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The Type VI secretion system

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Published in:
Microbiology

DOI:
[10.1099/mic.0.000789](https://doi.org/10.1099/mic.0.000789)

Publication date:
2019

Document Version
Peer reviewed version

[Link to publication in Discovery Research Portal](#)

Citation for published version (APA):

Coulthurst, S. (2019). The Type VI secretion system: a versatile bacterial weapon. *Microbiology*, [000789]. <https://doi.org/10.1099/mic.0.000789>

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1 **The Type VI Secretion system: a versatile bacterial weapon**

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6 7 **Abstract**

8 The Type VI secretion system (T6SS) is protein nanomachine which is widespread in Gram-negative
9 bacteria and used to translocate effector proteins directly into neighbouring cells. It represents a
10 versatile bacterial weapon which can deliver effectors into distinct classes of target cells, playing key
11 roles in inter-bacterial competition and bacterial interactions with eukaryotic cells. This versatility is
12 underpinned by the ability of the T6SS to deliver a vast array of effector proteins, with many distinct
13 activities and modes of interaction with the secretion machinery. Recent work has highlighted the
14 importance and diversity of interactions mediated by T6SSs within polymicrobial communities and
15 offered new molecular insights into effector delivery and action in target cells.

16 17 **Key Words**

18 Bacterial protein secretion, Type VI secretion system, bacterial effector proteins, polymicrobial
19 communities

20 Introduction

21 The Type VI secretion system (T6SS) is a protein nanomachine deployed by many Gram-negative
22 bacteria in order to translocate effector proteins directly into target cells. Following its recognition
23 as the sixth major protein secretion system in Gram-negative bacteria (Mougous *et al.*, 2006;
24 Pukatzki *et al.*, 2006), the T6SS was initially believed to function as a classical virulence factor,
25 namely to deliver effector proteins which destroy or manipulate the cells of eukaryotic host
26 organisms ('anti-eukaryotic T6SS'). However it has subsequently become clear that the primary
27 function of the T6SS is as a device for inter-bacterial competition. In other words, bacteria use the
28 T6SS to deliver toxic anti-bacterial effectors into rival bacterial cells ('anti-bacterial T6SS'). More
29 recently, the range of known uses of the T6SS has expanded further, including action against
30 microbial fungi and scavenging of scarce metal ions. In parallel, recent work has revealed the
31 importance of interactions mediated by anti-bacterial T6SSs in varied polymicrobial communities
32 and offered new molecular insights into effector delivery and action in target cells.

33 It has been estimated that > 25% of proteobacteria encode at least one T6SS in their genome (Bingle
34 *et al.*, 2008). These T6SSs, whilst sharing the same 13 or 14 core components (TssA-M, PAAR), show
35 considerable variation in terms of gene content and function and can be split into six sub-families (1,
36 2, 3, 4a, 4b, 5) (Barret *et al.*, 2011; Boyer *et al.*, 2009). Moreover, two further, evolutionarily-
37 divergent, T6SS-like systems have been reported. One is found on the *Francisella* pathogenicity
38 island and designated T6SSⁱⁱ, the other is found in the phylum *Bacteroidetes* and designated T6SSⁱⁱⁱ,
39 whilst the widespread and well-characterised proteobacterial T6SS can be termed T6SSⁱ. T6SSⁱⁱ and
40 T6SSⁱⁱⁱ have distinct components but a common overall mode of action when compared with the
41 canonical T6SSⁱ (Clemens *et al.*, 2015; Russell *et al.*, 2014). A given bacterial species can contain
42 between one and six different T6SSs, with the complement of T6SSs present frequently varying
43 between individual strains. In some bacteria, one T6SS is used for two distinct roles, e.g. the T6SS in
44 *Vibrio cholerae* is both anti-bacterial and anti-eukaryotic (MacIntyre *et al.*, 2010), whilst in other
45 cases different T6SSs fulfil distinct roles, e.g. T6SS-5 and T6SS-1 in *Burkholderia thailandensis* have
46 exclusively anti-host and anti-bacterial activity, respectively (Schwarz *et al.*, 2010). In general,
47 different bacterial species and strains use and tailor their T6SS(s) for specific roles according to the
48 niche and strategy of the organism. In addition to variation in number and type of T6SS itself, there
49 is also considerable diversity in effector portfolio. Furthermore, regulation of T6SS gene expression is
50 highly organism-specific and matched with the biological role the system is required to fulfil. For
51 example, the anti-host T6SS of *B. mallei* is regulated by the global virulence regulator VirAG, whilst
52 the 'defensive' anti-bacterial H1-T6SS of *Pseudomonas aeruginosa* is post-transcriptionally activated
53 by cell damage-derived signals via the RetS/Gac/Rsm pathway (LeRoux *et al.*, 2015; Schell *et al.*,

54 2007). The aim of this review is to showcase the diversity and breadth of functions mediated by the
55 T6SS and highlight the widespread importance of this system in many contexts.

56 **Mechanism of effector delivery by the T6SS**

57 The T6SS is a large and dynamic 'nanomachine' that uses a contraction mechanism to propel an
58 extracellular puncturing structure out of the secreting cell. The force of this propulsion can further
59 drive the puncturing structure, which is decorated with effector proteins, into an immediately-
60 adjacent cell, thus achieving contact-dependent translocation of effector proteins into target cells
61 (summarised in **Figure 1**).

62 *Assembly and firing of the T6SS machinery*

63 As reviewed in detail elsewhere (Brackmann *et al.*, 2017; Cianfanelli *et al.*, 2016b; Clemens *et al.*,
64 2018; Nguyen *et al.*, 2018), the T6SS is an envelope-spanning apparatus assembled from 14 core
65 components (TssA-M, PAAR) and comprising several distinct sub-assemblies: membrane complex,
66 cytoplasmic baseplate, cytoplasmic contractile sheath and expelled puncturing structure. The
67 puncturing structure consists of a tube of stacked hexameric rings of the Hcp (TssD) protein, topped
68 by a spike made of a VgrG (TssI) trimer with a PAAR domain-containing protein tip. Assembly begins
69 with the formation of the bell-shaped membrane complex, comprising ten or twelve copies each of
70 the outer membrane protein TssJ and the inner membrane proteins TssLM (Durand *et al.*, 2015;
71 Nguyen *et al.*, 2018). The cytoplasmic face of the membrane complex then docks the baseplate,
72 which consists of six TssEF₂G(K₃)₂ 'wedges' around a central VgrG₃PAAR unit. TssK acts as a connector
73 linking the baseplate to the membrane complex, by interacting with TssFG and the cytoplasmic
74 domains of TssLM (Cherrak *et al.*, 2018; Nazarov *et al.*, 2018; Nguyen *et al.*, 2018). The Hcp tube can
75 then assemble onto the base of VgrG, extending into the cytoplasm. Simultaneously, a helical sheath
76 structure made of TssBC subunits polymerises around the Hcp tube in an extended, high-energy
77 'primed' conformation (Kudryashev *et al.*, 2015; Renault *et al.*, 2018; Wang *et al.*, 2017). Rapid (< 2
78 ms) contraction of the TssBC sheath drives the Hcp-VgrG-PAAR structure through the baseplate and
79 membrane complex, out of the secreting cell. Contraction of the TssBC sheath, which can span the
80 width of the producing cell, provides sufficient power and reach for the expelled Hcp-VgrG-PAAR
81 structure to also breach an appropriately located recipient cell (Basler, 2015; Vettiger *et al.*, 2017;
82 Wang *et al.*, 2017). Following contraction, the contracted sheath is specifically depolymerised by the
83 ATPase TssH, whilst the effectors are somehow released inside the target cell. A role for the final
84 core T6SS component, TssA, in capping the distal end of the Hcp-TssBC structure and co-ordinating
85 assembly of the inner tube and the sheath has recently been described (Dix *et al.*, 2018; Zoued *et al.*,
86 2016).

87 The contraction-based mechanism of the T6SS is related to the injection mechanism of contractile
88 bacteriophages, with close structural similarities between the Hcp-VgrG-PAAR structure and the
89 phage tail tube and tail spike, between the TssBC sheath and the tail sheath, and between the
90 TssEFG and gp25gp6₂gp7 wedge units (Brackmann *et al.*, 2017; Cherrak *et al.*, 2018). However in
91 contrast with the phage system, the T6SS can be reused for multiple firing events by the same cell.
92 Indeed dynamic cycles of T6SS assembly-contraction-disassembly have been observed using
93 fluorescence microscopy imaging of individual T6SSs in a number of organisms, including *V. cholerae*,
94 enteroaggregative *E. coli* (EAEC), *P. aeruginosa* and *Serratia marcescens* (Basler *et al.*, 2012; Basler
95 *et al.*, 2013; Durand *et al.*, 2015; Ostrowski *et al.*, 2018).

96 *Accessory components*

97 In addition to the core components above, T6SSs are diversified and further tailored for their
98 function by the possession of accessory structural or regulatory components which are present in
99 some, but not all, T6SSs. In some systems an additional membrane complex component, SciZ/TagL,
100 provides a peptidoglycan binding functionality normally present in TssL, whilst, conversely, T6SSs
101 may also co-opt peptidoglycan hydrolase enzymes to assist in the formation of the membrane
102 complex through the cell wall (Aschtgen *et al.*, 2010; Santin & Cascales, 2017; Weber *et al.*, 2016). In
103 EAEC, a membrane-associated TssA-family protein, TagA, interacts with TssA in order to 'catch', stop
104 and stabilise the extending TssBC sheath when it reaches the opposite side of the cell (Santin *et al.*,
105 2018). Although some other T6SSs possess a second TssA-family protein which is likely to function
106 similarly, many do not, leaving open the question of how else this function might be achieved.
107 Another protein, TagJ, may help to recruit TssH to the contracted sheath in some systems (Forster *et al.*
108 *et al.*, 2014).

109 Many T6SSs also contain conserved post-translational regulatory components. In *P. aeruginosa* and
110 *S. marcescens*, a membrane-bound protein threonine kinase, PpkA, phosphorylates the T6SS-
111 associated Fha protein, overcoming inhibition mediated by a negative regulator, TagF, and thereby
112 allowing assembly of an active T6SS. An antagonistic phosphatase, PppA, promotes spatial relocation
113 of the T6SS machinery between firing events. Interestingly, the two systems are used to increase the
114 efficiency of T6SS anti-bacterial activity in distinct ways. In *P. aeruginosa*, the TagQRST complex
115 detects incoming T6SS-mediated attacks from neighbouring cells, activating PpkA and thus causing
116 the H1-T6SS to assemble and fire back towards the attacker, making it a 'defensive' system. In *S.*
117 *marcescens*, the upstream regulator of PpkA is a distinct protein, RtkS, and the signal for activation is
118 independent of incoming attack or cell-cell contact, resulting in an 'offensive' system which can
119 attack passive or aggressive neighbours (Cianfanelli *et al.*, 2016b; Ostrowski *et al.*, 2018; and

120 references therein). Other variations also exist, including PpkA-mediated phosphorylation of TssL in
121 *A. tumefaciens* (Lin *et al.*, 2014).

122 *Modes of effector delivery*

123 An important aspect of the versatility of the T6SS is its ability to deliver a large variety of different
124 types of effector proteins. To achieve this, effectors can associate with the expelled Hcp-VgrG-PAAR
125 structure through multiple distinct mechanisms in order to be translocated between cells (**Figure 1**).
126 ‘Cargo’ effectors non-covalently interact with specific Hcp, VgrG or PAAR proteins, whilst
127 ‘specialised’ effectors comprise modular proteins in which additional effector domains are
128 covalently fused to the C-terminus of Hcp, VgrG or PAAR proteins (Cianfanelli *et al.*, 2016b; Durand
129 *et al.*, 2014). Hcp-dependent cargo effectors are relatively small, bind within the lumen of the Hcp
130 hexamer and are recognised and stabilised by this interaction, as first described for the anti-bacterial
131 effectors Tse2, Tse1 (Tae1^{PA}) and Tse3 (Tge1^{PA}) of *P. aeruginosa* (Silverman *et al.*, 2013). VgrG-
132 dependent cargo effectors interact with specific VgrG proteins to sit on the outside of the spike and
133 include many phospholipase effectors, such as Tle1^{EC} from EAEC (Flaugnatti *et al.*, 2016). Examples of
134 PAAR-interacting cargo effectors have also recently been reported, including TseT in *P. aeruginosa*
135 (Burkinshaw *et al.*, 2018). Many different examples of specialised VgrG effectors (also termed
136 ‘evolved VgrGs’) have been described, including VgrG-1 of *V. cholerae*, which possesses a C-terminal
137 actin crosslinking domain (ACD) (Pukatzki *et al.*, 2007). PAAR domain-containing specialised effectors
138 are also widespread and diverse, including many nuclease toxins. They can be based simply on a
139 PAAR domain followed by an effector domain, but also include a group of large polymorphic toxins
140 known as Rhs proteins. In the latter, a conserved central Rhs repeat domain is predicted to form a
141 shell-like structure around a C-terminal effector domain, with different Rhs proteins possessing a
142 multitude of distinct C-terminal domains and associated immunity proteins (Alcoforado Diniz &
143 Coulthurst, 2015; Hachani *et al.*, 2014; Whitney *et al.*, 2014; Zhang *et al.*, 2012). It also appears that
144 effector domains may on occasion be fused at the N-terminal end of PAAR proteins, further
145 emphasizing their modularity (Shneider *et al.*, 2013). A family of specialised Hcp effectors with a
146 number of distinct C-terminal effector domains, present in members of the *Enterobacteriaceae*, has
147 also recently been described (Ma *et al.*, 2017a). Thus all three components of the expelled
148 puncturing structure can be used for both cargo and specialised effector delivery modes. A given
149 T6SS is typically associated with multiple VgrG, PAAR and/or Hcp homologues, with or without
150 specialised effector domains, allowing for delivery of many effectors. Specific combinations of these
151 homologues define functional tube-spike units and determine the effectors translocated by that
152 firing event (Cianfanelli *et al.*, 2016a). However the frequency and significance of the formation of
153 VgrG heterotrimers, or of ‘mixed’ Hcp tubes, is currently unclear.

154 In some cases, effector recruitment and therefore delivery by the T6SS requires a further
155 'chaperone' or 'adaptor' protein. Several unrelated but widespread families of such chaperones have
156 been described to date. EagR/EagT (DUF1795) proteins bind the N-terminal PAAR-containing
157 domains of Rhs and Tse6-like effectors, stabilising transmembrane regions which may ultimately
158 permit the effectors to cross the recipient cell inner membrane and allowing the effector to be
159 loaded onto the cognate VgrG (Cianfanelli *et al.*, 2016a; Quentin *et al.*, 2018). Tap-1/TecL (DUF4213)
160 family proteins allow the interaction and loading of VgrG-dependent cargo effectors, including TseL
161 and Tde1, onto the cognate VgrG. They are modular adaptors, where the C-terminal half of the
162 protein varies with the associated effector, providing a mechanism for new effectors to be
163 horizontally acquired and interact with existing VgrG homologues via recombination within the Tap-
164 1 gene (Ma *et al.*, 2014; Unterweger *et al.*, 2015). A chaperone (TecT) facilitating interaction of a
165 PAAR-dependent cargo effector with the cognate PAAR protein has also been reported, with PAAR
166 competing with a co-chaperone for access to the chaperone (Burkinshaw *et al.*, 2018). None of these
167 families of chaperones appear to be secreted with their effectors, rather their role is to protect and
168 load specific effectors onto the machinery prior to secretion. Consistent with the different routes of
169 effector secretion, there is no universal secretion signal for substrates of the T6SS. No such signal is
170 required for specialised effectors, whilst cargo effectors require specific 3D interactions with their
171 cognate VgrG/PAAR/Hcp protein, assisted in many cases by specific chaperones. One secretion motif
172 ('MIX') has been identified in a subset of effectors widespread in *Vibrionaceae* (Salomon *et al.*,
173 2014); this motif is likely to define an adaptor domain interacting with one of the core components.

174 **Anti-bacterial effectors**

175 T6SSs represent widespread and potent weapons for killing or inhibiting rival bacterial cells, both
176 within and between species. This is achieved by the delivery of broad-spectrum anti-bacterial
177 effectors (**Figure 2**), with a given system typically able to deliver one or more representatives of
178 several different effector families.

179 *Classes and modes of action of T6SS-delivered anti-bacterial effectors*

180 A large number of T6SS effectors which target the peptidoglycan cell wall of recipient bacteria have
181 been identified. These peptidoglycan hydrolases can be divided into at least five families of
182 peptidoglycan amidases (Tae1-4, TaeX), which cleave specific bonds within the peptide cross-bridges
183 of the cell wall, and four families of peptidoglycan glycoside hydrolases (Tge1-3, VgrG-3), which
184 cleave the backbone glycan chains (Brooks *et al.*, 2013; Ma *et al.*, 2018; Russell *et al.*, 2012; Whitney
185 *et al.*, 2013). The inner membrane is also a common target of T6SS effectors. Five families of
186 lipase/phospholipase effector (Tle1-4, includes effectors with phospholipase A₁ or A₂ activity, and

187 Tle5, phospholipase D) have been described (Flaugnatti *et al.*, 2016; Russell *et al.*, 2013). Additionally
188 two effectors, VasX and Tse4, have been reported to form pores or channels in the membrane
189 (LaCourse *et al.*, 2018; Miyata *et al.*, 2013). All these effectors targeting the cell wall or membrane
190 act in/from the periplasm, being generally non-toxic if expressed in the cytoplasm and in some cases
191 activated by periplasmic insertion of disulphide bonds (Mariano *et al.*, 2018). This suggests that the
192 major destination for incoming effectors is likely to be the periplasm of target cells, which may also
193 inform on why the T6SS does not appear to act against Gram-positive cells which lack this
194 compartment. However T6SSs also deliver effectors which act in the bacterial cytoplasm. A number
195 of T6SS-dependent nuclease effectors have also been described (e.g. DNases Tde1 and RhsAB) with
196 many more, particularly PAAR-containing specialised effectors, predicted to possess DNase, RNase
197 or deaminase activity according to bioinformatic analyses (Koskiniemi *et al.*, 2013; Ma *et al.*, 2017b;
198 Ma *et al.*, 2014; Zhang *et al.*, 2012). T6SS effectors can also act by degrading an essential cytoplasmic
199 cofactor, as revealed by the identification of two families of NAD(P)⁺ hydrolase effectors (Tse6/Tne1
200 and Tne2) (Tang *et al.*, 2018; Whitney *et al.*, 2015). Recently a T6SS-delivered ADP-ribosyltransferase
201 toxin, Tre1, which modifies FtsZ by the addition of ADP-ribose and thus inhibits cell division, has
202 been described. Such toxins are often used by bacteria against eukaryotic cells but this work
203 suggests they may also be used by several inter-bacterial toxin delivery systems including the T6SS
204 (Ting *et al.*, 2018). Cytoplasmic acting effectors may reach the cytoplasm in several ways: by a
205 minority of T6SS delivery events reaching the cytoplasm directly, by effectors incorporating
206 transmembrane domains to allow their own traversal of the inner membrane, and/or by target cell
207 protein-mediated import similar to Cdi toxins; to date, some evidence has been presented for each
208 possibility (Quentin *et al.*, 2018; Vettiger & Basler, 2016; Whitney *et al.*, 2015; Willett *et al.*, 2015).
209 Whilst numerous and varied T6SS-dependent antibacterial effectors have already been reported, it
210 seems clear that the portfolio of effectors and of effector modes of action will continue to grow,
211 given that many effectors identified to date still have no known or readily-predictable function and
212 that new effectors will be revealed by experimental and bioinformatic analysis of increasing
213 numbers of bacterial strains and species.

214 *Self-protection by specific immunity proteins*

215 Any bacterial cell possessing an anti-bacterial T6SS must possess a means to prevent self-intoxication
216 by its own effectors (cytoplasmic-acting effectors, prior to secretion) and intoxication by effectors
217 delivered into it by its neighbouring sibling cells (all effectors, incoming). This is achieved through
218 specific immunity proteins, which are encoded adjacent to the gene for the cognate effector protein.
219 Immunity proteins reside in the cellular compartment of action of the effector and normally bind
220 tightly to the effector to physically prevent toxicity (**Figure 2**) (Alcoforado Diniz & Coulthurst, 2015).

221 For example, immunity proteins against peptidoglycan hydrolase effectors are soluble or lipid-
222 anchored periplasmic proteins which specifically bind to their cognate effectors and block the active
223 site (Russell *et al.*, 2011; Srikannathan *et al.*, 2013; Whitney *et al.*, 2013). Interestingly, the Tri1
224 immunity protein, which protects against the Tre1 ADP-ribosyltransferase effector, has a novel dual
225 function. In addition to a typical, specific active site occlusion mechanism, it also has an enzymatic
226 ADP-ribosylhydrolase activity which removes the modification added by the effector and confers
227 broad resistance to related toxins (Ting *et al.*, 2018).

228 *Evolution and acquisition of effector-immunity pairs*

229 T6SS-mediated inter-bacterial competition occurs between and within bacterial species, mediated
230 by considerable variation in effector-immunity portfolio, even between strains of the same species.
231 In addition to diversity in the number and type of effector, there is also variation within effector
232 families, resulting in related but specific and mutually-incompatible effector-immunity pairs. In
233 general, effector-immunity pairs appear to be horizontally acquired in an inter-bacterial 'arms race'.
234 In the case of specialised effectors, there is some evidence, particularly for Rhs proteins, that
235 homologous recombination events allow the facile exchange of one C-terminal effector domain plus
236 cognate downstream immunity gene for another pair, resulting in highly variable loci which can
237 mediate competition between strains (Koskiniemi *et al.*, 2014). For cargo effectors, whilst simple
238 effector-immunity pairs can be acquired, it appears that they are often acquired together with linked
239 chaperone or VgrG proteins which are predicted to allow their delivery in the recipient background
240 (Barret *et al.*, 2011; Fitzsimons *et al.*, 2018; Unterweger *et al.*, 2015). So-called 'orphan' immunity
241 proteins, which do not confer resistance to effectors currently possessed by the organism, are
242 frequently encoded downstream of a related 'active' effector-immunity pair. They may be retained
243 from formerly-active effector-immunity pairs where the effector has been lost, or represent newly-
244 acquired genes, in both cases likely able to confer protection against effectors delivered by other
245 strains (Alcoforado Diniz *et al.*, 2015; Kirchberger *et al.*, 2017). Many T6SS effectors appear to be
246 modular toxin domains which can be used for inter-bacterial competition in several contexts, such as
247 as cargo or specialised T6SS effectors, effectors delivered by contact-dependent inhibition (Cdi) or
248 Type VII (ESAT/Esx) secretion systems, or toxin domains of colicins. For example, Tne2 domains are
249 found in putative T6SS cargo effectors, in Rhs and smaller PAAR specialised T6SS effectors, and in
250 proteins containing LXG and WXG motifs associated with T7SSs (Tang *et al.*, 2018), whilst CdiA toxin
251 domains are frequently shared with T6SS-associated Rhs proteins and can also be found in putative
252 T6SS cargo effectors (Batot *et al.*, 2017; Poole *et al.*, 2011).

253 One reason why anti-bacterial T6SSs are so effective is likely to be because multiple distinct effectors
254 can be delivered at the same time. On one hand, this means that a rival cell cannot simply protect
255 itself by becoming spontaneously resistant to one effector or acquiring one immunity protein.
256 Perhaps more importantly, simultaneous delivery of effectors targeting the cell wall, cell membrane
257 and cellular DNA, for example, or attacking one target with several different enzymatic activities, is
258 likely to lead to more efficient killing than any effector alone. Indeed synergy between several
259 different combinations of effectors has been demonstrated in *P. aeruginosa* (LaCourse *et al.*, 2018).
260 This study also suggested that multiple effectors may protect against variations in environmental
261 conditions which might reduce the efficacy of an individual toxin.

262 **Roles of anti-bacterial T6SSs in bacterial communities**

263 The killing activity conferred by anti-bacterial T6SSs can be extremely potent during *in vitro* co-
264 culture experiments, with T6SS-wielding cells often able to virtually eliminate similar numbers of
265 susceptible competitor cells within a few hours. The obvious next question, then, is how that activity
266 is used and relevant in 'real-life' microbial communities and niches. Once T6SS-dependent anti-
267 bacterial activity had been identified (Hood *et al.*, 2010), it became clear that reports of virulence
268 defects in T6SS mutants should be carefully evaluated, since decreased fitness of a T6SS mutant
269 could be due to loss of ability to compete against the resident microbiota or co-infecting pathogens,
270 rather than the T6SS having a direct effect on host cells. Some years on, there is now evidence that
271 anti-bacterial T6SSs can markedly influence the composition of host-associated communities and
272 affect the outcome for the host. Anti-bacterial T6SSs can also play roles in the social behaviour of
273 bacteria, for example recognition of self, and facilitate horizontal gene transfer by releasing DNA
274 from prey cells.

275 *Polybacterial host-associated communities*

276 A number of studies have demonstrated a role for anti-bacterial T6SSs in overcoming colonisation
277 resistance of the gut microbiota towards pathogens. The T6SS of *Salmonella typhimurium* was found
278 to be required for successful establishment of infection in the gut if the resident microbial
279 community was intact, whilst the T6SS of *Shigella sonnei* increased its ability to outcompete
280 commensal *E. coli* and persist in a mouse model (Anderson *et al.*, 2017; Sana *et al.*, 2016). In *V.*
281 *cholerae*, T6SS-mediated anti-bacterial activity against the host commensal microbiota was shown to
282 increase intestinal colonisation and activate host innate immunity genes in an infant mouse model,
283 and to contribute to colonisation of the middle small intestine in the infant rabbit model (Fu *et al.*,
284 2018; Zhao *et al.*, 2018). Interestingly, in a *Drosophila* infection model, T6SS-mediated killing of a
285 subpopulation of commensal bacteria was somehow actively required to trigger host destruction by

286 *V. cholerae* (Fast *et al.*, 2018). In contrast, in a zebrafish model, removal of a pre-colonised symbiotic
287 species from the gut in a manner dependent on the action of the *V. cholerae* T6SS was not due to
288 anti-bacterial activity, but rather a direct impact of the VgrG-1 ACD on host intestinal movements,
289 emphasizing the potential complexities of T6SS-dependent *in vivo* interactions (Logan *et al.*, 2018).
290 Members of the *Bacteroidales* are major constituents of the human gut microbiota and commonly
291 possess up to three distinct architectures of T6SSⁱⁱⁱ, with T6SS loci frequently transferred among co-
292 resident species in the gut (Coyne *et al.*, 2016). T6SS-mediated competition has been observed
293 between strains of *B. fragilis* *in vivo* and appears to play a key role in establishing a stable
294 community of compatible *Bacteroides* strains in a given individual (Chatzidaki-Livanis *et al.*, 2016;
295 Verster *et al.*, 2017; Wexler *et al.*, 2016). Anti-bacterial T6SS activity has also been implicated in
296 generating colonisation resistance. A symbiotic *B. fragilis* strain was shown to utilise its T6SS and the
297 effector Bte2 to exclude a pathogen, a toxigenic strain of *B. fragilis*, *in vivo*, protecting the host from
298 colitis (Hecht *et al.*, 2016). It will be interesting to see whether *Bacteroides* also utilise the T6SS
299 against invading proteobacterial gut pathogens *in vivo*. In the bee gut, competition mediated by anti-
300 bacterial T6SSs, and in particular highly diverse and readily exchangeable Rhs effector domains,
301 appears to be an important driver of fitness and evolution within the microbiota (Steele *et al.*, 2017).
302 Complex polymicrobial communities are also found associated with plant hosts, in particular within
303 the rhizosphere. Anti-bacterial T6SSs are frequently found in both pathogenic and symbiotic or
304 beneficial plant-associated bacteria (Bernal *et al.*, 2018). This suggests that anti-bacterial T6SSs
305 should be involved in establishing and protecting beneficial plant-associated communities and in
306 invasion of these communities by pathogens. In support of this concept, T6SS-dependent anti-
307 bacterial activity in the plant-protecting rhizosphere bacterium *P. putida* was shown to reduce
308 colonisation and necrosis caused by the phytopathogen *Xanthomonas campestris* when co-
309 infiltrated into *Nicotiana* leaves (Bernal *et al.*, 2017). From the other side, the anti-bacterial T6SS of
310 the plant pathogen *A. tumefaciens* is effective against *P. aeruginosa* within a plant but not on lab
311 media (Ma *et al.*, 2014).

312 A very specific symbiotic relationship is that between the *Euprymna scolopes* squid and *V. fischeri*, in
313 which the bacteria colonise individual crypts in the squid light organ and ultimately bioluminesce. It
314 turns out that an anti-bacterial T6SS plays a key role in selecting and spatially separating strains of *V.*
315 *fischeri* colonising the light organ. Individual crypts cannot be colonised by two or more incompatible
316 strains, where incompatibility is conferred by a difference in T6SS and effector-immunity
317 complement (Speare *et al.*, 2018). In general, host-associated bacterial communities typically exist in
318 a biofilm state, where aggregates of cells are adhered to a surface within a polymeric extracellular
319 matrix. This scenario is likely to be conducive to T6SS-dependent interactions, and indeed T6SS

320 genes are frequently co-regulated with biofilm genes and the T6SS has been shown to allow
321 persistence of *Burkholderia* in a mixed biofilm (Schwarz *et al.*, 2010). On the other hand, it has been
322 suggested that extracellular polysaccharide may, in some cases, provide a physical barrier which
323 reduces the effectiveness of T6SS attacks (Toska *et al.*, 2018).

324 *Social behaviour and acquisition of genetic material*

325 Anti-bacterial T6SSs can represent a means by which one individual strain or genotype can
326 distinguish self from non-self (i.e. from closely related strains). In some cases, this manifests as the
327 formation of a boundary between two populations. In *Proteus mirabilis*, the formation of Dienes
328 lines, macroscopic boundaries between swarms of two non-identical strains, is dependent on T6SS-
329 mediated killing of non-siblings via strain-specific effector-immunity pairs (Alteri *et al.*, 2013;
330 Wenren *et al.*, 2013). Similarly, in *Myxococcus xanthus*, delivery of a T6SS nuclease toxin was shown
331 to be required for the inability of colonies of different strains to merge (Gong *et al.*, 2018). The T6SS
332 has also been proposed to be a means of policing quorum sensing (QS) 'cheats', spontaneous QS
333 mutants which benefit from the production of common goods (e.g. extracellular enzymes) by a
334 population, whilst no longer producing the goods themselves. In *B. thailandensis*, QS activation of
335 effector-immunity gene expression was shown to result in QS mutant cheats being eliminated by QS-
336 proficient cells intoxicating them with effectors they are no longer immune to (Majerczyk *et al.*,
337 2016). Even within a genetically uniform population, anti-bacterial T6SSs may be able to promote
338 phenotypic homogeneity by allowing fitter cells to eliminate starving or otherwise less-fit cells from
339 the population. Somewhat similar to elimination of QS cheats, starving cells of *M. xanthus* have
340 reduced levels of T6SS and TsxI immunity proteins, allowing them to be killed by delivery of the TsxE
341 effector by healthy neighbouring cells (Troselj *et al.*, 2018). Mathematical modelling has provided
342 support for the idea that T6SS-mediated inter-bacterial competition can lead to spatial separation of
343 non-identical bacterial populations and suggested that this separation can favour the evolution of
344 co-operation within the segregated population (McNally *et al.*, 2017).

345 A distinct ecological role for anti-bacterial T6SSs is in facilitating DNA uptake, and thus horizontal
346 gene transfer, in naturally competent bacteria. T6SS-mediated lysis of non-self cells, whether closely
347 or more distantly related, results in release of DNA from the targeted cell which can then be taken
348 up by the T6SS-wielding attacker. This role was first identified in *V. cholerae*, where T6SS gene
349 expression is co-regulated with that of the competence machinery (Borgeaud *et al.*, 2015). Further
350 studies in this organism indicated that T6SS effector-immunity genes themselves can be transferred
351 in this way, thus an attacker can acquire new weapons from its prey (Thomas *et al.*, 2017). Similarly,
352 T6SS-mediated horizontal gene acquisition has been demonstrated in *Acinetobacter* (Cooper *et al.*,

2017; Ringel *et al.*, 2017). Transfer of genetic material from prey *E. coli* to *Acinetobacter* was frequent enough to allow observation of functional transformation in real time, which may help to explain why *Acinetobacter baumannii* is able to acquire antibiotic resistance so rapidly in the clinic (Cooper *et al.*, 2017).

Anti-host T6SS effectors

In addition to widespread and versatile utilisation of anti-bacterial T6SSs, bacteria can also use T6SSs to directly target eukaryotic cells, including those of host organisms. There have been many reports of virulence, host response and host cell interaction phenotypes dependent on a functional T6SS, in a range of bacterial pathogens (Hachani *et al.*, 2016). However given the caveat that such phenotypes may be an indirect result of the action of an anti-bacterial T6SS, for example against the host microbiota, it is pertinent to consider only those cases where T6SS effectors responsible for direct action against host cells have been identified. During the first decade of T6SS research, these were few in number: VgrG proteins with C-terminal actin crosslinking, actin ADP ribosylase and host membrane fusion domains; another VgrG protein with a tubulin binding domain which modulates microtubule-mediated bacterial internalisation; and two cargo phospholipase D effectors which also facilitate internalisation by binding Akt and activating the PI3K pathway; all reviewed by Hachani and coworkers (Hachani *et al.*, 2016). These phospholipase effectors, PldA and PldB of *P. aeruginosa*, are also anti-bacterial effectors (Tle5 family) which exert toxicity from the periplasm of target cells lacking the cognate immunity proteins. This highlights another aspect of the versatility of the T6SS: not only is the same system sometimes able to deliver dedicated anti-eukaryotic and anti-bacterial effectors (e.g. the ACD-containing VgrG-1 and peptidoglycan hydrolase-containing VgrG-3 proteins delivered by the *V. cholerae* T6SS), but some effectors are able to act trans-kingdom, against both eukaryotic and prokaryotic cells (Brooks *et al.*, 2013; Jiang *et al.*, 2014).

More recently, a number of other anti-host effectors have been reported. The T6SS of *Francisella tularensis* is required for virulence and intracellular proliferation, via phagosomal escape into the cytoplasm. Four effectors, PdpCD and OpiAB, delivered by this system and contributing to intramacrophage growth have been identified. PdpC is the major determinant of phagosomal escape, whilst OpiA can assist in this process through its PI(3)-kinase activity (Brodmann *et al.*, 2017; Eshraghi *et al.*, 2016; Ledvina *et al.*, 2018). One of the first T6SS effectors identified, EvpP of *Edwardsiella tarda*, was recently shown to prevent activation of the NLRP3 inflammasome by inhibiting the Ca²⁺-dependent MAPK-Jnk pathway, whilst TecA of *B. cenocepacia* was shown to cause activation of the Pypin inflammasome via its Rho GTPase deaminase activity and the resulting cytoskeleton disruption (**Figure 3**) (Aubert *et al.*, 2016; Chen *et al.*, 2017). Actin rearrangement is

386 also induced by a CNF1-like toxin delivered by *V. parahaemolyticus*, whilst a Tle4-family
387 phospholipase of *P. aeruginosa* causes disruption of the endoplasmic reticulum (Jiang *et al.*, 2016;
388 Ray *et al.*, 2017). In addition, a catalase effector from EHEC, KatN, was proposed to act against
389 reactive oxygen species within host cells (Wan *et al.*, 2017).

390 **The T6SS as a weapon against eukaryotic microbial competitors**

391 It is clear from the studies described in the previous section that the bacterial T6SS is able to deploy
392 effector proteins against eukaryotic cells, and it is also well-appreciated that many polymicrobial
393 communities, including those relevant clinically, contain both bacteria and fungi (Peleg *et al.*, 2010).
394 Therefore it is perhaps not surprising that the versatility of the T6SS extends to its use against fungal
395 cells. Early indications that this could be the case came from observations of T6SS-dependent
396 inhibition of the yeast *Cryptococcus carnescens* by the phytopathogen *P. syringae* and an increase in
397 T6SS gene expression in a biocontrol strain of *P. fluorescens* when colonising plant roots in the
398 presence of the fungal phytopathogen *Gaeumannomyces graminis* (Haapalainen *et al.*, 2012; Marchi
399 *et al.*, 2013). Recently, the T6SS of *S. marcescens*, previously believed to be exclusively an anti-
400 bacterial T6SS, was shown to possess anti-fungal activity against *Sacchomyces cerevisiae* and
401 *Candida* spp., and it was by studying this system that the first T6SS-delivered anti-fungal effector
402 proteins were identified. These effectors, Tfe1 and Tfe2, have distinct actions against target fungal
403 cells, ultimately leading to fungal cell death. Tfe1-mediated intoxication leads to plasma membrane
404 depolarisation without the formation of aspecific pores, whilst Tfe2 intoxication disrupts nutrient
405 uptake and amino acid metabolism and leads to the induction of autophagy, probably as a starvation
406 reponse (**Figure 3**) (Trunk *et al.*, 2018). Tfe1 and Tfe2 represent new classes of effector proteins,
407 with no obvious similarity to other effectors or proteins of known function, and their precise mode
408 of action remains to be elucidated. It is likely that T6SS-dependent anti-fungal activity is widespread.
409 Not only can homologues of Tfe1 and Tfe2 be detected in other T6SS-wielding bacteria, but typical
410 T6SS effector identification criteria are likely to miss anti-fungal effectors. These criteria include (1)
411 association with T6SS genes, (2) anti-bacterial activity and adjacently-encoded immunity protein,
412 and/or (3) the presence of known toxin or effector domains, all of which would have excluded Tfe1
413 and Tfe2. This highlights the importance of unbiased approaches such as secretomics for the
414 identification of new effectors. The discovery of T6SS-dependent anti-fungal activity suggests that
415 the contribution of the T6SS to shaping polymicrobial communities is broader and more important
416 than previously appreciated. Extending this idea further, there is also evidence that the T6SS can
417 also act against other single-celled eukaryotes, namely amoebae. Indeed the T6SS was first identified
418 through the requirement for an intact T6SS for *V. cholerae* to resist predation by *Dictyostelium*

419 *discoideum* (Pukatzki et al., 2006). Further work revealed that the pore-forming effector VasX and
420 the actin crosslinking effector VgrG-1 are required for virulence against *Dictyostelium*, in addition to
421 having anti-bacterial activity or anti-host activity, respectively (Miyata et al., 2011; Zheng et al.,
422 2011). Thus the *V. cholerae* T6SS can be utilised against bacterial competitors in the host or
423 environment, against amoebal predators in the environment, and against the host directly,
424 representing a truly versatile and multi-purpose weapon.

425 **A contact-independent role for T6SS in metal uptake**

426 A further role for the T6SS, this time not requiring effector delivery into target cells, has also been
427 described. In this case, the T6SS is responsible for secretion of effectors to the extracellular milieu
428 which allow the bacteria to take up particular metal ions. In *Yersinia pseudotuberculosis*, T6SS-4
429 secretes a Zn²⁺-binding protein, YezP, under conditions of oxidative stress. Secreted YezP is proposed
430 to scavenge Zn²⁺ ions and thus contribute to survival in the presence of reactive oxygen species
431 produced by the host (Wang et al., 2015). Similarly, *B. thailandensis* T6SS-4 secretes a related Zn²⁺-
432 binding effector, TseZ, which allows Zn²⁺ uptake under conditions of oxidative stress via interaction
433 of extracellular TseZ with the TonB-dependent outer membrane haem receptor HmuR (Si et al.,
434 2017a). The *B. thailandensis* T6SS-4 is also responsible for the secretion of another metallophore
435 effector, TseM. TseM is required for manganese uptake under conditions of oxidative stress and
436 interacts with MnoT, another TonB-dependent outer membrane receptor, to achieve transport of
437 Mn²⁺ into the cell (**Figure 3**) (Si et al., 2017b). Importantly, it was demonstrated that possession of
438 TseZ/HmuR or TseM/MnoT, and T6SS-4, by *B. thailandensis* provides a competitive advantage
439 against other bacteria during co-culture in conditions where the respective metal ion is limiting but
440 cells are not in contact. Thus T6SS-dependent secretion of metallophores to the media allows the
441 producing organism to effectively scavenge scarce metal ions from the environment and thus
442 outcompete bacterial competitors without directly harming them. Both metal uptake systems were
443 also required for full virulence in a *Galleria* model, indicating an important role in metal acquisition
444 within a host environment (Si et al., 2017a; Si et al., 2017b). It is not yet clear whether T6SS-4 in *B.*
445 *thailandensis* and *Y. pseudotuberculosis*, and related systems in other organisms, are also used to
446 deliver toxic effector proteins into target cells, or whether they are used exclusively for
447 metallophore secretion; certainly their transcriptional regulation, responsive to oxidative stress and
448 metal limitation, appears to be tailored for a metal scavenging function.

449 A distinct role for a T6SS effector in metal uptake has been reported for the *P. aeruginosa* H3-T6SS-
450 dependent effector TseF. Extracellular TseF binds PQS-Fe²⁺ complexes incorporated within outer
451 membrane vesicles (OMVs). (PQS, Pseudomonas Quinolone Signal, is a quorum sensing signalling

452 molecule with iron chelating properties.) TseF also interacts with the outer membrane siderophore
453 receptor FptA and porin OprF and is proposed to mediate Fe²⁺ uptake by delivering OMV-associated
454 PQS-Fe²⁺ to these receptors for transport into the cell (Lin *et al.*, 2017). It is currently unclear why
455 TseF or the metallophores above would be secreted by the T6SS, a system normally considered to be
456 designed for effector translocation into cells. Nevertheless, these effectors once again highlight the
457 breadth and versatility of T6SS function, as well as raising the possibility that other proteins that
458 function extracellularly may utilise the T6SS for their secretion.

459 **Concluding Remarks**

460 It is now clear that the bacterial T6SS is used for an impressively broad range of functions, all linked
461 by the purpose of increasing the competitive fitness of the secreting cell. While anti-host T6SSs allow
462 the bacterium to compete with host defence mechanisms, anti-bacterial and anti-fungal T6SSs allow
463 the bacterium to compete with rival microbes, both closely and distantly related. Furthermore,
464 those T6SSs and effectors used for contact-independent metal scavenging allow the secreting
465 bacterium to compete with both host defences and co-resident microbes. This functional versatility
466 is permitted by an ever-growing repertoire of diverse effector proteins, and the ability to hook them
467 up to the delivery device in many different ways. It is likely that the portfolio of known effector
468 proteins will continue to increase rapidly, particularly given the evolutionary pressures of inter-
469 bacterial competition and the recent realisation that effectors may also have non-toxic extracellular
470 roles. The extent of T6SS-related contributions to myriad bacterial interactions has further expanded
471 by the validated inclusion of T6SSⁱⁱ (*Francisella*) and T6SSⁱⁱⁱ (*Bacteroidetes*) alongside the canonical
472 T6SSⁱ systems, with an even more distantly-related T6SS-like system ('T6SS^{iv}') recently described
473 (Bock *et al.*, 2017). Importantly, recent work has not only revealed new molecular and atomic-level
474 details of the mechanism of this intriguing machinery, but it has also begun to demonstrate the
475 importance of T6SS-mediated cell-cell interactions in a variety of 'real-life', or at least relevant
476 model, communities. It is likely that the future will reveal many more examples of communities
477 whose composition, dynamics and properties will be shaped by T6SSs of several flavours. Finally, it is
478 exciting to note that T6SS could provide several potential opportunities for the development of new
479 antimicrobial strategies. It might be possible to inhibit the T6SS itself to reduce the fitness of a T6SS-
480 wielding pathogen, although the broad distribution of the system in other bacteria including
481 commensals would require consideration of specificity. Another avenue, although with similar issues
482 when considering complex communities, could be generating engineered 'biocontrol' strains to
483 target pathogens of concern. Finally, by studying T6SS effectors and the impact that they have on
484 target cells, we may learn more about the basic physiology of host, bacterial or fungal cells and how

485 to effectively inhibit them. From both a fundamental and translational point of view, exciting times
486 lie ahead regarding this versatile, widespread and effective bacterial nanoweapon.

487 **Author statement**

488 SJC is supported by the Wellcome Trust (Senior Fellowship in Basic Biomedical Science,
489 104556/Z/14/Z). SJC declares no conflict of interest.

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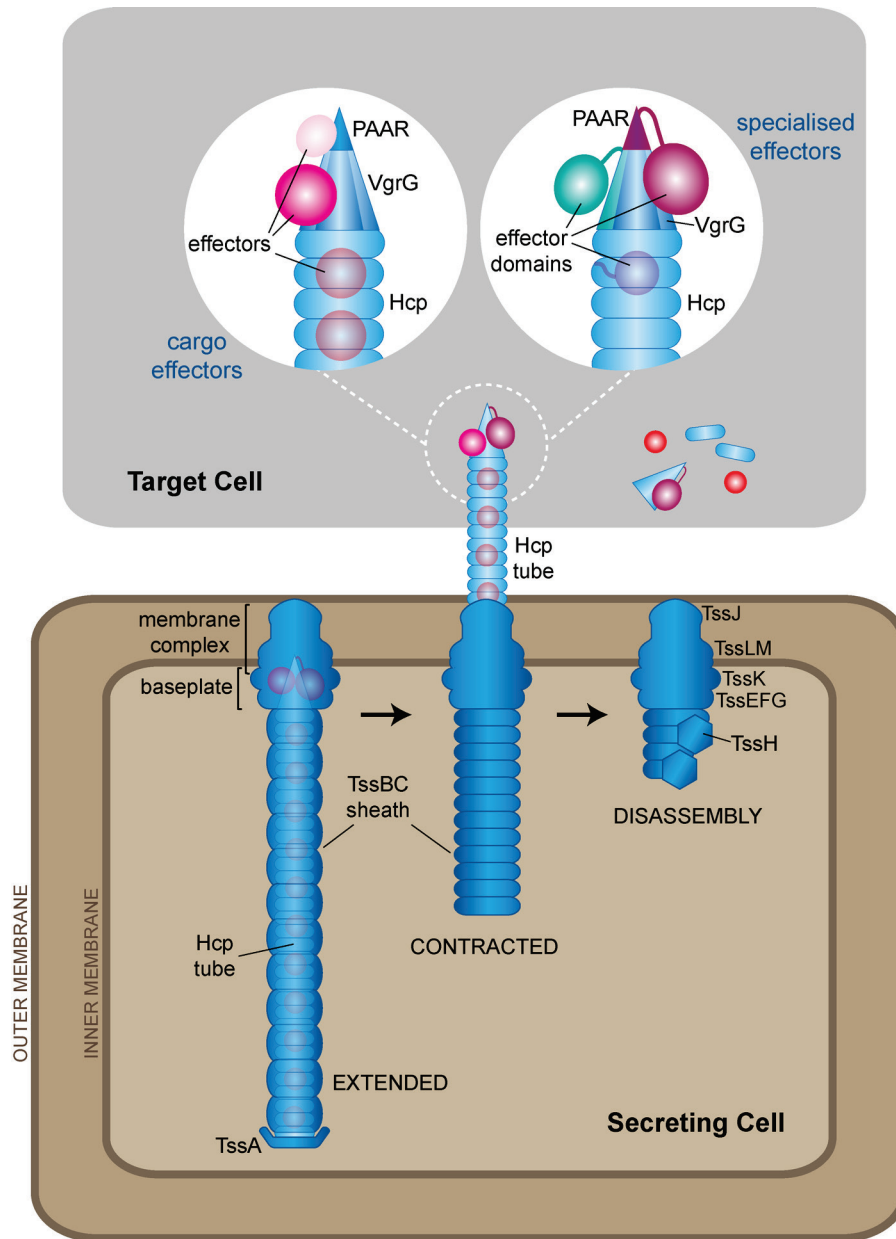


Figure 1. Effector delivery by the Type VI Secretion system of a Gram-negative bacterium. Schematic illustration of the current model for the contraction-based ‘firing’ mechanism of the T6SS. The T6SS assembles with the contractile TssBC sheath in an ‘extended’ conformation. Contraction of this sheath, which is anchored to a cytoplasmic baseplate docked on an envelope-spanning membrane complex, drives the Hcp-VgrG-PAAR puncturing structure out of the cell. An adjacent target cell can also be breached by this tube-spike structure. Following contraction, TssH depolymerises the contracted sheath and the T6SS disassembles at least partially, ready for a new round of firing. The insets illustrate the different ways in which effectors can interact with the expelled Hcp-VgrG-PAAR puncturing structure in order to be translocated out of the secreting cell and into a target cell. ‘Cargo’ effectors non-covalently interact with Hcp, VgrG or PAAR proteins, whilst ‘specialised’ effectors consist of an effector domain covalently fused to a VgrG or Hcp protein or a protein containing a PAAR-repeat containing domain. For further details, see the text.

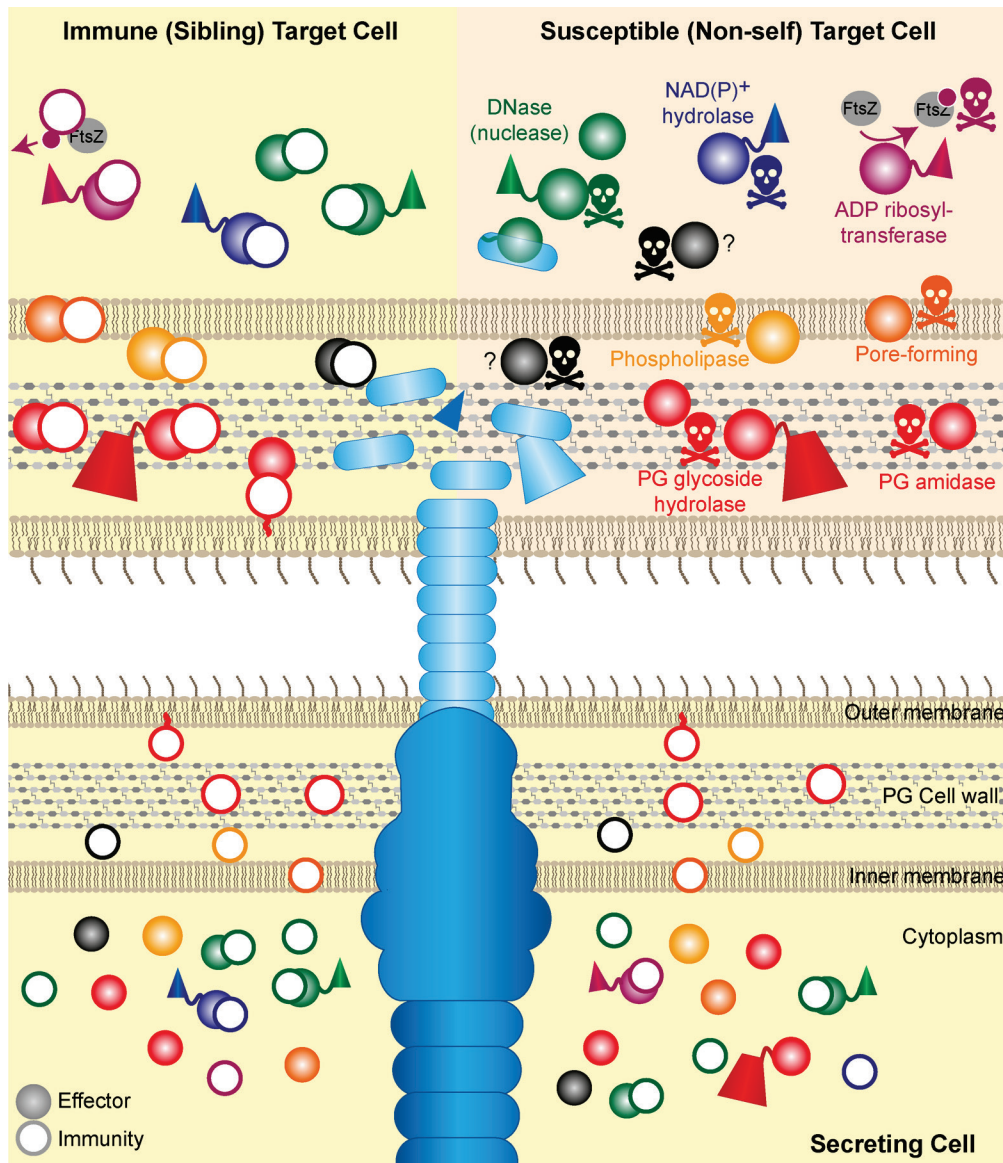


Figure 2. Anti-bacterial effectors and cognate immunity proteins.

Schematic illustration of modes of action of T6SS-delivered anti-bacterial effector proteins and their neutralisation by self-protecting immunity proteins. The T6SS can deliver a variety of toxic effector proteins into a target cell, which may act on different cellular targets including the peptidoglycan cell wall, cellular nucleic acids and the inner membrane. Immunity proteins specific for each individual effector are localised at the site of action of their cognate effector and typically neutralise the toxin by direct binding and physical inhibition. Immunity proteins protect the secreting cell from its own toxins prior to secretion, if they act in the cytoplasm and are not shielded by another structure such as an Rhs repeat domain (this possibility is not depicted here). Immunity proteins also protect genetically identical cells from the action of all the effectors delivered by their neighbouring sibling. Note that only one PAAR-containing protein and one VgrG trimer can be delivered in a single firing event, although several are included here for illustrative purposes. PG, peptidoglycan.

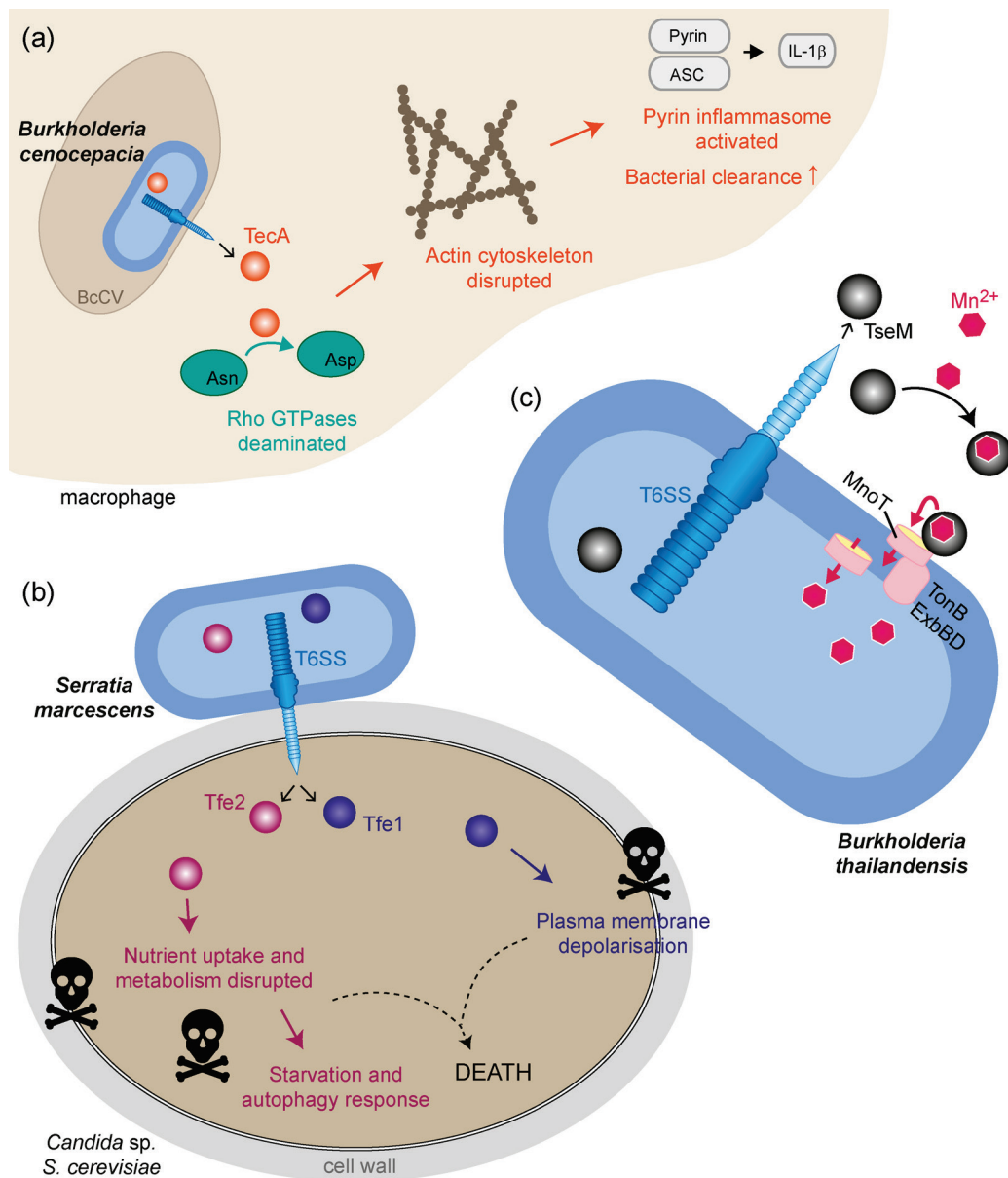


Figure 3. Examples of Type VI secreted effectors with roles distinct from anti-bacterial toxins.

Schematic illustration of current models for the action of the anti-host effector TecA (a), anti-fungal effectors Tfe1 and Tfe2 (b), and metallophore effector TseM (c). (a) *B. cenocepacia* delivers TecA from within the *B. cenocepacia* containing vacuole (BcCV), causing deamidation of specific asparagine residues in Rho family GTPases RhoA and Rac1, leading to disruption of the actin cytoskeleton, activation of the pyrin inflammasome and pyroptosis and increasing bacterial clearance (Aubert *et al.*, 2016). (b) *S. marcescens* delivers Tfe1 and Tfe2 into fungal cells, including *C. albicans* and *S. cerevisiae*. The action of Tfe1 leads to depolarisation of the fungal plasma membrane without formation of large aspecific pores. The action of Tfe2 disrupts inter-related pathways involved in sulfate assimilation, plasma membrane nutrient transport and amino acid metabolism, leading to a starvation response including induction of autophagy. Intoxication by Tfe1 and Tfe2 can eventually cause cell death (Trunk *et al.*, 2018). (c) *B. thailandensis* uses its T6SS-4 to translocate TseM to the extracellular milieu, where it binds Mn^{2+} . TseM loaded with Mn^{2+} interacts with the outer membrane TonB-dependent receptor MnoT, which is associated with a TonB-ExbD-ExbB complex, transferring Mn^{2+} from TseM to MnoT and allowing its active import across the outer membrane. Either the SitABCD or MntH transporters may then be utilised to import Mn^{2+} across the inner membrane (Si *et al.*, 2017b).