| 1 | Estimating household air pollution exposures and health impacts from space heating in rural China |
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22 Abstract

23 Exposure to and the related burden of diseases caused by pollution from solid fuel cooking, known as household 24 air pollution (HAP), has been incorporated in the assessment of the Global Burden of Diseases (GBD) project. In contrast, HAP from space heating using solid fuels, prevalent in countries at middle or high altitudes, is less 25 26 studied and missing from the GBD assessment. China is an ideal example to estimate the bias of exposure and 27 burden of diseases assessment when space heating is neglected, considering its remarkably changing demands 28 for heating from the north to the south and a large solid-fuel-dependent rural population. In this study, based on 29 a meta-analysis of 27 field measurement studies in rural China, we derive the indoor PM2.5 (fine particulate 30 matter with an aerodynamic diameter smaller than 2.5 micrometers) concentration for both the heating and non-31 heating seasons. Combining this dataset with time-activity patterns and percentage of households using solid fuels, we assess the population-weighted annual mean exposure to $PM_{2.5}$ (PWE) and the health impacts 32 33 associated with HAP in mainland rural China by county for the year 2010. We find that ignoring heating impacts 34 leads to an underestimation in PWE estimates by $38 \mu g/m^3$ for the nationwide rural population (16 to 40 as 35 interquartile range) with substantial negative bias in northern provinces. Correspondingly, premature deaths and 36 disability-adjusted life years will be underestimated by approximately 30×10^3 and 60×10^4 in 2010, respectively. 37 Our study poses the need for incorporating heating effects into HAP risk assessments in China as well as globally.

38 Abbreviations

HAP, household air pollution; GBD, Global Burden of Diseases; PM_{2.5}, fine particulate matter with an
aerodynamic diameter smaller than 2.5 micrometers; PWE, population-weighted annual mean exposure to PM_{2.5};
DALYs, disability-adjusted life years; HD, number of heating days; ALRI, acute lower respiratory infection; LC,
lung cancer; COPD, chronic obstructive pulmonary disease; IHD, ischemic heart disease; PAFs, population
attributable fractions; IER models, integrated exposure-response models; RR, relative risk; LPG, Liquefied
Petroleum Gas; SNG, synthetic natural gas; WHO, World Health Organization;

45 Keywords: household air pollution; space heating; rural China; particulate matter exposure; human health

46 Introduction

47 Increased evidence suggests that PM_{2.5} (fine particulate matter with an aerodynamic diameter smaller than 2.5 48 micrometers) exposure from household solid-fuel use is associated with an increase in the risk of cardiovascular 49 and pulmonary diseases in rural China (Zhang and Smith, 2007). Household air pollution (HAP) from solid 50 cooking fuel use is ranked by the Global Burden of Disease project as the second most important environmental 51 risk factor for premature deaths in China, leading to 605 thousand premature deaths in 2016 (IHME, 2016). Population-weighted annual mean exposure to PM2.5 (PWE, µg/m3) in this risk assessment is estimated on the 52 53 basis of cooking fuel types (Forouzanfar et al., 2016), whereas impacts of heating are not considered. This means 54 an undifferentiated exposure level during heating and non-heating seasons.

55 Unlike other major countries relying on solid fuels, including India and sub-Saharan African countries where heating needs are rare, a substantial amount of solid fuels are combusted for heating in rural China, especially 56 57 the northern parts (Duan et al., 2014). According to a nationwide residential energy consumption survey, space 58 heating accounts for almost 50% of total residential energy use in China (Wei et al., 2016). For rural households 59 without access to district heating, burning solid fuels in heating stoves or "kangs" in winter remains to be the 60 most common home-heating practices, which are known for high emissions of various pollutants and smoke 61 backflow even for the improved types (Chen et al., 2016a; Zhuang et al., 2009). Recent studies have already 62 revealed significant contributions of heating to ambient air pollution in winter, especially in northern China 63 (Archer-Nicholls et al., 2016; Liu et al., 2016).

64 Evidently, space heating in winter will also contribute to indoor air pollution with more solid fuel combustion 65 and worse ventilation (MEP, 2013). In addition, the amount of time people spend indoors, especially during the 66 heating season, makes exposure to indoor pollutants an even more important concern. While several field measurement studies have reported increased indoor PM2.5 concentrations and personal exposure levels in rural 67 68 China in winter (Alnes et al., 2014; Baumgartner et al., 2011; Wu et al., 2015; Zhong et al., 2012), the heating 69 contribution has not been incorporated, so far, into regional or nationwide assessment of indoor air pollution 70 exposure and health impacts. In this study, we re-assess the PWE to HAP and quantify the bias if heating impacts 71 were neglected, by differentiating indoor PM2.5 concentration in heating and non-heating seasons. The exposures 72 were calculated with the inclusion of time-activity patterns and an updated indoor PM_{2.5} database with a close examination of the heating impact. Associated health impacts were also estimated and bias resulting from
neglecting space heating was quantified.

75 Method

This study adopted the time-activity pattern method to estimate PWE from space heating in rural China at the provincial level from 1980 to 2012 based on an updated indoor $PM_{2.5}$ database. Premature deaths and disabilityadjusted life years (DALYs) were calculated as metrics to assess the burden of diseases from HAP for the years of 1990, 1995, 2000, 2005 and 2010. Detailed methods are described below, and a flowchart of the assessment is attached (**Figure 1**). Specifically, county-level PWE and burden of diseases were estimated for the year 2010 to characterize the spatial pattern.

82 Indoor PM_{2.5} concentration. An indoor particulate matter level dataset was compiled using air pollution databases published by United Nations Environment Programme and World Health Organization (WHO), as 83 84 well as updated data from field measurements published between 2009 and 2017. There were 501 publications 85 from 2009 to 2017 that were identified from the Web of Science database relevant to indoor air pollution in 86 China. Nine out of the 501 publications contain field measurements in rural areas and report indoor PM 87 concentrations for households with a dominant fuel type. Measurements taken for dung cake, peat, and biomass 88 pellet were excluded because these fuel types were not recorded in published energy databases (IEA, 2010; Wang 89 et al., 2013), and their total consumption was assumed to be less than 5% of rural residential energy consumption 90 in China. In total, 27 studies were included in this updated dataset, covering 18 out of 33 provinces and 91 municipalities in mainland China from both high and low space heating demanding regions. All the 27 studies 92 were reviewed in depth and sampling details including sampled province, season, household fuel type (coal, crop 93 residue, coal and clean energy), and indoor microenvironment (kitchen, living room, bedroom or not specified) 94 were collected from the literature and statistically analyzed. For studies only reporting sampling periods without indicating if space heating was adopted, periods with monthly averaged local temperature below 5 °C were 95 96 viewed as the heating season (MOHURD, 2003). All studies reviewed and included in this dataset are listed in 97 Table S1. For studies only reporting the average concentration of several measurements, a resample was carried 98 out according to the reported mean, standard deviation (or intervals) and sample size. Means and standard 99 deviations of log-transformed PM_{2.5} concentrations were derived to assess health impacts and uncertainties

100 (Table S2). Measurements taken at different years were grouped together because the temporal trend of indoor 101 $PM_{2.5}$ concentration was found to be insignificant (p>0.05). This does not, however, incorporate the extra 102 exposure in the near-household but outdoor environments from solid fuels used for space heating, for which we 103 have no systematic measurements.

Population-weighted PM_{2.5} exposure assessment. Daily exposure to PM_{2.5} from HAP was estimated for residents who choose coal, crop residue, wood, and clean energy as their primary fuel source, respectively, using corresponding indoor PM_{2.5} concentrations and time-activity patterns. EXP_{j,f,h} is the daily exposure of subpopulation j using fuel f as the primary fuel source for heating or non-heating season calculated using the equation below:

$$109 \quad \text{EXP}_{j,f,h} = \sum_{k} t_{j,k,h} \cdot cf_{f,k,h} \tag{1}$$

where $t_{i,kdavs,h}$ is the proportion of time a subpopulation j spent in microenvironment k in a heating or non-heating 110 111 season (h); cfk,h is the area concentration of PM2.5 in microenvironment k in a heating or non-heating season (h) in a household using fuel type f. The microenvironments in rural China were grouped into three categories, 112 113 including kitchen, living room, and bedroom. To identify time-activity patterns for different subpopulations, 114 rural residents in each province were divided into eight subpopulations based on gender and age, i.e., under 5 115 years old, between 5-15 years old, between 15-65 years old and over 65 years old for both males and females. The time spent outdoors and total time spent indoors were taken from the Exposure Factors Handbook for the 116 117 Chinese population for different age groups, respectively (MEP, 2013; 2016a; b). The ratios of time spent in 118 different rooms (kitchen, living room, and bedroom and the other unspecified indoor microenvironments) were 119 obtained directly from data compiled in a previous study (Mestl et al., 2007). When the calculated time spent in 120 the kitchen for children and teenagers exceeds that of adult women using the ratios adopted, we assume that the 121 amount of time spent in the kitchen for them is equal to the adult women and the remaining time is spent in the 122 bedroom or the other unspecified indoor microenvironments. The detailed time-activity pattern used for each 123 subpopulation in this study is provided in Table S3.

Annual average PWE is the average of PWE for heating and non-heating seasons weighted by the number of heating days (HD, defined as days with daily average temperature below 5 °C). Provincial HD from 1980 to 2012 and county-level HD for 2010 was calculated based on 2-m temperature from ERA-Interim reanalysis (Dee et al., 2011). The overall PWE for rural residents was calculated as the population-weighted average of EXPsfor individual population groups.

129
$$PWE_{p,y,h,f} = \frac{1}{P_{p,y}} \sum_{j} (EXP_{j,f,h} \cdot P_{p,y,j_j})$$
 (2)

130 where $P_{p,y,j}$ is the size of subpopulation j in the province (or county) p and year y, derived from population

131 censuses and the statistical yearbook (NBS, 1981-2013; 2011).

The fractions of households using different types of energy were derived from the population census which involved the major fuel type surveys, the China Energy Statistical Yearbook, and the China Rural Energy Statistical Yearbook (MOA, 1997-2008; NBS, 1986-2013; 2001; 2011). In addition, we downscaled the household fractions to a county level for the year 2010 using a series of multivariant regression models based on socioeconomic and physical indices. Detailed approaches to addressing temporal trends of provincial-level household fractions and spatial downscaling can be found in *SI Text*.

Limited by data availability, the time-activity pattern adopted for different subpopulations, especially children and teenagers, was subject to large uncertainty. In addition, potential factors influencing indoor $PM_{2.5}$ concentration including stove types, different heating practices (heating with cooking stoves, separate heating stove, or kang) were left unexplored because of limited number of field measurements (Hu et al., 2014; Stove Summit, 2017). Better characterization of PWE, as well as influencing factors, demands more field measurements with detailed information on the sampling households and more population surveys on indoor time-activity patterns in the future.

145 Evaluation of PWE estimates against measured personal exposure levels

To evaluate the PWE estimates from our study, we compared the estimates for each subpopulation to the personal exposure measurement results in solid fuel-using households in rural China during heating and non-heating seasons, respectively. Those reporting results from the same field measurement were identified as one study. In total, 10 field measurement studies were identified from the literature review with most studies focusing on adult female in the households. The PM_{2.5} exposure level and corresponding information including fuel type, sampled subpopulation, province, heating condition (heating, non-heating, and both heating and non-heating) were listed in **Table S4**. By plotting the measured personal exposure level in each study against the PWE estimate for the corresponding subpopulation group, we found that most of the data pairs fall around the 1:1 ratio line within the 50%-200% range (**Figure S1**). The exposure level in the heating season is consistently around twice as high as that in the non-heating season for both PWE estimates and measured personal exposure levels. Therefore, our estimated PWE based on indoor $PM_{2.5}$ concentrations and the time-activity patterns can well approximate the personal exposure levels in rural China where direct measurements are limited.

Health impact assessment. To assess burden of diseases from HAP in rural China, this study considered premature deaths and DALYs for acute lower respiratory infection (ALRI) of children under five years old, lung cancer (LC), stroke, chronic obstructive pulmonary disease (COPD) and ischemic heart disease (IHD) of adults over 25 years old and DALYs for cataracts of female over 25 years old. These metrics are consistent with those considered by GBD 2015 (Forouzanfar et al., 2016).

There are, unfortunately, various estimates of population-level health impacts from PM2.5 exposures available 163 164 over different years from the Global Burden of Diseases (GBD) project (Institute for Health Metrics and 165 Evaluation, IHME) and WHO, which will undoubtedly change further in the future. We thus do not attempt to 166 determine the total burden of household fuel use from the additional exposure due to the inclusion of space 167 heating. We do apply our data to the published version of the integrated exposure-response functions (IERs) used 168 in the last full revision of the GBD (Burnett et al., 2014) and newly published IERs (Cohen et al., 2017). The 169 central estimates of premature deaths and DALYs derived by applying the two sets of IERs were reported as a 170 range. The IER models describe the relative risks of certain diseases as a function of PWE (Cohen et al., 2017) 171 and have been widely used to assess the health impacts from household air pollution at global and regional levels 172 including China (Smith et al., 2014). IER only concerns the PM_{2.5} exposure regardless of its source specification 173 and thus should be suitable for both cooking and heating, two major sources of household air pollution, which 174 are both associated with elevated PM_{2.5} exposure.

Premature deaths and DALYs attributable to HAP were calculated by multiplying background premature deaths and DALYs for all risk factors with corresponding population attributable fractions (PAFs) of HAP, for the six causes, respectively. Provincial background premature deaths and DALYs from 1990 to 2010 at five-year intervals for the rural population were derived by multiplying reported numbers from GBD (Zhou et al., 2016) with the rural-to-urban ratio (NHFPC, 2015). PAFs were calculated at the provincial level from 1980 to 2012 using the equations below (Lim et al., 2012) for each subpopulation with the province, gender, age and fuel type specific exposure levels. RR denotes relative risk faced by subpopulations.

183
$$PAF = \frac{RR-1}{RR}$$
(3)

For ALRI, LC, IHD, and stroke, two sets of RRs were calculated based on the two sets of integrated exposureresponse (IER) models for $PM_{2.5}$ exposure developed by Burnett et al. (2014) and Cohen et al. (2017) and PWEs. RR values for COPD (2.00 and 2.07 for male and female, respectively) and cataracts (2.56 for female) used in this study were derived from the results of a meta-analysis because the COPD IER model developed for ambient $PM_{2.5}$ exposure did not align with indoor air pollution; and the cataract IER model was not available (Smith et al., 2014).

To get the central estimates of PAFs for a certain group of population (e.g., solid fuel using population or the total rural population), PAFs were calculated using the equation below, where F_i denotes the fraction of the population in exposure group i. The fraction of different populations has been described in the PWE assessment section above.

194
$$PAF = \frac{\sum_{i=1}^{n} F_i \times (RR_i - 1)}{\sum_{i=1}^{n} F_i \times (RR_i - 1) + 1}$$
(4)

Total premature deaths and DALYs attributable to HAP were the sums of premature deaths and DALYs for all subpopulations. The excess burden of diseases attributable to space heating is characterized by the difference in premature deaths and DALYs estimates calculated using PWE from both cooking and space heating and that from cooking only.

Uncertainty analysis. Two loops of Monte Carlo were applied to evaluate the uncertainties of exposure and health burdens. The first loop was run 1,000 times for each province, gender, age, and fuel-specified subpopulations. As a result, a set of 1,000 simulations of PWE, RRs, PAFs, premature deaths and DALYs was generated for each subpopulation to characterize their distributions. For the uncertainty associated with PWE, variations in $PM_{2.5}$ concentrations, time-activity patterns as well as the proportion of different fuel-using populations were considered. Log-normal distributions were applied for $PM_{2.5}$ concentrations with standard deviations calculated above. Deviations of time-activity data were directly derived from the literature (Mestl et al., 2007). The fractions of the subpopulation were assumed to be uniformly distributed with a coefficient of
variation of 10%. For the health burden estimates, only uncertainties in PWE were considered.

The second loop of Monte Carlo simulation was run 10,000 times to evaluate the overall uncertainty of the metrics of interest (i.e., PWEs, PAFs and health burdens) of the total rural population. Each subpopulation was sampled using its fraction in the total population as the weight. Medians and interquartile ranges were used to represent the uncertainty in this study.

Sensitivity analysis. To illustrate the impact of non-linearity of IER functions on health burdens estimates, the sensitivity of disease burden estimates to the central PWE estimates was analyzed based on the IER functions. Corresponding premature deaths and DALYs were calculated while varying PWEs from 2.5% to 97.5% confidence levels at 5% intervals using the distribution generated in the first loop of Monte Carlo simulation and fixing the other influencing factors for the year 2010 (Smith et al., 2014).

217 Results

218 PWE to household air pollution due to solid-fuel use. Although not included in existing estimates of the 219 burden from household fuels, solid-fuel use for space heating is a major factor elevating household pollution in 220 winter in rural China, where district heating is not provided (Jin et al., 2006; Jin et al., 2005; Zhong et al., 2012). 221 Figure 2 compares PM_{2.5} concentrations in heating and non-heating seasons in pairs for all three solid fuel types 222 and different indoor microenvironments. PM_{2.5} concentrations measured in households using clean energy, 223 including electricity and Liquefied Petroleum Gas (LPG) were also plotted on the right. Households that utilized 224 solid fuels in their living rooms or kitchens had PM_{2.5} concentrations between $337 - 585 \,\mu\text{g/m}^3$ during the heating 225 season, which is over five times greater than those with clean energy. PM_{2.5} concentrations in heating seasons 226 are on average 50% (in kitchen/living rooms of coal-using households) to 200% (in bedrooms of wood-using 227 households) higher than those in non-heating seasons. The differences are significant for various fuel-228 compartment combinations (P<0.05), except for bedrooms in coal-using households due to the lack of 229 measurement data available for this category (Table S2). Compared to coal, households using biomass show 230 greater concentration differences between heating and non-heating seasons possibly because of higher PM_{2.5} 231 emissions in biomass-reliant heating facilities due to a relatively unstable burning condition, as documented in 232 previous studies (Liu et al., 2008; Zhang and Smith 2007).

233 Based on summarized indoor PM_{2.5} concentration data, we calculated PWE using time-activity patterns⁴ and 234 derived PWE for both the total rural population and the rural population using solid fuels on national, provincial as well as county levels, on the basis of EXP levels and fractions of subpopulations (NBS, 1981-2013; 2011). 235 We found that those provinces with large rural populations experienced the highest $PM_{2.5}$ exposure (Table S5). 236 237 Figure 3 (A) shows the geographic distribution of PWE with a clear decreasing trend from north to south. A 238 clear positive correlation exists between PWE and HD for provincial PWE estimates from 1980 to 2012 (See 239 Supporting Information). In comparison, the previous study neglecting space heating derived an increasing PWE 240 trend from north to south China (Mestl et al., 2007). When major fuel type difference is the only spatial difference 241 considered, PWE for rural residents in the south who rely more on biomass was calculated to be higher than 242 PWE for residents in the north because biomass usually corresponds to higher indoor PM_{2.5} concentrations than coal (Figure 2). When spatial differences in fuel type and heating need are considered simultaneously, however, 243 244 the increasing trend of PWE from the south to the north caused by increasing heating need overwhelms the 245 decreasing trend caused by primary fuel type difference. Comparing PWE estimate based on indoor PM_{2.5} 246 concentration from both non-heating and heating seasons and that from non-heating season only, we find that 247 PWE would be substantially underestimated if the heating impact is neglected, especially for the population in 248 the north (Figure 3 (B)). PWE for rural residents would be underestimated by 20% for counties close to the 249 boundary of district heating to 50% for counties in northeast China and Tibet with long and cold winters, which 250 means the PWE would be underestimated by 40 to 120 μ g/m³. Overall, PWE was estimated to be 163 μ g/m³ 251 (115-194 µg/m³ interquartile range) for rural residents in China in 2012. In addition, PWE for the solid fuel using population was 182 μ g/m³ (160-209 μ g/m³). The estimates were comparable to direct personal exposure 252 253 measurements from rural solid fuel using households (113 to 490 μ g/m³), while different direct measurements 254 showed more variation (Baumgartner et al., 2011; Hu et al., 2014; Jiang and Bell 2008). If the effect of elevated 255 $PM_{2.5}$ concentration during the heating season is neglected, PWE in rural China would be 125 μ g/m³ (99-154 256 $\mu g/m^3$) in 2012 on average, 23% lower than the estimate with the heating impact considered. In addition to the 257 spatial difference in PWE to HAP due to heating needs in northern China, it is important to know that we need 258 to bring down the national PWE to HAP from an even worse level than we thought before due to the inclusion

of space heating. This highlights the priority of mitigating HAP among various environmental concerns and the
 importance of targeting space heating for HAP mitigation.

In total, approximately $0.67 \sim 0.93$ million premature deaths, or $7.6\% \sim 10.6\%$ of all deaths, and $14.0 \sim 17.7$ 261 million DALYs, or $4.2\% \sim 5.3\%$ of total DALYs, could be attributed to HAP from cooking and heating in rural 262 263 China in 2010. The overall population attributable fraction (PAF) was 28% ~ 39%. Cooking-related exposure 264 alone accounted for $0.64 \sim 0.91$ and $13.2 \sim 17.1$ million estimated deaths and DALYs. Spatial distributions of 265 the relative difference between premature deaths and DALYs estimates with and without space heating only 266 show a small increment of health burdens from the inclusion of space heating with such significant differences 267 in PWE (Figure S2). This is because the IER functions are rather insensitive to exposure change at the high 268 exposure end (Figure S3). However, the increment is expected to grow since the PWE is expected to decrease in the future with a wide range of projects promoting clean cookstoves and clean cooking fuels (Chen et al., 269 270 2016b; Smith et al., 1993) and IER functions are more sensitive to exposure change at the lower exposure end. 271 Again, however, this is not the full impact of exposure due to household heating, since we only account for 272 indoor concentrations and not the near-household exposures due to the emissions. Nor does it account for the 273 portion of general ambient air pollution due to household heating.

274 **Temporal trends.** The national PWE for the rural population was estimated to decrease by $19 \,\mu g/m^3$ from 1980 275 to 2012 (182 to 163 μ g/m³) with the decrease of solid fuel users. Without including exposure from space heating, 276 PWE would only decrease by 9.0 μ g/m³ (134 to 125 μ g/m³) because the exposure reduction would be smaller 277 when solid fuel users switch to clean energy. Figure 4 depicts the interannual change in PWE as well as the 278 fraction of solid fuels and clean energy users for the total rural population in the past three decades. Temporal 279 trends of residential fuel and electricity consumptions in rural China from 1980 to 2012 are shown in Figure S4. 280 Solid fuels dominated the rural energy use over the entire study period and accounted for over 70% of the total 281 consumption for all years. However, their relative contribution has decreased at an exponential rate over the last 282 three decades from 99% to 70%. Since the early 1980s, China has experienced a rapid socioeconomic transition 283 (Zhu, 2012). Consequently, residential energy profiles have shifted from being primarily solid fuel dominated to 284 now being occupied by clean energy in the forms of LPG and electricity (Duan et al., 2014; Zhang et al., 2009), 285 especially after 2005 when the latter began to be widely marketed (Higashi 2009; Ngan 2010). Further transition from solid fuels to clean energy, especially electricity, as the primary cooking fuel in rural households in recent years has also been confirmed by a nationwide follow-up survey (Chen et al., 2016b). As a result, 14 out of 19 μ g/m³ PWE reduction occurred after 2005. The pace of PWE decrease varied among different provinces. More developed coastal provinces, including Shanghai, Zhejiang, and Guangdong, saw over 20% reduction in PWE. In contrast, less-developed western provinces, including Xizang, Qinghai, and Gansu, saw less than 6% decrease in PWE from 1980 to 2012, and the provincial PWE was still over 200 ug/m³.

292 Figure 5 provides corresponding health burden changes calculated based on IERs from Cohen et al. (2017) from 293 1990 to 2010 at five-year intervals. To distinguish the impact of the change in background disease rate and 294 switching from solid fuels to clean energy, the burden of diseases avoided by switching to clean energy was also 295 calculated and pictured as hollow stacks. The burden of diseases avoided was defined as the difference between 296 actual burden of diseases and the counterfactual loss if the fraction of solid fuel using households remained at 297 1990 level. Change in death and DALY rates are also depicted. In total, 0.30 million premature deaths and 15 298 million DALYs attributable to HAP were avoided over the last two decades. Among them, the decrease of the 299 fraction of solid fuel users contributed to 0.11 and 2.0 million avoided premature deaths and DALYs from HAP 300 in rural China in 2010, respectively. The premature death and DALYs in 2015, would be 0.78 and 16 million, 301 respectively, if the fraction of households relying on solid fuel in rural China stays the same as that of 1990, 30% 302 higher than the deaths and DALYs loss estimates from household air pollution in 2016 from GBD estimates (IHME 2016). DALY rates from solid fuel use decreased steadily for rural residents from 35×10^2 to 21×10^2 per 303 304 100000, mainly because switching from solid fuels to clean energy effectively reduce the DALYs from ALRI 305 for children under five years old. In contrast, death rates stayed constantly from 1990 to 2005 when the fraction 306 of solid fuel using households only decreased by 8.2% during this period. The death rate dropped from 112 to 307 100 per 100000 from 2005 to 2010, when the transition from solid fuel to clean energy accelerated by increased 308 accessibility to and affordability of clean energy. In addition, a spatial imbalance in terms of health burden change 309 exists between more developed east coastal area and other parts of China (right panel). The decreasing rate of 310 burden of diseases attributable to HAP is slower in central and northeastern China, indicating the needs for more 311 targeted policies to accelerate household clean energy adoption for those areas.

312 Discussion

313 Comparing the indoor PM_{2.5} concentration reported for heating and non-heating seasons in rural China, this 314 study revealed that the $PM_{2.5}$ level in the heating season is significantly higher than that in the non-heating season 315 for almost all fuel and indoor microenvironment categories, which is consistent with the tendency found by 316 personal exposure measurements (Baumgartner et al., 2011; Ni et al., 2016; Zhong et al., 2012). We estimated indoor PWE from HAP to be 163 μ g/m³ (115-194 μ g/m³). Corresponding burden of diseases to be 0.67 (0.58-317 318 0.75) million premature deaths and 14.0 (12.1-15.7) million DALYs in 2010, approximately 23% and 8.0% 319 higher, respectively, than the estimates without considering additional exposure from heating. Although the total 320 health burden estimates are comparable to the GBD15 estimates (IHME, 2016), partly due to the nonlinearity of 321 the IER functions, we found an obvious spatial variation in health burdens attributable to HAP. For instance, 322 corresponding PAFs in 10 out of 16 northern and western provinces, where district heating is provided in cities were higher than the average for the total rural population in 2010. Therefore, neglecting the seasonal variation 323 324 in exposure would not only lead to underestimation of total burden of diseases from HAP but also significant 325 spatial biases. For example, PWE estimates are higher in southern provinces in a previous study focusing only 326 on indoor PM concentration difference between biomass and coal (Mestl et al., 2007). Temporally, we found that 327 the health burden estimates would be underestimated by approximately 7.4% from 1990 to 2010 if neglecting 328 the heating impact. The bias persisted while the fraction of solid fuel using households decreased by 30%. In 329 addition to China, there are many countries (such as Kazakhstan and Mongolia) where coal combustion for 330 heating is poorly controlled and is prevalent (Kerimray et al., 2017). It is expected that health impacts of HAP 331 in these regions have been significantly underestimated because space heating is not taken into account.

It is observed that as space heating becomes more affordable with economic development in China, the heating demands for rural residents will continue growing (World Bank, 2013). The trend is expected to continue in the future with further economic development. The Chinese government recently launched an ambitious five-year clean heating plan to convert heating with coal to natural gas by the year 2021 (Judy and Benjamin, 2017). The effectiveness of this plan would be significantly under-evaluated if impacts of solid-fuel heating are neglected in a risk assessment.

To mitigate population exposure to pollution from solid fuel cooking and heating, particularly, for provinces in
 western, central and northeastern China, where most rural residents live and clean energy technologies have been

- 340 slow to penetrate, both short-term interventions, such as cleaner coal and improved stoves, and long-term policies
- 341 to replace solid fuels with LPG, electricity, or synthetic natural gas (SNG) will be needed (Shen, 2016).
- 342 Considering the substantially higher emission factors of household stoves compared to coal consumption by
- 343 power plants, such interventions will also provide China with a great opportunity to meet the "Action Plan for
- 344 Air Pollution Prevention and Control" (Qin, 2017; Sheehan et al., 2014).

345 **Contributions:**

- 346 Y.C. and S. T. conceived and designed the study. Y.C. performed the analysis and prepared the initial draft of
- 347 the paper. H. S., K. R. S., D. G., Y. C., G. S. contributed to results interpretation. All authors (Y.C., H.S., K.
- 348 R.S., D.G., Y.C., G.S., J.L., H. C., E. Y. Z. and S.T.) participated in the writing of the manuscript. S.T.
- 349 coordinated and supervised the project.

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476 Figures

477 Figure 1 Flowchart of health burdens from indoor exposure to HAP assessment

Figure 2 Boxplot of modeled indoor PM_{2.5} concentrations (log value) for the kitchen/living rooms (K/L) and bedrooms during both the heating (H) and non-heating (N) seasons for households using different fuel types. "*" means there is no measurement reported for these categories. The means were assumed to be proportional to the concentration in K/L for the same fuel type, and the PM_{2.5} concentration ratio between K/L and B were assumed to be equal in both heating and non-heating seasons. "#" means standard deviations were adjusted from the corresponding K/L category with measurement number (assuming n equals 2).

Figure 3 Geographical distribution of PWE from the use of household solid fuels in mainland rural China
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Figure 4 Temporal trend of the fraction of different fuel users (left) and national PWE level (right) for the rural population from 1980 to 2012. The solid line and dash line represents PWE estimates with and without considering additional exposure from heating. The shaded area represents the interquartile range of PWE estimates including heating impacts.

492 Figure 5 The change in premature death (A) and DALYs (C) attributable to indoor exposure to HAP from 493 solid fuel use in rural China from 1990 to 2010 and the contribution of relevant diseases. The error bars 494 indicate the uncertainty range (interquartile range) for total death and DALYs from two-loop Monte Carlo 495 simulation; the dashed line represents the change in death and DALYs rate.

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Supplementary Materials for:

Estimating household air pollution exposures and health impacts from space heating in rural China

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- Temporal trends in residential fuel, electricity consumptions and rural population size in rural China from 1980 to 2012.

Literature review of indoor particulate matter concentrations measurements in rural China

The metadata including primary fuel type, type of particulate matter (PM) measured, sampled provinces, sampled microenvironment (kitchen, K; living room, L; bedroom, B; Indoor, I) and heating condition (heating, H; non-heating, N; both heating and non-heating, B) for each field measurement study were listed below. Raw measurements data points were collected if published. For studies which only report average concentration, resampling was performed according to their sample size. Conversion ratio of 0.54, 0.61 and 1.4 was adopted for PM_{10}/TSP , $PM_{2.5}/PM_{10}$ and PM_{10}/PM_4 , respectively (Ho and Nielsen, 2007).

| Fuel Type | Measured | Sampled Provinces | Sampled | Heating | Reference |
|------------|-----------|--------------------|------------------|-----------|---------------|
| | PM Type | | microenvironment | Condition | |
| Coal, Wood | TSP | Yunnan | K, L | Н | He et al., |
| | | | | | 1986* |
| Coal | TSP | Beijing, Shandong, | K, L | Н | Zhao et al., |
| | | Shanxi, Yunnan | | | 1986* |
| Coal | PM_{10} | Jiangsu | Ι | Ν | Cai, 1987* |
| Coal | PM_{10} | Neimenggu | Ι | В | Chang and |
| | | | | | Zhi, 1990* |
| Coal | TSP | Jilin | L | Н | Du et al., |
| | | | | | 1987^{*} |
| Coal | TSP | Hebei | K, L | Η | Shi et al., |
| | | | | | 1987^{*} |
| Wood | TSP | Yunan | L | Ν | Yang et al., |
| | | | | | 1988* |
| Coal | PM_{10} | Beijing | Ι | В | Hu and Liu, |
| | | | | | 1989* |
| Coal | PM_{10} | Jilin | L | Н | Li et al., |
| | | | | | 1987^{*} |
| Coal | TSP | Neimenggu | K, L, B | Н | Zhang et al., |
| | | | | | 1990* |
| Coal | PM_{10} | Sichuan | Ι | Ν | Zhao and |
| | | | | | Long, 1990* |
| Biogas | TSP | Henan | Ι | Ν | Yan et al., |
| | | | | | 1990* |
| Wood | PM_{10} | Hunan | Ι | Ν | Gao et al., |
| | | | | | 1993* |
| Wood | PM_{10} | Anhui | L | Ν | Venners et |
| | | | | | al., 2001# |
| Coal | PM_{10} | Yunnan | Ι | Ν | Lan et al., |
| | | | | | 2002# |
| Coal, Crop | PM_4 | Gansu, | K, L, B | Н | Jin et al., |
| residues | | Neimenggu, | | | 2005# |
| | | Shaanxi, Guizhou | | | |

 Table. S1 Field measurement studies of indoor particulate matter in rural China

| Coal, Crop residues, Wood | PM ₄ | Zhejiang, Hubei, Shaanxi | K, L | В | Edwards et al., 2007 [#] |
|---|-------------------|-----------------------------|------|---|--------------------------------------|
| Crop residues | PM_{10} | Liaoning | L | Ν | Jiang and Bell, 2008 [#] |
| Coal | PM ₁₀ | Yunnan | K, L | Ν | Tian et al., 2009 |
| Wood | PM _{2.5} | Tibet | К | Н | Gao et al., 2009 [#] |
| Coal, Wood | PM _{2.5} | Guizhou | K, L | Н | Wang et al., 2010 |
| Crop residues, Wood | PM _{2.5} | Hebei | К, В | В | Zhong et al., 2012 |
| Crop residues | PM _{2.5} | Shaanxi | L | В | Zhang et al., 2014 |
| Crop residues | PM _{2.5} | Yunnan | K, L | Ν | Hu et al., 2014 |
| Electricity, LPG, Coal, Wood | PM _{2.5} | Guizhou | K, L | В | Alnes et al., 2014 |
| Electricity, LPG, Crop residues, Coal | PM _{2.5} | Henan | K, L | В | Wu et al., 2015 |
| Electricity, LPG, Wood, Coal | PM _{2.5} | Shanxi | K, L | Ν | Huang et al., 2017) |
| Electricity, Wood | PM _{2.5} | Guizhou | K, L | Ν | Du et al., 2017 |

* Adopted from Sinton et al. (1995)

Adopted from Balakrishnan et al. (2011)

The geometric mean and log-transformed standard deviation of indoor $PM_{2.5}$ concentrations for each solid fuel type and microenvironment (K/L for kitchen and living room and B for bedroom) were listed in **Table S2** for both heating and non-heating seasons. For households using clean energy, there is no significant difference between heating and non-heating season. The number of studies (N) were also listed for each category. **Table. S2** Mean and standard deviation (log-transformed) of indoor $PM_{2.5}$ concentrations (μ g/m³)

| | fuel type | microenvironment | inc | loor PM _{2.5} concentration | 1 |
|----------------|---------------|------------------|------|--------------------------------------|-----------|
| | | | mean | std (log-transformed) | Ν |
| Heating Season | | | | | |
| | coal | K/L | 283 | 0.02 | 31 |
| | coal | В | 211 | 0.03 | 6 |
| | crop residues | K/L | 434 | 0.01 | 13 |
| | crop residues | В | 267 | 0.09 | $0^{*\#}$ |
| | wood | K/L | 547 | 0.06 | 3 |

| | wood | В | 359 | 0.01 | 2 |
|--------------------|---------------|-----|-----|------|-----------|
| Non-heating Season | | | | | |
| | coal | K/L | 133 | 0.04 | 27 |
| | coal | В | 99 | 0.30 | $0^{*\#}$ |
| | crop residues | K/L | 213 | 0.08 | 6 |
| | crop residues | В | 99 | 0.06 | 2 |
| | wood | K/L | 239 | 0.03 | 15 |
| | wood | В | 104 | 0.17 | 1# |
| Annual | | | | | |
| | clean | K/L | 112 | 0.08 | 5 |
| | clean | В | 89 | 0.18 | 3 |

* There is no measurement reported for these categories. The means were assumed to be proportional to the concentration in K/L for the same fuel type, and the PM_{2.5} concentration ratio between K/L and B were assumed to be equal in both heating and non-heating seasons. # Standard deviations were adjusted from the corresponding K/L category with measurement number

Time-activity data used for different subpopulations

| Broups in ratar clinia | | | | | | | | | |
|------------------------|------|------|-------|------|------|------|-------|------|--|
| North China | | | | | | | | | |
| Gender | | Ν | N | | F | | | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 | |
| Non-heating | | | | | | | | | |
| Outdoor | 2.3 | 1.6 | 4.6 | 4.7 | 2.2 | 1.6 | 4.2 | 3.9 | |
| Kitchen | 1.1 | 0.5 | 0.8 | 0.9 | 1.0 | 1.1 | 2.7 | 5.2 | |
| Living Room | 4.9 | 1.0 | 1.4 | 1.4 | 5.3 | 0.8 | 2.0 | 1.8 | |
| Bedroom | 15.7 | 20.9 | 17.2 | 17.1 | 15.5 | 20.5 | 15.1 | 13.1 | |
| Heating | | | | | | | | | |
| Outdoor | 2.3 | 1.3 | 3.0 | 3.1 | 2.3 | 1.3 | 2.5 | 2.4 | |
| Kitchen | 5.7 | 0.8 | 1.5 | 1.7 | 5.8 | 1.0 | 2.5 | 5.8 | |
| Living Room | 3.0 | 3.0 | 6.3 | 5.4 | 3.1 | 2.4 | 5.4 | 3.1 | |
| Bedroom | 13.0 | 18.9 | 13.2 | 13.7 | 12.8 | 19.3 | 13.6 | 12.6 | |

Table. S3 Estimated time (hours) spent in different micro-environments by different age, gender and region groups in rural China

Table. S3 Continued

| East China | | | | | | | | | |
|-------------|------|------|-------|------|------|------|-------|------|--|
| Gender | | Ν | Λ | | F | | | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 | |
| Non-heating | | | | | | | | | |
| Outdoor | 2.1 | 2.2 | 4.0 | 4.0 | 2.1 | 2.1 | 3.5 | 3.4 | |
| Kitchen | 1.2 | 0.5 | 1.1 | 1.2 | 1.0 | 1.1 | 2.7 | 5.4 | |
| Living Room | 5.0 | 1.0 | 1.7 | 1.4 | 5.4 | 0.9 | 2.0 | 1.7 | |
| Bedroom | 15.7 | 20.3 | 17.3 | 17.3 | 15.5 | 19.9 | 15.8 | 13.5 | |
| Heating | | | | | | | | | |
| Outdoor | 2.1 | 2.1 | 3.2 | 2.8 | 2.1 | 2.0 | 2.5 | 2.3 | |
| Kitchen | 3.1 | 0.8 | 1.1 | 1.3 | 3.1 | 1.0 | 2.9 | 5.7 | |
| Living Room | 3.1 | 2.9 | 1.7 | 1.5 | 3.1 | 2.4 | 2.1 | 1.8 | |
| Bedroom | 15.7 | 18.2 | 17.9 | 18.3 | 15.7 | 18.6 | 16.5 | 14.2 | |

Table. S3 Continued

| South China | | | | | | | | | |
|-------------|-----|------|-------|-----|-----|------|-------|-----|--|
| Gender | | Ν | М | | | | F | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 | |
| Non-heating | | | | | | | | | |
| Outdoor | 2.8 | 2.0 | 4.3 | 4.0 | 2.9 | 1.9 | 3.9 | 3.8 | |
| Kitchen | 1.2 | 0.5 | 1.1 | 1.3 | 1.0 | 1.1 | 2.7 | 5.3 | |

| Living Room | 4.9 | 1.0 | 1.6 | 1.4 | 5.3 | 0.8 | 1.9 | 1.7 |
|-------------|------|------|------|------|------|------|------|------|
| Bedroom | 15.1 | 20.5 | 17.0 | 17.4 | 14.8 | 20.2 | 15.5 | 13.2 |
| Heating | | | | | | | | |
| Outdoor | 2.8 | 1.4 | 3.5 | 3.1 | 2.8 | 1.3 | 3.1 | 2.9 |
| Kitchen | 3.0 | 0.8 | 1.1 | 1.3 | 3.0 | 1.0 | 2.8 | 5.5 |
| Living Room | 3.0 | 3.1 | 1.7 | 1.5 | 3.0 | 2.4 | 2.0 | 1.8 |
| Bedroom | 15.2 | 18.7 | 17.7 | 18.1 | 15.2 | 19.3 | 16.1 | 13.8 |

Table. S3 Continued

| Northwest China | | | | | | | | |
|-----------------|------|------|-------|------|------|------|-------|------|
| Gender | | Ν | Λ | | F | | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 |
| Non-heating | | | | | | | | |
| Outdoor | 2.7 | 2.8 | 4.7 | 4.2 | 2.3 | 2.6 | 4.3 | 3.2 |
| Kitchen | 1.2 | 0.5 | 0.8 | 0.9 | 1.0 | 1.1 | 2.7 | 5.4 |
| Living Room | 5.0 | 1.0 | 1.4 | 1.4 | 5.5 | 0.8 | 2.0 | 1.9 |
| Bedroom | 15.1 | 19.7 | 17.2 | 17.5 | 15.2 | 19.5 | 15.0 | 13.5 |
| Heating | | | | | | | | |
| Outdoor | 2.7 | 1.7 | 2.7 | 2.4 | 2.7 | 1.5 | 2.4 | 1.8 |
| Kitchen | 5.9 | 0.8 | 1.5 | 1.8 | 5.9 | 1.0 | 2.5 | 6.0 |
| Living Room | 3.1 | 3.2 | 6.4 | 5.6 | 3.1 | 2.5 | 5.4 | 3.2 |
| Bedroom | 12.3 | 18.3 | 13.4 | 14.2 | 12.3 | 19.0 | 13.7 | 13.0 |

Table. S3 Continued

| Northeast China | | | | | | | | |
|-----------------|------|------|-------|------|------|------|-------|------|
| Gender | | М | | | F | | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 |
| Non-heating | | | | | | | | |
| Outdoor | 1.0 | 2.1 | 4.4 | 3.4 | 0.8 | 2.0 | 3.9 | 3.0 |
| Kitchen | 1.2 | 0.5 | 0.8 | 0.9 | 1.1 | 1.1 | 2.8 | 5.4 |
| Living Room | 5.1 | 1.1 | 1.4 | 1.5 | 5.5 | 0.9 | 2.0 | 1.9 |
| Bedroom | 16.7 | 20.3 | 17.4 | 18.2 | 16.6 | 20.0 | 15.3 | 13.7 |
| Heating | | | | | | | | |
| Outdoor | 1.0 | 1.6 | 1.4 | 1.0 | 1.0 | 1.5 | 1.2 | 1.0 |
| Kitchen | 6.2 | 0.9 | 1.6 | 1.9 | 6.1 | 1.0 | 2.7 | 6.2 |
| Living Room | 3.3 | 3.0 | 6.8 | 6.0 | 3.3 | 2.6 | 5.7 | 3.4 |
| Bedroom | 13.5 | 18.5 | 14.2 | 15.2 | 13.6 | 18.9 | 14.4 | 13.4 |

Table. S3 Continued

| Southwest China | | | | | | | | |
|-----------------|------|------|-------|------|------|------|-------|------|
| Gender | | Ν | Л | | F | | | |
| Age | <5 | 5~14 | 15~65 | >65 | <5 | 5~14 | 15~65 | >65 |
| Non-heating | | | | | | | | |
| Outdoor | 2.3 | 2.3 | 4.5 | 3.6 | 2.0 | 2.2 | 4.2 | 3.1 |
| Kitchen | 1.2 | 0.5 | 1.1 | 1.3 | 1.0 | 1.1 | 2.6 | 5.5 |
| Living Room | 5.1 | 1.0 | 1.6 | 1.4 | 5.5 | 0.9 | 1.9 | 1.7 |
| Bedroom | 15.4 | 20.2 | 16.9 | 17.7 | 15.5 | 19.8 | 15.3 | 13.7 |
| Heating | | | | | | | | |
| Outdoor | 2.3 | 1.8 | 3.6 | 2.8 | 2.3 | 1.7 | 3.3 | 2.4 |
| Kitchen | 3.1 | 0.8 | 1.1 | 1.3 | 3.1 | 1.0 | 2.8 | 5.7 |
| Living Room | 3.1 | 3.0 | 1.7 | 1.5 | 3.1 | 2.4 | 2.0 | 1.8 |
| Bedroom | 15.5 | 18.4 | 17.6 | 18.4 | 15.5 | 18.9 | 16.0 | 14.2 |

Comparison between measured personal exposure and PWE estimates

The exposure level and the metadata including fuel type, sampled subpopulation, sampled provinces, and heating condition (heating, non-heating, and both heating and non-heating) for each field measurement study were listed below. Papers reporting results from the same field measurement were identified as one study. The uncertainty information was also collected for each study. For studies reporting standard deviations or geometric standard deviations, 95% confidential intervals (95% CI) were calculated based on the corresponding distributions (normal or log-normal distribution).

Figure S1 shows the comparison between measured personal exposure levels in each study and the PWE estimates in this study for the corresponding gender and age group during heating or non-heating season. Most data pairs scattered around the 1:1 ratio line and lied within the area between the 1:2 and 2:1 ratio lines, indicating that PWE is a good approximate for personal exposure level. Given the large uncertainty ranges bound with both measured personal exposure and the PWE estimates, the two variables correlate well with each other except large variations as expected. It is also worth noticing that the exposure level in the heating season is consistently around twice as high as that in the non-heating season for both PWE estimates and measured personal exposure levels.

| Fuel Type | Sampled subpopulation | Sampled | Heating | exposure level | Reference |
|------------------|-----------------------|-----------|-------------|----------------|--|
| | | Provinces | Condition | $(\mu g/m^3)$ | |
| Biomass | female | Liaoning | non-heating | 202 | Jiang and Bell, 2008 |
| Biomass | male | Liaoning | non-heating | 56 | Jiang and Bell, 2008 |
| Biomass | female | Sichuan | non-heating | 61 | Shan et al., 2014 |
| Coal and Biomass | female | Hubei | heating | 177 | Liu et al., 2018 |
| Biomass | female | Hebei | heating | 590 | Zhong et al., 2012 |
| Biomass | male | Hebei | heating | 250 | Zhong et al., 2012 |
| Biomass | female | Hebei | non-heating | 180 | Zhong et al., 2012 |
| Biomass | male | Hebei | non-heating | 130 | Zhong et al., 2012 |
| Biomass | female | Yunnan | heating | 55 | Baumgartner et al. |
| ,Biomass | female | Yunnan | non-heating | 117 | 2011a; Baumgartner et al., 2011b; Baumgartner et al., 2014 Baumgartner et al. 2011a; Baumgartner et al., 2011b; Baumgartner et al., 2014 |
| ,Biomass | teenager | Yunnan | non-heating | 53 | Baumgartner et al., 2011a |

Table. S4 Field measurement studies of personal exposure to $PM_{2.5}$ in solid fuel-using households in rural China

| Coal with clean energy | female | Shanxi | non-heating | 98 | Huang et al., 2017 |
|------------------------|--------|-----------|-------------|-----|--------------------------|
| Coal and Biomass | female | Yunnan | both | 156 | Hu et al., 2014; Wong et |
| | | | | | al., 2017 |
| Biomass | female | Sichuan | heating | 169 | Ni et al., 2016 |
| Biomass | female | Sichuan | non-heating | 80 | Ni et al., 2016 |
| Coal and biomass | female | Neimenggu | heating | 249 | Secrest et al., 2016 |
| Biomass | female | Sichuan | non-heating | 84 | Secrest et al., 2016 |



Figure S1 Comparison between PWE estimates for adult female, male and teenager subpopulations and measured personal exposure in solid fuel-using households in rural China during heating and non-heating season, respectively. The error bars represent 95% confidential intervals (95% CI) for both PWE estimates in this study (horizontal bars) and measurement uncertainties reported in each study (vertical bars). The 1:1 line and area between 1:2 and 2:1 lines are shown as the black line with grey shadow area.

Results of exposure assessment

 Table S5 Provincial population weighted PM_{2.5} exposure concentrations (PWE) calculated for rural residents in mainland China, 2012#

| | rural population | Fraction of rural | PWE ($\mu g/m^3$) |
|------------------|------------------|-------------------|---------------------|
| | (million) | population | |
| Anhui Dailina | 32 | 0.54 | 174 |
| Beijing | 2.9 | 0.14 | 196 |
| Fujian | 15.1 | 0.40 | 126 |
| Gansu | 15.8 | 0.61 | 218 |
| Guangdong | 35 | 0.33 | 115 |
| Guangxi | 26.4 | 0.56 | 117 |
| Guizhou | 22.1 | 0.64 | 153 |
| Hainan | 4.3 | 0.48 | 124 |
| Hebei | 39 | 0.53 | 186 |
| Henan | 54 | 0.58 | 161 |
| Heilongjiang | 16.5 | 0.43 | 236 |
| Hubei | 26.9 | 0.47 | 159 |
| Hunan | 35 | 0.53 | 141 |
| Jilin | 12.7 | 0.46 | 229 |
| Jiangxi | 23.6 | 0.52 | 145 |
| Jiangsu | 29.3 | 0.37 | 159 |
| Liaoning | 15.1 | 0.34 | 173 |
| Inner Mongolia | 10.5 | 0.42 | 224 |
| Ningxia | 3.2 | 0.49 | 203 |
| Qinghai | 3.0 | 0.53 | 212 |
| Sichuan | 46 | 0.56 | 134 |
| Shaanxi | 18.8 | 0.50 | 196 |
| Shandong | 46 | 0.48 | 160 |
| Shanghai | 2.55 | 0.11 | 93 |
| Shanxi | 17.6 | 0.49 | 199 |
| Tianjin | 2.61 | 0.18 | 191 |
| Taiwan | 3.2 | 0.14 | 94 |
| Xinjiang | 12.5 | 0.56 | 213 |
| Tibet | 2.38 | 0.77 | 248 |
| Yunnan | 28.3 | 0.61 | 127 |
| Zhejiang | 20.2 | 0.37 | 97 |
| Chongqing | 12.7 | 0.43 | 140 |

| average | 640^{*} | 0.47 | 163 |
|---------|-----------|------|-----|
| | | | |

* total number of rural population

Hongkong and Macau were not included in the table because there were no rural residents.

Based on the calculated PWE, a series of physical and socioeconomic parameters were examined to assess their associations with exposure. Heating day (HD, day), per capita income (I_{cap} , RMB), and forest coverage (A_{forest} , %) were found to account for approximately 90% of the spatial variation in population-weighted exposure (PWE) of PM_{2.5} on the provincial level. The regression based on the county level data was presented in equation 2. Per capita GDP (GDPcap, RMB) is used instead of Icap because there is no income data on the county level.

$$PWE = 0.45 HD - 0.002 I_{cap} + 17A_{forest} + 124 \qquad R^2 = 0.89$$
(1)

$$PWE = 0.44 HD - 0.004 GDP_{cap} + 154 \qquad R^2 = 0.90$$
⁽²⁾

Heating needs are clearly the most important factor affecting air pollution exposure in northern China and in the highland western regions, where relatively low temperatures occur. Living conditions have been well documented as a critical factor governing energy choice, and it is well recognized that rural residents gradually replace solid fuel with clean ones as their living conditions improve. Consequently, the affordability of clean energy has improved (Bonjour et al., 2013).



Figure S2 The relative difference in premature deaths (left) and disability-adjusted life years (DALYs, right) attributable to indoor exposure to HAP in rural China in 2010 calculated with and without considering additional exposure from heating.

Results of sensitivity analysis

The sensitivity of disease burden estimates to PWE uncertainty was calculated for the four IER models based diseases, i.e. ALRI, LC, IHD, and strokes by varying PWE input from 2.5% to 97.5% confidence intervals. For simplicity, IERs for all ages for IHD and stroke were adopted for the sensitivity analysis, instead of age-specific IERs applied in the other calculations. And total death was the sum of all the four diseases. Overall, death estimates are not sensitive to PWE change around the exposure level of rural China, though the percentage varies among different diseases because of different shapes of corresponding IER models.



Figure S3 The sensitivity of disease burden attributable to PWE in rural China in 2010 for ALRI, IHD, LC and stroke based on IER models.

Residential energy consumption and fraction of households using different fuels

Since the early 1980s, China has experienced a rapid socioeconomic transition (Zhu, 2012). Consequently, residential energy profiles have shifted from being primarily solid fuel dominated to now being occupied by more liquefied petroleum gas (LPG), biogas, and electricity (Zhang et al., 2009). To quantify the change in rural residential energy sources, we collected annual provincial consumption data for residential coal (including raw coal, washed coal and coal briquettes), liquefied petroleum gas (LPG), natural gas, biogas and electricity from 1985 to 2012, as well as biomass (wood and crop residues) from 1991 to 2008 in rural mainland China using the China Energy Statistical Yearbook and China Rural Energy Statistical Yearbook (MOA, 1997-2008; NBS, 1986-2013). Fuel consumption for the remaining years between 1980 and 2012 was extrapolated using a previously developed regression model (Zhu et al., 2013).

To quantify the historical trend in health burden attributable to residential solid fuel use, we also estimated the fraction of households living on different types of energy using the major fuel type survey from the 2000 and 2010 population census (NBS, 2001; 2011). Averaged per household annual consumption of energy for crop residue, wood, coal, gas, and electricity were calculated by dividing energy consumption data with corresponding household numbers in 2000 and 2010. For the rest years without major fuel type survey, the number of households using each fuel can be derived by dividing provincial energy consumption with per household energy consumption. And fractions of households using each fuel type were calculated by normalizing the number of households using each fuel with the total number of households.

Temporal trends in residential fuel and electricity consumptions in rural China from 1980 to 2012 are shown in **Figure S4** (left figure). The fraction of households using different fuels was also shown in the middle figure. For the first 10 years, total energy consumption steadily increased at a similar pace as the rural population increased. The trend was reversed after 1996 driven by the declining rural populations. Although rural populations have continued to decrease steadily, a rapid increase in energy use occurred again after 2000. This second increase was mainly due to the increased availability and affordability of modern energy beginning in 2000. As incomes increase, a greater number of rural households can afford LPG and electricity (Pachauri and Jiang, 2008).

Solid fuels dominate the rural energy use over the entire study period and accounted for over 70% of the total consumption for all years. However, their relative contribution has decreased at an exponential rate over the last three decades from 99% to 70%. This is particularly true after 2005. On the other hand, use of LPG and electricity has become popular in recent years, including remote areas, thanks to upgraded supply channels and reduced prices since 1998 (SDPC, 1998). As a result, clean energy accounts for 30% of total rural residential energy use in 2012. This trend is likely to continue as the supply of clean energy continues to expand and living conditions in rural China continue to improve.



Figure S4 Temporal trends in residential fuel and electricity consumptions in rural China from 1980 to 2012. Energy consumption is in PJ, converted from standard coal equivalent for biomass, and fossil fuels and kWh for electricity. Change of percentage (dash line) and absolute size of the rural population (solid line) is also shown (right).

To downscale the household fractions of major fuel types, we first calculated county-level per capita energy consumption (E_{cap}) of electricity and solid fuels by rural residents in 2010. County-level E_{cap} was derived from a previous study downscaling E_{cap} with empirical models using per-capita GDP (GDP_{cap}) as an indicator (Shen et al., 2017). The models were provided as below.

electricity:
$$y = 0.597 - 3.76 \times \left[1 - \exp\left(-6.82 \times 10^{-33} \times |x - 26.8|^{23.36}\right) \right] - 0.0510 \times hs$$

 $-0.000361 \times den$ (3)
solid fuels: $y = -0.445 - 9321.52 \times \left[1 - \exp\left(-1.55 \times 10^{-5} \times |x - 3.3|^{1.983}\right) \right]$
 $-0.00033 \times den - 0.026 \times hs - 0.0546 \times \left[1 - \exp\left(0.785 \times hdd^{0.1252}\right) \right]$ (4)

where y is $log(E_{cap})$ in log(tce/person/year) and x is $log(GDP_{cap})$ in log(dollar/person/year). hs, den and hdd represent household size (person/household), spatial average population density (person/km²) and heating degree day (°C•day) as adjusted factors.

The E_{cap} was then adjusted using the equation below to match provincial E_{cap} for electricity and solid fuels, respectively.

$$adjusted \ E_{cap}^{c} = E_{cap}^{c} \div \frac{\sum E_{cap}^{c} \times pop^{c}}{E_{cap}^{p} \times pop^{p}}$$
(5)

where E^{c}_{cap} and pop^c are E_{cap} and population on county level and E^{p}_{cap} and pop^p are E_{cap} and population for the corresponding province.

Finally, county level fraction of clean energy using households was downscaled using the ratio between adjusted E^{c}_{cap} and E^{p}_{cap} for electricity. Fractions of crop residue, wood, and coal using households were downscaled using the ratio the ratio of E_{cap} for solid fuels.

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