SUPPLEMENTARY DATA

Search strategy

A systematic search was undertaken using PubMed and the Cochrane Database of Systematic Reviews to find original papers and systematic reviews with or without meta-analysis in the English language using the terms shown below in the supplementary table S1. The questions about the management of lupus developed by the guideline development group to be addressed by the literature review were:

- i) What clinical and serological features should prompt consideration of a diagnosis of SLE?
- ii) How should SLE patients be assessed?
- iii) How should SLE patients be monitored in the non-acute setting?
- iv) What is the evidence for the management of mild SLE?
- v) What is the evidence for the management of moderate SLE?
- vi) What is the evidence for the management of severe SLE?

Papers covering purely animal studies, pediatric studies, narrative review articles (except systematic reviews), commentaries, conference abstracts or statements, expert opinion statements and other guidelines were excluded (although such papers were checked manually for additional relevant references). We only reviewed papers that included the following numbers of patients (with search terms as described below): background, prevalence & prognosis a minimum 50 SLE patients, for diagnosis, assessment & monitoring a minimum 10 patients, for therapy a minimum 5 patients. Papers meeting these selection criteria were graded according to the SIGN revised grading system for recommendations in evidence based guidelines as shown in supplementary .table S 2 (1).

Supplementary table S1: Search terms used in PubMed and Cochrane Database of Systematic Reviews for the literature review

| Section of | | Search terms used in addition to SLE OR | | |
|--|------------------------------|--|--|--|
| guideline | Topic | Systemic Lupus Erythematosus OR Lupus | | |
| Diagnosis and | | Diagnosis | | |
| background | Clinical | Clinical manifestations/ Manifestations | | |
| ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ | | Clinical features | | |
| | | Presentation | | |
| | | Classification | | |
| | G 1 : | Immunology/Immunological | | |
| | Serologic | Antibody/auto-antibody/serological | | |
| | | Anti-nuclear antibodies, ANA, anti-dsDNA, anti-Ro, | | |
| | | anti-Sm, C3, C4, anti-phospholipid, antiphospholipid, | | |
| | | anti-cardiolipin, anticardiolipin, lupus anticoagulant | | |
| | Lumus manifactations | SLE activity | | |
| | Lupus manifestations | Disease Damage | | |
| | including differences | Mortality | | |
| | between lupus in males and | Presentation | | |
| | _ | Outcome | | |
| | females | ACR classification criteria | | |
| | | Malar rash | | |
| | | Discoid Rash | | |
| | | Photosensitivity | | |
| | | Oral Ulcers | | |
| | | Nonerosive arthritis | | |
| | | Pleuritis OR Pericarditis | | |
| | | Proteinuria OR Cellular casts | | |
| | | Neuropsychiatric | | |
| | | Haemolytic anaemia OR Leucopenia/Leukopenia OR | | |
| | | Lymphopenia OR Thrombocytopenia | | |
| | | anti-double stranded DNA OR anti-Sm OR | | |
| | | antiphospholipid antibodies OR anti-phospholipid antibodies OR ANA | | |
| | | +/- gender differences | | |
| | | +/- gender differences +/- male/men/man | | |
| | | All above items AND | | |
| For | Lupus features | Assess/ assessment | | |
| assessment | | Activity/ disease activity/BILAG/SLEDAI | | |
| | | Monitoring | | |
| and | | Damage/ SLICC | | |
| monitoring | | Prognosis | | |
| | | Quality indicators | | |
| | | Recommendations | | |
| | | Neuropsychiatric AND | | |
| | Neuro-psychiatric disease | Prevalence | | |
| | | Risk factors | | |
| | | Screening | | |
| | | Diagnosis | | |
| | | Monitoring | | |
| | | Prevention | | |
| i e | i | Prognosis | | |

| | | Cancer OR Malignancy AND |
|-----------|--------------------------------------|---|
| | Malignancy | Mortality |
| | | Lymphoma |
| | | · - |
| | | HPV OR cervical dysplasia OR cervical |
| | | Lung |
| | | Prostate |
| | | Endometrial |
| | | Ovarian |
| | | Screen |
| | Infection | Infection Risk AND/OR |
| | | Death |
| | | Antibiotic prophylaxis |
| | | vaccin* |
| | | Bacteria* Infections |
| | | CMV |
| | | HPV |
| | | Varicella Zoster virus |
| | | Hepatitis B AND C |
| | | Hepatitis vaccin* |
| | | Pneumocystis jiroveci |
| | | TB OR Tuberculosis |
| Treatment | Hydroxychloroquine/chloroq | Treatment or therapy or trial or study or management) |
| | uine/mepacrine | AND |
| | Methotrexate | Therapy NAME AND/OR |
| | NSAIDs | Mild or Moderate or Severe |
| | Sunscreen/sunblock | Activity or damage or flare |
| | Prednisolone/prednisone/met | BILAG or SLEDAI or ECLAM or SLAM or disease |
| | hylprednisolone/methylpredn | activity index |
| | isone/triamcinolone/corticost eroid* | Efficacy or safety or outcome Non-renal |
| | | Non-renal Constitutional |
| | Azathioprine | |
| | Ciclosporin/cyclosporine/cyc | Rash or mucocutaneous or dermatol* |
| | losporin/cyclosporine/tacroli | Vasculitis |
| | mus Managhanalata | Arthritis or musculoskeletal |
| | Mycophenolate | Cardiac or respiratory or cardio-respiratory or gastro- |
| | mofetil/mycophenolic acid | intestinal |
| | Leflunomide | Neuro-psychiatric or neuro* |
| | Rituximab | |
| | Belimumab | |
| | Intra-venous | |
| | immunoglobulin/intravenous | |
| | immunoglobulin/IVIG | |
| | Plasma | |
| | exchange/plasmapharesis | |

Supplementary table S2: SIGN revised grading system for recommendations in evidence based guidelines

| SIGN Levels of evidence | SIGN Grades of recommendations |
|--|--|
| 1++ High quality meta-analyses, | A At least one meta-analysis, systematic |
| systematic reviews of RCTs, or RCTs | review, or RCT rated as 1++ and directly |
| with a very low risk of bias | applicable to the target population or |
| 1+ Well conducted meta-analyses, | a systematic review of RCTs or a body of |
| systematic reviews of RCTs, or RCTs | evidence consisting principally of studies |
| with a low risk of bias | rated as 1+ directly applicable to the target |
| 1 – Meta-analyses, systematic reviews or | population and demonstrating overall |
| RCTs, or RCTs with a high risk of bias | consistency of results |
| 2++ High quality systematic reviews of | B A body of evidence including studies rated as |
| case-control or cohort studies or | 2++ directly applicable to the target |
| High quality case-control or cohort | population and demonstrating overall |
| studies with a very low risk of | consistency of results or |
| confounding, bias, or chance and a high | Extrapolated evidence from studies rated as |
| probability that the relationship is causal | 1++ or 1+ |
| 2+ Well conducted case-control or cohort | C A body of evidence including studies rated as |
| studies with a low risk of confounding, | 2+ directly applicable to the target population |
| bias, or chance and a moderate | and demonstrating overall consistency of |
| probability that the relationship is causal | results or |
| 2 – Case-control or cohort studies with a | Extrapolated evidence from studies rated as |
| high risk of confounding, bias, or chance | 2++ |
| and a significant risk that the relationship | D Evidence level 3 or 4 or |
| is not causal | Extrapolated evidence from studies rated as |
| 3 Non-analytic studies, e.g. case reports, | 2+ |
| case series | |
| 4 Expert opinion | |

Reproduced from A new system for grading recommendations in evidence based guidelines, Harbour R, Miller J, 323, 334-6, 2001withpermission from BMJ Publishing Group Ltd [1].

Supplementary Table S3: Cumulative incidence of SLE manifestations in lupus cohorts

| | Cui | nulative % incid | lence of SLE ma | anifestations in | lupus cohorts | |
|--------------------------------------|-----------------|------------------|-----------------|------------------|-----------------|----------|
| Author | Worral | Pons | Font | Cervera | Lim | Isenberg |
| | | Estel | | | | |
| Year | 1990 | 2004 | 2004 | 2009 | 2014 | 2010 |
| Reference | (2) | (3) | (4) | (5) | (6) | (7) |
| Number of patients in cohort studied | (n=100) | (n=1214) | (n=600) | (n=1000) | (n=1156) | (n=500) |
| Constitutional | | | | | | |
| Fever | - | 57 | 42 | 17 | - | - |
| Weight Loss | - | 27 | - | - | - | - |
| Lymphadenopathy | - | 15 | 1 | - | - | - |
| Cutaneous | | | | | | |
| Alopecia | 27 | 58 | 18 | - | - | - |
| Oral/nasal ulcers | 36 | 42 | 30 | 13 | 22 | 26 |
| Photosensitivity | 48 | 56 | 41 | 23 | 26 | 35 |
| Malar rash | 90 ^a | 61 | 54 | 31 | 32 | 62ª |
| Discoid rash | 90 ^a | 12 | 6 | 8 | 23 | 62ª |
| Subacute cutaneous | - | 3 | 8 | - | - | - |
| Raynaud's phenomenon | - | 28 | 22 | 16 | - | - |
| Musculoskeletal | | | | | | |
| Arthralgia/Arthritis | 94 | 93 | 83 | 48 ^b | 67 ^b | 94 |
| Myalgia/myositis | - | 18 | 7 | 4 | - | - |
| Cardiorespiratory | | | | | | |
| Pericarditis | 57 a | 17 | 28ª | 16 ^a | 43ª | 43a |
| Pleurisy | 57 a | 22 | 28ª | 16 ^a | 43ª | 43ª |
| Pneumonitis | - | 2 | 4 | - | - | - |
| Myocarditis | - | 3 | 2 | - | - | - |
| Endocarditis | - | 3 | 8 | - | - | - |
| Neurological | | | | | | |
| Seizures | 45° | 8 | 12ª | 19 ^a | 14 ^a | 21° |
| Psychosis | 45° | 4 | 12ª | 19ª | 14ª | 21° |
| Chorea | 45° | 0.4 | 0.5 | - | - | 21° |
| Transverse myelitis | 45° | 0.6 | - | - | - | - |
| Organic brain syndrome | 45° | 2 | - | - | - | - |
| Renal | | | | | | |
| Proteinuria/sediment | 29 | 46 | 34 | 28 | 34 | 31 |
| Nephrotic Syndrome | - | 7 | - | - | - | - |
| ESRD | - | 2 | _ | - | 7 | - |

| Gastrointestinal | | | | | | |
|-------------------------|----|-------|-----|----|-----------------|------|
| | | | | | | |
| Ascites | - | 1 | - | - | - | - |
| Liver | - | - | 0.3 | - | - | - |
| Haematological | | | | | | |
| Haemolytic anaemia | - | 12 | 8 | 5 | - | - |
| Leucopenia | 57 | 42 | 66 | - | 75ª | - |
| Lymphopenia | 81 | 59 | 82 | - | 75ª | - |
| Thrombocytopenia | 21 | 19 | 31 | 13 | - | - |
| Thrombosis | - | 6 | 7 | 9 | - | - |
| Serological | | | | | | |
| ANA | 99 | 98 | 99 | - | 82 ^d | 95 |
| Anti-dsDNA | 55 | 71 | 90 | - | 64 ^e | 64 |
| Anti-Smith | - | 48 | 13 | 10 | 64 ^e | 13 |
| Anticardiolipin IgG/IgM | 34 | 51/39 | - | - | 64 ^e | 21/9 |
| Lupus anticoagulant | 19 | 30 | 15 | - | - | 14 |
| Anti-Ro | - | 49 | 23 | 25 | - | 37 |
| Anti-RNP | - | 51 | - | 13 | - | 27 |
| Rheumatoid factor | 27 | - | 12 | 18 | - | 25 |
| Low C3 | - | 49 | 31 | - | - | 44 |
| Low C4 | - | 54 | 38 | - | - | - |

^a combined incidence for items with same value. ^bconfirmed arthritis only (usually non-erosive). ^call neurological features associated with lupus combined. ^dpossible failure of ascertainment but patients met ≥4 ACR criteria. ^ccombined as met ACR criteria for immunological involvement. - not reported.

- ♦ Only record manifestations/items <u>due to SLE Disease Activity</u>
- ♦ Assessment refers to manifestations occurring in the last 4 weeks (compared with the previous 4 weeks)
- ♦ TO BE USED WITH THE GLOSSARY

| Record: ND Not Done | | CARDIORESPIRATORY | |
|---|------------|--|------------|
| 0 Not present | | 44. Myocarditis - mild | () |
| 1 Improving | | 45. Myocarditis/Endocarditis + Cardiac failure | () |
| 2 Same | | 46. Arrhythmia | () |
| 3 Worse | | 47. New valvular dysfunction | () |
| 4 New | | 48. Pleurisy/Pericarditis | () |
| Yes/No OR Value (where indicated) | | 49. Cardiac tamponade | () |
| *Y/N Confirm this is due to SLE activit | y (Yes/No) | 50. Pleural effusion with dyspnoea | () |
| | | 51. Pulmonary haemorrhage/vasculitis | () |
| CONSTITUTIONAL | | 52. Interstitial alveolitis/pneumonitis | () |
| 1. Pyrexia - documented > 37.5°C | () | 53. Shrinking lung syndrome | () |
| 2. Weight loss - unintentional > 5% | () | 54. Aortitis | () |
| 3. Lymphadenopathy/splenomegaly | () | 55. Coronary vasculitis | () |
| 4. Anorexia | () | • | , |
| | , | <u>GASTROINTESTINAL</u> | |
| MUCOCUTANEOUS | | 56. Lupus peritonitis | () |
| 5. Skin eruption - severe | () | 57. Abdominal serositis or ascites | |
| 6. Skin eruption - mild | () | 58. Lupus enteritis/colitis | |
| 7. Angio-oedema - severe | () | 59. Malabsorption | () |
| 8. Angio-oedema - mild | | 60. Protein losing enteropathy | |
| 9. Mucosal ulceration - severe | | 61. Intestinal pseudo-obstruction | () |
| 10. Mucosal ulceration - mild | () | 62. Lupus hepatitis | () |
| 11. Panniculitis/Bullous lupus - severe | () | 63. Acute lupus cholecystitis | |
| 12. Panniculitis/Bullous lupus - mild | () | 64. Acute lupus pancreatitis | () |
| 13. Major cutaneous vasculitis/thrombosis | () | 04. Neute tupus panereatius | (|
| 14. Digital infarcts or nodular vasculitis | () | <u>OPHTHALMIC</u> | |
| | () | 65. Orbital inflammation/myositis/proptosis | () |
| 15. Alopecia - severe | () | 66. Keratitis - severe | () |
| 16. Alopecia - mild | () | 67. Keratitis - mild | () |
| 17. Peri-ungual erythema/chilblains | () | | () |
| 18. Splinter haemorrhages | () | 68. Anterior uveitis 69. Posterior uveitis/retinal vasculitis - severe | () |
| NEUD OBCVOILLATRIC | | | () |
| NEUROPSYCHIATRIC | (| 70. Posterior uveitis/retinal vasculitis - mild | () |
| 19. Aseptic meningitis | () | 71. Episcleritis | () |
| 20. Cerebral vasculitis | () | 72. Scleritis - severe | () |
| 21. Demyelinating syndrome | () | 73. Scleritis - mild | () |
| 22. Myelopathy | () | 74. Retinal/choroidal vaso-occlusive disease | () |
| 23. Acute confusional state | () | 75. Isolated cotton-wool spots (cytoid bodies) | () |
| 24. Psychosis | () | 76. Optic neuritis | () |
| 25. Acute inflammatory demyelinating | () | 77. Anterior ischaemic optic neuropathy | () |
| polyradiculoneuropathy | | DENA | |
| 26. Mononeuropathy (single/multiplex) | () | RENAL | |
| 27. Cranial neuropathy | () | 78. Systolic blood pressure (mm Hg) value | () Y/N* |
| 28. Plexopathy | () | 79. Diastolic blood pressure (mm Hg) value | () Y/N* |
| 29. Polyneuropathy | () | 80. Accelerated hypertension Yes/No | ` ' |
| 30. Seizure disorder | () | 81. Urine dipstick protein (+=1, ++=2, +++=3) | () Y/N* |
| 31. Status epilepticus | () | 82. Urine albumin-creatinine ratio mg/mmol | l () Y/N* |
| 32. Cerebrovascular disease (not due to vasculitis) | () | 83. Urine protein-creatinine ratio mg/mmo | 1() Y/N* |
| 33. Cognitive dysfunction | () | 84. 24 hour urine protein (g) value | () Y/N* |
| 34. Movement disorder | () | 85. Nephrotic syndrome Yes/No | |
| 35. Autonomic disorder | () | 86. Creatinine (plasma/serum) μmol/l | , |
| 36. Cerebellar ataxia (isolated) | () | 87. GFR (calculated) ml/min/1.73 m | |
| 37. Lupus headache - severe unremitting | () | 88. Active urinary sediment Yes/No | ` ' |
| 38. Headache from IC hypertension | () | 89. Active nephritis Yes/No | , |
| | | 67. Netive nepintus | () |
| MUSCULOSKELETAL | | HAEMATOLOGICAL | |
| 39. Myositis - severe | () | | (\ \V/N= |
| 40. Myositis - mild | () | | () Y/N* |
| 41. Arthritis (severe) | () | 91. Total white cell count (x 10^9 /l) value | () Y/N* |
| 42. Arthritis (moderate)/Tendonitis/Tenosynovitis | () | 92. Neutrophils (x $10^9/l$) value | () Y/N* |
| 43. Arthritis (mild)/Arthralgia/Myalgia | () | 93. Lymphocytes (x $10^9/l$) value | () Y/N* |
| | | 94. Platelets (x $10^9/l$) value | () Y/N* |
| Weight (kg): Serum urea (mm | nI/I)· | 95. TTP | () |
| weight (ng). | JI, IJ. | 96. Evidence of active haemolysis Yes/No | () |
| | | 97. Coombs' test positive (isolated) Yes/No | () |

BILAG-2004 INDEX GLOSSARY

INSTRUCTIONS

- only record features that are attributable to SLE disease activity and not due to damage, infection, thrombosis (in absence of inflammatory process) or other conditions
- assessment refers to manifestations occurring in the last 4 weeks compared with the previous 4 weeks
- activity refers to disease process which is reversible while damage refers to permanent process/scarring (irreversible)
- damage due to SLE should be considered as a cause of features that are fixed/persistent (SLICC/ACR damage index uses persistence ≥ 6 months to define damage)
- in some manifestations, it may be difficult to differentiate SLE from other conditions as there may not be any specific test and the decision would then lies with the **physician's judgement on the balance of probabilities**
- ophthalmic manifestations usually need to be assessed by an ophthalmologist and these items would need to be recorded after receiving the response from the ophthalmologist
- guidance for scoring:

(4) **NEW**

- manifestations are recorded as new when it is a new episode occurring in the last 4 weeks (compared to the previous 4 weeks) that has not improved and this includes new episodes (recurrence) of old manifestations
- new episode occurring in the last 4 weeks but also satisfying the criteria for improvement (below) would be classified as improving instead of new

(3) WORSE

• this refers to manifestations that have deteriorated/worsened significantly in the last 4 weeks compared to the previous 4 weeks, sufficient for consideration of increase in therapy

(2) SAME

- this refers to manifestations that have been present for the last 4 weeks and the previous 4 weeks without significant improvement or deterioration (from the previous 4 weeks)
- this also applies to manifestations that have improved over the last 4 weeks compared to the previous 4 weeks but do not meet the criteria for improvement

(1) IMPROVING

• definition of **improvement**: (a) the amount of improvement is sufficient for **consideration of reduction in therapy** and would not justify escalation in therapy

AND

(b) improvement must be **present currently and for at least 2 weeks** out of the last 4 weeks

OR

manifestation that has completely resolved and remained absent over the whole of last 1 week

(0) NOT PRESENT

(ND) NOT DONE

• it is important to indicate if a test has not been performed (particularly laboratory investigations) so that this will be recorded as such in the database & not as normal or absent (which is the default)

☐ INDICATE (TICK) IF NOT DUE TO SLE ACTIVITY

• for descriptors that are based on measurements (in renal and haematology systems), it is important to indicate if these are not due to lupus disease activity (for consideration of scoring) as they are usually recorded routinely into a database

CHANGE IN SEVERITY CATEGORY

- there are several items in the index which have been divided into categories of mild and severe (depending on definition). It is essential to record mild and severe items appropriately if the manifestations fulfil both criteria during the last 4 weeks
- if a mild item deteriorated to the extent that it fulfilled the definition of severe category (ie changed into severe category) within the last 4 weeks: severe item scored as new (4)

AND mild item scored as worsening (3)

• if a severe item improved (fulfilling the improvement criteria) to the extent that it no longer fulfilled the definition of severe category (ie changed into mild category) within the last 4 weeks:

severe item scored as not present (0) if criteria for severe category has not been met over last 4 weeks

or as improving (1) if criteria for severe category has been met at some point over last 4 weeks

AND

mild item scored as improving (1) if it is improving over last 4 weeks **or** as the same (2) if it has remained stable over last 4 weeks

CONSTITUTIONAL

1. Pyrexia

temperature > 37.5°C documented

- 2. Unintentional weight loss > 5%
- 3. Lymphadenopathy

lymph node more than 1 cm diameter

exclude infection

4. Anorexia

MUCOCUTANEOUS

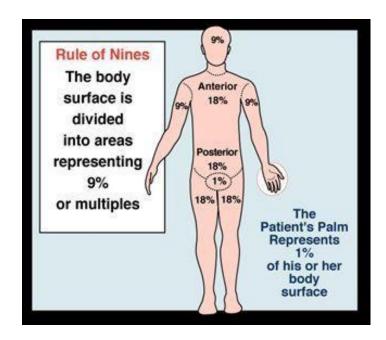
5. Severe eruption

> 18% body surface area

any lupus rash except panniculitis, bullous lesion & angio-oedema

body surface area (BSA) is estimated using the rules of nines (used to assess extent of burns) (9) as follows:

palm(excluding fingers) = 1% BSA each lower limb = 18% BSA each upper limb = 9% BSA torso (front) = 18% BSA torso (back) = 18% BSA head = 9% BSA genital (male) = 1% BSA



6. Mild eruption ≤ 18% body surface area

any lupus rash except panniculitis, bullous lesion

& angio-oedema

malar rash must have been observed by a physician and has to be present continuously (persistent) for at least 1 week to be considered

significant (to be recorded)

7. Severe angio-oedema potentially life-threatening eg: stridor

angio-oedema is a variant form of urticaria which affects the subcutaneous, submucosal and

deep dermal tissues

8. Mild angio-oedema not life threatening

9. Severe mucosal ulceration disabling (significantly interfering with oral

intake), extensive & deep ulceration

must have been observed by a physician

10. Mild mucosal ulceration localised &/or non-disabling ulceration

11. Severe panniculitis or bullous lupus any one:

> 9% body surface area facial panniculitis

panniculitis that is beginning to ulcerate panniculitis that threatens integrity of subcutaneous tissue (beginning to cause surface depression) on > 9% body surface

area

panniculitis presents as a palpable and tender

subcutaneous induration/nodule

note that established surface depression and atrophy alone is likely to be due to damage

12. Mild panniculitis or bullous lupus $\leq 9\%$ body surface area

does not fulfil any criteria for severe panniculitis

(for panniculitis)

13. Major cutaneous vasculitis/thrombosis resulting in extensive gangrene or ulceration or

skin infarction

14. Digital infarct or nodular vasculitis localised single or multiple infarct(s) over

digit(s) or tender erythematous nodule(s)

15. Severe alopecia clinically detectable (diffuse or patchy) hair loss

with scalp inflammation (redness over scalp)

16. Mild alopecia diffuse or patchy hair loss without scalp

inflammation (clinically detectable or by history)

17. Peri-ungual erythema or chilblains chilblains are localised inflammatory lesions

(may ulcerate) which are precipitated by

exposure to cold

18. Splinter haemorrhages

NEUROPSYCHIATRIC

19. Aseptic meningitis criteria (all): acute/subacute onset

headache fever

abnormal CSF (raised protein &/or

lymphocyte predominance) but negative

cultures

preferably photophobia, neck stiffness and meningeal irritation should be present as well but

are not essential for diagnosis

exclude CNS/meningeal infection, intracranial

haemorrhage

20. Cerebral vasculitis should be present with features of vasculitis

in another system

supportive imaging &/or biopsy findings

21. Demyelinating syndrome discrete white matter lesion with associated

neurological deficit not recorded elsewhere

ideally there should have been at least one

previously recorded event

supportive imaging required

exclude multiple sclerosis

22. Myelopathy acute onset of rapidly evolving paraparesis or

quadriparesis and/or sensory level

exclude intramedullary and extramedullary

space occupying lesion

23. Acute confusional state acute disturbance of consciousness or level of arousal with reduced ability to focus, maintain or shift attention includes hypo- and hyperaroused states and encompasses the spectrum from delirium to coma delusion or hallucinations 24. Psychosis does not occur exclusively during course of a delirium exclude drugs, substance abuse, primary psychotic disorder 25. Acute inflammatory demyelinating criteria: polyradiculoneuropathy progressive polyradiculoneuropathy loss of reflexes symmetrical involvement increased CSF protein without pleocytosis supportive electrophysiology study 26. Mononeuropathy (single/multiplex) supportive electrophysiology study required 27. Cranial neuropathy except optic neuropathy which is classified under ophthalmic system 28. Plexopathy disorder of brachial or lumbosacral plexus resulting in neurological deficit not corresponding to territory of single root or nerve supportive electrophysiology study required 29. Polyneuropathy acute symmetrical distal sensory and/or motor deficit supportive electrophysiology study required 30. Seizure disorder independent description of seizure by reliable witness 31. Status epilepticus a seizure or series of seizures lasting ≥ 30 minutes without full recovery to baseline 32. Cerebrovascular disease any one with supporting imaging: (not due to vasculitis) stroke syndrome

From Yee et al. Numerical scoring for the BILAG-2004 index Rheumatology (2010) 49 (9): 1665-1669 [8].

transient ischaemic attack intracranial haemorrhage exclude hypoglycaemia, cerebral sinus thrombosis, vascular malformation, tumour, abscess

cerebral sinus thrombosis not included as definite thrombosis not considered part of lupus activity

33. Cognitive dysfunction

significant deficits in any cognitive functions: simple attention (ability to register & maintain information) complex attention memory (ability to register, recall & recognise information eg learning, recall) visual-spatial processing (ability to analyse, synthesise & manipulate visual-spatial information) language (ability to comprehend, repeat & produce oral/written material eg verbal fluency, naming) reasoning/problem solving (ability to reason & abstract) psychomotor speed executive functions (eg planning, organising,

in absence of disturbance of consciousness or level of arousal

sufficiently severe to interfere with daily activities

neuropsychological testing should be done or corroborating history from third party if possible

exclude substance abuse

sequencing)

34. Movement disorder

exclude drugs

35. Autonomic disorder

any one:

fall in blood pressure to standing > 30/15 mm Hg (systolic/diastolic)

increase in heart rate to standing ≥ 30 bpm

loss of heart rate variation with respiration (max – min < 15 bpm, expiration:inspiration ratio < 1.2, Valsalva ratio < 1.4)

loss of sweating over body and limbs (anhidrosis) by sweat test

exclude drugs and diabetes mellitus

36. Cerebellar ataxia cerebellar ataxia in isolation of other CNS features

usually subacute presentation

37. Severe lupus headache (unremitting) disabling headache unresponsive to narcotic

analgesia & lasting ≥ 3 days

exclude intracranial space occupying lesion

and CNS infection

38. Headache from IC hypertension exclude cerebral sinus thrombosis

MUSCULOSKELETAL

39. Severe myositis significantly elevated serum muscle enzymes

with significant muscle weakness

exclude endocrine causes and drug-induced

myopathy

electromyography and muscle biopsy are used for

diagnostic purpose and are not required to

determine level of activity

40. Mild myositis significantly elevated serum muscle enzymes

with myalgia but without significant muscle

weakness

asymptomatic elevated serum muscle enzymes

not included

exclude endocrine causes and drug-induced

myopathy

electromyography and muscle biopsy are used for

diagnostic purpose and are not required to

determine level of activity

41. Severe arthritis observed active synovitis ≥ 2 joints with marked

loss of functional range of movements and significant impairment of activities of daily living, that has been present on several days

(cumulatively) over the last 4 weeks

42. Moderate arthritis or Tendonitis tendonitis/tenosynovitis or active synovitis ≥ 1

or Tenosynovitis joint (observed or through history) with some loss

of functional range of movements, that has been present on several days over the last 4 weeks

43. Mild arthritis or Arthralgia or Myalgia inflammatory type of pain (worse in the morning

with stiffness, usually improves with activity & not

brought on by activity) over joints/muscle

inflammatory arthritis which does not fulfil the above criteria for moderate or severe arthritis

CARDIORESPIRATORY

44. Mild myocarditis inflammation of myocardium with raised

cardiac enzymes &/or ECG changes and without resulting cardiac failure, arrhythmia or valvular

dysfunction

45. Cardiac failure cardiac failure due to myocarditis or non-infective

inflammation of endocardium or cardiac valves

(endocarditis)

cardiac failure due to myocarditis is defined by left

ventricular ejection fraction ≤ 40% & pulmonary

oedema or peripheral oedema

cardiac failure due to acute valvular regurgitation (from endocarditis) can be associated with normal

left ventricular ejection fraction

diastolic heart failure is not included

46. Arrhythmia (except sinus tachycardia) due to

myocarditis or non-infective inflammation of endocardium or cardiac valves (endocarditis)

confirmation by electrocardiogram required

(history of palpitations alone inadequate)

47. New valvular dysfunction new cardiac valvular dysfunction due to

myocarditis or non-infective inflammation of endocardium or cardiac valves (endocarditis)

supportive imaging required

48. Pleurisy/Pericarditis convincing history &/or physical findings that you

would consider treating

in absence of cardiac tamponade or pleural effusion with dyspnoea

do not score if you are unsure whether or not it is pleurisy/pericarditis

49. Cardiac tamponade

50. Pleural effusion with dyspnoea

51. Pulmonary haemorrhage/vasculitis

supportive imaging required supportive imaging required

inflammation of pulmonary vasculature with haemoptysis &/or dyspnoea &/or pulmonary hypertension

supportive imaging &/or histological diagnosis required

52. Interstitial alveolitis/pneumonitis

radiological features of alveolar infiltration not due to infection or haemorrhage required for diagnosis

corrected gas transfer Kco reduced to < 70% normal or fall of > 20% if previously abnormal

on-going activity would be determined by clinical findings and lung function tests, and repeated imaging may be required in those with deterioration (clinically or lung function tests) or failure to respond to therapy

53. Shrinking lung syndrome

acute reduction (> 20% if previous measurement available) in lung volumes (to < 70% predicted) in the presence of normal corrected gas transfer (Kco) & dysfunctional diaphragmatic movements

54. Aortitis

inflammation of aorta (with or without dissection) with supportive imaging abnormalities

accompanied by > 10 mm Hg difference in BP between arms &/or claudication of extremities &/or vascular bruits

repeated imaging would be required to determine on-going activity in those with clinical deterioration or failure to respond to therapy

55. Coronary vasculitis

inflammation of coronary vessels with radiographic evidence of non-atheromatous narrowing, obstruction or aneurysmal changes

GASTROINTESTINAL

56. Lupus peritonitis serositis presenting as acute abdomen with

rebound/guarding

57. Serositis not presenting as acute abdomen

58. Lupus enteritis or colitis vasculitis or inflammation of small or large bowel

with supportive imaging &/or biopsy findings

59. Malabsorption diarrhoea with abnormal D- xylose absorption

test or increased faecal fat excretion after exclusion of coeliac's disease (poor response to gluten-free

diet) and gut vasculitis

60. Protein-losing enteropathy diarrhoea with hypoalbuminaemia or increased

faecal excretion of iv radiolabeled albumin after exclusion of gut vasculitis and malabsorption

61. Intestinal pseudo-obstruction subacute intestinal obstruction due to intestinal

hypomotility

62. Lupus hepatitis raised transaminases

absence of autoantibodies specific to autoimmune hepatitis (eg: anti-smooth muscle, anti-liver cytosol

1) &/or biopsy appearance of chronic active

hepatitis

hepatitis typically lobular with no piecemeal

necrosis

exclude drug-induced and viral hepatitis

63. Acute lupus cholecystitis after exclusion of gallstones and infection

64. Acute lupus pancreatitis usually associated multisystem involvement

OPHTHALMIC

65. Orbital inflammation orbital inflammation with myositis &/or extra-

ocular muscle swelling &/or proptosis

supportive imaging required

66. Severe keratitis sight threatening

includes: corneal melt

peripheral ulcerative keratitis

67. Mild keratitis not sight threatening

68. Anterior uveitis

69. Severe posterior uveitis &/or retinal

vasculitis

sight-threatening &/or retinal vasculitis

not due to vaso-occlusive disease

70. Mild posterior uveitis &/or retinal

vasculitis

not sight-threatening

not due to vaso-occlusive disease

71. Episcleritis

72. Severe scleritis

necrotising anterior scleritis

anterior &/or posterior scleritis requiring

systemic steroids/immunosuppression &/or not

responding to NSAIDs

anterior &/or posterior scleritis not requiring 73. Mild scleritis

systemic steroids

excludes necrotising anterior scleritis

74. Retinal/choroidal vaso-occlusive

disease

includes: retinal arterial & venous occlusion

serous retinal &/or retinal pigment epithelial detachments secondary to

choroidal vasculopathy

75. Isolated cotton-wool spots also known as cytoid bodies

76. Optic neuritis excludes anterior ischaemic optic neuropathy

visual loss with pale swollen optic disc due to 77. Anterior ischaemic optic neuropathy

occlusion of posterior ciliary arteries

RENAL

78. Systolic blood pressure

79. Diastolic blood pressure

80. Accelerated hypertension

blood pressure rising to > 170/110 mm Hg

within 1 month with grade 3 or 4 Keith-Wagener-Barker retinal changes (flame-shaped haemorrhages

or cotton-wool spots or papilloedema)

81. Urine dipstick

82. Urine albumin-creatinine ratio on freshly voided urine sample

conversion: 1 mg/mg = 113 mg/mmol

it is important to exclude other causes (especially

infection) when proteinuria is present

83. Urine protein-creatinine ratio on freshly voided urine sample

From Yee et al. Numerical scoring for the BILAG-2004 index Rheumatology (2010) 49 (9): 1665-1669

[8].

conversion: 1 mg/mg = 113 mg/mmol

it is important to exclude other causes (especially infection) when proteinuria is present

84. 24 hour urine protein

it is important to exclude other causes (especially infection) when proteinuria is present

85. Nephrotic syndrome

criteria:

heavy proteinuria (≥ 3.5 g/day or proteincreatinine ratio ≥ 350 mg/mmol or albumincreatinine ratio ≥ 350 mg/mmol)

hypoalbuminaemia oedema

86. Plasma/Serum creatinine

exclude other causes for increase in creatinine (especially drugs)

87. GFR

MDRD formula (10):

GFR = 170 x [serum creatinine (mg/dl)]^{-0.999} x [age]^{-0.176} x [serum urea (mg/dl)]^{-0.17} x [serum albumin (g/dl)]^{0.318} x [0.762 if female] x [1.180 if African ancestry]

units = ml/min per 1.73 m² normal: male = 130 ± 40 female = 120 ± 40

conversion:

 $\begin{array}{lll} serum\ creatinine & - & mg/dl = (\mu mol/l)/88.5\\ serum\ urea & - & mg/dl = (mmol/l)\ x\ 2.8\\ serum\ albumin & - & g/dl = (g/l)/10 \end{array}$

creatinine clearance not recommended as it is not reliable

exclude other causes for decrease in GFR (especially drugs)

88. Active urinary sediment

pyuria (> 5 WCC/hpf or > $10 \text{ WCC/mm}^3 (\mu l)$)

OR

haematuria (> 5 RBC/hpf or > 10 RBC/mm³ (μ l))

OR

red cell casts

OR

white cell casts

exclude other causes (especially infection, vaginal bleed, calculi)

89. Histology of active nephritis

WHO Classification (1995): (any one)

Class III – (a) or (b) subtypes Class IV – (a), (b) or (c) subtypes Class V – (a), (b), (c) or (d) subtypes

Vasculitis

OR

ISN/RPS Classification (2003) (11): (any one)

Class III – (A) or (A/C) subtypes Class IV – (A) or (A/C) subtypes

Class V Vasculitis

within last 3 months

glomerular sclerosis without inflammation not included

HAEMATOLOGICAL

90. Haemoglobin exclude dietary deficiency & GI blood loss

91. White cell count exclude drug-induced cause 92. Neutrophil count exclude drug-induced cause

93. Lymphocyte count

94. Platelet count exclude drug-induced cause

95. TTP thrombotic thrombocytopaenic purpura

clinical syndrome of micro-angiopathic haemolytic anaemia and thrombocytopenia in absence of any

other identifiable cause

96. Evidence of active haemolysis positive Coombs' test & evidence of haemolysis

(raised bilirubin or raised reticulocyte count or reduced haptoglobulins or fragmented RBC or

microspherocytes)

97. Isolated positive Coombs' test

ADDITIONAL ITEMS

These items are required mainly for calculation of GFR

- i. Weight
- ii. African ancestry
- iii. Serum urea
- iv. Serum albumin

BILAG-2004 INDEX SCORING

• scoring based on the principle of physician's intention to treat

| Category | Definition | |
|----------|---|--|
| A | Severe disease activity requiring any of the following treatment: | |
| | 1. systemic high dose oral glucocorticoids (equivalent to prednisolone > 20 mg/day) | |
| | 2. intravenous pulse glucocorticoids (equivalent to pulse methylprednisolone $\geq 500~\text{mg})$ | |
| | 3. systemic immunomodulators (include biologicals, immunoglobulins and plasmapheresis) | |
| | 4. therapeutic high dose anticoagulation in the presence of high dose steroids or immunomodulators eg: warfarin with target INR 3 - 4 | |
| В | Moderate disease activity requiring any of the following treatment: | |
| | 1. systemic low dose oral glucocorticoids (equivalent to prednisolone ≤ 20 mg/day) | |
| | 2. intramuscular or intra-articular or soft tissue glucocorticoids injection (equivalent to methylprednisolone < 500mg) | |
| | 3. topical glucocorticoids | |
| | 4. topical immunomodulators | |
| | 5. antimalarials or thalidomide or prasterone or acitretin6. symptomatic therapy | |
| | eg: NSAIDs for inflammatory arthritis | |
| C | Mild disease | |
| D | Inactive disease but previously affected | |
| E | System never involved | |

CONSTITUTIONAL

Category A:

Pyrexia recorded as 2 (same), 3 (worse) or 4 (new) AND

Any 2 or more of the following recorded as 2 (same), 3 (worse) or 4 (new):

Weight loss Lymphadenopathy/splenomegaly Anorexia

Category B:

Pyrexia recorded as 2 (same), 3 (worse) or 4 (new) **OR**

Any 2 or more of the following recorded as 2 (same), 3 (worse) or 4 (new):

Weight loss Lymphadenopathy/splenomegaly Anorexia

BUT do not fulfil criteria for Category A

Category C

Pyrexia recorded as 1 (improving) **OR**

One or more of the following recorded as > 0:

Weight loss Lymphadenopathy/Splenomegaly Anorexia

BUT does not fulfil criteria for category A or B

Category D

Previous involvement

Category E

MUCOCUTANEOUS

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Skin eruption - severe Angio-oedema - severe Mucosal ulceration - severe Panniculitis/Bullous lupus - severe Major cutaneous vasculitis/thrombosis

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Skin eruption - mild Panniculitis/Bullous lupus - mild Digital infarcts or nodular vasculitis Alopecia - severe

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

Angio-oedema - mild Mucosal ulceration - mild Alopecia - mild Periungual erythema/chilblains Splinter haemorrhages

Category D

Previous involvement

Category E

NEUROPSYCHIATRIC

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Aseptic meningitis

Cerebral vasculitis

Demyelinating syndrome

Myelopathy

Acute confusional state

Psychosis

Acute inflammatory demyelinating polyradiculoneuropathy

Mononeuropathy (single/multiplex)

Cranial neuropathy

Plexopathy

Polyneuropathy

Status epilepticus

Cerebellar ataxia

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Seizure disorder

Cerebrovascular disease (not due to vasculitis)

Cognitive dysfunction

Movement disorder

Autonomic disorder

Lupus headache - severe unremitting

Headache due to raised intracranial hypertension

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

MUSCULOSKELETAL

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Severe Myositis Severe Arthritis

Category B

Any Category A features recorded as 1 (improving) OR

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Mild Myositis Moderate Arthritis/Tendonitis/Tenosynovitis

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

Mild Arthritis/Arthralgia/Myalgia

Category D

Previous involvement

Category E

CARDIORESPIRATORY

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Myocarditis/Endocarditis + Cardiac failure

Arrhythmia

New valvular dysfunction

Cardiac tamponade

Pleural effusion with dyspnoea

Pulmonary haemorrhage/vasculitis

Interstitial alveolitis/pneumonitis

Shrinking lung syndrome

Aortitis

Coronary vasculitis

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Pleurisy/Pericarditis Myocarditis - mild

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

GASTROINTESTINAL

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Peritonitis
Lupus enteritis/colitis
Intestinal pseudo-obstruction
Acute lupus cholecystitis
Acute lupus pancreatitis

Category B

Any Category A feature recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Abdominal serositis and/or ascites Malabsorption Protein losing enteropathy Lupus hepatitis

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

OPHTHALMIC

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Orbital inflammation/myositis/proptosis

Keratitis - severe

Posterior uveitis/retinal vasculitis - severe

Scleritis - severe

Retinal/choroidal vaso-occlusive disease

Optic neuritis

Anterior ischaemic optic neuropathy

Category B

Any Category A features recorded as 1 (improving) OR

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Keratitis - mild

Anterior uveitis

Posterior uveitis/retinal vasculitis - mild

Scleritis - mild

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

Episcleritis

Isolated cotton-wool spots (cytoid bodies)

Category D

Previous involvement

Category E

RENAL

Category A

Two or more of the following providing 1, 4 or 5 is included:

- 1. Deteriorating proteinuria (severe) defined as
- (a) urine dipstick increased by ≥ 2 levels (used only if other methods of urine protein estimation not

available); or

- (b) 24 hour urine protein > 1 g that has not decreased (improved) by $\ge 25\%$; or
- (c) urine protein-creatinine ratio > 100 mg/mmol that has not decreased (improved) by $\ge 25\%$; or
- (d) urine albumin-creatinine ratio > 100 mg/mmol that has not decreased (improved) by $\ge 25\%$
- 2. Accelerated hypertension
- 3. Deteriorating renal function (severe) defined as
 - (a) plasma creatinine $> 130 \mu mol/l$ and having risen to > 130% of previous value; or
 - (b) GFR \leq 80 ml/min per 1.73 m² and having fallen to \leq 67% of previous value; or
- (c) GFR < 50 ml/min per 1.73 m², and last time was > 50 ml/min per 1.73 m² or was not measured.
- 4. Active urinary sediment
- 5. Histological evidence of active nephritis within last 3 months
- 6. Nephrotic syndrome

Category B

One of the following:

- 1. One of the Category A feature
- 2. Proteinuria (that has not fulfilled Category A criteria)
- (a) urine dipstick which has risen by 1 level to at least 2+ (used only if other methods of urine

protein estimation not available); or

- (b) 24 hour urine protein ≥ 0.5 g that has not decreased (improved) by $\geq 25\%$; or
- (c) urine protein-creatinine ratio ≥ 50 mg/mmol that has not decreased (improved) by $\geq 25\%$; or
- (d) urine albumin-creatinine ratio \geq 50 mg/mmol that has not decreased (improved) by \geq 25%
- 3. Plasma creatinine $> 130 \mu mol/l$ and having risen to $\ge 115\%$ but $\le 130\%$ of previous value

Category C

One of the following:

- 1. Mild/Stable proteinuria defined as
 - (a) urine dipstick ≥ 1+ but has not fulfilled criteria for Category A & B (used only if other methods
 - of urine protein estimation not available); or
 - (b) 24 hour urine protein > 0.25 g but has not fulfilled criteria for Category A & B; or
- (c) urine protein-creatinine ratio > 25 mg/mmol but has not fulfilled criteria for Category A & B; or
- (d) urine albumin-creatinine ratio > 25 mg/mmol but has not fulfilled criteria for Category A & B
- 2. Rising blood pressure (providing the recorded values are > 140/90 mm Hg) which has not fulfilled criteria for Category A & B, defined as
 - (a) systolic rise of \geq 30 mm Hg; and
 - (b) diastolic rise of ≥ 15 mm Hg

Category D

Previous involvement

Category E

No previous involvement

<u>Note</u>: although albumin-creatinine ratio and protein-creatinine ratio are different, we use the same cut-

off values for this index

HAEMATOLOGICAL

Category A

TTP recorded as 2 (same), 3 (worse) or 4 (new) **OR**

Any of the following:

Evidence of haemolysis and Haemoglobin < 8 g/dl

 $< 25 \times 10^9/1$ Platelet count

Category B

TTP recorded as 1 (improving) **OR**

Any of the following:

Evidence of haemolysis and Haemoglobin 8 - 9.9 g/dl

Haemoglobin < 8 g/dl (without haemolysis)

White cell count
Neutrophil count
Platelet count $< 1.0 \times 10^9/1$ $< 0.5 \times 10^9/1$ $25 - 49 \times 10^9 / 1$

Category C

Any of the following:

Evidence of haemolysis and Haemoglobin ≥ 10g/dl

Haemoglobin 8 - 10.9 g/dl (without haemolysis)

White cell count $1 - 3.9 \times 10^{9}/1$ Neutrophil count $0.5 - 1.9 \times 10^9 / 1$ $< 1.0 \times 10^9/L$ Lymphocyte count 50 - 149 x 10⁹/1 Platelet count

Isolated Coombs' test positive

Category D

Previous involvement

Category E

SLEDAI-2000 index

Name/ID: Date of Birth: **Date of Assessment:**

SLEDAI-2000 index data collection form

(Circle in SLEDAI Score column if descriptor is present at the time of the visit or in the preceding 10 days)

| Score Recent onset, exclude metabolic, infectious or drug causes | | ng 10 days) | |
|--|-----------------|--------------------|--|
| 8 Psychosis Altered ability to function in normal activity due to severe disturche in the perception of reality. Include hallucinations, incoherence, marked loose associations, impoverished thought content, marke illogical thinking, bizarre, disorganised, or catatonic behaviour. Exclude uraemia and drug causes 8 Organic brain syndrome Altered mental function with impaired orientation, memory, or othe intellectual function, with rapid onset and fluctuating clinical feature inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor actification and advise provises, or increased or decreased psychomotor actification and advise provises, or increased or decreased psychomotor actification and advise provises, or increased or decreased psychomotor actification and advise provises, or increased or decreased psychomotor actification and advise provises, or increased or decreased psychomotor actification and advise provises. Provise provises are successed to the provise provises and the following cranical hemotrhages in the choroid, or optic neuritis. Exclude metabolic, infectious or drug causes 8 Visual disturbance Retinates of the provise provis | SLEDAI SCORE | Descriptor | Definition |
| in the perception of reality. Include hallucinations, incoherence, marked loose associations, impoverished thought content, marked illogical thinking, bizarre, disorganised, or catatonic behaviour. Exclude uraemia and drug causes 8 Organic brain syndrome Altered mental function with impaired orientation, memory, or othe intellectual function, with rapid onset and fluctuating clinical featur inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activation of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activation of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activation of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activation of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased provided provided provided in the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased provided provide | 8 | | Recent onset, exclude metabolic, infectious or drug causes |
| syndrome intellectual function, with rapid onset and fluctuating clinical featur inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor acti Exclude metabolic, infectious or drug causes 8 | 8 | Psychosis | marked loose associations, impoverished thought content, marked illogical thinking, bizarre, disorganised, or catatonic behaviour. |
| serous exudates or hemorrhages in the choroid, or optic neuritis. Exclude hypertension, infection, or drug causes New onset of sensory or motor neuropathy involving cranial nerve disorder Severe, persistent headache; may be migrainous, but must be no responsive to narcotic analgesia CVA New onset Cerebrovascular accident(s). Exclude arteriosclerosis Ulceration, gangrene, tender finger nodules, periungual infarction splinter hemorrhages or biopsy or angiogram proof of vasculitis Arthritis ≥ 2 joints with pain and signs of inflammation (i.e. tenderness, sw or effusion) Myositis Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bi showing myositis Heme-granular or RBC casts Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause Proteinuria > 0.5 gram/24 hours Pyuria > 5 WBC/high power field. Exclude infection Rash Inflammatory type rash Abnormal, patchy or diffuse loss of hair Mucosal ulcers Oral or nasal ulcerations Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory Increased DNA binding Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10³ platelets/L, exclude drug causes | 8 | syndrome | Altered mental function with impaired orientation, memory, or other intellectual function, with rapid onset and fluctuating clinical features, inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activity. |
| disorder Lupus headache Severe, persistent headache; may be migrainous, but must be no responsive to narcotic analgesia CVA New onset Cerebrovascular accident(s). Exclude arteriosclerosis Vasculitis Ulceration, gangrene, tender finger nodules, periungual infarction splinter hemorrhages or biopsy or angiogram proof of vasculitis Arthritis 2 2 joints with pain and signs of inflammation (i.e. tenderness, sw or effusion) Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis Urinary casts Heme-granular or RBC casts Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause Proteinuria > 0.5 gram/24 hours Alopecia Abnormal, patchy or diffuse loss of hair Rash Inflammatory type rash Alopecia Abnormal, patchy or diffuse loss of hair Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory Increased DNA binding Increased DNA binding above normal range for testing laboratory Increased DNA binding Thrombocytopenia Thrombocytopenia 1 Thrombocytopenia | 8 | Visual disturbance | |
| responsive to narcotic analgesia New onset Cerebrovascular accident(s). Exclude arteriosclerosis Vasculitis Ulceration, gangrene, tender finger nodules, periungual infarction splinter hemorrhages or biopsy or angiogram proof of vasculitis Arthritis 2 2 joints with pain and signs of inflammation (i.e. tenderness, sworeffusion) Myositis Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis Urinary casts Heme-granular or RBC casts Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause Proteinuria > 0.5 gram/24 hours Pyuria > 5 WBC/high power field. Exclude infection Rash Inflammatory type rash Alopecia Abnormal, patchy or diffuse loss of hair Mucosal ulcers Oral or nasal ulcerations Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Pericardiogram confirmation Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory Increased DNA binding Increased DNA binding above normal range for testing laboratory Increased DNA binding Thrombocytopenia 1 Thrombocytopenia | 8 | | New onset of sensory or motor neuropathy involving cranial nerves |
| 8 Vasculitis Ulceration, gangrene, tender finger nodules, periungual infarction splinter hemorrhages or biopsy or angiogram proof of vasculitis 4 Arthritis ≥ 2 joints with pain and signs of inflammation (i.e. tenderness, swore effusion) 4 Myositis Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis 4 Urinary casts Heme-granular or RBC casts 4 Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause 4 Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickenical pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testing laboratory 1 Increased DNA binding above normal range for testing laboratory binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 8 | Lupus headache | Severe, persistent headache; may be migrainous, but must be non-responsive to narcotic analgesia |
| splinter hemorrhages or biopsy or angiogram proof of vasculitis 4 Arthritis 2 2 joints with pain and signs of inflammation (i.e. tenderness, swor effusion) 4 Myositis Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis 4 Urinary casts Heme-granular or RBC casts 4 Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair Oral or nasal ulcerations Pleurity Pleuritic chest pain with pleural rub or effusion, or pleural thickeni Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory Increased DNA binding Increased DNA binding above normal range for testing laboratory binding Tever > 38°C. Exclude infectious cause 1 Thrombocytopenia | 8 | CVA | New onset Cerebrovascular accident(s). Exclude arteriosclerosis |
| 4 Arthritis ≥ 2 joints with pain and signs of inflammation (i.e. tenderness, swor effusion) 4 Myositis Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis 4 Urinary casts Heme-granular or RBC casts 4 Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickenic Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 1 Increased DNA binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 8 | Vasculitis | Ulceration, gangrene, tender finger nodules, periungual infarction, splinter hemorrhages or biopsy or angiogram proof of vasculitis |
| creatinine phosphokinase (CK)/aldolase, or EMG changes or a bishowing myositis 4 Urinary casts Heme-granular or RBC casts 4 Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause 4 Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickeni 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA binding above normal range for testing laboratory 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 4 | Arthritis | ≥ 2 joints with pain and signs of inflammation (i.e. tenderness, swelling |
| 4 Hematuria > 5 RBC/high power field. Exclude stone, infection or other cause 4 Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickenic 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA binding above normal range for testing laboratory 3 Increased DNA binding above normal range for testing laboratory 4 Thrombocytopenia < 100 x 109 platelets/L, exclude drug causes | 4 | Myositis | creatinine phosphokinase (CK)/aldolase, or EMG changes or a biopsy |
| 4 Proteinuria > 0.5 gram/24 hours 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickeni 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 4 | Urinary casts | Heme-granular or RBC casts |
| 4 Pyuria > 5 WBC/high power field. Exclude infection 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickenic 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 4 | Hematuria | > 5 RBC/high power field. Exclude stone, infection or other cause |
| 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickeni 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory 3 binding Sever > 38°C. Exclude infectious cause 4 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 4 | Proteinuria | > 0.5 gram/24 hours |
| 2 Rash Inflammatory type rash 2 Alopecia Abnormal, patchy or diffuse loss of hair 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickeni 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory binding Sever S | 4 | Pyuria | > 5 WBC/high power field. Exclude infection |
| 2 Mucosal ulcers Oral or nasal ulcerations 2 Pleurisy Pleuritic chest pain with pleural rub or effusion, or pleural thickenin 2 Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory 3 platelets/L, exclude drug causes 3 Thrombocytopenia < 100 x 109 platelets/L, exclude drug causes | 2 | Rash | |
| Pleuritic chest pain with pleural rub or effusion, or pleural thickening Pericarditis Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testing laboratory Increased DNA binding above normal range for testing laboratory Increased DNA binding Fever > 38°C. Exclude infectious cause Thrombocytopenia 1 Thrombocytopenia 2 100 x 10° platelets/L, exclude drug causes | 2 | Alopecia | Abnormal, patchy or diffuse loss of hair |
| Pericardial pain with at least 1 of the following: rub, effusion or EC echocardiogram confirmation Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory Increased DNA Increased DNA binding above normal range for testing laboratory binding Fever > 38°C. Exclude infectious cause Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | | Mucosal ulcers | |
| echocardiogram confirmation 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 2 | Pleurisy | Pleuritic chest pain with pleural rub or effusion, or pleural thickening |
| 2 Low complement Decrease in CH50, C3 or C4 below lower limit of normal for testin laboratory 2 Increased DNA Increased DNA binding above normal range for testing laboratory binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 2 | Pericarditis | Pericardial pain with at least 1 of the following: rub, effusion or ECG or echocardiogram confirmation |
| binding 1 Fever > 38°C. Exclude infectious cause 1 Thrombocytopenia < 100 x 10° platelets/L, exclude drug causes | 2 | Low complement | |
| 1 Thrombocytopenia < 100 x 10 ⁹ platelets/L, exclude drug causes | 2 | | Increased DNA binding above normal range for testing laboratory |
| | 1 | Fever | > 38°C. Exclude infectious cause |
| | 1 | Thrombocytopenia | < 100 x 10 ⁹ platelets/L, exclude drug causes |
| 1 Leukopenia < 3 x 10 ⁹ WBC/L, exclude drug causes | 1 | Leukopenia | < 3 x 10 ⁹ WBC/L, exclude drug causes |

TOTAL SCORE:

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SELENA version of SLEDAI

SELENA-SLEDAI index data collection form

(Circle in SLEDAI Score column if descriptor is present at the time of the visit or in the preceding 4 weeks)

| weeks) | | <u>, </u> | , |
|--------|--------|--|---|
| Item | SLEDAI | Descriptor | Definition |
| no. | SCORE | | |
| 1 | 8 | Seizure | Recent onset, exclude metabolic, infectious or drug causes |
| 2 | 8 | Psychosis | Altered ability to function in normal activity due to severe disturbance in the perception of reality. Include hallucinations, incoherence, marked loose associations, impoverished thought content, marked illogical thinking, bizarre, disorganised, or catatonic behaviour. Exclude uraemia and drug causes |
| 3 | 8 | Organic brain syndrome | Altered mental function with impaired orientation, memory, or other intellectual function, with rapid onset and fluctuating clinical features, inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activity. Exclude metabolic, infectious or drug causes |
| 4 | 8 | Visual disturbance | Retinal changes of SLE. Include cytoid bodies, retinal hemorrhages, serous exudates or hemorrhages in the choroid, or optic neuritis, scleritis or episcleritis. Exclude hypertension, infection, or drug causes |
| 5 | 8 | Cranial nerve disorder | New onset of sensory or motor neuropathy involving cranial nerves |
| 6 | 8 | Lupus headache | Severe, persistent headache; may be migrainous, but must be non-responsive to narcotic analgesia |
| 7 | 8 | CVA | New onset cerebrovascular accident(s). Exclude arteriosclerosis |
| 8 | 8 | Vasculitis | Ulceration, gangrene, tender finger nodules, periungual infarction, splinter hemorrhages or biopsy or angiogram proof of vasculitis |
| 9 | 4 | Arthritis | > 2 joints with pain and signs of inflammation (i.e. tenderness with swelling or effusion) |
| 10 | 4 | Myositis | Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a biopsy showing myositis |
| 11 | 4 | Urinary casts | Heme-granular or RBC casts |
| 12 | 4 | Hematuria | > 5 RBC/high power field. Exclude stone, infection or other cause |
| 13 | 4 | Proteinuria | New onset or recent increase of more than 0.5 gm/24 hours |
| 14 | 4 | Pyuria | > 5 WBC/high power field. Exclude infection |
| 15 | 2 | Rash | Inflammatory type rash |
| 16 | 2 | Alopecia | Abnormal, patchy or diffuse loss of hair |
| 17 | 2 | Mucosal ulcers | Oral or nasal ulcerations |
| 18 | 2 | Pleurisy | Pleuritic chest pain or pleural rub or effusion, or pleural thickening (does not require an objective component if medically convincing) |
| 19 | 2 | Pericarditis | Classic pericardial pain and/or rub, effusion or ECG or echocardiogram confirmation (does not require an objective component if medically convincing) |
| 20 | 2 | Low complement | Decrease in CH50, C3 or C4 < lower limit of nl for testing laboratory |
| 21 | 2 | Increased DNA binding | Increased DNA binding above normal range for testing laboratory |
| 22 | 1 | Fever | > 38°C. Exclude infectious cause |
| 23 | 1 | Thrombocytopenia | < 100 x 10 ⁹ platelets/L, exclude drug causes |
| 24 | 1 | Leukopenia | < 3 x 10 ⁹ WBC/L, exclude drug causes |
| | | | |

____Total SCORE

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