# Transient Down-Regulation of Androgen Receptor Messenger Ribonucleic Acid (mRNA) Expression in Sertoli Cells by Follicle-Stimulating Hormone Is Followed by Up-Regulation of Androgen Receptor mRNA and Protein\*

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#### ABSTRACT

Cooperative actions of FSH and androgens on initiation, maintenance, and restoration of spermatogenesis have been described. In the present experiments the regulatory effects of FSH on androgen receptor (AR) gene expression in Sertoli cells were studied.

In immature rats injection of FSH (1  $\mu g/g$  BW, ip) resulted in a rapid down-regulation of testicular AR mRNA expression (4 h), followed by recovery to the control level (10 h). Using cultured immature Sertoli cells, a similar transient effect on AR mRNA expression was observed after the addition of FSH (500 ng/ml) or (Bu)<sub>2</sub>cAMP (0.5 mM). Cycloheximide treatment of the cells did not prevent the rapid FSH-induced down-regulation of AR mRNA expression, indicating that *de novo* protein synthesis is not required for this effect. Further-

**F**SH, AN important hormonal regulator of spermatogenesis, exerts its effects on germ cell development through regulation of Sertoli cell activities (1-3). The addition of FSH to cultured Sertoli cells from immature rats results in various changes in the synthesis and secretion of a number of proteins (4). In FSH action, the cAMP signal transduction pathway plays a central role. The ability of FSH to induce changes in intracellular calcium levels, however, has also been documented (5–8). The available information indicates that the involvement of the phosphatidylinositol pathway in FSH action is not very pronounced (9, 10).

Testosterone, the other major hormonal regulator of spermatogenesis, is produced by Leydig cells and exerts actions on peritubular myoid cells and Sertoli cells (11). Germ cells do not express the androgen receptor (AR) (12, 13). It is likely, therefore, that the effects of testosterone on spermatogenesis are mediated by peritubular myoid cells and Sertoli cells. more, using a transcriptional run-on assay, no marked decrease in the rate of AR gene transcription was found upon treatment of the cultured Sertoli cells with FSH for 2 or 4 h. This demonstrates that the short term effect of FSH on AR mRNA expression reflects a change in mRNA stability. The AR protein level was not markedly affected by the transient decrease in AR mRNA expression.

When immature Sertoli cells were incubated with FSH for longer time periods (24-72 h), both AR mRNA and protein expression were increased. In Sertoli cells isolated from 15-day-old rats, this increase was higher (mRNA, 2- to 3-fold; protein, 2-fold) than in Sertoli cells isolated from 25-day-old animals.

The results indicate that FSH plays a complex role in the regulation of AR expression in immature rat Sertoli cells. (*Endocrinology* **131**: 1343–1349, 1992)

The AR is an intracellular protein, which, upon androgen binding, is transformed to a DNA-binding form (14). This transformed receptor can regulate the expression of androgen-dependent genes (15, 16).

Substitution of either FSH or testosterone to hypophysectomized rats can maintain spermatogenesis qualitatively, at approximately 70% of the normal level. Only when both hormones are administered together can quantitatively normal spermatogenesis be maintained (17). From these and many other experiments (1, 18–20), it has become clear that the actions of FSH and testosterone on spermatogenesis show a cooperative effect.

In long term stimulation experiments of cultured Sertoli cells from immature rats in the presence of FSH (3 days), the amounts of androgen receptor mRNA and protein were elevated (21–23). In the present study the effects of FSH on expression of the AR gene were examined in more detail, with an emphasis on short term effects. Experiments were conducted using intact immature rats and cultured Sertoli cells isolated from these animals. Northern blotting, nuclear run-on transcription experiments, and specific ligand binding assays were performed to analyze AR gene expression.

# **Materials and Methods**

# Isolation of Sertoli cells

Sertoli cells from 15-, 21-, or 25-day-old rats were isolated using a method described by Themmen *et al.* (24). The resulting cell population

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was allowed to attach, at a density of  $10^6$  cells/cm<sup>2</sup>, in either 24-well plates (for estimation of [<sup>3</sup>H]R1881 binding) or 75-cm<sup>2</sup> culture flasks (for RNA extraction), for 2 days. The culture conditions were Eagle's Minimum Essential Medium supplemented with antibiotics and nonessential amino acids (MEM) at 37 C in air containing 5% CO<sub>2</sub> in the presence of 1% fetal calf serum. Subsequently, the cells were subjected to a hypotonic shock (10% MEM in H<sub>2</sub>O for 2 min) to remove remaining germ cells (25, 26). The cells were allowed to recover for 24 h in MEM containing 0.1% (wt/vol) BSA. The cells were then cultured, in the presence or absence of hormones, in MEM containing 0.1% BSA. The experiments were repeated four or five times using different cell preparations. Within one experiment all incubations were terminated at the same time (control and hormone-treated). The hormone treatment protocols are described in *Results*.

Alkaline phosphatase staining was used to evaluate the purity of the cell preparations (27). When 15-day-old rats were used, 0.5% contamination with peritubular myoid cells was observed; when 21- or 25-day-old rats were used, the contamination was less than 0.1% (during and at the end of the incubations).

The ligand binding assay (22) and the RNA extraction and hybridization (28) were carried out as described by Blok *et al.* 

Analysis of variance and Tukey's test were used to determine significant differences (P < 0.01). Data are expressed as the mean  $\pm$  sp.

#### Nuclear mRNA elongation (run-on)

Nuclei were isolated from immature Sertoli cells that had been cultured in the presence of FSH (500 ng/ml) for 0, 2, or 4 h. The whole procedure was carried out at 4 C. The incubation was terminated by placing the culture flasks on ice. The cells were washed twice with PBS and once with Tris buffer (10 mM Tris, 10 mM NaCl, and 3 mM MgCl2, pH 7.4). Subsequently, the cells were incubated in lysis buffer [0.5% (vol/vol) Nonidet P-40 (BDH Chemicals Ltd., Poole, England), 10 mм Tris, 10 mm NaCl, and 3 mm MgCl<sub>2</sub>, pH 7.4] for 20 min. The cells were detached from the plastic by dynamic shaking. The nuclei and remaining whole cells were centrifuged (500  $\times$  g; 5 min), and the pellet was washed in lysis buffer. The pellet was resuspended in 5 ml sucrose buffer A [0.32 м sucrose (BDH), 3 mм CaCl<sub>2</sub>, 2 mм Mg acetate, 0.1 mм EDTA, 10 mM Tris, and 5 mM dithiothreitol (Sigma, St. Louis, MO), pH 8.0] containing 0.1% Triton X-100 (BDH) to lyse the remaining cell membranes. Different protease inhibitors [0.6 mm bacitracin (Janssen Chimica, Beerse, Belgium) and 0.6 mm phenylmethylsulfonylfluoride] were added. The suspension was kept on ice for 5 min and homogenized by 30 strokes with a Dounce homogenizer (pestle type B, Wheaton Scientific, Millville, NJ). The resulting homogenate was mixed with 11 ml sucrose buffer B [2.05 м sucrose (BDH), 5.0 mм Mg acetate, 0.1 mм EDTA, and 10 mm Tris, pH 8.0]. The mixture, with a final sucrose concentration of approximately 1.4 м, was applied to a 4-ml cushion of sucrose buffer B and centrifuged using a Beckman SW 40 Ti rotor (Beckman, Geneva, Switzerland; 48.000 × g; 45 min; 0 C). This method, using nonionic detergents to lyse the cells and sucrose gradient centrifugation to recover the nuclei, resulted in a very clean nuclear pellet which could be used in the run-on assay. The nuclei were resuspended in 100 µl storage buffer (25% glycerol, 5 mM Mg acetate, 0.1 mM EDTA, 50 mm Tris, and 5 mm dithiothreitol, pH 8.0), frozen in liquid nitrogen, and stored at -70 C.

Nuclear elongation was performed essentially as described by Marzluff and Huang (29) and Ausubel et al. (30). In short, 25 × 106 nuclei were incubated with ATP, CTP, UTP, and  $[\alpha^{-32}P]$ GTP (3000 Ci/mmol; Amersham, Aylesbury, Buckinghamshire, United Kingdom). Sephadex G-50 columns were used to separate labeled pre-mRNA from unincorporated NTPs. Labeled RNA (3 × 10<sup>6</sup> cpm) was added to 2 ml hybridization mixture. Plasmid DNA was bound to Biotrans nylon blotting filter (ICN Biomedicals, Inc., Irvine, CA) using a dot blot apparatus (Schleicher and Schuell, Dassel, Germany; 10 µg plasmid DNA/dot). The plasmids used were pTZ (pTZig, Pharmacia LKB Biotechnology, Uppsala, Sweden) as a control for background hybridization, pTZ-AR-910 (31) and pTZ-0.3A (32) human AR cDNA, pRK-FSHR-NH2 and pRK-FSHR-COOH rat FSH receptor cDNA (33), a7/pUC18 rat inhibin cDNA (28), and pUC9-Act hamster actin cDNA. The hybridization was allowed to proceed for 65 h at 55 C. The blots were washed at 55 C using 1 × SSC (150 mм NaCL and 15 mм Na-citrate) for 15 min in case of pTZ, AR,

and FSH receptor run-on assays. Inhibin and actin run-on hybridizations were washed with  $0.2 \times SSC$  containing 0.25% (wt/vol) sodium dodecyl sulfate for 45 min at 55 C. Blots were sealed in plastic and autoradiographed. The run-on experiments were repeated three times, using three different Sertoli cell isolations.

## Experimental animals

Wistar rats (substrain R-1 Amsterdam) were housed, six per cage, in a controlled environment with a light cycle of 12 h of light and 12 h of darkness and received rat diet *ad libitum*. Ten animals were injected ip with FSH [1  $\mu$ g ovine FSH (FSH-S16)/g BW] dissolved in 0.9% (wt/vol) NaCl containing 0.1% (wt/vol) BSA (fraction V; Sigma). Four control animals received only 0.9% (wt/vol) NaCl containing 0.1% BSA. The animals were killed 2–10 h later for testicular RNA isolation. Other untreated animals were killed for Sertoli cell isolation.

All animal experimentation described in this manuscript was conducted in accord with the highest standards of human animal care, as outlined in Guidelines for the Care and Use of Experimental Animals.

#### Results

## Short term effects of FSH

Intact immature rats (21-day-old) were injected with FSH (1  $\mu$ g ovine FSH-S16/g BW, ip) and killed 0, 2, 4, 6, 8, and 10 h after injection to analyze the amount of AR mRNA present in the testis (Fig. 1). Within 4 h after the injection of FSH, the amount of androgen receptor mRNA in the testis was decreased to a very low level (10 ± 6% of the control; mean ± sD of three animals). At later time points after FSH injection, the amount of AR mRNA returned to approximately the control level (Fig. 1). All Northern blots were hybridized to a hamster actin cDNA probe to verify the amount of total mRNA that was applied to the lanes on the gel.

ARs in the testis are located in different somatic cell types, including Sertoli cells. To investigate the effect of FSH on purified Sertoli cells, these cells were isolated from 21-day-



FIG. 1. Effect of FSH on testicular AR mRNA expression. The 21day-old rats were injected (ip) with 1  $\mu$ g ovine FSH S16/g BW and killed 2, 4, 6, 8, or 10 h later. Con, Control (saline injected and killed 4 h later). For Northern analysis, 20  $\mu$ g total RNA, isolated from total testis, were applied per lane and analyzed using a human AR cDNA probe and a hamster actin cDNA probe. Actin was used to verify the amounts of mRNA that were applied per lane on the gel.

old rats and cultured in the presence of 500 ng/ml ovine FSH S16, which is known to be a maximally stimulating dose (34). It was observed that during the first 5 h after FSH administration, the level of AR mRNA decreased to a barely detectable value ( $15 \pm 4\%$  of the control; mean  $\pm$  sD of five experiments; Fig. 2). This low level was rapidly restored to the control level between 5–8 h of culture in the continuous presence of FSH (Fig. 2). Similar results were obtained using Sertoli cells isolated from 15- and 25-day-old rats (not shown).

A dose-response curve was produced for FSH-induced AR mRNA down-regulation (Fig. 3). The ED<sub>50</sub> was approximately 10 ng/ml. For comparison, the ED<sub>50</sub> values for several other nonrelated effects of FSH on cultured Sertoli cells, including stimulation of cAMP production, *c*-*fos* expression, glycolysis, and inhibin  $\alpha$ -subunit expression (34–36), were approximately the same.

The cAMP transduction pathway plays an important role in FSH action. Therefore, immature Sertoli cells were also cultured in the presence of (Bu)<sub>2</sub>cAMP (dbcAMP) or forskolin. It was found that both dbcAMP (Fig. 4) and forskolin (not shown) mimicked the effect of FSH.

The incorporation of L-[1-<sup>14</sup>C]leucine in cultured Sertoli cells treated with cycloheximide (50  $\mu$ g/ml) was reduced by 98% within 30 min. As shown in Fig. 5, this cycloheximide treatment stimulated the level of AR mRNA 1.7 ± 0.4-fold (mean ± sp of four experiments). When FSH was added to the cell cultures for 4 h, starting 30 min after cycloheximide administration, the amount of AR mRNA was decreased. The magnitude of this decrease was comparable to that of the decrease after FSH treatment without cycloheximide (0.7 U on the y-axis; Fig. 5). It can be concluded that *de novo* 



FIG. 2. Effect of FSH on AR mRNA expression in cultured Sertoli cells. Sertoli cells from 21-day-old rats were cultured for 1, 2, 3, 4, 5, 6, 7, and 8 h in the presence of ovine FSH S16 (500 ng/ml). Con, Control. For Northern analysis, 20  $\mu$ g total RNA were applied per lane and analyzed using a human AR cDNA probe. The different lanes were scanned, and the amount of AR mRNA was determined relative to that in the control lane (1.00). The experiment was repeated five times (the *bars* represent the mean ± SD, whereas the autoradiograph is a representative sample from a single experiment). \*, Significantly different from the control (P < 0.01).



FIG. 3. FSH dose-response curve for FSH-regulated AR mRNA expression. Sertoli cells from 21-day-old rats were cultured for 4 h in the presence of 0.05, 0.1, 0.5, 1, 5, 10, 50, 100, and 500 ng/ml ovine FSH S16. Con, Control. For Northern analysis, 20  $\mu$ g total RNA were applied per lane and analyzed using a human AR cDNA probe. The different lanes were scanned, and the amount of AR mRNA was determined relative to that in the control lane (1.00).



FIG. 4. Effect of dbcAMP on AR mRNA expression in cultured Sertoli cells. Sertoli cells from 21-day-old rats were cultured for 1, 2, 3, 4, 5, 6, 7, and 8 h in the presence of dbcAMP (0.5 mM). Con, Control. For Northern analysis, 20  $\mu$ g total RNA were applied per lane and analyzed using a human AR cDNA probe. The different lanes were scanned, and the amount of AR mRNA was determined relative to that in the control lane (1.00). The experiment was repeated four times (the *bars* represent the mean  $\pm$  SD, whereas the autoradiograph is a representative sample from a single experiment). \*, Significantly different from the control (P < 0.01).

protein synthesis is not needed for FSH-induced downregulation of AR mRNA.

Down-regulation of mRNA expression, in general, can result from a lowered transcription rate and/or decreased mRNA stability. To study AR gene transcription, nuclear RNA elongation experiments (run-on analysis) were performed. Double stranded probes, used to capture the labeled mRNA, can also detect antisense mRNAs. The presence of



FIG. 5. FSH regulation of AR mRNA expression in the presence of cycloheximide. Sertoli cells from 21-day-old rats were cultured for 4 h in the presence of cycloheximide (50  $\mu$ g/ml) and or ovine FSH S16 (500 ng/ml). Con, Control; CX, treated for 4.5 h with cycloheximide; FSH, treated for 4 h with FSH; F + CX, 30 min after cycloheximide addition, FSH was added to the cells for 4 h. For Northern analysis, 20  $\mu$ g total RNA were applied per lane and analyzed using a human AR cDNA probe. The different lanes were scanned, and the amount of AR mRNA was determined relative to that in the control lane (1.00). The experiment was repeated four times (the bars represent the mean  $\pm$  SD, whereas the autoradiograph is a representative sample from a single experiment). \*, Significantly different from the control (P < 0.01). \*\*, Significantly different from cycloheximide-treated groups (P < 0.01).

antisense transcripts, however, is not likely, because only one distinct 10-kilobase (kb) AR mRNA transcript was detected in cultured Sertoli cells and testicular tissue. Recently, Faber *et al.* (32) gave a detailed characterization of possible AR gene transcripts. Using several probes that were located at different parts of the cDNA, they found 10- and 7-kb transcripts. The 7-kb transcript represents an alternative splice product that is not found in testicular cells and was detected using a 0.5-kb *Eco*RI/*Eco*RI human AR cDNA probe. In the present experiments the same probe was used. A 4kb AR gene transcript has been described, but this appeared to be a breakdown product from the 10-kb AR mRNA (28).

Using a nuclear run-on assay, no marked change in the transcription rate of the AR gene was observed after incubation of Sertoli cells for 2–4 h in the presence of FSH (Fig. 6). Klaij *et al.* (37) showed that stimulation of expression of inhibin  $\alpha$ -subunit mRNA by FSH in Sertoli cells takes place within 2 h. This effect is thought to involve a direct effect of



FIG. 6. Quantitation of the initiation of AR gene transcription in cultured Sertoli cells. Sertoli cells isolated from 21-day-old rats were cultured in the presence of ovine FSH S16 (500 ng/ml) for 2 or 4 h. Nuclei were isolated, and transcriptional run-on experiments were performed, as described in *Materials and Methods*. Con, Control; FSH-R, FSH receptor; Inh $\alpha$ , inhibin  $\alpha$ -subunit; Act, actin. pTZ was used as a control for background hybridization. The experiment was repeated three times with essentially the same results. The autoradiograph shows the results from one experiment.

FSH on gene transcription (37); the promoter region contains a cAMP response element (38). In the present run-on experiments, inhibin  $\alpha$ -subunit gene transcription was elevated by FSH within 2 h (Fig. 6). This represents a positive control. No induction or suppression of actin gene transcription was observed (Fig. 6).

The amount of AR present in Sertoli cells was measured by specific ligand ([<sup>3</sup>H]R1881) binding assay. It was observed that the pronounced down-regulation of AR mRNA did not result in a marked decrease in AR protein (Fig. 7).

# Long term effects of FSH

The short term effects described herein are seemingly in contradiction to a stimulatory effect of FSH on AR expression in cultured Sertoli cells, described previously (21–23). These previous observations, however, concern long term experiments. In the present series of experiments we incubated Sertoli cells with FSH for longer time periods (24–72 h). At the end of these incubations, a net increase in the AR mRNA level was observed (Fig. 8). This long term effect of FSH on AR mRNA expression in Sertoli cells was more pronounced in Sertoli cells from 15-day-old rats than in those from 25-day-old rats.

Measurement of the total binding of [<sup>3</sup>H]R1881 to Sertoli cells from 15-day-old rats incubated for 24–72 h with FSH



FIG. 7. Short term effect of FSH on [<sup>3</sup>H]R1881 binding to Sertoli cells. The cells were isolated from 21-day-old rats and cultured in the presence of ovine FSH S16 (500 ng/ml) for 4, 6, and 8 h. Con, Control. The experiment was repeated four times (the *bars* represent the mean  $\pm$  sp). \*, Significantly different from the control (P < 0.01).



FIG. 8. Long term effect of FSH on AR mRNA expression. Sertoli cells from 15-day-old (A) and 25-day-old (B) rats were cultured for 24 and 72 h in the presence of ovine FSH S16 (500 ng/ml). Con, Control. For Northern analysis, 20  $\mu$ g total RNA were applied per lane and analyzed using a human AR cDNA probe. The different lanes were scanned, and the amount of AR mRNA was determined relative to that in the control lane (1.00). The experiment was repeated four times (the bars represent the mean  $\pm$  SD, and the autoradiograph shows the results from one experiment). \*, Significantly different from the control (P < 0.01).

revealed FSH-induced up-regulation of ligand binding (1.8  $\pm$  0.2-fold; mean  $\pm$  sp of four experiments), which was much less pronounced using Sertoli cells from 25-day-old rats (Fig. 9).



FIG. 9. Long term effect of FSH on [<sup>3</sup>H]R1881 binding to Sertoli cells. The cells were isolated from 15-day-old ( $\square$ ) and 25-day-old ( $\square$ ) rats and cultured in the presence of ovine FSH S16 (500 ng/ml) for 24 and 72 h. Con, Control. The experiment was repeated four times (the bars represent the mean  $\pm$  SD). \*, Significantly different from the control (P < 0.01).

Addition of testosterone, either alone or with FSH, to the cultures did not significantly change the level of AR mRNA expression (not shown). However, the binding of  $[^{3}H]R1881$  to cells incubated with testosterone was increased  $3.2 \pm 0.6$ -fold (mean  $\pm$  sD of three experiments; not shown). Furthermore, when FSH was added with testosterone to the Sertoli cell cultures,  $[^{3}H]R1881$  binding was increased  $4.1 \pm 0.7$ -fold (mean  $\pm$  sD of three experiments; not shown).

# Discussion

# Short term effects of FSH

FSH administration (ip) to immature rats resulted in a rapid, but transient, decrease in AR mRNA expression in the testis. Apparently, the circulating FSH level is not a maximally stimulating dose (39). When highly purified immature Sertoli cells were used, a similar effect of FSH on AR mRNA expression was observed. In both situations, *in vivo* and *in vitro*, the amount of AR mRNA was decreased to a very low level within 4–6 h and then returned to the control level within several hours. The circulating FSH levels *in vivo* were not measured, but it can be assumed that these levels are very high shortly after FSH injection, but will return to the normal physiological range 10 h after FSH injection. To further investigate AR mRNA expression in the continuous presence of a defined dose of FSH, highly purified cultured Sertoli cells from immature rats were used.

The effect of FSH on cultured immature Sertoli cells involves rapid stimulation of the cellular cAMP level, followed by a decrease within a few hours. This decrease is caused by a desensitization process that involves receptor internalisation (24, 40), loss of adenylate cyclase activity (41), and increased phosphodiesterase activity (42, 43). In concordance with this, the effects of dbcAMP on Sertoli cells are usually much more persistent then the effects of FSH. This was also described for FSH-induced down-regulation of FSH receptor mRNA levels in cultured immature Sertoli cells (24), showing a transient effect of FSH, but a prolonged effect of dbcAMP. In the present experiments, however, the short term effect of dbcAMP on AR mRNA expression also was transient and virtually equivalent to the effect produced by FSH. This transient effect of dbcAMP is difficult to explain. Possibly, it involves activation of a second messenger system other than cAMP (*e.g.* a calcium-mediated response) (44).

The addition of cycloheximide to block protein synthesis resulted in increased AR mRNA expression in cultured Sertoli cells. Stabilization of distinct mRNAs is not an uncommon event after cycloheximide treatment, and several explanations have been suggested (45-47). FSH-induced downregulation of AR mRNA expression did occur in the presence of cycloheximide. This indicates that *de novo* protein synthesis is not required for this FSH effect. FSH action may result in activation or deactivation of preexisting proteins that are involved in the regulation of AR mRNA expression.

The results of the run-on experiments indicate that FSHinduced down-regulation of AR mRNA expression in Sertoli cells cannot be accounted for by a lower rate of gene transcription. It is possible that the stability of the AR mRNA is decreased upon FSH stimulation. Secondary structures in the untranslated regions of mRNAs may serve as binding sites for proteins that are involved in mRNA stability regulation (48). In future experiments we will study whether the large 5'- and 3'-untranslated regions of AR mRNA may play a role in the regulation of its stability.

The amount of AR protein in cultured Sertoli cells, measured using a [<sup>3</sup>H]R1881 binding assay, did not follow the short term FSH-induced diminution of AR mRNA expression. This can be explained when the half-life of the mRNA is much shorter than the half-life of the protein. Under FSHinduced down-regulation conditions, the AR mRNA showed a calculated half-life of approximately 1 h, while the reported half-life for an unoccupied AR in the ductus deferens smooth muscle tumor cell line DDT<sub>1</sub>MF-2 is 3.1 h (49)

# Long term effects of FSH

In Sertoli cells from 15-day-old rats, incubated for 3 days with FSH, AR mRNA expression was 2- to 3-fold increased. Using Sertoli cells from 25-day-old rats, only a small increase (<1.5-fold) in AR mRNA expression was observed.

The effect of age can be explained. Steinberger *et al.* (50) found that the amount of cAMP produced by cultured Sertoli cells upon FSH stimulation decreased with the age of the animals used for cell isolation. In their 4-day cultures of Sertoli cells isolated from 18-day-old rats, the FSH-induced cAMP production was 8-fold higher than that in 4-day cultures of Sertoli cells from 24-day-old rats.

The AR protein concentration ([<sup>3</sup>H]R1881 binding) closely followed the FSH-induced long term changes in AR mRNA expression. This indicates that the long term action of FSH is mainly on AR mRNA expression, rather than on mRNA translation and/or receptor stability. The sensitivity of the nuclear run-on assay is not sufficient to detect the long term, relatively small changes in transcription rate. Therefore, AR promoter constructs (51), cloned in front of a reporter gene, are presently used by us to study whether FSH regulates AR gene transcription.

Incubation of Sertoli cells in the presence of testosterone demonstrated a marked posttranscriptional effect of testosterone on AR protein expression (specific ligand binding was increased 3-fold by testosterone, without an effect on AR mRNA expression). This observation is in agreement with our previous results using Sertoli cells (22) and results from Syms *et al.* (49), who reported increased stability of the AR when occupied with ligand in the ductus deferent smooth muscle tumor cell line DDT<sub>1</sub>MF-2.

In conclusion, marked effects of FSH on the regulation of AR expression in Sertoli cells were observed. Short term transient FSH-induced down-regulation of AR mRNA expression takes place *in vivo* as well as *in vitro*. However, this down-regulation *in vitro*, in cultured Sertoli cells, did not result in a short term decrease in androgen binding to the cells. Long term stimulation of cultured Sertoli cells with FSH resulted in elevated levels of both AR mRNA and protein. It is suggested that FSH plays an important role in regulating the AR concentration in Sertoli cells in the testis of immature rats.

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