

## College of Nursing and Health Professions



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# Development of the ASPAN Pain and Comfort Clinical Guideline

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# Consensus Process

- **Descriptive Study (Survey)**
  - *Survey of Perianesthesia Nursing Practice on PACU Pain and Comfort Management*

# Consensus Process

- **Pre-Consensus Conference**

- *August 3-5, 2001 Philadelphia, Pa.*

- *Pain & Comfort Experts*

- *Chris Pasero (Pain Expert)*

- *Linda Wilson (Comfort Expert)*

- *National Leaders*

# Consensus Process

- **Consensus Conference**

- *January 12-13, 2002 Nashville, TN.*

- ASPAN (American Society of Perianesthesia Nurses)
- ASA (American Society of Anesthesiologists)
- AANA (American Association of Nurse Anesthetists)
- JCAHO
- Pain & Comfort Experts
- National Leaders
- 75 State Representatives

# Pain & Comfort Clinical Guideline

- Development of the guideline
  - Addressed phases of perianesthesia care
    - Pre-operative phase
    - Post operative phase
      - Post anesthesia Phase I
      - Post anesthesia Phase II
      - Post anesthesia Phase III

# Pain & Comfort Clinical Guideline

- Development of draft of the guideline
  - Addressed perianesthesia care in all phases
    - Assessment
    - Interventions
    - Expected outcomes

# Pain & Comfort Clinical Guideline

- IRB Approval
  - Johns Hopkins Hospital, Baltimore MD
- Pilot test of guideline
  - Revisions made based on results of pilot
- Research testing of the guideline
  - Clarity, Usability, Feasibility
  - Multi-site / Multi-state Research Study



# Pain & Comfort Clinical Guideline

- Completion of testing of the guideline
- Analysis of results
- Guideline formatted and printed
- Board of Directors and Representative Assembly approval
- Endorsement of Guideline
  - American Society of Anesthesiologists
- Development of Resource Manual

# Pain & Comfort Resource Manual

- Pain and Comfort Clinical Guideline
- Pain and Comfort Management Competency
- Interventional Pain Therapies Competency
- Advanced Comfort Management Competency
- Pediatric Pain Management Competency
- Geriatric Pain Management Competency

# Pain & Comfort Resource Manual

- **Practical Guides**
  - Legal
  - Documentation
  - Integrative Therapies
  - Culturally Diverse Patients
  - Special Considerations

# Pain & Comfort Resource Manual

## ● Educational Resources

- Patient & Family Teaching Guide (English & Spanish)
- Relaxation Exercises
- Patients Talking About Pain (English & Spanish)
- Clinician's Teaching Guide
- Questions & Answers for Clinicians
- Frequently Asked Questions by Perianesthesia Nurses

# Pain & Comfort Clinical Guideline

- National Guidelines Clearinghouse
  - Guideline submitted and accepted
- Guideline also available as a free download from the ASPAN website  
*[www.aspan.org](http://www.aspan.org)*

# References

- Krenzischek, D., Wilson, L. (2003). An Introduction to the ASPAN Pain and Comfort Clinical Guideline. *Journal of Perianesthesia Nursing*, 18 (4).
- Wilson, L. & Kolcaba K. (2004). Practical Application of Comfort Theory in the Perianesthesia Setting. *Journal of Perianesthesia Nursing*, 19 (3).
- Krenzischek, D., Wilson, L., Newhouse, R., Mamaril, M., Kane, H. L., (2004). Clinical Evaluation of the ASPAN Pain and Comfort Clinical Guideline. *Journal of Perianesthesia Nursing*, 19 (3).
- Krenzischek, D., Windle, P., Mamaril, M. (2004). A Survey of Current Perianesthesia Nursing Practice on Pain and Comfort Management. *Journal of Perianesthesia Nursing*, 19 (3).

# Suggestions for Future Research

- Impact of the guideline on patient outcomes
- Application of the guideline to acute care clinical areas outside of the perianesthesia setting
- Application of the guideline to patients not in the acute care setting
- Re-testing of the guideline after updates and modifications