Review of European Studies 2015 vol.7 N1, pages 41-45

## Practical recommendations for optimizing the process of formation and development of academic mobility of students in higher educational institutions of Russia

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## **Abstract**

© 2015, Canadian Center of Science and Education. All rights reserved. Academic mobility enhances the accessibility, quality and effectiveness of education and is an important tool for creating a global educational area and for supporting mobility of human capital. Therefore, this article aims to develop practical recommendations for optimizing the process of formation and development of academic mobility of students. The paper presents practical recommendations at the regional and university levels, allowing to organize the process systematically and holistically, purposefully uniting the efforts of all its subjects, and choosing priorities for action in accordance with individual and typological characteristics of certain students. Provisions of this article may be useful for teachers, management and staff of international departments of higher educational institutions of professional education.

http://dx.doi.org/10.5539/res.v7n1p41

## **Keywords**

Academic mobility, Higher professional school, Practical advice, Students, The formation and development