

Original Paper

Remote Ischemia Preconditioning Attenuates Blood-Spinal Cord Barrier Breakdown in Rats Undergoing Spinal Cord Ischemia Reperfusion Injury: Associated with Activation and Upregulation of CB1 and CB2 Receptors

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Key Words

Remote ischemic preconditioning • Blood-spinal cord barrier • CB1 receptor • CB2 receptor • Ischemia reperfusion injury

Abstract

Background/Aims: Remote ischemic preconditioning (RIPC) has protective effects on spinal cord ischemia reperfusion (I/R) injury, but the potential mechanisms remain unclear. In our study, the effects and underlying mechanisms of RIPC on blood-spinal cord barrier (BSCB) breakdown following I/R injury were investigated. **Methods:** animals underwent intraperitoneal administration with cannabinoid-1 (CB1) receptor antagonist AM251, cannabinoid-2 (CB2) receptor antagonist AM630 or vehicle 15 minutes before three 3-minute occlusion-reperfusion cycles on the right femoral artery or a sham operation. 30 minutes after the preconditioning, aortic arch was exposed with or without 14-minute occlusion. Neurological function was assessed with Tarlov scoring system. The disruption of BSCB was assessed by measuring Evans Blue (EB) extravasation. The expression of tight junction protein occludin was determined by western blot analyses. The expression and localization of CB1 and CB2 receptors were assessed by western blot and immunofluorescence. **Results:** RIPC attenuated the motor dysfunction, BSCB disruption and downregulation of occludin after I/R injury, which were impaired by blocking CB1 and CB2 receptors. Moreover, RIPC upregulated the elevated perivascular expression of CB1 and CB2 receptors following I/R injury. **Conclusions:** These results indicated that RIPC, through activation and upregulation of CB1 and CB2 receptors, was involved in preserving the integrity of BSCB after spinal cord I/R injury.

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Introduction

Clinically, surgical repair of thoracoabdominal aneurysm can lead to temporary or permanent spinal cord I/R injury, whose incidence varies between 3% and 20% [1]. A major pathological change in spinal cord I/R injury is BSCB disruption, which further leads to neurological deficit. As shown in our previous studies, strategies protecting BSCB integrity can improve neurological function [2-6].

RIPC is a method in which short periods of non-lethal ischemia followed by reperfusion of tissue or organ protect remote tissue or organ to against a subsequent more severe I/R injury. Mounting evidence indicates that RIPC can induce spinal cord ischemia tolerance [7-11], but the exact mechanism is unclear yet. Remote ischemic postconditioning alleviating the disruption of blood-brain barrier (BBB) to induce cerebral ischemic tolerance has been reported [12, 13]. Although BSCB and BBB are similar in both structure and function, the probability of RIPC preserving the integrity of BSCB following spinal cord I/R injury still needs to be confirmed.

A recent systematic review has suggested that receptor-mediated endocannabinoid system has been investigated as a latent neuroprotection target and it can alleviate ischemic injury [14]. Endocannabinoid system affording a protection to the BBB during I/R injury has been demonstrated [15, 16]. Besides, a newly research suggested that CB2 receptor agonist might regulate the BSCB permeability [17].

Hence, our objectives in the present study were to investigate whether limb RIPC could initiate protective effects against BSCB disruption following spinal cord I/R injury, evaluate the cannabinoid receptors-dependent mechanism and the expression of CB1 and CB2 receptors in RIPC attenuating I/R induced BSCB breakdown.

Materials and Methods

Animals

Male Sprague-Dawley rats (280-320g, n=168) were obtained from the Laboratory Animal Center of China Medical University (Shenyang, China) and neurologically intact. The experimental protocols were approved by the Ethics Committee for Animal Experimentation of China Medical University and in accordance with the Guide for the Care and Use of Laboratory Animals (National Institutes of Health, Bethesda, Md).

Experimental protocol

All rats were randomly divided into six groups. G1 (Sham, n=36) group underwent the sham operations without limb RIPC and spinal cord I/R injury. G2 (Control, n=36) and G3 (RIPC, n=36) groups received the right femoral artery exposure or three 3-minute occlusion-reperfusion cycles 30 minutes before a 14-minute cross-clamping to the aortic arch followed by reperfusion. G4 (AM251, n=24), G5 (AM630, n=24) and G6 (Vehicle, n=12) groups received intraperitoneal administration with CB1 receptor antagonist AM251 (ENZO; 1mg/kg), CB2 receptor antagonist AM630 (ENZO; 1mg/kg) or equivalent volume of vehicle respectively 15 minutes before limb RIPC, followed by spinal cord I/R protocol.

Limb RIPC and surgical procedures

Limb RIPC was performed as previously described [10]. The right femoral artery was separated below the right groin ligament for later a 3-minute occlusion, followed by a 3-minute reperfusion. The RIPC consisted of 3 occlusion-reperfusion cycles. The spinal cord I/R injury was conducted by the previously described technique [18]. Briefly, rats were anesthetized by 4% sodium pentobarbital (50 mg/kg, intraperitoneally). Expose and cross-clamp the aortic arch between the left common carotid artery and the left subclavian artery under direct visualization. Monitor and maintain the rectal temperature at $37 \pm 0.5^\circ\text{C}$ using a heated operating table. Catheters were inserted into the tail artery and the left carotid artery to measure distal and proximal blood pressure respectively. The ischemia was confirmed by a 90% reduction of blood flow measured at the tail artery with the aid of a laser Doppler blood flow monitor (Moor Instruments, Axminster,

Devon, UK). After a 14-minute ischemia, the occlusion was relieved. Sham operation rats received the same protocol without clamping the aortic arch.

Neurological assessment

Neurological function are assessed by investigators blinded to the experimental processes at 4 h and 24 h after reperfusion, using a Tarlov scoring system [19]: 0, no lower extremity function; 1, appreciable lower extremity function, only feeble antigravity movement; 2, moderate movement of lower extremity with good antigravity strength, but unable to stand; 3, capacity to stand and hop, but not normally; 4, normal motor function.

BSCB leakage evaluation

Measurement of Evans Blue (EB) extravasation was used to evaluate the permeability of BSCB. At 4 h and 24 h after reperfusion, the amount and fluorescence of EB were used to examine BSCB integrity quantitatively and qualitatively. Briefly, EB dye (20 g/L, 10 ml/kg; Sigma) was injected into the caudal vein slowly. After 1 h, the spinal cord tissue was weighed and soaked in methanamide for 24 h (60°C), then centrifuged. A microplate reader (BioTek, Winooski, USA) was used for detecting the absorption of the supernatant at 632 nm. The EB content was reported as micrograms per gram of spinal cord tissue with standardized curve. In addition, after fixing the spinal cord tissue with 4% paraformaldehyde and sectioning (10 µm), the EB fluorescence was visualized with a BX-60 (Olympus, Melville, NY) fluorescence microscope (green zone).

Western Blot

BSCB tight junction protein occludin, CB1 and CB2 receptors in spinal cord tissue were analyzed by sodium dodecyl sulfate polyacrylamide gel electrophoresis. The antibodies were used as follows: rabbit polyclonal anti-Occludin (1:500, Abcam 31721), rabbit polyclonal anti-cannabinoid receptor I (1:500, Abcam 23703), rabbit polyclonal anti-cannabinoid receptor II (1:500, Abcam 3561) and horseradish peroxidase-conjugated secondary antibodies (Bioss, Beijing, China).

The specificity of a number of cannabinoid receptor antibodies has been indicated to be an issue [20, 21], but the antibodies used in our investigation (as shown above) were not included in those studies. In addition, several published articles have validated the specificity of the two commercial cannabinoid receptor antibodies [22-26].

Double immunofluorescence staining

To identify the perivascular location of CB1 and CB2 receptors, double immunofluorescence labeling for CB1 and CB2 receptors with vascular endothelial cells marker CD31 was performed. The sections were incubated with primary antibodies: mouse monoclonal anti-CD31 [P2B1] (1:100, Abcam 24590) together with rabbit polyclonal anti-cannabinoid receptor I (1:50, Abcam 23703) or rabbit polyclonal anti-cannabinoid receptor II (1:500, Abcam 3561), and followed by corresponding secondary antibodies: Alexa 594-conjugated donkey anti-mouse IgG (1:200, Abcam 150108) and Alexa 488-conjugated donkey anti-rabbit IgG (1:200, Abcam 150073). The Leica TCS SP2 (Leica Microsystems, Buffalo Grove, IL, USA) laser scanning spectral confocal microscope was used to analyze and image the sections.

Statistical analysis

All data were presented as means ± SEM and analyzed with SPSS 17.0 statistical software. One-way ANOVA with Newman-Keuls post-hoc analysis was applied to assess the data. Values of $P < 0.05$ was considered to be statistically significant.

Results

Neurological assessment

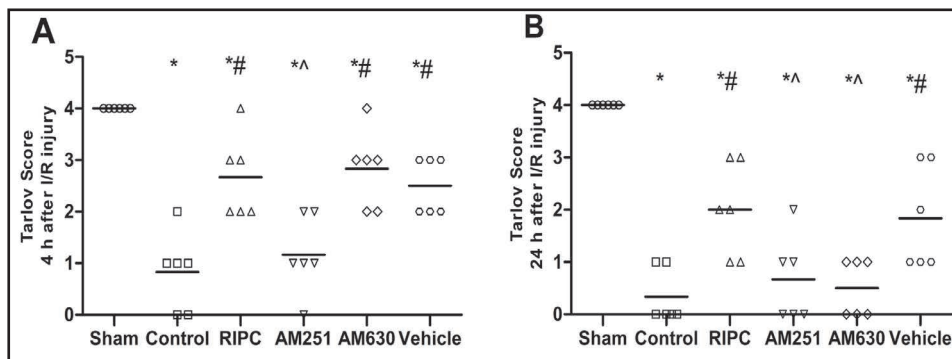
The individual neurological scores of the six groups at 4 h and 24 h after reperfusion are shown in Fig. 1A, B. There was no neurological change in the sham group, and all of the other groups of rats showed motor deficit in varying degrees. RIPC enhanced the recovery of motor function (RIPC group versus control group; $P < 0.05$, at 4 h and 24 h respectively).

At 4 h after reperfusion, compared with RIPC group, the neurological outcome in the AM251 group was statistically worse ($P < 0.05$). The scores in RIPC, AM630, and vehicle groups did not show significant difference. Whereas, at 24 h after reperfusion, both AM251 and AM630 pretreatment statistically abolished the neuroprotective effect of RIPC (AM251 and AM630 groups versus RIPC group; $P < 0.05$, respectively).

RIPC attenuated BSCB breakdown following I/R injury, impaired by blocking CB1 and CB2 receptors

EB extravasation visualized as red under the fluorescent microscope (Fig. 2A-L) and quantitative analysis of EB content in spinal cord tissue (Fig. 2M) were commonly used for evaluating the permeability of the BSCB. I/R injury caused a marked increase of EB extravasation regarded as sham group ($P < 0.05$). RIPC reduced the levels of extravasation after I/R injury at both 4 h and 24 h ($P < 0.05$), indicating that RIPC preserved BSCB integrity.

Fig. 1. Assessment of neurological motor function with Tarlov score. (A) 4 h after I/R injury. (B) 24 h after I/R injury. Each symbol represents score for one rat ($n = 6$ per group at each time point, bar = median).



* $P < 0.05$ versus sham group. # $P < 0.05$ versus control group; ^ $P < 0.05$ versus RIPC group.

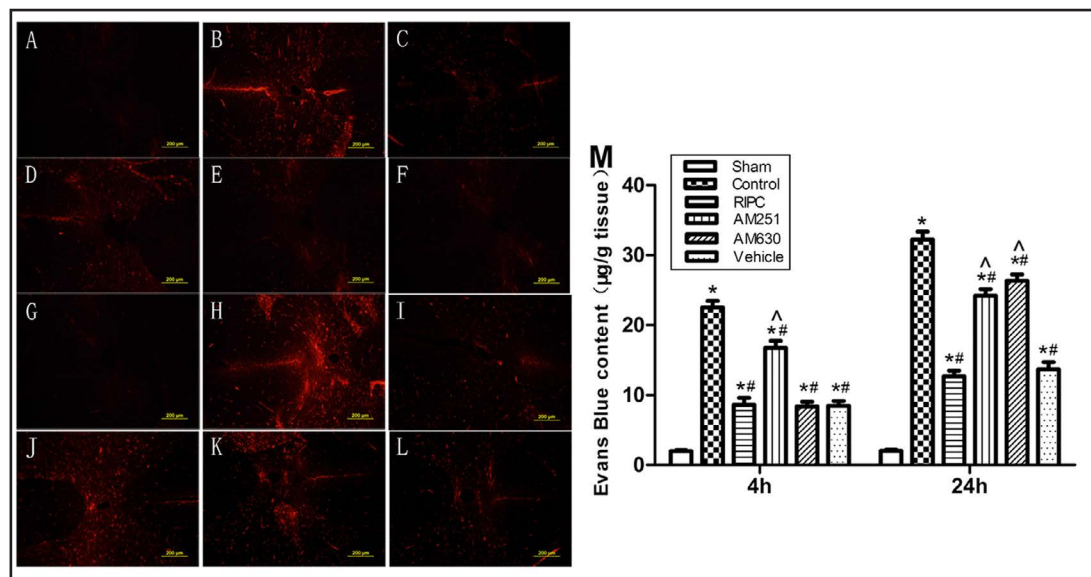


Fig. 2. Evaluation of BSCB permeability following spinal cord I/R injury. (A-L) Red fluorescence of EB extravasation. At 4h and 24 h after injury respectively, A and G: Sham group; B and H: Control group; C and I: RIPC group; D and J: AM251 group; E and K: AM630 group; F and L: Vehicle group. Scale bars are 200 µm. (M) Amount of EB in the spinal cord tissue (µg/g) are presented as mean ± SEM ($n = 6$ per group at each time point). * $P < 0.05$ versus sham group; # $P < 0.05$ versus control group; ^ $P < 0.05$ versus RIPC group.

Additionally, CB1 receptor antagonist AM251 pretreatment partially reversed the effect of RIPC on reducing EB extravasation following I/R injury at both 4 h and 24 h (AM251 group versus control and RIPC groups; $P < 0.05$, at 4 h and 24 h respectively); while CB2 receptor antagonist AM630 impaired the protective effect of RIPC only at 24 h after injury (AM630 group versus control and RIPC groups; $P < 0.05$).

RIPC suppressed downregulation of occludin after I/R injury, impaired by blocking CB1 and CB2 receptors

Western blot analysis indicated that I/R injury induced decreased occludin expression, and RIPC depressed the downregulation of occludin ($P < 0.05$). As shown in Fig. 3A, at 4 h after I/R injury, the level of occludin in AM251 group was remarkably less than that of RIPC group ($P < 0.05$); while AM630 group had similar occludin expression to RIPC group. At 24 h after injury (Fig. 3B), compared to RIPC group, occludin level in both AM251 and AM630 groups decreased obviously ($P < 0.05$).

Fig. 3. Representative western blot and quantitative protein analysis of occludin in the spinal cord tissue at (A) 4 h and (B) 24 h after injury. All data are presented as mean \pm SEM (n = 6 per group at each time point). * $P < 0.05$ versus sham group; # $P < 0.05$ versus control group; ^ $P < 0.05$ versus RIPC group.

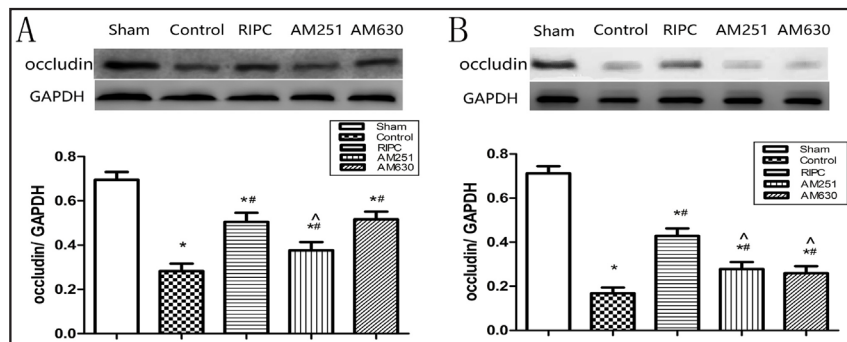
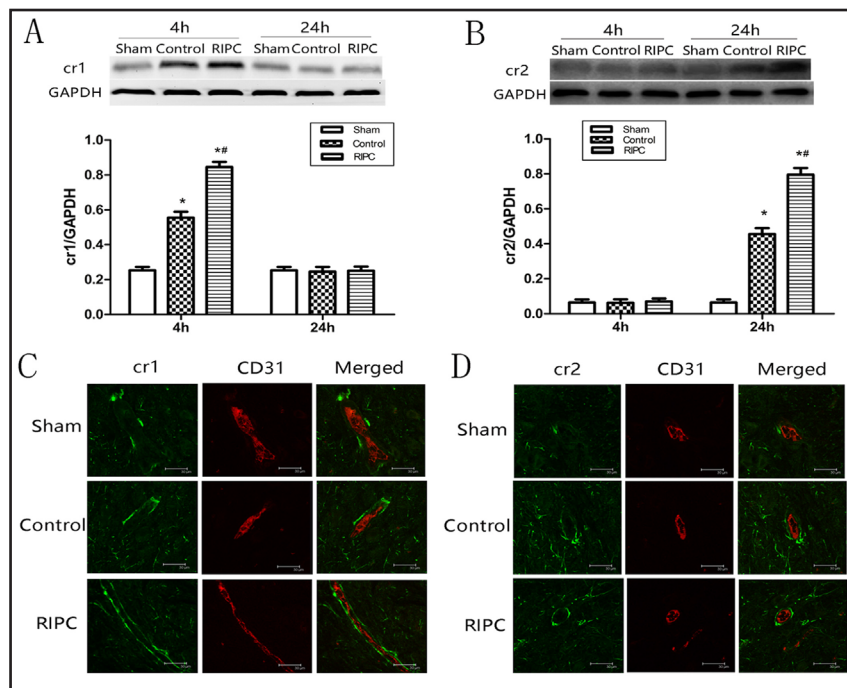


Fig. 4. RIPC upregulated the endogenous increase of CB1 and CB2 receptors following I/R injury. (A, B) Representative Western blot and quantitative protein analysis of CB1 and CB2 receptors in the spinal cord tissue at 4 h and 24 h after injury. Immunofluorescence photomicrographs of (C) CB1 receptor colocalized with vascular endothelial cell (CD31) at 4 h and (D) CB2 receptor colocalized with vascular endothelial cell (CD31) at 24 h after injury. All data are presented as mean \pm SEM (n = 6 per group at each time point). * $P < 0.05$ versus sham group; # $P < 0.05$ versus control group.



RIPC upregulated the endogenous increase of CB1 and CB2 receptors exhibiting a perivascular location following I/R injury

Western blot analysis showed a acute and rapid increase of CB1 receptor (cr1) at 4 h after injury which came back to sham level at 24 h ($P < 0.05$; Fig. 4A), while CB2 receptor (cr2) augmented at 24 h after injury ($P < 0.05$; Fig. 4B). RIPC enhanced upregulation of both CB1 and CB2 receptors after I/R injury ($P < 0.05$). Further, at the time point when CB1 or CB2 receptor expressing significantly more, double immunofluorescence labeling for CB1 and CB2 receptors with vascular endothelial cell marker CD31 revealed as shown in Fig. 4C, D, there was discontinuous arrangement of CB1 receptor-positive protein along the vasculature of spinal cord in sham group, while almost no CB2 receptor-positive protein; CB1 and CB2 receptors endogenously increased at different time points after I/R injury, which could be upregulated by RIPC.

Discussion

Our study investigated the beneficial effect of limb RIPC in preserving the integrity of BSCB following I/R injury. Findings from the present study showed that RIPC attenuated BSCB disruption and downregulation of occludin, preserved the extremity motor function following spinal cord I/R injury, which were associated with the activation of CB1 and CB2 receptors. Moreover, we found that RIPC could upregulate the endogenous increase of CB1 and CB2 receptors distributing along the vasculature of spinal cord after I/R injury.

BSCB plays a vital role in maintaining homeostasis of the spinal cord. Both the function and structure of BSCB are disrupted in case of I/R injury, further leading to neurological deficit. Similar to BBB, endothelial cells between capillaries, tight junction (TJ), basement membrane, astrocytic end feet processes, and pericytes are the basic components of BSCB [27]. Occludin, one of the tight junction proteins, has been reported to be a sensitive indicator of the functional state of the BBB [28]. Correspondence with previous study in our laboratory [2], the current research showed that occludin decreased after I/R injury, concurrent with a increase of BSCB permeability and motor dysfunction. RIPC significantly improved neurological assessment scores, along with BSCB leakage and occludin downregulation, indicating that RIPC induced spinal cord ischemia tolerance by preserving BSCB integrity.

Humoral communication, systemic modification of circulating immune cells, neuronal stimulation, and activation of hypoxia inducible genes can be the signaling pathway of RIPC [29]. Endocannabinoid as one of the humoral pathway has been reported to involve in the RIPC protective effect on spinal cord I/R injury [10]. Furthermore, exogenous activation of CB2 receptor regulating the BSCB permeability has been documented [17]. Our results suggested that blockade of CB1 receptor impaired the beneficial effect of RIPC on motor function, BSCB permeability and tight junction protein occludin at both 4 h and 24 h following I/R injury; while only at the later time point, we observed blockade of CB2 receptor impaired the protective effect of RIPC. This proposed a potential mechanism that RIPC attenuate BSCB breakdown following spinal cord I/R injury mediated by the activation of CB1 and CB2 receptors, confirming and extending the previous studies. Also, it indicated the various expression of CB1 and CB2 receptors at different time points.

The altered components of endocannabinoid system in ischemic injury indicate an important role of endocannabinoid system in the endogenous response to ischemic injury. Endocannabinoids are released rapidly following either brain or spinal cord injury [30, 31]. The CB1 and CB2 receptors expression in the brain are elevated after cerebral ischemia. So far, evidence has accumulated that the expression of CB1 receptor increases after ischemia and reach to peak within 2 h to 6 h postischemia, comparing with the delayed increase of CB2 receptor expression after 24 h postischemia [32-37]. The difference between the time course of these two receptors expression is, at least partially, due to changes in the type of cells expressing them. A study on spinal cord lesion suggested that CB1 receptor, which can be induced by reactive astrocytes, expressed constitutively in neurons and oligodendrocytes,

while CB2 receptor strongly expressed following injury, mostly in astrocytes and immune infiltrates [38]. In the current work, consistent with most recent studies, western blotting and immunofluorescence staining showed that there was a basal expression of CB1 receptor in sham group, and the expression increased at 4 h following injury which returned to sham level at 24 h; while, there was almost no CB2 receptor expression in sham group and control group at 4 h after injury, but it strongly expressed at 24 h after injury. Besides, we found RIPC could upregulate the endogenous increase of CB1 and CB2 receptors, extending the previous study that RIPC induced an increase of endocannabinoids level [10]. In our study, the outcome that CB1 receptor antagonist AM251 pretreatment could still play a role in impairing the protective effect of RIPC at 24 h after injury, maybe due to the blockade of the binding of basal expressed CB1 receptor and the increased endocannabinoids induced by I/R injury or RIPC.

In the present study, we focused on the effect of CB1 and CB2 receptors on RIPC preserving BSCB integrity, so we only colocalized CB1 and CB2 receptors with vascular endothelial cells to identify the perivascular exhibition of CB1 and CB2 receptors, instead of locating the specific CB1/CB2 receptor-positive cell types. Moreover, we only investigated the effect of RIPC at 4 h and 24 h after reperfusion, which is a relatively short period of time. A longer observation duration will be necessary. Meanwhile, the exact mechanisms of CB1 and CB2 receptors activation in RIPC attenuating BSCB disruption after I/R injury were not clarified by this study. We speculated that the possible mechanisms are gliocytes activation and inflammatory response modification. All of these need to be elucidated in further studies.

Overall, our results provide compelling evidence that limb RIPC attenuate BSCB breakdown following spinal cord I/R injury. This protective effect is associated with activation of CB1 and CB2 receptors. In addition, RIPC can upregulate the elevated perivascular expression of CB1 and CB2 receptors after I/R injury.

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Disclosure Statement

The authors declare no conflict of interest.

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