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# Exceptional preservation of Palaeozoic steroids in a diagenetic continuum

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The occurrence of intact sterols has been restricted to immature Cretaceous ( $\sim$ 125 Ma) sediments with one report from the Late Jurassic ( $\sim$ 165 Ma). Here we report the oldest occurrence of intact sterols in a Crustacean fossil preserved for ca. 380 Ma within a Devonian concretion. The exceptional preservation of the biomass is attributed to microbially induced carbonate encapsulation, preventing full decomposition and transformation thus extending sterol occurrences in the geosphere by 250 Ma. A suite of diagenetic transformation products of sterols was also identified in the concretion, demonstrating the remarkable coexistence of biomolecules and geomolecules in the same sample. Most importantly the original biolipids were found to be the most abundant steroids in the sample. We attribute the coexistence of steroids in a diagenetic continuum -ranging from stenols to triaromatic steroids- to microbially mediated eogenetic processes.

terols form a specific group of triterpenoid biomolecules, generally abundant in eukaryotes where they fulfill various vital functions, including stabilization of cell membranes, signal messaging and serving as precursors to e.g. vitamins and hormones. Sterols, usually with 26 to 30 carbon atoms, possess specific structural features restricted to groups of organisms<sup>1</sup>. These biomolecules after senescence from aquatic producers undergo rapid re-mineralization under aerobic conditions in the upper water column. Only a small portion of the intact sterols produced in the euphotic zone endure eogenesis (earliest diagenesis), where microbially mediated transformations effectively yield geomolecules<sup>2-6</sup>. These compounds can then be related back to their natural product sterol precursors and are more stable in the geologic record. The presence of biological sterols in the rock record is limited to areas of low geothermal gradients and their preservation is enhanced by anaerobic conditions during their deposition and subsequent diagenesis, in particular, early sulfurization and reduction mediated by sulfur species<sup>7,8</sup>. Intact biological sterols have been observed at trace level concentrations in thermally immature marine shales<sup>9</sup> as old as the Upper Albian ( $\sim$ 120 Ma). In addition dinosterol and a 24-methylsterol have been reported from sediments of presumed late Jurassic age<sup>10</sup>. In these sediments original biolipids co-occur with a limited suite of their diagenetic derivatives, possibly due to incomplete degradation of lipids in the water column under high productivity conditions in the presence of selective microbial communities, such as sulfate reducers9,10.

Steroids are often recorded in petroleum as saturated and aromatic steroidal hydrocarbons and are associated with a series of complex transformations occurring during diagenesis and eventually catagenesis. The transformation of sterols during eogenesis is controlled by microbial activity and low temperature physiochemical reactions, involving e.g.: stanols dehydration, sterenes isomerization, diasterenes and monoaromatic steranes formation and subsequent isomerization<sup>2–4</sup>. Eogenetic transformation of steroids is governed by the corresponding environmental conditions, temperature and availability of microbes and catalysts (e.g. clays and/or reduced sulfur). Additional catagenetic alteration of steroids is then attributed to thermodynamically driven abiotic physicochemical reactions with increasing temperature, causing complete aromatization, isomerization and cracking of steroids<sup>2–4,10</sup>. At this stage functionalized steroids are expected to be completely transformed to a more stable form, thus the co-existing of sterols and their intermediate diagenetic products can only occur in immature sediments when incomplete microbial degradation has occurred<sup>2,4</sup>.

Recently, exceptional low thermal maturity steranes have been reported in a well preserved crustacean fossil, within a carbonate concretion from the Gogo Formation, a Devonian inter-reef deposit of the Canning Basin from the north of Western Australia<sup>11,12</sup>. The remarkable degree of organic matter preservation at the time of deposition of the crustacean was attributed to the occurrence of persistent euxinic conditions in the photic zone (PZE) prevailing in the ancient sea preventing aerobic degradation processes. These conditions were supported by an active consortium of sulfate reducing bacteria promoting early encapsulation of the biomass facilitating the



formation of the carbonate concretion. Here we report even more outstanding preservation of biomolecules due to the observation of intact sterols in the fossilized crustacean, which are the most abundant components over other steroidal hydrocarbons (i.e. geomolecules). This is the first reported occurrence of intact biolipids co-existing with a suite of intermediate diagenetic and catagenetic counterparts preserved in Paleozoic sediments. The consecutive and complex transformations during diagenesis and catagenesis are thought to prevent the parallel occurrence of the most extreme end-members of the steroid pathway, such as functionalized steroids along with fully aromatized counterparts. Our observations challenge this paradigm and point to microbially mediated processes yielding a variety of steroids without thermal overprinting after 380 Ma of their deposition.

#### Results

A carbonate concretion containing a crustacean in its interior has been previously analyzed showing exceptional organic matter preservation, including low thermal maturity biomarker distribution associated with the fossilized crustacean's soft tissue<sup>11</sup>. Cholestane was reported to be the most dominant biomarker in this fossil and its presence was attributed to diagenetic-derivatives of cholesterol, the most abundant sterol in living crustaceans<sup>11,13</sup>. Isomerization of steranes at positions C-5, C-14 and C-17 as well as at the chiral centre at C-20 is concordant with the low thermal maturity of the sample investigated (20S/(20S + 20R) < 0.20). The isomerization of hopanes and hopenes in the sample<sup>11</sup> indicates slightly higher thermal maturity with side chain isomerization at the C-22 chiral centre reaching unity for S and R stereoisomers.

Due to the low thermal maturity of the sample naturally occurring sterols were still present and were identified along with a suite of their diagenetic products which include stanols, sterenediols, stenol ketones, stanones, sterenes, diasterenes, diasteranes, C-ring monoaromatic and triaromatic steroids (see supplementary Figs. S1-S4 online); also intact straight chain fatty acids (C16-18 and C28,30) and alcohols (C<sub>28,30</sub>) were preserved (Figs. 1 and 2). All the steroids identified (Supplementary figures for detailed identification) are indigenous to the fossil and concretion and coexist, thus reflecting a diagenetic continuum. The mixture of steroids found in the sample corroborates the complex sequential biochemical transformation undergone by sterols during eogenesis<sup>2-6,9</sup>. The co-existence of 70 different steroidal compounds (Table 1) including fully aromatized steroids together with their biological precursors, exclusively found in living organisms, represents the oldest and most extensive sedimentary anachronism reported to date, challenging the paradigm that progressive steroid late dia-/catagenesis is only controlled by thermal maturation. Exceptional preservation may add a new facet to the application of steroid based thermal maturity ratios in petroleum exploration and in reconstruction of thermal histories of sedimentary basins. Presently, co-occurrence of immature and mature biomarker signals has been attributed to i) incorporation of immature biomolecules into migrating oils<sup>14</sup>, ii) admixture of reworked mature organic matter to immature sediments<sup>15</sup>, or charging of petroleum reservoirs from source rocks of varying maturities16.

Exceptional preservation of Devonian sterols occurred in both the fossil and the surrounding layers of the carbonate concretion (Figs. 1A–C). We thus focused our investigation on the fossil layer where the highest steroid concentrations and the largest range of diagenetic derivatives were observed (Table 1). Within the fossil layer sterenes, steranes, diasteranes, diasterenes and monoaromatic steroids with 27 carbon atoms are up to 4 times more abundant than the  $C_{29}$  steroid analogs. The preferential preservation of  $C_{27}$  steroids towards the centre of the concretion, where the fossil is preserved, suggests these originate from the crustacean, resembling the diagenetic products of sterol distributions in living crustaceans, in which



Figure 1 | (A) Calcareous concretion containing a well-preserved fossil from the Devonian Gogo Formation. The concretion was split into three layers concentrically away from the nucleus. (B) Partial chromatogram of the free alcohol fraction (as trimethylsilyl-ether derivatives) from the three layers depicting the first occurrence of intact sterols preserved in Paleozoic strata (see Table 1 and Supplementary Figs. S6–8 for detailed identification). (C) Distribution of sterols normalized to the average of C<sub>28</sub> and C<sub>30</sub> free *n*-alcohols reveals a dominance of C<sub>27</sub>-stenols in the fossil layer ascribed to a crustacean input and decreasing proportions towards the matrix, showing elevated C<sub>29</sub>-stenols derived from algal input.



**Figure 2** | (A) A suite of steroids coexisting in one fossil corresponds to the assemblage of steroids generated by diagenetic (pale yellow background) and catagenetic (dark yellow background) stages of the evolutionary pathways proposed by Mackenzie *et al.* (*3, 4*). A total of 70 individual steroids, including stenols, steradienols, stanols, stanones, sterenes, steradienes, diasterenes, diasteranes, mono- and triaromatic steroids, as well as 4-methyl substituted analogues (*see* Table 1 for quantification of steroids) occur in parallel. (B) Relative proportion of compound classes within the fossil is dominated by sterols and steranes, representing the bio-and geospheric end-members of a diagenetic sequence, respectively. (C)

Ternary diagram of sterols (green) and steranes (blue) differentiate the fossil from the concretion matrix and the host rock. The  $C_{27}$  dominance in the fossil layer is attributed to Crustacean tissue, whereas the matrix and host rock represent common algal input(s).

cholesterol comprises more than 90% of the total steroids<sup>13</sup>. However, similar proportion of  $C_{27}$  and  $C_{29} \Delta 5$ -stenols are present in the proximity of the fossil while in the surrounding matrix the  $C_{29}$ is the most abundant. This distribution of sterols in the sample suggests a combination of sources for the intact biolipids:  $C_{27}$  steroids mainly derived from the fossil tissue (and the Crustacean's dietary products) and  $C_{28}$  and  $C_{29}$  compounds resulting from algae/phytoplankton from the upper water column. The proportion of  $C_{28}$  and  $C_{29}$  is concordant with the stage of algal evolution during the Devonian<sup>17,18</sup>. This is in agreement with the sterane distribution ( $C_{27}/C_{29} < 1$ ) reported for the carbonate matrix surrounding the fossil and the black shale hosting such concretions i.e. the Gogo Formation, dominated by the  $C_{29}$  steranes (see supplementary fig. S5 online)<sup>11</sup>.

#### Discussion

The distribution of the two major sterols in the sample, cholest-5-en-3β-ol ( $\delta^{13}$ C of -26.8%) and 24-ethylcholest-5-en-3β-ol ( $\delta^{13}$ C of -30.9%) and their isotopic disparity confirm the preservation of mixed eukaryotic sources in the fossil layer, i.e. crustacean tissue and that of marine biomass settling through the water column. The toxic water column (i.e. persistent PZE, see above) present at the time<sup>11</sup> may have also favored the development of opportunistic blooms of prasinophycean rather than other green algae, as evident by a C<sub>28</sub>/C<sub>29</sub> sterane ratio of  $> 0.4^{17}$ . The stable isotopic composition of cholestane ( $\delta^{13}$ C of -30.5%) in the fossil layer is not fully compatible with an origin exclusive from the co-existing crustacean's cholesterol<sup>19</sup>. It is thus assumed that the cholestane in the fossil layer based on its carbon isotope signature may have also an algal or zooplanktonic contribution, also supported by the isotopic disparities between isoprenoids and *n*-alkanes found in the fossil layer<sup>11</sup>.

Intermediates in the earliest transformation of  $\Delta$ 5-stenols in the water column formed by photo-oxidation, such as cholest-5-en-3β,7α-diol, 24-ethylcholest-5-en-3β,7α-diol, 24-methylcholest-5en-3 $\beta$ ,7 $\alpha$ -diol and cholest-5-en-3 $\beta$ -ol-7-one, were also identified in the sample. These compounds are typical rearranged products of 5αhydroperoxides derived from photo-oxidation (type II) of  $\Delta$ 5-stenols in the euphotic layer of the water column<sup>20</sup>. Furthermore, trace amounts of tocopherol acetate were identified in the fossil, with the oldest occurrence of tocopherol previously reported for the Cretaceous<sup>21</sup>. The survival of these highly reactive components can be attributed to a euxinic zone expanding close to the productive surface waters, thus enabling very short transfer times of primary biomass through the oxic water column to the chemocline. Degradation-sensitive biomolecules, when protected within organic debris embedded in the uppermost sediments became rapidly encapsulated within the carbonate concretion and were able to survive some 380 Ma. The difference in the degree of diagenetic transformation between the crustacean and the water column derived sterols is attributed to the excellent preservation of the fossil biomass protected within the crustacean's tissue<sup>11</sup>.

The parallel occurrence of biolipid stenols with their diagenetic geolipid derivatives including fully aromatized steroids, with the latter present in traces amounts and  $\Delta$ 5-stenols as the dominant compound class, in a concretion that has undergone the same geological history is exceptional. The defunctionalization of sterols to sterenes and their saturated and rearranged counterparts along with the formation of A/B-ring monoaromatic steroids is restricted to the early diagenesis zone, driven by low temperature – microbial reactions<sup>2,22–24</sup>. The later occurring early diagenetic formation of C-ring



Table 1 | Steroid compounds identified in the fossil layer based on their relative elution order and comparison of mass spectra with literature data (Tr: Traces). Peak numbers refer to supplementary figures available online

Compound class	Peak N	Identification	Concentration (ppb)	C <sub>27</sub> /C <sub>29</sub>
Steranes	1	$5\alpha$ , $14\alpha$ , $17\alpha$ (H) cholestane 20S	413	3.7
	2	5α,14β,17β(H) cholestane 20R	88	
	3	$5\alpha$ , 14 $\beta$ , 1/ $\beta$ (H) cholestane 205	/4	
	4	$5\alpha$ , $14\alpha$ , $17\alpha$ (H) cholestane 20K	1503	
	5	$5\alpha$ , 14 $\alpha$ , 17 $\alpha$ (H) 24-methylcholestane 205	20	
	7	$5\alpha$ , 14B, 17B(H) 24-methylcholestane 20K	J/ Tr	
	8	$5\alpha$ , $14\alpha$ , $17\alpha$ (H) 24-methylcholestane 200	154	
	9	$5\alpha$ , $14\alpha$ , $17\alpha$ (H) 24-ethylcholestane 20S	70	
	10	$5\alpha$ , $14\beta$ , $17\beta$ (H) $20R + 5\beta$ , $14\alpha$ , $17\alpha$ (H) 24-ethylcholestane	131	
	11	5α,14β,17β(H) 24-ethylcholestane 20S	Tr	
	12	5α,14α,17α(H) 24-ethylcholestane 20R	344	
Sterene	13	$\Delta^{5}$ cholestene	112	4.0
	14	$\Delta^{3}$ 24-ethylcholestene	28	
Diasteranes	15	$13\beta$ , $17\alpha$ (H) diacholestane 203	127	4.0
	10	13p, 17α(Π) diacholestane 20K	40	
	18	$13\alpha$ , 17 B(H) diacholestane 200	39	
	19	13B 17a(H) 24-methyldiacholestane 20S	53	
	20	$13B, 17\alpha(H)$ 24-methyldiacholestane 20R	56	
	21	13α,17β (H) 24-methyldiacholestane 20S	45	
	22	13α,17β (H) 24-methyldiacholestane20R	35	
	23	13β,17α(H) 24-ethyldiacholestane 20S	169	
	24	13β,17α(H) 24-ethyldiacholestane 20R	75	
Diasterenes	25	$10\alpha$ , $\Delta^{13(17)}$ diacholestene 20S	203	3.6
	26	$10\alpha$ , $\Delta^{13(17)}$ diacholestene 20K	230	
	27	$10\alpha$ , $\Delta^{13(17)}$ 24-methyldiacholestene 20K	229 Tr	
	20	$10a$ , $\Delta^{13(17)}$ 24-ethyldiacholestene 200	120	
4-methylsteranes	30	$5\alpha$ , 14B, 17B(H) $4\alpha$ -methylcholestane 20S	27	n/a
	31	$5\alpha$ , 14B, 17B(H) 4 $\alpha$ -methylcholestane 20R	Tr	., -
	32	5α,14α,17α(H) 4α-methylcholestane 20S	Tr	
	33	5α,14α,17α(H) 4α-methylcholestane 20R	106	
	34	5α,14β,17β(H) 4α-methyl 24-ethylcholestane 20S	Tr	
	35	$5\alpha$ , $14\beta$ , $17\beta$ (H) $4\alpha$ -methyl 24-ethylcholestane 20R	38	
	36	$5\alpha$ , $14\alpha$ , $1/\alpha$ (H) $4\alpha$ -methyl 24-ethylcholestane 205	86	
Cring	3/	$3\alpha$ , 14 $\alpha$ , 17 $\alpha$ (H) 4 $\alpha$ -methyl 24-ethylcholestane 20R	lr 41	2.2
C-Ing monogramatic	30	$C_{21} = 5\alpha$ , $TOP(CH_3)$	41	2.2
steroid	40	$C_{22} = 5\alpha_{1}, 10\beta(CH_{2}) = 20.5$	43 72	
biorora	41	$C_{27} 5\beta$ , $10\beta(CH_3) 20R$	43	
	42	$C_{27} 5\alpha$ , 10 $\beta$ (CH <sub>3</sub> ) 20 <i>S</i>	Tr	
	43	C <sub>28</sub> 5β, 10β(CH <sub>3</sub> ) 20S	170	
	44	C <sub>27</sub> 5α, 10β(CH <sub>3</sub> ) 20 <i>R</i>	78	
	45	C <sub>28</sub> 5α, 10β(CH <sub>3</sub> ) 20S	99	
	46	$C_{28}$ 5 $\beta$ , 10 $\beta$ (CH <sub>3</sub> ) 20 $R$	71	
	4/	$C_{29} S\beta, 10\beta(CH_3) 20S$	lr 44	
	40 10	$C_{29}$ 5 $\alpha$ , TOP(CH3) 200 $C_{29}$ 5 $\alpha$ 10B(CHa) 20P	44 1	
	50	$C_{28} = 58 + 10 \beta (CH_2) + 20 R$	Tr	
	51	$C_{29} 5\alpha$ , 10B(CH <sub>3</sub> ) 20R	33	
Triaromatic	52	$C_{26} 20S$	Tr	0.5
steroid	53	C <sub>26</sub> 20R	Tr	
	54	C <sub>27</sub> 20S	Tr	
	55	C <sub>28</sub> 20S	Tr	
	56	C <sub>27</sub> 20R	Tr	
Eurotionalize d starsid	۵/ 50	$C_{28} Z U K$	rا مدمد	n/s
runctionalized steroids	50 50	cholesi-3-en-3p-ol 24 methylcholest 5 on 3B ol	2027 500	n/ a
	59 59	24-memyicholest-5-en-3p-ol	1281	
	61	cholest-5-en-3β.7%-diol	Tr	
	62	24-methylcholest-5-en-3β,7α-diol	Tr	
	63	24-ethylcholest-5-en-3β, 7α-diol	Tr	
	64	Cholest-5-en-3β-ol-7-one	Tr	
	65	24-methylcholstenol (unknown isomer)	Tr	
	66	24-methylcholesta-5,22-dien-3β-ol	Tr	
	67	24-ethylcholesta-5,22-dien-3β-ol	Tr	
<u> </u>	68	∠4-etnylcholesta-3,24(28)-dien-3β-ol	lr	

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Table 1   Continue				
Compound class	Peak N	Identification	Concentration (ppb)	C <sub>27</sub> /C <sub>29</sub>
	69	5α-cholestan-3β-ol	Tr	
	70	5α24-ethylcholestan-3β-ol	Tr	
Other compounds	71	Tocopherol acetate	Tr	
	72	n-C <sub>28</sub> alcohol	Tr	
	73	n-C <sub>29</sub> alcohol	Tr	
	74	n-C <sub>30</sub> alcohol	Tr	
	75	n-C <sub>28</sub> fatty acid	Tr	
	76	n-C <sub>30</sub> fatty acid	Tr	

monoaromatic steroids may be initially microbially mediated but transiently continues into late diagenetic/catagenetic abiotic transformation reactions<sup>2,5,25</sup>. Depending on the biological precursor present and the depositional conditions prevailing, formation of specific metastable intermediates is favored during earliest diagenesis. In the Gogo concretion the lack of A-ring monoaromatic steroids and Bring monoaromatic anthrasteroids, spirosterenes and of their presumed precursors, the 3,5-steradienes or 5,7-steradienes<sup>24</sup> is attributed to the absence of suitable biological stenols. Although being intermediates in the steroid diagenetic continuum, monoaromatic A/B-ring steroids have been reported from sediments as old as the Cretaceous<sup>4,22,23</sup> and spirosterenes in sediments dating to the Malmian stage (148 Ma) of the Jurassic<sup>26</sup>. The occurrence of catagenetically formed C-ring monoaromatic steroids and triaromatic steroids, however, is not stratigraphically restricted with frequent reports of the stable products in Proterozoic sediments and oils<sup>5</sup>. In contrast to early diagenesis, the full aromatization and isomerization of chiral centres in steranes and diasteranes are products of thermodynamically controlled physiochemical reactions during latest diagenesis and catagenesis<sup>2,3</sup>. The fully aromatized steroids are considered to be of exclusively catagenetic origin<sup>3,5</sup> but early microbial aromatization of triterpenoids has been reported to occur widely in natural environments. Different aromatization pathways have been formulated for higher plant triterpenoids<sup>27</sup> and hopanoic pentacyclic triterpenoids<sup>28,29</sup>. Here we postulate that eogenetic aromatization processes involving sterols to form triaromatic steroids (Fig. 2A) are also feasible. Disproportionation of hydrogen upon diagenetic processes within the concretion either favored the saturation of sterenes or the progressive desaturation of aromatic steroids.

The burial history of the Gogo Formation excludes temperatures in the catagenesis zone<sup>12</sup> and hence indicates structural rearrangement of steranes to form diasteranes and triaromatic steroids in a low thermal diagenetic regime, prior to the oil window. Abiotic mechanisms operating at low temperature cannot be excluded, especially when an active sulfur cycle was present at the time of preservation, in which a consortium of sulfate reducing and green sulfur bacteria existed in a H<sub>2</sub>S-rich environment<sup>11</sup>. Evidence of anoxic-euxinic conditions has been proven for this sample, and natural vulcanization has also occurred by early sulfurization of e.g. sterols and isorenieratene derivatives previously reported in the fossil layer<sup>11</sup>. Elevated microbial activity along with abiotic sulfurization<sup>8,30</sup> and non-biological hydrogenation<sup>7</sup> favored the preservation of abundant organic matter at early stages of diagenesis playing an important role in the reduction pathway of steroids in an oxygen depleted environment.

The co-occurrence of biomolecules and geomolecules in sediments affords extremely specific prerequisites, not only ensuing unique conditions during primary eogenesis but also after sediment emplacement in a continuation of strictly anaerobic conditions (persistent PZE) during the entire geological history. In addition, it seems to be an essential condition that anaerobic microbial processes within the lower water column and sediment may stimulate the formation of geomolecules formerly ascribed to abiotic thermally governed processes. Under certain conditions the established concept of diagenesis *versus* catagenesis as such is not applicable. Several lines of evidence provided here indicate that under exceptional conditions concretions are able to preserve biomolecules at unprecedented levels, opening a new window of opportunity to study the distributions of biomolecules in deep time and thus offering prospects in improving our understanding of organismic evolution and past environmental conditions.

#### Methods

**Sample collection and preparation.** The carbonate concretions used for this contribution was collected from a field trip to the Canning Basin, North of Western Australia (See details by Melendez *et al.*, 2013). The sample was found weathering out of the rarely exposed basinal black shales in the Paddy's Valley, an extremely arid and remote location north-west of the basin. The concretion contains a well preserved invertebrate which based on chemo-taxonomical properties was identified as a crustacean<sup>11</sup>.

All the exposed surfaces of the concretion were trimmed off (ca. 10 mm) and slices orientated parallel to the fossil were taken (Fig. 1A). The first slice (i.e. the fossil layer) contains most of the crustacean tissue. Sequential layers (Matrix-L1 and Matrix-L2) were also cut from the carbonate matrix (Fig. 1A).

Each layer was carefully washed with deionized water in an ultrasonic bath (10 min) and dried overnight (40°C). Further external ultrasonic washes were made using dichloromethane (DCM) and methanol (7:3) in triplicate. Cleaned samples were crushed and ground in a zirconium mill. In between each sample the mill was cleaned with solvents and annealed quartz. Organic solvent extracts were obtained by Soxhlet extraction for 72 hours with DCM-Methanol (9:1; v/v) in a pre-extracted cellulose thimble. Each extract was separated into 5 fractions by a small chromatography column (5.5 cm length  $\times$  0.5 cm i.d.) packed with activated silica gel (120°C, 8 hour). Aliphatic hydrocarbons were eluted with 1.5 dead volumes (DV) of n-hexane, aromatic hydrocarbons in 2 DVs of 4:1 n-hexane:DCM, ketones and fatty acid methyl esters (FAMEs) in 2DVs of DCM, alcohols in 2 DVs of 4:1 DCM : ethyl acetate and the polar fraction eluted with 2 DVs of DCM : methanol (7:3). Derivatization was conducted on aliquots of the latter 3 fractions using bis(trimethylsilyl)-trifluoroacetamide (BSTFA, 25  $\mu L)$  and anhydrous pyridine (25  $\mu L).$ The mixture was heated up to 70°C on a sand bath for 20 minutes and immediately after cooling analyzed by Gas Chromatography-Mass Spectrometry (GC-MS). Procedural blanks were performed to monitor laboratory contamination.

Semi-quantitative analyses were performed on the total lipid extracts, separated fractions and derivatized aliquots by GC-MS using a Hewlett Packard 6890 gas chromatograph (GC) interfaced to a Hewlett Packard 5973 mass selective detector (MSD). The GC-MS was operated in a pulsed splitless mode; the injector was at 320°C and fitted with a DB-5 capillary column (60 m × 0.25 mm i.d. × 0.25 µm film thickness). The oven temperature was programmed from 40°C to 325°C (at 3°C/min) with the initial and final hold times of 1 and 50 min, respectively. Ultra high purity helium was used as the carrier gas and maintained at a constant flow of 1.1 mL/min. The MSD was operated at 70 eV and the mass spectra were acquired in full scan mode, m/z 50–700 at ~ 4 scans per second and a source temperature of 230°C.

A Thermo Finnigan DeltaV mass spectrometer coupled to an Isolink GC (using the same chromatographic conditions as in the GC-MS analysis) was used to determine the  $\delta^{13}$ C of selected steroids in the underivatized total extract and alcohol fractions. The  $\delta^{13}$ C values of the compounds were determined by integrating the ion currents of masses 44, 45 and 46, and are reported in parts per mil (‰) relative to the international Vienna Peedee belemnite (VPDB) standard. Reported values are the average of at least two analyses.

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#### Author contributions

I.M., K.G. and L.S. designed all the experiments and wrote and reviewed the main manuscript text. I.M. performed all the experiments and prepared figures.

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