



AGRICULTURE AND FOOD DEVELOPMENT AUTHORITY

2 TITLE: Complexes between linoleate and native or aggregated β-lactoglobulin:
 3 Interaction parameters and in vitro cytotoxic effect.

4 AUTHORS: Solène Le Maux, Saïd Bouhallab, Linda Giblin, André Brodkorb and
 5 Thomas Croguennec

This article is provided by the author(s) and Teagasc T-Stór in accordance with

publisher policies.

Please cite the published version.

6

This item is made available to you under the Creative Commons Attribution-Non commercial-No Derivatives 3.0 License.



NOTICE: This is the author's version of a work that was accepted for publication in *Food Chemistry*. Changes resulting from the publishing process, such as peer review, editing, corrections, structural formatting, and other quality control mechanisms may not be reflected in this document. Changes may have been made to this work since it was submitted for publication. A definitive version was subsequently published in *Food Chemistry*, 141(3), 2305-2313. doi: 10.1016/j.foodchem.2013.05.031.

7	Complexes between linoleate and native or aggregated β -lactoglobulin:
8	Interaction parameters and in vitro cytotoxic effect
9	
10	
11	Solène Le Maux ^{1,2,3} , Saïd Bouhallab ^{1,2} , Linda Giblin ³ , André Brodkorb ³ and Thomas
12	Croguennec ^{1,2,*}
13	
14	¹ INRA, UMR1253 STLO, 65 rue de Saint Brieuc, F-35042 Rennes, France
15	² AGROCAMPUS OUEST, UMR1253 STLO, 65 rue de Saint Brieuc, F-35042 Rennes,
16	France
17	³ Teagasc Food Research Centre, Moorepark, Fermoy, Co. Cork, Ireland
18	
19	* To whom correspondence should be addressed. Telephone: $+33223485927$. Fax:
20	+0033223485350. E-mail: Thomas.Croguennec@agrocampus-ouest.fr
21	
22	
23	Authors e-mail address:
24	Solène Le Maux: Solene.Le.Maux@agrocampus-ouest.fr
25	Saïd Bouhallab: Said.Bouhallab@rennes.inra.fr
26	Linda Giblin: Linda.Giblin@teagasc.ie
27	André Brodkorb: Andre.Brodkorb@teagasc.ie
28	Thomas Croguennec: Thomas.Croguennec@agrocampus-ouest.fr

30 ABSTRACT

31

32 The dairy protein β -lactoglobulin (β lg) is known to form complex with fatty acids (FA). 33 Because of industrial processing, β lg is often in non-native form in food products, which can 34 modify the FA/Blg complex properties. We investigated the interaction of bovine Blg in 35 selected structural forms (native ßlg, covalent dimer and nanoparticles) with linoleate 36 (C18:2). Using fluorescence and Isothermal Titration Calorimetry, linoleate was found to bind 37 β lg in two types of binding sites. Regardless of the structural state of β lg, association 38 constants remained in the same order of magnitude. However, the stoichiometry increased up 39 to six fold for nanoparticles, compared to that of native β lg. The impact of these structural 40 changes on linoleate uptake in vitro was measured by cytotoxic assays on Caco-2 cells. The 41 order of cytotoxicity of linoleate was as follow: free>complexed to dimers>complexed to 42 nanoparticles>complexed to native ßlg. Therefore, *in vitro* cytotoxicity of linoleate could be 43 modulated by altering the state of β lg aggregation, which in turn affects its binding capacity to 44 the FA.

45

46 **Key words**: β-lactoglobulin; Linoleate; Interaction; Aggregation; Cytotoxicity.

48 1 INTRODUCTION

49

50 β -lactoglobulin (β lg), the major whey protein in bovine milk, is present in a large number 51 of food products. Blg is a member of lipocalin family, composed of 162 amino acids with a 52 monomeric molecular weight of 18.4 kDa (Braunitzer, Chen, Schrank & Stangl, 1973). It 53 contains nine β -strands labelled from A to I, and a three turns α -helices, that are arranged to 54 form a globular protein structure (Creamer, Parry & Malcolm, 1983; Sawyer & Kontopidis, 55 2000). Eight antiparallel β-strands are organised in a β-barrel, shaped into a hydrophobic calyx. Under physiological conditions, native βlg exists in a non-covalent dimer/monomer 56 57 equilibrium. However, ßlg structure is highly sensitive to processing conditions used in food 58 industries, especially the heat treatments that are applied during food manufacture to reach 59 specific food textures or to reduce microbial load (Considine, Patel, Anema, Singh & 60 Creamer, 2007; de Wit, 2009). Such treatments denature native β lg, leading to the formation 61 of non-native monomers and aggregates of β lg in food products (de Wit, 2009).

62 βlg is able to bind small hydrophobic molecules such as fatty acids (FA) (Sawyer et al., 63 2000), and the formation of such complexes modifies FA digestion (Perez, Sanchez, Aranda, 64 Ena, Oria & Calvo, 1992). It has been suggested that native β lg binds hydrophobic ligands in 65 its internal calyx and on surface binding sites (Wu, Pérez, Puyol & Sawyer, 1999; Yang et al., 2008). However, FA binding to the β lg is sensitive to the physicochemical conditions of the 66 67 medium. Several studies related the decrease of association constants between ßlg and 68 binding FA with a decrease in pH. Indeed, below pH 6.2, the calyx binding site is closed by 69 the EF loop region, decreasing interaction with hydrophobic components (Ragona et al., 70 2000). Additionally, Wang, Allen, and Swaisgood (1998) demonstrated that a decrease in the 71 proportion of native ßlg dimer increased ßlg affinity constant for palmitate. A number of studies have assessed the interaction of ligands with heat treated β lg (O'Neill & Kinsella, 1988; Yang et al., 2008). However, these different studies have shown inconsistent changes in the binding constants of such ligands with heat treated β lg compared to native form. This may be due to the nature of the ligand, or to differences in the applied heat treatments (O'Neill et al., 1988; Yang et al., 2008). In fact, aggregates differ in the parts of protein exposed and therefore differ in how they react to heat (de Wit, 2009).

The essential long-chain fatty acid (LCFA) linoleic acid (LA, cis, cis-9,12-octadecadienoic 78 79 acid, n-6, 18:2) constitutes 1-3 % (w/w) of the total FA found in bovine milk fat (Jensen, 80 2002). LA serves as an essential precursor to a number of long chain metabolites (Mantzioris, James, Gibson & Cleland, 1995; Russo, 2009). Its health benefits include anti-inflammatory 81 82 effects, improvements in serum lipoprotein profiles and reduction in the risk of cardiovascular coronary artery disease (Zhao et al., 2005; Zock & Katan, 1998). Furthermore, LA, at high 83 84 concentrations, is cytotoxic to cancerous cells in vitro (Lu, He, Yu, Ma, Shen & Das, 2010). 85 However, bioaccessibility of FA is altered according to the structure of the food matrix (Le 86 Maux, Giblin, Croguennec, Bouhallab & Brodkorb, 2012; Mu, 2008; Singh, Ye & Horne, 87 2009). We previously demonstrated an interaction between the water soluble form of LA, 88 linoleate, and native ßlg (Le Maux et al., 2012). This binding alters the cytotoxicity of 89 linoleate by decreasing its transport into the cell.

However, as βlg is often in non-native forms in food products, the aim of the present work
was to determine whether βlg structural forms alter the βlg/linoleate interaction and
consequently the linoleate cytotoxicity, indication of its transport into the cell. Therefore,
selected βlg aggregates of controlled size, covalent dimers and nanoparticles, were formed.
Binding properties of native βlg, covalent dimers and nanoparticles with linoleate were
measured by both isothermal titration calorimetry and intrinsic fluorescence. Cytotoxicity of

96	linoleate either free in solution or in complexes was measured for a better understanding of
97	the protein structure impacts on the FA transport.
98	
99	
100	2 MATERIALS AND METHODS
101	
102	Materials
103	
104	β lg (96 % purity) was obtained from Davisco Foods International, Inc. (Eden Prairie,
105	Minnesota) and sodium linoleate (purity \geq 98 %) from Sigma-Aldrich (St. Louis, MO). All
106	other chemicals and solutions were purchased from Sigma-Aldrich unless stated otherwise.
107	
108	Protein sample preparation and characterization
109	
110	2.2.1 Formation of β -lactoglobulin dimers and nanoparticles
111	
112	Covalent dimers of β lg were formed using the protocol reported by Gulzar, Croguennec,
113	Jardin, Piot, and Bouhallab (2009). Briefly, β lg was dissolved in a 5 mM Bis-Tris buffer (pH
114	6.7), the final protein concentration was 5 g/L. Copper chloride (CuCl ₂) was added to the β lg
115	solution at a $Cu^{2+}/\beta lg$ molar ratio of 0.6. The solution was heated at 80°C for 30 min to form
116	covalent dimers, then cooled on ice. Covalent dimers were first dialyzed against 10 mM NaCl
117	(dialysis baths were changed every hour for 4 h) and then against distilled water for 48 h
118	(water bath was changed twice). Samples were then freeze-dried and stored at -20°C prior to
119	experiments.

120 Nanoparticles of ßlg were formed according to the method of Schmitt et al. (2009) 121 Briefly, ßlg was dissolved in Milli-Q water (Millipore, Carrigtwohill, Ireland), to a final 122 protein concentration of 10 g/L. The pH of the protein solution was adjusted to 5.9 using 1 M HCl, before heating the solution at 85°C for 15 min, and then rapidly cooling on ice. Samples 123 124 were dialysed for 48 h against an excess of distilled water, freeze-dried and stored at -20°C 125 prior to experimental use. 126 127 Characterization of native β -lactoglobulin, covalent dimers and nanoparticles 2.2.2 128 129 Quantification of β -lactoglobulin concentration in reconstituted solutions 130 The concentration of native β lg and covalent dimers (expressed in monomer) were determined by optical density using the extinction coefficient of β lg at 278 nm ($\epsilon_{278} = 0.96$ 131 132 L/g/cm). For nanoparticles, the concentration of β lg monomers was quantified on a reduced sample 133 134 by the Bradford test following the manufacturer's instructions (Sigma-Aldrich). For 135 reduction, 470 µL of nanoparticle sample (1 mg of powder/mL) was dissolved in phosphate 136 buffered saline (PBS; 0.01 M phosphate buffer, 2.7 mM KCl, 137 mM NaCl, pH 7.4), 5 µL of 10 % SDS and 25 μ L β -mercaptoethanol, and the mixture was heated at 95°C for 5 min. 137 138 139 Characterisation of β -lactoglobulin samples using gel permeation-HPLC

140 The proportion of monomers, dimers, oligomers and aggregates in β lg samples were 141 determined by gel permeation-HPLC (GP-HPLC) using a TSK G SW guard column (7.5 × 142 7.5 mm, Tosoh Bioscience GmbH, Stuttgart, Germany) and a TSK G2000 SW column (7.5 × 143 600 mm, Tosoh Bioscience GmbH) connected to an HPLC system, consisting of a Waters 144 2695 Separations Module (Waters, Milford, MA) and a Waters 2487 Dual λ Absorbance 145 Detector (Waters) working at 280 nm using Empower Pro software (Waters) to acquire and 146 analyse data. Solvent with 30 % (v/v) acetonitrile (LabScan Analytical Sciences, Dublin, 147 Ireland) and 0.1 % (w/v) trifluoracetic acid in Milli-Q water was used for protein elution at a 148 flow rate of 0.5 mL/min. The molecular-weight of the different molecular entities in the 149 samples was determined using a protein molecular-weight standard calibration set (Sigma-150 Aldrich).

151 The molecular entities present in each β lg sample were determined as follows: solutions of 152 native ßlg, covalent dimers and nanoparticles were prepared at 1 g/L in PBS. Nanoparticle 153 solutions were centrifuged at 12000 g in order to separate nanoparticles (pellet) from smaller 154 molecular entities (supernatant). Solutions of native β lg, covalent dimers and the supernatant 155 of nanoparticle solutions were filtered (0.22 µm filter) prior to injection onto GP-HPLC. The 156 proportions of monomers, dimers and higher size oligomers of β lg were determined from their 157 relative GP-HPLC chromatographic peak area obtained using Apex Track integration, and the 158 sample total chromatographic peak area. The proportion of monomers and aggregates in the 159 nanoparticle samples were determined from their chromatographic peak area in the 160 supernatant of the nanoparticle sample and the total chromatographic area of a solution of 161 native β prepared at 1 g/L. The proportion of the different molecular entities for each of the 162 β lg samples (native β lg, covalent dimers and nanoparticles) and of α -lactalbumin (α la, 163 impurity) were calculated. Native β lg sample contains 84.6 ± 1 % monomers, 5.4 ± 0.5 % dimers, 5.4 ± 0.4 % oligomers and 4.6 ± 0.4 % of ala. Covalent dimers sample has 74.4 ± 3.1 164 165 % of dimers, 15.5 ± 1.4 % of residual monomers, 6.5 ± 1.6 % of oligomers and 3.6 ± 0.4 % of 166 ala. Nanoparticle sample has 77.6 \pm 1.4 % of aggregates and 22.4 \pm 1.4 % of monomers.

167

168 Mean hydrodynamic diameter of nanoparticles

169	To check the homogeneity of the preparation, the mean hydrodynamic diameter of the
170	aggregates in the nanoparticle sample was measured by dynamic light scattering using a
171	Zetasizer Nano ZS (Malvern Instruments Ltd., Malvern, Worcestershire, UK) equipped with a
172	4 mW helium/neon laser at a wavelength output of 633 nm. Particles sizing was performed at
173	25°C at 10 s intervals in a particle-sizing cell using backscattering technology at a detection
174	angle of 173°. Results were the mean of 13 runs. The intensity of light scattered from the
175	particles was used to calculate the mean hydrodynamic diameter (z-average mean), based on
176	the Stokes-Einstein equation, assuming the particles to be spherical. The mean hydrodynamic
177	diameter of aggregates (nanoparticles) was centered around 130 nm (data not shown).
178	
179	Linoleate/ <i>β</i> -lactoglobulin structure interaction
180	
181	2.3.1 Isothermal titration calorimetry
182	
183	Isothermal titration calorimetry (ITC) was used to determine the interaction parameters
184	between the different forms of β lg and linoleate. ITC experiments were performed on a VP-
185	ITC microcalorimeter (Microcal, Northampton MA). Solutions of β lg (0.027 mM) and
186	linoleate (1.65 mM) in PBS were degassed under vacuum before titration experiments. The
187	reference cell was filled with PBS, and the sample cell (1.425 mL) was filled with β lg
188	solution. β lg was titrated at 25°C with 29 successive linoleate injections of 10 µL. The
189	injection time was 20 s, and the time between injections was fixed at 600 s to achieve
190	thermodynamic equilibrium. During titrations, the solution in the sample cell was stirred at
191	310 rpm to ensure complete mixing. The control measurement was obtained by titrating
192	sodium linoleate into PBS buffer using the same injection procedure. The control
193	measurement was subtracted from the β lg titration with linoleate and the first injection peak

was systematically ignored for the data analysis. Data were analysed using MicroCal ORIGIN version 7.0 (Microcal). The integrated area of each peak was plotted versus the linoleate/ β lg monomer molar ratio. The "two sets of binding sites" model was the best fit for all experiments, providing the binding parameters K_{a1}, K_{a2}, n₁, and n₂ (K_a and n are the association constant and the stoichiometry, respectively). Each measurement was performed in triplicate.

- 200
- 201

2.3.2 Intrinsic fluorescence

202

203 Intrinsic fluorescence spectra were recorded at 345 nm using an excitation wavelength of 204 278 nm. For each titration, a fluorescence spectrum was recorded from 300 to 450 nm in order 205 to observe deviation in fluorescence properties of the protein. Experiments were performed at 206 25°C on a SPEX 112 spectrofluorometer (Jobin-Yvon, Longjumeau, France), using 10×10 207 mm quartz cuvette. Excitation and emission slits were both set to 5 nm. ßlg solutions in PBS 208 (3 mL at 10 μ M) were titrated with successive 3 μ L injections of 5 mM linoleate, upto a 209 linoleate/βlg molar ratio of 10. The solution was agitated by pipetting up and down several 210 times and a 5 min equilibrium time was respected prior to each measurement. An N-acetyl-211 tryptophanamide (NATA) blank was titrated following the same procedure in order to 212 subtract the inner filter effect caused by the FA. NATA fluoresces similarly to tryptophan but 213 does not bind FA (Cogan, Kopelman, Mokady & Shinitzky, 1976). The concentration of 214 NATA was chosen to have the same initial fluorescence (without FA) as the fluorescence of βlg solutions. Fluorescence of NATA was subtracted from fluorescence intensity 215 216 measurements of the ligand/protein complexes for all the linoleate/ßlg molar ratios tested. 217 Each measurement was performed in triplicate. Fluorescence data were fitted using two 218 different methods.

In method 1, L_{free} , L_{total} and L_{bound} represent the concentration of free, total and bound linoleate, respectively, P_{total} is the concentration of β lg, v is the fraction of linoleate molecules bound per mole of protein (v varies from 0 to n), n the number of linoleate bound to β lg at saturation (number of sites), and f_i the fraction of one site of the protein to be occupied by a ligand (f_i varies from 0 to 1). Then:

224
$$L_{total} = L_{free} + L_{bound}$$
 (1)

225
$$v = \frac{L_{bound}}{P_{total}} = nf_i \quad (2)$$

226 Combining equations (1) and (2) we deduce that:

227 $L_{total} = L_{free} + nP_{total}f_i$ (3)

The value of fi is determined using the initial fluorescence intensity (F_0), the fluorescence intensity at saturation (F_{max}) and the fluorescence intensity at the ratio ligand/protein i (F_i) as indicated in equation (4):

231
$$f_i = \frac{F_i - F_0}{F_{max} - F_0}$$
 (4)

When F_{max} was not reached experimentally, it was determinated by fitting using an exponential phase decay model on Graph-Pad Prism software. The value of n was determined by plotting L_{total} in function of $P_{total}f_i$. The data were fitted using a sequential linear regression in Graph-Pad Prism software 3.03 (GraphPad Software Inc., La Jolla CA).

236 Method 2 is an adaptation of the Scatchard plot. In the Scatchard plot described below, K_a
237 is the association constant:

$$\frac{v}{L_{\text{free}}} = nK_{a} - vK_{a} \quad (5)$$

Equations (3) and (5) can be rearranged as: $P_{\text{total}}\left(1-f_{i}\right) = \frac{L_{\text{total}}}{n}\left(\frac{1}{f_{i}}-1\right) - \frac{1}{nK_{a}}$ (6)

240 By fitting this equation using Graph-Pad Prism software, n and K_a were determined.

Preparation of linoleate/β-lactoglobulin complexes for biological assay

243

242

244

2.4.1 Preparation of complexes

245

246 Linoleate/Blg complexes were prepared by mixing Blg samples with sodium linoleate 247 according to Lišková et al. (2011) with modifications as described in Le Maux et al. (2012). 248 Briefly, 0.163 mM β lg, in its native form, covalent dimers or nanoparticles, were dissolved in 249 PBS, and sodium linoleate was added to reach final linoleate/ β lg molar ratios of 5, 7.5 or 10. 250 Solutions containing native β lg were heated at 60°C for 30 min to facilitate β lg/linoleate 251 interaction and rapidly cooled on ice. Solutions containing covalent dimers or nanoparticles 252 were mixed overnight at room temperature. Samples were dialysed against distilled water for 253 72 h with dialysis bags of nominal cut-off of 3500 Da. Samples were freeze-dried and 254 powders stored at -20°C prior to experiments.

255

256

2.4.2 Determination of fatty acid content by gas chromatography

257

258 The FA content of the complexes was determined by gas chromatography (GC) following 259 a protocol adapted from Palmquist and Jenkins (2003) and Coakley, Ross, Nordgren, 260 Fitzgerald, Devery, and Stanton (2003) and described in detail previously (Le Maux et al., 261 2012). Briefly, the internal standard tridecanoic acid (C13:0) was added to ~4 mg of complexes. FA were converted to fatty acid methyl esters (FAME) and were analysed using a 262 263 CP-SELECT CB column for FAME (100 m, 0.25 mm, 0,25 µm film thickness, Varian BV, 264 Middelburg, the Netherlands), adaptated on a Varian 3400 GLC (Varian, Walnut Creek, CA) 265 connected to a flame ionization detector.

267

2.4.3 Complexes analysis by polyacrylamide gel electrophoresis

268

Samples were analysed by sodium dodecyl sulphate polyacrylamide gel electrophoresis 269 270 (SDS-PAGE). Mini-PROTEAN TGX precast Gels (4-20 % resolving gel, Bio-Rad 271 Laboratories Inc., Hercules, CA) were used on a Mini Protean II system (Bio-Rad) according 272 to the manufacturer's instructions. Samples were prepared under non-reducing (in the absence 273 of β -mercaptoethanol) and reducing (in the presence β -mercaptoethanol) conditions. Protein 274 was visualized by staining with Coomassie blue (Bio-Safe Coomassie Stain G-250, Bio-Rad). 275 An Amersham Low Molecular Weight Calibration kit (14.4 to 97 kg/mol, GE Healthcare UK 276 Limited, UK) was used as molecular weight standards.

- 277
- 278

Cell Culture and cytotoxicity assay

279

The Caco-2 cell line was purchased from the European Collection of Cell Cultures (collection reference: ECACC 86010202). It was derived from human colonic adenocarcinoma cells and can mimic the enterocytes of the intestine.

Cells cultures were maintained in a humidified 37° C incubator with a 5 % CO₂ in air atmosphere. Cells were routinely grown in 75 cm² plastic flasks in Dulbecco's modified Eagle medium (DMEM) containing 4.5 g/L glucose and 0.584 g/L L-glutamine. Media for subculture was supplemented with 10 % (v/v) foetal bovine serum (FBS), 100 U/mL penicillin and 100 mg/mL streptomycin. At 80 % confluency, cells were trypsinised with 0.25 % trypsin/EDTA, diluted 1:6 in media and reseeded. The growth medium was changed three times a week. All cells used in these studies were between passage number 20 and 31. 290 Cytotoxicity of test samples on Caco-2 cell proliferation was determined by MTS assay, 291 using CellTiter 96 Aqueous One Solution Cell Proliferation Assay according to the 292 manufacturer's instructions (Promega Corporation, Madison, Wisconsin) and previously described in Le Maux et al. (2012). Briefly, 96-well plates were seeded with 2×10^4 Caco-2 293 294 cells/well, using serum-free media. After 24 h, cells were treated with different concentrations 295 of linoleate (0 to 200 µM) or linoleate/βlg complexes (higher linoleate/βlg complex which 296 contained 0 to 200 µM linoleate as determined by GC) in serum-free media for 24 h. After the 297 use of One Solution Cell Proliferation reagent, viability was defined as the ratio of absorbance 298 of treated cells to untreated cells (cells exposed to serum-free Media only) at 490 nm. Cells 299 exposed to the different controls of β lg were subtracted to the corresponding samples. Each 300 cell exposure was performed in triplicate.

301 The Lethal Dose 50 (LD_{50}) values, the concentration required to decrease the cell viability 302 by 50 %, were determined using Graph-Pad Prism software 3.03 (GraphPad). The sigmoidal 303 dose-response with variable slope was used to fit the measured curves and calculate LD_{50} .

304

305 Statistical analysis

306

Where appropriate, results were statistically analysed using the R software package version 2.15.1 (R Foundation for Statistical Computing, Vienna, Austria) and the ANOVA system with a Tukey's least significant difference comparison. *P*-Values less than 0.05 were deemed to be statistically significant.

311

312

313 3 **RESULTS**

314

317 Binding parameters, determined at 25° C using ITC and intrinsic fluorescence 318 spectroscopy, were expressed on the basis of β lg monomeric units.

319 ITC data revealed an exothermic signal for the interaction between linoleate and all the 320 ßlg forms tested. Increasing the amount of linoleate in the titration cell resulted in a 321 progressive decrease of the exothermic signal due to the saturation of the binding sites (Figure 322 1A). Regardless of the states of β lg aggregation, the data were best fitted with a two sets of 323 binding sites model. The number of binding sites for each set of binding sites (n) and the 324 corresponding association constant (K_a) could be determined from the fitted curves (Table 1). 325 Similar association constants were observed for all β lg forms for each set of binding sites. The K_a values for the first and second sets of binding sites were close to $10^6 M^{-1}$ and $10^4 M^{-1}$. 326 327 respectively. Molar ratio of linoleate bound to ßlg monomer (n) varied for the first set of 328 binding sites between 0.53 ± 0.08 for covalent dimers and 0.92 ± 0.29 for nanoparticles. For 329 the second set of binding sites, n varied somewhat more: native βlg (6.79 \pm 0.05), covalent 330 dimers (8.64 \pm 0.54) and nanoparticles (10.25 \pm 1.64).

331

332 Intrinsic fluorescence titration is based on the change in the intensity of ßlg tryptophan 333 fluorescence. The maximum emission wavelength was 345 nm, 353 nm and 350 nm for native 334 β lg, covalent dimers and nanoparticles, respectively; therefore aggregated β lg caused a red 335 shift. However, the fluorescence spectra had a similar shape for all the ßlg forms tested and 336 the changes in fluorescence intensity consecutive to linoleate addition were correlated at the 337 three wavelengths. Therefore the fluorescence changes were followed at 345 nm, which is the 338 wavelength of maximal fluorescence intensity of native protein. In the titration range used in 339 this study, the change in fluorescence intensity reached a maximum of 10.5 ± 1.3 %, $21.7 \pm$

340 1.6 % and 32.2 ± 2.1 % from the initial fluorescence intensity for native β lg, covalent dimers 341 and nanoparticles, respectively (Figure 1B). Increasing the linoleate concentration in native 342 β lg samples induced an increase in fluorescence intensity at 345 nm. This increase levels off 343 when the linoleate/ β lg molar ratio reaches 3. In contrast, the fluorescence intensity of the 344 covalent dimers and of the nanoparticles decreased continuously up to a linoleate/ β lg molar 345 ratio of 10. For each titration, fluorescence data were fitted with two different models.

346 In the first model the total concentration of linoleate is plotted as a function of total 347 concentration of protein and variation in fluorescence intensity (P_{total}.f_i). It gave access to the 348 number of binding sites (n), which are determined from the slope of the graphical representation. For the entire titration, the graphical representation can be fitted with two 349 350 straight lines, indicating the presence of two sets of binding sites (Table 1). The number of 351 binding sites varied according to the ßlg forms. From linoleate/native ßlg to 352 linoleate/nanoparticles complexes, n_1 increased from 2.38 \pm 0.12 to 15.74 \pm 0.55 and n_2 from 353 6.02 ± 0.29 to 40.73 ± 2.17 .

354 The second model was an adaptation of the Scatchard plot, in which the maximum 355 fluorescence (F_{max}) was required for the plot construction. However, F_{max} was not reached with a 10 linoleate/βlg molar ratio for the complexes made with the covalent dimers and the 356 357 nanoparticles. Therefore, the fit of the Scatchard plot was obtained using the experimental 358 F_{max} only for the complex made of linoleate and native β lg. An extrapolated F_{max} was used for 359 the Scatchard plot of the linoleate/covalent dimers complex (Table 1). Unfortunately, the 360 fluorescence data for the linoleate/nanoparticles complexes could not be fitted correctly using extrapolated F_{max}. The thermodynamic constants (K_a) for the two sets of binding sites were 361 $9.20 \pm 2.65 \times 10^5$ M⁻¹ and $0.62 \pm 0.49 \times 10^5$ M⁻¹ for the linoleate/native β lg complex and 362 $14.67 \pm 2.12 \times 10^5$ M⁻¹ and $0.37 \pm 0.13 \times 10^5$ M⁻¹ for the linoleate/covalent dimers complex. 363 These values of association constants were in the same range than those deduced from ITC 364

365 data. The stoichiometry n_1 was 2.45 \pm 0.07 and 10.31 \pm 0.05 while n_2 was 5.27 \pm 1.5 and 366 15.29 \pm 0.71 for linoleate/native β lg and linoleate/covalent dimers complexes respectively.

367

Changes in the structure of the linoleate/ β -lactoglobulin complexes

369

368

370 Complexes of linoleate with native β lg, covalent dimers and nanoparticles were analysed 371 by SDS-PAGE and GP-HPLC in order to identify changes in the aggregation state of β lg 372 following linoleate interaction. Previously we demonstrated that native ßlg aggregated into 373 dimers and oligomers in the presence of linoleate (Le Maux et al., 2012). Figure 2A confirms 374 this observation with SDS-PAGE analysis of native ßlg, under non-reducing conditions, 375 showing a major band corresponding to the β lg monomer with small amount of dimers and 376 trimers. The presence of linoleate increases the amount of β lg dimers and oligomers at the 377 expense of ßlg monomers. In contrast, the presence of linoleate had almost no effect on 378 covalent dimers except a slight decrease in the intensity of the residual ßlg monomer band 379 (Figure 2B). A similar result is obtained for the SDS-PAGE of the complexes made with 380 nanoparticles (Figure 2C). In this latter case, nanoparticles did not enter the separation gel 381 because of their high size. Under reducing conditions, SDS-PAGE for all the complexes and 382 the βlg controls (without linoleate) were similar. Figure 2D is a representation of these results 383 depicting nanoparticles and linoleate/nanoparticles complexes prepared at three different 384 linoleate/βlg molar ratio (5, 7.5 or 10), under reducing conditions. Taking the non-reducing 385 and reducing results together, linoleate induced aggregation of β lg stabilised by 386 intermolecular disulphide bonds.

387

388 GP-HPLC chromatograms of complexes formed with native β lg, covalent dimers and 389 nanoparticles were integrated and the proportion of β lg monomers, dimers and oligomers 390 (trimers and tetramers) as a function of the initial linoleate/ β lg molar ratio are shown in Table 391 2. A decrease in the concentration of monomers in the presence of linoleate were observed for 392 all the β lg forms, in agreements with the SDS-PAGE experiments. The monomeric proportion decreased from 88.5 \pm 5.2 % to 51.1 \pm 4.9 % using native β lg, from 16.3 \pm 1.5 % to 13.4 \pm 0.6 393 394 % for complexes using covalent dimers and from 22.4 ± 1.4 % to 10.6 ± 1.9 %, for complexes 395 using nanoparticles with an initial molar ratio of linoleate/ β lg varying from 0 to 10. 396 Concomitantly, an increase of the protein aggregation was also observed. As predicted the 397 difference in aggregation by increasing the linoleate/βlg molar ratio was more pronounced for 398 native β lg than the other forms of β lg assayed.

- 399
- 400

Cytotoxicity of linoleate bound to the different forms of β -lactoglobulin

401

402 The effect of linoleate (0 to 200 μ M), bound to the different forms of β lg, on Caco-2 cell 403 viability was measured. For quantifying the effect of the bound linoleate only, the complexes 404 were dialysed to remove unbound linoleate. After dialysis, the exact stoichiometry of 405 linoleate/ßlg complexes was determined from freeze-dried complexes using GC (Figure 3). 406 The amount of linoleate bound to β lg increased when the initial linoleate/ β lg molar ratio was 407 increased. This increase varied depending on the β lg form with more linoleate binding 408 increasing in the order of nanoparticles > covalent dimers > native β lg. Only the complexes 409 prepared with the higher linoleate/βlg molar ratio were used for cytotoxicity experiments 410 (Figure 4). No cytotoxic effect was detected for any of the β lg forms used at the 411 concentrations assayed when employed in the absence of linoleate (data not shown). Free 412 linoleate has a LD₅₀ of 58.0 \pm 4.2 μ M (Le Maux et al., 2012). Comparatively, the LD₅₀ of the 413 complexes were all significantly different (p < 0.001). The linoleate/native β lg complex was not cytotoxic to Caco2 cells at the concentrations tested ($LD_{50} >> 200 \mu M$ complex). LD_{50} 414

415 was 80.0 \pm 3.1 μ M for linoleate/covalent dimers complex, and 189.0 \pm 4.1 μ M for 416 linoleate/nanoparticles complex.

417

418

419 4 DISCUSSION

420

421 The structural state of β lg modified its binding properties to linoleate. This was 422 demonstrated using ßlg intrinsic fluorescence and ITC measurements albeit the determined 423 stoichiometry of the two techniques differed slightly. The number of binding sites determined 424 from ITC data for the interaction between linoleate and native β lg showed lower n₁ value, but 425 a higher n₂ value compared to those deduced from intrinsic fluorescence data. However, the 426 total number of binding sites $(n_1 + n_2)$ for linoleate to native β lg was similar (around 7.5 to 8) 427 linoleate bound to the ßlg native protein) regardless of technique and method used for data 428 fitting. The binding parameters from β lg intrinsic fluorescence titration gave a higher number 429 of binding sites for linoleate to covalent dimers and to nanoparticles than the ITC data. This 430 discrepancy may have resulted from (i) the intrinsic fluorescence data that cumulates inner 431 filter and non-specific quenching of the fluorescence spectrum of the complex under study 432 and/or (ii) the ITC signal complexity that includes all energetic changes occurring during the 433 titration such as structural changes of protein, modifications to protein and/or ligand hydration 434 (Bouchemal, 2008). Similarly, Loch et al. (2012a) found a stoichiometry lower than 1 mole 435 for lauric and myristic acids per mole of β lg when the interaction was studied by ITC while 436 one FA was found in the calyx of native βlg by Xray crystallography with resolution 1.9-2.1 437 Å. According to these authors, this may be related to the weak interaction between the FA and 438 βlg. Spector and Fletcher (1970) demonstrated that stearic acid exhibited a secondary set of 439 binding sites to β lg with the number of sites varying from 2 to 24, using the same set of data 440 analyzed with different fitting parameters.

441 Comparative analysis of the fluorescence data show differences in the fluorescence 442 changes for the native β g experiments relative to the aggregated β g experiments. The 443 intrinsic fluorescence of covalent dimers and nanoparticles decreased the titration of linoleate 444 due to tryptophan quenching by the FA. Conversely, the intrinsic fluorescence of native β lg 445 increased in the presence of linoleate. This can be explained by the compensation of the 446 tryptophan quenching effect by the denaturation of the protein caused by the binding with 447 linoleate, which reduced the tryptophan quantification by Cys-Cys disulphide bonds (Renard, 448 Lefebvre, Griffin & Griffin, 1998).

449

450 The number of linoleate bound per β lg molecule increased with the degree of 451 aggregation (native $\beta lg < covalent dimens < nanoparticles)$ but the association constants for 452 each sets of binding sites remained similar. Several studies have demonstrated the impact of 453 β lg denaturation/aggregation for ligand binding, but were dependent on the type of ligands 454 and/or the structure of the aggregates (Ron, Zimet, Bargarum & Livney, 2010; Shpigelman, 455 Israeli & Livney, 2010). Hydrophobic ligands are able to bind native βlg on hydrophobic 456 patches of the protein surface and in the internal calyx if specific structural properties of the 457 ligands are respected (Kontopidis, Holt & Sawyer, 2004). The changes in binding parameters 458 are related to the structural changes of β lg, which occur during heat denaturation/aggregation 459 (de Wit, 2009). Heat-induced protein unfolding exposes internal hydrophobic patches(de Wit, 460 2009) that constitute additional potential binding sites for hydrophobic ligands. Even if they are usually of low specificity and low affinity, these hydrophobic patches could be 461 462 responsible for the higher ratio of linoleate bound per β lg molecule in the covalent dimers and nanoparticles compared to the native form of ßlg. The higher degree of aggregation in the 463

nanoparticles, compared to covalent dimers, could also create hydrophobic pockets, trapping 464 more ligands with weak affinity. Indeed, nanoparticles are microgels, which have more 465 466 hydrophobic binding sites available compared to native β lg as shown by anilino naphthalene 467 sulfonic acid (ANS) fluorescence (Schmitt et al., 2009). In addition, the internal calvx of β lg 468 is modified during the heat-denaturation and aggregation of β lg. Consequently the specific 469 affinity to the ligand at this site could be affected. The formation of covalent dimers involves 470 the displacement of the free Cys121 that potentially distorts the calyx, decreasing its affinity 471 for linoleate. O'Neill et al. (1988) showed that heat-denaturation of β lg (75°C up to 20 min) 472 increased the number of binding sites for 2-nonanone but decreased its association constant. 473 Yang, Chen, Chen, Wu, and Mao (2009) found a weaker binding, with a lower n, when 474 vitamin D3 was bound to heat denatured βlg (100°C for 16 min) compared to native βlg . 475 Similar conclusions were reported by Spector et al. (1970) who found lower binding constants 476 between palmitate and βlg when the protein was heat treated from 55 to 80°C. These different 477 ligands were shown to specifically interact in the calvx of β lg that is affected by the β lg 478 denaturation. Unlike these studies, conformational changes of β lg do not lead to a change in the affinity for linoleate at the first set of binding sites. This is rather surprising, since the 479 480 central cavity contains the binding site with strongest affinity for linoleate, as shown by 2.1 Å 481 resolution crystallography (PBD ID: 4DQ4, Loch et al. (2012b)). However, it is possible that 482 some specific protein structures are selected for crystal formation leading to different results 483 when protein in solid or liquid states are compared.

484

485 Cytotoxic assays represent an excellent method for determining changes in the 486 bioaccessibility of FA to Caco-2 cells since the linoleate must enter cells to be cytotoxic (Lu 487 et al., 2010). In the present study, exposure of the cells to linoleate/ β lg complexes resulted in 488 a decrease in cytotoxicity compared to free linoleate. Therefore, we can postulate that binding 489 of linoleate to all the βlg forms decreased the bioaccessibility of the FA. After a 24 h exposure 490 period, linoleate bound to ßlg nanoparticles had a higher cytotoxic effect compared to 491 linoleate bound to native β lg. This could be explained by the higher binding capacity of 492 nanoparticles for the FA compared to native β lg:8.9 linoleate per β lg nanoparticles versus 3.3 493 linoleate per native ßlg. As only 0.6 or 0.9 linoleate is strongly bound per 1 ßlg molecule in 494 the nanoparticular or native state, respectively (ITC data), the fraction of linoleate bound with 495 a lower affinity is much higher for the nanoparticles. This may explain the higher 496 bioaccessibility of linoleate when bound to the nanoparticles. Spector et al. (1970) 497 demonstrated that palmitate bound to β lg was taken up faster by Ehrlich ascites tumor cells 498 compared to palmitate bound to bovine albumin because palmitate binds to bovine albumin 499 with a higher affinity than to β lg. Consequently, the FA was more bioaccessible to the cells 500 when bound to ßlg than to bovine albumin. Interestingly, linoleate/covalent dimer complexes 501 were more cytotoxic than linoleate/nanoparticles complexes, even though the amount of linoleate bound with higher K_a was similar, as determined by ITC. As native βlg protects the 502 503 cells against the linoleate cytotoxicity, this difference in cell viability may be the result of the 504 different proportions of β lg monomers present in the test samples (22.4 % β lg monomers in 505 the nanoparticle sample compared to 16.3 % ßlg monomers in the covalent dimer sample, 506 prior to the addition of linoleate). In addition, to obtain the same linoleate concentration, a 507 higher quantity of complex was needed for the linoleate/covalent dimers complex. The molar 508 ratios were 8.9 linoleate per β lg in the nanoparticles versus 4.0 linoleate per β lg in covalent 509 dimers. However, we have previously demonstrated that increasing ßlg concentration 510 increased the linoleate uptake by Caco-2 cells even if the kinetic of transport is slower than 511 free linoleate (Data not shown). Other studies have reported the opposite effect, with the 512 binding of a given ligand to β lg increasing the ligand bioaccessibility. Indeed, Yang et al. 513 (2009) observed that vitamin D_3 , which is practically insoluble in water, was transported more

514 effectively bound to β lg than free vitamin D₃ in a mouse model. Proteins may affect 515 differently the bioaccessibility of the ligand in function of the ligand solubility. The potential 516 contribution of residual copper used to prepare ßlg covalent dimer in the cytotoxic effect of this oligomer cannot be excluded. Copper by itself at concentrations up to 5 mg/L was not 517 518 cytotoxic (data not shown). However, copper was reported to be a potent catalyst of FA 519 oxidation (Frémont, Belguendouz & Delpal, 1999; Kleinveld, Hak-Lemmers, Stalenhoef & 520 Demacker, 1992). Peroxidated FA are reported to be more cytotoxic than FA (Alghazeer, Gao 521 & Howell, 2008). Hence, the occurrence of a peroxidated form of linoleate which would 522 increase its cytotoxicity cannot be ruled out.

523

524 This study has demonstrated that linoleate can bind to different structural states of β lg 525 (native, covalent dimers, nanoparticles). Binding capacity but not affinity was affected by the 526 protein structure. Stoichiometries increased with the size of the protein aggregates. This is 527 probably due to the exposure of hydrophobic sites during the protein denaturation and the 528 formation of hydrophobic pockets at the surface or in the inner structure of the aggregates. Changes in the binding properties modified the cytotoxicity of the complexes. Consequently, 529 530 it is proposed that the *in vitro* bioaccessibility of linoleate can be modulated by changing 531 protein structures, which subsequently modifies the ligand binding parameters. This could be 532 of interest in relation to optimizing the design of food products from a sanitary, textural and 533 health benefit perspective. From a nutritional point of view, one question that arises is how 534 these various protein/FA complexes react to digestive enzymes. Studies are in progress to 535 determine the behaviour of complexes under simulated gastro-intestinal in vitro digestion and 536 the subsequent effect of digestion on FA cytotoxicity and uptake.

537

538

5	Λ	n
\mathcal{I}	+	υ

541	αla, α-lactalbumin; βlg, β-lactoglobulin; CLA, conjugated linoleic acid; CMC, critical micelle
542	concentration; DMEM, Dulbecco's modified Eagle medium; FA, fatty acid; FAME, fatty acid
543	methyl ester; FBS, foetal bovine serum; GC, gas chromatography; GP-HPLC, gel permeation
544	high performance liquid chromatography; ITC, isothermal titration calorimetry; K_a ,
545	association constant; LA, linoleic acid; LCFA, long chain fatty acid; n, reaction
546	stoichiometry; NATA, N-acetyl-tryptophanamide, PBS, phosphate buffered saline;
547	
548	
549	6 ACKNOWLEDGEMENTS
550	
551	S. Le Maux is currently supported by a Teagasc Walsh Fellowship and the Department of
552	Agriculture, Fisheries and Food (FIRM project 08/RD/TMFRC/650). We also acknowledge
553	funding from IRCSET-Ulysses Travel Grant. The authors would like to express their gratitude
554	to Alan Hennessy for the GC analysis.
555	
556	
557	7 REFERENCES
558	
559 560 561 562 563	 Alghazeer, R., Gao, H. L., & Howell, N. K. (2008). Cytotoxicity of oxidised lipids in cultured colonal human intestinal cancer cells (caco-2 cells). <i>Toxicology Letters, 180</i>(3), 202-211. Bouchemal, K. (2008). New challenges for pharmaceutical formulations and drug delivery systems characterization using isothermal titration calorimetry. <i>Drug discovery today,</i>
564 565 566 567	 13(21-22), 960-972. Braunitzer, G., Chen, R., Schrank, B., & Stangl, A. (1973). Die sequenzanalyse des β-lactoglobulins. <i>Hoppe-Seyler´s Zeitschrift für physiologische Chemie</i>, 354(2), 867-878.

- 568 Coakley, M., Ross, R. P., Nordgren, M., Fitzgerald, G., Devery, R., & Stanton, C. (2003). 569 Conjugated linoleic acid biosynthesis by human-derived Bifidobacterium species. 570 Journal of Applied Microbiology, 94(1), 138-145.
- 571 Cogan, U., Kopelman, M., Mokady, S., & Shinitzky, M. (1976). Binding affinities of retinol 572 and related compounds to retinol binding proteins. European Journal of Biochemistry, 573 65(1), 71-78.
- 574 Considine, T., Patel, H. A., Anema, S. G., Singh, H., & Creamer, L. K. (2007). Interactions of 575 milk proteins during heat and high hydrostatic pressure treatments - A review. 576 Innovative Food Science & Emerging Technologies, 8(1), 1-23.
- 577 Creamer, L. K., Parry, D. A. D., & Malcolm, G. N. (1983). Secondary structure of bovine 578 beta-lactoglobulin B. Archives of Biochemistry and Biophysics, 227(1), 98-105.
- 579 de Wit, J. N. (2009). Thermal behaviour of bovine beta-lactoglobulin at temperatures up to 580 150 degrees C. a review. Trends in Food Science & Technology, 20(1), 27-34.
- 581 Frémont, L., Belguendouz, L., & Delpal, S. (1999). Antioxidant activity of resveratrol and 582 alcohol-free wine polyphenols related to LDL oxidation and polyunsaturated fatty 583 acids. Life Sciences, 64(26), 2511-2521.
- Gulzar, M., Croguennec, T., Jardin, J., Piot, M., & Bouhallab, S. (2009). Copper modulates 584 585 the heat-induced sulfhydryl/disulfide interchange reactions of beta-Lactoglobulin. 586 Food Chemistry, 116(4), 884-891.
- 587 Jensen, R. G. (2002). The composition of bovine milk lipids: January 1995 to December 588 2000. Journal of Dairy Science, 85(2), 295-350.
- 589 Kleinveld, H. A., Hak-Lemmers, H., Stalenhoef, A., & Demacker, P. (1992). Improved 590 measurement of low-density-lipoprotein susceptibility to copper-induced oxidation: 591 Application of a short procedure for isolating low-density lipoprotein. Clinical 592 Chemistry, 38(10), 2066-2072.
- 593 Kontopidis, G., Holt, C., & Sawyer, L. (2004). Invited review: Beta-lactoglobulin: Binding 594 properties, structure, and function. Journal of Dairy Science, 87(4), 785-796.
- 595 Le Maux, S., Giblin, L., Croguennec, T., Bouhallab, S., & Brodkorb, A. (2012). Beta-596 lactoglobulin as a molecular carrier of linoleate: Characterisation and effects on 597 intestinal epithelial cells in vitro. Journal of Agricultural and Food Chemistry, 60(37), 598 9476-9483.
- 599 Lišková, K., Auty, M. A. E., Chaurin, V., Min, S., Mok, K. H., O'Brien, N., Kelly, A. L., & 600 Brodkorb, A. (2011). Cytotoxic complexes of sodium oleate with beta-lactoglobulin. 601 European Journal of Lipid Science and Technology, 1207-1218.
- 602 Loch, J., Polit, A., Bonarek, P., Olszewska, D., Kurpiewska, K., Dziedzicka-Wasylewska, M., 603 & Lewiński, K. (2012a). Structural and thermodynamic studies of binding saturated 604 fatty acids to bovine beta-lactoglobulin. International Journal of Biological 605 Macromolecules, 50(4), 1095-1102.
- 606 Loch, J., Polit, A., Bonarek, P., Ries, D., Kurpiewska, K., Dziedzicka Wasylewska, M., & 607 Lewi ski, K. (2012b). Bovine beta-lactoglobulin complex with linoleic acid. In URL 608 (www.rcsb.org/pdb/explore/explore.do?structureId=4DQ4) 609
 - DOI:10.2210/pdb4dq4/pdb, vol. (most recent access 5 June 2012)).
- Lu, X., He, G., Yu, H., Ma, Q., Shen, S., & Das, U. N. (2010). Colorectal cancer cell growth 610 611 inhibition by linoleic acid is related to fatty acid composition changes. Journal of 612 Zhejiang University-Science B, 11(12), 923-930.
- 613 Mantzioris, E., James, M. J., Gibson, R. A., & Cleland, L. G. (1995). Differences exist in the 614 relationships between dietary linoleic and alpha-linoleic acids and their respective 615 long-chain metabolites. American Journal of Clinical Nutrition, 61(2), 320-324.
- 616 Mu, H. (2008). Bioavailability of omega-3 long-chain polyunsaturated fatty acids from foods. 617 Agro Food Industry Hi-Tech: Focus on Omega-3, 19(4), 24-26.

- 618 O'Neill, T., & Kinsella, J. (1988). Effect of heat treatment and modification on conformation
 619 and flavor binding by beta-lactoglobulin. *Journal of Food Science*, 53(3), 906-909.
- Palmquist, D. L., & Jenkins, T. C. (2003). Challenges with fats and fatty acid methods. *Journal of Animal Science*, 81(12), 3250-3254.
- Perez, M. D., Sanchez, L., Aranda, P., Ena, J., Oria, R., & Calvo, M. (1992). Effect of betalactoglobulin on the activity of pregastric lipase. A possible role for this protein in
 ruminant milk. *Biochimica et Biophysica Acta (BBA) Lipids and Lipid Metabolism*, *1123*(2), 151-155.
- Ragona, L., Zetta, L., Fogolari, F., Molinari, H., Pérez, D. M., Puyol, P., Kruif, K. D., Löhr,
 F., & Rüterjans, H. (2000). Bovine beta-lactoglobulin: Interaction studies with
 palmitic acid. *Protein Science*, 9(7), 1347-1356.
- Renard, D., Lefebvre, J., Griffin, M. C. A., & Griffin, W. G. (1998). Effects of pH and salt
 environment on the association of beta-lactoglobulin revealed by intrinsic fluorescence
 studies. *International Journal of Biological Macromolecules*, 22(1), 41-49.
- Ron, N., Zimet, P., Bargarum, J., & Livney, Y. (2010). Beta-lactoglobulin–polysaccharide
 complexes as nanovehicles for hydrophobic nutraceuticals in non-fat foods and clear
 beverages. *International Dairy Journal*, 20(10), 686-693.
- Russo, G. L. (2009). Dietary n-6 and n-3 polyunsaturated fatty acids: from biochemistry to
 clinical implications in cardiovascular prevention. *Biochemical Pharmacology*, 77(6),
 937-946.
- 638 Sawyer, L., & Kontopidis, G. (2000). The core lipocalin, bovine beta-lactoglobulin.
 639 *Biochimica et Biophysica Acta (BBA)-Protein Structure and Molecular Enzymology*,
 640 1482(1-2), 136-148.
- 641 Schmitt, C., Bovay, C., Vuilliomenet, A. M., Rouvet, M., Bovetto, L., Barbar, R., & Sanchez,
 642 C. (2009). Multiscale characterization of individualized beta-lactoglobulin microgels
 643 formed upon heat treatment under narrow pH range conditions. *Langmuir*, 25(14),
 644 7899-7909.
- Shpigelman, A., Israeli, G., & Livney, Y. D. (2010). Thermally-induced protein-polyphenol
 co-assemblies: beta lactoglobulin-based nanocomplexes as protective nanovehicles for
 EGCG. Food Hydrocolloids, 24(8), 735-743.
- Singh, H., Ye, A., & Horne, D. (2009). Structuring food emulsions in the gastrointestinal tract
 to modify lipid digestion. *Progress in Lipid Research*, 48(2), 92-100.
- 650 Spector, A. A., & Fletcher, J. E. (1970). Binding of long chain fatty acids to beta651 lactoglobulin. *Lipids*, 5(4), 403-411.
- Wang, Q. W. Q., Allen, J. C., & Swaisgood, H. E. (1998). Protein concentration dependence
 of palmitate binding to beta-lactoglobulin. *Journal of Dairy Science*, 81(1), 76-81.
- Wu, S. Y., Pérez, M. D., Puyol, P., & Sawyer, L. (1999). Beta-Lactoglobulin binds palmitate
 within its central cavity. *Journal of Biological Chemistry*, 274(1), 170-174.
- Yang, M. C., Chen, N. C., Chen, C. J., Wu, C. Y., & Mao, S. J. T. (2009). Evidence for betalactoglobulin involvement in vitamin D transport in vivo-Role of the γ-turn (Leu-Pro-Met) of beta-lactoglobulin in vitamin D binding. *FEBS Journal*, 276(8), 2251-2265.
- Yang, M. C., Guan, H. H., Liu, M. Y., Lin, Y. H., Yang, J. M., Chen, W. L., Chen, C. J., &
 Mao, S. J. T. (2008). Crystal structure of a secondary vitamin D3 binding site of milk
 beta-lactoglobulin. *Proteins: Structure, Function, and Bioinformatics, 71*(3), 11971210.
- Kris-Etherton, T. D., Martin, K. R., Vanden Heuvel, J. P., Gillies, P. J., West, S. G., &
 Kris-Etherton, P. M. (2005). Anti-inflammatory effects of polyunsaturated fatty acids
 in THP-1 cells. *Biochemical and Biophysical Research Communications*, *336*(3), 909917.

Zock, P. L., & Katan, M. B. (1998). Linoleic acid intake and cancer risk: A review and metaanalysis. *American Journal of Clinical Nutrition*, 68(1), 142-153.

670

671 Table 1: Binding constants of linoleate/βlg with different forms of βlg determined by ITC and fluorescence. For ITC, association constant K_a and molar ratio n of linoleate/βlg were derived using a "two set of binding sites" model. For fluorescence, two methods of fitting were used. 672 Association constants K_a and molar ratio n of linoleate/βlg were determined using a modified Scatchard method. Experiments with linoleate 673 674 binding to β lg nanoparticles could not be fitted using modified Scatchard method (non applicable, NA). Sequential linear regression (L_{total} = f(F × 675 P_{total})) model was used to determine n. n₁ K_{a1} and n₂ K_{a2} were the binding constant for the first and second binding sites, respectively. Results represent mean \pm SD (n=3). K_{a1} and K_{a2}, and n₁ and n₂ of the same complex were significantly different, independently of the method and the β lg 676 form used, with P-value inferior to 0.01 and to 0.05, respectively; except for K_{a1} and K_{a2} data obtained with the modified Scatchard of the 677 linoleate/native β lg complex (*). 678

- 679
- 680

		ITC			Fluorescence:		Fluorescence:					
		пс		Ν	Iodified Scatcha	d	$\mathbf{L}_{\text{total}} = \mathbf{f}(\mathbf{F} \times \mathbf{P}_{\text{total}})$					
	Linoleate/	Linoleate/	Linoleate/	Linoleate/	Linoleate/	Linoleate/	Linoleate/	Linoleate/	Linoleate/			
	native βlg	dimers	nanoparticles	native βlg	dimers	nanoparticles	native βlg	dimers	nanoparticles			
n ₁	0.60 ± 0.01	0.53 ± 0.08	0.92 ± 0.29	2.45 ± 0.07	10.31 ± 0.05		2.38 ± 0.12	9.8 ± 0.21	15.74 ± 0.55			
$K_{a1} \times 10^5 M^{-1}$	17.95 ± 6.29	15.13 ± 9.53	15.83 ± 3.35	$9.20 \pm 2.65*$	14.67 ± 2.12	NA						
n ₂	6.79 ± 0.05	8.64 ± 0.54	10.25 ± 1.65	5.27 ± 1.50	15.29 ± 0.71		6.02 ± 0.29	12.54 ± 0.76	40.73 ± 2.17			
$K_{a2} \times 10^5 M^{-1}$	0.41 ± 0.05	0.50 ± 0.42	0.57 ± 0.22	$0.62 \pm 0.49*$	0.37 ± 0.13							

Table 2: Protein proportion of linoleate/ β lg complexes with different forms of β lg (native, covalent dimers and nanoparticles), obtained by GP-HPLC. 0, 5, 7.5 and 10 represents the initial molar ratios of linoleate/ β lg. β lg M, β lg monomers; β lg D, β lg dimers; β lg O, β lg oligomers; NanoP, β lg nanopaticles. Results represent mean \pm SD (n=3).

685

Initial linoleate/βlg		0			5			7.5			10		
Linoleate/	βlg M	88.45	± 5	5.24	66.44	±	8.24	60.43	±	8.17	51.09	±	4.95
	βlg D	6.64	± 2	2.63	23.13	±	6.94	28.22	\pm	9.57	34.94	±	6.78
native βlg	βlg O	4.92	± 2	2.78	10.43	±	4.51	11.35	±	2.03	13.97	±	3.97
Linoleate/	βlg M	16.29	± 1	1.50	14.43	±	0.50	14.05	±	0.19	13.39	±	0.61
	βlg D	78.27	± 3	3.21	78.62	±	4.23	79.55	±	5.80	77.88	±	6.48
dimer	βlg O	5.43	± 1	1.65	6.95	±	2.70	6.41	±	3.74	8.72	±	4.22
Linoleate/	βlg M	22.41	± 1	1.36	15.82	±	2.48	11.96	±	1.03	10.65	±	1.95
nanoparticle	NanoP	77.59	± 1	1.36	84.18	±	2.48	88.04	±	1.03	89.35	±	1.95

686

689 Figure 1: Binding association of linoleate/ β lg with different forms of β lg obtained by ITC and fluorescence. (A) For the ITC experiments, linoleate was titrated in different forms of β lg 690 691 (native, covalent dimers and nanoparticles) in PBS buffer (pH 7.4) at 25°C. βlg (0.027 μM) 692 were titrated with increments of 10 µL linoleate (1.65 µM). Results represent the integrated 693 raw heat signals plotted against the linoleate/βlg molar ratio. (B) For the intrinsic fluorescence 694 experiments, linoleate (5mM) was titrated in 10 µM βlg (native, covalent dimers and 695 nanoparticles) at 25°C. Results represent the fluorescence at 345 nm corrected by the blank (NATA). —o—, linoleate /native β lg; --×--, linoleate/covalent dimers; --•-, linoleate 696 697 /nanoparticles. Results represent mean \pm SD (n=3).

698

Figure 2: SDS-PAGE profiles of the three linoleate/ β lg complexes. Non-reducing conditions were used for: (A) linoleate/native β lg complexes, (B) linoleate/covalent dimers complexes, and (C) linoleate/nanoparticles complexes. Reducing conditions were used for the gel (D) corresponding to the profile of linoleate/nanoparticles β lg complexes (similar profiles were obtained for the two other complexes). M_w, molecular weight markers (14.4, 20.1, 30, 45, 66, 97 kDa); β lg, β lg control; lanes 5, 7.5 and 10, complexes with an initial molar ratio of 5, 7.5 and 10 linoleate/ β lg, respectively.

706

Figure 3: Stoichiometry of linoleate/ β lg with different forms of β lg (native, covalent dimers and nanoparticles) as determined by GC after dialysis. Correlation of the molar ratios of linoleate/ β lg added to the starting solutions with the molar ratios of linoleate/ β lg that were detected by GC analysis in the linoleate/ β lg samples after extensive dialysis and freeze711 drying. $\neg \neg$, linoleate /native β lg; --×--, linoleate/covalent dimers; -- \bullet --, linoleate 712 /nanoparticles.

713

Figure 4: Cytotoxicity of linoleate, free or bound to different forms of β lg, using Caco-2 cells. Cell viability after 24 h on 2 × 10⁴ Caco-2 cells compared to control cells was assessed using an MTS assay. Linoleate concentrations in the tested sample varied from 0 to 200 µM. ——, free linoleate; —, linoleate /native β lg; --×--, linoleate/covalent dimers; --•--, linoleate /nanoparticles.





Figure 3



734



