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# Dispersion Effects of High-Order-Mode Fiber on Temperature and Axial Strain Discrimination

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**Abstract:** A new approach utilizing effects of dispersion in the high-order-mode fibers (HOMFs) to effectively discriminate changes in environmental temperature and axial strain is proposed and experimentally demonstrated. Experimental characterization of a HOMF-based fiber modal interferometer with a sandwich fiber structure exhibits excellent agreements with numerical simulation results. A Fourier transform method of interferometry in the spatial frequency domain is adopted to distinguish mode coupling between different core-guided modes. Distinct phase sensitivities of multiple dispersion peaks are extracted by employing a novel phase demodulation scheme to realize dual-parameter sensing.

Keywords: Optical fiber sensor, temperature and strain discrimination, dispersion

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## 1. Introduction

In-situ monitoring of temperature and strain is of great importance for many applications such as biomedical engineering, non-destructive evaluation of civil infrastructure, and environmental monitoring including earthquake and volcano surveillance. A wide variety of optical fiber based sensing techniques have been proposed to meet the requirement of simultaneous measurement of these two important parameters owing to their unique advantages such as immunity to electromagnetic interference, compact size, potential low cost, and the possibility of distributed measurement over a long distance [1-14]. Recently, high-order-mode fibers (HOMFs) have been widely investigated in many applications, such as dispersion compensation, dispersion control of slow-light propagation, generation of Brillouin dynamic gratings, and transverse mode switchable fiber lasers [15-18]. One of the most significant properties of HOMFs is several higher-order core-guided modes are deliberately introduced which exhibit strong chromatic dispersion, thus characterization of HOMFs is vital to greatly facilitate the design of complex fiber geometry and enhance performance of HOMF-based devices. Various dispersion

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measurement techniques for HOMFs have been core structure consists of four distinct layers where developed, including the white-light interferometric the central layer is further divided into three modulated

continuous-wave interferometry [20]. phasesensitive optical low coherence reflectometry [21], and time-of-flight method [22]. In this paper, a HOMF-based fiber modal interferometer supporting three dominant modes is achieved with distinct chromatic dispersion of each guided mode and intermodal dispersion. Compared to conventional multimode interference structures (SMF-multimode-SMF structures, taper or lateral-offset in fiber Mach-Zehnder interferometers [23-35]) with a great amount of high-order optical modes, the proposed HOMF modal interferometer supports only a few steady core-guided modes which only need to be calibrated once for sensing response which is essential for practical applications. Thus the HOMF-based sensor here could be deployed for highly accurate discrimination based on the precise dispersion measurement and analysis on intermodal coupling with a novel phase demodulation scheme. It also exhibits distinct temperature and axial strain responses due to the unique wavelength dependent waveguide properties, provides high sensitivities to changes in environmental variables, and possesses a be utilized in multi-parameter potential to measurement scenarios.

optical frequency

## 2. Operation principles

technique [19],

Figure 1 presents a refractive index profile of a custom designed HOMF measured by an optical fiber analyzer (NR-9200, EXFO) based on the refracted near-field technique. Scanning electron microscopy (SEM) images of the symmetrical transversal cross-section of the HOMF are shown in the inset of Fig.1. The HOMF is etched with 5% hydrofluoric acid solution for 5 minutes to enhance contrast and visibility of the SEM images because of different etch rates of fiber regions with varied dopant concentrations. The cladding region consists of pure silica with an index of refraction measured to be 1.4560±0.0001 at 670 nm. The complex fiber

subsections. The unique refractive index profile of the HOMF is capable of supporting multiple core modes with tailored dispersion properties. Two single-mode fibers (SMF-28, Corning) are fusion spliced on both sides of the HOMF to form a SMF-HOMF-SMF structure. When a fundamental Gaussian mode is incident from the input SMF to the sandwiched HOMF, a few guided core modes will be excited due to mode field mismatch. Provided that the SMF and the HOMF are perfectly aligned, only circularly symmetric modes are preferably supported in the HOMF due to the circular symmetry of the input optical mode field in the SMF. Interference between these modes shows a sensitive output spectral response of the HOMF modal interferometer to the influences of environmental parameters such as temperature and strain.



Fig. 1 A calibrated refractive index profile of the HOMF at 670 nm (two curves correspond to scans along two orthogonal axes of its symmetrical transversal cross-section, respectively; inset: SEM images of the etched HOMF over the whole cross-sectional area and the central core region).

Modal analysis in the HOMF is achieved by employing the COMSOL multiphysics finite element analysis software to numerically simulate the effective indices of the multiple core modes as a function of the wavelength, from which intermodal dispersion and chromatic dispersion properties can be derived. The simulated mode field patterns of the  $LP_{SMF}$  mode of the SMF as well as the *m*th order  $LP_{0m}$  modes (m = 1, 2, 3) of the HOMF at 1550nm

(1)

 $\eta = \frac{\left| \iint E_{\rm SMF}(x, y) E_{0m}^{*}(x, y) dx dy \right|^{2}}{\iint E_{\rm SMF} E_{\rm SMF}^{*} dx dy \iint E_{0m} E_{0m}^{*} dx dy}$ 

are shown in the insets of Figs. 2(a) and 2(b). The vector overlap integrals of the two mode fields are performed using the equation [36]:



Fig. 2 Wavelength dependent effective refractive indices of (a) the  $LP_{01}$  and  $LP_{02}$  modes, (b) the  $LP_{03}$  and LPSMF modes; difference in the propagation constant as a function of the wavelength between the  $LP_{01}$  mode and (c) the  $LP_{02}$  mode, (d) the  $LP_{03}$  mode (insets of (a) and (b) show the mode field patterns of the  $LP_{01}$  and  $LP_{02}$  modes, and the  $LP_{03}$  and LPSMF modes, respectively); (e) transmission spectrum of the 1-meter HOMF modal interferometer with three-mode coupling; (f) the coupling coefficients of  $LP_{01}$ ,  $LP_{02}$ , and  $LP_{03}$  at wavelengths ranging from 1.3 µm to1.7 µm, respectively.

where  $E_{\text{SMF}}$  and  $E_{0m}$  are the complex electric fields of the fundamental mode in the SMF and individual excited core modes in the HOMF, respectively. Coupling efficiencies between the LP<sub>SMF</sub> mode and the  $LP_{01}$ ,  $LP_{02}$ , and  $LP_{03}$  modes are calculated at different wavelengths in the range of 1.3 µm - $1.7 \,\mu\text{m}$  as shown in Fig. 2(f). It is found that the coupling coefficients for the three core modes maintain quite stable values over the given range with less than 3% fluctuations, and typical values at 1550nm are 71.2%, 26.6%, and 1.2%, respectively. Strong coupling between the dominant LP<sub>01</sub> mode and the LP<sub>02</sub> and LP<sub>03</sub> modes exists over a wide range of the wavelength considering their large field overlaps. Since the first three excited core modes in the HOMF account for 99.0% of the incident light energy, coupling between the LP<sub>01</sub> mode and higher-order core modes (m > 3) as well as the LP<sub>02</sub>-LP<sub>03</sub> mode coupling could be negligible.

The wavelength dependent effective indices of the first three core modes in the HOMF are shown in Figs. 2(a) and 2(b). The negative slopes of these three curves follow the same trend of change in the wavelength dependent effective index of the fundamental mode in the SMF as shown in Fig. 2(b). The difference in the propagation constant between two coupling modes is given by

$$\Delta \beta_{ij} = \beta_i - \beta_j = k[n_i(\lambda) - n_j(\lambda)] = k \Delta n_{ij}(\lambda)$$
  
(*i*, *j* = 1,2 or 1,3 or 2,3) (2)

where  $k = 2\pi/\lambda$  is the wavenumber,  $n_{i(j)}(\lambda)$  and  $\Delta n_{ij}(\lambda)$ are the wavelength dependent modal effective indices of the three core modes and their effective index difference, respectively. The intensity in the interference pattern can be written as a form of three-mode coupling:

$$I = I_{1} + I_{2} + I_{3} + 2\sqrt{I_{1}I_{2}}\cos(\Delta\Phi_{12}(\lambda)) + 2\sqrt{I_{1}I_{3}}\cos(\Delta\Phi_{13}(\lambda)) + 2\sqrt{I_{2}I_{3}}\cos(\Delta\Phi_{23}(\lambda))$$
(3)

where  $I_1$ ,  $I_2$ , and  $I_3$  are the respective intensities of the first-order, the second-order, and third-order core modes, and  $\Delta \Phi_{ij}(\lambda)$  is the phase difference between the three core modes with an expression of  $\Delta \Phi_{ij}(\lambda) =$   $\Delta \beta_{ii}L$ , where L is the length of the HOMF. An approximation is made by neglecting the third interfering term in (3) due to small values of  $I_2$  and  $I_3$  compared with  $I_1$ . Figure 2(c) shows the propagation constant difference between the LP<sub>01</sub> and the  $LP_{02}$  modes as a function of the wavelength, where a vertex orients upwards existing in the parabolic curve at around 1560nm that corresponds to a critical wavelength in the transmission spectrum induced by the LP<sub>01</sub>-LP<sub>02</sub> mode interference. Figure 2(d) shows the propagation constant difference between the  $LP_{01}$  and the  $LP_{03}$  modes as a function of the wavelength, where no turning point is found and only a monotonically declining curve is obtained within the same wavelength range from 1.3 µm to 1.7 µm. A normalized transmission spectrum of the three-mode coupling interferometer with a 1-meter HOMF can be calculated from (3) by applying a polynomial curve fitting to the data in Figs. 2(c) and 2(d), and the simulation result is shown in Fig. 2(e).

#### 3. Experimental results and discussion

Figure 3(a) shows a transmission spectrum of the 1-m HOMF modal interferometer obtained by launching light from a broadband light source to an optical spectrum analyzer (86142A, Agilent). Modal behaviors of the LP<sub>01</sub>-LP<sub>02</sub> modes allow a high-visibility interference pattern where the critical wavelength locates at 1559.4 nm that agrees well with the simulation result shown in Fig. 2(e). Furthermore, the inset of Fig. 3(a) shows that there exists a noticeable amplitude modulation in a low-contrast interference fringe due to the presence of the less intense LP<sub>01</sub>-LP<sub>03</sub> mode coupling. To further investigate HOMF dispersion characteristics, a power spectrum in the spatial frequency domain is obtained and shown in Fig. 3(b) by performing a Fourier transform on the transmission spectrum in the wavelength domain in Fig. 3(a). The spatial frequency is given by [26]

$$\xi_{2(3)}(\lambda) = 1/\Delta\lambda \approx n_{2(3)}(\lambda)L/\lambda_0^2 \tag{4}$$

where  $\Delta\lambda$  is the wavelength spacing between two neighboring peaks of the interference spectrum, and  $\lambda_0$  is the central peak wavelength around which a Taylor series is expanded. Figure 3(b) and its inset exhibit two separate clusters of multiple peaks that correspond to two classes of core mode coupling with significant chromatic dispersion effects within the recorded wavelength range from 1540 nm to 1580 nm. One dominant group of chromatic peaks ranges from  $0.2 \text{ nm}^{-1} - 3 \text{ nm}^{-1}$  that corresponds to the LP<sub>01</sub>-LP<sub>02</sub> mode coupling. The lower spatial frequency limit of  $0.2 \text{ nm}^{-1}$  is determined by the largest peak separation which is about 5 nm near the critical wavelength in the transmission spectrum. Spatial frequency peaks locating below  $0.2 \text{ nm}^{-1}$  correspond to the low frequency modulation in the spectral envelope due to the fluctuation of the laser output, low frequency vibration noises, and other external disturbances. The other group of chromatic peaks extends a spatial frequency range from  $6.5 \text{ nm}^{-1} - 9.5 \text{ nm}^{-1}$ , corresponding to the LP<sub>01</sub>-LP<sub>03</sub> mode coupling.



Fig. 3 1-meter HOMF modal interferometer: (a) transmission spectrum (inset: an enlargement around the critical wavelength of 1559.4 nm) and (b) power spectrum in the spatial frequency domain (inset: the group of peaks corresponding to the  $LP_{01}-LP_{03}$  mode coupling).

Another four HOMF modal interferometers with different HOMF lengths ranging from 75 cm to 10 cm are fabricated. Their respective transmission spectra are shown in Figs. 4(a), 4(b), and 4(c), and Fig. 4(d) shows the spatial frequencies of two clusters of multiple dispersion peaks in the corresponding power spectra in the spatial frequency domain as a function of the HOMF length. It is indicated that a longer interferometer (HOMF) length may cover a wider range of higher spatial frequencies of multiple dispersion peaks. Provided that more dispersion information is available, higher response to multiple measurands could be potentially obtained and utilized to reduce the effects of cross-talk. The fiber modal interferometer can discriminate axial strain and temperature effects in a more compact way as the length of the HOMF is further shortened down to 1 cm in the SMF-HOMF-SMF structure. Meanwhile, a shorter length of the HOMF creates less spatial modes, higher degree of material homogeneity and structural regularity which leads to a higher level of measurement accuracy.

Since the peak wavelength spacing is inversely proportional to the length of the HOMF, the amplitude modulation in the interference fringes of the 1-cm HOMF modal interferometer as shown in the bottom subplot of Fig. 5(a) is due to the  $LP_{01}$ - $LP_{03}$  mode coupling while the interference fringe envelope is caused by the  $LP_{01}$ - $LP_{02}$  mode coupling. The simulated transmission spectrum as actual shown in the top subplot of Fig. 5(a) provides mode transcripting fringes as well as a general envelope that closely analogous to the experimental one, verifying local the existence of three co-propagating core modes disc inside the HOMF. Figure 5(b) shows the power resonspectrum of the 1-cm HOMF modal interferometer of frinct the spatial frequency domain, where a dominant peak for the LP<sub>02</sub> mode locates at 0.0222 nm<sup>-1</sup>, and mode three other lower peaks for the LP<sub>03-i</sub> (i = 1, 2, 3)

three other lower peaks for the LP<sub>03-i</sub> (i = 1, 2, 3) locate at 0.0444 nm<sup>-1</sup>, 0.0888 nm<sup>-1</sup>, and 0.1222 nm<sup>-1</sup>, respectively, corresponding to wavelength dependent effective indices of the LP<sub>01</sub>-LP<sub>03</sub> mode coupling. The spatial frequency range from 0.0444 nm<sup>-1</sup> to 0.1222 nm<sup>-1</sup> corresponds to a range of 8 nm to 22.5 nm in the wavelength spacing. The actual maximum wavelength spacing in the experimental transmission spectrum as shown in Fig. 5(a) is 17 nm that is obtained from the two wavelength peaks located at around 1570 nm and 1587 nm. This discrepancy is generated as a result of the limited resolution in the spatial frequency domain because of the insufficient data points to calculate the Fourier transform. Compared with the 1-m HOMF modal interferometer, less dispersion information is carried in the 1-cm one even for a larger wavelength span since the spatial frequency is proportional to the HOMF length. Figures 5(c) and 5(d) show a series of phase spectra in the spatial frequency domain at different temperatures and strains where the normalized phase between 0 and  $2\pi$  are obtained from Fourier transformed data at each spatial frequency, respectively.



Fig. 4 Transmission spectra of the HOMF modal interferometer with a HOMF length of (a) 50 cm, (b) 25 cm, and (c) 10 cm, respectively; (d) dependence of the spatial frequencies of two clusters of multiple dispersion peaks on the HOMF length.



Fig. 5 1-centimeter HOMF modal interferometer: (a) top: simulated transmission spectrum; bottom: experimental transmission spectrum; (b) experimental power spectrum in the spatial frequency domain; experimental phase spectra in the spatial frequency domain (c) at different temperatures and (d) at different axial strains.

The shift in the phase difference between the  $LP_{01}$  mode and the  $LP_{02}$  or  $LP_{03}$  mode at a particular spatial frequency can be expressed by  $\delta(\Delta \Phi_{T(\varepsilon)}) = -2\pi\xi\delta\lambda_{T(\varepsilon)}$  [37], where  $\delta\lambda_{T(\varepsilon)}$  is the temperature or axial strain induced peak wavelength shift in the interference spectrum between the  $LP_{01}$  mode and the  $LP_{02}$  or  $LP_{03}$  mode. In Fig. 5(b), the peak with the highest intensity corresponds to the  $LP_{01}$ -LP<sub>02</sub> mode coupling in a large spectral range, which may exhibit cross-talk on chromatic dispersion and poor linearity under changes in temperature and axial strain. Thus the group of three peaks originating from strong dispersion effects of the  $LP_{01}$ -LP<sub>03</sub> mode coupling is utilized for temperature and axial strain

discrimination because of their different responses in modal effective indices under equal external disturbance conditions. For the axial strain and temperature measurement with the 1-cm HOMF modal interferometer, the optical fiber is fixed on two linear motion stages with a translation accuracy of 1  $\mu$ m using epoxy glue and axially stretched at different temperatures controlled by an oven with the temperature accuracy of 0.1 °C. The temperature increases with a step of 10 °C from an initial temperature of 24 °C with a constant strain applied on the fiber to calibrate the temperature response, and an axial strain of 1600  $\mu$ e with a step of 200  $\mu$ e is applied on the fiber with a constant temperature of 24  $^{\circ}$ C to calibrate the axial strain response. It is noted that the phase shift is negatively proportional to the corresponding interference peak wavelength shift which is given by

$$\delta\lambda_{T(\varepsilon)} = \left(\frac{\delta L_{T(\varepsilon)}}{L} + \frac{\delta(\Delta n_{T(\varepsilon)})}{\Delta n_{T(\varepsilon)}}\right)\lambda \tag{5}$$

where  $\delta L_{T(\varepsilon)}$  and  $\delta(\Delta n_{T(\varepsilon)})$  are changes in the length of the HOMF and the difference in the modal effective indices. Both the fiber length and the difference in the modal effective indices will increase due to the thermo-elastic and thermo-optic effects with an increasing temperature. Therefore, the phase difference of the HOMF modal interferometer will always experience blueshift. When the axial strain is applied on the HOMF modal interferometer, the fiber will be stretched, and the difference in the modal effective indices is contributed by both the fiber geometry modification and the photo-elastic effect which makes the positive and negative signs of  $\delta(\Delta n_{\epsilon})$  both possible. Thus the phase difference will experience either blueshift or redshift, depending upon the relative magnitudes of  $\delta L_{\varepsilon}/L_{\varepsilon}$  and  $\delta(\Delta n_{\varepsilon})/\Delta n_{\varepsilon}$ . Figure 6 shows experimental results of temperature and axial strain dependences of the phase difference at different spatial frequencies corresponding to distinct chromatic dispersion of the LP<sub>01</sub>-LP<sub>03</sub> modes. As shown in Fig. 6(a), temperature coefficients of the  $LP_{03-1}$ ,  $LP_{03-2}$ , and LP<sub>03-3</sub> peaks are -0.0353±0.0007 rad/°C, -0.0307± 0.0004 rad/°C, and  $-0.019\pm0.001$  rad/ °C , respectively. As shown in Fig. 6(b), the axial strain coefficients of the LP<sub>03-1</sub>, LP<sub>03-2</sub>, and LP<sub>03-3</sub> peaks are  $-454\pm14$  rad/ $\epsilon$ ,  $-88\pm3$  rad/ $\epsilon$ , and  $85\pm6$  rad/ $\epsilon$ , respectively. Different peaks have distinctive temperature and axial strain sensitivities that effectively enables simultaneous measurement of multi-parameters.



Fig. 6 Experimental results of phase versus (a) temperature and (b) axial strain at different spatial frequencies.

A character matrix  $M^m_{T,\varepsilon}$  is defined to represent the sensing performance of the *m*th order LP<sub>0m</sub> modes in the HOMF modal interferometer by

$$\begin{bmatrix} \delta \Phi_{0m-i} \\ \delta \Phi_{0m-i'} \end{bmatrix} = M_{T,\varepsilon}^{m} \begin{bmatrix} \Delta T \\ \Delta \varepsilon \end{bmatrix} = \begin{bmatrix} C_{0m-i}^{T} & C_{0m-i}^{\varepsilon} \\ C_{0m-i'}^{T} & C_{0m-i'}^{\varepsilon} \end{bmatrix} \begin{bmatrix} \Delta T \\ \Delta \varepsilon \end{bmatrix}$$
(6)

where *i* and *i*' represent two arbitrary selected LP<sub>0m-i</sub> peaks for the temperature and axial strain discrimination.  $C_{03-i}^{T}$ ,  $C_{03-i}^{C}$ ,  $C_{03-i}^{c}$ , and  $C_{03-i}^{c}$  are the

temperature and axial strain coefficients of the  $LP_{03-i}$ and  $LP_{03-i}$  peaks, respectively. The error analysis for the simultaneous measurement of multiple parameters is given by [38]

$$\delta T = \frac{\left| C_{03-i}^{\varepsilon} \right| \delta \Phi_{03-i} + \left| C_{03-i}^{\varepsilon} \right| \delta \Phi_{03-i'}}{\left| C_{03-i}^{T} C_{03-i'}^{\varepsilon} - C_{03-i}^{\varepsilon} C_{03-i'}^{T} \right|},$$
(7.1)

$$\delta \varepsilon = \frac{\left| C_{03-i}^{T} \right| \delta \Phi_{03-i} + \left| C_{03-i}^{T} \right| \delta \Phi_{03-i'}}{\left| C_{03-i}^{T} C_{03-i'}^{\varepsilon} - C_{03-i}^{\varepsilon} C_{03-i'}^{T} \right|}.$$
 (7.2)

The minimum errors of temperature and axial strain are calculated to be 0.15 °C and 22  $\mu\epsilon$ , 0.15 °C and 19  $\mu\epsilon$ , and 0.24 °C and 68  $\mu\epsilon$ , for the mode coupling between LP<sub>01</sub> and LP<sub>03-1</sub>, LP<sub>03-2</sub>, and LP<sub>03-3</sub>, respectively.

#### 4. Conclusions

In conclusion, a novel approach to fulfill simultaneous dual-parameter measurement based on the joint effect of chromatic dispersion and dispersion of intermodal а HOMF modal interferometer is proposed and demonstrated. A phase demodulation scheme based on a fast Fourier transform algorithm is innovatively adopted to analyze the mode coupling in the SMF-HOMF-SMF structure and distinguish the excited modes in the dispersion tailored HOMF. The strong dispersion effects of a few core modes lead to the multiple-peak feature in the spatial frequency domain, which provides the availability of abundant choices of sensitivities to different environmental variables. Cross-talk could be further suppressed by introducing more dispersion peaks with higher spatial frequency resolution among which proper selections should be made to maximize the measurand coefficients and enhance discrimination between measurands. By selecting the appropriate length of the central HOMF according to varied actual requirements, the proposed easy-fabricating sensing and compact structure would be potentially applicable in situations where more than two parameters are required to be discriminated.

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