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- 1) Akbari, M., Ostadmohammadi, V., Mirhosseini, N., Lankarani, K.B., Tabrizi, R., Keshtkaran, Z., Reiter, R.J., Asemi, Z.

[The effects of melatonin supplementation on blood pressure in patients with metabolic disorders: a systematic review and meta-analysis of randomized controlled trials](#)

(2019) Journal of Human Hypertension, 33 (3), pp. 202-209.

- 1) <https://www.scopus.com/inward/record.uri?eid=2-s2.0-85060155494&doi=10.1038%2fs41371-019-0166-2&partnerID=40&md5=...>  
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