

1 **Assumptions about the positioning of virtual stimuli affect gaze direction**
2 **estimates during Augmented Reality based interactions**

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20 state, theory of mind.

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1 **Abstract**

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3 We investigated gaze direction determination in dyadic interactions mediated by an
4 Augmented Reality (AR) head-mounted-display. With AR, virtual content is overlaid on top of the real-
5 world scene, offering unique data visualization and interaction opportunities. A drawback of AR
6 however is related to uncertainty regarding the AR user’s focus of attention in social-collaborative
7 settings: an AR user looking in our direction might either be paying attention to us or to augmentations
8 positioned somewhere in between. In two psychophysical experiments, we assessed what impact
9 assumptions concerning the positioning of virtual content attended by an AR user have on other
10 people’s sensitivity to their gaze direction. In the first experiment we found that gaze discrimination
11 was better when the participant was aware that the AR user was focusing on stimuli positioned on
12 their depth plane as opposed to being positioned halfway between the AR user and the participant.
13 In the second experiment, we found that this modulatory effect was explained by participants’
14 assumptions concerning which plane the AR user was focusing on, irrespective of these being correct.
15 We discuss the significance of AR reduced gaze determination in social-collaborative settings as well
16 as theoretical implications regarding the impact of this technology on social behaviour.

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22 **Introduction**

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24 Gaze behaviours carry important nonverbal information that inform and regulate interactions
25 between individuals¹⁻³. Mutual gaze (when we make eye contact with another person) is a precursor
26 to most social exchanges, while averted gaze (when gaze is directed away from the other person) can
27 signal the presence of environmental stimuli of potential interest, providing a behavioural channel for
28 joint attention⁴⁻⁶. The biological relevance of gaze is reflected in people’s extraordinary ability of
29 evaluating eye and head orientation and identifying eye contact^{7,8}, which are enabled by dedicated
30 neural machinery. Human imaging research⁹⁻¹¹ reveals functional specialization to head and eye

1 directional inputs in the posterior Superior Temporal Sulcus (STS) and the Inferior Temporal Lobule.
2 More specifically, studies highlight that the STS pools eye and head directional signals to inform
3 estimates of the other's direction of attention^{12,13}.

4 People's proficiency at evaluating other's focus of attention can be assisted by the use of
5 various forms of technology. For example, a laser pointer can aid a public speaker's presentation by
6 highlighting his/her focus of attention on projected slides. On the other hand, other technologies can
7 undermine this ability. Video conferences can introduce aspects of ambiguity regarding the other's
8 focus of attention, given that web cameras are positioned above the screen and that participants do
9 not share the same physical space. An example of this is also provided by wearable augmented Reality
10 (AR) technologies. AR systems are increasingly becoming relevant in everyday life, and while their use
11 can provide substantial benefits across a variety of individual or collaborative activities, they can
12 potentially introduce elements of visual uncertainty in an external viewer. If we see a person wearing
13 an AR visor, we might wonder whether they are looking at real world stimuli or computer-generated
14 graphics, and if that person is looking in our direction, we might wonder whether they are paying
15 attention to us or to an augmentation positioned somewhere in between. Given these elements of
16 visual uncertainty, to what extent do our expectations concerning an AR user's focus of attention
17 affect our ability of accurately interpreting their gaze behaviours? Here we studied the interaction
18 between gaze direction estimates and an observer's assumptions of the positioning of virtual stimuli
19 attended by an AR user.

20 We addressed this question in two psychophysical experiments by studying gaze interactions
21 between participant pairs, mediated by a Microsoft HoloLens AR headset
22 (<https://www.microsoft.com/en-gb/HoloLens>). Each pair involved one participant (the 'Actor')
23 wearing the HoloLens routinely fixating on a set of holograms, and another participant (the 'Observer')
24 performing gaze direction classifications of the Actor's fixation behaviours. We measured whether the
25 Observer's gaze discrimination performance was affected by his / her awareness or assumptions
26 regarding the positioning of holographic stimuli attended by the Actor (i.e. whether the Actor fixated
27 on stimuli positioned halfway between the pair or on the same plane occupied by the Observer). We
28 had the Actor fixate on a set of holographic stimuli, horizontally arranged at various degrees of
29 deviation relative to the Observer's midline and positioned at 2 depths: halfway between participants
30 (termed Near plane) or on the same plane occupied by the Observer (termed Far plane) (Fig 1a). On
31 each trial the Actor fixated on one stimulus displayed at a given deviation and on a given depth plane,
32 while the Observer indicated with a binary response whether the Actor's gaze was pointing leftwards
33 or rightwards, relative to a direct fixation. We also factored in participant gender which has been

1 previously observed to modulate gaze behaviour directed towards the eye region¹⁴, and could in
2 theory modulate gaze discrimination performance.

3 In a first experiment we measured the Observer's gaze direction judgments in response to
4 Actor's fixations to stimuli displayed on the Far or Near planes. We informed the Observer on which
5 plane the stimuli would be displayed ahead of time (prior to each block). We measured gaze direction
6 sensitivity and observed improved discrimination performance when participants were aware that the
7 AR user was attending stimuli on the Far plane. We carried out a second experiment, in which stimuli
8 were randomly assigned to the Near or Far planes, to determine whether this effect was driven by
9 expectations regarding the positioning of stimuli attended by the Actor, or by subtle differences in the
10 Actor's left / right eye vergence behaviours directed towards stimuli displayed at different depths
11 which might aid gaze direction classifications. We tested differences in gaze discrimination sensitivity
12 based on two different data pooling criteria: a comparison based on the plane the stimuli were
13 factually displayed on within each trial (Objective Plane Comparison: Objective Far Vs Objective Near),
14 or a comparison based on the plane the Observer thought the stimuli were displayed on within each
15 trial (Subjective Plane Comparison: Subjective Far Vs Subjective Near). We observed that
16 discrimination performance improved only when participants believed that stimuli were displayed on
17 the Far plane, irrespective of this assumption being correct, thus demonstrating that a subjective
18 expectation regarding the positioning of virtual content attended by the Actor (i.e. whether the Actor
19 fixated on stimuli positioned halfway between the pair or on the same plane occupied by the
20 Observer) modulated gaze direction sensitivity. These findings have theoretical implications in our
21 understanding of the impact of technology on social behaviour, showing how sources of sensory
22 uncertainty that accompany the use of AR-HMDs can impact gaze interactions. Furthermore, these
23 findings can also provide insights for the design of AR interfaces that reduce these sources of visual
24 uncertainty.

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26 **Methods**

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28 **Participants**

29 *Experiment 1:*

30 We recruited 20 participants; 8 female & 12 male, mean age = 25.8, range 18 – 47 years old.
31 Sample sizes were based on comparable number of participants tested in previous gaze direction

1 discrimination studies^{15,16}. The testing session lasted approximately 1 hour per couple (30 minutes per
2 subject performing gaze classifications in Observer role. Actor / Observer roles were swapped across
3 testing blocks). All participants had normal or corrected to normal vision. No participant suffered from
4 strabismus. Informed consent was obtained from all participants prior to starting the experiment.
5 Participants were paid £7.5 (GBP) in cash or with an e-voucher for a popular online store for their
6 participation.

7

8 *Experiment 2:*

9 We recruited 18 participants; 9 Female & 9 Male, mean age = 29.5, range 20 - 55 years old. All
10 participants had normal or corrected to normal vision. No participant suffered from strabismus.
11 Informed consent was obtained from all participants prior to starting the experiment. Participants
12 were paid £7.5 (GBP) in cash for their participation.

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15 **Apparatus**

16 *Experiment 1:*

17 The Experiment was conducted in a controlled testing environment, with artificial overhead
18 lighting. Each testing session involved a participant pair, who sat 160 cm apart and facing one another.
19 The 'Actor' viewed virtual white spherical stimuli through a HoloLens Augmented Reality head-
20 mounted-display (HMD), providing directional gaze stimuli that the other participant, the 'Observer',
21 had to classify by pressing a button press. Participants were randomly assigned to each pair, and did
22 not know each other personally prior to the study.

23 Stimuli were aligned with the bridge of the Observer's nose (nasion) through a Vuforia
24 (<https://www.vuforia.com/>) visual marker tracking technique.

25 Stimulus presentation, data logging and experiment logic were implemented in Unity
26 (<https://unity3d.com/>) running on the Microsoft HoloLens HMD. Responses were produced on a
27 Bluetooth wireless keyboard (www.anker.com) linked to the HoloLens. Given that stimuli were
28 prospectively aligned, we did not restrain the Actor's head position in Experiment 1, as we didn't
29 expect differences in head movements across stimuli projected on the Near and Far planes.

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1 *Experiment 2:*

2 We adopted an equivalent setup in Experiment 2, with the exception of some minor
3 differences. Stimuli were aligned through a streamlined manual positioning technique in which the
4 HoloLens wearer was asked to carefully align a target stimulus to the bridge of the Observer's nose by
5 tilting their head, and confirming the positioning with a button press. While we did not restrain the
6 Actor's head position in Experiment 1 (as we didn't expect differences in head movements as a
7 function of depth plane), we used a chinrest to restrain the Actor's head movements in Experiment 2
8 to categorically exclude any potential confound introduced by head movements across depth
9 conditions.

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Figure 1 about here

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17 **Task design**

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19 *Experiment 1:*

20 On each trial, the 'Actor' was asked to look at a virtual white spherical stimulus (subtending
21 approximately 1.7 degrees of visual angle) through the HoloLens HMD visor that could appear at one
22 of 14 possible locations (on two rows with 7 stimuli each). Stimuli were horizontally arranged at 7
23 degrees of deviation relative to the Observer's midline (one 0 degree central stimulus, three to the
24 left and to the right of the centre at 4, 8 and 12 degrees, respectively). The central stimulus was aligned
25 with the Observer's nasion, thus positioned on the participants' eye line. Stimuli were displayed at 2
26 depths: halfway between participants (80 cm: Near plane) or on the same plane occupied by the
27 Observer (160 cm: Far plane) (Fig 1a). Stimuli on the Near and Far planes were prospectively aligned
28 and proportionally scaled in size, ensuring that each stimulus encompassed the same degrees of visual
29 angle and required comparable gaze deviations across planes.

1 Prior to running the experiment, both participants wore the HoloLens to familiarize
2 themselves with the device and to experience the virtual stimuli. While seated facing each other, we
3 first showed them the 7 stimuli simultaneously displayed on the Near plane followed by the 7 stimuli
4 on the Far plane. This was done so participants got a sense of the spatial extent covered by the stimuli,
5 and could notice that all stimuli fell within the field of view of the HoloLens. After this preliminary
6 phase, we assigned one participant to the Actor role, and one participant to the Observer role.

7 Trials were blocked according to the plane on which stimuli were displayed. In the 'Near block'
8 all stimuli were presented on the Near plane while in the 'Far block' all stimuli were displayed on the
9 Far plane (Far block). Participants were verbally informed ahead of time which plane (Near / Far) the
10 stimuli would appear on in the upcoming block ("In the following block the Actor will only view stimuli
11 displayed on the Near / Far plane"). Near and Far block order was counterbalanced across participant
12 pairs. Each experimental trial began with the presentation of a visual stimulus accompanied by a brief
13 auditory beep emitted by the HoloLens that could be heard by both participants. The Actor was
14 instructed to hold his/her fixation on the stimulus until it disappeared. The Observer was required to
15 indicate on each trial using a button press whether the Actor's eyes were pointing towards the
16 Observer's left ("Leftward" response, pressing the Left arrow key) or towards the Observer's right
17 ("Rightward" pressing the Right arrow key), relative to a direct fixation. The Actor was unaware of the
18 Observer's response. The stimulus disappeared and the next trial began after a 1 second interval
19 triggered by the Observer's response, or following a 4 second interval in the absence of the Observer's
20 response. After completing both blocks, participants swapped Actor and Observer roles, and
21 performed the blocks in the same order. Participants performed 10 repetitions per stimulus deviation
22 (70 trials per block, 140 total trials). At the end the experiment we collected subjective reports on
23 confidence level of gaze direction estimates (how confident participants felt of their performance
24 across the Near and Far blocks, on a 7 point Likert scale). Since in this Experiment the Actor's head
25 was not restrained by a chinrest, we also collected head position and rotation data sampled at 10Hz
26 from the HoloLens.

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28 *Experiment 2:*

29 Participants carried out an equivalent task with the only exception that stimuli were randomly
30 presented on either the Near or Far planes across trials within each block, as opposed to being
31 presented in separate blocks. On each trial we collected two responses from the Observer: 1) whether
32 the Actor was fixating Rightward or Leftward, relative to a direct fixation (Right / Left arrow key), and
33 2) whether the actor was fixating on a hologram positioned on the Near or Far plane (Up / Down arrow

1 key). The stimulus remained visible until the participant produced the second response. No time limit
2 was used in this experiment. Participants performed 10 repetitions per stimulus deviation and plane
3 (140 total trials). We did not log head position and rotation data since the Actor's head movements
4 were restrained by a chinrest.

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7 **Analysis**

8 On each trial the Observer indicated whether the Actor's eyes were pointing to their left
9 ("Leftward gaze") or to their right ("Rightward gaze"), relative to a direct fixation. We fit each
10 participant's proportion of "Rightward gaze" responses (collected when they were in the role of the
11 Observer) as a function of Actor gaze deviation angles across experimental blocks with cumulative
12 Gaussian functions (psychometric function) (Fig 1b). The 50% point of the psychometric function
13 indicates the gaze deviation angle at which an Observer performs Leftwards / Rightwards gaze
14 classifications at chance level, i.e. the Point of Subjective Direct gaze (PSD) where the Observer
15 perceives the Actor's gaze as being direct. PSD values that significantly deviate from 0 degrees indicate
16 biased perception of the Actor's gaze direction. The standard deviation of the underlying Gaussian
17 distribution (SD) provides an estimate of sensitivity to gaze direction, i.e. how capable the Observer is
18 of discriminating different degrees of gaze deviation. Smaller SD values (which correspond to steeper
19 psychometric functions) indicate greater sensitivity to gaze direction. Data analyses were carried out
20 on MATLAB R2016a (<https://www.mathworks.com>) and JASP 0.8.1.1. (<https://jasp-stats.org>).

21 *Experiment 1:* PSD and SD values of 19 participants were submitted to a 2x2 Mixed ANOVA,
22 with factors Stimulus Plane (Near Vs Far) and Participant Gender (Female Vs Male). Participant gender
23 was included based on previously observed gender based differences in gaze behaviour directed
24 towards the eye region¹⁴, which might determine differences in gaze discrimination performance. One
25 participant's data was discarded due to poor psychometric fits, yielding unreliable estimates of PSD &
26 SD. We also submitted gaze discrimination confidence scores across blocks to an equivalent Factorial
27 ANOVA and correlated confidence scores against SD values. Finally, we analysed head rotation data
28 when participants were in the role of the Actor by correlating within each participant head
29 pitch/roll/yaw rotation data with stimulus deviation angle across trials. Each correlation yielded an r
30 score which described the extent to which head rotation covaried with gaze deviation angle (e.g.
31 whether the head rotated more leftward when viewing a stimulus positioned further in the left visual
32 hemifield). R scores were subsequently submitted to a 2 x 3 Repeated Measures ANOVA with factors

1 Stimulus Plane (Near Vs Far) and Rotation Axis (Pitch Vs Roll VS Yaw), in order to test whether the
2 relationship between head rotation and stimulus deviation varied across Near and Far planes. Since
3 stimuli were prospectively aligned, we would not expect any significant difference in this relationship
4 across Near and Far planes.

5 *Experiment 2:* We compared SD values of all 18 participants according to two data pooling
6 criteria. A first comparison was based on the plane on which stimuli were displayed on each trial
7 (Objective Plane Comparison). We constructed two psychometric curves related to stimuli presented
8 on either the Near or Far planes, and extracted the resulting SD parameters. SD values were submitted
9 to a 2x2 Mixed ANOVA, with factors Stimulus Plane (Objective Near Vs Objective Far) and Participant
10 Gender (Female Vs Male). A second comparison was based on the plane the Observer *thought* stimuli
11 were displayed on in each trial (Subjective Plane Comparison). In this case the psychometric curves
12 were generated based on which plane the Observer believed the stimulus to lie on, on a trial by trial
13 basis. SD values were entered into a 2x2 Mixed ANOVA, with factors Stimulus Plane (Subjective Far Vs
14 Subjective Near) and Participant Gender (Female Vs Male).

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18 **Results**

19 *Experiment 1:* a 2x2 Mixed ANOVA was run on PSD scores. This showed a non-significant effect
20 of Plane ($F(1,17)=.13$, $p=.72.$, $\eta_p^2=.01$), a non-significant effect of Gender ($F(1,17)=.31$, $p=.59.$, $\eta_p^2=.02$)
21 and a non-significant Plane x Gender interaction ($F(1,17)=.16$, $p=.69.$, $\eta_p^2=.01$). No bias of gaze
22 direction was therefore observed across participants. When analysing SD values, we noticed a
23 violation of the assumption of equality of variance (Levene's test). We identified two female outliers,
24 with SD scores more than 2 standard deviations above the mean value of the group and proceeded to
25 remove these outliers from the analysis. A Mixed ANOVA on SD values revealed a Main Effect of Plane
26 ($F(1,15)=4.81$, $p=.04$, $\eta_p^2=.24$), no Main Effect of Gender ($F(1,15)=1.42$, $p=.25$, $\eta_p^2=.09$) and a non-
27 significant Plane x Gender interaction ($F(1,15)=1.01$, $p=.33.$, $\eta_p^2=.06$). Differences in SD values revealed
28 that participants were more sensitive (smaller SD) to gaze direction information when the Actor
29 fixated on stimuli situated on the same SD plane occupied by the Observer (Far plane) (Fig 1c/d). An
30 equivalent 2x2 Mixed ANOVA on participant subjective confidence scores only revealed a Main Effect
31 of Plane ($F(1,17)=4.57$, $p=.047.$, $\eta_p^2=.21$): confidence scores were significantly higher in the Far plane,
32 mimicking the pattern of SD values (Fig 1e). This was further corroborated by a significant SD value /

1 confidence score correlation ($r=-.51$, $p=.001$), where greater discrimination sensitivity (smaller SD
2 value) was associated with greater confidence score, thus showing a subjective awareness of higher
3 performance in the Far plane trials. A 2 x 3 Repeated Measures ANOVA on head rotation / stimulus
4 deviation r scores revealed no significant effect of Stimulus Plane or Rotation Axis, and no significant
5 interactions. The lack of a significant Stimulus Plane x Rotation Axis interaction ($F(2,46)=2.16$, $p=.13$,
6 $\eta_p^2=.09$) indicates that amplitude of head rotations did not vary across stimulus deviations situated on
7 the Near or Far planes. Differences in head rotation cannot therefore account for the difference in
8 gaze discrimination sensitivity reported above.

9 There are two potential explanations for these smaller SD values observed in the Far plane.
10 The first is that in the Far plane block, Observers' gaze direction sensitivity was modulated by their
11 knowledge that the virtual stimulus was positioned on either their plane (Far) or the mid plane (Near).
12 A second is that the Observers were able to pick up subtle differences in gaze behaviour directed
13 towards stimuli displayed at different depths. Holograms on the Near and Far planes require different
14 amounts of left and right eye vergence, which in turn could potentially account for differences in gaze
15 discrimination performance (see Fig S1). A second experiment was specifically aimed at assessing the
16 merit of each hypothesis, where we measured performance as a function of which plane stimuli were
17 factually presented on, or, which plane subjects believed stimuli were displayed on. This enables us to
18 evaluate in isolation participants' ability of exploiting differences in vergence information to detect
19 the depth plane attended by the Actor, and evaluate the role of assumptions regarding the depth
20 plane the stimulus occupied on gaze discrimination performance.

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Figure 2 about here

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25 *Experiment 2:* Given that Experiment 2 was specifically carried out to determine what factor
26 (assumption concerning depth plane where stimulus is displayed on, or, difference in left / right eye
27 vergence across depth planes) explained the differences in gaze discrimination performance (SD) we
28 observed in Experiment 1, here we focused exclusively on testing differences in SD values. We ran two
29 2 x 2 Mixed ANOVA comparisons on SD values based on the plane on which stimuli were displayed
30 (Objective Plane Comparison; Fig 2a), or based on the plane the Observer thought the stimulus was
31 displayed on (Subjective Plane Comparison; Fig 2b) on a trial by trial basis. The Objective Plane
32 Comparison revealed no effect of Plane ($F(1,16)=.9$, $p=.36$, $\eta_p^2=.05$) and no significant interaction

1 (F(1,16)=.04 , p=.85., η_p^2 =.002). Contrary to Experiment 1, here we observed no significant effect of
2 Gender (F(1,16)=2.29 , p=.15., η_p^2 =.12). The Subjective Plane Comparison on the other hand, revealed
3 a Main Effect of Plane (F(1,16)=4.7 , p=.046, η_p^2 =.23) and no significant Plane x Gender interaction
4 (F(1,16)=.1.22 , p=.28, η_p^2 =.07). This suggests that a subjective expectation regarding the depth plane
5 positioning of the stimulus attended by the Actor modulated gaze discrimination performance in the
6 Observer. We also tested rate of correct plane classifications: a binomial test revealed that
7 participants operated at chance level performance (49% of correct classifications; p=.55, two-sided)
8 when evaluating whether the Actor was fixating on a stimulus presented on the Near or Far plane. We
9 also ran binomial tests between Objective and Subjective across depth planes taken separately, which
10 confirmed that participants operated classifications at chance level performance (Near binomial p =
11 .63; Far binomial p = .73). Taken together these results clearly show that participants were incapable
12 of reliably detecting, and therefore exploiting, differences in the Actor's left / right eye vergence across
13 depth conditions to inform gaze direction classifications.

14 Binomial tests of participants' ratio of Near / Far plane responses in Experiment 2 also showed
15 that the majority of participants (14 out of 18) equally distributed number of plane classifications, thus
16 showing no prior bias towards one or the other plane. The 4 remaining participants showed biased
17 classifications, but not in a consistent direction: 2 were biased in favour of the Near plane, 2 in favour
18 of the Far plane. These data show no strong overall prior expectation concerning an AR user's focus
19 of attention under conditions of visual uncertainty. This implies that expectations of AR user's focus
20 of attention can be influenced by contextual cues or prior experience.

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24 Discussion

25 We investigated gaze judgments in the context of dyadic interactions mediated by AR head
26 mounted interfaces, and assessed sensitivity to gaze directionality as a function of expectations
27 concerning the depth plane positioning of virtual content attended by an AR user. Experiment 1
28 revealed steeper psychometric functions (smaller SD), indicating greater gaze direction sensitivity, and
29 improved discrimination performance, when participants were explicitly informed that an AR user was
30 fixating on virtual stimuli situated on the plane occupied by the participant (Far plane), as opposed to
31 being positioned halfway between the AR user and the participant (Near Plane). This improvement in
32 performance was mirrored by participants' gaze classification subjective confidence scores, where

1 higher subjective ratings were reported in the Far plane blocks, thus linking self-efficacy to low level
2 visual discrimination performance¹⁷. We observed no systematic biases in gaze direction estimates as
3 a function of depth plane (non significant difference in PSD). Experiment 2 showed that the
4 modulatory effect on gaze discrimination performance (SD values) was explained by participants'
5 expectations concerning the plane occupied by the stimulus the AR user was focusing on. Enhanced
6 gaze direction sensitivity was observed in instances in which participants *believed* (Subjective Plane
7 Comparison) that the actor was focusing on stimuli situated on their plane (Far) as opposed to the mid
8 plane (Near), replicating the finding of Experiment 1. Importantly, this was independent of their beliefs
9 being correct, as evidenced by chance level rate of plane classifications, and a non-significant
10 difference in gaze discrimination performance between stimuli factually presented on the Near or Far
11 planes (Objective Plane Comparison): participants were incapable of exploiting, differences in
12 vergence information across depth planes to inform gaze direction classifications, and therefore
13 performance shifts were driven by assumptions as to which plane stimuli were displayed on. These
14 results demonstrate that gaze interactions mediated by AR technologies are modulated by
15 expectations concerning the positioning of virtual content attended by an AR user. An external
16 viewer's ability of determining an AR user's gaze is improved (or impaired) by the awareness that the
17 AR user is focusing on stimuli projected on their (or a different) depth plane.

18 Direct gaze provides a strong biological signal, which expresses interest or hostility and cues
19 social behaviour^{1,18}. Direct gaze is also known to enhance cognition and attention, i.e. the 'eye contact
20 effect'^{19,20}. While in most circumstances direct gaze fairly unambiguously signals interest in the
21 recipient, use of AR HMD interfaces introduce elements of uncertainty that impair a clear evaluation
22 of the AR user's focus of attention. The use of AR in social contexts necessarily entails asymmetries in
23 visual awareness of holographic content between an AR user and an external observer. When an AR
24 user looks in our direction, we can either interpret that behaviour as directed towards us, or towards
25 augmentations positioned on our line of sight, which we are visually unaware of. This visual
26 asymmetry, and the ambiguity it entails, are unique to real world interactions mediated by AR HMDs.

27 Experiments 1 and 2 showed that expectations concerning the positioning of virtual stimuli
28 attended by an AR user can modulate gaze discrimination performance. In Experiment 1 we
29 manipulated these expectations by providing the Observer with an explicit awareness of which plane
30 the Actor fixated on. In Experiment 2, we adopted a data-driven approach where trials were pooled
31 according to subjective estimates of which plane the Actor was thought to be fixating on. Both
32 Experiments showed improved gaze determination based on an awareness (Experiment 1), or
33 assumption (Experiment 2), that the Actor was fixating on a virtual stimulus positioned on the
34 participant's plane.

1 A possible explanation for this enhanced performance can be found in the social cognition
2 literature, where information about a gazer's mental state can affect gaze processing²¹. Using a
3 deception technique, Teufel and co-workers (2009) manipulated participant's beliefs that a
4 confederate's view was obstructed by opaque glasses and showed that attributions of mental state
5 exert a top-down modulatory effect on gaze direction acuity. This provided clear evidence that sensory
6 coding of a gaze cue's physical characteristics can be top-down modulated by mental-state
7 attribution²¹. Studies investigating gaze dependent autonomic responses²², evoked brain activity²³
8 and reflexive attentional responses^{24,25}, similarly suggested that attributions of mental state overlap
9 with processing of gaze information. Extrapolating from this literature we could for example
10 hypothesize that gaze processing might interact with Observer's assumptions of how clearly the Actor
11 can see him/her. When participants had the opportunity of viewing stimuli in the Holograms prior to
12 running the experiment, an aspect that could be noticed was that when viewing holograms on the
13 Near plane, the other participant appeared out of focus (due to eyes verging and accommodating to
14 stimuli at a different depth than the other participant), whereas when viewing stimuli on the Far plane,
15 the other participant was clearly visible. As in one-way mirror deception studies²¹, where gaze
16 discrimination improved when participants believed the gazer could see them, here we could say that
17 gaze discrimination improves when participants believe the gazer is able of seeing them more clearly.
18 An alternative explanation is that improved performance is caused by observer's expectations of the
19 Actor's focus of attention. The Observer's expectation that the Actor's attention is focused on a point
20 closer to him/her, and is perhaps more aware of him/her, might improve performance. Both of these
21 possibilities would be instances of mental state attribution as they relate to participant's beliefs of
22 what the other is experiencing.

23 Another possibility accounting for these findings is that gaze discrimination is improved when
24 eyes converge on a stimulus closer to us, irrespective of mental state attribution. We could
25 hypothesize for instance that stimuli within peripersonal space recruit more attention, and that gaze
26 signals directed towards these stimuli are processed with higher precision. There are crossmodal
27 integration studies for example that show enhanced attention to looming stimuli, approaching
28 peripersonal space^{26,27}. In a conceptually similar way, we could say that the presumed positioning of
29 a virtual object closer to the Observer enhances attention, and this in turn reflects on gaze
30 discrimination accuracy. Previous work has however shown comparable discrimination performance
31 for avatar stimulus gaze deviations centred around the observer (centred on the participant plane), or
32 averted with respect to the observer (falling beyond the participant plane)⁸. While this would suggest
33 no modulatory effect of fixations converging on Vs falling beyond peripersonal space on gaze
34 sensitivity, this does not necessarily discount the possibility that a mechanism of this type might occur

1 in real world dyadic interactions involving virtual stimuli. Studies involving one-way deception
2 techniques, as in Teufel et al. (2009), or studies involving non-anthropomorphic neutral stimuli would
3 be required to unequivocally determine the underlying mechanism driving these effects.

4 These findings highlight more in general how conditions of sensory uncertainty can
5 accompany the use of specific forms of technology, with measurable impacts on gaze determination.
6 We have highlighted this in the context of gaze interactions mediated by AR devices. The development
7 of devices such as the Microsoft HoloLens, the DAQRI Smart Glasses and the Magic Leap, evidence
8 that AR technologies are increasingly becoming important tools in everyday tasks and work activities.
9 With AR a user is immersed in a 3d environment where virtual and real content are properly
10 registered, thus offering an opportunity to leverage the natural association between spatial cognition,
11 attention, memory and response selection²⁸. AR allows interaction (sampling, inspection and
12 manipulation) of virtual content based on the cognitive and motor repertoire we adopt in our
13 everyday environment: i.e. we can inspect an object by walking around it and appreciate it in finer
14 detail by getting closer. These features highlight the advantages of AR over more traditional forms of
15 assistive technology. However, our results also show that the use of such technologies carry an
16 inherent element of visual uncertainty, that can negatively impact people's ability of accurately
17 evaluating the AR user's gaze behaviours. One can appreciate the costs of reduced gaze determination
18 in collaborative work environments, when considering the role of gaze in guiding cooperative
19 behaviours and signalling the presence of potentially harmful environmental stimuli. For example, if
20 we assume that an AR user's gaze behaviours are directed at augmentations which happen to fall on
21 our line of site, these behaviours might be less effective at cueing our attention towards joint-task
22 relevant information or warning us of the spatial location of environmental hazards. These results
23 therefore further our understanding of the impact of technology on social behaviour and gaze
24 processing and can provide insights for the design of AR interfaces that reduce the sources of visual
25 uncertainty that normally accompany the use of these technologies.

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29 **Conclusion**

30 We studied gaze interactions mediated by an Augmented Reality (AR) headset in participant
31 pairs, and evaluated the role of expectations concerning the positioning of virtual content attended
32 by an AR user on gaze perception in two psychophysical experiments. The first experiment showed

1 that gaze discrimination performance was improved when a participant was aware that the AR user
2 was focusing on stimuli positioned on the participant's plane, as opposed to being positioned halfway
3 between the AR user and the participant. The second experiment showed that this modulatory effect
4 was explained by participants' expectations concerning which plane the AR user was focusing on,
5 irrespective of this assumption being correct. If we assume that an AR user's attention is not directed
6 at us, but towards augmentations positioned somewhere in between us, we might be less capable of
7 extracting behaviourally relevant information (e.g. location of joint task items or presence of
8 environmental hazards) signalled by their gaze behaviours.

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4 sulcus and inferior parietal lobule. *Curr. Biol.* **17**, 20–25 (2007).
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2 programme, under grant agreement no. 723737 (<http://humanmanufacturing.eu/>).

4 **Ethics**

5 This study was approved by the UCLIC Research Ethics Committee (UCLIC/1617/003) and was
6 in agreement with the UCL research guidelines and regulations.

8 **Authors’ contributions**

9 NBin, TC, SJ & NBber conceived the study. NBin & TC collected and analysed the data. NBin
10 drafted the manuscript, and IM, TC, SJ, DB & NBber helped draft the manuscript. All authors gave final
11 approval for publication.

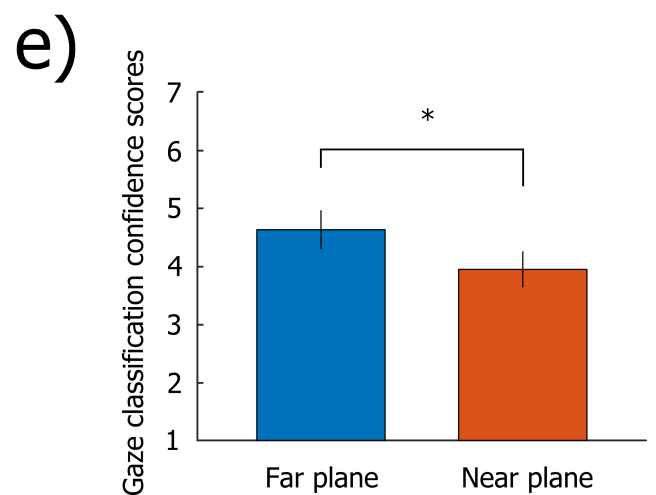
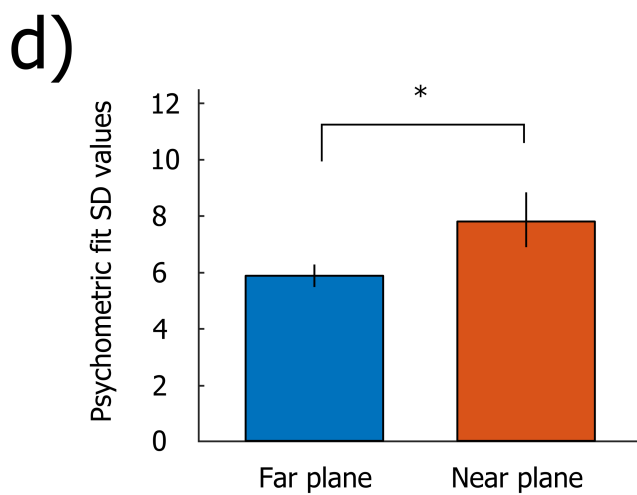
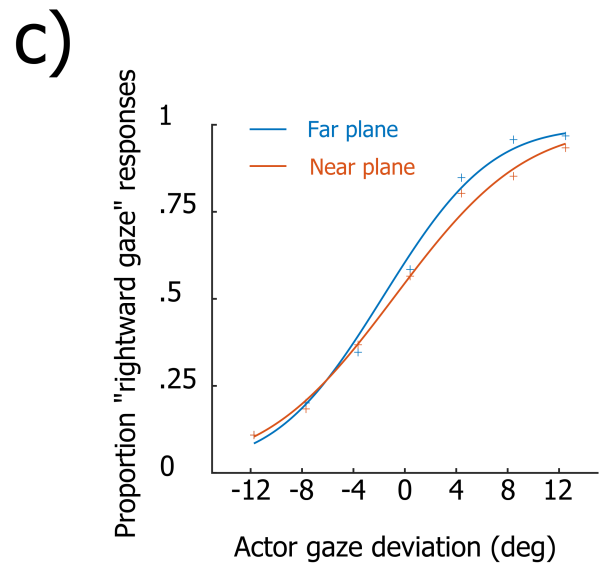
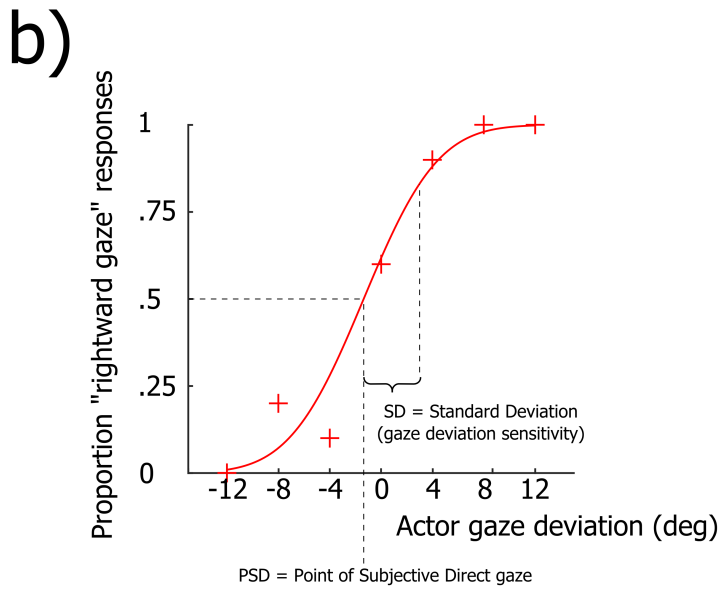
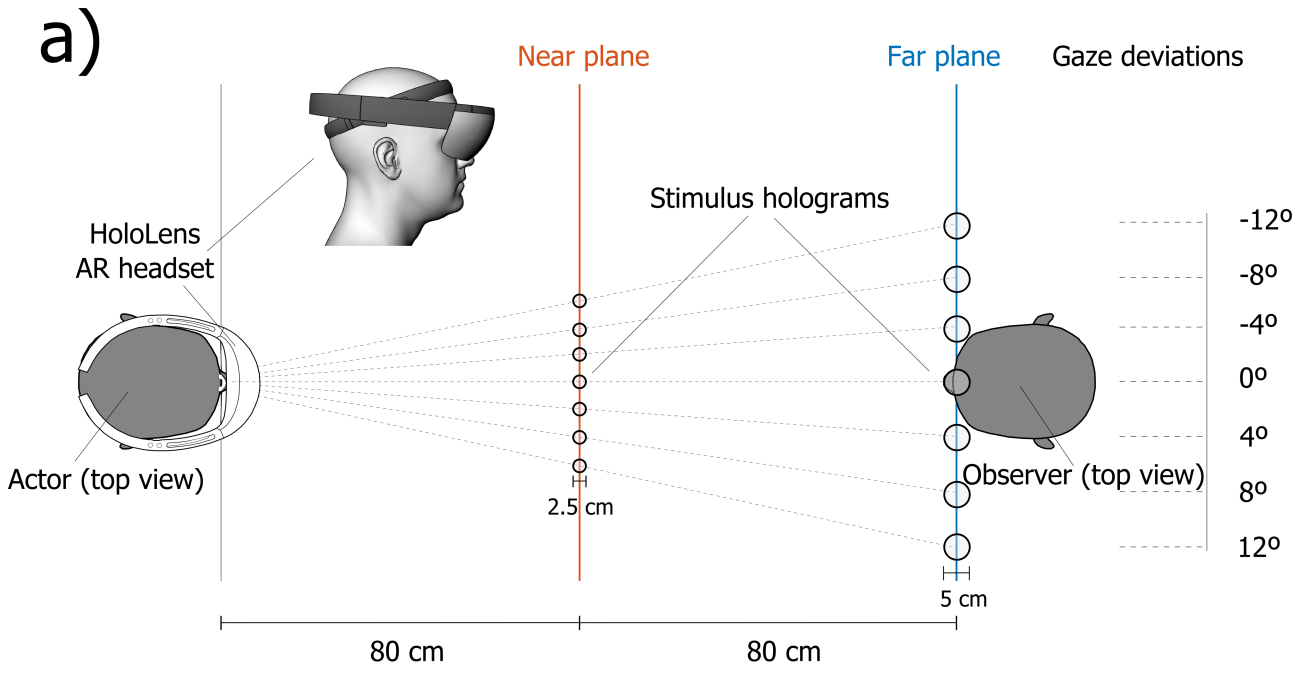
13 **Additional Information**

14 The authors declare no competing interests.

17 **Figure Legends**

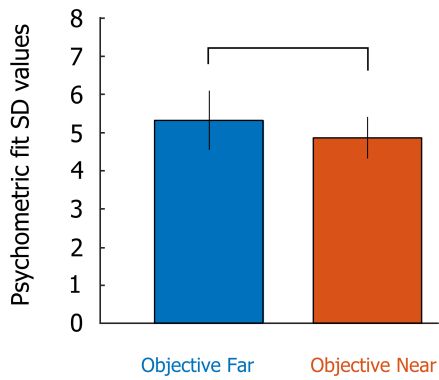
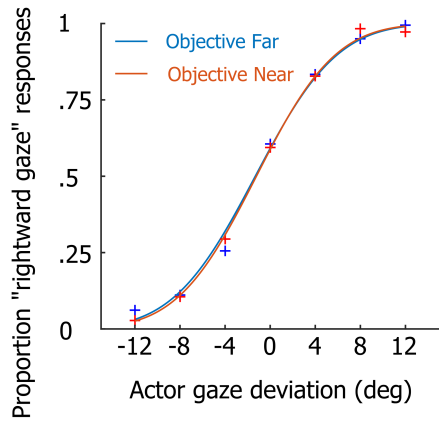
18 Figure 1: a) Experimental setup. On each trial the Actor (HoloLens user) was asked to fixate on 1 of 14
19 possible holographic spherical stimuli, displayed at two depths (Near and Far planes) and seven levels
20 of horizontal deviation. The Observer classified the Actor’s gaze as being leftward or rightward,
21 relative to a direct fixation. Participants swapped Actor / Observer roles across blocks. b) Psychometric
22 fit of participant “rightward gaze” responses as a function of the Actor’s degrees of gaze deviation.
23 We extracted the 50% point (PSD = Point of Subjective Direct gaze; measure of bias in perceived gaze
24 direction) and the standard deviation (SD = standard deviation; measure of gaze direction sensitivity)
25 of the underlying Gaussian distribution. c) Pooled data psychometric fits for gaze direction
26 classifications on Near and Far planes. d) Average SD values for Near and Far planes. e) Average
27 confidence scores (1 = not confident at all – 7 = fully confident) for performance in gaze classification
28 task. Error bars depict the Standard Error of the Mean (SEM).

1 Figure 2: a) Pooled data psychometric fit (top) and average SD values (bottom) for Near and Far plane
2 gaze direction classifications, based on plane on which stimulus was factually presented (Objective
3 Plane Comparison). b) Pooled data psychometric fit (top) and average SD values (bottom) for Near and
4 Far plane gaze direction classifications, based on plane on which participant thought that stimulus was
5 presented (Subjective Plane Comparison). c) Percentage (%) of correct rate of classification across all
6 trials presented on Far & Near planes, or within Far / Near plane trials considered separately.
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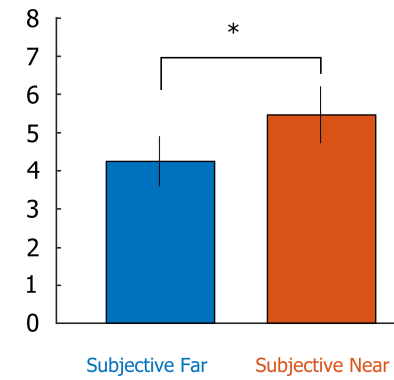
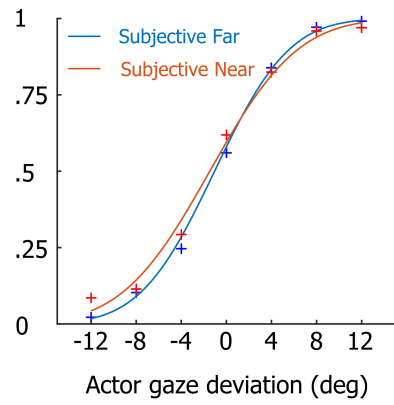
a)

Objective Plane Comparison

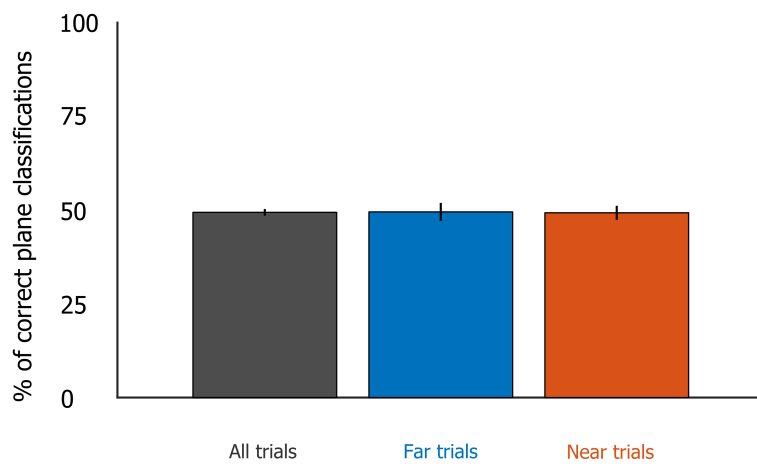


b)

Subjective Plane Comparison



c)



Far

Fa

Fb

Fc

Near

Na

Nb

Nc

