

1 **Cattle-grazing in oil palm plantations sustainably controls understory** 2 **vegetation**

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18

19 **Abstract**

20 Oil palm agricultural practices need to be substantially changed in order to meet the global
21 demand for more ethical and sustainable farming. Livestock integration is an innovative
22 method to control understory vegetation in oil palm plantations, while reducing the need
23 for chemical herbicides, as well as providing additional food security, ecosystem services,
24 and habitat heterogeneity. Understory vegetation is important for faunal biodiversity in oil
25 palm plantations, however it is often decimated by the over usage of herbicides. To
26 determine how cattle-grazing affected the growth of understory vegetation, we collected
27 data from 45 plantations, in Peninsular Malaysia, including those integrated with cattle and

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28 without them. Our results revealed that the plantations integrated with cattle had on
29 average 20% more undergrowth cover, but no difference in undergrowth height, therefore,
30 maintaining undergrowth at an acceptable height for harvesters to access oil palms. We
31 recommend cattle-grazing as a method for oil palm stakeholders to maintain manageable
32 undergrowth and align with sustainable palm oil certification policy by reducing their use of
33 chemical herbicides. To promote cattle-oil palm integration, specific policies are needed to
34 strengthen financial and technical support.

35

36 **Keywords:** Agricultural practice, biodiversity, ecosystem services, grazing, herbicides,
37 livestock.

38

39 **Introduction**

40 Oil palm agriculture relies heavily on the use of chemical pesticides and herbicides to
41 protect the crop yield from pest animals, insects, fungi, and competing weeds (Turner &
42 Gillbanks, 1974; Choo et al., 2011; Obidzinski et al., 2012; Singh et al., 2014; Ashton-Butt et
43 al., 2018). Undergrowth in oil palm plantations and smallholdings is controlled by using
44 mechanical, chemical or biological methods. High undergrowth can become a problem in
45 plantations as it obstructs harvesters from harvesting the oil palm fruit bunches and can
46 compete with oil palms for nutrients (Bakar, 2004). Contrary to horizontal expansion of
47 natural understory vegetation, vertical growth of the vegetation uses larger amount of soil
48 nutrients, this may cause intense competition between oil palms and weeds in terms of
49 nutrient uptake (Shariff & Rahman, 2008). It has been reported that the high relative
50 abundance of grasses *Paspalum conjugatum* and *Axonopus compressus* species can be
51 problematic in oil palm plantations, because of the perennial nature and height (Samedani
52 et al., 2014). In addition, certain weeds such as woody and creeping weeds and speargrass,
53 compete intensively with oil palms for water and nutrients (Woittiez et al., 2017).

54 Chemical herbicides have been found to have negative ecological effects in freshwater
55 ecosystems, but are widely used by oil palm growers to control unwanted weeds (Brooker &

56 Edwards, 1975; Relye, 2005; Allenet al., 2015). Glufosinate ammonium and glyphosate are
57 used to control multiple weed species in oil palm plantations (Wibawa et al., 2009). Contact
58 herbicides are commonly utilized in immature oil palm plantations, and systemic herbicides
59 are used in mature plantations (Nkongho et al., 2014). Negative effects on plant and animal
60 biodiversity have been reported from the use of agricultural pesticides and the pollution of
61 streams with pesticides is rife around oil palm plantations (Egan et al., 2014; Sánchez-
62 Moreno et al., 2015; Jeliaskov et al., 2016). In addition, herbicide reliance can have negative
63 socio-economic effects: herbicides are expensive, especially for oil palm smallholders who
64 have low amounts of capital and often rely on loans to buy them (Nkongho et al., 2014).

65 Unlike herbicide application, which needs protective measures to reduce contamination,
66 the use of grazing animals to suppress weeds is safer for farmers and the environment
67 (Devendra & Thomas, 2002). To control weeds biologically, integrating managed livestock
68 grazing (e.g. cattle, sheep and goats) with oil palm cultivation has been encouraged (Jambari
69 et al., 2012; Purwantari et al., 2015; Zamri-Saad & Azhar, 2015). Well-managed silvopastoral
70 systems decrease erosion and increase soil build-up, biomass, biodiversity, and water
71 capture and storage in addition to improving the livelihoods of cattle producers through
72 increased livestock production (Ibrahim et al., 2010; Devendra, 2011; Slade et al., 2014;
73 Lerner et al., 2017). A major benefit of oil-palm cultivation is the availability of common
74 weeds to grow beneath the palms; these weeds provide a large proportion of the nutritional
75 needs of grazing animals within the plantation (Dahlan, 1993; Devendra, 2004). Both a
76 rotational grazing system of 6-8 weekly intervals and a flexible grazing interval (to be
77 adjusted depending upon forage availability) have been recommended for oil palm
78 plantations (Chen & Dahlan, 1996). The recommended stocking rate for cattle ranges from
79 0.3/ha to 3.0/ha. Animals should be moved elsewhere after 60 % of the forage is grazed
80 (Chen & Dahlan, 1996).

81 In Malaysia, oil palm plantations with stands of seven years or older can generate 500 kg
82 $\text{ha}^{-1}\text{yr}^{-1}$ of understorey dry matter, which is enough to warrant grazing by cattle (Latif &
83 Mamat, 2002). One animal unit needs about 2.5 % to 3 % of its body weight in grass uptake

84 and an animal unit that is one to two years old, uses about 3 ha of oil palm area for grazing
85 (Latif & Mamat, 2002). Cattle-oil palm integrated production systems are considered
86 successful and sustainable integrated agricultural production systems in Malaysia (Ismail &
87 Wahab, 2004). Livestock integration, practiced commonly by oil palm smallholders,
88 improves weed management, biodiversity conservation, and crop productivity (Azhar et al.,
89 2017; Tohiran et al., 2017, 2019). Nevertheless, the integration of cattle with large-scale oil
90 palm plantations has received limited attention from major oil palm companies (Foster et
91 al., 2011). The lack of empirical evidence may hamper cattle integration in large-scale oil
92 palm plantations. Besides weed control, an integrated crop–livestock system offers
93 additional benefits such as reduced liability of raising a single farm product, increased water
94 infiltration and resistance to soil erosion, increased soil organic carbon, and reduced
95 fertilizer use from nutrient cycling (Lemaire et al., 2014; Wright et al., 2012). One of the
96 limiting factors in integrating livestock with perennial crops is the damage to young trees or
97 to the bark of adult trees (Sánchez, 1995). Hence, the size of the crop trees determines
98 when grazing animals can be integrated into the system (Sánchez, 1995).

99 Undergrowth or weeds should not be simply removed from oil palm plantations or
100 smallholdings without considering the ecosystem functions and services they provide
101 (Ashton-Butt et al. 2018). Some commercial growers may fail to understand the ecosystem
102 services provided by undergrowth at different scales, or when exactly the understory
103 vegetation is competing with oil palms planted on the fields before relevant management
104 measures (e.g. weeding) should be implemented. The use of herbicides often completely
105 removes undergrowth; thus exposing the topsoil to erosion, removing ground cover for
106 insect, bird and mammalian fauna and other associated ecosystem functions and services.
107 Undergrowth delivers ecosystem services and functions by protecting the soil against
108 erosion and providing a habitat for natural pest enemies, while interacting with the water
109 and nutrient cycles (Woittiez, 2017). In addition, undergrowth may provide food and habitat
110 for fauna such as farmland birds, thus improving biodiversity within oil palm plantations
111 (Tohiran et al., 2017, 2019). Livestock grazing may be used as an alternative to adequately

112 trim the undergrowth to an acceptable level of cover and height, allowing easy access for oil
113 palm harvesters.

114 In this study, we investigate understory vegetation cover and height in oil palm
115 plantations, with and without cattle-grazing. We pose the following research questions: (1)
116 does cattle-grazing affect understory vegetation cover and height? (2) what are the habitat
117 quality characteristics and agricultural practices, particularly pertaining to livestock
118 integration that determine undergrowth coverage? (3) what factors drive undergrowth
119 height? This study sheds new light on reconciling oil palm production with sustainable
120 management and biodiversity enhancement by reducing herbicide application and
121 recommends an evidence-based practice that can be applicable in any oil palm producing
122 country, worldwide.

123

124 **Materials and Methods**

125 ***Study area***

126 We undertook this study at 45 oil palm plantations located in the states of Johor, Pahang,
127 and Negeri Sembilan in Peninsular Malaysia, comprising 79,351 ha total (Figure 1). Initially,
128 we requested permission to collect data from 60 randomly selected plantations. However,
129 15 plantations declined to be surveyed. The plantations had mature oil palms (> 6 year) and
130 comprised those that were integrated with cattle farming (30 plantations; mean plantation
131 area \pm SE = 1,643 \pm 71 ha) and control plantations (15 plantations without cattle farming;
132 mean plantation area \pm SE = 2,003 \pm 261 ha). The plantations were cultivated with oil palms
133 that have a 25-year productive cycle of yielding oil palm fruit bunches, during which
134 herbicides are commonly sprayed thrice annually.

135 Each plantation was located at least 1 km apart. There was a total of 20,329 heads cattle
136 kept in the plantations. Kedah-Kelantan cross was the cattle breed used for integration with
137 oil palm farming at our study areas, which is native to Peninsular Malaysia. Cattle grazing
138 was not allowed in fields planted with young oil palm stands (less than five years). Within
139 mature oil palm areas, light penetration allows undergrowth or weeds to grow and there

140 are more than 50 species of plant already identified (Ayob & Kabul, 2009) [34]. None of the
141 plantations are mechanical weeded.

142

143 ***Survey design***

144 Using a nested survey design, we established three study plots per plantation for a total of
145 135 study plots at 45 plantations. These study plots were treated as fully independent. Even
146 though the plots were on the same plantations, each plot was in different planting blocks.
147 Each study plot was surveyed twice during the study (Figure 1; Supplementary table). Each
148 point was located at least 500 m apart to ensure sampling independence. We used a
149 handheld Global Positioning System (GPS) to geo-reference each plot (latitude and
150 longitude). Sampling was conducted between November 2014 and March 2016.

151

152 ***Habitat quality measurements and livestock management***

153 At each study plot, we collected the following data from within four 1 m² square-quadrats
154 on harvesting paths in, or adjacent to the study plot: 1) visually estimated percentage of
155 undergrowth coverage (grass and non-grasses). The non-grasses include broadleaf weeds,
156 brush weeds, creepers, sedges and ferns; 2) mean-height of undergrowth; 3) mean-height of
157 three oil palms using a laser rangefinder; 4) percentage of canopy cover using a GRS
158 densitometer; and 5) altitude (Table 1). The vegetation structure measurements were taken
159 twice over the study period. We interviewed plantation managers to collect additional
160 information related to livestock management (i.e. the number of cattle) and undergrowth
161 management (i.e. the numbers of circular and selective herbicide spraying per year). Circular
162 spraying was conducted within 2 m radius from palm, whereas selective spraying was
163 targeted at woody shrubs. We reported the season we conducted sampling in as either wet
164 (March – April and October – December) or dry (January – February and May – September)
165 season.

166

167 ***Data analysis***

168 To compare understory vegetation cover and height between the plantations with cattle-
169 grazing and those without cattle-grazing, we performed unbalanced ANOVA. We used
170 generalized linear models (GLMs) to examine the relationships between ground vegetation
171 coverage, habitat quality characteristics and agricultural practices. Normal distribution and
172 identity-link function were used in the modelling process. To select the final model, the best
173 model was selected from a subset of explanatory variables according to goodness-of-fit
174 criteria. The coefficient of determination, R^2 of the final model was reported. We repeated
175 the same procedures to analyse height of undergrowth. We log-transformed both response
176 variables when the regression function was not linear and the error terms were not normal.
177 We conducted correlation tests to detect multicollinearity among explanatory variables.
178 Strongly correlated variables ($|r| > 0.7$) were dropped to avoid distortion in model
179 estimation (Dormann et al. 2013). Only one variable from the correlated pair with lowest
180 Wald statistic value was removed from the modelling process of each model (undergrowth
181 coverage or height of undergrowth). Nine explanatory variables were tested in these
182 analyses. These include: canopy cover; stand age; oil palm stand height; number of circular
183 spraying annually; number of selective spraying annually; altitude; number of cattle in each
184 plantation; plantation area; and season (wet or dry). Height of oil palm stand was excluded
185 in the weed coverage model ($r = -0.889$) and in the weed height model ($r = -0.889$) because
186 of multicollinearity. To compare undergrowth coverage and height between different
187 seasons (i.e. wet and dry), we performed unbalanced design ANOVA. All analyses were
188 performed in GenStat version 12 (VSN International, Hemel Hempstead, UK).

189

190 **Results**

191 ***Undergrowth coverage***

192 We found that undergrowth coverage was 20% greater ($df = 1$; $F = 29.51$; $p < 0.001$) in the
193 plantations integrated with cattle (mean = 75.69 %) compared to those without the
194 livestock animals (mean = 55.68 %). Five of the eight explanatory variables explained 18.26
195 % of the variation in ground vegetation coverage. We found that log-transformed

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196 undergrowth coverage significantly increased with the number of grazing cattle (Figure 2a;
197 slope = 3.192×10^{-4} ; Wald = 12.04; $p < 0.001$), whereas it significantly decreased with
198 number of circular herbicide spraying (Figure 2b; slope = -0.1865; Wald = 4.67; $p = 0.032$).
199 Log-transformed undergrowth coverage also increased with age of oil palm stand (Figure 2c;
200 slope = 2.750×10^{-2} ; Wald = 12.68; $p < 0.001$) and altitude (Figure 2d; slope = 6.32×10^{-3} ;
201 Wald = 11.07; $p = 0.001$). However, log-transformed undergrowth coverage decreased with
202 the oil palm canopy cover (Figure 2e; slope = -8.29×10^{-3} ; Wald = 9.02; $p = 0.003$). We did
203 not detect any significant effects from the number of selective herbicide spraying, size of
204 grazing area, and season. There was no significant difference in undergrowth coverage (p
205 > 0.05) between wet (mean = 55.59 %) and dry (mean = 59.56 %) season.

206

207 ***Height of natural undergrowth***

208 No significant difference in undergrowth height ($p > 0.05$) was detected between the
209 plantations integrated with cattle (mean = 13.44 cm) and those without the livestock
210 animals (mean = 13.60 cm). Similar to undergrowth coverage, five of the eight explanatory
211 variables explained 18.42 % of the variation in weed height. Our results revealed that
212 number of cattle decreased the log-transformed height of undergrowth (Figure 3a; slope = -
213 2.148×10^{-4} ; Wald = 6.67; $p = 0.010$), showing the cattle's effectiveness in maintaining a
214 viable undergrowth height for harvesting. Log-transformed height of undergrowth also
215 increased with the age of oil palm stand (Figure 3b; slope = 3.163×10^{-2} ; Wald = 20.53; p
216 < 0.001), altitude (Figure 3c; slope = 4.62×10^{-3} ; Wald = 7.23; $p = 0.008$) and plantation area
217 size (Figure 3d; slope = 1.168×10^{-4} ; Wald = 6.08; $p = 0.014$). In contrast, log-transformed
218 height of undergrowth decreased with the oil palm canopy cover (Figure 3e; slope = -0.128;
219 Wald = 20.68; $p < 0.001$). No significant effect from the number of selective herbicide
220 spraying, number of circular herbicide spraying and season was detected. No significant
221 difference in weed height ($p > 0.05$) was found between wet (mean = 10.92 cm) and dry
222 (mean = 10.82 cm) season.

223

224 **Discussion**

225 Here, we show that the management of understory vegetation with conventional herbicides
226 in large-scale oil palm plantations can be substituted with cattle grazing. This is because
227 cattle can cause local effects on understory vegetation in their habitat through grazing and
228 grooming behaviour (Feucht, 2010). Our findings show that cattle grazing as opposed to
229 herbicide spraying maintains beneficial undergrowth coverage while controlling the height
230 of the undergrowth (Figure 4). The regular movement and grazing behaviour of cattle are
231 likely to determine weed distribution in the plantations. Large-scale cattle grazing (allowed
232 rotationally or continuously in some plantations) and congregation near shade and water
233 influence nutrient accumulation (Dubeux et al., 2006).

234 The positive relationship between cattle grazing and undergrowth coverage could be
235 caused by more fertilization by cattle droppings, which increase soil organic carbon storage
236 and total nitrogen content (Abdalla et al., 2018). Cattle absorb nutrients contained in
237 forages and return most of them to the soil in their waste in the form of manure and urine
238 (Dubeux et al., 2006). Oil palm producers would benefit from the improved flow of soil
239 nutrients from manure produced from cattle grazing. This means that cattle-oil palm
240 integration allows the reduction of synthetic fertilizers applied in the plantations by
241 recycling nutrients.

242 In addition, cattle discriminately grazing on understory vegetation rather than the
243 indiscriminate removal of undergrowth vegetation by herbicides including those considered
244 as beneficial plants for biodiversity. Extensive high undergrowth is untenable in oil palm
245 plantations due to the problems it causes for harvesting; making it difficult for harvesters to
246 access the fruit bunches and find them when they have been harvested (Turner & Gillbanks,
247 1974). However, undergrowth coverage can provide important ecosystem functions and
248 services to the oil palm plantation which are lost when there is an extensive use of
249 herbicides (Foster et al. 2011; El Kateb et al., 2013; Huang et al., 2014). The integration of
250 livestock into oil palm plantations could reduce the use of herbicides by 80 % (Chen &
251 Dahlan, 1996).

252

253 ***Maintenance of undergrowth coverage benefits oil palm cultivation***

254 Our study suggests that cattle grazing can manage understory vegetation coverage in oil
255 palm plantations better than those without cattle and relying on herbicide application.
256 Undergrowth maintains soil moisture, recycles soil nutrients, mitigates soil erosion, and
257 provides habitat for farmland biodiversity (Azhar et al., 2013; El Kateb et al., 2013; Huang et
258 al., 2014; Bergholm et al., 2015). Without vegetation cover, bare soils experience depletion
259 of the soil food web, reducing bacterial and fungal-mediated decomposition (Allen et al.,
260 2015), in addition to reducing macroinvertebrate abundance and diversity (Giller, 1996).
261 Undergrowth coverage is extensive, particularly at higher altitudes and steeper slopes as
262 access to the plantations by either cattle or for manual herbicide application is limited.
263 Furthermore, cattle grazing on gentle topography and relatively homogeneous vegetation
264 occurs more frequently than cattle grazing pastures with more rugged topography and more
265 heterogeneous vegetation (Bailey et al., 2015). Cattle graze mostly in the valleys with higher
266 forage quality and quantity (Bailey, 2005). They are less likely to climb hills and graze along
267 the way because of physical limitations. This spares perfectly good forage on hillsides from
268 grazing.

269 Both plantations integrated with and without cattle are similar with respect to
270 understory vegetation height. Properly managed, overgrazing in oil palm plantations can be
271 avoided by deploying semi-free range cattle, using a rotational grazing system. Increased
272 light penetration because of shrub suppression by cattle trampling, supported by increased
273 fertility from cattle faeces and urine deposition, can facilitate recovery of undergrowth
274 (Pittarello et al., 2016). Ruminants such as cattle, provide manure for the maintenance and
275 improvement of soil fertility (Devendra & Thomas, 2002). As manure is rich with organic
276 materials, if applied in large amounts, it can improve soil texture, promote better
277 absorption of moisture, minimize run-off and deter crusting of the soil surface (Devendra &
278 Thomas, 2002). Surprisingly, circular spraying of herbicides reduced undergrowth coverage,
279 but not undergrowth height and selective spraying of herbicides did not control

280 undergrowth coverage or height. This indicates that both of these methods are inadequate
281 in order to sufficiently control understory vegetation in oil palm plantations.

282 Stocking rate is critical in weed control in oil palm plantations. Cattle-oil palm integration
283 operations should be carried out in the manner of rotational stocking to control unwanted
284 weeds (Tohiran et al., 2017). However, continuous grazing system is prevalent in some
285 plantations where livestock animals are left in the field without any control over where the
286 animals go and how long they graze. This may cause shrub and herbaceous species, in
287 mosaic distribution and consequently maintain biodiversity and increase productivity as
288 long as overgrazing occurs at low level. Even though oil palm growers consider understory
289 vegetation as a competing weed, this misconception of undergrowth should be revised due
290 to its benefit to ecosystem services and functions. Biological control of weeds in oil palm
291 plantations through cattle grazing is a management option that can balance the demand for
292 agricultural products (e.g. vegetable oil and beef) with environmental protection. Similar to
293 other silvopastoral systems, cattle grazing in oil palm production landscapes should be
294 managed appropriately to prevent overgrazing that may deteriorate the environment.

295

296 **Conclusions**

297 Our findings show cattle grazing can be a sustainable agricultural practice, used to promote
298 undergrowth coverage and suppress unwanted vertical growth of weeds. This practice can
299 maintain soil moisture and mitigate soil erosion, important for improved crop productivity
300 (Sánchez-Moreno et al., 2015). In addition, livestock integration with oil palm cultivation has
301 positive benefits in terms of environmental protection by reducing the use of chemical
302 herbicides, as well as improving food security, by optimizing agricultural land for beef and
303 vegetable oil production. Cattle-oil palm integration may likely result in lower production
304 costs and increase profits (Latif & Mamat, 2002; Tohiran et al., 2017).

305 Livestock grazing in oil palm plantations fits well under principles and criteria of
306 sustainable palm oil certifications (e.g. Roundtable on Sustainable Palm Oil and Malaysian
307 Sustainable Palm Oil) because it is a non-chemical strategy for controlling weeds. We

308 recommend oil palm stakeholders, including commercial growers and certification bodies
309 consider livestock grazing within existing oil palm production landscapes. To promote cattle-
310 oil palm integration in producing countries, specific policies are needed to strengthen
311 financial and technical support, in order for farmers to integrate cattle successfully. Further
312 research should be conducted to determine the appropriate cattle density for oil palm
313 plantations under different oil palm management systems (i.e. large-scale plantation or
314 smallholding).

315

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321

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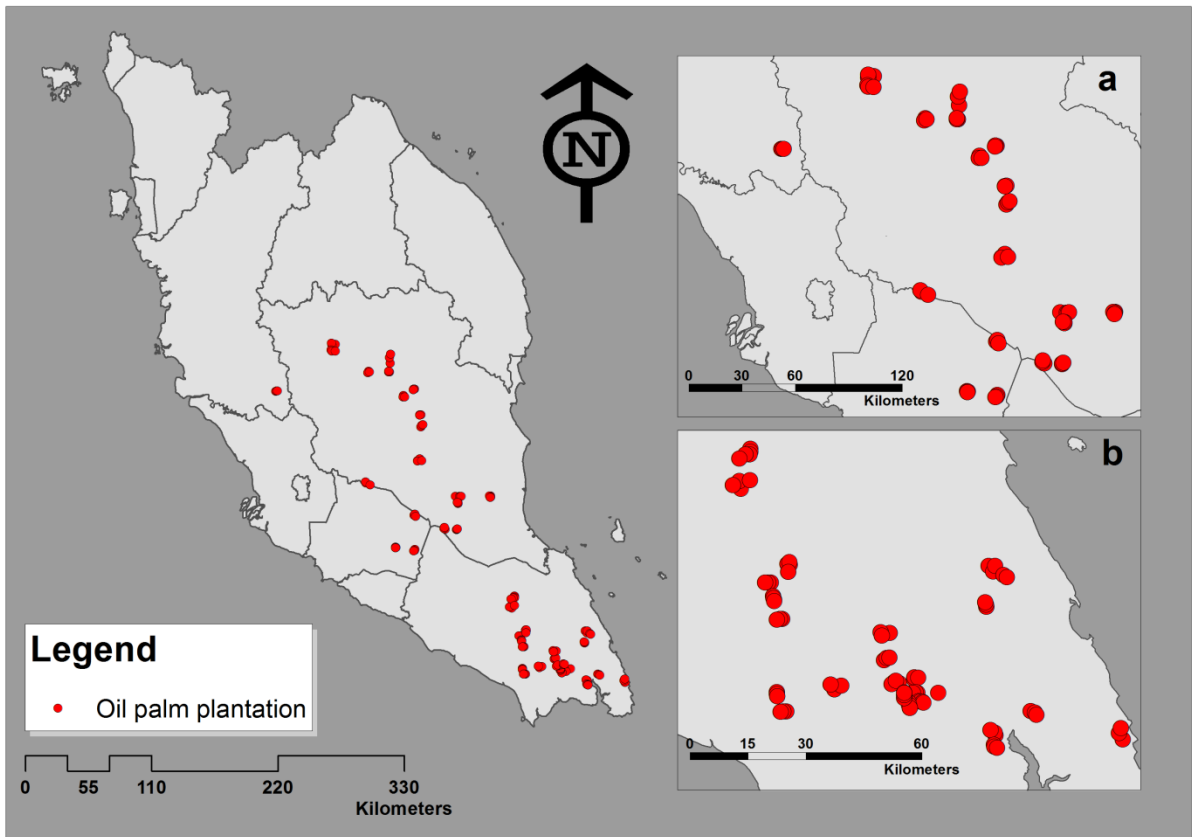
481 **Table 1.** Summary statistics of response and explanatory (e.g. habitat quality/livestock
482 management) variables.

Variable	Mean \pm SD	Min	Max
<i>Response</i>			
Undergrowth coverage (%)	69 \pm 30	0	100
Undergrowth height (cm)	13 \pm 9	0	51
<i>Explanatory</i>			
Oil palm height (m)	8 \pm 3	1.5	14
Canopy cover (%)	63 \pm 17	10	100
Oil palm age (year)	19 \pm 7	6	32
Number of cattle	452 \pm 554	0	2500
Planted area (ha)	1763 \pm 975	135	3924
Circle spraying	3 \pm 1	1	4
Selective spraying	2 \pm 1	0	3
Altitude (m)	58 \pm 28	7	114

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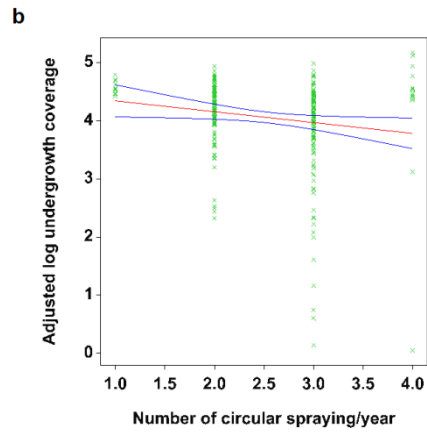
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Figure 1. Map of study areas encompassing 45 oil palm plantations located in the central (a) and southern (b) regions of Peninsular Malaysia.

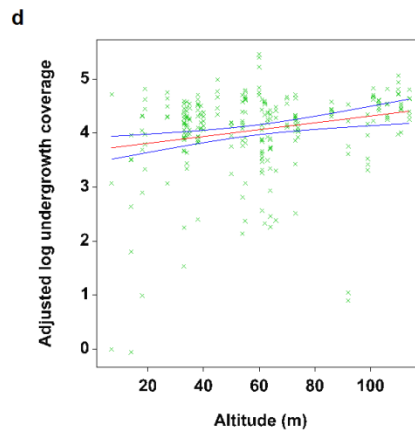


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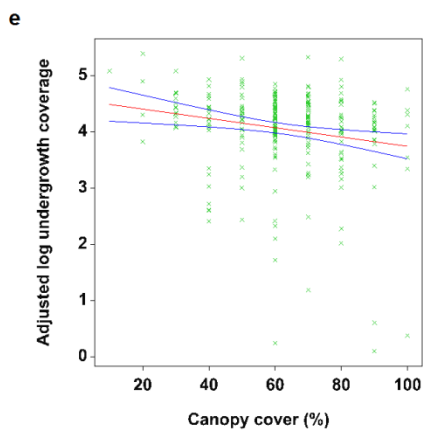
512 **Figure 2.** Scatterplots with 95% confidence intervals (dashed) on the regression (solid) line
513 showing the relationships between the undergrowth coverage and habitat quality/livestock
514 management characteristics (a-e).



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519 **Figure 3.** Scatterplots with 95% confidence intervals (dashed) on the regression (solid) line
520 showing the relationships between the height of undergrowth and habitat quality/livestock
521 management characteristics (a-e).

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526 **Figure 4.** Condition of oil palm undergrowth; before (a) and after (b) cattle grazing took place
527 for one whole day.

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