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# Fluid-attenuated inversion recovery MRI synthesis from multisequence MRI using three-dimensional fully convolutional networks for multiple sclerosis

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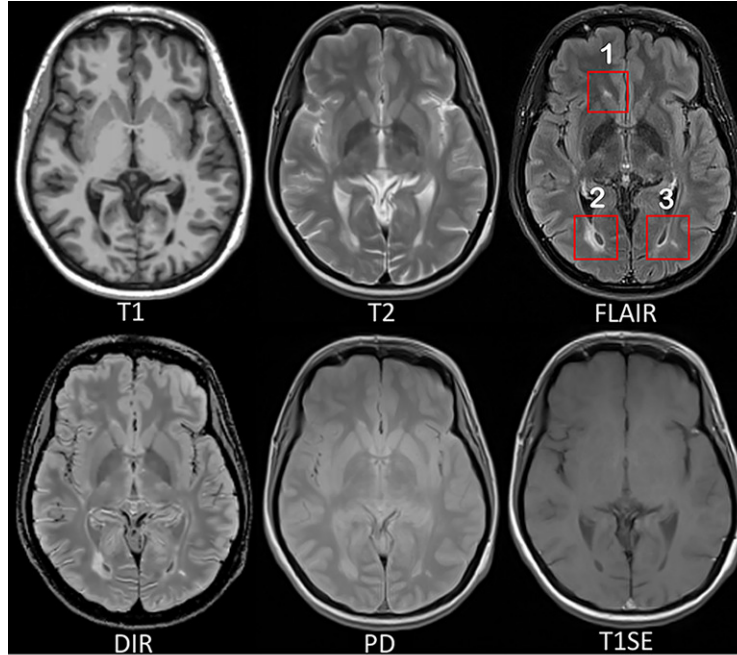
**Abstract.** Multiple sclerosis (MS) is a white matter (WM) disease characterized by the formation of WM lesions, which can be visualized by magnetic resonance imaging (MRI). The fluid-attenuated inversion recovery (FLAIR) MRI pulse sequence is used clinically and in research for the detection of WM lesions. However, in clinical settings, some MRI pulse sequences can be missing because of various constraints. We propose to use 3D fully convolutional neural networks to predict FLAIR pulse sequences from other MRI pulse sequences. In addition, we evaluate the contribution of each input pulse sequence with a pulse-sequence-specific saliency map. Our approach is tested on a real multiple sclerosis image dataset and evaluated by comparing our approach to other methods and by assessing the lesion contrast in the synthetic FLAIR pulse sequence. Both the qualitative and quantitative results show that our method is competitive for FLAIR synthesis.

**Keywords:** MR Images, FLAIR Synthesis, 3D Fully Convolutional Networks, Multiple Sclerosis, Deep Learning.

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## 1 Introduction

Multiple sclerosis (MS) is a demyelinating and inflammatory disease of the central nervous system and a major cause of disability in young adults.<sup>1</sup> MS has been characterized as a white matter (WM) disease with the formation of WM lesions, which can be visualized by magnetic resonance imaging (MRI).<sup>2,3</sup> The fluid-attenuated inversion recovery (FLAIR) MRI pulse sequence is commonly used clinically and in research for the detection of WM lesions which appear hyperintense compared to the normal appearing WM tissue (NAWM). Moreover, the suppression of the ventricular signal, characteristic of the FLAIR images, allows an improved visualization of the periventricular MS lesions,<sup>4</sup> and can also suppress any artifacts created by CSF. In addition, the decrease of the dynamic range of the image can make the subtle changes easier to see. Typical MRI pulse



**Fig 1: MRI pulse sequences usually used in a clinical setting.**

T1-w provides an anatomical reference and T2-w is used for WM lesions visualization. However, on the T2-w, periventricular lesions are often indistinguishable from the adjacent cerebrospinal fluid (CSF) which is also of high signal. WM lesions (red rectangles) characteristic of MS are best seen on FLAIR pulse sequence because of the suppression of the ventricular signal. Double inversion recovery (DIR) has direct application in MS for evaluating cortical pathology. Proton density (PD) and T1 spin-echo (T1SE) are also used clinically.

sequences used in a clinical setting are shown in Fig. 1. WM lesions (red rectangles) characteristic of MS are clearly best seen on FLAIR pulse sequences. However, in a clinical setting, some MRI pulse sequences can be missing because of limited scanning time or patients' interruptions in case of anxiety, confusion or severe pain. Hence, there is a need for predicting the missing FLAIR when it has not been acquired during patients' visits. FLAIR may also be absent in some legacy research datasets, that are still of major interest due to their number of subjects and long follow-up periods, such as ADNI.<sup>5</sup> Furthermore, the automatically synthesized MR images may also improve brain tissue classification and segmentation results as suggested in Refs. 6 and 7, which is an additional motivation for this work.

In Ref. 8, the authors proposed an atlas-based patch matching method to predict FLAIR from

T1-w and T2-w. In this approach, given a set of atlas images  $(I_{T1}, I_{T2}, I_{FLAIR})$  and a subject  $S$  with  $(S_{T1}, S_{T2})$ , the corresponding FLAIR  $\hat{S}_{FLAIR}$  is formed patch by patch. A pair of patches in  $(S_{T1}, S_{T2})$  is extracted and used to find the most similar one in the set of patches extracted from the atlas  $(I_{T1}, I_{T2})$ . Then the corresponding patch in  $I_{FLAIR}$  is picked and used to form  $\hat{S}_{FLAIR}$ .

In Ref. 9, random forests (RF) are used to predict FLAIR given T1-w, T2-w, and PD. In this approach, a patch at position  $i$  is extracted from each of these three input pulse sequences. All these three patches are then rearranged and concatenated to form a column vector  $X_i$ . The vector  $X_i$  and the corresponding intensity  $y_i$  in FLAIR at position of  $i$  are used to train the RF. There are also some other close research fields doing subject-specific image synthesis of a target modality from another modality. For example, in Refs. 10 and 11, computed tomography (CT) imaging is predicted from MRI pulse sequences.

Recently, deep learning has achieved state-of-the-art results in several computer vision domains, such as image classification,<sup>12</sup> object detection,<sup>13</sup> segmentation<sup>14</sup> and also in the fields of medical image analysis.<sup>15</sup> Various methods of image enhancement and reconstruction using a deep architecture have been proposed, for instance, reconstruction of 7T-like images from 3T MRI<sup>16</sup> and of CT images from MRI,<sup>17</sup> and prediction of positron emission tomography (PET) images with MRI.<sup>18</sup> The research work most similar to ours is Ref. 19. In this method, FLAIR is generated from T1-w MRI by a five-layer 2D deep neural network (DNN) which treats the input image slice-by-slice.

However, these FLAIR synthesis methods have their own shortcomings. The method in Ref. 8 breaks the input images into patches. During inference process, the extracted patch is then used to find the most similar patch in the atlas. But this process is often computationally expensive. Moreover, the result heavily depends on the similarity between the source image and the images in

the atlas. This makes the method fail in the presence of abnormal tissue anatomy since the images in the atlas do not have the same pathology. The learning based methods in Refs. 9 and 19 are less computationally intensive, because they store only the mapping function. However, they do not take into account the spatial nature of 3D images and can cause discontinuous predictions between adjacent slices. Moreover, many works used multiple MRI pulse sequences as the inputs,<sup>8,9</sup> but none of them evaluated how each pulse sequence influences the prediction results.

In order to overcome the disadvantages mentioned above, we propose 3D Fully Convolutional Neural Networks (3D FCNs) to predict FLAIR. The proposed method can learn an end-to-end and voxel-to-voxel mapping between other MRI pulse sequences and the corresponding FLAIR. Our networks have three convolutional layers and the performance is evaluated qualitatively and quantitatively. Moreover, we propose a pulse-sequence-specific saliency map (P3S map) to visually measure the impact of each input pulse sequence on the prediction result.

## 2 Method

Standard convolutional neural networks are defined for instance in Refs. 20 and 21. Their architectures basically contain three components: convolutional layers, pooling layers, and fully-connected layers. A convolutional layer is used for feature learning. A feature at some locations in the image can be calculated by convolving the learned feature detector and the patches at those locations. A pooling layer is used to progressively reduce the spatial size of feature maps in order to reduce the computational cost and the number of parameters. However, the use of a pooling layer can cause the loss of spatial information, which is important for image prediction, especially the lesion regions. Moreover, a fully-connected layer has all the hidden units connected to all the previous units, so it contains majority of the total parameters and an additional fully-connected layer makes

it easy to reach the hardware limits both in memory and computation power. Therefore, we propose fully convolutional neural networks composed of only three convolutional layers.

### 2.1 3D Fully Convolutional Neural Networks

Our goal is to predict FLAIR pulse sequences by finding a non-linear function  $s$ , which maps multi-pulse-sequence source images  $\mathbf{I}_{\text{source}} = (I_{T1}, I_{T2}, I_{PD}, I_{T1SE}, I_{DIR})$ , to the corresponding target pulse sequence  $\mathbf{I}_{\text{target}}$ . Given a set of source images  $\mathbf{I}_{\text{source}}$ , and the corresponding target pulse sequence  $\mathbf{I}_{\text{target}}$ , our method finds the non-linear function by solving the following optimization problem:

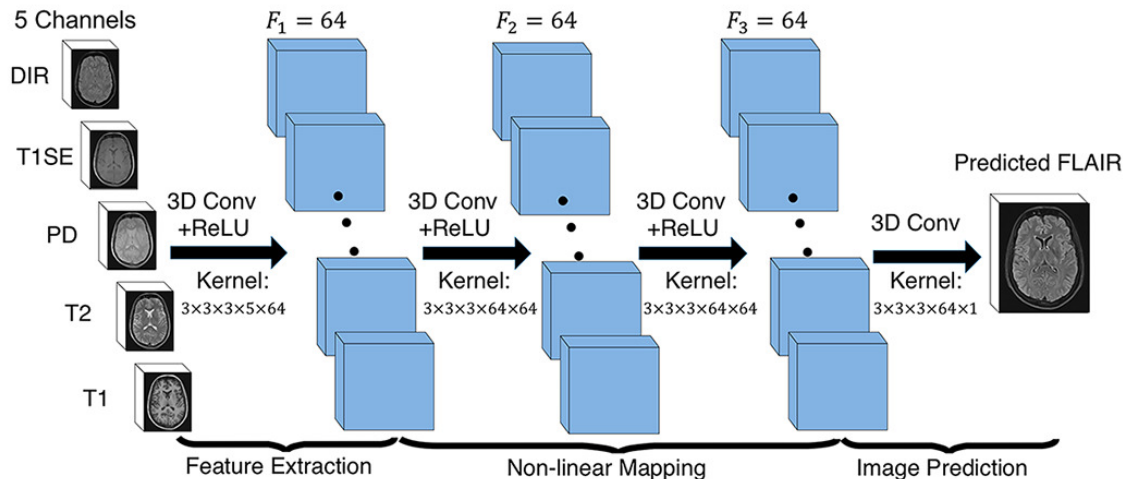
$$\hat{s} = \arg \min_{s \in S} \frac{\sum_{i=1}^N \|(\mathbf{I}_{\text{target}}^i, s(\mathbf{I}_{\text{source}}^i))\|_2}{N} \quad (1)$$

where  $S$  denotes a group of potential mapping functions,  $N$  is the number of subjects and mean-square-error (MSE) is used as our loss function which calculates a discrepancy between the predicted images and the ground truth.

In order to learn the non-linear function, we propose the architecture of our 3D fully convolutional neural networks shown in Fig. 2. The input layer is composed of the multi-pulse-sequence source images  $\mathbf{I}_{\text{source}}$  which are arranged as channels and then sent altogether to the network. Our network architecture consists of three convolutional layers ( $L = 3$ ) followed by rectified linear functions ( $relu(x) = max(x, 0)$ ). If we denote the  $m_{\text{th}}$  feature map at a given layer as  $\mathbf{h}^m$ , whose filters are determined by the weights  $\mathbf{k}^m$  and bias  $b^m$ , then the feature map  $\mathbf{h}^m$  is obtained as follows:

$$\mathbf{h}^m = max(\mathbf{k}^m * \mathbf{x} + b^m, 0) \quad (2)$$

where the size of input  $\mathbf{x}$  is  $H \times W \times D \times M$ . Here,  $H, W, D$  indicate the height, width and depth of each pulse sequence or feature map and  $M$  is the number of the pulse sequences or feature maps. To form a richer representation of the data, each layer is composed of multiple feature maps  $\{\mathbf{h}^m : 1, \dots, F\}$ , also referred as channels. Note that the kernel  $\mathbf{k}$  has a dimension  $H_k \times W_k \times D_k \times M \times F$  where  $H_k, W_k, D_k$  are the height, width and depth of the kernel respectively. The kernel  $\mathbf{k}$  operates on  $\mathbf{x}$  with  $M$  channels, generating  $\mathbf{h}$  with  $F$  channels. The parameters  $\mathbf{k}, b$  in our model can be efficiently learned by minimizing the function 1 using stochastic gradient descent (SGD).



**Fig 2: The proposed 3D fully convolutional neural networks.**

Our network architecture consists of three convolutional layers. The input layer is composed of 5 pulse sequences arranged as channels. The first layer extracts a 64-dimensional feature from input images through convolution process with a  $3 \times 3 \times 3 \times 5 \times 64$  kernel. The second and third layers apply the same convolution process to find a non-linear mapping for image prediction.

## 2.2 Pulse-sequence-specific Saliency Map (P3S Map)

Multiple MRI pulse sequences are used as inputs to predict FLAIR. Given a set of input pulse sequences and a target pulse sequence, we would like to assess the contribution of each pulse sequence on the prediction result. One method is class saliency visualization proposed in Ref. 22,

which is used for image classification to see which pixels influence the most the class score. Such pixels can be used to locate the object in the image. We call the method presented in this paper *pulse-sequence-specific saliency map* to visually measure the impact of each pulse sequence on the prediction result. Our P3S map is the absolute partial derivative of the difference between the predicted image and the ground truth with respect to the input pulse sequence of subject  $i$ . It is calculated by standard backpropagation.

$$M_i = \left| \frac{\partial \|\mathbf{I}_{\text{target}}^i - \hat{\mathbf{I}}_{\text{target}}^i\|_2}{\partial \mathbf{I}_{\text{source}}^i} \right| \quad (3)$$

where  $i$  denotes the subject,  $\mathbf{I}_{\text{target}}$  and  $\hat{\mathbf{I}}_{\text{target}}$  are the ground truth and the predicted image, respectively.

### 2.3 Materials and Implementation Details

Our dataset contains 24 subjects including 20 MS patients (8 women, mean age 35.1, sd 7.7) and 4 age- and gender-matched healthy volunteers (2 women, mean age 33, sd 5.6). Each subject underwent the following pulse sequences:

- a) T1-w ( $1 \times 1 \times 1.1\text{mm}^3$ )
- b) T2-w and Proton Density (PD) ( $0.9 \times 0.9 \times 3\text{mm}^3$ )
- c) FLAIR ( $0.9 \times 0.9 \times 3\text{mm}^3$ )
- d) T1 spin-echo (T1SE,  $1 \times 1 \times 3\text{mm}^3$ )
- e) Double Inversion Recovery (DIR,  $1 \times 1 \times 1\text{mm}^3$ )

All have signed written informed consent to participate in a clinical imaging protocol approved by the local ethics committee. The preprocessing steps include intensity inhomogeneity correction<sup>23</sup>



and intra-subject affine registration<sup>24</sup> onto FLAIR space. Finally, each preprocessed image has a size of  $208 \times 256 \times 40$  and a resolution of  $0.9 \times 0.9 \times 3\text{mm}^3$ .

Our networks have three convolutional layers ( $L = 3$ ). The filter size is  $3 \times 3 \times 3$  and for every layer the number of the filters is 64 which is designed with empirical knowledge from the widely-used FCN architectures, such as ResNet.<sup>12</sup> We used Theano<sup>25</sup> and Keras<sup>26</sup> libraries for both training and testing. The whole data is first normalized by using  $\bar{x} = (\mathbf{x} - \text{mean})/\text{std}$ , where *mean* and *std* are calculated over all the voxels of all the images in each sequence. We do not use any data augmentation. Our networks were then trained using standard SGD optimizer with 0.0005 as the learning rate and 1 as the batch size. The stopping criteria used in our work is early stopping. We stopped the training when the generalization error increased in  $p$  successive  $q$ -length-strips:

- $STOP_p$  : stop after epoch  $t$  iff  $STOP_{p-1}$  stops after epoch  $t - q$  and  $E_{ge}(t) > E_{ge}(t - q)$
- $STOP_1$  : stop after first end-of-strip epoch  $t$  and  $E_{ge}(t) > E_{ge}(t - q)$

where  $q = 5, p = 3$  and  $E_{ge}(t)$  is the generalization error at epoch  $t$ . It takes 1.5 days for training and less than 2 seconds for predicting one image on a NVIDIA GeForce GTX TITAN X.

Our method is validated through a 5-fold cross validation in which the dataset is partitioned into 5 folds (4 folds have 5 subjects with 1 healthy subject in each fold and the last fold has 4 subjects). Subsequently 5 iterations of training and validation are performed such that within each iteration one different fold is held-out for validation and remaining four folds are used for training. The validation error is used as an estimate of the generalization error. And then we compared it qualitatively and quantitatively with four state-of-the-art approaches : modality propagation,<sup>27</sup> random forests (RF) with 60 trees,<sup>9</sup> U-Net,<sup>28</sup> and voxel-wise multilayer perceptron (MLP) which consists of 2 hidden layers and 100 hidden neurons for each layer, trained to minimize the mean squared error. The patch size used in modality propagation and RF is  $3 \times 3 \times 3$  as suggested

in their works.<sup>9,27</sup> The U-Net architecture is separated in 3 parts: downsampling, bottleneck and upsampling. The downsampling path contains 2 blocks. Each block is composed of two  $3 \times 3 \times 3$  convolution layers and a max-pooling layer. Note that the number of feature maps doubles at each pooling, starting with 16 feature maps for the first block. The bottleneck is built from simply two 64-width convolutional layers. And the upsampling path also contains 2 blocks. Each block includes a deconvolution layer with stride 2, a skip connection from the downsampling path and two  $3 \times 3 \times 3$  convolution layers. Lastly, we use our pulse-sequence-specific saliency map to visually measure the contribution of each input pulse sequence.

### 3 Experiments and Results

#### 3.1 Model Parameters and Performance Trade-offs

##### 3.1.1 Number of Filters

Generally, the wider the network is, the more features can be learned so that the better performance can be obtained. Based on this, besides our default setting ( $F_1 = F_2 = F_3 = 64$ ), we also did two experiments for comparison: (1) a wider architecture ( $F_1 = F_2 = F_3 = 96$ ) and (2) a thinner architecture ( $F_1 = F_2 = F_3 = 32$ ). The training process is the same as described in the section 2.3. The results are shown in Table 1. We can observe that increasing the width of network from 32 to 64 leads to a clear improvement. However, increasing the filter numbers from 64 to 96 only slightly improved the performance. However, if less computational cost is needed, a thinner network which can also achieve a good performance is more suitable.

**Table 1:** Comparison of Different Number of Filters

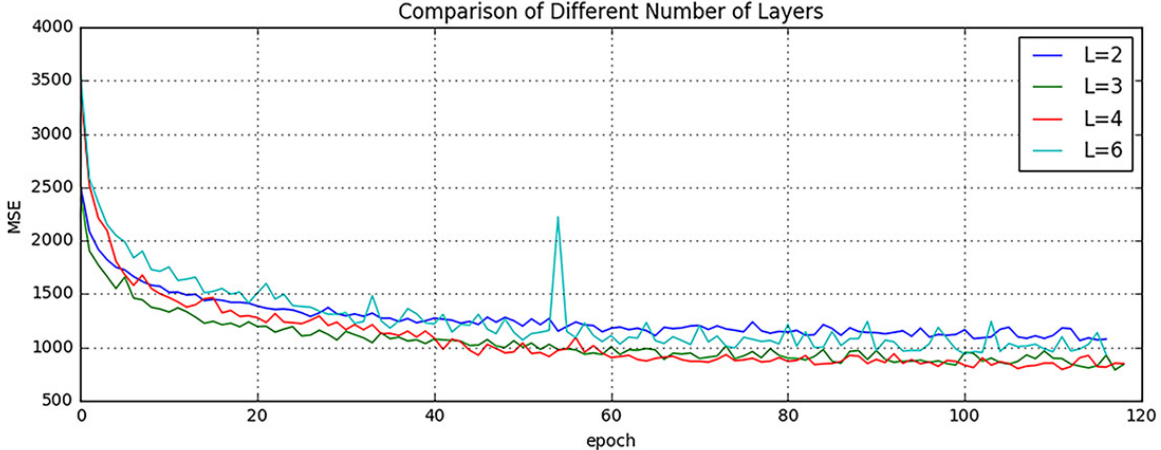
	MSE (SD)	Number of Parameters	Inference Time (sec)
$F_1 = F_2 = F_3 = 32$	1094.52 (49.46)	60.6 K	0.72
$F_1 = F_2 = F_3 = 64$	918.07 (41.70)	213.7 K	1.34
$F_1 = F_2 = F_3 = 96$	909.84 (38.68)	513.5 K	2.58

### 3.1.2 Number of Layers

It is indicated in Ref. 12 that neural networks could benefit from increasing the depth of the networks. We thus tested two different number of layers by adding or removing a 64-width layer based on our default setting ( $L = 3$ ), i.e. (1)  $L = 2$  and (2)  $L = 4$ . The comparison result is shown in Fig. 3. It can be found that when  $L = 2$ , the result is worse than our default setting ( $L = 3$ ). However, when we increased the number of layers to  $L = 4$ , it converges slower and finally to the same level as the 3-layer network. In addition, we also designed a much deeper network ( $L = 6$ ) by adding three more 64-width layers on our default setting ( $L = 3$ ). It is shown in the Fig. 3 that the performance even dropped and failed to surpass the 3-layer network. The cause of this could be the complexity is increasing while the networks are going deeper. During the training process, it is thus more difficult to converge or falls into a bad minimum.

### 3.2 Evaluation of Predicted Images

Image quality is evaluated by mean square error (MSE) and structural similarity (SSIM). Table 2 shows the result of MSE and SSIM on 5-fold cross validation. Our method is statistically significantly better than the rest of the methods ( $p < 0.05$ ) except for U-Net which got the best result on two folds for MSE and three folds for SSIM. However, the difference with our method is very small and we outperformed at the average level. Furthermore, the number of the parameters in U-Net is 375.6K which is much more than ours (213.7K). If less computational cost is needed, our



**Fig 3: Comparison of Different Number of Layers.**

Shown are learning curves for different number of layers ( $L = 2, 3, 4, 6$ ). As the network goes deeper, the result can be increased. However, deeper structure cannot always lead to better results, sometimes even worse.

method is preferred. To further evaluate the quality of our method, in particular on the MS lesions detection, we have chosen to evaluate the MS lesion contrast with the NAWM (*Ratio 1*) and the surrounding NAWM (*Ratio 2*), defined by a dilatation of 5 voxels around the lesions. Given the mean intensity of each region  $I_i(R)$  of subject  $i$ , *Ratio 1* and *Ratio 2* are defined as:

$$Ratio\ 1 = \frac{1}{N} \sum_{i=1}^N \frac{I_i(Lesions)}{I_i(NAWM)}, Ratio\ 2 = \frac{1}{N} \sum_{i=1}^N \frac{I_i(Lesions)}{I_i(SNAWM)} \quad (4)$$

As seen from Table 3, our method achieves statistically significantly better performances ( $p < 0.01$ ) than other methods on both *Ratio 1* and *Ratio 2* which reflects a better contrast for MS lesions. The evaluation results can be visualized in Fig. 4 with the absolute difference maps on the 2nd and 4th rows. It can be observed that RF and U-Net can generate the good global anatomical information but the MS lesion contrast is poor. This can be truly reflected by a good MSE and SSIM ( See in Table 2), but a low *Ratio 1/ 2* (See in Table 3). On the contrary, our method can well keep the anatomical information and also yield the best contrast for WM lesions.

**Table 2:** Quantitative comparison between our method and other methods

(a) Mean Square Error (Standard Deviation)

	Random Forest 60	Modality Propagation	Multilayer Perceptron	U-Net	Our Method
Fold 1	993.68 (67.21)	2194.79 (118.73)	1532.89 (135.82)	921.69 (38.51)	<b>905.05</b> <b>(26.06)</b>
Fold 2	1056.76 (125.51)	2037.69 (151.23)	1236.53 (100.95)	<b>912.03</b> <b>(38.58)</b>	913.34 (39.95)
Fold 3	945.38 (59.42)	1987.32 (156.11)	1169.78 (142.43)	916.16 (38.97)	<b>898.76</b> <b>(46.90)</b>
Fold 4	<b>932.67</b> <b>(74.48)</b>	2273.58 (217.85)	1023.35 (97.93)	938.34 (52.54)	945.33 (63.80)
Fold 5	987.63 (78.34)	1934.25 (140.06)	1403.57 (146.35)	<b>908.11</b> <b>(36.13)</b>	927.88 (31.80)
Average	983.22 (80.99)	2085.53 (156.80)	1273.22 (124.70)	919.26 (40.95)	<b>918.07</b> <b>(41.70)</b>

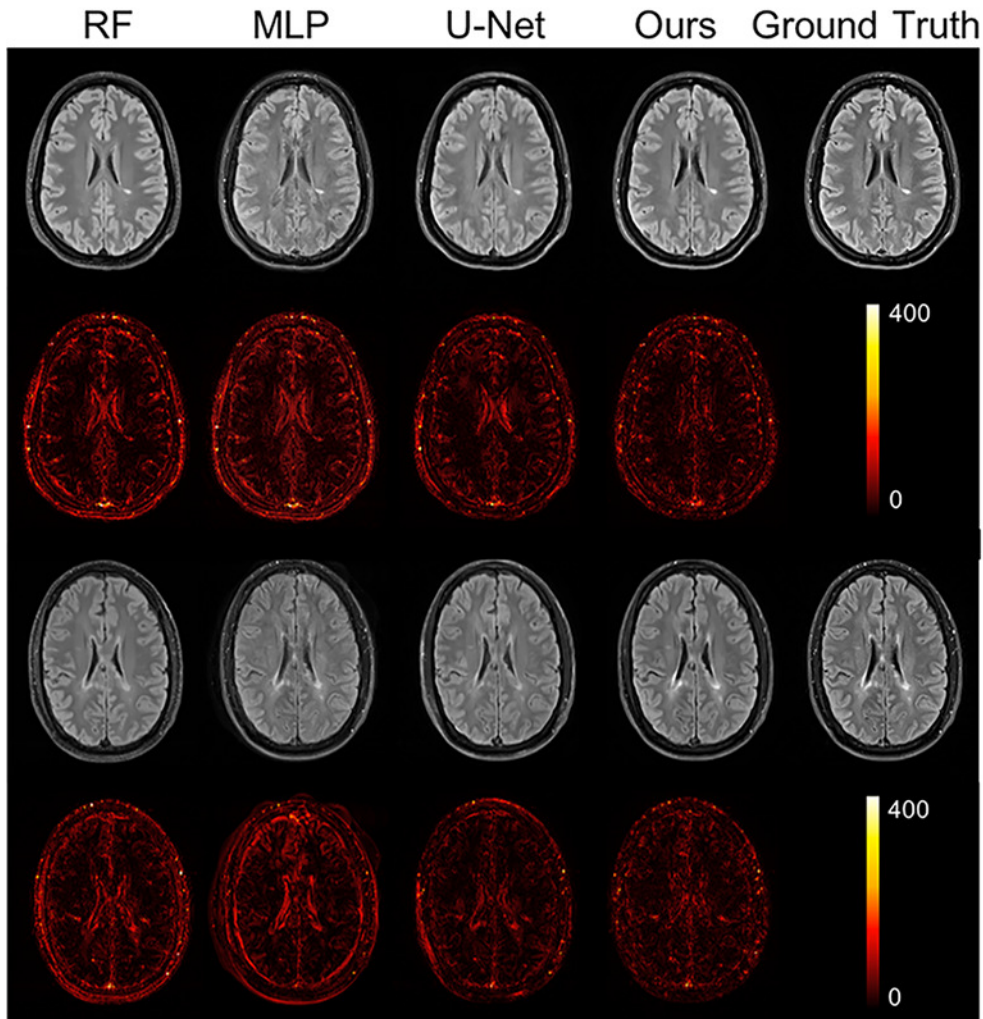
(b) Structural Similarity (Standard Deviation)

	Random Forest 60	Modality Propagation	Multilayer Perceptron	U-Net	Our Method
Fold 1	0.814 (0.044)	0.727 (0.044)	0.770 (0.052)	0.847 (0.038)	<b>0.868 (0.036)</b>
Fold 2	0.822 (0.038)	0.718 (0.045)	0.773 (0.045)	<b>0.856 (0.025)</b>	0.854 (0.028)
Fold 3	0.832 (0.040)	0.713 (0.047)	0.790 (0.044)	0.854 (0.036)	<b>0.880 (0.031)</b>
Fold 4	0.850 (0.032)	0.708 (0.049)	0.786 (0.044)	<b>0.853 (0.031)</b>	0.846 (0.035)
Fold 5	0.830 (0.041)	0.723 (0.039)	0.781 (0.047)	<b>0.861 (0.034)</b>	0.850 (0.027)
Average	0.830 (0.039)	0.718 (0.045)	0.780 (0.046)	0.854 (0.033)	<b>0.860 (0.031)</b>

**Table 3:** Evaluation of MS lesion contrast (Standard Deviation)

	Random Forest 60	Modality Propagation	Multilayer Perceptron	U-Net	Our Method	<i>Ground Truth</i>
Ratio 1	1.33 (0.07)	1.31 (0.06)	1.39 (0.11)	1.34 (0.09)	<b>1.47 (0.13)</b>	<i>1.66 (0.12)</i>
Ratio 2	1.15 (0.04)	1.13 (0.04)	1.20 (0.05)	1.17 (0.04)	<b>1.22 (0.07)</b>	<i>1.33 (0.09)</i>

Moreover, we input the synthetic FLAIR and the ground truth to a brain segmentation pipeline<sup>29</sup> to generate automatic segmentations of WM lesions. A similar segmentation should be obtained if the FLAIR synthesis is good enough and the DICE score is used to compare the overlap of the segmentations previously obtained from both the synthetic FLAIR and the ground truth. We got a very good WM lesion segmentation agreement with a mean (SD) DICE of 0.73(0.12). Some



**Fig 4: Qualitative comparison of the methods to predict FLAIR sequence.**

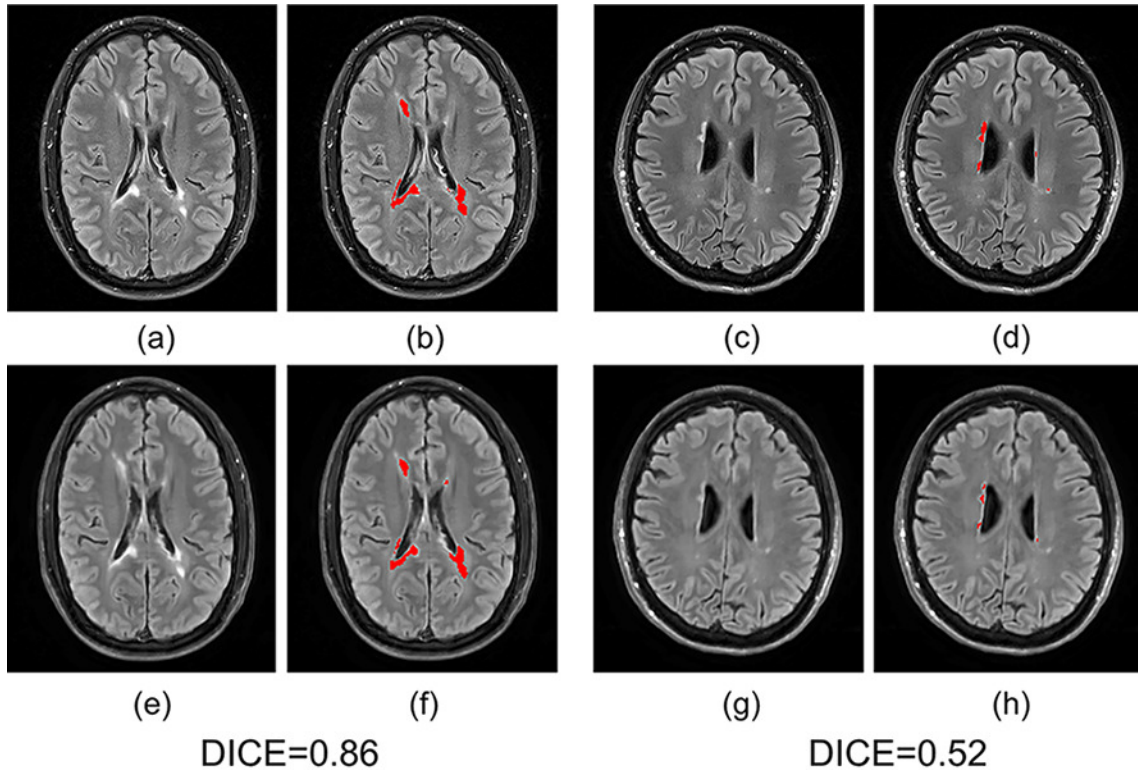
Shown are synthetic FLAIR obtained by RF with 60 trees, MLP, U-Net, and our method followed by the true FLAIR. The 2nd and 4th rows show the absolute difference maps between each synthetic FLAIR and the ground truth.

examples are shown in Fig. 5.

### 3.3 Pulse-Sequence-Specific Saliency Map (P3S Map)

It can often happen that not all the subjects have the five complete protocols (T1-w, T2-w, T1SE, PD, and DIR). Therefore, it might be useful to measure the impact of each input pulse sequence.

Our proposed P3S map is to visually measure the contribution of each input pulse sequence. It can be observed in Fig. 6 that T1-w, DIR, and T2-w contribute more for FLAIR MRI prediction than

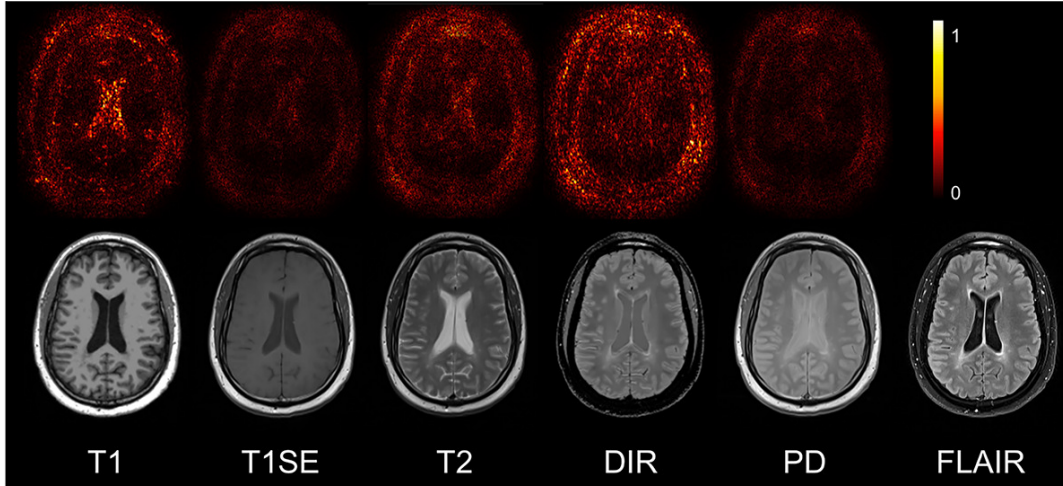


**Fig 5: Examples of WM lesion segmentation for a high and a low DICE.**

The WM lesions are very small and diffuse, so even a slight difference in the overlap can cause a big decrease for the DICE score. (a)(c) True FLAIR. (e)(g) Predicted FLAIR. (b)(d) Segmentation of WM lesions (red) using true FLAIR. (f)(h) Segmentation of WM lesions using predicted FLAIR.

PD or T1SE. In the P3S map, the intensity reflects the contribution of each input pulse sequence. In particular, from the P3S map we can easily find which sequence affects more the generation of which specific ROIs. For example, as shown in the first row of Fig. 6, even though generally DIR is the most important sequence (see Table 4(a)), T1-w contributes more for the synthesis of ventricle which can be proved by the high degree of resemblance of ventricle between T1-w and FLAIR (see 2nd row of Fig. 6).

In order to test our P3S Map, five experiments have been designed. In each one, we removed one of the five pulse sequences (T1-w, T2-w, T1SE, PD, and DIR) from the input images. Table 4(a) shows the testing result on 5-fold cross validation by using MSE as the error metric. As shown in the table, these results are consistent with the observation revealed by our P3S map. The



**Fig 6: Pulse-Sequence-Specific Saliency Maps for input pulse Sequences.**

The first row is the saliency maps for T1, T1SE, T2, PD, and DIR, respectively. And the second row is the corresponding multi-sequence MR images. It can be found that T1-w, DIR, and T2-w contribute more for FLAIR MRI prediction than PD or T1SE.

DIR, T1-w and T2-w contribute more than T1SE and PD. In particular, DIR is the most relevant pulse sequences for FLAIR prediction. However, DIR is not commonly used in clinical settings. We thus show a performance comparison between other methods in Table 4(b). It can be observed that when DIR is missing, the performance decreases for all the methods suggesting a high similarity between DIR and FLAIR. In addition, even though DIR is not such common, we still got an acceptable result for FLAIR prediction without DIR.

Besides, some legacy research datasets do not have T1SE or PD, we thus predicted FLAIR from different combinations of T1, T2, DIR and PD (see in Table 4(c) and Fig. 7). It indicates that our method can be used to get an acceptable predicted FLAIR from the datasets which only contain some sequences. From Table 4(c) we can also infer that adding a pulse sequence improves the prediction result.



**Table 4:** FLAIR prediction results by using different input pulse sequences

(a) Mean Square Error (Standard Deviation)

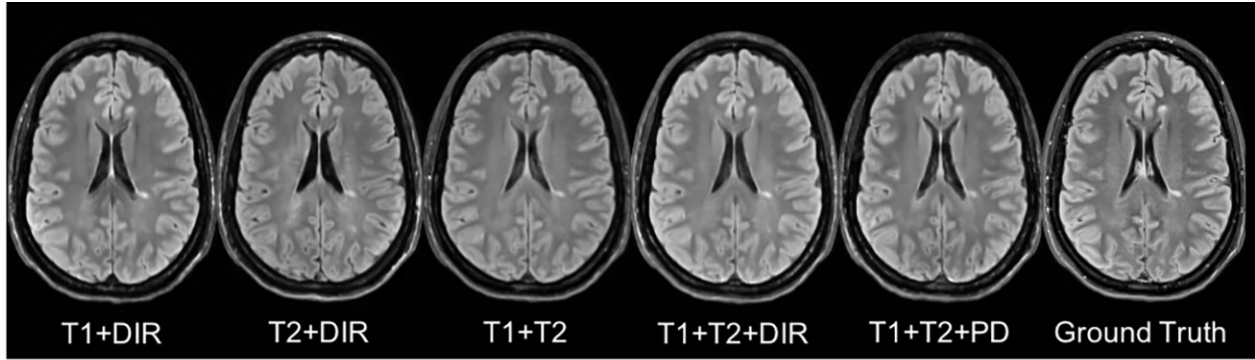
	Removed Pulse Sequence				
	T1	T1SE	T2	PD	DIR
Fold 1	959.75 (60.58)	926.89 (73.25)	981.15 (83.45)	945.79 (67.23)	1097.99 (93.27)
Fold 2	987.13 (91.47)	940.00 (86.34)	994.47 (78.47)	919.09 (69.82)	1097.00 (98.57)
Fold 3	942.76 (59.22)	938.98 (64.27)	940.92 (69.44)	924.59 (61.39)	1065.08 (101.95)
Fold 4	999.64 (100.57)	940.56 (72.98)	939.60 (76.22)	932.46 (59.49)	1151.93 (113.21)
Fold 5	986.55 (71.25)	936.89 (63.23)	953.35 (70.12)	933.12 (65.23)	1068.72 (98.56)
Average	975.16 (76.62)	936.67 (72.00)	961.90 (75.54)	931.01 (64.63)	1096.14 (101.11)

(b) Performance Comparison by removing DIR (Standard Deviation)

	Random Forest 60	Multilayer Perceptron	U-Net	Our Method
Fold 1	<b>1035.17 (102.37)</b>	1589.62 (131.32)	1068.59 (100.28)	1097.99 (93.27)
Fold 2	1167.52 (127.67)	1375.28 (121.12)	<b>998.66 (106.79)</b>	1097.00 (98.57)
Fold 3	1170.36 (105.37)	1316.53 (128.46)	1135.24 (128.15)	<b>1065.08 (101.95)</b>
Fold 4	1218.38 (129.01)	1235.26 (117.26)	1175.68 (107.33)	<b>1151.93 (113.21)</b>
Fold 5	1189.64 (108.28)	1537.61 (135.78)	<b>1003.54 (95.18)</b>	1068.72 (98.56)
Average	1156.21 (114.54)	1410.86 (126.79)	<b>1076.34 (107.55)</b>	1096.14 (101.11)

(c) Mean Square Error (Standard Deviation)

	Input Pulse Sequences				
	T1+DIR	T2+DIR	T1+T2	T1+T2+DIR	T1+T2+PD
Fold 1	966.67 (70.12)	993.25 (99.35)	1375.83 (123.68)	926.88 (83.68)	1281.06 (112.57)
Fold 2	953.87 (68.57)	974.88 (86.32)	1562.46 (132.68)	944.39 (79.23)	1324.17 (121.37)
Fold 3	998.71 (84.90)	1007.69 (103.87)	1158.65 (112.29)	961.19 (71.68)	1261.68 (128.91)
Fold 4	973.24 (77.79)	998.56 (98.23)	1078.67 (103.89)	931.47 (69.31)	1143.58 (98.95)
Fold 5	968.55 (71.59)	986.57 (91.33)	1212.59 (126.79)	958.28 (73.45)	1156.79 (102.67)
Average	972.21 (74.60)	992.19 (95.82)	1277.64 (119.87)	944.44 (75.47)	1233.46 (112.89)



**Fig 7: Different Combinations of T1, T2, DIR and PD as input sequences.**

Shown are synthesized FLAIR with different MRI pulse sequences as inputs from T1+DIR to T1+T2+PD. A better performance can be achieved when both DIR and T1 exist.

#### 4 Discussion and Conclusion

We introduced 3D fully convolutional neural networks for FLAIR prediction from multiple MRI pulse sequences, and a sequence-specific saliency map for investigating each pulse sequence contribution. Even though the architecture of our method is simple, the nonlinear relationship between the source images and FLAIR can be well captured by our network. Both the qualitative and quantitative results have shown its competitive performance for FLAIR prediction. Compared to previous methods, representative patches selection is not required so that this speeds up the training process. Additionally, 2D Convolutional Neural Networks (2D CNNs) become popular in computer vision, however they are not suitable to directly use 2D CNNs for volumetric medical image data. Unlike Refs. 19 and 9, our method can better keep the spatial information between slices. Moreover, the generated FLAIR has a good contrast for MS lesions. In practice, in some datasets, not all the subjects have all the pulse sequences. Our proposed P3S map can be used to reflect the impact of each input pulse sequence on the prediction result so that the pulse sequences which contribute very little can be removed. Furthermore, DIR is often used for the detection of MS cortical gray matter lesions and if we have DIR, we can use it to generate FLAIR so that the acquisition time for

FLAIR can be saved. Also, our P3S map can be generated by any kinds of neural networks trained by standard backpropagation.

Our 3D FCNs have some limitations. The synthetic images appear slightly more blurred and smoother than the ground truth. This maybe because we use a more traditional loss L2 distance as our objective function. As mentioned in Ref. 30, the use of L1 distance can encourage less blurring and generate sharper image. Additionally, the proposed P3S is generated after the data normalization which may affect the gradient. However, the network is changed as the normalization strategy changes. And the saliency map is based on the network. Moreover, the dataset should be ideally partitioned into training-validation-test sets. However, our dataset only has 24 subjects which is quite small to split into training-validation-test set. Instead, we divided it into training-testing set and the testing error is used as an estimate of the generalization error.

In the future, it would be interesting to also assess the utility of the method in the context of other WM lesions (e.g. age-related WM hyperintensities). Specifically, FLAIR is the pulse sequence of choice for studying different types of white matter lesions,<sup>31</sup> including leucoaraiosis (due to small vessel disease) that is commonly found in elderly subjects, that is associated to cognitive decline and is a common co-pathology in neurodegenerative dementias.

### *Disclosures*

Authors have no conflict of interest regarding this article.

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### 1 **MRI pulse sequences usually used in a clinical setting.**

T1-w provides an anatomical reference and T2-w is used for WM lesions visualization. However, on the T2-w, periventricular lesions are often indistinguishable from the adjacent cerebrospinal fluid (CSF) which is also of high signal. WM lesions (red rectangles) characteristic of MS are best seen on FLAIR pulse sequence because of the suppression of the ventricular signal. Double inversion recovery (DIR) has direct application in MS for evaluating cortical pathology. Proton density (PD) and T1 spin-echo (T1SE) are also used clinically.

## 2 **The proposed 3D fully convolutional neural networks.**

Our network architecture consists of three convolutional layers. The input layer is composed of 5 pulse sequences arranged as channels. The first layer extracts a 64-dimensional feature from input images through convolution process with a  $3 \times 3 \times 3 \times 5 \times 64$  kernel. The second and third layers apply the same convolution process to find a non-linear mapping for image prediction.

## 3 **Comparison of Different Number of Layers.**

Shown are learning curves for different number of layers ( $L = 2, 3, 4, 6$ ). As the network goes deeper, the result can be increased. However, deeper structure cannot always lead to better results, sometimes even worse.

## 4 **Qualitative comparison of the methods to predict FLAIR sequence.**

Shown are synthetic FLAIR obtained by RF with 60 trees, MLP, U-Net, and our method followed by the true FLAIR. The 2nd and 4th rows show the absolute difference maps between each synthetic FLAIR and the ground truth.

## 5 **Examples of WM lesion segmentation for a high and a low DICE.**

The WM lesions are very small and diffuse, so even a slight difference in the overlap can cause a big decrease for the DICE score. (a)(c) True FLAIR. (e)(g) Predicted FLAIR. (b)(d) Segmentation of WM lesions (red) using true FLAIR. (f)(h) Segmentation of WM lesions using predicted FLAIR.

6 **Pulse-Sequence-Specific Saliency Maps for input pulse Sequences.**

The first row is the saliency maps for T1, T1SE, T2, PD, and DIR, respectively.

And the second row is the corresponding multi-sequence MR images. It can be found that T1-w, DIR, and T2-w contribute more for FLAIR MRI prediction than PD or T1SE.

7 **Different Combinations of T1, T2, DIR and PD as input sequences.**

Shown are synthesized FLAIR with different MRI pulse sequences as inputs from T1+DIR to T1+T2+PD. A better performance can be achieved when both DIR and T1 exist.

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