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GENERATION, MAINTENANCE AND TISSUE DISTRIBUTION OF T CELL RESPONSES TO HUMAN CYTOMEGALOVIRUS IN LYTIC AND LATENT INFECTION.

--Manuscript Draft--

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Corresponding Author:	Sarah Elizabeth Jackson, Ph.D. University of Cambridge Cambridge, Cambridgeshire UNITED KINGDOM	
Corresponding Author Secondary Information:		
Corresponding Author's Institution:	University of Cambridge	
Corresponding Author's Secondary Institution:		
First Author:	Sarah Elizabeth Jackson, Ph.D.	
First Author Secondary Information:		
Order of Authors:	Sarah Elizabeth Jackson, Ph.D.	
	George X Sedikides	
	Georgina Okecha	
	Mark Ralph Wills	
Order of Authors Secondary Information:		
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Abstract:	<p>Understanding how the T cell memory response directed towards human cytomegalovirus (HCMV) develops and changes over time while the virus persists is important. Whilst HCMV primary infection and periodic reactivation is well controlled by T cell responses in healthy people, when the immune system is compromised such as post-transplantation, during pregnancy, or under developed such as in new-born infants and children, CMV disease can be a significant problem. In older people HCMV infection is associated with increased risk of mortality and despite overt disease rarely being seen there are increases in HCMV DNA in urine of older people suggesting that there is a change in the efficacy of the T cell response following life-long infection. Therefore, understanding whether phenomenon such as “memory inflation” of the immune response is occurring in humans and if this is detrimental to the overall health of individuals would enable the development of appropriate treatment strategies for the future. In this review we present the evidence available from human studies regarding the development and maintenance of memory CD8+ and CD4+ T cell responses to HCMV. We conclude that there is only limited evidence supportive of “memory inflation” occurring in humans and that future studies need to investigate immune cells from a broad range of human tissue sites to fully understand the nature of HCMV T cell memory responses to lytic and latent infection.</p>	



UNIVERSITY OF
CAMBRIDGE
Department of Medicine

Dr Mark Wills and Dr Sarah Jackson

Division of Infectious Diseases

Our Ref: MMIM-D-19-00031

Professor Matthias J. Reddehase
Editor in Chief
Medical Microbiology and Immunology

Dear Matthias

Ref.: Ms. No. MMIM-D-19-00031 - GENERATION, MAINTENANCE AND TISSUE DISTRIBUTION OF T CELL RESPONSES TO HUMAN CYTOMEGALOVIRUS IN LYTIC AND LATENT INFECTION.

Thank you for your kind words about our manuscript, we have now revised the review in response to the comments made by yourself and the reviewer. Below we have provided a point by point response to each of the comments below, with our response to each point in [blue type](#). The revised manuscript has incorporated the reviewers' comments as appropriate and the changes have been highlighted by line number of the revised document in this letter.

Response to comments:

(1) I appreciate your attention to the mouse model on p.3, line 78 pp and the correct reference to the work by Holtappels et al (Ref. 25) who were first to show memory inflation in the year 2000 in JVI. With knowledge of this work, Klenerman in 2003 (Ref. 26) expanded on the previous work by Holtappels and arrived at the same conclusions, coining the catch phrase "memory inflation" but not citing Holtappels et al. for the first description. The result is that mostly only Karrer et al. is cited for having first described memory inflation.

Please note that a debate at that time resulted in a published Erratum, which should be cited in the reference list along with the paper.

Memory Inflation: Continuous Accumulation of Antiviral CD8+ T Cells Over Time. Urs Karrer, Sophie Sierro, Markus Wagner, Annette Oxenius, Hartmut Hengel, Ulrich H. Koszinowski, Rodney E. Phillips and Paul Klenerman. *J Immunol* October 1, 2003, 171 (7) 3895; DOI: <https://doi.org/10.4049/jimmunol.171.7.3895-b>

[This reference has now been added to the text. \[Revised document reference no.: 27\]](#)

Level 5, Box 157
Addenbrooke's Hospital
Hills Road
Cambridge CB2 2QQ

Tel: +44 (0) 1223 336862

Fax: +44 (0) 1223 336846

Email: mrw1004@cam.ac.uk

sej47@cam.ac.uk



Actually, Ref. 25 was first to show

- Accumulation of IE1-specific CD8 T cells during latent infection
- Epitope-specificity in that IE1 is "inflationary" whereas others are non-inflationary, namely m04, M83, M84
- Accumulation in ABSOLUTE CELL NUMBERS, not just % (see comments by Reviewer)
- Effector-memory phenotype CD62L-minus
- Accumulated cells are functional in that they secrete IFN-gamma upon stimulation with peptide.

We have amended the text where the Holtappels et al 2000 reference is first cited to reflect these points. [Revised document line nos.: 89 - 91]

(2) In the list of epitopes that drive memory inflation m164 is missing. This actually was the second inflationary epitope identified in 2002 (still earlier than Karrer et. al.2003) You already have this as reference Ref. 32 but cited it for IE1 only . Actually in Ref. 32 Holtappels et al. have identified the sequence of the m164 peptide and showed that this new peptide behaves inflationary like IE1.

We have amended the text where the murine epitopes that drive memory inflation are discussed to include m164 and the Holtappels et al 2016 reference. [Revised document line no.: 96]

(3) Regarding "continuous inflation" I would like to draw your attention to the fact that this is idealized by selecting data that fit. The truth is that the dynamics is higher, with specificities rising and falling. See the recent paper in Frontiers in Immunology. Holtappels et al. 2016.

Thank you for this comment and bringing the Holtappels et al 2016 paper to our attention, we have added a reference to this observation to our discussion of fluctuations in the magnitude of HCMV responses over time. [Revised document line nos.: 168 - 169]

Let me also comment on some comments of the Reviewer (see below), as I disagree with the Reviewer in some points:

(1) " Authors would greatly help the field if they could consistently point out which, if any, of the studies actually followed absolute cell numbers"

I agree but would like to note that the first description by Holtappels in 2000 (Ref. 25) already showed memory inflation as increase in % IE1-specific among CD8s as well as increase in absolute numbers!

As well as discussing the increase in absolute numbers in the murine model in our introductory paragraph to the main text of the review [revised document line nos.: 87 - 91]. We have clarified which of the cited human studies used absolute numbers in their observations [revised document line nos.: 113 – 114; 119; 120 – 121; 130 – 132; 137; 169 – 174; 177 – 180; 201 – 204; 209; 213]. Furthermore we have added a small statement reflecting the importance of knowing the size of the immune cell compartment compared to frequencies [revised document line nos.: 121 - 124].



(2) "response being broader in B6 and humans than in BALB/c" . The reviewer also had m164 not in mind (see above) and other peptides in BALB/c are intermediate in inflation. This is not a real difference to B6 with 4 inflationary epitopes. Further, the famous paper by Sylvester (JEM) with the "broad response" in humans in the title is mostly misunderstood. The response is broad on the polymorphic population level with high HLA coverage. Sylvester have nicely shown that the response in INDIVIDUALS is less broad with a median of 8, as far as I recall. Considering that humans are not homozygous, unlike mouse inbred strains, there is no longer any difference between humans, BALB/c mice and C57Bl/6 mice.

In light of your comments and the other revisions we have made to the text we have decided to not to reference mouse strain differences highlighted by this reviewer, and have removed the reference to the size of the CMV specific response in BALB/c mice.

Despite my lengthy comment, actual changes will be a minimal revision, except if you wish to revise your British English. Please resubmit as fast as possible so that I can forward it to the publication Office.

Thank you for this comment, we have taken the opportunity to revise the overall text to hopefully improve the readability of the review. As this editing has occurred throughout the document we have not highlighted all of the changes here or in the main revised document. We have revised all sections of the text, including the abstract and the main body, hopefully the English language used is less cumbersome now.

Reviewers' comments:

Reviewer #1: The review by Jackson, Wills and colleagues addresses an important topic in CMV biology, asking critical questions related to the existence, or not, of HCMV-mediated memory inflation in the human immune system. The article is generally well-written. To improve it further, authors should revise the review to address the points below:

* The major conceptual issue in this review is that most, if not all, reviewed studies on memory inflation have dealt only with fractions and representation of different populations. Authors would greatly help the field if they could consistently point out which, if any, of the studies actually followed absolute cell numbers, and if they could highlight the importance of this parameter to distinguish absolute accumulation of different cell subsets/antigen-specific populations.

As mentioned above in response to your comment we have amended the text to show which studies used absolute count numbers versus frequency and also added a short statement regarding the importance of this parameter in human studies. [Revised document line nos.: 113 – 114; 119; 120 – 121; 121 – 124; 130 – 132; 137; 169 – 174; 177 – 180; 201 – 204; 209; 213]

Minor comments:

* Line 83, "20% of the CD8 response specific to one epitope of MCMV E11", should note that in this model (BALB/c) E11 is extremely immunodominant in both the acute and latent phases, unlikely in B6 mice or humans, where the response is much broader.



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Department of Medicine

We have removed this line from the document, particularly as the earlier Holtappels et al 2000 publication are discussed in greater detail than before. [Revised document line nos.: 87 – 94]

* Line 126 - what is the "lytic latent protein group" vs the "latent protein group"? Or was that a typo? Regardless, it seems that it would be more precise to name them "epitopes (or peptides) belonging to lytic or latent protein groups"?

We have edited and amended the text to better clarify this section of the review. [Revised document line nos.: 141 – 145]

- Lines 70-72 : CD4 T cells cannot "...secrete IL-10 as well as antiviral effector functions". Please re-formulate. Subsequent sentence (lines 72-74) - should be edited for clarity, would better convey meaning if it had "in contrast" rather to "and a contrast".

We have edited this section to clarify the point being made. [Revised document line nos.: 75 – 80]

- Line 102, suggest to break the sentence in two; as is, the connector joins two separate thoughts.

We have edited this sentence as suggested. [Revised document line nos.: 110 – 114]

- Line 142-144, the sentence is run-on and difficult to follow, please break the sentence and provide references for each point.

We have edited this sentence as suggested and improved the referencing for clarity. [Revised document line nos.: 161 – 165]

- Line 201, discordance in singular/plural.

We have edited this sentence to improve understanding. [Revised document line nos.: 229 – 232]

- Lines 332-336, three sentences in one.

We have edited this sentence to improve the readability of this part of the review. [Revised document line nos.: 379 – 383]

We hope that the revisions we have made to the manuscript are suitable and meet your recommendations. We have also added the statement regarding the issue to the title page and the conflict of interest statement after the acknowledgments as requested by your email of the 2nd March [Revised document line nos: 1; 28 – 29].

Yours sincerely,



UNIVERSITY OF
CAMBRIDGE
Department of Medicine

Dr Mark Wills & Dr Sarah Jackson

[Click here to view linked References](#)

1 This article is part of the Special Issue on Immunological Imprinting during Chronic Viral Infection.

2

3 TITLE:

4 GENERATION, MAINTENANCE AND TISSUE DISTRIBUTION OF T CELL RESPONSES TO
5 HUMAN CYTOMEGALOVIRUS IN LYTIC AND LATENT INFECTION.

6 AUTHORS:

7 Sarah E. Jackson^{a1}, George X. Sedikides^a, Georgina Okecha^a and Mark R. Wills^{a1}

8 AFFILIATION:

9 ^a Division of Infectious Diseases, Department of Medicine, University of Cambridge, Level 5, Box
10 157, Addenbrookes Hospital, Hills Road, Cambridge, CB2 0QQ, United Kingdom.

11 ¹ Joint corresponding author contact details:

12 Mark Wills, Division of Infectious Diseases, Department of Medicine, University of Cambridge,
13 Level 5, Box 157, Addenbrookes Hospital, Hills Road, Cambridge, CB2 0QQ, United Kingdom. Tel:
14 +44 1223 336862. Email: mrw1004@cam.ac.uk

15 Sarah Jackson, Division of Infectious Diseases, Department of Medicine, University of Cambridge,
16 Level 5, Box 157, Addenbrookes Hospital, Hills Road, Cambridge, CB2 0QQ, United Kingdom. Tel:
17 +44 1223 763402. Email: sej47@cam.ac.uk

18 ORCID IDs:

19 Sarah Jackson: 0000-0002-4230-9220

20 Mark Wills: 0000-0001-8548-5729

21

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28 COMPLIANCE WITH ETHICAL STANDARDS

29 **Conflict of interest** The authors declare they have no conflict of interest

30 ABSTRACT (227 words)

31 Understanding how the T cell memory response directed towards human cytomegalovirus (HCMV)
32 develops and changes over time while the virus persists is important. Whilst HCMV primary
33 infection and periodic reactivation is well controlled by T cell responses in healthy people, when the
34 immune system is compromised such as post-transplantation, during pregnancy, or under
35 developed such as in new-born infants and children, CMV disease can be a significant problem. In
36 older people HCMV infection is associated with increased risk of mortality and despite overt
37 disease rarely being seen there are increases in HCMV DNA in urine of older people suggesting
38 that there is a change in the efficacy of the T cell response following life-long infection. Therefore,
39 understanding whether phenomenon such as “memory inflation” of the immune response is
40 occurring in humans and if this is detrimental to the overall health of individuals would enable the
41 development of appropriate treatment strategies for the future. In this review we present the
42 evidence available from human studies regarding the development and maintenance of memory
43 CD8+ and CD4+ T cell responses to HCMV. We conclude that there is only limited evidence
44 supportive of “memory inflation” occurring in humans and that future studies need to investigate
45 immune cells from a broad range of human tissue sites to fully understand the nature of HCMV T
46 cell memory responses to lytic and latent infection.

47

48 KEYWORDS

49 Human Cytomegalovirus (HCMV); T cell memory; inflation; latency.

50 REVIEW TEXT:

51 ***Introduction***

52 Primary infection with human cytomegalovirus (HCMV) in healthy individuals does not generally
53 cause overt disease [1,2], however a robust immune response is generated including neutralising
54 antibodies and cellular responses which eventually controls and eliminates the lytic virus [3]. In the
55 face of this immune response the virus is not cleared probably due to the numerous viral immune
56 evasion proteins encoded by the virus [4,5] and is able to establish a latent infection in certain cell
57 types [6]. Periodically the virus reactivates, resulting in antigenic stimulation of HCMV specific
58 secondary immune responses and generating distinct memory CD4+ and CD8+ T cell populations,
59 characteristic of this infection (recently reviewed in [7]). The impact of HCMV in changing
60 numerous immune parameters has been shown conclusively in a twin study, where identical twins
61 varied in their HCMV infection status. It was shown that the HCMV seropositive twins had
62 increased T cell effector memory populations and alterations in serum proteins [8].

63 Understanding how HCMV manipulates the immune response over time during both latent carriage
64 and periodic reactivation of the virus leading to lytic infection requires an appreciation of the virus
65 lifecycle. It has been shown that bone marrow resident CD34+ progenitor cells and CD14+
66 monocytes derived from these progenitors are sites of HCMV latent viral carriage in vivo [9].
67 Recent transcriptomic and single cell studies have shown that latent infection is more dynamic than
68 previously thought with a number of different transcriptional profiles of HCMV gene expression
69 [10,11], however HCMV latent infection of CD34+ and CD14+ cells can still be characterised by the
70 lack of infectious virion production. Previous studies have identified particular viral genes which
71 are transcribed during latency and are functionally important for maintaining the latent infection,
72 including UL138 [12,13], LUNA (latent undefined nuclear antigen; UL81-82as) [14-16], US28
73 [17,18], UL111A (vIL-10) [19,20]. CD34+ cells latently infected in vitro with HCMV have an altered
74 secretome which includes increased expression of chemokines that can attract CD4+ T cells as
75 well as immune suppressive cytokines IL-10 and TGF- β [21]. In addition, it has also been shown
76 that CD4+ T cells specific to these HCMV proteins expressed during latency can secrete IL-10 as
77 well as having anti-viral effector functions [22,23]. Taken together this suggests that latent HCMV
78 infection manipulates the immune response towards a more suppressive phenotype, which is in
79 contrast to the predominantly anti-viral effector phenotype of CD4+ T cells specific to HCMV
80 proteins expressed during lytic infection such as pp65, IE and gB [24].

81 It is important therefore to consider the impact of long-term carriage of HCMV, in some cases for
82 many decades, on the immune response of the healthy host.

83

84

85 ***Does Memory Inflation of CMV specific T cell responses occur in humans?***

86 Memory Inflation is a phenomenon associated with cytomegalovirus infection, it has been
87 extensively studied in the murine model of cytomegalovirus (MCMV) infection. The expansion of
88 IE1 specific CD8+ T cells in MCMV infection was originally described in the lungs of latently
89 infected mice [25]. This work also demonstrated that T cells specific for other MCMV proteins were
90 non-inflationary (m04, M83 and M84). In addition the inflationary CD8 T cells had an effector
91 memory phenotype and retained the ability to make IFN- γ upon restimulation. Subsequently
92 another group described a similar observation using the term “memory inflation”, and this was
93 observed in multiple organs and appeared to be driven by continuous activation of the T cells
94 [26,27]. The process of “memory inflation” has subsequently been observed by other laboratories
95 in additional mouse strains, and a number of MCMV proteins have been identified as driving
96 “inflationary” responses, including m38, m139 and IE3 [28-31], m164 [32,33] and IE1/pp89
97 [26,25,34,33,35]. The term of “memory inflation” was not precisely defined in the original work
98 using this term [26] and recently Paul Klenerman has published an updated definition with three
99 parts *‘(i) Restricted contraction following priming, leading to long-term maintained memory pool. (ii)*
100 *A dominant and sustained “effector-memory” phenotype. (iii) A sustained effector functionality*
101 *without features of immune exhaustion’* [36].

102 A characteristic of cytomegalovirus infection in both mice and men is the expansion of high avidity
103 T cells clonotypes specific to the virus, in mice these populations are preferentially selected to
104 “inflate” [37]. The contraction of the T cell Receptor (TCR) repertoire to focus on specific
105 immunodominant HCMV protein epitopes has been observed in numerous studies over the last
106 two decades [38], and the presence of these high affinity clones in HCMV responses, directed
107 towards particular epitopes from the tegument protein pp65 [39-41], has been used as evidence
108 that memory inflation occurs in the human host as well as the mouse [37,42]. The focusing of
109 HCMV specific CD8+ T cells on particular TCR sequences, generating high affinity and avidity
110 clones is seen against the IE1 protein as well as pp65 [43,44]. However, none of these studies
111 show accumulation of these high affinity clones within the CD8+ T cell compartment over time.
112 Where longitudinal studies have been undertaken, the frequency of these clones has been shown
113 to be relatively stable over a number of years [44], once the primary response has resolved (based
114 on absolute numbers of CD8+ T cell specific clones) [41]. Inflation of the frequency of HCMV
115 specific T cells has been implied from a number of cross-sectional studies where increasing age of
116 the subjects has been taken as a surrogate marker of time of HCMV carriage [45-49]. These cross-
117 sectional studies also demonstrated that many of these T cells remained polyfunctional despite
118 having a highly differentiated phenotype [39,44,50,51,46,52-54]. In addition it has been shown that
119 the total CD8+ T cell pool (based on absolute numbers) expands to accommodate these CMV
120 specific expansions [55,52]. Other studies have demonstrated a decline in the absolute numbers of

121 naïve T cells in older age irrespective of CMV sero-status [23,56]. These changes in absolute
122 numbers of the T cell compartment may account for the observations of increased frequency of
123 memory T cell populations in older CMV sero-positive donors [45-49] based on frequency of
124 responses only.

125 The term inflation has been used in many human studies of CMV specific T cell responses to refer
126 to large percentages (generally greater than 1.5%) of tetramer or cytokine positive T cells
127 responding to particular HCMV peptide epitopes [57]. Certainly, there are a number of studies
128 showing that in some donor cohorts, there are large proportions of memory T cell responses
129 focussed on CMV in older donors, who have likely been infected for many years compared to
130 younger donors [45,58-60,46,48,47,49]. A limited number of studies have related this increase in
131 magnitude of CMV specific memory T cell responses to an increase in the absolute numbers of
132 antigen specific T cells present in donors [54,61,62]. The evidence from these studies has been
133 used by some to support the hypothesis that an increase in the size of the CMV memory T cell
134 population over time in humans is indicative of memory inflation. However, other studies have
135 shown that large expansions in the frequency of CMV specific memory T cells is a feature of being
136 CMV positive irrespective of age, including studies of children as well as younger adults [63,51,64-
137 67], this is also true when observing the absolute size of the memory T cell compartment [23,52].

138 Previously, we wished to investigate whether T cell responses to HCMV proteins expanded as a
139 result of long-term carriage of the virus [23]. To address this question we have also used a cross-
140 sectional age donor cohort to investigate whether memory CD4+ and CD8+ T cell responses
141 expand as a result of long-term viral carriage. We used pools of peptides spanning six HCMV
142 proteins that are expressed in lytic infection (lytic antigens), that have been shown to stimulate
143 responses in previous studies [68,24,69,70]. We also included pools of peptides spanning HCMV
144 proteins UL138, LUNA, vIL-10 and US28, which have been shown to be expressed by latently
145 infected cells (latent antigens). In the paper we presented the cumulative IFN- γ responses to
146 these lytic and latent antigens, the results showed that there was not an increase in either the
147 breadth or magnitude of these T cell responses with increasing age. Looking at the frequency of T
148 cell responses to 4 immunodominant HCMV proteins (pp65, gB, IE1 and IE2) in relation to the age
149 of the donors, clearly shows that both young and old donors can have large expansions of both
150 CD4+ and CD8+ T cell memory responses to these lytic proteins (Figure 1).

151 The main drawback with using cross-sectional age studies to try and identify inflationary memory
152 responses in human subjects is the many unknowns in disease aetiology of the donors compared
153 to murine studies. For instance in humans the time of primary infection and the initial infectious
154 dose are not known. Also there is wide genetic variability in human subjects compared to inbred

155 mouse strains such as C57BL/6 or BALB/c, commonly used in HCMV memory inflation studies
156 [28,30,71-73,26,34,37,32].

157 Longitudinal studies of individual donors where multiple samples over time have been examined,
158 would clearly be a better approach for observing whether HCMV specific memory inflation occurs
159 in humans, albeit technically challenging. There have been a limited number of studies where
160 longitudinal samples have been included, the results have provided evidence both for and against
161 memory T cell inflation. In an earlier study we investigated CD8+ T cell IFN- γ responses to HCMV
162 in a small donor cohort where the frequency of T cells specific to 10 different HCMV proteins was
163 measured in the same individuals over a period of 3 years [68]. In this study we did not observe
164 inflation of the CD8+ T cell functional responses, indeed despite fluctuation in the magnitude of the
165 response at the different time points, the responses were mostly stable. Fluctuations in the
166 magnitude of HCMV responses have also been observed in another study over a period of 6
167 months, however this is a short period of time and there was no net increase in T cell frequency
168 [74]; fluctuations in the magnitude of memory responses over time is also observed in murine
169 models [32]. An Italian cohort of 25 older donors, examined whether the magnitude (based on
170 absolute counts of peripheral blood) of pp65 and IE1 specific IFN- γ T cell responses changed over
171 5 years, observing a mixture of results. There was a significant increase in the magnitude of the
172 CD8+ T cell pp65 response, but the IE specific response remained mostly stable. There were no
173 significant changes in the CD4+ T cell pp65 and IE1 responses although there was an increase in
174 the mean responses at the later time point [75]. Investigation of a CD4+ T cell HLA-DR7 restricted
175 gB epitope in 2 HIV positive donors over 12 years, revealed stable responses to this epitope over
176 time. However, the frequency of the epitope specific CD4+ T cells at the start was 16% and 18%,
177 and as such already a highly expanded memory CD4+ T cell population [57]. Investigation of the
178 prevalence of a $\gamma\delta$ T cell subtype, V δ 2^{neg}, in CMV infection showed an “inflation” in this population
179 in a cross-sectional age study but a longitudinal study measuring the absolute size of the V δ 2^{neg}
180 population of certain donors did not show any increases over time [76]. A recent study
181 investigating CD8+ T cell HLA-C restricted responses does give evidence supportive of memory
182 inflation, HLA-Cw0702 epitopes from the UL28 and IE1 proteins dominated the CD8+ T cell pool in
183 older donors (averaging 37% of total CD8+ T cells), and in longitudinal samples from some donors
184 there does appear to be an increase in the frequency of this response to immediate early
185 expressed proteins [77].

186 Within healthy adult populations, from whom many of these studies draw their participants, the
187 unknown factor is when an individual was infected by HCMV. It is possible that the period when
188 memory inflation occurs post infection may be missed, as within the mouse model, inflationary
189 responses are seen within one year of infection [26]. Therefore, it is worth investigating whether
190 memory inflation is observable in primary HCMV infection. Due to the generally asymptomatic

191 nature of HCMV infection in the majority of healthy individuals, finding and following primary natural
192 HCMV infection is not straightforward. One approach has been the use of a HCMV sero-positive
193 donor kidney being transplanted into a HCMV sero-negative recipient and the subsequent viral
194 infection, replication and primary immune responses are then followed in the recipient. Using this
195 model, it has been possible to elucidate the dynamics of both CD4+ and CD8+ T cell responses to
196 HCMV and many of these patients have been followed for up to 5 years post-transplant, as such
197 this covers a similar time period as the murine studies of memory inflation. Key findings from this
198 work include the importance of CD4+ T cell responses in preventing symptomatic disease, and that
199 effector CD8+ T cells arise later but can be directly cytotoxic towards CMV presenting cells [78].
200 This model has also been used to track the differentiation phenotype of CMV specific T cells,
201 including the loss of co-stimulatory molecules CD27 and CD28 [79]. Many of the published studies
202 using this model have tracked the magnitude of CMV specific T cells or tracked specific TCR
203 clones (using both absolute counts and frequency measures), the results from these studies has
204 provided no direct evidence of memory inflation of the CMV specific T cells [80,81,78,82,83],
205 however, one should remember that these patients were undergoing varying degrees of
206 immunosuppression. In a limited number of studies where community acquired primary HCMV
207 infection has been identified in normally healthy individuals, it has been shown that CMV specific
208 CD8+ T cells acquire an effector phenotype during the acute phase of the infection and the
209 numbers of CD8+ T cells increase (likely due to lymphocytosis, characteristic of natural CMV
210 infection [1]), however by 9 months post-infection these effects are mostly resolved, although an
211 effector memory phenotype persists [84]. In earlier studies looking at the clonality of the CMV
212 specific CD8+ T cell response in primary infection pp65 specific responses mostly remain stable
213 [41,59], but the frequency of IE1 specific responses may increase up to 104 weeks post infection
214 [59].

215 Due to the difficulties in studying the development of memory T cell responses to cytomegalovirus
216 in humans, the use of surrogate markers, often translated from the mouse model to identify
217 “inflationary” populations has been used. The fractalkine receptor, CX3CR1, has been used to
218 classify different memory CD8+ T cell populations in both mouse and human. Expression of
219 CX3CR1 by CD8+ T cells identifies a memory population with cytotoxic effector functions
220 independent of other differentiation markers associated with tissue homing and other previously
221 defined memory populations [85]. In MCMV infections CX3CR1 has been shown to be a marker
222 expressed by intermediate peripheral memory CD8+ T cells, which are generally “inflationary”
223 populations. A similar population of memory CD8+ T cells expressing CX3CR1 has been identified
224 in HCMV infected humans and this population was observed in response to an adenovirus based
225 vaccine trial, suggesting this chemokine receptor could be used to identify “memory inflation”
226 populations in humans [86]. CD85j (LIR1) expression on CD8+ T cells has been postulated to

227 identify a memory inflation population in HCMV infection [87]. The authors demonstrated that there
228 was an increase in the total CD8+ population expressing CD85j in older donors, and that CMV
229 sero-positivity led to a 19% increase in expression overall. In murine studies, inflationary memory
230 CD8+ T cell populations have an Effector Memory (EM) phenotype (defined as CD44^{hi}, CD62L-,
231 KLRG1+), in humans a similar EM population (defined as CCR7-, CD28-, CD27-, CD45RA-) can
232 be identified within CMV tetramer specific CD8+ T cells [29]. Increased numbers of CMV specific
233 EM cells results in increased numbers of CMV specific CD8+ T cells overall, this was also
234 demonstrated in the primary kidney transplant model where the proportion of EM Tetramer+ (pp65)
235 specific CD8+ T cells accumulates over time post-transplant [29].

236 In addition to measuring T cell responses to CMV in cross-sectional ageing studies, the HCMV
237 specific humoral response has often been assessed. There is an increase in B cell numbers in
238 CMV positive older donors [88], which could result in increased secretion of antigen specific
239 immunoglobulins. A number of studies have shown that CMV specific IgM [89] and IgG titres [89-
240 92] were significantly increased in older donors. In a longitudinal study of older donors CMV IgG
241 titres increased significantly over 5 years [75] and in donors aged over 85 years and in poor health
242 increased IgG significantly correlated with loss of cognitive function [61]. It has been previously
243 suggested that high CMV IgG levels correlates with high CMV-DNA levels [93], therefore we
244 analysed whether there was a relationship between IgG titres and CMV latent viral carriage in
245 CD14+ monocytes using the data from the donor cohort published in 2017 [23]. Within our donor
246 cohort we did not observe an increase in latent viral load with donor age [23], in contrast to a
247 previous study which did see an increase in latent viral load in donors over 70 years old [90].
248 Neither did we see an increase in CMV IgG in relation to donor age (Figure 2A), in contrast to
249 previous studies of CMV IgG titres. We further analysed the data set to see if CMV IgG levels
250 were related to CMV Latent Viral Load by banding the CMV IgG measure into (i) low responses, (ii)
251 medium responses and (iii) high responses; as shown (Figure 2B) the magnitude of the CMV IgG
252 response did not relate to latent viral load carriage.

253 Overall, it is our view that there is not sufficient evidence to support the assertion that
254 cytomegalovirus specific “memory inflation” occurs in humans, in contrast to the work in the murine
255 field. This is due to the problems in conducting such long-term longitudinal studies in humans
256 combined with the difficulty of knowing when primary HCMV infection occurred. It is clear that
257 younger people can have large HCMV specific T cell expansions and it might be that the main part
258 of the inflationary stage has already occurred at the point that these individuals have been first
259 studied. It is interesting to note that the strongest evidence for “memory inflation” in humans, has
260 come from longitudinal studies measuring CD8+ T cell responses to immediate early HCMV
261 proteins as first noted in the murine studies [77,59].

262

263 ***Is there evidence of memory inflation of CD4+ T cells secreting IL-10 in response to HCMV?***

264 Within the mouse model of “memory inflation” the focus has mainly been on CD8+ T cell
265 responses, less work has focussed on the CD4+ T cell compartment. There have been limited
266 reports of memory CD4+ T cell inflation in MCMV, with evidence that CD4+ T cell responses
267 directed to the m09 protein arise at later time points post infection and are slightly inflationary [94].
268 In the murine model CD4+ T cells are important in controlling persistent MCMV infection in the
269 salivary gland, by killing infected cells [95]. The salivary gland environment in MCMV infection has
270 also been shown to contain IL-10 secreted by CD4+ T cells which prevents MCMV clearance
271 [96,97]. The generation of a suppressive environment by CMV may be one method that the virus
272 uses to modulate its environment to persist in myeloid lineage cells [4], certainly we have shown
273 that latent infection of CD34+ cells results in the production of cellular IL-10 alongside the HCMV
274 homolog vIL-10 (UL111a) and that these secretomes inhibit T cell effector function [21]. HCMV
275 specific cells that secrete IL-10 or have a regulatory phenotype have been identified by ourselves
276 and other research groups [22,98-100], however whether these T cells are inflated in CMV
277 infection has not been definitively investigated.

278 Following our previous discovery of CMV specific CD4+ T cells secreting IL-10 in response to two
279 proteins associated with latent infection, UL138 and LUNA [22], and the evidence that there are
280 suppressive and T regulatory cells present in CMV infection, we hypothesised that lifelong carriage
281 of HCMV infection could create an environment where IL-10 secretion was increased by skewing
282 the CD4+ T cell viral response towards a more suppressive phenotype. Furthermore, modulation
283 of the immune response to cytomegalovirus in old age, could explain the observation of CMV-DNA
284 present in urine and blood of older donors [92,101]. We measured CD4+ T cell IL-10 responses to
285 a range of HCMV proteins in a large donor cohort [23] as described in the previous section. When
286 looking at the responses to the individual proteins which generated the most frequent IL-10
287 responses amongst the donor cohort, UL138, LUNA, US28, vIL-10, US3 and pp71 (Figure 3), we
288 do not observe either inflation or deflation of these responses, similar to those observed to the
289 cumulative results presented in [23].

290 An important consideration when looking for parallels between MCMV and HCMV studies, is the
291 compartment where responses are being studied. Human studies are mainly limited to looking at
292 immune responses present in the peripheral blood compartment at one moment in time, however
293 most of the memory inflation populations have been identified in multiple tissue sites of the mouse
294 including the lung [37,34,25,33] , spleen [28,31] and lymph nodes amongst many sites [26,72,94].
295 Murine work on IL-10 responses has also demonstrated that the salivary gland is an important site
296 for observing these CMV specific CD4+ T cells [96,97]. It may be that the studies in humans
297 trying to identify IL-10 CMV specific responses in peripheral blood have not necessarily been using

298 the correct compartment, although clearly any cross-sectional investigation of HCMV specific T cell
299 frequencies in tissue sites is technically difficult let alone longitudinal studies which are probably
300 impossible.

301

302 ***Are there Tissue Resident HCMV specific T cell responses?***

303 Interrogating tissue resident immune responses in humans is clearly technically challenging, with
304 most studies focus being on the peripheral blood compartment because it is easy to access and
305 not detrimental to the health of the donor. Other tissue sites can be accessed during medical
306 procedures and investigations, however this may mean that the donor is unwell, although
307 depending on individual symptoms the samples obtained may still be useable. CMV and CMV
308 specific T cell responses have been investigated in samples acquired via other medical
309 procedures, including intestinal IL-10 CD4+ T cells specific for HCMV [96], alveolar macrophages
310 from Bronchoalveolar Lavage have been shown to be sites of HCMV reactivation *in vivo* in the lung
311 [102]. Secondary lymphoid organs including, Lymph nodes, spleen, bone marrow and tonsils are
312 often removed for a variety of medical reasons, and these tissue sites have also been examined
313 for anti-viral T cell responses [103-106]. Cadavers have been used to access multiple tissue sites
314 from the same donor and recently CD8+ T cell responses, specific for pp65 and IE proteins, have
315 been examined in 24 CMV sero-positive donors at multiple tissue sites including blood, Bone
316 Marrow, Spleen, multiple Lymph Nodes and mucosal sites including the lungs and intestines. CMV
317 specific CD8+ T cells were identified at high frequency at several tissue sites including the lungs,
318 blood, bone marrow and lymph nodes [107]. CD8+ T cell responses specific to pp65 and IE1 have
319 also been observed in paired blood and lymph node samples from living donors, examination of
320 clonal responses has shown that during CMV reactivation new clones generated in the peripheral
321 blood do not arise from the lymph node [104], the CD8+ CMV specific T cells present in the lymph
322 node are generally polyfunctional memory cells, with only low expression of CX3CR1 [103]. CMV
323 specific CD8+ T cell responses have also been investigated in bone marrow specimens, this study
324 showed an increase in Effector Memory CD8+ T cells in bone marrow samples, although the
325 frequency of CMV specific T cells was lower in the bone marrow compared to peripheral blood in
326 this donor cohort [106].

327 Most studies of HCMV specific T cells so far in tissue sites have neglected CD4+ T cell responses
328 and functional responses, relying on phenotyping the total population and specificity by tetramers
329 containing pp65 and IE1 derived peptides in order to quantify the antigen specific cells. However,
330 it is clear that there are HCMV CD4+ and CD8+ T cell responses to a much broader range of
331 proteins than these two immunodominant proteins [70,69,50,68,24,23,22]. We have conducted
332 preliminary studies looking at CD4+ and CD8+ T cell responses isolated from paired peripheral
333 blood and bone marrow samples to 11 different HCMV proteins measuring IFN γ and IL-10

334 responses by Fluorospot (Figure 4). The results from the CD8+ T cell compartment show that
335 IFN γ responses to all 11 proteins are detectable in the peripheral blood, but there are no
336 detectable CD8+ T cell responses to UL138 and LUNA in the bone marrow specimen. When
337 looking at CD4+ T cell responses both IFN γ and IL-10 responses show a distinct profile in the bone
338 marrow cells compared to peripheral blood, for instance there is an IL-10 response to IE1 in the
339 bone marrow sample, we have rarely observed IL-10 responses to this protein in peripheral blood
340 [23]. Also, the IFN γ CD4+ T cell response to the latency associated proteins is at a higher
341 frequency in the bone marrow sample compared to the peripheral blood sample. This initial result
342 suggests that it will be important to look for both IFN γ and IL-10 T cell responses to HCMV in sites
343 other than peripheral blood.

344

345 ***The importance of understanding anti-viral functional responses in HCMV.***

346 The studies into HCMV immune responses discussed previously have relied on identification of
347 responses by tetramer flow cytometry, peptide or viral lysate stimulation in ELISPOT or intracellular
348 cytokine assays, as such this studies antigen stimulation in the absence of intact functional virus
349 expressing immune evasion molecules [5]. This contrasts with the numerous murine studies,
350 where the “memory inflation” phenomenon can be interrogated by using viral strains with
351 inflationary or immune evasion proteins mutated and in mice which have also been genetically
352 manipulated to remove specific immune cell populations or irradiated and specific T cell
353 populations adoptively transferred. In humans the immune responses we observe are a result of
354 infection with a “wild type” virus and the effects of viral immune evasion, manipulation and
355 modulation of the anti-cytomegalovirus immune response most likely enables the virus to persist
356 and establish latent infections [4]. However we are not able to manipulate either the viral encoded
357 factors or the host immune response *in vivo* as is possible in murine models. To improve our
358 understanding of the generation, maintenance and functionality of HCMV specific T cell responses
359 requires development of appropriate *in vitro* experimental models, where gene editing approaches
360 and analysis of isolated immune cell populations can be performed.

361 We have developed a viral dissemination assay utilising primary dermal fibroblasts from individual
362 donors, grown from a 2mm punch biopsy (Figure 5A), which allows the measurement of CD8+ T
363 cell anti-viral functionality in a fully autologous system (Figure 5B) [68], and we have modified the
364 assay to allow the interrogation of NK cells [108] and both CD4+ and CD8+ T cells anti-viral
365 responses against lytic infection in myeloid cells [24], furthermore the myeloid cell based assay will
366 also allow the interrogation of immune cell interactions with experimental latent infection in
367 monocytes (Figure 5C).

368 The viral dissemination assay has shown that pp65, IE1, pp71 and US3 specific CD8+ T cells are
369 able to control the spread of the virus, this direct anti-viral control is present in CMV specific CD8+
370 T cells isolated directly *ex vivo* from peripheral blood [68]. Using a version of this assay (Figure
371 5B), the role of NK cells expressing the inhibitory receptor LIR1 to control viral spread was
372 elucidated [108]. Ongoing investigations have shown that CMV specific CD8+ T cell responses in
373 isolation are effective in preventing the spread of the virus encoding a full complement of immune
374 evasion molecules, by keeping the virus static in cells, but removal of CD8+ T cells from the
375 dissemination assay allows the virus to restart spreading through the dermal fibroblast monolayer.
376 However when using a mutant cytomegalovirus with US2-11 genes deleted in the viral
377 dissemination assay, this HCMV gene region encodes immune evasion molecules that interfere
378 with antigen processing and presentation pathways [5], *ex vivo* CD8+ T cells alone are virucidal
379 (data not shown). Co-culture of whole PBMC with clinical strains of the virus (expressing all
380 immune evasion genes) was virucidal. We hypothesise that the interaction between the different
381 immune cell subsets (CD4/8+ T cell, NK cells and Monocytes) augments the cell mediated
382 response overcoming virus mediated immune evasion and leading to killing of virus infected cells.
383 The mechanism of this virucidal activity is currently being investigated.

384 Using the modified viral dissemination assay (Figure 5C), we have shown that CD4+ T cells
385 isolated from CMV sero-positive donors are able to control viral dissemination at very low effector
386 to target (E:T) ratios and that CD4+ T cells from CMV sero-negative donors cannot [24]. In this
387 study we had one donor aged over 70 years, and at the lowest E:T ratios their CD4+ T cells were
388 not controlling viral dissemination as efficiently as the 4 younger donors analysed, suggesting that
389 there may be a slight loss of quality in the functional control of viral dissemination in older CMV
390 sero-positive donors. The loss of quality of the anti-cytomegalovirus immune response in older
391 donors may explain why reactivating virus is detected in urine from older and not younger donors
392 [92]. Utilising both the fibroblast and myeloid cell based viral dissemination experimental models
393 will enable the interrogation of whether tissue resident anti-HCMV T cells are more effective at
394 controlling viral dissemination than T cells isolated from peripheral blood, and whether different T
395 cell memory populations (e.g. effector memory or CX3CR1+ memory) have differing abilities to
396 control the spread of or kill HCMV infected cells.

397

398 **Conclusion**

399 Investigation of T cell responses to HCMV are challenging but appropriate study design such as
400 conducting more longitudinal studies in a wider range of donor cohorts will help to elucidate
401 whether “memory inflation” is a phenomenon that occurs. Also these studies will enable a greater
402 understanding of how HCMV specific T cell memory evolves over time in the human host.
403 Furthermore increasing the breadth of cytomegalovirus protein responses analysed including using

404 intact wildtype virus in assays that measure anti-viral effector function will more closely replicate
405 the work performed in the MCMV model system. Performing analyses of T cell responses from a
406 wider range of tissue sites and utilising a range of functional outputs in the face of viral immune
407 evasion strategies will increase our understanding of the maintenance of the immune response to
408 HCMV in both lytic and latent infection. Such a fundamental understanding of the immunobiology
409 of HCMV should inform strategies to better target the virus and possibility of removing latent virus
410 infected cells to reduce complications of virus reactivation in the immunosuppressed transplant
411 setting.

412

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787 FIGURE LEGENDS

788 Figure 1 – CD4+ and CD8+ T cell IFN- γ responses to pp65, gB, IE1 and IE2 HCMV proteins

789 The T cell IFN- γ responses measured by fluorospot versus donor age from the ARIA study [23] to
790 four lytic expressed HCMV proteins pp65 (green), gB (light blue), IE1 (dark blue) and IE2 (purple)
791 are shown. There is no significant correlation (Spearman rank correlation test) between the
792 magnitude of the IFN- γ response with donor age for any of the four proteins shown.

793 Figure 2 – CMV IgG response related to Age and Latent CMV load in CD14+ monocytes.

794 Serum HCMV IgG levels [immune system ratio (ISR)] from the ARIA study [23] related to donor
795 age (A); there is no significant correlation (Spearman rank correlation test). Latent CMV Load in
796 CD14+ monocytes measured by droplet digital PCR as previously described [23] is shown related
797 to low (<3.5 ISR), medium (3.5 – 4.99 ISR) and high (>5 ISR) CMV IgG levels (B); there is no
798 significant difference in the magnitude of the latent viral load between the three groups (Kruskall-
799 Wallis ANOVA test and Dunn's multiple comparison post-test).

800 Figure 3 – CD4+ T cell IL-10 responses to UL138, LUNA, US28, vIL-10, US3 and pp71 HCMV
801 proteins.

802 The CD4+ T cell IL-10 responses measured by fluorospot versus donor age from the ARIA study
803 [23] to six HCMV proteins UL138 (turquoise circles), LUNA (turquoise squares), US28 (blue
804 triangles), vIL-10 (blue inverted triangles), US3 (green diamonds) and pp71 (orange hexagons) are
805 shown. There is no significant correlation (Spearman rank correlation test) between the magnitude
806 of the IL-10 response with donor age for any of the six proteins shown.

807 Figure 4 – CD8+ T cell IFN- γ responses and CD4+ T cell IFN- γ and IL-10 responses in paired
808 peripheral blood and Bone Marrow samples.

809 IFN- γ and IL-10 T cell responses to 11 HCMV proteins were measured by fluorospot as previously
810 described [23] in a peripheral blood and bone marrow sample from the same donor. The CD8+ T
811 cell IFN- γ (top graph – pink bars), the CD4+ T cell IFN- γ (middle graph – blue bars) and the CD4+
812 T cell IL-10 (bottom graph – turquoise bars) responses in the two compartments are shown.

813 Figure 5 – Illustration of the viral dissemination assay model system.

814 A schematic of the generation of autologous primary dermal fibroblasts from a 2mm punch skin
815 biopsy sample and a microscope image (x10 magnification - bright field) of the fibroblasts growing
816 from a portion of the skin biopsy are shown (A). A pictorial representation of the experimental
817 protocols of the viral dissemination assay (B) and the myeloid cell based modified viral
818 dissemination assay (C) are shown.

Fig. 1

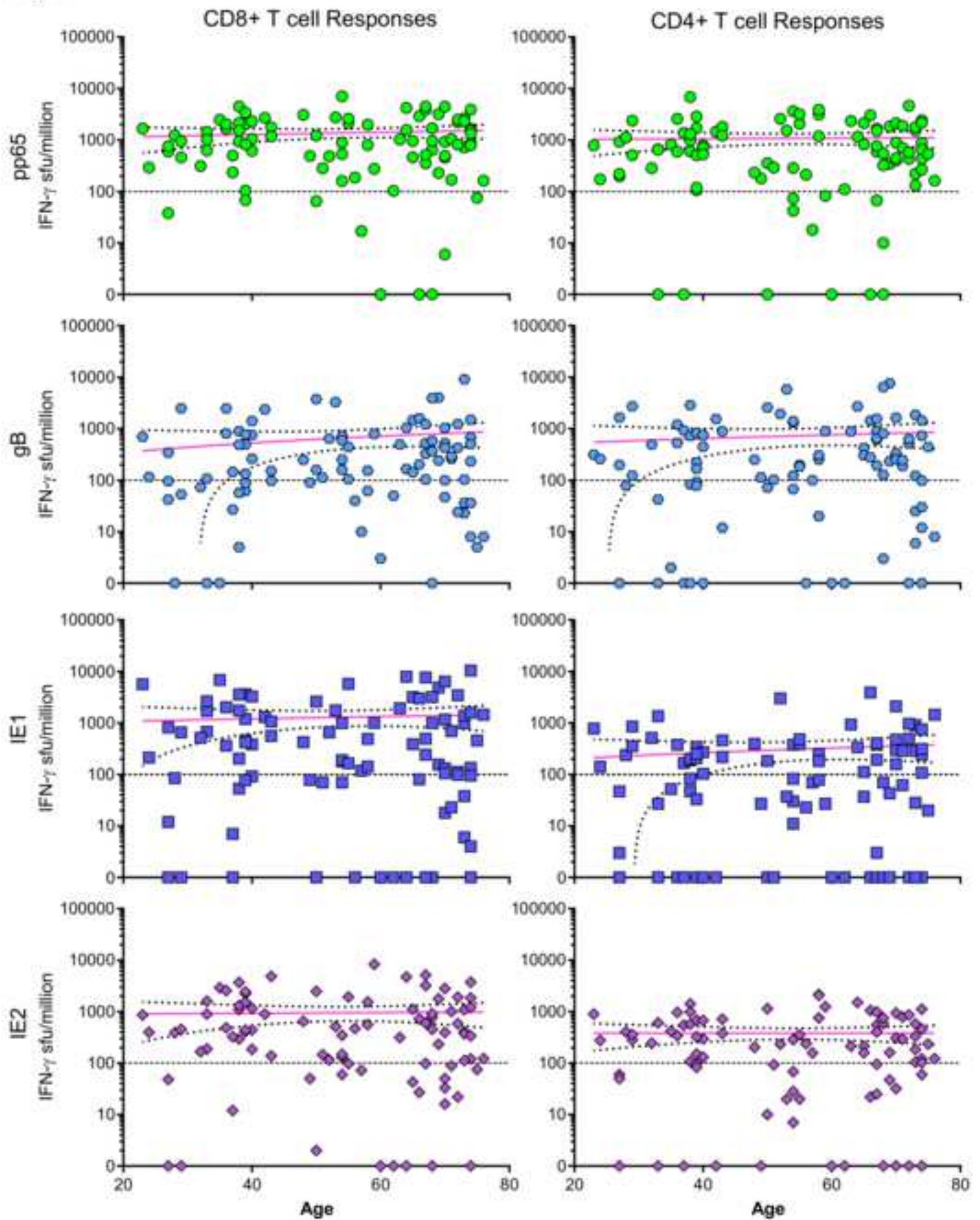
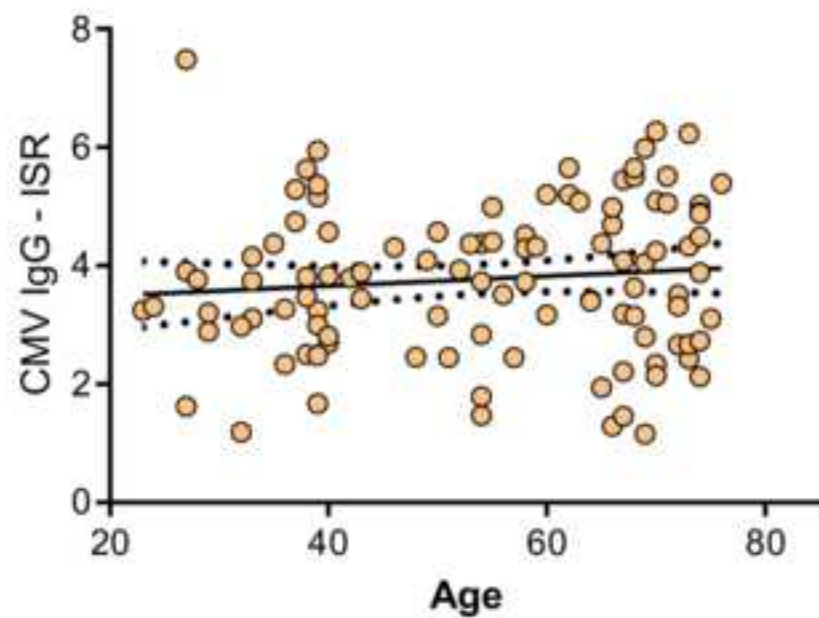


Fig. 2

A



B

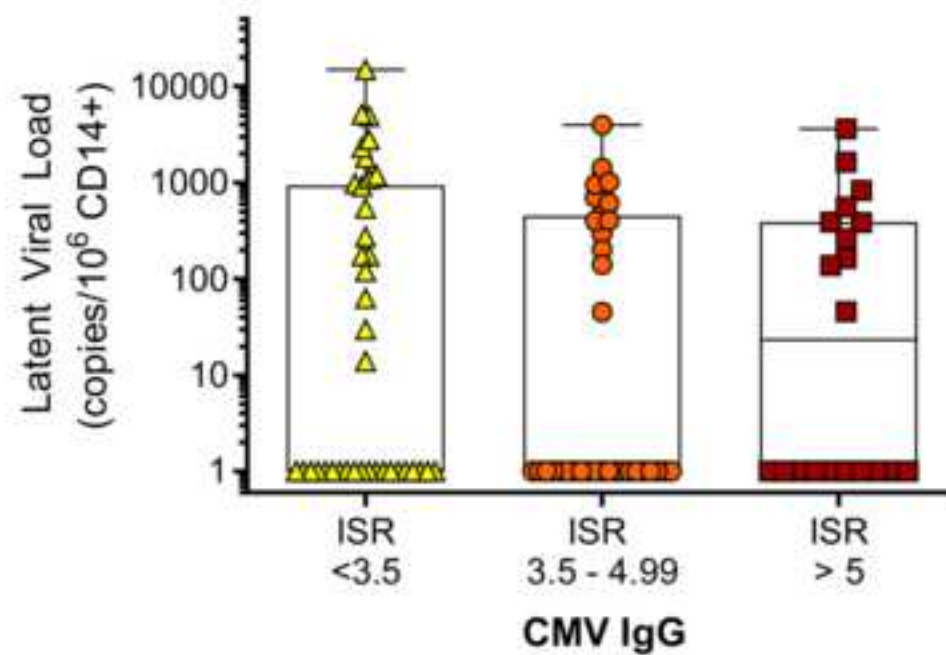


Fig. 3

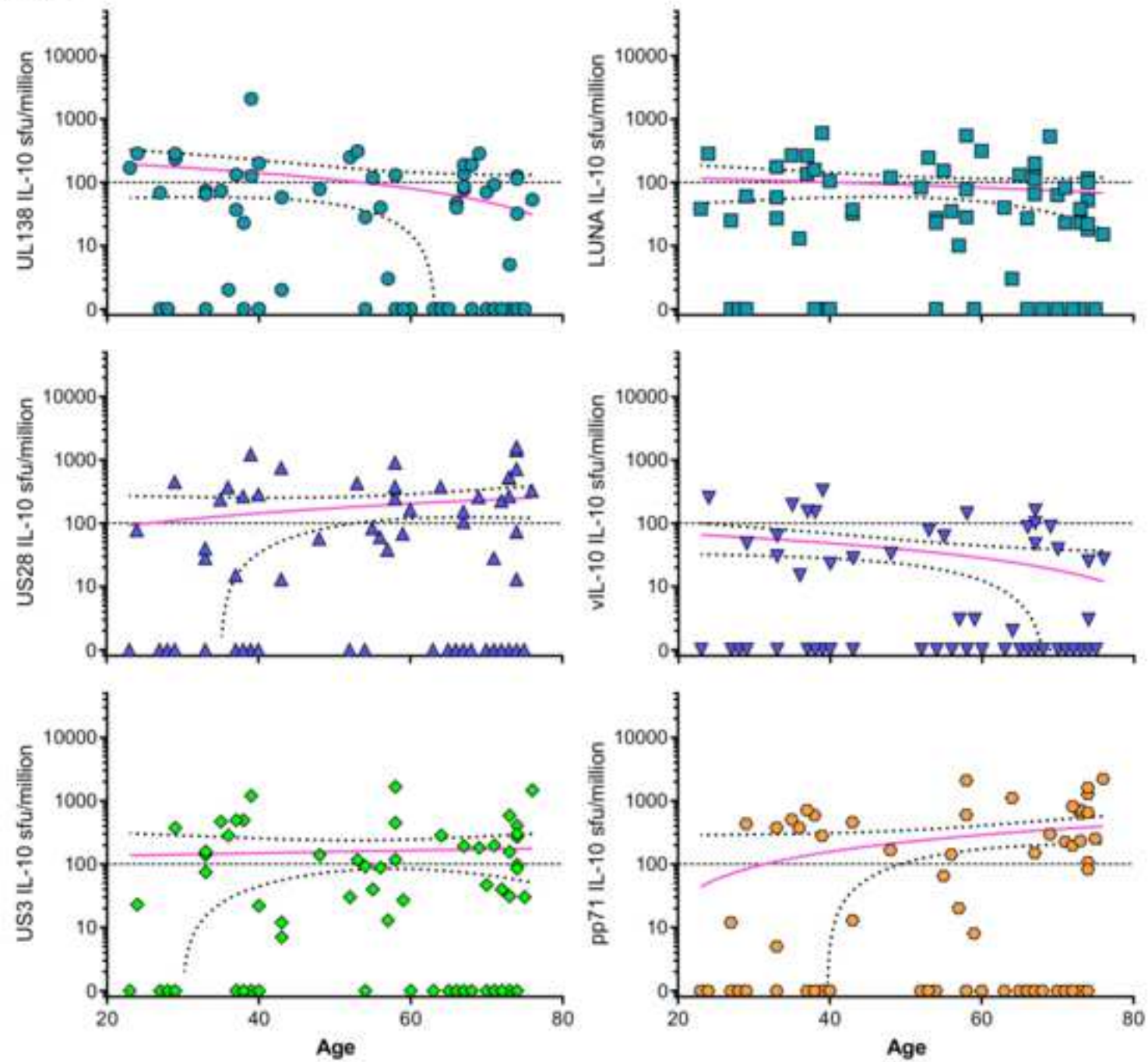


Fig. 4

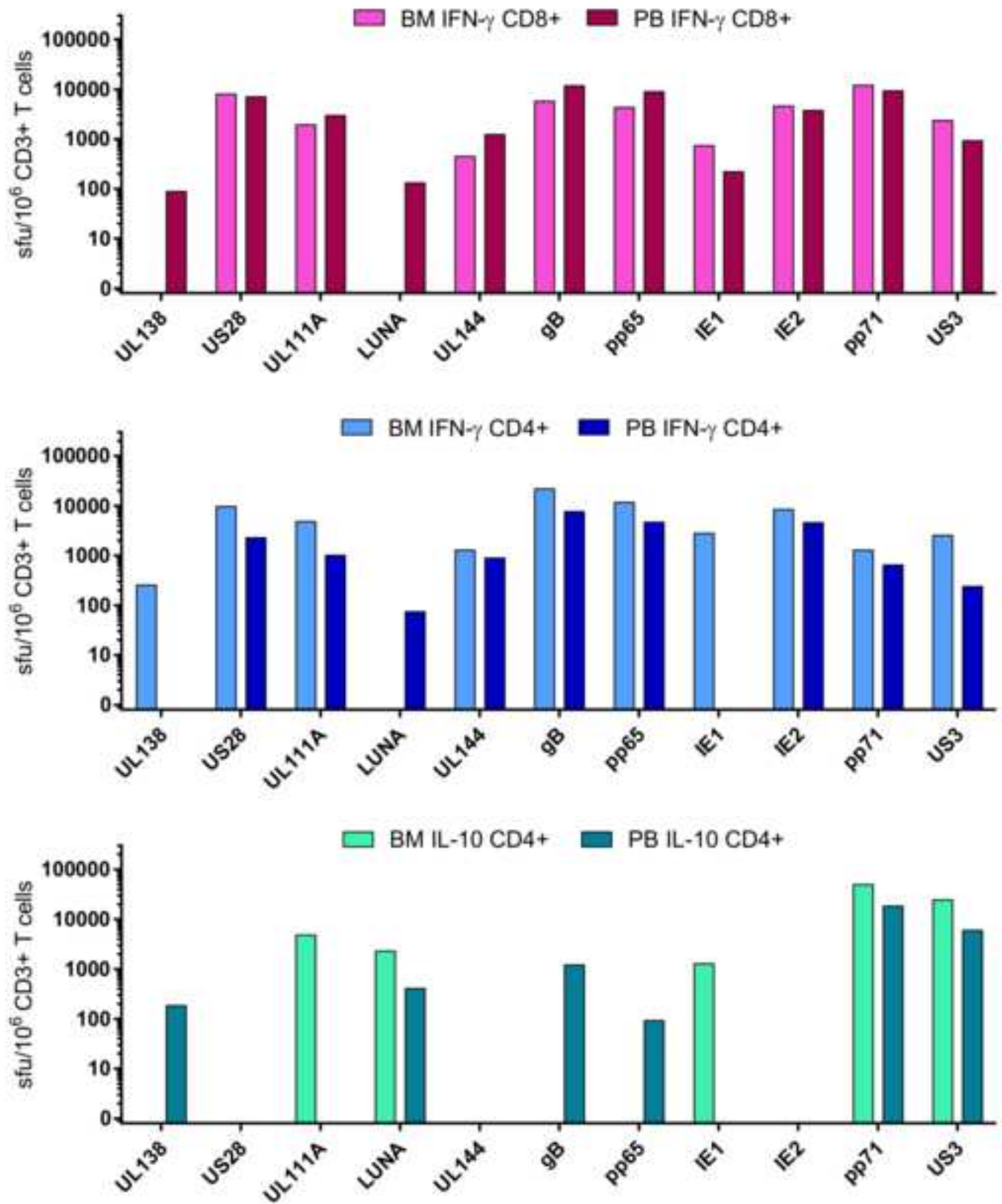


Fig. 5

