

Mathematics Education, 2016, vol.11, N6, pages 1735-1749

## Optimization of mental states of 6-7 years old children with speech disorders in a cross-cultural space

Zakirova V., Velieva S. Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

## **Abstract**

© 2016 Zakirova and Velieva. The relevance of research: The relevance of the study due to the need to pay special attention to the active development, emotional well-being and positive mental states of each child in the educational space and insufficient knowledge of psychological mechanisms, effective scientific and methodological developments optimization of mental states in a cross-cultural educational environment preschool organization. Purpose of the study: The purpose of the article is to develop a training system to optimize the mental states in preschool children 6-7 years old with speech pathology in a cross-cultural educational environment of preschool organization and its testing. Methods research: The leading method is a pedagogical experiment, which allowed to identify the effectiveness of folk tales in the optimization of mental states in preschool children 6-7 years old with speech pathology. Results of the study: The article deals with the structure, stages, content, basic techniques of training the system to optimize the mental states in preschool children with speech pathology, built on the material folk fairy tales. The efficiency of the work, consisting of three interconnected stages: cognitive-emotional; verbal and artistic samples; stage entry into the problematic situation in the face of uncertainty, solutions «open creativity» preschoolers tasks while increasing the voice activity. Statistically significant shown that the developed training system is effective and can be used in the practice of educational organizations to work with preschool children. Practical significance: Article Submissions are of practical value for the professional work of teachers, psychologists, speech therapists, speech therapists for psychological wellbeing in a group of preschool organization, optimization of mental states of pre-school children 6-7 years with speech pathology.

## **Keywords**

Folk fairy tales, Mental state, Optimization, Pre-school children, Speech pathology