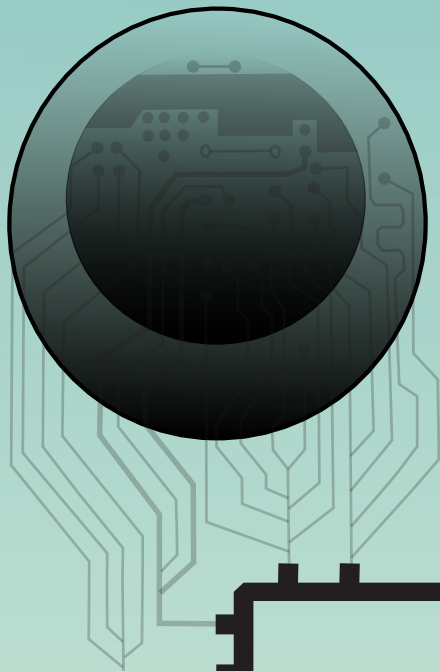


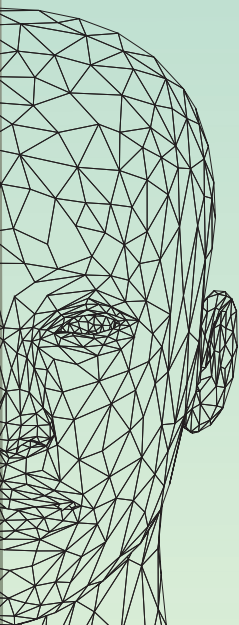


Turun yliopisto
University of Turku



NOVEL REGULATORS OF T HELPER CELL DIFFERENTIATION CONTRIBUTE TO AUTOIMMUNE INFLAMMATION

Imran Mohammad





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ABSTRACT

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Novel regulators of T helper cell differentiation contribute to autoimmune inflammation

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Turku Doctoral Programme of Molecular Medicine
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T helper cells are critical components of adaptive immune system contributing to self/nonself-recognition, pathogen elimination and pathogenesis of immune-associated diseases.

Understanding the underlying mechanisms and signaling changes associated with T cell differentiation and autoimmune inflammatory disease processes remains far from being complete. The studies presented in this PhD thesis were aimed to investigate the role of a suspected/known contributor to autoimmune inflammation and to identify novel modulators that regulate Th17 and iTreg cell differentiation.

Autoimmune diseases show greater predominance in females than in males and the underlying mechanisms of this are not well understood. In this study, the role of estrogen receptor alpha (ER α) in the development of autoimmune T cell responses has been addressed. T cell specific ER α depleted mice were induced to develop a T cell mediate autoimmune disease. The results indicated that ER α contributes to autoimmune inflammation, T cell activation, proliferation, and survival. Additionally, in regulatory T cells the ER α protein was observed to regulate the expression of Foxp3. The results of this study provide insight into understanding the role of estrogen receptor in autoimmune diseases and also provide implications for the development of novel therapeutics. To further identify novel regulators of Th17 and iTreg cell differentiation, a label-free quantitative proteomics approach was applied to profiling the protein expression changes from whole Th17 and iTreg cells. Selected proteins that showed expression changes during Th17 and iTreg cell differentiation were validated. Proteomic and transcriptomic data was combined to identify the proteins that are differentially regulated in Th17 or iTreg cells only at protein level. The work presented in this thesis provides an insight into the proteome of important T helper cell subsets with further implications for further development of novel therapies to treat autoimmune diseases.

Keywords: T helper cell differentiation, Th17 cells, iTreg cells, Proteomics, Estrogen receptor, Colitis, Autoimmune diseases, Sex bias

TIIVISTELMÄ

Imran Mohammad

T-solujen erilaistumiseen vaikuttavat uudet säätelijät osallistuvat autoimmuunitulehdukseen

Turun yliopisto Lääketieteellinen tiedekunta, Lääketieteellinen mikrobiologia ja immunologia

Turun molekyyli­lääketieteen tohtoriohjelma

Turun Biotekniikan keskus, Turun yliopisto ja Åbo Akademi

T-auttajasolut ovat olennainen osa hankittua immuunijärjestelmää, jossa ne toimivat mukana oma- ja vierasperäisten tekijöiden tunnistamisessa, taudinaiheuttajien tuhoamisessa ja tiettyjen sairauksien immuunireaktioissa. T-solujen erilaistumiseen ja autoimmuunitulehdussairauksien kehittymiseen vaikuttavien mekanismien ja signaali­reittien muutosten ymmärtäminen on yhä kaukana kokonaisvaltaisesta kuvasta. Kyseisen tohtorikoulutustutkimuksen tavoitteena oli tutkia autoimmuunitulehdukseen vaikuttavaa tekijää sekä tunnistaa uusia proteiineja, jotka säätelevät auttaja-T-17-solujen (Th17) ja indusoitujen säätelijä-T-solujen (iTreg) erilaistumista.

Autoimmuunisairaudet ovat yleisempiä naisilla kuin miehillä ja sen perustana olevat mekanismit eivät ole selvitetty. Ensimmäisen tutkimuksen kohteena oli estrogeeni­reseptori-alfan (ER α) rooli T-soluvälitteisten autoimmuunisairauksien kehittymisessä. ER α -puutteiset T-solut hiiressä altistettiin T-soluvälitteisille autoimmuunisairauksille. Tulokset osoittavat että ER α vaikuttaa tulehdukseen sekä solujen aktivaatioon, jakautumiseen ja selviytymiseen. ER α -puutteiset T-solut osoittavat Foxp3 proteiinin kohonnutta ilmenemistä. Tulokset selvittävät hormonireseptorien roolia autoimmuuni­sairauksissa sekä niiden käyttömahdollisuutta uusien hoitomenetelmien kehityksessä.

Uusien Th17- ja iTreg-solujen erilaistumiseen vaikuttavien säätelijöiden tunnistamiseksi käytettiin merkkiaineetonta ja kvantitatiivista proteomiikkamenetelmää. Proteiinien ilmenemismuutokset profiloitiin Th17- ja iTreg-solujen eri osista ja valitut proteiinit varmistettiin lisäkokeilla. Proteomiikka ja transkriptomiikkatuloksia verrattiin keskenään näissä eri tavoin käyttäytyvien solun proteiinien tunnistamiseksi. Tutkimus tuotti arvokasta aineistoa uusien hoitomenetelmien kehitykseen autoimmuunisairauksissa.

Avainsanat: Auttaja-T-solujen erilaistuminen, Th17-solut, iTreg-solut, proteomiikka, estrogeeni­reseptori, koliitti, autoimmuunisairaudet, sukupuolivaikutus

CONTENTS

ABSTRACT	3
TIIVISTELMÄ.....	4
ABBREVIATIONS.....	8
LIST OF ORIGINAL COMMUNICATIONS	10
1 INTRODUCTION.....	11
2 REVIEW OF THE LITERATURE.....	12
2.1 The Immune system in a nutshell.....	12
2.1.1 Innate immunity.....	13
2.1.2 Acquired immunity	14
2.2 T helper cell activation	16
2.2.1 Signal One	16
2.2.2 Signal Two.....	17
2.2.3 Signal Three.....	17
2.3 T helper cell differentiation	17
2.3.1 Th1 cells	18
2.3.2 Th2 cells	19
2.3.3 Treg cells	19
2.3.4 Th17 cells	21
2.3.5 Tfh cells	23
2.4 T helper cell plasticity	23
2.5 T helper cell epigenetic regulation	24
2.5.1 DNA methylation.....	24
2.5.2 Histone modifications.....	25
2.6 T helper cell metabolism	25
2.7 Biology of Estrogen receptor alpha.....	27
2.7.1 Gene and protein structure.....	27
2.7.2 Isoforms of ER α	28
2.7.3 Estrogen and ER α in immune responses	28
2.8 Estrogen and autoimmune inflammation.....	29
2.8.1 IBD	29

2.8.2	SLE	29
2.8.3	MS	30
2.9	The mechanism of estrogen action	30
2.9.1	Genomic.....	30
2.9.2	Non- Genomic	31
2.9.3	Ligand-independent	31
2.9.4	ERE independent	31
2.10	Biology of vimentin.....	32
2.10.1	Factors regulating expression of vimentin.....	34
2.11	Established mouse models in the laboratory	34
2.11.1	Adoptive transfer colitis	34
2.11.2	DSS colitis	35
2.12	Proteome characterization studies on T cells.....	35
2.12.1	Proteomic technology	35
2.12.2	High dimensional detection of proteins at single-cell level.....	36
2.12.3	Strategies followed in proteomics.....	36
2.12.4	Application of proteomics in T cells.....	38
3	AIMS OF THE STUDY	40
4	MATERIALS AND METHODS	41
4.1	Mice and ethical considerations (I, II).....	41
4.2	Flow cytometry (I, II)	41
4.3	Adoptive T cell transfer colitis (I)	42
4.4	CD4 ⁺ T cell isolation (I, II).....	42
4.5	Culture media and conditions (I, II)	42
4.6	<i>In vitro</i> T cell proliferation assay (I)	43
4.7	Annexin-PI staining (I).....	44
4.8	Seahorse extracellular flux analysis (II)	44
4.9	TaqMan qPCR (I).....	44
4.10	Immunoblotting (I, II).....	45
4.11	Transcriptome profiling (I, II)	46
4.11.1	Sample preparation (I, II)	46
4.11.2	Data analysis (I, II)	46
4.12	Proteome profiling (II).....	47
4.12.1	Sample preparation (II).....	47

4.12.2	MS run and search (II)	48
4.12.3	Downstream bioinformatic analysis (II)	49
4.13	Cytoscape network (II)	49
4.14	Data availability (I, II)	49
4.15	Statistical analysis (I, II)	50
5	RESULTS AND DISCUSSION	51
5.1	Role of Estrogen receptor alpha in autoimmune colitis (I)	51
5.1.1	Estrogen receptor alpha contributes to autoimmune colitis	51
5.1.2	Estrogen receptor alpha in T cell survival and proliferation	51
5.1.3	Estrogen receptor deficient T cells are more sensitive to iTreg phenotype	52
5.1.4	Discussion	53
5.2	Proteomic profiling of murine Th17 and iTreg cells (II)	55
5.2.1	Overview of detected proteins in Th17 and iTreg cells	55
5.2.2	Protein expression changes in Th17 and iTreg cells	56
5.2.3	Pathways and networks of Th17 and iTreg cells	59
5.2.4	The role of vimentin in iTreg cells	59
5.2.5	Discussion	60
6	CONCLUSION AND FUTURE DIRECTIONS	64
	ACKNOWLEDGEMENTS	66
	REFERENCES	69
	ORIGINAL PUBLICATIONS	87

ABBREVIATIONS

ATRA	All-Trans retinoic acid
AHR	aryl hydrocarbon receptor
APC	antigen presenting cell
BCL6	B-cell CLL/lymphoma 6
BCR	B cell receptor
β -ME	β -mercaptoethanol
BSA	bovine serum albumin
CD	cluster of differentiation
cDC	conventional DC
cDNA	complementary DNA
ChIP	chromatin immunoprecipitation
CNS	conserved non-coding sequence
CRISPR	clustered, regularly interspaced short palindromic repeats
Ct	cycle of threshold
DC	dendritic cell
DHS	DNase1 hypersensitive sites
DNA	deoxyribonucleic acid
DTT	dithiothreitol
E2	17 β -Estradiol
EAE	experimental autoimmune encephalomyelitis
ER	Estrogen receptor
FAO	Fattyacid oxidation
FCS	fetal calf serum
FDR	false discovery rate
GAPDH	glyceraldehyde-3-phosphate dehydrogenase
GATA3	GATA binding protein 3
GC	germinal centre
HIES	hyper-immunoglobulin E syndrome, Job's syndrome
HIV	human immunodeficiency virus
HLA	human leukocyte antigen
HRP	horseradish peroxidase
IAA	Iodoacetamide
IBD	inflammatory bowel disease
ICOS	inducible T-cell co-stimulator
IFN- α	interferon alpha
Ig	immunoglobulin

Abbreviations

IL	interleukin
ILC	innate lymphoid cell
IRF	interferon regulatory factor
LC-MS/MS	liquid chromatography-tandem mass spectrometry
LTi	lymphoid tissue inducer cell
MAPK	mitogen activated protein kinase
miRNA	micro RNA
mRNA	messenger RNA
MS	multiple sclerosis
mTEC	thymic epithelial cells of medulla
NK	natural killer cell
Nt	nucleotide
PBS	phosphate buffered saline
PBMC	peripheral blood mononuclear cell
PCR	polymerase chain reaction
pDC	plasmacytoid dendritic cell
RA	rheumatoid arthritis
RNA	ribonucleic acid
RNAi	RNA interference
RORC	RAR-related orphan receptor C
RPMI	Roswell park memorial institute medium
rRNA	ribosomal RNA
RT-qPCR	reverse transcriptase quantitative polymerase chain reaction
siRNA	small interfering RNA
SLE	systemic lupus erythematosus
SNP	single nucleotide polymorphism
STAT	signal transducer and activator of transcription
Tc	cytotoxic T cell
TCR	T cell receptor
TFs	transcription factors
Tfh	T follicular helper cell
TFBS	transcription factor binding site
TGF	transforming growth factor
Th	T helper cell
TNF- α	tumor necrosis factor alpha
Treg	T regulatory cell
TSS	transcription starting site
UC	ulcerative colitis

LIST OF ORIGINAL COMMUNICATIONS

This thesis is based on following original publications.

- I.** Mohammad, Imran*, Inna Starskaia*, Tamas Nagy, Jitao Guo, Emrah Yatkin, Kalervo Väänänen, Wendy T. Watford, and Zhi Chen (2018). Estrogen Receptor α Contributes to T Cell-mediated Autoimmune Inflammation by Promoting T Cell Activation and Proliferation. *Science Signaling* 11, 526. eaap9415. (* shared first authorship)

- II.** Mohammad, Imran, Kari Nousiainen, Santosh D. Bhosale, Inna Starskaia, Robert Moulder, Anne Rokka, Fang Cheng, Ponnuswamy Mohanasundaram, John E. Eriksson, David R. Goodlett, Harri Lähdesmäki and Zhi Chen (2018). Quantitative proteomic characterization and comparison of T helper 17 and induced regulatory T cells. *PLoS Biology*. 16, e2004194.

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1 INTRODUCTION

The adaptive immune system orchestrates specific immune responses, such as protection against pathogens and self-tolerance. The dysregulation of this system creates a situation where the body starts attacking its own cells leading to autoimmunity. T helper cells such as T helper 17 (Th17) and regulatory T (iTreg) cells are active players in autoimmune inflammation and immune tolerance, respectively.

The higher prevalence of autoimmune diseases in females has been a long standing question. Although the estrogen hormone is observed to play a role, the molecular basis of the disease under the influence of estrogen receptor alpha is not clearly understood. To address this question, the work conducted in this thesis includes evaluation of the role of estrogen receptor alpha in the context of autoimmunity. This was achieved by subjecting T cell specific ER α deficient mice with T cell mediated colitis (Publication I).

Multiple studies have extensively characterized the transcriptional and epigenetic regulation in Th17 and iTreg cells. However, no study to date has reported the proteomic profile of Th17 cells. In this thesis, we performed proteomic characterization of Th17 and iTreg cells to identify the novel regulators of differentiation of proteins that define the lineage commitment (Publication II). We further validated the function of vimentin in iTreg cells to explore the findings of our study.

The outcome and results of the thesis helps in targeting the protein molecules for immunotherapy, to study immune responses in hormonal therapy, and to design novel strategies in treating autoimmune disease.

2 REVIEW OF THE LITERATURE

2.1 The Immune system in a nutshell

The human body is under siege from a range of pathogens all the time. The immune system is comprised of a varied arsenal of weapons (biological structures) that constantly protect the host from external and internal agents. However, not all external agents are pathogenic, e.g. certain types of microbiota are beneficial to the host and a symbiotic association is observed within the immune compartment. The microbiota in the gut degrade polysaccharides and dietary substances resulting in increased digestive efficiency for the host and in turn gain a steady supply of nutrients (Hooper et al., 2012). Furthermore, short-chain fatty acids (SCFA) derived from colonic microbiota enhance the induction of murine regulatory T lymphocytes (Arpaia et al., 2013). In the perspective of evolution, all the organisms have at least one form of defense mechanism to protect them from pathogens. CRISPR-Cas (clustered, regularly interspaced short palindromic repeats/CRISPR associated) is the adaptive and heritable immune system against viruses observed in prokaryotes. In the CRISPR-Cas system, bacteria capture sequences of DNA from invading viruses and incorporate sequences into the CRISPR locus. The CRISPR locus enables the bacteria to remember/recognize the viruses and upon re-infection, the bacteria produce RNA segments (small antisense RNAs, known as crRNAs) from the CRISPR locus. The bacteria then uses crRNA-guided Cas nucleases (Cas9) to cleave the invading viral DNA to clear the infection (Barrangou and Marraffini, 2014; Marraffini and Sontheimer, 2010). Discrimination of self from non-self components is one of the basic functions of immune system. Protozoans, tunicates, and invertebrates show the ability to distinguish self from non-self. Sponges accept grafts from their own colony but reject tissue grafts from different colonies indicating that the immune protection is observed at the level of evolution (Buchmann, 2014; Loker et al., 2004).

Based on its modes of action, the immune system is classified into innate (non-specific) and adaptive (specific immunity) (**Figure 1**). Both systems work together to eliminate and restrict the proliferation of pathogens from the human body. The systems

also recognize abnormal cells that develop into cancer (Alberts et al., 2002; Janeway et al., 2001).

2.1.1 Innate immunity

The innate immune system provides a non-specific response (the first line of defense) and includes physical barriers, chemical barriers and immune cells. Namely, the physical barriers include the skin and the chemical barriers the low pH of the stomach, which inhibits the growth of pathogens. Immune cells, such as macrophages, neutrophils, monocytes, NK cells and dendritic cells (Figure 1) are constituents of the innate immune system. Macrophages and neutrophils are responsible for inflammatory responses and phagocytosis (Janeway et al., 2001). Macrophages are phagocytic cells that use toll-like receptors (TLRs) to recognize molecules on the microbial surface (Greenberg and Grinstein, 2002). TLRs specifically bind to lipopolysaccharide (LPS) on Gram-negative bacteria, teichoic acids on Gram-positive bacteria, RNA, DNA and extracellular proteins (Schwandner et al., 1999). Macrophages secrete a variety of mediators that recruit neutrophils to the site of inflammation. Neutrophils are the second major class of phagocytic cells. These cells are short-lived and are among the first cells to provide innate immunity against infectious agents (Janeway et al., 2001). In addition, macrophages and neutrophils also evoke the complement system. The complement system is a group of soluble serum proteins, induces lysis of the invading microorganism by aiding in the phagocytosis of the pathogen and forming a pore in the cell membrane called membrane attack complex (MAC) resulting in clearance of pathogen (Merle et al., 2015). Mast cells are long-lived cells with an important role in antigen presentation, phagocytosis and specialized in amplifying or suppressing innate or acquired immune responses (Urb and Sheppard, 2012). Mast cells, basophils, and eosinophils are critical players in allergic responses and asthma pathogenesis, show overlapping functions in the induction of allergy and in the release of inflammatory mediators such as histamine, proteases, chemotactic factors, and cytokines (Stone et al., 2010). Natural killer (NK) cells constantly patrol the body and eliminate cancer cells or virus-infected cells (Wu and Lanier, 2003). Innate lymphoid cells (ILCs) are an emerging group of innate cells that are developmentally closely related to NK cells. ILCs are weakly cytotoxic, whereas NK cells secrete perforin and granzyme to show

cytotoxic activity (Colonna, 2018). ILCs cells lack B or T cell receptors show similarity in the pattern of cytokine production with T helper lymphocytes- a class of adaptive immune system (Spits et al., 2013). Dendritic cells (DC) form the third class of phagocytic cells. DCs are a unique type of antigen-presenting cells (APCs) with the ability to evoke primary immune responses and establish the immunological memory (Banchereau and Steinman, 1998). DCs are sub-classified into plasmacytoid dendritic cells (pDCs) and conventional or classical dendritic cells (cDCs). pDCs are a small subset accumulated mainly in blood and lymphoid tissues. cDCs populate lymphoid and non-lymphoid tissues and express high levels of MHC class II. The main function of these cells is to process antigens and present them to the T cells to initiate the next level of an adaptive immune response (Steinman, 1991; Worbs et al., 2017).

2.1.2 Acquired immunity

The adaptive immune system involves highly specialized and systemic cells for clearing pathogens. There are two types of adaptive immunity: humoral immunity mediated by antibodies produced from B lymphocytes, and the cell-mediated immunity elicited by T lymphocytes.

After infection, activated B cells differentiate either into plasma cells to produce antibodies or become memory cells that provide the responses against secondary infection. During infection, dendritic cells present antigen to T lymphocytes. The activated T cell then responds against the pathogen either by secreting cytokine mediators or by invoking B lymphocyte responses. Memory B cells and memory T cells form the immunological memory from which a more robust and rapid immune response is elicited to a second exposure with the same antigen. This system is highly adaptable with response against a wide range of pathogens because of the broad diversity of immune cell surface receptors. The mechanisms of somatic hypermutation and V(D)J recombination allow a small amount of genetic material to encode a large number of different antigen receptors (Janeway et al., 2001).

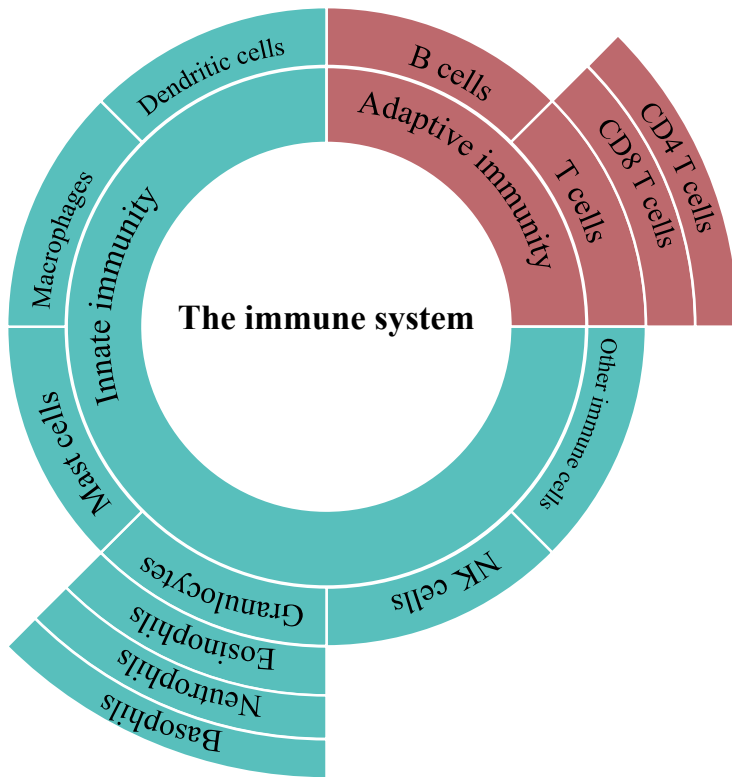


Figure 1: Plot showing the hierarchical classification of cells involved in the Immune system. The size of the component shown here is based on the number of sub divisions in each component and does not reflect the magnitude of their contribution to the immune system.

B cells and T cells are distinguished on the basis of the presence of their antigen surface receptors, i.e. BCR (B cell receptor) and TCR (T cell receptor). T lymphocytes are further subclassified into $CD4^+$ T helper cells and $CD8^+$ T cytotoxic cells. MHC class II molecules on APC interact with $CD4$ receptors and MHC class I interact with $CD8$ receptors. $CD4^+$ T helper cells secrete specific cytokines and stimulate the cells such as B cells for antibody production and macrophages in killing the phagocytosed pathogen. $CD8^+$ T cytotoxic cells kill the cells infected with viruses and intracellular pathogens (Janeway et al., 2001). $CD4^+$ T helper cells undergo T cell activation and differentiation to transform into an effector T cell.

2.2 T helper cell activation

T cell activation initiates complex signaling events that determine cell survival, proliferation, differentiation, and cytokine production. With sufficient interaction between T cell and antigen-presenting cell (APC), reorganization of the cytoskeleton and accumulation of a cluster of signaling molecules leads to the formation of the supramolecular activation complex (SMAC) in T cells. This complex consists of a center ring of signaling molecules called cSMAC, and a peripheral ring of adhesion molecules, termed pSMAC (Monks et al., 1998). Three signals are required for full activation of a T cell: TCR stimulation by antigen-MHC (signal one), simultaneous engagement of CD28 co-stimulatory molecule (signal two) and cytokine (signal three) (Corthay, 2006; Curtsinger et al., 1999).

2.2.1 Signal One

TCR triggering causes the phosphorylation of TCR/CD3 cytosolic component immunoreceptor tyrosine-based activation motifs (ITAMs) by protein tyrosine kinases Lck and Fyn. Zeta-chain-associated protein kinase (Zap-70) is recruited to ITAMs and phosphorylates linker for activation of T cells (LAT)(Zhang et al., 1998) and SH2-domain –containing leukocyte protein (SLP-76) (Wardenburg et al., 1996) leading to the downstream events of LAT signalosome. Multiple signaling proteins such as guanine nucleotide exchange factor (GEF) Vav1, growth factor receptor-bound protein 2 (Grb2), adaptor proteins NCK, GRB2-related adapter protein 2 (Gads) and an inducible T cell kinase (Itk) are involved in the phosphorylation of phospholipase C γ 1 (PLC γ 1)(Berg et al., 2005; Reynolds et al., 2004). Phosphorylation of PLC γ 1 by ITK (Beach et al., 2007) catalyzes the hydrolysis of phosphatidylinositol 4, 5-bisphosphate (PIP₂) into the secondary messenger molecules diacylglycerol (DAG) and inositol trisphosphate (IP₃). DAG activates serine/threonine protein kinase C (PKC θ) (Hayashi and Altman, 2007). PKC θ phosphorylates adaptor protein CARMA1, signal transducers BCL10 and MALT1 promoting activation of transcription factor nuclear factor- κ B (NF- κ B) (Thome et al., 2010). IP₃ binding to calcium channels triggers the release of Ca²⁺ from the endoplasmic reticulum. Mobilized Ca²⁺ activates the calcium-binding protein calmodulin. Ca²⁺-calmodulin complex activates the serine/threonine phosphatase calcineurin which induces Il2 transcription through NFAT (nuclear factor

of activated T cells) transcription factor resulting in T cell survival (Bandyopadhyay et al., 2007; Dolmetsch et al., 1997).

2.2.2 Signal Two

CD28 is a potent co-stimulatory molecule that mediates a myriad of functions in T cells. It recruits phosphatidylinositol 3-kinase (PI3K) and promotes cell proliferation via CD28-PI3K-AKT (Pagès et al., 1994). A significant overlap is observed in the signaling activity of TCR-CD3 and CD28 and inducible T cell co-stimulator (ICOS) receptors (Smith-Garvin et al., 2009). Co-stimulation promotes induction of several downstream targets, i.e. NFAT, NF- κ B, BCL-XL, mammalian target of rapamycin (mTOR) and glucose transporter type 1 (GLUT1), that prime the expression of multiple cell surface receptors and cytokines, leading to differentiation to the T helper cell subsets.

2.2.3 Signal Three

Signal three is cytokine dependent, the fate of naïve CD4⁺ T helper cell differentiation to gain effector T cell function is determined by the cytokine milieu experienced by antigen-activated CD4⁺ T cells. Signal three promotes the chromatin remodeling much needed for transcription of genes related to differentiation and effector functions (Curtsinger and Mescher, 2010). (Dealt separately in the following section 2.3 T helper differentiation)

2.3 T helper cell differentiation

In 1986, Mossmann and Coffman observed two different clones of CD4⁺ T helper cells based on their specific cytokine secretion profiles upon antigenic stimulation (Mossmann et al., 1986). Their study led to classification of T helper cells into T helper type 1 cells (Th1) that secrete cytokines IFN- γ and TNF- α and T helper 2 cells (Th2) that secrete IL-4, IL-5, and IL-13 (Yamane and Paul, 2013). Subsequently, diverse subsets of T helper cells with unique functions have been identified such as Treg, Th17, Th9, Th22 and Tfh (**Figure 2**).

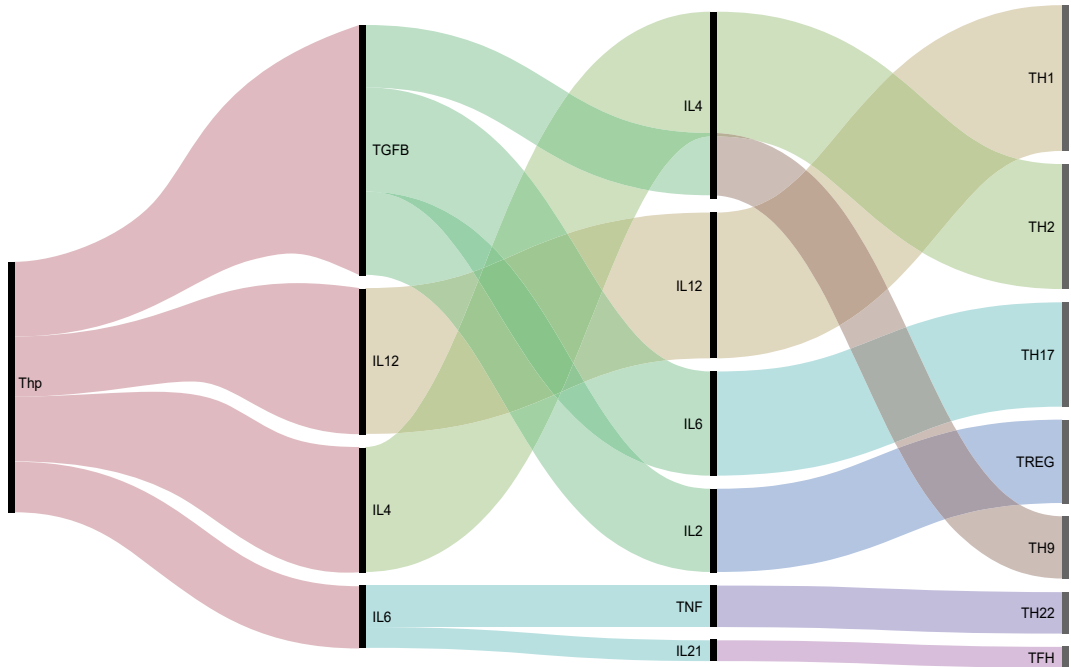


Figure 2: Path of naïve T cell differentiation to different effector cells under the influence of different cytokines. Thp: naïve T cell, TGFB: Transforming growth factor beta, IL12: Interleukin 12, IL4: Interleukin 4, IL6: Interleukin6, TNF: tumor necrosis factor alpha, IL21: Interleukin 21, TH1: T helper 1 cells, TH2: T helper 2 cells, TH17: T helper 17 cells, TREG: Regulatory T cells, TH9: T helper 9 cells, TH22: T helper 22 cells, TFH: T follicular helper cells

2.3.1 Th1 cells

Th1 cells mount the immune responses against viral and bacterial pathogens (Hsieh et al., 1993; Zhu et al., 2010). Cytokines such as IFN- γ , IFN- α and IL-12 promotes the Th1 cell lineage commitment. IL-12 phosphorylates janus kinase 2 (Jak2) and tyrosine kinase 2 (Tyk2), activates the STAT4 transcription factor that plays a pivotal role in Th1 cell commitment (Bacon et al., 1995a, 1995b; Jacobson et al., 1995). Deletion of STAT4 impairs the Th1 cell development (Thieu et al., 2008) and promotes the propensity to differentiate into Th2 cells (Kaplan et al., 1996a). Tbet, the master transcription regulator (Szabo et al., 2000) acts along with STAT4 to complete Th1 cell differentiation (Thieu et al., 2008). IL-12 receptor subunit (IL12R β 2) is not expressed in naïve T cells, which makes them unresponsive to IL-12 signaling (Chang et al., 1999).

TCR signaling induces Tbet (Afkarian et al., 2002; Lighvani et al., 2001) and also the expression of receptor IL12R β 2 (Szabo et al., 1997). Tbet and IL-12 are important factors that induce and maintain the production of IFN- γ (Zhu et al., 2012). IFN- γ signaling is important for Th1 development, together with STAT1 signaling IFN- γ further induces the transcription of Tbet and the IFN- γ production via a positive feed-forward loop (Afkarian et al., 2002).

2.3.2 Th2 cells

Th2 cells provide defense against helminthic infections and also contribute to allergic conditions (Zhu et al., 2010). Th2 controls antibody production of B cells by class switching to immunoglobulin G1 (IgG1) and Immunoglobulin E (IgE) (Coffman et al., 1986). IL-4 is the key cytokine that induces Th2 cell differentiation (Kopf et al., 1993; Le Gros et al., 1990; Swain et al., 1990). IL-4R is expressed in naïve CD4 T cells, IL-4 activates the transcription factor STAT6 (Kaplan et al., 1996a) and Gata3. Gata3 is the master transcription regulator of Th2 cells (Zheng and Flavell, 1997). Gata3 is also expressed in T cell precursors and plays a role in T cell development (Shah and Zuniga-Pflucker, 2014). Deletion of Gata3 modestly affects IL-4 production, however, completely abrogates production of IL-5 and IL-13 (Zhu et al., 2004). Gata3 binding sites have been observed in the promoter regions of Il5, Il13 and in enhancer regions of Il4 (Agarwal et al., 2000). TCR induced Erk/Mitogen-activated protein kinase (MAPK) elevates the expression of Gata3 (Nakayama and Yamashita, 2010). Epigenetic regulation of PcG and TrxG proteins binding to the gene locus of Gata3 governs the set of Th2 genes Il4, Il5 and Il13 (Ansel et al., 2006; Onodera et al., 2010). Deletion of STAT6 in CD4 T cells indicated that STAT6 is necessary for IL-4 induced functions in CD4 T cells including CD23 induction, MHC-class II upregulation, class switching to IgE and Th2 cell development (Kaplan et al., 1996b; Shimoda et al., 1996; Takeda et al., 1996).

2.3.3 Treg cells

Treg cells maintain the immune tolerance and homeostasis by suppressing the reactions of effector Th subsets cells towards self-molecules, allergens, and commensals. Tregs

are characterized by their secretion of soluble messengers with suppressive functions, such as TGF- β , IL-10 and adenosine. In 1995, Sakaguchi et al. reported that subpopulations of CD4⁺ CD25⁺ T cells are capable of suppressing autoreactive T cells *in vivo* (Sakaguchi et al., 1995). Treg cells are regulatory T cells that arise naturally (nTregs or tTregs) in thymus and in the periphery (pTregs) or *in vitro* (iTregs) from naïve T cells (Tconv). tTreg cells are selected in the thymus after the strong TCR signals. pTreg cells are generated *in vivo* and enriched in specific organs such as gut and maternal placenta. iTregs are generated *in vitro* by TCR stimulation in the presence of cytokines IL-2 (Horwitz et al., 2008) and transforming growth factor beta 1 (Chen et al., 2003). At the molecular level, Foxp3 (forkhead or winged helix family of transcription factors) has been characterized as a lineage-specifying transcription factor or master transcriptional regulator of Tregs cells (Fontenot et al., 2003; Hori et al., 2003; Khattri et al., 2003). The mutation in the Foxp3 gene causes dysfunction of human Treg cells and results in immune dysregulation in polyendocrinopathy enteropathy X-linked syndrome (IPEX) patients (Bennett et al., 2001). Scurfy mice have a deletion in the forkhead domain of Foxp3, leading to fatal autoimmune-like disease (Khattri et al., 2003). Although Foxp3 is the master regulator of Treg cells, it does not necessarily induce all the signature genes responsible for the Treg phenotype. Foxp3 utilizes the pre-established enhancers occupied by its partners. Through binding with its cofactors, Foxp3 regulates the transcriptional repression and activation of its target genes and orchestrates the Treg cell-type response and phenotype (Samstein et al., 2012).

TGF- β converts peripheral naïve CD4⁺CD25⁻ T cells into CD4⁺CD25⁺ suppressor cells with the induction of Foxp3 (Chen et al., 2003). TGF- β triggers heterodimer formation of the proteins mothers against decapentaplegic homologs 3 and 4 (SMAD3-SMAD4) and binding of the complex to conserved noncoding sequence 1 (CNS1) in the Foxp3 gene (Xu et al., 2010). This event is important for induction of Foxp3 expression in both peripheral and *in vitro* Treg cells and helps in diverging away from naïve CD4⁺ T cells. Single KO mice of Smad2 and Smad3 indicated the essential role of these proteins in TGF- β mediated induction of Foxp3 (Takimoto et al., 2010). Smad2 and Smad3 deleted mice had normal numbers of tTreg cells but in double KO mice of Smad2/3 the numbers of Treg cells in periphery are reduced and led to death of mice

within 3-5 weeks (Takimoto et al., 2010). The role of TGF- β signaling in the induction of tTreg development is controversial (Lu et al., 2017). TGF- β signaling may have a role in tTreg cell development, as mice without transforming growth factor- β receptor I (T β RI) produced fewer CD4⁺Foxp3⁺ thymocytes (Liu et al., 2008). In other studies, TGF- β signaling is required only for the survival of nTreg cells (Chen et al., 2001) but not for the expression of Foxp3 (Ouyang et al., 2010).

IL-2 along with cytokine TGF- β is essential for extra-thymic Treg cell differentiation. IL-2 is required for the maintenance of Treg cells (Chen et al., 2011) and unlike other cell types, Tregs express high levels of the IL-2 receptor subunit alpha (IL-2R α , CD25). Mice deficient in common-gamma-chain (IL-2 γ_c ; CD132) (Burchill et al., 2007) and IL-2/IL-15 double KO mice (Burchill et al., 2007) lack Treg cells indicating that IL-2 and IL-15 signaling are critical for tTreg cell differentiation. ATRA (All-trans retinoic acid), a vitamin A metabolite, has also been shown to regulate Treg cell differentiation (Mucida et al., 2007, 2009). ATRA maintains the nTregs stability in inflammatory conditions and is critical in gut homing properties (Lu et al., 2014; Zhou et al., 2010).

2.3.4 Th17 cells

IL-17 (IL-17A/IL-17F) producing Th17 cells are a distinct and novel subset of T cells (Harrington et al., 2005; Park et al., 2005) with a role in tissue inflammation and the pathogenesis of autoimmune diseases (such as rheumatoid arthritis, inflammatory bowel diseases, psoriasis and Sjögren's syndrome). Th17 cells also contributes to clearance of extracellular pathogens including bacteria and fungi (Aujla et al., 2008; Cho et al., 2010; Ishigame et al., 2009). The discovery of Th17 cells as a novel subset started with the breakthrough observation of the p40 subunit (Oppmann et al., 2000) that is shared with IL-12 and IL-23. Studies performed in IL-23 (p19^{-/-}), IL-12 (p35^{-/-}) or both cytokines (p40^{-/-}) deficient mice indicated that deletion of IL-23 (p19^{-/-} and p40^{-/-} mice) but not IL-12 (p35^{-/-}) protected mice from development of EAE and collagen-induced arthritis (CIA) (Cua et al., 2003; Langrish et al., 2005). However, it was shown later that IL-23 is critical only for stabilization of the Th17 phenotype and generation of pathogenic Th17 cells, but not for differentiation of Th17 cells as the IL-23 receptor is not expressed on naïve CD4⁺ T cells. For differentiation to Th17 cells

from naïve CD4⁺ T cells, cytokines TGF- β (Manel et al., 2008) and IL-6 (Zhou et al., 2007) are needed with the induction of a unique master transcription factor called retinoic acid-related orphan receptor gamma t (RORC, ROR γ t) (Ivanov et al., 2006). The differentiation of Th17 cells is initiated after IL-6 cytokine binding to receptor complex of IL-6R and gp130 to activate STAT3 signaling that induces IL-17 production via the mediation of ROR γ t (Bhaumik and Basu, 2017; Lee and Kuchroo, 2015; Zhou et al., 2007). Restricted Th17 cell development (Bettelli et al., 2006) and also resistance to EAE development (Samoilova et al., 1998) have been observed in IL-6 deficient mice, indicating the importance of IL-6 in Th17 differentiation. Another transcription factor critical in the development of Th17 cells is STAT3 (Laurence et al., 2007; Mathur et al., 2007; Yang et al., 2007). T cell specific STAT3 deleted mice failed to develop colitis and also have a defect in their Th17 cell differentiation (Durant et al., 2010). Additionally, a ChIP-seq study indicated that STAT3 regulates its target genes *Ii17a*, *Ii17f* (Chen et al., 2006) and *Ii23r* transcriptionally and *Rorc*, *Batf*, and *Irf4* epigenetically (Durant et al., 2010). In human, mutation in the STAT3 gene causes hyper-immunoglobulin E (IgE) syndrome (HIES)(Holland et al., 2007), the loss of transcription factor STAT3 function in disease condition inhibits the development of Th17 cells leading to recurrent infections of *Candida albicans* and *Staphylococcus aureus* (Ma et al., 2008; Zhou et al., 2009). Together, STAT3 and RORC cooperate to facilitate optimal Th17 differentiation (Zhou et al., 2007).

The role of TGF- β in the differentiation of Th17 cells is controversial. A few studies have indicated the need of TGF- β as a critical cytokine for the commitment of Th17 cells development (Manel et al., 2008; Veldhoen et al., 2006; Volpe et al., 2008; Yang et al., 2008). TGF- β inhibits the differentiation of Th1 and Th2 cell *in vitro* from naïve T cells by downregulating the expression of T-bet and GATA-3 respectively (Gorelik et al., 2000, 2002). Specific deletion of TGF- β in T cells showed the highly reduced frequency of IL-17-producing cells (Gutcher et al., 2011) and an increase of IFN- γ and IL-4 production indicating the role of TGF- β in downregulating Th1 and Th2 differentiation. However, others studies indicated TGF- β is not essential for Th17 development (Acosta-Rodriguez et al., 2007; Ghoreschi et al., 2010). Th17 cells differentiated without TGF- β express Th1 cytokines such as IFN- γ and observed

greater numbers of IL-17⁺ IFN- γ ⁺ cells with severe EAE disease in mice (Ghoreschi et al., 2010; Volpe et al., 2008).

2.3.5 Tfh cells

T follicular helper (Tfh) cells control germinal center (GC) responses, B-cell development, class switch and affinity maturation (Crotty, 2011). Tfh cells were identified as a novel subset on the basis of their expression of transcription factor Bcl6 (Johnston et al., 2009; Nurieva et al., 2009; Yu et al., 2009) and CXC chemokine receptor 5 (CXCR5)(Breitfeld et al., 2000; Kim et al., 2001; Schaerli et al., 2000). Additionally, they are characterized by their expression of PD-1, BTLA4, ICOS and SAP (SLAM-associated protein) and downregulated levels of CD127, PSGL1, and EB12 (Epstein-Barr virus-induced G protein-coupled receptor 2). Tfh cell differentiation is a multistage process. In the early phase of Tfh cell differentiation, dendritic cells (DC) prime naive CD4⁺ T cells in the presence of IL-6, IL-2, inducible co-stimulator (ICOS) and TCR signaling (Choi et al., 2011). This is followed by Bcl6 up-regulation and CXCR5-directed homing, whereby the Tfh cells migrate to the follicles of secondary lymphoid tissues where they interact with B cells to form ICOS and ICOS ligand (ICOSL) binding to transform into mature GC Tfh cells (Choi et al., 2011; Kerfoot et al., 2011; Kitano et al., 2011). Dysregulation of Tfh cells is linked to the development of human systemic lupus erythematosus (SLE) autoimmune disease. In SLE patients, disease levels are correlated with increased frequency of circulating Tfh cells and elevated serum auto-antibody levels in the blood (Blanco et al., 2016; Xu et al., 2015).

2.4 T helper cell plasticity

CD4 T helper cells confer immune responses by producing distinct cytokines. However, in inflammatory conditions, a CD4⁺ T cell can exhibit the characteristics of many T cell subsets by secreting indefinite types of cytokines (DuPage and Bluestone, 2016). For example, Th17 cells convert to IFN- γ ⁺ producers, a feature observed in pathogenesis of autoimmune diseases (Lee et al., 2009; Shi et al., 2008). IL-17 producing Th2 cells were observed in allergic asthma patients (Wang et al., 2010). In

atopic dermatitis, T cells initially exhibited Th2 type characteristics and later become Th1 cells. In inflammatory conditions, Tregs lose Foxp3 and produce effector cytokines, such as IFN- γ , IL-2 and IL-17 (Komatsu et al., 2009, 2014; Xu et al., 2007).

2.5 T helper cell epigenetic regulation

Adaptive immune cells exhibit remarkable functional diversity and plasticity. Apart from transcriptional mediated regulation, cells utilize the epigenetic mode of regulation to attain diverse phenotypes. The major mechanisms involved in epigenetic regulation of gene expression are DNA methylation and histone modification.

2.5.1 DNA methylation

An epigenetic mark 5-methylcytosine (5mC) is a covalent modification of cytosine at 5-position established by DNA methyltransferases (DNMTs) DNMT3A, DNMT3B and DNMT1 (Goll and Bestor, 2005). The cytosine methylation predominantly occurs on CG dinucleotides (CpG) forming CpG dense regions called CpG islands, localized primarily at transcriptional start sites (TSSs). DNA methylation is associated with gene repression albeit in gene bodies it is associated with transcriptional activation (Jones, 2012). The disruption of transcription-binding sites in gene promoters by CpG methylation leads to gene repression (Iguchi-Arigo and Schaffner, 1989). Conditional deletion of Dnmt1 (CD4⁺cre) in mice decreased proliferation and increased cytokine production in naïve T cells (Lee et al., 2001). Inhibition of methylation by DNMT inhibitor 5-azacytidine induced Foxp3 expression in CD4⁺CD25⁻ cells (Kim and Leonard, 2007). T cell specific Dnmt3a deleted mice exhibited an increase in precursors of CD8⁺ T cells and decreased CD8⁺ T-cell effectors after viral infection (Ladle et al., 2016). Demethylation of the *Ifng* and *Il4* loci is associated with active cytokine expression in Th1 and Th2 cells, respectively (Ansel et al., 2006). The discovery of demethylases proteins ten-eleven-translocation (TET) family of dioxygenases (TET1, TET2 and TET3) revolutionized the understanding of DNA cytosine modification (Pastor et al., 2013; Tahiliani et al., 2009). Absence of Tet2 and Tet3 in T cells resulted in uncontrolled expansion of iNKT cells leading to lethal lymphoproliferative disease (Tsagaratou et al., 2017). Tet1 and Tet2 deletion also

resulted in hyper methylation of Foxp3, decreased Treg cell differentiation and function, and immune homeostasis (Yang et al., 2015). In Th17 cells, deletion of Tet2 resulted in reduction of 5hmC and transcription factors binding and reduced cytokine expression (Ichiyama et al., 2015).

2.5.2 Histone modifications

Histone modifications accumulated during the T cell differentiation are correlated with gene expression patterns (Wei et al., 2009). Over 60 different residues are chemically modified on amino-terminal and carboxy-terminal tails of histones (Kouzarides, 2007). Histone methylation is associated with active (H3K4me3) or repressive (H3K27me3) gene expression and acetylation is associated with active transcription (Strahl and Allis, 2000). For instance, Tbx21 promoter is associated with H3K4me3 modification in Th1 cells and H3K27me3 in Th2 and Th17 cells (Wei et al., 2009). Also, DNase I hypersensitive sites were observed in the Ifng locus of in Th1 cells, but not in Th2 cells (Mukasa et al., 2010). In Th17 cells, cytokine genes Il17a and Il17f are associated with active histone marks like H3K27Ac and H3K4me3 (Akimzhanov et al., 2007).

2.6 T helper cell metabolism

Metabolic changes have been recently recognized as essential drivers in determining the fate of T helper cell differentiation. During the process of Th subset differentiation, cells undergo a massive energy demand with rapid proliferation, cytokine production, and effector functions. Immune cells possess the inherent ability to adapt their states from resting to activated in response to the external signals in order to exert immune responses (Jones and Pearce, 2017). Unstimulated thymocytes generate 96% of their ATP via oxidative phosphorylation (OXPHOS) (Guppy et al., 1993). Similarly, naïve T cells are quiescent and metabolically inactive utilize OXPHOS an efficient way of generating ATP from glucose substrate for their bioenergetic needs (Almeida et al., 2016; MacIver et al., 2013; McKinney and Smith, 2018). In response to TCR activation, activated T cells interchangeably utilize OXPHOS and aerobic glycolysis to meet bioenergetic demands. OXPHOS is fueled for T cell proliferation and survival and aerobic glycolysis to achieve the effector status. Activated T cell switch to an

inefficient aerobic glycolysis process which helps in the release of cytokines IL-2 and IFN- γ (as GAPDH inhibits translation of IFN- γ mRNA) (Chang et al., 2013; McKinney and Smith, 2018).

mTOR (mechanistic target of rapamycin) a serine/threonine kinase, plays a pivotal role in metabolic control. mTOR is associated with scaffolding protein Raptor to form mTORC1 complex and with Rictor to form a mTORC2 complex (Powell and Delgoffe, 2010). mTORC1 regulates cellular growth, proliferation, and mRNA translation (cap-dependent translation initiation). mTORC2 mediates actin cytoskeleton organization, enhances glycolytic metabolism by stimulating hexokinase 2 (HK2) and signal transduction of AGC kinase family proteins, such as Akt, SGK1 and protein kinase C (Dang, 2012; Laplante and Sabatini, 2009). mTORC1 activity is determined by measuring phosphorylation of S6 kinase (S6K1) and eukaryotic translation initiation factor 4E (eIF4E) binding proteins (4E-BPs) and mTORC2 activity by measuring phosphorylation of Akt kinase at serine 473 (Jones and Pearce, 2017; Pollizzi and Powell, 2015).

Treatment with rapamycin and genetic deletion of mTOR (targeting both mTORC1 and mTORC2) resulted in impaired Th1, Th2 and Th17 effector cell differentiation and increased Treg cell differentiation (Delgoffe et al., 2009). Specifically targeting mTORC1 (deletion of upstream protein Rheb) inhibited Th1 and Th17 cells without affecting Th2 cells (Delgoffe et al., 2011). Deletion of Raptor and Rictor showed that mTORC1 but not mTORC2 is required for differentiation of Th17 cells (Kurebayashi et al., 2012). Another study reported inactivation of mTORC1 inhibited Th2 development (Yang et al., 2013). Conversely, loss of both mTORC1 and mTORC2 in naive Th cells led to induction of Foxp3 (Delgoffe et al., 2011). Considering the possible role of mTORC1 in signaling glycolysis and mTORC2 mediating Akt-dependent glycolytic metabolism, mTORC1 and mTORC2 are dispensable in Treg differentiation. *In vitro* differentiated Treg cells showed less glycolytic metabolism and more of fatty acid oxidation (FAO) compared to effector T cells (Berod et al., 2014; Michalek et al., 2011). Treg cells also express high levels of carnitine palmitoyltransferase (Cpt1a), rate-limiting enzyme of FAO, suggesting Tregs depend on FAO for metabolic demands. Additionally, disruption of GLUT1 (glucose transporter) restricted Th1, Th2, and Th17 but not Treg cells (Macintyre et al., 2014)

suggesting Treg cells does not rely on glycolysis. In nTregs and iTregs, there is higher activity of AMP-activated protein kinase (AMPK) (Michalek et al., 2011). Treating naïve T cells with metformin (an AMPK activator) favors Treg differentiation by increasing lipid oxidation activity and impairs the Th1/Th17 differentiation (Kang et al., 2013; Zhao et al., 2015).

2.7 Biology of Estrogen receptor alpha

CD4⁺ T helper cells are arguably the most important cells in adaptive immunity with critical role in autoimmunity. Women are more prone to autoimmune diseases compared to men. The sex hormone estrogen secreted in females might play an important role in controlling the autoimmune diseases. Estrogen receptor alpha (ER α) is a receptor for estrogen hormone (17 β -estradiol, E2). The E2 regulates the transcription of its target genes through ER α by binding to high affinity estrogen-responsive elements (ERE) on DNA (Mangelsdorf et al., 1995). ER α binds to the genes responsible for cell proliferation with a critical role during mammary gland development and pregnancy.

2.7.1 Gene and protein structure

ER α is encoded by the *Esr1* gene located on human chromosome 6q25 with a gene size of about 140 kilobases and consisting of eight coding exons interrupted by seven introns (Green et al., 1986; Ponglikitmongkol et al., 1988). In mouse, *Esr1* is mapped on chromosome 10 and the full-length ER α has a molecular weight of 66 kDa and consists of 595 amino acids (Green et al., 1986; Justice et al., 1990). ER α is composed of five distinct domains: The N-terminal domain contains the activation function (AF-1) region, which interacts with co-regulators during transcription even in the absence of ligand. The DNA-binding domain (DBD) binds to estrogen response elements (EREs) in DNA and enables gene expression events. A structural hinge domain (D) contributes to nuclear localization signaling and post-translational modification of ER α . The AF2 domain contains a ligand-binding domain (LBD; E/F domain). The AF2 domain is the transactivation domain facilitates interaction with co-regulators in the presence of ligand (Berry et al., 1990; Dahlman-Wright et al., 2006).

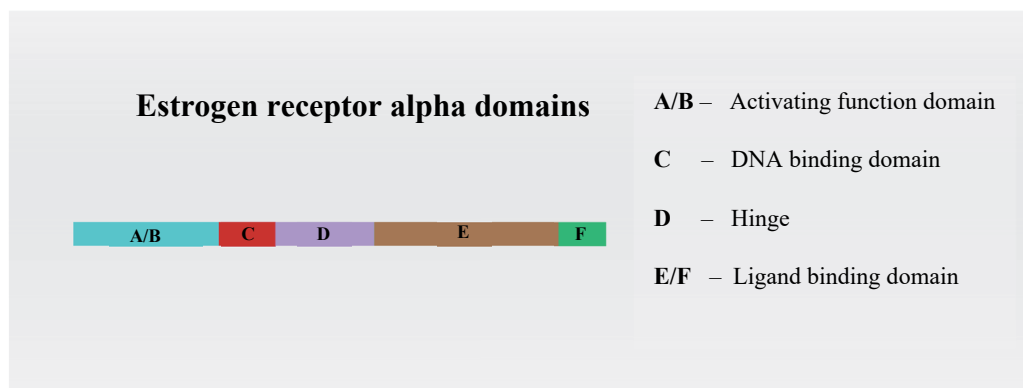


Figure 3: Figure showing 5 distinct domains of human ER α proteins along with their molecular functions. Adapted from Jia et al., 2015.

2.7.2 Isoforms of ER α

Functionally characterized protein isoforms of ER α are of 66 kDa, 46 kDa and 36 kDa in size. Out of the five domains in the full length isoform (ER α 66), N-terminal domain (AF1) and c-terminal domain (AF2) are responsible for activation function (responsible for recruitment of co-activator) in MCF7 cells (Flouriot et al., 2000) (Figure 3). Truncated isoform ER α 46 is devoid of AF-1 domain hence not capable of initiating estradiol-mediated cell proliferation. Short isoform ER α 36 lacks both AF1 and AF2 domains and does not show any transcriptional activity but forms heterodimers with full-length ER α protein (McInerney and Katzenellenbogen, 1996; Nilsson et al., 2001; Ribeiro et al., 1995).

2.7.3 Estrogen and ER α in immune responses

ER α and ER β are expressed in thymocytes, T cells and B cells, indicating that estrogen can exert its actions on immune cells (Haruki et al., 1983; Shim et al., 2006). Accordingly, estrogen has been shown to alter both the innate and adaptive immune system (Straub, 2007). In macrophages, estrogens regulate phagocytic activity, induction of cytokines, chemotaxis, nitric oxide and iNOS (Dai et al., 2008; Hsieh et al., 2009; Karpuzoglu et al., 2009). Estrogens promote differentiation of immature dendritic cells to mature DCs by influencing the expression of IL-6, IL-10, CXCL8, and CCL2 (Bachy et al., 2008; Liu et al., 2002). CD4⁺ T cells express higher levels of

ER α than ER β ; B cells express higher levels of ER β than ER α . CD8⁺ cells in comparison to CD4⁺ and B cells express lower but equivalent levels of ER α and ER β (Phiel et al., 2005).

2.8 Estrogen and autoimmune inflammation

Autoimmune diseases have higher incidence in females. 80% of autoimmune patients are women (Rubtsova et al., 2015). Estrogen exerts a biphasic effect in SLE and MS autoimmune diseases. It has a deleterious role in SLE and beneficial effect in MS (Ascenzi et al., 2006). Estrogen hormones also have impact in pathogenesis of IBD (Verdú et al., 2002) as discussed below.

2.8.1 IBD

Inflammatory bowel disease (IBD) is a chronic inflammation classified as Crohn disease (CD) and ulcerative colitis (UC). The symptoms of disease includes bloody diarrhea, fatigue and weight loss (Baumgart and Sandborn, 2007). Developmental risk of IBD in women has been linked with use of oral contraceptives (Godet et al., 1995; Khalili et al., 2013). During pregnancy, women are protected from IBD disease flare-ups (Riis et al., 2006). Reduced expression of estrogen receptor β in peripheral blood T lymphocytes from CD/UC patients has been reported, suggesting that the ER profile is influenced in IBD patients (Pierdominici et al., 2015).

2.8.2 SLE

SLE is a complex autoimmune disease characterized by defective regulation of B- and T-lymphocytes causing immune cell hyperactivity with the production of antinuclear auto-antibodies (Deng et al., 2013). The predominance of SLE is observed 10 times more in women than men (Weckerle and Niewold, 2011). Estrogen levels in serum are much higher in SLE patients than in healthy subjects (Folomeev et al., 1992). Estrogen enhanced anti-double-stranded DNA antibody, IgG and IgM production *in vitro* cultured human PBMCs (Kanda and Tamaki, 1999). Estrogen also promoted systemic inflammation and induction of B cell activating factor and IFN

signature genes in an SLE mouse model (Venkatesh et al., 2011). Increased ER α and decreased ER β mRNA expression has been observed in PBMCs of SLE patients (Inui et al., 2007). The association of an ER α genetic polymorphism has also been reported in patients with SLE (Drehmer et al., 2017; Johansson et al., 2005; Lee et al., 2004). In an SLE model, estrogen induced cytokine modulation was mediated by ER α and its disruption alleviated the disease (Bynoté et al., 2008).

2.8.3 MS

Multiple sclerosis is an autoimmune, neurodegenerative disease characterized by demyelination of axons causing axonal loss, the presence of infiltration of myelin antigen reactive CD4⁺ T cells in CNS (Frohman et al., 2006; Pettinelli and McFarlin, 1981). Estrogen hormone has been reported to have ER α -mediated anti-inflammatory and neuroprotective action in MS. The hormone reduces the levels of pro-inflammatory mediators (such as IFN- γ , IL-17, TNF α , MCP-1, and iNOS) and extent of inflammation and demyelination in disease conditions (Lélu et al., 2011; Offner and Polanczyk, 2006; Polanczyk et al., 2003). Experimental autoimmune encephalomyelitis (EAE) is the most widely used rodent model of MS. In EAE model, ER α -ligand treatment alleviated EAE *in vivo* by acting on lymphocytes and astrocytes (Spence et al., 2013). Estrogen also affects CD4⁺ T cells expansion, increases T cell apoptosis and proportion of Treg and CD4⁺CD8⁻ suppressor T cells (Pettersson et al., 2004; Xiao et al., 2004). In pregnant EAE mice, decreased EAE and reduced levels of IL-17 and TNF- α are produced in comparison to non-pregnant controls (Gatson et al., 2011).

2.9 The mechanism of estrogen action

2.9.1 Genomic

Upon activation with estrogen hormone, ER α dissociates from its heat shock proteins complex, forms homo or hetero-dimers and translocate into the nucleus (Ylikomi et al., 1998). The Estrogen receptor and hormone complex recruits co-activators, co-repressors and chromatin remodeling factors, which influence transcription by either activating or repressing target genes (Bocquel et al., 1989; Meyer et al., 1989). In

genomic dependent estrogen action, ER α binds directly to ERE palindromic consensus DNA sequences (Klinge, 2001). ER α shows high specificity binding to 13-base-pair inverted-repeat DNA sequence (GGTCAnnnTGACC) present in promoter/enhancer regions of target genes (Klein-Hitpass et al., 1988; Mader et al., 1989).

2.9.2 Non- Genomic

In cells, estrogen modulates cell signaling pathways very rapidly through estrogen receptors located at the plasma membrane and cytoplasm called G-protein-coupled-estrogen receptor 1(GPER)(Revankar et al., 2005). Activated GPERs induce the production of cAMP and intracellular calcium mobilization and activate PI3K signaling (Revankar et al., 2005). The rapid mechanism was observed initially in ovariectomized rats administered with E2 showed the increased levels of uterine cAMP levels within 15 seconds (Szego and Davis, 1967).

2.9.3 Ligand-independent

This mode of cell signaling takes place in the absence of estrogen ligand. Signaling molecules (e.g. PKA, PKC, and MAPK) stimulate ER-dependent transcription by phosphorylating ER α receptor. Growth factors such as insulin-like growth factor-1(IGF-1) and epidermal growth factor (EGF) activate mitogen-activated protein kinase (MAPK) dependent signaling. MAPK subsequently phosphorylates ser118 in the AF1 domain of estrogen receptor (Kato et al., 1995). Alternatively, ER activation in the absence of ligands is carried out via cAMP signaling. cAMP-activated protein kinase A (PKA) phosphorylates ER α then dimerize and binds to their EREs to regulate gene transcription check (Moss and Gerton, 2001).

2.9.4 ERE independent

In this mode of action, ER acts as co-regulator rather than transcription factor. Upon activation of ER with estrogen, ER does not bind to ERE sequence. Instead, it interacts with other DNA- binding transcription factors such as activating protein (AP-1/c-Jun), c-Fos, ATF-2, nuclear factor-kB (NF-kB), Stimulating protein-1 (Sp1) and Sp3 to

In osteoblast cell lines, TGF- β cytokine was observed to induce the vimentin expression via PI3K-Akt-mTOR signaling but not through Smad signaling (Lian et al., 2012). Addition of Akt (Wortmannin) inhibitor and mTOR (Rapamycin) inhibitor, but not Smad (SB505124) inhibitor, abolished the TGF- β induced vimentin protein expression.

Vimentin acts as a scaffold for signal transduction events, it aids in the formation of signaling complexes with signaling molecules and adaptor proteins (Eriksson et al., 2009). 14-3-3 proteins belong to family of a phospho-binding proteins with critical role in signaling of many processes, such as apoptosis, cell cycle progression and autophagy (Pennington et al., 2018). Phosphorylated vimentin has been observed to interact with 14-3-3 protein, the resultant complex causes Raf-1 release leading the decrease in Raf-1 kinase activity consequently influencing the intracellular signaling (Tzivion et al., 2000).

In triple-negative breast carcinomas Slug, ERK, and vimentin were observed to be co-expressed, in a cancer related model it was observed that the vimentin-ERK-Slug axis promotes EMT induction (Virtakoivu et al., 2015). Vimentin also facilitates fibroblast proliferation and keratinocyte differentiation. Impaired wound healing in Vim^{-/-} mice was reported with slow re-epithelialization and limited keratinization (Cheng et al., 2016). During inflammatory conditions, vimentin influences the transmigration ability of lymphocytes *in vivo* by affecting integrin and ICAM-1 levels (Nieminen et al., 2006). In acute lung injury (ALI) and pulmonary fibrosis settings, vimentin is essential for assembly and activation of the NLRP3 inflammasome (dos Santos et al., 2015). Vimentin interacts with NLRP3 inflammasome and promotes the IL-1 β maturation. A recent study reported that Vimentin KO mice challenged with DSS (Dextran sodium sulphate model) showed reduced gut inflammation, decreased bacterial extravasation compared to WT mice (Mor-Vaknin et al., 2013). *In vitro* conditions, Vim deficient phagocytes showed the increased bacteria-killing capacity by producing the elevated levels of reactive oxygen species (ROS) and nitric oxides (Mor-Vaknin et al., 2013). However, in the reported study, it was not clear how vimentin influences functional activation of NADPH oxidase complex (Mor-Vaknin et al., 2013).

2.10.1 Factors regulating expression of vimentin

The vimentin promoter region harbors binding sites for TATA box, Activator-protein binding, NF- κ B binding, eight GC boxes and a Smad binding element (Kidd et al., 2014; Satelli and Li, 2011). Hypoxia-inducible factor-1 (HIF-1) has been reported to regulate the vimentin gene expression in HCT116 human colon carcinoma cells (Krishnamachary et al., 2003). Vimentin expression correlates with invasiveness of tumor (Hendrix et al., 1996). The regulation of vimentin transcription by HIF-1 might be important in promoting EMT (Kidd et al., 2014). IL-6 induces vimentin expression during the terminal differentiation of M1 myeloid leukemia cells (Tsuru et al., 1990). Anti-inflammatory cytokines such as IL-10 (Mor-Vaknin et al., 2003) and IL-4 (Hornbeck et al., 1993) downregulate the vimentin expression in activated human macrophages and in murine T cells, respectively. Conversely, pro-inflammatory cytokines such as TNF- α promote the secretion of extra cellular vimentin in activated human macrophages (Mor-Vaknin et al., 2003). However, cytokine TGF- β induces the vimentin mRNA expression during EMT and cancer progression (Kokkinos et al., 2007; Steinert and Roop, 1988).

2.11 Established mouse models in the laboratory

2.11.1 Adoptive transfer colitis

In this model, naïve CD4⁺ T cells (CD4⁺ CD45RB^{high} T cells) isolated from donor mice are transferred to lymphopenic Rag^{-/-} or SCID mice, which lack T cells, to develop wasting disease and colonic inflammation (Powrie et al., 1993, 1994). Chronic colitis is induced 5 to 10 weeks after injection because of disruption of T cell homeostasis (Ostanin et al., 2009). It is assumed that the injected T cells migrate to the gut and become exposed to antigens and commensal microflora (Elson et al., 2005). Affected colons of mice show inflammation with epithelial cell hyperplasia, infiltration of polymorphonuclear leukocyte (PMN) and mononuclear leukocytes and crypt abscesses. Injected Naïve CD4 T cells differentiate into Tbet or Ror γ t positive Th1 or Th17 cells (Mikami et al., 2010; Powrie et al., 1994). This model is a valuable tool to study the contribution of T cell populations, characterization of cytokines and adhesion molecules in the pathogenesis of IBD.

2.11.2 DSS colitis

Dextran sodium sulfate (DSS), a polyanionic derivative of dextran, is administered in drinking water to cause acute or chronic intestinal inflammation (Cooper et al., 1993; Okayasu et al., 1990). The mechanism of induction of intestinal inflammation by DSS is not clear but it is likely that DSS causes epithelial cell injury allowing luminal antigens and enteric bacteria to penetrate to the inner mucus layer triggering the inflammatory responses. The colitis is characterized by erosion, loss of crypts and infiltration of granulocytes. This model is useful in studying the contribution of the innate immune mechanism to the development of mucosal inflammation (Dieleman et al., 1994; Kriegstein et al., 2002). The cells involved in innate immune responses such as macrophages act as a source of pro-inflammatory cytokines that regulate epithelial barrier function and neutrophils infiltration contributing to tissue damage. T cell responses aggravate this response. In acute colitis -Th1 responses, and in repeated cycles of chronic DSS colitis-Th1/Th2 responses are observed. Carcinogen azoxymethane (AOM) carcinogen is administered along with DSS to induce colitis-associated tumors (Wirtz et al., 2007). Tumor development has been reported to be caused because of the presence of T cells and pro-inflammatory cytokine such as IL-6 (Kiesler et al., 2015).

2.12 Proteome characterization studies on T cells

2.12.1 Proteomic technology

The aim of proteomics is the determination of all the expressed proteins, rather than focusing on single molecule or pathway, to attain a holistic view of cellular cross talk. The advent of recent developments in technologies and bioinformatic approaches has enabled a better understanding of biological complexity. Particularly in proteomics, increased sensitivity and resolution of mass spectrometry (MS) instruments has enabled in-depth system-wide characterization of proteins. Proteomic technology can be used to study protein abundance levels (differential protein expression), protein isoforms, post-translational modifications, protein-protein interactions, sub cellular localization, and protein turnover rate (protein synthesis and degradation) (Aebersold and Mann, 2016; Breker and Schuldiner, 2014; Larance and Lamond, 2015).

2.12.2 High dimensional detection of proteins at single-cell level

Mass cytometry (CyTOF) is an emerging platform for single-cell proteomics. It is a fusion of two technologies, flow cytometry and mass spectrometry (Inductively Coupled Plasma ICP-MS) enabling measurement of over 40 parameters simultaneously on individual cells. Similar to flow cytometry, cells are labeled with antibodies but conjugated with stable heavy metal isotopes rather than fluorophores. Single-cell suspension of sample is introduced into nebulizer to form single cell droplets. In the first step of mass cytometer, cells pass through spray chamber with an approximate temperature of 200°C causing vaporization of water around the cells. Cells are then heated that breaks covalent bonds resulting in a cloud that passes through quadrupole. The metal reporter ions are separated based on mass-to-charge ratio in time-of-flight chamber and are directed to detector.

CyTOF platform facilitates understanding of cell phenotypes and signaling pathways at single-cell resolution (Spitzer and Nolan, 2016). The applications of CyTOF include: Multidimensional analysis of mass cytometry data was first employed to identify distinct cell phenotypes in the human hematopoietic system by examining 35 different parameters (Bendall et al., 2011). The classification of tumors and prognosis of acute myeloid leukemia (AML) was performed by assessing single cell composition of AML tumors using CyTOF platform (Amir et al., 2013).

2.12.3 Strategies followed in proteomics

The strategies applied in proteomic studies mostly use either bottom-up or top-down methods (Aebersold and Mann, 2016; Breker and Schuldiner, 2014; Larance and Lamond, 2015). In a bottom-up work flow, complex protein mixtures are digested with a proteolytic reagent (Trypsin, Lys-C) and the resulting peptides are separated on high-performance liquid chromatography (HPLC) coupled to the mass spectrometer (Hosp and Mann, 2017). In the top-down method, intact proteins are subject to mass spectrometer analysis without digesting them into peptides (Toby et al., 2016). This facilitates the studying all the post-translational modifications that occur on the same molecule and determination of the protein isoform (Choudhary and Mann, 2010). In all of these methods LC is coupled to electrospray ionization (ESI), the effluent from

LC is nebulized and ionized to form charged particles. Peptide ions are separated according to mass-to-charge ratio. The charged particles under high vacuum are fragmented through a series of mass analyzers (quadrupole). The resulting product ion MS/MS (MS^2) spectra are searched against a sequence database to identify and quantify specific peptides and deduce protein in the sample (Savaryn et al., 2016).

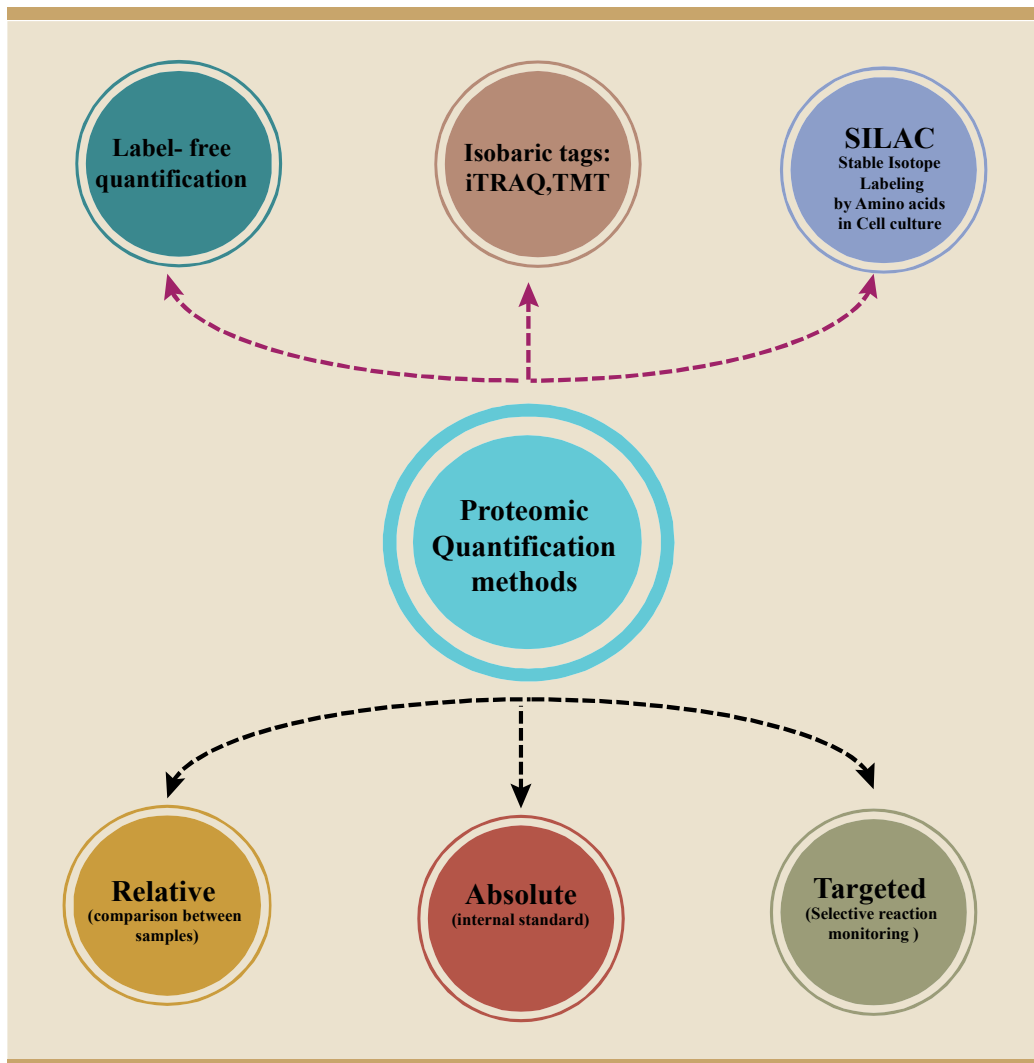


Figure 5: Illustration depicting various strategies and approaches followed in proteomic quantification methods. The arrows in burgundy color point towards the strategies that are used in sample preparation and the black color arrows point towards the quantification methods.

Bottom-up proteomics is further sub-classified into following approaches; Data-dependent acquisition (DDA), Data independent acquisition (DIA) and Targeted proteomics (Hu et al., 2016). In DDA method, data are obtained in which a fixed number of precursor ions m/z values from MS^1 (full scan) are selected and subjected to the second stage of fragmentation (at MS^2 level). In DIA method, all precursor ions in defined m/z range are fragmented and analyzed in the second stage of MS/MS analysis. This method eliminates missing value problem (certain peptides cannot be identified/quantified in samples from MS analysis) that is common in DDA. Targeted proteomics is also called as selected reaction monitoring (SRM)/multiple reaction monitoring (MRM), in which a subset of known peptides of interest are selectively isolated and then fragmented (Picotti and Aebersold, 2012). The SRM approach allows selective and sensitive quantitation (Shi et al., 2016). To attain precise quantification of peptides, chemical labeling of proteins can be carried out by approaches such as stable isotope labeling by amino acids in cell culture (SILAC) and isobaric mass tags (TMT, iTRAQ)(Rauniyar and Yates, 2014). However, label-free quantitation (LFQ) is a rapid and low-cost quantitative proteomic approach (Ahmad and Lamond, 2014; Zhang et al., 2013). With this approach, the samples are not labeled like in other methods where stable isotopes are used to chemically label the proteins. Relative protein quantification is achieved in computational framework by matching the MS/MS spectra across the samples that are measured separately, for example, using MaxQuant software. The simplified pipeline of MaxQuant LFQ includes feature detection and quantification in MS spectra (mass and intensity of the peptide peaks), first and main search, matching between runs (retention time alignment/normalization) and protein identification/quantification (Tyanova et al., 2016).

2.12.4 Application of proteomics in T cells

T cells form critical component of the adaptive immune system. They show diverse functions from secreting cytokines to expressing surface receptors. Many different genomic technologies have been used to study T cells (Elo et al., 2010; Heng et al., 2008; Wei et al., 2009). With the recent inclusion of new mass analyzer (Orbitrap), the mass spectrometry method enabled in-depth assessment of protein profiles in T cells (**Table 1**).

Table 1: Applications of proteomics analysis of T cells

Authors	Methods	Annotation
Thiede et al., 2000	Electrophoretic separation (2DE) gels and peptide mass fingerprinting	Identified 67 proteins in Jurkat human T cell line.
Nyman et al., 2001	2-DE, MALDI-TOF, autoradiography and Silver staining	Identified 91 proteins in human CD4 ⁺ T cells.
Vuadens et al., 2002	2-DE (IEF-SDS), MS	Compared CD19 ⁺ B, CD8 ⁺ T, and CD4 ⁺ T lymphocytes and observed the expression of vimentin, desmin, tubulin and cytokeratin in CD4 ⁺ and CD8 ⁺ cells but not in CD19 ⁺ cells.
Rautajoki et al., 2003	2-DE, MS/MS	14 differentially expressed proteins (IFI53, VMA4, PSMA4, IFP35, PSME1, H2A, ISG15, PHB, ACT) examined from <i>in vitro</i> cultured human Th1 and Th2 cells.
Stentz and Kitabchi, 2004	proteome (using SELDI-TOF) and transcriptome (Affymetrix microarray gene chips)	Increase in receptors for insulin, IGF-1, and IL-2 receptors in activated vs non-activated human CD4 ⁺ and CD8 ⁺ T cells.
Rosengren et al., 2005	2-DE, MS	Identified expression changes in MIF, Pcdcd4, PAK2 and Cdc42 proteins in human T helper cells treated with and without interleukin-12.
Filén et al., 2009	isotope-coded affinity tag labeling in combination with chromatographic techniques and tandem mass spectrometry	Identified 147 IL-12 regulated proteins in the microsomal fraction of Th cells.
Loyet et al., 2005	SILAC MS	Studied 38 membrane proteins on Th1 and Th2 cells and compared with microarray data.
Moulder et al., 2010	stable isotope labeling with 4-plex iTRAQ (isobaric tags for relative and absolute quantification) and LC-MS/MS	Detected 800 proteins in T cells stimulated with and without IL-4.
Kim et al., 2014	LC-MS/MS	Investigated 30 different human tissues (including 7 fetal tissues and 6 hematopoietic cell types).
Wilhelm et al., 2014	LC-MS/MS	Measured proteome in 60 human tissues, 13 body fluids, 147 cell lines and identified 18,097 proteins in the human proteome.
Hukelmann et al., 2016	LC-MS/MS	Identified 6,800 protein groups from P14 TCR transgenic CD8 ⁺ cytotoxic T lymphocytes.
Aalderen et al., 2017	LC-MS/MS	7 distinct subsets of circulating CD8 ⁺ T cells from healthy adults.
Tan et al., 2017	LC-MS/MS	Integrative analysis of proteomics and phosphoproteomics to profile early TCR signaling events.
Rieckmann et al., 2017	LC-MS/MS	28 different types of human immune cells and established a social immune cell network.

3 AIMS OF THE STUDY

The overall goals of the work presented in this PhD thesis were to identify and characterize the novel molecules that regulate the differentiation of Th17 and iTreg cells. The emphasis was to first characterize the molecular mechanisms of ER α in regulation of T cells and autoimmunity with high-throughput technology such as RNA sequencing. The study also utilized the system-wide approaches to deepen the understanding of T helper differentiation.

Specifically, the aims were:

1. To study the role of estrogen receptor alpha in T cells mediated autoimmunity and identify its role in the differentiation of T helper cells. (I)
2. To profile the proteome and integrate with transcriptome of murine Th17 and iTreg cells.(II)
3. To characterize the role of vimentin in iTreg differentiation. (II)

4 MATERIALS AND METHODS

4.1 Mice and ethical considerations (I, II)

ER α ^{fl/fl} mice (ER α exon 3 is flanked by loxP sites) have been previously reported (Dupont 2000) and were crossed with CD4-cre mice (Taconic, Hudson, NY) to obtain T cell-specific ER α knockout mice. Rag1^{-/-} mice (strain number 002216) were purchased from the Jackson Laboratory. Only female mice were used in the colitis experiments. For cell culture experiments six to sixteen week old sex-matched mice were used. For the proteomics study, eight to ten week old C57BL/6 mice were used. All the animals were housed in Central Animal Laboratory at University of Turku or the Central Animal Facility of the College of Veterinary Medicine at the University of Georgia (UGA). The mice were fed *ad libitum* and provided with 12/12 hour light and dark cycles. All the experiments were performed in accordance with the guidelines of Finnish Animal Ethics Committee and UGA Institutional Animal Care and Use Committee.

4.2 Flow cytometry (I, II)

To detect the surface expression of CD69 and CD101 (both antibodies are from BD Biosciences, San Diego, CA), *in vitro* cultured Th0, iTreg and Th17 cells were re-suspended in 2% FBS in PBS and incubated on ice for 30 min. Intracellular staining for Foxp3, Bcl2 and IL-17 (all antibodies are from BD Biosciences) was carried out using a Foxp3 staining kit (eBioscience, San Diego, CA) according to the manufacturer's instructions. Briefly, cells were washed in PBS twice and re-suspended in fix/perm buffer for 40 min. Fluorochrome-conjugated antibodies were diluted 1 to 100 and permeabilized on ice for 1 hour. To perform IL-17 cytokine detection, cells were stimulated with PMA and ionomycin for 4 hours followed by 2 hours incubation with brefeldin A in the 37°C incubator. Cell population measurements were acquired on LSR II flow cytometer (BD Biosciences) and analyzed using Flowjo software (TreeStar).

4.3 Adoptive T cell transfer colitis (I)

Mice were sacrificed by CO₂ asphyxiation. Spleens were separated from ER $\alpha^{fl/fl}$ and CD4-cre ER $\alpha^{fl/fl}$ mice. Single cell suspensions were prepared by pressing them against 70 μ m cell strainers. Erythrocytes lysis was done by incubating suspensions in ACK lysis for 3-5 mins. Enrichment of CD4⁺ T cells was performed from single cell suspensions with CD4⁺ T cell isolation kit (Miltenyi Biotec, Bergisch Gladbach, Germany). Naïve T cells (CD4⁺CD45RB^{hi}CD25⁻) were purified from the pre-enriched CD4⁺ T cell fraction by FACS sorting. Colitis was induced into 6- to 7- week old female Rag1^{-/-} mice by injecting FACS sorted naïve CD4⁺ T cells intravenously. The weight of the mice was monitored every week after injection.

4.4 CD4⁺ T cell isolation (I, II)

For *in vitro* T cell activation, naïve CD4⁺ T cells were isolated with a Miltenyi MACS CD4⁺CD62L⁺ T cell isolation kit (Miltenyi Biotec, Bergisch Gladbach, Germany), according to the manufacturer's instructions. Briefly, the single cell suspension was incubated with a non-CD4⁺ T cell biotin-antibody cocktail and anti-biotin microbeads. This step allows the depletion of non-CD4⁺ T cells by separation over a MACS column to enrich CD4⁺ T cells in the flow through. The cells from flow through were further labeled with CD62L (L-selectin) microbeads and separated by positive selection in the presence of magnetic field to obtain naïve CD4⁺ T cells.

4.5 Culture media and conditions (I, II)

Cell cultures in the ER α study (I) were done with phenol-red free IMDM medium supplemented with 10% charcoal stripped fetal calf serum, 100 IU/mL penicillin, 0.1 mg/mL streptomycin (Sigma, St Louis, MO), 2 mM glutamine, 2.5 μ M β -mercaptoethanol. ER $\alpha^{fl/fl}$ and CD4-creER $\alpha^{fl/fl}$ cells were cultured with anti-CD3 (1 μ g/mL, BD PharMingen, San Diego, CA) and anti-CD28 (1 μ g/mL, eBioscience, San Diego, CA). For *in vivo* proliferation assays, the mice used were CD4-creER $\alpha^{fl/fl}$ mice and CD45.1⁺ C57BL6/J congenic mice. T cells were isolated using a Pan T Cell Isolation kit (STEMCELL Technologies). Naïve CD4 T cells (CD4⁺CD62L^{hi}CD44^{low}CD25⁻) were further purified by FACS sorting with antibodies

CD4, CD62L, CD25, and CD44. WT (CD45.1⁺C57BL6/J) and CD45.2⁺CD4-creER $\alpha^{fl/fl}$ naïve T cells were mixed in a 1:1 proportion for CFSE labeling. One million cells were injected intravenously into Rag1^{-/-} recipient mice. T cells isolated from the spleens and MLNs were analyzed for CD45.1, CD45.2, and CFSE dilution on day 10 or 14 after the mice were euthanized.

Naïve CD4⁺ T cells were induced to the iTreg phenotype (I) by culturing in the presence of plate-bound anti-CD3 and anti-CD28 (both at 1 μ g/mL). Coating of the plate was carried out for 1-3 hours at 37°C. A cytokine cocktail containing recombinant mouse IL-2 (10 ng/ml, R&D Systems, Minneapolis, MN) and recombinant human TGF- β 1 (10ng/ml) was used along with complete media for polarization.

Cell cultures for the proteomics study (II) were carried out with IMDM medium supplemented with 10% fetal calf serum, 100 IU/mL penicillin, 0.1 mg/mL streptomycin (Sigma, St Louis, MO), 2 mM glutamine and 2.5 μ M β -mercaptoethanol. For iTreg polarization, naïve CD4 T cells were cultured with IL-2 (10ng/ml, R&D system, Minneapolis, MN) and recombinant human TGF- β 1 (20ng/ml) for 7 days followed by re-stimulation with anti-CD3/CD28 and fresh media containing cytokines for another 3 days. For Th17 polarization, cells were cultured for three days in the presence of cytokines IL-6 (30ng/ml, PeproTech, UK), TGF- β 1 (5ng/ml) and neutralizing antibodies anti-IL-4 and anti-IFN γ (both at 10 μ g/mL, BD PharMingen, San Diego, CA).

4.6 *In vitro* T cell proliferation assay (I)

CD4⁺ T cells from ER $\alpha^{fl/fl}$ and CD4-Cre ER $\alpha^{fl/fl}$ mice were isolated and labeled with the CellTrace Violet Cell Proliferation Kit (Invitrogen, Waltham, MA). Cells were incubated with 2.5 μ M of dye for 20 min at 37°C for labeling. The cells were then washed with phenol-red free IMDM medium (supplemented with 10% charcoal stripped fetal calf serum, 2 mM glutamine). Cells were cultured till 4 and 5 days in an activated condition in the presence of anti-CD3 (1 μ g/mL, BD PharMingen, San Diego, CA) and anti-CD28 (1 μ g/mL, eBioscience, San Diego, CA). Flow cytometry detection of CTV labelled cells was carried out on an LSRII flow cytometer (BD Biosciences), and data were analyzed with FlowJo software (V.10, Tree star).

4.7 Annexin-PI staining (I)

To determine the proportion of apoptotic and pro-apoptotic CD4⁺ T cells were stained with a combination of Annexin V-FITC and Propidium iodide (PI) followed by flow cytometry. Naïve CD4⁺ T cells from ER $\alpha^{fl/fl}$ and CD4-cre ER $\alpha^{fl/fl}$ were activated with anti-CD3 (1 μ g/mL, BD PharMingen, San Diego, CA) and anti-CD28 (1 μ g/mL, eBioscience, San Diego, CA) for 3 days. The staining buffer was prepared with equal volumes of FACS buffer (2% FCS in PBS) and binding buffer (5 mM HEPES, 70 mM NaCl and 2.5 mM CaCl₂, pH-7.4). After washing, cells were re-suspended in staining buffer containing Annexin V-FITC (561012, BD) and PI (P4864, Sigma) and incubated in darkness at room temperature for 20 min.

4.8 Seahorse extracellular flux analysis (II)

Oxygen consumption rate (OCR) and Extracellular acidification rate (ECAR) measurements were performed with a Seahorse XFp analyzer (Agilent Technologies). Naïve CD4⁺ T cells from ER $\alpha^{fl/fl}$ and CD4-cre ER $\alpha^{fl/fl}$ were activated with anti-CD3 (1 μ g/mL, BD PharMingen, San Diego, CA) and anti-CD28 (1 μ g/mL, eBioscience, San Diego, CA) and cultured for 2 days in phenol red-free RPMI media with 10% charcoal stripped FCS, 2 mM glutamine, 0.1 mg/mL streptomycin, 100 IU/mL penicillin (Sigma, St Louis, MO) and 2.5 μ M β mercaptoethanol (pH 7.4) at 37°C. 0.3 million cells were added to each well which were coated with poly-D-lysine. The Seahorse XF Cell Mito Stress Test kit was used according to the manufacturer's protocol except that FCCP concentrations of 0.5 and 1.0 μ M were used. After the analysis, the cell count was estimated using the LSR II cytometer. The OCR and ECAR values were normalized with blank and cell numbers using Wave Desktop software (Agilent Technologies).

4.9 TaqMan qPCR (I)

Total RNA was isolated using RNeasy kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. cDNA was synthesized with Super Script VILO (Invitrogen) by following the manufacturer's instructions. PROBE FAST ABI Prism 2X qPCR Master Mix (Kapa Biosystems, Woburn, MA) and ABI 7900 HT

thermocycler were used. Primer oligos (**Table 2**) were purchased from Oligomer (Helsinki, Finland). Hprt (Applied Biosystems) was used as endogenous control gene to normalize. Relative gene expression quantification was calculated using $2^{-\Delta\Delta Ct}$ (Pfaffl, 2001).

Table 2: Primers used in the study (publication I)

Gene name	Primer1 Primer2 Probe
Esr1	5'- cccagggatgatgaactc -3' 5'- ttgcggaacacattcctgt -3' #93
Hprt	Applied Biosystems

4.10 Immunoblotting (I, II)

Whole cell extracts were isolated using Triton X-100 lysis buffer (50 mM Tris-HCl, pH 7.5, 0.5% Triton X-100, 150 mM NaCl, 5% Glycerol and 1% SDS) supplemented with proteinase and phosphatase inhibitors (both from Roche, Indianapolis, IN). The concentration of protein was estimated with a detergent-compatible protein assay kit (Bio-Rad, Hercules, CA). Samples were boiled with 6X loading dye (330 mM Tris-HCl, pH 6.8, 170 μ M bromophenol blue, 30% Glycerol, 330 mM SDS, 6% β -Mercaptoethanol) for 5 min prior loading on to the gel. 30-50 μ g of protein was separated on precast 4-15% gels (Biorad). After the gel run, the protein was transferred onto PVDF ((Bio-Rad, Hercules, CA) membranes. The primary antibodies used in the study are listed in **Table 3**. The secondary antibodies used in the study are anti-rabbit (eBioscience, 18-8816-33), anti-mouse (Santacruz, SC-2005), and anti-rat (Santacruz, SC-2956). The protein bands were detected using the Pierce ECL Western blotting substrate (Thermo Scientific, Rockford, IL) enhanced chemiluminescent kit. Gels were imaged with a Chemidoc instrument (Bio-Rad, Hercules, CA). Densitometry or quantification of proteins was performed with Image lab software (Bio-Rad, Hercules, CA).

Table 3: Primary Antibodies used in the study

Name	Company
NFAT1	Cell Signaling (5861S)
STAT5	Cell Signaling (9863S)
FOXP3	Cell Signaling (12653S)
CDK1	Cell Signaling (4688)
ZAP70	BD (Z24820)
Actin- β	Sigma (A5441)
PSMB5	Cell Signaling (12919)
VIM	Cell Signaling (5741)
ENO3	Sigma (AB1)
FOXO1	Immunoway (YM1279)
SMYD3	Abcam (ab127689)

4.11 Transcriptome profiling (I, II)

4.11.1 Sample preparation (I, II)

Naïve ER $\alpha^{\text{fl/fl}}$ and CD4-cre ER $\alpha^{\text{fl/fl}}$ T (CD4⁺CD44^{lo}CD62L^{hi}CD25⁻) cells were injected separately to Rag^{-/-} mice to elicit colitis. After 10 weeks of colitis induction, CD4⁺ T cells were FACS sorted from splenocytes of recipient Rag^{-/-} mice. Total RNA was isolated with an RNeasy kit (Qiagen, Hilden, Germany). RNA sequencing (RNA-Seq) libraries were prepared with the Illumina TruSeq RNA sample preparation protocol and sequenced on a HiSeq 2000 machine. Libraries were prepared and sequenced at Finnish Functional Genomics Centre (FFGC), Turku Centre for Biotechnology.

4.11.2 Data analysis (I, II)

RNA-Seq data analysis for the ER α study was performed at BGI Genomics (New Territories, Hong Kong). Briefly, the read quality was assessed with FastQC (0.11.3). Sequencing reads (50 bp single-end) were cleaned to remove adaptors, unknown bases and reads of low quality. After filtering and cleaning, the HISAT/Bowtie2 tool was used to map against a reference genome. Gene expression was determined with the RSEM quantification software. *p-values* for differentially expressed genes were calculated with the Poisson distribution method. Corrected *p-values* were obtained using Bonferroni correction.

RNA sequencing analysis for the proteomic study was performed by bioinformaticians from Aalto University, Helsinki in the following manner. Sequencing reads (100 bp-paired end) were cleaned. Filtered reads were aligned to UCSC mouse transcriptome from Illumina's iGenomes collection and mm10 mouse reference genome using TopHat (version 2.0.14). HTSeq-count (Anders et al, 2014) with options stranded false, feature type exon, sorted by name and mode union were chosen to generate read counts. EdgeR (Robinson et al, 2010) analysis was implemented to identify differential gene expression. Gene-wise statistical tests were performed by fitting the negative binomial generalized log-linear model to the read. Genes with more than 1 cpm (count per million) at least in four samples in the analysis were considered.

4.12 Proteome profiling (II)

4.12.1 Sample preparation (II)

Th17 cells were cultured for 3 days and iTregs were cultured for 10 days along with their respective paired Th0 cells. Cells were re-suspended in lysis buffer (0.5% (v/v) NP-40, 150 mM NaCl and 50mM Tris-HCl) supplemented with proteinase and phosphatase inhibitors (both from Roche, Indianapolis, IN). Sonication was performed for 5 min to completely lyse the cells. Cold acetone (5:1) was added to the lysate to precipitate the proteins (overnight at -20 °C). Samples were denatured by addition of 8M urea. Protein concentration was estimated using the BioRad DC kit. An equal amount of protein was taken for further processing of the sample. The reduction reaction was carried out with dithiothreitol at 37°C for 1h and alkylation with iodoacetamide in darkness at room temperature for 30 min. Protein was digested with modified trypsin (Promega sequencing grade) at 37°C at a ratio of 1:30 (trypsin/protein) for overnight (16–18 h). To quench the trypsin activity, digested samples were acidified by adding 10% trifluoroacetic acid (TFA). Desalting of peptides samples was carried out with C18 tips (OMIX, Agilent), which were conditioned with 0.1 % TFA. Equilibration was done twice pipetting with 50:50 (acetonitrile/water). Samples were aspirated 10 times to improve binding of peptides with resin bed. The tip was rinsed twice with 0.1% TFA to get rid of salt. Peptides were eluted in 80% ACN+0.1% Formic acid. HiPPR Detergent Removal Spin Column

Kit (Thermo Scientific) was used according to manufacturer's recommendations. Briefly, 50ul of HiPPR Detergent Removal Resin slurry added to spin column. The column was washed thrice with 25 mM ammonium bicarbonate buffer. 50 ul of sample peptides in ammonium bicarbonate buffer was added to the spin column with detergent removal resin and incubated for 10 mins. Spin column was inserted into fresh microfuge tube to collect detergent-free peptide sample. The peptides were concentrated in speedvac to evaporate buffer. The sample was reconstituted in 2% formic acid and 2% acetonitrile and concentration were determined with NanoDrop 2000 spectrophotometer (Thermo Fisher Scientific). The samples were diluted such that 200 ng of peptides were loaded for each LC-MS/MS analysis.

4.12.2 MS run and search (II)

Peptides were initially loaded on a C18 trapping column (100 μm x 20 mm) and subsequently separated on a C18 column (75 μm x 150 mm, 200 \AA 5 μm , Dr. Maisch, GmbH, Ammerbuch, Germany). The mobile phase constitutes a binary mixture of water and acetonitrile alone with formic acid. MS analysis were performed using a Q Exactive mass spectrometer (Thermo Fisher Scientific, Bremen, Germany) coupled to a nano-flow UHP-LC system (Easy-nLC1200, Thermo Fisher Scientific). Peptides were separated from 5% to 35% of solvent B in 85 min at a flow rate of 300 nl/min. A data dependent acquisition method with higher-energy collisional dissociation (HCD) fragmentation of top ten most intense ions in survey scan of mass range 300-1800 m/z were used. The tandem mass spectra were acquired automatically by using Thermo Xcalibur software (Thermo Fisher Scientific). Samples were run in triplicate in a randomized manner. The MS raw files were analyzed by the MaxQuant software (1.5.3.30) and peak lists were searched against the mouse UniProt FASTA database (downloaded on 18.1.2016) using the Andromeda search engine integrated into the MaxQuant software. Carbamidomethylation (C) was set as a fixed modification, methionine oxidation, and N-terminal acetylation as variable modifications. Peptide and protein false discovery rate (FDR) was set to 1%. The match between run options was activated to transfer the identification across the samples.

4.12.3 Downstream bioinformatic analysis (II)

Protein groups from MaxQuant output identified only by site or labeled as potential contaminants were omitted from analysis. Medians of technical replicates were calculated followed by logarithm scale transformation. The values were subjected to quantile normalization. The Limma package in Bioconductor (Ritchie et al, 2015) was used to perform pairwise moderated t-test comparison with Th17 versus Th0 and iTreg versus Th0, and unpaired comparison with Th17 versus naïve CD4⁺ T cell, iTreg versus naïve CD4⁺ T cell and Th17 versus iTreg cells to identify differentially expressed proteins. False discovery rates (FDR) were obtained using Benjamini-Hochberg multiple correction. Proteins with FDR <0.05 were considered as differentially expressed proteins. Proteins with intensity values detected in only one of the conditions (for example IL-17F, FOXP3 etc.) were considered as selectively expressed without applying any statistics. A protein was considered to be expressed only if it was detected at least in two biological replicates.

4.13 Cytoscape network (II)

Differentially expressed proteins from Th17 vs. iTreg were used in network analysis. Protein-protein interactions were obtained by querying the proteins in stringAPP (1.3) in Cytoscape (3.6) software. To obtain edges a string confidence score of 0.7 was used. Network analyzer was used to obtain degrees of the node. Networks were displayed in hierarchical and organic layouts from the yFiles layout algorithm.

4.14 Data availability (I, II)

The RNA-Seq data from the ER α study was deposited at the NCBI Gene Expression Omnibus (GEO) with the accession number GSE107284. The mass spectrometry proteomics data was deposited in the ProteomeXchange Consortium via the PRIDE (Vizcaíno et al., 2016) and can be accessed via dataset identifier PXD007826. The RNA-Seq data for Th0, Th17, and iTreg can be found at GEO with accession number GSE 104152.

4.15 Statistical analysis (I, II)

Statistical analyses were made using a Student's *t* test or two-tailed Mann-Whitney test, where appropriate. Error bars correspond to mean \pm SEM, unless otherwise indicated.

5 RESULTS AND DISCUSSION

5.1 Role of Estrogen receptor alpha in autoimmune colitis (I)

5.1.1 Estrogen receptor alpha contributes to autoimmune colitis

To investigate the role of estrogen receptor alpha in autoimmune settings, an adoptive T cell transfer colitis model was set up by injecting naïve T cells from littermate control and CD4-creER $\alpha^{\text{fl/fl}}$ mice to Rag $^{-/-}$ mice, which were monitored for 9 weeks. After the 4th week, Rag $^{-/-}$ mice injected with ER α deficient T cells kept gaining weight, whereas the mice that received control T cells developed a wasting disease. Consistently, ELISA quantification of serum pro-inflammatory cytokines (such as TNF- α , IL-6, IFN- γ , IL-12p70 and MCP-1) showed increased levels in the mice that received control T cells, compared to mice received CD4-creER $\alpha^{\text{fl/fl}}$ T cells. Reduced infiltrations of T cells in the colon were observed in mice that received CD4-creER $\alpha^{\text{fl/fl}}$ T cells. Additionally, histological assessment of colonic inflammation confirmed the lower severity of inflammation. Taken together, these results indicate that T cell expressed estrogen receptor is necessary for induction of experimental autoimmune colitis in mice.

5.1.2 Estrogen receptor alpha in T cell survival and proliferation

To identify the molecular mechanism of estrogen receptor alpha in T cells, we performed RNA-Seq of littermate control and ER α deficient colitogenic T cells isolated from Rag $^{-/-}$ spleens after induction of colitis. Transcriptome profiling revealed the enrichment for genes responsible for T cell receptor signaling suggesting that ER α is involved in T cell activation. The expressions of a number of genes responsible for T cell activation, such as Zap70, Lat, Itk, Plcg1, Cd69, Prkcq, Lck, Fyn, Nfatc2, Rasgrp1 and Grap, were reduced and the expression of several genes responsible for cancer (Ptpn6, Pak1) and cell adhesion (Icosl, Itgam) were increased in ER α deficient cells compared to littermate control T cells. To verify the contribution of ER α to *in vitro* T cell activation, naïve T cells isolated from ER $\alpha^{\text{fl/fl}}$ and CD4-creER $\alpha^{\text{fl/fl}}$ were activated

with varying concentrations of anti-CD3 and anti-CD28. Early and late activation markers (CD69 and CD25, respectively) were quantified with flow cytometry. Clearly, CD69 levels were reduced in CD4-creER $\alpha^{fl/fl}$ cells in comparison with control. Immunoblot analysis of proteins such as NFAT1, STAT5, CDK1 and ZAP70 showed that their levels are reduced in ER α deficient T cells. Cell survival was estimated with annexin-PI staining, and a reduced percentage of apoptotic cells was observed in CD4cre-ER $\alpha^{fl/fl}$ T cells. Apoptotic regulator protein Bcl2 was detected with flow cytometry. Higher levels of Bcl2 were observed in CD4-creER $\alpha^{fl/fl}$ T cells. Bcl2 regulates cell death by preventing the loss of outer mitochondrial membrane integrity. Hence, we measured the mitochondrial membrane potential with Tetramethylrhodamine, ethyl ester (TMRE) dye by *in vitro* culturing ER $\alpha^{fl/fl}$ and CD4-creER $\alpha^{fl/fl}$ CD4⁺ T cells. TMRE is a cationic, lipophilic dye that accumulates in active mitochondria, we observed upregulation of TMRE in CD4-creER $\alpha^{fl/fl}$ T cells indicating the presence of more active mitochondria in CD4-creER $\alpha^{fl/fl}$ T cells.

Cell trace violet staining was used to assay proliferation of T cells, ER $\alpha^{fl/fl}$ and CD4-creER $\alpha^{fl/fl}$ cells that were cultured *in vitro* for 4 and 5 days. Dilution of dye indicates each generation of dividing T cells. A defect in proliferation was observed clearly in ER α deficient T cells. An *in vivo* T cell proliferation assay was performed by injecting CFSE labeled WT (CD45.1⁺ C57BL6/J) and CD45.2⁺CD4-creER $\alpha^{fl/fl}$ naïve T cells into Rag1^{-/-} recipient mice. 10 days after injection, cells were isolated from spleen/blood to determine the dilution of dye with flow cytometry. WT T cells proliferated more compared to CD45.2⁺CD4-creER $\alpha^{fl/fl}$ cells. These data indicate that ER α is required for T cell proliferation and expansion.

5.1.3 Estrogen receptor deficient T cells are more sensitive to iTreg phenotype

Naïve T cells isolated from ER $\alpha^{fl/fl}$ and CD4-creER $\alpha^{fl/fl}$ mice were polarized to iTregs in the presence of anti-CD3, anti-CD28, IL-2 and TGF- β 1 for three days. In CD4-creER $\alpha^{fl/fl}$ T cell culture, an increased percentage of Foxp3 cells was observed compared to ER $\alpha^{fl/fl}$. On the other hand, retroviral over expression of ER α in naïve cells under the iTreg polarizing conditions led to a decrease in levels of Foxp3. Addition of estrogen ligand (17 β -Estradiol, E2) did not increase the percentage of Foxp3⁺ cells in CD4-creER $\alpha^{fl/fl}$ T cell culture. Additionally, RNA-Seq analysis of

colitogenic T cells isolated from Rag^{-/-} mice injected with CD4-creERα^{fl/fl} cells showed increased levels of iTreg signature genes such as Foxp3, TGF-β1, Dnmt1, Satb1 and Tcf1 expression. Also, elevated levels of Foxp3 were observed in T cells isolated from spleen and lamina propria of Rag^{-/-} mice injected with CD4-creERα^{fl/fl} cells. Collectively, these results indicate that ERα deficiency in T cells favors an iTreg phenotype.

5.1.4 Discussion

Autoimmune diseases show higher predominance in females. The contributing factors are environmental, X-chromosome inactivation, fetal microchimerism and sex hormones (Selmi et al., 2012). Estrogen hormones exert a biphasic effect in female autoimmunity; it shows protective action in multiple sclerosis and deleterious role in system lupus erythematosus. Reports have shown that estrogen regulates disease severity in IBD patients (Ferguson et al., 2008; Kane and Reddy, 2008; Riis et al., 2006). In an IBD disease model carried out with HLA-B27 transgenic rat, estrogen therapy reduced diarrhea and intestinal inflammation (Harnish et al., 2004).

In the first part of this thesis, T cell specific deletion of ERα was found to result in the attenuated T cell mediated inflammation and impaired proliferation whilst enhancing T cell survival and differentiation to iTreg cells. In our study, we focused on the adoptive transfer colitis model that is caused predominantly by Th1 and Th17 cells. The protective phenotype of estrogen receptor deficiency observed in our study can be explained by a defect in proliferation of CD4-creERα^{fl/fl} T cells and also by their propensity to skew the differentiation towards iTreg cells. Gene expression analysis of CD4-creERα^{fl/fl} T cells isolated from the colitogenic environment showed altered levels of specific candidate genes known to be important for T cell activation, i.e. Zap70, Lat, Itk, Plcg1, Cd69, Prkcq, Lck, Fyn, Nfatc2, Rasgrp1 and Grap. Consistently, we observed a defect in activation when cells were cultured with varying concentrations of anti-CD3 and anti-CD28 *in vitro*. In proliferation assays, CD4-creERα^{fl/fl} cells stained with cell trace violet showed impaired proliferation. These observations strongly suggest the role of ERα in cell activation and proliferation.

Bcl-2 family members show both prosurvival (Bcl-w, Bcl-XL, and Mcl-1) and proapoptotic (Bak, Bax, and Bok) responses (Popgeorgiev et al., 2018). Bcl2 acts as pro-survival protein and also has cell cycle inhibitory function (Quinn and Richardson, 2004), which is consistent with our observation *in vitro* cultured CD4-creER $\alpha^{fl/fl}$ cells exhibited upregulated Bcl2, enhanced survival ability and also reduced levels of Cdk1 (a cell cycle related protein). The reduced levels of Cdk1 in CD4-creER $\alpha^{fl/fl}$ T cells might be because of increased levels of Bcl2, as nuclear Bcl2 blocks cell cycle entry (G1-to-S transition) by inhibiting Cdk1 and E2F activity (Vairo et al., 2000). Interestingly, ER α is also present in mitochondria and exerts the actions of E2 (Chen et al., 2004). Like ER α , Bcl2 proteins can also be found in the mitochondria. Bcl2 protein localized in outer mitochondrial membrane prevents apoptosis by inhibiting proapoptotic proteins (Bak, Bax) and controls inner mitochondrial membrane permeability. TMRE dye can be used to determine membrane potential and as an active mitochondria indicator. We observed the higher proportion of TMRE^{hi} cells in CD4-creER $\alpha^{fl/fl}$ cell cultures. Together, these data show that ER α depletion in T cells upregulated Bcl2, reduced apoptosis and increased cell survival.

Suboptimal T cell activation is needed for induction of iTreg cells (Haxhinasto et al., 2008). TCR signaling regulates the Foxp3 expression via PI3K/Akt/mTOR signaling (Sauer et al., 2008). The Akt-mTOR pathway negatively regulates Foxp3 expression during iTreg differentiation (Delgoffe et al., 2011). Additionally DNMT1 also negatively regulates Foxp3 expression (Josefowicz et al., 2009). In our study, the decreased levels observed for proteins such as Akt1, mTOR and DNMT1 might be the reason for increased levels of Foxp3 in ER α deficient iTreg cells. ER α regulates the transcription of its target genes in a ligand dependent and ligand independent manner. Addition of E2 to ER $\alpha^{fl/fl}$ cells increased Foxp3 expression and deletion of ER α abrogated the E2-dependent increase of Foxp3 in CD4-creER $\alpha^{fl/fl}$ cells. Consistent with previous reports, estrogens via ER α signaling promote iTreg molecules such as Foxp3, PD-1 and CTLA4, and downregulate the immune responses (Polanczyk et al., 2004, 2007).

ER α regulates the transcription of its target genes by interacting with transcription factors and cofactors (Shang et al., 2000). Estrogens have been observed to upregulate expression of Bcl2 in breast cancer cells via genetic and non-genetic ER α pathways

(Svotelis et al., 2011). In human breast cancer MCF-7 cells, ER α positively regulates DNMT1 expression by binding to its gene promoter (Shi et al., 2012). We observed depletion of ER α in CD4-creER $\alpha^{fl/fl}$ T cells led to reduced expression of Bcl2 and DNMT1 proteins, indicating that ER α might directly or indirectly regulate Bcl2 and DNMT1 levels.

In conclusion, we have identified the important role of ER α in T cell activation, survival and proliferation. ER α promotes autoimmune inflammation in mouse model of colitis. ER α depleted T cells showed the elevated levels of Foxp3 expression. The observations from our study may have implications for estrogen therapies in autoimmune diseases and also in understanding the pathobiology of autoimmune diseases in females.

5.2 Proteomic profiling of murine Th17 and iTreg cells (II)

5.2.1 Overview of detected proteins in Th17 and iTreg cells

We profiled global proteome changes in Th17 and iTreg cells by applying a shotgun proteomics approach. Liquid chromatography-tandem mass spectrometry (LC-MS/MS) was employed to study naive, Th17, iTreg, Th0 paired with Th17 and Th0 paired with iTreg cells that were *in vitro* cultured for 3 days and 10 days. In total, 4287 protein groups were identified in all the subsets using label free quantitative (LFQ) strategy. The detected proteins span six orders of magnitude in expression with coverage from all the cellular compartments. Proteins such as IL2RA, IL2RG, TNFRSF18, ICAM1, ICAM2, ITGAL, ITGB1, ITGB2, ITGB7, CD3E, CD3G, CD2, CD4, CD5, CD6, CD28, CD44, and CD69 that are crucial for T cell activity were identified in all Th cell subsets. Functional group analysis of proteins was carried out with ingenuity pathway analysis (IPA). Enzymes top the list of identified proteins, followed by transporters, transcription factors, peptidases, kinases, transmembrane receptors, phosphatase, ion channel, translation regulator and cytokines.

5.2.2 Protein expression changes in Th17 and iTreg cells

In depth analysis of abundance and differential expression patterns during the differentiation of T cells allows better understanding of the processes involved and also in the development of strategies to perturb the proteins for autoimmune disease treatment and cancer immunotherapy.

Th17 cells: Th17 cells were polarized from naïve CD4⁺ T cells by culturing in the presence of IL-6, TGF-β1, anti-CD3, anti-CD28, anti-IL-4 and anti-IFN-γ for three days. Proteomic samples were prepared by lysing the cells in NP-40 buffer followed with trypsin digestion. Three biological replicates were analyzed by LC-MS/MS. We identified 1005 statistically significant (false discovery rate, [FDR] < 0.05) differentially expressed (DE) proteins in Th17 vs Th0 comparison. These included 414 upregulated proteins, such as IL17F, RORC, AHR and IKZF3, and 591 downregulated proteins, such as TNFRSF18 (GITR) and TNFRSF4 (OX40). We confirmed the expression changes of selected proteins identified in the LC-MS/MS analyses by flow cytometry and immunoblotting. A consistent expression change of CD101 was detected in Th17 cells with flow cytometry and PSMB5 and NFATC2 were detected with immunoblotting. In the Th17 vs. iTreg comparison, 2040 DE proteins were identified, of which 1067 proteins were more abundant in Th17 cells. DNMT3A, BACH2, JAK3, TCF7, JUNB, LAG3, IL2rg are upregulated in Th17 in comparison with iTreg cells. Interestingly, when compared to Th0 cells the expression of another 19 proteins, such as ETV6, TGM2, and SATB1 were highly expressed in Th17 cells and lowly expressed in iTreg cells. Functional annotation of proteins was performed to categorize DE proteins from the Th17 vs. Th0 comparison showing transmembrane receptor proteins, transcription factors, and cytokines (based on IPA annotation) and metabolic regulators (obtained from KEGG analysis) (**Figure 6**).

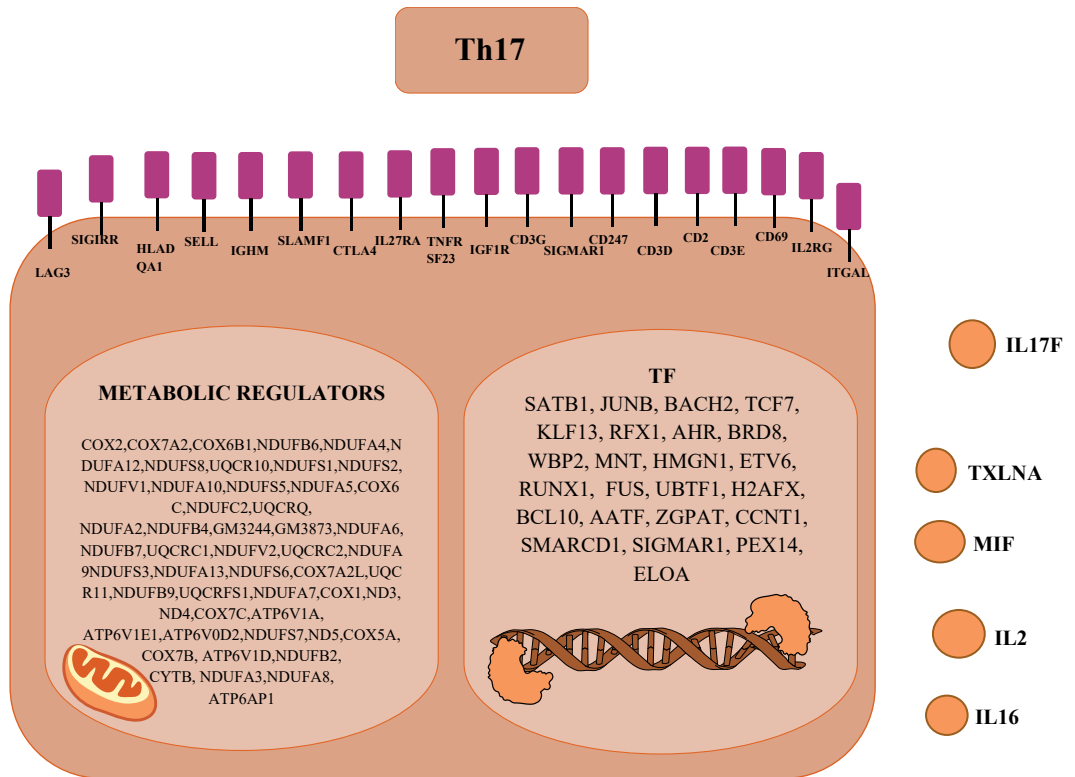


Figure 6: Proteins identified in Th17 cells. Transmembrane receptor proteins, transcription factors (TF) and cytokines are shown (based on IPA annotation). The annotation for metabolic regulators was obtained from KEGG analysis. The representation of DNA is modified from https://commons.wikimedia.org/wiki/File:Difference_DNA_RNA-EN.svg. The mitochondrion is modified from https://commons.wikimedia.org/wiki/File:Animal_cell_structure_en.svg

iTreg cells: iTreg cells were polarized from naïve CD4⁺ T cells by culturing in the presence of IL-2, TGF-β1 for 10 days. Proteomic samples were prepared by lysing the cells in NP-40 buffer followed with trypsin digestion. Three biological replicates were analyzed by LC-MS/MS. Comparison of iTreg with Th0 cells accounted for 675 statistically significant (FDR < 0.05) differentially expressed proteins that include 308 upregulated and 367 downregulated proteins. IKZF4, RUNX3, ITGAE, GNG2 and VIM were observed to be up-regulated and SATB1 (previously reported that SATB1 is abundant in Treg cells (Beyer et al., 2011)) and CD69 were down-regulated in expression. In the comparison of Th17 vs. iTreg cells, out of 2040 DE proteins, 973

proteins (including TRAF6, TGFβ1, CD44, IL2RA, ITGAE and VIM) were highly expressed in iTreg cells. We further validated the protein expression changes of SMYD3, VIM, FOXO1, and ENO3 in iTreg cells with immunoblotting. Functional annotation of proteins was performed to categorize the DE proteins from the Treg vs. Th0 comparison, highlighting transmembrane receptor proteins, transcription factors, and cytokines (based on IPA annotation) and metabolic regulators (obtained from KEGG analysis) (**Figure 7**).

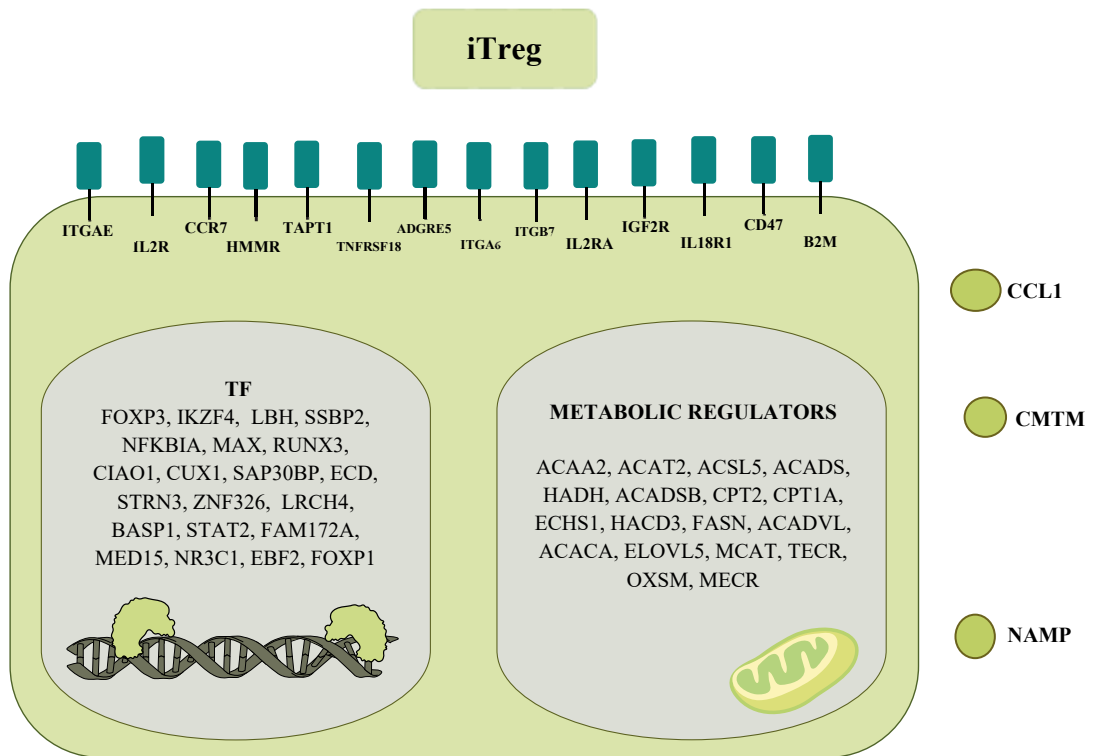


Figure 7: Proteins identified in iTreg cells. Transmembrane receptor proteins, transcription factors (TF) and cytokines are shown (based on IPA annotation). Metabolic regulators are obtained from KEGG analysis. The representation of DNA was modified from https://commons.wikimedia.org/wiki/File:Difference_DNA_RNA-EN.svg. Mitochondrion is modified from https://commons.wikimedia.org/wiki/File:Animal_cell_structure_en.svg

5.2.3 Pathways and networks of Th17 and iTreg cells

To assess the biological functions of DE proteins, we performed KEGG (Kyoto Encyclopedia of Genes and Genomes) pathway analysis. Th17 cells showed statistically significant (adjusted p value < 0.05) enrichment for spliceosome, ribosome and oxidative phosphorylation, and iTreg cells demonstrated significant (adjusted p value < 0.05) enrichment for fatty acid metabolism, aminoacyl-tRNA biosynthesis, alanine, aspartate and glutamate metabolism pathways. Furthermore, GSEA (Gene set enrichment analysis) was carried out on the proteins identified with KEGG analysis to obtain the meaningful networks. The STRING database was used to obtain protein-protein association networks. Application of network analyses helps in better understanding the biological pathways and signaling mechanism involved in immune processes (Amit et al., 2011).

Transcriptome profiling was also performed for Th0 and Th17 cells prepared in similar way as the proteomics cultures. The results of the proteomic with transcriptomic analysis were overlaid (compared) to obtain novel insights regarding the molecules involved in differentiation. 963 proteins with corresponding transcripts in Th17 cells were overlaid with 1004 detected transcripts, 399 were observed commonly in both technologies. Out of 399 proteins, 139 are upregulated in both proteome and transcriptome detections (hits such as *Il17f*, *Rorc* and *Ahr*) and 145 are downregulated in both proteome and transcriptome detections (*Tnfrsf18*, *Cd44*, *Il2rg* and *Iig1*). The remaining 115 hits showed inverse correlation with 45 proteins (upregulated in protein, downregulated in mRNA) and 70 proteins (down regulated in protein, upregulated in mRNA).

5.2.4 The role of vimentin in iTreg cells

In our proteomic screen, we observed that vimentin protein is upregulated in iTreg cells compared to Th0 cells. Vimentin belongs to the group of cytoskeletal intermediate filament proteins. It provides mechanical support to the cell membranes and helps in maintaining the organelles and nucleus in a defined place within the cell (Eriksson et al., 2009). In order to study the effect of vimentin on Treg cell differentiation, we polarized the naïve wildtype CD4⁺ T and vimentin deficient (*Vim*^{-/-})

CD4⁺ T cells to iTreg condition for 3 days. We did not observe any change in expression levels of Foxp3 from the polarized wildtype and Vim^{-/-} iTreg cells. To further study the effect of VIM on the cytokine TGF- β and IL-2 induced Foxp3 expression, the naïve CD4⁺ T cells isolated from Vim^{-/-} and wild type mice were cultured with TGF- β alone, IL-2 alone, and combination of TGF- β and IL-2. We observed reduced levels of Foxp3 in Vim^{-/-} T cells cultured alone with TGF- β . Interestingly, addition of IL-2 to TGF- β culture in Vim^{-/-} T cells restored the Foxp3 levels similar to wild type controls. Furthermore, to assess the TGF- β response on vimentin, wild type naïve T cells were polarized for three days with and without TGF- β inhibitor (LY2109761). Addition of TGF- β inhibitor during polarization of naïve cells to iTreg cells restricted both vimentin and Foxp3 expression, indicating that TGF- β mediates the induction of both vimentin and Foxp3.

5.2.5 Discussion

The advent of such technologies as microarrays and next generation sequencing, along with the human genome project, has accelerated the application of holistic and systematic measurement of cellular molecules such as RNA (transcriptomics), and DNA (genomics). However, transcript level do not always correspond reliably with the abundance of protein (Maier et al., 2009). Proteins that respond to environmental stimuli often do not show changes at mRNA transcript level (Hillenmeyer et al., 2008). In our study, we made advantage of the “shotgun” proteomics approach that enabled high throughput identification of proteins from complex mixtures with tandem MS (LC-MS/MS). This also provided reproducible and detailed proteomes of the cells studied. Unlike chemical labeling procedures, label free quantification facilitates better accuracy and a wider dynamic range of protein quantification. Sample preparation is a critical step in MS based proteomic study; the application of NP-40 detergent lysis buffer has improved the ability in solubilizing large fractions of membrane proteins. We identified 317 and 312 plasma membrane proteins in Th17 or iTreg cells which is comparable with study that identified 229 surface proteins with PAL (periodate oxidation and aniline-catalyzed oxime ligation) combined LC-MS/MS approach from naïve unstimulated and activated human CD4⁺ T cells (Graessel et al., 2015). The

study of membrane proteins or receptors on T cells has gained significant importance as they can be targeted in tumor immunotherapy (Pardoll, 2012).

Genetic data alone does not provide insight into mechanism of diseases; therefore we determined the protein abundance levels during the course of differentiation of T cells. Proteins were detected with a variety of different functions, including transcription factor, enzymes, kinases and phosphatases. The functional annotation of the DE proteins showed enrichment for metabolism. Recent studies have indicated the importance of metabolic reprogramming in determining the T cell fate (Buck et al., 2015; MacIver et al., 2013). T cell activation and differentiation causes metabolic rewiring of the cell. Naïve T cells observe oxidative phosphorylation (OXPHOS) mode of energy source and then shift to glycolysis in Th17 cells and fatty acid oxidation in Treg cells during differentiation (Almeida et al., 2016; MacIver et al., 2013; McKinney and Smith, 2018). In our comparison of Th17 with Th0, we observed Th17 switch towards oxidative phosphorylation. However, we also observed upregulation in proteins related to glycolysis such as HK2, DLD, PGK1, PFKL, LDHB, PGAM2, LDHA, PKM, ALDOA, PGM1, ALDOC, TPI1 and MINPP1. Hexokinase 2 (HK2) is a key rate-limiting enzyme in glycolysis. In iTreg cells, high levels of ENO3 - a glycolytic enzyme, and CPT1A- an important rate-limiting enzyme of fatty acid oxidation were observed. Overall the role of proteins involved with metabolism is not completely understood in respect to Th17 and iTreg cell differentiation.

As a target of further studies, it would also be interesting to profile the proteome of Th17 and iTreg cells at early (12 hours, 24 hours) and late (day 5, day 7) time points to study the dynamic behavior of their proteomes. This will distinguish the co-expressed proteins that are involved in the determination of cell fate, expressed in the same sub-cellular compartments, transitioning of energy sources during the differentiation to effector cells, and delay between transcription and translation.

Comparisons of proteomic and transcriptomics data also provide non-overlapping information that can be further explored to obtain insights in to the regulation in T cells. We observed 29.5 percent RNA and protein concordance that is consistent with previously reported studies. Pearson correlation coefficient observed in bacteria 0.47, yeast 0.34, and in multi-cellular organisms 0.46 (Abreu et al., 2009; Foss et al., 2011;

Ghazalpour et al., 2011). In our study, 29.5% of concordance between proteomic and transcriptomic profiling indicates that variance in protein expression changes can be accounted by changes in mRNA expression levels and remaining 70.5 percent can be explained because of technical and biological factors. The technical factor, such as choice of proteomic strategy to measure protein levels is limited to only high abundant proteins. The biological factors that also influence the concordance are translational efficiency, folding of protein, alternative splicing, transport, localization, translation regulation and protein degradation.

The proteomic data obtained from this study can be compared with human data to obtain novel insights in terms of T helper cell differentiation and developing strategies for treatment of human autoimmune diseases. However, the immunological differences between human and mice have been previously reported (Mestas and Hughes, 2004; Seok et al., 2013). Comparative transcriptomic analysis performed in murine and human Th17 cells revealed that 307 orthologous genes pairs are similarly regulated and a positive correlation of 0.68 was reported in between both species (Tuomela et al., 2016). Unlike murine Th17 differentiation, human Th17 cells require IL-1 β for Th17 polarization indicating the difference in differentiation mechanism between two species (Acosta-Rodriguez et al., 2007). Additionally, segmented filamentous bacteria (SFB) induces Th17 cell in the intestines of mice (Ivanov et al., 2009), the differences in distribution and colonization of SFB in gut of both species indicate the requirement of different cytokines for Th17 induction. CD25⁺ regulatory T cells exhibit suppressor function, Foxp3 is a master transcription regulator in Treg cells. Ectopic expression of Foxp3 led to suppressor activity in effector cells (Fontenot et al., 2003). Additionally, Foxp3 is highly conserved between human and mice (Lal et al., 2009) and ectopic expression of human Foxp3 in murine cells also led to suppressor activity. *In vitro* cultured human iTreg cells are suppressive in function, but the *in vivo* suppressive ability of human iTreg cells has been a controversial issue (Schmidt et al., 2016). This aspect of iTreg cells should be considered before developing any *in vivo* strategies related to suppressive function in humans.

To demonstrate the strength of our data as a resource, we functionally characterized the protein vimentin, as a regulator of TGF- β induced iTreg differentiation. Vimentin is a cytoskeleton protein and functions as scaffold for signal transduction events (Eriksson

et al., 2009). Firstly, we observed that expression of vimentin protein is induced in iTreg cells in TGF- β dependent manner. The downstream signaling of TGF- β such as in the Smad pathway might be involved in upregulation of vimentin expression. It is known that TGF- β induces Foxp3 expression (Zheng et al., 2002). Consistently, deletion of vimentin and polarization of cells in the presence of TGF- β showed the reduced Foxp3 expression. IL-2 and TGF- β are critically required for Foxp3⁺ Treg cells (Horwitz et al., 2008). Moreover, Treg dysfunction is restored with the addition of IL-2 cytokine. It might be because IL-2 controls the stability of Foxp3 expression in TGF- β induced Foxp3⁺ T cells (Chen et al., 2011).

In summary, our results provide a comprehensive overview of protein abundance during the differentiation of Th17 and iTreg cells. Our study leads to better understanding of protein dynamics and molecular mechanism involved in effector cells phenotype. The dataset is valuable for developing novel therapeutic approaches in Th17/iTreg mediated diseases.

6 CONCLUSION AND FUTURE DIRECTIONS

The work presented in this thesis was focused on identifying the novel modulators of T helper cell differentiation and characterizing the role of estrogen receptor alpha protein as a contributor of autoimmunity.

The study on ER α addresses the role of ER α protein in colitis autoimmune disease model. Due to the limitations – on performing genetic perturbations in humans, the experiments were performed on genetically modified mice. Nevertheless, the mechanism and regulators identified in the study can be extrapolated to understand the mechanism or target the T helper cells in human autoimmune diseases. Moreover, to further characterize the emerging model humanized mice can be used to obtain knowledge that can be translated to human (Rongvaux et al., 2014).

ER α is a transcription factor that exerts its action by binding to DNA elements in target genes. To identify the binding sites (promoters or enhancers) of ER α in target genes, ChIP-Seq analysis should be performed in T cells. However, the limiting factor has been the lack of a suitable antibody to establish the binding sites of ER α with high confidence. ER α affects gene transcription through interacting with other transcription factors. Pulldown assays of ER α to identify interacting partners of ER α will also help in understanding the molecular role of ER α in influencing the expression of Foxp3 and Bcl2 in T cells. It is already known that each isoform of ER α has an individual role in cancer cells (Al-Bader et al., 2011). In human T cells, we observed the expression of three isoforms of ER α and it would be interesting to dissect the function of different ER α isoforms in mouse T cells. Estrogens have been implicated in SLE disease and also to influence cytokine production (Kassi and Moutsatsou, 2010). Alterations in the phenotype of Tfh cells has also been observed in SLE patients (Blanco et al., 2016). Hence, it would be interesting to explore the effect of estrogen hormone and ER α deficiency in Tfh cells in SLE animal models. Additionally, it would be interesting to identify the T helper differentiation signaling pathways affected in the presence of E2.

This proteomic analysis of Th17 and iTreg cells has provided a catalog of proteins that may participate in autoimmune disease. The identified molecules could lead to the

development of therapeutic targets for autoimmunity and tumor immunity. The selected candidates in human Th17/iTreg cell differentiation can be perturbed with siRNAs or CRISPR-cas9 methodology to identify the potential biomarkers/therapeutic targets. The integration of proteome information with multi-dimensional biological information, such as phospho-proteomics and bisulfite sequencing, can be performed in order to identify crucial regulators involved in cell signaling during T cell differentiation. Application of novel computational pipelines or algorithms may help in finding the novel regulators of Th17 and iTreg differentiation. The lower abundant proteins can be identified by improving the depth and resolution of protein identification by fractionating the samples before LC-MS/MS for analysis. This would help in determining the low abundant proteins that might have a crucial role in lineage commitment. Such a proteomic study could be performed by culturing the naïve cells with the IL-2, IL-6 and TGF- β cytokines individually and in combination. TGF- β is essential for both Th17 and iTreg cells and an in depth study might help in understanding how the balance can be achieved by TGF- β and IL-6 in favor of Th17 cells.

In summary, the data from these studies could be used to improve the understanding of autoimmunity in females, especially in the context of the estrogen hormone. The DE proteins highlighted from the comparison of Th17 and iTreg cells might prove to be potential targets for the treatment of autoimmune diseases.

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