

Adaptation of the Russian version of "the sport imagery questionnaire"

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Abstract

The results of the psychometric analysis of the suitability of the Russian version of the "The Sport Imagery Questionnaire" ("Questionnaire using imagery in sport") are presented. Powered meaningful comparison of the results in the Russian-speaking, Spanish and Finnish samples of athletes is obtained. Patterns of use of the sport imageries by Russian-speaking athletes in accordance with the specific age, gender, specific to that particular sport are identified. The possibility of use of presented version of the questionnaire for further research is measured.

Keywords

Imagery, Sport, Sport psychology, The sport imagery questionnaire (SIQ)