

1 **Stepwise changes in the viable but nonculturable *Vibrio cholerae* cells**

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List of Abbreviations

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24 CFU, colony-forming units; DMEM, Dulbecco's modified Eagle medium; *E. coli*,25 *Escherichia coli*; FBS, fetal bovine serum; FCVC, factor converting VBNC *V. cholerae*;

26 MEM, Minimum Essential medium; PBS, phosphate-buffered saline; TCBS, thiosulfate

27 citrate bile salts sucrose agar; *V. cholerae*, *Vibrio cholerae*; VBNC, viable but

28 nonculturable.

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ABSTRACT

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33 Many bacterial species are known to become viable but nonculturable (VBNC)-state
34 under conditions that are unsuitable for growth. In this study, we found that the
35 requirements for resuscitation of VBNC-state *Vibrio cholerae* cells change over time.
36 Initially, VBNC cells could be converted to culturable by treatment with catalase or
37 HT-29 cell extract. Cells subsequently entered into a state that was not convertible to
38 culturable by these factors. However, fluorescence microscopy revealed the presence of
39 live cells under these conditions, and these VBNC-state cells were resuscitated by
40 co-cultivation with HT-29 human colon adenocarcinoma cells. Ultimately, all cells
41 entered into a state in which they could not be resuscitated even by co-cultivation with
42 HT-29. These characteristic changes in VBNC-state cells were a common feature of
43 strains in both *V. cholerae* O1 and O139 serogroups. Thus, we conclude that the VBNC
44 state of *V. cholerae* is not a single property but continues to change over time.

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46 Keywords: Resuscitation, VBNC, *Vibrio cholerae*

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INTRODUCTION

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51 Viable but nonculturable (VBNC) is defined as a state in which bacteria remain alive,
52 but fail to grow, on standard bacteriological media that normally support their growth (1).
53 Significance of the VBNC state is unclear and controversial. It could be an adaptive
54 response favoring long-term survival under unsuitable condition for growth (2, 3) or the
55 consequence of cellular damage, which maintains some features of viable cells (4-6).
56 Ducret *et al.* named these two views of physiological significance of VBNC state as
57 adaptive-VBNC or damaged-VBNC, respectively (7). Nevertheless, physiological
58 significance of VBNC state-cells is not clear, it is observed in many bacterial species and
59 also some yeasts (1, 8, 9). The VBNC state was first described in *Escherichia coli* and
60 *Vibrio cholerae* more than 30 years ago (10) and has since been confirmed in wide variety
61 of bacterial species, including a large number of human pathogens, such as
62 enterohemorrhagic *E. coli*, *Helicobacter pylori*, *Mycobacterium tuberculosis*, *Salmonella*
63 *enterica* serovar Enteritidis, and *Shigella* species (1, 11).

64 The VBNC state may represent a strategy utilized by wide variety of bacteria to
65 survive under conditions that are unsuitable for growth. Therefore, bacteria in the VBNC
66 state constitute an important reservoir of environmental pathogens (12), and as such are a
67 threat to public health and food safety (13, 14). Several disease outbreaks have been
68 reported in which VBNC-state bacterial cells were implicated as the causative agent (15).
69 However, formation and resuscitation mechanisms of VBNC-state cells are poorly
70 understood.

71 Since VBNC cells are alive, they are capable of subsequent propagation in certain
72 condition. Resuscitation of *V. cholerae* VBNC cells was first achieved by inoculation of

73 VBNC cells into rabbit ileal loops (16). Subsequent experiments showed that VBNC *V.*
74 *cholerae* cells could be resuscitated by ingestion by a human volunteer (17). Numerous
75 investigations have explored the identity of resuscitation factors (18). For instance, a
76 simple temperature upshift (19) and H₂O₂-degrading agents, such as pyruvate and
77 catalase (1, 20) were found to resuscitate VBNC cells. Recently, Ayrapetyan *et al.* found
78 that quorum sensing mediates the resuscitation of VBNC-state *V. vulnificus* cells (21).
79 Senoh *et al.* reported the resuscitation of VBNC-state *V. cholerae* cells to a culturable
80 state by an extract of eukaryotic cell lines including HT-29 (22, 23).

81 In this study, we found that the requirements for resuscitation of VBNC state in *V.*
82 *cholerae* changes over time. At first, cells were convertible to culturable by addition of
83 catalase or HT-29 extract (23), but this state was transient. Next, cells were not
84 resuscitated by catalase or HT-29 extract, but were converted to culturable by
85 co-cultivation with HT-29 human colon adenocarcinoma cells. Ultimately, all cells died
86 or entered the other VBNC state, for which resuscitation factors are unknown. These
87 observations suggest a more intricate properties of VBNC-state cells than was previously
88 appreciated.

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MATERIALS AND METHODS

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92 **Bacterial strains and culture media.** *V. cholerae* N16961 (O1 serogroup) and *V.*
93 *cholerae* VC-280/pG13 (O139 serogroup) (22) were used in this study. Alkaline peptone
94 water (pH 8.8) was used for liquid cultivation. HT-29 cell extracts were prepared as
95 described previously (23). Briefly, confluent HT-29 cells in 10-cm-diameter petri dish
96 were collected and disrupted by shaking with 0.1-mm glass beads in phosphate-buffered
97 saline (pH 7.0) (PBS). After centrifugation, the supernatant was passed through a 0.2- μ m
98 membrane filter, yielding approximately 0.5 ml of HT-29 extract. Where indicated, NA
99 was supplemented with 1/10 volume of HT-29 extract, indicated concentrations of
100 catalase from bovine liver (Sigma, C9322) and/or pyruvate. Thiosulfate citrate bile salts
101 sucrose agar (TCBS) was used to grow resuscitated *V. cholerae*.

102 **Measurement of colony-forming units (CFU).** Nutrient Agar (NA; Difco, Franklin
103 Lakes, NJ) supplemented with 1% NaCl was used for determining CFUs. *V. cholerae*
104 cultures induced into the VBNC state were diluted with sterilized PBS if necessary. 100
105 μ l cultures were spread on NA plates with or without supplementation and then incubated
106 at 37 °C for overnight.

107 **Preparation of VBNC-state *V. cholerae*.** A VBNC state was induced in *V. cholerae*
108 N16961 and VC-280/pG13 cells as described previously (22). Briefly, *V. cholerae* were
109 inoculated into alkaline peptone water and incubated at 37°C for 16 hours. Cells were
110 washed with a sterile solution of 1% artificial seawater (Instant Ocean [IO]; Aquarium
111 Systems, Mentor, OH), suspended in 200 ml 1% IO in a 1-liter flask to give a final
112 concentration of approximately 10^8 cells/ml, and then incubated at 4°C in the dark
113 without shaking.

114 **LIVE/DEAD staining and fluorescence microscopy.** Following induction of a
115 VBNC state, 1-ml aliquots of *V. cholerae* N16961 cells were washed with sterile saline
116 solution (0.9%), and pellets were resuspended in 1 ml of saline solution. LIVE/DEAD
117 BacLight dye (3 μ l), a 1:1 mixture of SYTO 9 and propidium iodide, was added and
118 incubated at room temperature in the dark for 15 minutes. Thereafter, cells were
119 transferred to microscope slides. The fluorescence of SYTO 9 and propidium iodide were
120 observed using an EVOS FL fluorescence microscope with a Plan Fluor 40 \times objective
121 lens. Images of SYTO 9 and propidium iodide fluorescence were captured using exposure
122 times of 1 and 1.5 seconds, respectively.

123 **Incubation and co-cultivation of HT-29 cells.** HT-29 cells were cultured in
124 Dulbecco's modified Eagle medium (DMEM; Gibco) supplemented with 1.5 g/l
125 NaHCO₃ (Sigma), 3.56 g/l 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (Sigma),
126 10% fetal bovine serum (FBS; Gibco), 100 μ g/ml streptomycin, and 100 U/ml penicillin
127 (Pen Strep; Gibco) at 37°C in 5% CO₂. For co-cultivation with VBNC *V. cholerae* cells,
128 confluent HT-29 cells in a 10-cm-diameter petri dish was washed twice with 5 ml PBS
129 and 10 ml Minimum Essential medium (MEM; Gibco Life Science) supplemented with
130 10% FBS and 100 U/ml catalase without antibiotics was added. 100 μ l of VBNC culture
131 was inoculated into the medium. 100 μ l of VBNC culture was also inoculated into same
132 medium without HT-29 cells as a negative control. Then incubated at 37°C in 5% CO₂.
133 The cultures were observed and streaked on TCBS plate by inoculation loop every day to
134 check the resuscitation of VBNC *V. cholerae*.

135

RESULTS

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138 **Persistence of VBNC-state *V. cholerae* cells.** We first addressed how long VBNC
139 cells are capable of persisting in a state that is convertible to culturable by converting
140 factors. We induced the VBNC state in *V. cholerae* N16961 (O1 serogroup) by keeping
141 cells in artificial seawater at 4°C, as described previously (22), and monitored the
142 persistence of cells by measuring CFUs (Table 1, left). Colonies were formed until 10
143 weeks after induction of the VBNC state, but no culturable cells were detected after 11
144 weeks (Table 1, left). However, addition of catalase supported colony formation until 13
145 weeks indicating that catalase resuscitated the VBNC state cells.

146 In addition, time course changes of CFUs with and without catalase were shown in
147 Fig. S1 in the supporting information. CFUs started to decrease just after the induction
148 into VBNC state (Fig. S1) suggesting that cells in the population were not coordinated
149 and progresses to become VBNC cell is highly diverse. Thus some cells became VBNC
150 just after the induction but some cells remained culturable for 10 weeks. However, all
151 cells became non-culturable after 11 weeks and catalase resuscitated the VBNC cells at
152 all time points until 13 weeks (Fig. S1 and Table 1).

153 In order to determine the efficiencies of resuscitation by anti-reactive oxygen species,
154 CFU of VBNC culture at 5 weeks was determined with various concentrations of catalase
155 and pyruvate (Table S1). Middle point of VBNC formation (5 weeks) instead of 11 weeks
156 was subjected to the measurements to compare CFUs with and without anti-reactive
157 oxygen species, because colonies are not detected after 11 weeks without resuscitation
158 factor (Table 1). Both catalase and pyruvate resuscitated the VBNC cells and increased
159 CFU, consistent with previous work (20, 24). Increased concentration of catalase from

160 0.01 U/ml to 100 U/ml or pyruvate from 0.001 % to 0.1 % had greater CFUs. However,
161 100 U/ml and 1000 U/ml catalase and 0.1% pyruvate had equal level of resuscitation
162 activity of VBNC cells. Therefore 100 U/ml catalase was used as excess amount of
163 anti-reactive oxygen species in this study.

164 Similar results were obtained by addition of HT-29 extract (Table 1). These results
165 indicate that HT-29 extract is able to resuscitate VBNC *V. cholerae*, consistent with
166 previous reports (23). Supplementation of HT-29 extract in addition to catalase did not
167 increase CFU, suggesting that 100 U/ml catalase is sufficient for resuscitation of
168 convertible VBNC cells to culturable by these factors (Supplemental Table S1).
169 However, no colonies were formed even with these resuscitation factors 14 weeks after
170 inducing the VBNC state (Table 1). These results indicate that the convertibility of the
171 VBNC state to culturable by catalase or HT-29 extract is transient.

172 To address whether these cells had died or entered into a different type of VBNC state
173 that is not convertible to a culturable state by these factors, we first determined the
174 viability of VBNC-state cells using a LIVE/DEAD BacLight Kit (Invitrogen), which
175 stains living cells (intact membrane) green and dead cells (defective membrane) red. A
176 substantial percentage of cells at 11 weeks (39.7%) stained green (Fig. S2a, arrows).
177 Since lysed cells are not observed in this method, actual ratio of living cells compared to
178 the initial population should be lower than this percentage. In addition, some green cells
179 may not be VBNC state and might be damaged cells before dying. However, these results
180 suggest that at least this culture contains some living cells consistent with the fact that this
181 time is within the period in which the VBNC state is convertible to culturable by catalase
182 or HT-29 extract (Table 1). At 15 and 19 weeks, when cells could not be resuscitated by
183 catalase or HT-29 extract (Table 1), 4.0% and 8.4% of cells, respectively, stained green,

184 indicating that some cells in these cultures were still alive (Fig. S2b and c). Even at 23
185 weeks, a small percentage of cells (1.6%) remained alive (Fig. S2d). These results
186 indicate that after 14 weeks, cells have not completely died out, suggesting that some
187 cells have entered into a type of VBNC state that cannot be converted to culturable by
188 catalase or HT-29 extract. To distinguish the two kinds of VBNC state in this study, we
189 referred to hereafter the VBNC state that is convertible to culturable by catalase or HT-29
190 extract as first phase and the state that is inconvertible using these factors as second
191 phase. Thus, first phase cells are convertible to culturable, whereas second phase cells are
192 inconvertible but can be detected as alive under a fluorescence microscope.

193 **Co-cultivation of second phase VBNC cells with HT-29 cells.** If a population of
194 second phase VBNC cells indeed remains alive, as suggested in Figure S2, they may
195 resume growth when they sense a signal of entry into the human intestine. Therefore, we
196 next co-cultivated second phase VBNC cells and HT-29 human colon adenocarcinoma
197 cells. Since HT-29 cells produce catalase, the medium was supplemented with excess
198 amount of catalase (100 U/ml) to distinguish resuscitation of first phase VBNC cells by
199 HT-29 cells from that produced by catalase. Second phase, 14-week VBNC cells did not
200 grow even after incubating for 2 weeks in MEM medium with excess amount of catalase
201 without HT-29 cells. This result indicates that the culture conditions such as catalase,
202 MEM medium or temperature upshift did not resuscitate VBNC cells consistent with the
203 results in Table 1. However, under co-culture conditions, the media became turbid and
204 HT-29 cells detached from the bottom of the dish after incubating for 4 days (data not
205 shown). These cultures were streaked onto plates of TCBS selective medium to
206 determine whether the growing bacterium represented a contamination or resuscitated *V.*
207 *cholerae* N16961. Typical *V. cholerae*-like yellow colonies formed from the co-culture,

208 but not from the culture lacking HT-29 cells (Fig. S3 panel a in Supporting information).
209 This result was further confirmed by PCR amplification of the *ctxA* gene, a gene for
210 cholera toxin and specific for *V. cholerae* that cause cholera (25). Genomic DNA from
211 single colony of resuscitated *V. cholerae* on the TCBS plate was purified and used as a
212 template for PCR. As shown in Fig. S3 (panel b, lane 4), the *ctxA* gene was present,
213 indicating that the bacterium is not a contamination introduced during the experiment but
214 is resuscitated second phase VBNC *V. cholerae*. These same experiments were repeated
215 at different time points. Resuscitation was observed from 14 to 21 weeks (supplemental
216 table S2, left). In all cases, 3 to 5 days of co-cultivation was required for resuscitation.
217 These results demonstrate that second phase VBNC cells are viable and are convertible to
218 culturable by co-cultivation for up to 5 days with HT-29 cells. However, second phase
219 VBNC also appears to be a transient phase because attempts to resuscitate failed after 22
220 weeks (supplemental table S2, left). Taken together, these results suggest that *V. cholerae*
221 N16961 transitions through multiple VBNC phases over time, as summarized in Figure
222 S4. *V. cholerae* N16961 was culturable for up to 10 weeks under our experimental
223 conditions. Immediately after induction of the VBNC state, cells were convertible to
224 culturable by catalase or HT-29 extract (first phase). Next, VBNC cells become
225 inconvertible to culturable by catalase or HT-29 extract, but could be resuscitated by
226 co-cultivation with the HT-29 cell line (second phase). Eventually, all cells either died or
227 entered into a VBNC phase that was inconvertible to culturable by these factors (third
228 phase).

229 **VBNC phases of *V. cholerae* O139.** It is conceivable that the observed time-course of
230 changes in the VBNC state is a specific behavior of the *V. cholerae* N16961 (O1
231 serogroup) strain. To determine whether the different phases of the VBNC state are

232 common among *V. cholerae* strains that cause cholera, we carried out the same
233 experiments using *V. cholerae* VC-280/pG13 (O139 serogroup) (26). VBNC formation
234 progressed faster for *V. cholerae* VC-280/pG13 than *V. cholerae* N16961 (Table 1, right).
235 *V. cholerae* VC-280/pG13 did not form colonies 8 weeks after induction of VBNC, but
236 many colonies still formed following addition of catalase or HT-29 extract. However, no
237 colonies were detected after 10 weeks, even in the presence of catalase or HT-29 extract
238 (Table 1, right). Therefore, we tested whether the VBNC cells that could not be
239 resuscitated by catalase (second phase VBNC) were convertible to culturable by
240 co-cultivation with HT-29 cells. Second phase VBNC cells at 15 and 16 weeks resumed
241 growth upon co-cultivation with HT-29 cells (Table S2, right). Using PCR amplification
242 of *ctxA* gene, we confirmed that these strains were resuscitated VBNC *V. cholerae*
243 VC-280/pG13 and not a contamination (Fig. S3 panel b in supporting information).
244 However, VBNC cells were not resuscitated after 17 weeks even by co-cultivation with
245 the HT-29 cell line (Table S2, right). These [stepwise](#) changes of VBNC cells are the same
246 to those observed in *V. cholerae* N16961.

247

DISCUSSION

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250 The results of this study suggest that *V. cholerae* cells transition through multiple
251 VBNC phases over time (Fig. S4). These changes are characterized by the following
252 features: 1) All *V. cholerae* cells become nonculturable from 8 to 11 weeks after induction
253 of the VBNC state under the conditions used in this study; 2) the early phase of VBNC
254 (first phase) is convertible to culturable by catalase or HT-29 extract, but this phase is
255 transient; 3) VBNC cells that were inconvertible to culturable by catalase or HT-29
256 extract are resuscitated by co-cultivation with HT-29 cells (second phase); and 4) cells
257 eventually die or enter into a VBNC state that is inconvertible to culturable even by
258 co-cultivation with HT-29 (third phase). Thus, conversion factors for a culturable state
259 were demonstrated for first and second phases, but no factors have yet been found for
260 third phase (Fig. S4). These behaviors were common features, at least in two strains of *V.*
261 *cholerae* in O1 and O139 serogroups that cause cholera. In this study, we examined two
262 strains of *V. cholerae* and one of the strains *V. cholerae* VC-280/pG13 is a genetically
263 engineered strain to check morphology of cells (22). Therefore, examination with more
264 strains including other strains without genetic engineering in same serogroups such as
265 clinically isolated strains are necessary to conclude whether it is a common behavior
266 among *V. cholerae* strains causing cholera. It will be important to determine how wide a
267 range of bacteria has these features; it might be specific for *V. cholerae* or it could
268 common among most VBNC-state bacterial cells. If it were a common characteristic of
269 enteric bacteria, it could represent a strategy for resuscitation in the intestinal tract and not
270 in other environments.

271 Second phase VBNC cells could be resuscitated by co-cultivation with HT-29 cells

272 (Table S2). This observation support the hypothesis that *V. cholerae* persist in a VBNC
273 state in the environment and resume growth upon entry into the human intestine to cause
274 cholera. Because resuscitation of second phase VBNC cells by co-cultivation with HT-29
275 cells required 3 to 5 days in all cases (Table S2), it process seems to be very slow. The
276 resuscitation by co-cultivation may involve complex interactions between VBNC cells
277 and HT-29 cells. Determining what kinds of mammalian cell lines are capable of
278 resuscitating second phase VBNC cells may shed light on resuscitation mechanisms. Our
279 co-culture experiment is not able to measure frequency of resuscitation of VBNC cells
280 because once a cell restarted propagation, population increases rapidly and thus
281 resuscitation of other VBNC cells is not detected. Comprehensive observation of
282 individual VBNC cells or enormous experiment with statistical analysis is necessary to
283 study in more detail.

284 The second phase of VBNC state was also transient; eventually all cells died or entered
285 into the third phase VBNC state (Fig. S4). Although live cell counts of third phase VBNC
286 cultures were significantly lower than those of first and second phase VBNC state
287 cultures, a few cells appeared green under a fluorescence microscope with the
288 LIVE/DEAD stain (Fig. S2). Bunker and co-workers reported that *Pseudomonas*
289 *fluorescens* cells remained in a VBNC state in soil for more than a year (27). These
290 observations suggest the possibility that VBNC-state cells are capable of persisting for at
291 least several months without nutrition. Colwell and co-workers reported that VBNC-state
292 *V. cholerae* revert to a cultivable state in the human intestine (17). Third phase VBNC *V.*
293 *cholerae* cells might also be resuscitated in the human intestine. If third phase VBNC
294 cells of *V. cholerae* are alive and capable of being resuscitated by unknown factors, they
295 may be involved in the transmission of cholera through environmental water in particular

296 areas, including Kolkata, India, where there is a long history of regular cholera outbreaks.

297

298

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303

304

DISCLOSURE

305 All authors declare that there are no conflicts of interest.

306

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387 **Supporting information**

388

389 **Table S1.** CFUs with various concentrations of resuscitation factors.

390 CFUs of 5 weeks VBNC *V. cholerae* N16961 were measured as described in Materials
391 and Methods. Diluted cultures were spread on NA plates with indicated concentrations of
392 supplementation. Representative results of three experiments were presented.

393

394 **Fig. S1.** Time course CFUs with and without catalase.

395 *V. cholerae* N16961 was induced into VBNC and CFUs were measured as described in
396 the Materials and Methods. Cultures were plated on NA plates with (closed circle) or
397 without (open circle) 100 U/ml catalase. The average of three independent experiments
398 were shown. Error bars indicate standard deviation.

399

400 **Fig. S2.** LIVE/DEAD-stained VBNC-state *V. cholerae*.

401 *V. cholerae* N16961 cells at 11 (a), 15 (b), 19 (c), and 23 (d) weeks after induction of the
402 VBNC state were stained with a LIVE/DEAD BacLight bacterial viability kit
403 (Invitrogen) and observed by fluorescence microscopy. Representative results of three
404 independent experiments were shown. Arrows indicate instances of live (green) cells.
405 Scale bars = 20 μ m.

406

407 **Fig. S3.** Confirmation of resuscitated VBNC-state *V. cholerae*.

408 a; Cultures of 14-week-old, VBNC-state *V. cholerae* cultured with (right) or without
409 (left) HT-29 cells were streaked onto TCBS plates and incubated at 37°C overnight.

410 b; An internal fragment of the *ctxA* gene was amplified by PCR using genomic DNA

411 from the following as a template: *V. cholerae* O1 N16961 (lane 2); *V. vulnificus* (lane 3);
412 resuscitated VBNC *V. cholerae* N16961 at 14 (lane 4), 15 (lane 5), 17 (lane 6), 19 (lane 7)
413 or 21 (lane 8) weeks; resuscitated VBNC *V. cholerae* VC-280/pG13 at 15 (lane 9) and 16
414 (lane 10) weeks. Lane 1: molecular weight marker.

415

416 **Table S2.** Resuscitation of VBNC *V. cholerae* by co-cultivation with HT-29.

417 Representative results of three co-cultivation experiments were presented. In all cases,
418 incubation of VBNC cells in same condition without HT-29 cell exhibited no growth.
419 Growth of resuscitated VBNC *V. cholerae* were observed (+) after indicated days or not
420 observed (-) after 14 days.

421

422 **Fig. S4.** Schematic representation of multiple VBNC phases in *V. cholerae* N16961.
423 Numbers on the left side of the arrow indicate weeks after induction of the VBNC state. *
424 and × indicate resuscitation and failure of resuscitation, respectively, following
425 co-cultivation with the HT-29 cell line (see also Table S2 left). Factors supporting
426 conversion to a culturable state at each phase are indicated in parenthesis.

427

Table 1. *V. cholerae* CFUs with/without resuscitation factors at different time points.

Weeks	<i>V. cholerae</i> N16961			<i>V. cholerae</i> VC-280/pG13		
	Free	Catalase	HT-29 extract	Free	Catalase	HT-29 extract
4				>3000	>3000	
6	>3000	>3000		512	>3000	
7				1	>3000	
8	233	>3000		0	2632	233
9				0	72	
10	1	2440	388	0	0	0
11	0	1124				
12	0	141	20			
13	0	1				
14	0	0	0			

Representative results of three experiments were presented in this table.

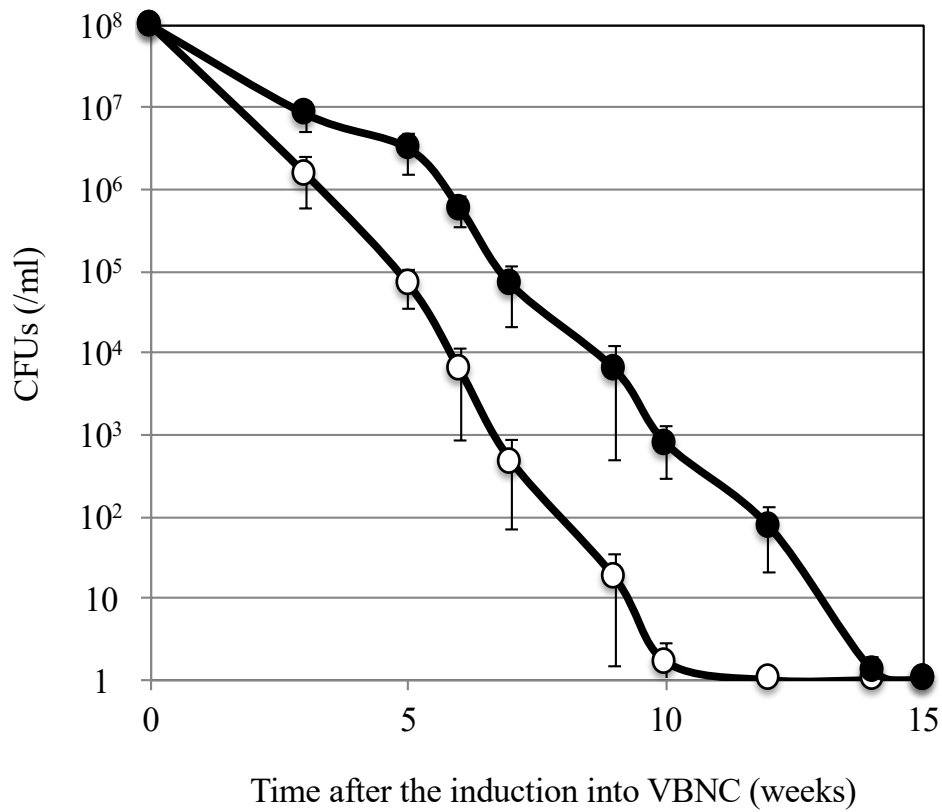


Fig. S1. Time course CFUs with and without catalase.

V. cholerae N16961 was induced into VBNC and CFUs were measured as described in the Materials and Methods. Cultures were plated on NA plates with (closed circle) or without (open circle) 100 U/ml catalase. The average of three independent experiments were shown. Error bars indicate standard deviation.

Table S1. CFUs with various concentrations of resuscitation factors.

Supplement	Concentration	CFU (/ml)
Free		5.0×10^4
Catalase	1000 U/ml	1.5×10^6
Catalase	100 U/ml	1.8×10^6
Catalase	10 U/ml	1.8×10^5
Catalase	1 U/ml	8.2×10^4
Catalase	0.1 U/ml	6.1×10^4
Catalase	0.01 U/ml	2.0×10^4
Pyruvate	0.1%	1.8×10^6
Pyruvate	0.01%	3.2×10^5
Pyruvate	0.001%	7.6×10^4
HT-29 extract	10%	2.2×10^5
Catalase+HT-29 extract	100 U/ml+10%	1.7×10^6

CFUs of 5 weeks VBNC *V. cholerae* N16961 were measured as described in Materials and Methods. Diluted cultures were spread on NA plates with indicated concentrations of supplementation. Representative results of three experiments were presented.

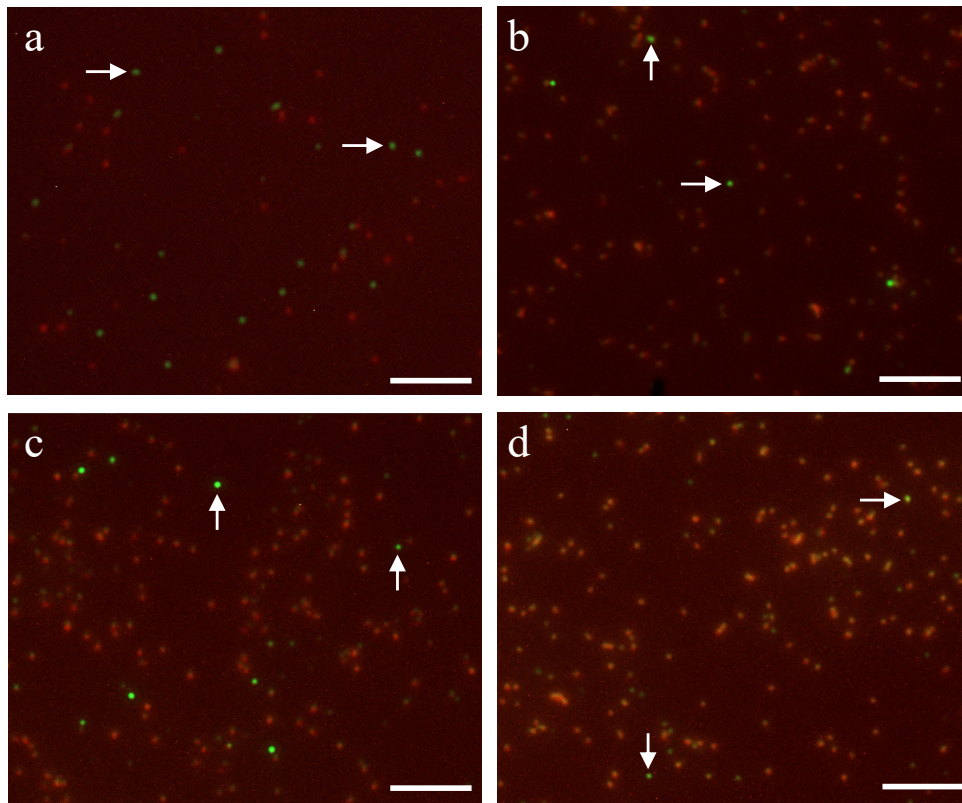


Fig. S2. LIVE/DEAD-stained VBNC-state *V. cholerae*.

V. cholerae N16961 cells at 11 (a), 15 (b), 19 (c), and 23 (d) weeks after induction of the VBNC state were stained with a LIVE/DEAD BacLight bacterial viability kit (Invitrogen) and observed by fluorescence microscopy. Representative results of three independent experiments were presented. Arrows indicate instances of live (green) cells. Scale bars = 20 μm .

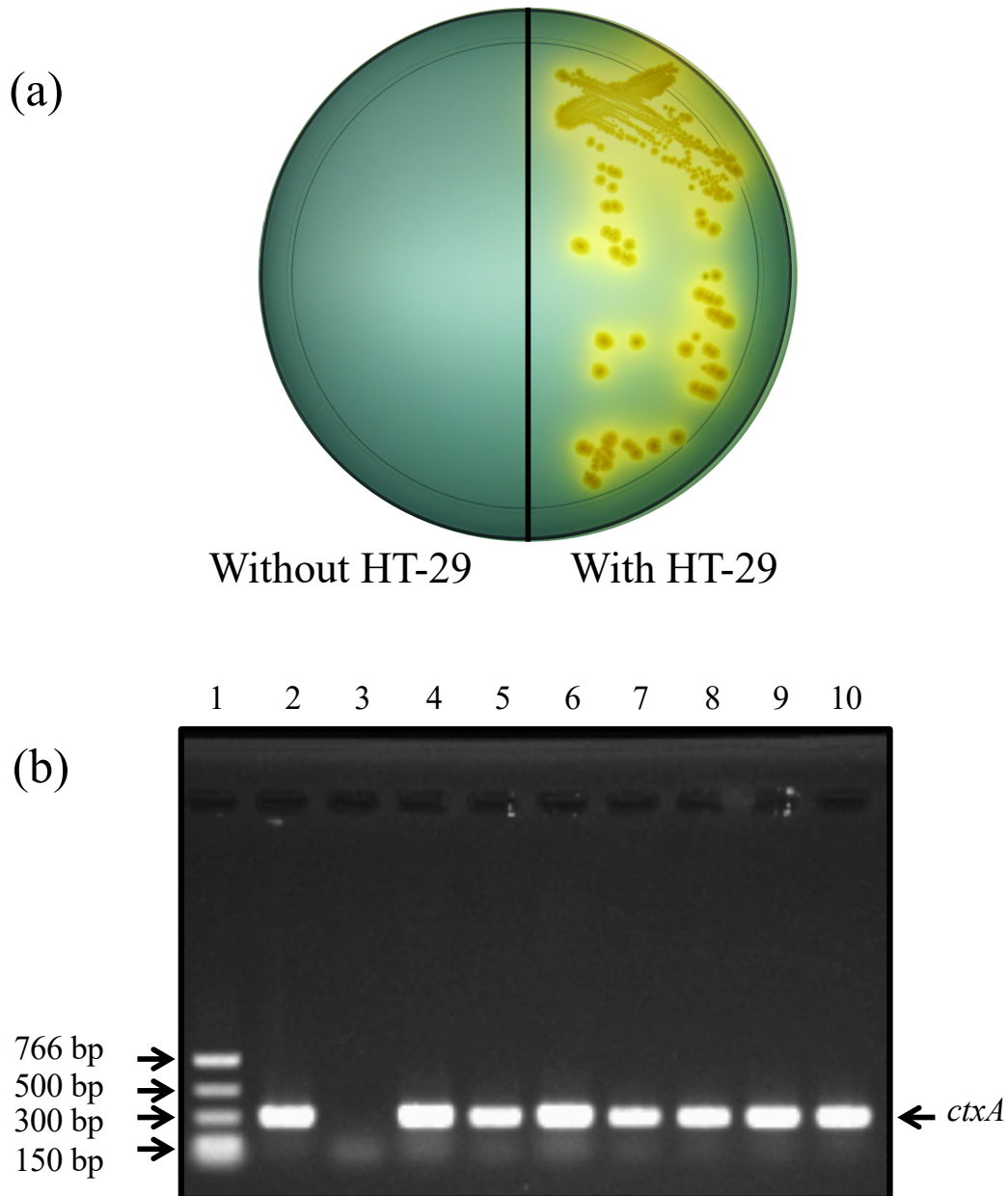


Fig. S3. Confirmation of resuscitated VBNC-state *V. cholerae*.

a; Cultures of 14-week-old, VBNC-state *V. cholerae* cultured with (right) or without (left) HT-29 cells were streaked onto TCBS plates and incubated at 37°C overnight.

b; An internal fragment of the *ctxA* gene was amplified by PCR using genomic DNA from the following as a template: *V. cholerae* O1 N16961 (lane 2); *V. vulnificus* (lane 3); resuscitated VBNC *V. cholerae* N16961 at 14 (lane 4), 15 (lane 5), 17 (lane 6), 19 (lane 7) or 21 (lane 8) weeks; resuscitated VBNC *V. cholerae* VC-280/pG13 at 15 (lane 9) and 16 (lane 10) weeks. Lane 1: molecular weight marker.

Table S2. Resuscitation of VBNC *V. cholerae* by co-cultivation with HT-29

Weeks	<i>V. cholerae</i> N16961		<i>V. cholerae</i> VC-280/pG13	
	Growth	Days to grow	Growth	Days to grow
14	+	4		
15	+	5	+	3
16			+	3
17	+	4	-	
19	+	3	-	
21	+	5	-	
22	-			
23	-			
25	-			

Representative results of three co-cultivation experiments were presented. In all cases, incubation of VBNC cells in same condition without HT-29 cell exhibited no growth. Growth of resuscitated VBNC *V. cholerae* were observed (+) after indicated days or not observed (-) after 14 days.

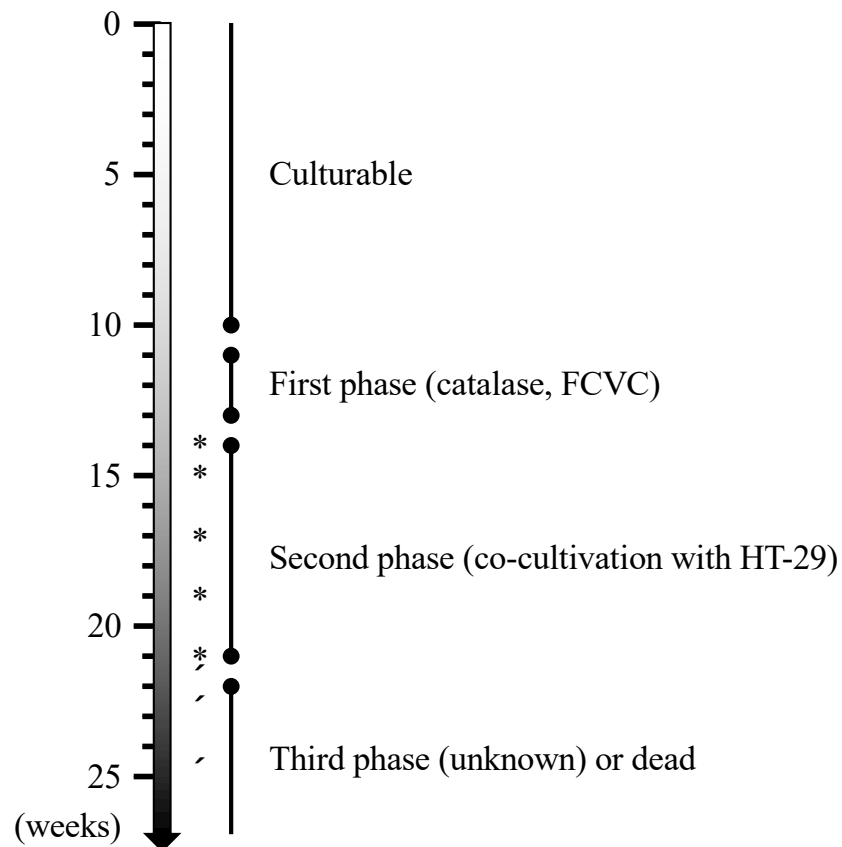


Fig. S4. Schematic representation of multiple VBNC phases in *V. cholerae* N16961.

Numbers on the left side of the arrow indicate weeks after induction of the VBNC state. * and ✓ indicate resuscitation and failure of resuscitation, respectively, following co-cultivation with the HT-29 cell line (see also Table S2). Factors supporting conversion to a culturable state at each phase are indicated in parenthesis.