

# A Comparison of Analytical Methods for Quantifying Denatured Whey Proteins and Their Correlation to Solubility

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by  
Michelle Doreen Allen

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## **Committee Membership**

**TITLE:** A Comparison of Analytical Methods for  
Quantifying Denatured Whey Proteins and Their  
Correlation to Solubility

**AUTHOR:** Michelle D. Allen

**DATE SUBMITTED:** July 7, 2010

**COMMITTEE CHAIR:** Dr. Phillip S. Tong  
Director and Professor  
Dairy Products Technology Center  
Dairy Science Department

**COMMITTEE MEMBER:** Dr. Margaret Rice  
Professor  
Chemistry and Biochemistry Department

**COMMITTEE MEMBER:** Dr. Amy Lammert  
Assistant Professor  
Dairy Products Technology Center  
Dairy Science Department

## **Abstract**

### **A Comparison of Analytical Methods for Quantifying Denatured Whey Proteins and Their Correlation to Solubility**

Michelle Doreen Allen

Protein structure affects the bioactivity and functionality of whey protein ingredients in food systems. Bioactivity of whey proteins and their derivatives are highly dependent upon primary, secondary and tertiary structure. The degree of denaturation of whey proteins is an important factor for determining how whey protein ingredients will perform in a food system. Several analytical methods have been developed to quantify protein denaturation of whey proteins. The goal of this project was to use a variety of analytical methods to quantify whey protein denaturation and to evaluate the correlation of denaturation to the functionality of whey protein powders.

The objective of the first series of experiments was to compare three different analytical methods to measure denaturation of whey proteins in liquid whey obtained by various methods of separation and with varying degrees of heat treatment. A split plot experimental design was used. Raw bovine milk was skimmed and liquid whey was separated from the skim milk at natural pH. Three separation methods: 1) centrifugation, 2) membrane filtration and 3) enzyme coagulation, made up the first split plot. Each sub-plot of liquid whey was then divided into three split plots to receive heat treatment. Heat treatments were no heat, 76°C for fifteen seconds and 85°C for three minutes. Each of the resulting nine treatment combinations was analyzed by 1) polyacrylamide gel electrophoresis, 2) bicinchoninic acid-soluble protein assay and 3) fluorescence spectroscopy to determine the amount of denatured protein in the liquid whey.

Fluorescence spectroscopy was found to be the most sensitive and reliable method

for detecting differences in structure due to denaturation, while native polyacrylamide gel electrophoresis was found to be the least sensitive method. The sample which received the centrifugal treatment of isolation with no heat was found to be the most undenatured in structure while the sample which received the enzyme treatment of isolation with high heat was found to be the most denatured in structure.

The objective of the second series of experiments was to evaluate the effect of denaturation on whey protein solubility in dried whey protein powders. Solubility is one of the most important functional properties to consider when selecting a whey protein ingredient, especially for beverage systems. Processing parameters are often manipulated in efforts to improve solubility. The protein structures of whey are considered to have an effect on solubility. Specifically, the degree of denaturation of whey proteins is thought to play a role in solubility.

In this experimental design, raw bovine milk was skimmed and pasteurized then enzyme-coagulated at natural pH to separate the whey. Liquid whey was then split into three aliquots and each received one of the following treatments: 1) mild heat/ freeze dry, 2) mild heat/spray dry and 3) high heat/spray dry. Heat treatment was applied to liquid whey prior to concentration. Heat treated whey was then concentrated and dried. Powders were reconstituted and analyzed for denaturation using 1) bicinchoninic acid assay for soluble protein and 2) fluorescence spectroscopy and for solubility using an insolubility index.

pH 4.6 solubility and fluorescence spectroscopy for quantifying denaturation correlated well to one another. Both found that the low heat treated samples were less denatured in structure than the sample which received the high heat treatment, regardless

of drying method. However, the drying method of the protein powders was correlated to solubility rather than heat treatment. A correlation of denaturation measured in whey protein powders and solubility was apparent for the low heat, freeze dried sample and the high heat, spray dried sample.

Several conclusions were made in this research. 1) Centrifugal force causes less denaturation than membrane filtration and enzyme coagulation, thus unheated liquid whey obtained by centrifugal force can be used as a control in research on denaturation.

1) Fluorescence spectroscopy is a better method for quantifying denaturation in liquid and powdered whey compared to native PAGE and pH 4.6 solubility measured by BCA.

3) Functional solubility is dependent on denaturation and can be correlated to analytical methods of measuring denaturation.

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## 1.0 Introduction

Whey is the liquid that is separated from the curd during cheese making. Liquid whey contains mostly water, lactose, minerals and small amounts of fat and protein. Protein in the whey has been found to be of great biological value in the human diet and provides an array of functionality in food systems. There are four classes of proteins in cow's milk, three of which end up in the whey in cheese making. Beta-lactoglobulin ( $\beta$ -lg), alpha-lactalbumin ( $\alpha$ -la) and serum albumin and several immunoglobulins are collectively known as the whey proteins. Casein makes up approximately seventy-five percent of protein in milk and coagulates with rennet to form a curd during cheese making.

The functional roles of whey proteins in food systems are solubility, viscosity, gelation, emulsification, foaming and nutrition. These functional roles have made whey proteins widely used as food ingredients. Whey protein powders are used in baked goods, snack foods, processed meats, vegetarian products, meal replacement beverages, and energy and nutrition bars. Use of whey protein powders in food systems usually combines nutrition with another functional property. Predicting nutritional quality and bioactivity of whey proteins, combined with physical properties of functionality as governed by denaturation, are increasingly important points of focus for the dairy industry as the demand for such highly specialized ingredients increases.

Whey proteins exist in their native form in the udder of the cow, with defined structure, size, charge and bound side groups. Denaturation is a major change that occurs in the structure of a protein when stress is applied to the environment of the protein. Proteins become denatured when exposed to the high heat, concentration of salts or



organic compounds or when a change in pH occurs. Whey proteins begin to denature at 68°C, below pasteurization temperatures of milk (Singh and Havea, 2003). Thus whey proteins become denatured to some degree during the pasteurization process of all milk products. The unfolding of the proteins during exposure to high heat characterizes the degree of denaturation in whey proteins, with maximum denaturation occurring at 89°C (Singh and Havea, 2003). Further denaturation that may occur during the recovery and processing of powdered whey proteins is not well understood. This includes denaturation as a result of liquid whey production, whey protein recovery and processing into concentrate, isolate or hydrosolate form, and during storage.

How protein structure changes that occur from native to various degrees of denaturation affect the functional and nutritional properties of whey protein is not completely understood. Current technology provides the ability to study how these functional properties are altered when whey proteins are in native or denatured forms. Determining whether and how whey protein denaturation affects functionality as an ingredient in a food system would be valuable in not only the dairy industry, but also the food industry as a whole. Manufacturing processes and storage practices for whey protein may have some effect on how whey protein interacts with other ingredients to make them better or worse for certain applications in foods (Singh and Havea, 2003; Ye, 2008).

Preliminary research, completed prior to experimentation, verified that structural differences can be quantified using several analytical methods. Furthermore, processing conditions including isolation method, heat treatment and drying method were found to promote structural differences which should be measurable by said analytical methods.

## 2.0 Literature Review

### 2.1 Whey Protein as a Food Ingredient

#### 2.1.1 Commercially Available Forms of Whey Protein

Upon concentration or isolation, water, lactose, fat and ash are removed from the total solids of liquid whey in varying amounts. This yields a wide variety of whey protein products that are used for an array of functional purposes in the food industry and is summarized in Table 2.1. Whey protein concentrates are indicated by the percent protein in numerical form following WPC (i.e. WPC80 is 80% protein), while whey protein isolate is  $\geq 90\%$  protein. While isolates are the most pure proteins, concentrates have proportionally larger amounts of lactose, fat and minerals (Fitzsimons et al., 2008).

**Table 2.1 Typical Composition and Applications of Whey Protein Products**

Whey Protein Powder Product	Protein (%)	Lactose (%)	Fat (%)	Common Food Applications
Whey Powder	11-15	63-75	1.0-1.5	Breads, bakery, snacks, dairy foods
Whey Protein Concentrate	25-89	4-52	1-9	High protein drinks and bar, bakery, confectionary
Hydrolyzed Whey Protein Concentrate 80%	80	4-8	4-8	Sports Nutrition
Whey Protein Isolate	>90	0.5-1.0	0.5-1.0	High protein beverages, bars, supplements

Adapted from the Dairy Council of California (2004)

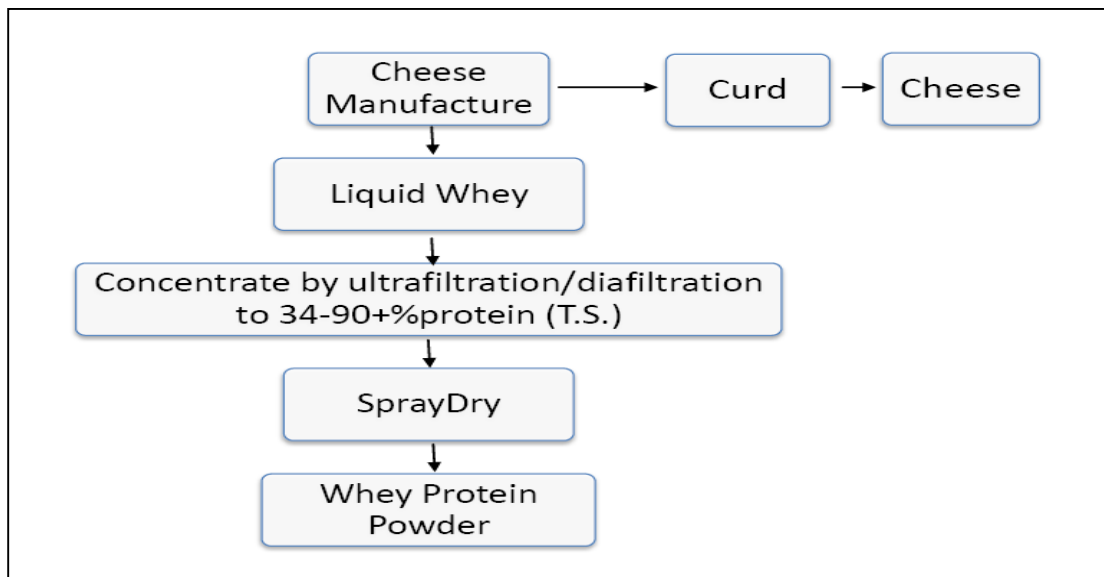
#### 2.1.2 Whey Protein Powder Manufacture

There are two major classes of liquid whey: sweet whey and acid whey. Sweet whey is produced from production of rennet coagulated cheeses such as cheddar cheese and acid whey is produced from production of fresh cheeses such as cottage cheese

(Mulvihill and Ennis, 2003). Sweet whey and acid whey are generally distinguished by their pH, which are pH >6.4 and pH 4.6-6.4, respectively (Fernandes de Carvalho and Maubois, 2010). The protein content of liquid whey streams is approximately 0.6% (Foegeding and Luck, 2002), and is usually concentrated or isolated prior to drying into a powder form for use as a food ingredient (Modler, 2000).

Figure 2.1 is a flow diagram for the production of whey protein powders. Starting with whey collected from cheese curd, a combination of ultrafiltration and diafiltration steps are utilized to achieve the desired concentration of protein in the liquid. Drying is the final step and typically done by spray drying.

**Figure 2.1 Flow Diagram of Whey Protein Powder Manufacture**



Most whey protein is obtained as a byproduct of cheese making. Recently, dairy technology to fractionate whey proteins from milk rather than cheese whey using microfiltration systems has become available (Fox, 2003). The thought is that by removing the whey fraction from milk prior to cheese production, the proteins will be less altered from their native state and will allow for better standardization of the

processes. If whey proteins can be collected through microfiltration prior to cheese making, they would not endure the heat exposure of cheese making or come in contact with additives such as rennet, salt and coloring agents. Furthermore, removal of whey proteins increases the casein content in cheese milk, which has been shown to decrease coagulation time and increase firmness in cheese (Neocleous et al., 2002). Papadatos et al. (2003) recently evaluated the economic feasibility of microfiltration of milk prior to cheese making. In this study, they found that this method exhibited a net lower cost of cheese and whey production than conventional cheese making, due to the net increased revenue which was \$1.15/100lb milk compared to the increased manufacturing cost increase of \$0.135/100lb. Economically, many manufacturers have not chosen to utilize this method due to lack of capacity research to support the capital investment of \$300/m<sup>2</sup> (Cheryan, 1998).

Ultrafiltration of cheese whey, the most commonly used process for isolating whey proteins in the dairy industry, utilizes a pore  $\leq 0.1\mu\text{m}$  to concentrate whey proteins in liquid whey (Modler, 2000). Microfiltration is a method that is rapidly gaining use, and is another filtration method by which a small pore, often  $\leq 1\mu\text{m}$ , is employed to retain larger particles, such as fat and aggregated proteins, while permeating whey proteins, lactose and salts (Modler, 2000). However, when microfiltration is employed, ultrafiltration is generally required as a secondary step to microfiltration, as it involves a smaller pore sized that allows salts and lactose to permeate while and further concentrate the whey protein without fouling the membrane with larger molecular mass particles (Neville et al., 2001).

On the laboratory scale, whey proteins have often been isolated by

ultracentrifugation as the molecular size of casein proteins causes them to sediment out of solution (Fox, 2003). However, such methods generally are reserved for small quantities, take several hours to perform and require an ultracentrifuge capable of 100,000 x g or more (Larson et al., 2006). Thus, this would not be a viable way to manufacture whey proteins, yet it is a good minimal processing method currently used in research.

A dry powdered form of the whey protein concentrates and isolate are often produced from the concentrated liquid whey in a spray drying process. Spray drying involves atomizing the liquid whey and introducing it to pre-dried, hot air, causing evaporation of water (Anandharamakrishnan et al., 2008). Alternatively, the liquid whey concentrate can be freeze-dried by a method involving a deep freeze followed by sublimation of water to powder form. However, this method is not commonly used due to the relatively high cost of the freeze drying process (Aider et al., 2007).

### 2.1.3 Functional and Nutritional Properties

#### **Uses of Whey Protein**

Protein, fat and carbohydrate are the three classes of macronutrients in food for human consumption. Sources of protein are mainly of animal origin, including meat and other animal products of dairy or poultry origin as well as legumes. Most vegetables, fruits and grains contain relatively small amounts of protein (Whitney, 2002). Derived from milk, whey protein products are generally known for being a source for protein. Whey protein powders are currently used in baked goods, snack foods, comminuted meats such as sausage, vegetarian products, meal replacement beverages, and energy and nutrition bars (Duxbury, 1993; Onwulata et al., 2001; Yetim et al., 2001).

Whey proteins are diversely used as ingredients in both dairy food systems and

non-dairy food systems for their functional properties as displayed in Table 2.2. In dairy foods whey protein can be added to nonfat yogurt to increase physical microstructure, improving consistency (Aziznia et al., 2008). It is also used in cheese to increase yield and nutritional value or processed cheeses for the functional properties of emulsification and gelation and sensory properties (Hinrichs, 2001). Some dairy based beverages and beverage mixes often incorporate whey proteins for the purpose of viscosity and colloidal stability. Whey proteins are added to ice creams and other frozen desserts for whipping and emulsifying properties as well as bulking abilities. They are also used in reduced fat or calorie frozen dairy desserts for health purposes (Prindiville et al., 2000).

**Table 2.2 Functional Uses of Whey Protein**

Functional Property	Physical Mechanism	Food Systems
Solubility	Solvation with molecular ions of solvent	Beverages, other liquids
Viscosity	Thickening by entanglement through covalent bonds of H-O-H (H <sub>2</sub> O)	Soups, gravies
Gelation	Protein matrix entanglement resulting in setting	Meats, cheese
Emulsification	Formation and stabilization	Comminuted meat, soup, cake
Foaming	Stabilization through encapsulation by entrapping gas	Whipped toppings, chiffon desserts, angel cakes

Non-dairy based products that currently use whey protein as an ingredient are in the categories of bakery, confectionary, meat and pharmaceutical products (Mulvihill and Ennis, 2003). In bakery and baked convenience foods, whey proteins are used for their emulsifying properties. In confectionary products such as meringues and angel food cakes, whey protein is often used for its foaming properties and emulsification properties.

In processed meat products, whey protein is used for gelation. Finally, whey proteins can be used in pharmaceuticals for microencapsulation due to the handling and dispersion properties.

Functionality of solubility, hydration capacity, viscosity, gelation, adhesion, elasticity, emulsification, foaming, are a reflection of their primary, secondary, tertiary and quaternary structures. Hence, amino acid sequence, molecular weight, charge, size and conformation all play a role in the functionality. These characteristics also determine whether a protein interacts with other proteins, fats, carbohydrates, water and other compounds to affect functionality.

In manufacturing whey protein, every aspect of the process including the type of cheese produced and the starter culture as well as the processing conditions can contribute to the functionality of the whey protein ingredient (Onwulata et al., 2004). As the protein powder industry has evolved, greater attention is being given to the quality of the powders. Whey protein powders now are produced under specified conditions to manipulate how they perform in the final application. Specifically, denaturation and aggregation can be manipulated, to some degree, to behave accordingly in cases where solubility, gelation and texturization are desired or not desired (Gaiani, 2009). This is commercially important for applications and economically important for processors to provide such specifications.

Rheological properties and/or surface reactive properties of a protein govern the functionality of whey protein ingredients. Specifically for whey protein, the functional properties of viscosity and gelation are hydrodynamic properties while solubility, water absorption, adhesion, emulsification, foaming, and flavor vehicle are all surface related

functional properties (Pomeranz, 1985). The combination of specific functional properties characterizes the overall functionality of the protein and is dependent upon the overall environment of the protein.

### **Solubility**

The ability of a solute to dissolve in a solvent is the functional property known as solubility (Pomeranz, 1985). Whey protein properties, including hydrophobicity and thermodynamic interactions between the protein and the solvent, as well as environmental conditions of pH, ionic composition and interactions with other ingredients all influence solubility (Smith, 2003). Whey proteins are known for having good solubility in applications at a wide range of pH. However, they are more soluble in high acid or high alkaline pH conditions due to the repulsion of molecules when shared charges are in excess resulting in high solubility (Pelegri and Gasparetto, 2005). Alternatively, protein solubility decreases as the isoelectric point is approached. As whey proteins are soluble over a wide range of pH, they are useful emulsifying and foaming agents especially for acidic foods like smoothies and fruit based frozen desserts.

Considering the solubility of whey protein powders, the solvent is usually water. The hydration capacity of whey protein concentrates and isolates is about one half of a gram of water per gram of protein, in comparison to soy protein which is one third of a gram of water per gram of protein (Fennema, 1996). Solubility is a crucial functional property as it is a prerequisite for several other functional properties. Viscosity, foaming, emulsification and gelation properties are all influenced by protein solubility (Onwulata et al., 2001).

When proteins undergo thermal denaturation noncovalent bonds that stabilize



secondary and tertiary structure are broken. When the secondary and tertiary structures of a protein are unfolded, the hydrophobic R groups aggregate with each other and reduce water binding capacity (Pelegri and Gasparetto, 2005). Aggregates formed by hydrophobic interactions then coagulate and precipitate out of solution, decreasing solubility when compared to native state proteins (Mine, 1995). Significant research has focused on the effects of pH and temperature on whey protein solubility.

### **Viscosity**

Pelegri and Gasparetto (2005) studied the effect of temperature as a function of pH for whey protein solubility. Evaluating a temperature range of 40°C-60°C and a pH range of 3.5-7.8, they found that the effect of temperature on solubility is highly dependent on pH. At pH 4.5, close to the isoelectric points of  $\alpha$ -la and  $\beta$ -lg, and pH 6.8, close to neutral, the protein experienced a 22% loss of solubility when heated to 60°C compared to 40°C. Alternatively, at pH values of 3.5, 5.65 and 7.8, the loss of solubility over the same temperature range was negligible and sometimes solubility increased.

General food processing operations including heating, shearing, freezing and drying influence the solubility of proteins (Smith, 2003). Loss of solubility governed by an impaired rate of hydration and poor reconstitutability results in altered viscosity, gelling, foaming and emulsifying properties of reconstituted protein powders (Kher et al., 2007). Denaturation has been shown to decrease solubility, and drying processes of whey protein powders have also been known to have a negative effect on solubility (Anandharamakrishnan et al., 2008; Aziznia et al., 2008).

Viscosity is a measurement of the ability of a homogeneous, Newtonian fluid's resistance to free flow movement at a constant rate. However, most foodstuff liquids are

non-Newtonian fluids and do not experience constant viscosity, they experience apparent viscosity that is related to shear rate (Daubert and Foegeding, 2003). Low viscosity materials flow quickly and easily and high viscosity fluids are more resistant to flow. Water adsorption and solubility of a protein influence the viscosity that the protein imparts as a functional property in a food system.

High solubility generally results in low viscosity, which is important for many food applications, especially liquid systems (Pomeranz, 1985). As whey protein is predominantly  $\alpha$ -la and  $\beta$ -lg, which are globular proteins, whey protein powders are highly soluble under native conditions. This is due to the low molecular weight and spherical, globular structures of whey proteins (Vardhanabhuti and Foegeding, 1999). Viscosity can be manipulated by protein concentration and protein denaturation in whey protein powders. For example, an increase in whey protein concentration causes intermolecular interactions of the proteins to become entangled; this leads to increased viscosity (Ratray and Jelen, 1995). Denaturation of globular whey proteins exposes R groups capable of hydrogen bonding in solution along with aggregation of unfolded proteins, resulting in higher viscosity (Schmidt et al., 1984).

Marcelo and Rizvi (2008) recently studied the apparent viscosity of liquid virgin whey protein isolate, LVWPI, which was manufactured from pasteurized, skim milk by ultrafiltration and diafiltration followed by freeze drying. They found that the apparent viscosity of LVWPI was consistently lower than commercial WPI and WPC 80, which are produced from commercial cheese whey. Furthermore, they found that protein concentration has significance in degree of viscosity, while temperature does not when evaluating the viscosity of LVWPI over a temperature range of 10°C-50°C at protein

concentrations of 5-25% by weight. This is also an important functional property for use of whey protein in beverages to incorporate a desirable mouthfeel that is achieved by low degrees of viscosity.

### **Gelation**

Gelation is immobilization caused by network formation that suspends a dispersed phase in a continuous phase by water entrapment (Bender, 2006). Protein gelation is thought to be a result of protein unfolding (denaturation) followed by protein-protein agglomeration of the unfolded proteins, resulting in a covalently bonded network of cross linked peptides (Ju et al., 1997; Foegeding, 1992). Protein gelation is greatly influenced by the concentration of protein, the structure of protein, the surface properties of protein and physio-chemical properties of each individual protein (Marangoni et al., 2000).

Whey protein ingredients are used as a gelling ingredient for many applications. Accordingly, the gelation properties of whey proteins are commonly utilized in processed meat and cheeses and some confectionary and bakery products. The destabilizing effects of calcium or acids, heat treatments, enzymatic reactions and chemical oxidation influence the gelling capabilities of whey proteins (Onwulata et al., 2004)

Whey protein has great gelation functionality at a slightly basic pH (>8.1), good gelation functionality at pH 5 and has poor gelation functionality at pH 3 (Zayas, 1997). In order for gelation to occur, the protein must be denatured to some degree, usually by heat prior to utilization (Foegeding and Luck, 2002). This allows the native protein to unfold and re-associate via hydrogen and disulfide bonding, creating the gel matrix. The thermal processing parameters determine the gelation properties and strength.

While studying the effect of denaturation on the gelation of whey proteins, (Ju et

al., 1997) found that gelation capabilities were a reflection of secondary and tertiary structural denaturation. It is observed that the higher percentages of the whey protein denatured prior to gelation correlated with decreased time for gelation and firming as well as increased gel strength.

### **Emulsification**

An emulsion is a mixture of two liquids that are generally immiscible. One mixture is designated the continuous phase and the other mixture assumes the dispersed phase (Pomeranz, 1985). Emulsions are not thermodynamically favorable and must be achieved through some mechanical force. Furthermore, once achieved, the emulsion is not thermodynamically stable for a significant amount of time, unless emulsifiers are utilized (Sikorski, 2001). Whey protein has the ability to stabilize such emulsions

Utilization of whey protein for emulsification is common in products such as processed meats and many dessert items. The emulsifying properties of whey protein are most affected by pH, and tend to have poor emulsifying properties at the isoelectric point, and good emulsifying properties away from the isoelectric point (Smith and Culbertson, 2000).

### **Foaming**

In the food industry, foam is described as a matrix where a gaseous phase is evenly dispersed throughout an aqueous phase (Bender, 2006). Like emulsions, foams require stabilizers to remain for extended time periods. Protein has the ability to stabilize the foam. A thin film forms between the gaseous bubble and liquid phase protecting the bubbles from collapsing due to gravity, force or sheer, to stabilize the foam.

Whey protein has the ability to act as a foam stabilizer due to the surface active

properties of  $\beta$ -lactoglobulin (Fennema, 1996). The pH and the presence of ionic compounds determine the foaming properties of whey protein. Whey protein exhibits foaming properties over a wide variety of pH levels, and is best at or near the isoelectric point. Salts influence protein foamability, and are removed when foaming is not desired or added when foaming is desired (Fennema, 1996). This is attributed to neutralization of charges that occurs due to the salt ions. Therefore, sodium chloride decreases foamability of whey proteins while calcium chloride and magnesium sulfate increase foamability of whey proteins. Monosaccharides and disaccharides decrease foam ability, but they increase the foam stability of whey proteins. Such is the purpose for creating the foam first then folding in sugars when processing confectionary products that rely on foaming properties for structure. It should also be noted that the stiffness of foam is directly proportional to the concentration of protein. Whey proteins have a high capacity for fat binding; however, in the presence of fat, foaming abilities decrease significantly.

Fats in whey protein powders impair the foaming ability because the surface-active polarity of fat interferes with protein films by situating themselves at the air/water interface (Fennema, 1996). Fat containing whey proteins thus have weak cohesive and viscoelastic bonds that are not suitable to overcome the internal pressure of air bubbles. As a result, bubbles expand and finally collapse rapidly resulting in poor foaming. However, high pressure shearing induced denaturation has been used to improve both foam overrun and stability (Dissanayake and Vasiljevic, 2009).

#### 2.1.4 Native Versus Cheese Whey Powders

Heino et al. (2007) conducted a study in which they compared the functional properties of native whey and cheese whey protein powders and will be discussed in this

section. Two native protein powders were produced from raw milk through a series of microfiltration and ultrafiltration steps followed by spray drying and freeze drying. Cheese whey from cheese manufacture was ultrafiltered, and then spray dried or freeze dried to yield two cheese whey powders. The four powders were then analyzed for the functional properties of solubility, viscosity, gelation, foaming properties, emulsifying properties and water holding capacity.

Solubility of the freeze dried and spray dried native whey protein powders had significantly higher solubility than the freeze dried and spray dried cheese whey powders, especially at pH 4, near the isoelectric point of the whey proteins. In this study, they found the drying method did not have significant effects on the solubility, but did have an effect on viscosity when comparing the two native whey protein powders. Spray dried, native whey protein concentrate had higher viscosity than the other three powders. Researchers attributed this to the fact that this powder had lower protein content, however they discussed that differences between the freeze dried and spray dried native whey protein concentrates were statistically significant which would be due to drying method.

Emulsification capacities for the four powders were similar to the results for viscosity. There were minor differences between native, freeze dried whey, spray dried and cheese whey, freeze dried and the native; spray dried powder was drastically higher. Water holding capacities were similar, with the cheese whey powder, being moderately higher than the other three powders.

The cheese whey protein concentrate powders suffered significantly lower gel strength compared to the native powders. This is likely due to the lack of casein macropeptide, a derivative of kappa casein that is found in sweet whey, in the native

powders. Drying method did not have a notable effect on gel strength.

When evaluating the properties of foam volume, foam overrun and foam stability, the two native powders were higher than the cheese whey powders. Several factors including native structure, fat content, and the presence of other minor constituents in cheese whey are thought to explain such a difference. Spray dried powders for both native and cheese whey had better foam properties, but the effect of drying method was not as significant as the source when comparing cheese whey and native whey.

#### 2.1.5 Nutrition

When defining a protein as a macronutrient, a protein is a polypeptide with more than 50 amino acids and above 6000 Daltons (Bender, 2006). This supports normal anabolic growth and maintenance of tissue, which is the primary function of protein. However, smaller peptides are thought to have other physiological impact on overall nutritional status (Hambraeus, 2003). As with fats and carbohydrates, proteins are not all nutritionally equal and have been extensively evaluated for nutritional value. Unlike fats and carbohydrates, proteins are never nutritionally viewed as anti-nutritional, rather they are categorized by nutritional superiority and inferiority. Protein quality can be described in many ways, including amino acid score, protein efficiency ratio, bioavailability, and digestibility to evaluate the nutritional quality (Sindayikengera and Shui, 2006).

Table 2.3 offers a comparison of the nutritional qualities of some common food proteins. This figure shows the nutritional superiority of whey protein compared to casein, soy, beef and wheat proteins. Egg protein is of similar nutritional quality to whey protein, however is not produced in the same magnitude as whey protein and generally relates to egg consumption as opposed to powder for application. The amino acid score

is method which quantifies amino acids essential for human nutrition, anything over 1.00 is in excess of what is needed for human development and is therefore rounded down to 1.00 (Whey Protein Institute, 2010). Amino acid score is calculated by the following equation:

$$AAS = \left( \frac{\text{mg amino acid in test protein}}{\text{mg amino acid in reference protein}} \right) \times 100$$

The protein efficiency ratio (PER) is a method used to describe protein quality by calculating weight gain in relationship to protein intake when energy levels are at an adequate level (Wildman and Medeiros, 2000). This is calculated by the following equation:

$$PER = \left( \frac{\text{weight gain}}{\text{protein intake}} \right)$$

The biological value of protein represents the percentage of protein that is digested and absorbed, determined by nitrogen content in food and excretions (Wildman and Medeiros, 2000). Biological value is calculated by the following equation:

$$BV = \frac{\text{dietary N} - (\text{urinary N} - U_0) - (\text{Fecal N} - U_0)}{\text{dietary N} - (\text{Fecal N} - F_0)} \times 100$$

Where:

N- Nitrogen

$U_0$ -Nitrogen content of urine on protein free diet

$F_0$ -Nitrogen content of feces on protein free diet

Biological value represents the amount of nitrogen retained of the absorbed protein, however does not account for the overall dietary protein retained. Digestibility is a measure taken to account for the absorption of protein overall, which is then multiplied by the biological value to express net protein utilization (NPU) (Wildman and Medeiros, 2000). Net protein utilization is calculated from the following equation:



$$NPU = BV \times Digestibility: \frac{dietary\ N - (Fecal\ N - F_0)}{dietary\ N} \times 100$$

Where:

N- Nitrogen

F<sub>0</sub>-Nitrogen content of feces on protein free diet

**Table 2.3 Nutritional Qualities of Common Food Proteins**

Protein Source	Amino Acid Score	Protein Efficiency Ratio	Biological Value	Net Protein Utilization
Whey Protein	1.00	3.2	100	92
Casein	1.00	2.5	100	61
Soy Protein	1.00*	2.3	73	61
Whole Egg	1.00	3.8	100	94
Beef Protein	0.69	2.3	74	67
Wheat Protein	0.53	2.2	65	57

Adapted from the National Research Council (1989) \*Corrected for Digestibility

Whey proteins are known to be of high nutritional value for their high concentration of essential amino acids and good digestibility, resulting in high NPU (Hambraeus, 2003). All four measures of protein quality are directly or indirectly influenced by protein structure, predominantly the primary structure.

In many underdeveloped countries, lack of protein in the local diet leads to malnourishment. Whey protein is an optimal source for fortification predominantly because it is rich in several essential amino acids, including isoleucine, leucine, threonine and tryptophan, one or more of which are lacking in most grain and vegetable based proteins (Hambraeus, 2003).

Physical activity is known to exert a physical stress on muscle tissue. The supplement industry advertised that post catabolic activity, proteins should be consumed for anabolic repair of the muscles. Specific sources of protein are known to be superior

or inferior to other proteins based on the nutritional score. Although soy protein is a cheaper protein and is often used in similar applications or in whey protein blends for bulking, there is speculation of the adverse effects that soy protein may have in men due to the high levels of estrogen (Kuzer, 2002). Furthermore, whey proteins have been highly effective in this industry because of their superior nutritional quality. Branched-chain amino acids, those with aliphatic side groups, are in relatively high proportion of whey proteins, a leading factor for why the protein scores are high (Ha, 2003). Leucine, a branched-chain amino acid found abundantly in whey, has been identified as having a large role in the translation initiation of protein tissue synthesis. Collectively, whey protein has a high protein quality score and is approximately 26% branched chain amino acids (Ha, 2001).

#### 2.1.6 Bioactivity of Whey Protein

Bioactivity, also known as biological activity, is the effect that a compound has on physiological or biochemical functions, other than general nutrition, that contribute to the overall health of a person (Park, 2009). In recent years the bioactivity of food products has gained a lot of attention and several bioactive whey protein products are now available from Glanbia Nutritionals (Glanbia, 2010). Correspondingly, bioactive peptides have gained the nutritional spotlight for their many nutritional roles at the molecular level. Bioactive peptides are synthesized in the cell, which are then cleaved to impart bioactivity and are thought to have important roles in physiological functions and pathogenesis (Shi et al., 2004). In addition to promoting tissue generation which is a function of all proteins, bioactive peptides are thought to have significant physiological effects on the immune, cardiovascular, nervous and gastrointestinal systems (Madureira

et al., 2010). Generally, functions of bioactive peptides are protective by binding to ant nutritional compounds, decreasing activity or by preventing oxidation outside the cell (Ko and Kwak, 2009).

Table 2.4 is summary of some of the bioactive functions of peptide derivatives of whey proteins. Biologically active peptides of whey proteins are naturally released by enzymatic activity during digestion as inactive precursors of whey proteins are hydrolyzed to yield bioactive peptides of 3-20 amino acids (Ko and Kwak, 2009). Controlled hydrolysis can be applied during processing either to produce bioactive peptides. This has resulted in many recent introductions bioactive peptide containing food products, including whey protein powders, to the market (Madureira et al., 2010). Starter cultures used in fermented dairy products and cheese have varying degrees of proteolytic activity. It has been observed that cultures traditionally used in dairy products have weak proteolytic activity, however current research is trending toward seeking starters with higher proteolytic capacity and how other processing conditions affect the proteolysis for to bioactive peptides (Korhonen and Pihlanto-Leppala, 2002).

It is understood that hydrolysis is necessary to produce smaller bioactive peptides from whey proteins; however there is a lack of understanding of how processing conditions affect the bioactivity of the proteins. It has been demonstrated that UHT (Ultra High Temperature) treatment, which is known to induce some degree of thermal denaturation, had a positive effect on the production of bioactive peptides through enzymatic hydrolysis (Korhonen and Pihlanto-Leppala, 2002). Bioactive peptides derived from whey proteins have been shown to be stable *in vivo*, yet unstable *in vitro*. This suggests that the delicate peptides may be susceptible to physical or gastrointestinal

degradation (Madureira et al., 2010). The structural composition of whey proteins prior to enzyme, the digestive or fermentative hydrolysis of whey proteins is likely to have an effect on the bioactivity of the peptides in vitro. Thus, forward movement in research of bioactive peptides should be closely related to further investigation of native and denatured states of whey proteins.

**Table 2.4 Highlights of Bioactivity of Whey Protein Derivatives**

Bioactivity	Functions
Hypocholesterolemic	Conversion of Angiotensin I to Angiotensin II-vasopression, control of high blood pressure by dialation of blood vessels, reduce HDL cholesterol, suppress cholesterol absorption, reduce total cholesterol
Angiotensin-Converting Enzyme (ACE)	Enhance ACE activity, increase potency of other ACE activities,
Anticarcinogenic	Protection against colon and mammary tumors, protection against oxidant induced cell death, restriction of cell division in intestinal lines, treatment for restricting development and growth of tumors, reduce risk of oxidation induced carcinomas, anticancer activities in organs
Immune System	Enhancement of immune responses, promote anti-inflammatory processes, activation of monocytes-natural killer cells, enhancement of mucosal immunity, reduces susceptibility to disease
Tissue Development	Decreases degradation of the liver, limits muscle loss during aging, stimulates insulin secretion, reduces catabolism in trauma patients
Antimicrobial	Antimicrobial to Staphylococcus aureus, Listeria monocytogenes, Salmonella sp, Escheria choli 0157:H7, antimicrobial against gram positive bacteria,
Antiviral	Antiviral against herpes virus, bovine parainfluenza virus, hepatitis C virus, prevention of viral particles into the cell membrane, preventative against viral caused dental carries
Gastrointestinal	Appetite Suppressant, releases minerals

Adapted from Ko and Kwak (2009)

## 2.2 Whey Protein Chemistry

### 2.2.1 Whey Proteins Defined

Whey proteins are broadly categorized by those proteins remaining soluble in the liquid whey stream during cheese production. Biologically, whey proteins can also be categorized as mammary synthesized or of blood origin.  $\beta$ -lg and  $\alpha$ -la are both of

mammary origin and have genetic variants with amino acid sequence variances (Creamer and MacGibbon, 1996).

Casein and whey proteins can also be qualitatively distinguished by acid precipitation. In raw milk, caseins are the group of proteins that precipitate at or below pH 4.6 at 20°C and whey proteins remain soluble under these conditions (Fox, 2003). The heterogeneous group of proteins that are categorized collectively as whey proteins are comprised of approximately 50%  $\beta$ -lactoglobulin ( $\beta$ -lg), 18%  $\alpha$ -lactalbumin ( $\alpha$ -la), 5% Bovine Serum Albumin (BSA), 10% immunoglobulin (Ig) 17% proteose peptones (pp), lactoferrin (lf) and miscellaneous proteins (Fox, 2003).

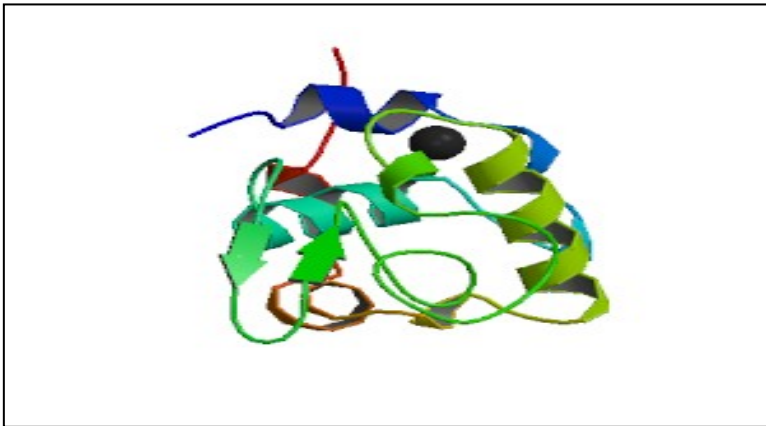
### 2.2.2 Alpha-lactalbumin ( $\alpha$ -la)

$\alpha$ -la is a globular whey protein that is produced in the mammary gland. It is well known that  $\alpha$ -la regulates lactose biosynthesis by forming a lactose synthase complex with  $\beta$ -1,4 galactosyltransferase in the bovine mammary gland (Ren and Stuart, 1993).  $\alpha$ -la is a small globular protein, about 14,100 Daltons that is known to have an affinity for binding calcium (Brew, 2003).

Figure 2.2 illustrates the overall structure of  $\alpha$ -la by crystallography (Pike et al., 1996). Representing about 18% of the whey proteins,  $\alpha$ -la is one of the major whey proteins and is found in milk in concentrations of 1-2g/L milk (Brew, 2003). This equates to roughly 18% of the whey protein and 2% of the total protein in milk (Brew, 2003). Of the three known  $\alpha$ -la variants A, B and C, only variant B has been identified in western cattle. The B variant of  $\alpha$ -la, is a globular protein with 123 residues, 3  $\alpha$ -helices, 2  $\alpha$ -helical strands and a 3-stranded anti-parallel  $\beta$ -sheet with a molecular weight of 14,186 Daltons (Brew, 2003). There are 8 cysteine residues in disulfide bonds and 3

aspartic acid residues that stabilize the calcium binding loop. At pH lower than 4, these bonds are broken and the calcium is lost, resulting in a partially denatured molten globular structure due to protein unfolding (Walsh and Duncan, 2000). Under favorable pH conditions, between pH 4.5 and 5.5 and above pH 7.5, mild heat induced denaturation is reversible upon cooling to 20°C. (Walsh and Duncan, 2000).

### Figure 2.2 Secondary Structure of Alpha-lactalbumin



3-Dimensional globular structure determined by Pike et al. (1996)

### 2.2.3 Beta-lactoglobulin ( $\beta$ -lg)

$\beta$ -lg is another major whey protein, representing approximately 50% of the total whey protein, produced in the mammary gland and secreted in milk (Sawyer, 2003). Only ruminants and other monogastrics like cow, sheep, dog and cat secrete  $\beta$ -lg in their milk (Sawyer, 2003). The exact biological function of this specific whey protein is not fully understood, however there is evidence that it can bind small, hydrophobic molecules, such as retinol, alkenes and phospholipids (Perez and Calvo, 1995; Sawyer, 2003). There are 178 amino acids in the sequence for  $\beta$ -lactoglobulin with several genetic variants, however only variants A and B are found in western cattle. Single amino acid differences for these two variants are at residues 64 and 118 (Sawyer, 2003).

As shown in Figure 2.3,  $\beta$ -lg has a crystal structure with nine strands of anti-parallel  $\beta$ -sheet that form a calyx with a three turns of  $\alpha$  helix at the C-terminal end (Walsh and Duncan, 2000). The A Variant is a polypeptide of one hundred sixty-two residues with four alpha helices and twelve beta strands and has a molecular weight of 18395.3 Daltons (Kuwata et al., 1999). The B variant is also a polypeptide of one hundred sixty-two residues, however this variant has five alpha helices and ten beta sheets and a molecular weight of 18301.3 Daltons (Qin et al., 1999).  $\beta$ -lg is has the highest molecular weight of the whey proteins.

**Figure 2.3 Secondary Structure of Beta-lactoglobulin**

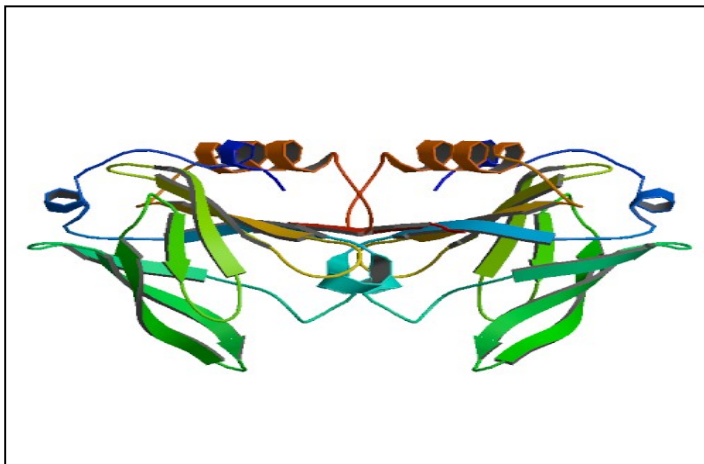


Image from: (Vijayalakshmi et al., 2010)

Amino acids 1-16 are signal peptides amino acids 17-178 make up nine strands that fold into two beta sheets (Considine et al., 2007). Each sheet has one hydrophobic side and one hydrophilic side. The two hydrophobic sides face each other creating a hydrophobic cavity. There is also a 3-turn  $\alpha$ -helix containing a free cysteine and 2-disulfide bonds (Considine et al., 2007).

The structure of  $\beta$ -lg is pH dependent. Under natural pH conditions between 5.5 and 7.5,  $\beta$ -lg is usually a dimer (McKenzie and Sawyer, 1967). For pH less than 3, the

protein exists as a stable monomer, from pH 3.7-5.2 it undergoes a reversible dimer to octamer association. While at pH 8-9.5 it undergoes reversible dissociation. Then, at pH greater than 9.5 there is an irreversible denaturation (Walsh and Duncan, 2000). At temperatures up to 65°C under neutral pH, changes in the tertiary structure of  $\beta$ -lg are reversible (Considine et al., 2007.)

In a study of heat induced denaturation of  $\beta$ -lg, Sava et al. (2005) found that irreversible denaturation occurs beginning at 70-75°C as unfolding occurs and aggregates causing a loss of solubility at 78-82°C. Around 80°C, the activation of SH groups due to unfolding during lower heat treatment results in a decrease of protein stability affecting its solubility. Sulphydryl/disulfide interchanges reactions in an environment with a free thiol group and hydrophobic interactions cause aggregation. Heat induced denaturation promotes this interchange reaction as free sulphydryl groups buried are exposed during unfolding and available to react.

#### 2.2.4 Bovine Serum Albumin (BSA)

The biological function of BSA is protein transport for insoluble fatty acids. BSA is the only whey protein that is not synthesized in the mammary gland, it enters the milk by passive diffusion from blood streams (Walsh and Duncan, 2000). BSA accounts for approximately 5% of the protein in whey and 1% of the total protein in milk (Fox, 2003).

BSA is a polypeptide of 582 residues with a molecular weight of approximately 66,000 Daltons. BSA does not have a large effect on functional properties due to its low concentration; however it thought to have many bioactive roles (Fox, 2003). The structure consists of three domains, stabilized by a network of 17 disulfide bonds and one free thiol group (Considine et al., 2007). Secondary structure is made up of 76%  $\alpha$ -helix,



1% turn and 22% extended chain (Carter and Ho, 1994).

At temperatures above 60°C,  $\alpha$ -helices of BSA unfold irreversibly, and the thiol group catalyzes aggregation. Due to the high concentration of disulfide bonds in BSA, gelation occurs when heated to 70°C due to the intermolecular interactions. However, this is dependent upon concentration, and does not occur unless the concentration is substantially higher than naturally found in whey (Considine et al., 2007).

### 2.2.5 Immunoglobulin (Ig)

Immunoglobulins are one class of immunity compounds that transfer from the young through mammary secretions known as antibodies (Hurley, 2003). Ig account for approximately 2% of total milk protein and 10% of whey protein (Walsh and Duncan, 2000). With molecular weights ranging 20,000-70,000 Daltons, there are four classes of immunoglobulins in bovine milk, Immunoglobulin G1 (IgG1), Immunoglobulin G2 (IgG2), Immunoglobulin A (IgA) and Immunoglobulin M (IgM) (Fox, 2003). IgGs are found in monomeric form in milk, while IgA and IgM are present in polymeric forms.

Due to the low concentration of Ig in whey, it is not thought to have an impact on the functional properties of the collective group of proteins. However, there is interest in the potential for passive immunity to humans, therefore structural integrity is of great interest (Hurley, 2003). Furthermore, Ig have been shown to have roles in bioactivity including, decreasing cholesterol and blood pressure, reduced susceptibility to disease and antimicrobial effects (Ko and Kwak, 2009).

### 2.2.6 Other Whey Proteins

Minor whey proteins that make up the remainder of whey protein nitrogen are lactoferrin, lactoperoxidase and proteose peptones (Fox, 2003). Lactoferrin is an iron-

binding, transport protein that has a molecular mass of 80,000 Daltons and makes up less than 5% of whey protein (Lonnerdal, 2003). The structure of lactoferrin is two globular lobes that are attached by a long helical stretch, with iron binding sites on each lobe, however other metallic ions have been shown to be able to bind in the lobes (Lonnerdal, 2003) Lactoferrin has gained a lot of attention for the potential bioactive properties supporting the immune system (Ko and Kwak, 2009).

Lactoperoxidase is a polypeptide that makes up about 1% of whey protein that has been identified as a natural antimicrobial, especially at high concentrations, which offers a possible biological role (Pruitt, 2003). The molecular mass of lactoperoxidase is about 78,000 Daltons and is made up of 612 amino acid residues (Pruitt, 2003).

Proteose peptones are a group of about 30 peptides that collectively represent approximately 10% of whey protein and are thought to be derivatives of casein hydrolysis and small polypeptides indigenous to milk (Fox, 2003). While the biological and physiochemical properties of the proteose peptones are poorly understood, the clearly identified PP3 has been good surface activity and is thought to play a role in stabilizing foams and emulsions (Fox, 2003).

### **2.3 Whey Protein Denaturation**

Native protein structure simply describes the overall structure as it is synthesized and folded. Any change in 3-dimensional confirmation, unfolding of secondary structure can be described as denaturation, any change in the structure from that of native. Generally, denatured proteins function differently than respective native proteins in terms of physicochemical activity, nutritional development and bioactivity (Rasco and Zhong, 2000). Denaturation can be induced by temperature, pressure, pH, ionic compounds

and/or enzymatics.

### 2.3.1 Structural Changes and Relationship to Functional Properties

The environmental conditions described above cause unfolding of the secondary tertiary and quaternary structure, allowing cross-linking of proteins to form hydrophobic, electrostatic, hydrogen bonding, and disulfide interactions. Whey protein denaturation is thought to occur in two steps. In the first step, the protein unfolds and sulphydryl interactions on the protein surface initiate covalent bonding resulting in aggregation. The second step involves further interactions resulting in aggregation (Agrawal, 2008). This results in aggregation and ultimately precipitation (Anandharamakrishnan et al., 2008).

In the past two decades there has been significant research done in effort to understand the kinetics of whey protein denaturation, yet the mechanisms of denaturation and further aggregation have yet to be fully determined. This is largely due to the effect any change in environmental conditions has in a protein system. There has been a lot of progress on characterizing the denaturation of individual whey proteins and how each is affected by temperature, pH, shear and any combination of environmental conditions. There has also been a significant amount of research done on how environmental conditions influence whey protein powder denaturation upon use in a functional application. There is a general lack of understanding of the varying degrees of protein denaturation affects functionality for applications.

The overall chemical structure of proteins is the main factor relating to biological function. Furthermore, biopolymer protein structures are technologically important in determining their texturing, hydrating, and interfacial stabilizing functional abilities (Lefevre and Subirade, 2001). Functionality of whey protein is known to be influenced

by the degree of denaturation, a product of processing conditions.

### **Primary Structure**

The amino acid sequence of a protein constitutes primary structure. Covalent bonds between amino acids are associated with primary structure (Bischof and He, 2006). Nutritional quality is largely determined by the amino acids in the protein, represented as an amino acid score. Designation of the linear number of the amino acid sequence always begins at the N-terminal end of the peptide. Sequences are determined by a gene specific to that protein. Hydrolysis of protein occurs during digestion in the gastrointestinal system, but can be achieved through enzymatic treatment or fermentation to yield bioactive derivatives of whey proteins (Korhonen and Pihlanto-Leppala, 2002).

Whey protein hydrolysates generally have increased solubility, decreased viscosity as well as other significant changes in foaming, gelling, and emulsifying properties compared to those of native or denatured, non-hydrolyzed proteins (Gauthier and Pouliot, 2003). Variations of functional properties of whey protein products compared to hydrolysate peptides produced by enzymatic hydrolysis are results of lower molecular weight, exposure of hydrophobic groups, and by an increased number of ionic groups (Panyam and Kilara, 1996).

Gauthier and Pouliot (2003) have studied the functional and biological properties of hydrolyzed whey protein. They reported that the functional properties exhibited by enzymatic hydrolysates are predominantly resulting from hydrolysis of  $\beta$ -lg peptides. Furthermore, they identified specific peptides that were involved in the stabilization of emulsions and foams. This group has also done work to explore fractionation of peptides on the basis of their charge, resulting in fractions and having improved functional

properties. In addition to peptide fractionation, the control of peptide interactions can therefore be achieved by manipulating pH, ionic strength, and temperature of their environment. This technology has resulted in the recent introduction of several whey protein hydrolysate products. However, the practical use of whey protein hydrolysates is inhibited by the bitter taste the process imparts. This is due to the formation of bitter peptides of low molecular weight with mainly hydrophobic amino acids (Saha and Hayashi, 2001).

### **Secondary Structure**

The 2-dimensional, conformational structure of the amino acids defines the secondary structure of the protein. Secondary structure is classified as alpha helix and beta sheet. A protein can, and most whey proteins do, have a combination of the two determined by the amino acid sequence. Generally, alpha helices are a defining characteristic of globular proteins that are compact with many folds, such as  $\alpha$ -la. Conversely, beta sheets are a defining characteristic of fibrous proteins that are more elongated and rigid, such as  $\beta$ -lg (Smith and Culbertson, 2000).

$\beta$ -lg is a predominantly  $\beta$ -sheet protein consisting of a  $\beta$ -barrel with eight continuous antiparallel  $\beta$ -strands. However, upon changes in the secondary structure, the folding of bovine  $\beta$ -lg is accompanied by an intramolecular  $\alpha$ - $\beta$  transition. Secondary structural shifts of backbone resonances suggest that secondary structures in the native state contain many  $\alpha$ -helices in the core of the  $\beta$ -barrel (Kuwata et al., 1999).

Disruption in the secondary structure occurs when the hydrogen bonds that stabilize the  $\alpha$ -helices and  $\beta$ -sheets causing unfolding and random configuration of the proteins (Bischof and He, 2006). Denaturation at this level usually results in aggregation

and precipitation.

### **Tertiary Structure**

The overall three dimensional structure of a protein constitutes the tertiary structure. The physical relationship of the  $\alpha$ -helices and  $\beta$ -sheets of the secondary structures within the protein to one another is defined as tertiary structure. The interactions between secondary structural domains and involved in the aggregation to form the tertiary structure. This is determined by hydrogen bonding, hydrophobic and electrostatic interactions, and Van Der Waals forces and disulfide bonds (Foegeding et al., 1995). Arrangement of the tertiary structure during denatured states is thus dependent upon the assumed primary and secondary structure in the denatured state.

Whey protein denaturation involves a rearrangement of the tertiary structure so that the free thiol group from cysteine at residue 121 in  $\beta$ -lg, which under native conditions is buried within the protein molecule, becomes exposed. This activated thiol group can subsequently react with disulfide bonds that are also present in  $\beta$ -lg or  $\alpha$ -la in an exchange reaction, or can react with another thiol group to form a disulfide bond (Floris et al., 2008). Such polymerization reactions allow small aggregates to form which can be used for texturization and gelation (Floris et al., 2008).

### **Quaternary Structure**

Only oligomeric proteins, those with multiple peptide chains, exhibit quaternary structure. Quaternary structure is determined by the association of the multiple peptide chains held together by non-covalent forces.  $\beta$ -lg contains a free cysteine amino acid that is thought to have an important role in the denaturation of whey protein, beginning with the dissociation and association of the quaternary structure (Corredig and Dalgleish,

1996). Denaturation of quaternary structure is highly pH dependent for  $\beta$ -lg, as it exists as a dimer at neutral pH levels, a monomer at low pH levels and an octamer at high pH levels (Relkin, 1998). The form at which  $\beta$ -lg exists in quaternary structure plays a role in several functional properties, such as solubility, viscosity and gelation.

## **2.4 Factors of Whey Protein Denaturation**

The primary, secondary, tertiary and quaternary structures of whey protein are most native in structure that is how they are naturally synthesized and assembled, in raw milk. Several factors discussed in the following sections cause denaturation of the whey proteins during processing.

### 2.4.1 Temperature and pH

Milk borne disease causing pathogens are destroyed during pasteurization of milk. The pasteurized milk ordinance (PMO) states that every particle of milk or milk product must be held at one of the time-temperature requirements listed in table 2.5. The time temperature relationship most often used is for high temperature, short time (HTST) pasteurization is 72°C for 15 seconds. While pasteurization imparts the greatest heat load to whey protein during production, there are other processes that impart lower heat loads, such as cheese manufacturing, concentration and drying.

Structural changes that constitute the transition of native to denatured state of whey proteins have been extensively studied in the recent decades. For  $\beta$ -lg and  $\alpha$ -la, thermal transitions involving loss of globular structure and unfolding of secondary structure begin occur at 73°C and 66°C, respectively (Ruegg and Moor, 1977). Thermal treatment of whey proteins results in the carboxymethylation of cysteine in B-lg which leads to loss of B-lg cross linking (Chen et al., 2005). At these lower temperatures,

unfolding of the proteins is generally reversible, however at more extreme temperatures, the proteins self associate or aggregate, and the denatured state becomes irreversible (Law and Leaver, 2000). Models for heat induced aggregation of  $\beta$ -lg has been proposed in several studies using various analytical methods to be initiated by monomers reacting with other monomers in a disulfide bonds to form aggregates (Havea et al., 2001). Under thermal treatments, denaturation has been shown to lose globular structure at 60°C (Ruegg and Moor, 1977). Thermodynamically, denaturation occurs when energy is transferred to a protein structure with the capability of changing the molecular confirmation. As previously discussed, this occurs in two steps: 1) activation- the kinetics of breaking an energy barrier and 2) enthalpy-the amount at which the heat is absorbed (Bischof and He, 2006).

**Table 2.5 Time-Temperature Relationships for Pasteurization**

Temperature (°C)	Time (Seconds)
63	1800
72	15
89	1.0
90	0.5
94	0.1
96	0.05
100	0.01

Adapted from PMO, 2007

$\beta$ -lg has been extensively studied. However, the mechanics of thermal denaturation, with the exception of carboxylation, are still not understood in great detail at the structural level (Mousavi, 2008). Kinetic partitioning, a phenomenon where more than one conformation is achievable by a peptide chain, yet one conformation is more kinetically achievable than the other, is a possible explanation for the unfolding and



subsequent aggregation well demonstrated by whey proteins (Mousavi, 2008). Thermal denaturation is likely governed by environmental conditions of the whey proteins.

Milk has a slightly acidic pH of approximately 6.65. The pH of the whey is directly related to the pH of the cheese curd; however the curd pH is usually slightly lower than the whey pH (Yun et al., 1995). Acid whey generally has a pH of 4.6-5.0, while sweet whey has a pH of 6.2-6.4 (Park, 2009). Liquid whey pH can be altered prior to further processing to promote desired functional properties. The pH of the final application of the whey protein ingredient has a large role in maintaining structural state and functional properties.

Tertiary and quaternary structure is altered at certain pH levels. When the pH is near 7,  $\beta$ -lg, which is natively a dimer dissociates into monomer, in a two step reaction beginning with unfolding followed by polymerization of the monomers through sulfhydryl oxidation and a sulfhydryldisulfide exchange reaction (Harwalkar, 1980). At pH levels below 3.0,  $\beta$ -lg exists in the monomeric form. Conformation of protein is relatively unaffected (Mills and Creamer, 1975).

Many researchers have explored the potential pH effects of thermal denaturation of whey proteins (Harwalkar, 1979; Law and Leaver, 2000; Corredig and Dalgleish, 1996; Pelegri 2005). In one study on the effect of pH on the thermal denaturation of whey proteins, Law and Leaver (2000) found denaturation of the four whey protein fractions,  $\beta$ -lg,  $\alpha$ -la, Ig, and BSA/LF, increased with heating time and varied pH. Under the same heating and pH conditions, the susceptibility of the whey proteins to denaturation was in the order Ig > BSA/LF >  $\beta$ -lg >  $\alpha$ -la. For most heating conditions, the rate of denaturation of the Ig were highest at a pH 6.0, decreasing to a minimum about

pH 7.4, increasing up to about pH 7.8, and then decreasing slightly at pH 8.0. The rate of denaturation of the serum albumin/lactoferrin fraction, however, tended to be highest at low pH, decreasing to a minimal denaturation at pH 7.4, increasing up to about pH 7.8, and then decreasing slightly pH 8.0. The rate of denaturation was at its minimum for  $\beta$ -lg near the natural pH of milk became. The rate of denaturation for  $\beta$ -lg increased rapidly between pH 5.2 and 6.1, decreased to about pH 6.8, and then increased rapidly up to pH 8.8. The rate of denaturation of  $\alpha$ -la decreased between pH 5.2 and 6.0, increased slightly close to pH 6.2, and then increased fairly rapidly up to pH 8.8.

The pH of heating also affects the functional properties of the whey protein. For example, that the protein which precipitated from milk heated above pH 7.5, which is where the rate of denaturation for  $\beta$ -lg was at a minimum, had better solubility properties than that from milk heated at its natural pH of 6.5, which is when the rate of denaturation of  $\beta$ -lg is at its highest (Grufferty and Mulvihill, 1987).

#### 2.4.2 Shear

Shear energy is conveyed when fluids are in motion under confined circumstances. For some processing applications, such as homogenization, shear force is intentional and yields a desired effect. However, shear stress is more often byproduct of forcing movement of a fluid through use of pumps, mixers and pipeline components (Daubert and Foegeding, 2003). Whey protein structure is affected by the shear stress applied in the force and rate used to move the liquid carriers of the proteins, namely milk, liquid cheese whey and liquid applications of whey protein ingredients. Furthermore, interest surrounds the use of high hydrostatic pressure as a possible alternative for heat treatment to destroy microorganisms in dairy products (Considine et al., 2007).

As described by Considine et al. (2007) shear from high hydrostatic pressure induces the loss of globular structure in whey proteins. The compressibility of protein depends on the type of protein and the extent of the treatment and may affect its particle size. High pressure denaturation is induced by alteration of the equilibrium between the interactions that stabilize the folded conformation in the secondary structure of native proteins. Therefore, such the denaturation of whey proteins may have occurred due to the reduced stability of the hydrophobic core. If the globular proteins were even partially unfolded, then aggregation of molecules via disrupted hydrophobic groups would most probably result in bigger particles as shown by the change in distribution of interactions. Hydrophobic cores of whey proteins are less stable at high pressure due to loss of partial molar volume upon its local unfolding. Pressures of 100–200 MPa are sufficient to cause dissociation of quaternary structure of multi-protein complexes, however, small monomeric whey proteins are usually denatured between 400 and 800 MPa.

The application of heat and high shear has been used to achieve denaturation of whey protein ingredients when that is desired. Dissanayake and Vasiljevic (2009) demonstrated the effect of denaturation induced by high pressure processing improving foaming properties when compared to native whey protein. High-pressure shearing positively increased both foam overrun and stability in their study of functional properties of whey protein induced by high pressure shearing. The foaming properties of whey protein concentrates were significantly correlated with the amount of  $\beta$ -lg, as  $\beta$ -lg is the most pressure-sensitive whey protein. Foaming properties of whey proteins are improved with high pressure as molecular flexibility and increased surface hydrophobicity are improved. This study also found that solubility increased significantly due to the

conformational rearrangements in the quaternary and tertiary structures of whey proteins.

## **2.5 Analytical Methods of Characterizing Whey Protein Denaturation**

Many basic principles of chemical analysis can be used to quantify whey protein denaturation, such as spectroscopy, chromatography, dye-binding methods, nitrogen analysis and electrophoresis (Chang, 2003). The quantification of whey protein denaturation is important for understanding behavior of functional properties and biological activity investigation (Chang, 2003). Thermograms and dichroism measure the rate at which proteins denature by heat and are commonly used. Protein solubility at pH 4.6 is often used to quantify total and soluble proteins resulting in the expression of the percent of the total which is denatured, insoluble at pH 4.6.

### **High Performance Liquid Chromatography (HPLC)**

HPLC is a general term for column chromatographic methods used to separate, identify, quantify or purify compounds based on polarity, under high pressure. The separation of compounds in the sample is dependent upon the stationary and mobile phases. Partition, adsorption, ion exchange, size exclusion, affinity and chiral are the classifications of HPLC based on separation method (Skoog, et al., 2009). Reverse-Phase partition HPLC (RP-HPLC) and size exclusion HPLC (SE-HPLC) are commonly used for analysis of proteins (Rounds and Gregory, 2003).

Upon injection of a protein containing sample into the column, the sample is introduced to the mobile phase (eluent) and proceeds through the stationary phase of packed particles in the column. A detector and recording system are used to plot the concentration of compounds in the mixture as a function of time as quantifiable peaks on a chromatogram (Skoog, et al., 2009).

Under normal phase partition HPLC, the column is full of tiny polar particles, often silica and the polar compounds in the sample will stick to the column and take longer to pass through than the nonpolar compounds in the sample, yielding a separation over time. Long chains of hydrocarbons can be attached to the column surface to make it non polar and the opposite phenomenon occurs, the nonpolar compounds will stick to the surface and the polar compounds will pass through faster. When such a column is used, the method is reverse phase HPLC (Skoog, et al., 2009).

Parris and Baginski (1991) suggested the use of RP-HPLC to determine the extent of whey protein denaturation. In this study researchers found that reversed phase-HPLC can be used to quantify undenatured whey protein which can be expressed as whey protein nitrogen, WPN, based on comparisons to highly purified standards. Specifically, the technique is used to quantify denaturation by comparing the area of the normalized peaks of a control to the peaks of a thermally denatured sample.

Researchers have found with this method it is possible to quantify the major whey proteins  $\beta$ -lg and  $\alpha$ -la using this method, however it is difficult to simultaneously quantify minor whey proteins BSA, immunoglobulin, and proteose peptone fractions (Elgar et al., 2000). However, optimizing mobile phase composition, gradient, sample size and flow rate, Elgar et al. (2000) were able to achieve simultaneous separation and quantification for whey protein isolate of 94%-99% of the total nitrogen, but only 81-88% of the total nitrogen for whey protein concentrates.

Size exclusion HPLC, as the name implies, fractionates proteins on the basis of their size (Rounds and Gregory, 2003). SE-HPLC can be used to quantify denaturation based on the decrease of the peak area for each protein, reporting percent denaturation as

a percentage of the peak area of the samples corresponding to a defined undenatured sample (Ju et al., 1997). They determined the percentage of denaturation in a control whey protein isolate, WPI solution by calculating the difference between total protein and protein content in the supernatant after performing a precipitation at pH 4.6 using nitrogen determinations by the Kjeldahl method. WPI solutions were then subjected to a variety of heat treatments, centrifuged and analyzed for remaining protein in the supernatant. Percent denaturation was calculated by the loss of native protein compared to the control WPI protein for each of the major whey protein peaks.

HPLC is one of the most widely used analytical methods for analyzing whey proteins (Elgar et al., 2000; Ju et al., 1997; Parris et al., 1991). Versatility, short analysis time and high resolution make it one of the main techniques for analyzing protein for the dairy industry (Elgar et al., 2000). HPLC can separate compounds with molecular weights of 54 to 450,000 Daltons over a wide range of polarity, can take as little as ten minutes to run and is usually reproducible to 99% (McMaster, 2007). The power of the HPLC instrumentation lies in proper use, which is dependent upon equipment and run parameters. Varying the flow rate (pressure) and eluent material (mobile phase) the resulting efficiency of separation is affected. Elgar et al. (2000) demonstrated that these parameters can be manipulated to achieve simultaneous separation of whey proteins. RP-HPLC has been shown to have good reproducibility and low variability as well (Parris and Baginski, 1991).

Cost, complexity, low sensitivity to certain compounds and difficulty of analyzing mixtures simultaneously are the major disadvantages of this HPLC (Lehr, 2009b). Initial cost of any HPLC machine is expensive; furthermore, columns and solvents are very

expensive and have short shelf lives drastically increasing the operating costs (McMaster, 2007). The complexity of HPLC makes it difficult to optimize parameters and it can take a great amount of time to achieve desired separation. Although Elgar et al. (2000) described a method, they relied on drop lines of smaller proteins to quantify, which is not very sensitive.

### **Fast Protein Liquid Chromatography**

Principally very similar to HPLC, Fast Protein Liquid Chromatography (FPLC) generally employs ion exchange or gel filtration chromatography methods. It is preferred to HPLC because it can handle a higher load of protein in solution (Sheehan, 1996).

Fast protein liquid chromatography is used to measure denaturation as the loss of native  $\beta$ -lg that occurs when it self-aggregates as a result of denaturation (Galani and Aparenten, 1999). Expression of protein denatured as a loss of tertiary and quaternary structure can be reported in the same manner as HPLC, as a percentage of the total protein in a control (Manji and Kakuda, 1987). When comparing three methods used for determining thermal denaturation of whey protein, Manji and Kakuda (1987) found that the results from FPLC and Kjeldahl were not different, suggesting that FPLC appears to be comparable method to KN in terms of results.

### **Bicinchoninic Acid Assay (BCA)**

The BCA Assay relies on a chemical reaction to measure protein concentration by absorbance at 562 nm on a spectrophotometer. This reaction is initiated by the reduction of  $\text{Cu}^{2+}$  to  $\text{Cu}^{1+}$  that occurs when whey proteins are placed in an alkaline environment. The addition of bicinchoninic acid catalyzes the colorimetric reaction detectable by

spectrophotometry (Pierce Technology, 2010). Specifically, the amino acids cysteine, tryptophan and tyrosine are responsible for the reduction of cupric ions to cuprous ions, which react with the BCA reagent to form a purple color (Wiechelman et al., 1988). The intensity of purple is proportional to the concentration of the protein and can be compared to standards of known concentrations. An external standard curve which is then used to determine concentration of unknown samples by the signal produced by the unknown (Lehr, 2009a). BCA can be used to determine whey protein denaturation by calculating total protein and soluble protein following a pH adjustment to precipitate the denatured protein. % Native is calculated by the following equation:

$$\frac{\text{Concentration in Soluble Supernatant}}{\text{Total Concentration}} \times 100$$

To my knowledge, this method has not been used as a method to quantify denaturation. However, BCA is a quick, relatively inexpensive, reproducible method. The microplate method is sensitive to 0.5-0.1µG/µL (Chang, 2003). Some disadvantages to this method are that the color is not stable with time and requires analysis in a given window of time, reducing sugars and other peptides may interfere with the reaction (Chang, 2003).

### **Kjeldahl**

Kjeldahl nitrogen is one of the most common methods for determining protein and is the official AOAC method for dried milk (Association of Official Analytical Chemists, 1980). While there are standardized Kjeldahl procedures, several researchers have developed modified Kjeldahl methods to quantify more specifically or to decrease



the inherent timeliness and difficulty of the known procedures (Manji and Kakuda, 1987). When using Kjeldahl nitrogen to quantify denaturation, Kjeldahl procedures must be done on a control and a treated sample, calculating % denaturation on the basis of:

$$\frac{WPN\ Total - WPN\ Soluble}{WPN\ Total} \times 100$$

The Kjeldahl Nitrogen method has been widely used for several decades and is an approved standard method, however it is also known for being time consuming and tedious (Manji and Kakuda, 1987). Kjeldahl methods are known for quantitative measurements of protein and tend to have good reproducibility and reliability.

### **Circular Dichroism (CD)**

CD is a spectroscopic method that measures the left and right handed polarized light that is produced by chiral molecules over a range of wavelengths. Individual whey proteins can be distinguished using this method, therefore is a common method used to study the secondary structure,  $\alpha$ -helix,  $\beta$ -sheet and  $\beta$ -turns, of proteins as they are affected by environmental conditions such as temperature and pH. The response is recorded as a thermal denaturation curve that depicts the structural change compared to controls (Chen et al., 2005).

Qi et al. (1997) used FTIR, a common method which they considered reliable to study secondary structure of proteins, to evaluate the use of CD for the same application. In a study where the effect of temperature on the secondary structure of  $\beta$ -lg was measured, they found the results of the two methods had differences of 5% concluding that CD is satisfactory for the application. In a study to evaluate the possible use of  $\beta$ -lg as a thermal marker for whey protein denaturation, Chen et al. (2005) found that  $\beta$ -lg has severe loss of native structure when treated at 80°C for 15 seconds using CD.

Both Chen et al. (2005) and Hong and Creamer (2002) have used CD to study the rate of denaturation, characterized by loss of native structure, and validated with electrophoretic techniques.

CD is a sufficient method for predicting secondary structure, especially  $\alpha$ -helices and  $\beta$ -sheet, making it a good method for analyzing globular whey proteins. Standard reference spectra are available for whey proteins to assist in interpretation, which can be very tricky (Tremblay et al., 2003). Furthermore, denaturation is not easily detectable by CD.

### **Polyacrylamide Gel Electrophoresis (PAGE)**

Electrophoresis is an analytical method in which charged molecules are measured by their migration through a charged field based on net charge and applied voltage (Smith, 2003). PAGE is a common electrophoretic method used for proteins that can be manipulated in many ways to separate proteins. Under native conditions, proteins separate based on size, charge and shape of molecule. Sodium Dodecyl Sulfate (SDS) is a dissociating agent used to denature all proteins into individual polypeptides.  $\beta$ -mercaptan is often used as a reducing agent to disrupt all disulfide bonds to analyze proteins based on molecular weight and size uniformly. SDS-PAGE is a very widely used technique due to its ability to analyze a wide range of molecular weights, from 5-150kDa (Considine et al., 2007).

As SDS denatures all proteins, it is not possible to characterize the structure of the proteins. For structural analysis using PAGE, native conditions are utilized. Omission of SDS and reducing agents allows the proteins to run based on their mass charge and molecular weight as proteins. However, with native PAGE, aggregate of denatured whey

proteins can be too large to enter the gel and remain in the sample well (Anand et al., 1998). Protein aggregation, indicative of denaturation, can be studied using two-dimensional (2-D) PAGE. This can be an alternative method to measuring degrees of denaturation specifically of one dimensional (1-D) PAGE. 2-D PAGE separates initial mixtures (aggregates) of proteins while leaving disulfide bonds intact. In the first dimension, the proteins and aggregates are separated into bands, then a reducing agent is applied and the second dimension separates polypeptides allowing detection of disulfide aggregates (Considine et al., 2007). Havea et al. (2001) used this method analyzed the aggregation of whey proteins in untreated, heat treated and pressure treated  $\beta$ -lg. They were able to identify bands attributed to dimer and trimer aggregates of  $\beta$ -lg in the heat and pressure treated samples. It was also noted, however that such denaturation resulting in dimerization may have been induced through oxidation of thiol groups during sample preparation or electrophoresis.

SDS-PAGE has also been employed to detect the loss of native whey proteins using a laser densitometer and simply attributing the loss of total protein to aggregation by Galani and Apenten (1999). They suggest that mildly denatured proteins, non-covalently linked aggregates, are dissociated into monomers, while aggregates linked by disulfide bonds will not dissociate without a reducing agent. Thus it is possible to quantify denaturation by loss of native proteins using densitometry. While there is merit to this statement, it does not account for the thermal denaturation or other possible reactions that occur when using the SDS method.

PAGE is a widely accepted method due to its reliability. Compared to many other analytical methods, PAGE is relatively easy to run. Using this approach, however, does

not account for the proteins that have a lower degree of denaturation and have not aggregated. It is difficult to compare density of bands from one gel to another due to inherent differences in the gel's initial composition and protein bands determined by factors of loading volume, run time, stain strength and time.

### **Capillary Electrophoresis (CE)**

Another electrophoretic method, CE is the first that does not require a flat stabilized, solid or semisolid medium (Skoog, et al., 2009). Rather, a silica fused capillary tube is the medium for mobility between two reservoirs of buffer. Quantitative analysis for whey protein denaturation results can be attained using CE by conducting a reference curve for each protein to compile a standard curve. This can be very time consuming as it involves all components of each protein and must include genetic variants of each protein in native and denatured states.

Ardö et al. (1999) described the use of CE for quantitative analysis for whey protein denaturation to monitor heat load of milk. They found that significant loss of the native structure in whey proteins, specifically of  $\beta$ -lg, can be used to quantify denaturation. Quantitative results can be attained using CE in this method by conducting a reference curve for each protein to compile a standard curve. This can be very time consuming as it involves creating internal standards for each protein with purified proteins and must include genetic variants of each protein in native and denatured states. They concluded that while this is an effective technique, the complexity and analytical equipment currently required make it impractical for the dairy industry.

However, CE is advantageous over other methods of electrophoresis due to on-line detection coupled with detectors which enhance sensitivity and resolution, which are

common for chromatography methods (Tremblay et al., 2003).

### **Fourier Transform Infrared Spectroscopy (FTIR)**

The structural characteristics of food proteins have been studied by Fourier transform infrared (FTIR) spectroscopy to determine their protein structures. Valuable information at the molecular level is gained by analyzing the amide regions of infrared spectra where vibrations originate from the amide vibrations of the peptide bonds in the secondary structure. As proteins denature, they adopt secondary structures which differ in the geometry and hydrogen bond strength when compared to the native conditions. Consequently the secondary structures of a protein give rise to vibrations located at specific wavenumbers in the infra-red region of spectroscopy (Lefevre and Subirade, 1999). Due to the close proximity of the vibrations, a beam splitter is used to divide radiation directed at moving and stable mirrors and then recombine at which point the intensity by which the interference creates is detected creating an interferogram (Tremblay et al., 2003). A mathematical treatment known as Fourier Transform Deconvolution is then applied to the interferogram to convert it into IR spectra.

FTIR is a common method for determining the amide I and amide II regions of secondary structure, specifically the polypeptide backbones of proteins while in solution (Qi et al., 1997; Bischof and He, 2006). Parris et al. (1991) used FTIR to quantify thermal denaturation of whey proteins in skim milk at a more detailed level compared to HPLC and PAGE. They described a method for interpreting the spectra by monitoring the amide I region for conformational changes due to the high number of peptide bonds in the backbone of this region. In their study of thermal denaturation of whey proteins, researchers found that all five major bands in the amide I region when heated to 85°C for

30 minutes, and two new bands appeared when compared with known standards. They conclude that this is indicative of aggregation in the two stage denaturation process.

Most FTIR instrumentation now come with self deconvolution software built in, making easier than historically when researchers had to physically apply the fourier transform deconvolution. However, the complexity and cost of the equipment still make the FTIR a daunting method for quantification of protein denaturation. Overall loss of native structure can be determined using FTIR, however deconvolution of the spectra is necessary to gain insight into the structural changes in each of the amide regions that are affected by denaturation.

### **Fluorescence Spectroscopy**

Fluorescence spectroscopy, or spectrofluorimetry, is an analytical method in which the photoluminescence of an analyte produces quantifiable fluorescence during the spectroscopic process of radiation of matter as a function of wavelength. Molecules with a high degree of rigidity in their conformation are capable of producing such fluorescence. As a two-photon process, there is an excitation wavelength and an emission wavelength. This differs from other spectrophotometry methods because a beam of wavelength in one direction excites the sample which and a beam of a higher wavelength at a ninety degree angle from the excitation wavelength emits a fluorescent spectrum (Skoog, et al., 2009). The values are expressed as relative fluorescent power,  $F$ .

Tryptophan is a well known luminescent amino acid that has been used extensively in fluorescence spectroscopy.  $\beta$ -lg contains tryptophan at residues 19 and 61 of the amino acid sequence, which under native conditions are buried in the globular structure of the protein. Whey protein denaturation can be monitored using fluorescence

spectroscopy by monitoring changes in fluorescent intensity and emission wavelength (Strasburg and Ludescher, 1995).

Anand et al. (1998) used fluorescence spectroscopy to study thermal denaturation of whey protein and were able to successfully characterize a two step denaturation process using the method. In this study, they found that tryptophan fluorescence increases linearly with an increase of heat treatment from 71.1°C to 79.4°C, and reaches a ceiling at 79.4°C, observing no difference at 82.2°C all having hold times of three minutes. Conversely, Marangoni et al. (2000) found a fourfold decrease in fluorescent intensity from native to completely thermally denatured whey protein treated for thirty minutes at 80°C. These discrepancies suggest that the much postulated two phase denaturation may be demonstrated by these two research groups. It is possible that both data are correct in claiming that denaturation is observed, while an increase may represent the first phase of denaturation, unfolding of the proteins and exposing fluorescent tryptophan residues. Subsequent decrease in fluorescence intensity is evident of aggregation, where the tryptophan residues are no longer exposed.

Fluorescence spectroscopy is advantageous due to its high sensitivity and non invasive technique with minimal preparation make fluorescence spectroscopy a highly favorable method for determining protein characteristics (Diez et al., 2008).

## **2.6 Justification of Research**

The majority of the studies on heat induced whey protein denaturation have been carried out on whey proteins using WPI (whey protein isolate) or WPC (whey protein concentrate) which have higher protein concentrations than bovine whey/milk or in reconstituted milk or whey. Liang et al. (2006) noted that research on whey isolated from

fresh raw milk was lacking and did a study to develop a method to isolate whey proteins from fresh raw milk. In addition, other studies have focused on individual whey proteins rather than the collective group of whey proteins. (Agrawal et al., 2008).

There lacks a standard analytical method to quantify denaturation of whey protein. Furthermore, how the many methods currently being used to characterize and quantify whey protein denaturation relate to one another unclear. Native PAGE offers a true separation to quantify the components of whey proteins. Fluorescence spectroscopy offers insight to the denaturation of a proteins secondary structure, which is greatly influenced by irreversible denaturation. BCA assay is a method used to quantify complete denaturation from aggregation and precipitation of whey proteins. These three methods were selected for their differences in measuring protein denaturation at various structural levels and their applicability to industry as they are relatively low in cost, easy to run and have short analysis times.

Furthermore, it is not completely understood whether any of the methods currently employed correlate to functional properties of whey proteins. As solubility is known to be highly impacted by whey protein denaturation and has influence on many other functional properties, this functional property was selected to compare to results of predicted denaturation by analytical methods.

Table 2.6 summarizes the pros and cons of methods commonly used to quantify whey protein denaturation.



**Table 2.6 Common Methods for Measuring Whey Protein Denaturation**

Method	Pros	Cons
High Pressure Liquid Chromatography (HPLC)	Versatility of measuring 54 to 450,000 Dalton proteins, short time analysis, high resolution, good reproducibility	Cost, complexity, not ideal for protein mixtures
Fast Protein Liquid Chromatography (FPLC)	Versatility, short time analysis, high resolution (but lower than HPLC), good reproducibility, specific of proteins	Cost, complexity
Bicinchoninic Acid Assay (BCA)	Relatively low cost, good sensitivity, reproducibility	Unstable over long periods of time, interference of some compounds, sample preparation
Kjeldahl Nitrogen (KN)	Approved method (AOAC), good reproducibility	Time consuming, tedious
Circular Dichroism (CD)	Good at predicting secondary structure, standard reference data available for whey proteins	Only accounts for changes in secondary structure, difficulty in interpreting results
Native-Polyacrylamide Gel Electrophoresis (PAGE)	High reproducibility, simultaneous evaluation of all whey proteins, relatively inexpensive	Can be difficult to quantify, variability from gel to gel, denaturation measured in terms of apparent aggregation
Capillary Electrophoresis (CE)	Good reproducibility, high resolution	Difficult to avoid some adsorption to the polar phase
Fourier-Transform Infrared Spectroscopy (FTIR)	Short analysis time, high resolution, high sensitivity	Cost, Complexity, Difficult to interpret results
Fluorescence Spectroscopy	Good Reproducibility, high sensitivity, short analysis time	Values are absolute, mostly influenced by $\beta$ -lg

### 2.6.1 Significance of Research to Dairy Industry

Very little is understood about how protein structure changes that occur from native to various degrees of denaturation affect the functional properties of whey proteins. Current technology provides the ability to study how these functional properties are altered when whey proteins are in native or denatured forms. Determining whether

and how whey protein denaturation affects functionality as an ingredient in a food system would be valuable not only the dairy industry, but also the food industry as a whole.

Although the scope of this research focuses on the quantification of protein denaturation and the relationship of denaturation to solubility, this research on structural analysis is important to the future research of bioactivity of whey proteins. Specifically, how protein denaturation affects bioactive functions of whey proteins including gastrointestinal function, immunological development and function and microbial activity (Park, 2009).

### 2.6.2 Research Hypotheses and Objectives

Hypotheses:

1. Whey protein obtained through non-invasive processing procedures will have the most native structure.
2. Various analytical methods that determine denaturation based on primary, secondary, tertiary or overall structure vary in measured response.
3. Measurements of denaturation are related to functional properties of whey protein.

Objectives of research:

1. Characterize “Native” whey proteins.
2. Evaluate how different analytical methods respond to varying degrees of protein denaturation.
3. Determine if there is a correlation between denaturation as quantified by analytical and physical solubility.

Please note that this body of research was segmented into two experimental

designs, each of which encompassed several individual experiments. For the purpose of simplification, all experiments included in the first experimental design will be referred to collectively as “Experiment 1” and all experiments included in the second experimental design will be referred to collectively as “Experiment 2” for the remainder of this paper.

### 3.0 Materials and Methods

#### 3.1 Experiment 1

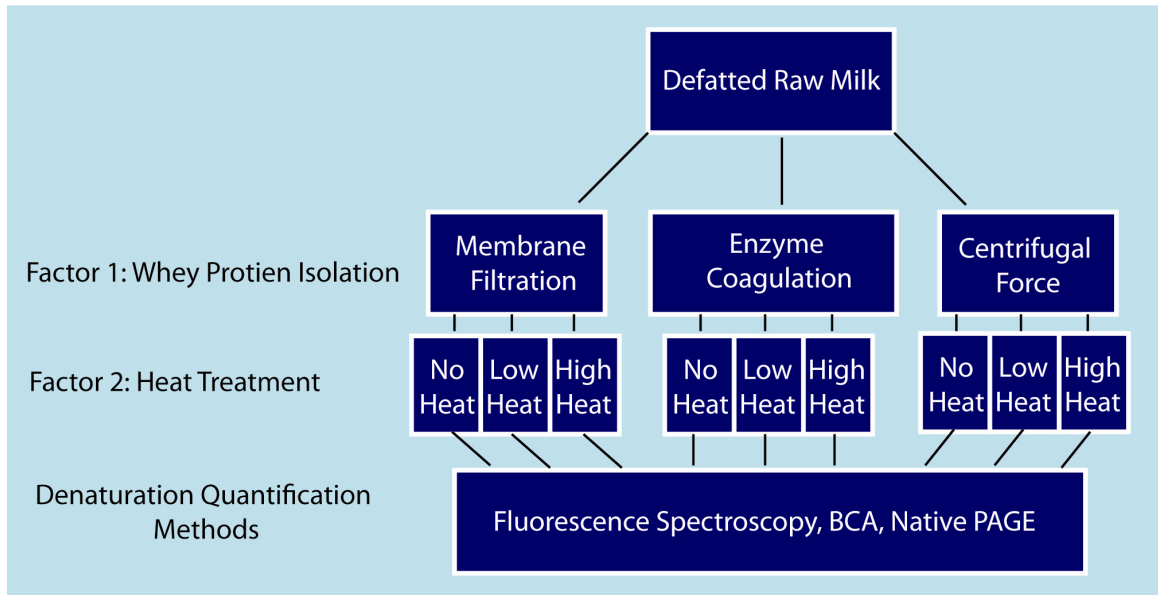
Experimental series 1 was a split plot experimental design with isolation and heat treatment being the two variable factors and a response variable of denaturation measured by native PAGE, BCA and Fluorescence Spectroscopy.

Table 3.1 and figure 3.1 offer a tabular and diagramed outline of this experiment. This is brief outline; the experimental methods are described in detail in the proceeding sections. Milk was obtained during the 3:00pm milking of the herd by locating the cows and collecting approximately one gallon of milk from each into ten gallon milk can. Milk was then transferred to the Dairy Product Technology Center (DPTC) and refrigerated. The pooled milk was then split into three plots for whey protein isolation, one plot received membrane filtration, another centrifugal force and the third enzyme coagulation. Liquid whey from each of the isolation plots was then pooled and split into three plots for heat treatment, no heat, mild heat and high heat. All samples were then refrigerated for four hours to equilibrate in temperature. Each of the nine treatments was then analyzed using PAGE, BCA and Fluorescence Spectroscopy for quantification of native structure. All analysis was performed in duplicate. Statistical analysis was performed on the data using SAS statistical software

**Table 3.1 Statistical Design of Experiment 1**

Factor	Treatment	Response
Isolation Method	Membrane Filtration	Denaturation Measured by: Native Polyacrylamide Gel Electrophoresis (PAGE), Fluorescence Spectroscopy and Bicinchoninic Acid Assay (BCA)
	Enzyme Coagulation	
	Centrifugal	
Heat Treatment	No Heat	
	Mild Heat	
	High Heat	

**Figure 3.1 Design of Experiment 1**



Key: Bicinchoninic Acid Assay of pH 4.6 Soluble Protein, PAGE- Polyacrylamide Gel Electrophoresis

### 3.1.1 Skim, Raw Milk

Four Holstein cows from the Cal Poly Dairy were selected for first lactation, and mid lactation, and mastitis free by the Cal Poly Dairy herdsman. The same cows were used for all replications. Selected cows were located during the afternoon milking session and approximately one gallon was collected from each cow into the same ten gallon milk can before redirecting the milk to the bulk tank. Combined, the four gallons of raw milk were then transferred to the DPTC walk in refrigerator at 50°C using a push cart. Milk was immediately batch skimmed in 5 batches. To skim, raw milk was ultracentrifuged in an L7-35 ultracentrifuge (Beckman Coulter, Brea, CA) at 4000 x g for 25 minutes at 4°C in 250mL aliquots using ultracentrifuge tubes (Beckman Coulter). A metal spatula was used to remove the cream layer from each centrifuge tube. Skim milk was then pooled by recombining in a 5 gallon plastic container and divided into three 2 gallon plastic containers and held at 50°C for immediate liquid whey isolation.

### 3.1.2 Enzyme Isolation

An Isotemp 210 waterbath (Fisher Scientific, Pittsburgh, PA) was set to 35°C and two 150 mL aliquots of skim, raw milk were brought up to 35°C in the water bath. When temperature was reached, 1ml of CHY-MAX enzyme coagulant (Chr-Hansen, Milwaukee, WI) was added and the liquid was stirred using a transfer pipette. All temperatures were monitored using a Traceable digital thermometer (Fisher Scientific). After enzyme coagulant was added, coagulation set for thirty minutes to simulate cheese coagulation. A metal spatula was used to disrupt and stir the coagulant and whey. Six 50mL Falcon centrifuge tubes (Becton Dickenson Labware, Franklin Lakes, NJ) were filled with the mixture and centrifuged in a 5810R bench top centrifuge (Eppendorf , New York, NY) at 1000 x g for thirty minutes at 4°C. Liquid whey was gently poured off of the coagulant into a 250mL glass jar and refrigerated at 3°C for four hours prior to heat treatment.

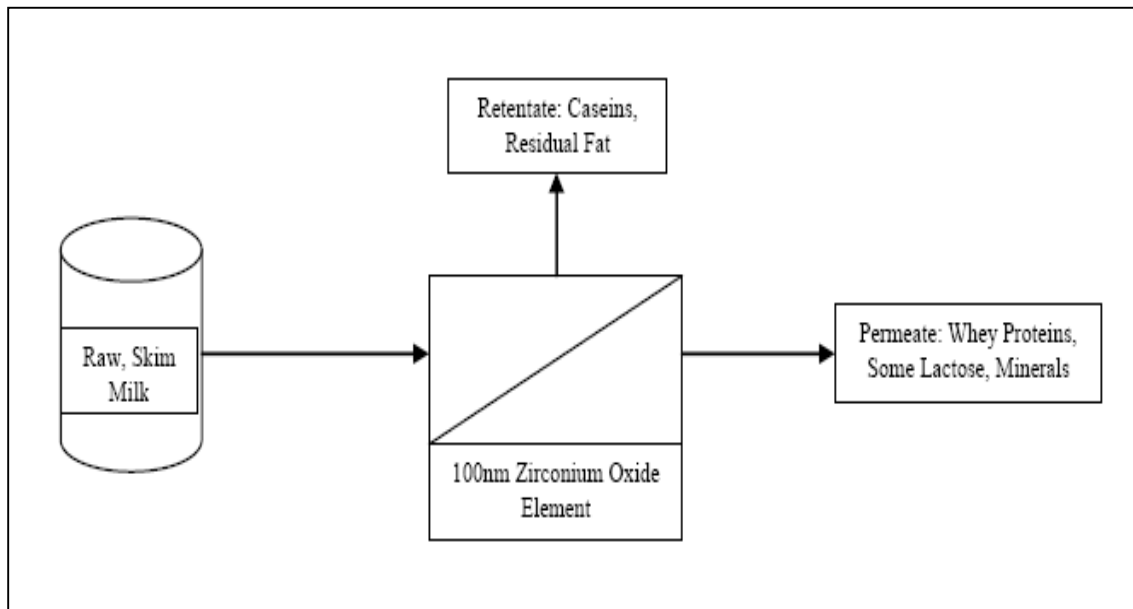
### 3.1.3 Membrane Filtration

A membrane filtration system was set up in the DPTC pilot plant specifically for this experiment. Membralox 1T1-70 Stainless steel housing (Pall Corporation, Port Washington, NY) containing a 100nm zirconium oxide mono channel element membrane (GEA Filtration, Hudson, WI) was attached to a ten gallon hopper through a Tri Clover pump and recirculation plastic tubing on the other side using o-rings and clover clamps.

Approximately two gallons of the skim milk allotted for this treatment were poured into the hopper. The pump was turned on and ran at 100 PSI until 400mL of liquid whey permeate had been collected into a graduated cylinder by attaching plastic tubing to the permeating port of the membrane housing. Figure 3.2 is a schematic of how

the column was set up. Whey was collected at a rate of 25mL/minute. Liquid whey was refrigerated at 3°C for four hours prior to heat treatment.

**Figure 3.2 Membrane Filtration Schematic**



#### 3.1.4 Centrifugal Isolation

Eight polycarbonate ultracentrifuge tubes (Beckman Coulter, Brea, CA) were filled with 40mL of skim milk and weighed so all tubes were within a 0.5 gram range for balance in the centrifuge. Tubes were then ultracentrifuged (Beckman Coulter) for 3 hours at 62,000 x g at 4°C. Liquid whey was gently poured off of the concentrated casein pellet into a glass jar then refrigerated at 3°C for four hours prior to heat treatment heat treatment.

#### 3.1.5 Heat Treatment

An Isotemp 210 water bath (Fisher Scientific, Pittsburgh, PA) was set to 76°C for the mild heat treatment and to 85°C for the high heat treatment. Four 25mL glass culture tubes (Pyrex #9820, Union City, CA) were filled with each of the three liquid whey

samples and 2 of each were placed in a test tube rack in the 76°C water bath. Using a digital Traceable thermometer (Fisher Scientific), the samples were brought up to 76°C and held for 15 seconds. Samples were then transferred to 50 mL centrifuge tubes (Fisher Scientific) for storage and refrigerated at 38°C for four hours. The remaining two tubes of each liquid whey were placed in the 85°C water bath, using the same digital thermometer were brought up to 85°C and held for 3 minutes. Again, samples were transferred to 50 mL centrifuge tubes for storage and refrigerated at 38°C for four hours.

### 3.1.6 Native PAGE

1mL aliquots of liquid whey samples from each of the nine treatment combinations were diluted with deionized water to bring the protein concentration to 5.4µg/µL. Native sample buffer, prepared by omitting SDS from Laemmli sample buffer (BIO-RAD, Hercules, CA) according to the label, was added in a 1:1 ratio with an aliquot of each treatment sample in 1.5 mL centrifuge tubes and mixed on a Vortex Genie 2 (Scientific Industries, Bohemia, NY) for ten seconds.

Precast 12% Tris-HCL polyacrylamide gels (BIO-RAD) were assembled in a single row AnyGel stand (BIO-RAD) and loaded with 10uL of each sample. The Criterion Cell buffer tank (BIO-RAD) was filled with a 10% tris-glycine tank buffer solution (BIO-RAD) and run at 100 volts on a PowerPac 300 electrophoresis power supply unit (BIO-RAD) until bands reached the bottom of the gel. This took approximately 2 hours. After disconnecting the buffer tank from the power supply unit, the gels were taken out of the stand and pried open using a metal spatula. The spatula was then used to carefully remove the gels from the plates and gels were placed in tupperware containers containing new Coomassie blue stain (BIO-RAD), designated for



native PAGE. They were then placed on an InnOVA 2000 platform shaker (New Brunswick Scientific, Edison, NJ) at 55RPM for 24 hours. Stain was carefully poured off the gel and replaced with a destain solution prepared with 40% methanol, 10% acetic acid, 50% DI water, then returned to the shaker for another 24 hours, replacing destain solution after 8 hours and after 16 hours, disposing in the appropriate waste containers.

The gels were analyzed by band imaging and densitometry using a Universal Hood II (BIO-RAD) and Quantity One software (BIO-RAD). Trans white was the selected scanner on the software and hood. DI water was used to lightly cover the tray to prevent the gel from sticking, making sure there were no air bubbles under the gel. The density of the bands corresponding to  $\alpha$ -la and  $\beta$ -lg were determined by first detecting gel background and framing each lane in the band analysis tabular section of the program. Still in band analysis, bands densities were calculated by detecting bands. The sum of the bands corresponding  $\alpha$ -la,  $\beta$ -lg and BSA was reported as the total density. Assuming a linear relationship of total protein and native protein, the density was highest for samples containing the most native structure and lowest for samples containing the most denatured structure.

### 3.1.7 Fluorescence Spectroscopy

An FP-6500 Spectrofluormeter (Jasco, Easton, MD) located in the Cal Poly chemistry department, was used for this experiment. A 10mm quartz cuvette with four optical sides (Fisher Scientific, Pittsburgh, PA) was used for all fluorescence measurements. The instrument is connected to a Dell computer with the respective software for the instrument, spectra manager (Jasco). In spectra manager, the spectrum measurement method was used to gather intrinsic spectra. Settings for wavelength

emission were 300-450 nm and 280nm for excitation. Band widths were set to 5nm with a response time of 0.1 second, data pitch at 1nm, and scanning speed of 500nm/minute and medium sensitivity. A background spectrum was collected using deionized water. This background spectrum was subtracted from each of the treatment spectra prior to reporting peak intensity. All spectra were smoothed using the corrections tabular prior to exporting the data as text. The peak intensity of the relative power,  $F$ , for each sample is proportional to the level of denaturation.

### 3.1.8 BCA

Two 25mL aliquots of each treatment sample were added to two 50mL centrifuge tubes (Fisher Scientific, Pittsburgh, PA). One of each was adjusted to pH 4.6 with 0.1 N and 0.01N HCl (Fisher Scientific) using a freshly calibrated hand held pH Tester 30 (OAKTON Instruments, Veron Hills, IL). Samples that were pH adjusted and unadjusted were then centrifuged (Beckman Coulter, Brea, CA) for 25 minutes at 1000 x g at 4°C and the supernatant was retained. Samples were all diluted to 147 $\mu$ L/mL in DI, to ensure that the samples were in the working range of 20-2000 $\mu$ g/mL, and mixed for ten seconds on the Vortex Genie 2 (Scientific Industries, Bohemia, NY). A BCA assay kit (Thermo Scientific, New York, NY) was used to determine total protein content in liquid whey samples and adjusted pH liquid whey samples. BCA standards and working reagents were prepared according to microplate procedure instructions, included with the kit. 25 $\mu$ L of each standard and sample were plated in duplicate on the microplate (PerkinElmer, Waltham, MA). 200 $\mu$ L of the prepared working reagent was then added to each well and mixed on an InnOVA 2000 platform shaker (New Brunswick Scientific) at 55RPM for 30 seconds. The microplate was covered and incubated at 37°C in an

Isotemp Incubator 655D (Fisher Scientific) for thirty minutes, then cooled to room temperature, approximately five minutes. The microplate was read at 562nm once cooled to room temperature in a Spectra Max Plus microplate spectrophotometer (Molecular Devices, Sunnyvale, CA) in congruence with Soft-Max Pro software (Meta Imaging Software, Downington, PA). An external standard curve was prepared from absorbance readings of the standards to determine the unknown protein content of each of the samples. DI water was subtracted as background from each sample. Soluble protein for each treatment was expressed as a percentage of total protein as the denaturation measurement.

### 3.1.9 Statistical Analysis

SAS 9.1 statistical software (SAS, Cary, NC) was used for statistical analysis of the data. Statistical code was specifically written to evaluate the major effects of each factor as well as the interaction effects of the two factors as shown in table 3.2. The code was used to analyze the response of denaturation as determined by native PAGE, fluorescence spectroscopy and BCA separately.

**Table 3.2 Statistical Analysis of Experiment 1**

Experimental Design	
Main Effects:	Isolation Method, Heat Treatment
Interaction Effects:	Isolation Method x Heat Treatment
Response:	Denaturation measured by native Polyacrylamide Gel Electrophoresis, Fluorescence Spectroscopy and Bicinchoninic Acid Assay
<i>n</i> (Replicates):	2

## 3.2 Experiment 2

The experimental series 2, a partial 2<sup>2</sup> experimental design, which had one factor

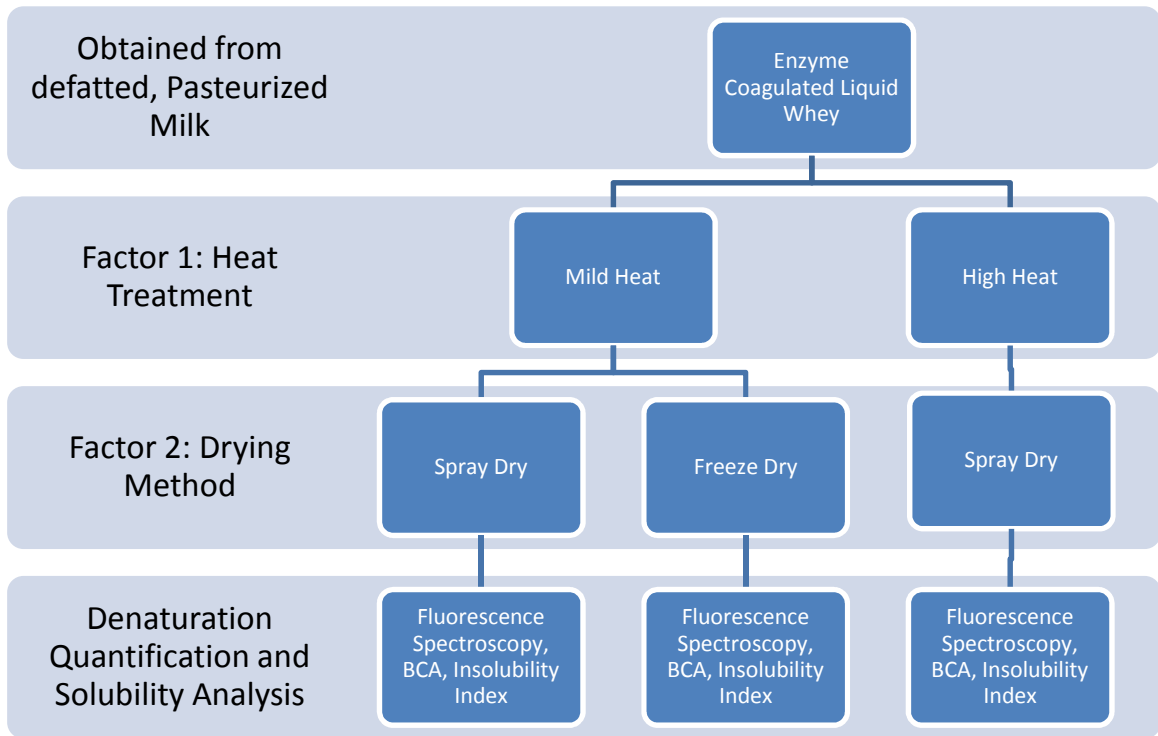
for one of the treatments, was performed in duplicate. These experiments were designed to answer questions that were formulated based on the results from the first experimental design, but with the intent to be able to control all of the processing parameters.

As shown in table 3.3 and figure 3.3, raw milk from the Cal Poly dairy was collected in 10-gallon milk cans after the morning milking and transferred to the DPTC. Next the milk was skimmed and pasteurized in the DPTC Pilot plant. The pasteurized, skim milk was then added to a cheese vat and coagulated with enzyme. Liquid whey was collected and heat treated. Whey was then refrigerated overnight at 3°C. The next day the liquid whey was concentrated and dried. Spray dried and freeze dried whey powder were reconstituted and analyzed for Solubility, and denaturation using BCA and fluorescence spectroscopy. General linear model, ANOVA was used to statistically analyze the data using Minitab. Specific methodology is described in the following sections.

**Table 3.3 Design of Experiment: Experiment 2**

Factor	Treatment	Responses
Heat Treatment	Low heat	Denaturation Measured by: Fluorescence Spectroscopy and Bicinchoninic Acid Assay (BCA)
	High Heat	
Drying Method	Freeze Dry	Solubility
	Spray Dry	

**Figure 3.3 Flow Diagram for Experiment 2**



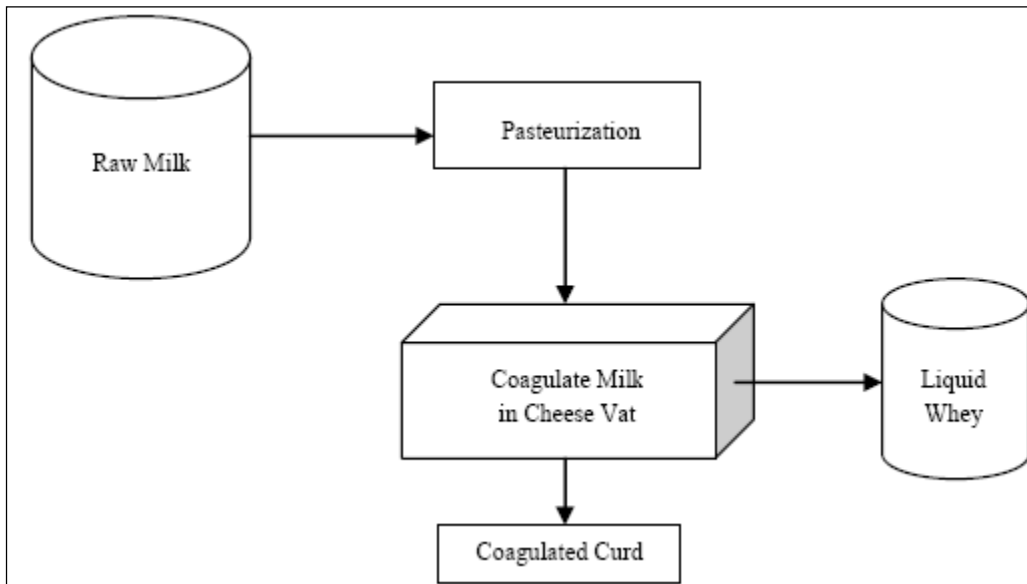
### 3.2.1 Whey Manufacture

Approximately 120 gallons of raw milk from Holstein and Jersey cows was picked up from the Cal Poly Dairy after the morning milking using twelve 10-gallon milk cans. Milk was collected using the provided hosing for the raw milk tank, located in the DPTC clean out of place (COP) station. Using two push carts, the milk was transferred to the DPTC pilot plant. The milk was immediately skimmed using the pilot plant separator (Westflaia, Germany) and batch pasteurized (PMS Processing Machinery & Supply, Philadelphia, PA) under HTST conditions in the DPTC Pilot Plant.

Figure 3.4 is depicts the process used for whey manufacture. Skim, pasteurized milk was collected into clean, 10 gallon milk cans from the pasteurizer. Pasteurized milk was then transferred to a 150 gallon cheese vat (Kusel Equipment Company, Watertown, WA). Milk was brought up to 30°C, using the steam jacketed vat, then 100mL of CHY-

MAX (Chr-Hansen, Milwaukee, WI) was added. After setting for thirty minutes, the curd was cut using vertical and horizontal cheese cutting wires. Whey was drained through a curd separator and pumped through a filter basket using a tri-clover pump into 10 gallon milk cans. Liquid whey was divided into two plots and immediately subjected to heat treatment.

**Figure 3.4 Schematic of Whey Manufacture**



### 3.2.2 Heat Treatment

A MicroThermics UHT/HTST Direct and Indirect Processing System (MicroThermetics, Raleigh, NC) pasteurization unit was used. For a low heat treatment, one plot was treated according to pasteurization parameters, 72°C for 15 seconds. The second lot was held at 79.5°C for 3 minutes. Heat treated liquid whey was refrigerated at 35°C overnight in covered 10 gallon milk cans.

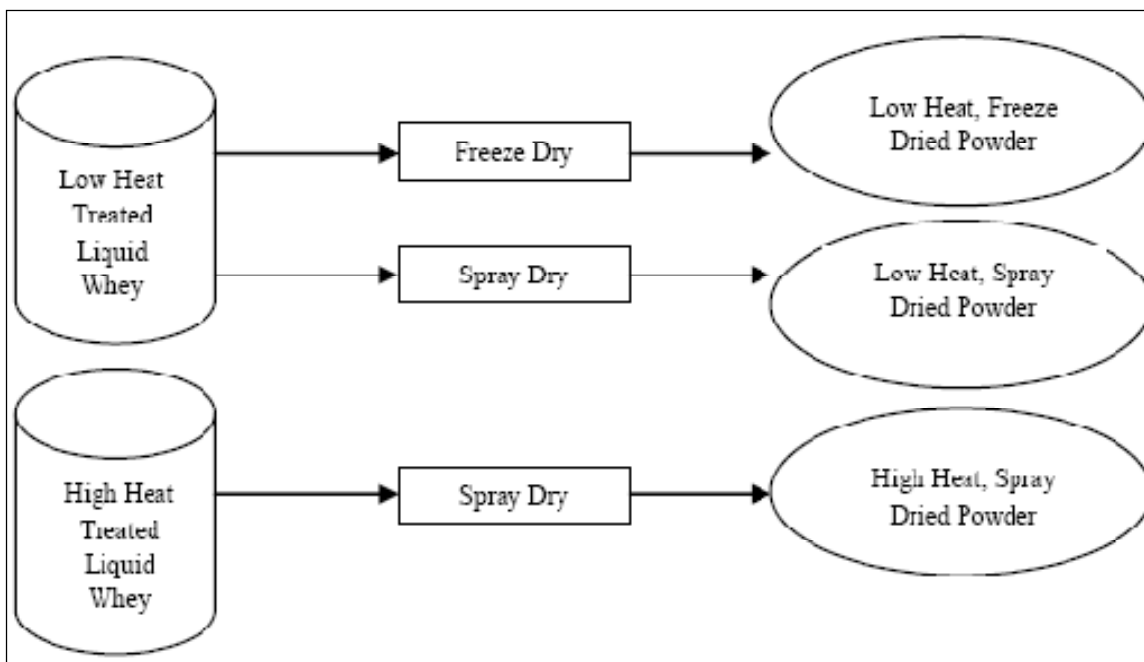
### 3.2.3 Powder Manufacture

Total Solids of the liquid whey samples were analyzed using a Lab Wave 9000

microwave oven (CEM Service, Matthews, NC). Two square sample pads (CEM #200150) were placed in the sample compartment and the instrument was zeroed out. Approximately 3 grams of liquid whey was added to the lower pad using a transfer pipette to sandwich between the two pads. The method for cheese whey was selected and power was set to 100%, this took 4 minutes for the weight to stabilize. Total protein analysis was done using BCA, as described in section 3.1.8. Liquid whey was concentrated based on calculations to yield a powder with 35% protein, assuming the moisture of the finished powder would be approximately 5%. Concentration was done using a 10 nm ultrafiltration ceramic membrane in an R-12 Universal Membrane System (GEA, Milwaukee, WI) in the DPTC Pilot Plant.

As shown in Figure 3.5, concentrated liquid whey from the low heat treated whey was divided into two lots prior to drying. One lot of the low heat treated whey and the high heat treated whey were each dried using the Filterlab Spray Dryer (Niro-GEA, Milwaukee, WI), in the Cal Poly Pilot Plant DPTC with an inlet temperature of 88°C and outlet temperature of 213°C at 400 PSI. The second lot of low heat treated whey was dried using a Ray-1 Vacuum Freeze Dryer (Niro-GEA) in the Food Science Department Pilot Plant. Parameters for the freeze dryer were set to have a layer thickness of 30-35mm, frozen product temperature of -25°C, product set point of 45°C, heating plate set point of 130°C and vacuum set point of 35mbar. One hour of constant weight indicated that the freeze drying process was complete and prompted the freeze dryer to shut down automatically. This took approximately 22 hours.

Figure 3.5 Schematic for Whey Powder Manufacture



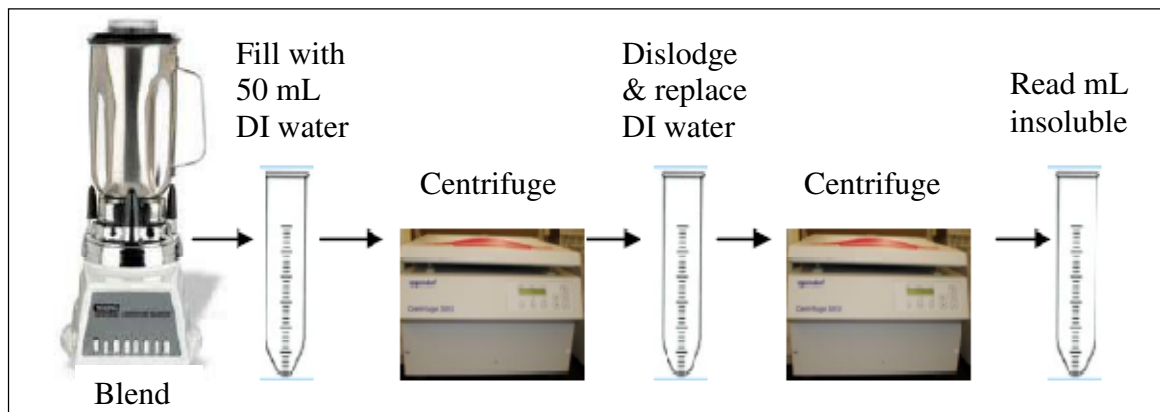
### 3.2.4 Solubility

An IsoTemp 210 water bath (Fisher Scientific, Pittsburgh, PA) was set to 24°C and a 500mL beaker of DI water was brought to that temperature. An aliquot of 3 grams of each whey protein powder were weighed out on an Explorer analytical scale (Ohaus, Pine Brook, NJ). An aliquot of 50mL of DI water at 24°C was added to a Commercial 7-Speed blender (Waring, Torrington, CT). The whey powder was then added to the blender and mixed for exactly 90 seconds on speed setting 1, as shown in figure 3.6. The entire mixture was transferred to a 100mL beaker for holding period of fifteen minutes; any clumps were removed from the blender with a metal spatula. After holding, the mixtures were added to a conical centrifuge tubes and centrifuged (Beckman Coulter, Brea, CA) at 980 RPM for 5minutes at 4°C. The supernatant liquid was immediately siphoned off of the sediment, leaving liquid 5mL above the sediment using a 10mL



disposable pipette (Fisher Scientific). 50mL DI water was added to the centrifuge tube and the sediment was dislodged and mixed with a metal spatula. The mixture was again centrifuged at 980 RPM for 5 minutes at 4°C. Holding the conical centrifuge tube on a flat surface, the sediment level was read by eyesight to the nearest graduation on the centrifuge tube and recorded.

**Figure 3.6 Solubility Procedure**



### 3.2.5 Fluorescence Spectroscopy

Samples were reconstituted for one hour prior to testing for fluorescence spectroscopy to yield the same concentration as used in the solubility test. This was done by measuring 1.5g of whey powder to 25mL of DI water into a 150mL beaker and mixing with a stir bar and RO-10 Power (IKA, Wilmington, NC) stir plate on level 5. The procedure for fluorescence spectroscopy was then followed as described in section 3.3.7.

### 3.2.6 BCA

Samples were reconstituted as described in section 3.2.4 for one hour prior to testing for fluorescence spectroscopy to yield the same concentration as used in the solubility. The procedure for BCA soluble protein was then followed as described in

section 3.1.8.

### 3.2.7 Statistical Analysis

Minitab 15.0 statistical software (Minitab, INC. State College, PA) was used to analyze the data as shown in figure 3.6. The General Linear Model method of ANOVA was employed. In the case of variance, Tukey's test was used to determine differences between treatments.

**Table 3.4 Statistical Analysis of Experiment 2**

Experimental Design	
Main Effects:	Low Heat, Spray Dry; Low Heat, Freeze Dry; High Heat, Spray Dry
Response:	Denaturation measured by Fluorescence Spectroscopy and Bicinchoninic Acid Assay, Functional Solubility
<i>n</i> (Replicates):	2

## **4.0 Results and Discussion**

### **4.1 Preliminary Research**

#### **4.1.1 Experiment 1**

The purpose of the first experiment was to gather data on analytical methods used to quantify denaturation at a broad level which would then feed into a more narrowed scope of denaturation at the commercial product level and its relationship to functionality. An experiment was designed in effort to gather insight into more than one research objective: characterizing truly native structure in whey protein, quantification of denaturation of whey protein and correlation of multiple analytical methods of quantifying whey protein denaturation.

The experimental design, shown in Table 4.1 below, included three split-plot designs with three levels for each of three factors yielding nine treatment combinations was chosen because it would allow for exploration of each of the research objectives simultaneously. Minimal processing was desired to truly control the experiment; therefore all analysis was done on liquid whey.

##### ***4.1.1.1 Factors of Experiment 1***

The first factor of the experimental design was isolation method of whey. As whey is naturally a by-product of cheese manufacture, one level for isolation would simulate cheese whey. A bench top enzyme coagulation method to generate liquid whey was developed. Current interest in microfiltration prompted a pilot plant level membrane filtration method of isolation. Although it is not economically feasible at this time, high rotation frequency-long time centrifugal isolation was a selected method as it a very

gentle method that should not alter the structure of the whey proteins.

**Table 4.1 Experimental Design by Response for Experiment 1**

Design 1		
Factor	Level	Response
Isolation Method	Membrane Filtration	Whey Protein Band Intensity Measured by Native Polyacrylamide Gel Electrophoresis (PAGE)
	Enzyme Coagulation	
	Centrifugal	
Heat Treatment	No Heat	
	Mild Heat	
	High Heat	
Design 2		
Factor	Level	Response
Isolation Method	Membrane Filtration	Tryptophan Fluorescence Intensity Measured by Fluorescence Spectroscopy
	Enzyme Coagulation	
	Centrifugal	
Heat Treatment	No Heat	
	Mild Heat	
	High Heat	
Design 3		
Factor	Level	Response
Isolation Method	Membrane Filtration	% Soluble Protein at pH 4.6 measured by Bicinchoninic Acid Assay (BCA)
	Enzyme Coagulation	
	Centrifugal	
Heat Treatment	No Heat	
	Mild Heat	
	High Heat	

To quantify denaturation, a factor that would induce denaturation was selected for the second factor of the split plot. Heat was chosen for the treatment factor as it is known to induce denaturation, controllable and easily measured (Singh and Havea, 2003). Furthermore, a no heat treatment was necessary for the purpose of obtaining a most undenatured sample; a mild heat and high heat treatment were used to simulate

pasteurization and further heat processes.

#### ***4.1.1.2 Responses of Experiment 1***

Fluorescence spectroscopy, BCA and PAGE were chosen as methods for quantification of protein denaturation because they are representative of different structural analysis, time efficient for purpose of specific research and industrially economical.

#### **4.1.2 Materials and Methods of Method Development for Experiment 1**

Preliminary research was conducted to determine specific methodology for all levels for each factor of the experiment. Obtaining the milk from the Cal Poly creamery was not expected to have any implications, therefore all preliminary research was done with store bought whole and skim milk.

#### ***4.1.2.1 Manufacture of Liquid Whey***

Laboratory skimming of milk was done by centrifugation at 1000 x g for 30 minutes at 4°C (Law and Leaver, 2000). This method for skimming milk worked well and did not require modification. Microfiltration of skim milk can be used to permeate whey proteins (Heino et al., 2007). Using a 0.1µm zirconium oxide membrane (GEA, Milwaukee, Wi), isolation was achieved. Cheese whey can be simulated through use of enzyme coagulation of casein at the laboratory level (Fagan et al., 2007). A simple bench top enzymatic coagulation of casein in mimic of cheese whey production was performed to isolate liquid whey. This was successfully done by following time temperature coagulation variables for cheese making. Review of literature revealed that ultracentrifugation as a method to separate casein from whey can be done utilizing

centrifugal force of 100,000 x g for 1 hour (Larson et al., 2006). Using the available ultracentrifuge and running at maximum force, ranging the time from 1 to 5 hours, it was found that 62,000xg for 3 hours was a sufficient force and force for isolation.

#### ***4.1.2.2 Heat Treatment***

Three levels of heat were chosen to reflect minimal processing, High Temperature Short Time pasteurization and a higher heat treatment (FDA, 2010). Review of literature on the thermal effects on denaturation found that researchers have studied a range of 50°C-150°C over a holding time range of 15 seconds to 30 minutes, while most of the lower temperatures (<80°C) were studied with longer holding times (minutes) and most of the higher temperatures (>80°C) were held for shorter holding times (seconds) (Ardö et al., 1999; Agrawal et al., 2008; Galani and Apenten, 1999; Havea et al., 2001; Marangoni et al., 2000). For this experiment, it was decided that a heat treatment that mimicked HTST denaturation and a significantly higher heat treatment that would be representative of heat endured through normal processing conditions, were lacking. When conducting preliminary research on heat treatment of the samples, exposure time and holding time were reviewed. Exposure time is more equal when applying the heat treatment due to varying time taken to reach the temperature of the treatments. However, holding time provides adequate exposure and is relative to industrial practices, therefore was the chosen method.

#### ***4.1.2.3 Analytical Quantification of Whey Protein Denaturation***

Method development for fluorescence spectroscopy included selecting fluorescence method, band width, excitement and emission wavelengths and scanning speed. Many researchers have used this method for intrinsic fluorescence with excitation

at 280 nm and scanning emission from 300-450 nm (Anand et al., 1998; Enomoto et al., 2008; Marangoni et al., 2000). Peak emission for whey protein is usually at 340nm (Anand et al., 1998). Background needed to be subtracted from the peak. Researchers have used solutions of calcium chloride and lactose solutions for background collection (Marangoni et al., 2000). It is possible that the three methods of isolation may have removed lactose and minerals at varying levels, so it was decided that plain DI water should be used background collection.

BCA was used as a method of measuring total and soluble protein. Although Kjeldahl Nitrogen and Whey Protein Nitrogen Index are approved methods, BCA was selected because these methods are regarded as tedious and time consuming and low reliability, respectively (Manji and Kakuda, 1987). In this method, liquid whey samples were adjusted to pH 4.6 to precipitate denatured whey proteins (Law and Leaver, 2000; Parris and Baginski, 1991) . Conducting BCA on the unadjusted sample provides a total protein and the adjusted sample provides soluble, native protein. A dilution found to deliver liquid whey samples in a working concentration was used for all samples.

The SDS-PAGE method used is described in Current Protocols in Food Analytical Chemistry (Whrolstand et al., 2001). For PAGE under native conditions omitting SDS, b-mercaptan and heat from SDS-PAGE protocol is necessary (Chen et al., 2005). The original idea was to quantify native as a percentage of total protein using a laser densitometry. However, it was determined unreliable methodology due to inherent differences between gels. Theoretically, completely denatured proteins become agglomerated and are not able to enter the gel. Therefore, total whey protein under native PAGE conditions was the selected response for the method. Dilution rates, loading

amounts, and voltage of running the gels were all parameters that were experimented with in preliminary research.

#### 4.1.3 Materials and Methods of Method Development for Experiment 2

The objectives of the second experiment were formulated based on result from experiment 1 as well as original objectives not addressed in the experiment 1. To be discussed in detail in section 4.2, we found in experiment 1 that there is not a significant difference between no heat a high heat treatment and that fluorescence spectroscopy and BCA on pH 4.6 solubility are adequate methods for quantifying denaturation.

Table 4.2 outlines the experimental design for experiment 2. The factors for the second experiment were heat treatment, which we expected to have an effect based on results from experiment 1, and drying method. Objectives for experiment 2 were to confirm heat treatment effects from experiment 1, evaluate the effect of drying method and evaluate of the relationship between denaturation and solubility. Preliminary laboratory analysis was conducted on WPC 35 samples for BCA, Fluorescence spectroscopy and solubility as there was only need for one preliminary pilot plant trial to obtain powdered whey.

Skimming and pasteurization processes were purposefully left out in preliminary trials in attempt to achieve a no treatment whey that would be representative of industrially produced whey and to have a no heat treatment to compare to experiment1, respectively. This led to a higher fat content in the total solids of the liquid whey than was desired. It was determined that for the experiment a skimming step would be needed. Decreasing the fat in the total solids for the experimental run was also expected to increase the protein content of total solids, which was lower than expected in the



preliminary trial. Extreme caution was exercised when working with raw milk in the cheese room during the trial, which was not being used by other manufacturers. However, it was not feasible to run the experiment in entirety while other DPTC researchers and the Cal Poly creamery would not be using the cheese room so it was decided too risky to have raw product in there while commercial and research cheese were being produced, thus the milk would need to be pasteurized prior to coagulation.

**Table 4.2 Experimental Design by Response for Experiment 2**

Design 1		
Factor	Level	Responses
Heat Treatment, Drying Method	Low heat, Spray Dry Low Heat, Freeze Dry, High Heat, Spray Dry	Tryptophan Fluorescent Intensity Measured by Fluorescence Spectroscopy
Design 2		
Heat Treatment, Drying Method	Low heat, Spray Dry Low Heat, Freeze Dry, High Heat, Spray Dry	% Soluble Protein at pH 4.6 measured by Bicinchoninic Acid Assay (BCA)
Design 3		
Heat Treatment, Drying Method	Low heat, Spray Dry Low Heat, Freeze Dry, High Heat, Spray Dry	mL Insoluble measured by GEA Insolubility Index

In the preliminary trial, liquid whey was frozen in half gallon aliquots in sheets created by gallon size Ziploc freezer bags prior to drying for freeze drying. After 14 hours in the drying chamber, the probes were no longer detecting a difference in temperature for the product. Although the weight was still dropping at very slow rates, it was assumed the freeze drying process was complete and the equipment was manually

shut down. Upon removing the trays from the dryer, a thin layer of ice that was indeed still in the core of the sheet rapidly melting, destroying the powder. As the freeze dryer requires less volume and minimal preparation, further method development was possible using store bought skim milk. Freezing methods, including use of ice cube trays and various sizes of Ziploc bags with different volumes, as well as plate temperatures during drying were experimented with. It was determined that filling a quart size Ziploc bag one quarter full prior to freezing created a thin sheet of frozen material that was conducive for freeze drying. A temperature that should not impart a true heat treatment to the powder, but decreased the drying time substantially was found.

As BCA and fluorescence spectroscopy methods had already been refined in experiment one, only reconstitution and dilution rates needed to be evaluated during preliminary research for this experiment. It was decided to reconstitute the powders at the same level as required for the solubility method. This then required further dilution for both BCA and fluorescence spectroscopy.

There are several official methods for determining whey and other dairy powders protein solubility based on physical and chemical solubility (Morr et al., 1985; Anandharamakrishnan et al., 2008; Heino et al., 2007; Diez et al., 2008). The Determination of Solubility Index of the American Dairy Institute and the Insolubility Index provided by GEA-Niro were both experimented with in preliminary research (ADPI, 2009; GEA, 2006). Both methods are based on the principal of reconstituting powder by rigorous mixing followed by centrifugation and measurement of sedimentation. There are subtle differences in the methods; the only difference of any significance is the GEA-Niro method includes a vacuum to remove liquid while the

ADPI method requires a siphon tube. Solubility of whey protein was determined using a slightly modified combination of the two methods.

## 4.2 Experiment 1

### 4.2.1 Characterization of Native Whey Protein

Structural differences indicative of denaturation were evident for main effects, isolation method and heat treatment, and interaction effects, isolation by heat treatment using fluorescence spectroscopy. Therefore, this method was determined effective at characterizing native structure.

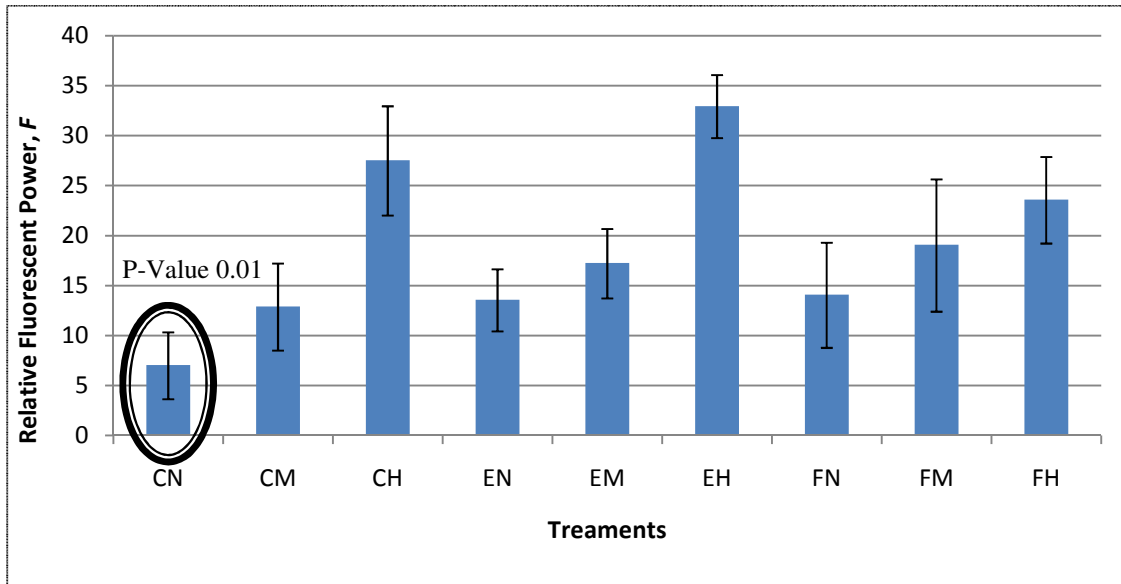
Table 4.3 summarizes the relationships, the interaction effects for all of the nine treatment combinations: Centrifugal Isolation, No Heat (CN); Centrifugal Isolation, Mild Heat (CM); Centrifugal Isolation, High Heat (CH); Enzyme Isolation, No Heat (EN); Enzyme Isolation, Mild Heat (EM); Enzyme Isolation, High Heat (EH), Filtration Isolation, No Heat (FN); Filtration Isolation, Mild Heat (FM), Filtration Isolation, High Heat (FH). Interaction treatments that are bold and italicized indicate relationships where statistical difference exists while the non-bold relationships indicate no statistical difference between the relationships (P-value <0.01). Notice that the treatment, centrifugal isolation, no heat was statistically different from all other treatments, these are highlighted. The relationships of the treatment combinations are shown in Figure 4.1 with error bars to include the 95% confidence interval of the mean. This supports the hypothesis that Centrifugal Isolation without heat treatment is significantly more native in structure than all other treatment combinations and can be used as a control for determining denaturation.

**Table 4.3 Statistical Differences for Interaction Effects by Fluorescence Spectroscopy**

Treatment 1	Treatment 2	P-Value
CH	CM	<0.0001
<b>CH</b>	<b>CN</b>	<b>&lt;0.0001</b>
CH	EH	0.00340
CH	EM	0.00060
CH	EN	<0.0001
CH	FH	0.02570
CH	FN	<0.0001
<b>CM</b>	<b>CN</b>	<b>0.00020</b>
CM	EH	<0.0001
CM	EM	0.04310
CM	FH	<0.0001
CM	FM	0.00100
<b>CN</b>	<b>EH</b>	<b>&lt;0.0001</b>
<b>CN</b>	<b>EM</b>	<b>&lt;0.0001</b>
<b>CN</b>	<b>EN</b>	<b>0.00600</b>
<b>CN</b>	<b>FH</b>	<b>&lt;0.0001</b>
<b>CN</b>	<b>FM</b>	<b>&lt;0.0001</b>
<b>CN</b>	<b>FN</b>	<b>0.00040</b>
<b>EH</b>	<b>EM</b>	<b>&lt;0.0001</b>
<b>EH</b>	<b>EN</b>	<b>&lt;0.0001</b>
<b>EH</b>	<b>FH</b>	<b>0.00060</b>
<b>EH</b>	<b>FM</b>	<b>&lt;0.0001</b>
<b>EH</b>	<b>FN</b>	<b>&lt;0.0001</b>
<b>EM</b>	<b>FH</b>	<b>0.00320</b>
<b>EN</b>	<b>FH</b>	<b>0.00010</b>
<b>EN</b>	<b>FM</b>	<b>0.00440</b>
<b>FH</b>	<b>FM</b>	<b>0.04400</b>
<b>FH</b>	<b>FN</b>	<b>&lt;0.0001</b>
<b>FM</b>	<b>FN</b>	<b>0.00090</b>

Key: CN-Centrifugal Isolation, No Heat; CM-Centrifugal Isolation, Mild Heat; CH-Centrifugal Isolation, High Heat; EN-Enzyme Isolation, No Heat; EM-Enzyme Isolation, Mild Heat; EH-Enzyme Isolation, High Heat; FN-Filtration Isolation, No Heat; FM-Filtration Isolation, Mild Heat; FH-Filtration Isolation, High Heat

**Figure 4.1 Peak Fluorescence Intensities by Treatment**



Key for Treatment: CN-Centrifugal Isolation, No Heat; CM-Centrifugal Isolation, Mild Heat; CH-Centrifugal Isolation, High Heat; EN-Enzyme Isolation, No Heat; EM-Enzyme Isolation, Mild Heat; EH-Enzyme Isolation, High Heat; FN-Filtration Isolation, No Heat; FM-Filtration Isolation, Mild Heat; FH-Filtration Isolation, High Heat. Error Bars include the 95% Confidence Interval.

#### 4.2.2 Denaturation Characterized by Native PAGE in Whey

No differences were detected for main effects for of the isolation method or heat treatment main effects or for the interaction effects using native PAGE for analysis with p-values of 0.086, 0.8628 and 0.7563, respectively. While there truly is no difference for the main effect of heat or for the interaction of isolation and heat, there may be a practical difference due to the main effect of isolation method. In this experiment, there were two replications.

The least significant difference for a p-value of 0.01 for isolation method is 28943.9 ODU (optical density units). The actual differences between for isolation methods were 4635 ODU between centrifuge and enzyme, 20535 ODU between centrifuge and filtration and 15900 ODU between enzyme and filtration. The least

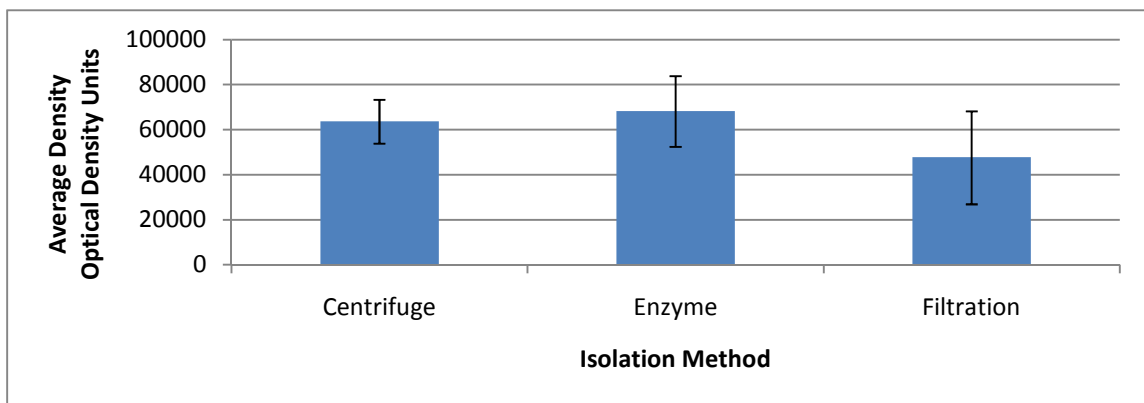
significant difference for heat treatment is 19889.7 ODU. The actual differences between heat treatments were 2721 ODU between no heat and low heat, 695 ODU between low heat and high heat and 3416 ODU between low heat and high heat.

The sum of the average densities for the protein bands correlated with  $\alpha$ -la and  $\beta$ -lg are shown in figures 4.2 and 4.3, respectively. Although not statistically significant at the  $p < 0.01$  level, the filtration isolation method appears to have considerably less “native” whey protein than the enzyme and centrifugal isolation methods. However, this is likely due to a lower total protein content in the whey obtained by centrifugal isolation than due a higher degree of isolation. In several studies when native PAGE has been used characterize whey protein denaturation, it is generally a part of a larger scope of gel electrophoresis methods including SDS-PAGE under reducing and/or non-reducing conditions and 2-dimensional PAGE, which allows for subjective comparisons between native and total protein content (Hong and Creamer, 2002; Considine et al., 2007; Chen et al., 2005; Enomoto et al., 2008; Havea et al., 2001; Anand et al., 1998). As previously discussed, the inherent differences from gel to gel and denaturing effects of other PAGE methods make it unrealistic to make such comparisons quantitatively.

Although quantitative analysis of denaturation using PAGE under native conditions is theoretically possible by analyzing the density of the soluble “undenatured” whey protein bands on the gel, native PAGE was not found to be a successful method for differentiating denaturation of whey protein due to isolation method or heat treatment with statistical significance in this experiment. Band densities of the corresponding whey proteins were too variable to yield reproducible results with statistical significance for quantifying denaturation. However, qualitative analysis of denaturation is possible with

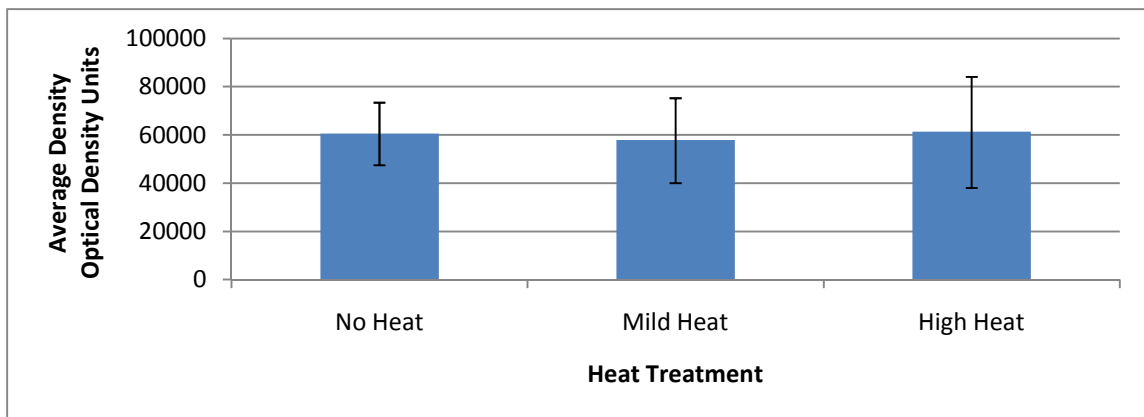
native PAGE. Aggregates of denatured proteins are too large to enter the gel and remain in the sample well. This can clearly be seen in the gels that as the protein band densities decrease in intensity, the density of the aggregate in the sample well increases in intensity and will be discussed further in section 4.2.5.1. Furthermore, when native PAGE has been used to characterize whey protein denaturation, it is generally a part of a larger scope of gel electrophoresis methods including SDS-PAGE under reducing and/or non-reducing conditions and 2-dimentionol PAGE (Hong and Creamer, 2002; Considine et al., 2007; Chen et al., 2005; Enomoto et al., 2008; Havea et al., 2001; Anand et al., 1998).

**Figure 4.2 Densities of Whey Proteins Bands by Isolation Method Measured by Native PAGE**



Error bars include the 95% Confidence Interval.

**Figure 4.3 Density of Whey Proteins Bands by Heat Treatment Measured by Native PAGE**

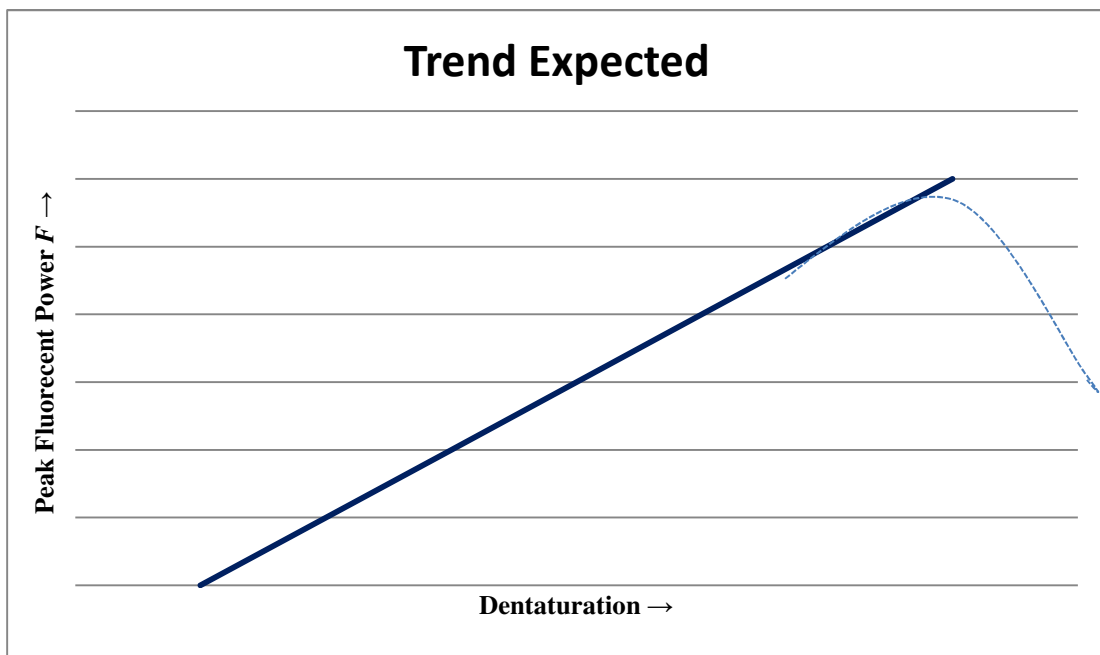


Error bars include the 95% Confidence Interval.

### 4.2.3 Denaturation Characterized by Fluorescence Spectroscopy in Whey

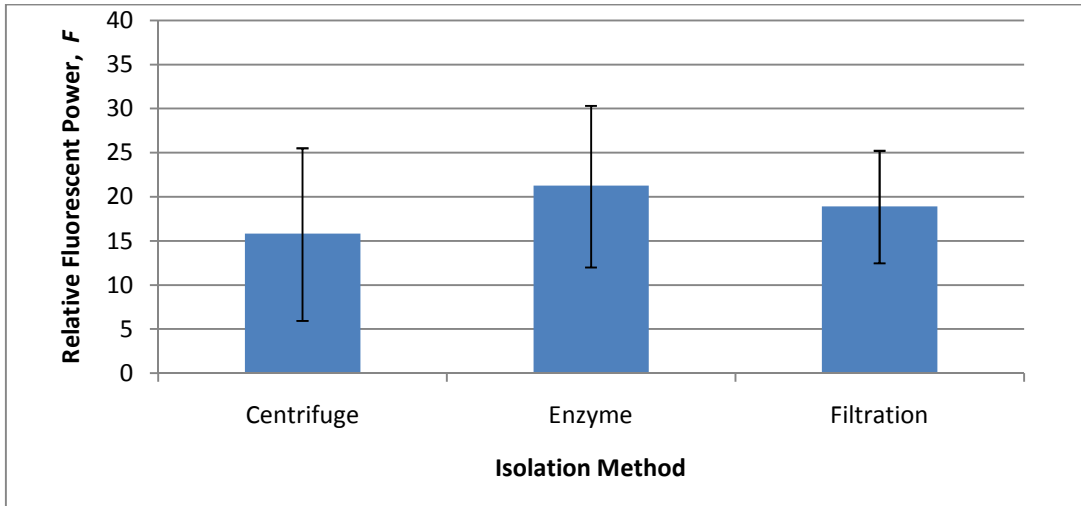
Statistical analysis indicates differences in structural properties due to isolation method and heat treatment, as well as the interaction of isolation and method, when using the analytical method of fluorescence spectroscopy with p-values of 0.014, <0.001 and 0.001, respectively. In isolation method there are differences between centrifuge and enzyme (p-value 0.0061), centrifuge and filtration (p-value 0.0182), and no difference between enzyme and filtration (p-value 0.3908). For heat method there are differences between high heat and mild heat (p-value <0.001), high heat and low heat (p-value <0.001) and mild heat and low heat (p-value <0.001). As denaturation increases, the fluorescent peak intensity increases then decrease upon aggregation, this trend expectation is shown in figure 4.4. The peak intensities for isolation method and heat treatment are shown in figures 4.5 and 4.6, respectively.

**Figure 4.4 Expected Trend for Response of Fluorescence Spectroscopy to Denaturation**



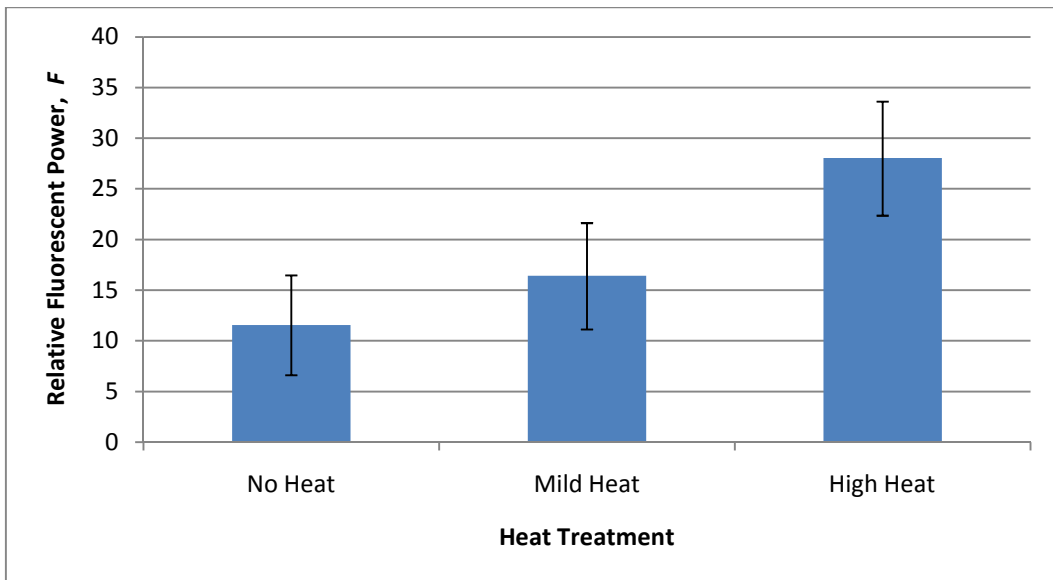


**Figure 4.5 Peak Intensity of Whey Proteins by Isolation Method Measured by Fluorescence Spectroscopy**



Error bars include the 95% Confidence Interval

**Figure 4.6 Peak Intensity of Whey Proteins by Heat Treatment Measured by Fluorescence Spectroscopy**



Error bars include the 95% Confidence Interval

Fluorescence spectroscopy should be considered for research evaluating the effect of pH on denaturation. Many methods that have been used to quantify denaturation rely on the basis of precipitating denatured whey protein at pH 4.6. Use of fluorescence spectroscopy as an alternative method would allow researchers to explore a wider range

of pH values. Law and Leaver, (2000), for example, studied the pH range of 5.2-8.8 in their study on whey protein denaturation. As whey protein is commonly used in low pH applications, conducting a similar study on the effect of pH in a range that is more industrially applicable is possible using fluorescence spectroscopy.

In this research, it was found that intrinsic fluorescent intensity increases as a positive correlation to the denaturation of whey proteins. Anand et al. (1998) suggested that fluorescent intensity increases as conformational changes increase exposure of tryptophan and tyrosine, until all such residues are exposed and further conformational changes do not result in an increase in fluorescent intensity. They found this ceiling to be at 79.4°C for 3 minutes, which falls between the two heat treatments used in the current research. In another study, Marangoni et al. (2000) found that heat induced protein unfolding, 30 minutes at 80°C, produced a 4.5nm red-shift in the intrinsic tryptophan emission wavelength as well as a significant decrease in maximum intensity. This is thought to be attributed to a significant loss of tertiary structure resulting in a molten globule structure. These conflicting results suggest that fluorescence intensity may be successful at characterizing the proposed two-step denaturation process of unfolding followed by aggregation of whey protein. Hypothetically, undenatured whey proteins should have low fluorescence intensity due to the embedded tryptophan residues in the tertiary structure, but increases in intensity as the proteins unfold exposing tryptophan residues completing the first proposed step of denaturation. Aggregation, the second proposed step of denaturation, results in hiding tryptophan residues as the proteins form a mass. The result of the second step is loss of fluorescence intensity. This explains why there is inconsistency in the literature regarding the subject, the fluorescence can either

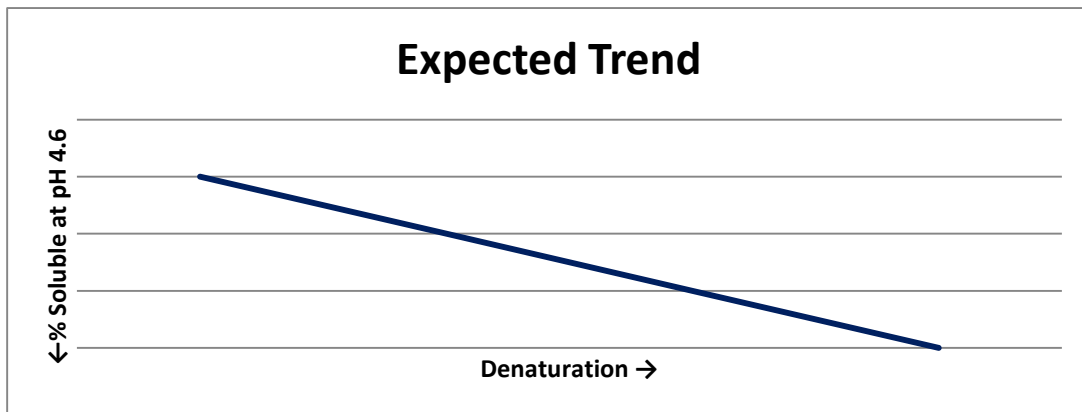
increase or decrease as denaturation increases, depending on the initial and final degree of denaturation.

#### 4.2.4 Denaturation Characterized by BCA in Whey

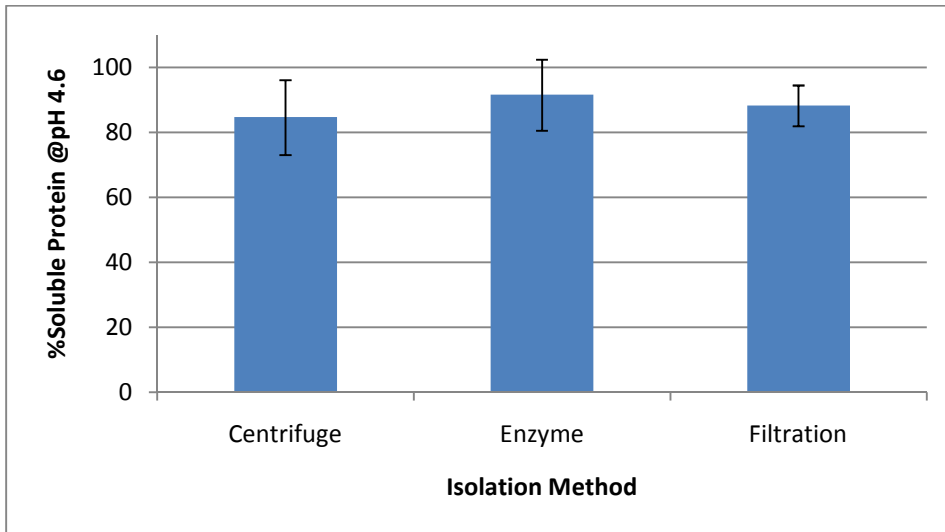
Denatured protein measured by BCA soluble protein found no difference in denaturation due to isolation method (p-value 0.1307), but showed a difference due to heat (p-value <0.001) and no difference for the combined treatment for isolation, heat treatment (p-value 0.3911). Comparisons can be seen below in figures 4.6, isolation, and 4.7, heat. There is a difference between high heat and mild heat (p-value 0.0001) and between high heat and no heat (p-value <0.0001). There is no difference between mild heat and no heat (p-value 0.1431). The least significant difference for isolation method is 9.77. The actual differences for isolation method were 6.86 between centrifuge and enzyme, 3.54 between centrifuge and filtration and 3.32 between enzyme and filtration.

The expected trend for the response of BCA to denaturation is shown in figure 4.7. Native protein, characterized by the percent soluble at pH 4.6 at 20°C, for isolation method and heat treatment are shown in figures 4.8 and 4.9, respectively.

**Figure 4.7 Expected Trend for Response of pH 4.6 solubility measured by BCA to Denaturation**

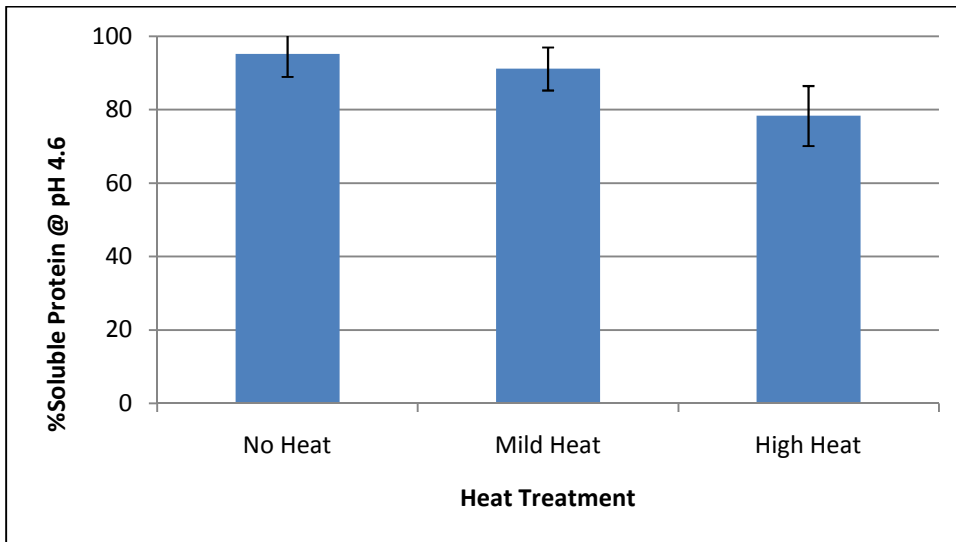


**Figure 4.8 Soluble Protein by Isolation Method by BCA**



Error bars include the 95% Confidence Interval

**Figure 4.9 Soluble Protein by Heat Treatment by BCA**



Error bars include the 95% Confidence Interval

The BCA method was used to quantify the loss of solubility at the isoelectric point of the protein as a measure of denaturation. BCA is a quick crude method that was found to be able to measure the extent of denaturation based on the loss of solubility at pH 4.6. This principal was first notably used in the late 1970's when Harwalkar (1980) found that heating  $\beta$ -Ig at 90°C for 0.1-30 minutes resulted in varying degrees in loss of solubility at

pH 4.6 by measuring absorbance by ultraviolet spectrophotometry of the supernatant. Law and Leaver (2000) used gel permeation FPLC to measure denaturation due to effects of heat and pH utilizing the same basis of loss of solubility at pH 4.6. This method of quantifying the loss pH 4.6 solubility has since been used for measuring denaturation using Kjeldahl (Anand et al., 1998) HPLC (Ju et al., 1997) and Capillary Electrophoresis (Ardö et al., 1999). Extensive review of literature found that this principal of precipitating denatured proteins at pH 4.6 then measuring the total and soluble protein has not been widely used with the BCA assay. In the current study, this method was sensitive enough to distinguish levels of denaturation based on the main effects of isolation method and heat treatment, as well as on the interaction effects of isolation method and heat treatment in liquid whey.

#### 4.2.5 Effects of Experimental Factors on Denaturation in Whey

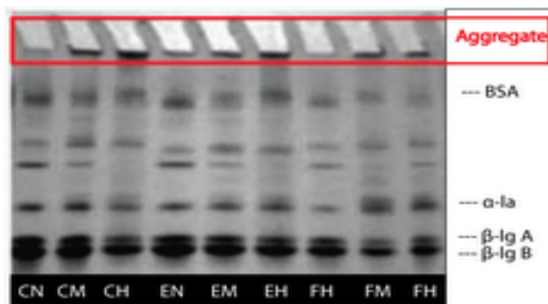
##### ***4.2.5.1 Effect of Heat Treatment***

In this current research it was found that there is no difference between no heat and low heat treatments, however there is a difference between no heat and high heat and between low heat and high heat. This provides further evidence that there is not a significant denaturation effect of pasteurizing whey proteins under HTST standards as it is in agreement with another recent study done denaturation of whey, where researchers also found fluorescence intensity is not significantly different in the case of raw versus pasteurized whey protein (Pulgarin et al., 2005).

In the present study, while not statistically significant, it is visually apparent that the band intensities for each treatment containing high heat (85°C) are less intense than those of no or low heat treatment as seen qualitatively in Figure 4.10. Anand et al. (1998)

found that the band intensities of  $\alpha$ -la and  $\beta$ -lg decreased significantly between 79.5°C and 82.2°C. In a study of using  $\beta$ -lg as a thermal marker for processed milk, 80°C for 4 minutes was found to be the minimum treatment requirement for the complete denaturation of  $\beta$ -lg (Chen et al., 2005). Another study done by Mousavi et al. (2008) of thermal effects on  $\beta$ -lg under native PAGE conditions indicates that thermal denaturation begins at 75°C. However, the holding time for each temperature was twenty minutes. The results presented had much longer holding time parameters for the heat treatments. Therefore, the results they experienced had more to do with the time/temperature relationship than the temperature alone.

**Figure 4.10 Native PAGE gel**



Key: CN-Centrifugal Isolation, No Heat; CM-Centrifugal Isolation, Mild Heat; CH-Centrifugal Isolation, High Heat; EN-Enzyme Isolation, No Heat; EM-Enzyme Isolation, Mild Heat; EH-Enzyme Isolation, High Heat; FN-Filtration Isolation, No Heat; FM-Filtration Isolation, Mild Heat; FH-Filtration Isolation, High Heat

While extensive work has been done on the effect of heat treatment on whey protein structures, there is a lot that remains unknown regarding structural changes that occur. Hong and Creamer (2002) studied the effect of heat treatment on protein structure of bovine  $\alpha$ -la and  $\beta$ -lg using native PAGE. They found that a heat treatment of 85°C for 10 minutes was not substantially different from the control for  $\alpha$ -la, while  $\beta$ -lg was 80% denatured under the same heat treatment compared to the control. Using native PAGE, Havea et al. (2001) found that heating a mixture of  $\alpha$ -la and  $\beta$ -lg to 75°C for 1 minute

decreased the intensity of the corresponding bands, however the drastic reduction of intensity of the bands accompanied by a large mass of aggregate in the loading well occurred at 75°C for 6 minutes. By selecting a known processing parameter that is used industrially for HTST pasteurization and a higher heat treatment that proteins may experience under normal processing conditions, insight has been attained as to what the structural differences are in terms of realistic circumstances of different heat treatments commonly exposed to whey proteins. Thus, normal conditions of HTST pasteurization do not have a significant impact on thermal denaturation of whey proteins, however a moderately higher heat treatment does. This is important for production of whey powder and whey powder applications as there is evidence that the minimal treatment required is near the threshold for native structure and should be monitored.

#### ***4.2.5.2 Effect of Isolation Method***

To date, there has not been much research done on how the isolation method affects denaturation of whey protein. This can mostly be attributed to the fact that whey is a known byproduct of cheese making; therefore most of commercial whey is cheese whey. As membrane technology is a relatively new method for isolating whey protein, little research has been done on structural comparisons of whey proteins obtained from cheese whey. Currently, there is a large amount of research being done on microfiltration systems due to interests in isolating whey prior to cheese making and isolating casein for manufacture of casein isolates (Hernandez and Harte, 2009). As mentioned previously, centrifugal isolation of whey protein is a method commonly used at the lab scale, however not industrially feasible, and little work has been devoted to exploring structural changes that occur during such a method for isolation. Assuming that there will soon be

industrial applications and process improvements to make centrifugal and enzyme isolation methods economical, the current research has evaluated the effect of isolation method on denaturation, which has not notably been done previously. In this research, there was found to be no difference between enzyme and filtration methods of isolation by fluorescence spectroscopy. This is interesting because there is a lot of thought that microfiltration is a less intrusive method of isolation for whey proteins, yet this research is not supportive of such. There is a statistically significant difference between centrifugal and enzyme isolations and centrifugal and filtration isolations, shown in figure 4.5. Focus on development of centrifugal isolation technology as an alternative to isolating whey proteins is warranted based on these findings.

### **4.3 Experiment 2**

#### **4.3.1 Denaturation in Whey Powder**

Native PAGE was determined to be more useful for qualitative analysis, the second experiment employed BCA and fluorescence spectroscopy for quantitative analysis of denaturation. Also, as it was found in the first experiment that there was no difference between the no heat and low heat treatments, the low heat treatment for experiment two was assumed to have the same characteristics as a no heat treatment. In the second experiment, which had fewer treatments combinations, BCA and fluorescence spectroscopy correlated well for determining the order for the degree denaturation for each treatment. Both methods yield results that the low heat, freeze dry and low heat, spray dry treatments were no different in terms of denaturation and both retained more native structure than the high heat, spray dry treatment. This is indicative that the heat treatment has a greater effect on whey protein denaturation than drying method.



Although this study found that there was not a difference in denaturation for freeze drying versus spray drying at a low heat level, further research on this topic with higher levels of heat may be warranted, as there is a lot of industry speculation that powders processed by freeze drying differ in terms of functionality from those processed by spray drying.

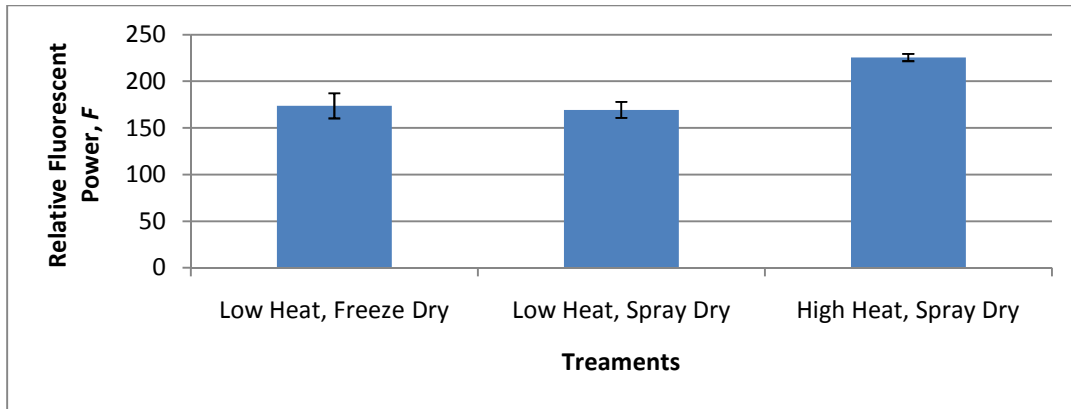
#### ***4.3.1.1 Effect of Treatment***

As there had been a difference between heat treatments established in the first experiment the second experiment set out to study the effect of drying method. It was found that there is a difference between low heat, spray dry and high heat, spray dry as well as between low heats, freeze dry and high heat, spray dry. This suggests that the heat treatment has a greater effect on denaturation than drying method as there was no difference between low heat, freeze dry treatment and low heat, spray dry treatment for denaturation.

#### ***4.3.1.2 Denaturation Characterized by Fluorescence Spectroscopy in Whey Powder***

Statistical analysis of protein structural differences using fluorescence spectroscopy indicates there are differences between the treatments studied: Low Heat, Freeze Dry; low heat, spray dry and high heat, spray dry (p-value 0.007). Turkey's test was run to determine where differences were and found that there are differences between low heat, spray dry and high heat, spray dry as well as low heat, freeze dry and high heat, spray dry (p-value 0.05), shown in figure 4.11.

**Figure 4.11 Peak intensity of Treated Whey Protein Powder by Fluorescence Spectroscopy**

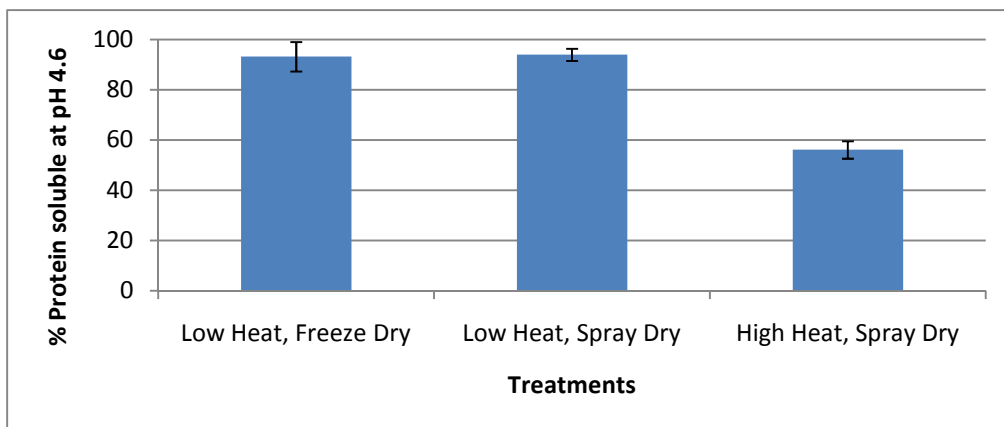


Error bars include the 95% Confidence Interval of the average value.

#### 4.3.1.3 Denaturation Characterized by Bicinchonic Acid Assay in Whey Powder

Differences were detected using BCA to monitor change in soluble protein concentration due to treatment (p-value <0.001). Tukey's paired comparison test shows the differences being between low heat, spray dry and high heat, spray dry as well as low heat, freeze dry and high heat, spray dry (p-value 0.05). These relationships are depicted in figure 4.12.

**Figure 4.12 Protein of Treated Whey Protein Powder by BCA**

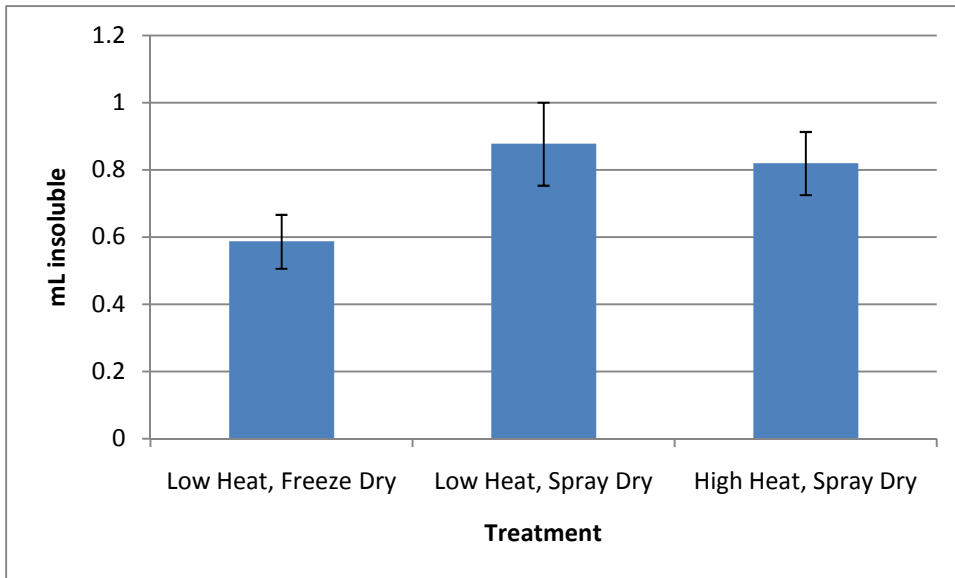


Error bars include the 95% Confidence Interval of the average value.

#### 4.3.2 Solubility of Whey Protein Powders

Differences were detected when monitoring physical protein solubility due to treatment (p-value <0.022). Tukey's paired comparison test shows the differences being between low heat, spray dry and low heat, freeze dry as well as low heat, freeze dry and high heat, spray dry (p-value 0.05), shown in figure 4.13.

**Figure 4.13 Protein Insolubility due to Treatment**

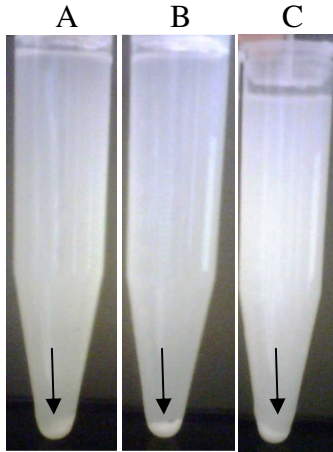


Error bars include the 95% Confidence Interval of the average value

There was found to be a difference between low heat, freeze dry and low heat, spray dry as well as low heat, freeze dry and high heat, spray dry treatments (p <0.01) in terms of protein solubility.

Figure 4.14 offers a visual comparison of the insolubility of each of the 3 powders. The rate limiting factor for solubility when producing powder appears to be drying method. As shown above in figure 4.14b and 4.14c, the sediment of insoluble matter is higher for the samples that were spray dried, compared to freeze dried, figure 4.14a.

**Figure 4.14 Whey Protein Solubility**



- A. Low Heat, Freeze Dry
- B. Low Heat, Spray Dry
- C. High Heat, Spray Dry

As many researchers have had difficulty obtaining reproducible results for protein solubility, (Morr et al., 1985) set out to develop a standardized food protein solubility procedure. They studied micro-Kjeldahl and biuret methods as alternatives to commonly used nitrogen solubility index procedure. While the study concluded that their micro-Kjeldahl procedure should be used as the reference method for determining protein solubility, researchers found that the difficulty in obtaining such reproducible data can be attributed to the inherent complexity of food protein as well as differences of analytical methods among laboratories. (Morr et al., 1985). Pelegri and Gasparetto (2005) used this method to evaluate whey protein solubility as a function of temperature and pH. They found that at neutral, unadjusted pH whey protein solubility decreases significantly beginning at 40°C. As that temperature is well below the temperatures used in the experiment in evaluation, this suggests a possible explanation that a plateau for heat treatment had been achieved at temperatures lower than those applied.

In a recent study, BCA was used to measure soluble protein of variously treated whey protein samples. The study evaluated the effects of high pressure, ultrasound and

tribomechanical activation, finding that high pressure was the only treatment to significantly reduce solubility using this method of analysis. Although current pasteurization requirements impart an element of heat to all milk products, the purpose of the research was to study the influences of alternative processing techniques as there is demand for reducing thermal treatment load to whey protein products (Kresic et al., 2008). It would have been beneficial to include heat in this study as a level for the effect of pasteurization as a control for current practices.

#### 4.3.3 Relationship between Solubility Results and Denaturation Results

Analytical methods detect denaturation differences due to heat treatment, while Solubility was dependent on drying method. However, there was a correlation of denaturation and solubility for low heat freeze, dried powder and high heat, spray dried powder. For these two powders, denaturation and solubility were inversely related, as expected.

#### **4.4 Significance of Research for Scientific Community and Dairy Industry**

The knowledge gained from the research done provides insight to the effects of whey protein isolation method and heat treatment on whey protein denaturation. Furthermore, a method of centrifugal isolation of raw whey, free of any processing conditions which may subject denaturation, was defined as a useful control as a “native” sample. To my knowledge, the effect of isolation method on denaturation of whey protein has not been studied, thus findings that the effect of isolation has on denaturation of whey proteins decreases in order among centrifugation < membrane filtration < enzyme, has significant value. The effect of traditional HTST versus a moderately higher heat treatment on whey protein denaturation were determined to be that traditional HTST

parameters do not impart significant denaturation compared to no heat, however the higher heat treatment of 85°C for 3 minutes has a statistically and practically significant effect on denaturation. This supports previous findings that normal HTST processing parameters do not impart significant thermal denaturation to whey proteins (Pulgarin et al., 2005).

Two methods capable of quantifying denaturation were identified. Fluorescence spectroscopy and BCA soluble protein at pH 4.6 are robust, relatively inexpensive methods that require minimal sample preparation and have a short analysis time, making them industrially promising techniques.

Although the role of denaturation in bioactivity was not an objective in the current research, the possibility of such a relationship with denaturation is important because of the amount of interest and research being done regarding bioactivity of whey proteins and their derivatives. Hydrolysis, denaturation at the primary structure level, of macropeptides in whey proteins is necessary to yield bioactivity (Korhonen and Pihlanto-Leppala, 2002; Ko and Kwak, 2009; Madureira et al., 2010).

Akbache et al. (2009) recently studied the use of membrane processing to concentrate TGF- $\beta$ 2 and IGF-I from bovine milk and whey, two bioactive peptides. In this work, they found that ultrafiltration and diafiltration concentration of whey obtained from microfiltration of milk can potentially be used to produce growth factors extracts with high contents in TGF- $\beta$ 2 and low contents in IGF-I. This work also demonstrates the potential of using microfiltration to concentrate and to preserve the bioactivity of minor proteins of milk or whey. In their conclusion, it is stated that more work should be done on the effect of physicochemical parameters such as pH, temperature and ionic strength,

parameters known to induce denaturation, on the transmission of these bioactive components.

## **5.0 Conclusion and Future Research**

### **5.1 Conclusion**

In this body of research, several hypotheses were formulated regarding the quantification of whey protein and its relationship to functionality of the protein in a food system based on a review of current literature. Two series of experiments were conducted based on objectives to test the hypotheses. Conclusions were made based on statistical analysis of the data and are summarized with the hypotheses as follows:

Hypotheses:

1. Whey protein obtained through non-invasive procedures will have the most native structure.
2. Various analytical methods will detect the degree of denaturation of whey proteins differently.
3. The differences detected are relative to functional properties of whey protein.

Conclusions:

- Liquid whey obtained by the centrifugal method of isolation with no heat treatment has significantly less denaturation to the secondary structure than any treatment and can be used as a control for future research
- In terms of sensitivity for quantifying denaturation of whey protein, fluorescence spectroscopy is a superior method, BCA soluble protein at pH 4.6 > native PAGE
- There is a correlation between the responses for denaturation and solubility for the treatments of low heat, freeze dry and high heat, spray dry powders

All three of the methods used for isolating the whey were subjected to relatively mild treatments in terms of defatting, casein removal, and chemical/additive contact; therefore any denaturation was truly imparted by the applied treatment. Whey proteins



isolated from raw milk via centrifugal force, free of heat treatment, were found to be significantly more native in structure than other whey proteins isolated by enzyme coagulation or membrane filtration and/or subjected to a heat treatment. Such was found to be a useful standard for characterizing native structure in liquid whey.

The methods of measuring denaturation of whey proteins studied were found to varying abilities of quantifying denaturation. While unable to establish significant differences using native PAGE in the current research, qualitatively, native PAGE can be used to evaluate presence of native whey proteins. BCA solubility to measure native protein was found to be acceptable for measuring denaturation through loss of solubility due to denaturation of tertiary structure. This method, however, is rather crude and only sensitive enough to measure substantial differences. Fluorescence Spectroscopy was found to be the most sensitive of the three methods analyzed. Changes in structure are easily detected by the fluorescent emission and were found to be detectable at more sensitive intervals of denaturation than the other two methods studied.

## **5.2 Limitations of Research**

As one of the objectives of the research was to define completely native conditions, no preservatives were used throughout experimentation. A twenty four hour window was designated to complete all analysis to avoid spoilage which limited the number of analytical methods that could be evaluated for measuring denaturation to three in the first series of experiments. In the second series of experiments, the quantity of whey needed to spray dry was exponentially greater than that of the freeze dryer could accommodate. Thus the input sample sizes had variance; this was accounted for by thoroughly mixing the whey in effort to get a homogenous sample.

### **5.3 Future Research**

The research completed raises many new questions. Further research should be done emulating the current study and changing the levels of factors, such as implementing a much higher heat treatment or by exploring denaturation using different analytical methods, such as FT-IR, CD, Kjeldahl, and FPLC. Other avenues that would be interesting to explore include conducting similar studies on commercial whey protein powders and/or investigating the correlations of denaturation with other functional physical properties or nutritional properties of whey protein.

To further explore the correlation of whey protein denaturation to solubility, an experiment could be designed to explore extreme treatments, 80°C-90°C for 30 minutes to completely denature whey proteins for applications where gelation is the principal functional property. Solubility would be expected to be poor and would give further insight as to whether there is a true correlation with methods used for determining denaturation.

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## Appendices

### Appendix 1: Statistical Analysis for Experiment 1 (SAS)

The UNIVARIATE Procedure

Variable: Response (Response)

#### Moments

N	36	Sum Weights	36
Mean	59912.3357	Sum Observations	2156844.09
Std Deviation	18039.6701	Variance	325429698
Skewness	0.4498772	Kurtosis	0.23444173
Uncorrected SS	1.40612E11	Corrected SS	1.139E10
Coeff Variation	30.1101099	Std Error Mean	3006.61169

#### Basic Statistical Measures

Location		Variability	
Mean	59912.34	Std Deviation	18040
Median	58781.68	Variance	325429698
Mode	.	Range	76171
		Interquartile Range	23678

#### Tests for Location: $\mu_0=0$

Test	-Statistic-	-----p Value-----	
Student's t	t 19.92686	Pr >  t	<.0001
Sign	M 18	Pr >=  M	<.0001
Signed Rank	S 333	Pr >=  S	<.0001

#### Quantiles (Definition 5)

Quantile	Estimate
100% Max	105170.4
99%	105170.4
95%	96469.4
90%	82736.1
75% Q3	72189.4
50% Median	58781.7
25% Q1	48511.2
10%	37874.1
5%	29032.9
1%	28999.0
0% Min	28999.0

#### Extreme Observations

-----Lowest-----		-----Highest-----	
Value	Obs	Value	Obs
28999.0	8	80824.2	21
29032.9	27	82736.1	33
29645.0	9	91379.6	5
37874.1	17	96469.4	4
38469.6	26	105170.4	36



Iteration History

Iteration	Evaluations	-2 Res Log Like	Criterion
0	1	615.89416589	
1	2	615.55104941	0.00000000

Convergence criteria met.

Covariance Parameter Estimates

Cov Parm	Estimate
Day	0
Day*Isolation	34553560
Residual	2.6294E8

Fit Statistics

-2 Res Log Likelihood	615.6
AIC (smaller is better)	619.6
AICC (smaller is better)	620.1
BIC (smaller is better)	618.3

Type 3 Tests of Fixed Effects

Effect	Num DF	Den DF	F Value	Pr > F
Isolation	2	6	3.80	0.0860
Heat	2	18	0.15	0.8628
Isolation*Heat	4	18	0.47	0.7563

The Mixed Procedure

Least Squares Means

Effect	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		63667	5527.20	6	11.52	<.0001
Isolation	Enzyme		68302	5527.20	6	12.36	<.0001
Isolation	Filtration		47767	5527.20	6	8.64	0.0001
Heat		high heat	61283	4979.05	18	12.31	<.0001
Heat		mild heat	57866	4979.05	18	11.62	<.0001
Heat		no heat	60587	4979.05	18	12.17	<.0001
Isolation*Heat	Centrifuge	high heat	65223	8623.97	18	7.56	<.0001
Isolation*Heat	Centrifuge	mild heat	64915	8623.97	18	7.53	<.0001
Isolation*Heat	Centrifuge	no heat	60864	8623.97	18	7.06	<.0001
Isolation*Heat	Enzyme	high heat	66858	8623.97	18	7.75	<.0001
Isolation*Heat	Enzyme	mild heat	70068	8623.97	18	8.12	<.0001
Isolation*Heat	Enzyme	no heat	67981	8623.97	18	7.88	<.0001
Isolation*Heat	Filtration	high heat	51769	8623.97	18	6.00	<.0001
Isolation*Heat	Filtration	mild heat	38616	8623.97	18	4.48	0.0003
Isolation*Heat	Filtration	no heat	52917	8623.97	18	6.14	<.0001



Differences of Least Squares Means

Effect	Isolation	Heat	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		Enzyme		-4635.07	7816.63	6	-0.59	0.5749
Isolation	Centrifuge		Filtration		15900	7816.63	6	2.03	0.0882
Isolation	Enzyme		Filtration		20535	7816.63	6	2.63	0.0392
Heat		high heat		mild heat	3416.53	6619.89	18	0.52	0.6121
Heat		high heat		no heat	695.52	6619.89	18	0.11	0.9175
Heat		mild heat		no heat	-2721.00	6619.89	18	-0.41	0.6859
Isolation*Heat	Centrifuge	high heat	Centrifuge	mild heat	307.34	11466	18	0.03	0.9789
Isolation*Heat	Centrifuge	high heat	Centrifuge	no heat	4358.70	11466	18	0.38	0.7083
Isolation*Heat	Centrifuge	high heat	Enzyme	high heat	-1635.12	12196	18	-0.13	0.8948
Isolation*Heat	Centrifuge	high heat	Enzyme	mild heat	-4845.56	12196	18	-0.40	0.6958
Isolation*Heat	Centrifuge	high heat	Enzyme	no heat	-2758.50	12196	18	-0.23	0.8236
Isolation*Heat	Centrifuge	high heat	Filtration	high heat	13454	12196	18	1.10	0.2845
Isolation*Heat	Centrifuge	high heat	Filtration	mild heat	26607	12196	18	2.18	0.0426
Isolation*Heat	Centrifuge	high heat	Filtration	no heat	12305	12196	18	1.01	0.3264
Isolation*Heat	Centrifuge	mild heat	Centrifuge	no heat	4051.35	11466	18	0.35	0.7279
Isolation*Heat	Centrifuge	mild heat	Enzyme	high heat	-1942.46	12196	18	-0.16	0.8752
Isolation*Heat	Centrifuge	mild heat	Enzyme	mild heat	-5152.90	12196	18	-0.42	0.6777
Isolation*Heat	Centrifuge	mild heat	Enzyme	no heat	-3065.84	12196	18	-0.25	0.8044
Isolation*Heat	Centrifuge	mild heat	Filtration	high heat	13147	12196	18	1.08	0.2953
Isolation*Heat	Centrifuge	mild heat	Filtration	mild heat	26299	12196	18	2.16	0.0448
Isolation*Heat	Centrifuge	mild heat	Filtration	no heat	11998	12196	18	0.98	0.3383
Isolation*Heat	Centrifuge	no heat	Enzyme	high heat	-5993.81	12196	18	-0.49	0.6290
Isolation*Heat	Centrifuge	no heat	Enzyme	mild heat	-9204.26	12196	18	-0.75	0.4602
Isolation*Heat	Centrifuge	no heat	Enzyme	no heat	-7117.19	12196	18	-0.58	0.5668
Isolation*Heat	Centrifuge	no heat	Filtration	high heat	9095.16	12196	18	0.75	0.4655
Isolation*Heat	Centrifuge	no heat	Filtration	mild heat	22248	12196	18	1.82	0.0848
Isolation*Heat	Centrifuge	no heat	Filtration	no heat	7946.41	12196	18	0.65	0.5229
Isolation*Heat	Enzyme	high heat	Enzyme	mild heat	-3210.44	11466	18	-0.28	0.7827
Isolation*Heat	Enzyme	high heat	Enzyme	no heat	-1123.38	11466	18	-0.10	0.9230
Isolation*Heat	Enzyme	high heat	Filtration	high heat	15089	12196	18	1.24	0.2319
Isolation*Heat	Enzyme	high heat	Filtration	mild heat	28242	12196	18	2.32	0.0326
Isolation*Heat	Enzyme	high heat	Filtration	no heat	13940	12196	18	1.14	0.2680
Isolation*Heat	Enzyme	mild heat	Enzyme	no heat	2087.06	11466	18	0.18	0.8576
Isolation*Heat	Enzyme	mild heat	Filtration	high heat	18299	12196	18	1.50	0.1508
Isolation*Heat	Enzyme	mild heat	Filtration	mild heat	31452	12196	18	2.58	0.0189
Isolation*Heat	Enzyme	mild heat	Filtration	no heat	17151	12196	18	1.41	0.1767
Isolation*Heat	Enzyme	no heat	Filtration	high heat	16212	12196	18	1.33	0.2004
Isolation*Heat	Enzyme	no heat	Filtration	mild heat	29365	12196	18	2.41	0.0270
Isolation*Heat	Enzyme	no heat	Filtration	no heat	15064	12196	18	1.24	0.2327
Isolation*Heat	Filtration	high heat	Filtration	mild heat	13153	11466	18	1.15	0.2664
Isolation*Heat	Filtration	high heat	Filtration	no heat	-1148.74	11466	18	-0.10	0.9213
Isolation*Heat	Filtration	mild heat	Filtration	no heat	-14301	11466	18	-1.25	0.2283

5

The UNIVARIATE Procedure  
Variable: Response (Response)

Moments

N	36	Sum Weights	36
Mean	19.8483721	Sum Observations	714.541395
Std Deviation	8.02845787	Variance	64.4561358
Skewness	0.12518356	Kurtosis	-0.2329665
Uncorrected SS	16438.4482	Corrected SS	2255.96475
Coeff Variation	40.4489489	Std Error Mean	1.33807631

Basic Statistical Measures

Location		Variability	
Mean	19.84837	Std Deviation	8.02846
Median	18.75376	Variance	64.45614
Mode	10.41122	Range	32.74272
		Interquartile Range	10.73601

NOTE: The mode displayed is the smallest of 9 modes with a count of 2.

Tests for Location:  $\mu_0=0$

Test	-Statistic-	-----p Value-----
Student's t	t 14.83351	Pr >  t  <.0001
Sign	M 18	Pr >=  M  <.0001

Signed Rank S 333 Pr >= |S| <.0001

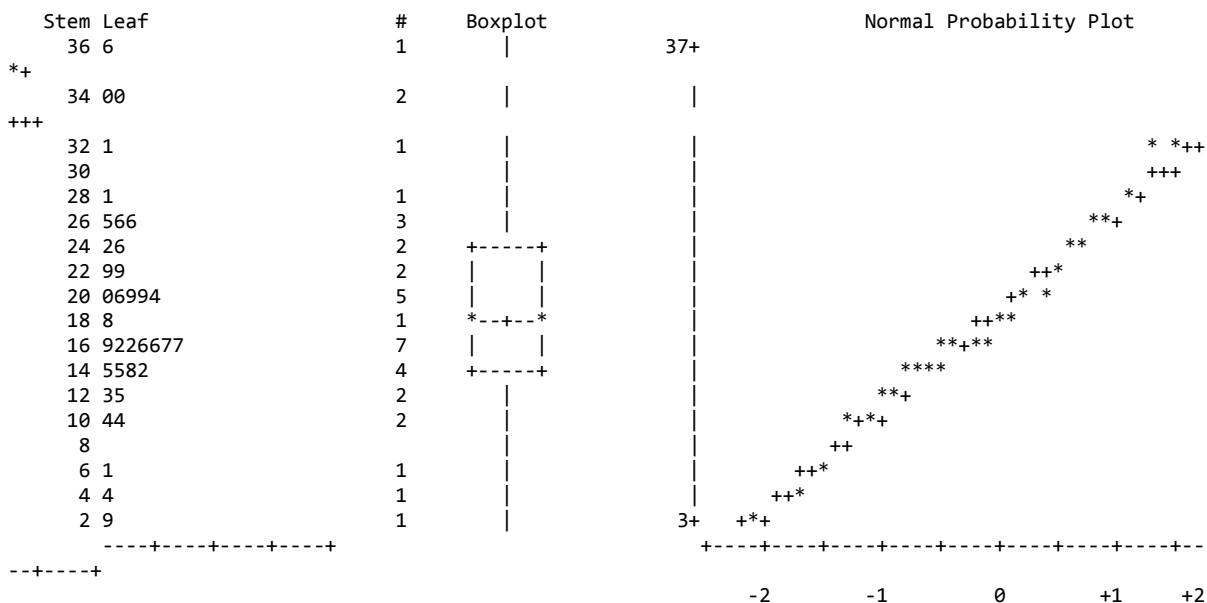
Quantiles (Definition 5)

Quantile	Estimate
100% Max	36.64301
99%	36.64301
95%	33.97360
90%	32.07446
75% Q3	25.40441
50% Median	18.75376
25% Q1	14.66841
10%	10.41122
5%	4.36996
1%	3.90029
0% Min	3.90029

Extreme Observations

-----Lowest-----		-----Highest-----	
Value	Obs	Value	Obs
3.90029	19	29.0716	24
4.36996	28	32.0745	30
7.07932	20	33.9736	6
10.41122	10	33.9736	15
10.41122	1	36.6430	33

The UNIVARIATE Procedure  
Variable: Response (Response)



The Mixed Procedure

Model Information

Data Set	WORK.SET2
Dependent Variable	Response
Covariance Structure	Variance Components
Estimation Method	REML
Residual Variance Method	Profile
Fixed Effects SE Method	Model-Based
Degrees of Freedom Method	Containment

Class Level Information

Class	Levels	Values
Day	4	1 2 3 4
Isolation	3	Centrifuge Enzyme Filtration
Heat	3	high heat mild heat no heat

Dimensions

Covariance Parameters	3
Columns in X	16
Columns in Z	16
Subjects	1
Max Obs Per Subject	36

Number of Observations

Number of Observations Read	36
Number of Observations Used	36
Number of Observations Not Used	0

Iteration History

Iteration	Evaluations	-2 Res Log Like	Criterion
0	1	153.39352172	
1	1	143.59382925	0.00000000

Convergence criteria met.

Covariance Parameter Estimates

Cov Parm	Estimate
Day	2.9962
Day*Isolation	3.2496
Residual	4.5728

Fit Statistics

-2 Res Log Likelihood	143.6
AIC (smaller is better)	149.6
AICC (smaller is better)	150.6
BIC (smaller is better)	147.8

Type 3 Tests of Fixed Effects

Effect	Num DF	Den DF	F Value	Pr > F
Isolation	2	6	9.46	0.0140
Heat	2	18	163.94	<.0001
Isolation*Heat	4	18	10.59	0.0001

The Mixed Procedure

Least Squares Means

Effect	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		16.0582	1.3937	6	11.52	<.0001
Isolation	Enzyme		22.4578	1.3937	6	16.11	<.0001
Isolation	Filtration		21.0291	1.3937	6	15.09	<.0001
Heat		high heat	28.4514	1.1836	18	24.04	<.0001
Heat		mild heat	18.1860	1.1836	18	15.36	<.0001
Heat		no heat	12.9078	1.1836	18	10.91	<.0001
Isolation*Heat	Centrifuge	high heat	26.7373	1.6446	18	16.26	<.0001
Isolation*Heat	Centrifuge	mild heat	14.1640	1.6446	18	8.61	<.0001
Isolation*Heat	Centrifuge	no heat	7.2732	1.6446	18	4.42	0.0003
Isolation*Heat	Enzyme	high heat	33.4155	1.6446	18	20.32	<.0001
Isolation*Heat	Enzyme	mild heat	18.4670	1.6446	18	11.23	<.0001
Isolation*Heat	Enzyme	no heat	15.4910	1.6446	18	9.42	<.0001
Isolation*Heat	Filtration	high heat	25.2014	1.6446	18	15.32	<.0001
Isolation*Heat	Filtration	mild heat	21.9268	1.6446	18	13.33	<.0001
Isolation*Heat	Filtration	no heat	15.9592	1.6446	18	9.70	<.0001

Differences of Least Squares Means

Effect	Isolation	Heat	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		Enzyme		-6.3996	1.5450	6	-4.14	0.0061
Isolation	Centrifuge		Filtration		-4.9710	1.5450	6	-3.22	0.0182
Isolation	Enzyme		Filtration		1.4287	1.5450	6	0.92	0.3908
Heat		high heat	mild heat		10.2654	0.8730	18	11.76	<.0001
Heat		high heat	no heat		15.5436	0.8730	18	17.80	<.0001
Heat		mild heat	no heat		5.2782	0.8730	18	6.05	<.0001
Isolation*Heat	Centrifuge	high heat	Centrifuge	mild heat	12.5732	1.5121	18	8.32	<.0001
Isolation*Heat	Centrifuge	high heat	Centrifuge	no heat	19.4641	1.5121	18	12.87	<.0001
Isolation*Heat	Centrifuge	high heat	Enzyme	high heat	-6.6782	1.9777	18	-3.38	0.0034
Isolation*Heat	Centrifuge	high heat	Enzyme	mild heat	8.2703	1.9777	18	4.18	0.0006
Isolation*Heat	Centrifuge	high heat	Enzyme	no heat	11.2463	1.9777	18	5.69	<.0001
Isolation*Heat	Centrifuge	high heat	Filtration	high heat	1.5358	1.9777	18	0.78	0.4475
Isolation*Heat	Centrifuge	high heat	Filtration	mild heat	4.8104	1.9777	18	2.43	0.0257
Isolation*Heat	Centrifuge	high heat	Filtration	no heat	10.7781	1.9777	18	5.45	<.0001
Isolation*Heat	Centrifuge	mild heat	Centrifuge	no heat	6.8909	1.5121	18	4.56	0.0002
Isolation*Heat	Centrifuge	mild heat	Enzyme	high heat	-19.2514	1.9777	18	-9.73	<.0001
Isolation*Heat	Centrifuge	mild heat	Enzyme	mild heat	-4.3029	1.9777	18	-2.18	0.0431
Isolation*Heat	Centrifuge	mild heat	Enzyme	no heat	-1.3269	1.9777	18	-0.67	0.5108
Isolation*Heat	Centrifuge	mild heat	Filtration	high heat	-11.0374	1.9777	18	-5.58	<.0001
Isolation*Heat	Centrifuge	mild heat	Filtration	mild heat	-7.7628	1.9777	18	-3.93	0.0010
Isolation*Heat	Centrifuge	mild heat	Filtration	no heat	-1.7951	1.9777	18	-0.91	0.3760
Isolation*Heat	Centrifuge	no heat	Enzyme	high heat	-26.1423	1.9777	18	-13.22	<.0001
Isolation*Heat	Centrifuge	no heat	Enzyme	mild heat	-11.1938	1.9777	18	-5.66	<.0001
Isolation*Heat	Centrifuge	no heat	Enzyme	no heat	-8.2178	1.9777	18	-4.16	0.0006
Isolation*Heat	Centrifuge	no heat	Filtration	high heat	-17.9282	1.9777	18	-9.07	<.0001
Isolation*Heat	Centrifuge	no heat	Filtration	mild heat	-14.6537	1.9777	18	-7.41	<.0001
Isolation*Heat	Centrifuge	no heat	Filtration	no heat	-8.6860	1.9777	18	-4.39	0.0004
Isolation*Heat	Enzyme	high heat	Enzyme	mild heat	14.9485	1.5121	18	9.89	<.0001
Isolation*Heat	Enzyme	high heat	Enzyme	no heat	17.9245	1.5121	18	11.85	<.0001
Isolation*Heat	Enzyme	high heat	Filtration	high heat	8.2140	1.9777	18	4.15	0.0006
Isolation*Heat	Enzyme	high heat	Filtration	mild heat	11.4886	1.9777	18	5.81	<.0001
Isolation*Heat	Enzyme	high heat	Filtration	no heat	17.4563	1.9777	18	8.83	<.0001
Isolation*Heat	Enzyme	mild heat	Enzyme	no heat	2.9760	1.5121	18	1.97	0.0646
Isolation*Heat	Enzyme	mild heat	Filtration	high heat	-6.7344	1.9777	18	-3.41	0.0032
Isolation*Heat	Enzyme	mild heat	Filtration	mild heat	-3.4598	1.9777	18	-1.75	0.0972
Isolation*Heat	Enzyme	mild heat	Filtration	no heat	2.5078	1.9777	18	1.27	0.2209
Isolation*Heat	Enzyme	no heat	Filtration	high heat	-9.7104	1.9777	18	-4.91	0.0001
Isolation*Heat	Enzyme	no heat	Filtration	mild heat	-6.4358	1.9777	18	-3.25	0.0044
Isolation*Heat	Enzyme	no heat	Filtration	no heat	-0.4682	1.9777	18	-0.24	0.8155
Isolation*Heat	Filtration	high heat	Filtration	mild heat	3.2746	1.5121	18	2.17	0.0440
Isolation*Heat	Filtration	high heat	Filtration	no heat	9.2422	1.5121	18	6.11	<.0001
Isolation*Heat	Filtration	mild heat	Filtration	no heat	5.9676	1.5121	18	3.95	0.0009

The UNIVARIATE Procedure  
Variable: Response (Response)

Moments

N	36	Sum Weights	36
Mean	88.2236224	Sum Observations	3176.05041
Std Deviation	10.0750215	Variance	101.506058
Skewness	-0.4935215	Kurtosis	-0.0867217
Uncorrected SS	283755.384	Corrected SS	3552.71204
Coeff Variation	11.4198683	Std Error Mean	1.67917025

Basic Statistical Measures

Location		Variability	
Mean	88.22362	Std Deviation	10.07502
Median	89.53815	Variance	101.50606
Mode	.	Range	41.84414
		Interquartile Range	12.23525

Tests for Location: Mu0=0

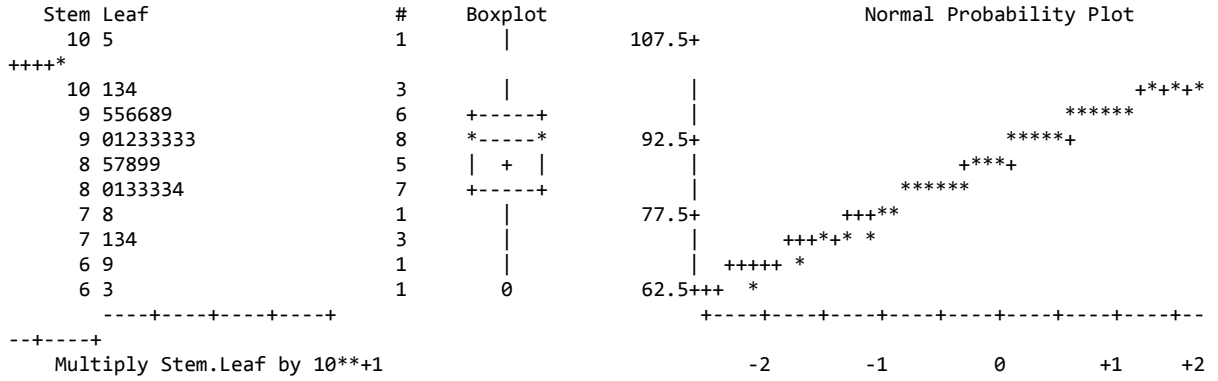
Test	-Statistic-	-----p Value-----	
Student's t	t 52.54001	Pr >  t	<.0001
Sign	M 18	Pr >=  M	<.0001
Signed Rank	S 333	Pr >=  S	<.0001

Quantiles (Definition 5)

Quantile	Estimate
100% Max	105.2262
99%	105.2262
95%	104.1927
90%	101.1860
75% Q3	95.3839
50% Median	89.5382
25% Q1	83.1486
10%	72.8985
5%	69.3063
1%	63.3821
0% Min	63.3821

Extreme Observations

-----Lowest-----		-----Highest-----	
Value	Obs	Value	Obs
63.3821	3	99.3283	31
69.3063	6	101.1860	22
71.4711	12	103.2378	5
72.8985	33	104.1927	4
74.1621	30	105.2262	19



The Mixed Procedure

Model Information

Data Set	WORK.SET3
Dependent Variable	Response
Covariance Structure	Variance Components
Estimation Method	REML
Residual Variance Method	Profile
Fixed Effects SE Method	Model-Based
Degrees of Freedom Method	Containment

Class Level Information

Class	Levels	Values
Day	4	1 2 3 4
Isolation	3	Centrifuge Enzyme Filtration
Heat	3	high heat mild heat no heat

Dimensions

Covariance Parameters	3
Columns in X	16
Columns in Z	16
Subjects	1
Max Obs Per Subject	36

Number of Observations

Number of Observations Read	36
Number of Observations Used	36
Number of Observations Not Used	0

Iteration History

Iteration	Evaluations	-2 Res Log Like	Criterion
0	1	192.42707005	
1	3	191.77950428	0.00017479
2	1	191.76587079	0.00000481
3	1	191.76552242	0.00000000

Convergence criteria met.

Covariance Parameter Estimates

Cov Parm	Estimate
Day	4.2210
Day*Isolation	0
Residual	41.6996

Fit Statistics

-2 Res Log Likelihood	191.8
AIC (smaller is better)	195.8
AICC (smaller is better)	196.3
BIC (smaller is better)	194.5

Type 3 Tests of Fixed Effects

Effect	Num DF	Den DF	F Value	Pr > F
Isolation	2	6	3.39	0.1037
Heat	2	18	22.17	<.0001
Isolation*Heat	4	18	1.09	0.3911

The Mixed Procedure

Least Squares Means

Effect	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		84.7562	2.1284	6	39.82	<.0001
Isolation	Enzyme		91.6148	2.1284	6	43.04	<.0001
Isolation	Filtration		88.2998	2.1284	6	41.49	<.0001
Heat		high heat	78.3610	2.1284	18	36.82	<.0001
Heat		mild heat	91.1368	2.1284	18	42.82	<.0001
Heat		no heat	95.1731	2.1284	18	44.72	<.0001
Isolation*Heat	Centrifuge	high heat	71.8175	3.3882	18	21.20	<.0001
Isolation*Heat	Centrifuge	mild heat	87.9112	3.3882	18	25.95	<.0001
Isolation*Heat	Centrifuge	no heat	94.5399	3.3882	18	27.90	<.0001
Isolation*Heat	Enzyme	high heat	81.3454	3.3882	18	24.01	<.0001
Isolation*Heat	Enzyme	mild heat	93.9852	3.3882	18	27.74	<.0001
Isolation*Heat	Enzyme	no heat	99.5139	3.3882	18	29.37	<.0001
Isolation*Heat	Filtration	high heat	81.9200	3.3882	18	24.18	<.0001
Isolation*Heat	Filtration	mild heat	91.5139	3.3882	18	27.01	<.0001
Isolation*Heat	Filtration	no heat	91.4656	3.3882	18	27.00	<.0001

Differences of Least Squares Means

Effect	Isolation	Heat	Isolation	Heat	Estimate	Standard Error	DF	t Value	Pr >  t
Isolation	Centrifuge		Enzyme		-6.8586	2.6363	6	-2.60	0.0406
Isolation	Centrifuge		Filtration		-3.5436	2.6363	6	-1.34	0.2275
Isolation	Enzyme		Filtration		3.3150	2.6363	6	1.26	0.2553
Heat		high heat		mild heat	-12.7758	2.6363	18	-4.85	0.0001
Heat		high heat		no heat	-16.8122	2.6363	18	-6.38	<.0001
Heat		mild heat		no heat	-4.0363	2.6363	18	-1.53	0.1431
Isolation*Heat	Centrifuge	high heat	Centrifuge	mild heat	-16.0937	4.5662	18	-3.52	0.0024
Isolation*Heat	Centrifuge	high heat	Centrifuge	no heat	-22.7224	4.5662	18	-4.98	<.0001
Isolation*Heat	Centrifuge	high heat	Enzyme	high heat	-9.5279	4.5662	18	-2.09	0.0514
Isolation*Heat	Centrifuge	high heat	Enzyme	mild heat	-22.1677	4.5662	18	-4.85	0.0001
Isolation*Heat	Centrifuge	high heat	Enzyme	no heat	-27.6964	4.5662	18	-6.07	<.0001
Isolation*Heat	Centrifuge	high heat	Filtration	high heat	-10.1025	4.5662	18	-2.21	0.0401
Isolation*Heat	Centrifuge	high heat	Filtration	mild heat	-19.6964	4.5662	18	-4.31	0.0004
Isolation*Heat	Centrifuge	high heat	Filtration	no heat	-19.6481	4.5662	18	-4.30	0.0004
Isolation*Heat	Centrifuge	mild heat	Centrifuge	no heat	-6.6287	4.5662	18	-1.45	0.1638
Isolation*Heat	Centrifuge	mild heat	Enzyme	high heat	6.5658	4.5662	18	1.44	0.1676
Isolation*Heat	Centrifuge	mild heat	Enzyme	mild heat	-6.0741	4.5662	18	-1.33	0.2001
Isolation*Heat	Centrifuge	mild heat	Enzyme	no heat	-11.6027	4.5662	18	-2.54	0.0205
Isolation*Heat	Centrifuge	mild heat	Filtration	high heat	5.9912	4.5662	18	1.31	0.2060
Isolation*Heat	Centrifuge	mild heat	Filtration	mild heat	-3.6027	4.5662	18	-0.79	0.4404
Isolation*Heat	Centrifuge	mild heat	Filtration	no heat	-3.5544	4.5662	18	-0.78	0.4464
Isolation*Heat	Centrifuge	no heat	Enzyme	high heat	13.1945	4.5662	18	2.89	0.0098
Isolation*Heat	Centrifuge	no heat	Enzyme	mild heat	0.5547	4.5662	18	0.12	0.9047
Isolation*Heat	Centrifuge	no heat	Enzyme	no heat	-4.9740	4.5662	18	-1.09	0.2904
Isolation*Heat	Centrifuge	no heat	Filtration	high heat	12.6199	4.5662	18	2.76	0.0128
Isolation*Heat	Centrifuge	no heat	Filtration	mild heat	3.0260	4.5662	18	0.66	0.5159
Isolation*Heat	Centrifuge	no heat	Filtration	no heat	3.0743	4.5662	18	0.67	0.5093
Isolation*Heat	Enzyme	high heat	Enzyme	mild heat	-12.6399	4.5662	18	-2.77	0.0127
Isolation*Heat	Enzyme	high heat	Enzyme	no heat	-18.1685	4.5662	18	-3.98	0.0009
Isolation*Heat	Enzyme	high heat	Filtration	high heat	-0.5746	4.5662	18	-0.13	0.9013
Isolation*Heat	Enzyme	high heat	Filtration	mild heat	-10.1685	4.5662	18	-2.23	0.0390
Isolation*Heat	Enzyme	high heat	Filtration	no heat	-10.1202	4.5662	18	-2.22	0.0398
Isolation*Heat	Enzyme	mild heat	Enzyme	no heat	-5.5286	4.5662	18	-1.21	0.2416
Isolation*Heat	Enzyme	mild heat	Filtration	high heat	12.0652	4.5662	18	2.64	0.0166
Isolation*Heat	Enzyme	mild heat	Filtration	mild heat	2.4713	4.5662	18	0.54	0.5950
Isolation*Heat	Enzyme	mild heat	Filtration	no heat	2.5196	4.5662	18	0.55	0.5879
Isolation*Heat	Enzyme	no heat	Filtration	high heat	17.5939	4.5662	18	3.85	0.0012
Isolation*Heat	Enzyme	no heat	Filtration	mild heat	8.0000	4.5662	18	1.75	0.0968
Isolation*Heat	Enzyme	no heat	Filtration	no heat	8.0483	4.5662	18	1.76	0.0949
Isolation*Heat	Filtration	high heat	Filtration	mild heat	-9.5939	4.5662	18	-2.10	0.0500
Isolation*Heat	Filtration	high heat	Filtration	no heat	-9.5456	4.5662	18	-2.09	0.0510
Isolation*Heat	Filtration	mild heat	Filtration	no heat	0.04830	4.5662	18	0.01	0.9917

**Fisher Least Statistical Difference Test**

Native PAGE response to isolation method main effect:

$$LSD = t_{\alpha/2, N} - a \sqrt{\frac{2MS_E}{n}}$$

$$LSD = 3.707 \sqrt{\frac{2(7816.63)}{2}}$$

$$LSD = 28973.4$$

Native PAGE response to heat treatment main effect:

$$LSD = t_{\alpha/2, N} - a \sqrt{\frac{2MS_E}{n}}$$



$$LSD = 3.707 \sqrt{\frac{2(6619.89)}{2}}$$

$$LSD = 24539.9$$

pH 4.6 solubility measured by BCA response to isolation method main effect:

$$LSD = t_{\alpha/2, N-a} \sqrt{\frac{2MS_E}{n}}$$

$$LSD = 3.707 \sqrt{\frac{2(2.6363)}{2}}$$

$$LSD = 9.77$$

## Appendix 2: Statistical Analysis for Experiment 2 (Minitab)

### General Linear Model: %Soluble @pH 4.6\_1 versus Batch, Treatment

Factor	Type	Levels	Values
Batch	random	3	1, 2, 3
Treatment	fixed	3	HS, LF, LS

Analysis of Variance for %Soluble @pH 4.6\_1, using Adjusted SS for Tests

Source	DF	Seq SS	Adj SS	Adj MS	F	P
Batch	2	81.61	81.61	40.81	6.65	0.053
Treatment	2	2814.46	2814.46	1407.23	229.35	0.000
Error	4	24.54	24.54	6.14		
Total	8	2920.62				

S = 2.47706 R-Sq = 99.16% R-Sq(adj) = 98.32%

Tukey 95.0% Simultaneous Confidence Intervals

Response Variable %Soluble @pH 4.6\_1

All Pairwise Comparisons among Levels of Treatment

Treatment = HS subtracted from:

Treatment	Lower	Center	Upper	
LF	29.96	37.16	44.37	(----*----)
LS	30.65	37.85	45.06	(----*----)

0            15            30            45

Treatment = LF subtracted from:

Treatment	Lower	Center	Upper	
LS	-6.518	0.6900	7.898	(---*---)

0            15            30            45

Tukey Simultaneous Tests

Response Variable %Soluble @pH 4.6\_1

All Pairwise Comparisons among Levels of Treatment

Treatment = HS subtracted from:

Treatment	Difference of Means	SE of Difference	T-Value	Adjusted P-Value
LF	37.16	2.023	18.37	0.0001
LS	37.85	2.023	18.72	0.0001

Treatment = LF subtracted from:

Treatment	Difference of Means	SE of Difference	T-Value	Adjusted P-Value
LS	0.6900	2.023	0.3412	0.9388

## General Linear Model: Peak Intenstity\_1 versus Batch, Treatment\_1

Factor	Type	Levels	Values
Batch	random	3	1, 2, 3
Treatment_1	fixed	3	HS, LF, LS

Analysis of Variance for Peak Intenstity\_1, using Adjusted SS for Tests

Source	DF	Seq SS	Adj SS	Adj MS	F	P
Batch	2	12.7	12.7	6.3	0.05	0.953
Treatment_1	2	5867.2	5867.2	2933.6	22.66	0.007
Error	4	517.9	517.9	129.5		
Total	8	6397.8				

S = 11.3788    R-Sq = 91.90%    R-Sq(adj) = 83.81%

Tukey 95.0% Simultaneous Confidence Intervals

Response Variable Peak Intenstity\_1

All Pairwise Comparisons among Levels of Treatment\_1

Treatment\_1 = HS subtracted from:

Treatment_1	Lower	Center	Upper	
LF	-84.91	-51.80	-18.69	(-----*-----)
LS	-89.36	-56.25	-23.14	(-----*-----)

-----+-----+-----+-----+  
-70            -35            0            35

Treatment\_1 = LF subtracted from:

Treatment_1	Lower	Center	Upper	
LS	-37.57	-4.457	28.65	(-----*-----)

-----+-----+-----+-----+  
-70            -35            0            35

Tukey Simultaneous Tests

Response Variable Peak Intenstity\_1

All Pairwise Comparisons among Levels of Treatment\_1

Treatment\_1 = HS subtracted from:

Treatment_1	Difference of Means	SE of Difference	T-Value	Adjusted P-Value
LF	-51.80	9.291	-5.575	0.0111
LS	-56.25	9.291	-6.055	0.0083

Treatment\_1 = LF subtracted from:

Treatment_1	Difference of Means	SE of Difference	T-Value	Adjusted P-Value
LS	-4.457	9.291	-0.4797	0.8843



### **Test Statistic for the F Distribution**

pH 4.6 solubility measured by BCA response to main effect treatment:

$$F = 229.35 > F_{0.05,2,7} = 4.74$$

Fluorescence spectroscopy response to main effect treatment:

$$F = 22.66 > F_{0.05,2,7} = 4.34$$

Functional solubility response to main effect treatment:

$$F = 11.54 > F_{0.05,2,7} = 4.34$$

### **Tukey's Test for Comparison of Treatment Means**

pH 4.6 solubility measured by BCA response to main effect treatment:

$$T_{\alpha} = q_{\alpha}(a, f) \sqrt{\frac{MS_E}{n}}$$

$$T_{\alpha} = 5.0 \sqrt{\frac{6.14}{3}}$$

$$T_{\alpha} = 7.153$$

Fluorescence spectroscopy response to main effect treatment:

$$T_{\alpha} = q_{\alpha}(a, f) \sqrt{\frac{MS_E}{n}}$$

$$T_{\alpha} = 5.0 \sqrt{\frac{129.5}{3}}$$

$$T_{\alpha} = 32.85$$

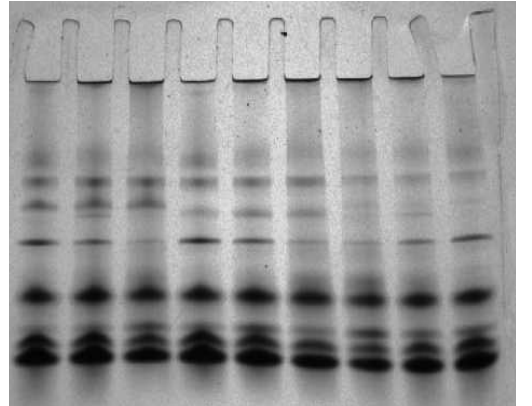
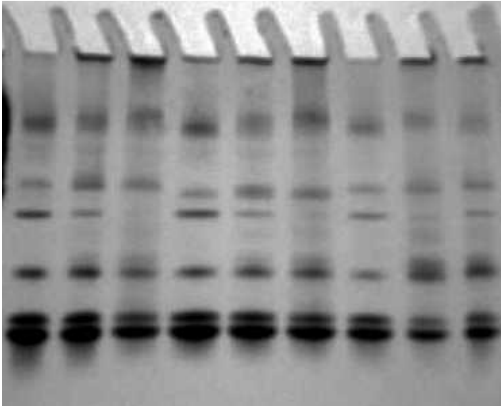
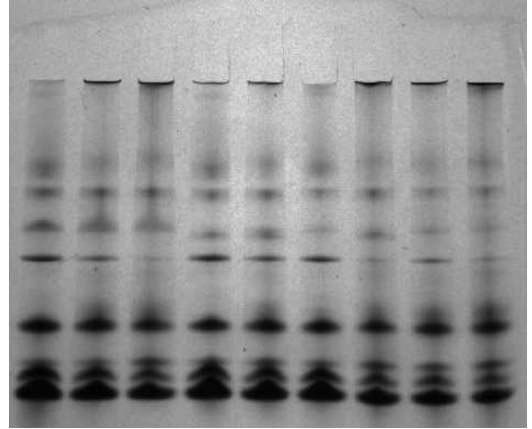
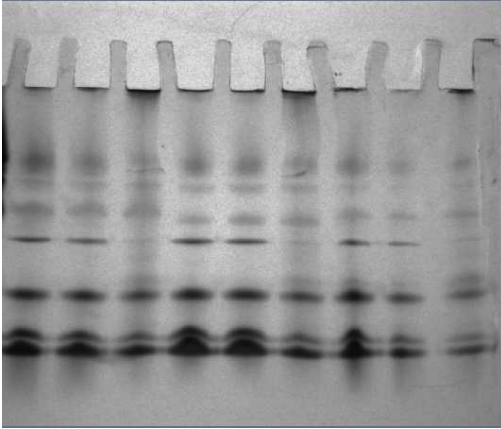
Functional solubility response to main effect treatment:

$$T_{\alpha} = q_{\alpha}(a, f) \sqrt{\frac{MS_E}{n}}$$

$$T_{\alpha} = 5.0 \sqrt{\frac{0.0061}{3}}$$

$$T_{\alpha} = 0.225$$

### Appendix 3: Native PAGE Gels



Key for all gels: From left to right- centrifugal force, no heat; centrifugal force, low heat; centrifugal force, high heat; enzyme isolation, no heat; enzyme isolation, low heat; enzyme isolation, high heat; membrane filtration, no heat; membrane filtration, low heat; membrane filtration, high heat

#### **Appendix 4: List of Acronyms**

$\alpha$ -helix: Alpha Helix

$\alpha$ -1a: Alpha-lactalbumin

ANOVA: Analysis of Variance

AAS: Amino Acid Score

$\beta$ -1g: Beta-lactoglobulin

$\beta$ -sheet: Beta-sheet

BCA: Bovine Serum Albumin

BSA-Bovine Serum Albumin

BV: Biological Value

CD: Circular Dichroism

CE: Capillary Electrophoresis

DPTC: Dairy Product Technology Center

FPLC: Fast Protein Liquid Chromatography

GLM: General Linear Model

FTIR: Fourier Transform-Infrared Spectroscopy

HPLC: High Pressure Liquid Chromatography

HTST: High Temperature, Short Time, Pasteurization

Ig: Immunoglobulin

LF:Lactoferrin

KN: Kjeldahl Nitrogen

MPa: Megapascal

NPU: Net Protein Utilization



ODU: Optical Density Unit

PAGE: Polyacrylamide Gel Electrophoresis

PER: Protein Efficiency Ratio

PMO: Pasteurized Milk Ordinance

PP: Proteose Peptides

RP-HPLC: Reverse Phase-High Pressure Liquid Chromatography

SDS-PAGE: Sodium Dodecyl Polyacrylamide Electrophoresis

SE-HPLC: Size Exclusion-High pressure Liquid Chromatography

UHT: Ultra High Treatment

WPI: Whey Protein Isolate

WPN: Whey Protein Nitrogen