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Topography of  $\pi$  -Irradiated Volumes

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Topography of  $\pi^-$ -irradiated volumes

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#### Topography of $\pi^-$ -irradiated volumes

Abstract. The charge exchange reaction  $\pi^- p \rightarrow \pi^0 n$  and the radiative capture of negative pions  $\pi^- p \rightarrow n\gamma$  can be used to control the range of  $\pi^-$  in matter like human tissue. The calculations reported in this paper demonstrate that it is possible to construct range monitors which allow the radiation therapist immediate control of the  $\pi^-$  beam setting with respect to the tumor volume. This monitoring of range can be achieved from outside the body within short times compared to irradiation times which are typical in therapy.

Calculated probability distributions are reported of  $\gamma\gamma$ coincidences from  $\pi^{\circ}$ -decay as well as neutron-gamma coincidences from radiative capture. The processes are presumed to occur within a water phantom. The momentum resolution of the beam, the detector geometry, neutron scattering within the body as well as the influence of converters on the reconstruction of the momentum directions of  $\gamma$ -quanta have been taken into account. It turns out that  $\pi^{\circ}$  decay quanta can be used for range monitoring but not for reconstruction of spatial  $\pi^{-}$  stop densities. The straight neutron-gamma correlation, too, is suitable for monitoring the range of negative pions.

#### Topographie $\pi^-$ -bestrahlter Volumina

Zusammenfassung. Die Ladungsaustauschreaktion  $\pi p \rightarrow \pi^0 n$ sowie die Strahlungseinfangreaktion  $\pi p \rightarrow n\gamma$  sind geeignet, die Reichweite von negativen Pionen z.B. in Gewebe zu überwachen. Für diese Reaktionen durchgeführte Berechnungen zeigen, daß Reichweiten-Monitore gebaut werden können, die dem Strahlentherapeuten gestatten, die tatsächliche Strahleinstellung bezüglich eines Tumorvolumens zu kontrollieren. Die Überwachung der Reichweite kann außerhalb des Körpers vorgenommen werden und in Zeiten, die kurz sind verglichen mit der Dauer von therapeutischen Bestrahlungen.

Es wird über Häufigkeitsverteilungen berichtet, wie sie für  $\gamma\gamma$ -Konzidenzen nach dem  $\pi^{\circ}$ -Zerfall und für Neutron- $\gamma$ -Koinzidenzen nach dem Strahlungseinfang jeweils in einem Wasser-Phantom erwartet werden können. Die Impulsauflösung des Strahls, die Geometrie vorgegebener Detektoren, die Streuung der Neutronen im Phantom und der Einfluß der Konverter auf die Rekonstruktion der Impulsrichtung der  $\gamma$ -Quanten sind in den Rechnungen berücksichtigt worden.

Es zeigt sich, daß die Quanten aus dem  $\pi^{O}$ -Zerfall für die Überwachung der Reichweite, nicht aber zur Rekonstruktion der räumlichen Stoppdichte-Verteilung von negativen Pionen verwendet werden können. Die Korrelation von Neutron und  $\gamma$ -Quant aus dem Strahlungseinfang am Proton kann ebenfalls zur Überwachung der Reichweite ausgenutzt werden.

#### 1. Introduction

The practical use of negative pions in radiotherapy calls for a monitor system covering the range of these particles in each individual case of irradiation. The momentum distribution of the incident pion beam determines the width of the stopping interval. Within this interval the  $\pi^-$  are captured by atomic nuclei and in most cases produce stars of strongly ionizing particles. Therefore, it is this interval within the irradiated tissue where cells get destroyed most efficiently. The range of pions in tissue and bone can in principle be calculated. However, energy degraders and different contents of chemical elements in tissue as well as density variations have to be taken into account.

Thus, at the beginning of every irradiation, one has to make sure that the region to be irradiated has been positioned correctly by the actual momentum setting of the beam. The number of methods of range observation is limited by the fact that during an irradiation procedure the tumor zone will usually not be directly accessible to monitoring. Therefore, the detectors have to be placed outside the human body or a phantom.

Most of the particles generated after pion capture are slowed down within the tissue. Only  $\gamma$ -quanta and neutrons are able to escape from the body and their intensities can be used for monitoring. The different reactions of pions leading to gamma ray emission and suited for range control were discussed some years ago (SPERINDE, TEMPLE, PEREZ-MENDEZ, MILLER and RINDI 1971). To achieve spatial resolution within the stopping interval, collimators should be used for most types of quanta, such as mesonic x-rays or nuclear  $\gamma$ -rays. In an experiment (SPERINDE, PEREZ-MENDEZ, MILLER, RINDI and RAJU, 1970), where  $\gamma$ -quanta of energies greater than about 15 MeV have been detected with a wire spark chamber after passage of a system of collimators, a spatial resolution of 6 mm has been obtained. The resolution was determined by the spacing of the lead plates in the collimator. In a second experiment (DEAN and HOLM, 1971) photons in the energy region from 100 to 200 keV have been detected with an ANGER camera. The authors have not specified the spatial resolution, that has been obtained.

For further development, scattering from the collimator system and finite penetrability of its laminae as well as energy resolution problems should be avoided as far as possible. Therefore, in the present paper, the interest has been concentrated on reactions that occur 'promptly' after the pion stops and that are spatially correlated by special decay kinematics. Such processes are initiated by the capture of negative pions in hydrogen.

π	+	р	÷	n	+	πΟ	(charge	exc	change)
			→	n	+	γ	(radiati	ive	capture)

The kinetic energy of the neutral pion from the charge exchange reaction with protons at rest is 2.89 MeV. This energy is low and a neutral pion cannot travel a long distance during its lifetime of about  $10^{-16}$  s. But its kinetic energy prevents the decay quanta from having antiparallel momenta. Therefore, the two  $\gamma$ -quanta may be used to evaluate the coordinates of the decay point from a measurement of the directions of their momenta.

Neutron and gamma-quantum originating from a radiative capture reaction have antiparallel momenta and definite energies. Therefore, they can be easily identified. However, because of their correlation angle of 180 degrees, one cannot reconstruct all coordinates of the reaction point. Nevertheless, they may be used at least for range monitoring.

In the next two sections of this paper calculations are reported on the intensity distributions from coincident events of the two reactions as a function of the detection geometry. In both cases, the sensitivities are given, that have been calculated for variations of the  $\pi^-$  range in a water phantom.

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### 2. Topography using $\pi^{O}$ -decay

If negative pions travel through hydrogeneous substances like tissue, a small fraction of them undergo a charge exchange reaction with protons. This is possible during flight as well as after deceleration and capture into molecular orbits. In the center of mass system of  $\pi^{\circ}$  the two decay quanta have opposite momenta, but in the laboratory system they include generally angles different from 180 degrees. In addition to this angular correlation in the decay of  $\pi^{0}$ , an angular distribution exists for the generation process of this particle. Its angular distribution in the laboratory system is isotropic, if  $\pi^{O}$ -particles are generated after capture of  $\pi^{-}$  in hydrogen nuclei which are constituents of molecules. But charge exchange reactions occurring during flight show energy-dependent angular distributions. The next three sections describe the facts together with the assumptions that determine the distribution of  $\gamma\gamma$ -coincidences from  $\pi^{\circ}$ -decay given in section 2.2 and the sensitivity of a monitor system given in section 2.3. These results have been discussed formerly in more details (BÜCHE 1974).

#### 2.1. Geometry of the detectors

To control the range of the negative pions using  $\pi^{O}$ -decay two position-sensitive gamma ray detectors placed opposite to each other are required. The detectors may be layers of appropriate converter material installed in front of multiwire proportional chambers. A cut through such a schematic setup along the beam is shown in fig. 1. At the entrance of the phantom, the beam may e.g. have an energy  $E_{O}$ , a momentum resolution  $\Delta p/p_{O}$ , and a range R. A definite element of the upper detector plane A is in correlation with a linear chain of detector elements in the other plane B.



Fig. 1: Schematic setup for topography using the charge exchange reaction. A and B are two parallel planes of detector elements. They are cut vertical to their surface and parallel to the incoming beam.



Fig. 2: Distribution of  $\gamma\gamma$ -coincidences K from  $\pi^{O}$ -decay. One detector element is fixed at  $y_{A}(= -y_{B}) = 15$  cm;  $z_{A} = 15$  cm. All particles  $\pi^{O}$  are generated from protons at rest and emitted isotropically from the point y = 0; z = R = 15 cm.

#### 2.2. Distribution of coincidences

It has been assumed in a first step of the calculation that charge exchange processes take place only at positions with z = R and that there is no lateral extension of the beam. Only reactions from water molecules have been considered, where protons and  $\pi^-$  are nearly at rest. The resulting distribution of coincident  $\gamma^$ events as a function of the position of the detector element within plane B is shown in fig. 2. As long as the detector element A remains fixed at  $z_A = R$ , the kinematical curve is rotationally symmetric about an axis vertical to plane B. Therefore, fig. 2 shows a cross section of this distribution with a plane containing the element A and the z-axis.

To obtain the realistic coincidence curve, fig. 2 has to be averaged over the range distribution of the  $\pi^$ beam. A zone of 2.5 g cm<sup>-2</sup> has been evaluated for a beam of  $E_o = 68$  MeV and  $\Delta p/p_o = 6\%$ . This momentum resolution produces a range uncertainty which is much greater than that due to straggling. In addition, charge exchange reactions occuring during flight have to be considered. These reactions can take place everywhere from the beginning of the water phantom until the capture region where individual pions stop. The residual energy of  $\pi^-$  as a function of their path length has been calculated by integrating the expression for the energy loss of BETHE and BLOCH. The appropriate cross sections and angular distributions of the charge exchange reaction from hydrogen has been evaluated on the basis of phase shift analysis.

The results for the distribution of  $\gamma\gamma$ -coincidences are given in fig. 3. The curve is composed of a broad continuum determined by reactions occuring during flight and a 'volcano-like' distribution produced by the charge exchange



Fig. 3: The number K of  $\gamma\gamma$ -coincidences from  $\pi^{\circ}$ -decay within a water phantom calculated from the geometry of fig. 1 and related to the number  $N_{\pi^{-}}$  of incident  $\pi^{-}$ . The  $\pi^{\circ}$  are generated during flight as well as after complete deceleration. As in fig. 2, the detector element A remains fixed at  $y_{A}(= -y_{B}) = 15$  cm,  $z_{A} = R$  and has a sensitive area of 0.5 × 0.5 cm<sup>2</sup>. Additionally, a stopping interval of 2.5 cm has been taken into account.

in the capture region. The position of this volcano-like distribution in the detector plane B is rather sensitive to the range of the beam. If the energy of the pion beam rises, the whole figure moves to greater values of  $z_B$ . Therefore, the counting rate from the detector elements situated within

the region of the greatest slope of the coincidence curve is most sensitive to variations of the position of the capture region. These detector elements within plane B may be called 'sensitive' elements. Each detector element in plane A has its proper distribution of coincidences for elements in plane B. Therefore, the detector element A together with its sensitive elements in plane B can be shifted parallel to the beam within a certain region and can be rotated around the beam axis. In this way, the detector area A can be enlarged without noticeable loss of spatial resolution.

### 2.3. Sensitivity of a range monitor using $\pi^{o}$ -decay

The sensitivity of the system to changes of range is given by the slope of the curve in fig. 3. At  $z_B = 7$  cm one deduces a sensitivity of  $\left|\frac{1}{K} \frac{dK}{dz}\right| \approx 30\%$  cm<sup>-1</sup> for one pair of detector elements A and B and a value of coincidences per  $\pi^-$  of K/N<sub> $\pi^-</sub></sub> = 0.8 \times 10^{-9\%}$ . While the element A remains fixed, the element B can be enlarged by a factor of 20 with respect to the data of fig. 3 without an essential loss of sensitivity. Independently, the element A can be moved around the beam axis over half a cylinder of radius y<sub>A</sub> and 15 cm height. These steps result in an enlargement of the solid angle by a factor of V = 1.4 × 10<sup>4</sup> compared to one pair of detector elements. A typical irradiation time for therapy will be t = 10 minutes with a beam current of N<sub> $\pi^-</sub> = 5 × 10^7 s^{-1}$ . If each  $\gamma$ -detector has an efficiency of  $\eta = 30\%$ , one obtains a number of coincidences of</sub></sub>

 $K = (K/N_{\pi}) \cdot V \cdot N_{\pi} \cdot t \cdot \eta^{2} = 3 \times 10^{4}$ 

<sup>\*)</sup> A fraction of 3.5×10<sup>-3</sup> has been included for the number of pions that undergo the charge exchange reaction (PONOMAREY, 1973).

One standard deviation of this number of events corresponds to a shift of 0.2 millimeters of the range of  $\pi$ . In other terms, one tenth of a typical irradiation time is enough to localize the stopping interval of the beam to an accuracy of one millimetre. This method, therefore, permits the stopping interval to be monitored by application of a low dose compared to the whole dose necessary for therapy.

#### 2.4. Reconstruction of points where individual $\pi$ stop

The two gamma-quanta from  $\pi^{O}$  decay do not generally have antiparallel momenta in the laboratory system. Therefore, from the measurement of their points of detection, together with the directions of their momenta, one can in principle reconstruct the point of decay of  $\pi^{0}$ . To measure the direction of momentum of the quanta, at least two positionsensitive detectors one behind the other have to be provided behind the converter. The reconstruction of the origin of the correlated quanta largely depends on the conservation of momentum direction during their conversion into electrons. Electrons arising from Compton effect and pair production and subsequent multiscattering within the converter introduce deviations from the original direction of the momentum. The following three figures illustrate the consequences of these angular deviations. In each case layers of different materials have been chosen that are equivalent with respect to the conversion of  $\gamma$ -quanta into electrons.

If the electron and positron from pair production pass the detectors at the same time, the center of their distance should be defined as the point of event. Two events within consecutive detectors define the reconstructed momentum direction. For the calculation, the angular deviation from the gamma direction of the reconstructed momentum direction has been approximated by a Gaussian distribution. Its standard deviation has been assumed to be equal to the mean angle  $\langle \theta \rangle_{pair}$  between the electron-positron pair.



Fig. 4: Distribution of electrons hitting a detector plane 2 cm behind the surfaces of  $\gamma$ -converters with an efficiency  $\eta = 0.07$ . The quanta are moving vertically onto the converter. The whole figure shows rotational symmetry around the momentum axis of the quanta. Curve 1: quanta from  $\pi^{\circ}$  decay, curve 2: quanta from radiative capture. Fig. 4 shows the relative number of electrons on a position-sensitive detector as a function of the distance from the point of vertical incidence of the  $\gamma$ -quanta. The detector is assumed to be placed 2 cm behind the surface of a converter having an efficiency of 7%. The results of the calculation are:

- (a) For gamma quanta of 67 MeV about 90% of all events deviate not more than  $\pm$  3 mm from the point of intersection of the incident  $\gamma$  direction.
- (b) The atomic number of the converter material has only very little influence on the curves. Consequently, the conversion process has only little influence on the sensitivity  $\left|\frac{1}{K} \frac{dK}{dz}\right|$  of fig. 3.

The coincident passage of one electron through two positionsensitive detectors behind the converter defines a straight line in space, along which the  $\gamma$ -quantum most probably was moving before detection. These two lines defined by coincident events intersect at the point where  $\pi^{O}$  has decayed. But in general, these lines will not always intersect because of the angular deviations previously described. The only characteristic of these two lines is their minimum distance apart. The centre of this section represents the reconstructed decay point. This point has a certain distance d from the actual origin of the two  $\gamma$  quanta. Using Monte-Carlo methods, a certain number of events has been reconstructed. Their distribution as a function of the distance d from the origin is shown in fig. 5 for an angle of 162° between the quanta and different converter materials. In spite of the narrow geometry chosen for the detector elements in coincidence, one observes a mean displacement of about 4 cm of the reconstructed from the actual event. This mean displacement increases to about 6 cm for an enlarged detector geometry of  $y = \pm 30$  cm and z = 10 cm (see fig. 6, curves 1 and 2). The displacement even increases when the correlation



Fig. 5: Distribution of reconstructed  $\pi^{\circ}$  decay points. The particles are assumed to decay at the origin of the coordinate system and their  $\gamma$ -quanta are detected according to fig. 4 behind equivalent layers of converter material. The positions of detection and the directions of momenta define two straight lines in space. These lines do not intersect generally, but the central point of their minimum distance represents the decay point. Its distance d from origin has been taken as abscissa.



Fig. 6: Distribution of distances of the reconstructed decay points from the true point as a function of the detector geometry and the angle between the two gamma quanta. For curves (1) and (2), the angle between the quanta is fixed to  $162^{\circ}$ , for curves (3) and (4) the angle is  $176^{\circ}$ . The relative probability of decay quanta showing these angles can be taken from fig. 2 (A shift of 15 cm should be taken into account for  $z_{\rm R}$ ).

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angle for the two quanta tends to 180 degrees (see fig. 6, curves 3 and 4). For therapeutic conditions, distances of events between 4 and 6 cm from the origin seem to be too large to be used in practice. Therefore, on the basis of this calculation, the spatial reconstruction of  $\pi^-$  stop density within an irradiated volume does not seem feasible.

Besides the charge exchange reaction negative pions also suffer radiative capture from protons. The relative intensities are given by the PANOFSKY ratio. If the radiative capture process occurs in pionic hydrogen within molecules, the two particles in the initial state are nearly at rest. Then neutron and  $\gamma$ -quantum in the final state are emitted with antiparallel momenta. Therefore, neutron and  $\gamma$ -quantum in coincidence can be used favourably to monitor the range of negative pions. However, a correlation within a straight line is sensitive to displacements of their origins in two vertical directions only. Complete reconstruction of all three coordinates is not possible without further new information on the process. Such information may be the direction of the momentum of the incoming  $\pi$ . However, small angle scattering during the deceleration of pions limits the spatial resolution.

#### 3.1. Geometry of the detectors

A range monitor which uses a pair of particles with antiparallel momenta requires only a very simple detector geometry with two detectors opposite to each other (fig. 7). The neutron with an energy of about 9 MeV can be detected with a plastic scintillator. Its energy can be measured using the time-of-flight methods. The gamma quanta of 129 MeV can be detected by a thick NaJ(Tl) crystal. For calculations the two detectors are positioned at points with cartesian coordinates (x, y, z) = (0,  $\pm D$ , 0) and the point source coinciding with the origin. The sensitivity of this setup to variations of range of  $\pi^-$  mainly depends on two parameters: the diameters of the detectors and the extension of the source, i.e. the stop region.



Fig. 7: Schematic geometry for range monitoring using  $\pi^-$  radiative capture from protons at rest. The beam extension is chosen axially symmetric and the stopping interval is distributed around z = 0.  $\Gamma_r$  and  $\Gamma_z$  are the standard deviations in the Gaussian distribution functions accepted for the radial extension and the stopping interval of the beam.



Fig. 8: Geometrical efficiency  $\varepsilon$  of a detector pair for neutrons and  $\gamma$ -quanta as a function of the position of the gamma detector. The parameters are the source extension and the detector size.

Fig. 8 shows the behaviour of the geometrical efficiency  $\varepsilon$ if one of the two detectors moves parallel to the z-axis. In each of the curves shown, a point source and an extended source are compared. The extension of the stop region has been approximated to a Gaussian function with a full width at half maximum  $\sqrt{2}$ In2. The same distribution function  $FWHM_{\mu} = 2$ Γ, has been chosen for the intensity within the beam cross section (x,y-plane). For a fixed source extension and for small detector diameters,  $\varepsilon$  is small, but the sensitivity  $\left|\frac{1}{\varepsilon} \frac{d\varepsilon}{dz}\right|$  is high. For large detector diameters the efficiency tends to reach that of a point source, but the sensitivity becomes low. It is obvious that detector diameters exist for which both the sensitivity and the efficiency are favourable for practical use. This statement applies to detector pairs having equal as well as unequal diameters.

#### 3.2. Scattering of neutrons within the phantom

Scattering processes of neutrons that travel through tissue or phantom material may broaden the efficiency curve and, therefore, have to be taken into account. It follows from a rough calculation that only 22% of the neutrons have not been influenced when leaving a layer of 15 cm water. In water or tissue, the overwhelming number of neutrons suffer from proton scattering. This scattering is an elastic process as long as neutrons have energies in the MeV region. Scattering from oxygen and other elements occurs also via inelastic channels and is accompanied by high energy losses which permit discrimination against the elastically scattered neutrons. Neutron-proton scattering is isotropic in the centre of mass system, but has a maximum in the forward direction in the laboratory system. These neutrons have lost only small amounts of energy compared to inelastic scattering from oxygen. A possible background count rate is then



Fig. 9: Relative number of coincidences as a function of the position of the neutron detector calculated using Monte-Carlo methods. Neutron scattering from hydrogen within the water phantom has been taken into account.

Fig. 9 illustrates the influence of neutron scattering. Only scattering from protons within 15 cm of water has been calculated. Reduction of coincidences to 36% of the value for an extended source, but no broadening of the curve is noticed. Therefore, the contribution of scattered neutrons, which show a smooth and very broad peak, does not substantially reduce the sensitivity.

The following two figures 10a and 10b illustrate the influence of different detector dimensions and source distributions on the coincidence curve including n-scattering. On the basis of fig. 8 a radius R = 5.5 cm for both the  $\gamma$  and neutron counters together with fixed D = 100 cm has been chosen as 'reference geometry'. Starting from this reference geometry (solid lines), fig. 10a shows the effect of unequal diameters for the solid angles with nearly no loss of sensitivity  $\left|\frac{1}{K} \frac{dK}{dz}\right|$ .

Fig. 10 b shows the influence from different source intensity distributions. The neutron detector may remain at a fixed displacement of about 5.5 cm in order to have maximum sensitivity in the reference geometry. Then the deformation of the coincidence curve going from a Gaussian distributed  $\pi^-$ -stop region to a homogeneously distributed region is only of minor importance. But a homogeneously distributed cylindrical source of 10 cm diameter and 10 cm length lowers the sensitivity remarkably, even for detector distances as large as D = 1 m. Therefore, the reference geometry will be sensitive at least for dimensions of irradiated volume 5 cm in diameter and 5 cm in length.



- Fig. 10: Relative number of coincidences as a function of the position of the neutron detector calculated by means of Monte-Carlo methods.
  - a: source distribution fixed, different detector sizes;
  - b: detector size fixed, different source distributions. Γ is the standard deviation of a Gaussian distribution, H is the width of a homogeneous distribution.

Neutron scattering has been taken into account.

The 'detector element' of a range monitor is the combination of one y-detector and two neutron detectors that remain fixed in space on a certain radius D around the irradiated volume. The position of each neutron detector corresponds to one of the two points of greatest slope of the coincidence curve (see fig. 9, for example). If the stop region of pions has been positioned correctly, both detectors deliver the same number of coincidences with the  $\gamma$ -detector. If this is not the case, the difference of counts is a measure of the imperfectness of stop region positioning. The sensitivity of a typical range monitor element according to fig. 10 is about 23% cm<sup>-1</sup> and the relative number of coincidences  $K_{nv}$ per  $\gamma$ -quantum N<sub> $\gamma$ </sub> detected is K<sub>n $\gamma$ </sub>/N<sub> $\gamma$ </sub>  $\approx$  0.14. The relative solid angle for the  $\gamma$ -detector is 7.56 × 10<sup>-4</sup>. Some ten or twenty elements can be positioned side by side around the phantom. In water, about 2.3  $\times$  10<sup>-3</sup> pions undergo radiative capture from hydrogen. A product of  $\eta_n \cdot \eta_{\gamma} = 0.3$  can be accepted for the efficiency of the respective detectors. Then, for a beam current of  $10^8 \pi^- \text{ s}^{-1}$ , it takes about half a minute to count as much events as to allow control of the stop region within 1 mm. Therefore, a setup of this kind is able to serve as a range monitor for irradiations in radiotherapy.

#### 4. Conclusion

Future applications of negative pions in radiotherapy enable the therapist to cover the tumor zone with an area of a highly effective particle flux. This zone is almost identical with the stopping interval of the pion beam. In every case of irradiation it must be guaranteed that the volume in question has been positioned correctly with respect to the momentum of the beam. Two different reactions are suitable for construction of such a range monitor system: charge exchange reaction and radiative capture of  $\pi^-$  from protons. For each of the two cases a counter setup for range control has been discussed on the basis of calculations of the reaction kinematics and the detection properties of the  $\gamma$ -quanta involved. It results that both reactions are suitable for use in a monitor system. According to the evaluated sensitivities to displacements of the stopping interval the times necessary for monitoring are small compared to a typical irradiation time in therapy.

By contrast with range monitoring, the determination of the stop density distribution over the irradiated zone seems to be problematic. In the case of  $\pi^0$  decay the complete reconstruction of all three coordinates of stop points of individual  $\pi^-$  cannot be realized with sufficient accuracy.

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