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1 **Ultrasonographic and histopathological features in cats with fibrotic small**  
2 **intestinal stricture**

6 Keywords: feline, stenosis, ischaemia, foreign body

For Peer Review

26 Abstract

27 **Benign** stricture is an uncommon cause of chronic small intestinal obstruction in the cat.

28 The purpose of this retrospective case series was to describe the ultrasonographic  
29 features, histopathological findings and clinical presentation in a group of cats with  
30 benign small intestinal stricture. Inclusion criteria were cats presenting during the  
31 period 2010-2017, and that had ultrasonography and small intestinal stricture  
32 confirmed at surgery. For each cat clinical data and ultrasonographic findings were  
33 retrieved from the medical record, and histopathology, where available, was reviewed.

34 Eight cats met the inclusion criteria. The location of strictures was duodenum (1/8),  
35 mid- to distal jejunum (4/8) and ileum (3/8). Ultrasonographic findings included  
36 gastric distension (8/8) and generalized (3/8) or segmental (5/8) intestinal dilation  
37 consistent with high-grade obstruction. Ingesta did not propagate beyond the  
38 strictured segment. Wall thickening was mild to moderate (3-6mm). Normal wall  
39 **layering** was disrupted in all cats. Strictures were predominantly hypoechoic (7/8) and  
40 associated with hyperechoic peri-intestinal mesentery (6/8). Annular strictures (5/8)  
41 were less than 15mm in length whereas long-segment strictures (3/8) were greater  
42 than 15mm in length. Histopathology showed transmural disease with fibrosis and  
43 inflammation (8/8), often (6/8) extending into the **bordering mesentery**. The mucosa  
44 was the most severely affected layer and epithelial injury accompanied the mucosal  
45 fibrosis/inflammation. Clinical presentation reflected delayed diagnosis of chronic  
46 bowel obstruction with debilitation (8/8), marked weight loss (8/8) and pre-renal  
47 azotaemia (5/8). **Benign** fibrostenotic stricture should be considered a differential  
48 diagnosis in debilitated **young** cats presenting with chronic bowel disease and  
49 ultrasonographic features of intestinal obstruction.

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3 51 Introduction  
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5 52 Chronic intestinal obstruction may result from intraluminal foreign body,  
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8 53 intussusception or intestinal stenosis caused by intra – or extramural disease.<sup>1-4</sup> The  
9  
10 54 clinical signs of chronic obstruction are non-specific including inappetence, lethargy,  
11  
12 55 vomiting, weight loss and diarrhoea and must be distinguished from inflammatory  
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14  
15 56 bowel disease (IBD), intestinal small cell lymphoma (ISCL), hyperthyroidism, dietary  
16  
17 57 and infectious disease which can present with similar clinical signs.<sup>1,4-6</sup> Intramural  
18  
19 58 intestinal obstruction in the cat is usually caused by intestinal wall neoplasia.<sup>1,4,7</sup> Non-  
20  
21  
22 59 neoplastic intramural obstruction is uncommon arising secondary to pyogranuloma,  
23  
24 60 duplication cyst and, occasionally, due to benign intestinal stricture.<sup>1,8</sup>  
25  
26 61 A benign intestinal stricture is a circumscribed narrowing or stenosis of the intestinal  
27  
28 62 lumen caused by inflammation, adhesion, incarceration or cicatricial contracture  
29  
30 63 (fibrostenotic stricture).<sup>9</sup> Strictures are usually solitary lesions and the extent of the  
31  
32  
33 64 intestinal stenosis may be focal and annular or involve long segments of bowel, and  
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35  
36 65 result in partial or complete intestinal obstruction.<sup>10-13</sup> Reports of benign stricture in  
37  
38 66 the veterinary literature are rare but have been described in the dog as a post-  
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40 67 anastomotic complication, due to strangulation associated with spontaneous mesenteric  
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43 68 hernia and secondary to rupture of a congenital intestinal diverticulum.<sup>1,14</sup>  
44  
45 69 The diagnosis of small bowel obstruction, whether partial or complete, relies on  
46  
47 70 demonstrating segmental small intestinal dilation and hyperperistalsis oral to a  
48  
49 71 transition zone.<sup>3,15,16</sup> The transition zone represents the site at which dilated bowel  
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51  
52 72 transitions to normal bowel and localizing the transition zone increases confidence in  
53  
54 73 determining the specific cause of obstruction.<sup>15,16</sup> Abdominal ultrasonography and  
55  
56 74 radiography are the imaging techniques most commonly employed to demonstrate  
57  
58  
59 75 bowel obstruction in the dog and the cat.<sup>1,3</sup>  
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76 Description of the ultrasonographic and histological features of benign intestinal  
77 stricture as a cause of intestinal obstruction in the cat is lacking. The purpose of this  
78 retrospective study was to describe the **clinical** presentation, ultrasonographic and  
79 histopathological features and outcome in a group of cats with chronic small intestinal  
80 obstruction secondary to **benign** small intestinal stricture.

81

## 82 Methods

83 This was a retrospective, multicentre descriptive study. The ultrasonography databases  
84 of two referral hospitals, and a radiology service to three first opinion practices were  
85 searched between January 2010 and August 2017 for cats with an ultrasonographic  
86 diagnosis of bowel obstruction consistent with a small intestinal stricture. Further  
87 inclusion criteria included **surgical exploration within 24 hours of the ultrasound**  
88 **diagnosis**, confirmation of the stricture at surgery **by palpation and an inability to milk**  
89 **intestinal content beyond the stenotic segment**, and a histological diagnosis consistent  
90 with **non-neoplastic stricture characterized by various degrees of fibrosis, inflammation**  
91 **and necrosis**. **Cats with intestinal stenosis secondary to mural or intraluminal mass**  
92 **lesions or the annular-stenosing form of intestinal adenocarcinoma were excluded as**  
93 **were cats with focal or segmental forms of transmural necrotizing enteritis but without**  
94 **high-grade obstruction at ultrasound examination or at surgery**. Two board-certified  
95 veterinary radiologists and a board-certified anatomic pathologist determined subject  
96 eligibility.

97 Patient information collected included the following: age, gender, breed, weight, clinical  
98 signs and outcome. Ultrasound reports, still images and, **when** available, video loops,  
99 were retrospectively evaluated. Images were reviewed using commercial DICOM  
100 software (OsiriX, Pixmeo, Geneva). Ultrasound findings were determined by consensus

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3 101 by two board-certified veterinary radiologists. An intestinal stricture was considered  
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5 102 present if intestinal dilation, consistent with high-grade mechanical obstruction, was  
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7 103 demonstrated immediately oral to an abnormal, non-distensible segment of bowel.  
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9  
10 104 Strictures were assessed for location within the bowel (duodenum, jejunum, ileum),  
11  
12 105 intestinal wall thickness, and the appearance and length of the stricture. The wall  
13  
14 106 thickness of the stricture was measured from the serosal margin to the mucosa-luminal  
15  
16 107 interface. Stricture length was measured from the transition of dilated to attenuated  
17  
18 108 bowel lumen at the oral aspect, to the transition to bowel with normally defined wall  
19  
20 109 layering at the aboral aspect. Gastric and small intestinal appearance (normal,  
21  
22 110 distended) and motility (hyperperistalsis, ileus) were recorded.  
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26 111 Surgical findings recorded included the location and appearance of the stricture. All  
27  
28 112 available histopathologic samples were retrieved and reviewed by a single board-  
29  
30 113 certified anatomic pathologist. The severity of changes (fibrosis, inflammation and  
31  
32 114 epithelial injury) was scored according to the histopathological criteria published by the  
33  
34 115 World Small Animal Veterinary Association Gastrointestinal Standardization group.<sup>17</sup>  
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36 116 Follow-up was determined based on the clinical records or telephonic contact with  
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38 117 owners.  
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43 118 Study data, and retrieval of histopathological material for review, was approved, when  
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45 119 applicable by the clinical directors of the relevant practices or Ethical Review Board.  
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## 49 121 Results

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52 122 Eight cats (five domestic short hair, two Maine Coon, one Ocicat) met the inclusion  
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54 123 criteria. Six cats were neutered males and two were neutered females. Ages ranged  
55  
56 124 from two to ten years (median four years). The duration of clinical signs prior to initial  
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58 125 presentation to the primary care veterinary surgeon ranged from two days to 21  
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3 126 days (median seven days) and the duration between initial presentation and  
4  
5 127 ultrasonographic diagnosis of a stricture ranged from two days to six weeks (median  
6  
7 128 20.5 days). Clinical signs were characterized by initial intermittent episodes of  
8  
9 129 vomiting associated with hyporexia and malaise, progressing to recurrent episodic  
10  
11 130 vomiting, anorexia and profound lethargy. Projectile, large volume fluid vomiting or  
12  
13 131 regurgitation was noted in the latter stages in 3/8 cats, diarrhoea was reported in 3/8.  
14  
15 132 Faecal analysis performed in one cat was negative. Abdominal palpation was normal in  
16  
17 133 2/8 cats and equivocal intestinal thickening was suspected in 6/8 cats. All cats were  
18  
19 134 subjectively debilitated at the stage at which abdominal ultrasonography was performed  
20  
21 135 and pre-renal azotaemia was recorded in 5/8 cats at this stage. Body weight recorded  
22  
23 136 at the time of ultrasonographic assessment ranged from 2.7kg to 5.7kg (median 4.10kg).  
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25 137 The percentage loss of body weight at the point of ultrasonography ranged from 9.5% to  
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27 138 32% (median 24.5%).  
28  
29 139 Ultrasonography was performed with the following machines: CX50 or Epiq 5 (Philips  
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31 140 Medical Systems, Eindhoven, The Netherlands) using curved (8-5MHz), and linear (15-  
32  
33 141 7MHz, 18-5MHz) array transducers, RS80a (Samsung, Healthcare, Gangnam-Gu, South  
34  
35 142 Korea) using curved (4-9MHz) and linear (3-16MHz) array transducers and MyLab30  
36  
37 143 (Esaote, Genoa, Italy) using curved (9-3MHz) and linear (11-3 MHz) array transducers.  
38  
39 144 **Ultrasonographic images and video loops were available in 6/8 cats and ultrasound**  
40  
41 145 **reports only, in 2/8.** On ultrasonographic examination moderate to marked fluid gastric  
42  
43 146 distension was evident in all eight cats. Gastric hyperperistalsis was present in 2/8 cats  
44  
45 147 and gastric stasis in 6/8 cats. The location of the stricture was duodenum (1/8), mid-  
46  
47 148 to distal jejunum (4/8) and proximal ileum (3/8). Moderate to marked distension of  
48  
49 149 the small intestine oral to the stenotic segment indicating high-grade bowel obstruction  
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51 150 was noted in all cats. This distension was generalized in 3/8 cats with ileal strictures  
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3 151 and segmental in 5/8 cats with duodenal or jejunal strictures. **Intestinal ileus was**  
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5 152 **present in 7/8 cats.** The stenotic segment was circumferential in all cats. The length of  
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7 153 the stricture ranged from 2mm to 50mm (median 15mm). **Strictures were divided into**  
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9  
10 154 **two groups based on shape and length. Strictures with a “napkin ring” appearance,**  
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12 155 **were termed annular, whilst those of uniform diameter and cylindrical in shape, were**  
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14 156 **termed long-segment strictures.** In all 5/8 cats with annular strictures the stenotic  
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16 157 segment was less than 15 mm in length, whereas in all 3/8 cats with long-segment  
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18 158 strictures the stenotic segment was greater than 15 mm in length. The transition  
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20 159 between dilated **oral** bowel and **non-dilated** bowel **aboral** to annular strictures was  
21  
22 160 abrupt (Figure 1). The long axis of the bowel was kinked at the oral aspect of the  
23  
24 161 stricture. Careful repetitive assessment of the stricture segment and image  
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26 162 optimization was usually required to align **dilated oral bowel**, stricture and **non-dilated**  
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28 163 **aboral** bowel in the same imaging plane. In long-segment strictures the transition  
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30 164 between the dilated **oral** segment and the stenotic segment was subjectively more  
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32 165 gradual. Long-segment strictures subjectively appeared fixed and rigid compared to  
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34 166 adjacent bowel loops (Figure 2). In both annular and long-segment strictures the lumen  
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36 167 of the focally affected segment was obliterated and intestinal contents did not propagate  
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38 168 past the stricture as a result of peristalsis, or in response to transducer pressure, when  
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40 169 observed over a period of time. In all cats a population of **non-dilated** bowel with  
41  
42 170 preserved **wall layering** and the normal ileocolic junction (ICJ) was identified **aboral** to  
43  
44 171 the stricture.  
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46 172 The wall of the stenotic segment was mildly to moderately thickened, ranging from  
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48 173 three to six mm (median 3.9mm). Wall layering within the stricture segment was  
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50 174 abnormal in all cats, with complete (1/8) or partial (7/8) loss of **layering**. In the one cat  
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52 175 with complete loss of layering the stenotic segment was a narrow, 2mm length, discrete

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3 176 circumferential hypoechoic ridge (Figure 1). In the remaining seven cats with partial  
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5 177 loss of **wall layering** the appearance of the stricture segment assessed using medium-  
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7 178 frequency transducers was of conspicuously hyperechoic and hypoechoic thickened  
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9 179 mucosa and tunica muscularis respectively in one cat (Figure 1B), and predominantly  
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11 180 hypoechoic in 6/8 cats. Visualization of indistinct bowel wall **layering** was improved on  
12  
13 181 high-resolution linear images in these six cats (Figure 3 and Figure 4). **The mucosal**  
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15 182 **layer was hypoechoic to isoechoic to the submucosal layer**, the submucosal layer was  
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17 183 indistinct and mildly thickened **and** the tunica muscularis presented as the most  
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19 184 thickened and prominent wall layer. Extramural changes characterized by focally  
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21 185 thickened and hyperechoic mesentery bordered the stenotic segment in 6/8 cats. In all  
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23 186 cats with peri-intestinal changes the serosal layer was indistinct. **There was no**  
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25 187 **correlation between the presenting signs, location or length of intestinal strictures.**  
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27 188 **Diffuse bowel wall thickening, ranging from 3.4mm to 4.2mm (median 3.5mm), with**  
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29 189 **prominence of the tunica muscularis was noted in the non-distended bowel aboral to the**  
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31 190 **stricture segment in six cats.** In one cat with a duodenal stricture a sharply margined  
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33 191 foreign body was located in the distal duodenum aboral to the stricture (Figure 1C).  
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35 192 Following ultrasonographic diagnosis of intestinal stricture cats were stabilized,  
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37 193 proceeding to surgical exploration within 24 hours. The abnormal intestinal segment  
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39 194 (and a duodenal foreign body in one cat) was identified at surgery and enterectomy  
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41 195 performed in each case (Figure 5). **Vasa recta arising from the terminal** jejunal arcade  
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43 196 at the stricture site subjectively appeared attenuated compared to adjacent arcades in  
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45 197 2/4 cats for which intra-surgical photographs were available. Post-surgical recovery  
46  
47 198 was uncomplicated in all cats with return of appetite, demeanor and weight gain. One  
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49 199 cat presented with aortic thromboembolism two weeks post-surgery and a second cat  
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51 200 presented in congestive heart failure two-months after surgery. Echocardiographic



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3 201 findings consistent with cardiomyopathy were present in both cats and both were  
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5 202 euthanized. Intestinal stricture has not recurred in the remaining six cats (median  
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7 203 follow-up time of 18mnths, range of 1 year to 8 years).  
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10 204 Resected intestinal segments were submitted for routine histopathology to four  
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12 205 different veterinary diagnostic laboratories. For 6/8 cases, haematoxylin and eosin-  
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14 206 stained sections and/or paraffin blocks were then retrieved and reviewed by a single  
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16 207 board-certified anatomic pathologist. The same pathologist also reviewed the  
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18 208 histopathology reports for the remaining 2/8 cases, for which the original slides and  
19  
20 209 blocks were not available for re-examination. In all eight cases histopathology revealed  
21  
22 210 changes centered mostly on the mucosa and consisting of fibrosis, epithelial injury and  
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24 211 inflammation (Figure 6). Fibrosis was the most obvious change. It was always marked  
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26 212 and in 3/8 cats the sections available allowed to show that the fibrosis was  
27  
28 213 predominantly responsible for the narrowing of the intestinal lumen. The epithelial  
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30 214 injury was a combination of ulceration, necrosis, and loss of villi/crypts. The mucosal  
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32 215 inflammation was variable in severity (mild in three cats and moderate in five cats) and  
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34 216 always consisting of an admixture of neutrophils, lymphocytes, plasma cells and  
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36 217 macrophages. Rare eosinophils were also noticed in two cats. Mucosal hyperemia and  
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38 218 small mucosal haemorrhages were also observed in 5/8 cats. In each case the  
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40 219 intestinal submucosa and tunica muscularis also displayed fibrotic and inflammatory  
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42 220 changes and haemorrhages, but these were much less severe than those affecting the  
43  
44 221 mucosa. The intestinal serosa and adjacent peritoneal adipose tissue also appeared  
45  
46 222 mildly involved by fibrosis, inflammation and hyperemia in 6/8 cats. Occasional small  
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48 223 fragments of foreign material were noted in 2/8 cats associated with the lesions. In one  
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50 224 case the extraneous material was compatible with plant material and lay on the  
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52 225 ulcerated mucosal surface surrounded by few bacteria. In the second case the nature of  
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3 226 the foreign material was uncertain and this material was more deeply located (deep  
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5 227 mucosa and submucosa) and surrounded by epithelioid macrophages and  
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8 228 multinucleated giant cells.  
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12 230 Discussion

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15 231 This report demonstrates that the transition zone in fibrotic strictures causing small  
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17 232 intestinal obstruction in the cat is variable in length and can present as either an annular  
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19 233 or as a long-segment stricture. The length of stricture influenced the ultrasonographic  
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21 234 features used to localize and characterize strictures. Annular intestinal strictures in  
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23 235 this report were optimally demonstrated when the discrepancy between the dilated oral  
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25 236 bowel segment, the stenotic segment and non-dilated aboral bowel were all in the same  
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27 237 ultrasonographic imaging plane, along the long axis of the small intestinal loop. This  
28  
29 238 approach is similar to that used to identify a small intestinal intussusception or foreign  
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31 239 body.<sup>1,18</sup> The challenge in applying this approach to identify an annular stricture is that  
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33 240 the dilated intestinal loop tends to kink or pivot at the oral aspect of the stricture,  
34  
35 241 distorting the normal long axis of the small bowel.<sup>15,16</sup> As a consequence annular  
36  
37 242 strictures may be overlooked as the transition zone is short and the out-of-plane  
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39 243 stricture is easily obscured by adjacent distended bowel loops. Intraluminal foreign  
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41 244 bodies in contrast are more easily located as they usually increase intestinal diameter,  
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43 245 bracing the dilated oral loop and the transition zone tends to remain in the same plane.  
44  
45 246 In comparison long-segment strictures were recognized as longer, fixed, thickened  
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47 247 segments of small bowel. These segments shared imaging features with diffuse or  
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49 248 segmental bowel thickening due to ISCL, IBD, eosinophilic enteritis and intestinal  
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51 249 fibrosis.<sup>5,6,19-21</sup> Distinguishing long-segment strictures from these more common  
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53 250 diseases relied on the assessment that suspected strictures were non-distensible bowel  
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3 251 segments with inappropriate dilation of the immediate oral small bowel. Persistent  
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5 252 luminal narrowing was a key feature and determined by failure to observe ingesta  
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7  
8 253 propagate through the stenotic segment due to peristalsis or in response to transducer  
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10 254 pressure if peristalsis was absent.<sup>10,22,23</sup> Similar to observations of intestinal strictures  
11  
12 255 in man, affected bowel subjectively appeared rigid without the plasticity of normal  
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14  
15 256 bowel segments in response to transducer pressure.<sup>10,22,23</sup> These changes, together  
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17 257 with segmental abnormal wall layering and bordering hyperechoic mesentery, were  
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19  
20 258 features that helped localize and differentiate long-segment strictures from adjacent,  
21  
22 259 more normal, bowel.

23  
24 260 All but one of the strictures in the cats in this report was localized to the mid- to distal  
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26 261 jejunum or ileum. In distally located strictures the length of normal non-dilated bowel  
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28  
29 262 aboral to the stricture is therefore short and this segment may be overlooked and  
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31 263 generalized bowel distension secondary to obstructive disease potentially  
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33 264 misinterpreted as functional ileus.<sup>18</sup> Recognizing that there is a discrepancy in bowel  
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36 265 size has been conceptualized as the presence of *two populations* of small intestine, one  
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38 266 dilated, one normal and is frequently associated with small intestinal obstruction.<sup>15,16,18</sup>  
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41 267 Failure to recognize the *two-population* pattern may contribute to a search for a  
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43 268 transition zone being abandoned prematurely and the potential for obstructive disease  
44  
45 269 discounted.

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47  
48 270 Irrespective of the cause, or the imaging modality employed, thickening and abnormal  
49  
50 271 layering of the small intestine wall are considered the most important imaging features  
51  
52 272 used to assess intestinal disease associated with stricture.<sup>23,24</sup> In the cats in this report  
53  
54 273 both these findings were present but as thickening of strictured segments was mild to  
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56  
57 274 moderate at most, abnormal layering and a non-distensible lumen were probably more  
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59 275 conspicuous features of stricture than wall thickening. Strictures wall thickness was  
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3 276 similar to that reported in IBD but was thinner compared to intestinal smooth muscle  
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5 277 hypertrophy or intestinal adenocarcinoma.<sup>4,5,19,25</sup> In man inflammatory mural  
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7 278 strictures tend to be thicker than fibrotic mural strictures. As the most prominent  
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9 279 histological change in all cats was fibrosis this probably accounts for relatively mild wall  
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11 280 thickening documented. Demonstrating abnormal **wall layering** is best-achieved using  
12  
13 281 high-resolution ultrasound and when present usually reflects more advanced disease  
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15 282 with transmural involvement.<sup>23</sup> Histological change in these cats was transmural with  
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17 283 the most severe change involving the mucosa whereas ultrasonographically the tunica  
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19 284 muscularis was subjectively the most conspicuous and thickened layer in most cats.  
20  
21 285 This comparison suggests that the extent and significance of mucosal change  
22  
23 286 represented in fibrotic strictures may be underestimated using ultrasound. **The**  
24  
25 287 **observation of severe epithelial injury, representing destruction of the mucosa is**  
26  
27 288 **important as, independent of cause, chronic or recurrent inflammation-induced mucosal**  
28  
29 289 **damage is a precondition for the initiation of intestinal fibrosis.**<sup>26,27</sup> Correlating the  
30  
31 290 extent of mucosal change and luminal stenosis with histological changes, even using  
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33 291 high-resolution ultrasound, may be inexact if ultrasonographic images and the location  
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35 292 of sampling for histopathological slides are not carefully correlated. This emphasizes  
36  
37 293 that the diagnosis of intestinal stricture relies on the integration of imaging, surgical and  
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39 294 histopathological findings. Histopathology also demonstrated that the thickened,  
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41 295 **hyperechoic** mesentery bordering strictures was due to mild inflammation, fibrosis and  
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43 296 hyperemia. When extensive this fibrofatty change may displace other bowel loops  
44  
45 297 allowing an abnormal segment to be localized as a transition zone and distinguished  
46  
47 298 from adjacent bowel loops, particularly as in the long-segment strictures in the cats in  
48  
49 299 this series.<sup>23</sup> The ultrasonographic features of wall thickening, abnormal **layering** and  
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51 300 fibrofatty change are however not specific for intestinal stricture. Annular strictures

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3 301 may share features with the annular-stenosing form of intestinal adenocarcinoma,  
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5 302 intestinal ulceration, perforation or infarction.<sup>4,7,28,29</sup> In turn long-segment strictures  
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7 303 must be distinguished from diffuse small intestinal disease due to ISCL, IBD, intestinal  
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9 304 fibrosis, and eosinophilic enteritis, although bowel obstruction is not usually a feature of  
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11 305 these diffuse diseases.<sup>5,19-21</sup>

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15 306 The aetiology of the intestinal strictures in the cats in this study is uncertain. Multiple  
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17 307 factors may be implicated and the aetiology may indeed differ between annular and  
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19 308 long-segment strictures. In humans bowel stricture is usually recognized as a  
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21 309 complication of chronic inflammatory intestinal diseases such as Crohn's disease but is  
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23 310 also associated with adhesions, bowel incarceration, the use of non-steroidal anti-  
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25 311 inflammatory drugs, ischaemia and neoplasia.<sup>10,13,24,30,31</sup> The principal underlying  
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27 312 factors implicated in the development of bowel stricture are bowel inflammation, bowel  
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29 313 ischaemia and direct mucosal damage.<sup>26,30</sup> Although in the presence of intestinal  
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31 314 mucosal ulceration and fibrosis veterinary pathologists might consider an intestinal  
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33 315 foreign body as the most likely cause of the mucosal damage leading to benign stricture,  
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35 316 obstructing foreign material was identified in only one cat in this series. Direct  
36  
37 317 mucosal damage by an intestinal foreign body alone may not be responsible for stricture  
38  
39 318 development. Instead reduced wall perfusion resulting from marked mechanical  
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41 319 distension by the foreign body and leading to wall ischaemia is likely to be a significant  
42  
43 320 contributory factor.<sup>18,32</sup> Limited evidence suggests that most non-linear foreign bodies  
44  
45 321 ingested by cats tend to be of a soft or pliable type and less likely to be associated with  
46  
47 322 severe mucosal injury than rigid foreign bodies similar to that removed in one cat in this  
48  
49 323 series.<sup>2</sup> Migrating plant material has also been suggested as a potential cause, however  
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51 324 it is recognized that ulceration and mucosal disruption allows extraneous material to  
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3 325 become embedded within the damaged tissue and if not associated with giant-cell  
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5 326 reaction such material is likely to be incidental.  
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8 327 Ischaemia as model for explaining the evolution of fibrostenotic strictures is compelling  
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10 328 as it is an important contributor to intestinal injury caused by systemic and infectious  
11  
12 329 diseases and toxins that compromise intestinal blood flow.<sup>27</sup> The response to  
13  
14 330 ischaemia follows a predictable course of inflammation and repair that is represented by  
15  
16 331 an acute phase with oedema, haemorrhage and necrosis affecting the sensitive mucosa  
17  
18 332 primarily and severely. This is followed by a reparative phase with granulation tissue  
19  
20 333 formation, chronic inflammation and mural fibrosis and a delayed phase associated with  
21  
22 334 stenosis. This course accounts for the protracted waxing and waning clinical history  
23  
24 335 encountered with intestinal stricture, often with temporary improvement, finally  
25  
26 336 presenting with delayed signs of high-grade bowel obstruction.<sup>13,30</sup> The  
27  
28 337 histopathological changes and protracted clinical progression of the strictures in the  
29  
30 338 cats in this report closely correlate this pattern of ischaemic intestinal disease. In these  
31  
32 339 cats, except for mild hyperemia and small haemorrhages, considered more likely to be  
33  
34 340 the result of inflammation rather than the primary cause of the tissue damage/stricture,  
35  
36 341 there was no evidence of other significant vascular change. Ischaemic bowel disease  
37  
38 342 without major vascular occlusion or histological evidence of thrombosis **may occur due**  
39  
40 343 **to vasospasm, cardiogenic shock or low-output states.**<sup>27,30</sup> In man is usually associated  
41  
42 344 with cardiovascular diseases such as atrial fibrillation and vasculitis.<sup>30</sup> Therefore that  
43  
44 345 two cats presented with aortic thromboembolism and congestive heart failure  
45  
46 346 associated with cardiomyopathy after successful resection of their strictures warrants  
47  
48 347 consideration. Whether ischaemic disease was primarily responsible for benign  
49  
50 348 stricture in these cats is uncertain but the predominant mucosal distribution of the  
51  
52 349 histopathological changes suggests that ischaemia is likely to be implicated in the  
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3 350 evolution of the strictures irrespective of the primary mechanism involved. The  
4  
5 351 attenuation of the **vasa recta of the terminal** jejunal vascular arcades at the stricture site  
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8 352 in two cats also suggests the role of ischaemia in stricturing disease in these cats should  
9  
10 353 not be discounted. **Emerging techniques such as contrast-enhanced ultrasonography**  
11  
12 354 **may be useful to verify and characterize ischaemia associated with necrotizing and**  
13  
14 355 **fibrostenotic disease.**<sup>23</sup> Pathogenic bacteria, enterotoxins and disturbed intestinal  
16  
17 356 microbiota causing mucosal damage and fibrosis have also been implicated in the  
18  
19 357 evolution on intestinal stricture.<sup>33</sup> Histologically, only in one case were bacteria visible  
21  
22 358 in the resected intestinal sample and these bacteria surrounded the plant material lying  
23  
24 359 on the ulcerated surface, which is more compatible with secondary contaminants rather  
25  
26 360 than primary pathogens. However, in general histology is not a sensitive technique to  
27  
28 361 detect bacteria and even when these are identified, their significance is uncertain,  
29  
30 362 especially in sections of small intestine where bacteria are expected as part of the  
31  
32 363 normal intestinal microflora. A limitation of this report, reflecting the multicentre,  
33  
34 364 retrospective nature of the study is that routine comprehensive faecal analysis for  
35  
36 365 infectious agents was not performed. The hypothesis of an infectious disease as the  
37  
38 366 cause of feline small intestinal stricture remains open and requires further investigation.  
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43 367  
44  
45 368 The protracted clinical history and late-stage debilitated presentation of the cats in this  
46  
47 369 study is similar to that of gastrointestinal neoplasia, IBD, **pancreatitis and hepatobiliary**  
48  
49 370 **disease.**<sup>4-7,34</sup> **These diseases are usually recognised in middle-aged to older cats**  
51  
52 371 **whereas the majority of the cats in this study were considerably younger.** Based on  
53  
54 372 ultrasonographic and gross features the annular-stenosing form of intestinal  
55  
56 373 adenocarcinoma is an important differential diagnosis for benign intestinal stricture, but  
57  
58 374 is usually diagnosed in elderly cats.<sup>4,7</sup> **Delayed diagnosis in these cats can probably be**  
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3 375 attributed to under-estimation of the potential for, and severity of, obstructive intestinal  
4  
5 376 disease based on non-specific clinical findings, predominantly distal location of  
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8 377 strictures and treatment factors. This emphasizes that further investigation, including  
9  
10 378 ultrasonography should be prioritized in cats with non-specific gastrointestinal signs,  
11  
12 379 anorexia and weight loss to distinguish chronic intestinal obstruction from other  
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14 380 diseases with similar presenting signs. Additionally the ultrasonographic features of  
15  
16 381 gastrointestinal dysmotility in this study were characterized predominantly by gastric  
17  
18 382 stasis and intestinal ileus rather than the hyperperistalsis. Functional ileus secondary  
19  
20 383 to prolonged obstruction reflects bowel exhaustion associated with complex metabolic  
21  
22 384 and electrolyte derangements and the direct effect of inflammatory mediators on  
23  
24 385 intestinal smooth muscle.<sup>32</sup> Such severe gastrointestinal dysmotility is a factor that may  
25  
26 386 limit localization of the stricture segment and should also be recognised as a risk factor  
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28 387 for peri-operative complications, including aspiration pneumonia and oesophagitis,  
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30 388 secondary to reflux of large volumes of intragastric fluid.

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36 389 Limitations of this study include the retrospective nature of the study, the low number  
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38 390 of cases and lack of a standardized approach to diagnostic investigation across  
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40 391 contributing centers. Future studies should focus on colour Doppler and contrast-  
41  
42 392 enhanced assessment of strictured bowel, a comprehensive evaluation for infectious  
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44 393 agents, cardiovascular status, biopsy of other areas of abnormal bowel and a  
45  
46 394 standardized follow-up.

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## 51 52 396 Conclusion

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54 397 This report demonstrated that intramural small intestinal obstruction caused by benign  
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56 398 stricture should be considered an uncommon but important differential for chronic  
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58 399 progressive gastrointestinal disease, especially in younger, debilitated cats. Strictures



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3 400 may be variable in length and present as annular or as long-segment strictures.  
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5 401 Localization of annular strictures ultrasonographically may be technically challenging  
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7 402 **due to kinking of the aboral non-distended segment.** The sentinel ultrasonographic  
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9 403 features of marked gastric distension, intestinal dilation **oral** to a non-distensible  
10  
11 404 transition zone, with mild to moderate wall thickening, hypoechoic appearance,  
12  
13 405 abnormal **wall layering** and bordering focal **hyperechoic** mesenteric reaction should be  
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15 406 considered highly suggestive of, but not specific for, intramural fibrostenotic stricture in  
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17 407 the cat.  
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49 526 **Figure 1. High-frequency(18MHz) linear ultrasonographic images of (A) an annular**  
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51 527 **mid-jejunal stricture in a cat (A), and (B, C) an annular duodenal stricture and foreign**  
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53 528 **body in a second cat. Oral is to the left of the image, aboral to the right. There is**  
54  
55 529 **marked dilation of the intestine (asterisk) oral to the stricture (arrows) in both cats (A,**  
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57 530 **B). The ultrasound beam has been orientated to demonstrate the discrepancy in the**  
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3 531 diameter of the dilated oral and non-dilated aboral segments of bowel respectively,  
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5 532 either side of the stricture. In (A) the stricture (arrows) is narrow and hypoechoic with  
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7 533 complete loss of layering. In (B) the mucosa at the level of the stricture (arrows) is the  
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9 534 focally hyperechoic and the tunica muscularis is thickened. In (C) a sharply marginated  
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11 535 rectangular foreign body in the duodenum aboral to the stricture dilates and distorts the  
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13 536 lumen. The bowel aboral to the foreign body is abnormally layered (arrowhead).  
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17 537 Supplementary material: video of Figure 1A demonstrating optimization of dilated oral  
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19 538 bowel, stricture and collapsed aboral bowel in the same imaging plane, and video of  
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21 539 Figure 1B demonstrating kinking of long axis of the bowel at the oral aspect (to the right  
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23 540 of the image) of the stricture.  
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29 542 Figure 2. High-frequency (12MHz) linear ultrasonographic images of a long-segment  
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31 543 stricture in a cat. (A) The image is orientated along the long axis of the intestine, oral is  
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33 544 to the left, aboral to the right of the image. The transducer width is 38mm. There is  
34  
35 545 moderate concentric wall thickening(3.9mm , calipers), overall the intestinal wall is  
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37 546 hypoechoic in appearance and wall layering is abnormal. (B). Transverse image  
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39 547 through the stricture. The intestinal lumen is obturated (arrow), the mucosa is mildly  
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41 548 hyperechoic, the submucosa indistinct and the tunica muscularis(tm) thickened.  
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43 549 Hyperechoic mesentery borders the stricture.  
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50 551 Figure. 3. Medium-frequency (8MHz) microconvex (A) and high-frequency (15MHz)  
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52 552 linear (B) ultrasonographic images of an annular intestinal stricture. In both images the  
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54 553 non-distended aboral jejunum is on the left of the images, oral is to the right. The  
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56 554 intestinal wall changes at the level of the stricture are transmural. In (A) the stricture  
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58 555 (arrows) is hypoechoic in appearance and the intestinal lumen cannot be recognized.  
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3 556 (B) Transducer length is 24mm. On the high-frequency image the approximate  
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5 557 margins of the stricture are better recognized(arrows). **Individual wall layers** within  
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7 558 the stricture segment are indistinct. In the centre of the stricture all layering is lost and  
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9 559 the intestinal lumen is obliterated (**dashed line**). The submucosa (asterisks) is  
10  
11 560 thickened and indistinct and difficult to distinguish from the marginally hyperechoic  
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13 561 mucosa. The tunica muscularis(tm) is **thickened**. The dilated **oral** jejunum is not in the  
14  
15 562 image plane.  
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22 564 Figure 4. Surgical specimen (A) and ultrasonographic images of an annular jejunal  
23  
24 565 stricture placed in a water bath (B, C, D). This is the same cat as in Figure 3. **Aboral** to  
25  
26 566 the left, **oral** to right in (A) and (B). (A) Note that it is not possible to advance forceps  
27  
28 567 through the stenotic lumen. (B) **Longitudinal high-frequency (15MHz) linear**  
29  
30 568 ultrasonographic image. The strictured segment measures approximately 10mm. Focal  
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32 569 thickening and obliteration of the intestinal lumen is evident centrally. Wall layering is  
33  
34 570 abnormal and is absent in the **centre** of the stricture (arrowheads). The hyperechoic  
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36 571 submucosal(**asterisk**) layer bordering the stricture is **indistinct**. (C) Transverse image  
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38 572 through the **centre** of the annular jejunal stricture (**C, yellow line**). The jejunum at the  
39  
40 573 site of the stricture is reduced in diameter and misshapen. The intestinal lumen is  
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42 574 obliterated and **wall layering** is completely lost. (D) Transverse image at the margin  
43  
44 575 of the annular stricture (**D, red line**). Note the thickened hypoechoic tunica muscularis  
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46 576 (tm) and broadened, **ill-defined**, submucosal layer (sm) and mucosal ulceration(arrow).  
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52 577  
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54 578 Figure 5. Intra-operative images of mid-jejunal annular strictures (A) and (B) in two  
55  
56 579 cats. **Oral to the right, aboral to the left on both images**. Note the markedly dilated **oral**  
57  
58 580 intestinal segment, focal “napkin ring” stricture (black arrow) and **non-dilated aboral**

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3 581 bowel. The mesentery along the margin of the stricture in (B) is focally reactive and  
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5 582 thickened (asterisk) consistent with fibrofatty change. Note in both cases the  
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8 583 attenuation of the **vasa recta of the terminal jejunal arcade** at the level of the stricture  
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10 584 (white arrows, enlarged images) compared to adjacent arcades.

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12 585  
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15 586 Figure 6. Histological section of an annular stricture. The jejunal mucosa is lost due to  
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17 587 ulceration (U) and is replaced by inflammation and fibrosis (F) causing narrowing of the  
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19 588 intestinal lumen (L). The inflammation and fibrosis extend into the submucosa and, to a  
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21  
22 589 lesser extent, into the tunica muscularis (M). Haematoxylin and eosin stain, 100x  
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24 590 magnification.

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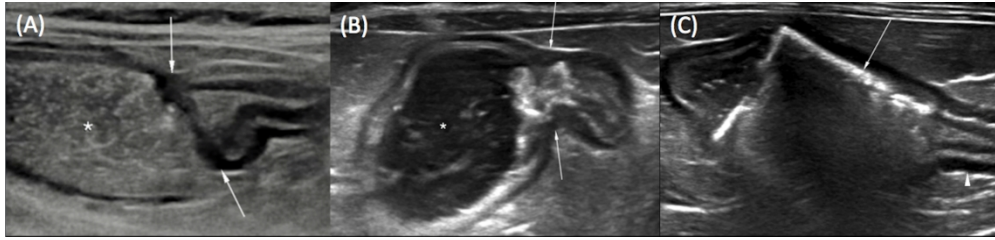


Figure 1. High-frequency(18MHz) linear ultrasonographic images of (A) an annular mid-jejunal stricture in a cat (A), and (B, C) an annular duodenal stricture and foreign body in a second cat. Oral is to the left of the image, aboral to the right. There is marked dilation of the intestine (asterisk) oral to the stricture (arrows) in both cats (A, B). The ultrasound beam has been orientated to demonstrate the discrepancy in the diameter of the dilated oral and non-dilated aboral segments of bowel respectively, either side of the stricture. In (A) the stricture (arrows) is narrow and hypoechoic with complete loss of layering. In (B) the mucosa at the level of the stricture (arrows) is focally hyperechoic and the tunica muscularis is thickened. In (C) a sharply marginated rectangular foreign body in the duodenum aboral to the stricture dilates and distorts the lumen. The bowel aboral to the foreign body is abnormally layered (arrowhead).  
Supplementary material: video of Figure 1A demonstrating optimization of dilated oral bowel, stricture and collapsed aboral bowel in the same imaging plane, and video of Figure 1B demonstrating kinking of long axis of the bowel at the oral aspect (to the right of the image) of the stricture.

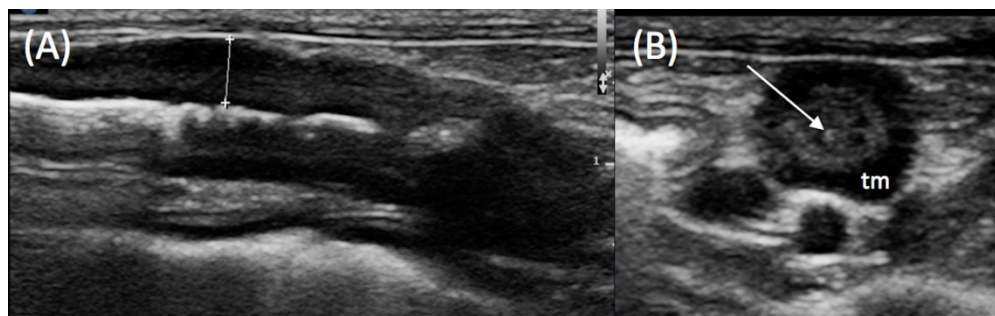


Figure 2. High-frequency (12MHz) linear ultrasonographic images of a long-segment stricture in a cat. (A) The image is orientated along the long axis of the intestine, oral is to the left, aboral to the right of the image. The transducer width is 38mm. There is moderate concentric wall thickening(3.9mm , calipers), overall the intestinal wall is hypoechoic in appearance and wall layering is abnormal. (B). Transverse image through the stricture. The intestinal lumen is obturated (arrow), the mucosa is mildly hyperechoic, the submucosa indistinct and the tunica muscularis(tm) thickened. Hyperechoic mesentery borders the stricture.



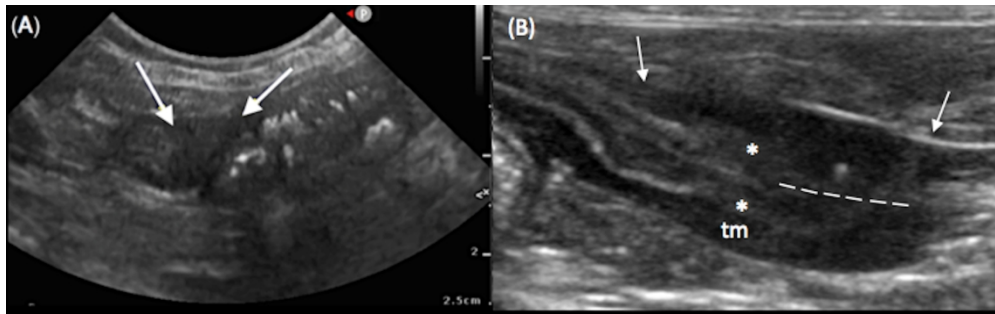


Figure. 3. Medium-frequency (8MHz) microconvex (A) and high-frequency (15MHz) linear (B) ultrasonographic images of an annular intestinal stricture. In both images the non-distended aboral jejunum is on the left of the images, oral is to the right. The intestinal wall changes at the level of the stricture are transmural. In (A) the stricture (arrows) is hypoechoic in appearance and the intestinal lumen cannot be recognized. (B) Transducer length is 24mm. On the high-frequency image the approximate margins of the stricture are better recognized (arrows). Individual wall layers within the stricture segment are indistinct. In the centre of the stricture all layering is lost and the intestinal lumen is obliterated (dashed line). The submucosa (asterisks) is thickened and indistinct and difficult to distinguish from the marginally hyperechoic mucosa. The tunica muscularis (tm) is thickened. The dilated oral jejunum is not in the image plane.

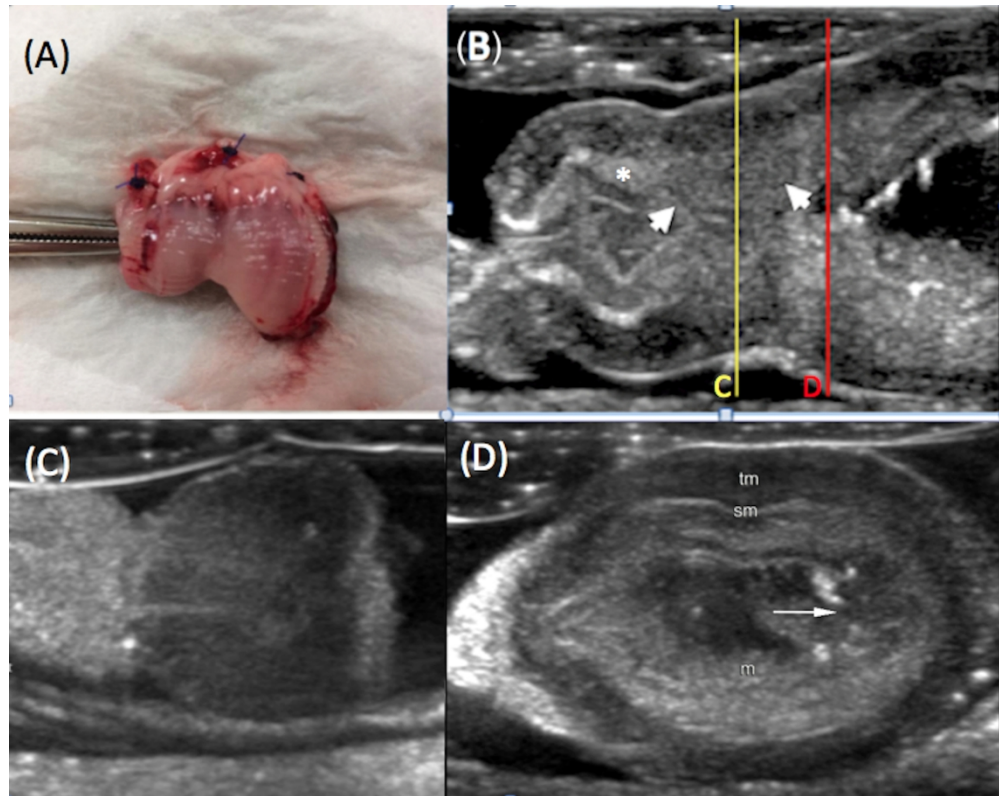


Figure 4. Surgical specimen (A) and ultrasonographic images of an annular jejunal stricture placed in a water bath (B, C, D). This is the same cat as in Figure 3. Aboral to the left, oral to right in (A) and (B).

(A) Note that it is not possible to advance forceps through the stenotic lumen. (B) Longitudinal high-frequency (15MHz) linear ultrasonographic image. The strictured segment measures approximately 10mm. Focal thickening and obliteration of the intestinal lumen is evident centrally. Wall layering is abnormal and is absent in the centre of the stricture (arrowheads). The hyperechoic submucosal (asterisk) layer bordering the stricture is indistinct. (C) Transverse image through the centre of the annular jejunal stricture (C, yellow line). The jejunum at the site of the stricture is reduced in diameter and misshapen. The intestinal lumen is obliterated and wall layering is completely lost. (D) Transverse image at the margin of the annular stricture (D, red line). Note the thickened hypoechoic tunica muscularis (tm) and broadened, ill-defined, submucosal layer (sm) and mucosal ulceration (arrow).

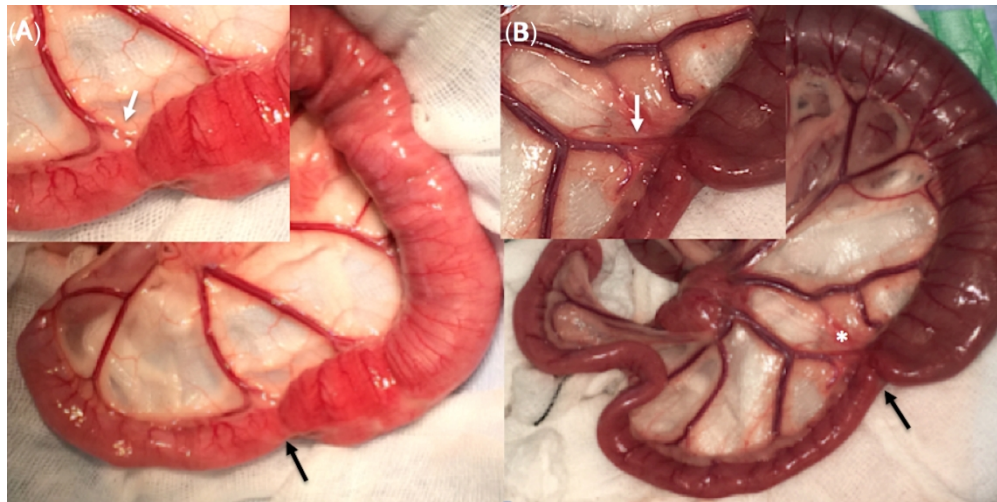


Figure 5. Intra-operative images of mid-jejunal annular strictures (A) and (B) in two cats. Oral to the right, aboral to the left on both images. Note the markedly dilated oral intestinal segment, focal "napkin ring" stricture (black arrow) and non-dilated aboral bowel. The mesentery along the margin of the stricture in (B) is focally reactive and thickened (asterisk) consistent with fibrofatty change. Note in both cases the attenuation of the vasa recta of the terminal jejunal arcade at the level of the stricture (white arrows, enlarged images) compared to adjacent arcades.

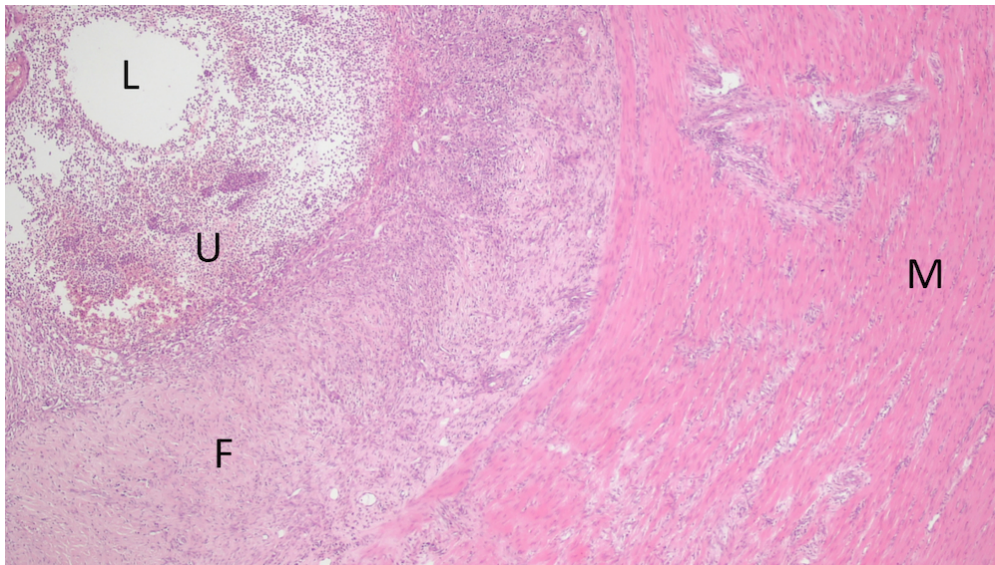


Figure 6. Histological section of an annular stricture. The jejunal mucosa is lost due to ulceration (U) and is replaced by inflammation and fibrosis (F) causing narrowing of the intestinal lumen (L). The inflammation and fibrosis extend into the submucosa and, to a lesser extent, into the tunica muscularis (M). Haematoxylin and eosin stain, 100x magnification.

84x47mm (300 x 300 DPI)