I-131 uptake in a thymic cyst

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I-131 Uptake in Thymic Cyst

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Abstract:

A 61-year old woman after total thyroidectomy for papillary thyroid cancer underwent I-131 therapy. Focal uptake was seen in the chest on whole body imaging. SPECT/CT delineated I-131 accumulation in an iso-dense mediastinal lesion which was histologically diagnosed as thymic cyst. I-131 uptake in thymic cyst has never been reported and should be included in the gamut of false positive entities of I-131 scintigraphy.

Key Words: I-131, thymic cyst, thyroid cancer

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Legend:

A 61-year old woman who had undergone total thyroidectomy for papillary thyroid cancer received I-131 therapy under the withdrawal of thyroxine replacement. Thyroglobulin was negative with negative thyroglobulin antibody on the day of I-131 administration. On anterior whole body image obtained on the third day after ingestion of 100mCi I-131, two intense foci in the neck (closed arrows) and focal uptake in the chest (open arrow) are seen (A). The former is likely to demonstrate thyroglossal duct and thyroid remnant. SPECT/CT reveals that the latter is corresponding to an iso-dense mediastinal lesion which is surgically resected later (B: CT, C: SPECT, D: SPECT/CT, open arrows). Pathological examinations show thymic cortex sparsely existed in the wall of cystic component, resulting in the diagnosis of

thymic cyst (E). The lesion contains neither thyroid tissues nor metastatic foci of thyroid cancer. Considering that rat thymus glands accumulate I-131^{1,2}, thymic cortex in the cyst wall is speculated to have accumulated I-131 in this particular case.

I-131 scintigraphy is a useful method in the detection of thyroid remnants and metastatic lesions for patients with papillary and follicular thyroid cancer who have undergone total thyroidectomy. However, false positive I-131 accumulations are often seen in cases of body secretions, pathologic exudates, inflammations and nonthyroidal neoplasms. Thymic cyst as well as thymic hyperplasia³⁻⁶, bronchogenic cyst⁷ and pleuropericardial cyst⁸ can cause false positive imaging of mediastinal I-131 uptake. It is necessary to recognize various types of false positive I-131 uptakes in order to prevent unnecessary therapy.

