

1 ***Lack of response to garlic fed at different dose rates for the control *Haemonchus****  
2 ***contortus in Merino wether lambs.***

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10 Short title: Dose response rate of garlic for parasite control

11

11        *Abstract.*

12        With the increased incidence of parasite resistance to chemical anthelmintics  
13        worldwide novel approaches to manage parasite infection, such as medicinal plants  
14        and their extracts, are being investigated by the scientific community. The current  
15        study tested the effect of three rates of garlic (0.9%, 1.8% and 3.6%) in a pelleted  
16        ration on *Haemonchus contortus* in sheep. Thirty nine Merino wether lambs aged six  
17        months were divided into five treatment groups, including three garlic dose rates and  
18        two control groups that received no garlic. All animals were infected with 4000L<sub>3</sub> *H.*  
19        *contortus* larvae three weeks after allocation to treatments. A positive control group  
20        was drenched with abamectin 28 days post infection. The synthetic drench was  
21        effective in controlling the parasites, but there was no reduction in either worm egg  
22        counts or total worm count due to the garlic. The 3.6% garlic treatment had  
23        significantly lower ( $P<0.05$ ) live weight, feed intake, body condition score and feed  
24        conversion ratio than any of the other treatment groups, suggesting that this level of  
25        garlic had a low level of anti-nutritional properties. There was an interaction between  
26        faecal worm egg counts (WEC) and voluntary feed intake over time, with the animals  
27        with higher voluntary feed intake having lower WEC over time.

28

29        Key Words: Sheep; Garlic; Gastrointestinal nematodes

30

## 30 **Introduction**

31 The control of parasitic worms is important for the health and productivity of sheep  
32 in Australia and worldwide. Since the 1940s synthetic anthelmintics have been the  
33 main method used to control internal parasites (Reinecke, 1983), but there is now  
34 wide-spread resistance to these drenches (Kaplan *et al.* 2007). The development of  
35 drench resistance has stimulated the search for more sustainable, alternative solutions  
36 for worm control (Besier and Love, 2003; Torres-Acosta and Hoste, 2008). In March  
37 2009 a new anthelmintic group was released onto the market in New Zealand, the first  
38 new chemical group in 25 years (Besier, 2009; Kaminsky *et al.* 2008). While this new  
39 drench group offers producers relief in effectively controlling parasites resistant to  
40 other drench groups, it does not lessen the importance of finding effective, non-  
41 chemical control methods as total reliance on any drench will only lead to resistance.

42 Alternative approaches for the control of gastrointestinal parasites such as medicinal  
43 plants, vaccination, genetic resistance and flock management are generating a lot of  
44 interest to either replace synthetic anthelmintics or for integrated parasite management  
45 (Athanasiadou *et al.* 2007). Genetic selection for resistance to parasite infection is an  
46 important approach, but this strategy will take a long time to implement (Eady *et al.*  
47 2003; Karlsson and Greeff 2006). More immediate methods to control gastrointestinal  
48 nematodes include the use of plant secondary metabolites which have anthelmintic  
49 effects (Athanasiadou *et al.* 2005, 2007; Hordegen *et al.* 2003).

50 Herbal concoctions of plant products and extracts such as garlic, cucurbit (pumpkin  
51 and squash) kernels (Waller 1999) or grape seed (Romani *et al.* 2006) have been  
52 traditionally used for worm control in developing countries. These concoctions  
53 generally have low anthelmintic (anti-worm) activity (Githiori *et al.* 2002; 2006) but

54 have been regaining interest as a sustainable alternative for drenching sheep in  
55 developing as well as industrialised countries (Waller 1999). Scientific validation of  
56 the efficacy of many of these herbal concoctions is lacking and there is no research on  
57 their effectiveness in long-term feeding studies.

58 There are problems with using plant extracts as anthelmintics, such as the reliability to  
59 effectively control parasite burden (Athanasiadou *et al.* 2007) and the anti-nutritional  
60 effect on the animal (Athanasiadou and Kyriazakis, 2004). In many *in vitro* studies  
61 such as Molan *et al.* (2003) and Alawa *et al.* (2003) plant extracts provided promising  
62 results with reduced motility, paralysis and death of the parasite (in some cases up to  
63 100%). However when these extracts were used *in vivo*, the results were not so  
64 promising, with no reduction in worm burdens compared with untreated controls  
65 (Githiori *et al.* 2002, 2003; Ketzis *et al.* 2002). The discrepancies between *in vitro* and  
66 *in vivo* studies could be caused by changes in the bioavailability of the active plant  
67 compound in different parts of the gastrointestinal tract as well as host-plant  
68 interactions (Athanasiadou *et al.* 2007).

69 As with other plant extracts, the use of garlic for the control of worms in small  
70 ruminants has yielded variable results under controlled conditions (e.g. Burke *et al.*  
71 2009; Strickland *et al.* 2009). One reason for this may be a lack of knowledge  
72 regarding the effective dose rate of garlic as an anthelmintic for sheep. Results from  
73 previous research (Strickland *et al.* 2009) showed that when dried and granulated  
74 garlic was included into a pelleted ration at a rate of 5.4 g/kg DM *H. contortus* worm  
75 egg counts were reduced by 65%. The dose rate used in that study was calculated  
76 based on research by Pena *et al.* (1988), who included garlic in the pelleted diet fed to  
77 carp and found a 100% reduction in the parasite burden. The better control of carp

78 parasites could have been due to these parasites being more sensitive to the active  
79 compounds found in garlic than the *H. contortus* in the study by Strickland and her  
80 colleagues. Further research is required to determine the most effective dose rate of  
81 garlic for the control of *H. contortus* in sheep.

82 The current study was designed to address these gaps by testing the following  
83 hypotheses:

- 84 1. Feeding garlic to sheep that are infected with *H. contortus* will reduce faecal  
85 worm egg counts.
- 86 2. There is a dose response of the control of *H. contortus* with garlic, which  
87 reaches a maximum at an optimum rate of garlic and then is unchanged at  
88 doses above that optimum.

## 89 **Methods**

90 All experimental protocols conform to the Code of Practice formulated by the  
91 National Health & Medical Research Council of Australia and implemented by the  
92 Animal Ethics Committee of Curtin University of Technology and The University of  
93 Western Australia.

### 94 *Experimental animals and housing*

95 Forty Merino wether lambs, six months of age with a weight range of 24.9-32.8 kg  
96 and a mean weight of 28.4 kg were used in this experiment. The experiment was  
97 conducted at The University of Western Australia's Allandale Farm, in Wundowie,  
98 Western Australia (31.76°S, 116.35°E). The lambs were obtained from this farm.  
99 The lambs were housed in individual pens, which allowed 1.9 m<sup>2</sup> per animal,  
100 underneath an eco-shelter, which had a domed shaped poly-tarpaulin roof and was

101 open at both ends. The lambs were on deep litter which was inspected daily and  
102 replaced weekly with fresh straw. Water was provided to each animal in a ten litre  
103 bucket that was cleaned and re-filled daily.

104 *Experimental protocol*

105 The experiment lasted 14 weeks and was broken up into three stages, the first stage  
106 was acclimatisation to the feed and housing (four weeks) and then to the experimental  
107 diets (three weeks). The second stage of the experiment was infection (drenching with  
108 worm larvae and subsequent establishment of the worms) lasting four weeks. The  
109 final stage of the experiment (three weeks) was monitoring (sampling and assessment  
110 of the animals during parasite infection) this coincided with peak egg laying period of  
111 the parasite.

112 On Day 1 of the experiment faecal samples were taken from all of the wethers for  
113 determination of WEC, after which they were drenched with abamectin (10 mL).  
114 Fourteen days later a second WEC was done. As all WEC dropped to zero this  
115 indicated that there was no abamectin drench resistance present and the lambs were  
116 deemed worm free.

117 The lambs were given a four-week adaptation period to adjust to the housing  
118 conditions and to the feed. During this adaptation period the lambs were fed oaten  
119 chaff mixed with increasing amounts of the pelleted diet adjusted daily on an  
120 individual basis. By 20 days after the start of the experiment all lambs except one  
121 were eating entirely pellets. One lamb did not adapt to the housing and diet and was  
122 removed from the experiment.

123 Four weeks after the start of the experiment the lambs were allocated to their  
124 treatment groups on a stratified live weight basis. Each treatment group (negative

125 control-no treatment, positive control-treated with anthelmintic and the three garlic  
126 treatments) comprised eight lambs, except for the positive control which had seven  
127 animals. The lambs were allowed three weeks to adjust to the treatment diets. This  
128 occurred for all lambs within 15 days.

129 On Week 7 of the experiment the lambs were drenched with 4000 L<sub>3</sub> *H. contortus*  
130 larvae from a population that were known to be susceptible to abamectin (M. Knox  
131 pers. comm.). At the start of Week 11, after samples were taken for WEC, the positive  
132 group was drenched with 10 mL abamectin.

133 At the conclusion of the experiment the lambs were sold to a commercial abattoir (in  
134 line with normal farm practice). The digestive tract from each animal was collected  
135 for determining total worm counts.

#### 136 *Experimental diets*

137 The pelleted diet was 15.4% crude protein, 3.4% fat, 20.3% acid detergent fibre  
138 and 11 MJ ME/kg dry matter which meets or exceeds National Research Council  
139 nutrient requirements for growing sheep (Committee of Animal Nutrition, 2007:  
140 Freer *et al*, 2007). The diet was manufactured as an 8 mm pellet and was processed on  
141 a steam injected Pellet Press plant at Specialty Feeds Pty Ltd.

142 The fresh garlic was milled and mixed into the control diet to form the treatment diets  
143 (which were also pelletised). The dose rates were based on previous work in which  
144 garlic was fed at 0.54% dry weight (Strickland *et al*. 2009). The dose rates used in the  
145 present experiment were once, twice and four times that rate. As fresh garlic was used  
146 in this experiment, instead of freeze dried garlic as used previously, the garlic was  
147 included in the pelleted ration at 0.909%, 1.816% and 3.631% (hereafter referred to as  
148 the 0.9%, 1.8% and 3.6% treatments respectively).

149 *Data collection*

150 At the start of each week the lambs were weighed and assessed for body condition  
151 score (BCS) (Jefferies 1961). This assessment was carried out throughout the  
152 acclimatisation, infection and monitoring stages.

153 Faecal samples were taken weekly during the monitoring stage of the experiment. The  
154 first of these samples was taken to coincide with the peak of worm egg laying  
155 (Week 11) with subsequent samples collected on Weeks 12–13 inclusive. The faecal  
156 samples were used for determining faecal worm egg counts (WEC). WEC counts  
157 were performed by modified McMaster method using Ocean System counting  
158 chambers with a sensitivity of 50 eggs/g.

159 Weekly blood samples (5 ml) were also collected in Weeks 11-14. These were  
160 analysed by electrophoresis for total blood protein and total gamma globulin.

161 A total worm count (TWC) was done at the conclusion of the experiment using the  
162 tracts collected from each of the animals, after the method described in Wood *et al.*  
163 (1995). During the processing of the 39 digestive tracts, samples were randomly  
164 selected for repeating. This was done for eight animals and in all cases the results  
165 were consistent with the original count.

166 *Data analysis*

167 All data were analysed using Genstat statistical software (Version 11, Laws  
168 Agricultural Trust, Rothamsted). The voluntary feed intake data (VFI), feed  
169 conversion ratio (FCR) data and blood analysis data were analysed by one-way  
170 ANOVA. The blood analysis data were also analysed with a mixed model (residual  
171 maximum likelihood). The VFI and FCR data were analysed over the whole  
172 experimental period and during the different periods of parasite activity (infection



173 and reproduction (egg laying)). The WEC data were  $\log_{10}$ -transformed before  
174 analysis. The WEC data were then analysed by repeated-measures ANOVA using a  
175 mixed model (residual maximum likelihood) in which the  $\log_{10}$ WEC was used as the  
176 response variable; treatment, week, voluntary feed intake and their interaction as fixed  
177 variables; with individual lambs.week as the random terms in the analysis. Individual  
178 treatment differences were assessed by Fisher LSD. Total worm counts were analysed  
179 by one-way ANOVA. Regression analysis of total feed intake and the final WEC was  
180 calculated in SigmaPlot, statistical and graphical software (Version 10).

## 181 **Results**

182 The live weight of the lambs increased throughout the experiment (Figure 1). The  
183 live weight of the lambs on the diets including garlic was lower than the control-  
184 anthelmintic on Week 14 ( $P<0.05$ ). The live weight was lower ( $P<0.05$ ) for the 3.6%  
185 garlic group than the control from Week 11, four weeks after being inoculated with *H.*  
186 *contortus*, until the end of the experiment. The 1.8% garlic group had a lower  
187 ( $P<0.05$ ) live weight than the control on Week 13, seven weeks after being inoculated  
188 with *H. contortus*. The 0.9% garlic treatment group had a lower ( $P<0.05$ ) live weight  
189 than the control in Week 14, eight weeks after being inoculated with *H. contortus*.

190 [Insert Figure 1 here]

191 The animals fed the diets including garlic had lower ( $P<0.05$ ) total live weight gains  
192 over the eight-week infection period compared with the animals in both of the control  
193 groups (Table 1). The 3.6% garlic group also had a lower ( $P<0.05$ ) total live weight  
194 gain than 0.9% and 1.8% garlic treatments.

195 [Insert Table 1 here]

196 The BCS of the lambs increased from the start of the experimental period. The 3.6%  
197 garlic treatment group had a lower BCS than the control, control-anthelmintic and  
198 1.8% garlic on Week 12 and than all other treatments on Weeks 13 and 14 ( $P<0.05$ ).  
199 The voluntary feed intake (VFI) from the start of the treatment diets to the end of the  
200 experiment was similar for each of the treatment groups (Weeks 4 and 14, Figure 2).  
201 In Week 12, a week after drenching, the control-anthelmintic treatment group had a  
202 temporary decrease in VFI. The VFI of the animals in this group increased in Weeks  
203 13 and 14 so that, in Week 14, the average VFI of this group was higher than all other  
204 groups (Figure 2,  $P<0.05$ ). There was no difference in VFI between the control, 0.9%  
205 garlic, 1.8% garlic and 3.6% garlic treatments in Weeks 12-14. The average total VFI  
206 over the whole experimental period was lower for the 3.6% garlic treatment group  
207 compared with all other treatments ( $P<0.05$ ). The average daily amount of garlic  
208 consumed for garlic treatment groups was 1.9, 3.8 and 6.9 g/d for the 0.9%, 1.8% and  
209 3.6% treatment groups respectively. Daily VFI for all animals across all treatment  
210 groups fluctuated with changes in the daily maximum temperature.

211 [Insert figure 2 here]

212 The feed conversion ratio (kg feed consumed per kg live weight gain, FCR) did not  
213 differ between treatments for the whole experimental period (Weeks 1–14, Table 2)  
214 nor for the period during which the lambs were fed the treatment diets (Weeks 4–14,  
215 Table 2). FCR of the 3.6% garlic treatment group was lower during the infection  
216 phase (Weeks 7–14, Table 2,  $P<0.05$ ).

217 [Insert Table 2 here]

218 In the infection phase the WEC of control-anthelmintic animals decreased after  
219 drenching (Table 3,  $P<0.05$ ), but the WEC of lambs on garlic treatments did not

220 change compared to the control animals. The inclusion of 1.8% garlic resulted in a  
221 32% total reduction in WEC over weeks 11–13, but this was not significant ( $P>0.05$ ).  
222 The wether lambs with higher live weights tended to have lower WEC however this  
223 relationship was not significant ( $P>0.05$ ).

224 [Insert Table 3 here]

225 Wether lambs with a higher total voluntary feed intake during Weeks 11–13 had a  
226 lower WEC in Week 13 (Figure 3,  $P < 0.05$ ). There was a significant interaction  
227 between treatment, voluntary feed intake and time on WEC ( $P<0.05$ ). This interaction  
228 is best illustrated by the change in the spread of WEC with voluntary feed intake  
229 between Weeks 11–13 for each treatment (Figure 4).

230 [Insert figures 3 and 4 here]

231 There was no difference in TWC between the *H. contortus* infected treatment groups  
232 (Table 3,  $P>0.05$ ). There was no relationship between TWC and WEC in Week 13  
233 ( $P>0.05$ ). There was also no effect of voluntary feed intake of the lambs in Week 13  
234 on TWC ( $P>0.05$ ). There was no relationship between WEC or TWC and the  
235 measured blood parameters, total serum protein or gamma globulins (data not shown).

## 236 **Discussion**

237 The inclusion of different rates of garlic in the diet of wether lambs did not result  
238 in lower WEC compared with control animals, indicating that the inclusion of garlic  
239 did not affect the infection by *H. contortus* larvae. There was evidence that the  
240 resilience of the lambs to parasite infection was increased by the high quality of the  
241 diet and this resilience, measured by WEC, improved with intake of the diets over  
242 time.

243 The lack of a difference in the TWC between the parasitised treatment groups is in  
244 line with the results for WEC. However, the lack of a relationship between WEC and  
245 TWC was unexpected. This suggests that the inclusion of garlic in the diets did not  
246 hinder the parasites' ability to develop into adults. Burke *et al* (2009) suggested that  
247 long-term feeding of garlic may enhance the immune system and lead to a lower  
248 susceptibility to gastrointestinal nematode infection. The current study did not show  
249 an enhanced immune response or lower susceptibility to parasite infection in lambs  
250 fed garlic in a pelleted ration for an extended period of time.

251 The wether lambs in this experiment appeared to have high resilience to *H. contortus*  
252 infection as indicated by their ability to maintain voluntary feed intake, weight gains,  
253 body condition score as well as their general appearance which was of health and  
254 vitality. The level of resilience shown by the wether lambs can be largely attributed to  
255 the high quality diets the lambs received. The level of resilience of a parasite infected  
256 host is largely influenced by the level of nutrition the host receives (Bricarello *et*  
257 *al.* 2005) and protein supplementation has been associated with lower WEC in sheep  
258 (Strain and Stear. 2001; Steel. 2003).

259 The wether lambs did not show clinical signs that are associated with moderate to  
260 high levels of *H. contortus* or other nematode parasite infection such as ill-thrift,  
261 weight loss, anorexia or symptoms of heavy infections such as bottle jaw and anaemia  
262 (Kahiya *et al.* 2003; Maciel *et al.* 2006). There was however evidence of a depression  
263 in appetite associated with the worm burden. This was evident by the increase in VFI  
264 in the animals in the control-anthelmintic group after they were drenched with  
265 abamectin and were relatively worm-free. This higher VFI relative to the other  
266 treatment groups suggests that the *H. contortus* caused a depression in appetite of the

267 infected animals (Kahiya *et al.* 2003; Maciel *et al.* 2006). Despite this all animals  
268 gained weight, were eager to eat when fed and were energetic when taken out of their  
269 pens to be weighed. The lack of clinical symptoms could explain the lack of any  
270 relationship between total protein and gamma globulin in the blood with WEC and  
271 TWC.

272 There is evidence in the literature that the acceptability of garlic to sheep varies with  
273 the rate of inclusion in the diet. In an experiment by Robertson *et al.* (2006) which  
274 looked at improving the palatability of straw by adding different food-flavourings  
275 (garlic, onion, truffle, caramel, maple, strawberry, orange and apple) at a rate of  
276 0.05 g/kg (0.005%), it was found that the garlic flavouring was highly acceptable to  
277 the sheep. However in experiments by Nolte and Provenza (1992ab) it was found that  
278 the inclusion of garlic powder at 2% DM was less preferred by lambs than onion  
279 powder at the same inclusion rate and as the inclusion rate of the garlic increased (5,  
280 10, 15, 20, and 25% DM) the less preferred/palatable the garlic flavoured feed  
281 became. Nolte and Provenza (1992ab) also suggested that there may be some post-  
282 ingestion attributes of garlic which caused this lower acceptability. The results of the  
283 current experiment support a dose-dependant impact on intake as the 3.6% garlic  
284 inclusion treatment group had lower VFI and FCR than the other treatment groups. It  
285 is unlikely that the novelty of the garlic diet made it unacceptable to the animals.  
286 Nolte and Provenza (1992ab) noted that seven to eleven exposures of a different feed  
287 is enough to adequately reduce the novelty of that particular feed. The wether lambs  
288 in the current experiment were allowed 21 days to adjust to the flavour of the garlic  
289 before being inoculated with *H. contortus*.

290 Plant secondary metabolites can have both pro and anti-nutritional properties. In the

291 instance of plant secondary metabolites with anthelmintic properties, it is generally  
292 the anti-nutritional compounds that have the anthelmintic effect (Athanasiadou and  
293 Kyriazakis 2004). The wethers on the 0.9% and 1.8% garlic treatments had higher  
294 average VFI and FCR than the 3.6% garlic treatment wethers, suggesting that the  
295 3.6% treatment (36 g/kg DM) diet had a concentration of plant secondary metabolites  
296 sufficient to produce an anti-nutritional effect. This low level of internal malaise from  
297 the garlic supports the findings of Nolte and Provenza (1992ab).

### 298 **Conclusion**

299 The results from this study suggest that the use of milled garlic in commercially  
300 produced pelleted diets of sheep does not show potential as a management tool in  
301 controlling *H. contortus*. However the feeding of a high quality diet does assist in the  
302 animals' ability to perform, as measured by live weight and BCS whilst infected with  
303 *H. contortus*.

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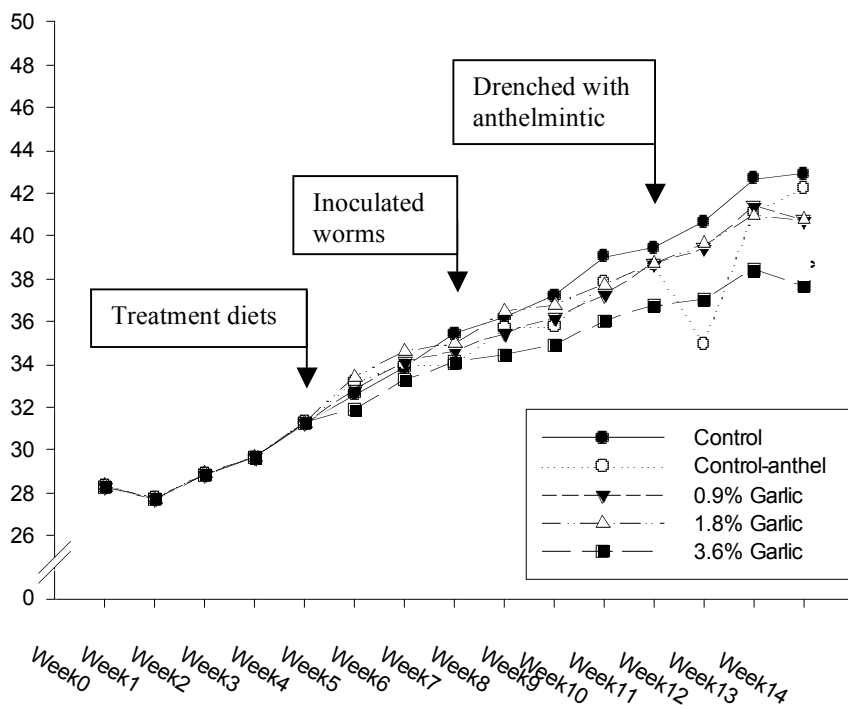
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423 Fig. 1: Average live weight of wether lambs, in each treatment group before the start  
 424 of treatment diets and before and after the inoculation with *H. contortus*. The timing  
 425 of treatment with anthelmintic (control-anthelmintic treatment group) is also shown.  
 426 Asterisk indicates significant treatment difference ( $P < 0.05$ ).

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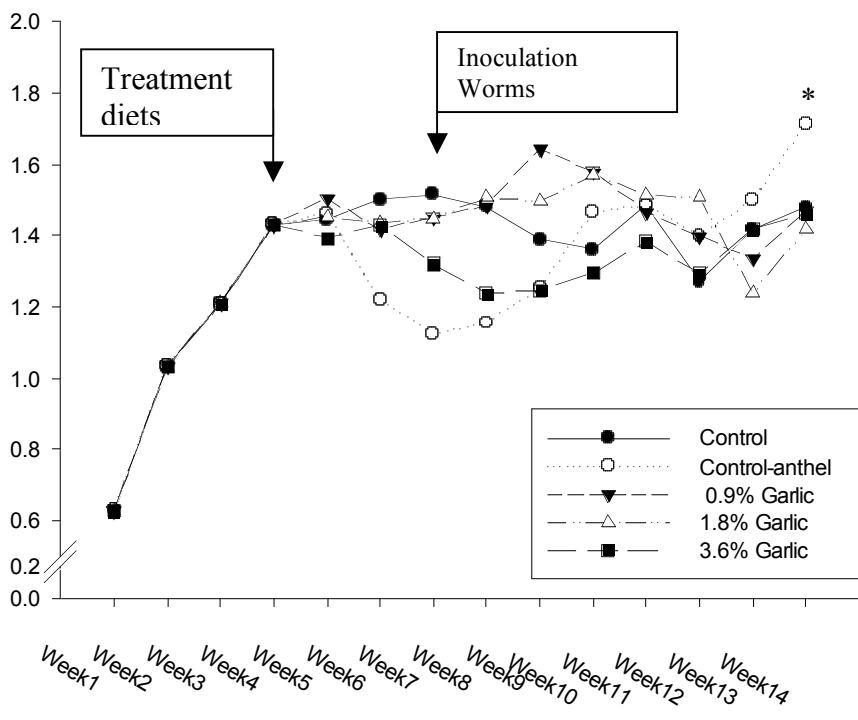
428 Table 1. Average live weight gains for all treatments over the eight week period the  
 429 wether lambs were infected with *H. contortus*. Treatments 0.9% garlic, 1.8% garlic  
 430 and 3.6% garlic had significantly lower (P<0.05) total weight gain than the control.  
 431 Asterisks indicates significant treatment differences (P<0.05).

Treatment	Control	Control- anthelmintic	0.9% garlic	1.8% garlic	3.6% garlic
Total LW gain	11.6	10.94	9.51*	8.95*	6.85*

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435 Fig. 2: Average weekly voluntary feed intake for wether lambs in five groups showing  
 436 the start of treatment diets and inoculation with *H. contortus*. Asterisk indicates  
 437 significant difference ( $P < 0.05$ ).

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440 Table 2. FCR (kg feed consumed per kg live weight gain) for each treatment group  
441 over the *H. contortus* infection stage of the experiment. Asterisk indicates 3.6% garlic  
442 treatment had significant higher FCR (P<0.05).

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Treatment	Control	Control-anth	0.9%	1.8%	3.6%
FCR	13:1	13:1	19:1	17:1	21:1*

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444 Table 3. Average weekly WEC for each treatment group from 28 days post infection  
 445 until Week 13 (inclusive). Average TWC (Week 14) for each treatment group. Values  
 446 are mean  $\pm$  se. Asterisks indicate significant reduction in WEC.

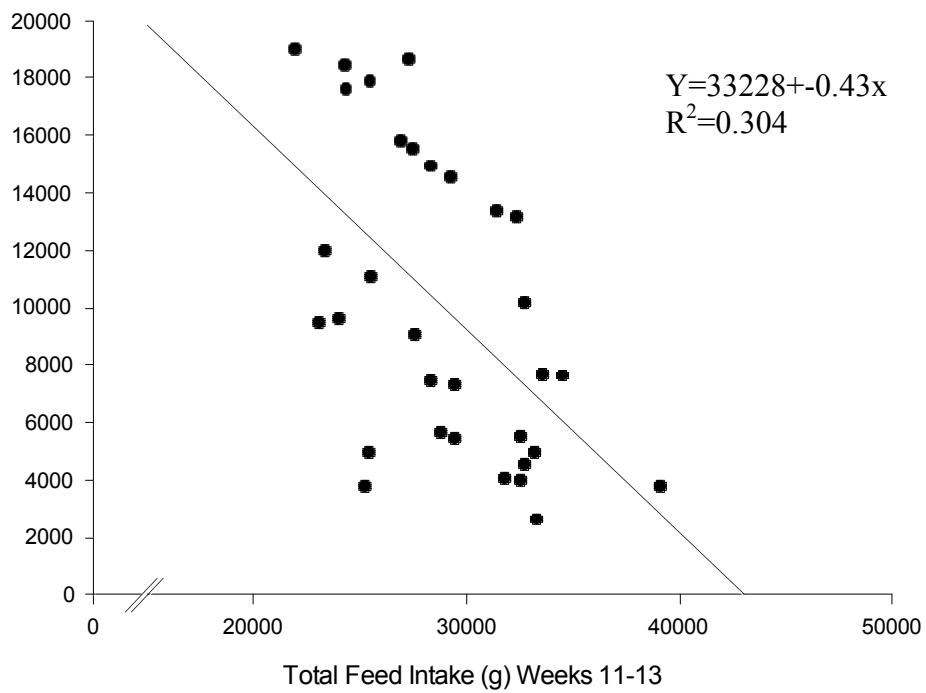
Treatment	WEC			TWC
	Week 11	Week12	Week 13	Week 14
Control	10 943 $\pm$ 2514	10 481 $\pm$ 2504	8 500 $\pm$ 2115	4640 $\pm$ 1900
Control-Anthel	11 542 $\pm$ 2394	521 $\pm$ 97*	28 $\pm$ 9*	23* $\pm$ 25
0.9% Garlic	10 206 $\pm$ 2385	11 275 $\pm$ 2477	10 625 $\pm$ 2376	5295 $\pm$ 2172
1.8% Garlic	13 812 $\pm$ 3283	11 080 $\pm$ 2478	8 375 $\pm$ 2060	4388 $\pm$ 1800
3.6% Garlic	11 662 $\pm$ 2751	12 000 $\pm$ 2576	12 368 $\pm$ 2821	4343 $\pm$ 1782

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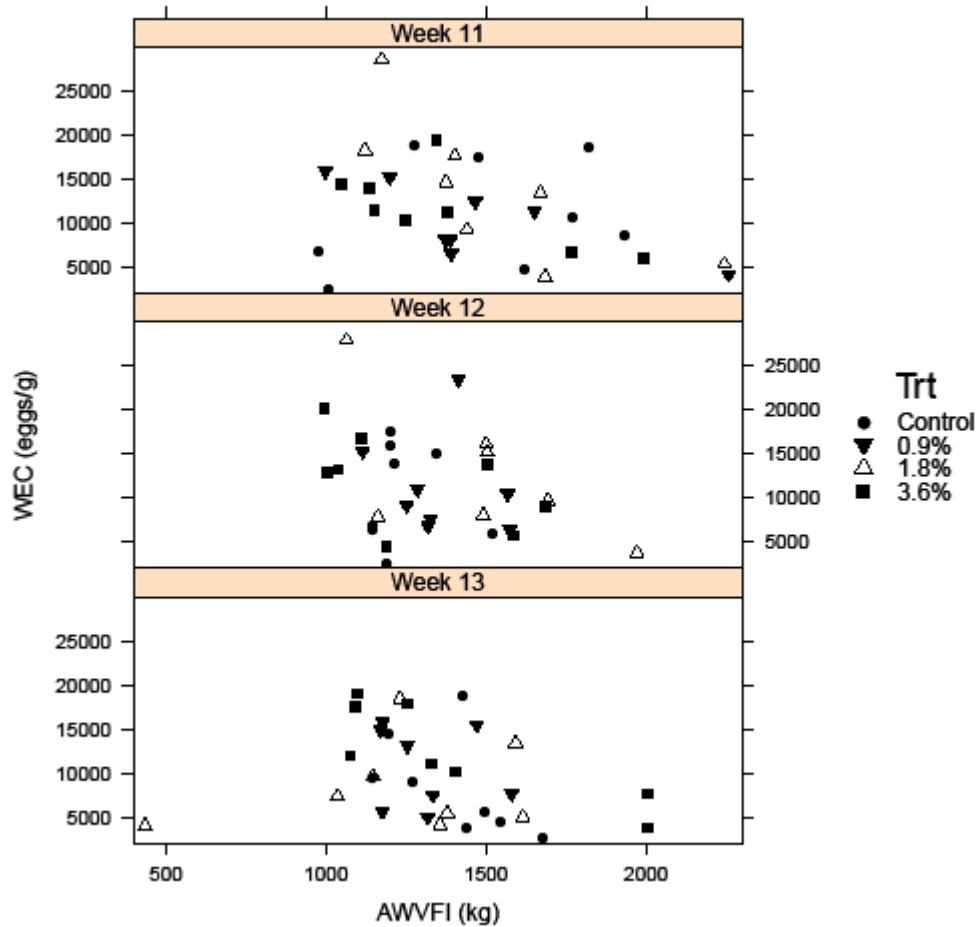


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450 Fig. 3: Relationship between total feed intake over Weeks 11, 12 and 13 of  
 451 experiment and faecal worm egg counts in Week 13. Data from wether lambs in  
 452 control-anthelmintic were removed as they were drenched with an anthelmintic.

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455 Fig. 4: The effect of treatment (trt) (1: control, 3: 0.9% garlic, 4: 1.8% garlic, 5: 3.6%  
 456 garlic), average weekly voluntary feed intake (AWVFI) and time (in weeks) on WEC  
 457 for the experimental period Weeks 11-13. The second order interaction of Trt \*  
 458 AWWFI \* Week was significant ( $P < 0.05$ ). Data from wether lambs in control-  
 459 anthelmintic treatment were removed as they were drenched with an anthelmintic.

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