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Green Roof Evaluation: A Holistic 'Long Life, Loose Fit, Low Energy' Approach

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Abstract

Green roofs have potential to improve the social and environmental performance of detached housing in Australia, yet often they are overlooked due to prohibitive capital cost and a range of other perceptions that are difficult to quantify. A classic evaluation problem is invoked that must balance short and long term benefits. Using two distinct designs of the same floor area, green roof and traditional housing prototypes are analysed to determine the relative 'breakeven' point when long-term benefits become feasible. It is discovered that green roofs are unlikely to be viable in their own right, but when coupled with an overall design strategy of long life (durability), loose fit (adaptability) and low energy (sustainability) they can deliver least cost (affordability) over time as well as unlock valuable social and environmental rewards. This outcome can be realised within 25% of a home's expected design life of at least one hundred years. The results demonstrate that residential green roofs, when integrated as part of a holistic approach, can be both individually and collectively justified on key economic, social and environmental criteria, and are therefore able to claim a valuable contribution towards wider sustainable development goals.

Keywords: Intensive green roof, evaluation, sustainable prosperity, housing, Australia.

Paper type: Viewpoint

Introduction

Gardner (2014) notes that half of Australia's infrastructure required for 2050 is yet to be constructed, so there appears a lot of opportunity for built environment professionals to contribute to a more resilient nation in the years ahead. Sustainable development can help to mitigate the impacts of climate change, but only if it takes account of the potential economic, social and environmental benefits over the design life of the project. In particular, good architecture should embrace a philosophy of long life, loose fit and low energy (Gordon, 1972) to ensure that new infrastructure is not a burden on society but rather a strategy to improve future living standards in the context of broader sustainability goals.

Green (or 'living') roofs represent an opportunity to explore this strategy and make a positive contribution to the quality of our urban environment (Werthmann, 2007; Jafal, Ouldboukhitine and Belarbi, 2012). The *Green Growing Guide* (Department of Environment and Primary Industries, 2014) is a useful summary of background information on this topic. Green roofs comprise vegetation added to the roof element of buildings, and are classified as either extensive or intensive systems (Snodgrass, 2010). The key difference between them is plant type, access and soil depth or weight. Extensive green roofs have moss or grass vegetation, maintenance only access and a shallow depth for the growing medium (typically less weight than 150kg/m²). Intensive green roofs have a wider variety of plants, are designed as trafficable public spaces, and

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have a soil depth of around 250mm or more. A true green roof covers at least 30% of a building's overall roof area (City of Sydney, 2014).

Residential green roofs are not common in Australia. This may be a function of the obvious higher construction cost, the difficulty in relating it to associated social and environmental benefits, or even normal industry practice and expectations. The aim in this paper is to develop and apply an evaluation approach that integrates economic, social and environmental performance criteria to compare a long life, loose fit, low energy strategy (incorporating an intensive green roof) against a traditional strategy for domestic housing. To fulfil this objective, a case study methodology is applied. A literature review of green roof performance is followed by an explanation of the method, case study findings, reflective discussion and concluding recommendations.

Literature Review

Intensive green roofs have a number of advantages over other forms of 'cool' roof systems, which generally offer improved thermal performance and lower energy implications for the buildings they serve. These comprise additional amenity and relaxation space, capacity for food production, aesthetic appearance, significant thermal mass, noise reduction, better bushfire and severe storm defence, and enhanced control over stormwater run-off (Cantor, 2008; Hopkins and Goodwin, 2011; Roehr and Fassman-Beck, 2015). Possible disadvantages include extra structural load, risk of membrane failure, and high construction cost. In commercial settings, the cost of landscaping maintenance can also be of concern, yet in residential settings this may be a positive for occupants who take pleasure from gardening and land care.

Choi (2008) examined the life-costs for a new three bedroom detached residence located in Brisbane compared with a green roof solution. The proposed house was assumed to have a land size of 925m² and a floor area of 240m². She achieved this by investigating the costs of extra structural implications, green roof construction, associated maintenance requirements, plus benefits of stormwater impacts, energy savings and carbon offsets over a design life of 50 years. Two different green roof options were analysed: an extensive green roof with 150mm of soil depth, and an intensive green roof with 900mm of soil depth. Both were compared with a conventional non-green roof.

Although the research found that green roofs were more expensive than a conventional roof system, by a factor of two for the extensive roof and a factor of three for the intensive roof, the process of calculation was deeply flawed. The motivation for the study was an exercise in engineering design and the use of a timber supporting structure was impractical, especially for the intensive roof. Access was intended for maintenance only. Benefits were identified as difficult to convert into a dollar value. Increased biodiversity, aesthetic benefits, food production and decreased noise pollution could not be taken into account at all. Choi (2008) recommended that further research be undertaken to incorporate intangible benefits into the analysis, concluding that a complete account was fundamental to the procreation of green roofs in Brisbane.

This study highlighted the need for a more comprehensive evaluation model. While economic factors are fundamental, the attempt to convert social and environmental benefits into monetary terms and discount them as if they were normal cash flow transactions is problematic (Langston, 2005). A better approach might involve multiple criteria, objectively assessed using appropriate units of measurement, and combined together as an overall performance ratio or index.

From an environmental perspective, green roofs can improve air quality by removing pollutants. In a study of the City of Chicago, Yang, Yu and Gong (2008) found that a total of 1,675kg of air pollutants was removed by 19.8ha of green roofs annually (i.e. 85kg/ha/yr). Pollutants are

collected by foliage and washed into the soil layer, where they are absorbed, or ultimately carried away by stormwater run-off. Green roofs have a modest impact on urban air quality, proportional to the extent of foliage and soil depth.

Fifth Creek Studio (2012) undertook field tests of $125\text{mm} (125\text{kg/m}^2)$ extensive and 300mm (300kg/m²) intensive green roof systems laid in metal trays on the existing roof surface of a multi-storey office building in Adelaide. They found the potential recycling of outflow water from either green roof was suitable for reuse as urban landscape irrigation and for non-potable purposes such as toilet flushing in buildings, but not as drinking water due to soil leaching. They also found that the insulation value of either thickness was sufficient to reduce summer heat flow in Adelaide's hot dry climate, albeit based on a dry substrate condition. When moisture was added, insulation values fell and temperatures within the profile rose, because water is a good thermal conductor. The deeper the profile the larger the insulation value and the longer the time delay for peak temperatures. The results indicated that adding and subtracting water from the substrate could be used to control heat flow.

Wark (2011) argued two fundamental principles of green roofs. First, healthy vegetation uses a combination of nature's heat transfer mechanisms (i.e. conduction, evaporation, reflection, convection and thermal mass) to remain within a few degrees of the ambient outside air temperature. This can reduce what is called 'urban heat island effect'. Second, the greater the thermal mass, the more it dampens diurnal swings in outdoor temperature. This can help manage heat gain and loss through un-insulated green roofs, but only for a limited range of geographic locations and climates.

The benefits of delayed thermal conductance in some climates with a marked diurnal range are of no advantage in other climates where temperature oscillation above and below expected indoor comfort is not significant (BlueScope Steel, 2010). In residential settings in Australia, the Building Code of Australia requires that roof elements meet minimum insulation values. Previous research on the thermal conductance properties of green roof systems is therefore not normally applicable to Australian residential buildings. In fact, as a form of insulation, green roof systems are inferior to the simple addition of proprietary products made from fibreglass, glass wool or polystyrene.

Green roofs are unlikely to represent a viable outcome compared to conventional roof systems when assessed in isolation. That is a clear finding in this study. However, an integrated design solution that optimises economic, social and environmental factors can embrace the advantages of green roofs while dissipating the negatives of upfront cost. In regard to financial issues, the higher construction cost of green roofs must be offset by lower operating costs elsewhere. The same applies for the building's initial and recurrent carbon footprint. Extra usable space from an intensive green roof can add further value and reduce the overall resource 'cost' per square metre. This paper therefore develops a framework to evaluate an integrated long life, loose fit, low energy strategy capable of delivering a favourable outcome for residential green roof applications.

Method

The selected research method is measurement via detailed case study. Case study is an ideal methodology when a holistic in-depth investigation is needed (Feagin, Orum and Sjoberg, 1991). It has been used in varied investigations, particularly in sociological studies but increasingly in construction. The procedures are robust, and when followed the approach is as well developed and tested as any in the scientific field. Whether the study is experimental or quasi-experimental, the data collection and analysis methods are known to hide some details. Case studies, on the other hand, are designed to bring out the details from the viewpoint of the participants by using multiple sources of data (Tellis, 1997).



Figure 1: Green roof project floor plans



Figure 2: Green roof project elevations





Figure 3: Green roof project edge details



Figure 4: Traditional brick veneer project

Two case studies are employed in this research. Both relate to residential houses of the same area on the same 35 x 20m ($700m^2$) western frontage site; one optimised for low operating costs including an intensive green roof, the other optimised for low capital costs that reflects traditional new construction on the Gold Coast in Queensland, Australia. The Gross Floor Area (GFA) at ground level for each house is limited to 50% of the site area. Build time (from site possession to client handover) is predicted to be 15 weeks in both cases.

Capital cost data are based on composite items of building work measured and priced in the form of an elemental cost plan. An independent quantity surveyor experienced with local conditions is engaged to validate pricing. The supply of loose furniture and equipment and the optional inclusion of an in-ground swimming pool apply equally in both case studies and hence are ignored from the comparison. Embodied carbon footprints are computed from the cost plan using energy intensities from an Australian specific input-output-based hybrid model (Treloar, 1998; Crawford, 2004) to which an average emission factor of 65.07kgCO₂e/GJ for Australia's current energy generation mix is applied (see Appendix).

Operating cost data are estimated from reasonable cycles for future energy, maintenance and replacement work, expressed as discounted value. Household cleaning and gardening activities are specifically excluded from the calculations (i.e. these tasks are assumed to be undertaken by the owners). Billing data for sewerage, water, gas and electricity usage are estimated and benchmarked against actual projects. Recurrent carbon includes the supply of primary energy in the form of natural gas (51.33kgCO₂e/GJ) and grid electricity (0.81kgCO₂e/kWh) in Queensland (Department of the Environment, 2014) plus further embodied energy in recurrent repair and replacement activities (cycles derived from personal experience and manufacturer warranties and conditions).

GENERAL SUMMARY				GREEN ROOF PROJECT, GOLD COAST TOTAL PROJE						
CAPITAL COSTS		BC%	\$/m2	Present Value	OPERATING COSTS		BC%	\$/m2	Present Value	
Preliminaries Substructure Superstructure Finishes Fittings Services Proportion of Preliminaries Design Risk Allowance Locality Allowance Market Allowance	\$ 180,000	8.06 43.26 18.31 7.40 8.03 14.95	125.99 676.58 286.33 115.74 125.59 233.74	88,196 473,604 200,430 81,016 87,910 163,620	Preliminaries Substructure Superstructure Finishes Fittings Services Proportion of Preliminaries Design Risk Allowance Locatity Allowance Market Allowance	\$ 300,000	3.74 7.36 8.38 60.87 19.66	71.43 140.67 160.21 1,163.99 375.98	- 50,000 98,466 112,145 814,790 263,186 -	
BUILDING COST		100.00 %	1,563.97	1,094,776	BUILDING COST		100.00 %	1,912.27	1,338,587	
Centralised Energy Systems Alterations and Renovations Site Works External Services External Alterations and Renovations Proportion of Preliminaries			99.89 33.29 23.40	69,920 23,300 16,380	Centralised Energy Systems Alterations and Renovations Site Works External Services External Alterations and Renovations Proportion of Preliminaries			158.32 56.57 52.59	110,827 39,600 36,814	
NET PROJECT COST			1,720.54	1,204,376	NET PROJECT COST			2,179.75	1,525,828	
Special Provisions GROSS PROJECT COST			1,720.54	1,204,376	Special Provisions GROSS PROJECT COST			71.43	50,000 1,575,828	
Land Purchase Costs Exclusions Rise and Fall Finance Costs			785.71 50.00 85.71 -	550,000 35,000 60,000	Occupancy Costs Exclusions Selling Costs Finance Costs			71.43 214.29 50.00	50,000 150,000 35,000	
ANTICIPATED TOTAL COMMITMENT	8		2,641.97	1,849,376	ANTICIPATED TOTAL COMMITMENT			2,586.90	1,810,828	

GENERAL SUMMARY			GREEN ROOF PROJECT, GOLD COAST		TOTAL PROJECT			
EMBODIED ENERGY	BE%	GJ/m2	Energy (GJ)	RECURRENT ENERGY		BE%	GJ/m2	Energy (GJ)
Preliminaries GJ 1,152		4	a second	Preliminaries	GJ 1,920	125	<u></u>	525
Substructure	13.95	3.10	2,172	Substructure			÷	
Superstructure	41.46	9.22	6,455	Superstructure		2.16	0.57	400
Finishes	20.35	4.53	3,169	Finishes				0.000
Fittings	10.35	2.30	1,611	Fittings		17.79	4.71	3,300
Services	7.03	1.56	1,095	Services		70.46	18.67	13,069
Proportion of Preliminanes	6.86	1.53	1,068	Proportion of Preliminanes		9.59	2.54	1,779
Design Risk Allowance	÷	<u></u>	÷ 1	Design Risk Allowance				
Locality Allowance	-		ĵ.	Locality Allowance		-		
Market Allowance				Market Allowance				
BUILDING ENERGY	100.00 %	22.24	15,570	BUILDING ENERGY		100.00 %	26.50	18,548
Centralised Energy Systems				Centralised Energy Systems				
Alterations and Renovations		2		Alterations and Renovations			2	
Site Works		1.29	902	Site Works			0.87	607
External Services		0.33	234	External Services			1.03	720
External Alterations and Renovations			1000	External Alterations and Renovations			0.000	
Proportion of Preliminaries		0.12	84	Proportion of Preliminaries			0.20	141
NET PROJECT ENERGY		23.99	16,790	NET PROJECT ENERGY			28.59	20,016
Special Provisions				Special Provisions			0.71	500
GROSS PROJECT ENERGY		23.99	16,790	GROSS PROJECT ENERGY			29.31	20,516
Land		3		Occupancy Costs			1	
Purchase Costs		<u></u>		Exclusions			171	1,200
Evolutions		0.57	400	Selling Costs				THEOR
Rise and Fall		0.57	400	Finance Costs			2	
Finance Costs				Contracting scores				
ANTICIPATED TOTAL COMMITMENT		24.56	17,190	ANTICIPATED TOTAL COMMITMENT			31.02	21,716

Figure 5: Green roof project cost and energy summaries

The green roof project is calculated from a prototype design for an intensive green roof over a largely single storey residence of 400m². The additional usable roof (Unenclosed Uncovered Area) created is 300m². Figures 1 and 2 describe the proposed design plans and elevations respectively, while Figure 3 describes the intended roof, wall and floor edge details including thermal performance characteristics. This proposal is compared to a traditional two-storey brick veneer

CUTS

project of the same enclosed area, as illustrated in Figure 4. In both cases, the designs comply with the Building Code of Australia for Class 1 & 10 (Residential Structures) in Zone 2 (Temperate Climate: Gold Coast, Australia).

The green roof project requires a more substantial structure to carry the added weight of soil and retained water and to form a stable surface for the waterproof membrane. The area of green roof amounts to approximately 85% of the total roof area. It should be densely planted as an evergreen non-invasive roof garden while still permitting full access and amenity for building occupants. Further, this case includes compatible design choices that reflect low maintenance low technology materials and systems to improve longevity; multi-purpose space, non-loadbearing walls, movable bedroom partitioning systems and open planning to permit future functional change; natural light and ventilation via a central atrium with a 5kW photovoltaic array on its north-facing roof capable of providing 100% of the electricity needs of the occupants over the course of a year; plus rainwater collection for use as general irrigation. Dimmable LED lighting is used throughout.

In contrast, the traditional project reflects what is commonly delivered in the local market, and aims to keep the initial construction price low through largely timber-framed loadbearing superstructure and metal sheet roofing, maximised speed of assembly through use of off-site prefabricated wall frames, floor beams and roof trusses, and more energy-intensive technologies such as ducted reverse cycle air-conditioning, clothes dryer, specialist media room, and multiple large plasma TVs. Generally internal walls and ceilings are painted plasterboard and external walls are painted cement render. While solar hot water is included, gas supply is not standard and the design generally has a high reliance on external power and water.

Figure 5 summarises the cost and energy profiles for the green roof project over its 100-year design life. Gross Project Cost (AUD\$ as at June 2015) and Gross Project Energy (GJ) reflect the expected capital (embodied) or operating (recurrent) resources and form the basis for comparison with the traditional project design. Energy (GJ) is later converted to carbon footprint (tCO₂e) to model overall environmental impact.

Analytical Framework

Table 1 summarises previous green roof evaluation research using a combination of economic, social and environmental criteria. Care was taken not to include studies carried out to determine only singular aspects like energy performance, suitable plant selection, temperature reduction, etc.

It is clear that not many studies set out to evaluate the performance of all three parameters of sustainability. The research by Porsche & Köhler (2003) is one of the earliest studies to establish the green roof's economic costs and more interestingly comparing it in three different continents. The study indicated that it is difficult to calculate ecological benefits. The vast majority of the studies primarily dealt with the economic benefits in isolation or in combination with the environmental outcomes (Bond, Morrison-Saunders and Pope, 2012).

Even though each of the individual research studies contributed substantially to the advancement and establishment of green roof design, there is still scope for developing a single framework that is capable of assessing all relevant economic, social and environmental criteria in units that are appropriate to each. The remainder of this paper demonstrates such a framework by applying it to a comparison between the green roof project and the traditional project.

Tuble 1. Community of previous green root evaluation research	Table 1: Summary	v of previous	green roof evaluation	research
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Method used	Type of project	Location	Result	Framework
Life-cycle cost- benefit analysis Source: Carter and Keeler (2008)	Cost benefits analysis of extensive green roofs on water shed, over its life-cycle	Atlanta, USA	Net present value (NPV) of green roofs 10% to 14% higher than conventional roofs, after balancing cost of environmental benefits	Economic
Economic-input output life-cycle assessment Source: Blackhurst, Hendrickson and Matthews (2010)	Studying cost effectiveness of green roofs in typical urban mixed-use neighbourhoods	Unspecified	Green roofs are competitive in multifamily and commercial buildings when social benefits are included	Economic and social
Fuzzy analytical hierarchy process Source: Dabbaghian et al. (2014)	Comparing extensive and intensive green roofs over two education buildings	Okanagan and Vancouver, Canada	Extensive green roof is more appropriate to deliver long-term sustainability performance criteria than intensive roofs	Economic, social and environmental
Life cycle assessment (Cradle to gate) Source: Bachawati et al. (2015)	Comparing life cycle performance of traditional gravel ballasted roof and extensive green roof	Lebanon	Environmental impacts of green roofs lesser than gravel ballasted roof	Environmental
Social cost-benefit analysis Source: Bianchini and Hewage (2012b)	Probabilistic social cost-benefit analysis for green roofs: a lifecycle approach	British Colombia, Canada	Social cost-benefit analysis study was undertaken on extensive, intensive and waste based green roofs; analysis found green roofs as a short-term, low-risk investment – social costs and benefits increase the value of green roofs	Social
Life cycle analysis using SimaPro Source: Bianchini and Hewage (2012a)	If materials that are currently used on green roofs are green enough	Canada	Though green roofs have several environmental benefits, the use of polymer in green roofs has high negative environmental impacts	Environmental
Net present value analysis (NPV) Source: Clark,Adriaens and Talbot (2008)	Green roof valuation: a probabilistic economic analysis of environmental benefits	Michigan, USA	NPV of green roofs lower than NPV of conventional roofs, however energy, stormwater and air pollution mitigation calculations proved green roofs are highly beneficial	Economic and environmental
Cost-benefit analysis Source: Claus and Rousseau (2012)	Public versus private incentives to invest in green roofs	Flanders, Belgium	Subsidies for green roofs are required to encourage private investors to develop green roofs	Economic
Life cycle cost analysis Source: Porsche and Köhler (2003)	Comparison of green roofs cost in Germany, Brazil and USA	Multiple locations	Green roofs are more economical in long term than non-green roofs	Economic
Benefit cost- ratio Source: Peng and Jim (2015)	Economic evaluation of the environmental benefits of green roofs	Hong Kong	Green roofs can address climate change challenges with extensive green roofs being economically attractive to intensive types, offering life cycle higher benefit- cost ratio and faster payback.	Economic and environmental

Case Study Findings

Performance is modelled over a building life of 25, 50 and 100 years using indicative economic, social and environmental criteria. Each criterion is analysed separately, quantified, and then combined together as a single overall rating out of 100.

Economic performance

Known as the 'profit' criterion, economic performance is computed as time-adjusted capital and operating costs over the building life using a discounted cash flow approach. The real discount rate chosen for the comparison is 3%, which is a probable long-run reflection of the difference between investment return and inflation rates in Australia.

A graph showing the results of a cumulative discounted cash flow for each case is provided in Figure 6. It is seen that the green roof project has a higher capital Gross Project Cost but lower operating costs than the traditional project, and the point after which the green roof project represents better value is about 30 years. Given a notional design life for either case of 100 years, an economic benefit is available to the first or subsequent owner, and therefore to society as a whole.



Figure 6: Economic performance assessment

Capital cost for the green roof project is \$1,204,376. The traditional project has a 54% advantage. After 25 years the comparative operating cost is modelled as \$329,965 for the green roof project and \$665,687 for the traditional project, which grows to \$556,066 and \$1,141,121 respectively after 50 years and \$741,659 and \$1,577,318 respectively after 100 years. Residual value may be treated as a negative cost, based on market value. In this study it is assumed to have the same

ratio to construction cost after inflation and depreciation, so can be ignored from the comparison.

Economic performance is calculated as 'base divided by discounted life-cost' at a particular stage of the project's life cycle, expressed as a percentage. The base is the minimum realistic cost for a project of this type and size at Year 0. A survey of large project home builders on the Gold Coast suggests that this value is approximately \$400,000 for June 2015 once basic site works and minimal inclusions have been added (i.e. $$1,000/m^2$). Therefore, as an example, the economic performance (i.e. profit criterion) of the green roof project at Year 25 is 26.07%, computed as \$400,000 divided by (\$1,204,376 + \$329,965) and multiplied by 100.

Social performance

Known as the 'people' criterion, social performance is computed using a weighted matrix of non-financial characteristics that contribute to social quality of life. Characteristics are weighted using consensus according to relative importance (using a 1-10 scale, where 10 is high importance) and then assessed for each case study (using a 0-5 scale, where 5 is high compliance).

The comparative weighted matrix for each case is provided in Figure 7. Overall score is computed as the sum of the multiplication of performance level and relative weighting for each performance criterion. To be fair, the same performance criteria are applied to both cases. The green roof project has the highest weighted performance of 378 out of a maximum possible score of 600. This compares to 341 out of 600 for the traditional project. Therefore social performance (i.e. people criterion) of the green roof project is 63.00% (computed as 378 divided by 600 and multiplied by 100), while the traditional project is 56.83%. These scores are assumed to be constant over time.

		Con	nfort			Uti	lity			Aest	hetics			Exterr	alities		
Performance Criteria	thermal performance	sound insulation	natural light and ventilation	safety in extreme weather	long life (durability)	loose fit (adaptability)	low energy (sustainability)	household self-sufficiency	external appearance	indoor/outdoor connection	streetscape harmony	visual privacy	project financing ability	potential buyer appeal	urban impact mitigation	water management	
weighting	10	5	7	7	10	10	10	3	10	5	8	5	10	10	5	5	
%		24	4%			28	3%			23	3%			25	5%		Total
Green Roof Project	4 40	4 / 20	3	4	4 40	4 40	4 40	2 6	3 30	3	1 8	2 10	2 / 20	3 30	3	3	378
Traditional Project	3	3	2/14	2/14	2/20	3	2/20	1/3	3	1/5	5 / 40	4	4 40	4	2/10	2/10	341

Figure 7: Social performance assessment

The key criteria relate to comfort, utility, aesthetics and externalities. Issues of durability, ease of construction, maintenance liability, market value and other matters best measured in monetary terms are part of economic performance and hence not included here (this would otherwise introduce double counting). Embodied and recurrent carbon demand, measured in tCO_2e , is

similarly dealt with as environmental performance. All other matters, sometimes described as intangible criteria, are intended to be part of social performance.

Environmental performance

Known as the 'planet' criterion, environmental performance is computed in terms of embodied and recurrent carbon footprint at various stages of the project's life cycle. Waste management activities during construction and ongoing household lifestyle behaviours are considered equal to both cases, and ignored, while other community impacts have been accounted for previously as intangible externalities.

The proportion of renewable to total energy in Australia is growing and is expected to reach 20% in 2020. So the average emission factor for embodied energy gradually decreases, and should fall to about $60 \text{kgCO}_2\text{e}/\text{GJ}$ by then. To model this trend, future CO₂e needs to be 'discounted' at a rate of 1.5% per annum. At this rate, emission conversion will equal about $50 \text{kgCO}_2\text{e}/\text{GJ}$ in 2033.

The comparative carbon modelling outcomes for each case are provided in Figure 8. Carbon footprint (tCO_2e) is a measure of the amount of initial and operational resources that demand fossil fuels, including embodied carbon in future component replacement, and hence impact on the environment. Total carbon footprint for each case study accumulates over time at different rates, with equivalence occurring at about the 30-year point. If a project uses more renewable resources or recycled content with less demand for fossil fuels, then its carbon footprint is lower.



Figure 8: Environmental performance assessment

Embodied carbon for the green roof project is 1,093tCO₂e. The traditional project has a 111% advantage. After 25 years the comparative recurrent carbon is modelled as 287tCO₂e for the green roof project and 785tCO₂e for the traditional project, which grows to 585tCO₂e and 1,481tCO₂e respectively after 50 years and 970tCO₂e and 2,583tCO₂e respectively after 100 years.

High initial embodied carbon is not necessarily a problem provided it is harnessed to extend the frequency of future replacement and/or has other recycling or reprocessing potential after its original deployment has concluded.

Similar to the economic criterion, environmental performance is calculated as 'base divided by carbon footprint' at a particular stage of the project's life cycle, expressed as a percentage. The base is the minimum realistic carbon footprint for a project of this type and size at Year 0. This has been estimated at approximately $250tCO_2e$ (i.e. $0.625tCO_2e/m^2$). Therefore, as an example, the environmental performance (i.e. planet criterion) of the green roof project at Year 25 is 18.12%, computed as $250tCO_2e$ divided by $(1,093tCO_2e + 287tCO_2e)$ and multiplied by 100.

Overall performance

Beech (2013) described the 4Ps of sustainable prosperity: profit, people, planet and progress. He referred to these four criteria as a quadruple bottom line (QBL) philosophy. Progress was defined as adaptive innovation, but can alternatively be argued as the synergistic influence of the other three criteria. In this study, the following formula for overall QBL performance is used:

$$progress = \underline{profit + people + planet}$$
3

Profit, people and planet are considered in this study as equally important, and measured as an index out of 100. The higher the QBL index, the better the overall performance at a given point in the project's life cycle, and the more progressive the project is judged. Table 2 describes the QBL indices that have been computed for the green roof project and the traditional project.

Stage of Lifecycle	Green Roof Project	Traditional Project	Preferred Option
Year 0 (initial)	39.70	52.01	Traditional
After 25 years	35.73	34.53	Green Roof
After 50 years	33.54	30.04	Green Roof
After 100 years	31.89	27.28	Green Roof

Table 2: Overall performance assessment

For example, the QBL index for the green roof project at Year 25 is computed as (26.07 + 63.00 + 18.12) divided by 3, or 35.73. This value suggests the green roof project is 3.47% better overall than the traditional project. It is 23.67% worse off in Year 0. The point of equivalence between both cases is nearly 25 years.

Intensive green roof construction adds additional capital cost. Nevertheless, the green roof project is shown as a superior choice to the traditional project for the most part of their 100-year design life, so it is reasonable to conclude that considerable societal advantage can apply. The same advantage would not be expected for simpler (i.e. extensive) green roof designs, since longevity and performance contributions are lower and water-shedding ability is problematic.

Discussion

This paper is not an evaluation of the merits of a green roof, for if it was then it would have to be the only difference between case studies. But this research makes a strong case for the use of residential green roof construction in the context of a higher capital cost and lower operating cost profile. The latter is not dependant on an intensive green roof *per se*, but a number of decisions flow from this type of design, such as rigid concrete frame, non-loadbearing walls, higher use of thermal mass, and superior cyclone or bushfire defence. While the traditional project has a lower capital cost and higher operating cost profile, the green roof project takes the same time to build (i.e. 15 weeks) and provides rain protection for construction workers after just 7 weeks.

But one important aspect has so far been ignored. The green roof project creates an extra $300m^2$ (or 75%) extra usable floor area, which explains to some extent why it consumes more resources initially. If economic and environmental criteria were expressed as m^2 and tCO₂e/m² respectively, an alternative outcome is obtained. This is summarised in Table 3.

Stage of Lifecycle	Green Roof Project (700m ²)	Traditional Project (400m ²)	Preferred Option
Year 0 (initial)	53.72	52.01	Green Roof
After 25 years	46.78	34.53	Green Roof
After 50 years	42.95	30.04	Green Roof
After 100 years	40.06	27.28	Green Roof

Table 3: Alternative assessment (relative to size)

Using these revised QBL indices, the green roof project is now 3.29% better off in Year 0, and improves over time to 46.87% after 100 years. The traditional project QBL indices are unaffected.

So why are there few examples of such projects on the Gold Coast? Why are they mainly used as podium roofs on high-rise developments and car parks? Up-front cost is a likely hurdle for many people looking to build their first home, and 25 years still seems a long time to wait for advantage considering the average cycle of buying and selling property is much less. But the creation of a useable roof is attractive and more practical than conventional upper floor balconies, with a garden area effectively equal in size to the original undeveloped site.

Both the green roof and traditional projects are more expensive than standardised 'project homes' of 400m². The latter do not require recruitment of specialist designers or engineers since this cost is amortised across the volume of repeat sales. The buying power of large project home builders and their low margins also keeps costs down. Most importantly, delivered quality is basic (where upgrade variations are not chosen) and the overall design life is reduced, perhaps by as much as 25%. The upfront saving may be counterproductive in the long run.

This study demonstrates that green roof design, to be competitive, must be accompanied by other decisions that reflect a long life, loose fit, low energy philosophy. Often referred to in the context of 'good architecture', these principles are not always commonly practised. Material choice should be based on longevity and low maintenance, not capital cost. Floor layouts should be capable of change over time with minimal disruption and expense. Design should provide a

comfortable living environment without the need for mechanical systems. When these matters are integrated into a green roof project, the result is lower operating costs that offset the higher initial spend.

Much of the literature from overseas on green roof design includes the benefit of thermal mass in the soil that delays the transfer of heat into the building until the evening when outside temperatures fall. This feature suggests that green roofs are more applicable to single storey structures. The Building Code of Australia, however, requires a minimum thermal resistance (Rvalue) of 4.1 for the roof element, which means that insulation is required between the garden and the building interior. This inhibits the flow of stored heat into the building, becoming a potential disadvantage for colder environments that waste this heat by radiating it back into the night sky. Fortunately for the Gold Coast region, the addition of insulation on top of the concrete roof slab stops condensation forming on the soffit in summer when warm humid air enters the building. So for both reasons, polystyrene insulation above the roof membrane is necessary.

Are there disadvantages in the use of green roofs apart from the extra capital cost? The answer is generally 'no', provided the roof does not leak. So it is important to specify a high quality waterproof membrane system, to properly supervise its application, and to water test it prior to installing garden materials, which should not begin until 28 days after the concrete pour. Drainage must be well designed, but it is also wise to specify a 300mm thick slab so that it won't allow ponding water to find its way through via capillary action if the membrane were to fail in the future. A waterproofing additive to a thinner concrete slab is an alternative strategy (similar cost but lower carbon footprint). It is likely that the membrane will last well over 100 years given that it is not exposed to direct sun, is protected from plant roots and inadvertent human damage, is laid direct to a properly prepared concrete slab (with no expansion joints in the slab itself), and is covered by polystyrene insulation to ensure it does not suffer daily thermal shock. Water entry to the building interior is a significant potential risk, yet quite controllable.

The use of thermal mass within the insulated envelope of the building, rather than external to it, increases the climatic stability of the interior space and helps maintain greater comfort levels for building occupants. Given other sensible passive design decisions, such as window shading, natural light and adjustable cross-ventilation, the use of thermal mass in locations such as the Gold Coast is justifiable. However, it is necessary to ensure that hard internal surfaces are offset with softer more absorbent materials to reduce sound reverberation and noise. The need for air-conditioning can be avoided, with its inherent problems of condensation and mould in ductwork when running intermittently, although it would be prudent to include one form of both heating and cooling in a defined area for relief on extreme weather days. Finally, integration of northfacing photovoltaic cells on the roof element and the use of natural gas rather than electricity for heating, cooking and hot water supply should enable the home to balance its annual power requirements via the grid feed-in tariff without sacrificing modern lifestyle needs. A standard 5kW system for a non-air conditioned home (or 7.5kW if a swimming pool is needed) should suffice for most households given the favourable local climate.

Conclusion

Green roof construction is a viable option for new Gold Coast homes in the context of a holistic 'long life, loose fit, low energy' approach. Given the extra amenity it creates for occupants, the green roof project arguably represents superior value at any point in time. To be popular, however, there would also need to be support from local project home builders who could reduce initial costs through their buying power and design standardisation. Such intervention could lower construction costs by as much as 20% without impacting on building longevity or the theoretical equivalence point between green roof and traditional projects.



Green roofs can mitigate the impacts of climate change and assist with:

- 1. reducing the urban heat island effect of our cities
- 2. absorbing carbon dioxide and improving neighbourhood air quality
- 3. filtering stormwater run-off
- 4. providing extra habitat and enhancing biodiversity
- 5. insulating the roof element from external noise sources (e.g. aircraft flight paths)
- 6. improving building defence against cyclone and/or bushfire dangers
- 7. providing extra amenity through options for trafficable roof gardens and recreation or private relaxation space

Some of these potential benefits, although real, are often overstated in the literature. In particular, items 1-4 above require citywide action to be influential. Climate change mitigation requires worldwide action.

A new evaluation framework is proposed, where 'profit' is computed as time-adjusted capital and operating costs over the building life using a discounted cash flow approach, 'people' is computed using a weighted matrix of non-financial characteristics that contribute to social quality of life, and 'planet' is computed in terms of embodied and recurrent carbon footprint at various stages of the project's life cycle. In each case performance is compared to a common benchmark, and overall performance (i.e. 'progress') is computed for any time horizon as a mean of the resulting ratios.

There is much to be gained from the widespread use of green roof construction in the residential housing market on the Gold Coast. It would be good to see a greater take-up of this type of design, particularly in new housing estates yet to be developed, to deliver more sustainable communities into the future at lower initial cost. Such may require deliberate advocacy from the Gold Coast City Council in partnership with project home builders. Consumer education may also be necessary.

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Appendix

Fuel Types	End-use kWh/day/person	kgCO₂e/kWh (thermal)	kgCO₂e/kWh (electric)	tCO₂e/person ∕year	Fuel Mix (A)
Coal electricity generation	20.9		1.10	8.4	35.92%
Metallurgical coal	16.0	0.30		1.8	7.50%
Gas electricity generation	5.5		0.75	1.5	6.44%
Gas heating	30.0	0.19		2.1	8.90%
Oil	70.4	0.25		6.4	27.50%
Renewables* (target=20% by 2020)	incl.	0.00	0.00	0.0	13.74%
Total:	142.8			20.2	100.00%

Total:

* www.cleanenergycouncil.org.au/cleanenergyaustralia

Source: adapted from Seligman (2010)

Fuel Types	Ma	ain Greenhouse G	iases	Emission Factor	Fuel Mix
142.767	CO2	CH₄	N ₂ O	kgCO ₂ e/GJ	(A) x (B)
Bituminous coal	88.20	0.03	0.20	88.43	
Sub-bituminous coal	88.20	0.03	0.20	88.43	
Anthracite	88.20	0.03	0.20	88.43	
Brown coal	92.70	0.01	0.40	93.11	
Coal electricity generation			average (B):	89.60	32.19
Coking coal	90.00	0.02	0.20	90.22	
Coal briquettes	93.30	0.06	0.30	93.66	
Coal coke	104.90	0.03	0.20	105.13	
Coal tar	81.00	0.02	0.20	81.22	
Other solid fossil fuels	93.30	0.06	0.30	93.66	
Metallurgical coal			average (B):	92.78	6.96
Natural gas	51.20	0.10	0.03	51.33	
Compressed natural gas	51.20	0.10	0.03	51.33	
Unprocessed natural gas	51.20	0.10	0.03	51.33	
Coal seam methane	51.10	0.20	0.03	51.33	
Gas electricity generation			average (B):	51.33	3.31
Coal mine waste gas	51.60	5.00	0.03	56.63	
Ethane	56.20	0.02	0.03	56.25	
Coke oven gas	36.80	0.03	0.06	36.89	
Blast furnace gas	n/a	n/a	n/a	n/a	
Town gas	59.90	0.03	0.03	59.96	
Liquefied natural gas	51.20	0.10	0.03	51.33	
Other gaseous fossil fuels	51.20	0.10	0.03	51.33	
Gas heating			average (B):	52.07	4.64
Petroleum based oils	27.90	0.00	0.00	27.90	
Petroleum based greases	27.90	0.00	0.00	27.90	
Crude oil	68.90	0.06	0.20	69.16	
Other natural gas liquids	60.40	0.06	0.20	60.66	
Gasoline (excluding aviation fuel)	66.70	0.20	0.20	67.10	
Gasoline (aviation fuel)	66.30	0.20	0.20	66.70	
Kerosene (excluding aviation fuel)	68.20	0.01	0.20	68.41	
Kerosene (aviation fuel)	68.90	0.01	0.20	69.11	
Heating oil	68.80	0.02	0.20	69.02	
Diesel oil	69.20	0.10	0.20	69.50	
Fuel oil	72.90	0.03	0.20	73.13	
Liquefied hydrocarbons	69.00	0.02	0.20	69.22	
Solvents	69.00	0.02	0.20	69.22	
Liquid petroleum gas	59.60	0.10	0.20	59.90	
Naphtha	69.00	0.00	0.02	69.02	
Petroleum coke	90.80	0.06	0.20	91.06	
Refinery gases and liquids	54.20	0.02	0.03	54.25	
Refinery coke	90.80	0.06	0.20	91.06	
Other petroleum based products	69.00	0.02	0.20	69.22	
Oil		A	average (B):	65.34	17.97

Emission factor (Australia) for embodied energy materials extraction, manufacture & transport (kgCO₂e/GJ): 65.07

Source: adpated from Department of the Environment (2014)