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Correction of school disadaptation of teenagers by art therapy methods

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Abstract

© 2016 Gerasimenko. Relevance of research is caused by growth of number of pupils with school disadaptation that is expressed in problems of development of the school program, socialization problems, and the general trouble. In this regard, this article is directed to identification or disclosure of opportunities of assistance to teenagers with this problem, to take them in a difficult educational situation, to help to overcome vital difficulties. The leading method in research of this problem is the art therapy method. It allows pupils to create the atmosphere of emotional wellbeing in the course of mobilization of creative potential, to find experience of new kinds of activity, to develop creative abilities, to promote internal self-control of feelings and behavior. On the basis of the provision of the humanistic focused art therapy about self-expression and self-realization in creativity products, opportunities art and therapeutic the technician in work with the teenagers in the diagnostic, correctional, therapeutic and developing purposes are shown in article. Results of correctional work speak about positive changes in the emotional and personal relation to the doctrine, teachers, peers, and about increase of the general school progress. Materials of article show practical value for specialists of the educational organizations in the solution of problems of school disadaptation of teenagers.

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Keywords

Art therapy method, Emotional and personal violations, School disadaptation, Violations of behavior