

1 **Whole heart detailed and quantitative anatomy, myofibre structure and vasculature**
2 **from X-ray phase-contrast synchrotron radiation-based micro-CT**

3 Anna Gonzalez-Tendero PhD¹, Chong Zhang PhD^{2,3}, Vedrana Balicevic⁴, Rubén Cárdenes
4 PhD^{1,2}, Sven Loncaric PhD⁴, Constantine Butakoff PhD², Bruno Paun², Anne Bonnin
5 PhD^{5,6}, Patricia Garcia-Cañadilla PhD², Emma Muñoz-Moreno PhD¹, Eduard Gratacós PhD¹,
6 Fatima Crispi PhD¹, Bart Bijmens PhD^{2,7}

7 ¹*Fetal i+D Fetal Medicine Research Center, BCNatal – Barcelona Center for Maternal-Fetal and*
8 *Neonatal Medicine (Hospital Clínic and Hospital Sant Joan de Deu), IDIBAPS, University of Barcelona,*
9 *and Centre for Biomedical Research on Rare Diseases (CIBER-ER), Barcelona, Spain;*

10 ²*PhySense, DTIC, Universitat Pompeu Fabra, Barcelona, Spain;*

11 ³*CellNetworks, Heidelberg, Germany*

12 ⁴*Faculty of Electrical Engineering and Computing, University of Zagreb, Zagreb, Croatia;*

13 ⁵*European Synchrotron Radiation Facility, Grenoble, France*

14 ⁶*Paul Scherrer Institut, Villigen, Switzerland*

15 ⁷*ICREA, Barcelona, Spain*

16

17 Address for correspondence:

18 Prof. Bart Bijmens

19 Universitat Pompeu Fabra - DTIC

20 Carrer de Tànger, 122-140

21 ES-08018 Barcelona (Spain)

22 Tel. +34 61 501 6853

23 e-mail: bart.bijmens@upf.edu

24

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30

1 **ABSTRACT**

2

3 **Background:** While individual cardiac myocytes only have a limited ability to shorten, the
4 heart efficiently pumps a large volume-fraction thanks to a cell organization in a complex 3D
5 fibre structure. Subclinical subtle cardiac structural remodelling is often present before
6 symptoms arise. Understanding and early detection of these subtle changes is crucial for
7 diagnosis and prevention. Additionally, personalized computational modelling requires
8 knowledge on the multi-scale structure of the whole heart and vessels.

9 **Methods and results:** We developed a rapid acquisition together with visualization and
10 quantification methods of the integrated microstructure of whole in-vitro rodents hearts using
11 synchrotron based X-ray phase-contrast tomography. These images are formed not only by X-
12 ray absorption by the tissue, but also by wave propagation phenomena, enhancing structural
13 information, thus allowing to raise tissue contrast to an unprecedented level. We used a (ex-
14 vivo) normal rat heart and fetal rabbit hearts suffering intrauterine growth restriction as a
15 model of subclinical cardiac remodelling to illustrate the strengths and potential of the
16 technique. For comparison, histology and diffusion tensor magnetic resonance imaging was
17 performed.

18 **Conclusions:** We have developed a novel, high resolution, image acquisition and
19 quantification approach to study a whole in-vitro heart at myofibre resolution, providing
20 integrated 3D structural information at microscopic level without any need of tissue slicing and
21 processing. This superior imaging approach opens up new possibilities for a systems
22 approach towards analysing cardiac structure and function, providing rapid acquisition of
23 quantitative microstructure of the heart in a near native state.

24 **Key words:** myocardial remodelling; myofibre structure; coronary vasculature; synchrotron
25 phase-contrast CT.

1 **INTRODUCTION**

2 For structural/functional (image-based) quantification, cardiac chambers are often simplified to
3 ellipsoid-like volumes. In reality, macroscopic shape is variable and complex trabeculations
4 and intra-cavitary structures, such as papillary muscles and tendinous chordae, as well as
5 false tendons, are present. At microscopic level, myocardium is made of millions of myocytes
6 aggregated as a 3D mesh within a supporting fibrous matrix.¹ Additionally, a coronary tree,
7 starting from epicardial arteries, branching into a complex network, penetrates the wall.

8 Myocytes are aggregated and aligned in a predominant direction (fibres) within the wall.¹ At
9 the epicardium as well as endocardium, myocytes are tangential to the epicardium and
10 oblique to the long-axis, with a predominant longitudinal (base-apex) direction, while in mid-
11 myocardium predominantly circumferential. The change in angle is gradual. Ejection results
12 from complex 3D movement that involves longitudinal contraction, circumferential contraction
13 as well as rotation/twisting.²

14 While (genetic) cardiomyopathies or fibrosis will significantly change local microstructure,
15 more subclinical conditions may lead only to subtle changes. An example is intrauterine
16 growth restriction (IUGR) where fetal hypoxia and volume/pressure overload induce functional
17 remodeling and change cardiac shape to be more globular in IUGR³. The 3D cardiac
18 architecture is established early in prenatal life and fibre orientation is sensitive to changes in
19 mechanical load and hypoxia.⁴ Additionally, IUGR induces adaptive changes to coronaries
20 which responds to conditions of chronic hypoxemia by a substantial increase in cross-
21 sectional area⁵.

22 Therefore, to understand disease progression, integrating information about individual cells
23 and their spatial organization is essential. Additionally, contemporary computational modelling
24 requires detailed whole heart 3D morphology at a resolution including all relevant details.
25 Several approaches have been used, both through direct visualization (microscopy or micro-
26 magnetic resonance imaging (MRI)/computed tomography (CT)) or through inference by

1 assessing local tissue properties (diffusion tensor MRI (DTMRI) or echocardiography).
2 However, detecting orientation of individual myocytes, especially in the whole heart, is still a
3 major challenge⁶. Histology/microscopy provides sufficient detail, but hardly allows imaging
4 whole hearts, and artefact-prone slicing/processing is required.⁷ High resolution/field MRI
5 (including DTMRI)⁸ still has a suboptimal spatial resolution (~50 μm) and scan times are
6 extremely long. Classical, absorption-based, micro-CT, after iodine staining, shows
7 promise,^{9,10} but organ preparation is challenging and extracting integrated microstructure,
8 including myofibres and vessels is hardly feasible.

9 In this study we propose an integrated, high resolution, image acquisition and quantification
10 approach to study whole hearts at myofibre (μm -) resolution, providing structural information at
11 microscopic level without the need of slice-processing and illustrate how this can be used to
12 assess subclinical remodelling. Imaging is based on X-ray phase-contrast imaging (X-PCI),
13 which has emerged as an alternative X-ray-based approach providing enhanced contrast in
14 some biological tissues¹¹ and is recently showing potential for clinical applications and to
15 improve the diagnostic work-up.¹²

16

17

1 **MATERIAL AND METHODS**

2 New Zealand white rabbits and Wistar rats were provided by a certified breeder. Animal
3 handling/procedures were performed in accordance to regulations and with approval of the
4 local Ethics Committee (permit numbers: 313/11 with date of approval 19/07/2011 for rabbits,
5 and 110/13, 505/13 with date of approval 18/07/2013 for rats).

6 A rat (25 days) was anesthetized with isoflurane 3% and oxygen 2 ml/min. Heparin 500U
7 was administered as well as saturated potassium chloride to arrest the heart. After
8 thoracotomy, a phosphate-buffer saline solution was used to rinse and 10% formalin to fix the
9 heart, which was excised and immersed in formalin.

10 A validated IUGR rabbit model was reproduced.¹³ Briefly, at 25 days gestation both uterine
11 horns were exteriorized and one selected as IUGR, in which selective ligation of 40-50% of
12 utero-placental vessels of each gestational sac was performed. The abdomen was closed and
13 animals were kept in regular conditions and fed a diet of standard chow and water *ad libitum*.
14 At 30 days gestation, a caesarean was performed. After anaesthesia with intramuscular
15 ketamine and xylazine, the fetal chest was opened and hearts were prepared as above.
16 Before imaging, hearts were dehydrated with ethanol and, to avoid motion artefacts,
17 immobilized in 1% agarose. For the DTMRI, the heart of the mother, was arrested and
18 processed using the same approach as the rats.

19 **Data acquisition**

20 **X-ray Phase Contrast Imaging**

21 3D datasets of the whole heart have been obtained at the European Synchrotron Radiation
22 Facility (ESRF - ID19 beamline¹⁴, Grenoble, France) with propagation-based phase-contrast
23 tomography.¹² X-PCI is a technique used to increase the image contrast, and thus the
24 sensitivity of discriminating different materials. This improves imaging of soft materials or
25 materials which have a similar density. Several approaches have been suggested to perform

1 X-PCI, either using synchrotron radiation from more conventional X-ray sources¹² and by
2 either or not adding additional optical components (e.g. interferometers or two-crystal
3 diffractometers). For example, X-PCI using Talbot interferometers has been used in different
4 cardiovascular pathologies^{15,16}. Propagation-based X-PCI is a fast and high resolution
5 approach that requires no additional optical components and was therefore chosen for the
6 acquisition. In this approach, by increasing the distance between the sample and the detector
7 to record the radiography, the phase jumps that occur at the edges of two different materials
8 (i.e. two different index of refraction) will be enhanced. Using a phase retrieval approach, the
9 local phase shift is retrieved and is directly proportional to the density.

10 The current experiments were done using a 19 keV parallel X-ray beam and the sample was
11 localized at about 145m from the source. The distance between the sample and the detector
12 (FReLON CCD, i.e. fast readout low noise charged-coupled device, camera - ESRF
13 Instrument Support Group, Grenoble, France) was tuned to 1100mm to get an optimal
14 propagation distance to visualise the cardiac microstructure.

15 The field of view was 5.68x15.96mm, with isotropic pixels of 7.43 μ m. The sample was at room
16 temperature and placed on a holder. After positioning it at the stage's centre of rotation, it was
17 rotated over 360 $^{\circ}$ acquiring 2499 projections (exposure time 0.3s per projection). Total
18 acquisition time for each position was 14min. Four to five sequential acquisitions (overlap 363
19 slices - 2,697mm) always from base to apex, were necessary to cover the whole heart along
20 its long axis. Additionally, in order to apply the usual flat-field correction, 41 flat images and 21
21 dark images have been acquired. Flat images remove mainly artefacts caused by the beam
22 illumination non-uniformity and dark images allow to correct from the electronic noise of the
23 CCD camera. The flat-field correction is applied before the reconstruction procedure, by a
24 pixel-by-pixel computation i.e. (Radiography-Dark)/(Flat-Dark). Therefore, total acquisition
25 time was approximately 1-1.25 hours/sample (4-5 chunks).

1 Each projection series was reconstructed using filtered back-projection¹⁷. Reconstructed
2 volumes were converted to 16-bit tiff images and merged into a single dataset. In all cases,
3 the whole heart was in the resulting 3D dataset. An example of an unprocessed dataset will be
4 made available for download.

5 Images were analysed with Fiji (reslicing/rendering and vessel quantification),¹⁸ ICY
6 (rendering)¹⁹ and ilastik (vessel segmentation)²⁰ and in-house developed Matlab (The
7 MathWorks, Natick, MA, USA) software for fibre analysis.²¹ The analysis and processing of the
8 different data sets were performed by different people including biologists, clinicians,
9 physicists and biomedical engineers. The image analysis was performed without any
10 information beforehand. The correspondence of the regions with morphology was performed
11 by the clinicians and biologists who have an extensive knowledge of cardiac anatomy.

12 **MRI DTI**

13 MRI acquisition was conducted on a 7.0 T Bruker BioSpec 70/30 horizontal animal scanner
14 (BrukerBioSpin, Ettlingen, Germany). Ex-vivo imaging was performed on an excised adult
15 rabbit heart that had been fixed in formalin and stored in phosphate-buffered saline (PBS).
16 Imaging an adult heart was chosen for practicalities and difficulties to scan a fetal heart.
17 Diffusion-weighted images (DWI) were acquired using a standard diffusion sequence including
18 126 diffusion directions with a b-value of 3000 s/mm² and a baseline image without diffusion
19 (b=0 s/mm²). Other acquisition parameters were Echo Time (TE)=26ms, Repetition Time
20 (TR)=250 ms, Field of View (FOV)=36.4x26.6x49.0 mm³ and spatial resolution 0.7x0.7x0.7
21 mm³. The total scan time was 11 hours and 38 minutes.

22 **Histology**

23 Formalin-fixed fetal hearts were dehydrated, embedded in paraffin and 10µm slices were
24 obtained in a microtome. After deparaffination, slices were stained with conventional
25 hematoxylin and eosin staining. Images were acquired with a camera (Leica DFC425 C, Leica
26 Microsystems GmbH, Heerbrugg, Switzerland) coupled to an optical microscope (Leica DM

1 1000, Leica Microsystems GmbH, Wetzlar, Germany) at 20x magnification. A total of 272
2 overlapping images with a minimum of 50% of overlapping and a resolution of 2592x1944
3 pixels (571 x 429 μm) were acquired from the whole heart and stitched using Image
4 Composite Editor (ICE, Microsoft Research, Redmond, WA) software.

5 **Coronary segmentation**

6 Coronaries cover only a small part of the large volumetric datasets (~0.5%), and are best
7 distinguished by a boundary that may be incomplete. The image analysis software *ilastik*,²⁰
8 offers a seeded segmentation module, *Carving*, which provides semi-automated segmentation
9 based on sparse user scribbles.²² For each object of interest, i.e. vascular tree, it requires
10 “inside” and “outside” seeds as input to propagate to explain the entire volume, using a biased
11 watershed algorithm²². Several iterations maybe needed to achieve segmentation. This
12 workflow also provides the uncertainty estimation of the current segmentation, thus guiding
13 the user to locations where additional input may be helpful.

14 The vessel local lumen diameter is approximated as the diameter of the largest fitting sphere
15 (Fiji Local Thickness plugin²³).

16 **Fibre-orientation quantification**

17 **X-ray phase-contrast imaging (X-PCI)**

18 For calculating the myocardial fibre-orientation, the gradient structure-tensor method was
19 used. While in DTMRI, spatial anisotropy of diffusion is assessed,²⁴ the structure-tensor
20 calculates the structural anisotropy from the image appearance, thus assessing local
21 dominant directions (i.e. fibres).²¹

22 For each voxel, oriented gradient magnitudes in x, y and z-directions were obtained using
23 central difference. The local structure-tensor within a 3D neighbourhood is then defined as:

$$24 \quad \text{ST} = \begin{bmatrix} \sum g_x^2 & \sum g_x g_y & \sum g_x g_z \\ \sum g_y g_x & \sum g_y^2 & \sum g_y g_z \\ \sum g_z g_x & \sum g_z g_y & \sum g_z^2 \end{bmatrix} \quad [\text{Eq1}]$$

1 where g_x denotes the gradient in the x-axis etc., and Σ denotes integration of selected
2 oriented gradients in the neighbourhood defined as a cube surrounding the voxel. Eigen-
3 decomposition of ST transforms the given gradient space into a space defined with three
4 orthogonal vectors encoding the appearance of a tubular structure, i.e. fibre. The smallest
5 eigenvalue corresponds to the vector pointing in the fibre direction (since it is associated to
6 minimal image intensity variation). To calculate fibre angle maps, we transform these vectors
7 from Cartesian to a cylindrical coordinate system, where the axis corresponds to the left
8 ventricular (LV) long axis. For the smallest eigenvalue vector, the inclination angle was then
9 calculated as an angle between the transverse plane and the vector projection to the local
10 tangent plane.

11 **MRI DTI**

12 A median Otsu threshold²⁵ was computed on the baseline image to obtain a mask of the
13 cardiac tissue to segment it from the background. The mask was applied to all the DWI.
14 Diffusion tensor image (DTI) was estimated in the masked volume and streamlines assessed
15 by a deterministic tractography algorithm considering a threshold of fractional anisotropy of
16 0.2, using Dipy.²⁶ From the DTI, eigenvalues and eigenvectors of the diffusion tensor were
17 computed, and the main eigenvector, describing the main fiber direction, was considered to
18 obtain the helix angle, computed as $\pi/2 - \cos^{-1}(\vec{e}_1 \cdot \vec{l}_{axis})$, where \vec{l}_{axis} is the unitary vector in
19 the direction of the long axis of the left ventricle and \vec{e}_1 , the main eigenvector of the tensor
20 matrix.

21

22 **RESULTS**

23 All reconstructed datasets covered the whole heart and provided 3D detail that has not been
24 generated for a whole heart at this resolution before. One rat, one normal fetal rabbit and one
25 IUGR fetal rabbit heart were processed.

1 Figure 1 shows the images obtained from the rat heart. Figure 1 (A-C) shows the originally
2 reconstructed short axis slices at aortic valve (1A) and mid-ventricular level (1B), as well as a
3 longitudinal reslice through aortic valve and apex (1C). Cardiac substructures can be clearly
4 differentiated (atria, ventricles, great vessels and valves). Intramural vessels as well as local
5 fibre directions can be recognized (1B). When visualizing data using volume-rendering (Figure
6 1D-G), the detailed architecture of tricuspid valve apparatus (1D) and aortic valve (1E) can be
7 clearly visualized. Additionally, details of local wall complexity (such as atrial pectinate
8 muscles - 1F/G) and part of the vasculature are visible.

9 Figure 2 shows a detailed view of the aortic wall (2A) as well as from the right ventricular (RV)
10 free wall (2B) and LV lateral wall (2C) from the same rat heart. In the aortic wall, spiral-like
11 structures can be distinguished, corresponding to elastin providing support and elasticity. In
12 the ventricular walls, besides clearly visible vessels, predominant directions of fibres can be
13 observed. Longitudinally oriented cell-aggregates show as dot-like structures in short-axis,
14 while circumferential fibres are line-like. From this, it can be seen that in the LV, in epicardial,
15 as well as endocardial sides, fibres are predominantly longitudinal while in mid-wall, they are
16 more circumferential. However, in the RV, fibres at endocardial sides are mainly longitudinal
17 while mostly circumferential at epicardial sides. The structures seen in this type of images
18 have been shown to correspond well to histology²⁷. Video 1 shows the (edge-enhanced)
19 whole rat heart dataset from short-axis slices. The intramural course of coronary vessels is
20 easily traceable and the oblique course of fibres gives the impression of flow within the
21 myocardium with different direction at both edges of the walls. The spiral like arrangement
22 towards the apex is clearly shown.

23 Figure 3 shows surface rendered images of cuts through the fetal rabbit hearts. The IUGR
24 heart (C,D) is clearly smaller than the normal (A,B). Additionally, coronaries are clearly dilated
25 and much more prominent in IUGR. In the RV cut (B,D), both chordal as well as false tendons

1 can be depicted. Video 2 shows cuts through the whole heart, showing all endo- and
2 epicardial structures as well as the vasculature.

3 Figure 4 (and video 3) shows the segmented arterial trees for both fetal rabbit hearts (A,C) as
4 well as a colour-visualization of estimated local lumen diameter (B,D) where coronary
5 dilatation in IUGR (C,D) can be clearly observed. In Figure 4 (E), the normalized histogram of
6 lumen diameter shows that coronary size in IUGR is shifted to the right (i.e. larger diameter) of
7 the histogram, and the relative amount of vessels with smaller diameters (left side) in normal
8 hearts is higher.

9 Figure 5 shows local helix angles within a slice (mid ventricular) of control (A) and IUGR (B)
10 hearts, together with a visualization of the resulting 3D fibre structure in IUGR (C: fibre angles
11 within one plane; D: 3D fibre tracking throughout the wall). The gradual change from
12 predominantly longitudinal at endocardial side, towards more circumferential in mid-
13 myocardium and again longitudinal at epicardial can be observed. A rather abrupt change in
14 mid-septum is present as was suggested earlier.²⁸ The bottom plots show the histogram of the
15 distribution of the angles within the LV (E) and RV wall (F) (IUGR). From this distribution, as
16 well as from the slice showing the regional angles, it can be observed that in the LV, fibres are
17 predominantly longitudinal with both positive and negative angles, corresponding to epi- and
18 endocardial regions. However, in the RV, endocardium is clearly predominantly longitudinal,
19 but epicardium is not, resulting in an imbalance of positive and negative large angles in the
20 distribution.

21 Figure 6 (A) shows local helix angles within a slice (mid ventricular) together with a
22 visualization of the resulting 3D fibre structure (B) of a control adult rabbit heart determined by
23 MRI DTI analysis. The low resolution of MRI DTI images, demonstrated by the low number of
24 voxels across the lateral walls, clearly shows the gradual change in the local angle from endo-
25 to epicardium but makes it very difficult to quantify this in detail, especially in the more
26 complex regions such as the inflow/outflow tracks or RV/LV junction. Despite this, it can be

1 seen again how fibers are more circumferential in mid-myocardium while in the endo and
2 epicardium are more longitudinal, in agreement with what is estimated from X-PCI images.

3 Figure 7 (A) shows the optical image of a whole organ histological section of the control fetal
4 rabbit heart similar to the X-PCI section (B) to illustrate the structural similarity between them.

5 The bundle of myocytes (in red) surrounded by the extracellular matrix (white) are distinguish
6 in the histological section (A,C). Capillaries with red blood cells are also clearly visible. The

7 bottom images show a zoomed-in area of the LV lateral wall (C,D). Even though the difficulty
8 of clearly determine the angles of fiber-like arrangement of myocytes in the histological section

9 due to the immature state of the sample, the same gradual change in the directionality of the
10 fibers observed in X-PCI images (D), is also visible. Remark that the fetal myocardium, where

11 myocytes (-junctions) are not fully developed yet, are much more difficult to image/analyse
12 compared to fully mature myocardium where fibre-orientation is much more clear. Still, the X-

13 PCI images provide enough structural detail to extract local tissue orientations.

14

15

1 **DISCUSSION**

2 We described a comprehensive, integrated approach for non-destructive acquisition,
3 visualization and quantification of (sub-) structure of whole in-vitro rodent hearts at almost cell-
4 level resolution.

5 This approach allows rapid whole heart imaging to quantify morphological remodelling of all
6 substructures within different cardiac components. Both myocardial tissue and vessels can be
7 extracted and interrelated from the same dataset, with the ability to extract local orientation of
8 myocytes (=fibres) and relate it to location within wall and surrounding vasculature.
9 Additionally, global chamber geometry, including detailed visualization of trabeculations and
10 (false) tendons is provided.

11 These datasets provide a unique source of information where tissue properties can be
12 quantified/compared within the 3D structure for purposes of describing changes induced by
13 genetic/acquired disease, even if remodelling is subtle and not detectable by current imaging
14 modalities.

15 The data richness, together with resolution and image contrast, allows use of state-of-the-art
16 analysis tools to quantify and visualize different substructure of the whole 3D dataset. To
17 extract coronaries, we employed an interactive segmentation using sparse user-specified
18 seeds. The ability to discriminate local predominant direction of myocyte-aggregates allows for
19 quantification of transmural fibre distribution by extracting 3D components of the local
20 structure-tensor using gradient calculations together with fibre-tracking approaches similar to
21 those used in DTMRI. This allows optimal re-use of the vast spectrum of analysis tools, while
22 offering the possibility to combine approaches from high-resolution data with techniques
23 developed for lower resolution (clinical) modalities.

24 Additionally, both superior resolution as well as the fact that all substructures can be
25 recognized and segmented while originating from single dataset, enable to obtain structural

1 data required for performing computational modelling of the heart as a functional organ.
2 Current approaches often get image-based overall geometry, but have to incorporate fibre
3 structure from low-resolution (ex-vivo) DTMRI or statistical models developed from
4 microscopy.²⁹ This offers a wealth of new possibilities to improve models, especially towards
5 more individual simulations and comparing control and pathological specimens.

6 The proposed imaging is based on X-PCI tomography, which is available in contemporary
7 synchrotron facilities. It is currently the only non-destructive method that provides the
8 resolution needed to resolve details of the size of individual myocytes (<10 μm). Even if some
9 microCTs can provide the resolution, X-ray absorption imaging does not provide contrast
10 needed to discriminate microstructural details within cardiac tissue. Vessels and fibres can
11 only be detected when a contrast agent is used. However, this is highly artefact prone since a
12 homogeneous contrast distribution along myofibres and within vasculature is very challenging.

13 With X-PCI, not only local X-ray absorption is quantified, but it additionally captures wave-
14 propagation phenomena that enhances subtle differences in tissues and improves
15 tissue/vessel contrast and thus helps capturing details on local predominant myofibre
16 direction.²⁷ Therefore, X-PCI is far superior to (contrast-enhanced) X-ray absorption when
17 studying cardiac microstructure. While a lot of research is going on to allow for X-PCI based
18 on traditional CTs,³⁰ and compact light sources are under development^{31,32} currently, high-
19 resolution X-PCI is mainly available in synchrotrons. It is an expanding field in synchrotrons
20 and has shown great promise for non-destructive visualization/quantification of samples from
21 different origins and application fields (paleontology, biology, material-science). Extending the
22 use of these large-infrastructure research facilities, funded by (inter-)national research
23 organization, towards cardiac applications, opens up new possibilities for studying
24 cardiovascular development, pathophysiological remodelling and therapeutic targets.

25 To illustrate the potential of the approach, besides a healthy rat, we also scanned a control
26 and IUGR fetal rabbit heart. The resolution and absence of complicated preparation and

1 imaging, allowed studying the micro-architecture of the fetal heart, which is challenging
2 otherwise. Additionally, we have shown that integrated assessment of organ morphology,
3 vasculature and fibre-structure provides a way to quantify subtle (sub-clinical) remodelling
4 induced *in utero*, beyond gross changes induced by genetic alterations. We observed that,
5 while the heart is smaller, coronaries are clearly dilated, most probably as adaptation to
6 haemodynamic challenges induced by hypoxia/hyponutricia. Additionally, the gradual change
7 of fibre-direction can be quantified.

8 In this report, we describe preliminary results of in-vitro rodent hearts, mainly focusing on
9 direct visualization and quantification of remodelling induced by IUGR which has been
10 demonstrated to induce a remodelling at the organ level,^{33,3} as well as at the cellular and
11 subcellular level³⁴. However the precise mechanisms leading to increased risk of
12 cardiovascular disease in adulthood are still not well understood.

13

1 **LIMITATIONS**

2 While X-PCI is highly promising for quantification of the integrated multi-scale cardiac
3 structure and its components, currently it is limited to synchrotron-facilities and therefore not
4 easily accessible. Current synchrotrons have limited fields-of-view. Depending on the facility,
5 the current field of view is in the order of 10-15 mm for one-shot imaging. Also, an improved
6 resolution (pixels sizes $<1\mu\text{m}$) can be achieved, but this results in an even smaller field of
7 view. Using stitching approaches, larger samples, or small samples at higher resolution, can
8 be scanned but this is making it much more time-consuming. Therefore, larger hearts than
9 rodents are currently challenging.

10 On-going research in CT-technology (both microCT and clinical scanners), compact sources
11 and detectors might lead to more widespread access and.

12 In our study, we examined in-vitro rodent hearts. However, while challenging, the technology
13 should be applicable in-vivo. In fact, X-PCI has been used to perform mammographic in-vivo
14 imaging allowing greater precision in the assessment of breast cancer³⁵.

15 **CLINICAL PERSPECTIVES**

16 While the current setup, using synchrotron facilities, makes human applications limited, the
17 progress in the field of X-PCI technology as well as reconstruction approaches (a.o. efficient
18 stitching) can lead to more widespread availability. In this paper we show that X-PCI can
19 assess the detailed macro-anatomy as well as obtain information from the micro-structure.
20 When used with post-mortem tissue, this imaging approach could be used for non-destructive
21 detailed 3D tissue-characterisation, thus overcoming some of the current limitations of
22 traditional histology. For example, fast and non-destructive post-mortem diagnosis of fetuses
23 could be achieved at higher resolution/contrast compared to other modalities; 3D detailed
24 imaging of endo-myocardial biopsies could provide improved diagnostic yields. Additionally, if
25 X-PCI becomes available in clinical scanners, in-vivo assessment of tissue structure, fibrosis,
26 vessels might be achievable and would not require the use of contrast agents.

1 **CONCLUSION**

2

3 In conclusion, we have developed a novel, high resolution, non-destructive approach towards
4 visualizing and quantifying the microstructure of whole hearts at myofibre resolution, providing
5 structural information at microscopic level without need of slice processing. This opens up new
6 possibilities for a systems-medicine approach towards remodelling, providing fast acquisition
7 of hearts in a near native state without processing artefacts. Studying fetal and rodent hearts
8 is particularly challenging due to their size and the proposed approach could help to
9 understand normal organ development and remodelling in disease from earliest stages of life.

10

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1 **FIGURES**

2 **1. X-ray phase-contrast synchrotron radiation-based micro-CT imaging of a rat heart.** **A,**
3 **B** and **C**, Cardiac anatomy can be observed with great detail: aortic and tricuspid valves (**A**),
4 fibre orientation (**B**), false tendon or right ventricle moderator band (**C**). When doing volume
5 rendering of the images, details of tricuspid (**D**) or aortic valve (**E**) can be observed; as well as
6 the atrial pectinate muscles (**F** and **G**).

7

8 **2. Detail of aortic and ventricular walls of a rat heart.** In the aortic wall layers can be
9 distinguished (**A**); whereas in the ventricular walls, orientation of fibres can be determined and
10 classified as circumferential (circ) or longitudinal (long) in both right (**B**) and left (**C**) ventricles.

11

12 **3. Volume rendered images depicting detailed cardiac anatomy of an IUGR and a**
13 **control heart.** IUGR fetal heart (**C**) is smaller and with thinner walls compared to the control
14 fetal heart (**A**). Additionally, it can be appreciated that the coronary vessels are clearly dilated
15 and much more prominent in the IUGR heart (**C,D**).

16

17 **4. Segmentation of the coronary tree.** The coronary tree can be visualized in detail when
18 segmented (**A,C**). Differences between control (**A**) and IUGR (**C**) rabbit fetal hearts are even
19 more evident when the segmentation is visualized as a quantification of lumen diameter (**B,D**).
20 Lighter colours mean larger diameters; therefore, dilatation of coronary arteries in IUGR (**C,D**)
21 is clearly visible. In **E**, the normalized histogram distribution comparing approximated lumen
22 diameter of IUGR versus control (normalized to total amount of vessels) suggests that in
23 IUGR, there is a shift to the right side, i.e. larger diameter, of the histogram, and the relative
24 amount of vessel with smaller diameters (left side) in control heart vessels is higher.

1

2 **5. Fibre orientation X-PCI.** Fibre angles change across the walls within a slice in fetal rabbit
3 control (A) and IUGR (B) hearts. Fibre angles change from endo- to epi-cardium from about
4 $+60^\circ$ to -60° . In the C and D, a visualization of the 3D fibre structure of the IUGR rabbit heart is
5 shown (left: fibre angles within one slice; right: 3D fibre tracking within the wall). The histogram
6 of fibre angles for left (E) as well as right ventricle (F) are shown.

7

8 **6. Fiber orientation MRI DTI.** Fibre angles change across the walls within a slice in an adult
9 control rabbit (A) and a visualization of the 3D fibre structure within the wall (B). Fibre angles
10 change from endo- to epi-cardium from about $+90^\circ$ to -90° .

11

12 **7. Comparison of X-PCI slice and histological section.** (A) Histological section and (B) X-
13 PCI slices perpendicular to the base-apex direction are comparable. Zoom in on the lateral
14 wall of both histological (C) and X-PCI (D) slices demonstrate that fibers are more
15 predominantly circumferential in the mid-myocardium whereas on the endo- and epi-cardium
16 are more longitudinal in both slices.

17

18

1 Supplementary Information

2

3 Figure S1: An overview image of the end stage of the measurement setup showing the
4 sample, detector and camera and giving an idea of the distance from the sample to the
5 scintillator.

Figure 1

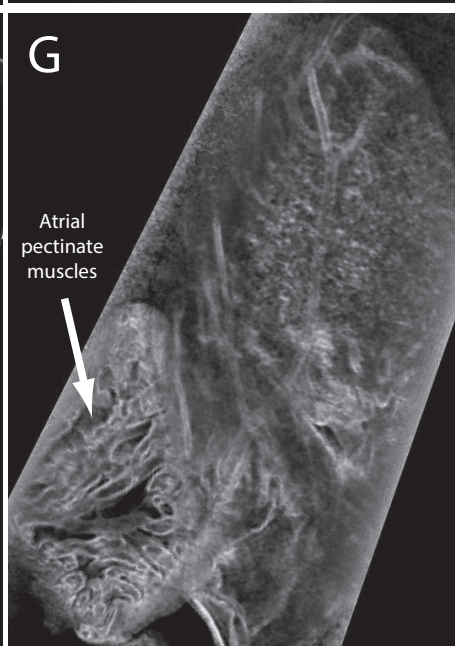
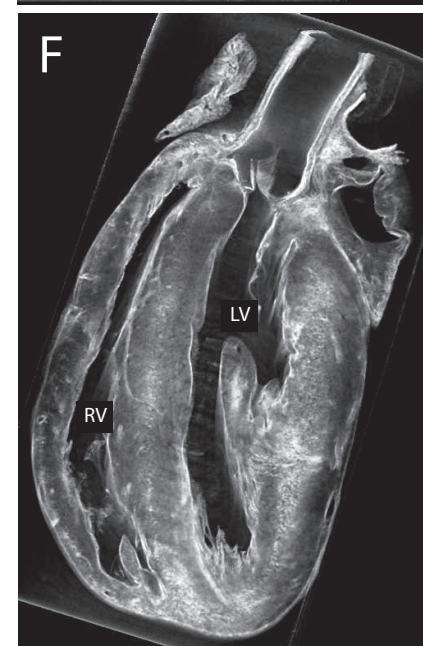
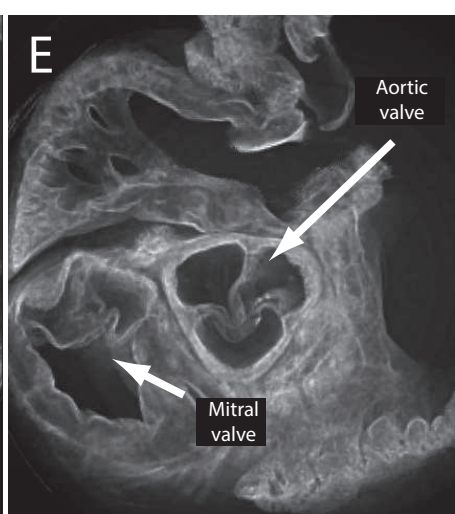
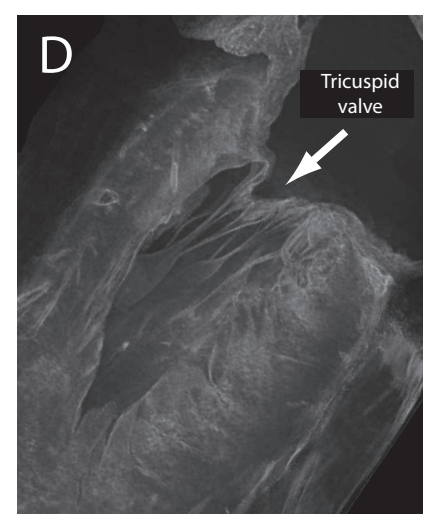
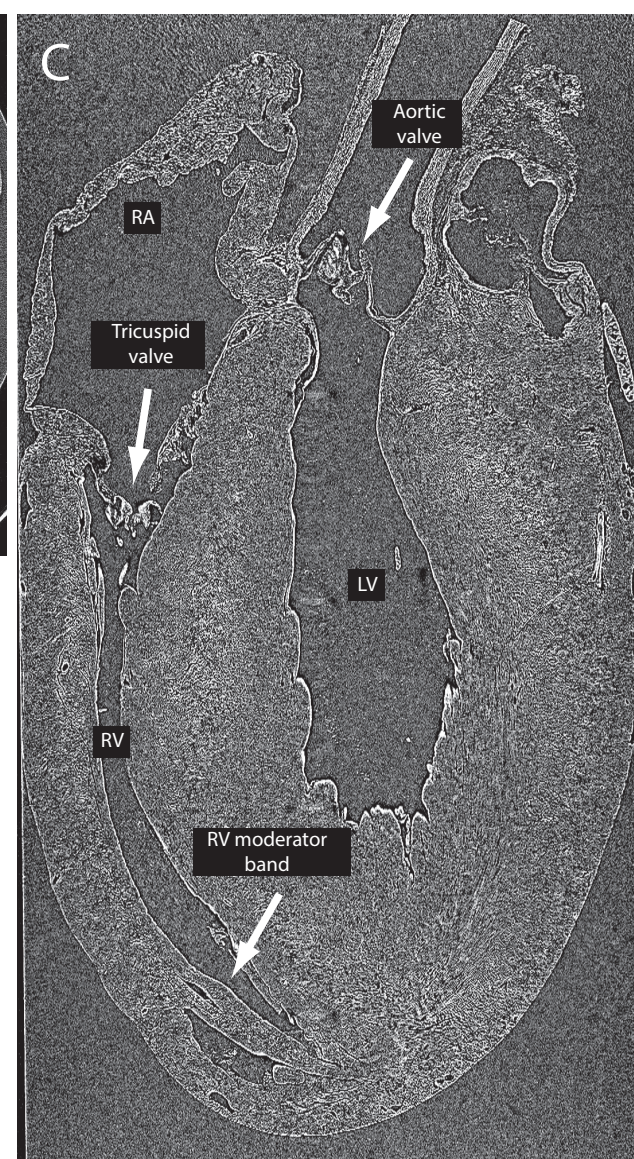
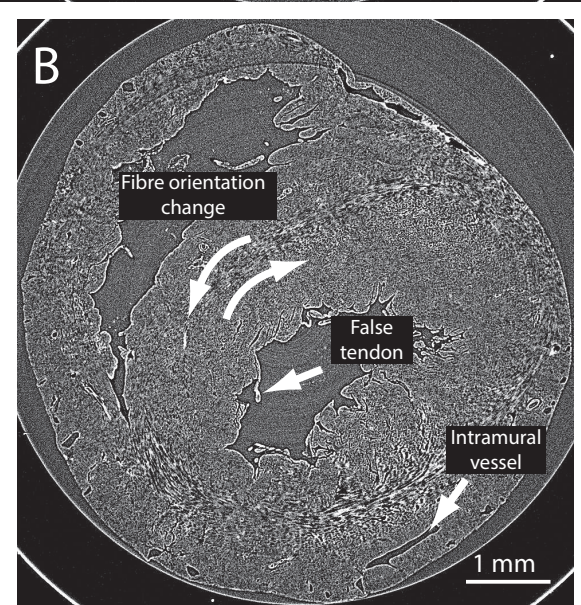
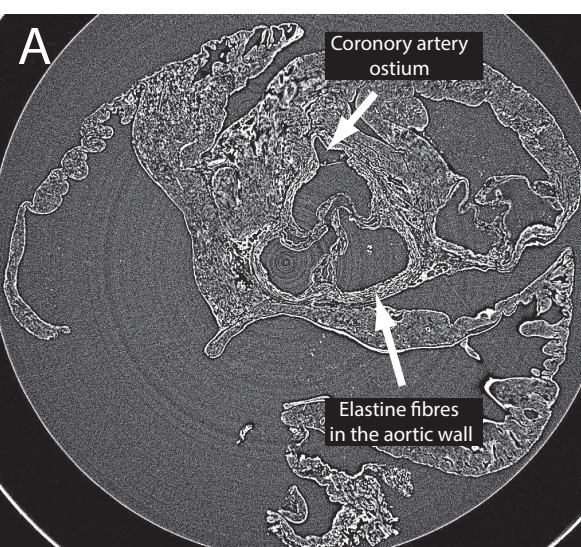
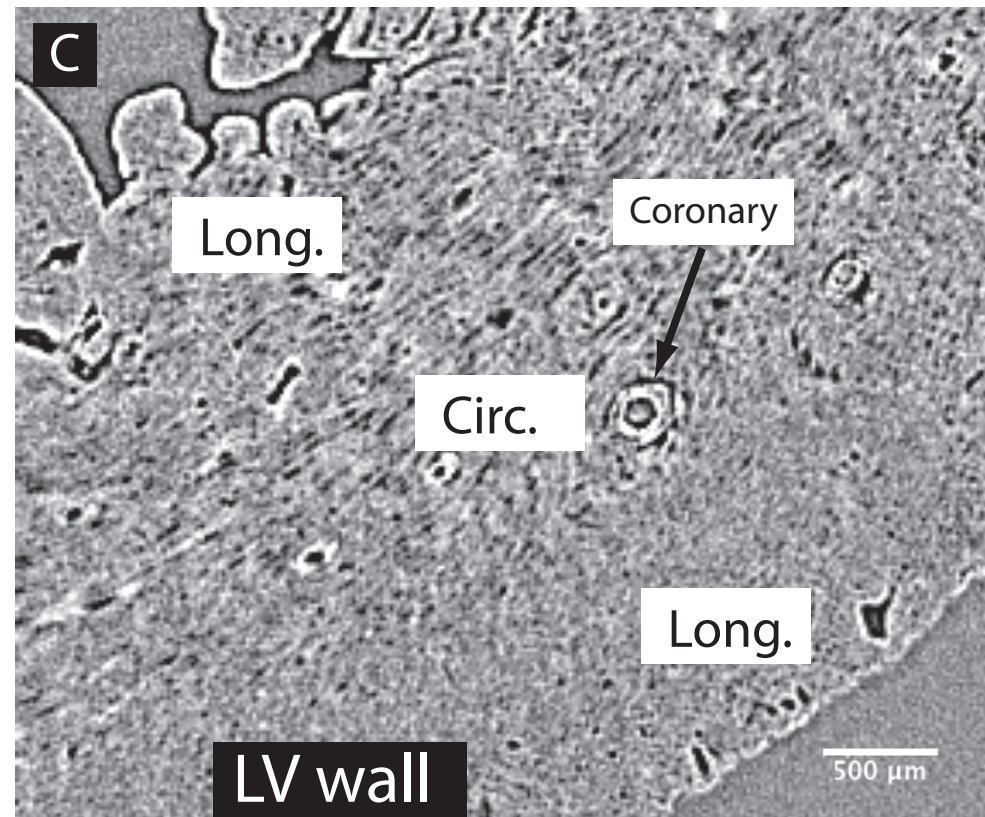
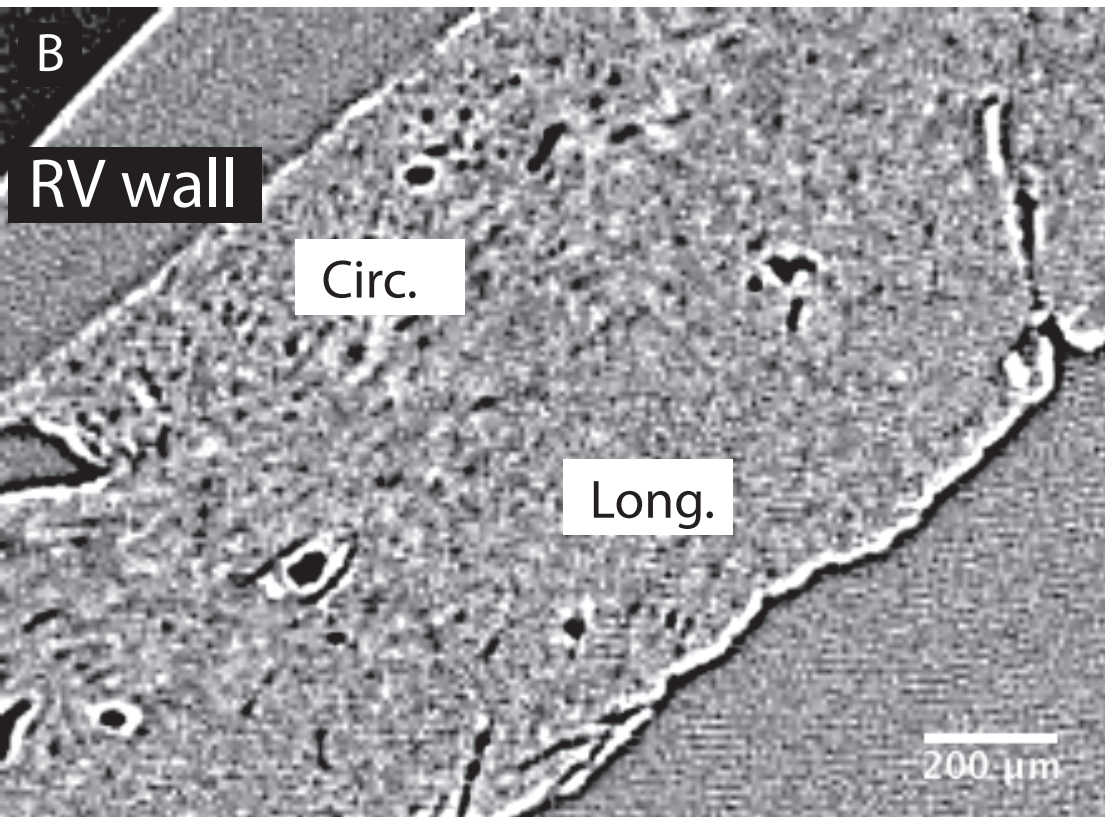
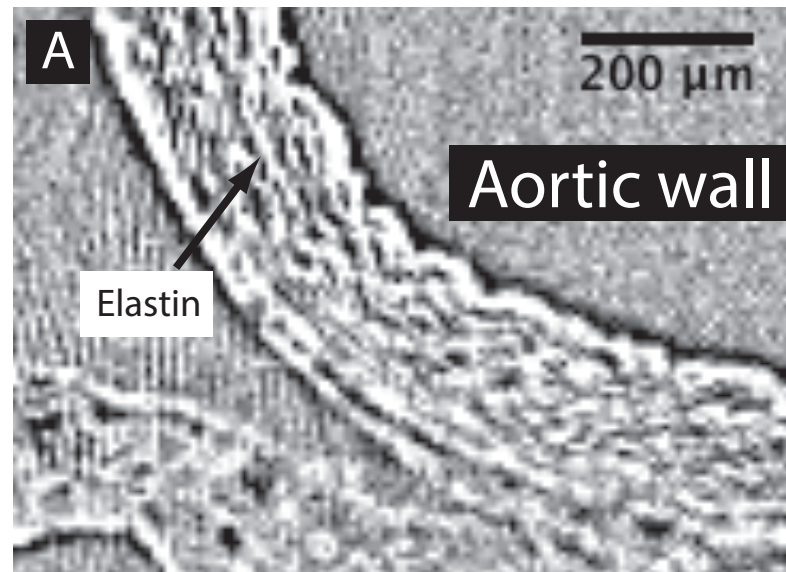


Figure 2



Control

IUGR

A

C



B

D

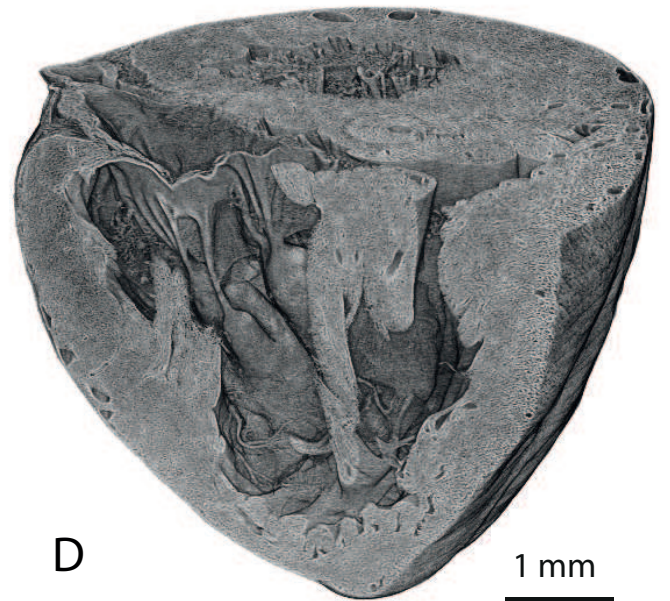


Figure 4

Control

IUGR

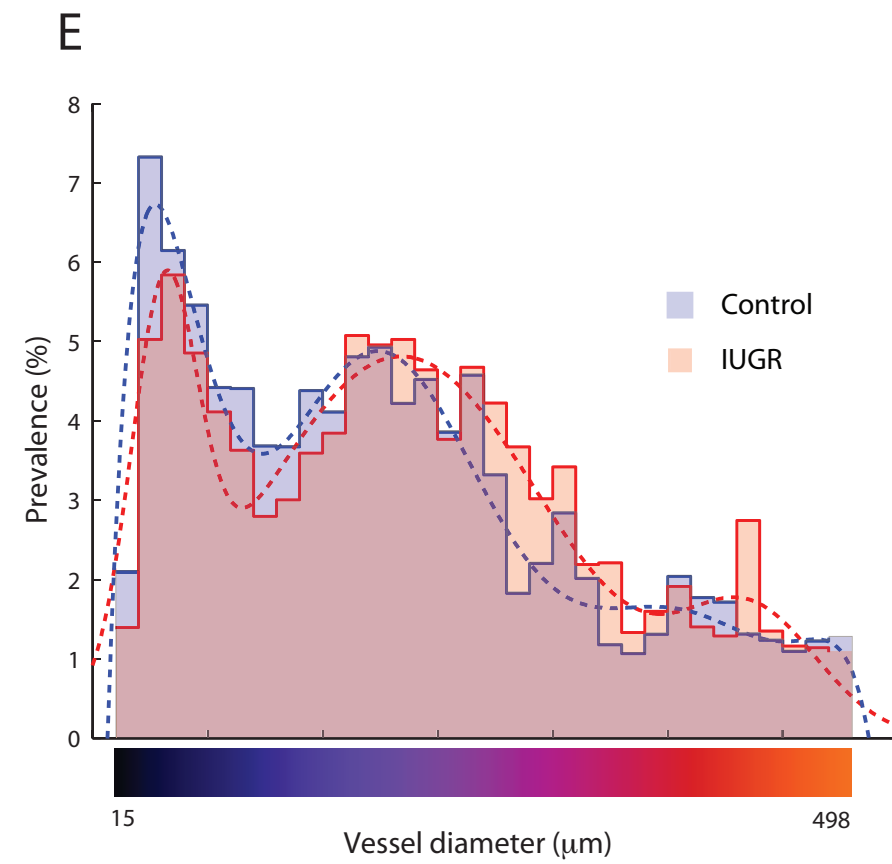
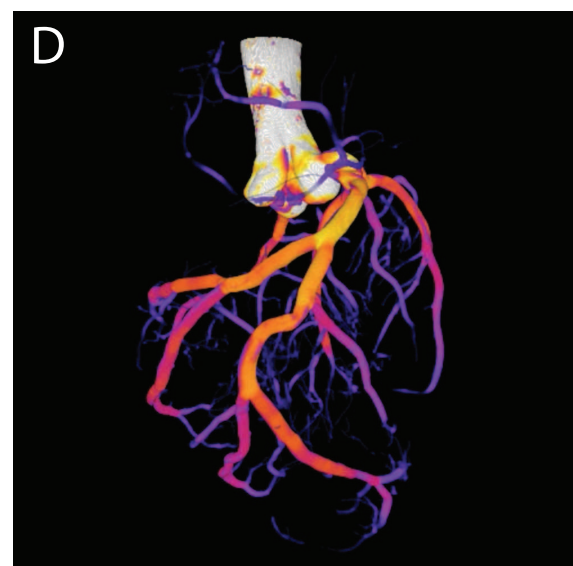
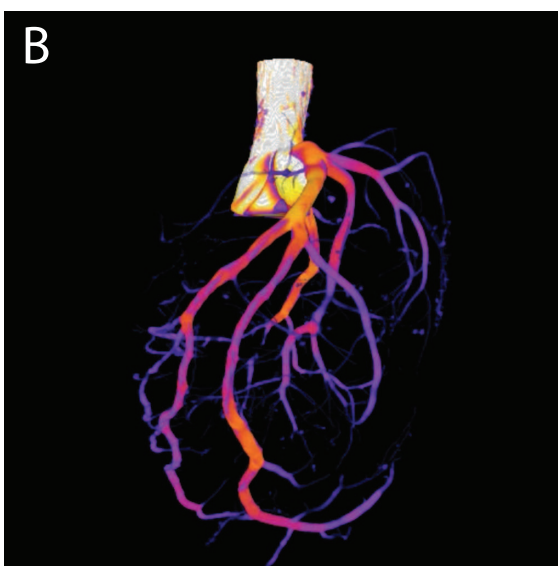
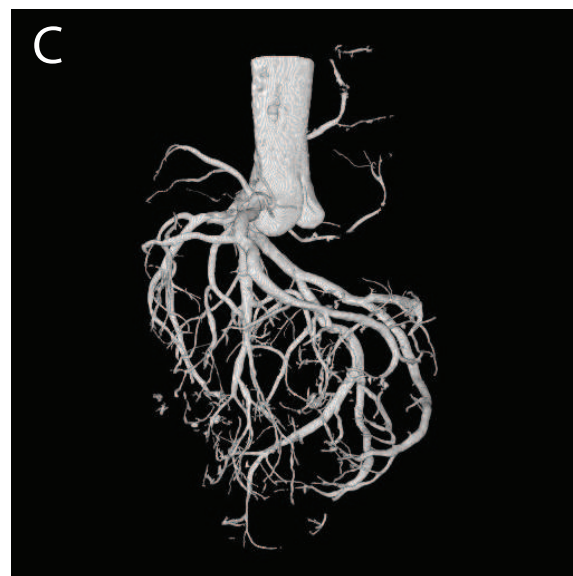
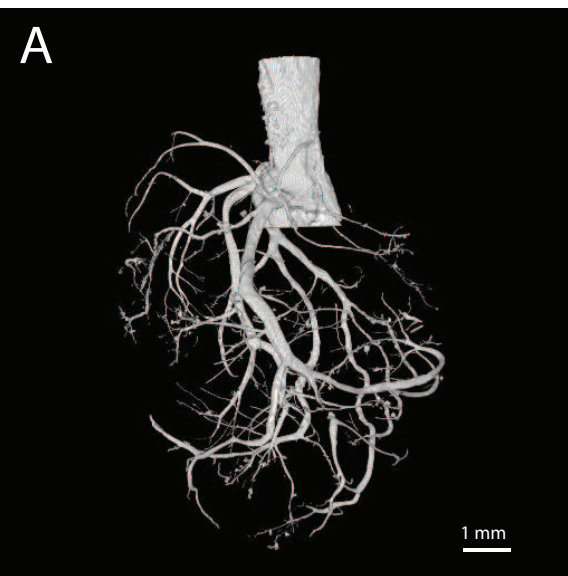
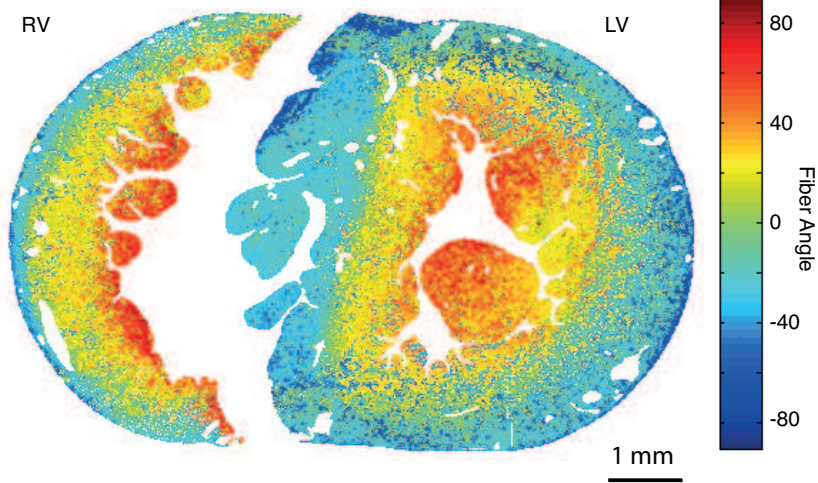


Figure 5

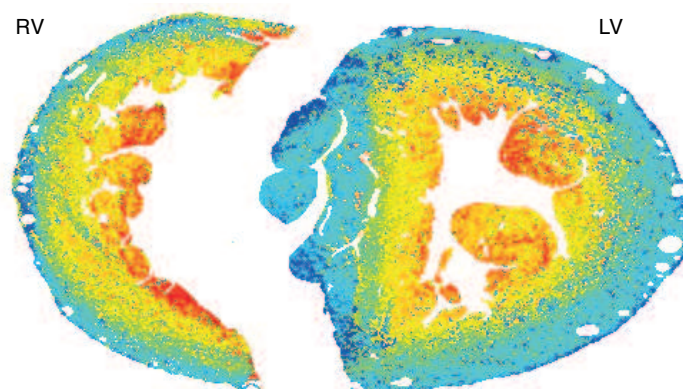
A

Control

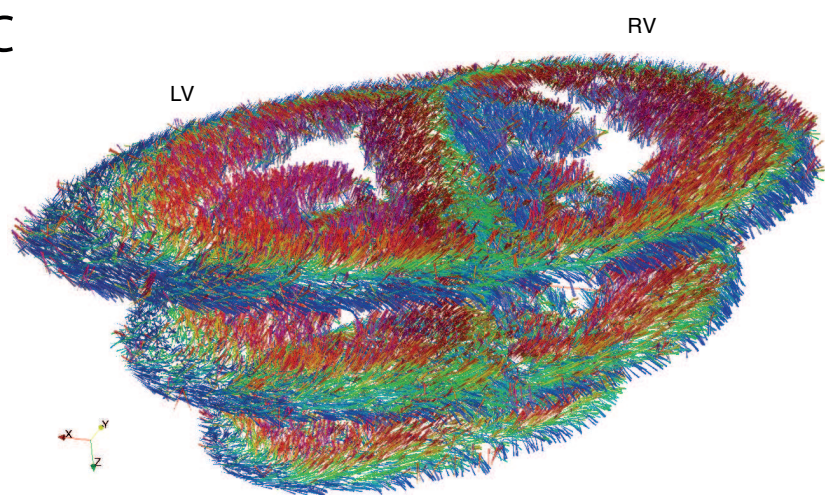


B

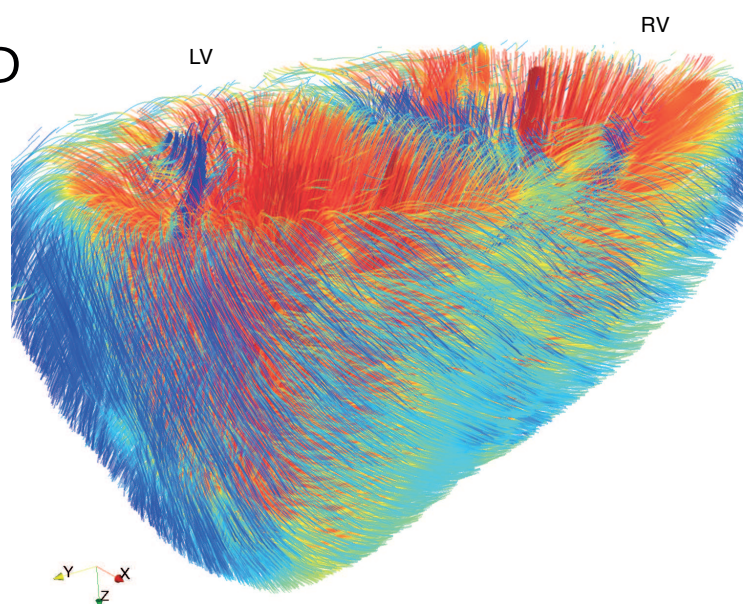
IUGR



C

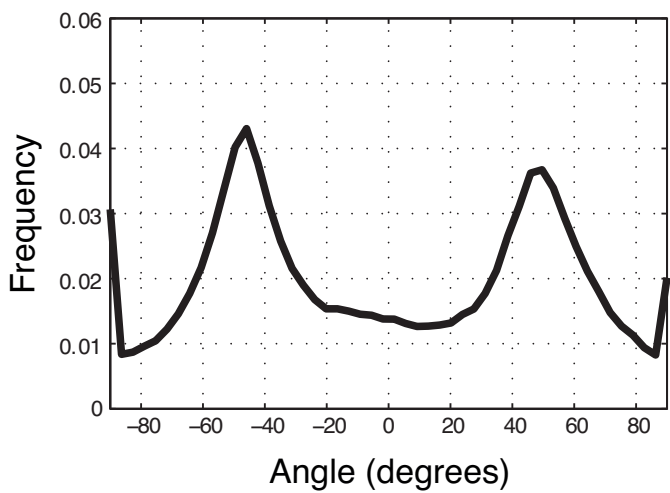


D



E

LV angle histogram



F

RV angle histogram

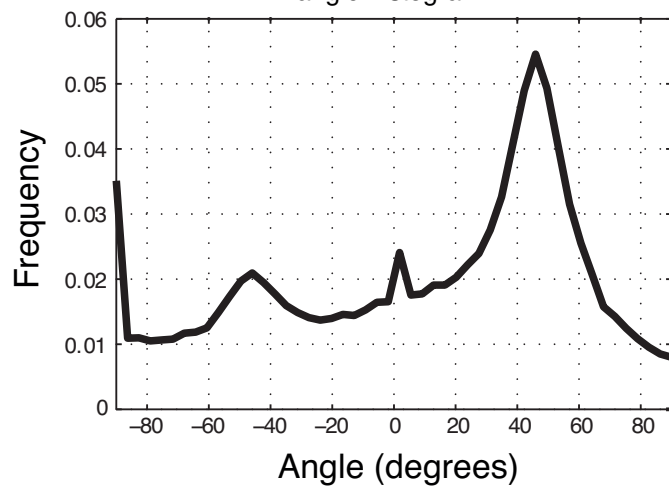


Figure 6

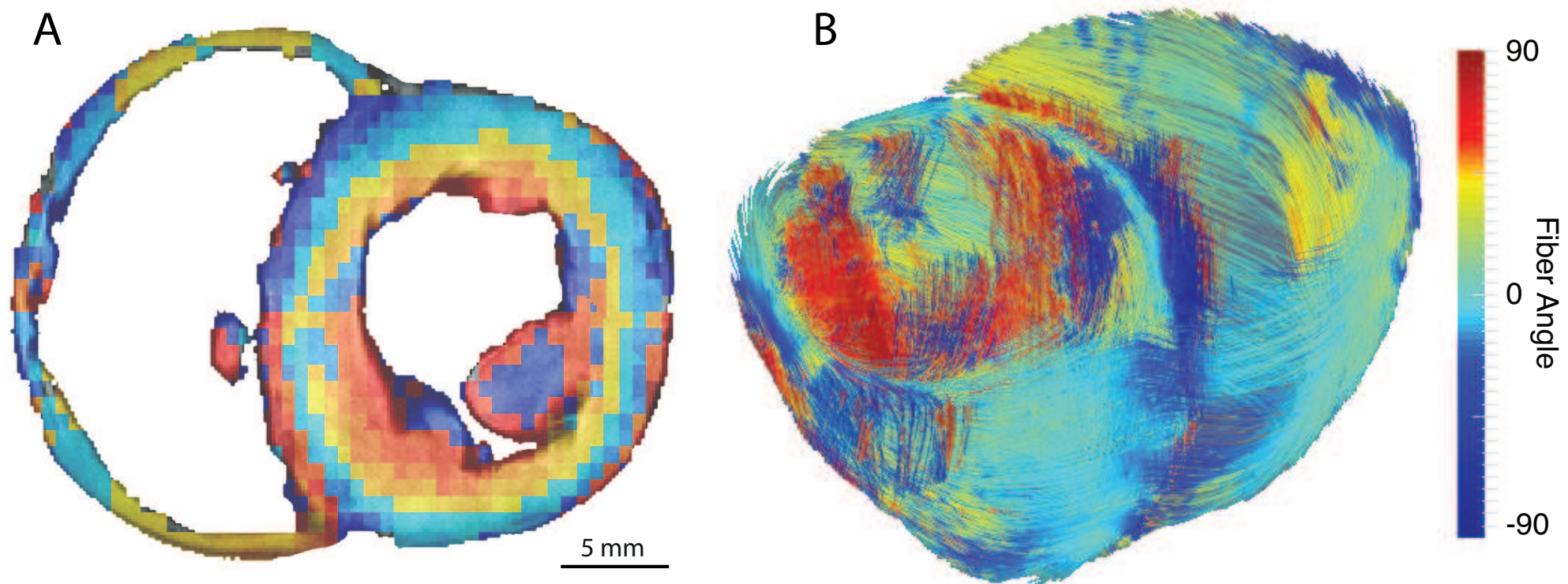
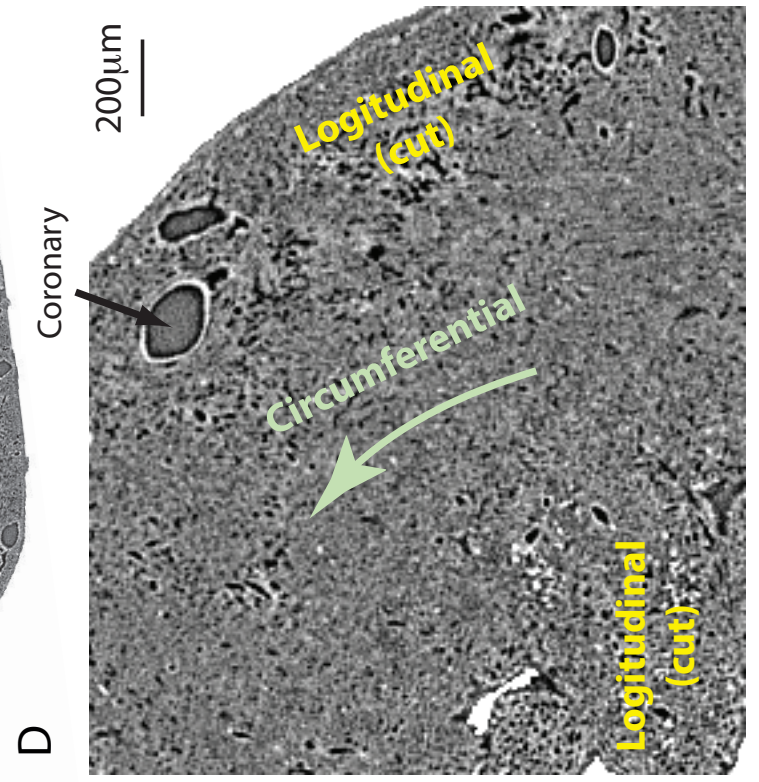
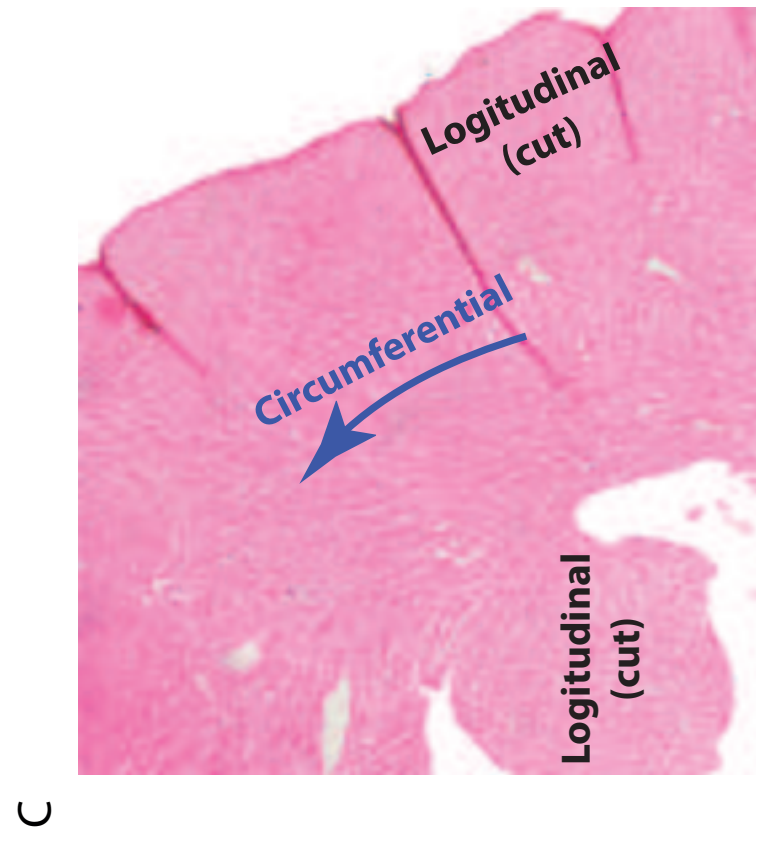
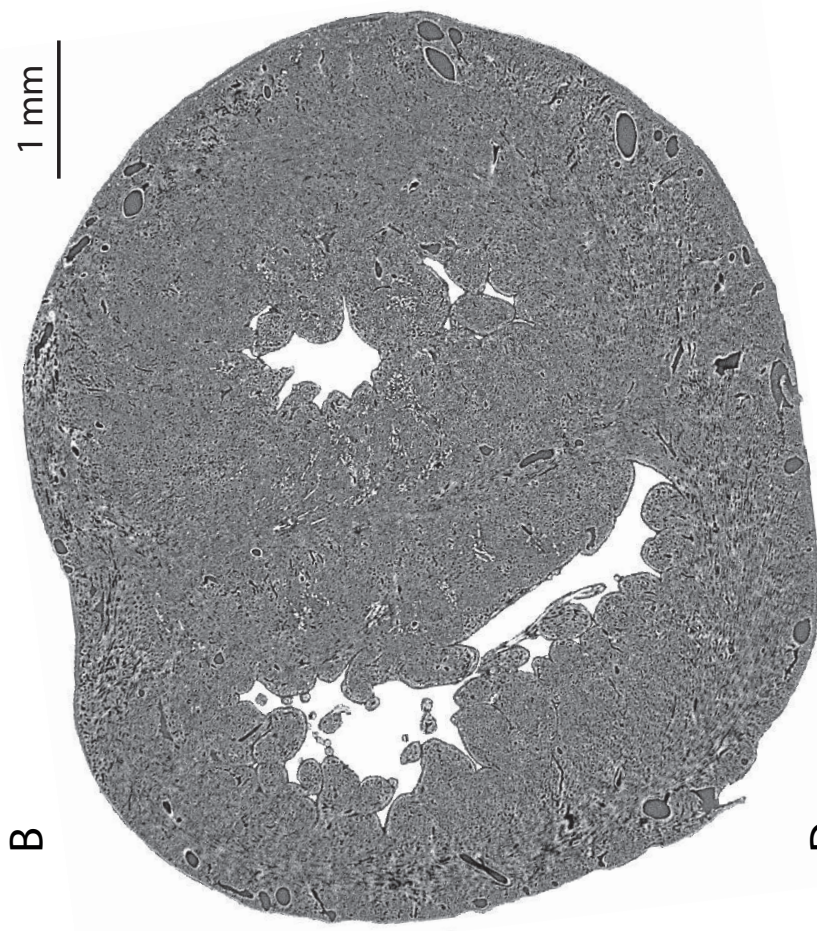


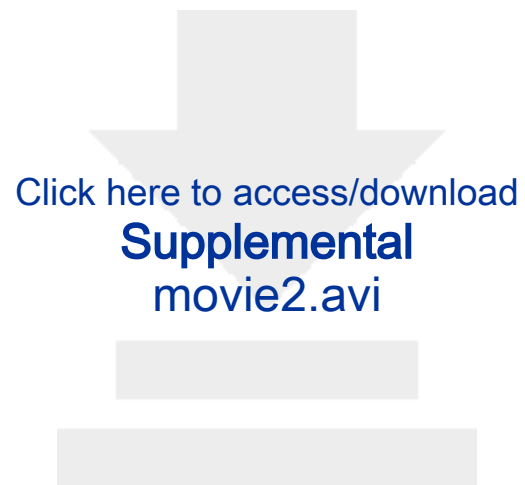
Figure 7





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