

I Live In It: a loud proud thank you to our bodies

Welcome to I Live In It, a celebration and performance. This original piece of dance has been created by local older women and students from Mulberry School for Girls in celebration of International Women's Day.

Thursday 17 March 2016 at 2.30pm
Mulberry School join us for a 15 minute performance, plus an opportunity to add your thoughts to the question "Is it possible to feel thankful to your body?"

Performers:

Alma Ramnauth, Amarjit Kochhar, Annie Gargya, Devika Jeetun, Emma Begum, Fahima Khurshed, Heather Qualtrough, Mahreen Chaiwalla, Nazia Ahmed, Nuzhat Nuruzzaman, Rachel Ogunleye, Rajahan Begum, Roberta Stewert, Ruksaath Abraham, Sarah Salem, Sue Mayo, Sumaiyah Ahmed, Tahiyah Rahman, Tinka Werner & Winnie Roach.

I Live In It is part of the year-long research and performance project: The Gratitude Enquiry, led by artist Sue Mayo. Image by Chuck Lowry.

Who's who

Magic Me is the UK's leading creator of intergenerational arts projects, an award winning charity based in Tower Hamlets. www.magicme.co.uk/i-live-in-it/
@magicmearts #intergenerationalarts

Sue Mayo is a theatre maker who works primarily in collaborative and participatory settings. She has worked for over twenty years with Magic Me developing inter-generational arts practice and training emerging artists.
www.suemayo.co.uk @sue_mayo

Eleanor Sikorski is a choreographer, performer and filmmaker. Her solo performance spans dance, cabaret and comedy. She is one half of Nora - a dancer-led duet and original member of BELLYFLOP Magazine.
www.eleanorsikorski.com

Jamie McCarthy has worked for many years as a composer, performer and teacher, with an emphasis on work that combines different art-forms.
www.soundcloud.com/jamie-mccarthy-1/sets



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