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Permeabilized skeletal muscle reveals mitochondrial deficiency in malignant hyperthermia susceptible individuals

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Abstract

Background. Individuals genetically susceptible to malignant hyperthermia (MH) exhibit hypermetabolic reactions when exposed to volatile anaesthetics. Mitochondrial dysfunction has previously been associated with the MH-susceptible (MHS) phenotype in animal models but evidence of this in human MH is limited.

Methods. We used high resolution respirometry to compare oxygen consumption rates (oxygen flux) between permeabilized human MHS and MH-negative (MHN) skeletal muscle fibres with or without prior exposure to halothane. A substrate-uncoupler-inhibitor titration protocol was used to measure the following components of the electron transport chain under conditions of oxidative phosphorylation (OXPHOS) or after uncoupling the electron transport system (ETS): complex I (CI), complex II (CII), complex I and II together (CI+CII) and, as a measure of mitochondrial mass, complex IV (CIV).

Results. Baseline comparisons without halothane exposure showed significantly increased mitochondrial mass (CIV, p=0.021) but lower flux control ratios (FCR) in CI+CII_(OXPHOS) and CII_(ETS) of MHS mitochondria compared to MHN (p=0.033 and 0.005 respectively) showing that human MHS mitochondria have a functional deficiency. Exposure to halothane triggered a hypermetabolic response in MHS mitochondria significantly increasing mass-specific oxygen flux in CI_(OXPHOS), CI+CII_(OXPHOS), CI+CII_(ETS) and CII_(ETS) (p= 0.001 – 0.012), while the rates in MHN samples were unaltered by halothane exposure.

Conclusion. We present evidence of mitochondrial dysfunction in human MHS skeletal muscle both at baseline and after halothane exposure.

Keywords: Malignant hyperthermia; skeletal muscle; mitochondria; electron transport chain

Malignant hyperthermia (MH) is a hypermetabolic reaction triggered by potent inhalation anaesthetics in susceptible individuals 1. Direct consequences of the hypermetabolic state are increased carbon dioxide production, increased oxygen consumption, metabolic acidosis, and hyperthermia, with reflex sympathetic stimulation ². Ultimately skeletal muscle ATP production fails to keep up with energy requirements leading to muscle rigidity and rhabdomyolysis ². Variants in the RYR1 gene that encodes the skeletal muscle calcium release channel (ryanodine receptor, RyR1 3) or the CACNA1S gene that encodes the sarcolemmal slow voltage gated Ca²⁺ channel which acts as the voltage sensor for excitation-contraction (EC) coupling (dihydropyridine receptor, DHPR 4, 5) are associated with MH in 76% of UK MH families ⁶. Both proteins work in concert to regulate Ca²⁺ levels in skeletal muscle at rest and during EC coupling 7. Prior to the discovery of genetic linkage between RYR1 and MH-susceptibility 8, 9, several researchers postulated an important role for mitochondria in the development of an MH reaction. Recent findings in transgenic mice with RYR1 mutation knock-in has rekindled interest in such a role for mitochondria ¹⁰⁻¹². There is also the implication that mitochondrial dysfunction may explain why some MH susceptible individuals experience myopathic traits such as muscle weakness and exercise intolerance 13.

Some of the earliest observations in MH mitochondria were conducted on the MH porcine model, which showed a halothane-induced inhibition of complex I ^{14, 15}. Research on *RYR1* mutation knock-in mouse models has found mitochondrial abnormalities with various degrees of severity depending on the *RyR1* mutation. Notable observations have included lower oxidative phosphorylation (OXPHOS), increased oxidative stress and increased reactive oxygen species (ROS) production ¹⁰⁻¹². On a structural level, mitochondrial deformity - an indication of damage - has been observed in multiple reports using electron microscopy. These reports often denote a loss of cristae organization and mitochondrial swelling which suggests there may be metabolic dysfunction and altered OXPHOS in muscles from both MH susceptible mice ^{10, 16} and humans ^{17, 18}.

In contrast to animal models, research on human MH mitochondrial function is lacking. Despite the structural abnormalities seen in MH susceptible humans ^{17, 18}, evidence for the existence of functional defects is conflicting. Some reports suggest normal OXPHOS and respiratory control in mitochondria of MH susceptible humans

¹⁹, whilst others have claimed impaired OXPHOS and ATP production after bouts of training in MH susceptible individuals ²⁰. The discrepancies may be explained by variation in sample type, methodology or both. The purpose of this study was to investigate whether mitochondrial dysfunction is present in *ex vivo* skeletal muscle from MH susceptible humans under 1) basal conditions and 2) after halothane exposure.

Methods

Patients

Patients who were considered for inclusion in this study were those attending for investigation of their susceptibility to MH. The reason for investigation was a clinical suspicion of increased risk either because they had had an adverse reaction to anaesthesia consistent with MH or because a family member was known to be MH susceptible. The majority of index case patients had been found not to harbour a pathogenic variant (www.emhg.org) in *RYR1* and *CACNA1S* prior to attending for further investigation, which involved an open muscle biopsy and subsequent *in vitro* contracture testing (IVCT). Family members were either from families where no pathogenic variant had been found or who had been found not to carry a familial variant. Patients gave written informed consent to the study that was approved by Leeds (East) Research Ethics Committee (reference 10/H1306/70).

Patients were diagnosed using the IVCT as either MH susceptible (MHS) or MH negative (MHN) according to the protocol of the European MH Group ²¹. The laboratory classification of MHS is subdivided into MHS_{hc} (samples respond abnormally to both caffeine and halothane challenges), MHS_h (samples respond normally to caffeine but abnormally to halothane challenge) or MHS_c (samples respond abnormally to caffeine but normally to halothane challenge).

Muscle samples

Diagnostic muscle biopsies and IVCTs were conducted according to the protocol of the European MH Group 21. In brief, six muscle fascicles (typical dimensions 25 mm x 4 mm x 3mm) were excised from Vastus medialis under femoral nerve block and immediately placed in oxygenated Krebs' solution (118.1 mM NaCl, 3.4 mM KCl, 0.8 mM MgSO₄, 1.2 mM KH₂PO₄, 11.1 mM Glucose, 25.0 mM NaHCO₃, 2.5 mM CaCl₂, pH 7.4) at room temperature and taken to the MH laboratory. There, the samples were kept at room temperature in the Krebs' solution, which was gassed continuously with carbogen (95% O₂, 5% CO₂), until being used for the IVCT tests. This study required both a muscle fascicle that had not been used for the diagnostic challenge tests (baseline) and a fascicle that had been used in the static halothane test (halothaneexposed). At the end of the halothane test procedure both the halothane-exposed and baseline samples were each placed into 1 ml of ice-cold biopsy preservation buffer, BIOPS (2.77 mM CaK₂EGTA, 7.23 mM K₂EGTA, 5.77 mM Na₂ATP, 6.56 mM MgCl₂·6H2O, 20 mM taurine, 15 mM Na₂Phosphocreatine, 20 mM imidazole, 0.5 mM dithiothreitol (DTT), and 50 mM MES hydrate, pH 7.1, adjusted with 5 N KOH at 0 °C). The samples were then placed in a petri dish with ice cold BIOPS and separated using sharp forceps to obtain small muscle fibre bundles containing approximately 4-5 fibres each. These samples then underwent chemical permeabilization in BIOPS containing saponin (50 µg·ml⁻¹) for 30 min, before being washed with 1 ml respiration medium, Miro5 (0.5 mM EGTA, 3 mM MgCl₂·6H2O, 60 mM lactobionic acid, 20 mM taurine, 10 mM KH₂PO₄, 20 mM HEPES adjusted to pH 7.1 with KOH at 37 °C, 110 mM D-sucrose, and 1 g·L⁻¹ essentially fatty acid free BSA) to remove residual saponin. The sample was then taken out of solution and blot-dried for 5 s before being weighed and loaded into the respirometer chambers (5-10 mg in each chamber) containing 2 ml of Miro5. The time between biopsy collection and assay time was approximately 90 - 120 min. This sample preparation procedure was adapted from previously described protocols 22, 23.

High Resolution Respirometry

Oxygen consumption over time was measured using Oroboros respiratory analysers (Oroboros Instruments, Innsbruk, Austria) at 2 s intervals with polarographic oxygen

sensors and expressed as mass-specific oxygen flux (pmol/s*mg). The analyser was calibrated daily in air saturated solution before experimentation. Assays were initiated by injecting oxygen into each chamber to raise the oxygen concentration to > 400 nmol/mL prior to starting a substrate-uncoupler-inhibitor titration (SUIT) protocol. Re-oxygenation of the chambers was performed to maintain oxygen concentration between 200-500 nmol/mL to prevent limitation due to oxygen diffusion ²³. Each assay was performed at 37 °C, with chamber stirrers set at 750 rpm.

SUIT protocol

An adapted SUIT protocol was used to investigate the OXPHOS capacity of individual complexes and respiratory states $^{22,\,23}$ and is summarised in Figure 1. The procedure was initiated with the addition of 5 μ M blebbistatin (BLEB) to prevent spontaneous contraction of muscle fibres 24 . Glutamate (10 mM), malate (0.5 mM) and pyruvate (5 mM) were then applied to facilitate measurements of the complex I respiration in the absence of ADP (LEAK). ADP (2.5 mM) is then added next to allow the measurement of maximal complex I-supported OXPHOS (CI_(OXPHOS)). At this point the outer mitochondrial membrane integrity was assessed by the addition of 10 μ M cytochrome c. An increased respiration rate after addition of cytochrome c indicates outer mitochondrial membrane damage: samples that showed an increased respiration rate after cytochrome c of >10% were excluded from data analysis.

Once membrane integrity has been assessed, the maximal activity of complex II is stimulated with the addition of succinate (10 mM). The oxygen flux at this stage (CI+CII_(OXPHOS)) reflects the combined activities of complex I and complex II together and is also regarded as the maximum OXPHOS capacity in the coupled state. Next, step-wise additions of carbonyl cyanide 4-(trifluoromethoxy)-phenylhydrazone (FCCP) (0.5 μ M) are made until there is no further increase in oxygen flux. This step-wise addition of FCCP uncouples the electron transport system (ETS) by collapsing the proton gradient between the intermembrane space and the mitochondrial matrix providing the maximum ETS capacity (CI+CII_(ETS)). Then, after uncoupling the system, electron flow through complex I is inhibited using rotenone (0.5 μ M), providing maximum complex II activity alone (CII_(ETS)). Finally, antimycin A is introduced to inhibit complex III. Complex III activity is technically contributing to all

data points aside from the Complex IV assay. However, its activity is not measured directly in this protocol as it obtains electrons downstream of complex I and II. Residual oxygen flux (ROX) present after the addition of antimycin A is a result of non-mitochondrial respiration which is then subtracted from each respiratory state reading before analysis.

Complex IV Assay

Measurement of mass-specific complex IV oxygen flux was used as an alternative proxy marker for estimations of mitochondrial content. Ascorbate (2 mM) and N,N,N',N'-tetramethyl-p-phenylenediamine (TMPD) (0.5 mM) was applied to each sample at the end of the standard SUIT protocol. The measurement of complex IV flux is taken at the peak of the corresponding trace and residual chemical background is finally removed from this value by applying sodium azide (10 mM) to the sample ²⁵.

Data handling and analysis

Raw data output is in the form of oxygen flux per muscle mass (pmol/s*mg) which includes the confounding effects of both mitochondrial quality and quantity. The data in this study, from samples with and without halothane exposure, were internally normalised to the common reference state, CI+CII_(ETS) (maximum uncoupled respiration). Normalised oxygen flux per mass is presented as flux control ratios (FCR) which highlight differences in mitochondrial function, as a proportion of the reference state, which is independent of mitochondrial content.

Oxygen flux readings recorded from each sample trace were exported from proprietary software DatLab5 (Oroboros Instruments, Innsbruk, Austria) into Microsoft Excel before analysis using IBM SPSS statistics v21. Pairwise comparisons were performed using a combination of Wilcoxon signed-rank tests to assess the effects of halothane-exposure and Mann-Whitney U tests to assess median differences between baseline controls. Further analysis using MHS subgroups involved a Kruskal-Wallis test and post hoc Dunn's procedure to identify differences between patients classified as MHN, MHSh and MHShc. Data were summarised as boxplots using GraphPad Prism 8. There are no data on the magnitude of changes in OXPHOS variables that are associated with human pathology. Preliminary data from a transgenic mouse model of MH suggested

that there was a standardized mean difference of 0.86 in baseline CI+CII_(ETS) between MHS and MHN mice. Such a difference would be detected with a sample size of 12 in each group with α < 0.05 and β < 0.2. We sought to identify changes with a standardized difference in means of >0.75 as this is generally accepted as a relevant effect size in biological systems. On the basis that the MH Unit records more people with MHN compared with MHS diagnoses, we planned to include samples from 23 MHS and at least 35 MHN, in order to achieve α < 0.05 and β < 0.2. This number of samples enables detection of paired (with and without halothane exposure) standardized mean differences of 0.6 and 0.5 for MHS and MHN samples respectively.

Results

Patient characteristics

A summary of patient characteristics is presented in Table 1. Eighteen of the 23 MHS group were subsequently found to carry at least one variant in the *RYR1* gene and these variants are also listed in Table 1. None of the patients had clinical or histopathological features suggestive of a mitochondrial myopathy. We included 59 individuals from 52 families: the maximum number from any family was 2 individuals.

Mass-specific oxygen flux comparisons

Oxygen flux per milligram of muscle was compared between MHN and MHS samples, with or without exposure to halothane (Fig 2). Comparisons of samples without halothane exposure showed no differences between the two phenotypes aside from CIV (MAX) where MHS samples had a significantly greater oxygen flux when compared to MHN (p=0.021), suggesting higher mitochondrial content in the MHS samples. Pairwise comparisons showed that oxygen flux was significantly elevated in MHS samples after halothane exposure in several respiratory states: CI(OXPHOS), CI+CII(OXPHOS), CI+CII(ETS) and CII(ETS) (Table 2). The rates in MHN samples were unaltered by halothane exposure.

Flux control ratios (normalised oxygen flux)

Mass-specific oxygen flux was normalised to a common reference state (control CI+CII_(ETS)) to generate FCR which removes the confounding effects of mitochondrial content differences among samples (Fig 3). Comparisons of FCR at baseline revealed that CI+CII_(OXPHOS) and CII_(ETS) were significantly lower in MHS samples when compared to MHN (p=0.033 and 0.005, respectively, Table 2), suggesting functional deficiency. Normalised CIV_(MAX) showed no significant differences between MHS and MHN controls indicating similar functional capacity of complex IV. In addition, FCR comparisons between control and halothane-exposed samples support the findings seen in the mass-specific dataset, with statistically significant findings in several of the same respiratory states (Table 2). However, one exception was found in MHN CII_(ETS) which increased after halothane-exposure (p=0.041).

FCR responses within the subdivided MHS phenotypes

FCR were used for further analysis within the MHS phenotype, comparing the magnitude of change with and without exposure to halothane between the MHS_h and MHS_{hc} phenotypes - (Fig 4) – there were no patients in this sample categorized as MHS_c. Results from the Kruskal-Wallis test showed that CI+CII_(OXPHOS) responses differed significantly between MH phenotypes after halothane exposure (Table 2). Post hoc analysis showed that these differences in response between MHN and MHS groups is largely attributable to responses of the MHS_{hc} subgroup because we did not find any significant differences in response to halothane exposure between the MHN group and the MHS_h subgroup.

Discussion

Baseline comparisons using mass-specific flux showed a significantly higher $CIV_{(MAX)}$ in MHS compared with MHN muscle, which indicates a greater mass of mitochondria in MHS muscle per milligram of tissue. Alternative mitochondrial markers such as citrate synthase and mtDNA were considered for this study but the complex IV assay was chosen as it can be performed during the experiment and allows measurements on the same exact sample, avoiding issues with degradation. To normalise for differences in mitochondrial mass we compared FCR data which showed that there

were functional deficits in MHS muscle as well. The CI+CII_(OXPHOS) and CII_(ETS) FCRs were significantly lower in MHS samples compared to MHN which implies that there is uncoupling of mitochondria in MHS muscle in addition to complex II deficiency, both of which would likely result in inefficient ATP production. The uncoupling of MHS mitochondria is perhaps a side effect of the swelling and structural abnormalities seen in previous human studies 18 or it may be a consequence of chronically elevated myoplasmic calcium concentration in MHS muscle (see below). Since no significant differences in CI_(OXPHOS) were found, complex II deficiency seems to be the primary cause for the reduced maximum OXPHOS capacity of MHS muscle as defined by CI+CII_(OXPHOS) FCR. This is of great importance as a lower OXPHOS capacity suggests that the ETS in MHS mitochondria is less tightly coupled and they are therefore less efficient than MHN mitochondria at producing ATP. Complex II, also known as succinate dehydrogenase, is the only component of the ETS which is encoded entirely by nuclear genes and has roles in both OXPHOS and the Krebs' cycle, indirectly affecting glycolysis ²⁶. Complex II deficiency has not previously been linked to MH susceptibility and its deficiency may mean that the glycolytic function of MHS muscle is also impaired - a potential area for further research. Collectively these findings may also suggest a potential compensation mechanism, in which MHS muscle upregulates mitochondrial numbers to counteract deficiencies in mitochondrial function, hence similar baseline oxygen flux per unit of muscle mass.

The proposed concept of mitochondrial deficiency in MHS muscle is consistent with that seen in other studies ^{11,15,20}, but some findings are conflicting. An example is the work of Giulivi et al¹¹, who found a decrease in mitochondrial content, reduced oxygen uptake using malate-glutamate and succinate, and complex I, III and IV deficiency in R163C knock-in mice when compared to wild-types. In contrast, our study showed evidence of human MHS muscle having higher mitochondrial content, deficiency in succinate-facilitated oxygen flux, with activity deficits in complex II only. These discrepancies may be a result of species differences but they could also be explained by differences in methodology. The study of Giulivi and colleagues used isolated mitochondria in the assessment of mitochondrial content and protein complex function, ¹¹ whereas we used permeabilized muscle fibres. Permeabilized muscle allows interplay between the mitochondria, SR and RyR1, which we believe is crucial to accurately assess the biological effects of MH. Furthermore, the oxygen uptake assay

in the mouse study was conducted at 22 °C whereas we used a physiological 37 °C for our experiments: assay temperature significantly impacts OXPHOS capacity ²⁷.

As previously mentioned, one hypothesis for the mitochondrial dysfunction in MHS muscle observed here may be the result of chronic elevation in cytosolic Ca²⁺ that has been demonstrated in human ²⁸ and porcine ²⁹ MH muscle as well as knock-in mouse models ^{11,12,30}. Ca²⁺ increases mitochondrial activity which can stimulate higher rates of ROS production through complex I, III and, as has been recently shown, complex II of the ETS ³¹. Increased ROS production has been observed in MH *RYR1* knock-in mice ¹¹ and it is possible that this may translate into human MHS muscle. Increased ROS production, which can cause DNA damage and structural damage to organelles, could explain the mitochondrial swelling seen in previous electron microscopic studies ^{10,16,18}. Ca²⁺ is also a positive regulator of the mitochondrial permeability transition pore (MPTP) of the inner mitochondrial membrane ³². Opening of the MPTP decreases the proton gradient across the inner mitochondrial membrane which is associated with uncoupling of the ETS from OXPHOS ³³.

We have also shown that increased activity of several mitochondrial respiratory states is involved in the hypermetabolic response in MHS mitochondria following exposure to halothane. This could simply be a response driven by conversion of myoplasmic ATP to ADP but Diaz-Vegas and colleagues have recently demonstrated a more direct link between skeletal muscle mitochondrial stimulation and activation of RyR1 ³⁴. This may be the result of sarcoplasmic reticulum Ca²⁺ efflux from the activated RyR1 in MHS muscle and uptake by the mitochondria. Increased intramitochondrial Ca²⁺ stimulates dehydrogenase enzymes which in turn increase NADH and ATP production ^{35, 36}. The rhabdomyolysis and cell death which occurs in a fulminant MH reaction may partly be caused by the failure of skeletal muscle mitochondria to maintain ATP production to accommodate the Ca²⁺ stimulated state along with apoptotic mechanisms activated by increased intramitochondrial Ca²⁺. The FCR of MHN CII_(ETS) also increased after exposure to halothane, suggesting a non-RyR1 mediated component of this effect of halothane. However, the clinical relevance of this phenomenon is uncertain as it occurs in an artificially uncoupled non-physiological state.

A recent study of Canadian MH susceptible patients found that those who responded abnormally to halothane but not caffeine in the caffeine-halothane contracture test had a higher index of calcium related changes in cultured skeletal muscle cells than patients who responded abnormally to halothane and caffeine ³⁷. We compared the magnitude of FCR changes in MHS_h and MHS_{hc} fibres and found a significantly greater effect of halothane exposure on (CI+CII_(OXPHOS)) in MHS_{hc} muscle, which is what we expected, although it is at odds with what might have been anticipated from the work of Figueroa and colleagues ³⁷. This potential discrepancy might be explained by the use of cultured myotubes by Figueroa and colleagues whereas we studied adult muscle fibres.

Another unexpected observation was the lack of change in CI_(OXPHOS) after halothane treatment. Complex I activity was reduced by halothane in MH pigs ^{11, 12} but research in other models has suggested this effect is independent of the MH trait. Porcine heart mitochondria have shown reversible dose-dependent inhibition of complex I (NADH oxidoreductase) after exposure to isoflurane, sevoflurane and halothane – the latter of which proved to be the most potent among them ³⁸. Research using the complex I mutant *gas-1 C.elegans* model has also shown evidence of decreased complex I function and increased sensitivity to the application of potent inhalation anaesthetics ^{39, 40}. This was not observed in our MHS or MHN muscle and may be due to the inhibitory effects of halothane on complex I being both acute and reversible. Such changes would not be detected using our protocol because of the time delay between halothane exposure and measurement of mitochondrial function (~90 -120 min). In addition, previous studies with halothane treatment have used isolated mitochondria taken out of the normal cellular environment^{11,12}.

The time delay between halothane exposure and measurement of mitochondrial function might also have reduced the magnitude of change in other components of the ETS and could have obscured other acute and reversible changes. It is also possible that the permeabilization of the muscle fibres, which is necessary for the SUIT protocol, might have limited the responses to halothane exposure. A further potential confounding factor in our study was that the halothane-exposed samples were maintained at approximate physiological length and tension as well as being electrically stimulated during the halothane contracture test, whereas the baseline samples were not. While we think it may be that the differences observed between our

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halothane-exposed and baseline samples are a result of the halothane exposure rather

than the other interventions, we were unable to demonstrate this because of a limited

supply of human muscle tissue. We plan to address this in future studies using muscle

tissue from RYR1 knock-in mouse models.

In conclusion, we have demonstrated evidence of impaired mitochondrial function in

permeabilised human MHS skeletal muscle and we hypothesise that this results from

chronic elevation of cytoplasmic Ca²⁺ in MHS muscle that causes mitochondrial

uncoupling and structural damage through increased ROS production. Exposure to

2% halothane significantly increased OXPHOS and ETS capacity in MHS muscle,

confirming a hypermetabolic response to halothane in MHS mitochondria with

functional deficiency at baseline.

Contribution of authors

Conception and design of the study: PMH, MAS, JPB

Conduct of experiments and data collection: LC, JPB

Data analysis & interpretation: all authors

Drafting of manuscript: LC, PMH

All authors reviewed drafts of the manuscript and approved the final version

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Declaration of interests

PMH is an Editorial Board Member of BJA.

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Table 1

In vitro contracture	MHN	MHS (n = 23)					
test result	(n = 36)	MHS _h (n = 12)			$MHS_{hc} (n = 11)$		
Male: Female	16: 20	5: 7			7: 4		
Age at biopsy (years)	(11 – 68)		(12 – 64)		(12 – 57)		
Individuals with at least one RYR1 variant	-	8			10		
		Nucleotide	Amino acid	Accession	Nucleotide	Amino acid	Accession
		change	change	number	change	change	number
		c.251C>Tb	p.Thr84Met	rs186983396	c.455C>Ab	p.Ala152Asp	-
		c.4178A>Ga	p.Lys1393Arg	rs137933390	c.1202G>Ac	p.Arg401His	rs193922766
DY/D		c.5183C>Tc	p.Ser1728Phe	rs193922781	c.8729C>Tb	p.Tyr2910Met	-
RYR1 variants found	-	c.6670C>Tb	p.Arg2224Cys	rs199870223	c.10357C>Tb	p.Arg3453Cys	rs1482429489
		c.6785G>Ab	p.Gly2262Asp	-	c.11132C>Tc	p.Thr3711Met	rs375915752
		c.7879G>A ^c	p.Val2627Met	-	c.11958C>Gc	p.Asp3986Glu	rs193922842
		c.1286oC>Tb	p.Ala4287Val	-	c.12700G>Cc	p.Val4234Leu	rs193922852
		c.14210G>Ac	p.Arg4737Gln	rs193922868	c.7879G>Ac	p.Val2627Met	-
		c.4293G>A	p.Thr1431=	rs727504130	c.1021G>A ^d	p.Gly341Arg	rs121918592

Table 1. Summary of characteristics of the patients contributing samples for this study. MHN= malignant hyperthermia negative; MHS = malignant hyperthermia susceptible; MHS_h = abnormal response in the *in vitro* contracture test to halothane but not caffeine; MHS_{hc} = abnormal response in the *in vitro* contracture test to halothane and caffeine. The *RYR1* variants are annotated for their likely

pathogenicity using the criteria of Miller et al⁶ as: a. Unlikely pathogenic; b. Potentially pathogenic; c. Likely pathogenic; d. pathogenic. IVCT contracture data for each MHS individual is available in supplementary table 1.

Table 2

	Oxygen consumption rate (pmol/s*mg)				
Respiratory	MHN	MHS	MHN vs MHS		
State	Control vs haloth (p val	_	Control comparisons (p value)		
LEAK	0.944	0.429	0.732		
CI _(OXPHOS)	0.593	0.012	0.113		
CI+CII _(OXPHOS)	0.789	0.005	0.071		
CI+CII _(ETS)	0.157	0.003	0.050		
CII _(ETS)	0.057	0.001	0.376		
CIV _(MAX)	0.718	0.101	0.021		

	Flux control ratio (FCR)				
Respiratory	MHN	MHS	MHN vs MHS		
State	Control vs halotl (p val	-	Control comparisons (p value)		
LEAK	0.753	0.362	0.074		
CI _(OXPHOS)	0.480	0.007	0.534		
CI+CII _(OXPHOS)	0.470	0.003	0.033		
CI+CII _(ETS)					
CII _(ETS)	0.041	0.001	0.005		
CIV _(MAX)	0.307	0.052	0.913		

	FCR Differences (Halothane-exposed - control)				
Respiratory	Kruskal-	Post Hoc (p value)			
State	Wallis (p value)	MHN vs MHSh	MHN vs MHS _{hc}	MHS _h vs MHS _{hc}	
LEAK	0.349				
CI _(OXPHOS)	0.209				
CI+CII _(OXPHOS)	0.043	1.000	0.036	0.390	
CI+CII _(ETS)	0.086				
CII _(ETS)	0.263				
CIV _(MAX)	0.532				

Table 2. Summary of all statistical comparisons for each data set, outlining the specific p values for each pairwise comparison between and within phenotype for the mass-specific oxygen flux (pmol/s*mg) and FCR readings. The p values for FCR differences between MHS subgroups are also included with *post hoc* statistics for each comparison. MHN= malignant hyperthermia negative; MHS = malignant

hyperthermia susceptible; MHSh = abnormal response in the $in\ vitro$ contracture test to halothane but not caffeine; MHShc = abnormal response in the $in\ vitro$ contracture test to halothane and caffeine.

Legends to Figures

Fig 1. Example high resolution respirometry trace showing the rate of oxygen flux (red line) over time after sequential titration of substrates and inhibitors, expressed as pmol/s*mg. The blue line represents oxygen levels within the chamber (nmol/ml). Vertical dashed lines represent timepoints where substrates have been added. The horizontal black lines which overlay the red line plateaus indicate the position of data points.

Fig 2. High resolution respirometry of permeabilised *Vastus medialis* biopsies from MHN (n = 36) and MHS (n = 23) individuals. Boxplots show median, IQR and minmax range for each phenotype in control and halothane-exposed samples. Statistically significant pairwise comparisons (p < 0.05) are labelled with an asterisk (refer to table 2 for exact p values). MHN= malignant hyperthermia negative; MHS = malignant hyperthermia susceptible.

Fig 3. Boxplot comparison of flux control ratios (FCR) from MHN (n = 36) and MHS (n = 23) control and halothane-exposed samples. FCR are generated by internally normalizing oxygen flux per muscle mass to the non-halothane-exposed control $CI+CII_{(ETS)}$ (indicated by the horizontal dashed line). Boxplots show median, IQR and min-max range for each phenotype in control and halothane-exposed samples. Statistically significant pairwise comparisons (p<0.05) are labelled with an asterisk (refer to table 2 for exact p values). MHN= malignant hyperthermia negative; MHS = malignant hyperthermia susceptible.

Fig 4. Boxplot comparison showing the change flux control ratios (FCR) (halothane-exposed - control) for each respiratory state. MHN samples (n = 36) were plotted with MHS samples (n = 23) - further split into MHS_h (n = 12) and MHS_{hc} (n = 11) subgroups. Boxplots show median, IQR and min-max response range for each phenotype. Comparisons labelled with an asterisk show statistically significant post hoc pairwise comparisons (refer to table 2 for exact p values). MHN= malignant hyperthermia negative; MHS = malignant hyperthermia susceptible; MHS_h = abnormal response in

the $in\ vitro$ contracture test to halo thane but not caffeine; MHS $_{hc}$ = abnormal response in the $in\ vitro$ contracture test to halo thane and caffeine

<u>Figure 1</u>

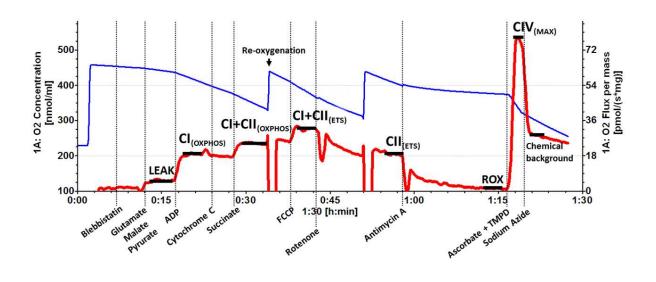


Figure 2

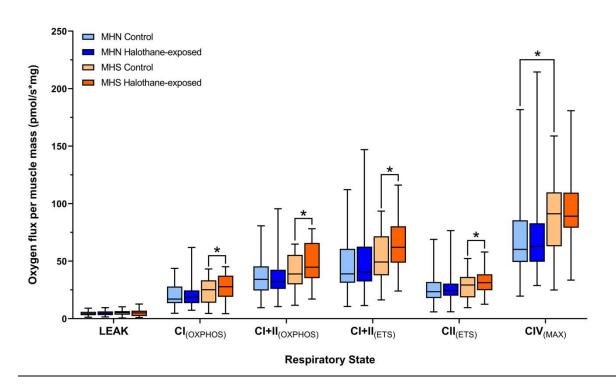
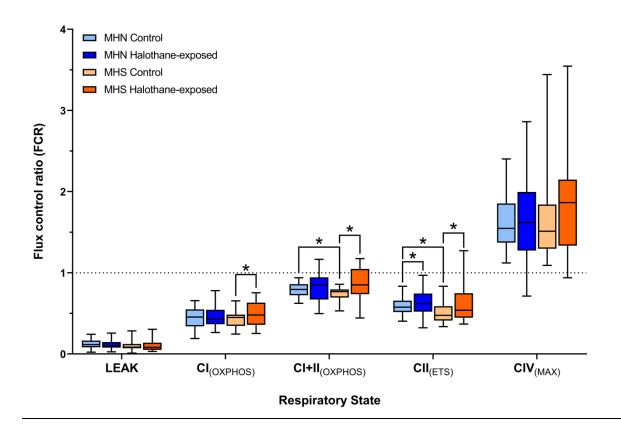
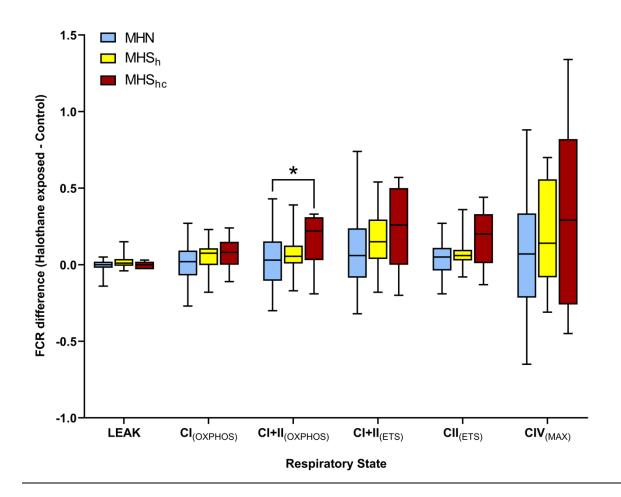


Figure 3



<u>Figure 4</u>



Supplementary Table 1

Patient	IVCT	Contracture at 2%	Contracture at 2 mM
number	classification	halothane (g)	caffeine (g)
1	$\mathrm{MHS_{h}}$	0.6	0
2	MHS_h	0.4	0
3	MHSh	1.05	0
4	MHS_h	0.3	0
5	MHS_h	0.35	0
6	MHS_h	0.2	0
7	MHS_h	0.2	0
8	MHSh	0.3	0
9	MHS_h	0.2	0.05
10	MHS_h	0.3	0
11	MHSh	0.2	0.1
12	MHS _h	0.2	0.1
13	$ m MHS_{hc}$	0.7	0.2
14	$\mathrm{MHS}_{\mathrm{hc}}$	0.7	2.0
15	$\mathrm{MHS}_{\mathrm{hc}}$	1.8	1
16	$ m MHS_{hc}$	1.05	0.5
17	$\mathrm{MHS}_{\mathrm{hc}}$	0.9	0.2
18	$ m MHS_{hc}$	1.05	0.75
19	$\mathrm{MHS}_{\mathrm{hc}}$	2.55	0.9
20	$\mathrm{MHS}_{\mathrm{hc}}$	0.4	0.25
21	$\mathrm{MHS}_{\mathrm{hc}}$	1.6	0.4
22	$\mathrm{MHS}_{\mathrm{hc}}$	0.9	0.2
23	$\mathrm{MHS}_{\mathrm{hc}}$	0.45	0.3

In vitro contracture test (IVCT) responses at 2% halothane and 2 mM caffeine for the malignant hyperthermia susceptible patients. The malignant hyperthermia negative patients all had o g responses at 2% halothane and 2 mM caffeine. MHS $_{\rm h}$ = abnormal response in the *in vitro* contracture test to halothane but not caffeine; MHS $_{\rm hc}$ = abnormal response in the *in vitro* contracture test to halothane and caffeine.