

1 **Learning-by-Doing: the Chem-E-Car**
2 **Competition[®] in the University of Cantabria as**
3 **case study**

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12 **KEYWORDS**

13 Learning-by-Doing; Chem-E-Car Competition[®]; Competences assessment

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17

18 ABSTRACT

19 It is widely known that the Learning-by-Doing (LbD) pedagogical tool is not the most
20 common form of education in Chemical Engineering nowadays. The aim of this work is to
21 describe the application of LbD considering as case of study the participation of
22 undergraduate students from the Chemical Engineering Degree of the University of Cantabria
23 (UC) from Spain in the Chem-E-Car Competition[®] in the 10th World Congress of Chemical
24 Engineering (WCCE10). The Chem-E-Car Competition[®] is a world-known student event run
25 by AIChE, which provides chemical engineering undergraduate students with the opportunity
26 to participate in a team-oriented hands-on design and construction of a small prototype car
27 powered by a chemical reaction. Within the context of the WCCE10, the competition
28 gathered 18 teams from different countries all around the world. The UC team ended in the
29 6th position and won the award to the best inherent safety design. Overall, the benefits
30 outpaced the time cost both for students and the teaching staff. This situation was not clear at
31 the beginning of the project.

32 Prior to this competition, LbD was used as an innovative pedagogical tool for the
33 requested acquisition of competences. The proposal of a multi-annual Final Degree
34 Programme was a win-win situation for all the stakeholders. From a teaching point of view,
35 the LbD let transferable and core competences to be evaluated not only internally, but also
36 externally thanks to the competition. A survey was completed among the students that
37 participated in the project. Competences such as “Problem-solving” and “Adaptation to new
38 situations” were pointed out as those which were developed in a higher level by the students.

39

40 **1. Introduction**

41 Learning-by-Doing (LbD) is a pedagogical tool which constitutes an alternative to the
42 widespread Learning-by-Repetition. This tool is not new and excellent teaching references as
43 old as 30 years can be found, such as the open-access book from G. Gibbs (Gibbs, 1988). In
44 fact, the idea of LbD is even older (which can be originally attributed to J. Dewey (Dewey,
45 1916)). As pointed out by R. Schank (Schank, 1995) at the time of his writing "...learning by
46 doing isn't our normal form of education...". LbD is of great help, as it has "...the advantage
47 of retaining the quintessence of traditional teaching qualities while rectifying its most
48 recognized flaws" (Bot et al., 2005). Unfortunately, it is a shared belief that nowadays LbD is
49 not the most common form of education in Chemical Engineering. The motivation for this
50 can be twofold. Firstly, according to European ratios in terms of students per full-time
51 professor(Times Higher Education, 2016), it seems difficult to fit this tool. The number of
52 enrolled students can make extremely difficult to manage a workshop of such a size,
53 consuming human and economic resources, being the later currently scarce in some countries
54 such as Spain compared to others such as United Kingdom or Germany (The World Bank,
55 2018). Secondly, based on the authors experience as later shown, the preliminary cost-benefit
56 analysis shows that a huge time investment is needed, with no future prospects of the return
57 on investment.

58 A Chemical Engineer must have a resourceful background in "Doing Something Physical"
59 (i.e.: something that can be "touched"), which is different in the cases of LbD in other
60 disciplines (Ma et al., 2014). This essential skill implies the jump from the drawing board to a
61 physical prototype, thus all cognitive domains of learning are considered (Anderson and
62 Krathwohl, 2001). With a focus on the Chemical Engineering discipline, it is possible to
63 quote Felder and Brent: "the only way a skill is developed ... is practice"(Felder and Brent,

64 2003).Consequently, the LbD tool puts the practice or “Doing Something Physical” in the
65 case of engineers in the very centre of the discussion.

66 A first pedagogical issue arises here, as the traditional approach seems to be failing at
67 “Doing Something Physical”. Normally the degree courses are not oriented to create a
68 prototype. A world-known example of LbD in the Chemical Engineering field is the Chem-E-
69 Car Competition[®](American Institution of Chemical Engineers, 2018)created by S. Fogler in
70 1998. The Chem-E-Car Competition[®] is oriented to undergraduate students. Under a
71 regulatory framework, they must design, build and test a small-sized, inherently-safe and
72 environmentally friendly car prototype powered by means of a chemical reaction, which has
73 to cover a certain distance (unknown before the competition day) and then stop over a line.
74 The role of the advisor/supervisor is merely on the safety of the car, so they cannot provide
75 help at the development of the prototype. Previous works have described the Chem-E-Car
76 experiences in several universities around the globe as a successful and positive teaching tool
77 (Farhadi et al., 2009; Kamaruddin et al., 2012; Lewis et al., 2006; Lim and Moon, 2005;
78 Rhodes, 2002). Moreover, related activities not included in the Chem-E-Car Competition[®]
79 are also possible(Wang et al., 2013). In this sense, the follow-up question shows up: can the
80 current Chemical Engineering teaching framework in Europe be aligned with this Chem-E-
81 Car Competition[®] in terms of skills/learning outcomes?

82 The European Federation of Chemical Engineers published the document
83 “Recommendations for Chemical Engineering Education in a Bologna Three Cycle Degree
84 System” in 2010(European Federation of Chemical Engineering, 2010). In this document,
85 among a set of competences/learning outcomes, it is stated that a first cycle degree chemical
86 engineer must be able“...to develop a basic design for products and processes according to
87 specified requirements”, “to use library and web resources for the acquisition of information
88 regarding equipment characteristics and design methods, physical properties, kinetic and

89 thermodynamic data”; “to demonstrate effective communication skills, both in writing and
90 presentation, and to work effectively in teams”; and to have “understanding of applicable
91 techniques and methods and their limits”; “the ability to organise and carry out projects”; and
92 “an awareness of the non-technical implications of engineering practices”. It is worthy to
93 mention specifically those related to the transferable skills: “work individually and as team
94 members in international and/or multidisciplinary teams”; “understand professional and
95 ethical responsibility” and “learn on their own, and recognise the need for life-long learning”.

96 The participation in the mentioned competition means that students must develop
97 transferable competences in a high extension, such as team building, leadership and
98 communication. In fact, these required competences/learning outcomes by the students are
99 already listed in the official programme of the Chemical Engineering Degree in the
100 UC(University of Cantabria, 2018). Those competences can be subjected to different
101 extensions or levels (ranked from 1 –low level- to 3 –high level-). In general, the extension or
102 level tends to be low in the transferable skills. For example, leadership is expected in some
103 optative courses but in a low level¹. Of course, not all the competences can be developed in
104 its maximum level as was mentioned, since the degree has an equivalent workload of 240
105 ECTS (European Credit Transfer System).A summary is presented for selected transferable
106 skills and core competences, comparing the level or extension in the Chemical Engineering
107 degree and the Chem-E-Car[®] competition at UC in Table 1.The extension or level of
108 development 1 is the lowest and 3 is the highest according to the UC score. The number of +
109 represents a qualitative frequency of the demonstration of the selected competence. For
110 example, the students perform tasks in pairs in the different courses, i.e. classroom problems,
111 which correspond to a low level of teamwork (level 1). This is a very frequent activity (+++).
112 However, having regular meetings, setting up monthly targets, etc. means a high level of
113 teamwork (level 3)which is not needed in the degree (empty cell), but that is essential in the

114 Chem-E-Car competition[®](+++).Several of the transferable skills/competences, such as the
 115 ability for autonomous work, are needed at their maximum level during the Final Degree
 116 Project (FDP), which has 12 ECTS. This project is mandatory for every single student
 117 enrolled in the degree. As later discussed, the possibility to bind the development of core and
 118 transferable competences requested by the FDP to the participation in the competition is a
 119 core element for the success of the proposal.

120 Of course, not only the transferable competences of a chemical engineer must be
 121 developed. It is evident that the core competences, as the nuclei of the degree, must be
 122 developed too. Some of them were previously mentioned in the EFCE recommendations. The
 123 students can perform properly in core competences in the levels 1 and 2, but the requested
 124 level for the core competences needed in the Chem-E-Car Competition[®] can be as high as
 125 level 3. Consequently, from a competences perspective, the participation in the competition
 126 means that core chemical engineering competences must be developed at its maximum level
 127 3. The transferable competences in the Chem-E-Car Competition[®] must be developed at level
 128 2 at least.

129

130 **Table 1.** Selected transferable and core competences and its corresponding extensions or
 131 levels of development.

Type	Competences	Extension or level of development					
		UC degree			Chem-E-Car Competition [®]		
		1	2	3	1	2	3
Core		++	++	+			+++
Transferable	Teamwork	+++	+				+++
	Leadership	+					+++
	Ability for autonomous work	+	+	+			++
	Capacity to apply knowledge to practice	+					+++
	Skills in interpersonal relations	+					+++

132

133 Another important point is the fact that the skills/learning outcomes are only internally
134 validated through the extension of the degree. This means that, for example, the students
135 must be able to communicate research results in front of the same cohort of professors during
136 the four years, but never in front of an external committee (which is the normal situation in
137 the academia or in the private professional sectors). An external evaluator judging the success
138 of the learning outcomes is desirable.

139 The aim of this work is to describe the application of the Learning-by-Doing (LbD)
140 pedagogical tool considering as case of study the participation of a group of undergraduate
141 students from the Chemical Engineering Degree of the University of Cantabria (Spain) in the
142 Chem-E-Car Competition[®] in the 10th World Congress of Chemical Engineering
143 (WCCE10). The novelty of this work relies on being the first-time that this LbD pedagogical
144 tool is applied in our Chemical Engineering Degree. The main barriers for the application of
145 the LbD were identified and a worth-of-spreading solution to other universities is proposed.
146 As a difference of previous works regarding the Chem-E-Car Competition[®], a win-win
147 solution for students (time-effective acquisition of core and transferable skills) and involved
148 supervisors (academic recognition of innovative teaching activities) is envisaged. The
149 assessment of the acquisition of competences was dually completed both at internal (FDP and
150 a one-morning event with university representatives and the sponsor with the presence of
151 regional news media) and external (Chem-E-Car Competition[®], WCCE10) level. To measure
152 the degree perceived by the students regarding the acquired transferable competences, a
153 survey was performed. This was used to check if a reasonable progress towards the
154 acquisition of competences was completed. On top of that, a cost-benefit analysis in terms of
155 time-consumption regarding the application of the LbD methodology was completed. Main
156 issues were clearly explained to support the exportation of the win-win proposed solution to
157 other universities.

158 The materials & methods section describes the creation of the American Institution of
159 Chemical Engineers (AIChE) chapter in the UC and the main characteristics of the case
160 study. The results& discussion section provides details to allow the proposed win-win
161 situation to be reproduced in other universities. This section starts with an initial cost-benefit
162 analysis in terms of time-consumption both for the students and the professors
163 (supervisors/advisors). The impact of the proposed tool was quantified in terms of the student
164 perception about the developed competences. The survey performed is included at the end of
165 the results & discussion section to check that the skills and competences have been properly
166 acquired.

167

168 **2. Materials & methods: Case study description**

169 2.1. The Universidad de Cantabria Student Chapter

170 An AIChE Student Chapter is an official entity of AIChE made up of Student Members at
171 any College or University with a Chemical Engineering Department. The Student Chapter
172 Leadership Positions are held by AIChE Student Members at that University. The purpose of
173 AIChE student chapters is to give Student Members the opportunity to develop project
174 management skills and broaden their professional network by hosting educational events with
175 AIChE.

176 The Universidad de Cantabria Student Chapter of AIChE was founded in 2011. At the
177 time of the creation, this was the second chapter of AIChE in Europe. The team competing in
178 the Chem-E-Car Competition[®] in 2017 was finally formed by a group of 3 female students
179 and 4 male students. Since its creation two different supervisors have been leading the
180 chapter. Two supervisors were involved in the initial stages of the project. The long-term goal
181 of the chapter was the participation in the Chem-E-Car Competition[®] in the WCCE10.

182

183 2.2. Funding for the multi-annual programme

184 Having enough funding for the preliminary testing is essential. In this sense, it was the
185 advisor of the chapter the one in charge of providing a sponsor for the initial testing. At the
186 beginning of the multi-year programme, a local company, thanks to the willingness of its
187 CEO, provided the initial funding for purchasing chemicals and testing prototype parts.
188 Details of the company are provided in the acknowledgements section.

189

190 2.3. Brief description of the Chem-E-Car Competition[®]

191 Official rules established by the organization regulate the “Chem-E-Car performance
192 competition” (American Institute of Chemical Engineers, 2017a). The main aim of the
193 competition is to design and construct a car that is powered with a chemical energy source
194 that will traverse a given distance carrying a certain additional load and stop, using a
195 maximum time of 2 minutes. The required load and distance will be given to each team one
196 hour prior to the start of the competition, which will be between 15 m and 30 m and between
197 0 mL and 500 mL of water, respectively. While carrying the specified load, the main goal of
198 the competition is to stop the car closest to the specified finish line. Each car will be given
199 two opportunities. The order of the teams in the first round of competition is determined by
200 random drawing, and the order in the second one will be determined by the first-round
201 standings, beginning with the team which finished farthest from the ending line. Since an
202 objective of the competition is to demonstrate the ability to control a chemical reaction, the
203 distance travelled, and the stop process must be controlled by a quantifiable change of the
204 concentration of chemical species. No external devices are allowed to stop the car.
205 Commercial batteries can only be used for specialized instrumentation (i.e. sensors or
206 detectors), but their use is not permitted as the power source. Regarding the size of the
207 vehicle, the only restriction is that all components of the car must fit into a box of dimensions

208 no larger than 40 cm x 30 cm x 20 cm. The total cost of all these components of the box and
209 the chemicals used must not exceed US\$2,000.

210

211 2.4. Tasks prior to the competition day: Engineering Documentation Package (EDP) and
212 poster

213 Before the UC team attended the event, the Chem-E-Car Competition[®] stipulates a set of
214 mandatory and optional items. The mandatory items include an Engineering Documentation
215 Package (EDP) and a poster presentation.

216 As stated in the Chem-E-Car Competition[®] Safety Rules (American Institute of Chemical
217 Engineers, 2017a) “the safe preparation and operation of vehicles during all phases of the
218 competition, including construction, testing and competition, is mandatory. There are 2 stages
219 of the safety inspection, an online review where teams will submit an EDP electronically, as
220 well as an on-site review on competition day”. Before the competition, all team members and
221 the faculty advisor must complete the required safety training, which involve viewing two
222 safety lectures coordinated by SaChE (Safety and Chemical Engineering Education) and the
223 Chem-E-Car Competition[®] committee, and then taking, and passing, an online test (American
224 Institute of Chemical Engineers, 2017b).

225 The EDP is a document that certifies the safety of the prototype. This document must
226 include the procedure for the car to start-on and stop safely, hazards analysis, all the safety
227 datasheets, all the individual protection items that will be used and the contingency methods
228 in case of a malfunctioning. This EDP was submitted to a technical board of the competition
229 one month in advance, so the teams can have enough time to modify their design to achieve
230 safe conditions.

231 The poster presentation is a conventional normal-sized poster that must be focused in
232 issues such as safety (is it safe?), novelty (why is different to other car prototypes?), cost (is
233 within the budget?) and a technical description of the main elements.

234 The day before the competition the teams are scrutinized by a jury to check that the
235 prototypes are safe (according to the EDP).

236 Additionally, teams can make a one-minute video presenting the team and the main
237 features of the car, which is displayed during the competition. Each team is responsible for
238 making the video.

239

240 2.5. Brief description of the Chem-E-Car of the University of Cantabria student Chapter

241 The first task carried out by the students was a literature review. The second one was to
242 assess thoroughly different alternatives to decide the reactions involved in the two main
243 mechanisms: movement and breaking. The first design to be prototyped was the result of the
244 first two FDP. Safety was one of the key elements pursued during the design and building of
245 the prototype. The last two FDP constituted the third final step, which resulted in the final
246 building of the prototype.

247 The car is propelled by a stream of CO_2 , which is the end product of the oxidation of
248 sodium oxalate and potassium permanganate dissolved in water. The addition of a small
249 amount of sulphuric acid provides heat and an acidic media. As a result, the pressure of the
250 gas phase increases inside a tank. The pressurised gas acts over a piston. Several gears
251 transferred the mechanical energy to the wheels. The amount of generated gas is enough to
252 cover the maximum distance dictated by the competition.

253 For the breaking mechanism of the car, the iodine clock reaction was used. A small lamp
254 lights a vial containing the solution. Behind the vial, a light detection resistance is located. An
255 Arduino USB board was programmed to detect the change in the measured resistance due to

256 the transition from transparent to dark blue colour. This transition acts over a relay, connected
257 to an electrovalve, which is responsible for stopping the flow of gas to the piston. The time
258 that passes between the addition of the iodate to the solution and the colour change depends
259 on the concentration and on the temperature of the reactants.

260 2.6. Characteristic of the performed survey

261 As later described, while it was evident that there were competences that were
262 demonstrated at a high level such as teamwork and leadership, it was necessary to quantify
263 the perceived improvement. A survey was performed in order to get feedback on the
264 perception of the students of the utility of the LbD project, with special emphasis on the
265 development of transferable competences. A total of 12 anonymous surveys were received
266 (92% of participation), with 50% of answers from male students and 50% from female
267 students. Students involved in the project were surveyed in the first months of 2018. This set
268 of students includes those that completed the FDP.

269 The surveys were anonymous and submitted in electronic form (no hand written). Students
270 completed a survey in which the three main questions used for this work were:

- 271 1) *Mark the competences that the Chem-E-Car[®] project has helped you to improve*
- 272 2) *What were the competences that you consider you have developed the most? Rank the*
273 *top three competences among those provided.*
- 274 3) *The amount of time that you dedicated to the activity was much higher / higher / equal*
275 */ less / much less than expected”*

276 The list of competences (for questions 1 and 2) was provided in the same sheet to help the
277 student at answering the questions.

278

279 **3. Results and discussion**

280 3.1. The Chem-E-Car Competition[®] in the WCCE10

281 Prior to the participation in the Chem-E-Car Competition[®], the transferable competences
282 were internally evaluated at the highest level (3). The level 3 means that the team of students
283 must be able to report to the regional press media and describe a project in front of the public.
284 To do so, a simulacrum of the real competition with only the UC team was organised. A
285 similar simulacrum previous to the competition is typically organized before international
286 events, in general, in the form of a classification (Kamaruddin et al., 2012). The students did
287 show the proper performance of the car to the Dean of the University of Cantabria and the
288 CEO of the sponsor company (please see the acknowledgements sections). The promotional
289 one-minute video used in the day of the competition was broadcasted during the internal
290 testing (see Figure 1 a) and b)). They completed several interviews in the regional media:
291 press (see Figure 1 c)), TV and radio.

292 The day before the event (see Figure 1 d left)), the team passed the safety check and they
293 defend their competition poster in front of an International jury. After two rounds (see Figure
294 1 e)), the UC Student Chapter ended in the 6th position of 18 teams from Iran, China, USA,
295 Canada, Poland, Qatar, and Spain. Even if the students did not finish in the top 3 places, they
296 were really satisfied as the team received the “Best Inherent Safety in Design of Car” award
297 (see Figure 1 d right)).

298

a)

b)

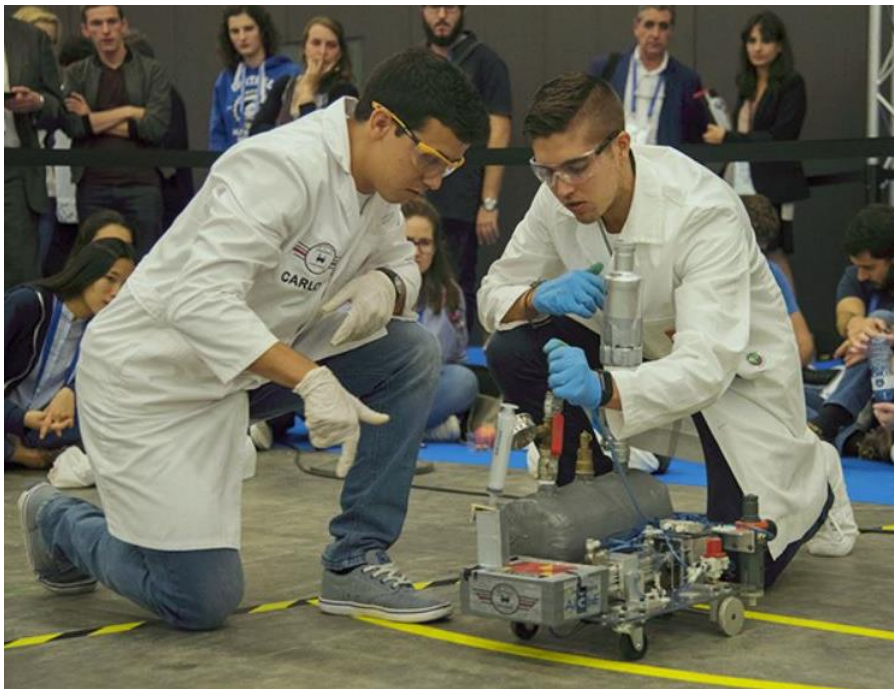
c)



d)



e)



300 **Figure 1.** Selected captions from the promotional video and the reports in regional
301 newspapers: a) and b) Two selected captions of the promotional video
302 (<https://www.youtube.com/watch?v=zmJSKUtCMNE>); c) Regional press report; d) Team
303 members during the poster presentation (left)and receiving the “Best Inherent Safety in
304 Design of Car” award (right); e) Two students in the starting line the day of the competition;
305

306 3.2. Cost analysis for the students and the involved professors

307 At a first glance, it is evident that according to the previous results from the competition,
308 the participation was paid off for all the stakeholders. Of course, this includes the experience
309 of the WCCE10 as well as the design award.

310 However, these rewards were not foreseen right after the foundation of the student chapter.
311 Firstly, it is of critical relevance to face the involved cost for the students. Mainly, the only
312 available resource for the student is time. In fact, keeping in mind the ratio of 1.5 autonomous
313 working hours per 1 hour at the classroom, it leads to a total of 30 hours of workload per
314 week. As the ratio can vary widely, students carefully select the best utilization of the
315 available hours, especially if they have to travel certain distances to university. The beginning
316 of the LbD project showed a lack of student engagement, which in the authors’ opinion was
317 motivated by:

318 • The students participating in the WCCE10 were not the students at the time of
319 assembling the team (2012). Of course, as they did not see themselves in the leading role of
320 the project, a low initial motivation was observed.

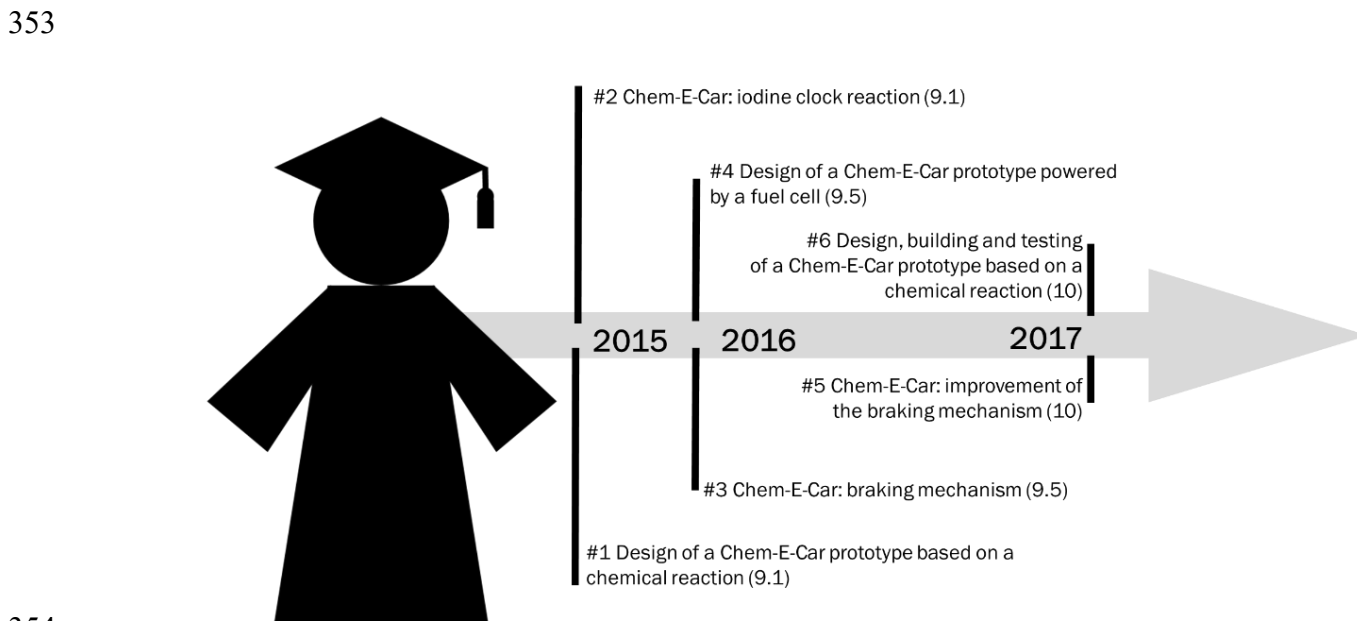
321 • The potential lack of academic progress. The initial activities were not allocated to
322 any existing course, thus no academic credits were going to be attached, and therefore the
323 participation in the project was mainly driven by the individual interest of students of the UC
324 student chapter.

325 The cost analysis of the involved teaching staff is also of interest. The most relevant issue
326 in the staff' side was the transfer of time from mandatory activities (teaching and research
327 project activities) to non-mandatory activities such as the one described in this work.
328 Regarding this case of study, according to the professional university career in Spain, the
329 progress from young researcher to associate professor is based on a national accreditation
330 system. As the accreditation system is essentially based on the historical record of teaching
331 hours of the individual and his/her number of published papers, devoting time to parallel
332 project entails a certain risk, as potentially the submission can lack of enough quality
333 (potential loss of his/her job). In fact, this is just another example of "publish or perish".
334

335 3.3. Proposal of solutions

336 According to the previous description of the cost for both the students and the involved
337 teaching staff, the authors came up with a potential win-win situation. The solution relied on
338 the development of a multi-annual FDPs Programme within the Chem-E-Car Competition®
339 framework. This programme was designed to solve the initial issues detected at the beginning
340 of the LbD project. The FDP (12 ECTS) is mandatory for all the students in the UC Chemical
341 Engineering degree. Consequently, they do really need to complete a project which is granted
342 with credits. This way the students realize the usefulness of participating in such a
343 programme, as their work is rewarded. On the other hand, the involved professors are
344 rewarded by an academic activity, which belongs to the mandatory activities and which, at
345 the same time, is recognized by the national accreditation system. Consequently, both the
346 students and the involved professors were rewarded. On top of that, the responsibility
347 towards the sponsor made the students to be held accountable on the results of the
348 competition. This was an extra driving force that additionally motivated the students
349 participating in the competition.

350 The success of this multi-annual FDPs Programme is based on the defence of six FDPs
351 during 2015, 2016 and 2017, with two projects per year. Figure2 summarizes the title, the
352 year and the academic mark of the six defended projects:



354

355 **Figure 2.** FDPs successfully defended in the multi-annual FDPs Programme. The
356 corresponding mark in a scale 0-10 appears in brackets

357

358 As can be seen from Figure2, these projects were related so the information was based on
359 the previous work. The general overview of the projects was designed in 2015 with the aim
360 that in 2017 a prototype could be available for the competition. In the two first projects
361 (2015), a preliminary design was drawn using the preliminary calculations from the students
362 involved in the pre-multi-programme period. In the project #1, a preliminary design used
363 AutoCAD to provide a rough initial design. Project #2 completed the experiments regarding
364 the chosen iodine-clock reaction, giving as result a regression of the colour change time as a
365 function of the reactants concentration and of the temperature. Project #3 designed the
366 preliminary electric circuit responsible for the detection of the colour change in the iodine-
367 clock reaction and the activation of an electrovalve. Project #5 improved the existing circuit

368 and connected it to the prototype. Project #6 studied the permanganate-oxalate oxidation
369 reaction and built the prototype. Project #4 performed a preliminary assessment of a different
370 propulsion mechanism in case the permanganate-oxalate reaction could potentially fail. Of
371 course, it is clear to the reader that only projects #3, #5 and #6 were projects in which “Doing
372 something” was possible. As was mentioned, the poor initial engagement of the students
373 made that a robust preliminary design was needed. This issue was solved in projects #1, #2
374 and #4. All the projects were highly marked (average value of 9.53 over 10) due to the
375 quality of the reports and the oral defences. Consequently, core chemical engineering
376 competences were internally assessed. The level of the core assessed competences was
377 medium-to-high (2-3) for the six projects. These levels 2-3 mean detailed mass and energy
378 balances, advanced knowledge of kinetics and chemical reaction engineering and the built of
379 a prototype. Transferable competences were also assessed but the achieved level was low (1).
380 The level 1 refers to the presentation in front of a committee composed of professors (which
381 are all members of the degree). Of course, the students perform properly as it is not the first
382 time they do that activity. The feasibility of the prototype was assessed in the FDPs. The
383 projects #5 and #6 reported the behaviour of the prototype.

384 **Table 2.**List of competences and its internal/external assessment. E stands for Erasmus and/or European Project Semester

#	Competences	Internal		External	
		Degree	FDP	Demonstration at UC	Chem-E-Car Competition [®]
1	Capacity for analysis and synthesis.	✓	✓		
2	Capacity for organisation and planning.	✓	✓	✓	✓
3	Oral and written communication in one's own language	✓	✓	✓	
4	Knowledge of a foreign language	✓			✓
5	Knowledge of computer science in the field of study	✓			
6	Capacity for information management	✓	✓		
7	Problem-solving	✓	✓		✓
8	Decision-making	✓	✓		✓
9	Teamwork	✓		✓	✓
10	Working in an interdisciplinary team	E	E		
11	Working in an international context	E	E		✓
12	Skills in interpersonal relations	✓	✓	✓	✓
13	Capacity to communicate with experts in other fields	✓	✓	✓	
14	Recognition of diversity and multiculturalism	E	E		✓
15	Capacity for criticism and self-criticism		✓		
16	Ethical commitment		✓		✓
17	Capacity to apply knowledge to practice	✓			
18	Capacity for autonomous learning		✓		✓
19	Adaptation to new situations		✓		
20	Ability for autonomous work	✓	✓		
21	Creativity		✓	✓	✓
22	Leadership	✓			✓
23	Knowledge of other cultures and customs considering the interrelation with other students in an international environment	E	E		
24	Initiative and an enterprising spirit		✓		
25	Motivation for quality	✓			
26	Sensitivity towards environmental issues	✓	✓		
27	Ability for research		✓		
28	Project design and management		✓		

385

29	Motivation for achievement		✓		
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386 3.4. Checking academic competences

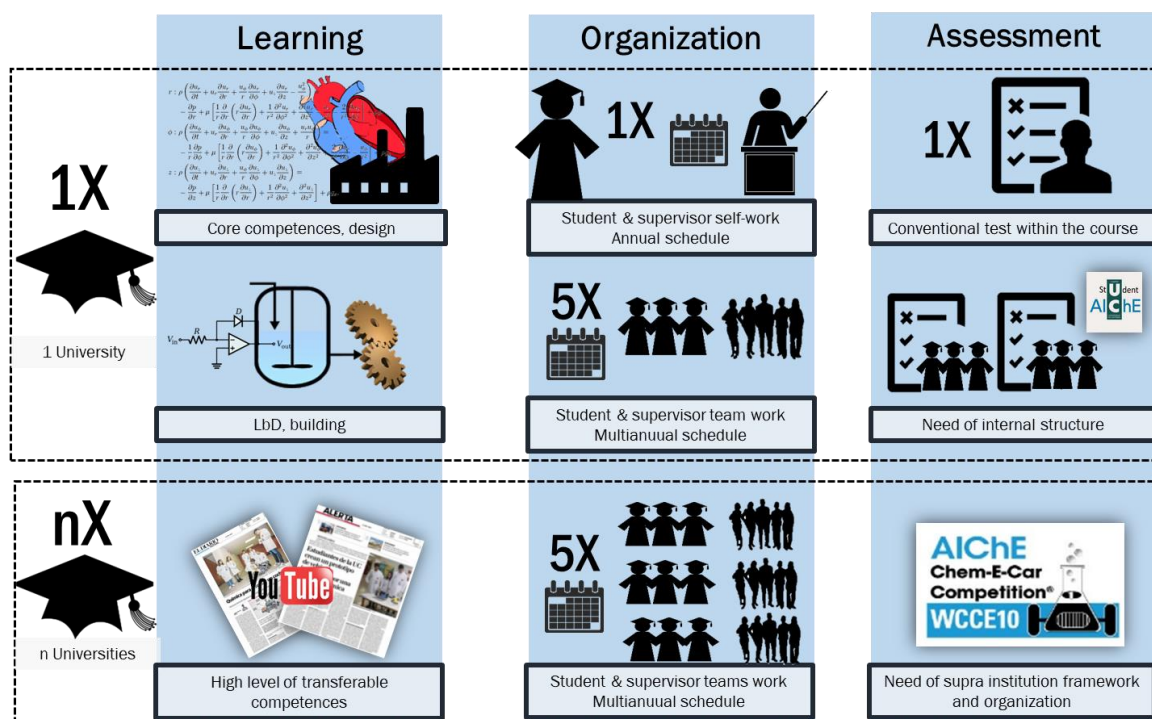
387 The learning of academic competences can be assessed by a myriad of methodologies,
388 going from oral exams to written reports or conventional tests. However, all these
389 competences are assessed by the same teaching staff during the four years of the UC degree.
390 Therefore, an external assessment of the competences is desirable to check how the students
391 can be performed in “the outside world”. Table 2 shows the list of transferable competences. A
392 tick is used to highlight those competences evaluated internally and/or externally. The
393 internal assessment is performed both in the courses of the UC degree and in the FDP. The
394 external assessment took place during the internal demonstration of the prototype at the UC
395 and the Chem-E-Car Competition[®].

396 A graphical summary of the learning outcomes, the request organizational structure and
397 the assessment strategies related to the described project is presented in figure 3. On an
398 individual level, a student is subjected to a schedule in which he/she must reach certain
399 learning outcomes to check the academic competences. Within the course, assessments are
400 completed with no need of other students (unless a group project is discussed) and only one
401 professor is needed in the whole process. This conventional situation which affects a large
402 fraction of the courses anywhere is described in the top row from figure 3 considering one
403 university. No teaching innovation exists here.

404 However, to “build something” the situation changes. This situation is described in the
405 second from top row of figure 3 considering one university. As the individual learning is not
406 enough, a team of students and the involved teaching staff must be assembled, as a single
407 course cannot cover all the previous activities to the competition. This means that a more
408 diverse set of learning outcomes are expected. The team of students, which are led by the
409 students with direct responsibilities in the FDPs, have the capabilities to build and test the
410 prototype. This situation is difficult to be conceived by a single individual, which seems

411 rather obvious. Also, a team of professors (teaching staff) is needed to supervise the safety of
412 the activities in the lab as well as for other issues that were needed to be solved such as
413 finding a sponsor or guiding in the report of the project. Therefore this represents a new
414 situation compared to the one previously presented: more than one student-professor pair is
415 needed to apply the LbD methodology. The timeframe is also different. The conventional
416 reach of a course is one semester (two semesters per academic year). The application of the
417 LbD means a multi-annual framework, in which our initial estimation was of five years. The
418 multi-year project idea did come up with after two years the project started. Thanks to this
419 structure of teams, the competences can be evaluated at internal level (UC degree and FDP
420 within the university), which proves that this internal structure was needed. In the previous
421 section, the internal test (internal demonstration of the competition at the UC in front of the
422 Dean and CEO of the sponsor company) was described and both transferable and core
423 competences were evaluated.

424 However, the external assessment of transferable and core competences requested the
425 participation of several universities under a supra-international instructional framework
426 organization. This structure is needed to let the groups of students to compete between each
427 other's in the Chem-E-Car Competition[®]. This situation is represented in the bottom row of
428 figure 3 considering several universities.



429

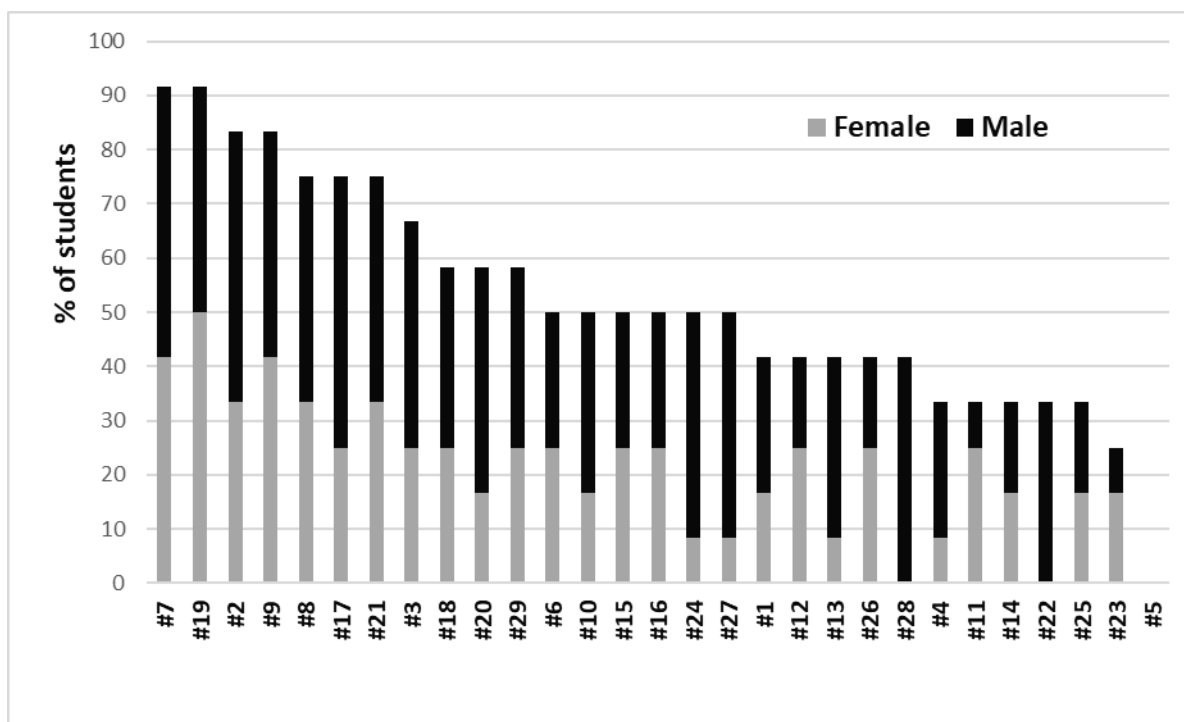
430 **Figure 3.** The need of a multi-university, multi-student and multi-teaching staff integration
 431 for the external assessment in the Chem-E-Car competition®.

432

433 3.5. Survey to students on their participation in the LbD activity

434 Figure 4 summarises the competences which, according to students' answers, their
 435 participation in the activity has helped to improve. Moreover, Table 3 lists the competences
 436 that the students ranked as those that they considered they had developed the most by being
 437 involved in the LbD project.

438



439

440 **Figure 4.** Results of the survey to students on the LbD project. Percentage of students that
 441 considered that their participation in the project was useful to develop each of these
 442 competences. Competence #7 was Problem-solving, #19 Adaptation to new situations, #2
 443 Capacity for organisation and planning, #9 Teamwork, #8 Decision-making, #17 Capacity to
 444 apply knowledge to practice, #21 Creativity, #3 Oral and written communication in one's own
 445 language, #18 Capacity for autonomous learning, #20 Ability for autonomous work, #29
 446 Motivation for achievement, #6 Capacity for information management, #10 Working in an
 447 interdisciplinary team, #15 Capacity for criticism and self-criticism, #16 Ethical commitment,
 448 #24 Initiative and an enterprising spirit, #27 Ability for research, #1 Capacity for analysis and
 449 synthesis, #12 Skills in interpersonal relations, #13 Capacity to communicate with experts in
 450 other fields, #26 Sensitivity towards environmental issues, #28 Project design and
 451 management, #4 Knowledge of a foreign language, #11 Working in an international context,
 452 #14 Recognition of diversity and multiculturalism, #22 Leadership, #25 Motivation for
 453 quality, #23 Knowledge of other cultures and customs considering the interrelation with other

454 students in an international environment, #5 Knowledge of computer science in the field of
 455 study.

456

457 **Table 3.** Results of the survey to students on the LbD project. Competences that the
 458 students ranked in the survey in the “Top 3” and as “Top1” of competences that they had
 459 developed the most by taking part in the LbD activity. Competence #7 was Problem-solving,
 460 #19 Adaptation to new situations, #2 Capacity for organisation and planning, #9 Teamwork,
 461 #8 Decision-making, #17 Capacity to apply knowledge to practice, #21 Creativity, #3 Oral
 462 and written communication in one's own language, #18 Capacity for autonomous learning,
 463 #20 Ability for autonomous work, #29 Motivation for achievement, #6 Capacity for
 464 information management, #10 Working in an interdisciplinary team, #15 Capacity for
 465 criticism and self-criticism, #16 Ethical commitment, #24 Initiative and an enterprising spirit,
 466 #27 Ability for research, #1 Capacity for analysis and synthesis, #12 Skills in interpersonal
 467 relations, #13 Capacity to communicate with experts in other fields, #26 Sensitivity towards
 468 environmental issues, #28 Project design and management, #4 Knowledge of a foreign
 469 language, #11 Working in an international context, #14 Recognition of diversity and
 470 multiculturalism, #22 Leadership, #25 Motivation for quality, #23 Knowledge of other
 471 cultures and customs considering the interrelation with other students in an international
 472 environment, #5 Knowledge of computer science in the field of study.

473

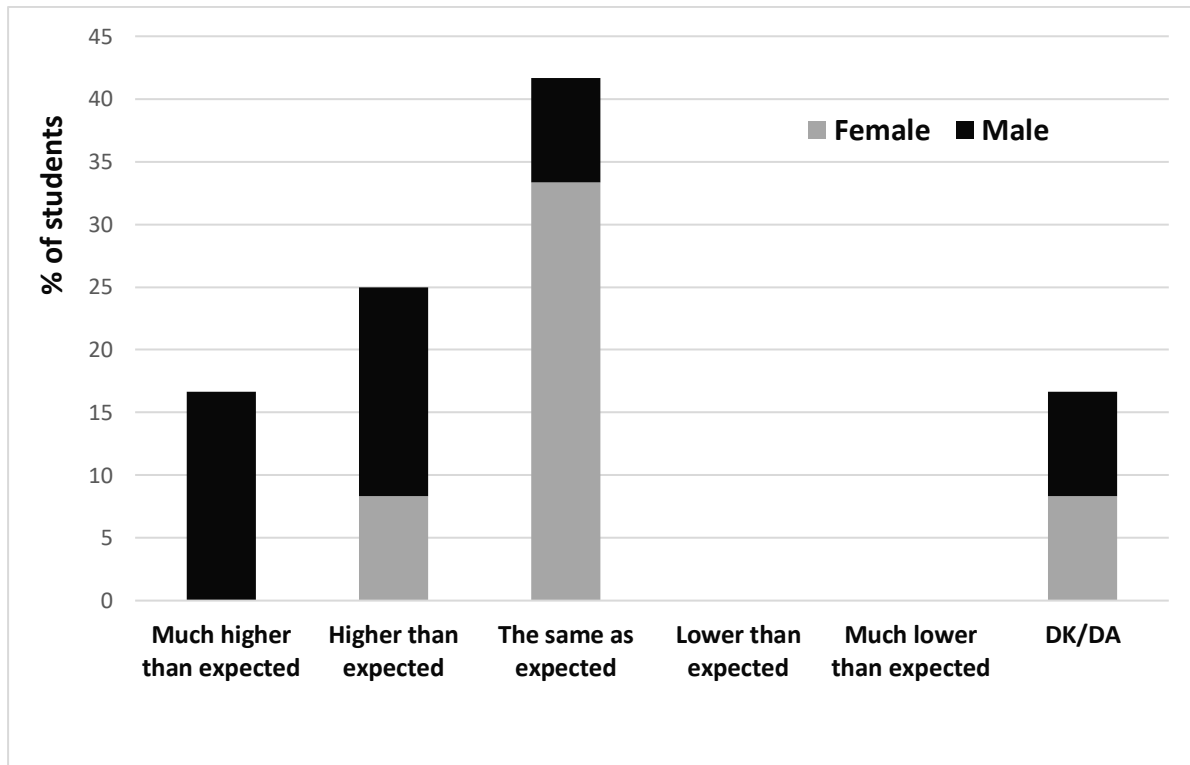
Competence	#19	#9	#17	#21	#2	#7	#15	#16	#18	#29	#1	#8	#20	#22	#23
% of students that ranked the competence in the “top 3”	50	42	25	25	17	17	17	17	17	17	8	8	8	8	8
% of students that ranked the competence as “top 1”	25	25	8	8	17	0	0	0	8	0	0	0	0	0	8

474

475 As shown in Figure 4, there are 17 of the 29 competences for which at least 50% of the
476 students affirmed that the “Chem-E-Car” activity helped them to improve. Almost all the
477 students (92%) felt that they developed the competences “Problem-solving” and “Adaptation
478 to new situations”. Both, crucial competences for a chemical engineer, were also ranked in
479 the “top 3“(Table 3). Particularly, “Adaptation to new situations” was in the top 3 for 50% of
480 the students, and it was highlighted as the most developed competence by 25% of the 12
481 students. Other two important competences (i.e. “Capacity for organisation and planning” and
482 “Teamwork”) were selected by 83% of the students, both also highly emphasised as most
483 developed competence (17% and 25% of the students, respectively, Table 3). As shown in
484 Figure 4, high percentages (75%) were received by “Decision-making”, “Capacity to apply
485 knowledge to practice” and “Creativity”, which were also highly ranked in the “top 3” (Table
486 3). Therefore, it may be concluded that the results of the survey confirm the usefulness of
487 LbD in helping students to develop key transferable competences in their degree of chemical
488 engineering.

489 No significant differences were observed in the results of male and female students
490 surveyed. The fact that competences like #24, #27, #13 or #28 (see Table 3), regarding
491 initiative, ability for research or project design & management, received higher appreciation
492 by male students could be explained because the students that carried out their FDP in the
493 framework of this activity were mainly men (see Table 3). Apart from “#5: Knowledge of
494 computer science in the field of study”, the competences that were least perceived by the
495 students were those related with leadership, diversity, culturalism, knowledge of other
496 cultures, working in an international context and knowledge of a foreign language (Figure 4).
497 In future LbD projects, this perception may change if exchange students from foreign
498 universities could be enrolled in the project together with students from the home university

499 (e.g. like in the European Project Semester programme in the UC (Rivero et al., 2014)),
500 forcing them to communicate in other language and to work in an international context.
501



502
503 **Figure 5.** Results of the survey to students on the LbD project. Answer to the question: “The
504 amount of time that you have dedicated to the activity has been...”

505
506 Finally, the students were asked to assess the amount of time they spent in the activity,
507 compared to the amount they expected to spend before joining the LbD project. As shown in
508 Figure 5, most of the students stated that the time they actually dedicated was the same as
509 they expected when they got involved in the activity. Three students (25%) felt they spent
510 more time than they expected beforehand, and for two students (16%), the amount of time
511 was much higher than expected. It may be noted that most of the students that considered the
512 time as “higher” or “much higher” were male, but again this could be attributed to the fact
513 that most of the students that did their FDP in this activity were male. The results shown in

514 Figure 5 confirm the high time-consuming nature of the LbD activity. However, as pointed
515 out when analysing the other results of the survey, the general perception of the students is
516 that the LbD activity was a fruitful and gratifying experience that allowed them to develop in
517 practice many key competences for a chemical engineer. As a summary, it can be stated that
518 the cost in terms of effort was high but the rewards was also relevant, so the project was
519 balanced in terms of the cost-benefit analysis from the student's perspective. In the
520 professor's view, the win-win nature of the multi-year programme lead to a proper balance in
521 the cost-benefit analysis.
522

523 4. Conclusions

524 Learning by Doing (LbD) is a pedagogical tool that helps at the development of chemical
525 engineering competences. The regular schedule of chemical studies in undergraduate
526 programmes in the Spanish University framework does not favour the use of such tools. The
527 participation of undergraduate students from the Chemical Engineering Degree of the
528 University of Cantabria (UC) in the Chem-E-Car Competition[®] held in the 10th World
529 Congress of Chemical Engineering (WCCE10) has been used as a pilot program to introduce
530 the LbD tool in these studies and as a case study to evaluate its contribution to the acquisition
531 of desired competences in chemical engineering students. Those competences are evaluated
532 both internally (University of Cantabria) and externally (Chem-E-Car Competition[®] at the
533 WCCE10). The initial barriers detected (lack of initial student's engagement) were solved by
534 a multi-annual Final Degree Project Programme, which ended up being a win-win situation
535 for both students and involved professors. Driving forces, such as the existence of an
536 international competition and the trust of the sponsor company, were critical for the success.

537 Improving the level of transferable competences of the students was a reality according to
538 the completed surveys among the participants in the project. Competences such as "Problem-
539 solving" and "Adaptation to new situations" were highlighted as those which were developed
540 in a higher extension or level.

541 In general, it can be stated that the benefits compensated the costs per a large margin
542 according to the results discussed in this work, thus this LbD pedagogical tool is
543 recommended to be extended. This did hold true for both the students and the professors
544 involved. Once the Chem-E-Car Competition[®] as driving force has ended, a new one must be
545 pursued. The authors recommend the celebration of national Chem-E-Car competitions and
546 the possibility to create a European oriented competition based on the urging problems and

547 features of this world region such as Sustainable Production and Consumption in the context
548 of a Circular-Low Carbon Economy.

549

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555

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