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### **Participatory evaluation of improved grasses and forage legumes for smallholder livestock production in Central America**

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#### **Citation:**

Garcia, Edwin; Siles, Pablo; Eash, Lisa; Van der hoek, Rein; Kearney, Sean P.; Smukler, Sean M. & Fonte, Steven J. (2018). Participatory Evaluation of Improved Grasses and Forage Legumes for Smallholder Livestock Production in Central America. *Experimental Agriculture*, 1–17p.

#### **Publisher's DOI:**

<http://doi.org/10.1017/S0014479718000364>

#### **Access through CIAT Research Online:**

<https://hdl.handle.net/10568/97932>

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**Short Title:** Participatory Pasture and Forage Evaluation

**Title:** Participatory evaluation of improved grasses and forage legumes for smallholder livestock production in Central America.

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29 **Summary:**

30 Smallholder livestock systems in Central America are typically based on pastures with  
31 traditional grasses and associated management practices such as pasture burning and extensive  
32 grazing. With the rise of the global population and a corresponding increase in demand for meat  
33 and milk production, research efforts have focused on the development of improved grasses and  
34 the incorporation of legume species that can increase productivity and sustainability of Central  
35 American livestock systems. However, farmer adoption remains very limited, in part due to the  
36 lack of site-specific evaluation and recommendations by local institutions. Using a multi-site,  
37 participatory approach this study examined the potential of five improved grasses and five  
38 species of forage legumes as alternatives to the broadly disseminated grass *Hyparrhenia rufa* (cv.  
39 Jaragua) in pasture-based cattle systems in western Honduras and northern El Salvador.  
40 Improved grasses (four *Brachiaria* sp. and *Megathyrsus maximus*) produced significantly more  
41 biomass than *H. rufa*; also four of the five legume varieties evaluated (*Canavalia ensiformis*,  
42 *Canavalia brasiliensis*, *Vigna unguiculata*, and *Vigna radiata*) demonstrated high adaptability to  
43 diverse environmental conditions across sites. Farmer participatory evaluation offers a valuable  
44 means to assess performance of forages and will likely contribute to their improved utilization.  
45 Future research is needed on more refined management recommendations, pasture system  
46 design, costs, and environmental benefits associated with the adoption of these forages in local  
47 livestock production systems.

48

49 **Key Words:** *Brachiaria*; *Canavalia*; El Salvador; Hillside Agriculture; Honduras; *Hyparrhenia*  
50 *rufa*; Improved pastures

51

## 52 **Introduction**

53           By the year 2050, growth in the global population and shifts in diet may require an  
54 associated 70% increase in global food production. Demand for meat (and to lesser extent for  
55 milk) is directly correlated with per capita real income, and is increasing at an even higher rate,  
56 particularly in developing nations (Tilman et al., 2011). Current efforts have focused on the  
57 intensification of livestock systems in developed countries and greater land clearing  
58 (extensification) in developing nations. If this trend is to continue, an estimated one billion ha of  
59 land would need to be cleared globally by 2050, representing a 30% increase over current pasture  
60 area. This number could be decreased to 0.2 billion hectares if policy-makers and research efforts  
61 instead focus on moderate intensification of existing agricultural systems in under-yielding  
62 regions (Tilman et al., 2011). Thus, transfer of high-yielding technologies to existing production  
63 areas may substantially reduce environmental impacts, while satisfying the global food demand.

64           Aside from providing 25% of protein consumed worldwide, appropriately managed  
65 livestock systems have been shown to support diverse ecosystem services including water flow  
66 regulation and erosion control, climate regulation, as well as soil biodiversity conservation  
67 (Fisher et al., 1994; Montenegro et al., 2016; Lavelle et al., 2014). However, a large portion of  
68 livestock systems are based on low-yielding forage crops and apply practices that contribute to  
69 environmental degradation and high greenhouse gas emissions (Herrero et al., 2013). In Central  
70 America, pastures dominated by *Hyparrhenia rufa* (locally known as Jaragua) were introduced  
71 to Pacific parts of the region several decades ago and are typically managed with fire to stimulate  
72 regrowth at the end of the dry season. Pasture burning has been shown to contribute to soil  
73 degradation and when not closely monitored can impact forested areas that support a range of  
74 landscape level ecosystem services (Steinfeld et al., 2006). Such pastures are widespread

75 throughout the region and their relatively low biomass yields suggest considerable room for  
76 improvement. Given the pervasiveness of cattle production in Central America and globally,  
77 there is great potential for more productive forages and management practices to enhance  
78 sustainability of these regions (Rao et al., 2015).

79 In the last 20 years a number of improved grasses have been developed and made  
80 commercially available with the aim of increasing forage productivity (Miles et al. 2004; Argel  
81 et al. 2007; Pizarro et al. 2013; Rao et al., 2015). Many of these (e.g. *Brachiaria* sp.) are adapted  
82 to sub-optimal environments (i.e., pests, drought or waterlogging prone areas). Legumes have  
83 also been considered as potential forage crops, and in addition to their benefits, such as N-  
84 fixation and contribution to soil nutrient cycling, legumes also produce high quality feed. Similar  
85 to work on grasses, research efforts have focused on identifying and selecting legumes that are  
86 adapted to acidic soils with low to moderate fertility. Promising legumes include those in the  
87 genera *Vigna* and *Canavalia*. For instance, *Canavalia brasiliensis* performs well in areas with  
88 extended dry seasons (Peters et al., 2010).

89 Despite the potential of these improved forages in tropical conditions, adoption by local  
90 producers has been limited. According to Rao et al. (2015), the main constraints to the adoption  
91 of legumes and grasses have been the susceptibility to diseases and pests, the lack of clear  
92 management recommendations, seed availability, and unrealistic expectations of farmers for  
93 rapid and dramatic increases in production. Another possible limitation is that development  
94 organizations often view legumes solely as cover crops and green manure, when their potential  
95 uses as feed may be much more attractive to land managers (Douxchamps et al., 2014; Kebede et  
96 al., 2016). High spatial heterogeneity within and between farms can also act as a barrier to  
97 improved forage adoption by smallholders, since the optimal types and arrangements of grasses

98 or legumes can vary widely depending on different niches within farms and landscapes, thus  
99 greatly complicating the selection process (Paul et al., 2016).

100 The participation of local farmers in selection, adaptation and dissemination processes  
101 has been shown to increase the adoption of new innovations (Pretty, 1995; Peters et al., 2003).  
102 Under this approach, farmers play an active role in the development of practices and contribute  
103 intimate knowledge of their farming systems as well as provide the social, economic and cultural  
104 context that often determines feasibility of adoption. A case study by Stür et al. (2002) in  
105 Southeast Asia emphasized the wide range of constraints, opportunities, and goals that are  
106 considered in farmer decision-making. Aside from high forage yields, farmers valued easy to cut  
107 herbage, fast regrowth after harvesting, low competition with adjacent crops, and ease of  
108 collection and transportation of plant material. Overall, farmers were more likely to adopt  
109 varieties that best met these locally valued criteria. In fact, Horne and Stür (1997) suggest that  
110 researchers may often focus on completely different forage evaluation criteria (e.g., live weight  
111 gain) than those that are most valued by smallholders (e.g., risk management, labor constraints).

112 In this study, on-farm trials were conducted to evaluate the establishment and potential  
113 productivity of five improved grasses (with *H. rufa* as a control) and five forage legumes across  
114 seven different locations in the Dry Corridor of Central America (western Honduras and northern  
115 El Salvador), a region with a prolonged dry season that lasts five to six months. Results from the  
116 multi-site trials were combined with participatory evaluation by local producers and technicians  
117 to identify the most adapted and favorable cultivars in the region. Along with formal assessment  
118 of biomass production, diverse stakeholders were involved in a hands-on evaluation of improved  
119 grass and legume cultivars in order to understand the selection criteria that are of greatest  
120 concern to farmers and to identify the most viable options for adoption and scaling. We

121 hypothesized that the improved grass options would outperform the widely distributed *H. rufa*  
122 across all sites, but that the best producing species and those mostly highly evaluated by farmers  
123 would vary according to the unique environmental contexts of each site. For legume species, we  
124 hypothesized that at least one species would perform well across local conditions and receive  
125 strong evaluations from participating farmers.

126

## 127 **Methodology**

### 128 *Study Site and Experimental Design*

129         This study was carried out in a part of the Dry Corridor of Central America, specifically  
130 in the Chalatenango department in El Salvador and Lempira department in Honduras. Due to  
131 their close proximity (Fig. 1), the sites share a similar climate and soil properties. Both areas are  
132 characterized by mountainous topography and annual crops and pastures dispersed throughout  
133 sub-humid tropical forest. Soils, generally shallow and rocky, are largely dominated by Entisols  
134 and Inceptisols (Fonte et al. 2010; Kearney et al. 2017). Average monthly temperature varies  
135 between 22 and 27°C and average annual precipitation is 1500 mm, with at least 90% of rainfall  
136 occurring between May and November. Economic activity in both Lempira and Chalatenango is  
137 focused on agriculture, specifically maize (*Zea mays L.*), sorghum (*Sorghum bicolor L.*) for grain  
138 and forage, and beans (*Phaseolus vulgaris L.*). Cattle production is becoming increasingly more  
139 important in the region, particularly in Chalatenango.

140         The study was conducted from August 2014 to October 2015 at seven research sites in  
141 the region, the majority of which contained both improved grass and legume trials (Table 1). The  
142 experimental sites were located on land of local cattle producers with interest in evaluating and  
143 planting the grass varieties and legume forage options. Five grasses were tested: *Brachiaria*

144 *brizantha* CIAT 6780 (cv. Marandu), *Brachiaria brizantha* CIAT 26110 (cv. Toledo),  
145 *Brachiaria decumbens* CIAT 606 (cv. Basilisk), *Brachiara* hybrid (CIAT 36087; *B. ruziziensis* x  
146 *B. decumbens* x *B. brizantha* cv. Mulato II), *Megathyrsus maximus* CIAT 6962 (cv. Mombasa;  
147 previously known as *Panicum maximum*, cv. Mombasa). These were compared to *H. rufa* as a  
148 control, since this is the most commonly grown grass species in the region and likely serves as a  
149 benchmark against which new grasses would be evaluated. Five species of legumes were also  
150 evaluated: *Canavalia ensiformis* L., *Canavalia brasiliensis* (CIAT 17009), *Vigna unguiculata*  
151 (cowpea), *Cajanus cajan* (pigeon pea) and *Vigna radiata* (mung bean) as supplementary protein  
152 fodder. Improved grasses and forage legumes were selected based on their performance at other  
153 sites with similar environmental conditions, farmer interest, and local seed availability  
154 (particularly in the case of legumes). All materials were tested using a randomized complete  
155 block design, with all treatments established in 4 x 4 m plots, and each treatment present in four  
156 replicate blocks at each experimental site.

157 Grass plots were established in August 2014 under no-till management. Rows were  
158 spaced at 50 cm with 30 cm spacing between holes and five to eight seeds per hole. Fertilizer (43  
159 kg N ha<sup>-1</sup> and 23 kg P ha<sup>-1</sup>) was applied in rows to the soil surface when plants were  
160 approximately 15 cm in height. Legumes were also established in August 2014, as per  
161 recommendations provided by Peters et al. (2010) and without fertilization. Briefly, *C.*  
162 *ensiformis* and *C. brasiliensis* were planted in rows spaced 50 cm apart and 30 cm spacing  
163 between holes and two seeds per hole. *Vigna unguiculata* and *V. radiata* were planted in rows  
164 spaced 50 cm apart with 20 cm between holes containing three seeds of *V. unguiculata* and 10  
165 cm between holes containing three seeds of *V. radiata*. Rows of *C. cajan* were spaced at 1 m  
166 with 30 cm between holes, each containing 4 seeds.



167 *Soil analyses*

168 Baseline soils (0-20 cm) were sampled prior to the start of the experiment by collecting  
169 five sub-samples per site to form one composite sample for analysis. Upon collection, soils were  
170 air-dried and passed through a 2 mm sieve for analysis of soil texture (hydrometer method), pH  
171 using a ratio of soil to water of 2.5:1, soil organic matter (SOM; Walkley and Black), available  
172 phosphorus (P) and potassium (K) using Mehlich-3 extraction at the CENTA (Centro Nacional  
173 de Tecnología Agropecuaria y Forestal) laboratory in El Salvador.

174 *Evaluation of Forage and Seed Production*

175 Biomass yield was measured at 90 days after planting (November 2014) for the grass  
176 trials at each of the seven sites to evaluate establishment. Grasses were cut to 15 cm from the soil  
177 surface in the entire plot, while a 2 x 2 m sub-plot in the center of each experimental plot was  
178 used for evaluation of biomass production to avoid edge effects. In order to assess the  
179 productivity and regrowth potential in the dry season, biomass production during the six month  
180 dry season was evaluated in two sites in Honduras (San Jose and Tenango) at the start of the wet  
181 season (May 2015). Additionally, a sub-set of the trials, three sites in Honduras and El Salvador,  
182 were reevaluated at key time points in the subsequent wet season. In July and September of  
183 2015, pastures at these three sites were uniformly cut and left to recuperate for approximately 60  
184 days before sampling.

185 Biomass of the legumes was measured when 50% of the experimental plots had reached  
186 flowering stage at each site. Half of the plants from each plot were cut to the soil surface for  
187 estimation of biomass (with the exception of pigeon pea, which was cut to a height of 60 cm to  
188 allow for potential regrowth, a unique attribute of this species; Rusinamhodzi et al. 2017). Dry  
189 biomass was determined for each species after oven-drying samples at 60 °C. The other half of

190 each plot was left intact to determine days to maturation and seed production potential. Seed  
191 yield was reported at a moisture content of 13%. These plots were not re-evaluated after the first  
192 harvest since not all of the species tested have the ability to regenerate successfully after cutting.

### 193 *Participatory Evaluation of Forage Materials*

194 Approximately 60 days after planting, participatory workshops were held at three of the  
195 study sites, but involved cattle producers from all of the experimental sites. Producers first  
196 worked together with project staff to define a set of key criteria for assessing grasses and legume  
197 forage crops (Hernández, 2007). The four main criteria included: growth, soil cover, foliage  
198 color (all estimated visually), and perceived palatability or lusciousness (assessed by smell and  
199 texture; Table 2). These criteria were then ranked by the producers (1-10) to develop a weight of  
200 the relative importance of each to be used in the final calculation of an overall score for each  
201 grass and legume material tested. Following this discussion, six groups of 3-4 producers were  
202 formed and asked to closely observe the materials growing in all of the replicate blocks at the  
203 experimental site. Each material (grasses and legumes) was then ranked on a scale of 1 to 5 for  
204 each criterion (1 – poor; 2 – fair; 3 – good; 4 – very good; 5 – excellent) and scores were tallied  
205 to provide an overall weighted measure of producer acceptance. The participatory evaluation  
206 carried out here sought not only to capture farmer perceptions of the genetic materials tested, but  
207 also to facilitate dissemination of these materials and engage in preliminary training of cattle  
208 producers and local technicians.

### 209 *Data Analysis*

210 Comparison of dry biomass production for each trial and sampling time were analyzed  
211 using ANOVA. Natural log transformations were applied as necessary (mainly for the grass  
212 production data) to meet the assumptions of ANOVA (i.e., normality, homogeneity of variance).

213 A preliminary analysis was conducted in which data across sites were analyzed together, with  
214 treatment considered a main effect and both sites and blocks treated as random variables.  
215 Significant interactions between site and treatment indicated that treatment effects were better  
216 evaluated on a site-by-site basis, with only forage species and block (treated as a random  
217 variable) included in the model for each site. Tukey's honest significant difference was used to  
218 determine differences between treatments. Results from participatory evaluations by local  
219 producers were analyzed with a non-parametric Kruskal-Wallis test. All statistical analysis was  
220 carried out using the software INFOSTAT and significant differences reported at the  $P < 0.05$   
221 level.

## 222 **Results**

### 223 *Biomass Production*

224 At the first sampling, 90 days after planting, there was considerable variation in initial  
225 grass biomass production between sites; one site in particular (San Jose) presented the highest  
226 biomass production with twice the value observed at the other sites. Overall, *B. decumbens*, *M.*  
227 *maximus*, *B. brizantha* (Marandu) and *B. brizantha* (Toledo) generally produced more biomass  
228 than the *Brachiaria* hybrid (Mulato II) and *H. rufa* across all sites, although the most productive  
229 grass varied across sites (Table 3). For example, in both San Jose and San Lorenzo, Honduras, *B.*  
230 *decumbens* was the most productive, with more than four times higher biomass than *H. rufa*. In  
231 Tenango and Upatoro, *B. brizantha* (Toledo) was the most productive, having five times greater  
232 biomass than *H. rufa* at the Upatoro site. While in Comalapa and Chalatenango, El Salvador, *M.*  
233 *maximus* was the highest yielding grass cultivar, producing significantly more than *H. rufa* at  
234 both sites. While never being the most productive at any particular site, *B. brizantha* (Marandu)

235 was consistently high yielding across all sites showing the highest stability value in biomass  
236 production during establishment.

237         The cumulative grass biomass production during the dry season, measured at the  
238 beginning of the wet season in May 2015, showed a dramatic decrease, considering that  
239 measurements represent production across a total of six months. This measurement in San Jose  
240 and in Tenango demonstrated a similar trend to that observed in the initial biomass measurement;  
241 *B. decumbens* produced three times more biomass than *H. rufa* in San Jose, and *B. brizantha*  
242 (Toledo) yielded the highest in Tenango (but was not significantly different from *B. brizantha*  
243 (Marandu), *M. maximus*, or *B. decumbens*). While *B. decumbens* continued to produce the most  
244 biomass during the wet season in San Jose, significant differences were only encountered for the  
245 September 2015 sampling date. While all varieties continued to produce better than *H. rufa* in  
246 Comalapa and Upatoro during the July and September 2015 sampling dates, these differences  
247 were not significant (Table 3).

248         For the legumes, *C. ensiformis* and *C. brasiliensis* generally demonstrated the highest  
249 biomass production (except for the Isleta site in Honduras). *V. unguiculata* and *V. radiata* tended  
250 to produce less biomass, but reached their flowering stage in a much shorter period of time  
251 (Table 4). While biomass production of *C. cajan* was high in Upatoro, its yields were highly  
252 variable across sites, even failing to germinate in two sites. *Canavalia ensiformis*, *C. brasiliensis*,  
253 and *C. cajan* required about double the amount of time to reach flowering than did *V.*  
254 *unguiculata* and *V. radiata*. A comparison of biomass production on a per day basis showed no  
255 significant difference between species, with the exception of *C. ensiformis* which in Comalapa  
256 was superior to all other species except *C. brasiliensis* (Table 4). *V. unguiculata* and *V. radiata*  
257 were the only species to produce seed in all sites in which they were established, while *C.*

258 *ensiformis* produced seed in three of the sites, *C. brasiliensis* in two of the sites, and *C. cajan*  
259 produced seed only in Upatoro.

#### 260 *Participatory Evaluation of Materials*

261 As a general trend, *B. decumbens*, *B. brizantha* (Marandú), *M. maximus* and *B. brizantha*  
262 (Toledo) were the pastures most favored by local livestock producers (Table 5). The soil cover  
263 provided by *B. decumbens* was particularly desirable and the volume of biomass produced by *M.*  
264 *maximus* also received high rankings. Conversely, the *B.* hybrid (Mulato II) and *H. rufa* indicated  
265 low acceptance in terms of growth and soil cover and overall quality.

266 Examining the sites individually, *B. decumbens* was ranked the highest by producers at  
267 the San José (Honduras) site, predominantly due to its soil cover, growth, and color. In  
268 Chalatenango, all species except *B. brizantha* (Toledo) scored higher than the native control *H.*  
269 *rufa*. *M. maximus* was favored due to its rapid growth, while *B. decumbens* once again received  
270 high rankings due to the soil cover it provides. In Comalapa all species received higher rankings  
271 than *H. rufa*, but none were clearly favored by producers.

272 For the legumes tested, *C. ensiformis* was the highest ranked by producers across all sites,  
273 primarily due to its growth, soil cover and color. *V. unguiculata* and *C. cajan* scored well among  
274 producers in terms of the **perceived palatability (lusciousness)**. In San José, soil cover provided  
275 by *V. unguiculata* was also noted among farmers, being ranked as favorably as *C. ensiformis*.  
276 Similarly, in Comalapa *C. ensiformis* and *V. unguiculata* were favored along with *C.*  
277 *brasiliensis* for all criteria. In Chalatenango, there was no significant difference between species,  
278 but *C. ensiformis* was rated higher on average than the other species.

279

#### 280 **Discussion**

281 *Forage Production and Adaptability Across Experimental Sites*

282           The grasses evaluated in this study demonstrated establishment and early biomass  
283 production within the expected range for these species (Peters et al., 2010; Pizarro et al., 2013),  
284 thus suggesting that most of the improved materials were appropriately selected for the  
285 biophysical conditions studied here. Forage yields of improved varieties were generally higher  
286 than the *H. rufa* (Jaragua) control at the first sampling and in the dry season (at least for the two  
287 sites considered), but in the following wet season (July through September) this trend was less  
288 pronounced. This may be related to the short evaluation interval (~60 days) under lower than  
289 average rainfall conditions. The relatively low biomass production of the *Brachiaria* hybrid  
290 (Mulato II) was surprising and possibly due to the generally low soil fertility across all sites.  
291 Although Mulato II was developed to address low P availability and pH, as well as high  
292 aluminum toxicity (Argel et al., 2005), the poor fertility of soils at these sites may be unique and  
293 related more to high sand content, than issues such as aluminum toxicity, but more research is  
294 needed. With the exception of Mulato II, all of the improved grasses evaluated in the study  
295 appear to be viable options for the replacement of *H. rufa* due to their high forage yields and  
296 general acceptance by local producers. Nonetheless, it is important to note that the pastures  
297 tested here were grown under recommended management techniques that are often not or  
298 inadequately applied by farmers due to lack of knowledge or resources, including labor.

299           The substantial variability observed in top performing forages across sites highlights the  
300 need to consider site-specific conditions when making pasture recommendations to cattle  
301 producers in the region. For example, *B. decumbens*, which demonstrated a great capacity for  
302 soil coverage and relatively high yields across all sites could be an appropriate choice on  
303 degraded soils or soils that are highly susceptible to erosion (Peters et al., 2010; Shriar, 2007).

304 Meanwhile, *M. maximus* (Mombasa) demonstrated a high growth potential and high forage  
305 yields in most sites, but should not be recommended for use in degraded soils or on steep slopes  
306 due to its relatively high nutrient demand and tendency to grow in bunches and thus provide poor  
307 soil cover (Hare et al., 2015). Mulato II has been the grass most highly promoted in El Salvador  
308 by government institutions (possibly due to higher forage quality, including crude protein  
309 content), but was found in this study to be low yielding on sub-optimal soils and in the  
310 environmental conditions of Central America's Dry Corridor. In another study carried out in  
311 Africa involving different *Brachiaria* grasses, *B. brizantha* cv. Toledo and *B. decumbens*  
312 presented higher biomass production compared to Mulato II in low rainfall regions (Mutimura  
313 and Everson, 2012). Additionally, other trials established in the Dry Corridor in Nicaragua (not  
314 published data) suggest lower, or at best similar, performance of Mulato II compared to *B.*  
315 *brizantha* (Marandu and Toledo) or *M. maximus* (cv. Mombasa). When considering all grasses  
316 tested here, poor management and/or poorly adapted recommendations may explain, in part, the  
317 low adoption rates observed in the region and this clearly illustrates the importance of site-  
318 specific evaluation.

319 *B. brizantha* (Marandu and Toledo) were relatively productive across all sites and thus  
320 appear to be resilient to soils of varying fertility and environmental conditions. *B. brizantha*  
321 (Toledo) has also demonstrated relative tolerance to flooding (Cardoso et al., 2014), which may  
322 explain its superior biomass production in Upatoro, where topography of the site and high  
323 organic matter content suggest seasonal waterlogging. Such resilience can contribute  
324 substantially to risk reduction and should therefore be considered in addition to productivity  
325 when making local recommendations. The use of more adaptable forages, along with their  
326 diversification in forage-based production systems reduces reliance on a single species that may

327 be susceptible to particular abiotic stresses or host-specific diseases. It should, however, be noted  
328 that diversified systems are inherently more complex and require greater knowledge and/or labor  
329 to manage. Additionally, it should be noted that many of the grasses tested here typically grow  
330 for many years (Peters et al. 2010) and results from this study may better reflect potential  
331 establishment and early production, rather than long-term productivity. While other participatory  
332 forage evaluations have noted the value of early growth in influencing adoption rates (Stür et al.,  
333 2002), long-term productivity is essential for the success of forage cultivars and cannot be  
334 ignored. Still, a certain level of caution is warranted in extrapolating these results to a longer  
335 time interval.

336       Biomass yields of the legumes were also generally within the expected range and are  
337 therefore considered to be suitable for the study region. The *Canavalia* and *Vigna* species also  
338 demonstrated greater regional adaptability in their full development and capacity to produce  
339 seeds even in management conditions not suited for seed production (Peters et al., 2010). This is  
340 an important consideration for forage types (e.g., legumes) with seeds that are particularly  
341 expensive or difficult to obtain from local markets. It is recommended to rotate *Vigna* spp. with  
342 other forage crops such as maize or sorghum, as this genus is reportedly susceptible to common  
343 bean pests (Katunga et al., 2014). We note that only one growth cycle for legumes was  
344 considered for data collection in this study. It is important to recognize that pigeon pea, for  
345 example, can provide several harvests per year and *C. brasiliensis* can regenerate three times  
346 during its biannual life cycle (Costa et al., 2013; Douchamps et al., 2014). Taking into account  
347 multiple harvests per year would likely lead to added production benefits for farmers and  
348 therefore may increase the desirability of these legumes.

349 *Implications and Recommendations for Scaling*



350           The improvement of pasture management and genetic resources in the region would be  
351 an important advancement for the productivity and sustainability of livestock systems (Rao et al.,  
352 2015). Based on the data provided here, incorporating improved grasses and legumes as forage  
353 crops could lead to a two- or three-fold increase in forage production per unit area, which allows  
354 for higher stocking rates, assuming adequate management. Many improved forage crops also  
355 have a higher nutritional quality, with protein contents up to double that of natural pastures  
356 (Peters et al., 2010; Kebede et al., 2016). Still, benefits extend beyond higher yields and  
357 improved nutritional content. Increased soil coverage associated with the improved pastures  
358 could help mitigate erosion, suppress weeds and contribute to C sequestration through the  
359 extensive root production associated with improved grasses (Fisher, 1994; Lemaire et al., 2014).  
360 Improved forages have also been shown to increase the nutritional balance of livestock feed and  
361 reduce methane emissions associated with cattle production (Montenegro et al., 2016), while  
362 forage legumes in particular can contribute to soil fertility through the fixation of atmospheric N.

363           To achieve the full benefits of the improved pastures, a change in management practices  
364 must accompany the change in genetic material. This region is characterized by relatively low  
365 soil fertility and a prolonged dry season, thus grazing schemes should be designed through  
366 collaboration between producers and technicians and include rotational grazing to achieve  
367 greater efficiency of grazing areas (Peters et al. 2003; Rouquette, 2015). This co-design of  
368 pasture systems also needs to consider climate change and the associated increase in drought  
369 intensity, as well as explore the suitability of multiple options (e.g., silage). Additionally, the  
370 moderate shade tolerance of improved grasses permits increasing tree density in pastures and the  
371 potential to obtain the additional benefits through implementation of agroforestry systems (Peri  
372 et al., 2016).

373           The favorable response of farmers toward legume species should not be ignored in future  
374 efforts to improve livestock-based systems for meat and/or dairy production. While legume  
375 adoption as cover crops has not been as high as anticipated, legumes have a wide range of other  
376 uses that could provide additional economic benefit to farmers (Kebede et al., 2016). For  
377 example, legumes could potentially be intercropped with annual crops or pastures, used for  
378 human consumption, planted in designated areas as protein banks for cut and carry management  
379 and also contribute to silage production (Costa et al., 2013; Lima-Orozco et al., 2016). Although  
380 ranked highly in both agronomic and participatory evaluations, some toxicity issues suggest that  
381 some caution should be exercised with the use of *C. ensiformis* as animal feed. To the contrary  
382 *C. brasiliensis* has been used as forage and green manure in smallholder crop-livestock system of  
383 the Nicaraguan hillsides. In these systems, *C. brasiliensis* is intercropped with maize and during  
384 the dry season the maize-*Canavalia* plots are grazed, allowing the animals to consume the maize  
385 stover and the green *C. brasiliensis* biomass (Douxchamps et al, 2012). Silage could be of  
386 particular importance in this region since it is already a widely utilized in parts of the region and  
387 offers great potential to meet livestock needs during the dry season when high quality forage is  
388 scarce. However, the use of silage and/or cut-and-carry systems depends on the ability of land  
389 managers, especially smallholders, to protect land from grazing. More research is needed  
390 regarding the nutritional quality of legumes as fodder silage and costs of utilizing legumes vs.  
391 traditional maize silage (Reiber et al. 2010). We suspect that improved familiarity of these  
392 legumes and efforts to better integrate them with a systems perspective could further improve  
393 perception of legumes and facilitate future adoption. We also note that increased focus on dairy  
394 production, which typically has more frequent and faster revenue return than beef systems, could  
395 improve the ability of smallholders to invest in improved forages.

397           This study emphasizes the importance of a participatory approach to establish more  
398 productive and sustainable livestock production systems in the region. Involvement of local  
399 producers informs the assessment of adaptability of new species while increasing the potential of  
400 adoption and impact (Horne and Stür, 1997; Peters et al. 2003). The participatory methodology  
401 utilized in this study to evaluate forage species proved to be effective, as farmer response closely  
402 coincided with the agronomic data that were subsequently collected. Local input allowed the  
403 evaluation to extend beyond establishment and early biomass production, including farmers’  
404 criteria such as **lusciousness** and foliage color. Farmer evaluations can differ from scientific  
405 findings. For example, when ranking **perceived** palatability (scent and texture), farmers favored  
406 the *Brachiaria* hybrid (Mulato II), *B. brizantha* (Marandu), *B. decumbens*, *C. cajan* and *V.*  
407 *unguiculata*, while according to Peters et al. (2010) *B. decumbens* is not considered to have high  
408 palatability in Central America.

409           The involvement of farmers in the research process can lead to increased adoption of  
410 improved forages. Participating farmers have the opportunity to observe favorable attributes on  
411 their own land, such as improved soil coverage of *B. decumbens* and *C. ensiformis*, and are more  
412 likely to promote these materials amongst their neighbors. As a result, adoption of the improved  
413 pastures and legumes within the study area has been widespread following the completion of this  
414 research (Smukler et al., 2017). While the findings presented here are encouraging, further  
415 experimentation (by farmers and researchers) is needed to better understand the role of inter-  
416 annual variability in driving the performance of these improved forage options.

417

## 418 **Conclusions**

419 In the face of rising demand for animal products, sustainability and productivity of  
420 smallholder livestock systems must be increased. Four of the five improved grasses - *B.*  
421 *brizantha* (cv. Marandu), *B. brizantha* (cv. Toledo), *B. decumbens* (cv. Basilisk), and *M.*  
422 *maximus* (cv. Mombasa) - exhibited high production potential and could therefore be considered  
423 viable replacements for traditional pastures, (i.e., *H. rufa*, cv. Jaragua). This suggests important  
424 benefits for forage production as well as soil conservation efforts, since *H. rufa* is typically  
425 burned annually and has poor soil cover at the onset of the rainy season. Forage legumes,  
426 specifically of the genera *Canavalia* and *Vigna*, also showed high regional adaptability. The  
427 multiple uses of these forages and their favorable response by farmers should help to inform  
428 future research efforts regarding their incorporation into livestock systems. In this study,  
429 participatory evaluation appears to be an effective approach for evaluating the performance and  
430 potential for adoption of forage crops across sites. This is supported by the fact that farmer  
431 evaluations largely agreed with the observed biomass production and their perceptions of forage  
432 quality (i.e., lusciousness) will likely be an important factor driving adoption. The materials  
433 evaluated here show a great potential for diffusion throughout Central America and similar  
434 regions, but additional studies are needed to better understand how inter-annual variability and  
435 environmental differences across sites affect not only biomass production, but also the nutritional  
436 value of the forage produced. Future research and dissemination efforts should seek to promote  
437 optimal management practices and explore the co-design of pasture systems together with  
438 researchers, technicians and local land managers. This approach would better facilitate the  
439 development and adoption of locally-adapted pastures that contribute to the long-term  
440 sustainability of tropical livestock systems.  
441

442 **Acknowledgements**

443 We'd like to thank Daniel Velasquez and Carlos Romero for their hard work in the  
444 management and supervision of the multi-site trials. The community "La Montañona", the  
445 Agronomy Department at the University of El Salvador, the AZAMBIO Cooperative, the  
446 INFRAMS Institute in Chalatenango, and the Community Technical Institute in Candelaria were  
447 integral in research planning and implementation. We'd also like to thank the farmers in El  
448 Salvador and Honduras for providing their land and participating in the study. Funding for this  
449 work was provided by Research Program on Integrated Systems for the Humid Tropics of  
450 CGIAR as well as the United States Agency for International Development (USAID) [award  
451 number AID-519-A-12-00002-00]. USAID had no role in the study design, collection, analysis  
452 and interpretation of data, writing of the report, nor the decision to submit the article for  
453 publication. No other conflicts of interest exist.

454

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584 **Table 1:** Site locations and select soil characteristics for improved pasture and forage legume  
 585 trials in El Salvador and Honduras. Soil texture was determined by hydrometer method, pH  
 586 using a ratio of soil to water of 2.5:1, soil organic matter (SOM) by Walkley and Black, and  
 587 available P and K were evaluated using a Mehlich-3 extraction method.

Site	Experiment Type	Coordinates	Elevation (m)	Slope (%)	Sand (%)	Clay (%)	pH	SOM (%)	P (ppm)	K (ppm)
<b>Chalatenango, ES</b>	Pasture	14° 2.40' N 88° 57.92' W	300	5	57.9	22.7	6.1	2.6	14	109.8
<b>Comalapa, ES</b>	Pasture	14° 7.46' N 88° 58.17' W	440	12	65.9	10.4	5.3	4.3	0.4	164.1
	Legume	14° 7.46' N 88° 58.17' W	442	15	64.2	11.4	5.3	3.7	0.4	101.6
<b>Upatoro, ES</b>	Pasture	14° 3.75' N 88° 57.52' W	360	10	55.0	16.4	5.3	7.5	0.4	86.4
	Legume	14° 3.73' N 88° 45' W	380	20	60.6	17.7	6.0	4.8	0.4	45.9
<b>Isleta, Hn</b>	Legume	14° 2.99' N 88° 35.44' W	400	30	64.7	18.2	5.5	3.2	8.0	72.7
<b>San José, Hn</b>	Pasture + Legume	14° 2.46' N 88° 33.76' W	280	15	65.1	18.8	5.3	2.7	2.3	122.7
<b>San Lorenzo, Hn</b>	Pasture + Legume	14° 3.50' N 88° 35.18' W	580	10	>55*	<20	5.4	2.7	7.8	42.9
<b>Tenango, Hn</b>	Pasture	14° 6.14' N 88° 34.83' W	870	35	66.2	12.4	4.7	4.0	0.9	94.6

588 \*soil texture evaluated by hand at this site, so precise numbers were not obtained

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**Table 2:** Criteria and importance levels defined by local producers to evaluate the quality of each evaluated species of grass or legume.

No.	Producer-identified criterion	Description	Importance (1-10)
1.	Growth	Refers to the observed volume of forage (height, volume, thickness). Greater volumes are associated with higher rankings.	10
2.	Coverage	Refers to soil cover of the forage species. More ground cover is associated with higher rankings.	10
3.	Color	Refers to the color of the foliage. A green-blue color is ideal, while a yellow color is undesirable.	8
4.	Lusciousness	Refers to scent and texture. Measured by rubbing a few leaves gently between fingers. Scent of corn with a soft texture is ideal.	5.5

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599 **Table 3:** Mean forage production of six grasses at seven sites in Honduras and El Salvador.  
600 Samples were cut at a height of 15 cm above soil surface on the following times: 90 days after  
601 planting (Nov 2014), just after the dry season (May 4-15, 2015) and during the wet season, after  
602 a ~ 60 day recovery period (July 13-24, 2015 and September 8-18, 2015). Values in italics to the  
603 right of each mean represent the standard error of the four blocks tested at each site. Means with  
604 a common letter are not significantly different according Tukey's Test. P-values for treatment  
605 comparisons at each site are presented below each set of means (ns, not significant at  $P < 0.05$ ).

Site	Species/Cultivar <sup>a</sup>	----- Dry Biomass (kg ha <sup>-1</sup> ) -----									
		Nov. 2014 <sup>b</sup>		May 2015		July 2015		Sept. 2015			
San José, Hn	<i>B. decumbens</i>	10225	a 393	4232	a 620	9118	<i>1034</i>	7072	a 901		
	<i>M. maximus</i>	8224	ab 700	3912	a 809	8216	823	5789	ab 429		
	<i>B. brizantha</i> (Mar)	7318	ab 1044	2886	ab 354	8268	<i>612</i>	5684	ab 708		
	<i>B. brizantha</i> (Tol)	5739	bc 915	2147	ab 676	7798	<i>1342</i>	4886	ab 916		
	<i>B. hybrid</i>	4344	bc 1210	2812	ab 747	7531	682	3895	ab 596		
	<i>H. rufa</i>	1866	c 219	1221	b 315	5447	<i>1175</i>	3000	b 1175		
		<i>P &lt; 0.001</i>		<i>P = 0.010</i>		ns		<i>P = 0.056</i>			
Tenango, Hn	<i>B. brizantha</i> (Tol)	2294	a 279	4816	a 729						
	<i>B. brizantha</i> (Mar)	1968	a 274	4088	a 455						
	<i>M. maximus</i>	1609	a 172	2554	a 283						
	<i>B. decumbens</i>	1420	a 245	3270	a 458						
	<i>B. hybrid</i>	590	b 59	1203	b 151						
	<i>H. rufa</i>		ng <sup>c</sup>								
		<i>P &lt; 0.001</i>		<i>P &lt; 0.001</i>							
San Lorenzo, Hn	<i>B. decumbens</i>	4346	a 657								
	<i>M. maximus</i>	3509	a 1076								
	<i>B. brizantha</i> (Mar)	3279	a 649								
	<i>B. brizantha</i> (Tol)	3015	ab 728								
	<i>H. rufa</i>	994	bc 293								
	<i>B. hybrid</i>	752	c 58								
		<i>P = 0.001</i>									
Comalapa, ES	<i>M. maximus</i>	4749	a 917			3873	625	2120	180		
	<i>B. brizantha</i> (Mar)	3795	a 402			5311	462	2398	156		
	<i>B. decumbens</i>	3043	ab 675			3333	1217	2310	383		
	<i>B. brizantha</i> (Tol)	2904	ab 513			4601	460	1918	120		
	<i>B. hybrid</i>	2890	ab 566			2969	710	1890	276		
	<i>H. rufa</i>	1298	b 423			2458	347	1857	250		
		<i>P = 0.005</i>		ns		ns					
Upatoro, ES	<i>B. brizantha</i> (Tol)	3124	a 684			2148	417	1640	295		
	<i>B. brizantha</i> (Mar)	1809	ab 250			1291	146	1071	180		
	<i>B. decumbens</i>	1330	b 153			1293	259	1094	189		
	<i>M. maximus</i>	1089	b 294			1494	52	1517	409		
	<i>B. hybrid</i>	607	b 206			1309	375	1115	165		
	<i>H. rufa</i>	578	b 235			1309	191	1065	113		
		<i>P &lt; 0.001</i>		ns		ns					
Chalatenango, ES	<i>M. maximus</i>	5545	a 2153								
	<i>B. brizantha</i> (Mar)	3163	ab 1037								
	<i>B. decumbens</i>	2932	ab 306								
	<i>B. brizantha</i> (Tol)	1850	ab 571								
	<i>B. hybrid</i>	1548	ab 243								
		857	b 355								
		<i>P = 0.030</i>									

<sup>a</sup> Cultivar abbreviations: Mar, Marandu; Tol, Toledo; B. hybrid, *Brachiaria* hybrid CIAT 36087

<sup>b</sup> ng= Seed did not germinate

607 **Table 4:** Mean biomass production at flowering, days to maturity and seed production (kg ha<sup>-1</sup>)  
608 of five species of legumes across five sites in Honduras and El Salvador. Values in italics to the  
609 right of each mean represent the standard error of the four blocks tested at each site. Means with  
610 a common letter are not significantly different according Tukey's Test. P-values for treatment  
611 comparisons at each site are presented below each set of means (ns, not significant at P < 0.05).  
612

Site	Species	Days to flowering <sup>a</sup>	Biomass at flowering (kg ha <sup>-1</sup> )		Rate of biomass gain (kg ha <sup>-1</sup> day <sup>-1</sup> )		Time to maturity (days) <sup>b</sup>	Seed production (no. seeds per m <sup>-2</sup> )	
San José, Hn	<i>C. ensiformis</i>	80	6354	a	<i>1347</i>	79.4	<i>16.8</i>	140	2591
	<i>C. brasiliensis</i>	102	5586	ab	<i>741</i>	54.8	<i>7.3</i>	150	336
	<i>C. cajan</i>	113	3843	ab	<i>1021</i>	34.0	<i>9.0</i>	nm	0
	<i>V. unguiculata</i>	44	1890	ab	<i>576</i>	42.9	<i>13.1</i>	55	1350
	<i>V. radiata</i>	44	1720	b	<i>494</i>	39.1	<i>11.2</i>	55	756
			<i>P = 0.025</i>		<i>ns</i>				
Isleta, Hn	<i>C. brasiliensis</i>	95	1781		<i>124</i>	18.8	<i>1.4</i>	nm	0
	<i>C. ensiformis</i>	95	1538		<i>534</i>	16.2	<i>5.6</i>	nm	0
	<i>V. unguiculata</i>	45	1207		<i>237</i>	26.8	<i>5.3</i>	55	856
	<i>V. radiata</i>	45	1065		<i>84</i>	23.7	<i>1.9</i>	55	711
	<i>C. cajan</i>	ng				<i>ns</i>			
			<i>ns</i>						
San Lorenzo, Hn	<i>C. brasiliensis</i>	92	2377	a	<i>353</i>	25.8	<i>3.8</i>	nm	0
	<i>C. ensiformis</i>	92	1975	a	<i>327</i>	21.5	<i>3.6</i>	nm	0
	<i>V. radiata</i>	45	693	b	<i>68</i>	15.4	<i>1.5</i>	55	471
	<i>V. unguiculata</i>	nse							
	<i>C. cajan</i>	ng							
			<i>P = 0.001</i>		<i>ns</i>				
Comalapa, ES	<i>C. ensiformis</i>	71	6006	a	<i>755</i>	84.6	<i>a 10.6</i>	162	1475
	<i>C. brasiliensis</i>	86	2999	ab	<i>449</i>	34.9	<i>ab 5.2</i>	162	138
	<i>V. radiata</i>	54	1266	bc	<i>570</i>	23.4	<i>b 10.6</i>	70	349
	<i>V. unguiculata</i>	57	1096	c	<i>477</i>	19.2	<i>b 8.4</i>	70	168
	<i>C. cajan</i>	94	350	c	<i>72</i>	3.8	<i>c 0.8</i>	nm	0
			<i>P &lt; 0.001</i>		<i>P &lt; 0.001</i>				
Upatoro, ES	<i>C. ensiformis</i>	91	4677	a	<i>449</i>	51.4	<i>4.9</i>	209	1985
	<i>C. cajan</i>	126	4497	a	<i>834</i>	35.7	<i>6.6</i>	215	91
	<i>C. brasiliensis</i>	112	2825	ab	<i>451</i>	25.2	<i>4.0</i>	nm	0
	<i>V. unguiculata</i>	55	1844	b	<i>446</i>	33.5	<i>8.1</i>	81	115
	<i>V. radiata</i>	44	1371	b	<i>530</i>	31.2	<i>12.0</i>	81	278
			<i>P = 0.003</i>		<i>ns</i>				

<sup>a</sup> ng= seed did not germinate; nse= was not established due to lack of seed

<sup>b</sup> nm= did not mature within period of observation (220 days after planting)

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**Table 5:** Participatory evaluation of forage materials at three farmer workshops. Criteria defined and evaluated by farmers on a scale of 1 to 5, where 5 is the highest ranking. A weighted average was calculated taking into consideration the producer-determined weight or importance of each criterion. Means with a common letter are not significantly different. P-values for treatment comparisons at each site are presented below each set of means (ns, not significant at  $P < 0.05$ ).

Site	Species <sup>a</sup>	Grasses					Overall	Legume					Overall
		Growth	Coverage	Color	Lusciousness <sup>b</sup>			Species	Growth	Coverage	Color	Lusciousness <sup>b</sup>	
San José, Hn	<i>B. decumbens</i>	4.2 a	5.0 a	4.7 a	4.7	4.6 a	<i>V. unguiculata</i>	4.3 ab	4.8 a	4.3 a	4.3 ab	4.3	
	<i>B. brizantha</i> (Mar)	3.5 ab	3.5 ab	4.0 abc	4.5	3.9 ab	<i>C. ensiformis</i>	4.7 a	4.2 a	4.5 a	3.0 c	4.3	
	<i>M. maximus</i>	4.7 a	3.0 b	3.0 c	3.8	3.7 b	<i>V. radiata</i>	3.5 bc	3.5 ab	3.2 b	3.7 abc	3.7	
	<i>B. brizantha</i> (Tol)	3.5 ab	3.3 b	3.7 bc	4.0	3.6 b	<i>C. cajan</i>	3.8 ab	1.7 c	3.8 ab	4.5 a	3.8	
	<i>B. hybrid</i>	2.2 bc	2.7 bc	4.3 ab	3.8	3.2 bc	<i>C. brasiliensis</i>	2.5 c	2.5 bc	3.2 b	3.3 bc	2.5	
	<i>H. rufa</i>	1.3 c	1.3 c	3.2 bc	4.0	2.5 c		<i>P = 0.003</i>	<i>P &lt; 0.001</i>	<i>P = 0.016</i>	<i>P = 0.017</i>	<i>P = 0.003</i>	
			<i>P &lt; 0.001</i>	<i>P &lt; 0.001</i>	<i>P = 0.005</i>	<i>ns</i>	<i>P &lt; 0.001</i>						
Chalatenango, ES	<i>B. decumbens</i>	3.8 abc	4.4 a	4.1	3.9	4.0	<i>C. ensiformis</i>	5.0 a	5.0	5.0	3.9	4.3	
	<i>M. maximus</i>	5.0 a	3.1 ab	3.4	3.6	3.8	<i>C. cajan</i>	5.0 a	3.1	4.7	4.1	4.3	
	<i>B. hybrid</i>	3.4 bc	3.4 ab	4.1	4.2	3.8	<i>C. brasiliensis</i>	4.1 a	4.1	4.1	4.1	4.3	
	<i>B. brizantha</i> (Mar)	4.1 ab	4.1 a	3.4	3.4	3.8	<i>V. unguiculata</i>	3.4 a	3.8	4.1	3.6	3.7	
	<i>B. brizantha</i> (Tol)	4.1 ab	3.4 ab	3.4	3.4	3.6	<i>V. radiata</i>	3.8 a	3.8	3.1	3.1	3.7	
	<i>H. rufa</i>	2.5 c	1.9 b	3.8	2.8	2.7		<i>P = 0.04</i>	<i>ns</i>	<i>ns</i>	<i>ns</i>	<i>ns</i>	
			<i>P = 0.002</i>	<i>P = 0.034</i>	<i>ns</i>	<i>ns</i>	<i>ns</i>						
Comalapa, ES	<i>B. hybrid</i>	3.2 bc	3.9 a	4.7 a	4.5 a	4.0 a	<i>C. ensiformis</i>	4.8 a	4.8 a	4.8 a	3.8	4.3	
	<i>B. decumbens</i>	3.5 b	4.3 a	4.2 ab	4.1 ab	4.0 a	<i>C. brasiliensis</i>	3.8 ab	4.0 a	4.3 ab	3.7	4.3	
	<i>M. maximus</i>	4.8 a	4.3 a	2.8 bc	3.7 bc	4.0 a	<i>V. unguiculata</i>	3.7 bc	3.5 ab	4.2 ab	4.0	4.3	
	<i>B. brizantha</i> (Mar)	4.0 ab	3.5 ab	4.2 ab	3.9 abc	3.9 a	<i>C. cajan</i>	3.7 bc	2.0 c	3.5 bc	4.2	4.3	
	<i>B. brizantha</i> (Tol)	4.0 ab	3.7 a	4.0 ab	3.3 c	3.8 a	<i>V. radiata</i>	2.5 c	2.5 c	1.8 c	2.8	4.3	
	<i>H. rufa</i>	1.5 c	1.8 b	2.2 c	3.4 bc	2.2 b		<i>P = 0.003</i>	<i>P &lt; 0.001</i>	<i>P &lt; 0.001</i>	<i>ns</i>	<i>P = 0.003</i>	
			<i>P &lt; 0.001</i>	<i>P = 0.018</i>	<i>P = 0.005</i>	<i>P = 0.009</i>	<i>P = 0.014</i>						

<sup>a</sup> Mar, Marandu; Tol, Toledo; B. hybrid, *Brachiara* hybrid CIAT 36087

<sup>b</sup> Average of scent and texture rankings



**Figure 1:** Map of study site locations in the departments of Chalatenango, El Salvador and Lempira, Honduras.