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3

4 **Title:** The RCR and ATP/O indices can give contradictory messages about mitochondrial efficiency

5

6 **Authors:** Karine Salin^{1,2*}, Eugenia M. Villasevil¹, Graeme J. Anderson¹, Colin Selman¹, Christos
7 Chinopoulos^{3,4} and Neil B. Metcalfe¹

8

9 **Affiliations:** ¹Institute of Biodiversity, Animal Health and Comparative Medicine, Graham Kerr
10 Building, University of Glasgow, Glasgow G12 8QQ United Kingdom

11 ²Current address: Ifremer, Unité de Physiologie Fonctionnelle des Organismes Marins – LEMAR UMR
12 6530, BP70, Plouzané, 29280, France

13 ³Department of Medical Biochemistry, Semmelweis University, Budapest, 1094, Hungary

14 ⁴MTA-SE Lendület Neurobiochemistry Research Group, Budapest, 1094, Hungary

15

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17

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22 ***Corresponding author:** salin.karine@gmail.com; Phone: +332 9822 4377; Fax: +332 9822 4653

23

24 **Synopsis:**

25 Mitochondrial efficiency is typically taken to represent an animal's capacity to convert its resources
26 into ATP. However, the term mitochondrial efficiency, as currently used in the literature, can be
27 calculated as either the respiratory control ratio, RCR (ratio of mitochondrial respiration supporting
28 ATP synthesis to that required to offset the proton leak) or as the amount of ATP generated per unit
29 of oxygen consumed, ATP/O ratio. The question of how flexibility in mitochondrial energy properties
30 (i.e. in rates of respiration to support ATP synthesis and offset proton leak, and in the rate of ATP
31 synthesis) affects these indices of mitochondrial efficiency has tended to be overlooked.
32 Furthermore, little is known of whether the RCR and ATP/O ratio vary in parallel, either among
33 individuals or in response to environmental conditions. Using data from brown trout *Salmo trutta* we
34 show that experimental conditions affect mitochondrial efficiency, but the apparent direction of
35 change depends on the index chosen: a reduction in food availability was associated with an
36 increased RCR (i.e. increased efficiency) but a decreased ATP/O ratio (decreased efficiency) in liver
37 mitochondria. Moreover, there was a negative correlation across individuals held in identical
38 conditions between their RCR and their ATP/O ratio. These results show that the choice of index of
39 mitochondrial efficiency can produce different, even opposing, conclusions about the capacity of the
40 mitochondria to produce ATP. Neither ratio is necessarily a complete measure of efficiency of ATP
41 production in the living animal (RCR because it contains no assessment of ATP production, and ATP/O
42 because it contains no assessment of respiration to offset the proton leak). Consequently, we suggest
43 that a measure of mitochondrial efficiency obtained nearer to conditions where respiration
44 simultaneously offsets the proton leak and produce ATP would be sensitive to changes in both
45 proton leakage and ATP production, and is thus likely to be more representative of the state of the
46 mitochondria *in vivo*.

47 **Introduction:**

48 Animals often live in variable environments where conditions such as food availability fluctuate
49 considerably. The ability of organisms to adjust their energy metabolism can have important
50 consequences for the rates at which resources are consumed and allocated to whole-organism
51 performance as well as the extent to which animals can cope with deprived environments (Wang et
52 al., 2006; Secor and Carey, 2016). Flexibility in mitochondrial efficiency may be particularly important
53 since mitochondria occupy a pivotal position between resource utilization and whole-organism
54 performance through their primary role in ATP production via oxidative phosphorylation (Salin et al.,
55 2015; Salin et al., 2016a). Indeed, flexibility in the efficiency with which mitochondria produce ATP
56 can set limits on the capacity of an organism to respond to environmental change (Sokolova et al.,
57 2012; Blier et al., 2013).

58 Mitochondria are responsible for almost 90% of the oxygen consumption of the whole organism
59 (Rolfe and Brand, 1996) and provide up to 90% of cellular ATP (Lehninger et al., 1993), so variation in
60 their efficiency of ATP production may have important consequences for the animal's performance.
61 Oxygen is continually being consumed by the mitochondria, both in order to maintain the proton
62 gradient across the inner mitochondrial membrane (IMM) and to produce ATP. The gradient causes
63 protons to flow back across the IMM to the mitochondrial matrix through the ATP synthase complex,
64 driving the production of ATP; these processes can be measured simultaneously *in vitro* as the state 3
65 (also known as OXPHOS) respiration rate and the rate of ATP production (Chance and Williams,
66 1955). However, dissipation of the proton gradient occurs not only during ATP production but also
67 due to the leakage of protons directly across the IMM (Chance & Williams 1955; Brand & Nicholls
68 2011). This leakage must be continually offset by the activity of the respiratory chain, a
69 compensatory process which consumes a significant amount of both oxygen and substrates even
70 when no ATP is being produced; this process is measured *in vitro* as the state 4 or LEAK respiration
71 rate (Chance and Williams, 1955).

72 Fasting can change rates of OXPHOS respiration, LEAK respiration and ATP production; these changes
73 are likely to provide energetic benefits to an organism, but substantial energy savings can also be
74 achieved by enhancing the efficiency of the mitochondria (Monternier et al., 2014; Monternier et al.,
75 2015; Monternier et al., 2017). However, while the term "mitochondrial efficiency" may appear to be
76 a relatively straightforward description of the extent to which the yield from oxidative
77 phosphorylation is optimised, in practice it is ambiguous due to alternative definitions of what is
78 meant by "efficiency". In the context of mitochondrial energetics, "efficiency" can refer to: i) the
79 ratio of the amount of energy produced by the system relative to the amount consumed in the form
80 of fuel, or alternatively ii) the proportion of energy that is wasted. The former is measured as the
81 amount of ATP generated per molecule of oxygen consumed during OXPHOS respiration (so that high
82 values indicate "efficient" ATP production), and is termed the ATP/O or effective P/O ratio (Brand,
83 2005). The latter measure of efficiency is usually calculated as the ratio of the respiration supporting
84 ATP synthesis (OXPHOS) to the respiration wasted to offset the proton leak (LEAK). This ratio, termed
85 the respiratory control ratio (RCR), represents the maximum factorial increase in mitochondrial
86 oxygen consumption that can be achieved above the LEAK oxygen requirement when driving the
87 phosphorylation of ADP into ATP (Brand and Nicholls, 2011). A high RCR indicates that mitochondria
88 have a high capacity for phosphorylating respiration relative to the respiration required to offset the
89 proton leak.

90 It is increasingly being suggested that variation in mitochondrial efficiency (whichever definition is
91 used) can have important consequences for animal performance (Gnaiger et al., 2000; Conley et al.,
92 2013; Salin et al., 2015; Salin et al., 2016a). Mitochondrial efficiency has been hypothesised to be
93 especially critical during periods of limited food availability (Monternier et al., 2014; Monternier et
94 al., 2015; Monternier et al., 2017), since a higher mitochondrial efficiency is presumed to decrease
95 the energy needed to produce ATP. However, since the RCR and the ATP/O ratio are calculated from
96 different mitochondrial properties (OXPHOS respiration divided by LEAK respiration, and ATP
97 production divided by the OXPHOS respiration, respectively), they can respond differently to
98 changing environmental conditions. If they do not vary in parallel then both the choice of index and
99 its interpretation become critical. However, to date there has been very little evaluation of whether
100 these two indices are showing the same thing.

101 In the present study we examined the effects of food availability on mitochondrial properties,
102 focusing in particular on the consequences for these alternative measures of mitochondrial
103 efficiency. We determined the mitochondrial responses of brown trout (*Salmo trutta*) to a period of
104 food shortage that simulated the situation periodically faced by these fish in their natural
105 environment (Huusko et al., 2007; French et al., 2016). We chose liver as our tissue to analyse
106 mitochondrial flexibility because liver mitochondria have been shown to be particularly sensitive to
107 fluctuations in food availability (Frick et al., 2008; Trzcionka et al., 2008; Rui, 2014; Chausse et al.,
108 2015). We also place the question of RCR versus ATP/O ratio within the context of food shortage and
109 highlight the varying outcomes that can be obtained depending on which measure of mitochondrial
110 efficiency is used.

111

112 **Material and methods:**

113 *Experimental animal*

114 Twenty four fry brown trout were obtained from a hatchery (Howietoun, UK) in the summer of 2015
115 and moved to the University of Glasgow. Here the fish were maintained under an 8 h light: 16 h dark
116 photoperiod at 12°C and fed daily to excess with trout pelleted food (EWOS, West Lothian, UK). In
117 January 2016, fish were moved to individual compartments of a stream system to control the food
118 intake of individual animal while maintaining the same conditions of water quality. Fish were
119 transferred from the stock tank to their individual compartments in batches of two fish per day since
120 the final mitochondrial assay has been conducted on two fish a day. Each processing pair was first
121 acclimated for a week in their individual compartment, during which they were fed daily in excess on
122 the same trout pellets. Fish were then randomly allocated to a diet treatment for 14 days: half of the
123 fish were kept on the same regime of being fed daily in excess, while the other half were deprived of
124 food (N = 12 per treatment group). Fasting led to a reduction in body mass (initial and final mass of
125 the fasted group: 12.14 ± 0.61 g and 10.85 ± 2.14 g), while over the same period the fed trout
126 increased in mass (initial and final mass: 12.00 ± 0.57 g and 16.50 ± 3.80 g).

127

128 *Mitochondrial homogenate preparation*

129 At the end of the feeding treatment, fish were culled after being deprived of food overnight. A liver
130 aliquot from each fish was immediately weighted and preserved in ice-cold respirometry buffer (0.1
131 mM EGTA, 15 μ M EDTA, 1mM $MgCl_2$, 20mM Taurine, 10mM KH_2PO_4 , 20mM HEPES, 110 mM D-
132 sucrose, 60 mM lactobionic acid, 1g L^{-1} bovine serum albumin essentially free fatty acid, pH 7.2 with
133 KOH) to determine mitochondrial properties. Liver was shredded using micro-dissecting scissors, and
134 the shredded solution then homogenized with a Potter-Elvehjem homogenizer (three passages).
135 Validations of the methods are described in (Salin et al., 2016a; Salin et al., 2016b). The homogenate
136 was then diluted further in respirometry buffer to obtain the desired final concentration (mean \pm SE:
137 5.06 ± 0.03 mg mL^{-1}). The entire procedure was carried out on ice, and completed within 30 min of
138 the fish being culled.

139

140 *Mitochondrial rates of oxidation and phosphorylation*

141 Mitochondrial properties were measured as in Salin et al. (2016c). Briefly, we used a protocol for
142 estimating ATP/O ratio and RCR that simultaneously measures both OXPHOS respiration and ATP
143 production, and then measures LEAK respiration on the same sample. Oxygen consumption was
144 recorded using the Oxygraph-2k high-resolution respirometer (Oroboros Instruments, Innsbruck,
145 Austria). To measure ATP production we used the magnesium-sensitive fluorescent probe,
146 Magnesium Green, to estimate changes in $[Mg^{2+}]$ (Szmackinski and Lakowicz, 1996). ATP production is
147 calculated from the rate of change in $[Mg^{2+}]$ and is based on the unequal affinities of ATP and ADP for
148 Mg^{2+} (Chinopoulos et al., 2009). Oxygen and magnesium green fluorescence signals were detected
149 simultaneously using two respirometry chambers equipped with fluorescent sensors and recorded
150 using DatLab software (Oroboros Instruments, Innsbruck Austria). Part of the liver homogenate from
151 each fish was added to one of the two measurement chambers of an Oxygraph immediately
152 following preparation; fish from a processing pair were measured in parallel. The remaining part of
153 the liver homogenate was preserved on ice for use in a replicate trial. After addition of homogenate
154 to the respiration chamber at 12°C, pure oxygen gas was added to reach a concentration of 550 μ M.
155 The titration protocol was started at 550 μ M since it prevented hypoxic conditions developing during
156 the titration (*i.e.* the oxygen levels remained above 100 μ M throughout each trial). Magnesium green
157 (2.1 μ M) was added to the respirometry chambers to allow us to detect changes in $[Mg^{2+}]$ and so
158 measure the rate of ATP production.

159 A sequential substrate/inhibitor protocol as in Salin et al. (2016c) was run simultaneously for each
160 fish. The rate of OXPHOS was assessed by adding a saturating concentration of ADP (2 mM, Mg^{2+} -
161 free) to the chamber containing complex I substrates (5 mM pyruvate and 0.5 mM malate) and
162 complex II substrate (10 mM succinate). The rate of ATP production was also measured in this
163 condition. The LEAK respiration was then measured by inhibiting the ATP-ADP exchanger (Adenylate
164 Nucleotide Translocase) through the addition of carboxyatractyloside (4 μ M). The rate of ATP
165 hydrolysis was also measured in this condition, and was then added to the rate of ATP production.
166 Addition of complex I inhibitor (0.5 μ M rotenone) and complex III inhibitor (2.5 μ M Antimycin A)
167 allowed determination of residual oxygen consumption, which was then subtracted from OXPHOS
168 and LEAK respiration rates.

169 The second replicated trial was identical to the first one but started two hours later, using the
170 remaining liver homogenate and the other measurement chamber (to control for any inter-chamber

171 difference in readings). No effect of the choice of measurement chamber on mitochondrial
172 properties was found. We expressed OXPHOS and LEAK respiration as pmoles of $O_2 \text{ sec}^{-1} \text{ mg}^{-1}$ wet
173 weight of liver and ATP production as pmoles of $ATP \text{ sec}^{-1} \text{ mg}^{-1}$ wet weight of liver for each replicate.
174 Finally, the RCR was calculated as the ratio of OXPHOS respiration to LEAK respiration, and the ATP/O
175 as the ratio of ATP production to two fold OXPHOS respiration; the rate of OXPHOS is doubled since
176 each molecule of oxygen is comprised of two oxygen atoms.

177 *Statistical analysis.*

178 Linear mixed models (LMM) were used to first test whether fed and fasted fish differed significantly
179 in their mitochondrial properties. Each model included one of the mitochondrial parameters
180 (OXPHOS respiration, LEAK respiration, ATP production, RCR, ATP/O ratio) as the dependent variable,
181 diet treatment as the predictor, and processing pair and fish identity as random effects to account
182 for the order in which fish entered the experiment and to control for repeated measurements (the
183 two replicates per fish), respectively. We then used LMMs to examine which of the mitochondrial
184 properties (OXPHOS respiration, LEAK respiration, ATP production) had the greatest impact on
185 variation in the two indices of mitochondrial efficiency (RCR and ATP/O). The models included one of
186 the efficiency indices as the dependent variable, food treatment and mitochondrial property and
187 their interaction as predictors, and processing pair and fish identity as random effects. All analyses
188 were based on a sample size of 12 fish measured in replicate per food treatment, and were
189 performed using IBM SPSS Statistics 21 (SPSS Inc., Chicago, IL, USA); the level of significance was set
190 to $P < 0.05$ and all means are presented \pm SE.

191

192 **Results:**

193 The effect of food treatment on liver bioenergetics differed between the mitochondrial properties.
194 Rate of OXPHOS respiration was significantly higher in the mitochondria of fasted compared to fed
195 fish ($F_{1,11} = 26.93$; $P < 0.001$; Fig. 1a), while the rate of LEAK respiration did not differ between food
196 treatment ($F_{1,22} = 0.19$; $P = 0.67$; Fig. 1b) and the rate of ATP production was slightly – but not
197 significantly – higher in the mitochondria of fasted animals ($F_{1,11} = 6.64$; $P = 0.055$; Fig. 1c). As a result,
198 both indices of mitochondrial efficiency showed a significant difference in the mitochondrial
199 efficiency of fasted and fed fish (RCR: $F_{1,22} = 16.15$; $P = 0.001$; ATP/O ratio: $F_{1,11} = 21.04$; $P = 0.001$; Fig.
200 2) - but in opposite directions: the RCR of the mitochondria of fasted trout was higher than that of
201 fed trout (15.33 ± 0.65 vs 10.34 ± 0.75 in the fasted and fed group, respectively; Fig. 2a), whereas
202 their ATP/O ratio was significantly lower (1.23 ± 0.05 vs 1.51 ± 0.07 in the fasted and fed group,
203 respectively; Fig. 2b).

204 Variation in the indices of mitochondrial efficiency amongst individuals was driven by variation in
205 OXPHOS respiration, LEAK respiration and the rate of ATP production, but not to equal extents, and
206 their relative importance depended on food treatment (Table 1, Fig. 3). OXPHOS and LEAK both
207 influenced RCR (Table 1, Fig. 3a & b), but the effect of OXPHOS on RCR depended on the food
208 treatment (Table 1). While RCR was positively related to OXPHOS in the mitochondria of fed fish ($t =$
209 4.53 ; $P < 0.001$; Fig. 3a), there was no relationship between RCR and OXPHOS in fasted fish ($t = 0.24$;
210 $P = 0.815$; Fig. 3a). The RCR in the mitochondria of fasted and fed fish was greatest in mitochondria
211 with a low LEAK (Fasted: $t = -3.84$; $P = 0.005$; Fed: $t = -2.94$; $P = 0.011$; Fig. 3b; Fig. 3b). Interestingly,

212 there was no relationship between a fish's rate of ATP production and its RCR (Table 1, Fig. 3c). While
213 there was an overall negative relationship between OXPHOS and ATP/O (Table 1), this was driven by
214 a strongly negative relationship in fed individuals ($t = -4.70$; $P < 0.001$; Fig. 3d), since in the fasted
215 trout the relationship between OXPHOS and ATP/O was not significant ($t = -1.46$; $P = 0.153$; Fig. 3d).
216 In contrast to results obtained for RCR, a fish's ATP/O ratio was not related to its LEAK (Table 1, Fig.
217 3e) but there was a significant effect of the rate of ATP production such that ATP/O ratio in
218 mitochondria of fasted and fed fish was greatest in mitochondria with a higher rate of ATP
219 production (Fast: $t = 2.21$; $P = 0.033$; Fed: $t = 2.52$; $P = 0.016$; Fig. 3f). Since OXPHOS respiration is the
220 numerator of the RCR ratio but the denominator in the ATP/O ratio, then in the absence of any
221 counteracting trends in LEAK and ATP production there can be a negative relationship between the
222 two ratios. There was indeed a tendency for ATP/O and RCR values to be negatively related ($F_{1,36} =$
223 22.96 ; $P = 0.058$; Fig 4), significantly so in the fed fish ($t = -6.43$; $P < 0.001$; Fasted fish for
224 comparison: $t = -1.82$; $P = 0.077$).

225

226 Discussion

227 Despite the widespread belief that both the RCR and the ATP/O ratio are indicators of efficiency in
228 energy metabolism (Sokolova, 2004; Sommer and Pörtner, 2004; Kayes et al., 2009; Iftikar et al.,
229 2015; Mowry et al., 2016; Brijs et al., 2017), we have shown that they can produce contradictory
230 interpretations of the same dataset. The RCR of the mitochondria of fasted fish was *greater* than that
231 of fed fish (*i.e.* more efficient, since it suggests a decrease in the proportion of oxygen and energy
232 substrates wasted in the proton leak), but the ATP/O ratio was *lower* (*i.e.* less efficient, since less ATP
233 is produced for a given consumption of oxygen and energy substrates). These results suggest that the
234 predicted consequences of mitochondrial efficiency for animal performance depend on which index
235 is being used. Previous studies have also found discrepancies in the indices, for instance showing that
236 ATP/O - but not RCR - was influenced by food availability (Monternier et al., 2015; Monternier et al.,
237 2017; *personnal communication*), and that natural and artificial variation in ATP/O ratio predicted
238 whole-organism growth rate, whereas variation in RCR did not (Salin et al., 2012a; Salin et al.,
239 2012b). However, to our knowledge these differences have not previously been discussed, and so it
240 is clear that more attention should be devoted to the separate relationships between variability in
241 RCR and ATP/O ratio and animal performance.

242 The contrasting effects of food availability on mitochondrial efficiency indices may arise due to the
243 relative magnitude of changes in mitochondrial properties that are used in the calculation of the
244 efficiency index. Here, we found that the different mitochondrial traits did not respond to the same
245 extent to the experimental treatment. While average rates of OXPHOS respiration and ATP
246 production increased in response to food deprivation (+ 34 % and + 10 %, respectively), LEAK
247 respiration did not differ between food treatment groups. These differential changes in
248 mitochondrial properties in response to environmental stressors corroborate those reported for
249 OXPHOS and LEAK respiration rates in the liver of the Nototheniid fish *Notothenia rossi* under
250 different temperature and pH treatments (Strobel et al., 2013). However, this is unlike the
251 simultaneous change in both OXPHOS and LEAK respiration rates of heart mitochondria of killifish
252 *Fundulus heteroclitus* that occurred in response to temperature changes (Chung et al., 2017). These
253 contrasting results may arise due to a number of factors including differences in the type or

254 magnitude of environmental change, species- or tissue-specific responses to environmental
255 variation, or variation in the methods of mitochondrial preparation and calculation of the fluxes.
256 While the covariation among OXPHOS and LEAK respiration and ATP production across changing
257 environments remains poorly studied, these results demonstrate at the very least that the separate
258 functional traits of mitochondria can vary independently in response to environmental change.

259 In order to understand the contrasting responses of the RCR and ATP/O indices to changing food
260 availability we need to consider the mechanisms that are revealed by the experimental conditions
261 under which the mitochondrial properties are measured. The experimental conditions under which
262 OXPHOS respiration and ATP production have been measured were very different to the conditions
263 for measuring LEAK respiration. The maximum rates of OXPHOS respiration and ATP production (i.e.
264 under conditions of unlimited availability of substrates, oxygen and ADP) are usually associated with
265 barely any proton leak, but the transition from OXPHOS to LEAK respiration (i.e. no ATP production)
266 is accompanied by an increase in the mitochondrial membrane potential and a parallel increase in
267 the proton leak (Kadenbach, 2003; Brand and Nicholls, 2011). This may explain why we found no
268 direct support for using RCR alone as a predictor of the rate of ATP production. Rather, our results
269 shown that RCR was influenced by variation in OXPHOS and LEAK respiration. Likewise, we found no
270 relationship between a fish's ATP/O ratio (measured under conditions of minimal proton leak) and its
271 LEAK respiration. This provides the first empirical evidence that it may be necessary to correct for
272 proton leak when calculating mitochondrial efficiency in terms of the ATP/O ratio. *In vivo*, the
273 respiration rates of mitochondria correspond neither to the OXPHOS state (unlimited substrates,
274 oxygen and ADP) nor to the LEAK state (total arrest of ATP production), but will be fluctuating around
275 an intermediate state on the OXPHOS-LEAK continuum, reacting to the ATP demand of the cell
276 (Kadenbach, 2003). This highlights the fact that both ATP/O and RCR are measured under conditions
277 that rarely occur in living animals. It would be a more realistic measure of mitochondrial efficiency to
278 estimate the ATP/O ratio when the membrane potential is at an intermediate state, when it might
279 indeed be sensitive to changes in proton leakiness.

280 We tested whether flexibility in respiratory control ratio and amount of ATP produced per oxygen
281 consumed during periods of food deprivation may be consistent indicators of mitochondrial energy
282 conversion. Flexibility in these traits likely plays an important role in allowing organisms to cope with
283 a diversity of environmental challenges. However, the contrasting trends that we observed in the
284 two commonly used indices of mitochondrial efficiency highlight the need to consider their
285 interpretation carefully, mindful of the conditions under which they are measured. In particular the
286 RCR is not by itself an estimate of ATP production. However, while the ATP/O ratio is more
287 appropriate as an estimate of ATP production, it is not typically measured under conditions directly
288 relevant to the animal. We suggest that a measure of mitochondrial efficiency obtained in conditions
289 nearer to those under which LEAK is measured (for instance under limiting concentrations of ADP)
290 would be sensitive to changes in both proton leakage and ATP production, and is thus likely to be
291 more representative of the state of the mitochondria *in vivo*. Overall, the entire mitochondrial
292 phenotype needs to be considered in order to better understand the mitochondrial response to
293 environmental change.

294

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304

305 **Author contributions:** KS, CS, CC and NBM conceived the study. KS, EMV and GJA performed the
306 experiments. KS, EMV and CC analysed the data. KS drafted the manuscript; EMV, CS, CC and NBM
307 then revised the manuscript and added some comments. All authors approved the final version of
308 the manuscript.

309

310 **Competing interests:** The authors declare they have no competing interests.

311

312 **Data accessibility:** The dataset supporting this article will be made available in a supplementary
313 material.

314

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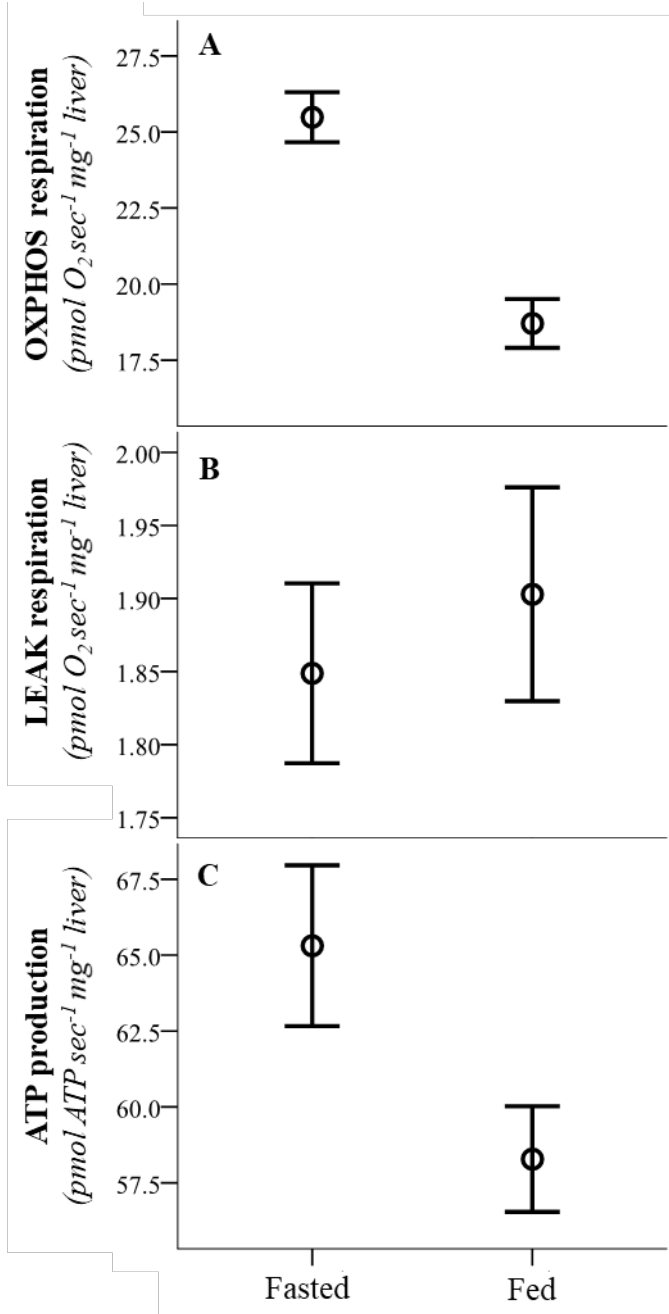
412 **Table 1:** Parameters estimated from linear mixed models of the effects of phosphorylating
 413 respiration (OXPHOS, pmol O₂ sec⁻¹ mg⁻¹ liver), leak respiration (LEAK, pmol O₂ sec⁻¹ mg⁻¹ liver) and
 414 ATP production (ATP, pmol sec⁻¹ mg⁻¹ liver) on respiratory control ratio (RCR) and amount of ATP
 415 produced per oxygen consumed (ATP/O) of mitochondria in the liver of brown trout under food
 416 treatment (fasted vs fed). Bold denotes significance.
 417

| Dependent variable | Parameter | Estimate ± SE | t | P value |
|--------------------|--------------------|---------------|-------|----------------|
| RCR | Intercept | 1.67 ± 1.96 | 0.85 | 0.399 |
| | OXPHOS | 0.45 ± 0.10 | 4.53 | < 0.001 |
| | Treatment | 11.90 ± 2.72 | 4.37 | < 0.001 |
| | OXPHOS * Treatment | -0.43 ± 0.12 | -3.56 | 0.001 |
| RCR | Intercept | 17.42 ± 2.54 | 6.86 | < 0.001 |
| | LEAK | -3.84 ± 1.30 | -2.94 | 0.005 |
| | Treatment | 0.84 ± 3.04 | 0.28 | 0.783 |
| | LEAK * Treatment | 1.52 ± 1.55 | 0.98 | 0.332 |
| RCR | Intercept | 7.13 ± 2.76 | 2.58 | 0.014 |
| | ATP | 0.05 ± 0.05 | 1.14 | 0.265 |
| | Treatment | 8.43 ± 3.39 | 2.49 | 0.018 |
| | ATP * Treatment | -0.08 ± 0.05 | -1.14 | 0.168 |
| ATP/O | Intercept | 2.41 ± 0.20 | 12.16 | < 0.001 |
| | OXPHOS | -0.05 ± 0.01 | -4.70 | < 0.001 |
| | Treatment | -0.86 ± 0.30 | -2.91 | 0.007 |
| | OXPHOS * Treatment | 0.04 ± 0.01 | 2.65 | 0.013 |
| ATP/O | Intercept | 1.21 ± 0.27 | 4.49 | < 0.001 |
| | LEAK | 0.16 ± 0.14 | 1.16 | 0.263 |
| | Treatment | -0.17 ± 0.39 | -0.43 | 0.667 |
| | LEAK * Treatment | -0.06 ± 0.20 | -0.29 | 0.774 |
| ATP/O | Intercept | 0.74 ± 0.31 | 2.39 | 0.021 |
| | ATP | 0.01 ± 0.01 | 2.52 | 0.016 |
| | Treatment | 0.01 ± 0.37 | 0.03 | 0.975 |
| | ATP * Treatment | -0.01 ± 0.01 | -0.97 | 0.337 |

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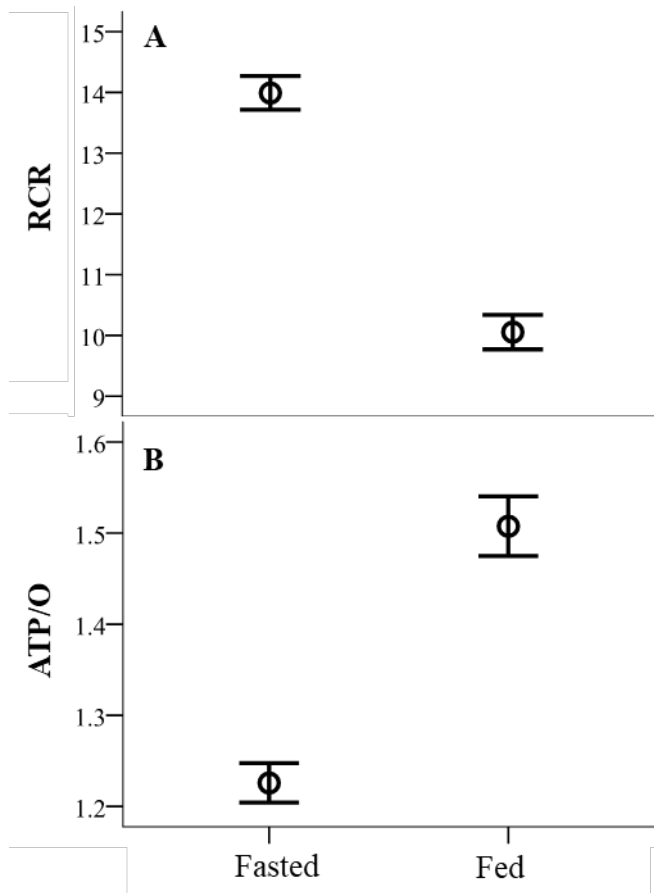
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420 **Figure 1:** Comparison of liver mitochondrial properties of fasted and fed groups of Brown trout *Salmo*
421 *trutta*. (A) Mitochondrial respiration rates to support ATP synthesis (OXPHOS; $F_{1,11} = 26.93$; $P < 0.001$)
422 and (B) to offset the proton leak (LEAK; $F_{1,22} = 0.19$; $P = 0.67$), and (C) rate of ATP synthesis ($F_{1,11} =$
423 6.64 ; $P = 0.055$). Data are plotted as mean \pm SE. $N = 12$ fish per treatment group. Some of the data
424 have been extracted from (Salin et al., 2016c).



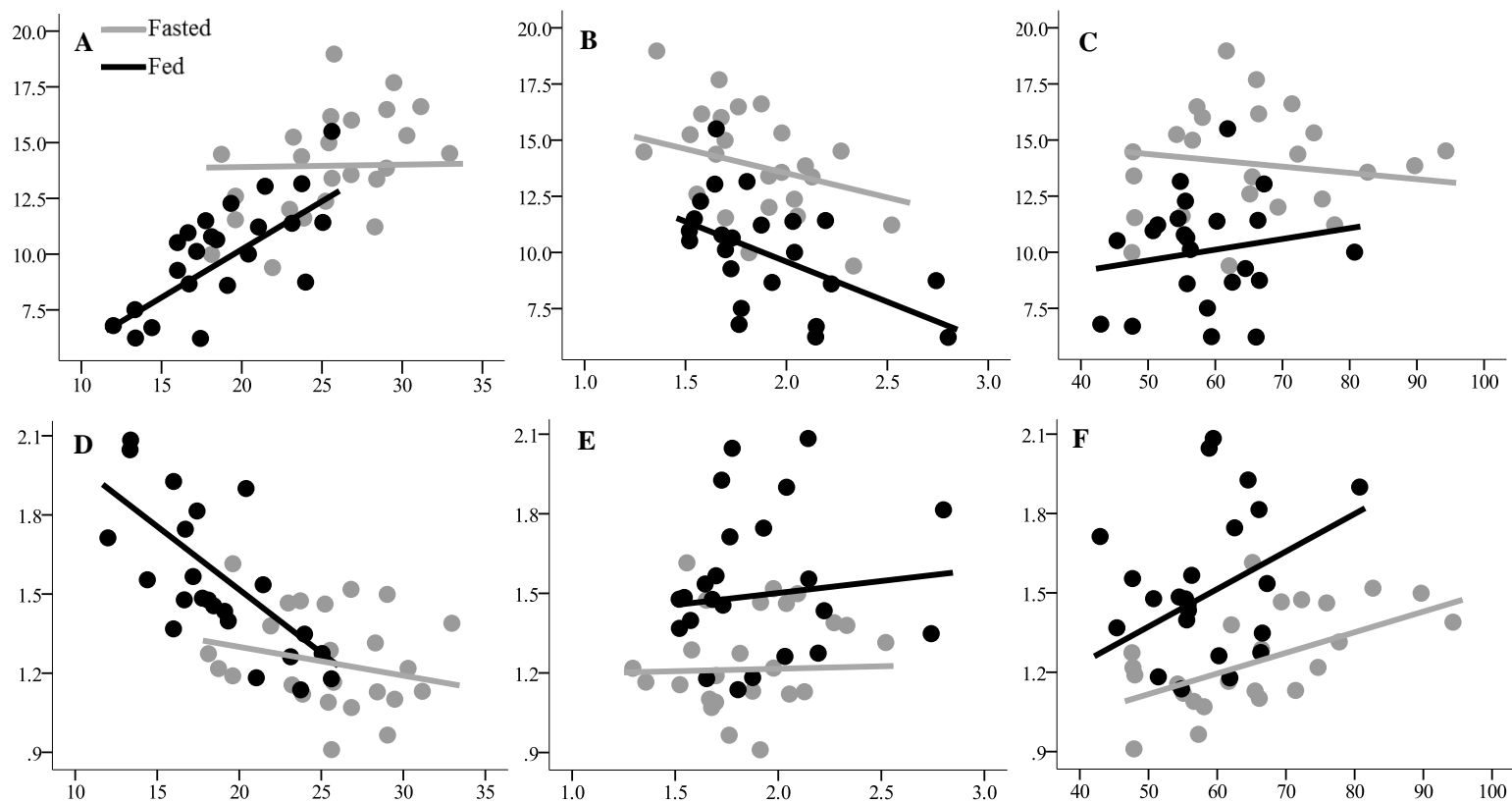
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427 **Figure 2:** Comparison of liver (A) mitochondrial respiratory control ratio (RCR, $F_{1,22} = 16.15$; $P = 0.001$)
428 and (B) amount of mitochondrial ATP produced per oxygen consumed (ATP/O, $F_{1,11} = 21.04$; $P =$
429 0.001) of fasted and fed groups of brown trout *Salmo trutta*. Data are plotted as mean \pm SE. $N = 12$
430 fish per treatment group. Some of the data have been extracted from (Salin et al., 2016c).



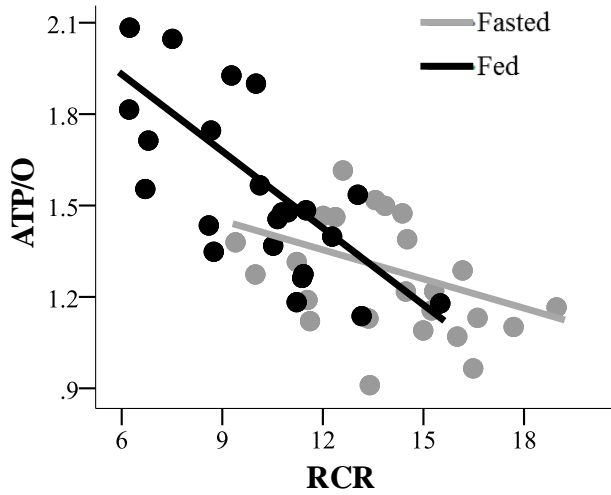
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433 **Figure 3:** Relationships between the two alternative indices of mitochondrial efficiency (RCR or ATP/O, both plotted on the Y-axis) of fasted and fed groups
 434 of brown trout *Salmo trutta* and their mitochondrial properties (plotted on the X-axis). OXPPOS respiration: rate of respiration to support ATP synthesis;
 435 LEAK respiration: rate of respiration to offset proton leak; ATP production: mitochondrial rate of ATP synthesis. Data are plotted as N = 12 fish per treatment
 436 group, with two replicate measurements of mitochondrial function per fish. Plotted on the graph are regression lines accounting for repeated measurement
 437 of two replicate per fish as a random factor of the linear mixed models. See Table 1 for statistical analysis.



438

439 **Figure 4:** Relationships between the amount of ATP produced per oxygen consumed (ATP/O) in liver
440 mitochondria of fasted and fed groups of brown trout *Salmo trutta* and the respiratory control ratio
441 (RCR). Data are plotted as N = 12 fish per treatment group with two replicate measurements of
442 mitochondrial function per fish. Plotted on the graph are regression lines accounting for repeated
443 measurement of two replicate per fish as random factor of the linear mixed models. See text for
444 statistical analysis.
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