

# Synergy of microcapsule polysaccharides and *Bacillus subtilis* on the growth, immunity and resistance of sea cucumber *Apostichopus japonicus* against *Vibrio splendidus* infection

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**Abstract** A 4-week feeding trial was conducted to determine the effects of different dietary supplements on the growth, immunity and resistance of sea cucumber *Apostichopus japonicus* against *Vibrio splendidus* infection. The control group was supplied with blank microcapsules, and *Astragalus* polysaccharide (APS) microcapsules, tuckahoe polysaccharide (TPS) microcapsules, (APS + TPS) microcapsules, (APS + TPS) microcapsules + *Bacillus subtilis*, were tested for effects. Coelomic fluid was collected at 7-day intervals to test activities of lysozyme (LSZ), superoxide dismutase (SOD), alkaline phosphatase (AKP), and complement 3 (C3) content. After the feeding trial, the specific growth rate of sea cucumbers fed a diet supplemented with (APS + TPS) microcapsules + *B. subtilis* was significantly increased ( $P < 0.05$ ); activities of LSZ, SOD, AKP and C3 content were significantly higher than in other groups ( $P < 0.05$ ). The challenge test showed that the cumulative mortality of sea cucumbers fed a diet supplemented with (APS + TPS) microcapsules + *B. subtilis* reduced significantly ( $P < 0.05$ ). In conclusion, dietary combinations of (APS + TPS) microcapsules + *B. subtilis* has a potential for use in diet formulations for sea cucumbers to significantly increase growth, immunity and disease resistance against *V. splendidus* infection.

**Keywords** *Apostichopus japonicus* · Polysaccharide · *Bacillus subtilis* · Growth · Immunity · *Vibrio splendidus*

## Introduction

As a traditional food and invigorant, sea cucumber is nowadays extensively cultivated in China, which also brings severe diseases. That's why antibiotics and chemotherapeutics are used today. However, abuse of these results in the spread of drug-resistant pathogens, environmental pollution and unexpected residues in aquaculture [1–4]. As an echinoderm species, sea cucumbers lack an adaptive immune system, and its key defenses against different substances are cellular and humoral immune responses. So the most promising method for controlling sea cucumber disease in aquaculture is to strengthen its defense mechanisms by prophylactic administration of immunostimulants [5].

Many Chinese herbs, such as *Astragalus membranaceus* and tuckahoe, have been used as immune boosters for nearly 2000 years [6–9]. Many feeding trials and other tests have shown that polysaccharides have significant immunostimulatory effects through different mechanisms, for example by activating mouse B cells and macrophages, regulating the intestinal microbiota to improve productive performance, as well as enhancing the nonspecific immunity of some animals, such as lysozyme, superoxide, and alkaline phosphatase activities in fish or *A. japonicus* [10–13]. But application of microcapsule technology in polysaccharides has not been investigated, and has not been applied in *A. japonicus*, either.

Most researchers applied only Chinese herb or *Bacillus* as immunostimulants in their studies [13–15] and a few of them have combined different kinds of Chinese herbs or

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active polysaccharides or *Bacillus* alone in order to amplify the immune response of aquatic animals [16–18], but their synergistic effects have not been confirmed. In previous work we found that there was better function by injecting *Astragalus* polysaccharide (APS) and tuckahoe polysaccharide (TPS) into sea cucumber, and APS enhanced the immunity of *A. japonicus* [19]. In the present study, microcapsule technology can decrease the problem of dissolving of polysaccharides, and polysaccharides can be directly fed in aquaculture. To the best of our knowledge, effects of (APS + TPS) microcapsules + *B. subtilis* supplementation on growth, immune responses and disease resistance of sea cucumber have not been defined.

## Materials and methods

### Experimental animals and culture condition

Healthy sea cucumbers (initial weight  $40.2 \pm 2.0$  g, mean  $\pm$  SE) were obtained from a farm in Qingdao (China) and kept in cylindrical 6 l tanks with recirculating seawater for a 2-week conditioning period. During the experiment, the seawater temperature was 15–18 °C, pH was 7.8–8.2, salinity was 31–32 PSU, dissolved oxygen was  $>5$  mg/l. One-half of the seawater in the recirculating system was replaced by fresh seawater once per day and all was replaced once per week to maintain the water quality.

### Experimental design and diets

Sea cucumbers were randomly divided into six groups, three replicates per group and 12 sea cucumbers per replicate. The basal diet with dried seaweed *Sargassum thunbergii* meal (group 1) was fed superfluously at a rate of 2 % body weight; the basal diet was supplemented with blank microcapsules (group 2), APS microcapsules (group 3), TPS microcapsules (group 4), (APS + TPS) microcapsules (group 5), (APS + TPS) microcapsules + *B. subtilis* (group 6). These supplements were fed at a rate of 3 % basal diet. All experimental animals were fed with their different diets at 16:00 hours.

APS and TPS were extracted from Chinese herbs *Astragalus membranaceus* and tuckahoe by the method of water decoction. The polysaccharide content of APS was up to 37 % and TPS was 50 %. Microcapsules were prepared through the spray method of “tiny hole and solidifying bath”, the encapsulation rate was up to 85 % and the loading dose was 17 %. For *B. subtilis*, the number of living bacteria was  $10^{11}$  CFU/g, bought from Qingdao Biocom Biology Technology Company, and added at a rate of  $2 \times 10^7$  CFU/g body weight.

### Experimental procedure and sampling procedure

Three individuals in each replicate were randomly sampled for coelomic fluid on 7th, 14th, 21st, and 28th days. Coelomic fluid was collected with a 1-ml sterile syringe through the body wall and was freeze-thawed again. For serum separation, the collected coelomic fluid was spun down at 4,000 rpm for 10 min at 4 °C. The supernatant was stored in sterile microcentrifuge tubes at  $-20$  °C for use. At the end of the 4-week feeding trial, the remaining sea cucumbers were weighed to monitor growth, and challenged against *V. splendidus*.

### Specific growth rate (SGR)

The SGR is an important factor for measuring growth. We monitored it by collectively weighing the sea cucumbers in each group. The growth was calculated by the formula: specific growth rate (SGR) =  $(\ln W_t - \ln W_0) \times 100/t$ ; where  $W_t$  and  $W_0$  were final and initial sea cucumber weights respectively;  $t$  was duration of experiment in days.

### Lysozyme activity

Lysozyme activity was measured by a blank control method using a LSZ detection kit (Nanjing Jiancheng Bioengineering Institute, China). The increase in the transmittance of the sample at 530 nm was determined after 15 min of incubation at 37 °C. One unit of LSZ activity was defined as the amount of enzyme causing a reduction in absorbance of 0.001 per min.

### Superoxide dismutase activity

Superoxide dismutase was measured by its ability to inhibit superoxide anions generated by xanthine and the xanthine oxidase reaction system with the SOD assay kit (Nanjing Jiancheng Bioengineering Institute, China). The optical density was measured at 550 nm. One unit of SOD was defined as the amount required for inhibiting the rate of xanthine reduction by 50 % in a 1-ml reaction system.

### Alkaline phosphatase activity

Alkaline phosphatase activity was determined by using disodium phenyl phosphate as a substrate with a chemical detection kit (Nanjing Jiancheng, Bioengineering Institute, China). The unit definitions of AKP enzymatic activity correspond to the degradation of 1 mg phenol per 100 ml serum at 37 °C within 15 min.

## Content of complement component 3 (C3)

The content of C3 was measured using a detection kit made by Zhejiang Elikan Biological Technology. The increase in the absorbance of the sample at 340 nm was determined after 10 min of incubation at 37 °C. The content of C3 was proportional to the amount of added antibody.

## *Vibrio splendidus* challenge

The virulent strain was originally isolated from sea cucumbers diagnosed with skin ulceration disease, which were provided by Yellow-sea Fishery Research Institute, Chinese Academy of Fishery Sciences (Qingdao, China) [20]. The LD50 for 7 days determined before challenge was  $5 \times 10^8$  CFU/ml. *V. splendidus* was grown in tryptic soy broth (TSB) medium with 1.5 % NaCl at 28 °C for 24 h, and then was adjusted to  $10^9$  CFU/ml. At the end of the feeding trial, 12 sea cucumbers from each group were injected twice with 0.1 ml live *V. splendidus*. Mortality was monitored for 14 days.

## Statistical analysis

All statistical analyses were performed with SPSS version 17.0. The results were presented as mean  $\pm$  SE (standard error of the means). Data were analyzed by one-way analysis of variance (ANOVA). When overall differences were significant at less than the 5 % level, Tukey's multiple range tests were used to compare the means among individual treatments.

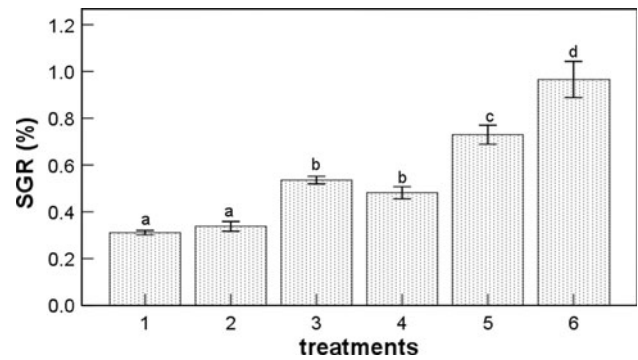
## Results

### Growth performance

After 4 weeks of feeding, the SGRs of the sea cucumbers were significantly affected by the different dietary supplements (Fig. 1). There were no significant differences between group 2 (0.34 %) and the control (0.31 %) ( $P > 0.05$ ), other groups had significantly higher SGRs compared with the control ( $P < 0.05$ ), especially group 6 (0.97 %).

### LSZ activity

After feeding for 28 days, LSZ activity in the sea cucumbers had increased noticeably with different dietary supplements (Fig. 2a). The sea cucumbers fed a diet supplemented with (APS + TPS) microcapsules + *B. subtilis* exhibited the highest LSZ activity on the 7th day ( $P < 0.05$ ), at 246 U/ml, but there was no significant



**Fig. 1** Effect of different treatments on the growth of *Apostichopus japonicus*. 1 control, 2 blank microcapsule, 3 *Astragalus polysaccharide* (APS) microcapsule, 4 tuckahoe (TPS) microcapsule, 5 APS + TPS microcapsule, 6 (APS + TPS) microcapsule + *Bacillus subtilis*. Values are means and standard errors of three replicates (mean  $\pm$  SE;  $n = 3$ ). Treatments with different letters are significantly different ( $P < 0.05$ )

difference compared with group 5 ( $P > 0.05$ ). The activity reduced with the time, being lower on the 14th and 28th days.

### SOD activity

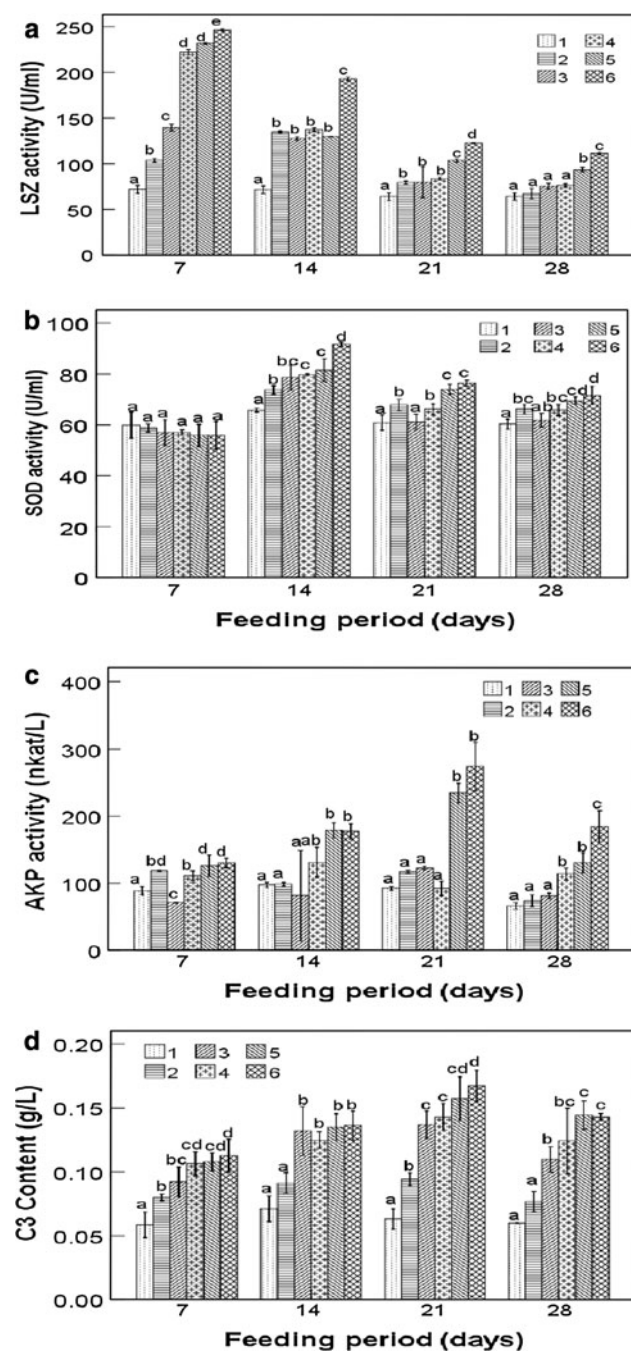
From Fig. 2b we can see that the SOD activity of sea cucumbers fed a diet supplemented with (APS + TPS) microcapsules + *B. subtilis* was at its highest ( $P < 0.05$ ) on the 14th day, up to 91.7 U/ml, and there were irregular changes among the other groups. However, as time progressed, the activities decreased, and there were no significant differences between groups ( $P > 0.05$ ).

### AKP activity

The AKP activity value in the coelomic fluid of sea cucumbers is shown in Fig. 2c. Dietary supplementation with (APS + TPS) microcapsules + *B. subtilis* significantly influenced activity, and achieved the highest value (273.8 nkat/l) on the 21st day. This was significant compared with the control ( $P < 0.05$ ). Group 5, fed a diet supplemented with (APS + TPS) microcapsules, showed an obvious advantage, increasing to 234.9 nkat/l on the 21st day ( $P < 0.05$ ). Apart from groups 5 and 6, there were no significant increases between other groups and the control ( $P > 0.05$ ).

### C3 content

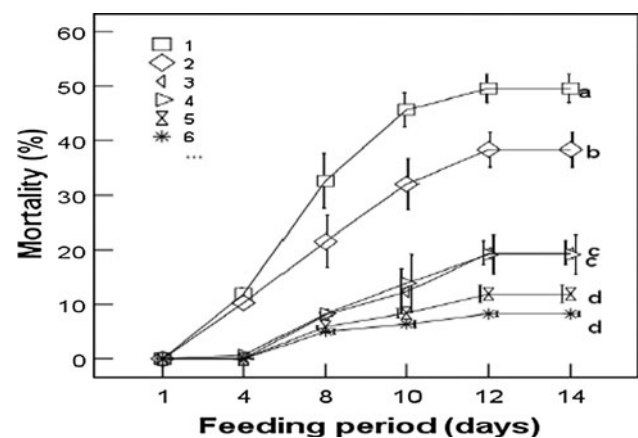
C3 content was significantly affected by different dietary supplements, and the result is shown in Fig. 2d. The combination of (APS + TPS) microcapsules and *B. subtilis* gave the best effect, which was 0.17 g/l on the 21st day ( $P < 0.05$ ), but the control group produced the lowest value.



**Fig. 2** Lysozyme activity (a), superoxide dismutase activity (b), alkaline phosphatase activity (c), and complement 3 content (d) of *Apostichopus japonicus* fed with different diets for 4 weeks. 1 control, 2 blank microcapsule, 3 *Astragalus* polysaccharide (APS) microcapsule, 4 tuckahoe (TPS) microcapsule, 5 APS + TPS microcapsule, 6 (APS + TPS) microcapsule + *Bacillus subtilis*. Values are means and standard errors of three replicates (mean  $\pm$  SE;  $n = 3$ ). Treatments with different letters are significantly different ( $P < 0.05$ )

### *Vibrio splendidus* challenge

The cumulative mortality rate within 14 days of sea cucumbers fed with (APS + TPS) microcapsules + *B.*



**Fig. 3** Cumulative morbidity during a 14-day *Vibrio splendidus* challenge of *Apostichopus japonicus* fed with different diets. 1 control, 2 blank microcapsule, 3 *Astragalus* polysaccharide (APS) microcapsule, 4 tuckahoe (TPS) microcapsule, 5 APS + TPS microcapsule, 6 (APS + TPS) microcapsule + *Bacillus subtilis*. Values are means and standard errors of three replicates (mean  $\pm$  SE;  $n = 3$ ). Treatments with different letters are significantly different ( $P < 0.05$ )

*subtilis* was only 8.3 %, which was significantly lower than that of sea cucumbers fed with the control diet (49.6 %) ( $P < 0.05$ ). Death of sea cucumbers fed with the control diet was relatively earlier than in other groups (Fig. 3). The challenge test showed that oral administration of (APS + TPS) microcapsules + *B. subtilis* for 4 weeks significantly enhanced protection against *V. splendidus* infection.

## Discussion

### Growth performance

The effects of Chinese herbs and their polysaccharides have been studied before, successfully used in aquaculture and have been verified to affect growth and non-specific immunity [9, 14, 21, 22]. Wang et al. [14] showed that supplements of 3 % conventional fine powder (CP) or superfine powder (SP) of *Astragalus membranaceus* root or 0.3 % APS, given over a period of 60 days could enhance the immune responses of *A. japonicus*. Some studies showed that feeding Chinese herb polysaccharides or their combinations could improve the growth of animals [18, 23]. Gu et al. [15] demonstrated that dietary  $\beta$ -glucan, manna oligosaccharide (MOS) and their combinations for 4 weeks had obvious effects on the growth performance of the sea cucumber *A. japonicus*. However, little work has been undertaken to study the application of microcapsule polysaccharides in aquaculture; neither the application of microencapsulation technology products in aquaculture, nor the effect on *A. japonicus*. In the present work, it is suggested that feeding combinations of (APS + TPS)

microcapsules and *B. subtilis* significantly increased the SGR of sea cucumbers ( $P < 0.05$ ). It reached 0.97 %, higher than (APS + TPS) microcapsules or APS microcapsules or TPS microcapsules. It could be suggested that among the different active substances in Chinese herbs there are significant synergies, for example between APS and TPS, and the *B. subtilis* could further enhance their effect, perhaps due to their regulatory role in the environment or ecology.

Probiotics (such as *Bacillus*), defined as micro-organisms whose products are healthy to the host, are known for their antagonism towards pathogens, enhancement of growth, immune response and feeding efficiency, and improvement of micro-flora balance in humans and animals [24–27]. The genus *Bacillus* has been used extensively as a feed additive that can be resistant to high temperature and high pressure [28–30]. Some studies showed that dietary *B. subtilis* can improve the growth of aquatic animals, but suitable doses in the diet are needed [31–33], based on differences in strains, animals (species and sizes) and experimental conditions [13, 17, 34, 35]. Zhang et al. [17] demonstrated that a commercial *B. subtilis* could significantly increase growth of *A. japonicus* on a  $1.82 \times 10^7$  CFU/g diet for 56 days. Compared to those reports, in the present study, the dietary level of *B. subtilis* was near  $2 \times 10^7$  CFU/g, which could enhance the synergistic effect on the SGR of *A. japonicus*. But Zhao et al. [13] showed that a dietary level of *B. subtilis* T13 at a much higher level ( $10^9$  CFU/g) significantly improved the SGR of sea cucumbers.

Moreover, in the current study, APS and TPS microcapsules could be mixed directly with the basal diet and then the mixture could be sprayed evenly into aquaria, to decrease the loss of polysaccharides. Microcapsules are a new dosage form of immune-enhancement agents, applied in aquaculture, especially suitable for animals with certain feeding characteristics, such as sea cucumbers.

### Immune response

Modulation of the immune system is one of the ordinary benefits of the Chinese herb active substances and probiotics. The present study also demonstrated that APS, TPS and *B. subtilis* could significantly stimulate the immune response of sea cucumbers. As we all know, sea cucumbers lack an adaptive immune system; their humoral immune responses are the second line of defense against infections and injuries [5, 36]. And in the humoral immune response, lysosomal enzymes, superoxide dismutase, alkaline phosphatase, and complement together participate in the destruction of external substances, so that they can play a protective role. The single Chinese herb of *A. membranaceus* or APS has been shown to increase lysozyme

activity in fish blood and in sea cucumbers [8, 9, 14, 19]. However, the combination of polysaccharides and *B. subtilis* has not been previously reported, or the microcapsule technology. In the present study, APS microcapsules or TPS microcapsules could increase lysozyme values ( $P < 0.05$ ) during the experiment to different extents; on the 7th day the lysozyme values reached the highest point, showing a similar course over time as groups 5 and 6. Moreover, combination of APS and TPS microcapsules, and combination of (APS + TPS) microcapsules and *B. subtilis* indicated a stronger effect; the combined effect among different Chinese herbs could have a complementary synergy, which is usually called compatibility. Furthermore, the role of *B. subtilis* in regulating micro-ecological balance and water quality indirectly enhanced the growth and immune effect of sea cucumber, as seen in the performance of LSZ activity.

SOD catalyses the dismutation of the extra bactericidal highly reactive  $O_2^-$  to  $O_2$  and less reactive  $H_2O_2$ , and it is an important component of the antioxidant defense system of the organism [37, 38]. In our laboratory, the tests by injecting APS and TPS into *A. japonicus* suggested that APS and TPS could significantly increase SOD activity in the coelomic fluid of the sea cucumber, and enhance antioxidant capacity, which could be related to the role that flavonoids and saponins play in *A. membranaceus* to eliminate oxygen free radicals. The effect of dietary administration of APS, TPS, and *B. subtilis* on SOD activity of the sea cucumber had different results in the present study. And a significant difference was observed in group 6 on the 14th day; 91.7 U/ml ( $P < 0.05$ ). Other treatments also gave higher values on the 14th day; there was a rise-drop trend between the time and the effect. This could be associated with the structure of the polysaccharide and immunomodulatory mechanisms, as well as the immune system of sea cucumbers. The results of the present study confirmed that the APS and TPS microcapsules could be fed directly to the sea cucumbers, the size of the microcapsules were right for them, while at the same time polysaccharide loss was reduced in the seawater; the microcapsule in actual application is suitable for breeding and easily accepted by farmers.

Alkaline phosphatase is a marker enzyme of the phagocytes lysosomal, especially in the mollusks. Sun et al. [39] pointed out that AKP in the sea cucumber immune system plays an important role in the process of swallow the foreign substances. The experimental results indicated that AKP activity showed a sensitive response to the combination of (APS + TPS) microcapsules and *B. subtilis*, reaching the highest value (273.8 nkat/l) on the 21st day ( $P < 0.05$ ). However, the activity had decreased by the 28th day. So we deduced that there was a certain degree of correlation between the dietary time and activity.

At present the complement system is a highly sophisticated defense system against common pathogens acting in the innate immunity of invertebrates and vertebrates, which is induced by antigen–antibody interactions in the traditional pathway. As a central component in the complement system, component 3 is an intermediary between the innate and the adaptive immune systems [40, 41]. During the past few years, the homologs of C3 have been identified, from higher vertebrates to lower protostomes including human, fish, amphioxus, sea squirt, sea urchin, horseshoe crab, coral, and sea anemone [42–44]. Past studies have shown that there are analogs of complement in *Asterias forbesi*, and in its coelomic cells there were C3b and C3bi complement receptors [45, 46]. Using enzyme-linked chemiluminescence immune detection (chemiluminescent immunoassay, CLIA), they found complement analogs in the coelomic fluid of the sea cucumber: the content of C3 was 6.58 ( $\pm$  1.4)  $\mu\text{g/ml}$ , and C4 was 0.67 ( $\pm$  0.3)  $\mu\text{g/ml}$ . This is an important observation about *A. japonicus* complement, and may provide a theoretical basis for the development of new immunostimulants [47, 48]. Zhou et al. [49] studied the molecular characterization and expression analysis of C3 in the sea cucumber (*A. japonicus*), it was suggested that AjC3-2 and AjC3 genes play a pivotal role in immune responses to bacterial infection in sea cucumbers. The results showed that complement of *A. japonicus* played an important role in the immune system. In the present study, C3 content was highest on the 21st day in group 6, reaching 0.17 g/l; it was significantly different to the control group and groups 2, 3, and 4 ( $P < 0.05$ ). Sea cucumber C3 needs further research. C3 content and activities of other enzymes reached their highest values at different times. This may be related to the regulation mechanism of immunostimulants, since different immune indices have different responses.

#### Challenge assay

The challenge assay is the direct way to reflect the effect of dietary immunostimulants. *V. splendidus* is the pathogen causing skin ulcer syndrome, which can cause serious harm to sea cucumber aquaculture. Dong et al. [3] have shown that exposure of *A. japonicus* to *V. splendidus* at a concentration of  $10^6$  cells/ml for 6 days could result in the occurrence of disease. To determine the efficacy of different dietary supplements, it has been shown that the survival rate of *A. japonicus* and its resistance to *V. splendidus* could be enhanced by administration of *Astragalus* and APS [14]. The present study showed that the oral administration of (APS + TPS) microcapsules and *B. subtilis* reduced the mortality of sea cucumber after being challenged by *V. splendidus*. The improved resistance of sea cucumbers may be partly attributable to the

increased activities of different enzymes. There was significant difference between blank microcapsules and the control, which could be due to the effects of sodium alginate. Sodium alginate is alginate extracted from seaweed, and other factors could cause the errors. The resistance of sea cucumbers was further improved after adding APS and other microcapsules, however, there was no significant difference between groups 5 and 6, but group 6 also reflected an increase under the action of *B. subtilis*, that probably was due to the improvement of water quality. Zhao et al. [13] reported that *A. japonicus* fed with probiotic *B. subtilis* T13 show significant improved resistance against *V. splendidus*.

As we all know, the role of probiotics could selectively stimulate the growth and activity of one or more bacteria, and so result in beneficial or harmful effects on the host [24, 50]. This may be the reason that APS, TPS, and *B. subtilis* could improve the resistance to disease of sea cucumbers in the present study. Polysaccharides could play the role of probiotics and stimulate the secretion of cytokines to improve immune function and increase glucose tolerance.

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