# Evaluation of freezing point in milk from buffalos reared in Calabria, Italy

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# Abstract

Evaluation of freezing point is one of the most common technique used to detect milk adulteration such as addition of external water to increase volume. The aim of this study was to evaluate the freezing point of buffalo milk using infrared spectroscopy and to assess how it is influenced by other milk components. A total of 361 individual buffalo milk samples were collected monthly from March to August of 2017 in a dairy farm in Catanzaro district, Italy. Samples were tested for freezing point, urea, acetone and beta-hydroxybutyrate, percent of fat, protein, lactose, casein, by Fourier Transformed Spectroscopy. The pH and daily milk production were also recorded. Freezing point ranged from -0.574°C to -0.512°C and the mean values was -0.545°C ±0.010. According to lactation stage, freezing point decreased until 210 days post-partum reaching the minimum value of -0.550°C, then it slightly increased during lactation; according to sampling month the highest and lowest values were recorded in August and June, respectively. A positive correlation between freezing point and lactose content were evidenced (r=0.1806. P<0.05). Moreover, a faintly positive correlation was also found between freezing point and beta-idroxibutirrate (r=0.0869, P<0.05) and acetone (r=0.0096, P<0.05), whereas a negative correlation with fat (r=-0.2356, P<0.05), protein (r=-0.1855, P<0.05), casein (r=-0.2127, P<0.05) and urea (r=-0.1229, P<0.05) was evidenced.

## Introduction

Buffalo milk, the second most produced milk after bovine milk, accounting the 14% of global milk production in 2014 (FAO-STAT, 2017), is of great importance due to its nutritional and technological aspects; it differs from cow milk in its higher concentration of protein, fat, lactose and ash (Ahmad et al., 2013, 2008). Interest in buffalo milk is growing globally due to high milk solids that make it ideal for processing into dairy products (Zicarelli, 2004; Ahmad et al., 2013). In Italy, almost all buffalo milk is transformed into mozzarella cheese. The limited availability and high price, about three times that of cow milk, make it and its dairy products an attractive target of frauds and adulterations. Buffalo milk adulteration typically involves dilution and/or addition of inexpensive, low-quality, and sometimes dangerous products in order to increase the volume, mask inferior quality or replace the natural substances in milk for economic gain; the simplest case is addition of water to increase the volume (Nascimento et al., 2017). Freezing point (FP) monitoring is actually the fastest way to evaluate water adding to milk and is also used for calculating the price of raw milk purchased and processed into dairy products (IDF, 2006). Actually, data regarding the mean value of freezing point in buffalo milk are limited. In Italy, Pesce et al. (2016) shown a FP mean value of -0.536 °C whereas, in India, Prajapati et al. (2007) found a FP ranging between -0.584 °C and -0.532°C with a mean value of -0.558°C.

Many factors may affect the FP making difficult to establish a reference value. Until 2004, the maximum allowed FP of both raw and heat-treated drinking cow's milk was ≤-0.520°C in compliance with EU legislation (Council 92/46 92/47/EEC Directive of 16 June 1992). Actually, according to Regulation (EC) n° 1308/2013 (European Parliament and European Council, 2013), the FP of drinking milk must be close to the mean FP recorded in raw milk in the original area of production. However, the actual legislation makes no mention of the freezing point of buffalo, which remains an important quality index of raw milk. Therefore, it becomes important to establish a mean value for FP linked to the production area that can be used in case of doubt of water addition.

The aim of our study was to provide indication of FP values in a population of buffaloes reared in Calabria region, Italy and to monitor how it changes according to lactation stage, seasons (spring and summer) and how it is influenced by the principal milk components.

# **Materials and Methods**

Individual milk samples were collected from a dairy farm located in Calabria region, Italy. For this aim, a total of 74 Italian Mediterranean buffaloes (*Bubalus*) Correspondence: Nicola Costanzo Department of Health Sciences, Magna Græcia University, Viale Europa, Loc. Germaneto, Edificio delle Bioscienze 88100, Catanzaro (CZ), Italy. Tel. +39.0961.3694203 E-mail: costanzo.nic@unicz.it

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*bubalis*) were randomly selected and monthly sampled from March to August 2017. All animals enrolled in the study were clinically health as evaluated on rectal temperature, heart rate, respiratory profile, appetite and fecal consistency.

At the time of first sampling, 13 animals were at the first lactation and the remaining were multiparous (from  $2^{nd}$  up to  $8^{nd}$  lactation), in addition the animals were in different stages of lactation ( $125 \pm 83$  days in milk). A total of 362 milk samples were collected and the daily production (liters) was also recorded for each animal during the experimental period.

Samples were collected through manual milking: teats were cleaned with water and disinfected with 70% alcohol and carefully dried to avoid the presence of water residues prior to milk samples collection. The first 3 jets of milk were discarded and approximately 50 mL milk was pooled from the 4 mammary glands using sterilized polypropylene tubes and subsequently stored at 4°C until analysis that occurred within the same day of sampling.

Before analysis, the milk samples were gently mixed and heated to 40°C for 15 minutes. All samples were analyzed for freezing point (°C), fat (%), protein (%), lactose (%), casein (%), urea (mg/dL), betaidroxibutirrate (mM) and acetone (mM) using a MilkoScan FT plus infrared analyzer (Fossomatic; Foss Electric, Hillerød,



Denmark). The MilkoScan FT is based on Fourier transform infrared technology that exploits the vibration of various chemical groups at specific wavelengths in the mid-infrared region of the spectrum (from 1000 to  $5000 \text{ cm}^{-1}$ ).

The pH of milk was measured at room temperature using a portable pH instrument (Orion Research Inc., Boston, MA).

Statistical analysis was performed using GraphPad Prism version 7.00 for Windows (GraphPad Software, La Jolla, CA, USA). Mean, standard deviation, minimum and maximum values for each parameter analyzed were calculated. The milk samples were divided into 4 groups, according to lactation stage. Group I: milk samples up to 70 days in milk (DIM); group II: from 71 to 140 DIM; group III: from 141 to 210 DIM; group IV: from 210 to 280 DIM and group V which included animals from the 280st DIM to the end of lactation. Moreover, milk samples were divided also according to sampling month in 6 groups from March to August. In order to assess if the differences of FP values among the different lactation stages or sampling months exist, Kruskal-Wallis one-way analysis of variance (ANOVA) on rank with Dunn's Method multiple comparison post-test was applied. A P-value less than 0.05 was considered significant.

The Spearman's rank correlation coefficient was also used to assess correlation between FP and the other milk parameters and was considered statistical significative a P value < 0.05.

#### Results

FP values were not normally distributed; therefore, the reference ranges were constructed using median and 2.5% - 97.5% intervals and reported in Table 1.

The mean, standard deviation, minimum and maximum values of milk production, fat, protein, lactose, casein, urea, acetone, beta-idroxibutirrate content and pH results are reported in Table 2.

Table 3 shows FP according to days in milk (DIM): the FP value decreases (P<0.001) with the progress of lactation stage, in particular until to 210 DIM and then remains constant.

Table 4 reports FP of buffalo milk samples according to months: the median value of FP for the samples collected in June was lower respect to other months with the exception of July (P<0.05). Moreover, the median value recorded in August was the highest and significantly differed (P<0.05) from milk samples collected in May, June and July. FP positively correlated with milk production (r=0.2345), lactose (r=0.1806), beta-idroxibutirrate (r=0.0869) and acetone (r=0.0096) contents whereas showed negative correlation with fat (r=-0.2356), protein (r=-0.1855), casein (r=-0.2127) and urea (r=-0.1229) contents.

# Table 1. Freezing point values descriptive statistic.

Number of values	362
Minimum	-0.574°C
Median	-0.546°C
Maximum	-0.512°C
2.5% Percentile	-0.564°C
97.5% Percentile	-0.522°C
Mean	-0.546°C
Std. Dev.	0.010°C

Table 2. Mean, standard deviation, minimum and maximum of milk production, fat, protein, lactose, casein, urea, acetone, beta-idroxibutirrate content and pH values of 362 buffalo milk samples.

N = 362	Milk Production (L)	Fat (%)	Proteins (%)	Lactose (%)	Casein (%)	Urea (mg/dL)	Acetone (mM)	BHB (mM)	pН
Mean	10.21	8.41	4.65	4.48	3.77	48.31	0.20	0.04	6.73
Std dev	3.52	1.59	0.52	0.38	0.49	10.40	0.13	0.07	0.12
Minimun	1.5	3.39	2.06	1.96	1.64	19.56	0.00	0.00	6.40
Maximum	19.8	13.10	6.10	5.54	5.82	77.70	0.83	1.05	7.30

#### Table 3. Freezing point median values according to days in milk (DIM).

DIM (day)	N.	Median (°C)	25%	75%
Group 1 (≤70)	106	-0.542ª	-0.546	-0.536
Group 2 (70-140)	126	-0.547 <sup>b</sup>	-0.552	-0.542
Group 3 (141-210)	75	$-0.550^{\mathrm{bc}}$	-0.557	-0.542
Group 4 (211-280)	34	$-0.546^{\mathrm{bd}}$	-0.556	-0.542
Group 5 (>280)	21	-0.547 <sup>ab</sup>	-0.556	-0.540

Different superscript indicates significant differences P<0.05; n=number of milk samples.

#### Table 4. Freezing point median values according to months.

Months	<b>N.</b>	Median (°C)	25%	75%
March	51	$-0.543^{ m abcf}$	-0,548	-0,538
April	57	$-0.544^{ m abcf}$	-0,547	-0,541
May	59	$-0.547^{ m abce}$	-0,552	-0,540
June	59	$-0.552^{\mathrm{de}}$	-0,557	-0,545
July	68	$-0.548^{ m cde}$	-0,555	-0,543
August	68	$-0.542^{\mathrm{abf}}$	-0,548	-0,536

Different superscript indicates significant differences P<0.05; n=number of milk samples.



## Discussion

At our knowledge, this study is the first to determine FP of buffalo milk on individual samples and provides the first indication of a reference range in our region. The collection of individual milk samples bypasses the problem related to water presence in milk samples when milking machine or tank are not properly dried after cleaning. FP ranged between a minimum of -0.574°C to a maximum of -0.512°C with a mean value of -0.545°C.

The FP mean value here reported is lower than values reported by Pesce *et al.* (2016) who evidenced a mean value of -0.536°C in bulk tank buffalo milk collected in Campania region (Italy) and higher than values reported by Hofi *et al.*, (1966) who evidenced a FP ranging from -0.552 to -0.558°C. Differently, our results are very close to the results reported by Kedzierska-Matysek *et al.* (2011) who found a mean FP value of -0.544°C in Jersey milk, a cow breed having a milk protein and lactose content similar to buffalo milk.

It is well known that many factors affect the FP of milk such as milk components (Senevirathne et al., 2016), feed (Campanile et al., 1998), preservation (Radeljevic et al., 2012), thermal treatment (Zagorska et al., 2013), time of milking (Slaghuis, 2001), lactation stage (Potena et al., 2001), breed, year and period (Henno, 2008), but no one of the parameters investigated shown a strong correlation with FP. Indeed, whilst urea, protein, fat and casein were negative correlated with FP as reported by other authors in cow and ewe milk al., (Kedzierska-Matysek et2011; Wiedemann et al., 1993) lactose, between milk components, showed the highest positive correlation value.

Additionally, our results demonstrated that FP was affected by lactation stage and evidenced a positive correlation with milk production: in agreement with Potena et al. (2001) and Senevirathne et al. (2016) who reported a significant correlation between FP and lactation stages in buffaloes and cows respectively, FP significantly decreased until to 210 DIM reaching the minimum median value. Moreover, as reported by Kędzierska-Matysek et al. (2011) in cow milk, we evidenced that FP fluctuated throughout the lactation stages: as lactation progressed the FP of the milk decreases coinciding with the increase of protein and fat contents and decrease of milk production.

Data obtained in the present study also demonstrate that FP significantly changes during the progression by spring to summer seasons reaching the maximum mean value

## Conclusions

In Italy, buffalo breeding plays an important role in the economic and social field. Milk is, and remains, the principle product and is almost all transformed into mozzarella cheese. This cheese, being obtained from milk with a higher fat to protein ratio, results softer, more appetizing and is increasingly more appreciated by consumers.

Due to the increasing request in Italy and for the export to other countries, buffalo milk could be subject to frauds as addition of water to increase the volume. This fraud can be unmasked by monitoring of milk FP. In this context, became fundamental having a valid reference range.

The present study provides the first indication to set a reference range for basic freezing point of buffalo milk.

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