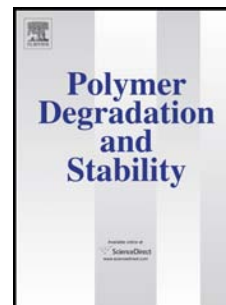


Accepted Manuscript

Influence of thymol and silver nanoparticles on the degradation of poly(lactic acid) based nanocomposites: thermal and morphological properties

Marina Ramos, Elena Fortunati, Mercedes Peltzer, Franco Dominici, Alfonso Jiménez, María del Carmen Garrigós, José María Kenny



PII: S0141-3910(14)00059-7

DOI: [10.1016/j.polymdegradstab.2014.02.011](https://doi.org/10.1016/j.polymdegradstab.2014.02.011)

Reference: PDST 7251

To appear in: *Polymer Degradation and Stability*

Received Date: 4 December 2013

Revised Date: 3 February 2014

Accepted Date: 10 February 2014

Please cite this article as: Ramos M, Fortunati E, Peltzer M, Dominici F, Jiménez A, Garrigós MdC, Kenny JM, Influence of thymol and silver nanoparticles on the degradation of poly(lactic acid) based nanocomposites: thermal and morphological properties, *Polymer Degradation and Stability* (2014), doi: 10.1016/j.polymdegradstab.2014.02.011.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

1 **Influence of thymol and silver nanoparticles on the degradation of poly(lactic acid)**
2 **based nanocomposites: thermal and morphological properties**

3

4 Marina Ramos^{1*}, Elena Fortunati², Mercedes Peltzer¹, Franco Dominici², Alfonso
5 Jiménez¹, María del Carmen Garrigós¹, José María Kenny^{2,3}

6

7 ¹Analytical Chemistry, Nutrition & Food Sciences Department, University of Alicante, Campus San
8 Vicente del Raspeig, 03080, Alicante, Spain

9 ²Materials Engineering Centre, UdR INSTM, University of Perugia, Str. Pentima 4, 05100 Terni, Italy

10 ³Institute of Polymer Science and Technology, CSIC, Juan de la Cierva 3, 28006 Madrid, Spain

11

12 *Corresponding author. Marina Ramos. E-mail address: marina.ramos@ua.es

13 Tel.: +34 965903400 Ext. 3117; fax: +34 965903697.

14

15 **Abstract**

16 Biopolymers, such as poly(lactic acid) (PLA), have been proposed as environmentally-
17 friendly alternatives in applications such as food packaging. In this work, silver
18 nanoparticles and thymol were used as active additives in PLA matrices, combining the
19 antibacterial activity of silver with the antioxidant performance of thymol. The
20 combined action of both additives influenced PLA thermal degradation in ternary
21 systems. DSC results showed that the addition of thymol resulted in a clear decrease of
22 the glass transition temperature (T_g) of PLA, suggesting its plasticizing effect in PLA
23 matrices. Slight modifications in mechanical properties of dog-bone bars were also
24 observed after the addition of the active components, especially in the elastic modulus.
25 FESEM analyses showed the good distribution of active additives through the PLA
26 matrix, obtaining homogenous surfaces and highlighting the presence of silver

27 nanoparticles successfully embedded into the bulk matrix. Degradation of these PLA-
28 based nanocomposites with thymol and silver nanoparticles in composting conditions
29 indicated that the inherent biodegradable character of this biopolymer was improved
30 after this modification. The obtained nanocomposites showed suitable properties to be
31 used as biodegradable active-food packaging systems with antioxidant and
32 antimicrobial effects.

33 **Keywords:** *Poly(lactic acid); Thymol; Silver nanoparticles; Nanocomposites;*
34 *Degradation.*

35

36 1. Introduction

37 The use of biocompatible and biodegradable polymers has raised in the last years by
38 their environmentally-friendly character and low dependence of non-renewable
39 resources [1]. Among them, poly(lactic acid) (PLA) has received most attention due to
40 its renewable nature, biodegradable character, biocompatibility and adequate
41 mechanical and optical properties [2-3].

42 Within the last years, different technologies, in particular active packaging, have
43 been proposed to improve the quality and shelf-life of food products [4-5]. Active
44 compounds have different nature, such as oxygen, ethylene, water or odour scavengers
45 [6-7], and antimicrobial or antioxidant compounds [8-9]. In this framework, essential
46 oils extracted from plants or spices are rich sources of biological active compounds,
47 such as terpenoids and phenolic acids [5]. In particular, thymol is present as one of the
48 major compounds in thyme and oregano essential oils [10]. This is a phenolic
49 monoterpene that has received considerable attention as an antimicrobial agent showing
50 very high antifungal activity and antioxidant performance [11-12]. Different polymer

51 matrices, such as polypropylene (PP) and bio-based materials, such as caseinates, soy
52 proteins and pectins have been proposed as adequate supporters for thymol in active
53 systems [11, 13-14].

54 Silver nanoparticles (Ag-NPs) have been studied in different applications, including
55 food packaging, due to their strong antibacterial properties [15-16]. Ag-NPs have high
56 thermal stability and low volatility, and consequently their antimicrobial action could
57 last longer [17-18]. Martinez-Abad et al prepared PLA films with 0.001-1.0 wt.% silver
58 ions by the solvent casting technique demonstrating a good incorporation of the silver
59 ions into the polymer matrix [19]. The PLA-silver composites showed strong *in vitro*
60 antibacterial and antiviral activities, with increasing effect at higher silver
61 concentrations. Fortunati et al. developed a nanobiocomposite based on PLA and
62 combining silver nanoparticles with cellulose nanocrystals obtaining an antimicrobial
63 film with enhanced barrier properties [20].

64 The effect of different additives on the PLA biodegradation has recently attracted
65 great interest [21-23]. It is well known that PLA formulations require severe
66 degradation conditions (as those provided by composting systems) to biodegrade in
67 times compatible with useful post-use elimination strategies [24]. PLA is receiving
68 considerable attention for single use applications, such as packaging, but also for more
69 durable applications, such as car interior parts, textile fibres, flooring materials, among
70 others [25]. Therefore, it is likely that the applications window of PLA will be greatly
71 increased in the near future and degradation should be carefully studied to cope with
72 potential widespread use of this polymer [26-27].

73 The aim of this work is the development and characterization of novel
74 nanocomposites based on PLA, silver nanoparticles (Ag-NPs) and thymol. Moreover,

75 the evaluation of the influence of these active components on the composites
76 degradation in composting conditions has been studied.

77

78 **2. Experimental**

79 **2.1. Materials**

80 A commercial poly(lactic acid) PLA-4060D ($T_g = 58\text{ }^\circ\text{C}$, 11-13 wt% D-isomer) was
81 purchased in pellets from Natureworks Co., (Minnetonka, MN, USA). Commercial
82 silver nanoparticles (Ag-NPs), P203, with a size distribution range from 20 to 80 nm,
83 were purchased from Cima Nano-Tech (Saint Paul, MN, USA). Ag-NPs were thermally
84 treated at $700\text{ }^\circ\text{C}$ for 1 h as reported elsewhere [28]. Thymol (99.5 %) was supplied by
85 Sigma-Aldrich (Madrid, Spain).

86 **2.2. Nanocomposites preparation**

87 Nanocomposites were processed in a twin-screw microextruder (Dsm Explore 5&15
88 CC Micro Compounder, Heerlen, The Netherlands), with a temperature profile 170-
89 180-190 $^\circ\text{C}$. PLA pellets were dried overnight at $45\text{ }^\circ\text{C}$ before extrusion to prevent PLA
90 hydrolysis during processing. The screw speed was 150 rpm and a mixing time of 6 min
91 was used to obtain the binary system, PLA-Ag-NPs 1 wt% (PLA/Ag). PLA and thymol
92 binary systems were obtained by addition of 6 or 8 wt% to the polymer and these
93 systems were named as PLA/T6 and PLA/T8, respectively. Thymol was added in the
94 last three minutes of the extrusion and the screw speed was then reduced to 100 rpm to
95 limit losses by vaporization.

96 Ternary systems with PLA and silver nanoparticles and thymol as additives were
97 also prepared. A masterbatch of PLA and Ag-NPs was first processed in the extruder at

98 170-180-190 °C temperature profile, screw speed 150 rpm and 3 min mixing time. This
99 masterbatch was then combined with 6 or 8 wt% of thymol for 3 additional minutes to
100 produce ternary formulations. Neat PLA with no additives was also processed in the
101 same conditions and further used as control. After mixing, tensile dog-bone bars (ISO
102 527-2/5A) were prepared by means of a DSM Xplore 10-mL injection moulding
103 machine. The injection pressure was set to 12.5 bars and the temperature maintained at
104 200 °C. All materials used in this work are summarized in Table 1.

105 **Table 1.**

106 **2.3. Nanocomposites characterization**

107 **2.3.1. Thermal characterization**

108 Thermogravimetric analysis was performed to neat PLA and PLA nanocomposites
109 with a TGA Seiko Exstar 6300 (USA). Approximately 8 mg samples were heated from
110 25 °C to 700 °C at 10 °C min⁻¹ heating rate under nitrogen atmosphere (flow rate 250
111 mL min⁻¹).

112 Differential scanning calorimetry (DSC) tests were conducted for the determination
113 of glass transition temperatures (T_g) by using a DSC Mettler Toledo 822/e
114 (Schwerzenbach, Switzerland) under nitrogen atmosphere (50 mL min⁻¹). 3 mg samples
115 were introduced in aluminium pans (40 μ L) and were submitted to the following
116 thermal program: -25 °C to 250 °C at 10 °C min⁻¹, with two heating and one cooling
117 scans.

118 **2.3.2. Mechanical properties**

119 Tensile tests were used to evaluate the mechanical behaviour of neat PLA and PLA
120 binary and ternary nanocomposites by using a digital Lloyd instrument LR 30K with a
121 cross-head speed of 1 mm min⁻¹ and a load cell of 30 kN. The dog-bone-shaped

122 specimens (2 mm thick) were prepared by following the procedures indicated in UNE
123 ISO 527 Standard. Elongation at break (ϵ_b), tensile strength (σ_b) and elastic modulus
124 (E_{young}) were calculated from the resulting stress-strain curves for all samples according
125 to ASTM D882-09 Standard procedure [29]. Tests were carried out at room temperature
126 and all values reported are the average of five measurements.

127 **2.3.3. Field emission scanning electron microscopy (FESEM)**

128 The surface of neat PLA and PLA nanocomposites and the cross section of
129 PLA/Ag/T6 and PLA/Ag/T8 ternary formulations were analysed by field emission
130 scanning electron microscopy (FESEM, Supra 25-Zeiss, Jena, Germany) to study their
131 homogeneity and influence of thymol and Ag-NPs on the PLA morphology. Samples
132 were coated with a gold layer prior to analysis in order to increase their electrical
133 conductivity.

134 **2.4. Disintegrability in composting conditions**

135 Disintegration tests in composting conditions were performed by following the ISO
136 20200 Standard method using commercial compost with certain amount of sawdust,
137 rabbit food, starch, oil and urea [30]. Tested samples were obtained from the previously
138 prepared dog-bone bars, which were cut in pieces ($15 \times 5 \times 2 \text{ mm}^3$), buried at 5 cm
139 depth in perforated boxes and incubated at 58 °C. The aerobic conditions were
140 guaranteed by mixing the compost softly and by the periodical addition of water
141 according to the standard requirements.

142 Different disintegration times were selected to recover samples from their burial and
143 further tested: 0, 7, 14, 21, 28, 35 and 57 days. Samples were immediately washed with
144 distilled water to remove traces of compost extracted from the container and further
145 dried at 37 °C for 24 h before gravimetric analysis. The disintegrability value for each

146 material at different times was obtained by normalizing the sample weight with the
147 value obtained at the initial time.

148 The evolution of thermal properties upon disintegrability tests was studied by DSC
149 from -25 to 250 °C, at 10 °C min⁻¹; and the morphological changes in the surface at 0
150 and 14 days of the incubation test was studied by FESEM. Fourier infrared spectra
151 (Jasco FT-IR 615, USA) were recorded in the 400-4000 cm⁻¹ range, in attenuated total
152 reflection (ATR) mode. Finally, photographs of the samples were taken for visual
153 evaluation.

154

155 **3. Results and discussion**

156 **3.1. Nanocomposites thermal properties**

157 The effect of the addition of thymol and Ag-NPs in the thermal stability of PLA-
158 based nanocomposites was studied by TGA under nitrogen atmosphere. The weight loss
159 (TG) and derivative DTG curves of binary and ternary systems are reported in Fig 1(a)
160 and Fig 1(b), respectively. Table 2 shows the thermal parameters obtained from this
161 study: initial degradation temperature (T_{ini}), determined at 5% weight loss, and
162 maximum degradation temperature (T_{max}). All materials showed a main peak associated
163 to the PLA thermal degradation between 330 and 360 °C, as previously reported [31-
164 33]. A slight reduction in T_{max} value was observed by the addition of Ag-NPs. On the
165 other hand, a significant reduction in T_{ini} values was observed suggesting some loss in
166 the PLA thermal stability. Meanwhile, thermograms of the PLA-thymol
167 nanocomposites showed a first degradation step around 120 °C, which could be related
168 to the thymol degradation [11]. In summary, TGA results showed that besides the
169 thermal stability of these nanocomposites was slightly reduced by the addition of

170 thymol and Ag-NPs, these formulations could be processed at the same temperature
171 region (up to 200 °C) than neat PLA without risking thermal degradation.

172 **Fig. 1.**

173 **Table 2**

174 DSC thermograms obtained for all samples and heating and cooling scans after
175 processing are shown in Fig. 2. Since PLA used in this study is mostly amorphous, a
176 clear glass transition temperature (T_g) for all samples could be determined (Table 2).
177 Since this parameter is dependent upon the polymer structural arrangement and
178 corresponds to the torsion oscillation of the carbon backbone [34], it was expectable
179 that the addition of thymol could lead to some reduction in T_g , as observed in Table 2.
180 In fact, binary and ternary systems with thymol showed a decrease in more than 10 °C
181 on T_g values. This reduction is due to the plasticizing effect of thymol in polymer
182 matrices [11], increasing the molecular mobility in the polymer structure. A similar
183 behaviour was reported for the addition of other antioxidants to PLA with a remarkable
184 reduction on T_g values [31, 35-36]. DSC results also showed that the addition of Ag-
185 NPs had no relevant effect on the PLA T_g values, in agreement with previous studies
186 [37]. On the other hand, parameters related to PLA nanocomposites crystallization or
187 melting were not observed due to the amorphous structure of the polymer used in this
188 study. No effects on polymer crystallization were noticeable after the addition of thymol
189 and Ag-NPs.

190 **Fig. 2**

191 **3.2. Nanocomposites morphology**

192 Fig. 3 shows FESEM micrographs of neat PLA and PLA nanocomposites surfaces
193 after processing and before the disintegration test in composting conditions.
194 Homogeneous surface morphologies were observed for all materials, with no apparent
195 effects of the thymol and Ag-NPs addition to the PLA matrix. FESEM micrographs
196 were also taken to cross-section of ternary systems to evaluate the incorporation to the
197 polymer matrix of both additives (Fig. 4). It was noticed that Ag-NPs were well
198 dispersed with no apparent agglomerates, which could be probably related to the
199 presence of thymol in these formulations [38].

200 **Fig. 3**

201 **Fig. 4**

202

203 **3.3. Nanocomposites mechanical behaviour**

204 The mechanical behaviour of neat PLA and nanocomposites was evaluated and
205 results are reported in Table 2. The addition of 1 wt% of Ag-NPs to PLA had no
206 significant effect on the elastic modulus, tensile strength and elongation at break values
207 as already reported by Kanmani et al. [39]. Some reduction in tensile strength values
208 was detected on PLA-thymol binary systems, being more evident for the highest content
209 (8 wt%). This effect could be due to the increase in polymer chains mobility caused by
210 the presence of thymol in these formulations [11, 40].

211 The combined action of thymol and Ag-NPs on the PLA mechanical behaviour was
212 also evaluated. A slight decrease in tensile strength and elastic modulus of the ternary
213 formulations was observed resulting in more flexible and stretchable materials. It could
214 be suggested that the presence of Ag-NPs contributed to the thymol ability to increase
215 the PLA chain mobility, which also promoted a more effective dispersion of silver

216 nanoparticles. These combined effects could be related to the presence of Van der
217 Waals interactions between the hydroxyl groups of thymol molecules and the partial
218 positive charge on the surface of the Ag-NPs which affects the mechanical response of
219 the ternary nanocomposites [3, 40-41].

220

221 **3.4. Degradation in compost**

222 **3.4.1. Visual analysis and disintegrability**

223 The visual evaluation of all samples at different degradation times was carried out
224 and results are shown in Fig. 5. Changes in samples surfaces after different times in
225 contact submitted to composting conditions were clearly appreciable. All samples
226 showed considerable modifications in colour and a general loss of transparency after 7
227 treatment days. These surface modifications were indicative of the beginning of the
228 polymer hydrolytic degradation process, which was related to the moisture absorption.
229 Fukushima et al. related the increase in the materials opacity to various simultaneous
230 phenomena, such as the formation of low molar-mass degradation by-products during
231 hydrolysis and/or the evolution in crystallinity in the polymer matrix [42]. Indeed, the
232 general increase in the polymer and nanocomposites crystallinity took place at a higher
233 rate in their amorphous zones [43]. This important crystallinity behaviour was expected
234 and it was due to the already reported mostly amorphous character of the PLA used in
235 this work and the large content in the D-LA enantiomer [44]. Further results at longer
236 testing times showed that physical degradation progressed with burial time resulting in a
237 complete loss of the initial morphology and general rupture after 35 days.

238 **Fig. 5**

239 Fig. 6(a) reports the disintegrability percentage as a function of the testing time for
240 all materials. Before 14 days, no significant differences were observed between all
241 samples with a general weight loss. However, after 14 days, those formulations
242 containing thymol increased their weight loss rate and in consequence the
243 disintegrability ratio to values higher than 30 %; while neat PLA and PLA/Ag showed
244 slower degradation rate with values (20.8 ± 0.6) % and (24.4 ± 4.0) % after 21 days,
245 respectively. These differences in disintegrability rate between those nanocomposites
246 with and without thymol in their formulations increased after 35 days (Fig. 6(b)).

247 The PLA/Ag/T8 ternary nanocomposite showed the highest disintegration rate
248 followed by PLA/Ag/T6 highlighting the high influence of thymol in the diffusion
249 process of water molecules through the polymer structure, promoting hydrolysis, due to
250 the increase in chain mobility induced by the combined presence of the additives, as
251 previously discussed. This behaviour was improved by the homogeneous dispersion of
252 thymol into the PLA matrix (as it was observed in FESEM micrographs). In addition,
253 the thymol hydroxyl groups can contribute to the heterogeneous hydrolysis of the PLA
254 matrix after absorbing water from the composting medium, resulting in noticeable
255 increase in disintegrability values for PLA nanocomposites with thymol after 14 testing
256 days. In the initial stages of the composting test, some interaction with formation of
257 hydrogen bonds between the thymol hydroxyl groups and water molecules could retain
258 the beginning of the hydrolysis process compensating the higher water diffusion rate in
259 samples with thymol. However, after 14 days a clear increase in the disintegrability rate
260 in the case of nanocomposites with thymol (binary and ternary systems) was observed
261 in comparison with PLA and PLA/Ag. A similar behaviour was already reported by
262 Sinha Ray et al., who suggested that 14 days could be considered the critical value to
263 start the heterogeneous hydrolysis processes [45]. The presence of hydroxyl groups in

264 the thymol molecules, finely dispersed in the PLA matrix, are responsible of the
265 formation of labile bonds in the PLA structure and consequently the hydrolysis under
266 these conditions should be higher by the formation of low molar mass chains [45-46].
267 This effect could be even reinforced by synergies between Ag-NPs and thymol, since
268 Ag atoms could catalyze the disintegration process [15].

269 Finally, after 57 days, it was observed that all PLA nanocomposites appeared totally
270 disintegrated fully satisfying the ISO Standard requirements for a biodegradable
271 material [30].

272 **Fig. 6**

273 3.4.2. Chemical analysis (FTIR)

274 Results obtained for PLA/Ag/T8 before and up to 21 days under composting
275 conditions were analyzed by FTIR and spectra are reported in Fig. 7. The typical
276 stretching band of the carbonyl group (-C=O) at 1750 cm^{-1} attributed to lactide and the
277 C-O- bond stretching band by the PLA -CH-O- group at 1180 cm^{-1} were identified in
278 the spectra [3]. As previously discussed, the hydrolytic degradation took place during
279 the initial phases of the composting treatment, where the high molar mass PLA chains
280 were hydrolyzed to form low molar mass oligomers with plenty of available hydroxyl
281 and carboxylic acid groups [24].

282 **Fig. 7**

283 FTIR spectra after 21 degradation days showed a considerable decrease in the
284 intensity of the peaks related to the carbonyl group (-C=O) from lactide at 1750 cm^{-1}
285 and the simultaneous appearance of a typical IR absorption, next to this band,
286 corresponding to carbonyl groups of carboxylic acids formed by the hydrolytic scission

287 of the ester groups [47]. In addition, the band at 1230 cm^{-1} corresponding to -C-O-
288 stretching practically disappeared in the spectra of samples after 7 treatment days [15].
289 However, these results did not reveal important differences between binary and ternary
290 formulations regardless of the thymol concentration.

291 **3.4.3. Morphological analysis (FESEM)**

292 FESEM micrographs of the nanocomposites surfaces after 14 days of degradation
293 test are shown in Fig. 3. Important differences in the samples surfaces after composting
294 were obtained. Before the beginning of the burial test (day 0) all materials showed
295 smooth and neat surfaces, but after 7 days, fractures appeared; in agreement with the
296 important changes observed in the visual study. The formation of fractures and surface
297 holes for all samples was clearly indicative of the beginning of the hydrolytic
298 degradation process [42]. After 14 testing days, those formulations with thymol showed
299 important fractures up to $2\text{ }\mu\text{m}$ in width (Fig. 3). It was observed that, in general terms,
300 higher amounts of thymol resulted in more degraded materials submitted to composting
301 conditions. This effect was particularly relevant for ternary nanocomposites. In fact,
302 binary and ternary formulations containing 8 wt% of thymol (PLA/T8 and PLA/Ag/T8),
303 showed highly irregular surfaces with holes. This observation could be related to the
304 higher amount of thymol and the consequent ability to produce higher hydrolysis rates
305 with formation and release of low molecular weight compounds, such as simple
306 alcohols and/or CO_2 . This transformation could be also related to the action of
307 microorganisms, which are able to convert these low molecular weight structures into
308 CO_2 and water [24].

309 **3.4.4. Thermal analysis (DSC)**

310 Fig. 8 shows the DSC thermograms obtained during the first heating scan for all
311 formulations as a function of the composting time. It was observed that all
312 nanocomposites were amorphous before the disintegration test, as expected from the
313 amorphous characteristics of the PLA used in this study. In these thermograms,
314 endothermic peaks corresponding to the enthalpic relaxation process were observed in
315 all materials just after T_g . These peaks are indicative of the aging of the PLA before the
316 beginning of the test, as it was reported in previous works [33-34]. However, the
317 initially amorphous samples developed multiple endothermic peaks just after the
318 seventh testing day. This observation was related to the formation of different
319 crystalline structures with different perfection degrees in the PLA matrix during
320 degradation, which was promoted by the hydrolysis process resulting in important
321 changes in the materials crystallinity. Similar results were already reported by other
322 authors, who suggested that the appearance of multiple melting peaks could be related
323 to the formation of different crystal structures due to the polymer chains scission
324 produced during the degradation process [15, 24, 44].

325 **Fig. 8**

326 DSC thermograms recorded during the second heating scan (data not shown) did not
327 reveal crystallization and melting peaks, as it was expected. However, it was observed
328 that the T_g values, calculated from the second heating scan, decreased with the testing
329 time, upon 21 days of study (Fig. 9). This behaviour could be associated with the
330 increase in the mobility of the polymer chains as a consequence of the hydrolytic
331 process [33]. These new chains formed by lactic acid oligomers with low molar mass
332 produced a plasticizing effect [44-46]. Nanocomposites with thymol showed a clear
333 decrease in T_g between 7 and 14 testing days, suggesting that the formation of lactic

334 acid oligomers and the addition of thymol would increase the above-referred
335 plasticizing effect.

336 **Fig. 9**

337

338 **4. Conclusions**

339 Nanocomposites based on PLA, thymol and silver nanoparticles were developed and
340 fully characterized. The biodegradation properties under composting conditions were
341 also evaluated. The combination of the two additives influenced some of the matrix
342 properties, particularly thermal degradation. DSC results showed that the addition of
343 thymol resulted in a decrease in the glass transition temperature (T_g) of PLA, favouring
344 the plasticization of the polymer matrix. Slight modifications in tensile properties of
345 dog-bone bars obtained from all nanocomposites, especially in the elastic modulus
346 values, were attributed to the addition of both additives. FESEM micrographs showed
347 good distribution of the active additives through the PLA matrix, with homogenous
348 surfaces and highlighting the presence of silver nanoparticles successfully embedded
349 into the polymer matrix.

350 The degradation study of all nanocomposites in composting conditions showed that
351 the inherent biodegradable character of PLA was improved by the addition of thymol
352 and Ag-NPs, getting a faster degradation rate and meeting the biodegradation legal
353 requirements. These results suggest the potential of these nanocomposites as
354 environmentally-friendly active food packaging systems with an intrinsic biodegradable
355 nature.

356

357 **Acknowledgements**

358 Authors would like to thank Spanish Ministry of Economy and Competitiveness for
359 financial support (MAT-2011-28468-C02-01). Moreover, Marina Ramos would like to
360 thank University of Alicante (Spain) for UAFPU2011-48539721S predoctoral research
361 grant.

362

363 **References**

- 364 [1] Alix S, Mahieu A, Terrie C, Soulestin J, Gerault E, Feuilleley MGJ, et al. Active pseudo-multilayered
365 films from polycaprolactone and starch based matrix for food-packaging applications. *Eur Polym J.*
366 2013;49:1234-42.
- 367 [2] Urayama H, Kanamori T, Kimura Y. Properties and Biodegradability of Polymer Blends of Poly(L-
368 lactide)s with Different Optical Purity of the Lactate Units. *Macromol Mater Eng.* 2002;287:116-
369 21.
- 370 [3] Kamyar Shamel MB, Wan Md Zin Wan Yunus, Nor Azowa Ibrahim, Russly Abdul Rahman,
371 Maryam Jokar, Majid Darroudi. Silver/poly (lactic acid) nanocomposites: preparation,
372 characterization, and antibacterial activity. *Int J Nanomed.* 2010;5:573-9.
- 373 [4] Vermeiren L, Devlieghere F, Van Beest M, De Kruijf N, Debevere J. Developments in the active
374 packaging of foods. *Trends Food Sci Tech.* 1999;10:77-86.
- 375 [5] Bakkali F, Averbeck S, Averbeck D, Idaomar M. Biological effects of essential oils - A review. *Food*
376 *Chem Toxicol.* 2008;46:446-75.
- 377 [6] Charles F, Sanchez J, Gontard N. Absorption kinetics of oxygen and carbon dioxide scavengers as
378 part of active modified atmosphere packaging. *J Food Eng.* 2006;72:1-7.
- 379 [7] Rooney ML. Active packaging in polymer films. In: Rooney ML, editor. *Active Food Packaging:*
380 *Springer US;* 1995. p. 74-110.
- 381 [8] Unalan IU, Arcan I, Korel F, Yemenicioglu A. Application of active zein-based films with controlled
382 release properties to control *Listeria monocytogenes* growth and lipid oxidation in fresh Kashar
383 cheese. *Innov Food Sci Emerg.* 2013 <http://dx.doi.org/10.1016/j.ifset.2013.08.004>.

- 384 [9] Camo J, Beltrán JA, Roncalés P. Extension of the display life of lamb with an antioxidant active
385 packaging. *Meat Sci.* 2008;80:1086-91.
- 386 [10] Al-Bandak G, Oreopoulou V. Antioxidant properties and composition of *Majorana syriaca* extracts.
387 *Eur J Lipid Sci Tech.* 2007;109:247-55.
- 388 [11] Ramos M, Jiménez A, Peltzer M, Garrigós MC. Characterization and antimicrobial activity studies
389 of polypropylene films with carvacrol and thymol for active packaging. *J Food Eng.* 2012;109:513-
390 9.
- 391 [12] Park H-Y, Kim S-J, Kim KM, You Y-S, Kim SY, Han J. Development of Antioxidant Packaging
392 Material by Applying Corn-Zein to LLDPE Film in Combination with Phenolic Compounds. *J*
393 *Food Sci.* 2012;77:E273-E9.
- 394 [13] Gutierrez L, Batlle R, Sanchez C, Nerin C. New approach to study the mechanism of antimicrobial
395 protection of an active packaging. *Foodborne Pathog Dis.* 2010;7:1063-9.
- 396 [14] Sung S-Y, Sin LT, Tee T-T, Bee S-T, Rahmat AR, Rahman WAWA, et al. Antimicrobial agents for
397 food packaging applications. *Trends Food Sci Tech.* 2013;33:110-23.
- 398 [15] Fortunati E, Armentano I, Iannoni A, Barbale M, Zaccaro S, Scavone M, et al. New multifunctional
399 poly(lactide acid) composites: Mechanical, antibacterial, and degradation properties. *J Appl Polym*
400 *Sci.* 2012;124:87-98.
- 401 [16] Busolo MA, Fernandez P, Ocio MJ, Lagaron JM. Novel silver-based nanoclay as an antimicrobial in
402 polylactic acid food packaging coatings. *Food Addit Contam A.* 2010;27:1617-26.
- 403 [17] Cushen M, Kerry J, Morris M, Cruz-Romero M, Cummins E. Migration and exposure assessment of
404 silver from a PVC nanocomposite. *Food Chem.* 2013;139:389-97.
- 405 [18] Kumar R, Münstedt H. Silver ion release from antimicrobial polyamide/silver composites.
406 *Biomaterials.* 2005;26:2081-8.
- 407 [19] Martínez-Abad A, Ocio MJ, Lagarón JM, Sánchez G. Evaluation of silver-infused polylactide films
408 for inactivation of *Salmonella* and feline calicivirus in vitro and on fresh-cut vegetables. *Int J Food*
409 *Microbiol.* 2013;162:89-94.
- 410 [20] Fortunati E, Peltzer M, Armentano I, Jiménez A, Kenny JM. Combined effects of cellulose
411 nanocrystals and silver nanoparticles on the barrier and migration properties of PLA nano-
412 biocomposites. *J Food Eng.* 2013;118:117-24.

- 413 [21] Russias J, Saiz E, Nalla RK, Gryn K, Ritchie RO, Tomsia AP. Fabrication and mechanical properties
414 of PLA/HA composites : A study of in vitro degradation. *Mat Sci Eng C*. 2006;26:1289–95.
- 415 [22] Rinaldi S, Fortunati E, Taddei M, Kenny JM, Armentano I, Latterini L. Integrated PLGA–Ag
416 nanocomposite systems to control the degradation rate and antibacterial properties. *J Appl Polym
417 Sci*. 2013;130:1185-93.
- 418 [23] Bitinis N, Fortunati E, Verdejo R, Bras J, Kenny JM, Torre L, et al. Poly(lactic acid)/natural
419 rubber/cellulose nanocrystal bionanocomposites. Part II: Properties evaluation. *Carbohydr Polym*.
420 2013;96:621-7.
- 421 [24] Fukushima K, Abbate C, Tabuani D, Gennari M, Camino G. Biodegradation of poly(lactic acid) and
422 its nanocomposites. *Polym Degrad Stabil*. 2009;94:1646-55.
- 423 [25] Armentano I, Bitinis N, Fortunati E, Mattioli S, Rescignano N, Verdejo R, et al. Multifunctional
424 nanostructured PLA materials for packaging and tissue engineering. *Prog Polym Sci*. 2013;38:1720-
425 47.
- 426 [26] Jeon HJ, Kim MN. Biodegradation of poly(l-lactide) (PLA) exposed to UV irradiation by a
427 mesophilic bacterium. *Int Biodeter Biodegr*. 2013;85:289-93.
- 428 [27] Sangwan P, Wu DY. New Insights into Polylactide Biodegradation from Molecular Ecological
429 Techniques. *Macromol Biosci*. 2008;8:304-15.
- 430 [28] Fortunati E, Armentano I, Iannoni A, Kenny JM. Development and thermal behaviour of ternary
431 PLA matrix composites. *Polym Degrad Stabil*. 2010;95:2200-6.
- 432 [29] ASTM. D 882 - 09. Standard test method for tensile properties of thin plastic sheeting In: Annual
433 book of ASTM standards Amer Soc for Testing & Materials, Philadelphia, PA2009.
- 434 [30] UNE-EN. ISO 20200:2006. Plastics - Determination of the degree of disintegration of plastic
435 materials under simulated composting conditions in a laboratory-scale test (ISO 20200:2004). 2006.
- 436 [31] Hwang SW, Shim JK, Selke SEM, Soto-Valdez H, Matuana L, Rubino M, et al. Poly(L-lactic acid)
437 with added α -tocopherol and resveratrol: optical, physical, thermal and mechanical properties.
438 *Polym Int*. 2012;61:418-25.
- 439 [32] Martino VP, Jiménez A, Ruseckaite RA, Avérous L. Structure and properties of clay nano-
440 biocomposites based on poly(lactic acid) plasticized with polyadipates. *Polym Adv Technol*.
441 2010;22:2206-13.

- 442 [33] Burgos N, Martino VP, Jiménez A. Characterization and ageing study of poly(lactic acid) films
443 plasticized with oligomeric lactic acid. *Polym Degrad Stabil.* 2013;98:651-8.
- 444 [34] Hughes J, Thomas R, Byun Y, Whiteside S. Improved flexibility of thermally stable poly-lactic acid
445 (PLA). *Carbohydr Polym.* 2012;88:165-72.
- 446 [35] Byun Y, Kim YT, Whiteside S. Characterization of an antioxidant polylactic acid (PLA) film
447 prepared with α -tocopherol, BHT and polyethylene glycol using film cast extruder. *J Food Eng.*
448 2010;100:239-44.
- 449 [36] Arrieta MP, López J, Ferrándiz S, Peltzer MA. Characterization of PLA-limonene blends for food
450 packaging applications. *Polym Test.* 2013;32:760-8.
- 451 [37] Fortunati E, Armentano I, Zhou Q, Iannoni A, Saino E, Visai L, et al. Multifunctional
452 bionanocomposite films of poly(lactic acid), cellulose nanocrystals and silver nanoparticles.
453 *Carbohydr Polym.* 2012;87:1596-605.
- 454 [38] Fortunati E, Armentano I, Zhou Q, Puglia D, Terenzi A, Berglund LA, et al. Microstructure and
455 nonisothermal cold crystallization of PLA composites based on silver nanoparticles and
456 nanocrystalline cellulose. *Polym Degrad Stabil.* 2012;97:2027-36.
- 457 [39] Kanmani P, Rhim J-W. Physical, mechanical and antimicrobial properties of gelatin based active
458 nanocomposite films containing AgNPs and nanoclay. *Food Hydrocolloid.* 2014;35:644-52.
- 459 [40] Fabra MJ, Talens P, Chiralt A. Tensile properties and water vapor permeability of sodium caseinate
460 films containing oleic acid-beeswax mixtures. *J Food Eng.* 2008;85:393-400.
- 461 [41] Aguirre A, Borneo R, León AE. Antimicrobial, mechanical and barrier properties of triticale protein
462 films incorporated with oregano essential oil. *Food Biosci.* 2013;1:2-9.
- 463 [42] Fukushima K, Tabuani D, Arena M, Gennari M, Camino G. Effect of clay type and loading on
464 thermal, mechanical properties and biodegradation of poly(lactic acid) nanocomposites. *React*
465 *Funct Polym.* 2013;73:540-9.
- 466 [43] Paul MA, Delcourt C, Alexandre M, Degée P, Monteverde F, Dubois P. Polylactide/montmorillonite
467 nanocomposites: study of the hydrolytic degradation. *Polym Degrad Stabil.* 2005;87:535-42.
- 468 [44] Gorrasi G, Pantani R. Effect of PLA grades and morphologies on hydrolytic degradation at
469 composting temperature: Assessment of structural modification and kinetic parameters. *Polym*
470 *Degrad Stabil.* 2013;98:1006-14.

- 471 [45] Sinha Ray S, Yamada K, Okamoto M, Ueda K. New polylactide-layered silicate nanocomposites. 2.
472 Concurrent improvements of material properties, biodegradability and melt rheology. *Polymer*.
473 2003;44:857-66.
- 474 [46] Proikakis CS, Mamouzelos NJ, Tarantili PA, Andreopoulos AG. Swelling and hydrolytic
475 degradation of poly(d,l-lactic acid) in aqueous solutions. *Polym Degrad Stabil*. 2006;91:614-9.
- 476 [47] Fukushima K, Feijoo JL, Yang M-C. Abiotic degradation of poly(dl-lactide), poly(ϵ -caprolactone)
477 and their blends. *Polym Degrad Stabil*. 2012;97:2347-55.
- 478
- 479

480 **Figure Captions.**

481 **Fig. 1.** TG (a) and DTG (b) curves of neat PLA and binary and ternary systems with
482 Ag-NPs and thymol.

483 **Fig. 2.** DSC thermograms for PLA, PLA/Ag, PLA/T8 and PLA/Ag/T8 for the first
484 heating and cooling scans (a) and the second heating scan (b).

485 **Fig. 3.** FESEM micrographs of the surface of nanocomposites before (0 days) and after
486 14 days of disintegration in compost at 58 °C (500x) and after 14 days with higher zoom
487 (10.00 kx).

488 **Fig. 4.** Cross section micrographs of PLA/Ag/T6 and PLA/Ag/T8 after processing.

489 **Fig. 5.** PLA and PLA nanocomposites before (0 days) and after different times under
490 composting conditions at 58°C.

491 **Fig. 6.** Disintegrability (%) of PLA and PLA nanocomposites before (0 days) and after
492 different times in compost at 58 °C. The line at 90 % represents the goal of
493 disintegrability test as required by the ISO 20200 Standard.

494 **Fig. 7.** FTIR spectra of PLA/Ag/T8 before (0 days) and after different times under
495 composting conditions.

496 **Fig. 8.** DSC thermograms obtained for all materials before (0 days) and after different
497 times under composting conditions at 58 °C during the first heating scan (10 °C min⁻¹).

498 **Fig. 9.** T_g values for all materials before (0 days) and after 21 days of disintegration
499 under composting conditions at 58 °C during the second heating scan.

500

501 **Table 1.** PLA nanocomposites formulated in this study.
502

Materials	PLA (wt%)	Ag-NPs (wt%)	Thymol (wt%)
PLA	100	-	-
PLA/Ag	99	1	-
PLA/T6	94	-	6
PLA/T8	92	-	8
PLA/Ag/T6	93	1	6
PLA/Ag/T8	91	1	8

503

504

505 **Table 2.** Thermal parameters and tensile properties of neat PLA and nanocomposites
 506 after processing.

Samples	T_g^a (°C)	T_i^b (°C)	T_{max}^b (°C)	E_{young}^c (MPa)	ϵ_b^c (%)	σ_b^c (MPa)
PLA	56 ± 3	324 ± 12	363 ± 6	3181 ± 35	3.5 ± 0.2	60.3 ± 8.0
PLA/Ag	56 ± 1	317 ± 8	357 ± 13	3000 ± 172	3.6 ± 0.2	59.7 ± 2.9
PLA/T6	50 ± 2	327 ± 15	358 ± 7	3289 ± 28	2.7 ± 0.2	52.1 ± 1.3
PLA/T8	42 ± 1	316 ± 14	353 ± 9	2930 ± 76	2.6 ± 0.3	36.4 ± 3.2
PLA/Ag/T6	44 ± 1	284 ± 9	337 ± 12	2823 ± 121	3.6 ± 0.3	36.9 ± 3.0
PLA/Ag/T8	41 ± 1	288 ± 5	336 ± 14	2547 ± 244	2.8 ± 0.2	36.3 ± 2.8

^{a, b} (n=3; m \pm SD)

^a DSC data determined from the first heating scan at 10 °C min⁻¹

^b Determined by TGA analysis at 10 °C min⁻¹ in N₂ atmosphere. Corresponding with 2nd degradation step

^c (n=5 ; m \pm SD)

507

508

ACCEPTED MANUSCRIPT

Figure 1 (a)

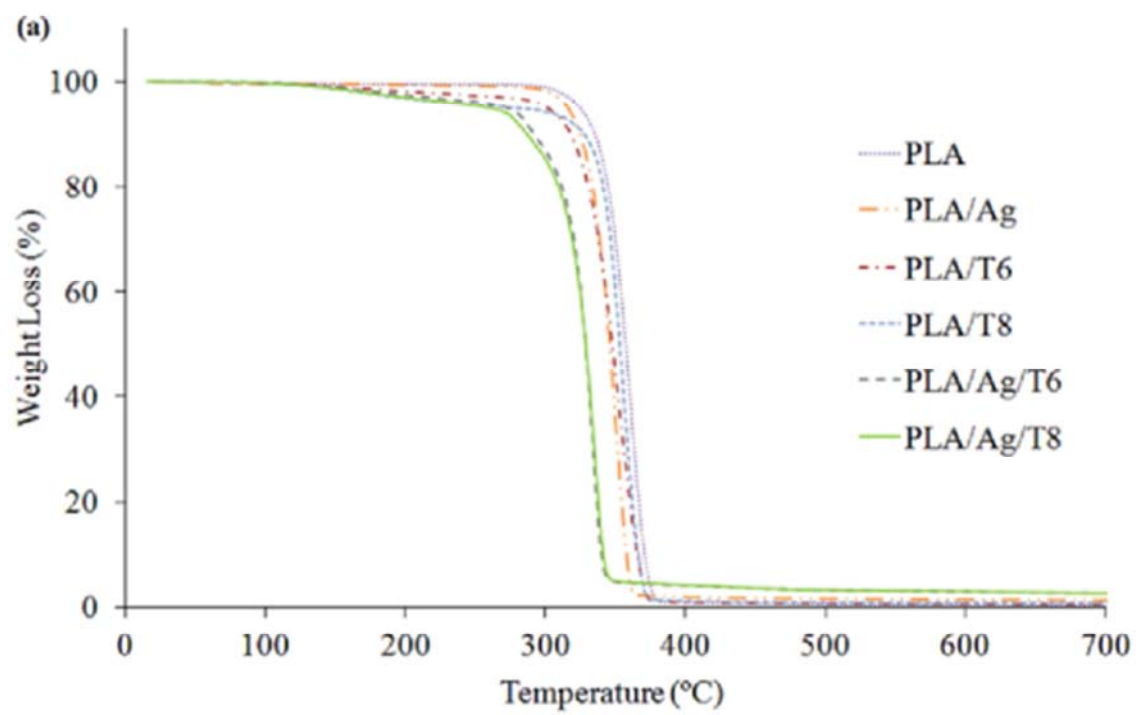


Figure 1 (b)

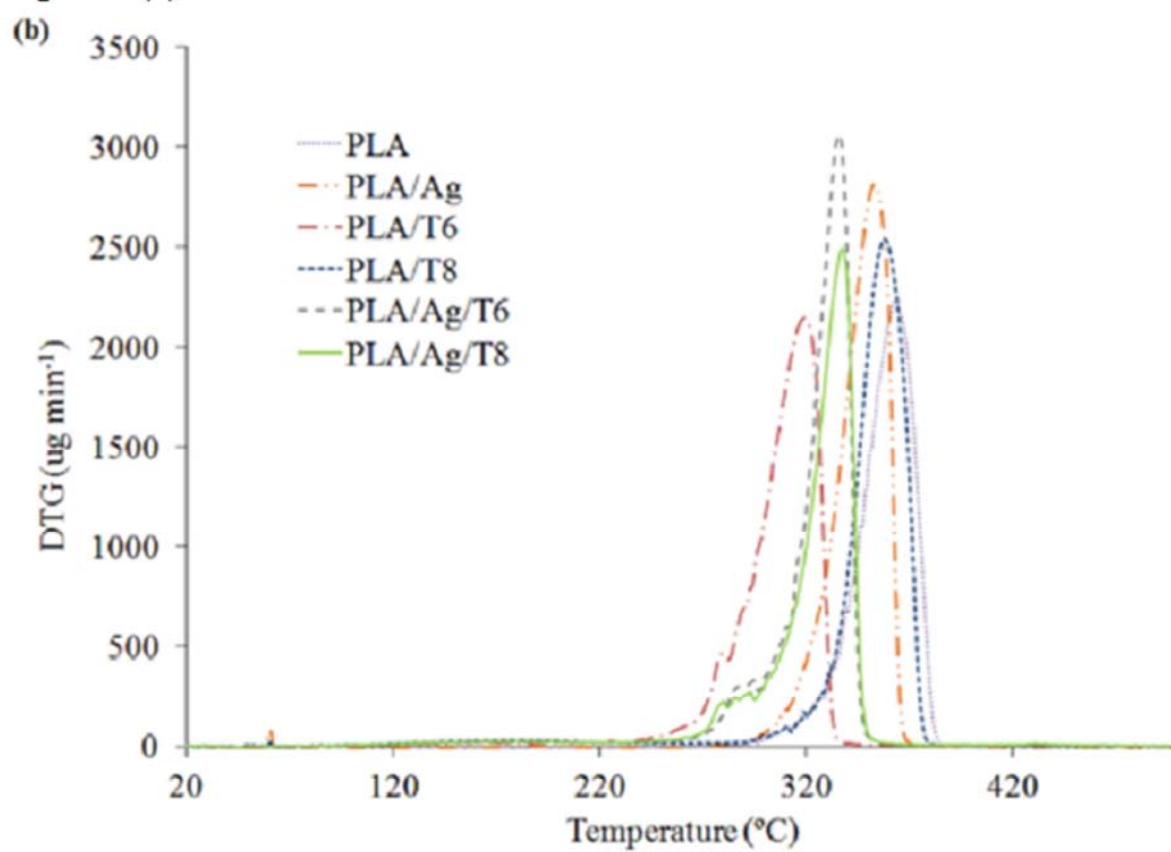


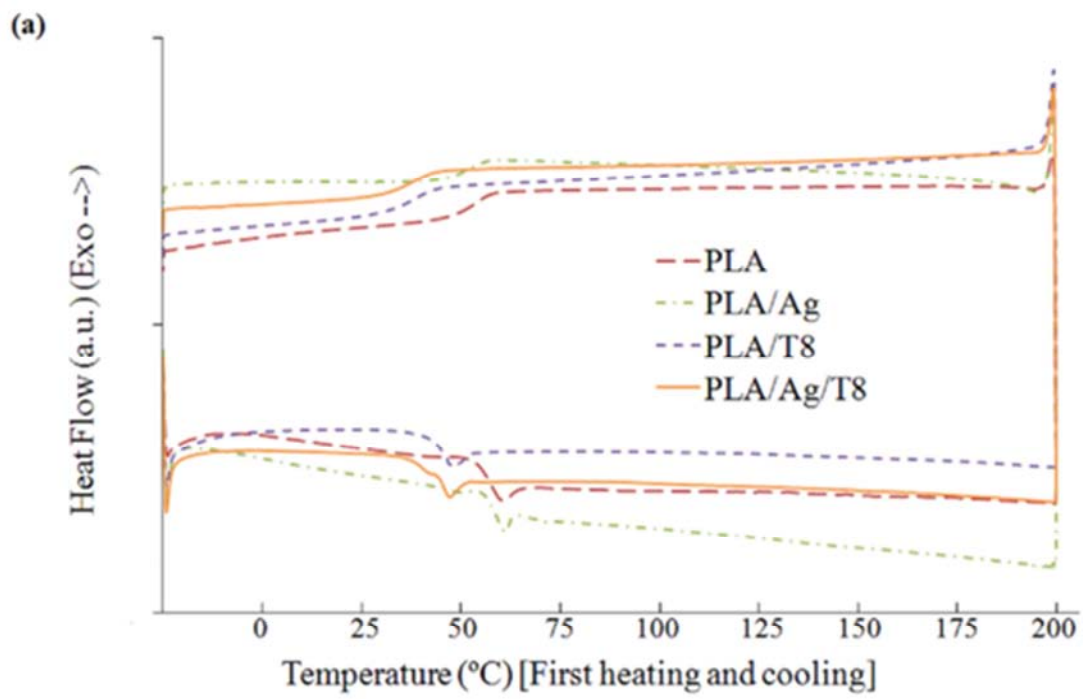
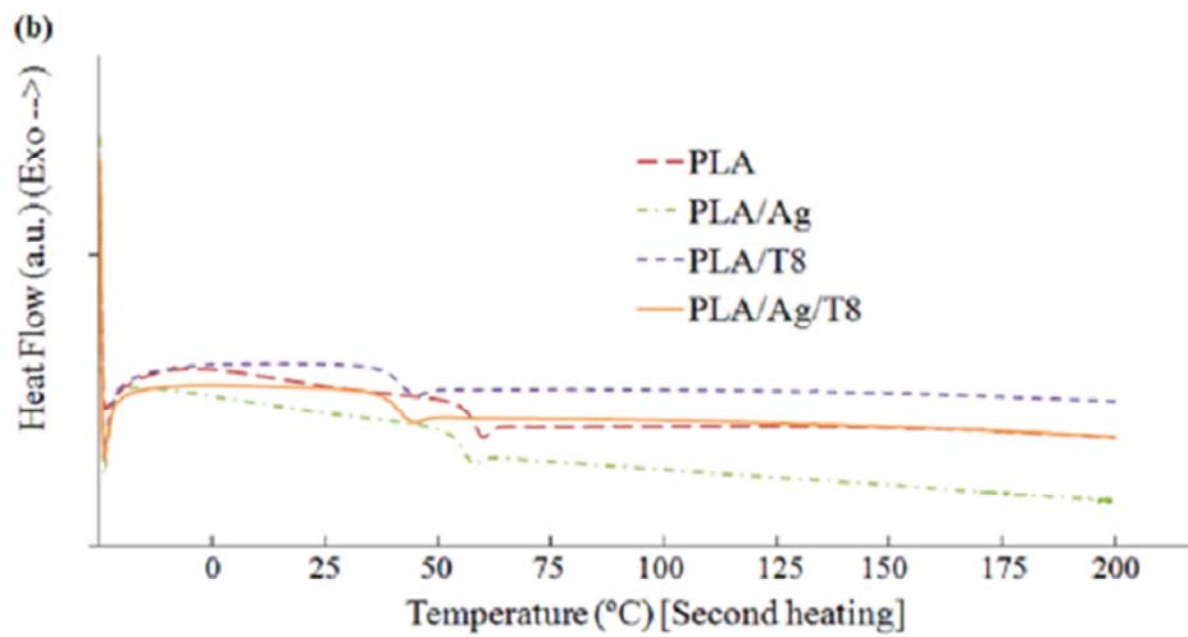
Figure 2(a)

Figure 2 (b)



Modified Figure 3

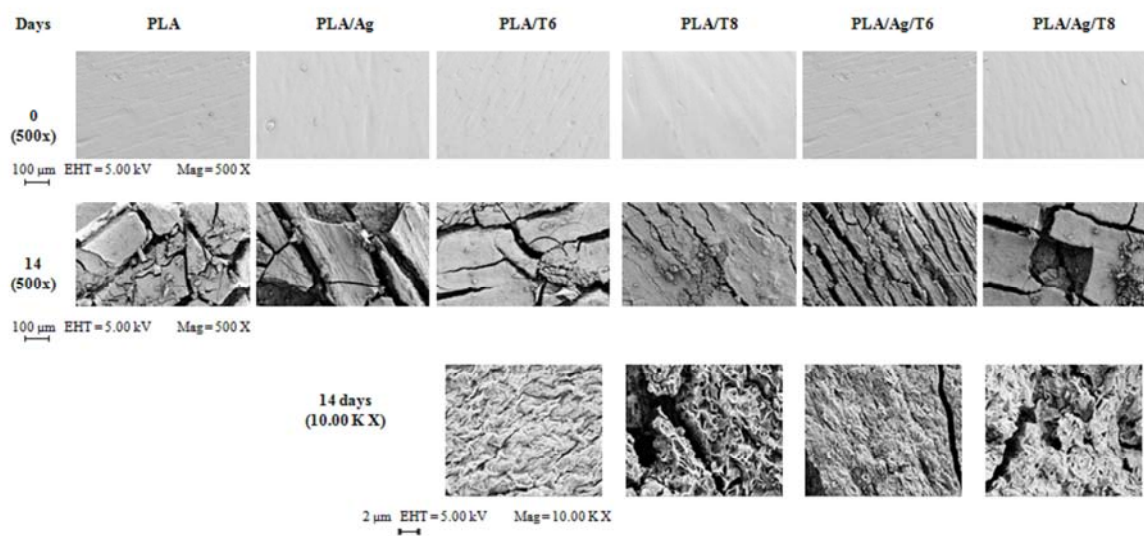
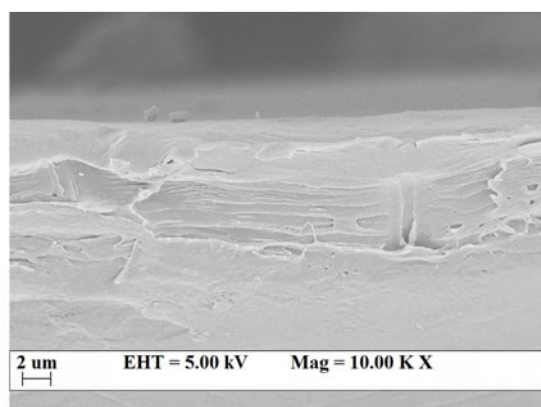
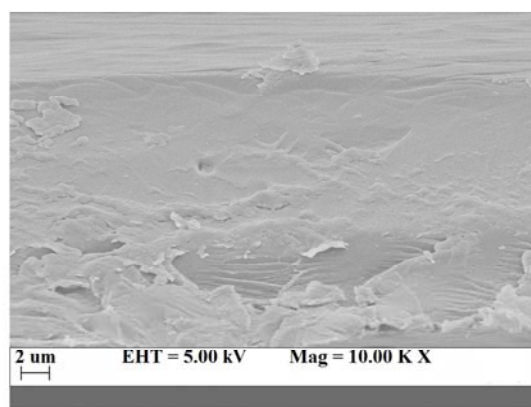


Figure 4

**PLA/Ag/T6****PLA/Ag/T8**

ACCEPTED MANUSCRIPT

Figure 5

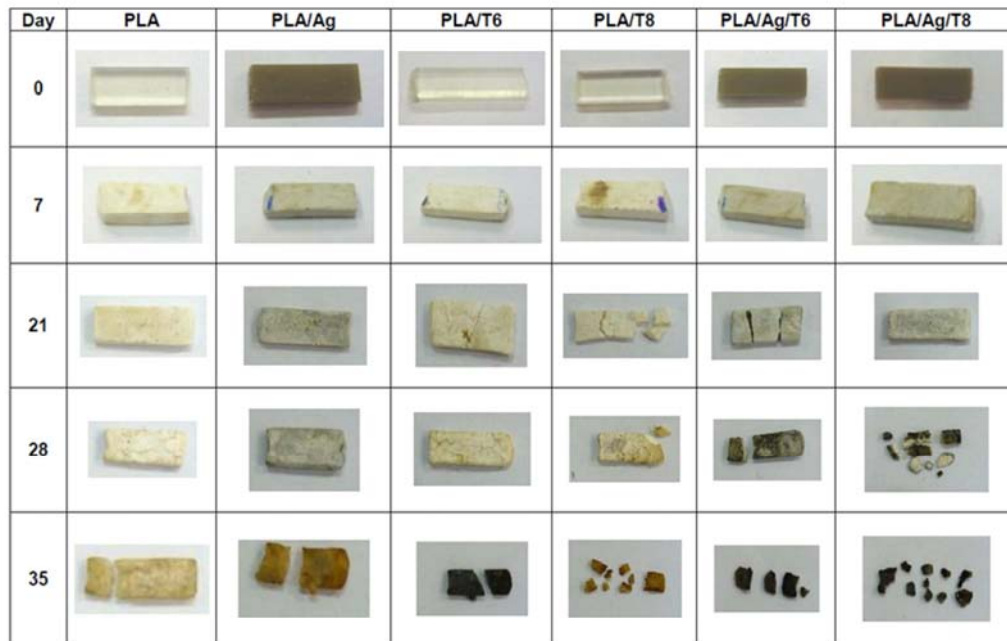
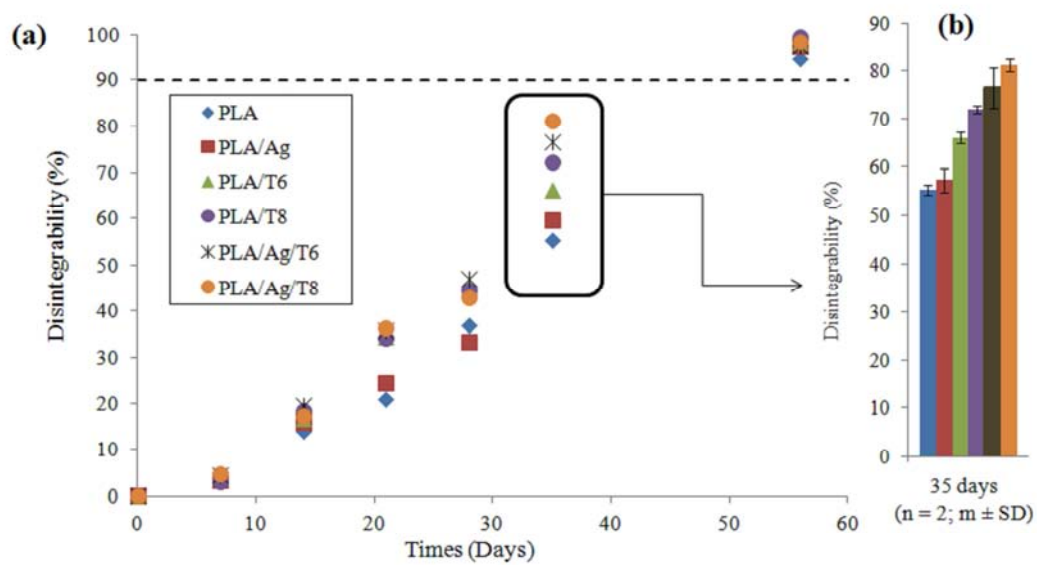
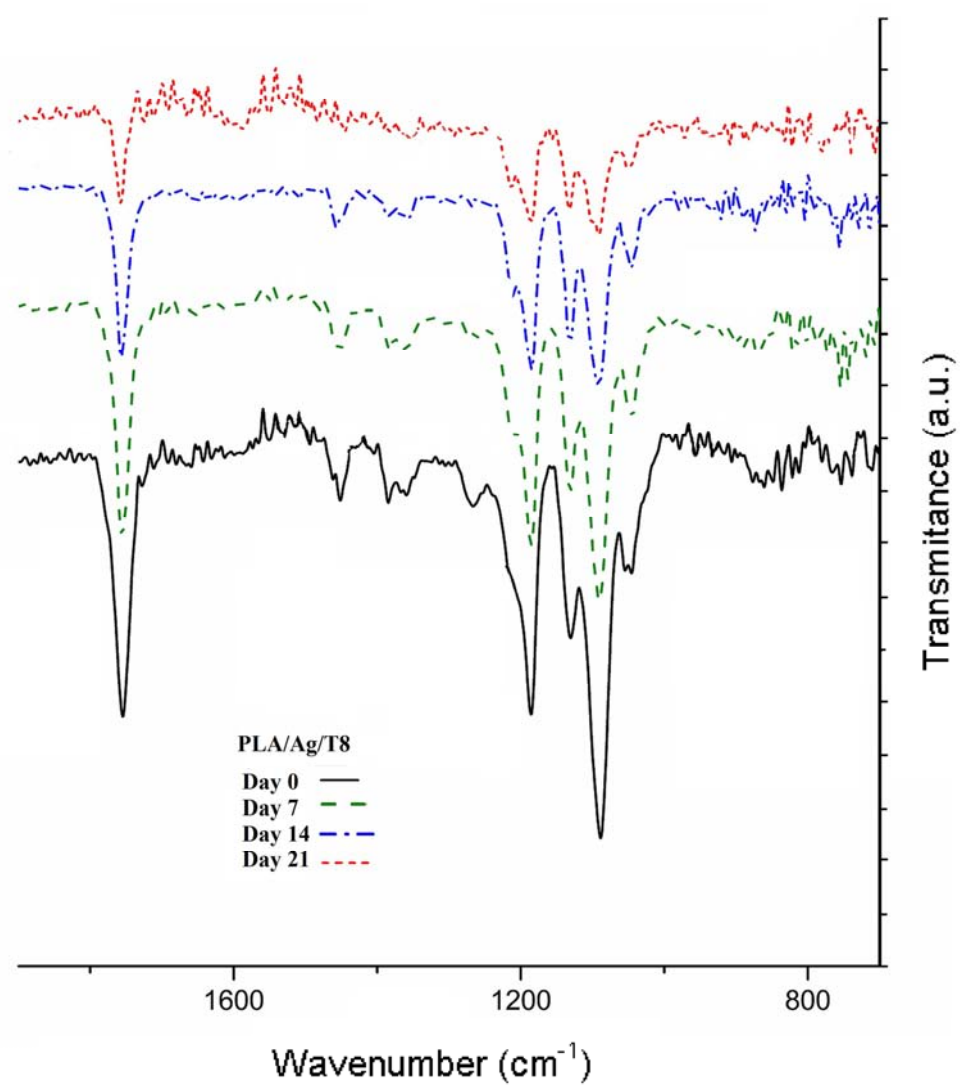


Figure 6



Modified Figure 7



Modified Figure 8

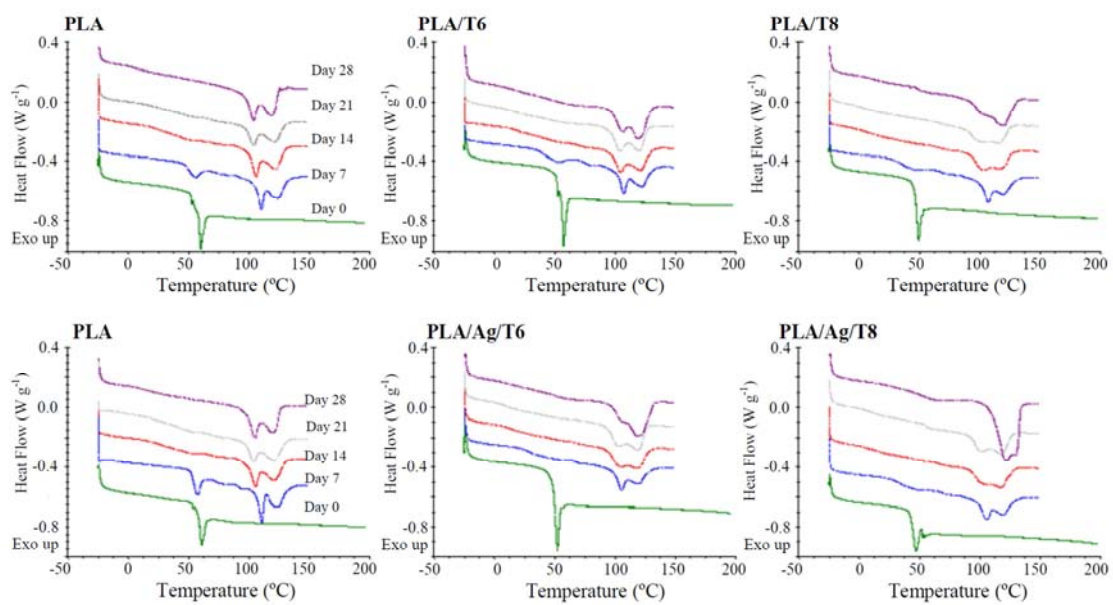


Figure 9

