

1 **Experimental evidence for sustained carbon sequestration in fire-managed, peat**  
2 **moorlands**

3 R. H. Marrs<sup>1</sup>, E-L Marsland<sup>1</sup>, R. Lingard<sup>1\*</sup>, P. G. Appleby<sup>2</sup>, G. T. Piliposyan<sup>2</sup>, R. J. Rose<sup>3</sup>, J.  
4 O'Reilly<sup>4</sup>, G. Milligan<sup>1</sup>, K. A. Allen<sup>1</sup>, J.G. Alday<sup>1</sup>, V. Santana<sup>1</sup>, H. Lee<sup>1</sup>, K. Halsall<sup>1</sup>, R.C.  
5 Chiverrell<sup>1</sup>

6 <sup>1</sup>School of Environmental Sciences, University of Liverpool, Liverpool L69 3GP, UK;  
7 Environmental Radioactivity Research Centre, Department of Mathematical Sciences,  
8 University of Liverpool, Liverpool L69 7ZL UK; <sup>3</sup>Centre for Ecology & Hydrology, Bailrigg,  
9 Lancaster LA1 4AP UK; <sup>4</sup>Ptyxis Ecology, Lambley, Northumberland CA8 7LL, UK.

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11 **Peat moorlands are important habitats and in the boreal region, where they store ca. 30%**  
12 **of the global soil C. Prescribed burning on peat is a very contentious management**  
13 **strategy widely-linked with loss of carbon. Here, we quantify the effects of prescribed**  
14 **burning for lightly-managed boreal moorlands and show the impacts on peat and C**  
15 **accumulation rates are not as bad as is widely thought. We used stratigraphical**  
16 **techniques within an unique replicated, ecological experiment with known burn**  
17 **frequencies to quantify peat and C accumulation rates (0 managed burns since ca. 1923, 1-**  
18 **burn, 3-burns, 6-burns). Accumulation rates were typical of moorlands elsewhere, and**  
19 **were only reduced significantly in the 6-burn treatment. However, impacts intensified**  
20 **gradually with burn frequency; each additional burn reduced the accumulation rates by**  
21 **4.9 g m<sup>-2</sup> yr<sup>-1</sup> (peat) and 1.9 g C cm<sup>-2</sup> yr<sup>-1</sup> but not preventing accumulation. Species diversity**  
22 **and the abundance of peat-forming species also increased with burn frequency. Our data**  
23 **challenge widely-held perceptions that a move to zero burning is essential for peat**

24 **growth, and show that appropriate prescribed burning can both mitigate wildfire risk in a**  
25 **warmer world and produce relatively fast peat growth and sustained C sequestration.**

26 Peatlands are important habitats in many parts of the world covering ca.  $3.8 \times 10^6 \text{ km}^2$ ,  
27 concentrated in the boreal region<sup>1</sup>, storing about 30% of the global soil C<sup>2</sup>, estimated at  
28  $500 \pm 100 \text{ Gt of C}^3$ . Peatlands occur where organic matter decomposition is prevented by low  
29 temperature and high rainfall<sup>4</sup>. As they are composed of dead plant material they are  
30 flammable<sup>5</sup>, and under suitable conditions, are susceptible to fire and particularly wildfire.  
31 Fire is a natural phenomenon in many boreal areas<sup>6</sup> where large areas ( $0.03\text{-}0.24 \times 10^6 \text{ km}^2$   
32  $\text{yr}^{-1}$ ) are burned annually<sup>7-9</sup>, releasing an estimated  $106\text{-}209 \text{ Tg C yr}^{-1}$ , which has important  
33 repercussions for the global C cycle<sup>3</sup>. In many peatlands the natural fire return interval  
34 varies considerably from  $75\text{-}425$ <sup>10</sup> to between  $400\text{-}1790$  years<sup>11</sup>, but, in some regions for  
35 example the Alaskan interior, there have been recent increases in wildfire of 2.4% per year  
36 between 1943-2012<sup>6</sup>. As prescribed fire is often used to suppress wildfire<sup>6,12-13</sup>, so better  
37 understanding of the relative risks and impacts of prescribed fire and wildfire is of global  
38 interest.

39 In many parts of the world, peatlands are left unmanaged, but large areas are also  
40 managed lightly through grazing and prescribed burning. In Norway, for example, prescribed  
41 fire has been shown to be a key part of heathland management for at least 6,000 years<sup>14</sup>,  
42 which has produced a fire-adapted flora<sup>15</sup>. In the second half of the twentieth-century fire  
43 exclusion policies have been adopted in many places in western and Baltic Europe, and  
44 there have been calls to reinstate traditional burning practices to restore the functional role  
45 of fire in these areas<sup>16</sup>. In Canada, its use is advocated for both enhancing forest  
46 understorey diversity and forest productivity<sup>10</sup>. In the UK, use of prescribed burning is very  
47 contentious with heated debate on its use for moorland vegetation on peat<sup>17-19</sup> as it is

48 widely-linked to ecosystem degradation, loss of C and negative impacts on water quality<sup>18-</sup>  
49 <sup>23</sup>. Much of the concern over prescribed burning on peat is a belief that this practice  
50 changes the vegetation type and prevents peat formation; e.g. in the UK a shift from plant  
51 communities dominated by cotton-grass *Eriophorum*/Sphagnum to one dominated by the  
52 shrub *Calluna vulgaris*. However, where prescribed burning is not used the build-up of  
53 shrubs and trees can provide a large, fire-prone fuel load which puts the peatland at greater  
54 risk from wildfire<sup>11-13</sup>. Wildfires can be much more damaging than prescribed fires<sup>22-23</sup>.  
55 Moorland managers are therefore damned if s(he) burns and damned if s(he) does not.  
56 There is, therefore, an urgent need for quantitative evidence about the use of prescribed  
57 burning on peat growth rates. Here, we quantify peat and C accumulation rates within an  
58 experiment with a known managed burning history

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### 60 **Peat, a recent historic record**

61 Peat is a vertically-growing structure, increasing in thickness with time and laying down a  
62 stratigraphy that preserves evidence of change in local and regional vegetation<sup>4,24</sup>, fire  
63 frequency (charcoal)<sup>24-25</sup>, hydroclimate<sup>26</sup> and C accumulation<sup>27</sup>. Usually, these sub-fossil  
64 records are interrogated over long-time scales (1,000 to 10,000 years). However, the  
65 generation of relatively accurate age-depth profiles in peat over the last 150 years<sup>28</sup> has  
66 been made possible by linking stratigraphical records of atmospheric pollutant deposition<sup>28</sup>  
67 (stable Pb, <sup>214</sup>Pb, <sup>137</sup>Cs and Spherical Carbonaceous Particles) calibrated against absolute  
68 geochronologies derived from radiometric dating techniques (<sup>210</sup>Pb). Here, we have applied  
69 this integrative approach to create age-depth profiles for peat sequences within the unique,  
70 long-term, manipulative, experiment at Moor House National Nature Reserve in the north of  
71 England. This experiment is set up on a *C. vulgaris*-dominated, ombrotrophic (rain-fed)

72 peatland. We tested one of the major assumptions underlying studies on the effect of  
73 prescribed burning on peat and C accumulation patterns: that burning or burning frequency  
74 prevents or reduces peat and C accumulation. Multiple, shallow peat profiles (n=32; <0.5m  
75 depth) were sampled in four different managed burn treatments (of 0, 1, 3 and 6 burns  
76 since ca. 1923<sup>29</sup>), each replicated in four blocks (Supplementary Fig. S1). Two additional  
77 master peat profiles were collected to determine chronological markers and age-depth  
78 profiles using the atmospheric stable Pb down-core record (measured by X-ray Florescence,  
79 XRF). Within these master cores, independent age control was secured by <sup>210</sup>Pb, <sup>137</sup>Cs and  
80 <sup>241</sup>Am analysis using direct gamma assay producing <sup>210</sup>Pb chronologies corroborated in part  
81 by radionuclide fall-out (<sup>137</sup>Cs and <sup>241</sup>Am) markers<sup>30</sup> for 1963 and 1986. Our age-depth  
82 models (Supplementary Fig. S3) have chronological uncertainties of ±1-5 yr (1980–2014) and  
83 ±5-13 yr (1900-1970)<sup>28</sup>. Atmospheric stable Pb (Extended Data Fig. 2) profiles were then  
84 measured for the 32 cores by XRF. The two reliable atmospheric pollutant Pb markers at ~  
85 1876 and 1963 were discerned in all 32-peat profiles and used to calculate dry peat and C  
86 mass accumulation rates for each profile for the two periods within the age-depth profile  
87 (1876-1963 and 1963-2016). The measured peat accumulation rates are net ones,  
88 integrating the effects of damage to the peat and subsequent regrowth

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### 90 **Impact of increasing burning frequency on peat and C accumulation**

91 The measured results of mass and C accumulation rates (1963-2016) for the 0-burn  
92 treatment were  $124.4 \pm 8.04$  g peat  $m^{-2} yr^{-1}$  and  $48 \pm 3.3$  g C  $m^{-2} yr^{-1}$  respectively. The C  
93 accumulation rates are in the same order of magnitude as reported literature values;  $24.1$  g  
94 C  $m^{-2} yr^{-1}$  as a long-term average for northern peatlands, and between 18 and  $206.2$  g C  $m^{-2}$   
95  $yr^{-1}$  from a range of UK peatlands sites<sup>31-36</sup>. Moreover, our values are very close to the

96 average predicted value of  $56 \text{ g C m}^{-2} \text{ yr}$  (range (20 –91) derived from the entire catchment  
97 in which the Moor House managed burn experiment is situated<sup>37</sup>. Our measurements for  
98 1963-2016 were lower than those from the earlier 1876-1963 period ( $142.1 \pm 16.1 \text{ g peat cm}^2$   
99  $\text{yr}^{-1}$ ;  $55.0 \pm 6.2 \text{ g C m}^{-2} \text{ yr}^{-1}$ ) but this difference was not statistically significant (peat,  $t=0.97$ ,  
100  $P=0.38$ ; C,  $t=0.99$ ,  $P=0.37$ ,  $df=3$ ).

101 Prescribed burning only caused significant reductions in peat and C accumulation rates  
102 (Fig. 1a; peat  $F_{3,9} = 5.5, 0 P=0.026$ ; C  $F_{3,9} = 4.51, P=0.034$ ) at the extremes between the 0-burn  
103 and 6-burn treatments; (Tukey HSD, Mass =  $P<0.020$ ; C =  $P<0.027$ ). As we did not detect a  
104 significant difference in vertical peat growth between burning treatments (mean  $0.158 \pm$   
105  $0.005 \text{ cm yr}^{-2}$ ,  $n=32$ , range =  $0.116-0.202$ ), the observed changes in peat mass must reflect a  
106 changing peat density. The different burning treatments reflect an increasing number of  
107 burns, which can be described by a linear relationship ( $P<0.01$ , Fig. 1b), essentially for each  
108 additional burn the accumulation rates were reduced by  $4.9 \text{ g m}^{-2} \text{ yr}^{-1}$  for peat and  $1.9 \text{ g m}^{-2}$   
109  $\text{yr}^{-1}$  for C.

110 The burning treatments have also produced changes in biodiversity (Fig. 2). Overall  
111 diversity (Shannon-Weiner Index) increased in the 3-burn and 6-burn treatment but  
112 declined in the 1-burn one. *C. vulgaris* had greatest abundance in the 1- and 3-burn  
113 treatments and lowest in 6-burn treatment, although all increased in abundance through  
114 time. *Sphagnum* showed no significant change in 1-burn treatment but significantly  
115 increased in the 3- and 6-burn treatments, with the 6-burn one having a greater overall  
116 abundance. *Eriophorum vaginatum* showed no temporal trend but its abundance increased  
117 with increasing burning frequency.

118 These results debunk a number of widely-held beliefs in peatland conservation (Fig. 3).  
119 First, the belief that prescribed burning prevents peat and C accumulation was not

120 supported because even after six burns, peat and C were both accumulating; the  
121 accumulation rates were reduced, but not stopped. We should, however, not be  
122 complacent and further monitoring is needed to better understand longer-term impacts.  
123 Second, in broad terms it is usually believed that *C. vulgaris*-dominated communities will  
124 have little peat accumulation whereas those dominated by *E. vaginatum* and *Sphagnum* will  
125 be good peat accumulators<sup>18</sup>. Here, the opposite was found; the vegetation in the 1-burn  
126 (and indeed the 0-burn reference plots) had the greatest accumulation rates yet were  
127 dominated by *C. vulgaris* and the plots burned most frequently with the lowest peat and C  
128 accumulation rates were dominated by *E. vaginatum* and had greatest *Sphagnum*  
129 abundance (Fig. 2)<sup>38-39</sup>. Taken together, these results do not support the simplistic ideas  
130 about peat accumulation and plant community type, and confirm that reasonable peat  
131 formation (0-burn treatment = 48 g C m<sup>-2</sup> yr<sup>-1</sup>) can occur under a *C. vulgaris*-dominated  
132 community with lower rates under *E. vaginatum* and *Sphagnum* (6-burn treatment = 36 g C  
133 m<sup>-2</sup> yr<sup>-1</sup>). It is possible that the presence of the peat-producers (*Sphagnum* and *E.*  
134 *vaginatum*) counter-balance the effects of more frequent, prescribed fires.

### 135 **Management implications**

136 At face value, these results imply that prescribed burning on moorlands should be limited in  
137 order to enhance C accumulation rates and support C storage as an ecosystem service<sup>17-19</sup>.  
138 Alas, it is not quite so simple (Fig. 3). Peatland conservation and its associated ecosystem  
139 services cannot be separated from potential wildfire occurrence, common in upland parts of  
140 the UK and elsewhere in the boreal region<sup>2-3,6-11</sup>. Wildfire is expected to be a greater  
141 problem with the drier summers predicted as the climate changes<sup>19,40-41</sup>. *C. vulgaris*, the  
142 dominant and increasingly dominant species in the 0-burn treatment, is a species with traits  
143 that respond positively to fire; igniting easily especially where there is a large proportion of

144 dead material<sup>5</sup>, as is the case in old-growth stands, regenerating quickly after prescribed  
145 burning<sup>42</sup> with seed germination enhanced by smoke<sup>43</sup>. However, under wildfire the entire  
146 plant can be killed and surface peat damaged severely [direct damage and C loss]<sup>22</sup>, and loss  
147 of bryophyte regeneration potential<sup>44</sup>. Thus, where *C. vulgaris* dominates over large areas,  
148 as here in the 0- and 1-burn treatments, the vegetation must be susceptible to spring and  
149 summer wildfires; previous wildfires have seen large areas damaged, loss of surface  
150 vegetation hence loss of biotic control<sup>45</sup>, with subsequent erosion of peat by heavy rainfall  
151 [indirect damage, but up to 1m depth can be lost]<sup>46</sup>. In such a wildfire, C losses could swamp  
152 any improvement in C accumulation occurring through a reduction in prescribed burning,  
153 especially if the peat burns. To estimate potential damage we estimated the total C  
154 concentration in the surface vegetation (820 g C m<sup>-2</sup>) plus the amount in the surface 1 cm  
155 and 5 cm depth layers (240 and 1274 g cm<sup>-2</sup> respectively, Fig. 3). If these surface  
156 vegetation/peat layers were destroyed by wildfire we estimate it would take and 58 years to  
157 recover this lost C and attain the status quo. These estimates have large uncertainties (95%  
158 CL = 22-38 and 48-71 years for 1 cm and 5 cm peat loss respectively and an optimistic  
159 scenario of an immediate ecosystem recovery and a C accumulation rate of 36 g C m<sup>-2</sup> yr<sup>-2</sup>  
160 (6-burn value). Clearly, if accumulation rates were further reduced by wildfire, or if there  
161 was an extended lag-effect<sup>11</sup> then these estimates would increase.

162 Managers must consider, therefore, both the impacts of prescribed burning relative to  
163 wildfire risk in developing moorland conservation policies<sup>47</sup>. We suggest that for this  
164 moorland under current climatic conditions (Fig. 3) the 3-burn treatment (equating to a  
165 burn every 20 years, with some areas left unburned) would be a pragmatic solution. This  
166 approach would minimize damage to peat and C accumulation rates, maintain a mixed-  
167 moorland community with maximum diversity, and a reduced fuel-load providing some

168 degree of resilience to wildfire. With different patches burned annually, a mosaic of stages  
169 ranging from post-burn through to old stages would be created across the landscape. These  
170 findings have implications for managed and unmanaged peatlands globally where  
171 prescribed burning is a widely-used management strategy<sup>9,10,16</sup>. Indeed, for northern Europe  
172 it has been argued that the recent reduction in the use of prescribe burning needs to be  
173 reversed<sup>16</sup>. If global warming introduces a much shorter return cycle to wildfires, then  
174 prescribed fires could be one way of reducing the damage. The unique long-term ecological  
175 experiment at Moor House National Nature Reserve shows that C sequestration and  
176 biodiversity in the fire-managed NW European boreal peat moorlands is not as bad as  
177 previously thought. The threshold burn cycle to optimise C sequestration and promote  
178 greater biodiversity may need to be shortened in areas with faster vegetation growth  
179 rates<sup>12,47</sup>, or lengthened in peatlands with slower growth, and particularly where arboreal  
180 communities are part of the ecosystem<sup>23</sup>. However, our general stratigraphical approach  
181 offers a mechanism in modified form for identifying the optimal managed-burn frequencies  
182 for other locations should changing wildfire regime require a more active management  
183 strategy. The major conclusion is that prescribed burning on peatlands is not necessarily  
184 damaging. Where there is evidence of the traditions use of fire on peatlands, appropriate  
185 frequencies need to be derived, and even where there is no current management,  
186 prescribed burning could perhaps be considered for wildfire prevention in the future,  
187 especially with the projected global increase in frequency wildfire<sup>48,49</sup>.

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189 **Online Content** Methods, including statements of data availability are available at

190 [Nature.website](#).

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333

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339

340 **Author Contributions**

341 RHM and RCC planned and carried out the field sampling with RR, E-LM, RL and KH. RCC led  
342 the geochemistry/stratigraphy with E-LM and RL; PA and GP were responsible for the  
343 radiometric dating; the vegetation survey and analyses were planned and performed by JA,  
344 KAA, HL, GM, RR, JO'R and VS. RHM and RCC produced the manuscript and all authors  
345 contributed to the final version.

346

347 **Competing interests**

348 The authors declare no competing interests.

349

350 **Additional information**

351 **Supplementary information** is available for this paper at [Nature.website](#).

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357

358 **Figure captions:**

359 **Figure 1 | Effects of differing prescribed fire frequencies on peat and C accumulation rates**

360 **with respect to: (a) burn treatment and (b) number of burns applied.** Key for a. R =

361 unburned since ca. 1923, N= burned in 1954, L = burned in 1954 and then every 20 years, S

362 = burned in 1954 and then every 10 years; treatments denoted with similar small letters

363 were not detected as significantly different (Tukey HSD, Peat =  $P < 0.020$ ; C =  $P < 0.027$ ); b.

364 Linear regressions ( $\pm 95\%$  confidence limits are illustrated); equations ( $\pm SE$ ) are presented in

365 Supplementary Table S1.

366

367 **Figure 2 | GLM modelled responses of differing prescribed fire frequencies on community**

368 **diversity and abundance of major species.** Abundance units are number of hits by pin

369 quadrat<sup>38,39</sup>. a-c represent the effects of prescribed burning through time; d represents

370 treatment effects as temporal effects were not significant. Key: N= 1-burn in 1954 (green,

371 the intercept), L = 3-burns, burned in 1954 and every 20 years (blue), S = 6-burns, burned in

372 1954 and every 10 years (red). Significance: ns = not significant,  $P > 0.05$ ; + =  $P < 0.05$ , +++/---,

373  $P < 0.000$ ; direction of effects are shown by + and – symbols.

374

375 **Figure 3 | Summarised impacts of the four fire return intervals on key ecosystem**

376 **properties |** a. Species composition; the arrows reflect relative increases and the figures are

377 the final mean frequencies of key species, b. Carbon in the above-ground biomass, c. Peat

378 and C net accumulation rates, and d. mass of C the surface 1 cm and 5 cm peat.

379 **METHODS**

380 **Description of the Moor House Experiment and sampling protocol.** Moor House National  
381 Nature Reserve (NNR) is located in the Northern Pennines of England, and covers 40 km<sup>2</sup> of  
382 upland blanket bog, the largest area of ombrotrophic, mire-covered moorland in England<sup>50</sup>.  
383 The management pressure on this reserve is very low; there has been no burning outside  
384 this experiment for ca. 100 years and is approaching the lower end of the natural burn  
385 return cycle for unmanaged peatlands in upland England (ca. 115-250 years<sup>12-13</sup>). Sheep-  
386 grazing pressure on blanket bog is low; it was ca. 0.5 sheep ha<sup>-1</sup> when 15,400 sheep grazed  
387 the entire reserve pre-1970, and since then there has been a reduction to ca. 7,000 in 1970  
388 and 3,500 after 2001. Moreover, the sheep grazing pressure is mainly concentrated on  
389 grassland areas outside the blanket bog<sup>51</sup>.

390 The Sheep-grazing and Burning Experiment was established at Hard Hill (British grid  
391 reference; NY 758 328; Latitude 54.689656, Longitude -2.376928) in 1954 to investigate the  
392 effects of low-density sheep grazing and long-term, prescribed burning on blanket bog  
393 vegetation. The experiment was set up with a randomized block, split-plot design with four  
394 blocks, each with two sheep-grazing treatments (background sheep grazing pressure versus  
395 no sheep grazing) applied randomly within block and the three prescribed burning sub-  
396 treatments applied randomly within sheep-grazing treatments ([Supplementary Fig. S1](#)).  
397 Both the sheep grazing and burning treatments are fixed effects within the experimental  
398 design. All the plots were burnt in 1954/5 (here denoted 1954), and thereafter, three  
399 prescribed burning treatments were applied: short-rotation, every 10 years (S); long-  
400 rotation, every 20 years (L); and no subsequent burn since 1954 (N). Each of the four blocks  
401 has an associated reference plot (R) which has not been burnt since at least 1923<sup>38</sup>; the  
402 plots are referred to by the number of burns implemented since 1954; R=0-burn, N=1-burn,

403 L=3-burns, and S=6-burns. The burning treatments applied were intended to test the  
404 impacts of the prescribed burning in many areas of upland Britain that is routinely applied  
405 for moorland management. Historically, this management practice was implemented to  
406 increase sheep utilization of the available grazing, but more recently it has been used mainly  
407 to increase red grouse (*Lagopus lagopus scotica* Latham) numbers for sporting  
408 purposes<sup>38,39,42</sup>. The intention is to use fire to open up the canopy of the dominant shrub  
409 species (*Calluna vulgaris* (L.) Hull), then allowing it to regenerate from both seedlings and  
410 burned stems through a distinct post-fire succession<sup>42,43,52a</sup>. This management is carried out  
411 on rotation across the landscape, providing a mosaic of burned patches<sup>17</sup>. In the uplands,  
412 prescribed burning must by law be done between October 1<sup>st</sup> and 15<sup>th</sup> April<sup>53</sup>. At Moor  
413 House, burning is applied in late March or early April. However, as this site has very  
414 inclement weather<sup>54</sup> it often is not possible to burn on an exact schedule; thus burning is  
415 applied at the end of March or beginning of April in close as possible to the intended  
416 year<sup>29,38-39</sup>. The fires would be described as flaming fires<sup>23,55</sup> produced by “cool-burning”<sup>56</sup>,  
417 and there is no evidence that smouldering peat fires have occurred<sup>23</sup>. Here, cores were only  
418 sampled from the grazed treatments as this is the “business-as-usual” management regime  
419 for most upland blanket bog in the UK<sup>38-39</sup>.

420

421 **Field methods.** Following a pilot study in 2011 (not shown), two “Master” cores were  
422 sampled (July 2013) from the Reference plot of Block A (no burn since ca. 1923) for analysis  
423 of peat and C dry mass accumulation, air-fall Pb by XRF (Supplementary Fig. S2) and for  
424 radiometric dating (MH13/1, MH13/4, Supplementary Fig. S3). Comprehensive analysis of  
425 the peat and C dry mass accumulation rates was undertaken by sampling (June 2016) within  
426 each burning treatment with four cores from treatment R, eight cores from L and N and



427 twelve cores from S; thus comprising 8 cores per block (1xR, 2xL, 2xN, 3xS) and 32 cores in  
428 total (MH16/1-32). Throughout, a hemi-cylindrical peat sampler (0.5 m x 0.05 m diameter)  
429 was used to extract the peat cores, and they were stored in guttering, sealed in plastic  
430 sleeves, and stored under refrigeration until analysis.

431

432 **Estimating down-core concentrations of air-fall Pb.** Major element and trace metal  
433 concentrations (ppm) including air-fall Pb were determined on a wet sediment basis at 5mm  
434 resolution for each core using an Olympus Delta Energy Dispersive (ED)-XRF) mounted on a  
435 Geotek MSCL-XZ core scanner. The XRF has a 4 W Rhodium X-ray tube (8–40 keV; 5–200  $\mu$ A  
436 excitement), a thermo-electrically cooled large-area silicon drift detector with the 6 mm  
437 diameter detector window covered with a thin (6  $\mu$ m) polypropylene film to avoid  
438 contamination of the internal measurement sensors. Measurements were conducted in  
439 ‘Soil’ mode, which applies three successive X-ray intensities (15, 40 and 40 (filtered) keV  
440 beam conditions). The analyser undergoes daily standardisation procedures and is tested  
441 routinely using certified reference materials<sup>57</sup>. The measured uncertainties for Pb ( $\mu$ g g<sup>-1</sup>)  
442 are around 1% at 100 ppm increasing to 25% at 5ppm, and so the variation through the  
443 peak airfall Pb from 1850-1940 are captured by the  $\mu$ XRF scanning. Repeat measurements of  
444 calibration materials, 16 dried hand-pressed powders, for Pb across concentrations ranging  
445 from 5 to 700  $\mu$ g g<sup>-1</sup> produced average 2 sigma uncertainties of  $\pm 3$   $\mu$ g g<sup>-1</sup>. For the objectives  
446 of this paper, the stable Pb measured by ED- $\mu$ XRF the airfall pollutant concentrations are  
447 greater than 10  $\mu$ g g<sup>-1</sup> throughout the period 1840 to 1960, therefore, our quantification is  
448 robust. For the deeper peats, Pb concentrations are closer to background and we struggled  
449 to detect plausible Pb data, with the exception of the spike association with Roman-age  
450 smelting dust from central Europe (0-400 AD).

451 **Radiometric dating the Master cores.** Here, we calibrated Pb deposition and hence peat  
452 growth using radioisotopic markers. The Master cores were sub-sampled at 1 cm intervals  
453 and bulk densities calculated using standard water displacement techniques and  
454 measurement of the wet and dry masses after freeze drying. Sub-samples from each core  
455 were analysed for  $^{210}\text{Pb}$ ,  $^{226}\text{Ra}$ ,  $^{137}\text{Cs}$  and  $^{241}\text{Am}$  by direct gamma assay in the Liverpool  
456 University Environmental Radioactivity Laboratory using a Canberra SAGE well-type coaxial  
457 low background intrinsic germanium detectors<sup>58</sup>.  $^{210}\text{Pb}$  was determined via its gamma  
458 emissions at 46.5 keV, and  $^{226}\text{Ra}$  by the 295 keV and 352 keV  $\gamma$ -rays emitted by its daughter  
459 radionuclide  $^{214}\text{Pb}$  following 3 weeks storage in sealed containers to allow radioactive  
460 equilibration.  $^{137}\text{Cs}$  and  $^{241}\text{Am}$  concentrations were estimated by their emissions at 662 keV  
461 and 59.5 keV respectively. The absolute efficiencies of the detectors were determined using  
462 calibrated sources and sediment samples of known activity. Corrections were made for the  
463 effect of self-absorption of low energy  $\gamma$ -rays within the sample<sup>59</sup>. The results were plotted  
464 alongside data for atmospheric fallout Pb and Zn concentrations measured by ED-XRF  
465 (**Supplementary Fig. S3**), with supported  $^{210}\text{Pb}$  activity assumed to be equal to the measured  
466  $^{226}\text{Ra}$  activity, and unsupported  $^{210}\text{Pb}$  activity calculated by subtracting supported  $^{210}\text{Pb}$  from  
467 the measured total  $^{210}\text{Pb}$  activity.

468

469 **Core MH13/1.** Extrapolation of the total  $^{210}\text{Pb}$  data (**Supplementary Fig. S3c**) indicates that  
470 99% equilibrium with the supporting  $^{226}\text{Ra}$  (corresponding to around 150 years  
471 accumulation) occurred at a depth of between 14-15 cm. Because of the very low  $^{226}\text{Ra}$   
472 concentrations (mean value  $4 \text{ Bq kg}^{-1}$ ) it was not practicable to continue total  $^{210}\text{Pb}$   
473 measurements to a point where radioactive equilibrium was achieved fully. Although there  
474 were some irregularities in the unsupported  $^{210}\text{Pb}$  record (**Supplementary Fig. S3b**)

475 concentrations declined more or less exponentially with depth, suggesting relatively  
476 uniform peat accumulation over the past 100 years or so. High  $^{137}\text{Cs}$  concentrations  
477 (Supplementary Fig. S3b) in the form of a double peak were detected in samples between 1  
478 and 4 cm. The proximity to the surface of the core suggests that this feature records fallout  
479 from the 1986 Chernobyl accident. Downward migration of Chernobyl  $^{137}\text{Cs}$  appears to have  
480 masked any evidence of an earlier  $^{137}\text{Cs}$  peak recording the 1960s fallout maximum from the  
481 atmospheric testing of nuclear weapons. Traces of  $^{241}\text{Am}$  (Supplementary Fig. S3b), also a  
482 product of nuclear weapon test fallout<sup>60</sup> in the late 1950s and early 1960s, were however,  
483 detected in samples between 3-8 cm. The  $^{210}\text{Pb}$  chronology calculated using the CRS model<sup>56</sup>  
484 places 1986 at around 3 cm and 1963 at around 6 cm, which shows a reasonable degree of  
485 consistency between these two independent dating methods. Calculations using the  
486 alternative CIC  $^{210}\text{Pb}$  model gave results broadly similar to those determined from the CRS  
487 model, confirming the suggestion that net peat accumulation rates have not change  
488 significantly over the past century. Given the large uncertainties in both the  $^{210}\text{Pb}$  and  $^{137}\text{Cs}$   
489 records the mean accumulation rate,  $0.010 \pm 0.002 \text{ g cm}^{-2} \text{ yr}^{-1}$  ( $0.10 \text{ cm yr}^{-1}$ ), was used to  
490 calculate the age-depth model (Supplementary Fig. S3).

491

492 **Core MH13/4.** The total  $^{210}\text{Pb}$  record in this core was broadly similar to that in MH1, though  
493 a significantly greater 99% equilibrium depth (estimated to be around 22 cm) suggests a  
494 significantly greater peat accumulation rate at the site of this core. Although unsupported  
495  $^{210}\text{Pb}$  concentrations (Supplementary Fig. S3c) vary irregularly with depth, since the overall  
496 decline is again more or less exponential, it appears that there have been no major changes  
497 in the net peat accumulation rate (Supplementary Fig. S3d). High  $^{137}\text{Cs}$  concentrations  
498 (Supplementary Fig. S3b) above 4 cm probably originate from 1986 Chernobyl fallout, whilst

499 traces of  $^{241}\text{Am}$  present in samples above 9 cm most probably originate from fallout from  
500 the atmospheric testing of nuclear weapons. However, in neither case are there distinct  
501 features that can be linked clearly to specific dates. The  $^{210}\text{Pb}$  chronology was calculated  
502 using the CRS model<sup>61</sup>, and although a lack of clarity in the  $^{137}\text{Cs}/^{241}\text{Am}$  records prevented  
503 close validation of the  $^{210}\text{Pb}$  calculations, since these place 1986 at around 5 cm and 1963 at  
504 around 9 cm the two methods are broadly consistent. Use of the CIC model yielded similar  
505 results to those given by the CRS model, supporting the suggestion that net peat  
506 accumulation rates have been relatively constant. The age-depth model (Supplementary Fig.  
507 S3d) was calculated using the mean value of  $0.017 \pm 0.003 \text{ g cm}^{-2} \text{ yr}^{-1}$  ( $0.17 \text{ cm yr}^{-1}$ ).

508

509 **Calculating peat and C accumulation rates (Cores M16/1-32).** Peat accumulation rates were  
510 derived using features or markers in the pronounced down-core atmospheric fall-out stable  
511 Pb profile measured by XRF. Pb is relatively immobile in ombrotrophic peat and has  
512 produced profile repeatable between all the cores<sup>62</sup>. Four good age markers were detected  
513 and assigned ages from the radiometric dating at 1876, 1963, 1986 and the peat surface  
514 (2016). As 1963 was the closest to the start of the Hard Hill experiment this marker was  
515 used to estimate recent peat and C accumulation rates. Peat growth rates ( $\text{cm yr}^{-1}$ ) were  
516 calculated for each core across the two periods (1876-1963 and 1963-2016), essentially pre-  
517 and post-experiment. C accumulation was measured for the peat sequence using Near-  
518 Infra-Red Spectrophotometry (NIRS) cross-calibrated using a training set of direct mass loss-  
519 on-ignition (l-o-i) measurements. NIRS results have been shown to correlate strongly with  
520 the organic content of sediments<sup>63-65</sup>. NIRS reflectance was measured on each 1-cm depth  
521 samples from all cores using a BRUKER MPA FT-NIR spectrometer; lightly-ground peat was  
522 scanned at 4 nm intervals between 3598-12493 nm. L-o-i was measured on each 1-cm depth

523 section from four cores, one selected from each burning treatment; peat samples were  
524 ashed at 550°C for 3 h<sup>63</sup>. Cross-calibration indicated a strong correlation ( $r^2 = 86\%$ ) between  
525 the first derivative of the entire NIR spectra and measured l-o-i (Supplementary Fig. S4). L-o-  
526 i and hence C concentration (as a normative 40% of the burnt mass loss) was predicted from  
527 the NIRS data. This NIRS-based approach provides robust, rapid and non-destructive  
528 estimates for l-o-i and C concentrations. The C accumulation rate ( $\text{g C m}^{-2} \text{yr}^{-1}$ ) was calculated  
529 using the measured or NIRS predicted l-o-i results for each core for the periods 1876-1963  
530 and 1963-2016.

531

532 **Statistical Methods.** All analyses were performed in the R statistical environment<sup>66</sup>; three  
533 hypotheses were tested with respect to peat accumulation. (1) The peat and C mass  
534 accumulation rates were similar in the pre-burn (1876-1963) and post-burn (1963-2016)  
535 periods; here pre- and post-burn rates from the 0-burn treatments were compared using a  
536 Student's t-test (function 't.test', untransformed data). (2) Prescribed burning implemented  
537 within the experiment changed peat and C mass accumulation rates. Here, effects of the  
538 prescribed burning treatments on accumulation rates since 1963 were tested using analysis  
539 of variance (functions 'aov' and 'TukeyHSD',  $\log_e$  transformation). (3) Peat and C mass  
540 accumulation rates are dependent on different prescribed burning frequencies. Here, the  
541 relationships between accumulation rates of peat depth and C since 1963 were assessed  
542 using simple linear regression ('lm' function, untransformed data). For hypotheses 2 and 3,  
543 QQ-plots were inspected to ensure normality; in the linear regression analysis  
544 transformations did not improve the analysis, so analyses based on raw data are presented.

545 To estimate the time taken to recover the C lost after wildfire, we calculated the total  
546 amount of C in both the surface vegetation and surface peat at two depths (0-1 cm and 0-5

547 cm) and divided by the C accumulation rate measured for the 6-burn treatment. We used a  
548 randomization approach (n=10,000) selecting data from each of the three variables (mean  
549 and SD) using the 'rnorm' function and calculating the mean and 95% confidence limits  
550 ('quantile' function). The mean values ( $\pm$ SD) were: vegetation C =  $820\pm 127$  g C m<sup>-2</sup>; Peat<sub>0-1cm</sub>  
551 C =  $240\pm 22$  g C m<sup>-2</sup>; Peat<sub>0-5cm</sub> C =  $1274\pm 82$  g C m<sup>-2</sup> and C accumulation rate =  $36\pm 2.6$  g C m<sup>-2</sup> yr<sup>-2</sup>  
552 (6-burn value).

553 In addition, in order to provide ancillary information about the effects of prescribed  
554 burning on the moorland community, data on species frequency of occurrence, derived  
555 from pin-quadrats) were abstracted from the vegetation monitoring program for this  
556 experiment (1972-2013)<sup>29</sup>. Here, modelled responses, derived from a GLM analysis for  
557 Shannon-Weiner diversity index and the frequency of occurrence of the major components  
558 of the vegetation (*C. vulgaris*, *Eriophorum vaginatum* (L.); both Poisson error distribution,  
559 and combined *Sphagnum* (L.) spp. Binomial error distribution). Only the modelled responses  
560 of the ungrazed treatments are presented for the N, L and S treatments; comparable data  
561 for R were not collected.

562

563 **Data availability.** The data that support the findings of this study are available in (1) DataCat:  
564 the University of Liverpool Research Data Catalogue with the identifier  
565 [<http://dx.doi.org/10.17638/datacat.liverpool.ac.uk/531>] for peat and C accumulation rates<sup>66</sup>, and  
566 (2) the NERC Environmental Information Data Centre with the identifier  
567 [<https://doi.org/10.5285/0b931b16-796e-4ce4-8c64-d112f09293f7>] for species change<sup>67</sup>.

568

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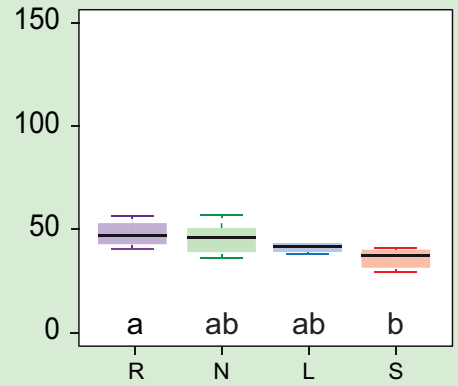
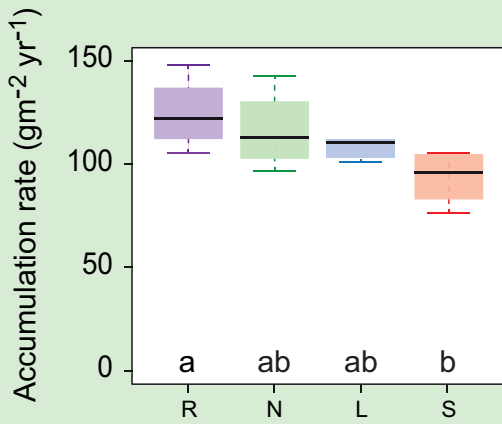
613 Environmental Information Data Centre. [https://doi.org/10.5285/0b931b16-796e-4ce4-8c64-](https://doi.org/10.5285/0b931b16-796e-4ce4-8c64-d112f09293f7)  
614 [d112f09293f7](https://doi.org/10.5285/0b931b16-796e-4ce4-8c64-d112f09293f7) (2018).  
615  
616



## Peat Mass

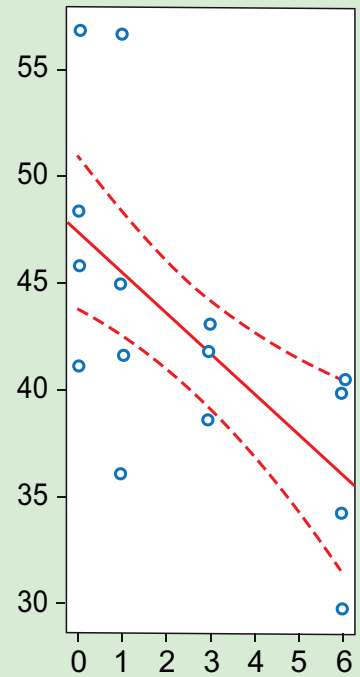
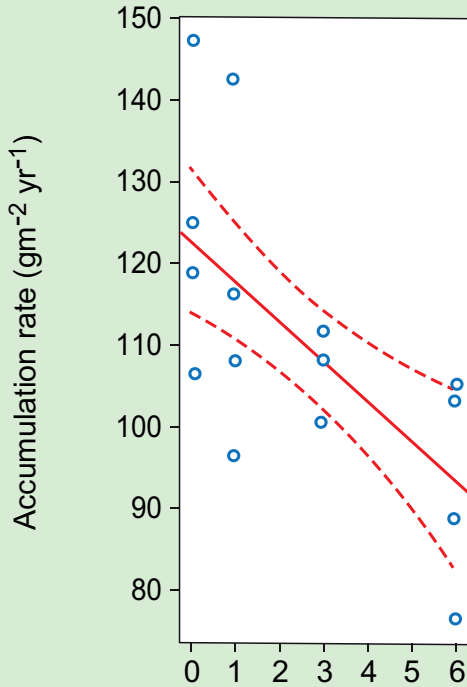
## C Mass

### a. Treatment analysis



Prescribed burning treatment

### b. Regression analysis



Number of burns

