 deviations on control worms and found a lower fluorescence lifetime resolution compared to the
223 experiments on anaesthetised animals (higher standard deviation of ca. 60 ps with 7 gates, compared to

224 17 ps with 61 gates, with a similar level of signal in the maximum time gate). This difference can be
225 explained by a lower sampling rate of the fluorescence decay and therefore a lower number of total
226 photons in the decay, as well as residual errors in registration adding some noise to the fluorescence
227 lifetime estimation.

228 Additionally, we implemented a digital “worm stretching” procedure inspired by the work of
229 Christensen *et al.*³⁹. This approach has two major advantages: first, it allows for the averaging of
230 fluorescence lifetime maps of the same worm if consecutively imaged, improving the signal-to-noise
231 ratio (SNR) of the resulting lifetime map. Second, it allows alignment of images of multiple worms
232 along a similar template (a “stretched” form of the worm), which enables a direct comparison of
233 multiple datasets for the assessment of the distribution of markers and functional read-outs. Being able
234 to visualise data in a tractable way is important especially when a high throughput approach is taken.
235 The digital stretching was performed by first determining the worm outline and drawing the backbone
236 of the worm via skeletonisation, using a similar approach to that used for tracking worms⁴⁰. The
237 backbone was then used to extract the information about the curvature of the worm, which in turn
238 allowed reconstruction of the signal from the digitally stretched worm (see Methods for details).

239 Representative results of the YFP control and Q40 worms are shown in **Figure 4b**. The fluorescence
240 lifetime maps of the worms were digitally stretched as described above and 10 consecutive fluorescence
241 lifetime maps were averaged in order to achieve a comparable image quality to that obtained in our
242 study on the anaesthetised worms. The fluorescence lifetime maps reconstructed here show no visible
243 artefacts despite the motion of the worms during the acquisition. Additionally, we found that the
244 fluorescence lifetimes obtained this way are in good agreement with those obtained in the experiments
245 on immobilised animals (compare **Figure 4b** to **Figure 2b**). These measurements therefore permit
246 functional imaging of aggregate states in entire worms, and enable their behavior to be monitored over
247 time. Furthermore, the visualisation of worms as stretched templates, as in **Figure 4b**, allows a direct
248 comparison of the degree of aggregation (derived from the FLIM measurement) and of the spatial
249 distribution of the protein deposits.



250

251 **Figure 4.** TG-FLIM applied to live *C. elegans* crawling in agarose micro-chambers. **(a)** Schematic of
 252 the agarose-based micro-chamber device loaded with *C. elegans* (top) and an image of four chambers,
 253 each occupied by a single worm (bottom). **(b)** Registered and digitally stretched fluorescence lifetime
 254 maps of live crawling *C. elegans*. Shown here are example images of YFP and Q40 worms at day 3 of
 255 adulthood. For each worm, 10 sequential FLIM acquisitions were carried out (equalling a total
 256 acquisition time of ~5 s, therefore comparable to that used for anaesthetised worms ~4.2 s), and the
 257 fluorescence lifetime maps were averaged after digital stretching.

258 **Concluding remarks**

259 In conclusion, we have presented here a method for the functional study of protein aggregation in live
260 *C. elegans*. The method reveals differences in the aggregation kinetics and the nature of the inclusions
261 formed during aging in models of Parkinson's (α -syn) and polyglutamine expansion (Q40) diseases.
262 We observed that α -syn became localised to inclusions prior to the decrease in fluorescence lifetime
263 that is associated with amyloid formation, suggesting that the mechanism of α -syn aggregation involves
264 the persistence of relatively disordered intermediate species prior to the formation of amyloid structure.
265 We furthermore noticed a considerable spread in the fluorescence lifetimes of aged α -syn worms,
266 suggesting that some animals remain largely unaffected by amyloid aggregation even at old age. By
267 contrast, the data showed that Q40 accumulates completely into amyloid inclusions early in adulthood
268 of the worm population. This approach could be extended to image young Q40 nematodes in larval
269 stages at higher resolution, to find out if similar non-amyloid inclusions comprised of e.g. oligomeric²⁸
270 or liquid-like states⁴¹ are visible as precursors in this system.

271 For the longitudinal studies described here, we were able to perform the complete set of experiments in
272 less than 2.5 h for each day of measurement (ca. 20 worms for each of the 3 strains studied here). This
273 fast acquisition time provides a high level of reproducibility and has major advantages for high-
274 throughput studies, as it limits the variability in worm age across the experiment while providing
275 sufficient data to define the lifetime changes precisely. This feature constitutes a significant
276 improvement compared to TCSPC where the measurement of ~60 worms would take over ~10 h on a
277 single imaging day. The method also has much higher throughput than FRAP, providing information
278 about the distribution and the aggregation states of all of the inclusions in the imaged region of the
279 animal in one single acquisition. Crucially, TG-FLIM allows us to confirm the amyloid-like nature of
280 the inclusions based on the ability of the FLIM sensor to distinguish between different forms of
281 aggregation¹⁴, whereas FRAP informs solely on diffusion, which may be similarly restricted for
282 multiple forms of aggregates. Given its speed, we anticipate that the TG-FLIM method will provide
283 new avenues for high-throughput studies of *in vivo* protein aggregation, e.g. to screen for small
284 molecules with the ability to inhibit this process⁴².

285 We have in addition demonstrated two novel analytical approaches in combination with fast TG-FLIM
286 to image moving nematode worms. The first one uses non-rigid transformation for gate realignment
287 and correction of motional artefacts within the TG-FLIM dataset, which we note would not be possible
288 with TCSPC measurements. The second uses a pseudo-templating method to allow for FLIM map
289 averaging, and for the alignment of all the imaged worms from a given population for easy evaluation
290 of variability and phenotypical properties, e.g. the size of the worms and the spatial distributions of the
291 fluorescent marker.

292 The results set the stage to apply the fast TG-FLIM approach to more advanced types of chamber
293 devices that could support long-term culturing of *C. elegans*, and enable protein aggregation in the same
294 individual worm to be tracked over time. Agarose micro-chambers have been used to follow the
295 development of *C. elegans* larvae⁴³, but microfluidic devices may be necessary for long-term growth,
296 providing a continuous supply of nutrients and separation of offspring as described e.g. by Cornaglia *et*
297 *al.*⁴⁴. The combination of our fast TG-FLIM approach with microfluidic or micro-chamber devices,
298 such as the one that we have presented here, with fully automated data acquisition will greatly improve
299 the throughput of the method compared to manual scanning, as used in the current study. This approach
300 would constitute an invaluable tool for performing very large functional screens for genetic modifiers
301 or compounds that perturb protein aggregation. Optical sectioning capabilities⁴⁵ can also be added to
302 the imaging procedure in order to reveal the 3D organisation of the system, which will provide important
303 additional information e.g. on the subcellular localisation of protein inclusions.

304 Finally, the fast FLIM imaging demonstrated here can reach a speed of 2 FLIM frames per second (as
305 demonstrated by the 7 gates imaging experiments), and hence can lead to the observation of biologically
306 relevant protein-protein interactions and biosensor dynamics in freely moving worms. Therefore, the
307 use of this fast FLIM method opens up important avenues for time-dependent functional studies using
308 other biosensors, for example to probe Ca^{2+} levels for monitoring neuronal activation while having
309 simultaneous read-outs of the associated behavior of the worms.

310

311 **Methods**

312 **TG-FLIM imaging.** The TG-FLIM system was set up on an Olympus IX83 frame. The laser source
313 was a super-continuum laser source Fianium SC400-4, spectrally selected by a combination of two
314 linear variable filters and set up for epifluorescence excitation by focussing the beam in the back focal
315 plane of the microscope objective. The fluorescence image was relayed onto the photocathode of a high-
316 rate imager (HRI, Kentech) and its phosphor screen was re-imaged onto the camera sensor (PCO
317 pixelfly, USB, PCO). The magnification of the relays was set up such that the element size of the HRI
318 matched the resolution of the microscope and that of the camera pixel size in 2x2 binning mode. Details
319 of the architecture of the microscope are shown in **Supplementary Figure 1**. Imaging of worm heads
320 was performed using a 40X objective (Olympus UApoN340 40X NA 1.35) and that of entire worms in
321 imaging chambers was performed using a 10X (Olympus PlanFLN 10X NA 0.3) objective. The
322 excitation wavelength was selected to be 516 nm (10 nm bandwidth) and the fluorescence was detected
323 using a 550/49 (Semrock) filter. The instrument response function (IRF) was measured by taking an
324 acquisition of a 1 mM solution of Erythrosin B (Sigma-Aldrich) solution in water. Additionally, the
325 microscope was equipped with a CMOS camera (Blackfly S, BFS-U3-51S5M-C, FLIR) for bright-field
326 measurement.

327 **FLIM lifetime image reconstruction.** FLIM reconstruction was performed using the FLIMfit⁴⁶
328 package (v4.12.1) from the Open Microscopy Environment (OME). Data analysis was performed by
329 subtracting a background image acquired separately and spatially-varying the IRF reference
330 reconvolution using a lifetime of ~90 ps. A single exponential decay was fitted to the data on a single-
331 pixel basis.

332 ***C. elegans* culturing and sample preparation.** Nematodes were grown under standard conditions on
333 nematode growth media (NGM) plates seeded with *Escherichia coli* OP50 at 20 °C. Worm strains used
334 in these experiments were AM134 expressing YFP, AM141 expressing glutamine₄₀-YFP (Q40)⁴, and
335 OW40 expressing **human wild-type** α -synuclein-YFP (α -syn)⁵, all under control of the unc-54 promoter
336 to drive expression in body wall muscle cells. Age-synchronized worm populations were generated by
337 a 4 h synchronized egg lay, and animals were transferred to NGM plates containing 75 μ M 5-fluoro-
338 2'-deoxyuridine (FUdR, Sigma) at the fourth larval stage to inhibit the generation of offspring.

339 For imaging, worms were transferred to a drop of M9 buffer (3 g L⁻¹ KH₂PO₄, 6 g L⁻¹ Na₂HPO₄, 0.5 g L⁻¹
340 NaCl, 1mM MgSO₄) containing NaN₃ as an anaesthetic on a freshly prepared pad of 2.5 % agarose.
341 A cover slip was delicately placed on top and the sample was inverted for imaging on the inverted
342 microscope.

343 **Preparation of *C. elegans* lysates and Western blot.** At day 6 of adulthood, 6,000-9,000 animals were
344 harvested for each of the strains YFP, Q40 and α -syn by washing them off NGM plates with M9 buffer.

345 Worm pellets were resuspended in RIPA buffer (Sigma) supplemented with protease inhibitor cocktail
346 (Roche) and lysed using a cell homogeniser (Isobiotec). Lysates were fractionated by centrifugation in
347 an Eppendorf microcentrifuge at 3,000 rpm (845 g) followed by 15,000 rpm (21,130 g). The fractions
348 were inspected for fluorescence using a Leica MZ10 F stereomicroscope.

349 Western blots were probed for YFP with antibody ab6556 (Abcam) and for tubulin with T6047 (Sigma)
350 both diluted 1:5000. To examine protein expression levels during ageing, animals were picked directly
351 into SDS/urea buffer (8 M urea, 2% SDS, 50 mM DTT, 50 mM Tris pH 8.0) and amounts corresponding
352 to the same number of worms were loaded onto the gel for each of the time points (ca. 13 worms for
353 YFP and ca. 37 worms for α -syn). For Q40 we observed that the protein inclusions largely failed to
354 enter the gel even under denaturing conditions, and thus we were not able to quantify the expression
355 levels for this strain.

356 **Imaging chambers.** A silicon master with the desired microstructures was fabricated with standard
357 photolithography techniques. The device was designed as an array of 19 x 16 micro-chambers spaced
358 by 350 μm in both directions. The chambers were shaped as rounded rectangles (700 μm x 500 μm x
359 80 μm depth) to fit within the field of view of the microscope when using the 10X objective (898 μm x
360 671 μm). Micro-chamber devices were made by pouring 5% high-melting agarose in S-basal buffer
361 (5.85 g L⁻¹ NaCl, 1 g L⁻¹ K₂HPO₄, 6 g L⁻¹ KH₂PO₄, 5 mg L⁻¹ cholesterol) onto the master in a petri dish,
362 and carefully cutting it out after solidification. To allow for sufficient oxygen supply during prolonged
363 imaging times, slits were cut on the back of the device. A drop of *E. coli* OP50 resuspended in Luria
364 Broth medium (10 g L⁻¹ bacto-tryptone, 5 g L⁻¹ bacto-yeast, 5 g L⁻¹ NaCl) was applied onto the device,
365 after which it was left to dry. Worms were washed off NGM plates with M9 buffer (3 g L⁻¹ KH₂PO₄, 6
366 g L⁻¹ Na₂HPO₄, 0.5 g L⁻¹ NaCl, 1mM MgSO₄) and allowed to sediment, after which a ~100 μL drop of
367 solution containing the worms was put onto the device. We observed that the worms tended to swim
368 towards the bottom of the chambers as the drop was drying. However, spreading them with a platinum
369 wire ensured a more homogeneous distribution with most chambers containing a single worm, or being
370 empty. In our hands, the optimum chamber filling was achieved by loading ca. 150-200 worms onto the
371 device, which contains 304 micro-chambers. As soon as the device was dry, a coverslip was put on top
372 and a glass slide at the bottom, after which the sample was imaged in an inverted fashion.

373 **Correction of motion artefacts and digital stretching.** The correction of motion artefacts was
374 performed by using a non-rigid transformation using the MATLAB B-spline image registration written
375 by Dirk-Jan Kroon (MathWorks File Exchange) and initially implemented by Rueckert *et al.*⁴⁷. The
376 brightest image of the fluorescence decay was used as a template. Each gate was re-scaled by histogram
377 equalization prior to registration. The transformation obtained for each re-scaled gate was then applied
378 to the corresponding original data. The registered dataset was then saved as OME-tiff for subsequent
379 FLIM analysis.

380 The digital stretching was performed as followed: each total intensity image was re-scaled by histogram
381 equalization followed by binarization (Otsu thresholding) and active contouring in order to obtain a
382 faithful outline of the worm. The backbone of the worm was obtained by skeletonization and then used
383 to calculate the position of the center of the worm along the geodesic line of the backbone. The backbone
384 was subsequently smoothed by undersampled cubic spline interpolation. The coordinates along the
385 geodesic line were used to estimate the angle of the worm at every point along the backbone and to
386 rotate the image of the worm. For each position the section of the worm image normal to the backbone
387 was obtained and the sections were used to reconstitute the stretched image of the worm. The
388 transformation obtained this way could then be applied to the fluorescence lifetime image and total
389 intensity map.

390 **Statistical analysis.** All statistical analysis (one-way ANOVA and F-test for comparing with a zero-
391 slope curve) was performed on GraphPad Prism 7.

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406

407 *Supporting Information Available:* This material is available free of charge via the Internet. Details of
408 TG-FLIM microscope architecture and Supplementary Figures 1-5.

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