

International Scholarly Research Network
ISRN Materials Science
Volume 2011, Article ID 571728, 8 pages
doi:10.5402/2011/571728

Research Article

Rheological and Curing Behavior of a Newly Developed, Medium Viscous Acrylic Bone Cement

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Received 15 July 2011; Accepted 9 August 2011

Academic Editors: J. Provis and H. Yoshihara

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Percutaneous vertebroplasty, comprising an injection of polymethylmethacrylate (PMMA) bone cement into vertebral bodies, is a practical procedure for stabilization of osteoporotic compression fractures and other weakening lesions. Cement leakage is considered to be the major complication. The viscosity plays a key role in this context. At high viscosity, the risk of leakage is reduced; however, injection forces are highly increased, handling time is reduced. The purpose of the study was to investigate the rheological, handling and hardening behaviour of a newly developed medium viscous bone cement at different temperatures and by simulation of a temperature shift to body-temperature. The presented data give an impression on the injectability of the cement using different sized needles. It could be concluded, that the medium viscous cement shows an adequate working time for a broad temperature range and an acceptable hardening time of around 11 min after immersing the cement into a 37°C environment.

1. Introduction

The technique of percutaneous vertebroplasty dates back to Galibert and Déramond, who, as early as the end of the 1980s in France used the injection of PMMA cement into the vertebral bodies of patients with aggressive hemangioma and other tumors to produce mechanical stabilization and pain relief [1, 2]. The use of percutaneous vertebroplasty in osteoporotic vertebral compression fractures was first described in France in 1990 [3]. The technique of percutaneous vertebroplasty began to be used in the USA at the end of the 1990s [4–6]. Generally, the injected cement does not allow any reerection of the compressed vertebra, but instead acts as a splint that strengthens the vertebra and stabilizes the fracture. This results in a significant reduction in pain and improvement in quality of life, with relatively low burdens on the healthcare system [7–9].

Though many bone cements have been established throughout the years, new materials with improved properties which afford a better appliance and increase the safety of the procedures are developed furthermore. Requirements of an ideal material for vertebral augmentation have been formulated by Heini and Berlemann [10]. The material

should be injectable and easy to handle, it should show a high radiopacity, an appropriate viscosity (never too low), a persistently good viscosity, a long hardening time, a low hardening temperature, appropriate and long-lasting mechanical properties, biocompatibility, bioactivity, slow biodegradation and a low price.

Commercially available bone cements fulfill these demands only partially. Concerning an appropriate viscosity, two cements are marketed that allow immediate application after preparation. However, the application is only possible with a special, high-pressure application equipment (Confidence, DePuy Spine and VertaPlex HV, Stryker Instruments). A main drawback in using such high-pressure systems is the loss of the tactile feedback as opposed to simple syringe systems. A surgeon survey showed that the majority prefers intuitive syringe systems, which give the surgeon a direct force feedback during injection and therefore a very good tactile feeling for the procedure. The required working time mentioned by the surgeons was around 15 min. Other cements approved for vertebroplasty (Vertecem, Synthes, Oberdorf, Switzerland; Osteopal V, Heraeus-Medical, Hanau, Germany; Spineplex and VertaPlex, Stryker Instruments, Duisburg, Germany; KyphX HV-R, Medtronic,

Tolochenaz, Switzerland) which are applicable by using simple syringe systems present a waiting time ranging from 2.5 and 10 minutes. The working time, beginning with reaching an appropriate viscosity, ranges from 4.5 to around 12 minutes. Up till now no approved cement shows a low waiting time and a long working time above 12 minutes at an ambient temperature range from 19–26°C, without requiring high force injection systems. In order to address the reduction in waiting time, sufficient working time and the compatibility with syringe systems, the development of a new PMMA vertebroplasty cement was undertaken. The goals of that development were to achieve a high initial viscosity right after mixing, diminish waiting time and an increased working time. These properties would allow the surgeon to begin injection immediately after cement preparation without the need to wait for the cement reaching a minimum viscosity level and to continue with the procedure.

Because the ambient temperature in the operation theatre varies, the desired working time of around 15 min should be observable for an appropriate temperature range. Due to the radical polymerization of acrylic cement the hardening time, decreases at higher temperatures. Engineering a relative long working time for the upper border of the ambient temperature results in an extended hardening times at lower temperatures. A longer hardening time could lead to the concern that it would take too long until the cement is partly load bearing, which may hinder moving the patient from the operation site after finishing the injection. Caused by the temperature increase after injection into the vertebral body (37°C body temperature) the working and hardening time will decrease in clinical use. For economic reason it is desired to move a patient as soon as possible after cement injection is finished. Therefore the hardening time of the cement after stopping injection is important to be known.

The purpose of the study was to investigate the rheological, handling, and hardening behaviour of a newly developed medium viscous PMMA bone cement for the use in cancellous bone augmentation at different ambient conditions and during clinically relevant temperature profiles.

2. Materials and Methods

The cement used and characterized in the study is a newly development of an acrylic cement for the clinical application of cancellous bone augmentation (Vertecem V+ Cement Kit, Ref. 07.702.016S, LOT: 09CA53010, Synthes GmbH, Oberdorf, Switzerland).

Handling characteristics of interest are the initial viscosity, the application time, and the hardening time. The initial viscosity determines the waiting time until the material is ready for a safe injection in order to reduce the risk of cement leakage. The apparent initial viscosity of the investigated cement, when injected immediately after preparation was judged high enough, leading to a minimal leakage rate and an uniform cement filling as shown in a previous *in vitro* study (Wheeler et al., submitted for publication). Application time defines the time after beginning cement preparation until the time when the cement could not be manually injected

through a given injection system anymore. The hardening time relates to the time after starting cement preparation until the polymerization process is almost completed, indicated by a decrease in cement temperature and a hard cured material.

Hardening behaviour of the cement mixture was characterized using rheological measurements, injection force measurements, hands-on knocking tests and investigations of the polymerization temperature. Because the ambient and cement temperature is a predominant parameter for the curing of the cement, cement hardening behaviour was investigated at different ambient and cement temperatures. Ambient temperature range applied for the testing was defined in order to cover the range 18–26°C given in the DIN 1946-4, 1999-03 standard.

The investigation of the polymerization temperature and setting time was performed according to the ISO 5833:2002 standard. Additionally, the reduction in hardening time of the cement subjected to 37°C was investigated in order to get closer to the clinical situation. For comparison reasons the later test was performed additionally with a faster hardening, regular vertebroplasty cement (Vertecem Mixing Kit, Ref. 07.702.010, Synthes GmbH, Oberdorf, Switzerland).

3. Cement and Sample Preparation

Because the tests were performed at different ambient conditions, all equipment which comes in contact with the cement was tempered at the respective temperature ($\pm 1^\circ\text{C}$) for at least 24 hours. The laboratory was left to be equilibrated to the respective temperature before starting the measurement. Room temperature was controlled by an automatically air-conditioned laboratory system throughout all testing. The humidity of the laboratory was controlled and was always higher than 40%. The accuracy of the ambient temperature was $\pm 0.5^\circ\text{C}$. The powder and monomer of the used cements were mixed according to the manufacturer's instruction. The stop watch was started when the monomer was added to the powder recording the time after start of mixing.

4. Rheological Measurements at Different Ambient Temperatures

To determine qualitatively the polymerization kinetic of the hardening, and the initial viscosity quantitatively, a rheological investigation was performed to derive the cement viscosity as a function of time after starting the cement preparation. For the viscosity measurements, 3 mL of the prepared cement was placed in a rotational rheometer (Viscosafe Viscometer, Anton Paar, Graz, Austria, SN 80215110 REF 03.702.010) according to the method described in a previous study [11]. Real viscosity was recorded every 5 s directly to a PC using the corresponding software (RHEOPLUS/32 Multi 128 V2.66, Anton Paar, Graz, Austria). The rheometer was set to operate at an oscillatory frequency of 1 Hz and a maximum torque of 3 mNm. Viscosity measurements were started 2 min after start of mixing. The initial viscosity

was determined as the minimal viscosity measured during the rheological data acquisition. Six trials were performed at each ambient temperature (19, 21, 23, 25 and 27°C). Initial viscosities for the various ambient temperatures are presented as means and standard deviations (mean \pm SD). Cement viscosity as a function of time after start mixing is presented with one representative measurement for each ambient temperature.

5. Injection Force Measurements at Different Ambient Temperatures

Injection forces as a function of time after the start of cement preparation were measured as applied on a 1 mL syringe and required to inject the cement through a vertebroplasty needle. In order to investigate the application time for different injection setups the 1 mL syringes were attached to different-sized vertebroplasty side opening needles (Vertebroplasty Injection Kits: 8 Ga, 10 Ga, 12 Ga, Art. No. 20 007 512; 10 Ga, Art. No. 20 009 768; 12 Ga, Art. No. 20 009 769; Synthes GmbH, Oberdorf, Switzerland). The side opening needles present an inner diameter of 3.2, 2.4, and 1.7 mm, and a length of 176, 155 and 155 mm for the named 8 Ga, 10 Ga, and 12 Ga needles, respectively. The needles were mounted on an Instron 3366 universal testing machine (Instron, SN.: 3366K1840, Canton, USA) equipped with a 5.0 kN load cell to measure injection forces. Injection was performed into air. Sampling rate of the injection force was 10 Hz (control and analysis software: Bluehill 2, Instron, Canton, USA).

The injection test was performed as follows. After cement preparation ten 1 mL syringes (Viscosafe Injection Kit, Ref. 07.702.210, Synthes GmbH, Oberdorf, Switzerland) and the side opening needle were filled with the bone cement using a coupling adapter. The first 1 mL syringe was mounted on the prefilled side opening needle. Injection was started with a delay of 5 min and 10 min after start mixing for the tests performed at ambient temperature of 23, 25, 27°C, and 19, 21°C, respectively. The contents of each of the syringes were injected in 2 steps, each one running for 40 sec (volume flow rate 0.75 mL/min) with a 10 sec break between the two steps. The time to change syringes was 50 seconds on average [12]. After the injection of the first syringe the other syringes follow until an injection force of 150 N was required due to cement polymerization. The flow rate was chosen at the lowest limit of average clinical measurements [13]. In a previous unpublished study using an instrumented syringe holder, a manual force of 90 N could be defined as a reasonable limit for a controlled one-hand injection. Therefore the application time was defined by the time after start mixing reaching an injection force of 90 N for the used setup. The setup parameters were the used needle size (8 Ga, 10 Ga, and 12 Ga) and the ambient temperature (19, 21, 23, 25, and 27°C). Six trials were performed using an 8 Ga needle at each temperature. The application time measurements using the 10 Ga and 12 Ga needles were only performed at an ambient temperature of 23°C ($n = 6$). The injection force as a function of time after start mixing is presented with one representative measurement for each needle size at

23°C. Application times are presented as mean \pm SD for the ambient temperatures and needle setups investigated.

6. Hardening Time at Different Ambient Temperatures

The hardening time of the cement was determined by a hands-on knocking test. Therefore, approximately 4 mL of the prepared bone cement was manually formed to a walnut-sized ball and placed on the table. For performing the test the cement walnut was knocked on the table after different time intervals. At a certain time the sample began to get warmer and the consistency got harder. At this stage of polymerization the test was performed every 10 s. The hardening time is defined by the earliest time after start mixing when the knocking sound is clear and glassy. The hands-on knocking test as introduced by Kühn [14] is an easy performable and good repeatable investigation of cement hardening without the need of any special test equipment. The cement is completely hardened if it sounds clear and glassy when a cement ball is knocked on a hard surface. This test was performed in six trials at different ambient temperatures (19, 21, 23, 25, and 27°C). Hardening times are presented as mean \pm SD for the investigated ambient temperatures.

7. Rheological Measurements During a Temperature Switch from 23°C to 37°C

In the former tests the hardening time was determined to be as long as 32 minutes, this time was believed to shorten significantly after temperature transition to body temperature. Therefore the influence of a temperature shift from room to body temperature on the hardening behaviour of the cement was investigated. The purpose of this experimental part was to show the alteration of the cement viscosity as a function of time after start mixing applying a temperature profile simulating the transition from room to body temperature as in clinical application. The setup and method used were the same as for the previous rheological investigation using additional heating equipment to apply the temperature profile to the measurement cell. Later setup is described in detail in a previous study [11]. In order to simulate the cement injection at different cement curing states, the temperature of the viscosity measurement cell was raised from 23°C to 37°C at a real viscosity of 120, 360, 600, and 1200 Pa*s. The described method was performed in triplicates resulting in twelve runs for this investigation. Cement viscosities as a function of time, depending on the different switch conditions, are presented in a representative manner. The acceleration in increasing viscosity due to the temperature switch to 37°C is given by the averaged time periods from the performed transition until a cement viscosity of 2000 Pa*s was reached. The mentioned time periods are quantitatively presented in percentage to the corresponding time period received from the measurements of the cement viscosity as a function of time after start mixing at 23°C.

8. Hardening Time after a Temperature Switch from 23°C to 37°C

From a clinical prospective it is important to know how long the waiting time after finishing cement injection must be until a safe movement of the patient is possible. Therefore the hardening time as already mentioned previously was investigated when the cement is applied to 37°C. To investigate this hardening behaviour, cement samples of 3.5 mL and 7 mL contained in a cropped finger of nitril gloves were inserted 4 min after start of mixing in a 37°C water bath (Lauda, Ecoline RE 306, LAUDA GMBH & CO. KG, Lauda-Koenigshofen, Germany). Supported cement volumes reflect typical volumes used in uni- or bipedicular augmentation procedures. The container of the cement samples was closed using cable binders and manually formed to obtain a nearly spherical shape. To determine the hardening time of those samples, the already described knocking test was started at around 8 min after inserting the sample in the bath. For the test, the sample was shortly touched with the fingers inside the water bath every 20 s until the cement did not appear soft anymore. Afterwards the cement sample was taken out of the water repeatedly for several seconds to perform the hands-on knocking test every 20 s. If the knocking sound was clear and glassy the hardening time was recorded from the stop watch. Enabling a comparison of the results to commonly used regular vertebroplasty cement another acrylic cement (Vertecem Mixing Kit, Ref. 07.702.010, Synthes GmbH, Oberdorf, Switzerland) was supported for the same test. The testing protocol for the added material group was the same, except that the waiting time before putting the cement samples in 37°C environment was at the time when the cement reaches a viscosity of 50 Pa*s (approximately 7-8 min) as earliest recommended injection start by the supplier. Each cement volume was investigated in five identical runs. The reduction in hardening due to the temperature switch to 37°C is given by the averaged hardening time periods from immersing the samples into the water bath until the hardening time was reached. The mentioned time periods are quantitatively presented in percentage to the corresponding time period received from the measurements of the hardening time at 23°C. Additionally, the hardening time periods from the switch experiments and the one at 23°C are presented as mean \pm SD.

9. Polymerization Temperature and Setting Time (ISO 5833:2002)

The relative long curing time of the newly developed vertebroplasty cement (Vertecem V+ Cement Kit, Ref. 07.702.016S, Synthes GmbH, Oberdorf, Switzerland) might logically result in a reduced maximum polymerization temperature, because the heat release rate (W/s) is lower in comparison to other PMMA cements which harden faster. Therefore the maximum polymerization temperature and the setting time at 23°C of the presented cement was investigated and compared to the values received [15] from a regular vertebroplasty cement (Vertecem Mixing Kit, Ref.

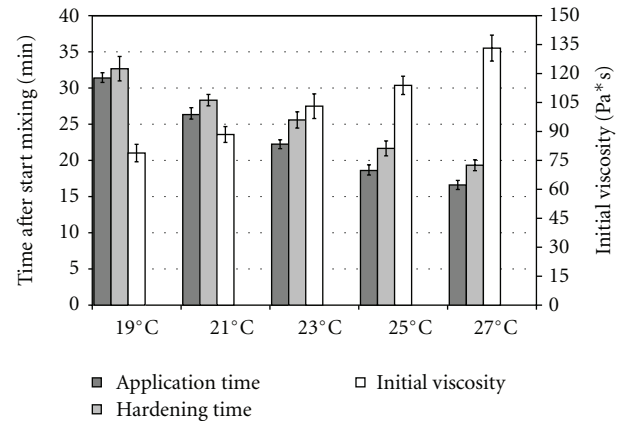


FIGURE 1: Initial viscosity, application time (8 Ga), and hardening time at different ambient temperatures for Vertecem V+.

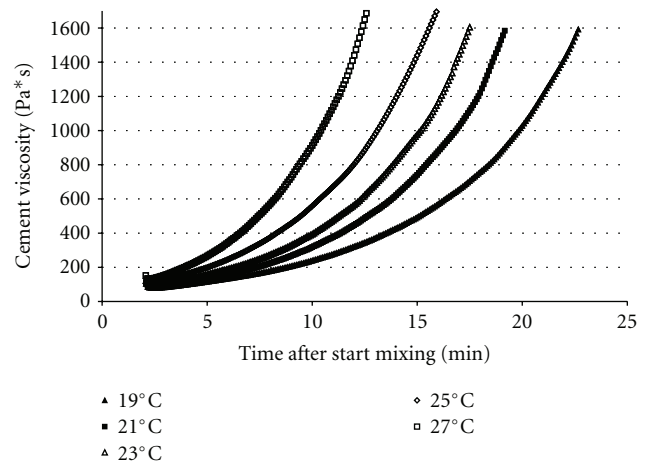


FIGURE 2: Representative hardening curves showing the cement viscosity as function of time after start mixing of Vertecem V+ cement for different temperatures investigated.

07.702.010, Synthes GmbH, Oberdorf, Switzerland) which hardens faster. Polymerization temperature and setting time was determined according to the method described in the ISO 5833:2002 standard using the devices described in Boger et al. [15]. Statistical differences of both parameters maximum temperature and setting time were compared using a nonparametric *t*-test for the two cements investigated. Both parameters are presented as mean \pm SD for both cements.

10. Results

Initial viscosity increased at higher investigation temperature. At a room temperature of 19°C the initial viscosity of Vertecem V+ was 79 Pa*s (mean) and increased to 133 Pa*s for an investigation temperature of 27°C. More in detail the initial viscosity data received are presented in Figure 1. Qualitatively the polymerization kinetic at different ambient temperatures showing acceleration with higher temperatures is shown in Figure 2, presenting the cement viscosity as function of time after start mixing.

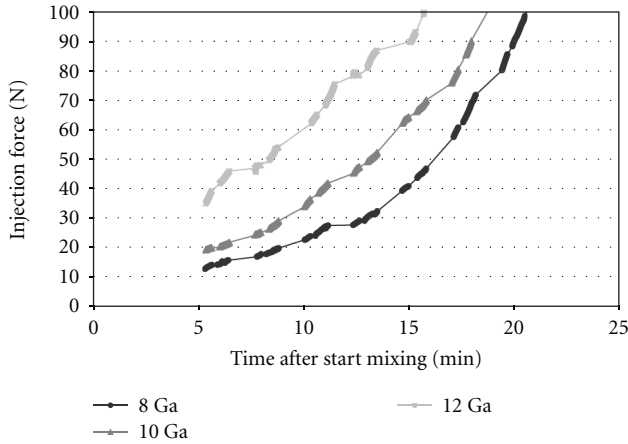


FIGURE 3: Injection force for Vertecem V+ as function of time after start mixing using 8 Ga, 10 Ga, and 12 Ga needle and a 1 mL syringe at ambient temperature of 23°C.

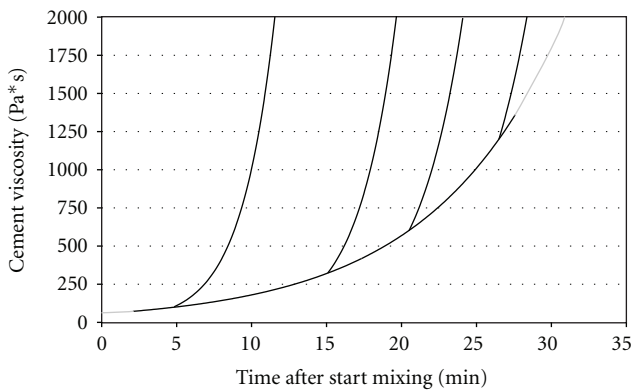


FIGURE 4: Averaged cement viscosity of Vertecem V+ as function of time after start mixing at 23°C (lower line) and with a temperature shift to 37°C at a given viscosity level (attached upturn curves).

Figure 3 demonstrates the representative injection force curves using 8 Ga, 10 Ga, and 12 Ga needle at ambient temperature of 23°C.

Application time (mean \pm SD) at 23°C was 20 ± 1 min, 18 ± 0.5 min, and 14 ± 0.5 min using the 8 Ga, 10 Ga, and 12 Ga needles, respectively. Application times decreased as expected at higher investigated ambient temperature. Application time using the 8 Ga needle decreased from 32 min to 17 min for ambient temperatures of 19–27°C, respectively (Figure 1).

Hardening time decreased at higher ambient temperature. Hardening time decreased from around 33 min to 19 min for ambient temperatures of 19–27°C, respectively (Figure 1).

Figure 4 shows the averaged cement viscosity as a function of time after start mixing with a temperature shift to 37°C at a given viscosity level.

After temperature shift a cement viscosity of 2000 Pa*s was reached within 6.7–2.4 minutes. In comparison to the hardening behaviour at 23°C, these values present a reduction in handling time of 74–43% if the temperature switch was applied at 120–1200 Pa*s, respectively (Table 1).

As presented in Figure 5 the hardening time of the newly developed cement (Vertecem V+) is reduced to around 14.4 ± 0.4 min (mean \pm SD, 7 mL) due to temperature shift to 37°C in comparison to the hardening time of 25.5 ± 1.5 min at 23°C. The relative small standard deviations demonstrate the mentioned high reliability of the simple hands-on knocking test.

Hardening time of the regular cement (Vertecem) with a temperature shift at a viscosity of 50 Pa*s (7.4 min after start mixing) was observed at 15.4 ± 0.4 min (7 mL) after start mixing. Differences between the two cement volumes supported were not significantly different ($P = 0.89$) for both investigated cements. The hardening time, when a temperature shift to 37°C was performed, of the newly developed cement (Vertecem V+) was significantly shorter compared with the regular cement (Vertecem) ($P < 0.5$).

The setting time of the newly developed cement (Vertecem V+) and regular cement (Vertecem) as described by ISO 5833:2002, was 28.3 ± 0.7 min and 29.3 ± 0.5 min, respectively. The maximum polymerization temperature of the new cement (Vertecem V+) and the regular one (Vertecem) as described by ISO 5833:2002, was 53.5 ± 0.5 °C and 71.6 ± 3.8 °C, respectively. Statistical difference could only be obtained for the polymerization temperature, showing a lower polymerization temperature for the newly developed cement (Vertecem V+) in comparison to the regular cement (Vertecem; $P < 0.05$).

11. Discussion

The presented study investigated the rheological and hardening behaviour of newly developed cement for the use in cancellous bone augmentation at different ambient conditions and during clinical relevant temperature profiles.

Clinical observations and investigations [11] showed less to no leakage using commercial vertebroplasty cements (Vertecem, Synthes GmbH; Vertebroplastic, J&J DePuy Inc.) at a start injection viscosity of around 50 Pa*s. The lowest initial viscosity of 79 Pa*s (mean) measured herein at 19°C was already above the mentioned value reported as safe injection viscosity in clinical use. Following from higher initial viscosity the risk of cement extravasation during application is reduced and the force necessary for the application of the cement rises. As shown *in vitro*, Vertecem V+ presents an initial viscosity level leading to a low leakage rate and an uniform cement filling, which should allow cement injection direct after preparation (data not published). The application time given by a required injection force of 90 N using an 8 Ga needle and a 1 mL syringe corresponds to a cement viscosity of around 7000 Pa*s. The cement design also allows cement application within a sufficient time frame at high ambient temperatures of 27°C using hand-operated syringes.

The application time of the cement is strongly influenced by needle size (diameter and length) and ambient temperature. Increased application forces at higher ambient temperatures are caused by the higher viscosities. Similarly, the use of needles having a smaller diameter requires a higher

TABLE 1: Averaged time periods from the performed transition until a cement viscosity of 2000 Pa*s was reached, corresponding time period without temperature switch applied, and resulting reduction in percentage using the Vertecem V+ cement.

*Cement viscosity where the referred time period start/Pa*s	Time period to reach 2000 Pa*s after * at 23°C	Time period to reach 2000 Pa*s after shift to 37°C at *	Reduction on average in % of the time periods from 23°C curve
	Mean ± SD/min	Mean ± SD/min	
120	25.8 ± 2.3	6.7 ± 2.0	74
360	15.9 ± 2.0	4.8 ± 1.3	70
600	10.3 ± 1.8	3.9 ± 0.3	62
1200	4.2 ± 1.5	2.4 ± 0.5	43

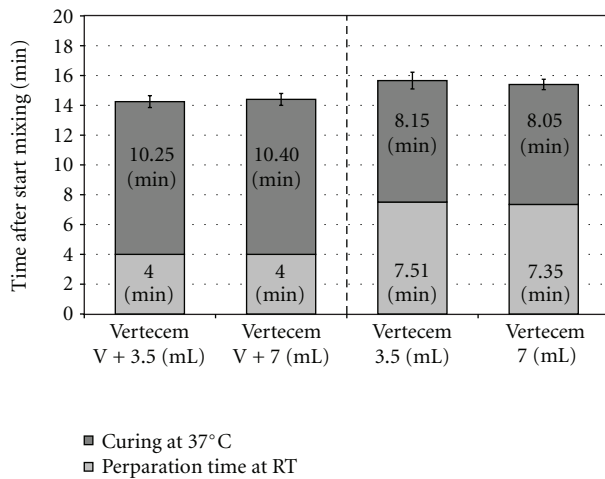


FIGURE 5: Averaged hardening time of Vertecem V+ and Vertecem after mixing at 23°C and with a temperature shift to 37°C after preparation.

application force according to the law of Hagen resulting in a reduced application time. The long application phase provided by the newly developed cement results in a slightly extended hardening time of the cement. However, it has to be considered that the setting process is significantly accelerated when the cement is implanted, as shown in the temperature shift experiments.

To characterize the cement behaviour under clinical conditions the viscosity and the hardening time were investigated after the cement was prepared at 23°C and subsequently shift to 37°C. The temperature shift was performed by tempering the viscosity measurement chamber. Simultaneous measurement of the temperature on the viscosity cell revealed that the temperature inside the cup reached 36.8°C after a period of 50–60 s which exceeds the temperature transition time.

When using commercial vertebroplasty bone cements it is necessary to wait until an adequate viscosity has been reached before injection, in order to reduce the risk of cement extravasation.

These facts were taken as a basis for the definition of the time point of the temperature shift. Comparing the hardening time of the new cement formulation (Vertecem V+) with a commercially vertebroplasty bone cement (Vertecem) after the temperature shift, the Vertecem V+ presented a hardening, which was on average 1 min longer. Hardening

time of Vertecem V+ is located between 10 and 11 minutes after injection in 37°C environment. The commercial cement (Vertecem) needs 2 min less to reach similar hardness after immersion into 37°C, but takes much longer in preparation till it reaches the required 50 Pa*s for a safe injection (around 7.5 min).

In general Vertecem V+ shows a similar curing behaviour/hardening time compared to Vertecem, after injection in 37°C environment. The in vivo hardening behaviour will also be dependent on the capacity of adjacent tissue to conduct (by thermal diffusion at the cement-tissue interface) and convert (by the circulation of blood and cerebrospinal fluid) this energy to surrounding tissue [16]. The test setup shows a very good heat dissipation which is probably higher than the heat dissipation inside of a good vesiculated vertebral body. Thus the in vivo hardening time might be between the values measured at ambient temperature and the temperature shift results. Therefore it could be derived that a waiting time before moving the patient of around 15 min after finalizing the cement injection could be recommended to the practitioner as a safe time point. As reported the hardening time is reduced tremendously when the cement is placed at 37°C. Thus the injectability limit is reached earlier in comparison to lower working temperatures.

A potential side effect of acrylic cements is heat damage to adjacent tissues and bones that can lead to necrosis [17–19]. Nevertheless, to date no vertebro- or kyphoplasty procedure has been described in which such noteworthy side effects could have been attributed to thermal damage [20]. The ISO 5833:2002 standard applicable to PMMA bone cements requires a temperature of less than 90°C during curing of the bone cement. Thermal necrosis of bone is induced at temperatures exceeding 50°C for more than one minute [21–23]. The maximum tolerable temperature load for nerve tissue is quoted as 45°C for 30 min, or comparable doses of thermal energy (e.g., 42°C for 60 min) [24–26]. Experiments performed in live animals showed a reduced average maximum temperature due to the convection of heat [16]. The setting time of the newly developed cement (Vertecem V+) and the cement (Vertecem) as described by ISO 5833:2002, was comparable. The maximum polymerization temperature measured for the newly developed cement (Vertecem V+) was 53.5 ± 0.5°C. However, the results of the ISO 5833:2002 maximum temperature investigation are not adequate for giving a definite statement about

a possible necrosis caused by heat damage in succession of the exothermic curing reaction. The amount of cement used, the temperature of the surrounding tissue as well as the heat convection is not recognized. These factors influence the maximum temperature. Anyway, a lower maximum temperature indicates a lower risk of thermal damage within clinical usage.


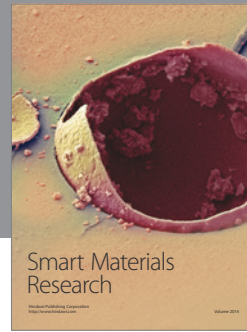
12. Conclusion

The newly developed bone cement presented herein shows a medium viscosity directly after preparation, which allows an immediate start of application. Anyway, the cement is injectable for at least 15 min at an ambient temperature lower than 27°C using a usual low volume syringe. The handling and hardening times are enormously shortened by a shift to body temperature. An acceptable hardening time of around 10 min after immersion the cement into 37°C could be shown for the Vertecem V+. It could be derived that a waiting time before moving the patient of around 15 min after finalizing the cement injection could be recommended to the practitioner as a safe time point.

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