

# A Lean Enterprise Systems Approach to Healthcare Transformation

Professor Deborah Nightingale MIT Conference on Systems Thinking for Contemporary Challenges Massachusetts Institute of Technology October 23, 2009





- Cross-Industry Knowledge on Enterprises
- Case Examples
- Ongoing Research
- LAI Enterprise Healthcare Vision



Access

Cost	<ul> <li>Over 16% of US GDP spent in healthcare expenses</li> <li>Hospital care represents 30.8% of total expenditure</li> <li>49% of expenditure concentrated in only 5% of population</li> <li>Individuals over 65 years old expected to increase over 50% by 2020</li> </ul>	Life expectancy in yo 84 82 80 78
Quality	<ul> <li>98,000 deaths attributed to medical errors</li> <li>Adults on average only receive 55% of recommended car</li> <li>Emergency Departments are overcrowded nationwide</li> <li>Provider fragmentation unable of creating sufficient voluments</li> </ul>	
	<ul> <li>45 million Americans are uninsured</li> </ul>	

- Fragmented provider network, 75% being small or single practices
- Recent survey indicated 40% of Americans received uncoordinated care
- Fragmented payment systems, health plans, information systems, etc









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### The Challenges of Complex Enterprises Requires a Systems Approach

- New strategic systems perspective
- Viewing enterprises as <u>holistic</u> and <u>highly networked</u> systems
- Integrating leadership processes, lifecycle processes and enabling infrastructure systems
- Balancing needs of multiple stakeholders working across boundaries





### LAI - A Consortium Dedicated To Cross Industry Enterprise Performance

- Enable Enterprises to effectively, efficiently and reliably create value in a complex and dynamic environment
- Enable focused and <u>accelerated</u> transformation of complex enterprises
- Collaborative engagement of all stakeholders in Government, Industry and Academia
- Understand, develop, and institutionalize principles, processes, behaviors and tools



# **MIT Studies on Industrial Productivity**



1989

Identified sources of major weaknesses in US productivity, including commercial aircraft & education.



### 1990

Identified Lean, based upon Toyota Production System as a successor to mass production.



### 2002

Translated Lean principles to aerospace and enterprise context.



# **Cross Industry Enterprise Challenges**

#### Aerospace

- Overarching commitment to ensure global peace and security
- Incumbent higher, faster, farther mindset
- Declining defense dollars after Cold War (fewer military aircraft programs; industry consolidation)
- Inherently complex industry:
  - Multiple stakeholders with misaligned objectives and numerous constraints
  - Capital Intensive
  - Complex product development
- Uncertain outcome in contract awarding

#### Healthcare

- Overarching commitment to provide world class medical care
- Incumbent overuse, underuse, and misuse mindset
- Overburdened healthcare expenditure as a % of GDP (proliferation of fragmented disjointed providers)
- Inherently complex industry
  - Multiple stakeholders with misaligned objectives and numerous constraints
  - Capital Intensive
  - Complex service provision
- Uncertain outcome in value sharing



### Leveraging LAI's Cross Industry Experience

### **7 Principles of Lean Enterprise Thinking**



Source: D. Nightingale and J.K Srinivasan, MIT 2008

# **LAI**SS Enterprise Transformation Roadmap



http://lean.mit.edu

Source: Nightingale, Srinivasan and Mize

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# **Healthcare Case Examples**

Case 1	<ul> <li>A Primary Care Satellite of a Hospital Provider</li> <li>For profit Hospital Provider owns 5 primary care satellites that refer patients to main hospital</li> <li>Problem statement: <ul> <li>Considerable amount of patient "no shows"</li> <li>Backlog of patients scheduled for appointments</li> <li>Capacity constraints</li> </ul> </li> </ul>
Case 2	<ul> <li>An Emergency Department of a Hospital Provider</li> <li>Non profit Hospital Provider contracts with 11 primary care satellites and owns 3 hospitals</li> <li>Problem statement: <ul> <li>Emergency Department waiting time is considerable</li> <li>Staff low moral leading to churning</li> <li>Patients leaving without being seen</li> </ul> </li> </ul>

Case 3 • The New Engla

#### The New England Veterans Affairs Medical Center



# Case 1: A Primary Care Satellite of a Hospital Provider

#### **Primary Care Satellite**

- Owned by main hospital provider
- Refers patients to main hospital services
- Physicians are not salaried

#### **Hospital Provider**

- Has patients from multiple insurance companies
- Has multiple referral primary care satellites



#### Who is the customer?

- Satellite administration concerned with attracting physicians and patients
- Physicians concerned with patient care
- Hospital concerned with insurers

#### What are the metrics?

- Insurers focus on different sets of metrics related to costs & preventive care
- Hospital focuses on total patient visits per satellite
- Satellite focuses on total patient waiting time and physician utilization

#### What are some of the systemic issues?

- Hospital attempts to satisfy different metrics from different insurers
- Hospital sets quality of care at a minimum (i.e. what insurance wants) and foregoes continuous improvement
- Satellite focuses on total throughput and neglects departmental variability
- Patients don't feel the burden of care costs, are unhappy with wait times, and contribute to no show rate

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### Case 1: Key Process Interactions Dynamics of Patient No-Shows

FactorsHire DoctorsLimit New PatientsFloor level improvements

Factors
Bedside Manner
Compassion of
Support Staff



#### Factors

- Transportation Convenience
- Socio-Economic Factors
- Patient Comprehension of Scheduling Impacts

•No Show Policies

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### Case 1: Satellite as a Lean Enterprise Recommendation

Strategic Direction Setting

Stakeholder Focus No clear strategic objectives

Focus is primarily on enterprise shareholders

Measurement

Current metrics do not gauge enterprise performance

Knowledge Management Infrastructure for cross-department knowledge sharing not in place today Objectives should be well understood, actionable, and measurable

Shift focus from shareholders to stakeholders

Lean

Transition

Metrics need to be consistent and standard

Cross functional / Cross departmental knowledge review forums



**Case 2: Greater Boston Hospital Case** (Jorge Fradinho Oliveira, ESD PhD Candidate)

 Leading multi specialty physician led group practice with national and international recognition (i.e. neuro, liver, heart & vascular, etc)

#### **2006 Highlights**

- Emergency Visits: 38,631
- Total Beds: 293
- Total Staff: 4263
- Total Income: \$679,454,000
- Total Expenses: \$628,525,000
- Operating Income: \$50,929,000

#### **Problem Statement**

- Emergency Department (ED) struggling to keep up with demand
- Long wait times in the ED and patient leaving without being seen
- ED staff blame inpatient staff and vice versa
- ED staff turnover levels significant

#### What can be done to speed patient flow in the ED? Where should a process improvement initiative focus?



### **Emergency Department** Value Stream Mapping



#### Source: Jorge Fradinho Oliveira, MIT

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# **Emergency Department Analysis**

#### **Description of patient time spent in ED**



#### **Description of patient arrivals and departures**





#### The Cumulative Number of Patients in ED



#### Simulation patient levels in ED over three days





### Multi-Attribute Model Provides Framework for Evaluating Emergency Department





# **Enterprise Findings**



#### **Policy/ External Issues:**

- Uninsured population
- Primary care unavailability
- Safety net compromised
- Fee for service payment

#### **Result in:**

- 6% of expenses not covered
- 30% non urgent care patients
- Lack of continuous care monitoring often resulting in poorer health and greater expenditure
- Encounter based patient care mentality vs. continuous care

#### **Strategy Issues:**

- Focus on revenue generating elective surgery
- 16 strategic objectives (trying to be all things to all people)
- ED absent of strategic plan

#### **Result in:**

- Lack of strategic focus
- ED competing for internal resources sought by elective surgery
- ED neglected

Source: Jorge Fradinho Oliveira, MIT



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### **Enterprise Findings**



Lost opportunity to speed patient ۲ throughput

Source: Jorge Fradinho Oliveira, MIT



# **Enterprise Findings**

#### **Organization Issues**:

- Low staff morale
- Salaried physicians
- Physician cultural rifts

#### **Result in:**

- High staff turnover volume
- Lack of productivity incentive
- Finger pointing between ED and elsewhere



#### **Knowledge Issues:**

- Vast amount of evidence based medicine
- Reliance on heroes and bed czars
- Incomplete patient records

#### **Result in:**

- Less than ideal recommended care provision
- Prone to staff exhaustion and waste (i.e. empty bed goes unnoticed)
- Patient health put at risk due to unknown medical history

Source: Jorge Fradinho Oliveira, MIT



### **Enterprise Findings**

#### Information Technology Backbone Issues:

- Fragmented information systems
- Proprietary legacy software



#### **Result in:**

- Redundant human data entry tasks prone to error
- Frustrated patients requested to provide same information over and over again
- Expensive IT integration consulting fees
- Silo based view of information across the hospital (i.e. unable to see end to end value)

Source: Jorge Fradinho Oliveira, MIT



### Hospital Enterprise Architecture Diagnostic Uninsured population; primary ca

Non standardized admitting process; patient boarding (i.e. admitted patients held in ED due to lack of inpatient beds); costly bolt ons Uninsured population; primary care unavailability; safety net compromised; fee for service payment model



Policy / External Factors

Source: Jorge Fradinho Oliveira, adapted from Nightingale/Rhodes 2007, MIT



# **Preliminary Findings**

Main Findings	ED average length of stay considered problematic, but non-admitted patients took 4 hours, whereas admitted patients took over 8 hours ED interacted well with some patient wards but not with others ED heroic employee efforts said to be common rather than sporadic ED metrics and strategic goals misaligned with overall hospital (X-Matrix)
Questions For Further	Why was the ED managed as a silo rather than end-to-end? Was the varying performance of ED interactions due to the payment model?

Could it be that different observed EA configurations were directly related to the different observed performance levels?

"The problem of redesign gets harder and the evidence weaker as one moves from the microsystem to the organization."

Donald Berwick, President of Institute for Healthcare Improvement, 2002

Source: Jorge Fradinho Oliveira, MIT

Study



### Health Care is a Complex Socio-Technical System



Source: Jorge Fradinho Oliveira, MIT MIT Conference on Systems Thinking for Contemporary Challenges



### **Case 3: New England Veterans Affairs Partnership and Preliminary Insights**

Evolving recent partnership between LAI and the New England Veterans Administration (VISN 1)

#### **Rationale** • Richness of VA enterprise dataset which is shared across multiple regions

• Ability to control for potential misaligned behavior induced by traditional commercial and public healthcare payment models

# • "It is not impossible to get your head around the processes and activities in health care. Performance, demand, and structure can be modeled and can be used to improve the enterprise."

Incipito	Emergency Services Non-VA ER Transfer Non-Emergency
Insights	<ul> <li>"Even if profit is not a significant factor, it is still worthwhile creating and</li> </ul>
	understanding your strategic goals and using them to drive your enterprise
	forward."
	• "It is not enough just to serve patients as they enter, we must also plan ahead in health care, and work towards being proactive rather than re-active."
	"We must align the enterprise on all levels and empower management on all levels with an understanding of the greater strategic goals."
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### **Case 3: X-Matrix**





are taken into account.

•



5 7

7 10 2 0 2 0 0 4 1

5 2

3 21

2 17 0 2

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Human Resources





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### **Ongoing Research**

- High Performing Hospital Enterprise Architecture (Jorge Oliveira)
- New England Veteran Affairs: Ongoing Research in Process Classification (Jordan Peck)
- NEWDIGS Drug Development Enterprise Systems Analysis (Center for Biomedical Innovation)
- Impact of Advanced DNA Sequencing Technologies on Clinical Microbiology Processes (Rob Nicol)



### High Performing Hospital Enterprise Architectures (Jorge Oliveira, ESD PhD Candidate)

 Two multi-method exploratory cases conducted at leading US and UK hospitals identified the following research questions and emergent phenomena:

How is hospital enterprise performance currently measured?

How could hospital enterprise performance measurement be improved using lean enterprise principles?

What are different internal organizational design configurations capable of supporting higher performance for different service unit complexities?



© Nightingale/Rhodes 2007





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### **New England Veteran Affairs**

Ongoing Research in Process Classification (Jordan Peck, ESD Ph.D.)

### Health Care Professionals are starting to recognize predictability



Emergency Severity Index (ESI)—a five-level emergency department triage algorithm that provides clinically relevant stratification of patients into five groups from 1 (most urgent) to 5 (least urgent) on the basis of acuity and resource needs.



# New England Veteran Affairs

Simulation and Modeling

### How can we model Control Options and Interventions?





How do the people fit in?



Source: Jordan Peck, MIT MIT Conference on Systems Thinking for Contemporary Challenges

#### How well can solutions cross between hospitals?



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### NEW Drug Development ParadIGmS (NEWDIGS)



Consortium of Stakeholders





Enterprise Strategic Analysis Mission and Strategic Objectives

• Mission:

"Improve therapeutic product innovation in healthcare"

### Preliminary Objectives

- Develop products that are more effective than existing therapeutic options
- Reduce time to market, cost, and late stage attrition
- Improve knowledge about benefit/risk profile of new products
- Additional strategic objectives:
  - "Catalyze change across the industry"
  - "Transformational, not incremental"
  - "Strategic, not just tactical"
  - "Global, not just US"
  - "Cross-stakeholder, not just pharma"



### Enterprise Strategic Analysis Timeline





Enterprise Strategic Analysis Draft High Level Future Vision

An organization that:

- is lean and highly collaborative with all stakeholders from across the entire value chain;
- is not tied to developing one particular product (i.e., responsive to market need, flexible, adaptive) and rather focuses on integrated healthcare solutions;
- has expertise to understand market and customer(s) health needs and to design potential solutions that intervene earlier in the disease continuum than currently occurs;
- is informed by knowledge generated internally and externally (through pre-competitive, cross-stakeholder data sharing/collaboration) and processes that enable rapid-cycle learning (e.g., Learning Healthcare System);
- has relationships with best-in-class providers of solution components (industry, academia, non-profits), and collaborates effectively with them to develop solutions;
- operates successfully in an outcomes-based reimbursement environment;
- delivers dramatically increased value over the current approach (faster, more efficient, reduced resource expenditure without compromise in outcomes); and
- find solutions focused on patient outcomes driven by patient and payor value as well as scientific/medical community value.



Enterprise Strategic Analysis Proposed Initial Workstreams

#### **Workstreams**





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#4



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# **Motivation / Problem**

### • Antibiotic Resistance Surveillance: Key Healthcare Problem

- **Rapidly increasing resistance**
- Few effective antibiotics remain
- Limited system level surveillance
- Process improvement difficult
- **Complex Healthcare Processes** 
  - Large number of tasks and rapidly changing technology
  - Numerous disconnected stakeholders
  - Vast technical design space
  - Highly distributed information (tacit and explicit)
- **Severe Health and Cost Impacts** 
  - 2 Million hospital acquired infections per year
  - \$5 Billion (est.) and over 90,000 deaths per year

(source: IDSA)





resistant enteroccoci; FQRP=Fluoroquinolone-resistant Pseudomonas aeruginosa



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# **Key Questions**

- How can the true system level complexity of healthcare processes be modeled and measured?
- How does this system level process model and complexity measures work on a real world healthcare process design and implementation Process effort?
- How does process complexity impact change and adoption in healthcare?





Organization

Projection

### Contributions

- **Rob Nicol**
- Novel Network Based Process Representation and Complexity Analysis Methodology (model)
- Novel Theory for Process Innovation Adoption as a Function of Process Complexity (model observations)
- First Specification of a Whole Genome Clinical Microbiology Process for MRSA Surveillance (test case for model)
- First Operational Demonstration of a Whole Genome Clinical Microbiology Process for MRSA Surveillance (test case for model and complexity measures)
- First Whole Genome MRSA Diversity Study (real biological results showing policy change needed)



Massachusetts Institute of Technology Engineering Systems Division

# **Contributions** (Significant Biology Too...)

**Rob Nicol** 

MRSA Surveillance Process designed and implemented as part of thesis yielded significant insight into MRSA biology which in turn suggests system policy changes needed

Reference (should all be the same as this)

#### Multiple Genome Alignment of BWH Samples Compared to Reference at the Top

- 50 Genomes Sequenced (<15 existed previously)</li>
- All Supposed to be identical based on current hospital diagnostics
- Significantly different! (look at length)
- Highlights need for surveillance and policy changes











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# **LAI Enterprise Healthcare Vision**

#### In 1992 US Air Force asked:

Can the concepts, principles and practices of the Toyota Production System (TPS) be applied to the military aircraft industry?

#### **MIT answered: YES!**

Over a decade of significant research was conducted well beyond TPS to the Enterprise system level and ultimately delivering superior results for aerospace commercial and governmental sectors

In 2009 the Healthcare Community asks:

Can the concepts, principles and practices of Lean Enterprise Value be applied to the healthcare industry?

### Our Research to date says: YES!



### **Relevant Research Questions**

What processes are required to support the enhancement, shortening, and improvement of technology and pharma innovation?

How does hospital enterprise performance relate to its enterprise architecture?

What role should Information Technology play in improving information accessibility and flow?

What are key knowledge and decision support tools that enable healthcare system effectiveness? What are enhanced methods for evaluating and assessing future state health care systems? (e.g., simulation,...) What can be learned from other industries with regards to holistic enterprise analysis and redesign?



### **Relevant Research Questions**

### **Metrics and Stakeholder Alignment**





### **Questions and Answers**

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