Partnership of a P.L.A.N: Postsecondary Linking Advocacy & Navigation at Ohio State for Young Adults' Growth and Resiliency

THE OHIO STATE UNIVERSITY

NISONGER CENTER

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Sponsored by Dublin City Schools PATHS Program and Nisonger Center Ace! Program at The Ohio State University.

PLAN at Ohio State

This novel partnership between Ohio State Ace! students and Dublin City School students represents a transition learning activity to support exploration of employment, education, and independent living opportunities.



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The benefit of linking students with disabilities still receiving school based services with students with disabilities receiving college level supports allows for networking, skill building, and discovery of postschool success.

The Collaboration

The concept for *PLAN* was to:

- find opportunities to foster organic learning environments
- captivate all students into learning
- guide them through decision- making and self-determination processes
- develop self-advocacy skills for their future.

An interdisciplinary team was formed to create a reciprocal learning environment for students with disabilities, utilizing natural supports on the OSU campus.

PLAN evolved into a topic-driven discussion group where **PATHS** transition students learn from students in the **Ace!** program about:

- a range of social, academic, and life skills that impact students with disabilities;
- matriculating from high school to college from current OSU students
- how to navigate "adulting"

Members learn through discussing experiences, by listening, and offering and receiving input.

Each *Ace!* student brings experiences to the group; they share problem-solving methods, solutions, and practical outlooks.



The Classroom Experience



Course Goals

- Enhance confidence and offer challenges to set higher goals, take risks and achieve at higher levels.
- Individual and group recognition and encouragement.
- Advice on balancing a range of academic and professional responsibilities.
- Provide role modeling for student leadership.
- Facilitate the development of increased competencies and stronger interpersonal skills.
- Identify a support system during critical stages of academic and career development.
- Exposure to diverse perspectives and experiences.

Student Objectives

When presented with various transition driven topics, students will...

- make better decisions through critical thinking and creative problem solving.
- select best decisions given specific scenarios and situations.
- assess various issues related to employment, education and independence.
- . use thinking and creativity to find solutions.
- identify key strengths and use those strengths to problem solve everyday situations.

The Campus Experience

Second Semester Activities

All activities were self-selected and planned by the students

- . Tour of Campus Libraries
- . Guest Speaker: Professor Munn
- . Tour of Nisonger Center and ECE
- Visited RPAC
- . Met with Student Life Disability Services
- Official Orientation/Dormitory tour
- . Tour of Digital Union in Prior Hall
- . Tour of Medical Center



Qualitative Evaluation

"PLAN at OSU has given me a glimpse into college life. This partnership has also helped me learn to navigate campus with limited support. Lastly, this partnership has helped me think about what I want to do after I exit school services. I do not think I would be as successful and independent in my new program if it wasn't for spending time on campus".

- Dublin Student

"PLAN was a great opportunity to talk to others about how ASD shapes identity as well as pass on valuable advice to those who PLAN serves. I was able to form great connections with the students as well as the teachers and coordinators involved. PLAN was a valuable chance to be a positive presence as the students transition into adulthood, and I am proud to have participated."

- Ace! Student Facilitator

