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TheScientificWorldJOURNAL (2011) 11, 130–132 ISSN 1537-744X; DOI 10.1100/tsw.2011.18

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TheScientificWorld IOURNAL

Intracavitary and Endobronchial Tuberculosis



FIGURE 1. (A) Chest X-ray of the patient showing bilateral cystic and bullous infiltrates, and (B, C) CT scans of the chest showing a large cavitary lesion in the right upper lobe.

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Received October 4, 2010; Revised December 3, 2010; Accepted December 14, 2010; Published January 18, 2011

KEYWORDS: tuberculosis, cavitations, bronchoscopy

Flexible bronchoscopy is a widely accepted diagnostic modality for tuberculosis[1,2,3], specifically in patients who cannot produce an adequate sputum sample for an acid fast bacilli (AFB) smear in a reasonable period of time despite hypertonic saline induction. Bronchial aspirates obtained during bronchoscopy considerably increase the diagnostic yield in tuberculosis[4].

We present the case of an interesting and unusual bronchoscopic finding in a 46-year-old African American woman who had been homeless for 10 years and resided in an inner city train station. She had no significant past medical history and had not been on any medications. The patient presented with a complaint of cough with greenish sputum, but no hemoptysis, for 5 months. She had a noted weight loss of 90 lb over a 1-year period and she also complained of shortness of breath on exertion. She denied fever, chills, night sweats, or chest pain. On physical examination, the patient was cachectic; she looked

older than her stated age, pale, with poor oral hygiene, and multiple aphthous ulcers on the tongue. Chest examination revealed good air entry with bilateral crackles. The patient was admitted to a respiratory isolation room, and chest X-ray showed bilateral cystic and bullous interstitial infiltrates (Fig. 1, panel A). CT scan of the chest revealed diffuse cystic bronchectasis, cavitary and nodular infiltrates, and a large cavitary lesion in the right upper lobe (Fig. 1, panels B and C). A PPD skin test was positive and greater than 15 mm. The patient was unable to produce an adequate sputum sample for an AFB smear, even after trials of sputum induction with hypertonic saline. Therefore, bronchoscopy was performed to obtain bronchoalveolar lavage fluid and bronchial brushings. Endobronchially, the airway demonstrated that the anterior segment of the right upper lobe bronchus was contiguous with an opening to a right-sided cavity (Fig. 2, panel A), which was lined with inflammatory and necrotic material (Fig. 2, panels B and C). The areas were brushed and lavaged for culture and cytology. There were patchy whitish lesions noted diffusely on the tracheal wall (Fig. 2, panel D), which was also brushed and cultured. AFB smears were strongly positive from the bronchial washing. The patient was started on four-drug therapy for tuberculosis.



FIGURE 2. Bronchoscopic views showing (A) the entrance of the anterior segment of the right upper lobe of the lung contiguous with an opening to a right-sided cavity, (B, C) necrotic material inside the cavity in the right upper lobe, and (D) white plaques in the tracheal wall.

The bronchoscopic findings in endobronchial tuberculosis are variable. They can include actively caseating, edematous-hyperemic, fibrostenotic, tumorous, granular, ulcerative, and nonspecifically bronchitic lesions[5]. Although we were able to visualize the ulcerative changes in the trachea, there were no other obvious endobronchial lesions. Our research did not reveal any available literature describing the findings of endoscopically observed intracavitary tuberculosis. The dramatic appearance of the intracavitary disease was remarkable, and the fortuitous finding of the bronchial connection to the large cavity was incidental since there was no indication of direct connection on any of the radiographic techniques.

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This article should be cited as follows:

Alsumrain, M., Alberaqdar, E., Bennett-Venner, A., Klucowicz, A., and Miller, R. (2011) Intracavitary and endobronchial tuberculosis. *TheScientificWorldJOURNAL* **11**, 130–132. DOI 10.1100/tsw.2011.247.



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