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Vet Record CaseReports

Limb sparing achieved by ray amputation for osteosarcoma of the left third metacarpal bone in a Labrador

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Abstract:	A seven year old male neutered Labrador weighing 35kg with a two week history of left forelimb lameness was diagnosed with osteosarcoma of the third metacarpal bone. No pulmonary metastases were detected and ray amputation (removal of the left third metacarpal bone and 3rd phalanx en- bloc) was performed. Circumferential sutures were placed around metacarpals 2 and 4 to realign the adjacent bones and digits during the healing period. The dog received 6 cycles of single agent carboplatin (300mg/m2) postoperatively. Restaging 9 months postoperatively revealed no evidence of metastasis or recurrence. Two years postoperatively, the dog has no evidence of complications or lameness. Thoracic limb amputation and postoperative adjunctive therapy are considered the gold standard treatment for appendicular osteosarcoma; however, an oncological compartment excision of the this bone tumour was performed with similar outcome for the patient whilst preserving the limb.





Figure 1. A dorsopalmar radiograph of the left carpus and manus showing severe ostoeloysis of the distal third of metacarpal III.



Figure 2 a-e. The appearance of the incision immediately postoperatively (3a), five days postoperatively (3b), eight weeks (3c), sixteen weeks (3d) and nineteen weeks (3e) postoperatively

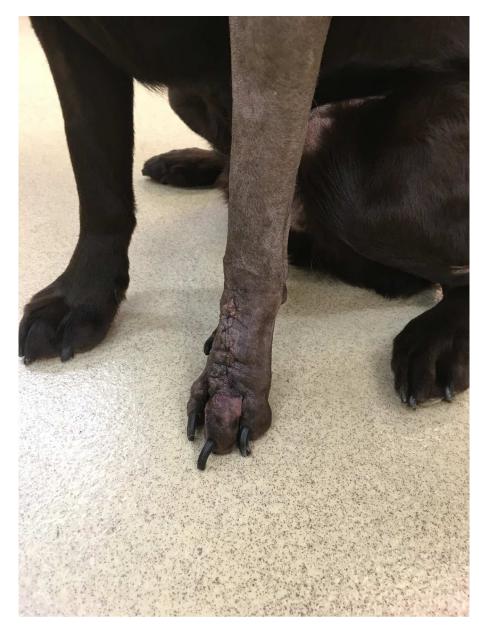


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1066x1422mm (72 x 72 DPI)



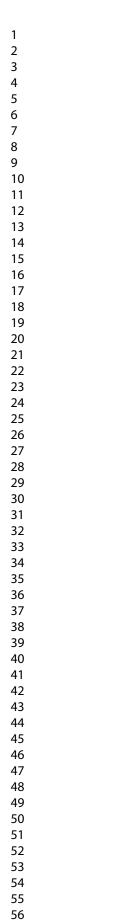
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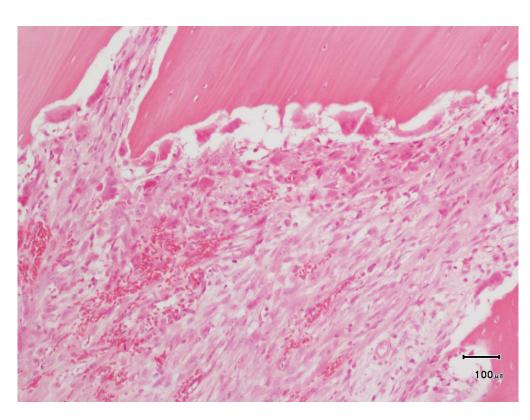


Figure 3. Histology of the mass consistent with osteosarcoma.



Figure 4. A dorsopalmar radiograph of the left manus taken 3.5 months postoperatively.

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TITLE OF CASE Do not include "a case report"

Limb sparing achieved by ray amputation for osteosarcoma of the left third metacarpal bone in a Labrador

SUMMARY 140 /150 words

A seven year old male neutered Labrador weighing 35kg with a two week history of left forelimb lameness was diagnosed with osteosarcoma of the third metacarpal bone. No pulmonary metastases were detected and ray amputation (removal of the left third metacarpal bone and 3rd phalanx en-bloc) was performed. Circumferential sutures were placed around metacarpals 2 and 4 to realign the adjacent bones and digits during the healing period. The dog received 6 cycles of single agent carboplatin (300mg/m²) postoperatively. Restaging 9 months postoperatively revealed no evidence of metastasis or recurrence. Two years postoperatively, the dog has no evidence of complications or lameness. Thoracic limb amputation and postoperative adjunctive therapy are considered the gold standard treatment for appendicular osteosarcoma; however, an oncological compartment excision of the this bone tumour was performed with similar outcome for the patient whilst preserving the limb.

BACKGROUND Why you think this case is important – why did you write it up?

Osteosarcoma (OSA) accounts for 85% of canine skeletal tumours and is the most common primary bone tumour in dogs ¹⁻³. It usually affects the appendicular skeleton, although it can occur in the axial skeleton ^{1,4}. Osteosarcoma of the digit is rare in dogs, accounting for only 1.3-3% of bone tumours in two large studies⁵⁻⁶ and only 13 cases of OSA distal to the antebrachiocarpal (n=5) and tarsocrural joints are reported to date (n=8)^{1,3,7}. Metacarpal OSA is also uncommon in people and to date very few cases have been described ⁸⁻¹⁰.

OSA is a highly metastatic tumour and it is assumed that most dogs with appendicular OSA have micrometastasis at the time of initial presentation¹¹, with median survival times in the region of 4-6 months with amputation alone and 9-11 months with adjunctive chemotherapy for appendicular OSA of the long bones¹²⁻¹⁴. Several chemotherapeutic regimens have been reported in the adjunctive therapy of canine appendicular osteosarcoma including doxorubicin combined with platinum agents¹⁴⁻¹⁷, single agent cisplatin or carboplatin¹⁸⁻¹⁹ and carboplatin combined with gemcitabine²⁰, all resulting in similar median survival times in the region of 300 days. In the previous report of metacarpal, metatarsal and digit OSA, median survival was 466 days in dogs treated with surgery and adjunctive chemotherapy, with death occurring due to metastatic disease in most cases ⁷.

This report describes limb salvage surgery to remove an osteosarcoma confined to the 3rd metacarpal bone followed by adjunctive chemotherapy. Full use of the limb was maintained with good long term control of the disease, avoiding the necessity of amputation or complex prosthetic devices.

CASE PRESENTATION *Presenting features, clinical and environmental history* History

A seven year old male neutered Labrador weighing 35kg in body condition score 6/9 presented with a two week history of left forelimb lameness minimally-responsive to carprofen (2mg/kg bid po).

Clinical Examination

A diffuse, firm mass measuring 2.5cm diameter was palpable on the dorsal aspect of the left second and third metacarpal bones. The mass was uncomfortable on direct firm palpation. The dog showed marked left thoracic limb lameness (6/10) when walking. Full clinical, orthopaedic and neurological examinations were otherwise unremarkable and the lameness was attributed most likely to the mass.

INVESTIGATIONS *If relevant*

A single dorsopalmar radiograph of the manus and carpus revealed severe osteolysis of metacarpal three (Figure 1). Dorsoventral, left and right lateral thoracic radiographs revealed no evidence of pulmonary metastasis. Fine needle aspirates were taken from the lesion. Cytological samples were of low cellularity, but suspicious for sarcoma. Haematology and biochemistry were performed to assess for any prognostic markers associated with OSA and to exclude underlying sub-clinical disease and the results were unremarkable.

DIFFERENTIAL DIAGNOSIS If relevant

TREATMENT *If relevant*

The patient was prescribed carprofen (2mg/kg bid po) and paracetamol codeine (10mg/kg bid po) for seven days preceding surgery. On repeat presentation, he had a 4/10 left thoracic limb lameness and was uncomfortable on direct palpation of the left third metacarpal bone.

The dog received medetomidine (0.002mg/kg) and methadone (0.02mg/kg) for premedication and anaesthesia was induced with propofol and maintained with isoflourane. Post-operative analgesia was provided with methadone q4 hours (for 24 hours) then tramadol 2.8 mg/kg po q12 hours for 7 days alongside carporfen 2.8mg/kg q24 hours for 8 weeks. Amoxicillin clavulanate was administered at 20mg/kg iv at induction and 90 minutes later, followed by 12.5mg/kg po bid for 8 days post-operatively.

A tourniquet was placed to minimise intraoperative haemorrhage and preserve intraoperative visibility. A proximo-distal skin incision was made on the cranial surface of the carpus directly dorsal to the 3rd metacarpal. Distally, the incision bifurcated to pass either side of the 3rd digit, dividing the interdigital webbing either side of the toe. The incisions met between the digital pad of the 3rd digit and the metacarpal pad. The insertions of the lateral digital extensor and common digital extensor tendons were transected at the level of the carpometacarpal joint. The overlying skin and the soft tissue surrounding the bone were otherwise preserved. The 3rd metacarpal bone was freed from the adjacent metacarpal bones and radiocarpal bone using a combination of sharp dissection with a no.11 scalpel blade and levering with periosteal elevators and an osteotome. The palmar surface of the bone was released from the palmar fibrocartilage and ligaments by sharp dissection whilst the proximal metacarpal bone was levered cranially. Three cerclage sutures were placed using 3.5 metric polydioxanone (PDS II; Ethicon) encircling the 2nd and 4th metacarpal bones in the proximal, middle and distal thirds respectively. The sutures were tightened to hold the bones in an approximately normal anatomical relationship to one and other rather than to appose them tightly. The incision was closed using 3 metric polyglecaprone (Monocryl; Ethicon) in a simple continuous pattern. The interdigital skin was similarly reapposed to reconstruct the webbing in an attempt to prevent separation and splaying of the digits when

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weight bearing. Cruciate skin sutures were placed using 3 metric monofilament nylon (Ethilon; Ethicon).

A postoperative dressing was applied extending to just below the elbow. This was changed the day after the surgery and was removed 3 days postoperatively. The dog was discharged with a protective collar with instructions to restrict the dog to lead exercise only and avoid boisterous activity for 4-6 weeks. Figures 3a-e show the foot immediately postoperatively (2a), five days postoperatively (2b), eight weeks (2c), sixteen weeks (2d) and nineteen weeks (2e) postoperatively. One week postoperatively the dog was 4/10 lame on his left thoracic limb; by 3 weeks postoperatively he had no evidence of lameness. The dog had a replacement collar at 26 days postoperatively because he traumatised the skin on the dorsum of his carpus using the edge of the collar causing a granulomatous reaction. This was considerably improved by 6-8 weeks post-surgery (Figure 2c). Carprofen was withdrawn 8 weeks post-surgery and no lameness was evident.

Histopathology confirmed the diagnosis of osteosarcoma (fibroblastic subtype) originating from the medullary cavity. Margin assessment confirmed complete excision of the affected bone (34mm from proximal articular surface) but reported multifocal extension of neoplastic cells into the overlying periosteum (Figure 3). Postoperatively, the dog received 6 cycles of single agent carboplatin (300mg/m²) with doses given every 3-4 weeks; timings were variable due to owner availability.

OUTCOME AND FOLLOW-UP

Re-staging at 9 months post-surgery revealed no evidence of pulmonary metastasis. Repeated radiographs of the foot were performed at 3.5 months post-surgery and showed periosteal new bone on the medial aspect of MCII (Figure 4). At 24 months post-surgery the dog was normal, with no evidence of lameness or mass recurrence and normal boisterous gait. The owner declined further staging but reported excellent exercise tolerance and that the dog underwent exploratory laparotomy to remove an intestinal foreign body 14.5 months after presentation.

DISCUSSION *Include a very brief review of similar published cases*

This case report describes an uncommon presentation of canine appendicular OSA and a novel therapeutic approach.

Metacarpal OSA is rare in dogs⁷ and people ⁸⁻¹⁰. Less than twenty cases are reported in people with death from metastatic disease reported as uncommon (~13%)⁸. Interestingly, metacarpal OSA in people most commonly affects the second and third metacarpal bone⁸, similar to the case in this patient.

Standard of care for canine appendicular OSA is amputation or limb-sparing surgery ²¹⁻²⁴. For conventional limb salvage, removal of the affected bone can provide compartmental excision of the tumour whilst preserving the soft tissue envelope to cover orthopaedic implants and facilitate normal patient function without compromising survival time. Limb salvage utilising surgical implants offers comparable survival times to amputation ²⁴⁻³¹ and may even extend life expectancy ³²⁻³⁶, although complication rates of up to 78% infection ²⁴, 24% tumour recurrence ²⁴ and up to 40% implant failure ²⁷ are reported. Consequently, it was felt that in this case, compartmental amputation of metacarpal III, disarticulating the bone at the carpometacarpal joint, would offer similar therapeutic benefits to previous reports without increasing the risks of complications using surgical implants.

In a case series of eleven dogs undergoing partial foot amputation (defined as removal of two adjacent digits), one dog had osteosarcoma and removal of digits 4 and 5 at the carpometacarpal joint and a second with extraskeletal osteosarcoma had removal of digits 2 and 3 through the metacarpal bones ²³. Both had chronic lameness as a consequence of surgery but long term local control of disease. The dog having carpometacarpal amputation (similar to the surgery we performed, although we removed a single metacarpal bone and phalanx rather than two) developed carpal hyperextension and as a consequence, the authors of that paper recommend avoiding carpometacarpal and tarsometatarsal amputations in case of disruption to palmar/plantar fibrocartilage causing subsequent instability. Our patient had an excellent functional outcome and no evidence of joint instability, although we only removed a single

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metacarpal bone and digit, and the centrally positioned metacarpal 3 does not have a collateral ligament insertion. In humans, 'ray amputation' describes the removal of a digit and corresponding metatarsal bone³⁷⁻³⁸ although preservation of the proximal metatarsal bone is again recommended to prevent the risk of tarsal instability. We felt that this would compromise our oncological resection and the maximal benefit of surgery (beyond palliative analgesia) in this patient would be lost.

Amputation of digits 3 and 4 is often described in books to result in increased morbidity than other toes but this has not been found in recent studies^{23,39}, consistent with the authors' experience. We were, however, concerned about postoperative splaying of metacarpal and digits 4 and 5 when weight bearing which could lead to disruption of the reconstructed interdigital web in the short term, or chronic discomfort and lameness in the long term. We therefore placed circum-metacarpal absorbable sutures to help support the tissues for the first few months during healing, the inspiration for performing this taken from a case report describing something similar to induce synostosis in a patient with ectrodactyly⁴⁰. However, rather than tightly apposing metacarpals 2 and 4, they were secured in a normal anatomical relationship and without drilling bone tunnels. In the only previous study documenting MC excision for canine OSA no surgical technique nor outcome was described and it has to be assumed that this procedure was tolerated ⁷.

Most canine patients with osteosarcoma die of metastatic disease rather than primary recurrence and in this case both are considered highly unlikely at the time of writing. Long term survival in this case may be related to anatomical location, as previously reported ^{7,23}. For three canine patients with metacarpal osteosarcoma treated with excision of metacarpal 3,4 or 5 and adjunctive cisplatin chemotherapy, survival time ranged from 466-653 days with two of the three dogs suspected to develop metastatic disease to lungs and bone respectively. The third dog died of haemangiosarcoma with no OSA evident at necropsy ⁷. In another report, a dog with OSA undergoing partial foot amputation of digits 4 and 5 at the carpometacarpal joint and adjunctive chemotherapy had lung metastases diagnosed at 574 days, metastatectomy at 634 days and was alive at follow up 962 days postoperatively ²³. The potential good outcome and long survival associated with metacarpal OSA supported the decision to perform a limb-sparing procedure in this case, especially due to the breed pre-disposition for obesity and osteoarthritis

Prognostic factors for appendicular osteosarcoma have been reported, however some are controversial ⁴¹⁻⁴². This patient had a number of positive prognostic factors associated with appendicular OSA, including normal serum ALP, small tumour size, body weight <40kg and fibroblastic sub-type, although the tumour did extend into soft tissues which has been associated with worse prognosis ⁴¹. These prognostic factors may not be applicable in metacarpal OSA.

The patient received adjunctive chemotherapy with single agent carboplatin due to the likely metastatic potential of this tumour which also may have influenced long term survival. This decision was made extrapolating from our knowledge of the benefit of adjunctive chemotherapy in appendicular OSA, which of course, may not necessarily be applicable in this setting, especially considering the low rate of metastatic disease reported in people with metacarpal OSA. This is the first report of adjunctive single agent carboplatin in the treatment of MC OSA, previous cases described in the literature were treated with alternating carboplatin and doxorubicin²³ or single agent cisplatin⁷ with long term survival, although three of these four cases did develop confirmed or suspected metastasis. Extrapolating from appendicular OSA, single agent carboplatin is considered to be as effective as either of these protocols and is currently the most widely used protocol ^{14,18}.

This is the first report of a novel limb salvage technique for a rare presentation of OSA. Although the impact is inherently limited by the description of a single dog, the good functional and survival outcome supports the use of this technique in dogs with metacarpal OSA. This technique could also be employed for other primary tumours of the metacarpal bone.

LEARNING POINTS/TAKE HOME MESSAGES **3** to **5** bullet points – this is a required field

- Osteosarcoma of the metacarpal and metatarsal bones is a rare but important differential diagnosis of osteolysis and uncomfortable swelling in the foot
- Complete amputation of a central metacarpal bone and digit can be performed without causing carpal instability and can result in normal use of the limb.
- Compartmental excision of metacarpal osteosarcoma resulted in comparable treatment outcome as entire limb amputation but preserved the thoracic limb and avoided complications associated with prostheses.

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FIGURE/VIDEO CAPTIONS figures should NOT be embedded in this document

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Figure 4. A dorsopalmar radiograph of the left manus taken 3.5 months postoperatively.

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