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2 **The influence of match phase and field position on collective team behaviour in Australian**
3 **Rules Football**
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ABSTRACT

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This study investigated the influence of match phase and field position on collective team behaviour in Australian Rules football (AF). Data from professional male athletes (years 24.4 ± 3.7 ; cm 185.9 ± 7.1 ; kg 85.4 ± 7.1), were collected via 10 Hz global positioning system (GPS) during a competitive AFL match. Five spatiotemporal metrics (*x*-axis centroid, *y*-axis centroid, length, width, and surface area), occupancy maps, and Shannon Entropy (ShannEn) were analysed by match phase (offensive, defensive, and contested) and field position (defensive 50, defensive midfield, forward midfield, and forward 50). A multivariate analysis of variance (MANOVA) revealed that field position had a greater influence on the *x*-axis centroid comparative to match phase. Conversely, match phase had a greater influence on length, width, and surface area comparative to field position. Occupancy maps revealed that players repositioned behind centre when the ball was in their defensive half and moved forward of centre when the ball was in their forward half. Shannon Entropy revealed that player movement was more variable during offence and defence (ShannEn = 0.82 – 0.93) compared to contest (ShannEn = 0.68 – 0.79). Spatiotemporal metrics, occupancy maps, and Shannon Entropy may assist in understanding the game style of AF teams.

Key Words: Performance analysis, Team tactics, Game style

INTRODUCTION

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50
51 Collective team behaviour in invasion sports refers to how individual players position themselves
52 across a field of play to form an overall group organisation (Rein and Memmert 2016). This
53 behaviour has been used to describe team tactics or game style, whereby repetitive patterns of
54 movement are formed (Sampaio and Macas 2012). Collective team behaviour has become a central
55 component of match analysis (Clemente, Sequeiros et al. 2018) due to its established relationship
56 with performance outcomes (Clemente, Couceiro et al. 2013, Goncalves, Marcelino et al. 2016,
57 Rein and Memmert 2016) and the capability to provide greater context to match events (Lamas,
58 Barrera et al. 2014).

59 Collective team behaviour has typically been defined via spatiotemporal metrics including
60 x -axis centroid, y -axis centroid, length, width, and surface area (Frencken, Lemmink et al. 2011,
61 Clemente, Couceiro et al. 2013, Folgado, Lemmink et al. 2014). The team centroid represents the
62 geometric centre of all players on the field, which can be assessed in both the x -axis and y -axis,
63 team length and width describes the distance between the two players furthest apart along the pitch
64 and across the pitch respectively, and the team surface area signifies the region that encompasses
65 all players across a field of play (Bartlett, Button et al. 2012). More recently, studies have
66 visualised occupancy maps or heat maps and combined them with a measure of entropy to
67 determine the variability of player movement (Couceiro, Clemente et al. 2014, Silva, Aguiar et al.
68 2014, Clemente, Sequeiros et al. 2018). To provide additional context to the understanding of
69 collective behaviour, investigations have been separated into various phases of match play, such
70 as offence and defence (Castellano, Álvarez et al. 2013, Clemente, Couceiro et al. 2013,
71 Bialkowski, Lucey et al. 2014).

72 Research in football has considered the *x*-axis centroid and occupancy maps to suggest
73 teams may be more attacking by positioning players higher up the field in both offence and defence
74 during home matches compared to away matches (Lucey, Oliver et al. 2013, Bialkowski, Lucey et
75 al. 2014). This behaviour may be associated with an increased possession in the forward third and
76 a greater number of shots on goal (Lucey, Oliver et al. 2013, Bialkowski, Lucey et al. 2014).
77 Irrespective of match location, a conservative approach is generally taken, with the team *x*-axis
78 centroid located in their defensive half (Clemente, Couceiro et al. 2013). Investigations in football
79 have used the length, width, and surface area to propose that whilst defending, teams will aim to
80 compress the field of play by decreasing the area in which attacking players can operate (Vilar,
81 Araújo et al. 2013). Increasing the number of defensive players surrounding an attacking team
82 taking a shot at goal is associated with a concomitant decrease in successful scoring attempts
83 (Ensum, Pollard et al. 2004, Wright, Atkins et al. 2011). Conversely, when teams are in offence
84 they will attempt to spread the opposing defence to create more space (Castellano and
85 Casamichana 2015). Defending players are then compelled to either restrict the impact of these
86 players or hold their position to protect space closer towards their goal (Vilar, Araújo et al. 2013).
87 Higher-ranking teams in football may therefore be more effective at accomplishing this as they
88 commonly produce greater values of length, width, and playing space compared to their lower-
89 ranked counterparts (Castellano, Álvarez et al. 2013).

90 Due to the continuous nature of invasion sports, it is difficult to associate discrete parts of
91 collective team behaviour with a certain type of play (Lucey, Oliver et al. 2013). Specifically, it
92 may be somewhat simplistic to assign specific movement behaviour to a particular tactic or game
93 style, as a team's movement behaviour is constantly influenced by emerging aspects of match play
94 (Rein and Memmert 2016). Therefore, collective team behaviour may not necessarily be a

95 preconceived team tactic or game style but rather an adaption to the general state of play (Rein and
96 Memmert 2016). Thus, to gain a more comprehensive representation of team tactics or game style,
97 researchers should account for contextual variables, such as match phase and field position
98 (Castellano, Álvarez et al. 2013, Clemente, Couceiro et al. 2013, Alexander, Spencer et al. 2018).
99 Research into collective team behaviour in Australian Football (AF) also remains largely absent,
100 with only one study reported to date (Alexander, Spencer et al. 2018).

101 Australian Football is an invasion sport where teams compete on an oval shaped field
102 (length = ~160 m, width = ~130 m). The match is separated into four quarters, contested by 22
103 players per team, with 18 on the field and 4 on an interchange bench (Gray and Jenkins 2010).
104 Initial research in AF identified that teams display large variations in overall positioning
105 throughout a match that may be influenced by the position of the ball (Alexander, Spencer et al.
106 2018). Therefore, field position of the ball may influence collective team behaviour (Alexander,
107 Spencer et al. 2018). However, the extent to which collective team behaviour is influenced by
108 match phase in relation to field position is yet to be investigated.

109 Determining collective team behaviour whilst accounting for contextual variables may
110 provide a greater understanding of team tactics or game style. Therefore, this study investigated
111 the influence of match phase and field position on collective team behaviour in AF.

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METHODS

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115 Data were collected from 22 male professional AF players (years 24.4 ± 3.7 ; cm 185.9 ± 7.1 ; kg
116 85.4 ± 7.1), recruited from a single team in the Australian Football League (AFL) competition.
117 Participants took part in a match as part of the regular premierships season. All participants received

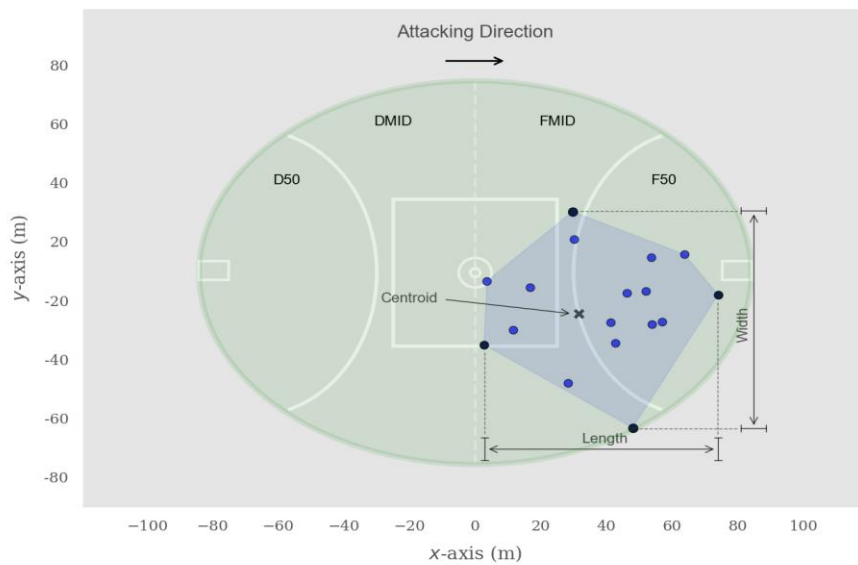
118 information about the requirements of the study via verbal and written communication, and
119 provided their written consent to participate. The University Ethics Committee approved the study.

120 The match took place on an oval shaped ground using dimensions 159.5 m x 128.8 m
121 (length x width) with four 20-min quarters. Spatiotemporal data for all participants were collected
122 using 10 Hz GPS devices (Catapult Optimeye S5, Catapult Innovations, Melbourne, Australia).
123 The devices were housed in a sewn pocket in the jersey that is located on the upper back. The
124 number of GPS satellites were greater than 8 packets per second, which ensured adequate signal
125 quality (Corbett, Sweeting et al. 2017).

126 Spatiotemporal data was exported in raw 10 Hz format. Each file contained a global time
127 stamp and calibrated location (x - and y - location). Match phase was determined via which team
128 had possession of the ball (offensive, defensive or contest). The offensive phase was recorded
129 when a team first gained possession of the ball and maintained it for at least a second and ended
130 when the opposing team gained possession of the ball for at least a second or there was a stoppage
131 in play. For example, the team scored or the ball went out of bounds (Yue, Broich et al. 2008).
132 Using the same conditions, the defensive phase was recorded when the opposing team had
133 possession of the ball (Yue, Broich et al. 2008). If neither team had possession of the ball, for
134 example, when the officiating umpire returned the ball to play, the phase was considered to be in
135 contest until a team gained possession of the ball for at least one second. All periods where the
136 ball was out of play, for example, when there was a break between periods of play, celebration
137 after goals, were excluded from the investigation. Field position of the ball was separated into four
138 zones (defensive 50; D50, defensive mid; DMID, forward mid; FMID, forward 50; F50) by the
139 two 50 m arcs and the centre of the ground (see Figure 1). The centre of the ground was signified
140 as 0, 0. Match phase and field position were analysed via video observation and recorded to the

141 nearest second by a commercial statistical provider (Champion Data Pty Ltd, Melbourne,
142 Australia). Previous investigations have assessed the validity and reliability of similar match
143 events (Robertson, Gupta et al. 2016). Positional data was then synchronised with match phase
144 and field position data using the respective global timestamps. This was established using the
145 initial point when the two widest players on the field converged from a stationary position prior to
146 start of each quarter.

147



148 **Figure 1:** Four field position zones and spatiotemporal metrics including centroid, length, width,
149 and surface area.
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152 Five spatiotemporal metrics (Figure 1) were derived from the data to describe collective
153 team behaviour. Team centroid was calculated as the mean (x, y) position of all players on the field
154 (Frencken, Lemmink et al. 2011). Two measures were derived from the centroid position. These

155 were the distance in the x -axis centroid (m) and the distance in the y -axis centroid (m) (Frencken,
156 Lemmink et al. 2011). The team surface area was calculated as the total space (m) covered by a
157 single team (Frencken, Lemmink et al. 2011). Team length was measured as the distance between
158 the most forward and most backward player in the x -axis (m) and team width was defined as the
159 distance between the two most lateral players on the ground in the y -axis (m) (Frencken, Lemmink
160 et al. 2011). Variability of player movement was visualised via occupancy maps (Couceiro,
161 Clemente et al. 2014, Silva, Aguiar et al. 2014), which represent the density of players across a
162 given area (Silva, Aguiar et al. 2014). The occupancy maps were combined with Shannon Entropy
163 (ShannEn) to provide an enhanced understanding of team movement variability. To calculate
164 ShannEn, the field of play was quantised into bins of equal size (1m^2) to provide adequate spatial
165 resolution (Couceiro, Clemente et al. 2014). The total count from each bin was used to determine
166 the total time spent in each bin. A probability distribution of the total time spent in each bin was
167 then used to determine the variability of a player being located in a specific bin. Both the heat
168 maps and ShannEn values were normalised to total time spent in each position on the field for each
169 match phase. Synchronisation and analysis were undertaken using the computational package
170 Python version 3.2 with *Spyder*, which is part of the Anaconda software suite (www.python.org).

171

172 **Statistical Analyses**

173 Comparison of team x -axis centroid, y -axis centroid, length, width, and surface area were assessed
174 between match phase (3 levels: Offence, Defence, Contest) and field position (4 levels: D50,
175 DMID, FMID, F50), via a multivariate analysis of variance (MANOVA). Homogeneity was
176 analysed using the Levene Test, which resulted in a lack of uniformity between match phase and
177 field position. The F test was used to combat homogeneity violations due to the fact the total

178 number of samples is in each group was essentially equal (Vincent 1999). Due to the non-
179 homogeneity of the time series data, the Central Limit Theorem was considered, which allowed
180 the assumption of normality to be made (Akritas 2004). Effect sizes were determined by
181 calculating partial eta-squared (η_p^2) and was considered as small ($\eta_p^2 < .06$), moderate ($\eta_p^2 > .06$ η_p^2
182 $< .15$) or large ($\eta_p^2 \geq .15$) (Cohen 1988). Significant p values reported are $< .001$ unless otherwise
183 stated. These calculations were determined using SPSS, v21.0; Inc., Armonk, NY, USA). Using
184 Shannon Entropy S , the probability $p(i)$ of finding a player in bin i was measured via quantising
185 the field into n bins. Entropy was then normalised N to total match time spent in each position on
186 the field for each phase of play to return a relative number between 0 and 1.

187

$$188 \quad S (\%) = - \sum_{i=0}^{n-1} p(i) \log p(i) \log N$$

189

190 A low ShannEn (near 0) suggests the variability of player movement is low (Couceiro, Clemente
191 et al. 2014). A high ShannEn (near 1) indicates the variability of player movement is high
192 (Couceiro, Clemente et al. 2014). These calculations were completed using the computational
193 package Python version 3.2 with *Spyder*, which is part of the Anaconda software suite
194 (www.python.org).

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RESULTS

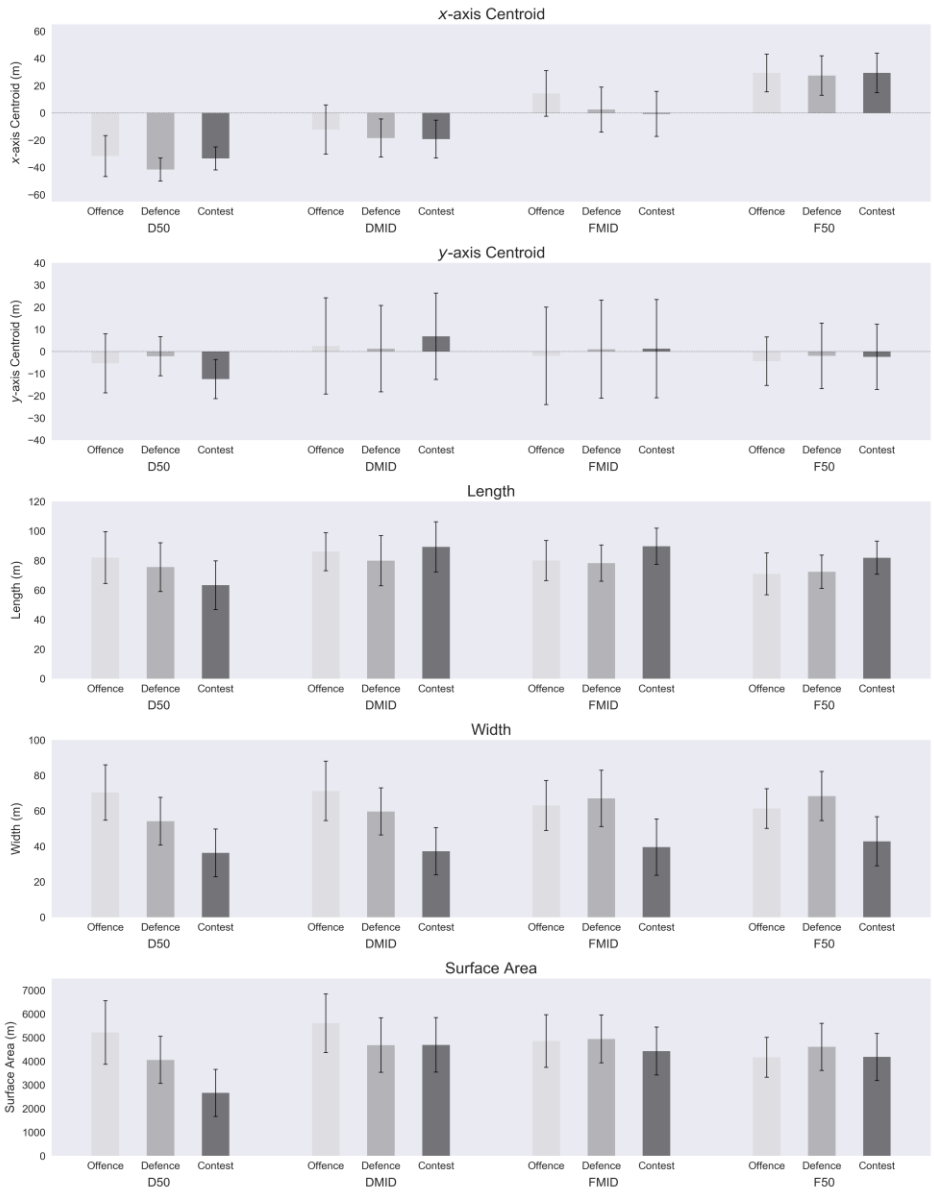
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198 Total differences between match phase and field position for each spatiotemporal metric are
199 displayed in Figure 2. Individual playing sequences exhibited over time for field position and

200 match phase are represented in Figure 3, while the distribution of these sequences are displayed in
201 Figure 4. Heat maps and ShannEn values displaying player movement variability between match
202 phase and field position are presented in Figure 5. The team observed in this study won the game
203 109 – 38.

204 Overall, field position had a greater influence on the x -axis centroid ($\eta_p^2 = .41$) when
205 compared to match phase. Although, match phase had a greater influence on length ($\eta_p^2 = .06$),
206 width ($\eta_p^2 = .27$), and surface area ($\eta_p^2 = .14$) when compared to field position. The x -axis centroid
207 in the D50 was further behind centre when compared to the DMID (-10.7; 95% CI -11.2 – -10.2),
208 FMID (-35.3; 95% CI -35.7 – -34.9) and the F50 (-48.1; 95% CI -48.6 – -47.7). The x -axis centroid
209 in the DMID was also recorded further behind the FMID (-24.6; 95% CI -25.0 – -24.1) and F50 (-
210 37.4; 95% CI -37.9 – -37.0), while the x -axis centroid in the FMID was recorded forward of centre
211 it was still behind the F50 (-12.9; 95% CI -13.3 – -12.5). Length was greater during the DMID
212 when compared to the D50 (22.9; 95% CI 22.3 – 23.6) and F50 (22.9; 95% CI 22.3 – 23.6). Length
213 in the FMID was also greater than the D50 (8.1; 95% CI 7.6 – 8.7). Width was reduced in the D50
214 when compared to the DMID (-16.7; 95% CI -17.2 – -16.2), FMID (-10.6; 95% CI -11.0 – -10.2),
215 and F50 (-14.5; 95% CI -14.9 – -14.0). The surface area in the DMID was larger when compared
216 to the D50 (1900.3; 95% CI 1857.9 – 1942.8), FMID (976.4; 95% CI 934.4 – 1018.3), and F50
217 (1054.0; 95% CI 1012.3 – 1095.7). Surface area in the FMID was also larger when compared to
218 the D50 (923.9; 95% CI 885.1 – 962.8) and F50 (77.6; 95% CI 39.6 – 115.7).

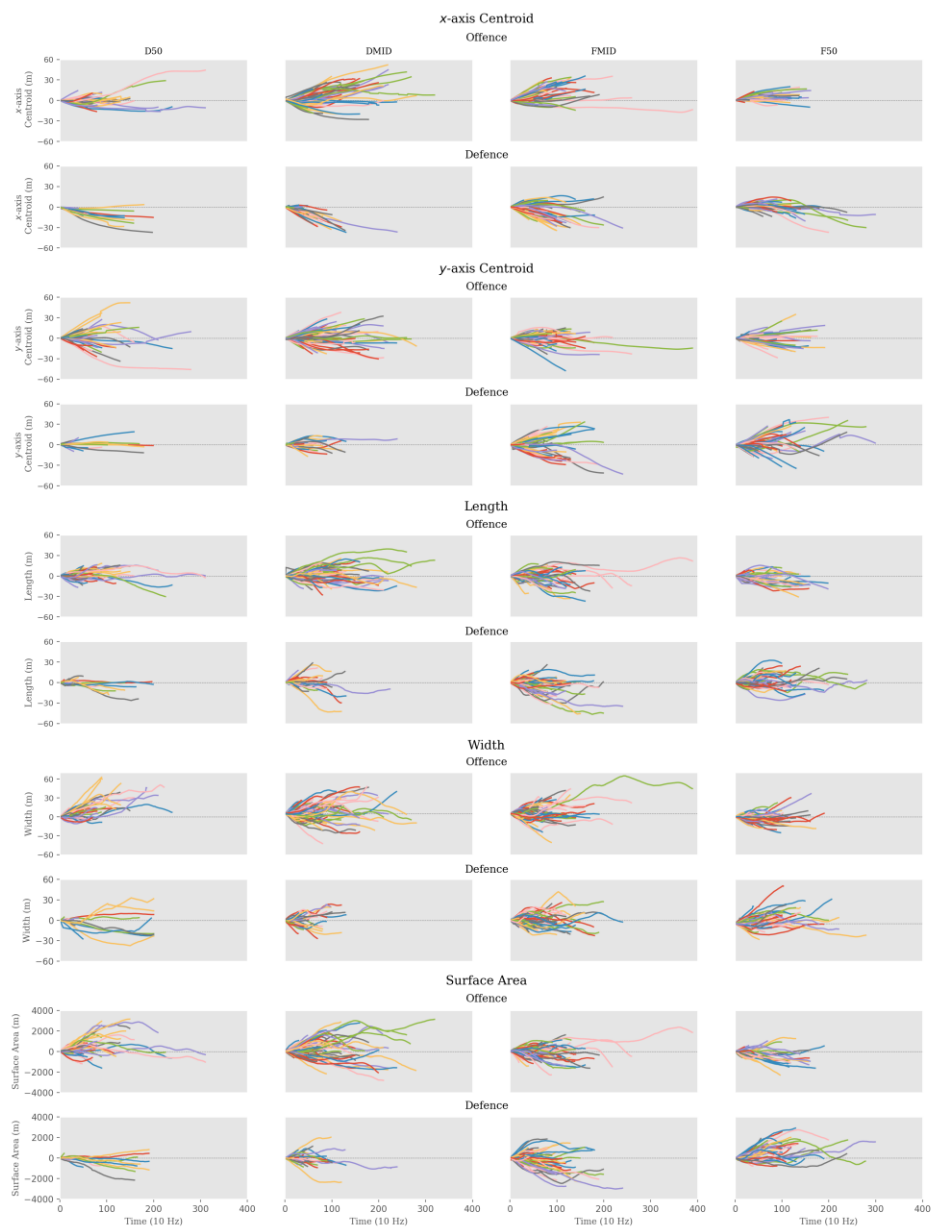
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220
 221 **Figure 2:** Comparison of mean \pm standard deviation between match phase and field position of
 222 spatiotemporal metrics

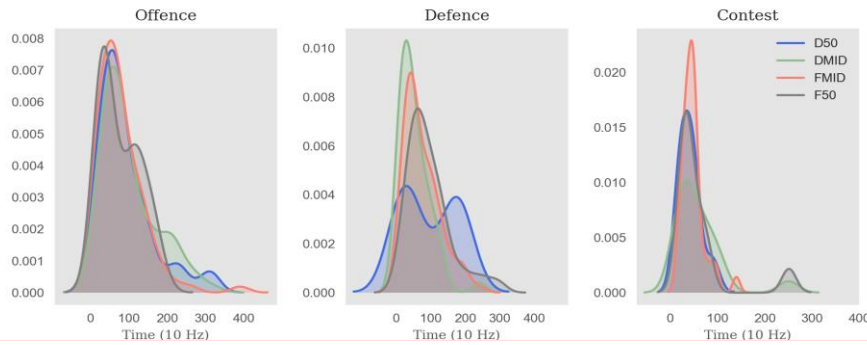
223 Between-phase analysis recorded the *x*-axis centroid higher up the ground during offence when
224 compared to defence (3.6; 95% CI 3.1 – 4.0) and contest (3.3; 95% CI 2.6 – 4.0). Length was
225 greater during offence compared to defence (4.7; 95% CI 4.2 – 5.3), while contest was greater than
226 offence (3.5; 95% CI 2.5 – 4.5) and defence (8.2; 95% CI 7.2 – 9.3). Width was greater during
227 offence when compared to defence (3.3; 95% CI 2.9 – 3.8) and contest (27.9; 95% CI 27.2 – 28.7).
228 Width was also greater during defence compared to contest (24.6; 95% CI 23.8 – 25.4). Surface
229 area was greater during offence compared defence (397.5; 95% CI 359.8 – 435.2) and contest
230 (794.2; 95% CI 727.4 – 861.0). Surface area during defence was also greater than contest (396.8;
231 95% CI 327.8 – 465.8).

232 Visual inspection of the distribution plots (Figure 4) displayed similar time duration for
233 offensive and defensive sequences with the majority of playing sequences between 0 – 20 seconds.
234 Total time during contest was reduced with the majority of sequences measuring between 0 – 10
235 seconds.



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237
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Figure 3: Comparison of individual instances of spatiotemporal metrics in relation to the duration of time for match phase and field position



239
 240 **Figure 4:** Between match phase comparison of the distribution of total time for field position

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242 ShannEn values (Figure 5) were greater during offence and defence compared to contest.

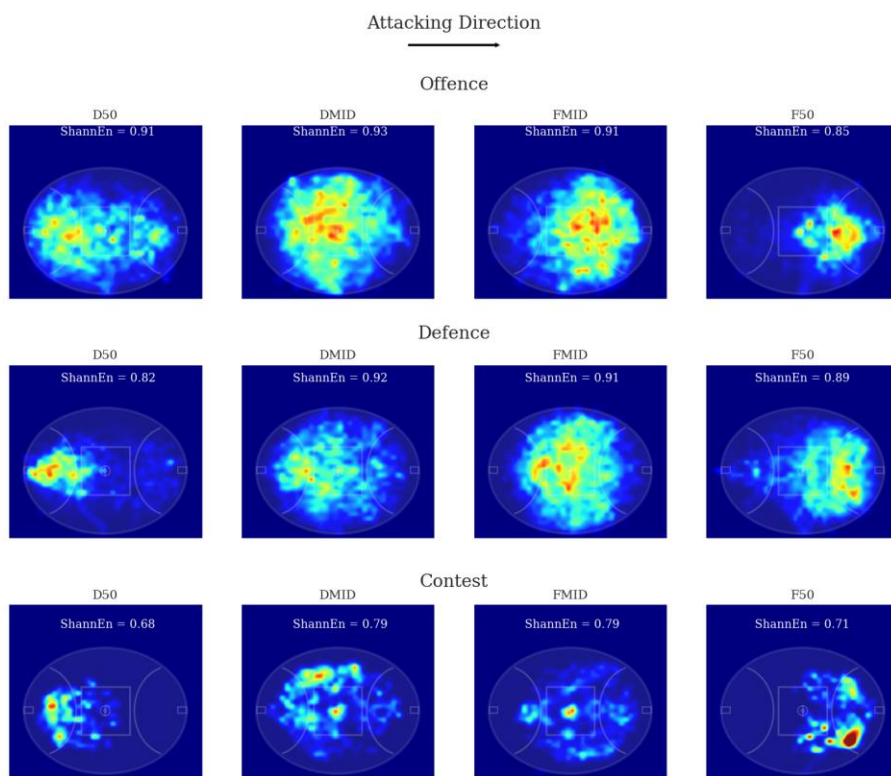
243 Between field position analysis indicated that variability of team movement decreased during

244 defence when in the D50 and in offence when in the F50. ShannEn values were greater during

245 contest when the ball was in the middle of the ground compared to D50 and F50.

Commented [ja1]: I could swap the x-axis to seconds for interoperability? It would basically be 0, 10, 20, 30, 40 seconds.

Commented [JM2R1]: Agreed, easier to interpret. Also, I assume that the y-axis is the density, make sure you label this.



246
247 **Figure 5:** Comparison of occupancy maps and ShannEn values for match phase and field position
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DISCUSSION

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251 This is the first study to investigate the influence of match phase and field position on collective
252 team behaviour in AF. This proof of concept study may be used to provide a complementary
253 framework to add to existing match analyses common in AF. Specifically, the addition of
254 spatiotemporally-derived metrics relating to collective team behaviour has the potential to provide

255 both enhanced insights and context to existing consideration of discrete team and player
256 performance indicators.

257 A predominant finding was field position had a greater influence on the x -axis centroid
258 when compared to phase of play. Conversely, phase of play had a greater influence on length,
259 width, and surface area when compared with field position. Players collectively transitioned closer
260 to their goal when the ball was in their defensive half and pressed higher up the field when the ball
261 was in their forward half. Variation in player movement, as signified by ShannEn, increased
262 through FMID and DMID compared to F50 and D50 and during offence and defence when
263 compared to contest.

264 Overall, the majority of players were positioned close to where the ball was situated. The
265 density of players was more pronounced when the ball was in the D50 or F50 and further amplified
266 when in the contested phase. Length, width, and surface area were also reduced under these
267 circumstances. This type of behaviour may be associated with players trying to reduce the amount
268 of space an opposition can operate in (Vilar, Araújo et al. 2013) and is also representative of AFL
269 rules, whereby no movement restrictions are imparted on players. This behaviour could be
270 beneficial when defending in the D50 as it may be more difficult for the opposing team to achieve
271 an effective shot on goal if an increased number of players are located within this area (Ensum,
272 Pollard et al. 2004, Wright, Atkins et al. 2011). Alternatively, when the ball is located in the F50
273 it may be more difficult for the opposing team to successfully move the ball out of this area if
274 players have setup an effective 'barrier' behind the ball. Increased width and variation in player
275 movement throughout the middle of the ground comparative to the F50 and D50 areas may also
276 be somewhat attributed to the oval shaped field dimensions of an AF ground. However, reduced
277 entropy in these areas during the contested phase suggests movement variability may differ

278 between field position and match phase. Increased variability during offence in the D50, DMID,
279 and FMID could indicate players may be utilising various movement patterns to disrupt opposing
280 defensive structures (Garganta 2009). Reduced movement variation during the contested phase
281 may reflect the inactive period, prior to a change in match phase. The duration of playing sequences
282 during the contested phase was also reduced when compared to offensive and defensive phases. In
283 the present study, while players may produce less movement variation during contest, they are
284 required to be prepared to react when either team gains possession of the ball.

285 Studies investigating the physical movement output of team sport athletes through the
286 duration of time are ubiquitous (Brewer, Dawson et al. 2010, Wisbey, Montgomery et al. 2010,
287 Dwyer and Gabbett 2012). However, there is limited research on the duration of time with respect
288 to collective team behaviour. Findings from the present study indicate the time duration of playing
289 sequences before a change in field position are generally between 0 and 20 seconds for offensive
290 and defensive phases and 0 to 10 seconds for the contested phase. The combination of
291 spatiotemporal metrics, heat maps, and entropy measures may assist in measuring particular
292 collective team behaviour, which can be used to design more representative training regimes. For
293 instance, if the ball is in the forward half, players may be instructed to press higher up the field in
294 a certain period of time to generate enough pressure to keep the opposition from moving outside
295 this zone. Alternatively, an aim to maintain possession of the ball may be more attainable if surface
296 area is being created when initially gaining possession of the ball. Opposition analysis may also
297 be benefit from a greater understanding of rival collective team behaviour. For example, an
298 opposing team that quickly transitions players deep in their defensive end after losing possession
299 of the ball defence could cause increased space through the middle of the ground. This could be

300 exploited by employing a higher possession style of play with a slower build-up that reduces the
301 risk of losing possession.

302 Collective team behaviour investigations in football have revealed that a more defensive
303 game style is generally employed by preserving players behind the centre of the field (Clemente,
304 Couceiro et al. 2013). However, teams may be inclined to engage in a more offensive game style
305 during home matches compared to away matches by positioning players higher up the field (Lucey,
306 Oliver et al. 2013, Bialkowski, Lucey et al. 2014). Higher ranked football teams may also display
307 a more expansive game style with greater values of length, width, and surface area during the
308 offensive phase of play (Castellano, Álvarez et al. 2013, Castellano and Casamichana 2015).
309 Results from the present study suggest AF teams may undertake a more circumstantial approach
310 in allocating players to achieve certain tasks. Teams may aim to restrict space if the ball is in their
311 D50 and press higher up the field to hold the play in their forward half when the ball is in their
312 F50. Increased variation in player movement also exists during the middle of the ground. However,
313 it is difficult to discern if these types of behaviour are a predetermined game style or if its players
314 adapting to the emergent state of the game. For instance, length, width, and surface area appear to
315 be influenced by match phase, while the x -axis centroid is influenced by field position. As such,
316 an increased time spent in offence may be the cause of a team's increased surface area and not
317 necessarily a premeditated approach to commit to a more expansive game style. In addition, a
318 team's inability to move the ball out of its defensive half may represent why the x -axis centroid is
319 behind centre, instead of a defensive strategy to preserve players closer to their own goal.

320 Whilst contextual factors provide a more informed understanding of how collective
321 behaviour changes during different game states, it is misleading to solely associate collective
322 behaviour with specific team tactics or game style. The current macroscopic approach determines

323 player positioning during a specific match phase or field position to infer game style or team
324 tactics. A more granular approach is required that better reflects the different strategies a team
325 might employ during different situations. Specifically, a microscopic method that determines
326 group structures or formations at each point of time will provide a more representative
327 comprehension of game style. This information should be combined with match events or
328 performance outcomes to better understand the efficacy of various playing styles.

329 Some limitations relating to sample size and amount of teams included in this study should
330 be recognised. The present study analysed the collective team behaviour of one club during a single
331 competitive match. Thus additional research should include multiple clubs throughout several
332 matches to construct a more accurate representation of collective behaviour of AF teams and if
333 any variances between teams exist. Future investigations may also analyse the player movement
334 during various contextual variables to gain a more comprehensive understanding of AF collective
335 team behaviour. Relationships between the observed collective team behaviour from this team and
336 specific strategy or team tactics are not yet known. Future work may also incorporate a more
337 granular approach that includes how collective team behaviour form specific structures in real
338 time. In addition, this analysis should incorporate match events (Corbett, Bartlett et al. 2018) or
339 performance outcomes to provide a more representative understanding of team tactics or game
340 style.

341

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CONCLUSION

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344 This study investigated the influence of match phase and field position on collective team
345 behaviour in AF, thereby providing a proof of concept for future work in this area. When

346 considering field position and match phase, the variation in the x -axis centroid could be attributed
347 to the change in field position, while match phase had a greater influence on length, width, and
348 surface area. Players were more inclined to re-position closer to their defensive end to restrict
349 space when the ball was closer to their goal and conversely, press higher up the field when the ball
350 was in their forward half. Future investigations of collective team behaviour in AF should look to
351 measure specific formations and structures continuously. This information, with the combination
352 of match events, may provide a more representative understanding of game style or team tactics.

353

354 **DECLARATION OF INTEREST**

355

356 The authors report no conflicts of interest.

357

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