Interaction of Left Ventricular Relaxation and Filling During Early Diastole in Human Subjects

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Seventeen patients with coronary artery disease were studied with cineangiography and simultaneous tip manometry at resting heart rate and submaximal tachycardia induced by atrial pacing. During early diastole, defined as the interval from the opening of the mitral valve to the point of minimal left ventricular pressure, 20 percent of total ventricular filling took place at resting heart rate, but 62 percent occurred during tachycardia. Minimal pressure was significantly correlated with the time constant of pressure decay during the lsovolumic phase (r = 0.75 at resting heart rate and r = 0.61 during tachycardla). The measured minimal pressure could be predicted by extrapolatlng the exponentlal decay of ventricular isovolumic pressure to the time of occurrence of the minimal pressure, which occurred on average 2.7 time constants from the peak negative rate of change of pressure. At resting heart rate the ttme constant of relaxation was inversely correlated with ventricular inflow volume (r $= -0.64$) and inflow rate ($r = -0.72$). It is concluded that left ventricular **relaxation has a relevant role in early diastolic pressure-volume relations and increases during tachycardia.**

During the earliest part of diastole, after the opening of the mitral valve, the left ventricle fills while the pressure continues to decrease. It has been reported in animals and in human subjects that a large proportion of left ventricular filling takes place¹⁻⁵ and that the filling rate peaks within this short time interval.2 These observations suggest that ventricular relaxation extends beyond the isovolumic phase, makes a relevant contribution to ventricular filling and influences pressure-volume relations during early diastole. These conclusions have been partly corroborated by the recent studies in dogs by Weisfeldt et al. $6,7$

The present study was undertaken to investigate in human beings the extension of left ventricular relaxation in diastole and to assess its relevance to early diastolic left ventricular pressure and inflow at resting heart rate and during submaximal tachycardia induced by atria1 pacing.

Methods

Patients: Diagnostic cardiac catheterization was performed in **17 adulta whose ages** ranged from *42* **to** *63 years* **(mean 51); 15 were** men and 2 women. All medications **(such as digoxin or beta blocking agents) were withdrawn 36 hours before catheterization. No tranquilizers or long-acting nitrates were given as premedication. Heparin (50 mg intravenously) was given at the beginning of the investigation. All patients had stable angina pectoris and proved coronary artery disease. Catheterization data (regional wall motion, coronary angiographic findings and graft patency, when appropriate) together with electrocardiographic data are shown in Table I. Six patients had a previous myocardial infarction (anterior in 2 and inferior in 4) and 11 had previous coronary bypass graft surgery. In no case was mitral insufficiency or left ventricular dyskinesia detected.**

Study protocol: The study protocol included two cineventriculograms at 50 frames/s, the first at resting heart rate and the second at submaximal tachycardia

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TABLE I **Summary of Angiographic and Electrocardiographic Findings**

akin = akinetic; ant = anterior; CABG = coronary arterial bypass graft; hypo = hypokinetic; inf = inferior wall; LAD = left anterior descending coronary artery; lat = lateral wall; LCx = left circumflex artery; MI = myocardial infarct; occl = occluded; RCA = right coronary artery; sept = **septum;** . . = **grafting not performed.**

during atria1 pacing. No patient complained of angina during *The left ventricular volumes* were measured by Simpson's pacing. The angiograms were taken at midinspiration, and rule, using automatic contour detection^{8,9} for the single plane particular attention was paid to avoid the Valsalva maneuver. films and the area-length method for the biplane films. No
The second ventriculogram was obtained at least 15 minutes regression equation was used. The correlat The second ventriculogram was obtained at least 15 minutes later and not until ventricular pressure returned to the values obtained at rest. In eight patients a biplane (right anterior eight patients was 0.96 with a standard error of the estimate (right anterior oblique) technique was used. In every patient recorded simultaneously with the angiogram with use of an a left anterior oblique angiogram was obtained at resting heart F8 Angio Millar microtip catheter at full scale and high rate. gain.

between the two methods for 64 volume measurements in of 11 ml. A high fidelity left ventricular pressure tracing was

TABLE II

Left Ventricular Pressure Measurements and Derived Indexes

dP/dt = peak rate of change of pressure; EDP = end-diastolic pressure: ESP = pressure at peak negative dP/dt; HR = heart rate: NS = not stgniflcant; p = probability that difference In mean values between R and P occurs by chance; P = paced heart rate; PkSP = peak systolic pressure; Pmin = minimal diastolic pressure: R = resting heart rate; SD = standard deviation: T = time constant of relaxation.

Thus, all hemodynamic measurements apply directly to the beat analyzed for ventriculography. The electrocardiogram, left ventricular pressure and its first derivative and the film frame markers were recorded during angiography at a paper speed of 200 mm/s.

Definitions: *Isovolumic relaxation phase* **was** defined as the period between the peak negative rate of change of pressure and the opening of the mitral valve (Fig. **1).** This definition differs slightly from the conventional definition of the isovolumic relaxation phase-which is measured starting with closure of the aortic valve. Our definition was chosen because it provided the closest approximation of this period in light of simultaneous the unavailability of aortic pressure data and because it assured a more accurate exponential fit to the decrease in pressure.

The rate of relaxation was quantified by the time constant of pressure decay according to the method of Weiss, et al.'0 using a least squares fit to the logarithm of pressure. Opening of the mitral valve was defined from the angiographic frame preceding that in which nonopacified blood first entered the left ventricle. In all cases included in the study the opening of the mitral valve was recognized in the same frame by two independent observers.

Early diastole was defined as the interval between the opening of the mitral valve and minimal ventricular diastolic pressure. This is the pressure at which the rate of change of pressure first reaches 0 (Fig. 1). Early diastolic left ventricular inflow volume was measured as an absolute value (ml) and as percent of total filling. Early diastolic mean inflow rate was measured as the ratio between the difference of ventricular volumes at minimal pressure and opening of the mitral valve and the time interval corresponding to the number of frames between them. Left ventricular inflow volume and rate were normalized for ventricular volume at minimal diastolic pressure.

Statistical analysis was performed with the Student's t **test** for paired data and with linear regression analysis, where appropriate.

FIGURE 1. The isovolumic relaxation, as defined by left ventricular pressure (LVP), occurs after end-systole (ES) between peak negative rate of change of left ventricular pressure (LV dP/dt) and the opening of the mitral valve (DMV). Early diastole is defined as the interval between the opening of the mitral valve and left ventricular minimal diastolic pressure (P_{MIN}), where the rate of change of pressure (dP/dt) **equals 0.**

Results

The hemodynamic and cineangiographic measurements at rest and during cardiac pacing are shown in Tables II to IV. During pacing heart rate was increased from 69 \pm 9 (mean \pm standard deviation) to 129 \pm 10 beats/min in increments of 10 to 20 beats/min every 2 minutes.

TABLE III

Left Ventricular Volume Measurements and Derived Indexes

		EDV (ml)		ESV (m _l)		EF (%)		Vmin (ml)		EDI (ml)		EDI/Vmin (%)		FEDI (%)		EDIR (mI/s)		EDIR/Vmin (s^{-1})	
Case	BSA(m ²)	R	P	R	P	R	P	R	P	R	P	\mathbf{R}	P	R	ρ	R	Ρ	R	P
	2.00	126	91	62	41	52	55	74	77	12	25	16	32	17	64	200	416	2.6	5.4
2	1.93	159	120	67	50	60	58	92	108	15	46	16	43	16	79	250	575	2.7	5.3
3	1.70	182	128	84	79	54	38	106	111	5	24	5	22	7	71	119	342	1.1	3.0
4	2.02	184	158	81	75	56	53	118	114	19	30	16	26	17	42	316	833	2.6	7.3
5	1.75	129	93	54	42	58	55	74	65	19	21	26	32	24	34	396	350	5.3	5.3
6	1.76	194	146	73	53	62	64	100	98	21	30	21	31	18	41	350	750	3.5	7.6
7	1.82	200	160	74	65	63	59	117	114	34	43	29	38	29	72	708	706	6.0	6.1
8	1.73	215	189	114	112	47	41	159	159	36	46	21	27	42	70	600	150	3.5	6.8
9	64.ا	139	111	39	45	72	59	62	70	18	20	29	29	18	50	300	500	4.8	7.1
10	l.99	290	216	127	123	56	43	169	167	31	31	18	19	21	40	645	645	3.8	3.8
11	1.81	206	118	55	28	73	75	100	94	27	62	27	66	19	71	562	861	5.6	9.1
12	2.05	186	122	71	52	62	58	88	99	11	42	13	42	10	66	275	525	3.1	5.3
13	1.85	210	160	99	93	53	42	131	146	26	45	20	31	25	78	433	562	3.3	3.8
14	1.83	180	110	49	49	73	55	69	95	15	42	22	44	12	69	250	525	3.6	5.5
15	1.80	149	96	56	39	62	59	71	80	15	37	21	46	16	66	250	616	3.5	7.7
16	1.86	175	124	63	53	64	57	86	105	20	49	23	47	19	70	250	612	2.9	5.8
17	1.82	229	177	98	13	57	59	143	135	40	59	28	43	33	67	500	983	3.5	7.1
Mean		185	136	74	60	60	55	103	108	21	38	21	36	20	61	377	644	3.6	6.0
SD		40	36	23	29		9	32	30	10	12	6	11	8	14	170	218	1.2	1.6
D		$<$ 10 ⁻⁸		0.007		< 0.003		NS		$< 10^{-4}$		$< 10^{-5}$		$< 10^{-7}$		<10 ^{—5}		$< 10^{-5}$	

BSA = body surface area; EDI = early diastolic infiow volume, EDIR = early diastolic inflow rate; EDV = end-diastolic volume; EF = ejection rraction; ESV = eno-systolic volume; FEDI = early diastolic inflow volume as the fraction of total filling; p = probability by paired
heart rate; R = resting heart rate; SD = standard deviation; Vmin = volume at minimal l **ftest; P = paced**

FIGURE 2. Left ventricular minimal pressure (P_{MIN}) versus the time **constant of relaxation of isovolumic pressure decay (T) at resting (open** circles) and paced (solid circles) heart rates (HR). P_{MIN} and T are sig**nificantly correlated in both conditions. The regression line shifts slightly** toward increased P_{MIN} during pacing, although the mean value of P_{MIN} is unchanged. $r =$ correlation coefficient; $S_{y,x} =$ standard error of the **estimate.**

Hemodynamic data (Table II): Left ventricular peak systolic, end-systolic (at peak negative rate of change of pressure) and minimal diastolic pressure did not change significantly during pacing, but ventricular end-diastolic pressure decreased significantly (probability $[p] < 10^{-6}$) from 17 ± 5 to 11 ± 3 mm Hg. In this

TABLE IV Diastolic Time Intervals

group of patients with submaximal pacing, end-diastolic pressure was not observed to increase in any case with pacing. The time constant of relaxation also decreased significantly ($p \le 10^{-3}$) from 44.6 \pm 5.8 to 39.9 \pm 5.0 ms and was significantly correlated with minimal diastolic pressure at resting $(r = 0.75, p < 10^{-3})$ and paced heart rates ($r = 0.81$, $p \le 10^{-4}$) (Fig. 2). All but one patient showed an increase in peak positive rate of change of pressure (1,660 versus $2,070$ mm Hg/s, p <10⁻⁵). Peak negative rate of change of pressure showed a less dramatic increase $(1,700 \text{ versus } 1,900 \text{ mm Hg/s}, p \le 0.01)$, with two patients showing a measurable decrease in this quantity. The contraction phase variables were largely uncorrelated with the relaxation phase variables.

Cineangiographic data (Table III): During tachycardia the left ventricular end-diastolic volume decreased from 185 ± 40 to 136 ± 36 ml, in parallel with the decrease of end-diastolic pressure. The end-systolic volume decreased less than end-diastolic volume, with a consequent decrease in ejection fraction from 60 to 55 percent (p <0.003). The left ventricular early diastolic inflow volume increased from 21 ± 10 to 38 ± 12 ml, nearly doubling during tachycardia, and the fraction of total ventricular filling occurring in early diastole increased even more, from 20 to 61 percent (Fig. 3). Also, the mean early diastolic inflow rate increased significantly from 377 to 644 ml/s ($p < 10^{-5}$). When ventricular inflow volume and inflow rate were normalized for volume at minimal diastolic pressure, they were significantly correlated with the time constant of relaxation at resting heart rate ($r = -0.64$, p <0.005 and $r =$ -0.72 , p <0.009) (Fig. 4 and 5). However, during

NS = not significant; p = probability; P = paced heart rate; R = resting heart rate; SD = standard deviation; T = time constant of relaxation; t_1 = time interval between peak negative dP/dt and opening of the mitral valve; t_2 = time interval between opening of the mitral valve and minimal diastolic pressure; t_3 = time interval between Pmin and end-diastole.

tachycardia these correlations failed to achieve significance.

Time intervals (Table IV): The time of occurrence of minimal diastolic pressure as expressed in time constants of relaxation after peak negative rate of change of pressure was not different at resting and paced heart rates and was, respectively, 2.7 and 2.8 times the time constant. During tachycardia minimal diastolic pressure preceded end-diastole, which occurred on average 4.3 time constants after the peak negative rate of change of pressure. During tachycardia, first degree atrioventricular block developed in all patients, and the interval between the electrical spike and minimal diastolic pressure was 242 ± 71 ms.

Discussion

The relations between ventricular relaxation and filling have been studied extensively in animals, $11-15$ but barely explored in human beings. Burch et al.,¹⁶ by plotting pressure-volume loops, first showed in human subjects that during early diastole the left ventricle fills while the pressure is still decreasing. This finding was later described by Dodge et al.¹⁷ and more recently by others. $2,3,5$

Distribution and dynamics of left ventricular filling: In our patients the duration of early diastole at resting heart rate averaged 56 ms and during this time 20 percent of total filling took place (range 7 to 42 percent). This finding is consistent with the finding of 24 percent reported by Yellin et al.,⁴ who measured the transmitral flow with electromagnetic probes sutured

FIGURE 4. Left ventricular early diastolic inflow volums (EDI) normalized for volume (Vmin) at minimal diastolic pressure versus the time constant **of isovolumic pressure decay (T) at resting heart rate (HR).**

FIGURE 3. Early diastolic left ventricular inflow volume as percent of total filling (FEDI) at resting and paced heart rates (HR). In all 17 patients **it increased significantly during pacing.**

FIGURE 5. Left ventricular mean early diastolic inflow rate normalized for volume at minimal diastolic pressure (EDI/Vmin \times Δt) versus the **time constant of isovolumic pressure decay (T) at resting heart rate** (HR).

to the mitral ring in open chest dogs. In human subjects there are few data available obtained with cineangiographic measurements. $3,5$ These data show somewhat higher values for the percent of early diastolic filling: an average of 39 percent in 16 cases⁵ and a range from 7 to 62 percent in 17 cases.¹⁸ However, the data in these two series are not fully comparable with ours, because of the nonhomogeneous patient population, which included normal subjects and those with cardiomyopathy, coronary artery disease and valvular heart disease. Furthermore, Alderman et a1.5 did not measure pressure and volume simultaneously, did not use tip manometry in the majority of cases and utilized a slower film speed (30 frames/s).

Our results obtained during submaximal tachycardia show that the different heart rates are accompanied by important changes in the distribution and the dynamics of left ventricular filling. The large increase in the fraction of total filling during early diastole from 20 to 62 percent is explained not only by a shortening of filling time and reduction in end-diastolic volume, but also by a concomitant, almost twofold increase in early diastolic inflow volume from 21 to 38 ml. The inflow rate also showed a large increase from 3.6 to $6 s⁻¹$. These data further confirm the difficulty in measuring compliance at high heart rates and rule out a simple passive elastic model for the left ventricle for the entire diastolic pe**riod.4,5,18-21**

The extension of left ventricular relaxation to the filling phase has recently been studied in animals. $6,7$ In a canine right heart bypass preparation,⁶ left ventricular relaxation extended up to an average of 2.9 time constants of relaxation (range 2.5 to 3.5) after the peak negative rate of change of pressure. These findings are similar to the average intervals from the peak negative rate of change of pressure to minimal diastolic pressure that we report of 2.7 and 2.8 time constants, respectively, at resting and paced heart rates. Admittedly, minimal diastolic pressure does not necessarily correspond to the termination of relaxation, but represents the crossover point between left ventricular relaxation and filling, two processes with opposite effects on filling pressure. However, when ventricular isovolumic pressure is extrapolated to the time of occurrence of minimal diastolic pressure, then minimal diastolic pressure would be calculated from $e^{-2.7} = 0.07$ and $e^{-2.8} = 0.06$ of the initial value of pressure at peak negative rate of change of pressure; that is, relaxation is essentially completed.

There remains little consensus on the biophysical model for relaxation of the myocardium, but most studies demonstrate an exponential decline in left ventricular pressure. Work on monolayer cell cultures 22 has revealed the existence of two phases of relaxation associated with calcium uptake by the sarcoplasmic reticulum (relaxation time = 33 ms) and possibly calcium extrusion through a sodium-calcium exchange mechanism (relaxation time $= 48$ ms). Recent studies in dogs have also revealed a dual time-constant relaxation process, but this has been ascribed to a provoked (coronary ligation) asynchronous relaxation, in which

there was an increase in time constant, rather than to a more fundamental biochemical process.^{23,24} However, most studies in intact animals and human beings have reported a monoexponential process, 10 and indeed Kumada et a1.23 found that the two phases of relaxation merge into one when there is synchronous relaxation. During submaximal pacing we found no evidence of induced ischemia as deduced from the presence of pain, important electrocardiographic changes or induced abnormalities in regional wall motion. The time constant of relaxation increased measurably during pacing in only one patient (Case 7), and he was the only one whose ventriculogram revealed an akinetic segment. For the entire group the time constant of relaxation decreased from 45 to 40 ms.

Extension of relaxation into early diastole: Several observations suggest that left ventricular relaxation is a relevant determinant of early diastolic filling pressure. First, a significant positive correlation has been found between the time constant of relaxation and minimal diastolic pressure at both resting and paced heart rates. Second, the actual average minimal diastolic pressures of 5.6 and 6.7 mm Hg at resting and paced heart rates, respectively, are not significantly different from the theoretical values of 6.0 and 5.1 mm Hg obtained by extrapolating the exponential left ventricular pressure decay in the isovolumic phase to the timing of occurrence of minimal diastolic pressure. From these results we speculate that left ventricular viscoelastic properties, which are expected to result in increased pressure in early diastole for an elevated inflow rate,2,25-28 are overshadowed by relaxation processes.

Role of atria1 contraction: That the filling during early diastole is also influenced by left ventricular relaxation is also corroborated by the inverse correlation between the time constant of relaxation and left ventricular normalized inflow volume and inflow rate (Fig. 5 and 6). During tachycardia, the time constant of relaxation decreased and inflow volume and rate increased, but they were no longer significantly correlated at the highest paced rate. We believe that the link between relaxation and filling is interrupted because of the superimposition of atria1 contraction on early diastole, as indicated by the time intervals (Table IV) between the atria1 stimulation and minimal diastolic pressure. However, this remains speculative and there is no reported consensus about the relative role of relaxation (vis a fronte) and atrial contraction (vis a tergo) on the ventricular filling pattern during tachy $cardia.$ ²⁹⁻³¹

It is possible that, as an indirect result of the shortened diastolic filling period, atria1 pressure became elevated during pacing, which would affect the inflow rate. However, our data revealed no significant change in minimal diastolic pressure and end-diastolic pressure actually decreased during pacing. More direct measurement of this effect could be obtained by transeptal measurement of atria1 pressure or, less directly, of pulmonary wedge pressure. The former was considered contraindicated in these patients and the latter presents technical difficulties, especially during pacing.

group of patients studied, that is, those with coronary artery disease, and only over a pacing range not inducing ischemia. Although we found no evidence of ischemia, pressure-volume relations, and that this extension in-
severe abnormalities in the contraction pattern or an creases with tachycardia. Because relaxation can be severe abnormalities in the contraction pattern or an creases with tachycardia. Because relaxation can be elevation in ventricular end-diastolic pressure, findings affected independently from contractility^{32,33} and exelevation in ventricular end-diastolic pressure, findings affected independently from contractility^{32,33} and ex-
that suggest that this group could be akin to a normal tends to a large part of diastole, more work is requ that suggest that this group could be akin to a normal tends to a large part of diastole, more work is required
group, such an extrapolation of our results is unwar-
to understand its pathophysiologic consequences on group, such an extrapolation of our results is unwarranted. diastole and overall hemodynamics.

Implications: The foregoing results apply only to the Our results confirm in human subjects the findings oup of patients studied, that is, those with coronary of previous experimental work in dogs that ventricular relaxation extends into the filling phase, affecting pressure-volume relations, and that this extension in-

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