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# The regulatory role of Toll-like receptors after ischemic stroke: neurosteroids as TLR modulators with the focus on TLR2/4

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#### Abstract

Ischemic stroke is the most common cerebrovascular disease and considered as a worldwide leading cause of death. After cerebral ischemia, different pathophysiological processes including neuroinflammation, invasion and aggregation of inflammatory cells and up-regulation of cytokines occur simultaneously. In this respect, Toll-like receptors (TLRs) are the first identified important mediators for the activation of the innate immune system and are widely expressed in glial cells and neurons following brain trauma. TLRs are also able to interact with endogenous and exogenous molecules released during ischemia and can increase tissue damage. Particularly, TLR2 and TLR4 activate different downstream inflammatory signaling pathways. In addition, TLR signaling can alternatively play a role for endogenous neuroprotection. In this review, the gene and protein structures, common genetic polymorphisms of TLR2 and TLR4, TLR-related molecular pathways and their putative role after ischemic stroke are delineated. Furthermore, the relationship between neurosteroids and TLRs as neuroprotective mechanism is highlighted in the context of brain ischemia.

Keywords Ischemic stroke · Neurosteroids · Toll-like receptors

# Introduction

Stroke resulting from focal occlusion of a main artery in the brain is considered as the most important cause of disability in men and a leading cause of death worldwide. Initial damage after the primary ischemic event is followed by delayed metabolic alterations called secondary injury mechanisms which can increase excitatory neurotransmitter levels, neuronal apoptosis, immune-inflammatory activation as well as lipid degradation [1–3]. In this respect, systemic and local inflammatory responses play a main role in the pathophysiology of cerebral ischemia. The given responses can similarly not only increase the ischemic lesion but also protect injured tissue [4, 5]. Macrophages, neutrophils, and lymphocytes have equally distinct significant roles in different brain inflammatory events even though the underlying mechanisms leading to their activation are not fully clear. Toll-like receptors (TLRs) are activated in response to inflammation and are also recognized as innate immune receptors located on the cell surface or inside endosomes [4, 6]. Activation of TLRs leads to the initiation of different downstream inflammatory cascades. TLR expression can also be regulated in response to exogenous microorganisms as well as different types of cytokines (chemokines, interferons, and interleukins) which are secreted in the core and the penumbra region of ischemic brain tissue [7, 8]. Expression of these mediators depends on nuclear factor-kB (NF-kB) as the main transcription factor implicated in the TLR pathway [8]. Therefore, these receptors may have an important role mediating brain damage following ischemia and are thus assumed as clinical targets for preventing secondary injury after ischemic stroke [9, 10]. In this review article, we focus on the TLR family and their respective ligands, structures, and signaling pathways and also point at the role of TLRs in ischemic stroke emphasizing the interaction with neurosteroids. Moreover, gene and protein structures as well as common genetic polymorphisms of TLR2 and TLR4 molecules and their possible roles in stroke-induced inflammatory pathways are discussed. Finally, the relationship between neurosteroids and TLRs following an ischemic event in the brain is underlined as therapeutic targets for stroke therapy.

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#### **TLR family and expression**

TLRs are a family of molecules playing a major role in the innate immune system [11]. TLR inflammatory responses and cytokine secretion typically increase in glial cells and leukocytes in response to microorganisms [12]. A total number of 13 TLRs have been identified until now, of which only 10 (TLR1-10) have been related to humans [13]. Generally, TLR localization and expression depends on the tissue or cell type. TLR1, 2, 4, 5, 6, and 10 are localized on the cell surface, whereas TLRs 3, 7, 8, and 9 are usually expressed exclusively in intracellular compartments such as endosomes and lysosomes [14, 15]. Based on their sequence homologies, human TLRs can be grouped into five subfamilies of TLR1/2/6/10, TLR3, TLR4, TLR5, TLR7/8/9 [16, 17]. TLRs have also been described as prototype pattern recognition receptors (PRRs) and are able to recognize dangerassociated molecular patterns (DAMPs) or pathogen-associated molecular patterns (PAMPs) which are released from damaged tissue or microorganisms [18, 19]. It should be noted that DAMPs are released or modified and then bound to their respective receptors after an inflammatory response. DAMPs can also include extracellular matrix fibronectin, hyaluronan, heparin sulfate, and even molecules which are found in intracellular compartments such as ATP, heat-shock proteins, uric acid, and those of nuclear origin such as high mobility group box 1 protein (HMGB1), double-strand RNA (dsRNA), single-strand RNA (ssRNA), DNA, and microR-NAs [19, 20]. PAMPs which are recognized by TLRs and derived from bacteria, viruses, parasites, and fungi include lipids, lipoproteins, proteins as well as nucleic acids [21]. In this regard, TLRs on the cell surface are capable to identify PAMPs as their ligands, e.g., TLR1/TLR2, TLR2/TLR6, and TLR2. TLR4 is considered as a receptor for lipopolysaccharide (LPS) and myeloid differentiation factor 2 (MD2), and TLR5 binds to flagellin. Intracellular TLRs include TLR3 which recognizes microbial nucleic acid including viral dsRNAs, TLR7, and TLR8 which can interact with ssRNAs, and TLR9 which binds to CpG-containing DNA [22]. TLRs are expressed in glial cells (microglia, astrocytes, oligodendrocytes), neurons in the central nervous system (CNS) and peripheral nervous system (PNS) [23-25]. Likewise, they are often found in circumventricular organs and meninges with direct access to the circulation. TLRs also exist on antigen-presenting cells (APCs) in the CNS such as dendritic cells, B cells, macrophages, microglia, monocytes, and endothelial cells [26, 27]. Thus, the presence of specific TLRs in microglia and astrocytes allows to respond in different manner. For instance, microglia can secrete vigorous chemokines and cytokines in response to TLR 2, 3, 4 stimulation, whereas astrocytes can secrete low IL-6 levels in response to a stimulation with TLR3 [26].

Structurally, TLRs are categorized as type I integral membrane glycoproteins that share a common domain structure consisting of an extracellular recognition domain, a single transmembrane domain (helix), as well as an intracellular Toll-interleukin 1 receptor (TIR) homology signaling domain [28, 29]. The extracellular domains encompass leucine-rich repeats and mediate the recognition of PAMPs, the transmembrane domain and the intracellular TIR domains are also essential for triggering downstream signaling pathways [15, 30]. The N-terminal ectodomains of TLRs are glycoproteins with 550–800 amino acids and are located in the extracellular region or appear in the lumen of endosomes, wherein they can recognize molecules secreted by invading pathogens [31].

Expression of TLR2 in innate immune cells appears differentially regulated by inflammatory mediators. TLR2 levels in monocytes are increased by IL-1, IL-10, and LPS, and decreased by TNF, IL-4, and IFN-g. TLR2 expression in purified granulocytes is also down-regulated by LPS and TNF, but strongly up-regulated by IL-10 [32]. Interestingly, studies investigating the expression of TLR2 in cultured mouse astrocytes were consistent in this respect, whereas other reports in other cell systems are contradictory. For example, Bsibsi et al. suggested the presence of TLR2 mRNA in human astrocytes, whereas Farina et al. were unable to discover this molecule [33, 34]. Moreover, cytokineor LPS-activated mouse brains showed TLR2 expression in microglia but not in astrocytes [35, 36]. Besides, expression of TLR2 is found in primary human oligodendrocytes [33], though the functional importance of TLR2 in this cell type is unclear.

In vitro or in vivo expression of astrocytic TLR4 also appears controversial. Reports have revealed that cultured astrocytes require microglia to entirely respond to LPS in vitro. Furthermore, oxygen–glucose deprivation in mixed glial cultures comprising astrocytes and microglia induces expression of TLR4 in these cells. TLR4 expression was much lower in astrocytes than in microglia [37–39]. However, one study reported that TLR4 was expressed in astrocytes but at just a comparatively low ratio compared to microglia [38]. It was additionally examined whether proinflammatory agents including LPS or IL-1 $\beta$  could modify TLR4 expression in microglia and astrocytes. Neither LPS nor IL-1 $\beta$  significantly affected the expression of TLR4 in astrocytes. In contrast, TLR4 expression in microglia was up-regulated by IL-1 $\beta$  but unaffected by LPS [40].

# **TLR signaling pathways**

Pro-inflammatory cytokines and chemokines are considered as the final products of the TLR signaling pathway [41]. A total number of five different adaptor molecules are described for TLRs: the myeloid differentiation primary response gene 88 (MyD88), MyD88 adaptor-like protein (MAL), TIRdomain-containing adaptor protein including interferon- $\beta$ mediated transcription factor (TRIF), TRIF-related adaptor molecule (TRAM), and sterile-alpha and armadillo motifcontaining protein (SARM) [42]. These adaptor molecules are considered as recruiters for the initiation and stimulation of downstream kinases and transcription factors that are involved in inflammation and antiviral responses [43]. TLRs and their respective adaptors can also interact with the homologous TIR domains present in both TLRs and adaptor molecules. Based on the recruitment of particular adaptors, TLRs can thus converge on two second messenger pathways: MyD88 dependent or MyD88 independent. Basically, MyD88 adaptor protein can activate signals of the MyD88-dependent pathway with all TLR family members involved with the exception of TLR3 [22, 44]. TLR1/2/4/6 is also bound to MyD88 after successfully assembling with TIRAP/Mal [45, 46] and then, MyD88 can activate the IL-1 receptor-associated kinase 4 (IRAK4). Moreover, MyD88 can recruit other members of the IRAK family, such as IRAK-1 that stimulates mitogen-activated protein kinase and the NF- $\kappa$ B pathway (Fig. 1) [47]. Formation of MyD88 and IRAKs complexes are likely to disassociate and react with tumor necrosis factor receptor-associated factor 6 (TRAF6). TRAF6 together with an ubiquitin-conjugating enzyme 13 (Ubc13) and ubiquitin-conjugating enzyme E2 variant 1 (Uev1A) can catalyze Lys-63 (K63)-linked polyubiquitination which initiates the activation of a complex consisting of transforming growth factor-*β*-activated kinase (TAK1), TAK1-binding protein 1 (TAB1), and TAB2 leading to phosphorylation of TAK1 and TAB2/3 [48, 49]. As well, TAK1 activates the inhibitor of NF-KB (IKB)-kinase complex (IKK) which is composed of IKK- $\alpha$ , IKK- $\beta$ , and IKK- $\gamma$  (Fig. 1). This complex phosphorylates I $\kappa$ B and causes NF-kB dissociation and translocation to the nucleus and the subsequent pro-inflammatory cytokine gene expression such as interleukin 1  $\beta$  (IL-1 $\beta$ ), IL-6, and tumor necrosis factor- $\alpha$ (TNF- $\alpha$ ) [22, 50]. NF- $\kappa$ B consists of p65 and p50 dimers that are inactive if present in the cytoplasm in association with IkB [51]. The second part of the TAK1 pathway is the activation of mitogen-activated protein kinases (MAPKs) which includes three families of p38 MAPKs, extracellular signalregulated kinases (ERKs), and c-Jun-N-terminal kinases (JNKs). Finally, MAP kinase is responsible for the formation of AP-1, another transcription factor complex inducing cytokine gene expression (Fig. 1) [50, 52, 53].

TLR4 is the only member of the TLR family that is able to trigger both MyD88- and TRIF-dependent signaling pathway-related genes [44]. LPS is considered an important ligand which binds to TLR4 and leads to endosome formation resulting in TRAM translocation to cytosol and TRIF-dependent signaling pathway activation [50]. This pathway responds with TRAF3 expression and activation of the TANK-binding kinase/IkB kinase (TBK1/IKKi) complex which leads to the interferon regulatory factor (IRF), IRF3 and IRF7, phosphorylation. The phosphorylated IRF3 and IRF7 dimer will then translocate to the nucleus and finally induce IFN gene expression [22, 45, 50]. TRAF6 is another target after TRIF downstream activation pathway which is activated by receptor interacting protein 1 (RIP1) followed by TAK1 complex and NF-kB (Fig. 1) [46, 49].

As well, suppressor of cytokine signaling (SOCS1) is known as a protein induced by cytokines and can negatively regulate cytokine-signaling pathway and directly downmodulate the TLR-signaling pathway [54, 55]. SOCS1 also affects the TLR–NF- $\kappa$ B pathway and binds to the p65 subunit of NF- $\kappa$ B to help ubiquitylation of p65. SOCS1 might regulate stress-activated MAPKs and finally lead to the suppression of MAL-dependent p65 phosphorylation and NF- $\kappa$ B transactivation [56, 57].

Moreover, a molecule family termed triggering receptors expressed on myeloid cells (TREM) can influence the downstream signaling pathway of the TLRs. TREM molecules have both activating and inhibitory receptors as regulatory factors playing a role in TLR-mediated inflammatory responses [58]. TREM-1 and TREM-2 can act on immune cells involved in innate immune responses. It was reported that TREM-1 expression increases during an infection in vivo and following TLR stimulation in vitro [59, 60]. Silencing of TREM-1 influences chemokine and cytokine production by elevating access to downstream signaling molecules involved in acute inflammation. This silencing did not change TRIF-mediated expression of INF indicating that TREM-1 has no main role in reinforcing this TLR signaling pathway. However, the influence of TREM-1 silencing on CD14, MyD88, and other molecules in downstream signaling suggests reduced pro-inflammatory signaling. These authors also noted significant reductions in MyD88 and CD14 transcripts as well as in downstream molecules of the NF-kB pathway following LPS stimulation in the setting of TREM-1 silencing [61, 62]. The overexpression of surfaceassociated TREM-1, TLR2, and TLR4 in CD14<sup>hi</sup>CD16<sup>+</sup> monocytes approves this pro-inflammatory role. However, simultaneous stimulation of TREM-1 and TLRs induced synergistically cytokine production and amplified inflammatory signals [63]. TREM-2 exists in naive primary astrocytes and was induced by exposure with LPS, OGD, or HMGB-1. Thus, the activation of TREM-2, overexpression of DAP12, and intracellular adaptor of TREM-2 could partly inhibit the activation of NF-kB induced by LPS in purified astrocytic cultures. Expression of TLR4 could also increase the sensitivity of astroglial cells to ligands, thereby facilitating an astrocyte shift towards a pro-inflammatory status. Then TREM-2 could moderate this response by decreasing downstream NF-kB activation. Therefore, TREM-2 and TLR4 expressions in astrocytes might control the sensitivity of astrocytes to TLR ligands by regulation of downstream NF- $\kappa$ B activation [39].



**Fig. 1** TLR cell signaling pathways. TLR4 and the heterodimers of TLR2/TLR1 or TLR2/TLR6 located on the cell surface identify their respective ligands. TLR4 is the only member of the TLR family which is also located in endosomes. The intracellular TLRs, TLR3, TLR7, TLR8, TLR9 are also found in endosomes. Every TLR family member, except TLR3, uses the MyD88-dependent signaling pathway. TRAP/Mal adaptor proteins bridge MyD88 to TLR1/6/2/4 and promote their interactions with TRAF6. TRAF6 activates the complex of TAK1, TAB1, and TAB2/3. TAK1 activates both the IKK complex and MAPK. Complex of IKK which causes IκB phosphorylation resulting in the translocation of NF-κB to the nucleus where pro-inflammatory gene expression is triggered. p38, ERK,

# **TLRs and stroke**

There is good evidence that TLRs and their ligands play an important role after brain ischemic injury. The inflammatory responses in immune cells are mediated by TLRs suggesting that these receptors contribute to induce ischemic damage. It is evident that resident cells such as astrocytes and microglia initiate the inflammatory cascades after JNK induced by MAPKs cause the AP-1 nuclear translocation. TLR 7/8 and 9 can activate MyD88 through two pathways: one pathway causes the translocation of IRF7 transcription factor to the nucleus and leads to type I IFN expression; the other pathway induces NF- $\kappa$ B as a downstream signaling molecule. TRIF is another adaptor protein which is recruited by TLR3 and TLR4 independently from the MyD88 pathway and leads to IRF3/IRF7 dimer translocation to the nucleus resulting in the expression of type I IFN. Furthermore, TRIF can interact with TRAF6 through an effect on RIP-1 which is followed by NF- $\kappa$ B activation. SOCS1 can inhibit the TLR signaling pathway via impact on NF- $\kappa$ B and MAPK activity and phosphorylation of p65

cerebral ischemia by recognizing injury-associated molecules. Subsequently, infiltration of immune cells such as macrophages and neutrophils to the damaged area take place and a massive release of inflammatory cytokines, proteolytic enzymes, and other cytotoxic mediators can be observed [7, 64, 65]. Several prospective studies including rodent models have investigated the function of TLRs in cerebral ischemia and addressed the basic question which TLR subpopulations are essential for the progression of ischemic damage in the brain [66].

TLR2 has been shown to be involved in sterile inflammation like ischemic brain damage [66, 67]. TLR2 can also act on glial cells to secrete inflammatory factors and pro-inflammatory mediators which further propagate brain damage [68]. Recent studies have indicated that leukocyte infiltration into the damaged area via a disrupted blood-brain barrier (BBB) and the subsequent induction of apoptosis in neurons can be induced by TLR2 and reduced by TLR2 suppression [69]. TLR2 mRNA levels in resident microglia are increased following brain ischemia in mice [66]. Besides, TLR2 can bind to endogenous ligands after ischemic stroke [70, 71]. HMGB1, considered as an essential DAMP in ischemic damage, is localized in the cell nucleus and translocated into the cytosol after ischemic injury to stimulate TLR2. It has been reported that HMGB1 neutralizing antibodies reduce the infarct volume after MCAO [72-74]. Peroxiredoxin (Prx) family protein which is expressed in the injured area is another member of DAMPs with a neuroprotective role [75, 76]. Neurons of TLR2-deficient mice are also protected against cell death induced by an ischemia-like energy exclusion model. In addition, less CNS damage has been seen in TLR2-knockout mice following focal cerebral ischemia [66, 77]. Mice lacking TLR2 gene have shown less brain damage and neurological deficits after MCAO compared to wild-type mice revealing an up-regulation of TLR2 gene in the non-ischemic brain hemisphere [68, 77]. An up-regulation of the TLR2 gene has been also reported in an in vitro ischemia/reperfusion model in cultured microglia [78]. It should be noted that the activation of microglia occurs by the release of toxic cytokines such as IL-23 and IL-17 during ischemia/reperfusion. The inhibition of this pathway in microglia can result in a protection after ischemia. Besides, inflammatory signaling of TLR2 in the post-ischemic brain requires the scavenger receptor CD36. The lack of this receptor can suppress inflammation. These findings suggest that the TLR2-CD36 complex could act as a sensor of ischemia at the onset of death signals and is vital for the inflammatory responses [79]. Therefore, TLR2 suppression could be potentially considered as a future treatment for ischemic stroke [69]. Other members of the TLR family, i.e., TLR3 or TLR9, also appear to be involved in brain ischemia [80–82]. For example, Alex et al. found that TLR3 signaling lowers the release of inflammatory cytokines by NF-kB pathway suppression in TLR3-knockout mice [82-85]. TLR4 is considered to play a pivotal role for the progression of infarct volume in the ischemic brain via its binding to the endogenous ligands like HMGB1 which then causes immune cell infiltration through BBB into the infarct area and its surrounding regions [70, 71, 73, 81, 86–88]. TLR4 gene expression is increased in neurons after cerebral ischemia accompanied by the enhancement of multiple inflammatory cytokines. Knockout of the TLR4 gene in neurons can thus improve their survival under glucose-deprived conditions [66]. This was also proven in TLR4-deficient mice which displayed less infarct volume compared to wild types [89–93]. Similarly, researchers revealed that TLR4-mutant mice had less expression of cyclooxygenase 2 (COX2), inducible nitric oxide synthase (iNOS), and IFN-g [89, 90, 92]. Moreover, it was suggested that LPS as a ligand of TLR4 could modulate this receptor [68, 94]. It should be noted that TLR7 and 8 seem to be directly involved in inflammatory damage following ischemic stroke [80].

TLR2 and TLR4 are known to be more essential than other TLRs in the pathological development of ischemic brain damage [10]. Nalamolu et al. described the neuroprotective impact of simultaneous TLR2/TLR4 suppression under ischemic stroke conditions probably mediated by mitigating the induction of the pro-inflammatory cytokines TNF, IL-1, and IL-6 [95]. Therefore, TLR2 and TLR4 can be considered as interesting targets for stroke treatment. A better knowledge about the molecular structure, genetic variations, and modulation by several reagents of TLRs can help in future managing stroke prevalence and treatments.

## TLR gene polymorphisms and stroke risk

There are reportedly several polymorphisms in TLR2 and TLR4 genes which may possibly change the risk for stroke. According to the National Center for Biotechnology Information (NCBI) database, many single nucleotide polymorphisms (SNPs) exist in TLR2 and TLR4 genes including rs5743708, rs1927911, rs4986790, and TLR4-C119A [96, 97]. TLR2 is located on chromosome 4 (4q31.3) with 5 exons and rs5743708 transition is situated on exon 5 [98]. This polymorphism, a missense mutation, can lead to a glutamine-to-arginine substitution at codon 735 (p.Arg753Gln). Besides, the rs1927911 variant is located on intron 1 of the TLR4 gene on chromosome 9 (9q33.1) [99]. Considered as a missense SNP, the rs4986790 is situated on exon 4 of TLR4 with the substitution of glycine to aspartate at codon 299 (p.Asp299Gly). In addition, the TLR4-C119A transversion is located on intron 1 of the TLR4 gene. Results from a previous study revealed that allele and genotype frequencies of rs1927911 were significantly different between stroke and control groups, while rs5743708 was not reported to be different between these groups. For rs1927911, it was shown that fasting blood glucose, blood pressure, and levels of serum lipids were not significantly different among the various genotypes in stroke and control groups [96]. Lin et al. reported a significant association between A119C polymorphism and stroke risk and demonstrated that the TLR4-119A allele might be a risk factor for ischemic stroke and it was also concluded that rs4986790 was a rare variation in the given study population [97].

Pathogenic effects of gene polymorphisms can be variable and depend on the position of SNP on the gene, RNA, and protein sequences [100, 101]. The four aforementioned SNPs may also influence molecular aspects of TLR2 and TLR4. As mentioned in (Table 1) and according to the RNAsnp database, only the rs4986790 polymorphism appeared to be deleterious for the TLR4 RNA structure [102]. This polymorphism could reduce the minimum free energy of RNA, change the expression of interested gene, and consequently change the expression of the genes of interest (Fig. 2) [103–105]. It should be noted that rs5743708 and rs4986790 polymorphisms are non-synonymous SNPs. Generally, non-synonymous polymorphisms cause amino acid substitutions in the protein sequence [106, 107]. According to the SNPeffect database, rs5743708 transition is located in a helix region of TLR2, whereas the rs4986790 SNP is situated in an extended region of TLR4 protein (Fig. 3). In addition, the database records have predicted both rs5743708 and rs4986790

Table 1 Effects of SNPs on RNA structure of TLR2 and TLR4

| SNP       | Gene | Folding<br>window | Local region | Distance | p value |
|-----------|------|-------------------|--------------|----------|---------|
| rs5743708 | TLR2 | 3085-3485         | 3261-3316    | 0.0009   | 0.9718  |
| rs1927911 | TLR4 | 8395-8795         | 8566-8615    | 0.0188   | 0.6715  |
| rs4986790 | TLR4 | 827-1227          | 972-1036     | 0.1510   | 0.1203  |
| C119A     | TLR4 | 5208-5608         | 5399-5606    | 0.0422   | 0.5465  |

p values less than 0.2 are considered to be significant

SNPs as harmful polymorphisms that are likely to reduce protein stability [108]. Other databases including Poly-Phen-2 [109], SNAP [110], SIFT [111], and SNPeffect [112] can also provide evidence that rs5743708 transition is deleterious. Despite the fact that PolyPhen-2, SIFT, PhD-SNP, and SNPs&GO [113] databases have predicted rs4986790 transition as a benign SNP for TLR4 molecule (Table 2), it could be concluded that damaging effects of rs4986790 could arise from alterations in TLR4 RNA structure, while harmful effects of rs5743708 were likely to be caused by changes in the protein structure of TLR2.

## **Neurosteroids as TLR modulators**

Neurosteroids can be synthesized by both neurons and glial cells and act within CNS [114]. Neurosteroids synthesized by nervous tissue can act through their intracellular nuclear receptors thereby regulating gene expression [115]. Thus, they are able to protect the brain via an inhibition of TLR-related pathways from damage [116]. The risk of stroke in women typically increases at post-menopause stage indicating the protective potentials of female sex hormones, i.e., estrogen and progesterone (EP) [117]. Generally, both steroids are neuroprotective in the CNS under acute neurodegenerative and neuropathological conditions [118–121]. Animal and human studies have also shown that EP decreases post-stroke ischemic injury [122–125]. Vitamin D and its



**Fig. 2** Secondary structure of RNA of human TLR4 before and after rs4986790 transition. Optimal secondary structure of global sequence (highlighted from 827 to 1227 nt) in the wild type with minimum

free energy = -129.20 kcal/mol (**a**) and mutant with minimum free energy = -74.60 kcal/mol (**b**). The figure was modified from rnaSNP



Fig. 3 Partial three-dimensional structures of TLR2 and TLR4. The rs5743708 and rs4986790 substitutions are a helix domain of TLR2 (a) and an extend domain of TLR4 (b), respectively

| Table 2Effects of rs5743708and rs4986790SNPs on protein | SNP       | Gene | Motif position | PolyPhen-2 | SNAP | SIFT | SNPeffect | PhD-SNP | SNPs&GO |
|---|-----------|------|----------------|------------|------|------|-----------|---------|---------|
| structure   | rs5743708 | TLR2 | Helix          | +          | +    | +    | +         | +       | _       |
|   | rs4986790 | TLR4 | Extend         | _          | +    | _    | +         | _       | _       |

The "+" and "-" symbols show deleterious and benign effects, respectively

metabolites are also recognized as important neurosteroids that are capable to guard neurons following ischemia [126–128].

## Estrogen

This hormone exerts its biological actions mainly through three different estrogen receptors (ERs) including ER $\alpha$ , ER $\beta$ , and G protein-coupled receptor 30 (GPR30) which are all expressed in the brain and linked to various molecular pathways such as membrane-linked receptors and nuclear receptors [129, 130]. The modulation of neuroinflammation is considered as one the most important neuroprotective mechanisms of estrogens after brain ischemia [131]. Accordingly, studies have shown that estrogen decreases toxic damage to neurons and regulates neuroinflammatory processes via the modulation of glial cell function, and consequently reduces infarct volume when it is given after permanent or transient brain ischemia [11, 132–136]. 17β-Estradiol (E2) has been reported to suppress the release of cytokines and pro-inflammatory factors such as TNF- $\alpha$ , IFN- $\gamma$ , and IL-17. Additionally,

E2 can promote the release of the anti-inflammatory factors such as transforming growth factor beta (TGF-β) and IL-10 [137, 138]. Generally, E2 plays an important role for the TLR/NF-κB signaling pathway. It has been demonstrated that TLR4 is down-regulated by E2. Moreover, TLR2 is significantly down-regulated in ERα mutant ovariectomized mice [139, 140]. Additional studies have indicated the neuroprotective effects of ERα following experimental ischemic damage through the interaction of ERα with IL-6 and NF-κB [141–145].

As mentioned above, E2 can act via ER $\alpha$  independent of its nuclear function by preventing NF- $\kappa$ B nuclear translocation. This demonstrates that E2–ER $\alpha$  signaling pathways play an important role in immediate-early inflammatory response (Fig. 4a) [146]. E2 levels elevated in obesity and during pregnancy could also increase the expression of I $\kappa$ B $\alpha$  as an anti-inflammatory molecule. On the other hand, ER $\beta$  could block nuclear translocation of NF- $\kappa$ B in cerebral ischemia [147]. Elevated levels of TLR2, TLR4, and MyD88 mRNA, activated NF- $\kappa$ B, and also phosphorylated p65 in ovariectomized mice may be reversed by ER $\beta$ agonists (Fig. 4a) [139]. Moreover, estrogen treatment could reduce the expression of TNF- $\alpha$  after cerebral ischemia, although it has been reported that chronic administration of E2 stimulates TNF- $\alpha$  and pro-inflammatory cytokine release [148–150].

Pre-treatment of male rats with E2 in a MCAO model also showed a significant down-regulation of IL-1ß and a lowering of infarct volume compared to non-treated males [151]. There are other reports showing IL-6 inhibition and control of inflammation after E2 treatment in ischemic stroke [152]. Furthermore, E2 could boost the MAPK/ERK pathway which mediated neuroprotection and deprivation of this hormone modulates activation and expression of the p38 MAPK family members in the brain [153, 154]. In this respect, Koerner et al. revealed that estrogen replacement in ovariectomized mice could lead to temporal anti-inflammatory responses that were likely to induce immunosuppression [140]. Following brain ischemia, estrogen can also promote the formation of the resting microglia and astrocyte phenotype which reduce their activation, proliferation, and migration towards the damaged region and may be assumed responsible for the inhibition of glial-derived pro-inflammatory factors [122].

#### Progesterone

This neurosteroid appears to be neuroprotective in a variety of species including human particularly in neurodegenerative diseases, stroke, traumatic brain injury (TBI), and spinal cord injury. Generally, this hormone decreases neuronal loss and brain edema by down-regulating distinct inflammatory pathways [155–162]. Progesterone typically exerts its actions through progesterone receptors (PRs) such as classical isoforms of PR-A and PR-B which are found in the nucleus and operate as transcription factors via binding to progesterone response elements in the promoter of gene. In addition, progesterone membrane receptors also exist in the brain which transmit a wide variety of progesterone effects [162–165]. Both nuclear and membrane PRs mediate progesterone-regulated responses in the brain affecting directly microglia, astrocytes, and neurons [163]. This hormone can reduce inflammation after cerebral ischemia and TBI via modulating TLR signaling [116, 166]. Hua et al. showed that progesterone did not suppress the activation of TLR2 but rather promoted the



**Fig.4** Effects of neurosteroids on TLR signaling pathways under ischemic conditions. **a** Estrogen/ER could increase IκB, also ERα could block NF-κB nuclear translocation. In the nucleus, ERα/β inhibits the expression of TLR2/4, and ERβ suppresses the p65 subunit of NF-κB. Progesterone suppresses LPS-induced NF-kB activation by prevention of the phosphorylation of IκB and the p65 subunit. Progesterone also blocks the expression of TLR2/4, increases the expression of IκB, and TLR9, and suppresses the transcription of the p65 gene. Estrogen/progesterone promote mitochondrial function by blocking of DAMP action and suppressing p38 MAPK activation. **b** 

Vitamin D3 binding to VDR leads to anti-inflammatory effects by suppressing phosphorylation of I $\kappa$ B, p38 MAPK and NF- $\kappa$ B translocation to the nucleus and also by stimulation of SOCS1 which inhibits the TLR pathway. VD3 exerts a negative regulation of the phosphorylation of I $\kappa$ B by blocking ROS activity and suppressing the expression of TLR2/4 and NF- $\kappa$ B activity. Pro-inflammatory effects of VD3 occur via the down-regulation of TLR9 and by blocking of IL-6 expression. Up- and down-regulation of genes are depicted by  $\uparrow$  and  $\downarrow$  symbols

expression of TLR9 [94, 116]. Furthermore, progesterone and its metabolites regulate TLR4 and NF-kB signal transduction pathways after subarachnoid hemorrhage and ischemic brain damage [166, 167]. There is more information available concerning the progesterone-mediated control of protective signaling cascades such as inhibition of LPS-induced NF-κB activation by blocking IκBα and suppressing p65 subunit phosphorylation, down-regulation of phosphorylation of the p38, JNK and ERK MAPKs in microglia [168], and attenuation of TLR2/4 expression and antagonizing NF-kB activity by increasing transcription of IkB $\alpha$  gene or suppression of p65 gene (Fig. 4a) [169, 170]. It has also reported that progesterone controls IL-1 $\beta$ and TNF-α after TBI [171] and MCAO [172]. However, another report described that progesterone has no influence on the expression of IL-1 $\beta$  and TNF- $\alpha$  following brain injury [173].

In general, data suggest that a co-treatment of E2 with progesterone is more effective in the treatment of neurodegeneration than exposure to single steroids possibly due to their synergistic effects [174]. A combined EP treatment of cerebral cortex neurons appears to be more effective in preventing glucose serum deprivation (CGSD) and might be the result of direct and indirect interactions with microglia [175–177]. EP treatment also promotes mitochondrial function by attenuating DAMP activity and blocking the TLR4/NF- $\kappa$ B pathway [176, 178–181].

The negative results of both clinical trials called SyN-APSE and ProTECT III, which used neurosteroids and their derivatives as a treatment regimen created a lot of frustration in the field of steroid-mediated neuroprotection in the brain. The method for administration of progesterone might be one reason for the failure. In the SyNAPSe III and ProTECT trials, natural progesterone has been used by continuous intravenous infusion to patients with TBI. However, none of the preclinical TBI trainings has used this method but instead subcutaneous or intraperitoneal injections [182]. In addition, large doses of progesterone were given in the clinical trials throughout. Only a few animal studies have tried dose-response relationships of progesterone and suggested that high doses of progesterone might be less effective or even damaging after TBI [183]. Furthermore, the abrupt discontinuation of the intravenous progesterone administration and long-term treatment with progesterone after experimental TBI are more effective than a short-term treatment [184, 185]. Therefore, the design of the SyNAPSe and ProTECT III trials could imply some ideal options that were not always supported by existing preclinical outcomes [182].

### Vitamin D

Vitamin D3 (cholecalciferol) is mainly synthesized in the skin or is intestinally absorbed. Cholecalciferol can be initially metabolized in the liver into calcifediol (25-hydroxycholecalciferol) and then in the kidney into calcitriol (1,25(OH)2D3). Calcitriol is considered the most important biologically active metabolite of vitamin D. It has also been identified as a neuroprotective factor for stroke [126, 186–188]. Vitamin D is structurally similar to classical steroid hormones and mainly acts via nuclear receptors thereby regulating inflammatory genes expressed in macrophages and T lymphocytes [189–191]. Vitamin D can also inhibit inflammatory responses and may elicit antiinflammatory pathways by acting through specific vitamin D receptors (VDR) [192] which are found in immune cells [193]. There are additional functions of vitamin D along with its influence on immune cells which can be beneficial under pathological conditions including regulation of apoptosis and cell cycle [188]. Calcitriol can also modulate TLR signaling through SOCS1 stimulation, prevent the phosphorylation of p38 MAPK, and inhibit NF-kB activity (Fig. 4b) [193–197]. IkB phosphorylation is a result of mitochondrial dysfunction which occurs as a result of an elevation of reactive oxygen species (ROS) in mitochondria of injured cells after hypoxia. It has been suggested that calcitriol/VDR can directly interfere with the IkB/ NF- $\kappa$ B complex or IKK $\beta$ , thus preventing the translocation of p65 into the cell nucleus [198, 199]. Treatment of human monocytes and macrophages with vitamin D3 can also reduce the expression of TLR2/4 and block NF-KB within the nucleus (Fig. 4b) [200, 201]. Vitamin  $D_3$  can further minimize the release of TNF- $\alpha$ , IL-6, and IL-1b in human/murine macrophages and monocytes following LPS stimulation [201]. Interestingly, TLR2 can promote VDR expression and TLR agonists can elevate the conversion of calcifediol into calcitriol by regulating the expression of 1\alpha-hydroxylase (1\alphaOHase) [202, 203]. Recent evidence from animal studies and clinical trials suggest that vitamin D deficiency is correlated with several inflammatory diseases and increased infarct volumes in stroke [193, 204, 205]. Moreover, treatment with vitamin D has been reported to cause TLR9 down-regulation in monocytes and subsequently lower IL-6 release [206]. As well, it has been revealed that co-treatment of vitamin D and progesterone in TBI, an ischemic in vitro neuronal model, and a cerebral ischemia animal model results in better outcomes by modulation of the TLR4/NF- $\kappa$ B signaling cascade [207, 208].

## Conclusion

This review article focused on aspects of TLR signaling during acute neuropathological challenges in the brain and highlighted the potential neuroprotective capacity of estrogen, progesterone and vitamin D3 and their putative interactions with TLR signaling pathways after cerebral ischemia and TBI. In particular, TLR2 and TLR4 signaling appeared to be pivotal for controlling pathogenic immune responses following stroke. All three hormones were able to modulate TLR2 and TLR4 signal transduction. Thus, these steroids and the vitamin can be considered as therapeutic options for stroke therapy.

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#### **Compliance with ethical standards**

Conflict of interest The authors declare no conflict of interest.

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