

# Low-molecular weight fractions of Japanese soy sauce act as a RAGE antagonist via inhibition of RAGE trafficking to lipid rafts

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1 **Low-molecular weight fractions of Japanese soy sauce act as RAGE**  
2 **antagonist via inhibition of RAGE trafficking to lipid rafts**

3

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1 **Abstract**

2       Advanced glycation end-products (AGE) have been implicated in  
3 aging and the pathogenesis of diabetic complications, inflammation,  
4 Alzheimer's disease, and cancer. AGE engage the cell surface receptor for  
5 AGE (RAGE), which in turn elicits intracellular signaling, leading to  
6 activation of NF- $\kappa$ B to cause deterioration of tissue homeostasis. AGE are  
7 not only formed within our bodies but are also derived from foods, endowing  
8 them with flavor. In the present study, we assessed the agonistic/antagonistic  
9 effects of food-derived AGE on RAGE signaling in a reporter assay system  
10 and found that low-molecular weight AGE can antagonize the action of  
11 AGE-BSA. Foods tested were Japanese soy sauce, coffee, cola, and red wine,  
12 all of which showed fluorescence characteristics of AGE. Soy sauce and  
13 coffee contained *N*<sup>ε</sup>-carboxymethyl lysine. Soy sauce, coffee, and red wine  
14 inhibited the RAGE ligand-induced activation of NF- $\kappa$ B, whereas cola had  
15 no effect on the ligand induction of NF- $\kappa$ B. The liquids were then  
16 fractionated into high-molecular weight fractions (HMF) and low-molecular  
17 weight fractions (LMF). Soy sauce-, coffee-, and red wine-derived LMF  
18 consistently inhibited the RAGE ligand induction of NF- $\kappa$ B, whereas the  
19 HMF of these foods activated RAGE signaling. Using the LMF of soy sauce  
20 as a model food-derived RAGE antagonist, we performed a plate-binding  
21 assay and found that the soy sauce LMF competitively inhibited  
22 AGE-RAGE association. Further, this fraction significantly reduced  
23 AGE-dependent MCP-1 secretion from murine peritoneal macrophages. The  
24 LMF from soy sauce suppressed the AGE-induced RAGE trafficking to lipid  
25 rafts. These results indicate that small components in some, if not all, foods  
26 antagonize RAGE signaling and could exhibit beneficial effects on  
27 RAGE-related disease.

## 1 **Introduction**

2       Advanced glycation end products (AGE) are stable end products of the  
3 Maillard reaction. The Maillard reaction was first described by  
4 Louis-Camille Maillard in 1912.<sup>1</sup> Reducing sugars such as glucose react  
5 non-enzymatically with amino groups of proteins through a series of  
6 reactions including Schiff's base formation, Amadori rearrangement,  
7 dehydration, condensation, and crosslinking to yield irreversible AGE.<sup>2</sup> In  
8 diabetes, AGE have been implicated in the development of diabetic vascular  
9 complications.<sup>3</sup>

10       Among a variety of cell surface proteins that have been described to  
11 bind AGE, the receptor for AGE (RAGE) has been qualified to transduce  
12 signals into the cell upon exposure to AGE, thereby eliciting cellular  
13 responses and phenotypic changes.<sup>4,5</sup> RAGE belongs to pattern recognition  
14 receptors, and binds to not only AGE but also S100/calgranulins,<sup>6</sup> Mac-1,<sup>7</sup>  
15 transthyretin,<sup>8</sup> high mobility group box-1 proteins (HMGB-1)/amphoterin,<sup>9</sup>  
16 lipopolysaccharides (LPS),<sup>10</sup> phosphatidylserine,<sup>11</sup> and amyloid- $\beta$  peptides.<sup>12</sup>  
17 RAGE engagement by these ligands activates NF- $\kappa$ B and downstream  
18 effector gene expression and contributes to various pathological processes  
19 including aging, cancer, inflammation and Alzheimer's disease.<sup>13-15</sup> We have  
20 demonstrated that RAGE overexpression accelerates, but RAGE deficiency  
21 ameliorates, the development of diabetic nephropathy,<sup>16,17</sup> and that RAGE is  
22 involved in the brain uptake of amyloid- $\beta_{1-42}$ .<sup>18</sup>

23       AGE are formed within our bodies during aging and under diabetic  
24 conditions and in foods through cooking and storage.<sup>19,20</sup> Human studies  
25 revealed that about 10% of diet-derived AGE were absorbed, two-thirds of  
26 which remained in the body.<sup>19,20</sup> It is reported that orally absorbed AGE are  
27 an environmental risk factor in diabetic nephropathy, and that AGE-rich

1 meals increase serum levels of AGE.<sup>19, 21</sup> However, biologic activities of  
2 food-derived AGE have been not fully evaluated, because of the lack of  
3 suitable *in vitro* assay systems applicable to foods concerned. In this study,  
4 we employed a RAGE-dependent reporter assay system and evaluated the  
5 agonistic/antagonistic effects of AGE-containing liquids on RAGE signaling.  
6 With a model soy sauce low-molecular weight fraction, effects on  
7 AGE-RAGE association, MCP-1 secretion from murine peritoneal  
8 macrophages, trafficking to lipid rafts were also assessed. We demonstrate  
9 for the first time that small AGE components in some, if not all, foods  
10 antagonize RAGE signaling and can provide beneficial effects on  
11 RAGE-related disease.

## 1 **Experimental**

### 2 **Food**

3 Japanese soy sauce, coffee, red wine, and cola were purchased from  
4 SHODA SHOYU CO. LTD. (Gunma, Japan), CARAVAN SERAI KC  
5 (Ishikawa, Japan), Notowine (Ishikawa, Japan), and Coca-Cola Japan LTD  
6 (Tokyo, Japan), respectively.

7

### 8 **Column chromatography**

9 Liquid foods were filtered through a 0.22- $\mu$ m filter (Millipore). Soy  
10 sauce was applied to a column (2 x 7cm) of cosmocil 75C18-OPN (Nacalai  
11 Tesque, Japan) equilibrated with H<sub>2</sub>O for desalting. The column was washed  
12 extensively with water. The bound material was eluted with 100%  
13 methanol/0.1% TFA. The filtrates of coffee, cola, red wine, and the desalted  
14 soy sauce were used as total crude preparations. All preparations were  
15 freeze-dried and the resultant lyophilized powder was fractionated. Size  
16 fractionation was performed using a column (5 mL) of PD-10 (GE  
17 Healthcare) equilibrated with H<sub>2</sub>O. Total crude preparations were applied to  
18 the column and separated into pass-through fractions and incorporated  
19 fractions; these were named HMW fractions and LMW fractions,  
20 respectively. The LMW fraction of soy sauce was further applied to a  
21 column of cosmocil 75C18-OPN equilibrated with H<sub>2</sub>O. The column was  
22 washed extensively with H<sub>2</sub>O. The bound material was eluted by stepwise  
23 elution with H<sub>2</sub>O, 20% methanol, 50% methanol, 100% methanol and 100%  
24 methanol/0.1% TFA. The eluates were freeze-dried and the lyophilized  
25 powder was used in subsequent experiments. Endotoxin was not detected in  
26 the preparations and the fractions when tested with Limulus HS-test Wako  
27 (Wako Pure Chemical Industries, Osaka, Japan).

1

## 2 **Preparation and characterization of low-molecular weight AGE**

3 Twenty millimolar *N*<sup>α</sup>-carbobenzoxy (CBZ)-L-lysine (Sigma) was  
4 incubated at 37 °C for 1 week with 20 mM DL-glyceraldehyde or  
5 glycolaldehyde (Nacalai Tesque, Kyoto, Japan) in 0.2 M phosphate buffer  
6 (pH 7.4); the products were analyzed by SDS-PAGE (15%) and by surface  
7 plasmon resonance assay with a BIAcore CM5 sensor chip, on which human  
8 endogenous secretory RAGE (esRAGE), a decoy form generated by  
9 alternative RNA splicing,<sup>21</sup> had been immobilized. The surface plasmon  
10 resonance assay was performed as described.<sup>18</sup>

11

## 12 **AGE assays**

13 *N*<sup>ε</sup>-carboxymethyl lysine (CML) was determined with the CML ELISA  
14 kit (CycLex, Nagano, Japan). Fluorescence was measured with a TriStar  
15 LB941 multireader (Berthold Technologies, Bad Wildbad, Germany).  
16 Samples were excited at 355 nm and emission was recorded at 460 nm.

17

## 18 **Luciferase reporter assay**

19 Rat C6 glioma cells that had been stably transformed with an  
20 expression plasmid containing human full-length RAGE cDNA and with a  
21 firefly luciferase reporter gene under the control of the NF-κB promoter<sup>17</sup>  
22 were used. Reporter activation is dependent on ligand-RAGE interactions, as  
23 evidenced by (1) induction by AGE, (2) inhibition by siRNA against RAGE,  
24 (3) inhibition by cotransfection of intracytoplasmic domain-lacking  
25 dominant negative RAGE, and (4) neutralization by soluble RAGE.<sup>17</sup> After a  
26 24 h preincubation in Dulbecco's modified Eagle's medium supplemented  
27 with 0.1% fetal bovine serum, the cells were stimulated by

1 glycerinaldehyde-derived AGE-BSA<sup>22</sup> in the presence or absence of  
2 food-derived fractions for 4 h. Luciferase activity was determined with a  
3 Luciferase Assay System (Promega) and measured in a luminometer  
4 (Fluoroskan Ascent FL; Labotal Scientific Equipment Ltd., Abn Gosh,  
5 Israel).

6

#### 7 **Plate binding assay**

8 Competitive inhibition with LMW fractions from soy sauce was  
9 performed using a 96-well AGE-BSA-coated plate as described.<sup>17</sup>

10

#### 11 **Determination of monocyte chemoattractant protein-1 (MCP-1)**

12 The MCP-1 ELISA kit (R&D Systems Inc.) was used to determine  
13 MCP-1 concentrations in the medium of primary culture of mouse peritoneal  
14 macrophages.

15

#### 16 **Sucrose density gradient centrifugation and western blotting**

17 Lipid rafts were isolated essentially according to the detergent  
18 extraction method described by Mitsuda *et al.*<sup>23</sup> The same cell line used for  
19 the luciferase-reporter assay, the C6 glioma cells, was plated at a density of 1  
20 x 10<sup>6</sup>/10 cm-dish and cultured to 90% confluence. After washing each well  
21 with 0.1% FBS/DMEM, AGE-BSA were added with or without the soy sauce  
22 LMF-4 fraction. After 20 h incubation, the cell layer was washed with cold  
23 PBS, and the cells were collected, suspended in 1 mL of a buffer containing  
24 1% Triton X-100, 50 mM Tris-HCl, pH 7.5, 150 mM NaCl, 1 mM EDTA, 1  
25 mM PMSF, 1 µg/mL aprotinin, and disrupted by 5 rounds of 30 sec  
26 sonication. Samples were placed on the bottom of Ultra-Clear centrifuge  
27 tubes (Beckman Instruments) and mixed with an equal volume of 80% (w/v)



1 sucrose in buffer. This was overlaid with 5 mL 35% sucrose (w/v) and 5%  
2 (w/v) sucrose in buffer without Triton X-100. The samples were centrifuged  
3 at 55,000 rpm in a Beckman SW28.1 rotor for 18 h at 4 °C. After  
4 centrifugation, 1.5 mL of each fraction was collected from the top of the  
5 gradient to yield 8 fractions.

6 After determination of protein concentrations with BCA Protein Assay  
7 kit (Pierce), equal amounts of proteins were separated by SDS-PAGE  
8 (12.5%) and electroblotted onto PVDF membranes (Millipore). The  
9 membranes were blocked with 5% (w/v) non-fat dried milk in PBS and 0.1%  
10 (v/v) Tween 20, and incubated with goat anti-RAGE antibody (1:1000,  
11 Ab5484, Millipore), which recognized human and mouse RAGEs, and with  
12 rabbit anti-GM1 antibody (1:1000, orb10299, Biorbyt). Donkey anti-Rabbit  
13 IRDye 680 and goat anti-Rabbit IRDye 800 were diluted 10,000-fold and  
14 used as the secondary antibodies. The antigen-antibody complex was  
15 visualized using the Odyssey Infrared Imaging system (LI-COR  
16 Biotechnology, Lincoln, Nebraska, USA).

17

### 18 **Statistical analysis**

19 Statistical analysis was performed using Student's *t* test.  $p < 0.05$  was  
20 considered significant.

1 **Results**

2 *RAGE-dependent NF- $\kappa$ B reporter assay*

3 We and other researchers previously observed that ligand engagement  
4 causes oligomerization of RAGE for the initiation of signal transduction.<sup>24</sup>  
5 This led us to speculate that small AGE ligands may exert rather antagonistic  
6 effects on RAGE. To test this hypothesis, we prepared low-molecular weight  
7 AGE by incubating N <sup>$\alpha$</sup> -CBZ-L-lysine with glyceraldehyde or  
8 glycolaldehyde; the former lysyl derivative can react with the latter  
9 carbonyls only on the  $\epsilon$ -amino group but without further Maillard reaction.  
10 As shown in Fig. 1A, incubation of CBZ-lysine and glyceraldehyde or  
11 glycolaldehyde yielded brown products that migrated as a single band much  
12 faster than bromophenol blue on polyacrylamide gel. Both glyceraldehyde-  
13 and glycolaldehyde-derived small AGE bound human esRAGE as evidenced  
14 by positive sonograms in surface plasmon resonance assay (Fig. 1B). We  
15 next tested the effect of the small AGE on post-RAGE signaling. For this, we  
16 employed rat C6 glioma cells expressing human RAGE cDNA and carrying  
17 the firefly luciferase reporter gene under the control of NF- $\kappa$ B promoter. As  
18 shown in Fig. 1C, HMW AGE-BSA induced the luciferase, but this was  
19 completely abolished by glyceraldehydes-derived and CBZ-lysine-derived  
20 AGE, indicating that LMW AGE antagonized RAGE signaling.

21 These observations provided a rationale to evaluate food AGE by  
22 testing them with the C6 reporter system to judge whether they are agonistic  
23 or antagonistic to RAGE.

24

25 *Soy sauce, coffee, red wine, and cola contained AGE*

26 Japanese soy sauce, coffee, red wine and cola were tested in this study.  
27 We first determined the fluorescence characteristic of AGE and the content

1 of CML, the representative non-fluorescence AGE structure, to see whether  
2 soy sauce, coffee, red wine and cola contained AGE. AGE-BSA and  
3 CBZ-lysine-derived AGE were employed as positive controls and  
4 non-glycated BSA as negative controls in these determinations. As shown in  
5 Table 1, soy sauce, coffee, red wine, and cola exhibited AGE-derived  
6 fluorescence and soy sauce and coffee contained CML. CML was not  
7 detected in red wine and cola in this assay.

8

9 *The net activities of soy sauce, coffee, and red wine were RAGE*  
10 *antagonizing*

11 Japanese soy sauce, coffee, red wine, and cola were used in the  
12 RAGE-dependent reporter assay. After desalting or degassing, total crude  
13 preparations were added to cultures of human RAGE-expressing, luciferase  
14 reporter gene-carrying rat C6 glioma cells. The crude preparations from soy  
15 sauce, coffee, and red wine significantly inhibited AGE-induced NF- $\kappa$ B  
16 activation (Fig. 2 A, B and C). The crude preparation from cola yielded no  
17 change in reporter activation (Fig. 2D). No significant change in cell  
18 viability was observed.

19

20 *The antagonistic effects of soy sauce, coffee and red wine resided in LMW*  
21 *fractions*

22 The food-derived preparations were separated by PD-10 column  
23 chromatography and fractionated by molecular size. Fractions larger than  
24 5000 molecular weight were designated HMW fractions, and fractions  
25 smaller than 5000 were categorized as LMW fractions. We determined the  
26 content of CML in the HMW and LMW fractions of soy sauce, coffee, red  
27 wine and cola. CML was detected in both HMW and LMW fractions from

1 soy sauce and coffee but not in the HMW and LMW fractions from red wine  
2 or cola in the conditions employed in this study (Table 2).

3         When the NF- $\kappa$ B-luciferase-carrying C6 cells were exposed to the soy  
4 sauce HMW fraction, AGE-dependent NF- $\kappa$ B activation was significantly  
5 enhanced (Fig. 2A). In contrast, addition of the soy sauce LMW fraction  
6 significantly inhibited the AGE induction of NF- $\kappa$ B (Fig. 2A). HMW  
7 fractions of coffee and red wine also enhanced AGE-dependent NF- $\kappa$ B  
8 activation, while their LMW fractions significantly inhibited activation (Fig.  
9 2 B and C), similar to the soy sauce-derived LMW fraction. In contrast, the  
10 cola-derived HMW fraction had no effect, but the LMW fraction enhanced  
11 reporter activity (Fig. 2D). Toxicity to the cells was not observed in the  
12 concentration range of 0.5-1.0 mg/mL in any of the HMW and LMW  
13 fractions from the four food samples tested, when the cells had been  
14 incubated with them for 24 h (supplemental Fig. 1). Soy sauce, coffee and  
15 red wine have HMW fractions that engage RAGE and LMW fractions that  
16 act as competitive inhibitors. To examine whether the effect of LMW  
17 fractions from these three foods on AGE-RAGE signaling is predominant  
18 over that of HMW fractions, we performed the RAGE-dependent reporter  
19 assay using a mixture of HMW and LMW fractions that had been separated  
20 from total crude fractions of those foods. When equal amounts of HMW and  
21 LMW fractions from soy sauce, coffee or red wine were combined and  
22 assayed, they inhibited the AGE-induced NF- $\kappa$ B activation as did the  
23 respective total crude fractions (Supplemental Fig. 2A). The weight ratios of  
24 HMW and LMW fractions from soy sauce, coffee and red wine were 3 : 2,  
25 3 : 7 and 3 : 97, respectively, and the average molecular weights of HMW  
26 and LMW fractions were 400,000 and 4,000 (soy sauce), 450,000 and 4,500  
27 (coffee) and 400,000 and 4,000 (red wine), respectively. This indicates that

1 the number of molecules in the LMW fraction was much larger than that in  
2 the HMW fraction. We then conducted the RAGE-dependent reporter assay  
3 using mixtures of soy-sauce-derived HMW and LMW fractions at different  
4 ratios. Even when the ratio of HMW and LMW was up to 100 : 1, the  
5 mixture of the HMW and LMW fractions significantly inhibited the AGE  
6 induction of NF- $\kappa$ B activation (Supplemental Fig. 2B).

7  
8 *Further fractionation and characterization of the RAGE-antagonizing*  
9 *Japanese soy sauce LMW fraction*

10 Next, using the LMW fraction of soy sauce as a model food-derived  
11 RAGE antagonist, we further fractionated the soy sauce LMW fraction by  
12 reversed-phase chromatography into 5 fractions named LMF-1, LMF-2,  
13 LMF-3, LMF-4, and LMF-5 (Fig. 3). When assayed with the  
14 RAGE-dependent luciferase reporter system, LMF-1, LMF-3, LMF-4, and  
15 LMF-5 significantly inhibited AGE-induced NF- $\kappa$ B activation in a  
16 dose-dependent manner (Fig. 4). LMF-2 did not inhibit NF- $\kappa$ B activation.

17 Plate assays were used to determine whether the antagonistic LMW  
18 fractions from soy sauce inhibit AGE-RAGE association. LMF-1 most  
19 strongly inhibited human esRAGE binding to immobilized AGE-BSA (Fig.  
20 5). LMF-4 and LMF-5 also inhibited binding in a dose-dependent manner.  
21 LMF-2 and LMF-3 did not affect AGE-BSA-esRAGE binding.

22  
23 *LMF-4 and LMF-5 inhibited AGE-induced MCP-1 secretion from mouse*  
24 *peritoneal macrophages*

25 We then sought to identify the biological activities of fractions that  
26 antagonize RAGE signaling and inhibit AGE-RAGE association. For this,  
27 we employed mouse peritoneal macrophages, which release MCP-1, an

1 inflammatory cytokine, in response to AGE-RAGE binding.<sup>25</sup> As shown in  
2 Fig. 6, AGE-BSA increased MCP-1 secretion in comparison to control  
3 non-glycated BSA. In the presence of LMF-4 and LMF-5, AGE-induced  
4 MCP-1 secretion was significantly inhibited. On the other hand, LMF-1 had  
5 no effect on AGE-induced MCP-1 secretion.

6

#### 7 *LMF-4 inhibited RAGE trafficking to lipid rafts*

8 We then sought to determine how the LMF fractions halt AGE-RAGE  
9 activity using LMF-4, which showed higher inhibitory activity of MCP-1  
10 secretion than LMF-5. Since lipid rafts have recently been reported to be  
11 involved in receptor trafficking<sup>26</sup> and signal transduction<sup>27</sup>, we investigated  
12 the relationship between RAGE and lipid rafts. As shown in Fig. 7, when the  
13 C6 cells were treated with non-glycated BSA, RAGE was recovered in the  
14 fractions near the bottom. After exposure to AGE-BSA, RAGE moved to the  
15 less dense fractions to which GM-1, the marker of lipid rafts, sedimented,  
16 indicating that ligand binding to RAGE induced RAGE trafficking to lipid  
17 rafts. However, coexistence of LMF-4 completely inhibited RAGE  
18 movement to the lipid raft fractions.

19

## 1 **Discussion**

2 We have demonstrated that Japanese soy sauce, coffee, red wine, and  
3 cola contain AGE (Table 1), and that soy sauce, coffee, and red wine,  
4 particularly their LMW fractions, exert RAGE signaling inhibitory effects  
5 (Fig. 2 A-C) as do  $N^\alpha$ -CBZ-L-lysine-derived small AGE (Fig. 1C). HMW  
6 fractions from soy sauce, coffee, and red wine exhibited agonistic effects,  
7 but the net activities of the 3 kinds of foods were RAGE-antagonistic. The  
8 weight ratios of HMW and LMW fractions in total crude fractions of these  
9 three kinds of foods were 3 : 2, 3 : 7 and 3 : 97, respectively, and the average  
10 molecular weights of the HMW fractions were 100-fold larger than those of  
11 LMW fractions in either kind of the foods. Moreover, the mixture of the  
12 HMW and LMW fractions from soy sauce combined at the differing weight  
13 ratios significantly inhibited the AGE-induced NF- $\kappa$ B activation at the ratio  
14 up to 100 : 1 (HMW : LMW) (Supplemental Fig. 2B). These results  
15 indicated that the absolute number of antagonistic components in LMW  
16 fractions from these foods is extremely large compared with that of agonistic  
17 components in HMW fractions, and that the effect of LMW fractions on  
18 RAGE signaling is predominant over that of HMW fractions. Though HMW  
19 fractions from these foods showed a potent RAGE-agonistic activity, the net  
20 activity of the total crude fractions was antagonistic, and when the soy  
21 sauce-derived HMW and LMW fractions were combined at differing ratios,  
22 the agonistic activity was observed only with the ratio of 1,000 : 1 (HMW :  
23 LMW) (Supplemental Fig. 2B). The results suggested that the HMW  
24 fractions might be too small to exert the RAGE-ligand effect in the total  
25 fraction. The results are consistent with our previous observations that  
26 heparin acts as RAGE agonist and that LMW heparin acts as RAGE  
27 antagonist<sup>17</sup> and with the observation by Penfold *et al.* that HMW serum

1 fractions enhanced post-RAGE signaling.<sup>28</sup> It was reported that dimerization  
2 of RAGE represents an important component of RAGE-mediated cell  
3 signaling.<sup>29</sup> And, as the CBZ-lysine-derived LMW AGE completely  
4 abolished the HMW AGE-BSA induction of the RAGE-dependent luciferase  
5 activation (Fig. 1C), most of the food-derived LMW but not HMW  
6 components abolished the AGE induction of the reporter enzyme in the same  
7 assay (Figs. 2 and 4). Thus, it may be reasonable to posit that small AGE or  
8 food components engage RAGE, but that they interfere the formation of  
9 RAGE dimer or oligomer, thereby inhibiting RAGE signaling.

10 In the case of cola, the LMW fraction increased NF- $\kappa$ B activity, while  
11 the total preparation and HMW fraction yielded no changes in RAGE  
12 signaling (Fig. 2D). This suggests that the cola HMW fraction contains  
13 components capable of suppressing NF- $\kappa$ B activation, and that this activity  
14 supersedes the agonistic effect of the cola LMW fraction. The role of LMW  
15 fraction from cola on AGE-RAGE signaling remains to be investigated.

16 In this study, we used food samples at the concentration range of  
17 0.5-1.0 mg/mL in the cellular experiments. This was based on the following  
18 calculations. First, Koschinsky *et al.*<sup>19</sup> estimated that the total amount of  
19 orally absorbed AGE found in blood was equal to about 10% of that  
20 estimated to be present in the ingested meal, and that only 30% of the  
21 circulating AGE was excreted in the urine of persons over the subsequent 48  
22 h. Second, according to data from the Japan Soy Sauce Brewers  
23 Association<sup>30</sup>, the daily consumption of soy sauce in Japan is estimated at  
24 about 30 mL per person, and, according to Hamano *et al.*<sup>31</sup>, the average of  
25 dry weight of soy sauce is estimated to be 1.19 g/mL. Assuming that a blood  
26 volume of the average adult is 5,000 mL, the concentration of Japanese soy  
27 sauce *in vivo* would then be at the mg/mL order (approximately 7.1 mg/mL),



1 the concentration near those employed in this study. There is a report that  
2 coffee was used for *in vivo* experiments at 15 mg/mL.<sup>32</sup>

3 To learn how the food-derived LMW fractions antagonized RAGE, we  
4 further fractionated and characterized the LMW fraction from soy sauce.  
5 Four of 5 soy sauce subfractions (LMW-1, LMF-3, LMF-4 and LMF-5)  
6 possessed RAGE antagonistic activity (Fig. 4). Three of 5 subfractions  
7 (LMW-1, LMF-4 and LMF-5) competitively inhibited AGE-RAGE binding  
8 (Fig. 5). The results suggest that soy sauce contains plural components with  
9 RAGE antagonistic activities, and that some component in LMW-3 could  
10 inhibit post-RAGE signaling in a ligand-independent manner.

11 Further, 2 of 3 ligand-association-inhibitory and antagonistic  
12 subfractions (LMF-4 and LMF-5) inhibited MCP-1 secretion from mouse  
13 peritoneal macrophages (Fig. 6), indicating that those soy sauce-derived  
14 LMW subfractions antagonized RAGE *in vivo*.

15 The soy sauce LMW subfraction with the most potent antagonistic  
16 activity and the strongest inhibition of macrophage MCP-1 secretion  
17 (LMF-4) were assayed for its mechanistic properties. We found for the first  
18 time that LMF-4 efficiently halted AGE-induced RAGE trafficking to lipid  
19 rafts, the membrane microdomain that compartmentalizes select signaling  
20 and functional events.<sup>33</sup> Powers *et al.*<sup>34</sup> reported that Toll-like receptor 4,  
21 another pattern recognition receptor, was recruited to lipid rafts. The present  
22 findings that RAGE can accumulate in lipid rafts and that this can be  
23 controlled are previously unreported. We propose that small RAGE ligands,  
24 such as soy sauce LMF-4 and CBZ-lysine-derived AGE, may inhibit RAGE  
25 dimerization and subsequent trafficking to lipid rafts.

26 The total preparation and the LWF fraction of red wine also exhibited  
27 RAGE antagonism. The antagonistic effect of red wine may partly be

1 ascribed to polyphenol. Resveratrol, a natural polyphenol found in red wine,  
2 attenuates NF- $\kappa$ B activation and reduces RAGE expression.<sup>35</sup>

3       The results thus indicate that small AGE components in some, if not  
4 all, foods antagonize RAGE signaling and could provide health benefits.

5

1 **ACKNOWLEDGMENTS**

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1

2 **Table 1** Determinations of AGE in foods.

	Non-glycated BSA	AGE-BSA	Japanese soy sauce	Coffee	Red wine	Cola	Z-lys
Fluorescence (A.U.)	237 ± 40	3673 ± 115	34358 ± 120	9610 ± 56	1639 ± 35	2901 ± 28	31170 ± 29
CML concentration (µg/mL)	< 0.11	22.5 ± 0.2	2.5 ± 0.0	0.3 ± 0.0	< 0.11	< 0.11	8.0 ± 0.4

3 Hundred µL equivalents to 100 µg/mL BSA that had been added to glycation  
4 reaction (non-glycated BSA and AGE-BSA), 100 µL crude preparations (soy  
5 sauce, coffee, red wine, and cola), and 100 µL 100 units/mL glyceraldehyde-  
6 and *N*<sup>α</sup>-CBZ-lysine-derived AGE (Z-lys; 1 unit is defined as the  
7 concentration of Z-lys that gives 50 % inhibition of AGE-BSA-RAGE  
8 binding) were analyzed by fluorospectrophotometry. Aliquots of each (50µL)  
9 were assayed for CML. Values are expressed as means ± S.E. (n = 3). A.U.,  
10 arbitrary units.

11

12 **Table 2** Determinations of CML concentrations in LMW and HMW  
13 fractions of food-derived samples.

	Japanese soy sauce		Coffee		Red wine		Cola	
	HMW	LMW	HMW	LMW	HMW	LMW	HMW	LMW
CML concentration (µg/mL)	0.45 ± 0.0	1.82 ± 0.1	0.15 ± 0.0	0.14 ± 0.0	< 0.11	< 0.11	< 0.11	< 0.11

14 Fifty µL of each fraction were assayed for CML. Values are expressed as  
15 means ± S.E. (n = 3).



1 **Figure legends**

2

3 **Figure 1**

4 Characterization of LMW AGE. A. SDS-PAGE analysis of  
5 glyceraldehyde-derived or glycolaldehyde-derived AGE. Closed arrow heads,  
6 LMW AGE. Arrows, bromophenol blue. Gels were not stained. B. Surface  
7 plasmon resonance sonograms of *N*<sup>α</sup>-CBZ-lysine- and glyceraldehyde- or  
8 glycolaldehyde-derived AGE. Time 0 indicates addition of AGE analytes to  
9 the CM5 sensor chip on which purified human esRAGE proteins were  
10 immobilized as ligands. Arrows indicate the start of washing. C. RAGE  
11 signaling assay. AGE, glyceraldehyde-derived AGE-BSA; BSA,  
12 non-glycated BSA; Glycer-Z-lys, glyceraldehyde-derived *N*<sup>α</sup>-CBZ-lysine  
13 AGE.

14

15 **Figure 2**

16 Effects of crude preparations and HMW and LMW fractions from Japanese  
17 soy sauce (A), coffee (B), red wine, (C) and cola (D) on RAGE signaling.  
18 RAGE signaling was assayed in human RAGE-expressing,  
19 NF-κB-promoter-luciferase reporter gene-carrying rat C6 glioma cells as  
20 described in the Experimental section. AGE-BSA, 50 μg/mL  
21 glyceraldehyde-derived AGE-BSA; BSA, 50 μg/mL non-glycated BSA. #, *p* <  
22 0.01 (vs. BSA);\*\*, *p* < 0.01 (vs. AGE-BSA); \*, *p* < 0.05 (vs. AGE-BSA) (n =  
23 3).

24

25 **Figure 3**

26 Fractionation of the Japanese soy sauce LMW fraction by reversed-phase  
27 chromatography.

1

2 Figure 4

3 RAGE antagonistic activities of subfractions of the Japanese soy sauce LMW  
4 fraction. AGE-BSA, 50  $\mu\text{g}/\text{mL}$  glyceraldehyde-derived AGE-BSA; BSA, 50  
5  $\mu\text{g}/\text{mL}$  non-glycated BSA. #,  $p < 0.01$  (vs. BSA);\*\*,  $p < 0.01$  (vs. AGE-BSA);  
6 \*,  $p < 0.05$  (vs. AGE-BSA) (n = 3).

7

8 Figure 5

9 Effect of soy sauce LMW subfractions on AGE-RAGE binding. A plate  
10 competitive inhibition assay was performed as described in the Experimental  
11 section. Subfraction (0.063, 0.125, 0.25, 0.5 and 1.0 mg/mL) were incubated  
12 with esRAGE on an AGE-BSA-coated plate at room temperature for 1 h.  
13 After incubation and washing, europium-labeled anti-RAGE antibody was  
14 added and the plate was further incubated for 1 h. After incubation and  
15 washing, the europium-labeled antibody, esRAGE and AGE complex was  
16 detected by fluorophotometry.

17

18 Figure 6

19 Biological activity of LMW subfractions of Japanese soy sauce. Mouse  
20 peritoneal macrophages were incubated for 24 h with non-glycated BSA or  
21 AGE-BSA in the presence or absence of LMF-1, LMF-4 and LMF-5, and  
22 MCP-1 secreted in the media was measured by ELISA. AGE-BSA, 50  
23  $\mu\text{g}/\text{mL}$  glyceraldehyde-derived AGE-BSA; BSA, 50  $\mu\text{g}/\text{mL}$  non-glycated  
24 BSA; LMF concentration was 1.0 mg/mL each. #,  $p < 0.01$  (vs. BSA); \*\*,  $p$   
25  $< 0.01$  (vs. AGE-BSA) (n = 3).

26

27 Figure 7

1 Localization of RAGE in lipid rafts and its inhibition by soy sauce LMF-4.  
2 Human RAGE-expressing and NF- $\kappa$ B-promoter-luciferase reporter  
3 gene-carrying rat C6 glioma cells were treated with AGE-BSA in the  
4 presence or absence of LMF-4 for 24 h, followed by sucrose gradient  
5 ultracentrifugation and immunoblotting with anti-RAGE and anti-GM1  
6 antibodies. Fractions are numbered from the top to the bottom of the  
7 gradient.

8

9 Supplemental Experimental

10 Cytotoxicity Assay

11 Cytotoxicity of LMW and HMW fractions of all foods samples was  
12 determined by measuring the release of LDH with the CytoTox 96 Assay  
13 (Promega) according to the manufacturer's instruction. LDH-release was  
14 calculated as percentage of LDH released in the culture media of total LDH  
15 inside and outside cells.

16

17 Legend to supplemental Figure

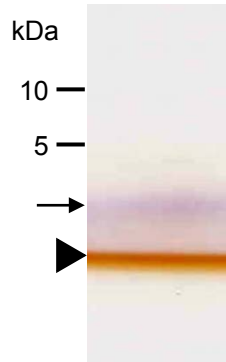
18 Supplemental Fig. 1

19 Cytotoxicity of HMW and LMW fractions from Japanese soy sauce, coffee,  
20 and red wine. After a 5 h preincubation in Dulbecco's modified Eagle's  
21 medium supplemented with 0.1% fetal bovine serum, rat C6 glioma cells  
22 that had been stably transformed with an expression plasmid containing  
23 human full-length RAGE cDNA and with a firefly luciferase reporter gene  
24 under the control of the NF- $\kappa$ B promoter were stimulated by AGE-BSA and  
25 food-derived fractions (A, 1.0 mg/mL; B, 0.5 mg/mL) for 24 h. After 24 h  
26 stimulation, the media and the lysates were assayed for the released and total  
27 LDH activity. AGE-BSA, 50  $\mu$ g/mL glyceraldehyde-derived AGE-BSA;

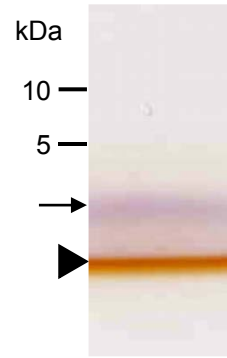
1 BSA, 50  $\mu\text{g}/\text{mL}$  non-glycated BSA.  
2  
3 Supplemental Fig. 2  
4 Effects of mixtures of HMW and LMW fractions from Japanese soy sauce,  
5 coffee, and red wine on RAGE signaling. RAGE signaling was assayed with  
6 human RAGE-expressing, NF- $\kappa$ B-promoter-luciferase reporter gene-carrying  
7 rat C6 glioma cells as described in the Experimental section. (A) Equal  
8 amounts (0.5 mg/mL each) HMW and LMW fractions from soy sauce, coffee  
9 and red wine were combined and used for the assay. (B) Soy sauce-derived  
10 HMW and LMW fractions were combined at the indicated ratio and used for  
11 the assay. AGE-BSA, 50  $\mu\text{g}/\text{mL}$  glyceraldehyde-derived AGE-BSA; BSA, 50  
12  $\mu\text{g}/\text{mL}$  non-glycated BSA. #,  $p < 0.01$  (vs. BSA);\*\*,  $p < 0.01$  (vs. AGE-BSA)  
13 (n = 3).

**Fig.1**

**Glyceraldehyde-AGE**

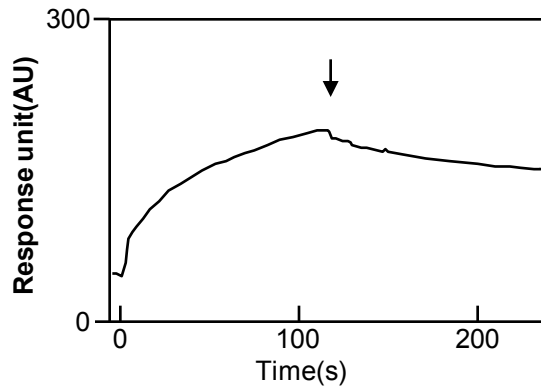


**Glycolaldehyde-AGE**

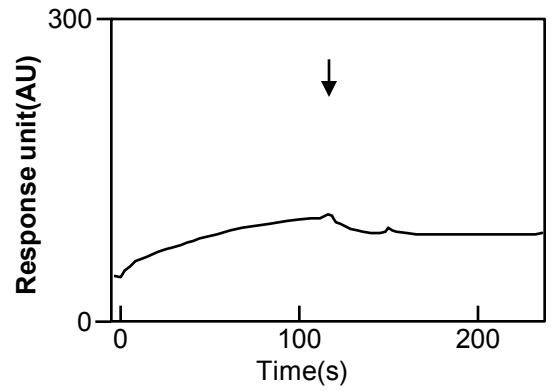


**A**

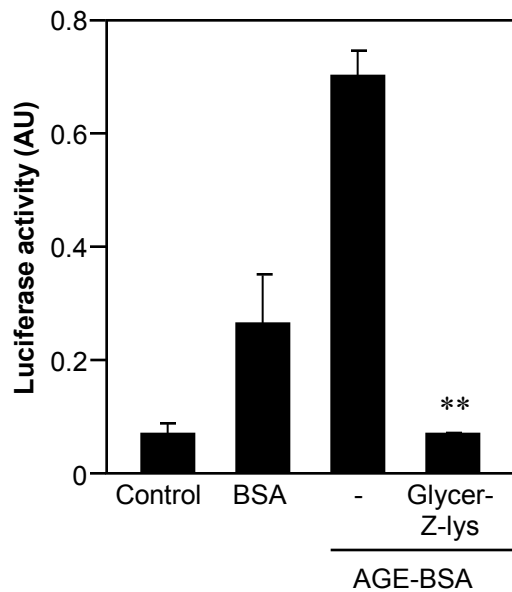
**Glyceraldehyde-AGE**



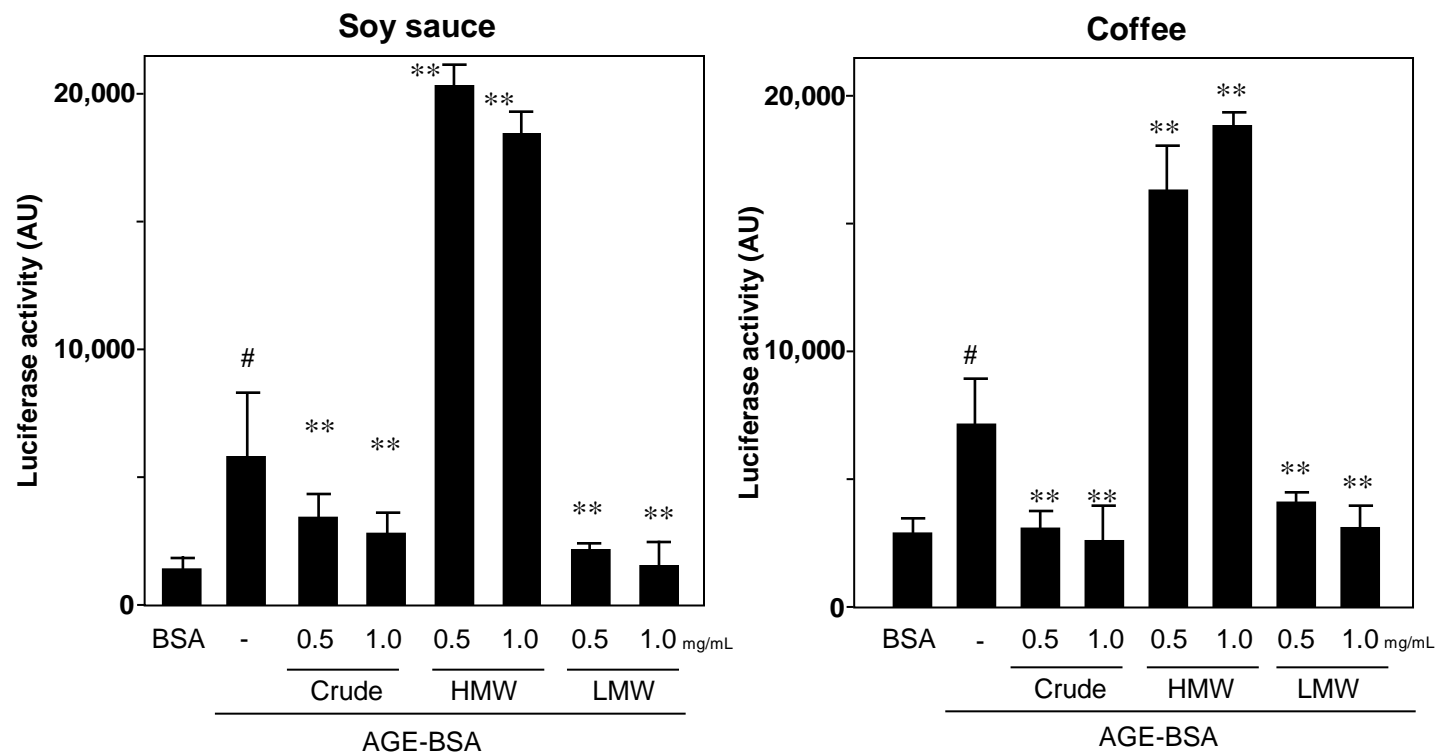
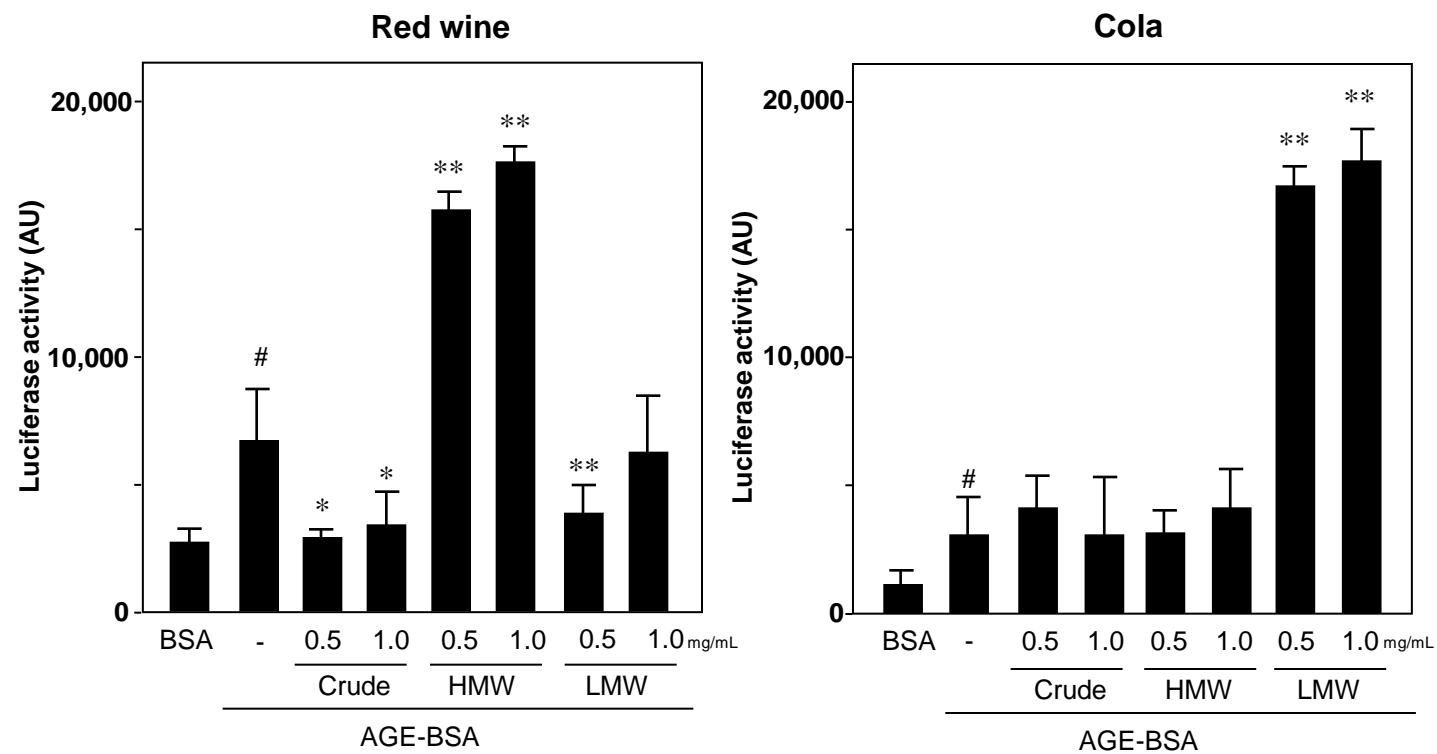
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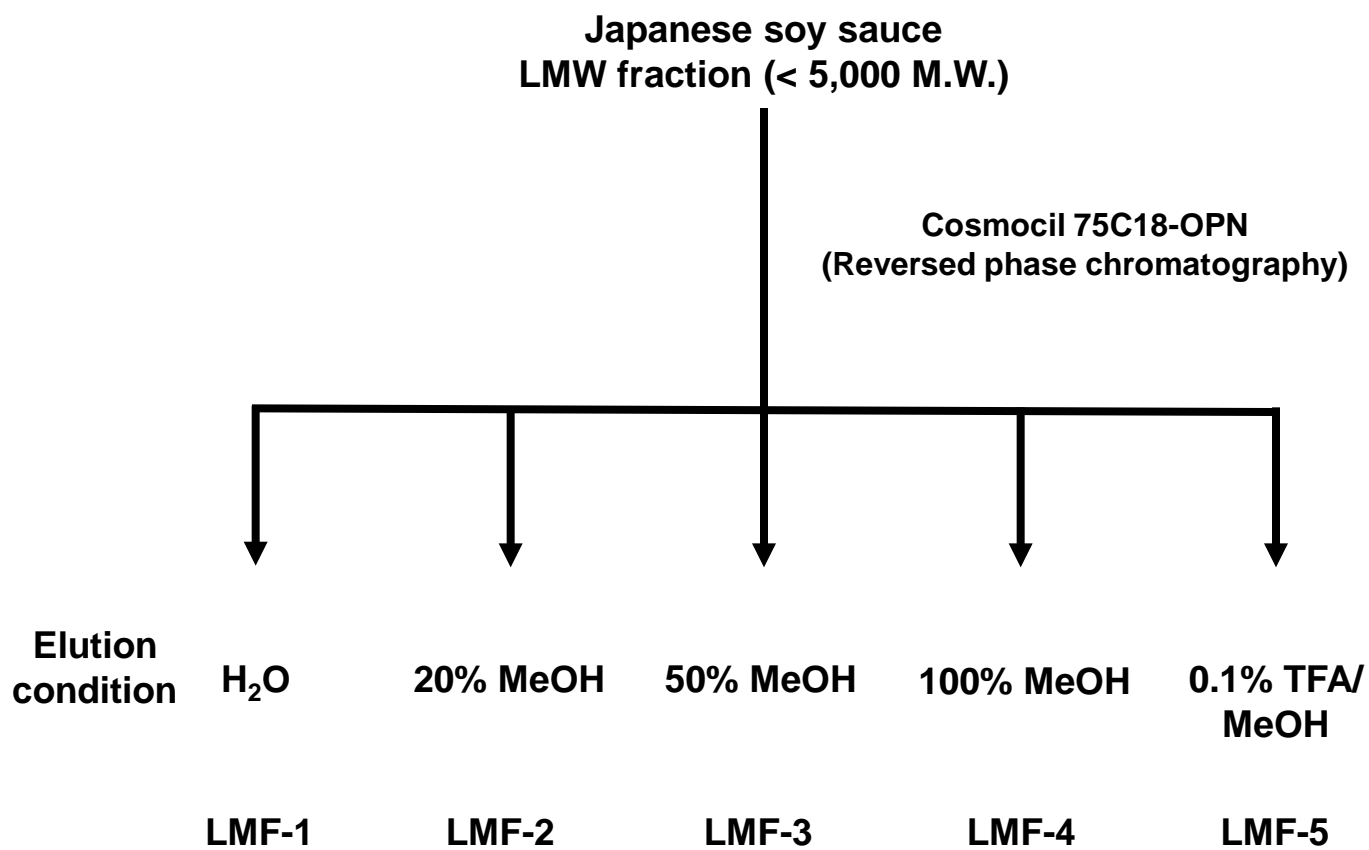
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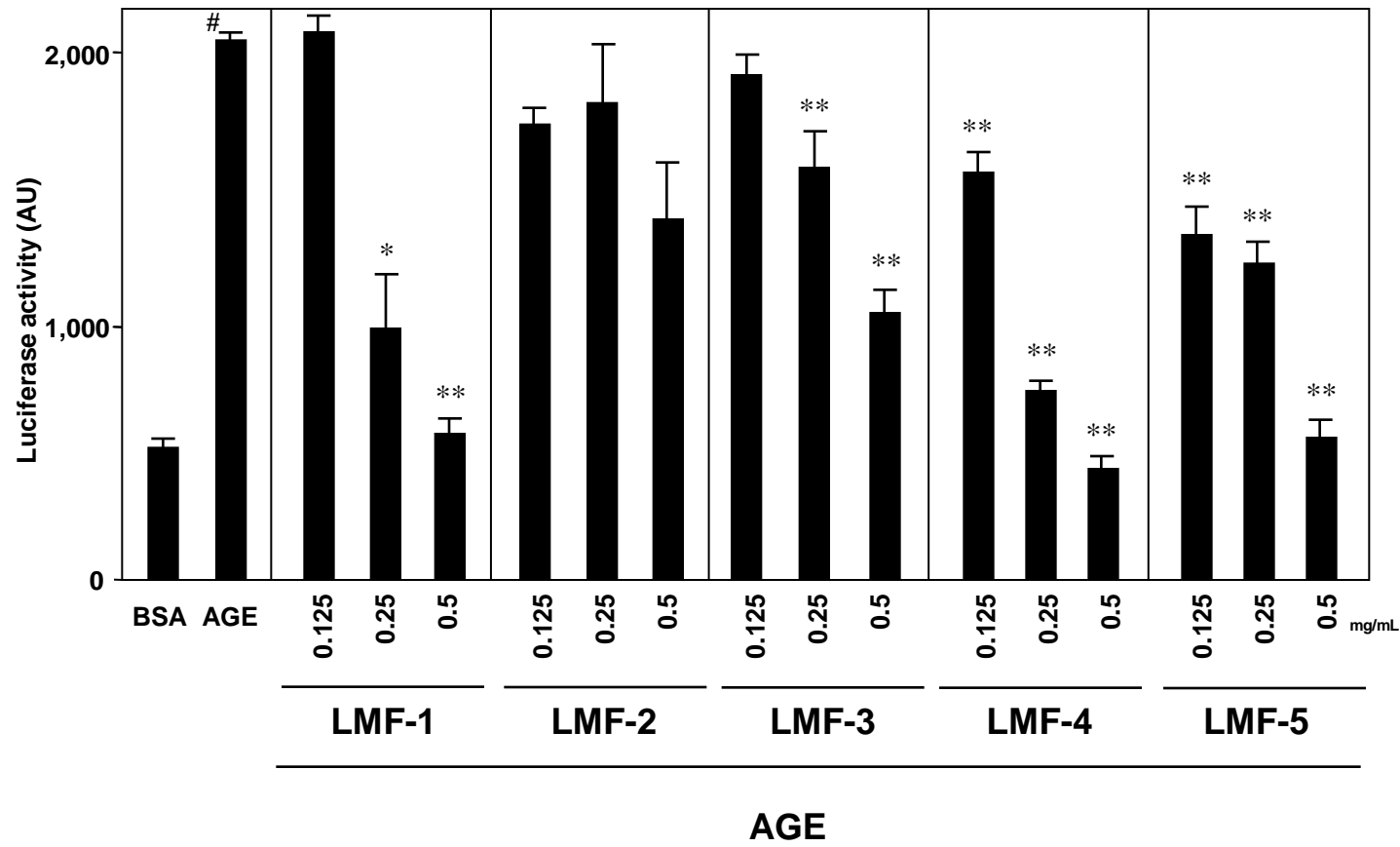
**C**

**Fig.2****A****B****C****D**

**Fig.3**

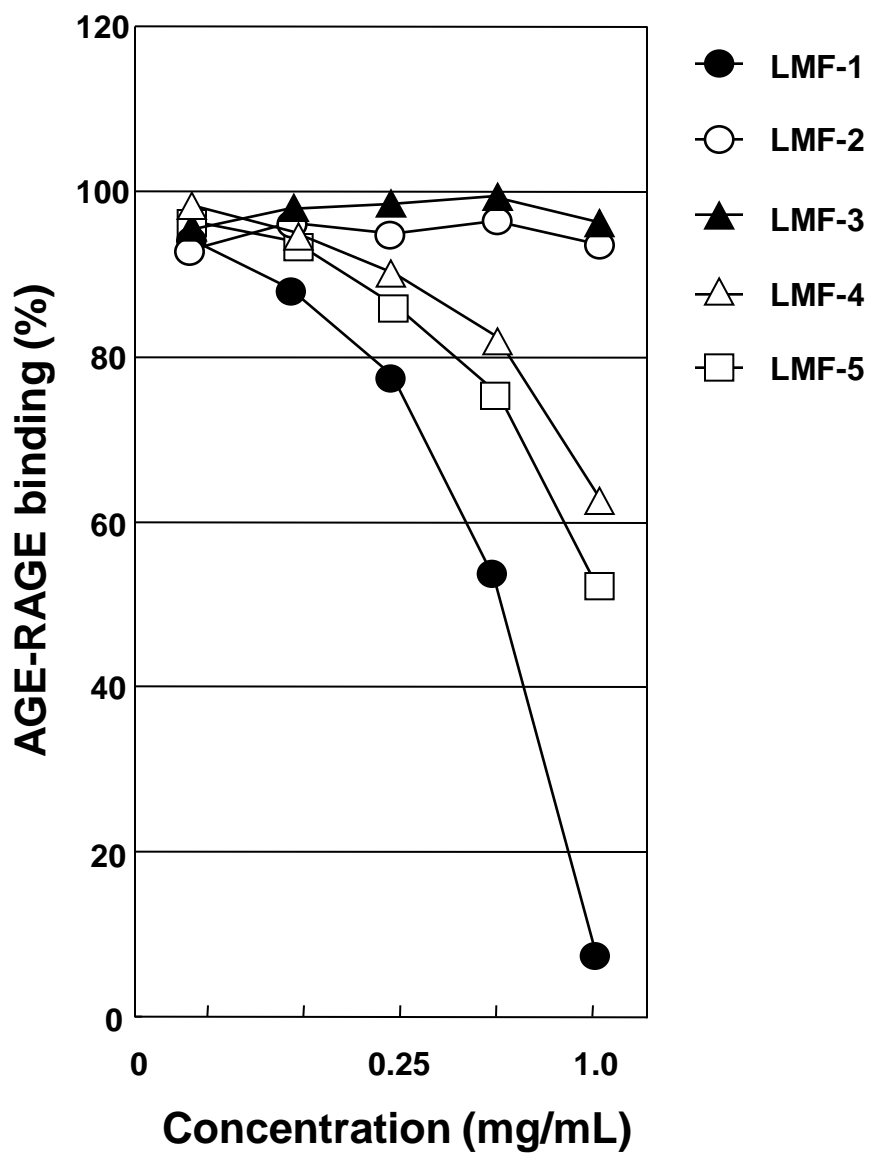


**Fig.4**

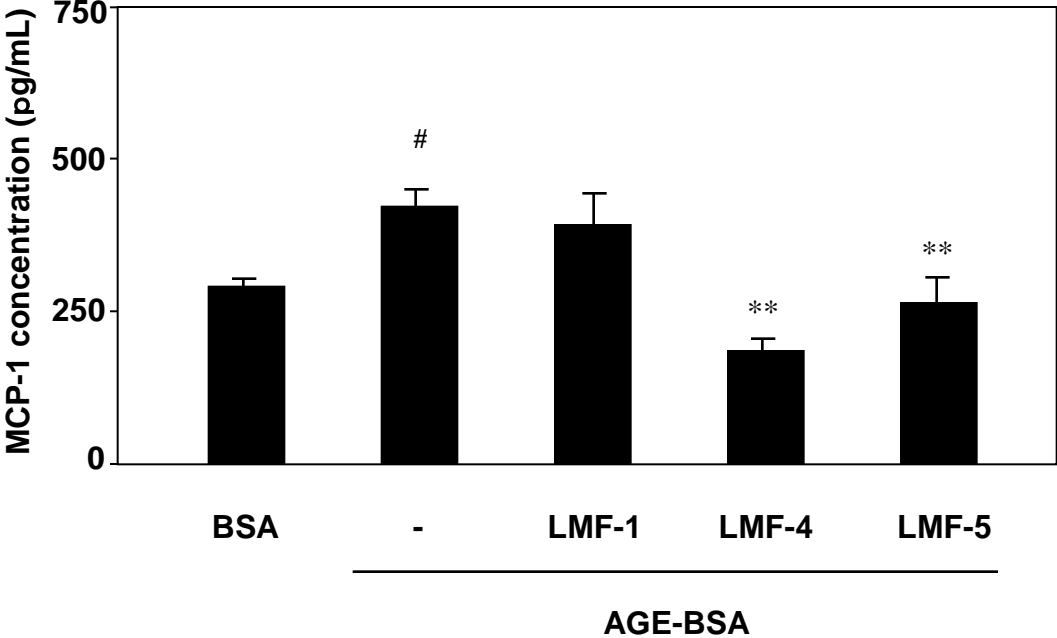




**Fig.5**



**Fig.6**

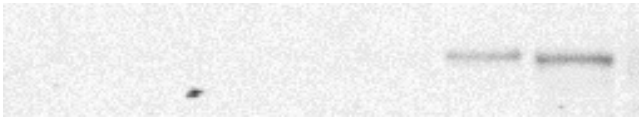


**Fig.7**

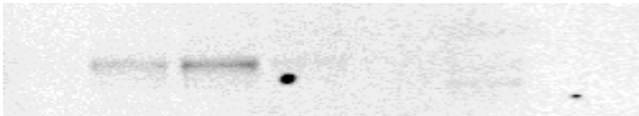
**Fraction number**

**2 3 4 5 6 7 8**

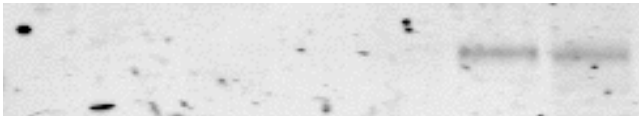
**RAGE**



**BSA**

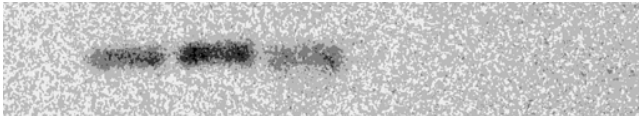


**AGE**

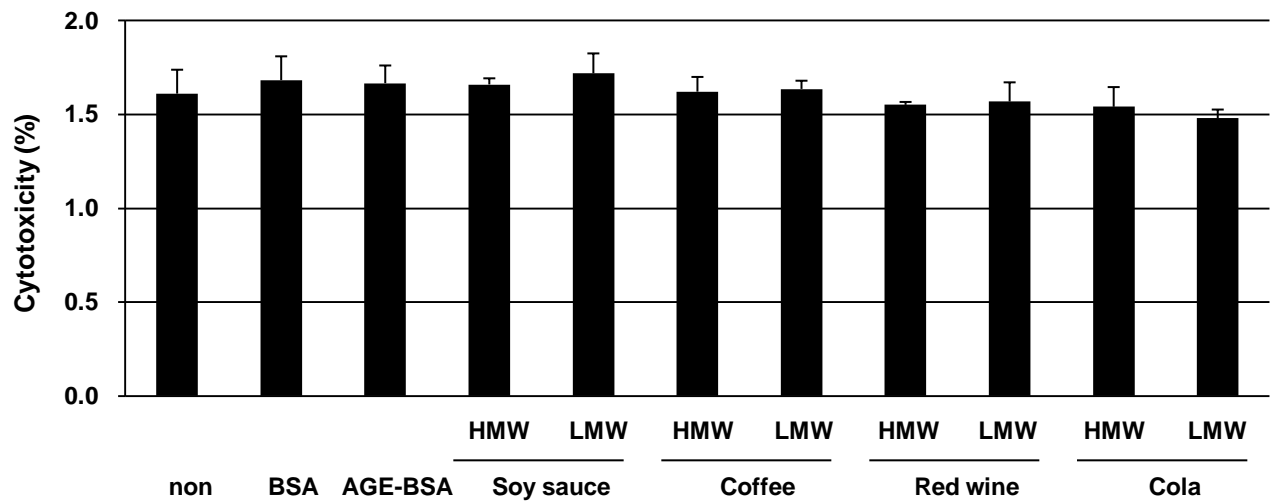


**AGE+LMF-4**

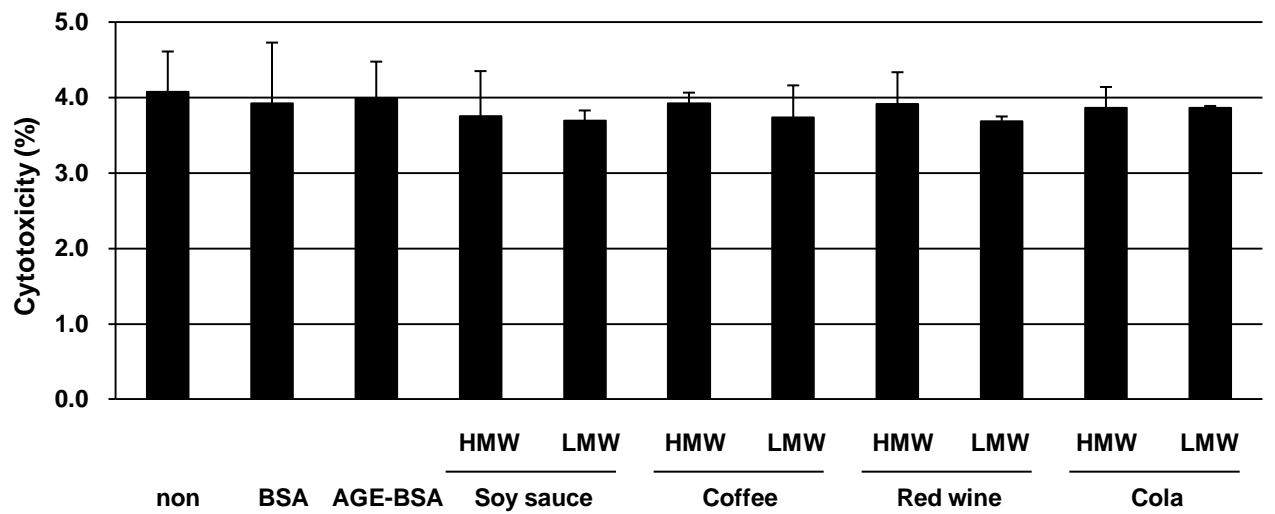
**GM1**



# Supplemental Fig. 1

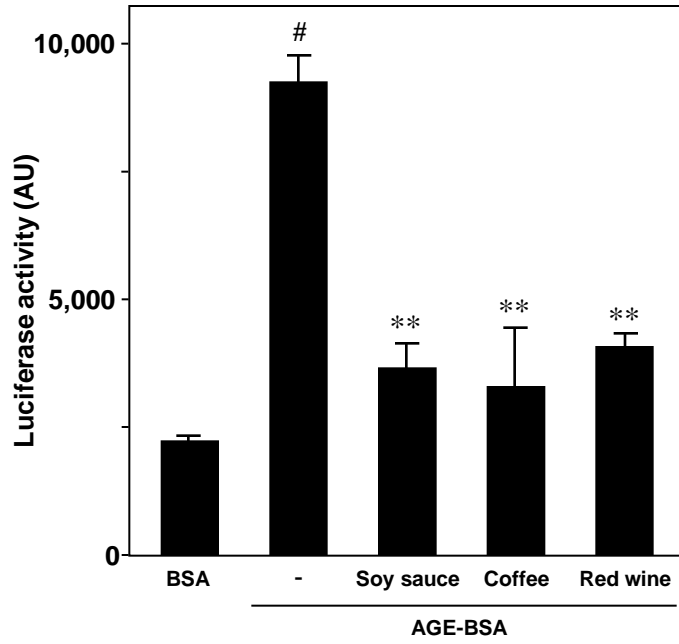


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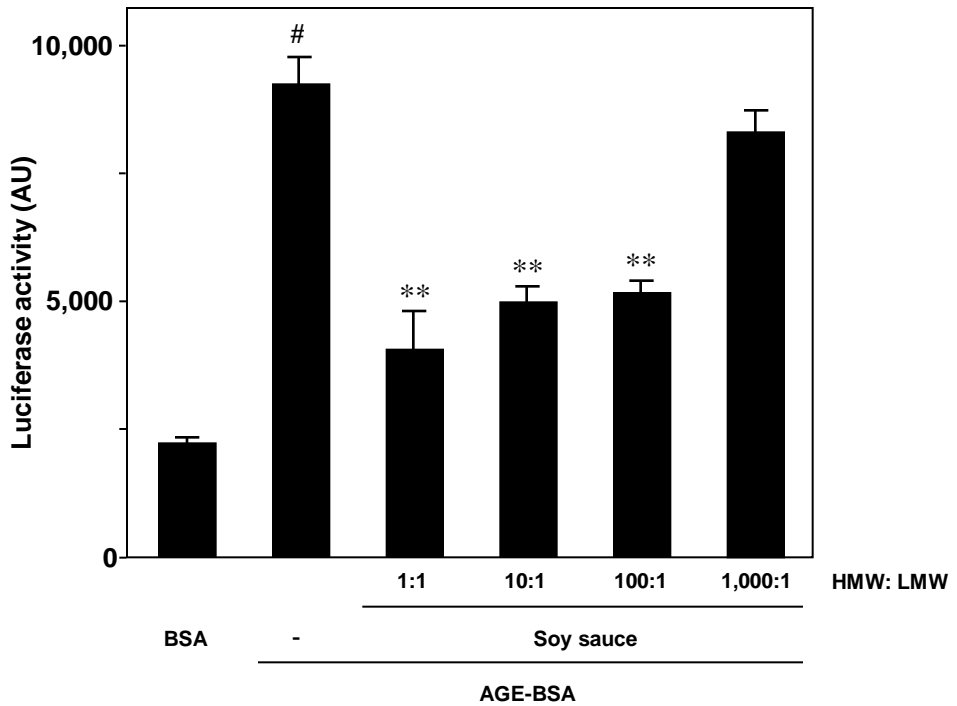


**B**

# Supplemental Fig. 2



**A**



**B**