Categorisation of Tinnitus Severity for the Mandarin Tinnitus Questionnaire

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- 10 Keywords:
- 11 Tinnitus Questionnaire, Mandarin, Severity
- 12 **Acronyms:** SD: sleep disturbance, TQ: Tinnitus Questionnaire, VASs: visual analogue scales.
- AP: auditory perceptual difficulties, CD: cognitive distress, ED: emotional distress, IN:
- 14 intrusiveness,MTQ: Mandarin Tinnitus Questionnaire,
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Abstract

- 2 **Background:** The Tinnitus Questionnaire is commonly used to evaluate the psychological
- 3 impact of tinnitus and has been translated into Mandarin. The original English version of the
- 4 Tinnitus Questionnaire was translated into Mandarin (MTQ). The MTQ included not the
- 5 same items compared with original version. Thus, MTQ should have its own severity
- 6 categorization.
- 7 **Aims/objectives**: The objective of this research was to develop a method to categorize
- 8 tinnitus patients by clinical severity using scores from the Mandarin Tinnitus Questionnaire
- 9 (MTQ).
- 10 Material and Methods: A total of 192 participants with primary complaint of tinnitus were
- enrolled. Cross-tabulation was used to compare two categorization approaches of tinnitus
- severity. With the first approach, categories were assigned based purely on quartiles of MTQ
- scores. In the second approach, severity was determined based on Ordinal logistic regression.
- 14 The two approaches were verified by comparing the consistency with clinical judgement.
- 15 Results: Categorization based on quartiles showed low consistency with clinical
- assessment(kappa=0.33), while categorization based on ordinal logistic regression showed
- good consistency with clinical assessment(kappa = 0.86).Regression-based MTQ score cut-
- offs were <21 for no problem with tinnitus, 21-36 for mild tinnitus, 37-47 for moderate
- tinnitus, and >47 for severe tinnitus.
- 20 Conclusions and significance: Tinnitus severity can be categorized accurately using ordinal
- 21 logistic regression analysis of MTQ scores.
- 23 **Keywords:** Tinnitus Questionnaire, Mandarin, Severity, categorization
- 24 **Acronyms:** APD: auditory perceptual difficulty; MTQ: Mandarin Tinnitus Questionnaire;
- 25 TFI: tinnitus functional index

INTRODUCTION

Tinnitus is the perception of sound, commonly described as a buzzing, humming, or ringing 2 noise, in the absence of an external source¹. It occurs in 10-15% of adults². Although it is one 3 4 of the most common symptoms of hearing disorders, relatively few people who experience 5 tinnitus seek medical help at ear-nose-throat or audiology clinics. According to a study by 6 Davies et al,³ only 7.1% of adults with tinnitus consult a doctor, and only 2.5% seek specialist advice. This is likely due to variation in the severity of tinnitus: most people experience 7 8 tinnitus only occasionally and consider that it does not affect them substantially. However, 9 some people suffer persistent tinnitus, which may be severely annoying and very 10 troublesome⁴. In fact, apart from the tinnitus itself, some patients suffer from tinnitus-related anxiety, depression, and insomnia. Evidence shows that just over one quarter (26.1%) of 11 adults with tinnitus report problems with anxiety, 548-60% report depression, 6 and 76% 12 experience insomnia⁷. Perceived tinnitus severity does not appear to be influenced by age, 13 gender, or hearing status, but is related to anxiety-depressive symptoms⁸. 14 15 16 Tinnitus severity has been assessed using psychoacoustic measurements, structured 17 questionnaires, and open-ended approaches. Self-report measures are becoming increasingly common in managing tinnitus patients and in tinnitus research. One example is the visual 18 19 analogue scale, in which patients report the severity of their tinnitus by choosing a position 20 along a continuous line between two end points, where the line is divided into 5-10 equal 21 intervals. Such scales can be useful for self-rating tinnitus loudness and the annoyance it 22 causes¹⁰. However, visual analogue scales are not reliable and cannot be used to judge tinnitus 23 severity independently. 24 An alternative to these scales is questionnaires. A recent review identified 24 tinnitus-related 25 questionnaires¹¹. The ones most often used in clinical trials are the Tinnitus Handicap 26 27 Inventory (THI), the Tinnitus Questionnaire, the Tinnitus Reaction Questionnaire, and the

Tinnitus Handicap Questionnaire. 11 These questionnaires assess different aspects of tinnitus 1 severity. For example, the THI quantifies the functional, emotional, and catastrophic impacts 2 of tinnitus. 12 The Tinnitus Reaction Questionnaire assesses tinnitus-associated psychological 3 distress, including general distress, interference, severity, and avoidance¹³, while the Tinnitus 4 5 Handicap Questionnaire focuses on the patient's hearing ability and the social consequences of tinnitus.14 6 7 8 The Tinnitus Questionnaire was one of the first to be developed and is one of the most 9 commonly used. It is used mainly to evaluate the psychological impact of tinnitus, such as 10 depression, anxiety, insomnia, negative attitudes toward tinnitus, and interference with social activities¹⁶. The Tinnitus Ouestionnaire has been translated into German, Spanish, French, 11 12 Dutch, Cantonese, and Mandarin. ¹⁶The full questionnaire consists of 52 items, of which 41 13 are used in the English version to calculate subscale and total scores. The English version has five subscales: (1) emotional distress (including cognitive distress, 19 items), (2) auditory 14 perceptual difficulties (APDs, 7items), (3) intrusiveness (7items), (4) sleep disturbance (4 15 items), and (5) somatic complaints (4 items). The responses to each item are given a score of 16 17 0, 1, or 2, where higher scores indicate stronger tinnitus complaints. 18 The numbers of items in the subscales of different language versions of the questionnaire 19 differ, reflecting different factor analyses. For example, the German version of the tinnitus 20 questionnaire has 40items¹⁶, while the Dutch version has 38 items¹⁶. The Tinnitus 21 Questionnaire is used mainly to evaluate the psychological impact of tinnitus effects, such as 22 depression, anxiety, insomnia, negative attitudes toward tinnitus, and interference with social 23 activities. 16 The original English version of the questionnaire was translated into Mandarin by 24 Meng et al., 15 who validated it among Chinese adults and showed that there was high 25 consistency between re-tests (Spearman correlation coefficients 0.87-1.00) as well as good 26 internal consistency and reliability (overall Cronbach $\alpha = 0.93$, subscale α values = 0.71– 27 0.86). The Mandarin version of the Tinnitus Questionnaire (MTQ) has 37 items, where the 28

- 1 highest possible score is 74. The five subscales are emotional distress (11 items), APDs (8
- 2 items), cognitive distress (6items), sleep disturbance (6items), and intrusiveness (6items).
- 3 Comparing with TQ, items of somatic complaints were not extracted in MTQ.

- 5 While the score on the Tinnitus Questionnaire provides insight into the severity of the
- 6 psychological impacts of tinnitus, it only roughly reflects the clinical severity of the disorder.
- 7 This is important because clinicians must determine whether patients have bothersome or
- 8 non-bothersome tinnitus, and this classification affects subsequent intervention. Developing
- 9 a scale of tinnitus severity with more than these two categories may help clinicians to design
- 10 effective intervention plans for each patient, as well as assess whether the intervention has
- 11 reduced tinnitus severity.

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- Although using a questionnaire may be one of the most straight forward ways to assess
- tinnitus severity, ¹ no categorization of tinnitus severity has been developed for the original
- 15 Tinnitus Questionnaire or for the MTQ. Only the German version of the Tinnitus
- Questionnaire, which includes a total of 42 items covering five subscales (emotional and
- 17 cognitive distress, intrusiveness, auditory perceptual difficulties, sleep disturbances, and
- associated somatic complaints), has an indication for distress level based on the total score (0-
- 19 30 = mild, 31-46 = moderate, 47-59 = severe, 60-84 = very severe)¹⁷.

- 21 It has been proposed that this categorization system could also be used for other tinnitus-
- related questionnaires. The original English version of the THI also categorizes the severity of
- 23 tinnitus into four levels based on score (0-16= no handicap, 18-36 = mild handicap, 36-56 =
- moderate handicap, 58-100 = severe handicap)¹². A revised version of this categorization has
- 25 five levels (0.16 = slight, 18.36 = mild, 38.56 = moderate, 58.76 = severe, 78.100 =
- 26 catastrophic)⁵. A tinnitus functional index (TFI) has been developed to assess severity, where
- a score of <25 is mild and requires no intervention, 25-50 is significant and indicates a possible
- need for professional attention, and >50 is severe and requires more aggressive efforts¹⁸. In

1 China, two versions of the THI categorization have been used in the clinic. A five-step TFI for assessing severity has also been developed based on US respondents¹⁹(0-17= not a 2 3 problem, 18-31 = small problem, 32-53 = moderate problem, 54-72 = big problem, 73-100 = very big problem), while a slightly different index has been developed based on UK 4 respondents²⁰(0-7 = no problem, 7-28 = small problem, 29-47 = moderate problem, 48-65 = big 5 problem,66-100 = very big problem). 6 7 Therefore, as indicated above, TQ is useful to evaluate the psychological impact of tinnitus 8 effects. As different language versions of the tinnitus questionnaire contain different numbers 9 10 of items, different versions should have their own severity categorizations. The purpose of the 11 current study was to develop a categorization method for tinnitus severity based on MTQ score. Accurate classification of patients may help provide new criteria for designing 12 intervention protocols and assessing treatment efficacy. 13 14 15 MATERIALS AND METHODS 16 **Participants** 17 Participants at least 18 years old were recruited from patients who sought treatment for primary tinnitus at the Department of Otorhinolaryngology in the Hearing Center of West 18 19 China Hospital, Sichuan University. Patients with psychiatric disorders, auditory 20 hallucination, or difficulty in expressing themselves were excluded. Subjects were enrolled after they provided written informed consent. Each patient underwent routine audiological 21 22 examination, which consisted of pure-tone audiometry followed by completion of the MTQ. 23 This research was approved by the ethics committee of West China Hospital, Sichuan 24 University.

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26 **MTQ**

- 1 Participants filled out all 52 items on the full MTQ, but only 37were analyzed in the present
- 2 study¹⁵. The following items from each subscale were analyzed: emotional distress, 11, 16,
- 3 19, 45, 35, 37, 39, 48, 43, 46, 47; APDs, 26, 15, 38, 50, 33, 2, 9, 14; cognitive distress, 41, 23,
- 42, 18, 32, 17; sleep disturbance, 20, 36, 5, 12, 52, 4; and intrusiveness, 27, 21, 3, 13, 28,
- 5 29.15 Three responses were possible for each item: "true" (2 points), "partly true" (1 point), or
- 6 "not true" (0 point), such that the maximum possible score was 74.A higher score indicated
- 7 more severe tinnitus.

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Categorization of tinnitus severity from MTQ data

- 10 We tested two statistical approaches to classifying the clinical severity of tinnitus based on
- MTQ data. The first approach MTQ scores were divided into quartiles, and individuals in the
- first quartile were classified as having no problem with tinnitus, the second quartile as having
- mild tinnitus, the third as having moderate tinnitus, and the fourth as having severe tinnitus¹².
- Quartile is a ranked set of data. The first quartile is as the middle number between the
- smallest number and the median of the data set. The second quartile is the median of the data.
- 16 The third quartile is in the middle between the median and the highest value of the data set.
- 17 This is the method used, for example, on the Tinnitus Handicap Inventory. As an existing
- 18 categories way used for identifying categories in other categorising tinnitus severity, quartile
- analysis was used as a starting point in this analysis In the second approach, tinnitus severity
- was determined based on ordinal logistic regression. Patients were divided into four groups
- 21 based in cutoffs determined by Ordinal logistic regression.
- 22 The valid of creating tinnitus-distress severity categories for MTQ based on statistic method
- was verified by comparing the method with a clinical categories based on a clinician
- judgement, specialized in tinnitus intervention, based on clinical assessment and the patient's
- 25 history (including emotional and cognitive distress, APDs, sleep disturbance, and
- 26 intrusiveness). Patients with more complaints in these categories or more severe
- 27 psychological impacts associated with tinnitus were categorized as having more severe

- 1 tinnitus. The categories for clinical categorization were not a problem, mild, moderate and
- 2 severity.
- 3 Consistency between the two categorisation approaches was assessed.

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Data analysis

- 6 Statistical analysis was performed using SPSS20.0 (IBM, Chicago, IL, USA).ROC is often
- 7 used as a recognized method when there is a golden standard with a cutoff point in order to
- 8 explore the sensitivity and specificity of an individual test. In the present study, Logistic
- 9 regression was chosen because there was no golden standard for categorizing tinnitus severity
- in Tinnitus Questionnaire. Ordinal logistic regression was performed to examine the
- 11 correlation between clinical assessment of tinnitus severity and the MTQ score. Ordinal rather
- than binary logistic regression was chosen because we wanted to classify tinnitus severity on
- a four-degree scheme (not a problem, mild, moderate, severity). The dependent variable in the
- regression was severity defined by clinical assessment, and total MTQ score was the
- independent variable. Cohen's kappa coefficient, which was introduced in 1960, serves as the
- most widely employed coefficient to assess inter-observer agreement for categorical
- outcomes. Because the assessment of tinnitus severity category was ranked data, consistency
- between the clinical assessment and regression-based severity was evaluated using the kappa
- 19 co-efficient.

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RESULTS

- A total of 192 participants with a primary complaint of tinnitus were enrolled. The average
- age was 45 years (SD=15.52 years; range = 18–83 years), and participants had tinnitus for
- periods ranging from 3 days to 25 years (mean=26.37 months, SD=41.36 months).
- Hearing assessments were performed in all 192 participants (Table 1). For the right ear, 78
- patients had normal hearing; 57, mild hearing loss; 38, moderate loss; 15, severe loss; and 4,

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- 1 profound loss. This assessment was based on the grades of hearing loss defined by the World
- 2 Health Organization in 2006. For the left ear, 99 participants had normal hearing; 37, mild loss;
- 3 37, moderate loss; 16, severe loss; and 3, profound loss. Nearly all participants (181, 94.27%)
- 4 had continuous tinnitus, while the remaining 11(5.73%) had intermittent tinnitus.

[Insert Table 1 near here]

MTQ scores and two categorization analysis of tinnitus severity

- 7 The mean total score was 26.63(SD = 16.26), with a median of 23.00. The 25th percentile was
- 8 14.00 and the 75th percentile was 38.75. Respondents were categorized by tinnitus severity
- 9 based on quartiles, and further statistical analysis was performed using the mean (Table 2).All
- four quartiles were nearly equal in size, with each accounting for 22.92-28.13% of
- 11 respondents.

[Insert Tables 2 near here]

We compared the number of patients in each category as determined by quartile-based classification with the number of patients in each category as determined by clinical classification(Table 3). For clinical classification, there were fewer patients with moderate and severe tinnitus than with mild tinnitus or no problem with tinnitus. When patients were categorized by clinical classification, MTQ scores ranged from 11.00 - 23.00 in patients with mild tinnitus, 35.00 - 49.00 in patients with moderate tinnitus, and >49.00 for all patients with severe tinnitus. The highest MTQ score in patients with no problem with tinnitus was 26.00.Some overlap was observed between patients with mild tinnitus or no problem with tinnitus, and between patients with mild or moderate tinnitus. This likely reflects the subjective nature of clinical assessment.

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[Insert Table 3 near here]

- 25 Severity categorization agreed significantly between quartile analysis and clinical assessment
- 26 (p < 0.01), but consistency was low (kappa = 0.33, Table4). There was excellent agreement

1	between the two types of classification for patients with no problem with tinnitus (52/54,
2	96.30%). However, 30 participants categorized as having mild tinnitus based on quartile
3	analysis were categorized as having no problem with tinnitus by clinical assessment. In
4	addition, 38 participants categorized as having moderate tinnitus based on quartile analysis
5	were categorized as having severe tinnitus based on clinical assessment. Twenty-five patients
6	were categorized as having severe tinnitus using both classification methods (25/48, 52.08%);
7	however, 22 patients categorized as having severe tinnitus based on quartile analysis were
8	categorized as having moderate tinnitus based on clinical assessment.
9	[Insert Table 4 near here]
10	
11	Regression-based prediction of tinnitus severity
12	In the second method, we used ordinal logistic regression to determine MTQ score cut-offs
13	for categorizing patients with different levels of tinnitus severity. MTQ scores ranged from 0
14	-20 for patients with no problem with tinnitus, $21-36$ for patients with mild tinnitus, $37-47$
15	for patients with moderate tinnitus, and 49 -66 for patients with severe tinnitus, as categorized
16	by clinical assessment(Table 5). We used these values to define cut-off scores for each
17	category (no problem with tinnitus= less than 21; mild tinnitus =21-36; moderate tinnitus
18	=37-47;severe tinnitus = greater than 47).
19	[Insert Table 5 near here]
20	We then compared the results of the above classification method with classifications by
21	clinical assessment. There was a strong correlation between the two classification methods (p)
22	< 0.01),and a high kappa value (0.86,Table 6).There were disagreements in categorizing 3
23	patients with no problem with tinnitus, 4patients with mild tinnitus, and 1patient with
24	moderate tinnitus. The clinical and regression-based methods agreed on categorizing 25
25	patients with severe tinnitus, with a disagreement for only 1patient who was classified as
26	having moderate tinnitus based on clinical assessment but severe tinnitus based on regression.

[Insert Table 6 near here]

2 **DISCUSSION**

- 3 The biggest obstacle in grading tinnitus severity is the lack of any objective measure.
- 4 Psychometrically validated questionnaires are the most effective way of assessing tinnitus⁴.
- 5 Unfortunately, there is no uniform questionnaire to be accepted. The questionnaire used to
- 6 judge tinnitus severity should minimize some of the inaccuracy and bias inherent in
- 7 subjective assessment. The Tinnitus Questionnaire and THI are widely used for subjectively
- 8 measuring tinnitus severity. 4 The lack of a single standard can lead to inaccuracy and bias in
- 9 subjective clinical assessments⁴.

1 Considering most of tinnitus is primary and subjective in nature, besides questionnaire measurements, clinical judgement by clinicians is also an essential element before making 2 3 clinical decision to provide safe and effective interventions for patients with tinnitus. To 4 grade tinnitus severity by only using MTQ or statistical analysis may be misleading. It is 5 evidenced that the grade of tinnitus severity is likely not to being accepted when the statistical 6 categorizing analysis of tinnitus severity is inconsistent with clinical judgement. Similarly, 7 clinical judgement is also a subjective concept, depending on individual's knowledge, clinical 8 experience and sometimes preference. Without regulation and standardisation of structures 9 and processes, it could be biased and unreliable to grade tinnitus severity only relying on 10 individual's clinical judgement. Therefore, it seems better to combine the statistical analysis and clinical judgement in terms of validity and efficacy when categorizing the tinnitus 11 severity in clinic. 12 13 We used two statistical approaches to grade tinnitus severity and found large discrepancies between the results of categorizing participants based purely on MTQ score quartiles and the 14 results of clinical assessment based on medical records. The quartile approach assigned nearly 15 16 the same number of participants to each of the four categories (Table 2), while there were 17 more patients with mild tinnitus or with no problem with tinnitus using the clinical approach 18 (Table 3). This uneven distribution more closely matches what would be expected in the 19 clinic. Ordinal logistic regression assigned 26 participants (13.54%) to the group with severe 20 tinnitus and 25 (13.02%) to the group with moderate tinnitus, which is consistent with a 21 previous study showing that approximately 20% of adults who experience tinnitus require 22 clinical intervention⁵. Our results indicate that quartile-based classification does not 23 accurately reflect clinical reality. In contrast, regression-based categorization was more 24 consistent with clinical assessment. 25 Regression-based classification may be useful for identifying individuals who require clinical intervention and determining whether a given intervention has been effective or not. An 26 effective treatment should, for example, reduce tinnitus severity according to the MTO score. 27

1 Further work should examine how much the MTQ score needs to decrease in order to achieve clinically significant improvement. The ultimate test of any categorization method is whether 2 it is sensitive enough to detect differences in therapeutic efficacy between interventions. 3 One limitation of our study is that clinical assessment of all study participants was carried out 4 by a single individual. To minimize any bias or subjectivity, we provided our clinician with 5 clear, predefined criteria as specified in Methods. However, our results may not be reflective 6 of assessment outcomes by other clinicians. Further work should be performed to verify and 7 extend this work using clinical assessments by multiple physicians. Future studies could also 8 9 compare the outcomes of different clinicians' assessments and patients' self-assessment on the 10 same four-point scale. The MTO categorization strategy in this study should be used, in principle, only for Chinese 11 12 patients because different language versions have different numbers of items. Therefore, 13 categorization methods for Tinnitus Questionnaires in other languages are still needed. The 14 total scores, items, and categories in the MTO and German Tinnitus Questionnaire are 15 different: 42 items are included in the German version and 37are included in the MTQ. Therefore, although both versions feature four distress levels, they do not mean the same 16 17 thing. The German version classifies patients as having mild, moderate, severe, or very severe 18 tinnitus, while the MTQ classifies patients as having no problem with tinnitus or as having mild, moderate, or severe tinnitus. Only 7.1% of adults with tinnitus consult a doctor and only 19 2.5% seek specialist advice³, even though94% of normal individuals report some form of 20 tinnitus-like perception; therefore, we think that the category of 'no problem with tinnitus' on 21 22 the MTQ may be more appropriate than 'mild tinnitus' on the German version. The four-level categorisation the MTQ is similar to that on the THI¹², although he revised 23 24 version of the THI contains five levels. Future study should explore whether a five-level 25 categorization on the MTQ is needed. It is noteworthy that no one questionnaire can assess all 26 aspects of tinnitus-related severity. Although the MTQ can capture the psychological severity of emotional distress, APDs, cognitive distress, sleep disturbance, and intrusiveness, other 27

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1 questionnaires are still needed to capture the psychological severity caused by problems or interference with work, family life, social activities, or mental concentration. 2 3 **CONCLUSIONS** 4 5 Ordinal logistic regression provides a reliable categorization of tinnitus severity based on the 6 MTQ score. Scores were<21 for those with no problem with tinnitus,21-36 for those with 7 mild tinnitus, 37-47 for those with moderate tinnitus, and>47 for those with severe tinnitus. Our findings should be verified and extended in studies based on clinical assessments with 8 multiple physicians. 9 10 11 Acknowledgments The authors gratefully acknowledge Prof. Guanjian Liu at the Chinese Evidence-Based 12 13 Medicine/Cochrane Center for excellent support with research design and statistical analysis. 14 15 **Declaration of Conflicting Interests** The authors have no conflicts of interest to declare. The authors alone wrote this article and 16 are responsible for its content. 17 18 19 **Funding** This work was supported by the Sichuan Province Health Department(130100). 20 21 22 **ORCID iD**

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1 Table 1. Hearing thresholds of participants

Ear	Frequency(kHz)	Mean (dBHL)	SD	Range
	0.5	28.49	20.52	0.00-105.00
	1	28.88	21.61	0.00-110.00
Right	2	29.27	22.72	-5.00-110.00
	4	33.96	25.50	0.00-115.00
	Average(0.5-4)	34.01	18.53	4.00-100.50
	0.5	28.52	20.55	0.00-115.00
	1	28.85	21.22	0.00-120.00
Left	2	29.35	23.62	-5.00-120.00
	4	35.68	26.10	0.00-120.00
	Average(0.5-4)	30.59	20.99	0.00-116.25

1 Table 2. Categorization of tinnitus severity based on quartile analysis of MTQ scores

2 (n=192).

Severity	N	Mean	SD	Min	Max	Percentile		
						25 th	50 th	75 th
No problem	54	9.33	3.38	0.00	14.00	7.00	10.00	12.00
Mild	44	18.91	2.75	15.00	23.00	16.00	19.00	21.75
Moderate	46	29.91	3.81	24.00	38.00	27.00	30.00	32.25
Severe	48	50.02	8.45	39.00	66.00	42.25	49.50	57.75

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Table 3. MTQ scores in patients categorized by clinical assessment (n=192).

Severity	N	Mean	SD	Min	Max	Median score in percentile		
,						25 th	50 th	75 th
No problem	85	12.93	5.66	0.00	26.00	9.00	13.00	17.00
Mild	55	26.69	5.84	11.00	39.00	23.00	27.00	31.00
Moderate	27	41.56	3.41	35.00	49.00	39.00	41.00	44.00
Severe	25	56.96	5.31	49.00	66.00	51.00	57.00	61.50

1 Table 4. Consistency between quartile-based or clinical assessment-based categorization of

2 tinnitus severity.

		Category	Total			
		No problem	Mild	Moderate	Severe	_
	No problem	52	2	0	0	54
Category based on	Mild	30	14	0	0	44
quartiles	Moderate	3	38	5	0	46
	Severe	0	1	22	25	48
Total		85	55	27	25	192

3

4 Kappa=0.33, *p*=0.00

5

1 Table 5. Estimates of ordinal regression parameters for MTQ-based categorization of tinnitus

2 severity

	N	Mean	SD	Min	Max	Median score in percentile		
Category	11	Mount	52	17111	TVIA.	25 th	50 th	75 th
No problem	82	12.00	4.72	0.00	20.00	8.75	12.00	16.00
Mild	59	27.37	4.36	21.00	36.00	23.00	27.00	31.00
Moderate	25	41.64	2.74	37.00	47.00	39.50	41.00	44.00
Severe	26	56.65	5.43	49.00	66.00	51.00	57.00	61.25

3

5 37-47; severe tinnitus >47

6

⁴ Regression-based MTQ categories: no problem,<21; mild tinnitus, 21-36; moderate tinnitus,

1 Table 6. Consistency betweentinnitus severity categories based on clinical assessment

2 and ordinal logistic regression of MTQ scores.

		Ordinal logistic regression							
		No problem	Mild	Moderate	Severe	Total			
	No problem	76	9	0	0	85			
Clinical	Mild	6	48	1	0	55			
assessment	Moderate	0	2	24	1	27			
	Severe	0	0	0	25	25			
Total		82	59	25	26	192			

3

4 Kappa=0.86, *p*=0.00

5